

# **Thailand 2018**

## **Chiang Mai**



*A Special Meeting at Thailand*

Welcome Kit

Dear Friend of ISTA,

We thank you for your registration to attend the special ISTA meeting that is to be held at Thailand this October. Your registration is confirmed with event details below:

**12 – 14 October 2018 (Fri-Sun)**

Venue : Thaton Temple (Level 1 Meeting Hall)

Address : Tha Ton, Mae Ai District, Chiang Mai, Thailand

วัดท่าตอน (Thaton temple) อ.แม่เมาะ (Mae Ai District) จ.เชียงใหม่ (Chiangmai)

### The Program

The typical program of the day for the event is shown below. Note that it is subjected to changes without prior notification.

|             |         |   |
|-------------|---------|---|
| 12 Oct 2018 | 3pm     | Arrival at ISTA Centre<br>Register & Check-in for Accommodation |
|             | 4.30pm  | Welcome Brief   |
|             | 5pm     | Dinner  |
| 13 Oct 2018 | 8am     | Breakfast   |
|             | 9am     | Hall opens for meditation                                       |
|             | 11am    | Lunch   |
|             | 1pm     | Satsang by Guest Speaker, Ishwar Puri Ji                        |
|             | 1.45pm  | Personal Meeting with Key Speaker                               |
|             | 3pm     | Afternoon break with snacks                                     |
|             | 5pm     | Theme-based Satsang by ISTA Key Speaker                         |
|             | 6pm     | Questions & Answers session                                     |
|             | 7pm     | Dinner  |
| 14 Oct 2018 | 8am     | Breakfast & Registration  |
|             | 10am    | Theme-based Satsang by ISTA Key Speaker                         |
|             | 11am    | Questions & Answers session                                     |
|             | 11.30am | Personal Meeting with Key Speaker                               |
|             | 12pm    | Lunch   |
|             | 1pm     | Theme-based Satsang by ISTA Key Speaker                         |
|             | 2pm     | Questions & Answers session                                     |
|             | 3pm     | Personal Meeting with Key Speaker                               |
|             | 4pm     | Meditation Demonstration session                                |
|             | 5pm     | Dinner  |

Admission to the event is free. Any contribution is welcome.

## The Venue

The venue belongs to the facility of a Buddhist temple. This facility is used by ISTA to run retreat programs. It is equipped with lodging. The venue is located in the province of Chiang Mai of Thailand and is near to the border of another province, Chiang Rai. Coming from abroad, you may use any one of the following route at your convenience:

- Arrive at Chiang Mai International Airport (IATA Airport code : CNX) and drive or take a taxi to Thaton Temple. The journey on the road is estimated to be 3hrs+;
- Arrive at Chiang Rai International Airport (IATA Airport code : CEI) and drive or take a taxi to Thaton Temple. The journey on the road is estimated to be 1hr 45mins. A taxi from airport with 1 to 3 pax (with luggage) costs Baht2000;

**Important:** Throughout the meeting and your visit/stay at the venue, Nae ([naishanan@gmail.com](mailto:naishanan@gmail.com)) will be your main contact person. Please do not hesitate to contact her or her helpers should you need assistance. Nae and her team of helpers will be present on-site and welcome you upon your arrival. If you need to contact her, Nae's phone number is +66 897475683.

## Volunteer to be a Translator

If you are fluent in both English and Thai languages, and would like to volunteer to be a translator to the guest speaker, you are welcome to send in your name, contact & email to Nae at [naishanan@gmail.com](mailto:naishanan@gmail.com).

## Accommodation & Meals

The venue is complete with facility for accommodation. The fee is Baht200 nett per person per night.

A simple vegan meal can be arranged at Baht900 nett per person per day. It consists of a hot vegan meal, hot/cold drink, a snack and fresh fruits. This includes breakfast, lunch, afternoon tea and dinner. On 12 Oct (ie. Arrival day), the dinner only meal can be arranged at Baht300 nett person.

Please book your accommodation and/or meals before your trip, by 30 Sep 2018. For enquiry or booking of accommodation and/or meals, kindly write to Nae at email: [naishanan@gmail.com](mailto:naishanan@gmail.com). You may 'cut & paste' and fill up the following in your email to her.

### Accommodation

Check-In Date :  
Check-Out Date :

### Meal

All days (as above), Yes/No :  
If No, state dates that require meals :  
Allergy to certain food? State here :

You will be informed by Nae via a confirmation email once all bookings are confirmed. Payment is to be made to Nae upon arrival during registration, by cash, in Thai Baht.

## Withdrawing Your Attendance

From now until the event dates, if unforeseen circumstances arise and you are not able to attend this event, kindly cancel your registration. Please inform us immediately so that we can update our registry accordingly.

## Others

Below is some information that may be useful for friends that are coming from abroad.

Airport : Chiang Mai (IATA Airport code : CNX) or Chiang Rai (IATA Airport code : CEI)  
Location : Thailand is a unique country in Southeast Asia that is rich in culture, culinary, nature and historical sites. It is about 1 hour 15mins flight from Bangkok (BKK), 15 hours from London (UK) and 9 hours flight from Dubai.  
Language : Thai & simple English are commonly spoken.  
Currency : Thai Baht, Baht (estimated Baht100 : US\$3 : €2.6 in Jun 2018)  
Climate : Hot, Rain (expected to be rainy in Oct, average 25.8 deg C)  
Website : Visit <https://sg.tourismthailand.org/About-Thailand/Destination/Chiang-Mai> for more information (Attractions, etc)

## Contact

Visit the ISTA website to know more about its activity and their contact at [www.istauk.com](http://www.istauk.com). For information about the guest speaker, Ishwar Puri Ji, kindly refer to [www.ishanews.org](http://www.ishanews.org). For enquiries/bookings of accommodation and/or meals, volunteer to be a translator and local matters at Thailand, contact Nae at her email, [naishanan@gmail.com](mailto:naishanan@gmail.com). For other clarification, write to [timchan.events@gmail.com](mailto:timchan.events@gmail.com) and allow 3 to 5 days for reply.

Once again, welcome to the event!

*Prepared by,*  
*Tim Chan*

-End-