



DAY 5 PLAN

1) Daily Revision (15 min each)

(Always from previous days + spiral revision)

◆ Physics Revision

- Units & Dimensions
- Scalars & Vectors
- Basic Kinematics formulas (from Day 4)

◆ Chemistry Revision

- Mole Concept basics
- Concentration terms
- Balancing equations
- (From Day 4: Mass–mol–particle conversions)

◆ Math Revision

- Quadratic forms
- Nature of roots
- Relation between roots & coefficients
- Discriminant shortcuts (Day 4)

◆ General Concepts Revision

- Study planning
- Memory techniques
- Mistake analysis
- Concept building steps

2) Main Study Block

PHYSICS – Kinematics (Part 2)

Topics to Study Today

- Equations of motion (derivation + application)
- Graphs: $v-t$, $x-t$, $a-t$
- Relative Velocity (1D)

Fast Tricks

- Area under $v-t$ = displacement
 - Slope of $v-t$ = acceleration
 - Slope of $x-t$ = velocity
 - Use $u = v - at$ when final velocity is known
 - When acceleration is constant → choose kinematic equation based on missing variable
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CHEMISTRY – Mole Concept (Part 3)

Topics to Study Today

- Empirical & Molecular Formula
- % Composition
- Basic Stoichiometry (simple cases)

Fast Tricks

- Empirical formula ratio = mass % \div atomic mass
 - Molecular formula = empirical formula \times (Molar mass \div empirical mass)
 - For reactions → make table: Given \rightarrow Required \rightarrow Compare mol
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MATHEMATICS – Quadratic Equations (Part 3)

Topics to Study

- Formation of quadratic equations
- Quadratic inequalities
- Maximum/minimum value using vertex formula

Fast Tricks

- Vertex: $x = \frac{-b}{2a}$
- Max/min value: $f(x) = -\frac{D}{4a}$

- Inequality: Check sign of a → open direction
 - Convert statements into quadratic form directly
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GENERAL CONCEPTS – Productivity & Accuracy

Today's Concept

"The 3-Layer Revision Technique"

- (1) Same-day revision
- (2) 48-hour revision
- (3) Weekly recall test

Application Today

- After study → revise notes
 - Before sleeping → recall formulas without looking
 - Mark weak areas with ★
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3) 10 Daily Mixed Questions

Physics (3)

1. A body accelerates uniformly from 5 m/s to 25 m/s in 5 s. Find acceleration.
 2. Draw velocity–time graph for a body starting from rest with uniform acceleration.
 3. A car A moves at 20 m/s, car B at 15 m/s. Find relative velocity (i) A w.r.t B (ii) B w.r.t A.
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Chemistry (3)

4. Determine empirical formula of a compound: C = 40%, H = 6.67%, O = 53.33%.
 5. Empirical formula CH₂O, molar mass = 180 g/mol. Find molecular formula.
 6. How many moles of O₂ are required to completely burn 5 moles of CH₄?
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Maths (3)

7. Form quadratic equation if sum of roots = 5 and product = 6.

• Find equation of $x^2 - 5x + 6$

8. Find vertex of $y = 2x^2 - 8x + 3$.
9. Solve inequality: $x^2 - 5x + 6 < 0$.
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General Concept (1)

10. Write your **top 2 weak points** from today's study based on the 3-layer revision rule.