

## Day 1 Training Report

23 June 2025

### Introduction to Artificial Intelligence (AI)

Artificial Intelligence (AI) is the branch of computer science that focuses on creating intelligent machines capable of performing tasks that typically require human intelligence. These tasks include reasoning, learning, problem-solving, perception, understanding natural language, and decision-making. AI systems are designed to mimic human cognitive functions and can continuously improve their performance through data and experience. The ultimate goal of AI is to develop machines that can think, act, and learn like humans, enabling them to perform complex tasks with minimal human intervention.

AI can be applied in various domains such as healthcare, finance, education, transportation, and entertainment. Examples include voice assistants like Siri and Alexa, recommendation systems on platforms like Netflix and Amazon, self-driving cars, and advanced medical diagnostic tools.

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### Definition of AI

The term “Artificial Intelligence” was first introduced by John McCarthy in 1956, defining it as *“the science and engineering of making intelligent machines, especially intelligent computer programs.”* AI involves building algorithms and models that allow computers to process data, recognize patterns, and make decisions. Unlike traditional programming, where explicit instructions are given, AI systems learn from data and improve over time.

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### Narrow AI (Weak AI)

**Narrow AI**, also known as **Weak AI**, refers to AI systems designed to perform a specific task or a limited set of tasks. These systems operate under a predefined set of constraints and lack general intelligence. They cannot perform tasks outside their programmed domain.

For example:

- Virtual assistants like **Siri**, **Alexa**, and **Google Assistant** can answer questions, set reminders, or play music.
- **Facial recognition systems** can identify and verify individuals based on images.
- **Recommendation engines** suggest products, movies, or songs based on user preferences.

While Narrow AI can outperform humans in specific tasks, it does not possess consciousness or true understanding. It is currently the most widely used form of AI in industries today.

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## Supervised vs. Unsupervised Learning

Machine learning, a core subset of AI, focuses on enabling machines to learn from data and make predictions or decisions without being explicitly programmed. Two primary types of machine learning are **supervised learning** and **unsupervised learning**:

### 1. Supervised Learning

In **supervised learning**, the model is trained using labeled data — data that includes both the input and the correct output. The algorithm learns by mapping inputs to the known outputs and then uses this learned mapping to make predictions on new data.

- **Example:** Predicting house prices based on labeled data containing features like location, size, and price.
- **Applications:** Spam email detection, sentiment analysis, disease diagnosis, fraud detection.

Supervised learning is similar to a teacher guiding students with the correct answers, allowing the model to learn through feedback.

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### 2. Unsupervised Learning

In **unsupervised learning**, the data is **unlabeled** — the algorithm tries to find patterns, structures, or relationships in the input data without predefined outputs. The model groups similar data points or reduces data dimensions to discover hidden patterns.

- **Example:** Grouping customers based on purchasing behavior without knowing the categories beforehand.
- **Applications:** Customer segmentation, market basket analysis, anomaly detection, clustering of documents.

Unsupervised learning helps uncover insights in data that are not immediately visible, making it valuable for exploratory analysis.