				SOUTH MESS MENU Monsoon 2023 (w.e.f.01.08.2023)				
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
break fast	Item 1	Wada	Puri	fried idly/idly	Utappam	Ghee Pesarattu	Mysore Bonda	Corn Dosa/Karam Dosa
	Item 2	Pongal	Bread-Butter-Jam	semia upma	Poha	Upama	Uggani	Bread-Butter-Jam
	Chutney	Putana Coconut Chutney	puri masala	Groundnut Chutney	Putana Coconut Chutney	Groundnut Chutney	Putana Coconut chutney	Groundnut Chutney
		sambar		sambar+podi+ghee	sambar	samabar	samabar	samabar
		Cornflakes	Cornflakes	Cornflakes	Cornflakes	Cornflakes	Cornflakes	Cornflakes
	Fruits	sprouts	banan	muskmelon	watermelon	Grape juice	papaya	banana
	compulsory	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk	Tea, Coffee, Milk
lunch	Fry	Dondakaya Vepudu	Beans Carrot poriyal		Bhendi Palli / BHendi dum fry	Beetroot Dum	Kakarakaya/Brinjal onions	Kanda Fry/aloo fry
	Curry	Aloo Tomato Curry	Mill Maker Masala	mirchi ka salan	Guthi vankaya masala	drumstick curry	Malai Kofta curry	
	Dal	palak dal	Tomato Pappu	Thotakura Pappu	Sorakaya Pappu	Dosakaya Pappu	Mudda Pappu	methi dal
	Stew		rasam	Kobbari Charu	Creamy Tomato Soup	Sambar	pacchi pulusu	sambar
	salad	green salad	peanut salad	onion salad	Green salad	kosambari salad	green salad	onion salad
	sweet		payasam (Semiya/Rice)					fruit custurd
	S rice	Vangi Bath/veg fride rice	Fried Corn Rice/Veg Pulav	Veg dum biryani	Jeera rice	Lemon rice / Pulihora		Paneer/Veg Dum Biryani
	roti	Chapathi			Roti		Roti	
	chutney	Cabbage Pachhadi	kariveypaku podi	dosakaya mukkala pachadi	Dondakaya pachadi	beerakaya chutney	Mango Pickel	Gongura Chutney
	ассотр			Raita,Papad	Bread croutons			Raita,Papad
	compulsory	white rice,curd,ghee,fryums	white rice,curd,ghee,fryums	white rice,curd,ghee	white rice,curd,ghee,fryums	white rice,curd,ghee,fryums	white rice, curd, ghee, fryums	white rice,curd,ghee
snacks		steam dosa	Aloo Bonda/Pav Bhaji	masalavada/Pasta	mirchi bajji	samosa	Onion Pakoda	ponganalu/sarapindi
	ассотр	Putana Chutney	Ketchup	Putana Chutney/ketchup	ketchup/green chutney	kata meeta chutney	Ketchup/sweet chutney	Chutney
dinner	Fry	Aloo 65	Bendi Do Pyaza		Cabbage pokodi	donda dum fry	Aloo methi	
	Curry	Mix Veg with Paneer	Beerakaya channa dal	Aloo Masala	Masala / Palak Paneer	Kadai veg	Chole Masala / Aloo curry	RAJMAH CURRY
	Dal	pesarappu		Dosakaya pappu	Tomato dal	Sorakaya Pappu	Beerakaya Pappu	Dal Tadka
	Stew	papper rasam	Sambar	Sambar	Pepper Rasam	Dappalam	Tomato rasam	Pappu charu
	Starter		veg noodles	Plain Dosa	Lachha Paratha / Chapathi	Veg Manchuria	Poori	
	ассотр	karam chitlu podi	chilly sauce/ t.sauce	Putana Chutney & fried onions	Fresh chutney	raita	Onion salad	
	Sweet	jelebi/sweet boondi		Double ka Meeta/Gulab jamoon	'			
	S Rice		Tomato Rice			Aloo Rice		dadhojanam
	chutney		Snake guard dhai chutney	Pickel			pudina chutney	nimmakaya pickle
	roti	Roti				Roti		Roti
	compulsory	white rice,curd,ghee,fryums	white rice,curd,ghee,fryums	white rice,curd,ghee,fryums	white rice,curd,ghee,fryums	white rice,curd,ghee,fryums	white rice,curd,ghee,fryums	white rice,curd,ghee,Papad