# **Task 8: Working with VPNs**

### **Objective:**

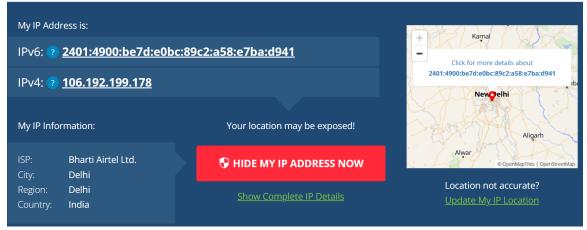
Understand how to set up and use a VPN to secure online traffic, change IP addresses, and explore VPN privacy features.

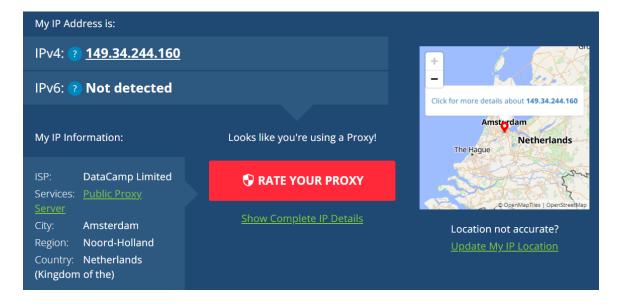
#### **Tools:**

ProtonVPN Free Tier

#### **Steps Taken:**

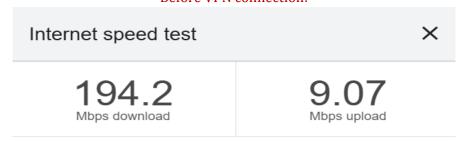
- 1. Downloaded and installed the ProtonVPN client from the official website.
- 2. Launched ProtonVPN and connected to the nearest free server.
- 3. Verified IP change using whatismyipaddress.com (before and after VPN connection).





4. Browsed a website to confirm that traffic was encrypted and routed through VPN.

Before VPN connection:



Latency: 50 ms Server: Khandwa

Your Internet connection is very fast.

Your Internet connection should be able to handle multiple devices streaming HD videos, video conferencing and gaming at the same time.

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#### After VPN connection:

Internet speed test	×
129.7 Mbps download	1.72 Mbps upload

Latency: 1 ms Server: Amsterdam

Your Internet connection is very fast.

Your Internet connection should be able to handle multiple devices streaming HD videos, video conferencing and gaming at the same time.

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5. Disconnected VPN and compared browsing speed and IP visibility.

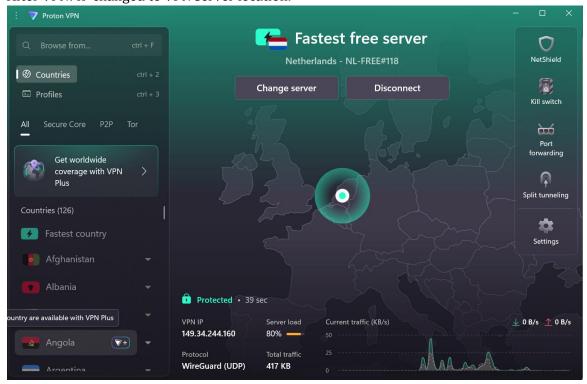
6. Researched ProtonVPN features such as AES-256 encryption, OpenVPN/IKEv2 protocols, and privacy policies.

#### **Screenshot of connection status:**

Before VPN: Normal ISP IP visible



After VPN: IP changed to VPN server location.



## **Summary: VPN Benefits and Limitations**

#### **Benefits:**

- Encrypts traffic to protect against hackers and ISP tracking.
- Masks IP address to hide location and identity.
- Provides security on public Wi-Fi networks.
- Helps bypass geo-restrictions and censorship.

#### **Limitations:**

- Free VPNs may have speed and server restrictions.
- Some block streaming or torrenting services.
- Connection may drop, exposing real IP address.
- Not a full substitute for strong cybersecurity practices.