# Optimization Approach for Solving Linear Regression

### 1. Introduction

The optimization approach for linear regression involves finding the coefficients  $(\theta)$  by minimizing the loss function. This is typically achieved using an iterative algorithm such as **Gradient Descent**. Instead of solving normal equations analytically, this approach uses numerical methods to approximate the optimal solution.

### 2. Model and Loss Function

### **Model Equation**

The model for linear regression can be written in matrix form as:

$$y = X\theta$$

where:

- y:  $n \times 1$  vector of observed values,
- X:  $n \times (p+1)$  matrix of predictors (first column is ones for  $\theta_0$ ),
- $\theta$ :  $(p+1) \times 1$  vector of coefficients.

#### Loss Function

The loss function for linear regression is the Mean Squared Error (MSE):

$$J(\boldsymbol{\theta}) = \frac{1}{2n} \sum_{i=1}^{n} (y_i - \mathbf{x}_i^T \boldsymbol{\theta})^2$$

or, equivalently in matrix form:

$$J(\boldsymbol{\theta}) = \frac{1}{2n} (\mathbf{y} - \mathbf{X}\boldsymbol{\theta})^T (\mathbf{y} - \mathbf{X}\boldsymbol{\theta})$$

The objective is to minimize  $J(\boldsymbol{\theta})$ .

# 3. Gradient Descent Algorithm

#### Gradient of the Loss Function

The gradient of the loss function with respect to  $\theta$  is:

$$\frac{\partial J(\boldsymbol{\theta})}{\partial \boldsymbol{\theta}} = -\frac{1}{n} \mathbf{X}^T \left( \mathbf{y} - \mathbf{X} \boldsymbol{\theta} \right)$$

### Gradient Descent Steps

The gradient descent algorithm updates the coefficients iteratively as follows:

$$\boldsymbol{\theta}^{(k+1)} = \boldsymbol{\theta}^{(k)} - \alpha \cdot \frac{\partial J(\boldsymbol{\theta})}{\partial \boldsymbol{\theta}}$$

where:

- $\boldsymbol{\theta}^{(k)}$ : Coefficients at iteration k,
- $\alpha$ : Learning rate, a hyperparameter controlling step size.

# Algorithm Procedure

- 1. **Initialize**  $\theta^{(0)}$  (e.g., zeros or random values).
- 2. Compute the gradient:

$$\frac{\partial J(\boldsymbol{\theta})}{\partial \boldsymbol{\theta}} = -\frac{1}{n} \mathbf{X}^T \left( \mathbf{y} - \mathbf{X} \boldsymbol{\theta} \right)$$

3. Update the coefficients:

$$\boldsymbol{\theta}^{(k+1)} = \boldsymbol{\theta}^{(k)} - \alpha \cdot \frac{\partial J(\boldsymbol{\theta})}{\partial \boldsymbol{\theta}}$$

4. **Repeat** until convergence, i.e., when the change in  $\theta$  or the loss function  $J(\theta)$  becomes negligibly small.

# 4. Convergence and Learning Rate

- A smaller learning rate  $\alpha$  ensures convergence but slows down the process.
- A larger learning rate may cause the algorithm to diverge.
- Proper tuning of  $\alpha$  and normalization of features improve convergence.

# 5. Advantages and Applications

- Suitable for large datasets where matrix inversion  $((\mathbf{X}^T\mathbf{X})^{-1})$  is computationally expensive.
- Works well with streaming data or mini-batch updates.
- Flexible and applicable to non-linear models.