# FIVE CORE COMPETENCIES











\*Confidence is unique because it cannot be taught, but is gained in every path.

# 10 PATHS

The primary core competencies represented in each path are listed in order of emphasis next to the path name.



# Build strategic leadership and conflict

Dynamic Leadership

resolution skills



# **Effective Coaching**

Build interpersonal communication, leadership and coaching skills



2 4 5

1 2 3 5

3 2

1 2 3 5

2

1 |

# and communication skills





# Motivational Strategies

Build motivational leadership and communication skills



# Persuasive Influence

Build skills to lead in complex situations



# Presentation Mastery

Build public speaking skills



# Strategic Relationships

Build networking, leadership and communication skills



# Team Collaboration

Build collaborative leadership skills



# Visionary Communication

Build innovative communication and leadership skills

L1: Mastering Fundamentals



## 01: The Ice Breaker

A 4 to 6 minute speech to introduce yourself to the

## 02: Evaluation & Feedback

A 5 to 7 minute speech on any topic, then review and incorporate feedback from your first speech into a second 5 to 7 minute speech. After completing both speeches, serve as a speech evaluator. (May be used as credit for Level 4 requirement)

## 03: Researching & **Presenting**

Select and research a topic you are not familiar with, or you wish to learn more about, and present a 5 to 7 minute speech.

Projects common to all Paths

## Required Project, specific to your chosen Path

**ose an Elective** (may not repeat any project attempted in the same path)

# **Required Projects in Level 2**



## **Pathways Mentor Program**

### **Prepare to Mentor:**

Complete the self-evaluation resources included in this project. Meet with VPE to discuss your readiness to mentor. There is no speech associated with this project.

### Mentoring:

Work with a protégé to complete a project. Your VPE will help match you with a fellow member. Assist the protégé in setting goals and developing a plan. After your mentorship, deliver a 5-7 minute speech about your experience.

### **Advanced Mentoring:**

Mentor a fellow member or other person for 6 months. Communicate regularly with your protégé, record meeting dates and times, and give and receive feedback both verbally and in writing. After your mentorship, deliver a 5-7 minute speech about your experience.

You are considered a Pathways Mentor after completing all Pathways Mentor Program projects AND a full path in Pathways.

(May begin after Level 2)

A structured program to help

program, no credit rewarded

you understand best practices for

mentoring and practice mentoring on a small and large scale. Optional

## L3: Increasing Your Knowledge

07

**L2: Learning Your Style** 

04: A required Project

**05: A required Project** 

Connect with your Audience

Cross Cultural Understanding

**Toastmasters Mentoring** 

Reflect upon and present a

5 to 7 minute speech about

a time when you were a

impact and importance of

speech is not a report on

Program — see below)

the content of this project

(Part of the Pathways Mentor

mentee, and share the

having a mentor. This

Effective Body Language

**06: Introduction to** 

List of projects in Level 2:

Understanding your

Understanding your

Leadership Style

**Active Listening** 

Managing Time

Communication Style

08

**07: A required Project** 

Negotiate the Best Outcome

**Understanding Emotional Intelligence** 

**Understanding Conflict Resolution** 

List of projects in Level 3:

Reaching Consensus

**Deliver Social Speeches** 

Connect with Storytelling

Focus on the Positive

Inspire Your Audience

Active Listening

Networking

Prepare for an Interview

Effective Body Language

Make Connections Through

Using Presentation Software

Creating Effective Visual Aids

Using Descriptive Language

Connect with Your Audience

**Understanding Vocal Variety** 

# 09

# \*

10

**L4: Building Skills** 

Team Building

L5: Demonstrating Expertise

## \*Serve as Toastmaster, Topicsmaster, and **Project Evaluator before** beginning Level 4

# **10: A required Project**

Present a Proposal Planning & Implementing List of projects in Level 4: Persuasive Speaking Manage Change Successful Collaboration Manage Projects Successfully Develop a Communication Plan Leading your Team Make Connections through **Motivate Others** Networking Leading in Difficult Siutations Managing a Difficult Audience **08: Choose an Elective** Public Relations Strategies Communicate Change 09: Choose an Elective Improvement through Positive List of 13 electives in Level 3: Coaching

## 11: Choose an Elective

List of 8 electives in Level 4:

Create a Podcast Building a Social Media Presence Managing a Difficult Audience Write a Compelling Blog Manage Online Meetings Question-and-Answer Session Public Relations Strategies Manage Projects Successfully

developing and completing your plan.

## 12: A required Project List of projects in Level 5: Lead in Any Situation Leading in your Volunteer Org

# Develop your Vision

High Performance Leadership

Prepare to Speak Professionally

Manage Successful Events

13: Choose an Elective List of 6 electives in Level 5:

Lessons Learnt Moderate a Panel Discussion Ethical Leadership High Performance Leadership Prepare to Speak Professionally Leading in your Volunteer Org

## 14: Reflect on your Path

At a club meeting, present a 10 to 12 minute speech to share your experience completing your path. Your speech may be in any style that appeals to you and supports your speech content

# **Required Project in Level 5**

Form and meet with a guidance committee at least 5 times

deliver a second 5 to 7 minute speech to share your experience

plan and vision. Complete a project with a team of at least 3 other members

**Leading in your Volunteer Organisation**/ Lead in Any Situation:

Take on a leadership role in Toastmasters or with your volunteer

organisation, or in your career for at least 6 months. Ask your peers,

members of the organisation for a 360degrees evaluation of your

Create a succession plan to aid the transition after you

leave your leadership position. Present a 5-7 minute /

throughout the duration of the project. After you implement the plan,

**Effective** High Performance Leadership: Coaching Deliver a 5 to 7 minute speech at a club meeting to introduce your

**Innovative** Planning

**Persuasive** Influence

Strategic Relationships

Dynamic Leadership

Team Collaboration

8-10 minute speech about your experience.

leadership skill.

Manage Successful Events:

Prepare to Speak Professionally:

Plan, co-ordinate and complete a chosen event, in your club, or another environment. After the event, deliver a 5-7 minute speech.

Motivational **Strategies** 

Leadership

Development

Build and work with a small team on a team-building event. After the event, deliver a 5-7 minute speech to your club.

**Presentation Mastery** 

Prepare and present a 18-22 minute keynote style speech. You may present your speech outside of the club environment with your VPE's approval.

Visionary

**Communication** Develop and present a vision at a club meeting in a 5-7 minute speech. Establish a timeline for implementing your plan using the resources included. Deliver another 5 to 7 minute speech to present your plan



## **Electives Club Mentor OR Club Coach** YLP OR Speechcraft **OR Club Sponsor**

