



Tested recipes

[Last Recipe](#)

Tremellasoup



5 pieces jujube



5 - 8 pieces rock candy



5 pieces tremella



10 pieces medlar



2 hours



Easy



low calorie

- 1. Put tremella into a bowl rinse with water after soaking for one hours.
- 2. Put all ingredients into pressure cooker.
- 3. Wait 2 hours.