Q1: Sex

3.Male

3.Female

Q2: Overall, how would you rate the quality of life for you and your family today?

2 Excellent

2 Very good

2 Good

1 Fair

1 Poor

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q3: Do you use the internet, at least occasionally?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q4: Do you access the internet on a cell phone, tablet or other mobile handheld device, at least occasionally?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q5: Do you have a cell phone... or a Blackberry or iPhone or other device that is also a cell phone?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q6: Some cell phones are called “smartphones” because of certain features they have. Is your cell phone a smartphone, such as an iPhone, Android, Blackberry or Windows phone, or are you not sure?

1        Yes, smartphone

2        No, not a smartphone

3        Not sure/Don’t know

3        **(DO NOT READ)** Refused

Q7: Please tell me if you ever use your cell phone to do any of the following things.Do you ever use your cell phone to

a. Send or receive email

b. Send or receive text messages

c. Take a picture

d. Access the internet

e. Look for health or medical information online *{MOB1 Act07}*

f. Check your bank account balance or do any online banking *{MOB1 Act21}*

CATEGORIES

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q8: Switching topics...In general, how would you rate your own health — excellent, good, only fair, or poor? *{PIAL Trend}*

1 Excellent

1 Good

2 Only fair

2 Poor

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q9: Are you now living with any of the following health problems or conditions?

a. Diabetes or sugar diabetes

b. High blood pressure

c. Asthma, bronchitis, emphysema, or other lung conditions

d. Heart disease, heart failure or heart attack

e. Cancer

CATEGORIES

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q10: In the last 12 months, have you personally?

a. Faced a serious medical emergency or crisis*{Sept 2010 standalone Q18}*

b. Gone to the emergency room or been hospitalized unexpectedly

c. Experienced any significant change in your physical health, such as gaining or losing a lot of weight, becoming pregnant, or quitting smoking *{Sept 2010 standalone Q19; slightly modified wording}*

CATEGORIES

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q11: Thinking about the LAST time you had a serious health issue or experienced any significant change in your physical health... Did you get information, care or support from

a. A doctor or other health care professional

b. Friends and family

c. Others who have the same health condition

CATEGORIES

1 Yes, online

1 Yes, offline

1 Yes, both online and offline

2 No, did not use this source

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q12: In the past 12 months, have you provided UNPAID care to an adult relative or friend 18 years or older to help them take care of themselves? Unpaid care may include help with personal needs or household chores. It might be managing a person’s finances, arranging for outside services, or visiting regularly to see how they are doing. This person need not live with you

Aside from giving money, do you provide any other type of unpaid care to help them take care of themselves, such as help with personal needs, household chores, arranging for outside services, or other things?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q13: Do you provide this type of care to just one adult, or do you care for more than one adult?

1 One adult only

1 Provide care to multiple adults

3 **(DO NOT READ)**Don’t know

2 **(DO NOT READ)** Refused

Q14: Is this person your parent or your mother-in-law or father-in-law, or not? *{Sept 2010 CARE4 modified Q wording and categories}*

1 Yes, parent or mother-in-law/father-in-law

2 No, not a parent or mother-in-law/father-in-law

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q15: Are any of the adults you care for your parent or your mother-in-law or father-in-law, or not? *{Sept 2010 CARE5 modified Q wording and categories}*

1 Yes, parent or mother-in-law/father-in-law

2 No, not a parent or mother-in-law/father-in-law

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q16: In the past 12 months, have you provided UNPAID care to any CHILD under the age of 18 because of a medical, behavioral, or other condition or disability?This could include care for ongoing medical conditions or serious short-term conditions, emotional or behavioral problems, or developmental problems, including mental retardation.

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q17: Do you manage medications for the people you help care for, such as checking to be sure they are taken properly or refilling prescriptions, or is this not something you do for them?

1 Yes, manage medications

2 No, not something R does for them

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q18: When managing their medication, do you use any online or mobile tools, such as websites or apps, to research or keep track of medications?*{new}*

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q19: Overall, would you say the internet has been HELPFUL or NOT HELPFUL in your ability to provide care and support for the person you are taking care of? *{new}*

1 Helpful

2 Not helpful

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q20: And overall, has the internet been HELPFUL or NOT HELPFUL in your ability to cope with the stress of being a caregiver?

1 Helpful

2 Not helpful

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q21: Now, we’d like to know if you’ve looked for information ONLINE about certain health or medical issues, either for yourself or someone else. Specifically, in the last 12 months, have you looked online for information about ?In the last 12 months, have you looked online for information about...?

a. A specific disease or medical problem

b. A certain medical treatment or procedure

c. Health insurance, including private insurance, Medicare or Medicaid

d. Pregnancy and childbirth

e. Food safety or recalls

f. Drug safety or recalls

g. Medical test results

h. How to lose weight or how to control your weight

i. How to reduce your health care costs *{new}*

j. Caring for an aging relative or friend *{new}*

k. A drug you saw advertised *{new}*

l. Any other health issue

CATEGORIES

1    Yes, have done this

2    No, have not done this

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q22: Thinking about the LAST time you went online for health or medical information...Did you go online to look for information related to YOUR OWN health or medical situation or SOMEONE ELSE’S health or medical situation?

1 Own

3 Someone else’s

1 **(VOL.)**Both

1 **(DO NOT READ)**Don’t know

1 **(DO NOT READ)** Refused

Q23: Still thinking about the LAST time you went online to look for health information...How did you begin looking? Did you start…

1 At a search engine such as Google, Bing or Yahoo,

2 At a site that specializes in health information, like WebMD,

3 At a more general site like Wikipedia, that contains information on all kinds of topics, OR

4 At a social network site like Facebook?

5 **(DO NOT READ)** Other **(SPECIFY)**

8 **(DO NOT READ)**Don’t know

9 **(DO NOT READ)** Refused

Q24: When looking for health information online, have you ever been asked to PAY for access to something you wanted to see on the internet?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q25: The last time you were asked to PAY to access health content online, what did you do? Did you...

1 Pay for access (OR)

1 Try to find the same information somewhere else (OR)

2 Give up (OR)

3 **(DO NOT READ)** Other

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q26: Have you evergone online specifically to try to figure out what medical condition you or someone else might have?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q27: Did the information you found online lead you to think that this was a condition that needed the attention of a doctor or other medical professional, or that it was something you could take care of at home?

1 Needed attention of doctor

2 Could take care of at home

1 **(DO NOT READ)** Both/in-between

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q28: Did a medical professional confirm what you thought the condition was with a medical diagnosis, did they offer a different medical opinion or diagnosis, or did you not visit a doctor or other medical professional for a diagnosis?

1 Yes, confirmed

2 No, did not confirm/offered different diagnosis

2 Did not visit a doctor or medical professional for a diagnosis

1 **(VOL.)** Confirmed part but not all of R’s diagnosis

1 **(VOL.)** Medical professional was unable to diagnose

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q29: Apart from looking for information online, there are many different activities related to health and medical issues a person might do on the internet.I’m going to read a list of online health-related activities you may or may not have done in the last 12 months.Just tell me if you happened to do each one, or not. (First,) in the last 12 months, have you

a. Signed up to receive email updates or alerts about health or medical issues

b. Read or watched someone else's commentary or personal experience about health or medical issues online

c. Gone online to find others who might have health concerns similar to yours

d. Downloaded forms online or applied for health insurance online, including private insurance, Medicare, or Medicaid

CATEGORIES

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q30: Still thinking just about the last 12 months, have you posted a health-related question online or shared your own personal health experience online in any way?*{new}*

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q31: And what was it that you posted or shared online? Was it a specific QUESTION about your health, a COMMENT or STORY about your personal health experience, or BOTH a question and a comment?

1 Specific health question

2 Comments/Stories about personal health experiences

1 Both

2 **(VOL.)** Neither/Something else

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q32: And the LAST time you posted or shared health material online, did you post it somewhere specifically to get feedback from a health professional, or did you post it somewhere it would be read by a more general audience of friends or other internet users?

1 Health professional

2 More general audience

1 **(VOL.)**Both

2 **(VOL.)**Neither/Something else

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q33: Thinking again about health-related activities you may or may not do online, have you…

a. Consulted online rankings or reviews of doctors or other providers

b. Consulted online rankings or reviews of hospitals or other medical facilities

c. Consulted online reviews of particular drugs or medical treatments

d. Posted a review online of a doctor

e. Posted a review online of a hospital

f. Posted your experiences with a particular drug or medical treatment online

CATEGORIES

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q34: Do you receive any TEXT updates or alerts about health or medical issues, such as from your doctors or pharmacists?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q35: On your cell phone, do you happen to have any software applications or “apps” that help you track or manage your health, or not?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q36: What kind of health apps do you currently have on your phone?What health issue or topic do your apps deal with?

1 Diet, food, calorie counter

2 Exercise, fitness, pedometer or heart rate monitoring (includes specific types of exercise like running, ab workouts, yoga, etc.)

1 Weight

1 Blood pressure

1 Blood sugar or diabetes

1 Sleep

1 Mood

1 Period or menstrual cycle

1 Pregnancy

2 Other**(SPECIFY)**

3 Don’t know

3 Refused

Q37: Now thinking about your health overall...Do you currently keep track of your own weight, diet, or exercise routine, or is this not something you currently do?

1 Yes, keep track

2 No, not something R currently does

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q38 How about any other health indicators or symptoms?Do you happen to track your own blood pressure, blood sugar, sleep patterns, headaches, or any other indicator?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q39: Turning again to the UNPAID care you provide to family, friends or others... Do you happen to keep track of any health indicators or symptoms for any of the people you care for?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q40 Thinking about the health indicator you pay the MOST attention to, either for yourself or someone else, how do you keep track of changes? Do you use..

1 Paper, like a notebook or journal,

1 A computer program, like a spreadsheet

1 A website or other online tool

1 An app or other tool on your phone or mobile device

1 A medical device, like a glucose meter

2 Or do you keep track just in your head?

2 **(DO NOT READ)** Other **(SPECIFY)**

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q41 How often do you update your recordsor notes about this health indicator? Do you do this on a regular basis, or only when something comes up or changes?

1 Regular basis

2 Only when something comes up or changes

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q42 Do you update this information…

1 Several times a day

1 About once a day

1 3-5 days a week

1 1-2 days a week

2 Once or twice a month (OR)

2 Less than once a month

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q43 Do you sharethese health trackingrecords or notes with anyone, either online or offline?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q44 Who do you share this information with?

1 Respondent’s spouse/partner

1 Respondent’s parent

1 Respondent’s brother/sister/sibling

1 Respondent’s child

1 Other Family member/Family relationship

2 Health or medical professional (includes doctor, nurse, therapist, physician’s assistant)

1 Member of Group: Church, community association, volunteer group

1 Friend

2 Personal trainer or health coach

3 Other **(SPECIFY)**

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q45 In which of the following ways, if any, has tracking this health indicatoraffected your own health care routine or the way you care for someone else? (First,) has it...

a. Affected a decision about how to treat an illness or condition

b. Changed your overall approach to maintaining your health or the health of someone you help take care of

c. Led you to ask a doctor new questions, or to get a second opinion from another doctor

CATEGORIES

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q46 What is your age?

3 years**[RECORD EXACT AGE 18-96]**

3 97 or older

3 Don't know

3 Refused

Q47: Are you currently married, living with a partner, divorced, separated, widowed, or have you never been married?

1 Married

1 Living with a partner

1 Divorced

1 Separated

1 Widowed

2 Never been married

2 **(VOL.)** Single

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q48: Are you the parent or guardian of any children under age 18 now living in your household?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q49: How many adults currently live in your household, INCLUDING YOURSELF?

2 **[RECORD EXACT NUMBER 1-5]**

1 6 or greater

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q50: What is the highest level of school you have completed or the highest degree you have received?

2 Less than high school (Grades 1-8 or no formal schooling)

1 High school incomplete (Grades 9-11 or Grade 12 with NO diploma)

1 High school graduate (Grade 12 with diploma or GED certificate)

1 Some college, no degree (includes community college)

1 Two year associate degree from a college or university

1 Four year college or university degree/Bachelor’s degree (e.g., BS, BA, AB)

1 Some postgraduate or professional schooling, no postgraduate degree

1 Postgraduate or professional degree, including master’s, doctorate, medical or law degree (e.g., MA, MS, PhD, MD, JD)

3 Don’t know

3 Refused

Q51: Are you now employed full-time, part-time, retired, or are you not employed for pay?

1 Employed full-time

1 Employed part-time

2 Retired

1 Not employed for pay

1 **(VOL.)** Have own business/self-employed

1 **(VOL.)** Disabled

2 **(VOL.)**Student

3 **(VOL.)** Other

3 **(DO NOT READ)** Refused

Q52: Now I would like to ask you about any health insurance you CURRENTLY have that helps pay for the cost of health care. I’m going to read a list of a few types of health insurance, and I’d like you to tell me which of these you have, if any. (First,) are you now PERSONALLY covered by ?

a. Private health insurance offered through an employer or union? **[IF ANSWERS “NO”:** This could be insurance through a current job, a former job, your job or someone else’s job.**]**

b. A private health insurance plan that you bought yourself

c. Medicaid, **[IF STATE CALIFORNIA:**Medi-Cal**]**, or some other type of state medical assistance for low-income people

d. Medicare, the government program that pays health care bills for people over age 65 and for some disabled people

ASK ITEM e IF NO TO OTHERS (INS1a=2,8,9 AND INS1b=2,8,9 AND INS1c=2,8,9 AND INS1d=2,8,9)

e. Health insurance through ANY other source, including military or veteran’s coverage

CATEGORIES

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q53: Medicare is health insurance coverage most people receive when they turn 65 and are eligible for Social Security. This includes different kinds of health plans offered THROUGH the Medicare program — like the plans called H-M-Os. Are you now covered by Medicare or by ANY Medicare plan? *{Sept 2010}*

1 Yes, covered

2 No, not covered

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q54: Does this mean you personally have NO health insurance now that would cover your doctor or hospital bills? *{Sept 2010}*

1 I do NOT have health insurance

2 I HAVE some kind of health insurance

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q55: Are you, yourself, of Hispanic or Latino origin or descent, such as Mexican, Puerto Rican, Cuban, or some other Latin American background?

1 Yes

2 No

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

(Try to avoid this ques) Q56 What is your race? Are you white, black, Asian, or some other race?

**IF R SAYS HISPANIC OR LATINO, PROBE:** Do you consider yourself a WHITE (Hispanic/Latino) or a BLACK (Hispanic/Latino)? **IF R DOES NOT SAY WHITE, BLACK OR ONE OF THE RACE CATEGORIES LISTED, RECORD AS “OTHER” (CODE 6)**

3 White

3 Black or African-American

3 Asian or Pacific Islander

3 Mixed race

3 Native American/American Indian

3 Other **(SPECIFY)**

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

Q57: Were you born in the United States, on the island of Puerto Rico, or in another country?

3 U.S.

3 Puerto Rico

3 Another country

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

ASK ALL:

Q58: Last year -- that is in 2011 -- what was your total family income from all sources, before taxes?Just stop me when I get to the right category….

1 Less than Rs.10,000

3 Rs.10,000 to under Rs.40,000

3 Rs.40,000 to under Rs.100,000

3 Rs.100,000 to under Rs.150,000 (OR)

3 Rs.150,000 or more

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused

IF LANDLINE SAMPLE AND NO CELL PHONE (QL1=2,8,9):

Q59 Does anyone in your household have a working cell phone? *{PIAL trend; QL1HH}*

1 Yes

2 No

3 **(DO NOT READ)** Don’t know

3 **(DO NOT READ)** Refused

Q60 Of all the telephone calls that you and other people in your household receive, are

1 All or almost all calls on a cell phone

3 Some on a cell phone and some on a regular home phone

2 All or almost all calls on a regular home phone

3 **(DO NOT READ)**Don’t know

3 **(DO NOT READ)** Refused