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A Pilgrim's Prayers

PSALM 90 L. M.

SANDS

William J. Kirkpatrick

1 O teach Thou us to count our days And set our hearts on wis-dom's ways;

Turn, Lord, to us in our dis-tress, In pit - y now Thy servants bless; Let mercy's

dawn dis-pel our night, And all our day with joy be bright, And all our day with joy be bright.

[Stanzas 6-8]

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2 O send the day of joy and light,
For long has been our sorrow's night;
Afflicted through the weary years,
We wait until Thy help appears;
With us and with our sons abide,
In us let God be glorified.

3 So let there be on us bestowed
The beauty of the Lord our God;
The work accomplished by our hand
Establish Thou, and make it stand;
Yea, let our hopeful labor be
Established evermore by Thee.

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God Our Help and Hope

PSALM 90 C. M.

LAFAYETTE

John B. Herbert

1 O God, our help in a - ges past, Our hope for years to come,

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God Our Help and Hope

Our shel - ter from the storm - y blast, And our e - ter - nal home.

[Selected Stanzas]

- 2 Under the shadow of Thy throne
Thy saints have dwelt secure;
Sufficient is Thine arm alone,
And our defense is sure.
- 3 Before the hills in order stood,
Or earth received her frame,
From everlasting Thou art God,
To endless years the same.
- 4 A thousand ages in Thy sight
Are like an evening gone,
Short as the watch that ends the night
Before the rising sun.
- 5 Time, like an ever-rolling stream,
Bears all its sons away;
They fly forgotten, as a dream
Dies at the opening day.
- 6 O God, our help in ages past,
Our hope for years to come,
Be Thou our guard while troubles last,
And our eternal home.

SECOND TUNE

DUNDEE

Scotch Psalter

1 O God, our help in a - ges past, Our hope for years to come,

Our shel - ter from the storm - y blast, And our e - ter - nal home.