Kadamba Mess Menu 2022 (w.e.f 12.09.2022)

Meal	Items	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Item 1	Poori	Wada	Kanchipuram / Veg Idly	Uttapam	Dosa (Allo/Corn)	Paratha (Aloo/ Paneer)	Idly
	Item 2	Semiya	Bread -Butter-Jam	Poha	Veg. Upma	Cornflakes	Uggani	Bread -Butter-Jam
	Accompaniants	Aloo ki Bhaji	Sambhar, Chutney	Sambhar, Chutney	Sambhar, Chutney	Sambhar, Chutney	Raitha, Chutney	Sambhar, Chutney
	Beverages	Tea, Coffee and Milk	Tea, Coffee and Milk	Tea, Coffee and Milk	Tea, Coffee and Milk	Tea, Coffee and Milk	Tea, Coffee and Milk,	Tea, Coffee and Milk
	Fruits	Muskmelon/Pineapple	Banana	Water Melon	Papaya	Banana	Muskmelon	Water Melon
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Lunch	Wet Curry	Rajma	Broad Beans & Thurai	Special Curry	Gatte / Cluster Bean	Mix Veg Paneer	Khadi Pakodi	
	Dry Curry	Cabbage / Veg Jalfrez	French Fries		Sambhar	Rasam	Aloo Baigan	Fruit Custard - Sweet
	Dal	Sambar	Masoor Daal	Chole	Green Moong Dal	Dal Makhani	Chana Dal Tadka	Chana Dal
	Flavoured Rice	Veg. Pulao	Millet Khichidi	Veg. Biryani	Jeera Rice	Pulihora/ Lemon	Millet Khichidi	Veg. Biryani
	Plain Rice	White Rice	White Rice	White Rice	White Rice	Whit Rice	White Rice	White Rice
	Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney
	Accompaniants	Phulka, Curd and Salad	Methi Phulka, Curd ,Salad and Rasam	Phulka, Curd, Raitha, Salad, Papad	Phulka, Curd and Salad	Phulka, Curd, Salad	Palak Phulka, Curd, Salad	Curd, Raitha, Salad and Salan
Snacks	Item	Dahi Bhalla/ Sandwich	Papdi chat	Gunta Ponganalu	Samosa	Pav Bhaji/ Vada Pav	Pasta	Bhelpuri
				Chutney	Sauce	-	Chutney	Chutney
	Beverages	Tea, Coffee and Milk	Tea, Coffee and Milk	Tea , Coffee and Milk	Tea, Coffee and Milk	Tea, Coffee and Milk	Tea , Coffee and Milk	Tea, Coffee and Milk
Dinner	Wet Curry	Beeroot Porial / Karela	Veg/ Gobi Manchurian	Bhindi Jaipuri/	Special Paneer	Mailai Kofta Curry	Chole Bhature	Gobhi Matar Gazar ka
		Fry		Bhendi Kurkure				Bhaji / Chamagadda Fry
	Dry Curry/Special	Soup	Tomato Soup		Wheat -Lachha Paratha	Lauki ka Sabji	Spl Sweet	Soyabeans masala
	Dal	Moong Dal	Moong Dal	Pancharang Dal	Toor Dal	Tomato Dal	Donda	Veg. Dal
	Steam Rice	White Rice	White Rice & Fried Rice	White Rice & Tomato Pulao	White Rice	White Rice	White Rice & Bagara Pulao	Khichidi and White Rice
	Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney	Fresh Chutney
	Accompaniants	Butter Naan, Curd and Salad	Phulka, Curd and Salad	Phulka, Curd and Salad	Curd, Salad and Sweet	Chapathi/ (Roomali -4th week), Curd and Salad	Curd, Raitha and Salad	Triangle Chapathi, Curd and Salad
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Sweet Week-1 Gulab Jamoon

Week - 2 Sweet Boondi

Week- 3 Jalebi

Week - 4 Kalajamoon

Week- 5 Semiya Kheer

Paneer Week -1 Paneer Butter Masala

Week - 2 Mutter Paneer

Week- 3 Palak Paneer