

# Taren Sanders

ACADEMIC RESEARCHER & DATA SCIENTIST

Institute for Positive Psychology and Education, Australian Catholic University

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## Education

### Doctor of Philosophy

WESTERN SYDNEY UNIVERSITY

2016

- Thesis: Investigating associations between neighbourhood green space and weight status: A longitudinal study of Australian children aged 4 to 13 years old.

### Master of Data Science (Applied)

ADELAIDE UNIVERSITY

2022

### Bachelor of Health Science (Honours; First Class)

WESTERN SYDNEY UNIVERSITY

2012

- Thesis: Measuring adolescent boys' physical activity: Bout length and the influence of accelerometer epoch length.

### Bachelor of Health Science (PDHPE)

WESTERN SYDNEY UNIVERSITY

2011

## Employment History

### Program Leader

INSTITUTE FOR POSITIVE PSYCHOLOGY AND EDUCATION, AUSTRALIAN CATHOLIC UNIVERSITY

2021–Current

- Drive the strategic direction and focus of the research program
- Support academic and professional staff, as well as higher-degree students, within the program
- Provide input as a member of the Institute Executive Management Committee on Institute priorities, and advocate for my research program
- Developed and implemented new project management processes, including making agile management strategies standard practice.

### Deputy Program Leader

INSTITUTE FOR POSITIVE PSYCHOLOGY AND EDUCATION, AUSTRALIAN CATHOLIC UNIVERSITY

2017–2021

- Supported Program Leader to manage the research program

### Research Fellow

INSTITUTE FOR POSITIVE PSYCHOLOGY AND EDUCATION, AUSTRALIAN CATHOLIC UNIVERSITY

2016–Current

- Conduct original, high-impact, and translational research in the areas of health, education, and psychology.
- Oversee the development, evaluation, and management of multiple large-scale school-based research projects (e.g., iPLAY; 180 schools).
- Conduct analyses of primary and secondary data, and provided statistical support to colleagues including statistics workshops.
- Work with industry partners (NSW Department of Education, NSW Health, Sport Australia) to provide project updates and seek input.
- Author academic and non-academic outputs, including journal articles, grant applications, stakeholder reports, and data visualisations.
- Mentor doctoral and honours students, including reviewing and evaluating their analyses and writing.

## Research Summary

| Publications | Citations | h-Index | Mean CNCI | Mean Impact Factor | Funding       |
|--------------|-----------|---------|-----------|--------------------|---------------|
| 38           | 1592      | 21      | 1.9       | 7.6                | > \$1 million |

## Technical Skills

### Programming Languages

R, PYTHON, STATA, JULIA

### Software Development

R PACKAGES (INCLUDING CRAN SUBMISSION), PYTHON PACKAGES

### Statistical Methods

MACHINE LEARNING, MULTILEVEL MODELLING, INTERVENTION EVALUATION, META-ANALYSES

### Research Methods

STUDY DESIGN, INTERVENTION DEVELOPMENT, ETHICS AND RECRUITMENT

# Publications

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## PEER-REVIEWED PUBLICATIONS

*Note:* In health and medicine the last author is considered the ‘senior’ author. Citations from Web of Science; JIF = Journal Impact Factor; CNCI = Category Normalised Citation Index.

Crawford, J., Allen, K.-A., **Sanders, T.**, Baumeister, R., Parker, P., Saunders, C., & Tice, D. (2023). Sense of belonging in higher education students: An Australian longitudinal study from 2013 to 2019. *Studies in Higher Education*, 1–15. <https://doi.org/10.1080/03075079.2023.2238006>WOS:001034320500001

Wilhite, K., Del Pozo Cruz, B., Noetel, M., Lonsdale, C., Ridgers, N. D., Maher, C., Bradshaw, E., & **Sanders, T.** (2023). Socioeconomic position as a predictor of youth’s movement trajectory profiles between ages 10 and 14 years. *International Journal of Behavioral Nutrition and Physical Activity*, 20(1), 88. <https://doi.org/10.1186/s12966-023-01491-5>

Downing, K. L., del Pozo Cruz, B., **Sanders, T.**, Zheng, M., Hnatiuk, J. A., Salmon, J., & Hesketh, K. D. (2022). Outdoor time, screen time and sleep reported across early childhood: Concurrent trajectories and maternal predictors. *International Journal of Behavioral Nutrition and Physical Activity*, 19(1), 160. <https://doi.org/10.1186/s12966-022-01386-x> | Citations: 1; JIF: 8.9; CNCI: 0.6

Lubans, D. R., **Sanders, T.**, Noetel, M., Parker, P., McKay, H., Morgan, P., Salmon, J., Kirwan, M., Bennie, A., Peralta, L., Cinelli, R., Moodie, M., Hartwig, T., Boyer, J., Kennedy, S. G., Plotnikoff, R. C., Hansen, V., Vasconcellos, D., Lee, J., ... Lonsdale, C. (2022). Scale-up of the Internet-based Professional Learning to help teachers promote Activity in Youth (iPLAY) intervention: A hybrid type 3 implementation-effectiveness trial. *International Journal of Behavioral Nutrition and Physical Activity*, 19(1), 141. <https://doi.org/10.1186/s12966-022-01371-4> | Citations: 1; JIF: 8.9; CNCI: 0.6

Wilhite, K., Booker, B., Huang, B.-H., Antczak, D., Corbett, L., Parker, P., Noetel, M., Rissel, C., Lonsdale, C., del Pozo Cruz, B., & **Sanders, T.** (2022). Combinations of Physical Activity, Sedentary Behavior, and Sleep Duration and Their Associations With Physical, Psychological, and Educational Outcomes in Children and Adolescents: A Systematic Review. *American Journal of Epidemiology*, kwac212. <https://doi.org/10.1093/aje/kwac212> | Citations: 2; JIF: 5; CNCI: 0.9

Parker, P., **Sanders, T.**, Anders, J., Shure, N., Jerrim, J., Noetel, M., Parker, R., Ciarrochi, J., & Marsh, H. (2022). School socioeconomic status context and social adjustment in children. *Developmental Psychology*. <https://doi.org/10.1037/dev0001463> | JIF: 4

Guo, J., Basarkod, G., Perales, F., Parker, P. D., Marsh, H. W., Donald, J., Dicke, T., Sahdra, B. K., Ciarrochi, J., Hu, X., Lonsdale, C., **Sanders, T.**, & del Pozo Cruz, B. (2022). The Equality Paradox: Gender Equality Intensifies Male Advantages in Adolescent Subjective Well-Being. *Personality and Social Psychology Bulletin*, 014616722211256. <https://doi.org/10.1177/01461672221125619> | Citations: 3; JIF: 4; CNCI: 2.5

Antczak, D., Lonsdale, C., del Pozo Cruz, B., Parker, P., & **Sanders, T.** (2021). Reliability of GENEActiv accelerometers to estimate sleep, physical activity, and sedentary time in children. *International Journal of Behavioral Nutrition and Physical Activity*, 18(1), 73. <https://doi.org/10.1186/s12966-021-01143-6> | Citations: 5; JIF: 8.9; CNCI: 1

Noetel, M., Griffith, S., Delaney, O., Harris, N. R., **Sanders, T.**, Parker, P., del Pozo Cruz, B., & Lonsdale, C. (2021). Multimedia Design for Learning: An Overview of Reviews With Meta-Analysis. *Review of Educational Research*. <https://doi.org/10.3102/003465432111052329> | Citations: 5; JIF: 13.6; CNCI: 0.8

Parker, P. D., **Sanders, T.**, Anders, J., Parker, R. B., & Duineveld, J. J. (2021). Maternal Judgments of Child Numeracy and Reading Ability Predict Gains in Academic Achievement and Interest. *Child Development*, 92(5), 2020–2034. <https://doi.org/10.1111/cdev.13573> | JIF: 5.7

Lee, J., **Sanders, T.**, Antczak, D., Parker, R., Noetel, M., Parker, P., & Lonsdale, C. (2021). Influences on User Engagement in Online Professional Learning: A Narrative Synthesis and Meta-Analysis. *Review of Educational Research*, 91(4), 518–576. <https://doi.org/10.3102/0034654321997918> | Citations: 8; JIF: 13.6; CNCI: 3

Hartwig, T. B., **Sanders, T.**, Vasconcellos, D., Noetel, M., Parker, P. D., Lubans, D. R., Andrade, S., Ávila-García, M., Bartholomew, J., Belton, S., Brooks, N. E., Bugge, A., Caverio-Redondo, I., Christiansen, L. B., Cohen, K., Coppinger, T., Dyrstad, S., Errisuriz, V., Fairclough, S., ... del Pozo Cruz, B. (2021). School-based interventions modestly increase physical activity and cardiorespiratory fitness but are least effective for youth who need them most: An individual

participant pooled analysis of 20 controlled trials. *British Journal of Sports Medicine*, 55(13), 721–729. <https://doi.org/10.1136/bjsports-2020-102740> | Citations: 24; JIF: 18.5; CNCI: 3.6

Kennedy, S. G., **Sanders, T.**, Estabrooks, P. A., Smith, J. J., Lonsdale, C., Foster, C., & Lubans, D. R. (2021). Implementation at-scale of school-based physical activity interventions: A systematic review utilizing the RE-AIM framework. *Obesity Reviews*, 22(7). <https://doi.org/10.1111/obr.13184> | Citations: 10; JIF: 10.9; CNCI: 1

Lonsdale, C., **Sanders, T.**, Parker, P., Noetel, M., Hartwig, T., Vasconcellos, D., Lee, J., Antczak, D., Kirwan, M., Morgan, P., Salmon, J., Moodie, M., McKay, H., Bennie, A., Plotnikoff, R. C., Cinelli, R., Greene, D., Peralta, L., Cliff, D., ... Lubans, D. R. (2021). Effect of a Scalable School-Based Intervention on Cardiorespiratory Fitness in Children: A Cluster Randomized Clinical Trial. *JAMA Pediatrics*, 175(7), 680. <https://doi.org/10.1001/jamapediatrics.2021.0417> | Citations: 13; JIF: 26.8; CNCI: 3.8

Parker, P., **Sanders, T.**, Anders, J., Sahdra, B., Shure, N., Jerrim, J., & Cull, N. (2021). Does school average achievement explain the effect of socioeconomic status on math and reading interest? A test of the Information Distortion Model. *Learning and Instruction*, 73, 101432. <https://doi.org/10.1016/j.learninstruc.2020.101432> | Citations: 1; JIF: 6.6; CNCI: 0.3

Antczak, D., **Sanders, T.**, del Pozo Cruz, B., Parker, P., & Lonsdale, C. (2021). Day-to-day and longer-term longitudinal associations between physical activity, sedentary behavior, and sleep in children. *Sleep*, 44(4), zsaa219. <https://doi.org/10.1093/sleep/zsaa219WOS:000649381900005>

Noetel, M., Griffith, S., Delaney, O., **Sanders, T.**, Parker, P., del Pozo Cruz, B., & Lonsdale, C. (2021). Video Improves Learning in Higher Education: A Systematic Review. *Review of Educational Research*, 91(2), 204–236. <https://doi.org/10.3102/0034654321990713> | Citations: 30; JIF: 13.6; CNCI: 5

del Pozo Cruz, B., Hartwig, T. B., **Sanders, T.**, Noetel, M., Parker, P., Antczak, D., Lee, J., Lubans, D. R., Bauman, A., Cerin, E., & Lonsdale, C. (2021). The effects of the Australian bushfires on physical activity in children. *Environment International*, 146, 106214. <https://doi.org/10.1016/j.envint.2020.106214> | Citations: 8; JIF: 13.4; CNCI: 1

Vella, S. A., Swann, C., Batterham, M., Boydell, K. M., Eckermann, S., Ferguson, H., Fogarty, A., Hurley, D., Liddle, S. K., Lonsdale, C., Miller, A., Noetel, M., Okely, A. D., **Sanders, T.**, Schweickle, M. J., Telenta, J., & Deane, F. P. (2021). An Intervention for Mental Health Literacy and Resilience in Organized Sports. *Medicine & Science in Sports & Exercise*, 53(1), 139–149. <https://doi.org/10.1249/MSS.0000000000002433> | Citations: 32; JIF: 6.3; CNCI: 9.1

Ronto, R., Rathi, N., Worsley, A., **Sanders, T.**, Lonsdale, C., & Wolfenden, L. (2020). Enablers and barriers to implementation of and compliance with school-based healthy food and beverage policies: A systematic literature review and meta-synthesis. *Public Health Nutrition*, 23(15), 2840–2855. <https://doi.org/10.1017/S1368980019004865> | Citations: 25; JIF: 4; CNCI: 1.2

Alfonso-Rosa, R. M., García-Hermoso, A., **Sanders, T.**, Parker, P., Oriol-Granado, X., Arnott, H., & del Pozo Cruz, B. (2020). Lifestyle behaviors predict adolescents bullying victimization in low and middle-income countries. *Journal of Affective Disorders*, 273, 364–374. <https://doi.org/10.1016/j.jad.2020.04.065> | Citations: 9; JIF: 4.8; CNCI: 0.9

Antczak, D., Lonsdale, C., Lee, J., Hilland, T., Duncan, M. J., del Pozo Cruz, B., Hulteen, R. M., Parker, P. D., & **Sanders, T.** (2020). Physical activity and sleep are inconsistently related in healthy children: A systematic review and meta-analysis. *Sleep Medicine Reviews*, 51, 101278. <https://doi.org/10.1016/j.smr.2020.101278> | Citations: 23; JIF: 11.6; CNCI: 1.3

del Pozo-Cruz, B., Perales, F., Parker, P., Lonsdale, C., Noetel, M., Hesketh, K. D., & **Sanders, T.** (2019). Joint physical-activity/screen-time trajectories during early childhood: Socio-demographic predictors and consequences on health-related quality-of-life and socio-emotional outcomes. *International Journal of Behavioral Nutrition and Physical Activity*, 16(1), 55. <https://doi.org/10.1186/s12966-019-0816-3> | Citations: 23; JIF: 8.9; CNCI: 1.8

**Sanders, T.**, Parker, P. D., del Pozo-Cruz, B., Noetel, M., & Lonsdale, C. (2019). Type of screen time moderates effects on outcomes in 4013 children: Evidence from the Longitudinal Study of Australian Children. *International Journal of Behavioral Nutrition and Physical Activity*, 16(1), 117. <https://doi.org/10.1186/s12966-019-0881-7> | Citations: 52; JIF: 8.9; CNCI: 4

Vella, S. A., Swann, C., Boydell, K. M., Eckermann, S., Fogarty, A., Hurley, D., Liddle, S. K., Lonsdale, C., **Sanders, T.**, Schweickle, M. J., Telenta, J., & Deane, F. P. (2019). Sports-based mental health promotion in Australia: Forma-

tive evaluation. *Psychology of Sport and Exercise*, 45, 101560. <https://doi.org/10.1016/j.psychsport.2019.101560> | Citations: 11; JIF: 2.8; CNCI: 1.1

Hartwig, T. B., del Pozo-Cruz, B., White, R. L., **Sanders, T.**, Kirwan, M., Parker, P. D., Vasconcellos, D., Lee, J., Owen, K. B., Antczak, D., Lubans, D. R., & Lonsdale, C. (2019). A monitoring system to provide feedback on student physical activity during physical education lessons. *Scandinavian Journal of Medicine & Science in Sports*, 29(9), 1305–1312. <https://doi.org/10.1111/sms.13438> | Citations: 12; JIF: 3.3; CNCI: 1.2

Costigan, S. A., Lubans, D. R., Lonsdale, C., **Sanders, T.**, & del Pozo Cruz, B. (2019). Associations between physical activity intensity and well-being in adolescents. *Preventive Medicine*, 125, 55–61. <https://doi.org/10.1016/j.ypmed.2019.05.009> | Citations: 40; JIF: 3.8; CNCI: 4

Vella, S. A., Swann, C., Batterham, M., Boydell, K. M., Eckermann, S., Fogarty, A., Hurley, D., Liddle, S. K., Lonsdale, C., Miller, A., Noetel, M., Okely, A. D., **Sanders, T.**, Telenta, J., & Deane, F. P. (2018). Ahead of the game protocol: A multi-component, community sport-based program targeting prevention, promotion and early intervention for mental health among adolescent males. *BMC Public Health*, 18(1), 390. <https://doi.org/10.1186/s12889-018-5319-7> | Citations: 29; JIF: 2.6; CNCI: 2.3

Stanaway, J. D., Afshin, A., Gakidou, E., Lim, S. S., Abate, D., Abate, K. H., Abbafati, C., Abbasi, N., Abbastabar, H., Abd-Allah, F., Abdela, J., Abdelalim, A., Abdollahpour, I., Abdulkader, R. S., Abebe, M., Abebe, Z., Abera, S. F., Abil, O. Z., Abraha, H. N., ... Murray, C. J. L. (2018). Global, regional, and national comparative risk assessment of 84 behavioural, environmental and occupational, and metabolic risks or clusters of risks for 195 countries and territories, 1990: A systematic analysis for the Global Burden of Disease Study 2017. *The Lancet*, 392(10159), 1923–1994. [https://doi.org/10.1016/S0140-6736\(18\)32225-6](https://doi.org/10.1016/S0140-6736(18)32225-6) NA

Nooijen, C. F. J., Del Pozo-Cruz, B., Nyberg, G., **Sanders, T.**, Galanti, M. R., & Forsell, Y. (2018). Are changes in occupational physical activity level compensated by changes in exercise behavior? *European Journal of Public Health*, 28(5), 940–943. <https://doi.org/10.1093/eurpub/cky007> | Citations: 15; JIF: 2.2; CNCI: 1.2

MacMillan, F., George, E., Feng, X., Merom, D., Bennie, A., Cook, A., **Sanders, T.**, Dwyer, G., Pang, B., Guagliano, J., Kolt, G., & Astell-Burt, T. (2018). Do Natural Experiments of Changes in Neighborhood Built Environment Impact Physical Activity and Diet? A Systematic Review. *International Journal of Environmental Research and Public Health*, 15(2), 217. <https://doi.org/10.3390/ijerph15020217> | Citations: 42; JIF: 2.5; CNCI: 1

Lonsdale, C., **Sanders, T.**, Cohen, K. E., Parker, P., Noetel, M., Hartwig, T., Vasconcellos, D., Kirwan, M., Morgan, P., Salmon, J., Moodie, M., McKay, H., Bennie, A., Plotnikoff, R., Cinelli, R. L., Greene, D., Peralta, L. R., Cliff, D. P., Kolt, G. S., ... Lubans, D. R. (2016). Scaling-up an efficacious school-based physical activity intervention: Study protocol for the “Internet-based Professional Learning to help teachers support Activity in Youth” (iPLAY) cluster randomized controlled trial and scale-up implementation evaluation. *BMC Public Health*, 16(1), 873. <https://doi.org/10.1186/s12889-016-3243-2> | Citations: 18; JIF: 2.6; CNCI: 1

**Sanders, T.**, Feng, X., Fahey, P. P., Lonsdale, C., & Astell-Burt, T. (2015). The influence of neighbourhood green space on children’s physical activity and screen time: Findings from the longitudinal study of Australian children. *International Journal of Behavioral Nutrition and Physical Activity*, 12(1), 126. <https://doi.org/10.1186/s12966-015-0288-z> | Citations: 56; JIF: 8.9; CNCI: 2.4

**Sanders, T.**, Feng, X., Fahey, P. P., Lonsdale, C., & Astell-Burt, T. (2015). Greener neighbourhoods, slimmer children? Evidence from 4423 participants aged 6 to 13 years in the Longitudinal Study of Australian children. *International Journal of Obesity*, 39(8), 1224–1229. <https://doi.org/10.1038/ijo.2015.69> | Citations: 52; JIF: 5.3; CNCI: 1.9

**Sanders, T.**, Feng, X., Fahey, P. P., Lonsdale, C., & Astell-Burt, T. (2015). Green Space and Child Weight Status: Does Outcome Measurement Matter? Evidence from an Australian Longitudinal Study. *Journal of Obesity*, 2015, 1–8. <https://doi.org/10.1155/2015/194838> WOS:000214759900005

**Sanders, T.**, Cliff, D. P., & Lonsdale, C. (2014). Measuring Adolescent Boys’ Physical Activity: Bout Length and the Influence of Accelerometer Epoch Length. *PLoS ONE*, 9(3), e92040. <https://doi.org/10.1371/journal.pone.0092040> | Citations: 43; JIF: 3.2; CNCI: 1.9

Lonsdale, C., Rosenkranz, R. R., **Sanders, T.**, Peralta, L. R., Bennie, A., Jackson, B., Taylor, I. M., & Lubans, D. R. (2013). A cluster randomized controlled trial of strategies to increase adolescents’ physical activity and motivation in physical education: Results of the Motivating Active Learning in Physical Education (MALP) trial. *Preventive Medicine*, 57(5), 696–702. <https://doi.org/10.1016/j.ypmed.2013.09.003> | Citations: 59; JIF: 3.8; CNCI: 2.6

Rosenkranz, R. R., Lubans, D. R., Peralta, L. R., Bennie, A., **Sanders, T.**, & Lonsdale, C. (2012). A cluster-randomized controlled trial of strategies to increase adolescents' physical activity and motivation during physical education lessons: The Motivating Active Learning in Physical Education (MALP) trial. *BMC Public Health*, 12(1), 834. <https://doi.org/10.1186/1471-2458-12-834> | Citations: 24; JIF: 2.6; CNCI: 1

## BOOK CHAPTERS

Parker, P., Guo, J., & **Sanders, T.** (2019). Socioeconomic Inequality and Student Outcomes in Australia. In L. Volante, S. V. Schnepf, J. Jerrim, & D. A. Klinger (Eds.), *Socioeconomic Inequality and Student Outcomes: Cross-National Trends, Policies, and Practices* (pp. 189–204). Springer Singapore. [https://doi.org/10.1007/978-981-13-9863-6\\_11](https://doi.org/10.1007/978-981-13-9863-6_11)

## Students

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### DOCTOR OF PHILOSOPHY

|                            |                      |
|----------------------------|----------------------|
| 2016–2020 Jane Lee         | Assistant Supervisor |
| 2016–2021 Devan Antcazk    | Assistant Supervisor |
| 2019–2022 Katrina Wilhite  | Principal Supervisor |
| 2020– Bridget Booker       | Principal Supervisor |
| 2020– Roberta Vasconcellos | Co-supervisor        |
| 2021– Ella Tremaine        | Principal Supervisor |
| 2022– Anum Urooj           | Principal Supervisor |

### HONOURS

|                          |                      |
|--------------------------|----------------------|
| 2019–2019 Bridget Booker | Principal Supervisor |
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## Research Funding

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|  |           |
|--|-----------|
| <b>Australian Research Council</b>   | \$658,544 |
| CHIEF INVESTIGATOR — DISCOVERY PROJECT DP200101912   | 2020–2023 |
| SQUARE EYES OR ALL LIES? UNDERSTANDING CHILDREN'S EXPOSURE TO SCREENS.   |           |
| <b>Australian Catholic University</b>  | \$21,597  |
| CHIEF INVESTIGATOR (LEAD) — TRANSLATE4IMPACT   |           |
| RAISING AWARENESS OF THE RISKS AND BENEFITS OF CHILDREN'S INTERACTIONS WITH ELECTRONIC SCREENS TO PARENTS AND POLICYMAKERS | 2023–2023 |
| <b>Catholic Schools New South Wales</b>  | \$76,333  |
| CHIEF INVESTIGATOR   | 2021–2022 |
| AUSTRALIAN PRINCIPAL HEALTH AND WELLBEING  |           |
| <b>NSW Department of Education</b>   | \$20,000  |
| CHIEF INVESTIGATOR   | 2019–2020 |
| IPLAY FOR INCLUSION  |           |
| <b>Sport Australia</b>   | \$248,802 |
| CHIEF INVESTIGATOR — 'MOVE IT AUS' PARTICIPATION GRANT PROGRAM   | 2019–2020 |
| IPLAY FOR INCLUSION  |           |
| <b>Australian Sports Commission</b>  | \$54,546  |
| CHIEF INVESTIGATOR   | 2019–2019 |
| IPLAY SPORTING SCHOOLS PILOT PROJECT   |           |
| <b>Australian Catholic University</b>  | \$7,865   |
| CHIEF INVESTIGATOR (LEAD) — FACULTY OF HEALTH SCIENCES RESEARCH PROJECT GRANT SCHEME                                       | 2018–2018 |
| INVESTIGATING THE CORRELATES OF CHILDREN'S SCREEN TIME   |           |
| <b>NSW Department of Education</b>   | \$11,500  |
| CHIEF INVESTIGATOR   | 2018–2018 |
| IPLAY NUTRITION PROOF-OF-CONCEPT MODULE  |           |

## Awards

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- 2013 **Australian Postgraduate Award** Western Sydney University. \$105,000AUD plus tuition fees.
- 2017 **ACU Discipline Winner and National Finalist** 5 Minute Research Pitch.
- 2021 **Excellence and Innovation in Public Health Education and Research** Council of Academic Public Health Institutions Australasia. Team Award (iPLAY Project)
- 2021 **Vice-Chancellor's Staff Excellence Award: Excellence in Research and Research Partnership** Australian Catholic University. Team Award (iPLAY Project)
- 2022 **Vice-Chancellor's Staff Excellence Award: Excellence in Research and Research Partnership** Australian Catholic University. Team Award (Principals Project)

## Invited Talks

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- 2018 **Australian Council for Health, Physical Education and Recreation.** Keynote Lecture: Evidence-Based School Physical Activity Programs. K-6 Physical Activity and Health Conference
- 2021 **ResBaz Sydney.** Keystory: How We Do Reproducible Research.

## Conference Presentations

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(Presenting author presentations listed only)

Lonsdale, C., Lubans, D., Noetel, M., & **Sanders, T.** (2019). Scaling-up an Efficacious Comprehensive School-based Physical Activity Intervention: Development, Evaluation and Dissemination of the iPLAY Program. *Sports Medicine Australia*.

**Sanders, T.**, Parker, P. D., Del Pozo-Cruz, B., Noetel, M., & Lonsdale, C. (2019). Content of Screen Time Moderates the Effects of Exposure on Physical Health, Psychological and Educational Outcomes in a Longitudinal Study of 4,013 Children. *International Society for Behavioral Nutrition and Physical Activity*.

**Sanders, T.**, Lonsdale, C., & Del Pozo-Cruz, B. (2018). Sleep quality mediates the relationship between screen time and depression in adults: A cross-sectional study of the NHANES 2005-2006 cycle. *International Society for Behavioral Nutrition and Physical Activity*.

**Sanders, T.**, Feng, X., Fahey, P. P., Lonsdale, C., & Astell-Burt, T. (2017). Neighbourhood Green Space and Children's Enjoyment of Physical Activity: Evidence from the Longitudinal Study of Australian Children. *SELF Conference*.

**Sanders, T.**, Feng, X., Fahey, P. P., Lonsdale, C., & Astell-Burt, T. (2016). Does Physical Activity Explain the Relationship Between Green Space and Children's BMI? Mediation Analyses from the Longitudinal Study of Australian Children. *International Society for Physical Activity and Health*.

**Sanders, T.**, Feng, X., Fahey, P. P., Lonsdale, C., & Astell-Burt, T. (2015). The Longitudinal Influence of Neighbourhood Green Space on Children's Physical Activity, Screen Time, and Body Mass Index. *International Society for Behavioral Nutrition and Physical Activity*.

## Selected Software

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For a complete list of the software I have developed or contributed to, please see my Github page.

### R PACKAGES

#### cloudstoR

[CRAN Link](#)

PROVIDES PROGRAMMATIC ACCESS TO AARNET'S CLOUDSTOR CLOUD STORAGE SERVICE

- Author and Maintainer.
- Available on CRAN - approx 400 downloads per month.

#### sleepIPD

[GitHub Link](#)

A STANDARDISED METHOD FOR REPROCESSING ACCELEROMETRY DATA FOR A VERY LARGE SLEEP AND PHYSICAL ACTIVITY POOLED ANALYSIS

- Author and Maintainer.
- Used by teams all over the world to reprocess data exactly as required for our study.

#### gt3x2csv

[GitHub Link](#)

CONVERT ACTIGRAPH GT3X FILES TO CSV, IN A FRACTION OF THE TIME

- Author and Maintainer.
- Approximately 7x faster than using the proprietary software.

### PYTHON PACKAGES

AN IMPLEMENTATION OF A FACE DETECTION MODEL USED TO PROTECT PRIVACY IN AN ARC PROJECT

- Author and Maintainer.
- Working version available, still in development.

## Service

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### University Service

#### INSTITUTIONAL SERVICE

- Data Analytics Council (as delegate for the Provost)
- Faculty of Health Sciences Research Methods Consultancy
- IPPE Theme Leader: Knowledge Creation
- IPPE Executive Management Committee

### Guest Journal Reviewer

#### PROVIDING PEER-REVIEW SUPPORT FOR JOURNALS

- BMC Public Health
- BMJ Open
- Child Development
- Computers in Human Behavior
- Cyberpsychology, Behavior, and Social Networking
- Frontiers in Psychology
- Health and Place
- Health Education Journal
- International Journal of Behavioral Nutrition and Physical Activity
- International Journal of Environmental Research and Public Health
- Journal of Adolescent Health
- Journal of Applied Sport Psychology
- Journal of Science and Medicine in Sport
- Journal of Sport Sciences
- Learning and Individual Differences
- Pediatric Obesity
- Pediatrics
- PLoS One
- Prevention Science
- Psychology of Sport & Exercise
- Science of The Total Environment
- Scientific Reviews

### Invited Grant Reviewer

#### PROVIDING PEER-REVIEW SUPPORT FOR GRANT AGENCIES

- Australian Research Council (ARC)
- National Health and Medical Research Council (NHMRC)
- The Netherlands Organisation for Scientific Research (NWO)

## Self-Development

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- 2012 **Multilevel Modeling Master Class.** University of Western Sydney
- 2013 **Social Epidemiology Short Course.** University of Otago, New Zealand
- 2016 **Physical Activity and Public Health Postdoctoral Research Course.** University of South Carolina, USA
- 2016 **Clinical Trials Master Class.** NHMRC Trials Center, University of Sydney