

	Helpful	Hamper
	to achieving the objective	achieving the objective
Internal origin (attributes of the system)	 Excellent evidence of achieving IT project delivery without missing key requirements Excellent ability to mentally take systems apart in my head to understand the impact of a change. Ability to quickly learn and apply new technologies. Excellent collaborative skills, essential for working in an IT team that requires collaboration across many different areas. 	 Weaknesses/Areas for further development Time management and balancing study with working full time. Need for improved delegation skills to balance workload. Need for better stress management techniques to handle project pressures. Continuously expanding technical skills and knowledge in new areas of technology.
External origin (attributes of the environment)	 I currently work for an IT team, allowing me to apply my knowledge immediately. I work with a diverse range of professionals, such as UX designers, software developers, and technical architects, providing excellent opportunities to shadow and ask questions. I live in a London, the opportunity to be employed is excellent. 	 High competition in the IT industry for advanced roles. Al and its impact on job roles, which is hard to predict at this stage. Rapid technology changes that require continuous learning.

Kaplan Open Learning 2019