

SOUTH MESS MENU w.e.f..01.02.2023

MEAL	ITEMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAK FAST	Item 1	Karam /Corn(ONION) Dosa	Utappam	Idly/fried idly	Wada	Kerala item (idiyappam)/ Kanchipuram idly	Mysore/ Rawa Bonda	Pesarattu
	Item 2	Bread-Butter-Jam	Poha	Cornflakes	Pongal	Semiya upma	Uggani	Bread-Butter-Jam
	Accompaniment	Groundnut Chutney	Peanut Chutney	Putana Coconut Chutney	Groundnut Chutney	Groundnut Chutney	Groundnut Chutney	Putana Coconut Chutney
		Sambar	Sambar	Sambar	Sambar		Sambar	Sambar
		Cornflakes	Cornflakes	Karam Podi+ Ghee	Cornflakes	Cornflakes	Cornflakes	Karam Podi+ Ghee
	Fruit	Sprouts	Water Melon	Banana	Papaya	Muskmelon	Watermelon	Pineapple
LUNCH	Fry	Aloo/ Cabbage Fry	Cluster Beans/Bhendi Fry	Banana Chips		Kareli Fry	Cauliflower fry	Kanda Fry
	Curry	Aloo Tamatar	Drumstick Masala	Mirchi Ka Salan	Methi Paneer	Mix Veg. Curry	Kofta Curry	
	Dal	Thotakura / Mango Pappu (seasonal)	Tomata Pappu		Sorakaya Pappu	Palakura Pappu	Mudda Pappu	
	Stew	Rasam	Sambar			Tomato Rasam	Pacchi Pulusu	Mirchi Ka Salan
	Salad	Carrot+Beetroot	Green Salad	Onion, Lemon	Green Salad	Kosambari Salad	Tomato/ Chana salad	Onion, Lemon
	Sweet			Spl.Sweet		Sweet		Fruit Custard
	Spl Rice	Veg Pulao/jeera rice	Lemon Rice/ Pulihora	Veg Dum Biryani	Besibilla Bath	Thalimpu Rice	Fried Rice	Veg Dum Biryani
	Roti	Roti			Roti	Roti	Roti	
	Chutney	Kariveypaku podi	Dosakaya mukkala pachadi	Cabbage Pachhadi	Dondakaya Pachadi	Beerakaya Chutney	Kobbari karam podi	Gongura Chutney
	Accompaniment	Raitha		Raita,Papad	Boondi			Raita Papad
	Compasary Items	White Rice, Ghee, Fryums	White Rice, Curd, Ghee, Fryums	White Rice, Curd, Ghee	White Rice, Curd, Ghee, Fryums	White Rice, Curd, Ghee, Papad	White Rice, Curd, Ghee, Fryums	White Rice and Ghee
SNACKS	Item	Steam Dosa	Muntha masala/Stuffed Mirchi	Kerala Snacks (banana bhajji)	Gunta Ponganalu/ Punugulu	Samosa	Onion Pakodi	Papdi Chat
	Accompaniment	Putana Chutney			Putana Chutney	Khatta meeta Chutney		
DINNER	Fry				Cabbage Porial		Bhendi Fry	Aloo 65
	Curry	Aloo Methi	Paneer Curry	Beerakaya Chanagapappu		(CHOLE)	Pul Makhni Curry/ Khaju Masala Curry	rajma masala
	Dal		Gongura Pappu		Tomato Dal	Kaddu Ka Dal	Pesarapappu	Palakura Pappu
	Stew	Tomato Rasam	Tomato Rasam	Sambar			Dappalam	Pappu Charu
	Starter	Veg Noodles		Dosa with Aloo Masala	Veg Manchuria	Poori		
	Accompainment	Hot Garlic /Chilly and Tomato sauce		Chutney			Karam Chitlu Podi	
	Sweet						Double kameta / Gulab Jamun / Jalebi	
	Spl Rice				Dadhojanam		Bhagara Rice	Green Peas Pulav
	Soup	Manchow Soup				Veg Clear Soup		
	Chutney	Snake Guard Dhai Chutney	Lemon Pickle / Chutney		Fresh Chutney	Pudina Chutney		
	Roti		Lachha Paratha/chapathi		Roti		Roti	Roti
	Compulsory Items	White Rice, Curd, Ghee, Fryums	White Rice, Curd, Ghee, Fryums	White Rice, Curd, Ghee, Fryums	White Rice, Ghee, Fryums	White Rice, Curd, Ghee, Fryums	White Rice, Curd, Ghee, Fryums	White Rice, Curd, Ghee, Fryums