

North Mess Monsoon Menu 2022 (w.e.f.07.11.22)

	Items	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Item 1	Aloo Palak Paratha/Methi Paratha	Veg Cutlet	Bedmi Puri	Mooli Paratha	Khasta kachori	Gobi paratha	Samosa
	Item 2	Aloo Bonda	POHA	Daliya/oats	Veg Upma	Aloo-Mayo Sandwich	Vermicelli(Sewai)	Macroni
	Accompaniants	Tomato chutney	Green chutney,achar, SEV	Aloo Sabji	Tomato chutney	Aloo sabzi	GREEN CHUTNEY+ Achar	Chutney/ACHHAR
	Mandatory Items	Bread/ Butter/Jam	Bread/ Toast /Butter/Jam	Bread/ Butter/Jam	Bread/ Toast/ Butter/Jam	Bread/ Butter/Jam	Bread/Toast/ Butter/Jam	Bread Butter/Jam
	Fruits	Milk/Tea/Coffee	Milk/Tea/Coffee	Milk/Tea/Coffee	Milk/Tea/Coffee	Milk/Tea/Coffee	Milk/Tea/Coffee	Milk/Tea/Coffee
		Cornflakes	Cornflakes	Cornflakes	Cornflakes	Cornflakes	Cornflakes	Cornflakes
		Pineapple	BANANA	Grape Juice	Papaya	Banana	Melon	WATER MELON
Lunch	Sweet /Special Dish	Aloo tikki	Besan Laddu/Semiya Kheer		Boondi Raita	Dahi Bhalla/Imli Chutney		FRUIT CUSTARD
	Wet Curry	Rajma Masala	kala channa	Paneer Do Pyaza	Chola Masala/Palak puri	Kofta Curry	Ramas/Khoya Matar	Aloo Matar
	Dry Curry	Karela Fry	Aloo Pyaaz	Lauki Sabzi	Mix Veg	Aloo Tomato	Kundru	Veg Biryani
	Dal	Toor dal	Daal Batti	Chane Ki Daal	Toor Dal	Mansoor Dal Tadka	Dal Makhani	Toor dal Tadka
	Steam Rice	Steam Rice	Steam Rice	Steam Rice	Steam Rice	Steam Rice	Steam Rice	Steam Rice
	Flavoured Rice					White Rice	Jeera Rice	Mirch ka Salan, Paapad
	Accompaniants	Chapati/Curd/ Pickle/Salad	Chapati/Curd/ Pickle/Salad	Chapati/Curd/Pickle	Chapati/Curd/ Pickle/Salad	Chapati/Curd/ Pickle/Salad	Chapati/Curd/ Pickle/Salad	Chapati/Curd/ Pickle/Salad
Snack	Item	Noodles	Aloo Sandwich	Mirchi-Bhaji	Bhel puri	Macroni	Mix Pakoda	Dabeli/Chana Chat
	Bevearge	Tea	Tea	Tea	Tea	Tea	Tea	Tea
Dinner	Sweet /Special	Plain Paratha		Aloo paratha	Suji Halwa	Jalebi	Gulab Jamun	Plain Paratha
	Wet Curry	Gobhi Matar	Kadhai Paneer	Green Cutney		Dum aloo	Cholla Bhatura	pumpkin
	Dry Curry	Bhindi	Cabbage Mix	Tomato Laungi	Aloo Methi	Soyabean	Mattar Pullav	Paneer Butter Masal
	Dal	Dal Makhani	Masoor Dal	Aloo Tomato	Panchmel Dal	Palak Dal	Dalcha	Mix Dal
	Steam Rice	Steam Rice	Steam Rice	Steam Rice	Steam Rice	Steam Rice	Steam Rice	Steam Rice
	Flavoured Rice				Veg Pulao			
	Accompaniants	Chapati/Curd/Pickle	Chapati/Curd/Pickle/Salad	Chapati/Curd/Pickle	Chapati/Curd/Pickle	Chapati/Curd/Pickle	Chapati/Curd/Pickle	Chapati/Curd/Pickle