

01218205134

WWW.TASTEOFHIMALAYAN.UK

07411192953



TASTE OF HIMALAYAN

NEPALESE AND INDIAN STREET FOOD

CATERING AVAILABLE



OFFER - 10% OFF COLLECTION AND EAT IN ORDER

33 HIGH ST, BLACKHEATH, ROWLEY REGIS B65 0DR

MONDAY: CLOSED
TUESDAY - THURSDAY: 5PM - 10PM
FRIDAY - SUNDAY: 3PM - 10PM

HOME DELIVERY AVAILABLE



MILD



MEDIUM



HOT

ASK IF YOUR ORDER CAN BE CUSTOMISED

STARTERS

START YOUR HIMALAYAN ADVENTURE THE
RIGHT WAY WITH OUR DELICIOUS STARTERS

Paneer Chilli

A Spicy and Tangy Dish of Battered Cottage Cheese Cubes tossed with Chilli sauce, Mixed Peppers and Soy Sauce

£6.49

Soya Chilli

A Crispy and Sweet Dish of Battered Soya Chunks tossed with Chilli Sauce, Mixed Peppers and a touch of Soy Sauce

£7.49

Vegetable Manchurian

A Flavourful Blend of Chopped Carrots, Cabbage, Seasonal Vegetables, Soy Sauce, and Chili Sauce, topped with Fresh Coriander

£6.99

Chicken Manchurian

A Flavourful Blend of Diced Fried Chicken Chopped Carrots, Cabbage, Seasonal Vegetables, Soy Sauce, and Chili Sauce, topped with Fresh Coriander

£7.99

Chilli Chicken

A Crispy and Sweet Dish of Battered Chicken Chunks tossed with Chilli Sauce, Seasonal Vegetables and a touch of Soy Sauce

£6.49

Vegetable Samosa Chaat

Bite-sized Samosa Pieces Served with a Generous Topping of Chana Masala, Diced Onions, Tangy Tamarind Chutney, and a Dollop of Cool and Creamy Yogurt

£4.99

Vegetable Samosa With Tarkali

£5.49

Nepalese Style Aalo Ke Sabji (Potato Soup), Mixed with 2 Chopped Samosas, Onions and Green Chilli

Chicken Nuggets

£4.99

8 Deep Fried Chicken Nuggets

SOUPS

OUR SOUPS ARE THE PERFECT OPTION IF YOU'RE LOOKING FOR SOMETHING HEALTHY AND NUTRITIOUS

Cream Vegetable Soup

£3.49

Fresh seasonal vegetables infused with traditional Nepalese herbs, complemented by a hint of cream.

Cream Chicken Soup

£3.99

Diced chicken infused with traditional Nepalese herbs, complemented by a hint of cream

Hot and Sour Chicken Soup

£4.99

Diced Chicken and Chef's Special Nepalese Herbs

Hot and Sour Vegetable Soup

£4.49

Seasonal Vegetables with Corn Flour and Chef's Special Herbs

Thai Soup

£4.99

Curry Leaves, Ginger, Chicken Stock with Lemon Juice and Chicken

Chicken Sweetcorn Soup

£4.99

Tasty Broth with Chicken, Sweetcorn, Egg Whites, and Spring Onions. Comforting and Delicious

House Special Soup

£5.49

A delightful combination of Tender Chicken, Eggs, and Mixed Vegetables, Simmered in a Flavourful Broth

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, tree nuts, peanuts, fish, shellfish or wheat

MAINS

OUR FAVOURITE SOUTH ASIAN CLASSICS WITH A DELICIOUS NEPALESE TWIST

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|---|--------------|
| Chicken Biriyani | £6.99 |
| Fragrant Basmati Rice with Tender Chicken, Himalayan Spices, and a Side of Yogurt | |
| Lamb Biriyani | £7.49 |
| Fragrant Basmati Rice with Tender Lamb, Himalayan Spices, and a Side of Yogurt | |
| Lamb Curry | £8.49 |
| Tender Pieces of Lamb Simmered in a Rich and Aromatic Sauce made with our Chef's Special Blend of Himalayan Herbs and Spices | |
| Chicken Curry | £6.99 |
| Tender Pieces of Chicken Simmered in a Rich and Aromatic Sauce made with our Chef's Special Blend of Himalayan Herbs and Spices. | |
| Tadka Daal  | £4.99 |
| Toor Daal cooked with Himalayan Spice and Tempered with Cumin Seeds, Mustard Seeds, Curry Leaves and Red Chillies for a Hint of Spice | |
| Chana Masala  | £4.99 |
| Chickpeas Simmered with Tomatoes, Onions, and a Mix of Fragrant Himalayan Herbs | |
| Mutter Paneer  | £4.99 |
| Diced Cottage Cheese and Peas Cooked with Garlic, Onion, Tomatoes, Cream, Nuts and Spices | |
| 2 Chole Bhature  | £5.99 |
| Spicy Chickpea Curry (Chole) served with Deep-Fried Bread (Bhatura) with Onions, Green Chilies, and Mango Pickle on the side | |
| Sweet and Sour Chicken | £6.99 |
| Juicy Chicken and Fresh Vegetables in a Delicious Sweet and Sour Sauce | |
| Vegetable Tom Yum  | £4.99 |
| Noodles Cooked in a Hot and Sour Tom Yam Soup with a Medley of Fresh Vegetables and Fragrant Himalayan Herbs | |

SEA FOOD

INDULGE IN OUR SEA FOOD. FROM COMFORTING FISH PAKORAS TO EXQUISITE TIGER PRAWNS

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| Seafood Tom Yam | £6.99 |
| Hot and Sour Soup-Infused Noodles with Prawns, Fish, and a Hint of Himalayan Herbs | |
| Sweet and Sour Fish | £6.49 |
| Fish and Fresh Vegetables in a Delicious Sweet and Sour Sauce | |
| Sweet and Sour Tiger Prawns | £8.99 |
| Juicy Tiger Prawns in a Delicious Sweet and Sour Sauce | |
| Chilli Fish | £6.29 |
| A Crispy and Sweet Dish of Battered Fish with Chilli Sauce, Seasonal Vegetables and a touch of Soy Sauce | |
| Chilli Tiger Prawns | £7.99 |
| A Crispy and Sweet Dish of Battered Tiger Prawns with Chilli Sauce, Seasonal Vegetables and a touch of Soy Sauce | |
| Fish Pakora | £4.99 |
| 8 Tender Pieces of Fish, Coated in a Crispy Batter made with Corn Flour and a Blend of Himalayan Herbs | |

CHOW MEIN

NEPALESE STYLE NOODLES TOASTED WITH
SEASONAL VEGETABLES, AND HIMALAYAN HERBS

Vegetable Chow Mein V

£5.99

Seasonal Vegetables Stir-Fried with Himalayan Herbs, Toasted to Perfection, and Tossed in a Savoury Blend of Chilli Sauce and Soy Sauce.

Chicken Chow Mein

£6.49

Seasonal Vegetables and Tender Chicken Stir-Fried with Himalayan Herbs, tossed in a Flavourful Combination of Chilli Sauce and Soy Sauce

Fish Chow Mein

£6.49

Seasonal Vegetables and Juicy Fish Stir-Fried with Himalayan Herbs, tossed in a Flavourful Combination of Chilli Sauce and Soy Sauce

Shrimp Chow Mein

£6.99

Seasonal vegetables and Juicy Shrimp Stir-Fried with Himalayan Herbs, Toasted and Tossed in a Delightful Combination of Chilli Sauce and Soy Sauce

Tiger Prawn Chow Mein

£7.99

Seasonal vegetables and Tiger Prawns Stir-Fried with Himalayan Herbs, Toasted and Tossed in a Delightful Combination of Chilli Sauce and Soy Sauce

Taste of Himalayan Special Mix

£8.49

Seasonal Vegetables Stir-Fried with Himalayan Herbs, Tender Chicken, Egg, and Succulent Shrimp, tossed in a Savoury Chilli and Soy Sauce Blend

RICE

THE PERFECT SIDE DISH WHETHER TRADITIONAL RICE,
FRAGRANT PILAU RICE, OR RICE FRIED TO PERFECTION

Plain Rice V

£2.49

Freshly Cooked Basmati Rice

Pilau Rice V

£2.99

Fragrant Basmati Rice Cooked with Himalayan Herbs and Spices

Chicken Fried Rice

£4.99

Fragrant Basmati Rice Stir-Fried with Tender Chicken Pieces and a Blend of Himalayan Herbs

Egg Fried Rice V

£3.49

Fragrant basmati rice stir-fried with fried eggs and a delightful blend of Himalayan herbs

Mixed Fried Rice

£4.99

Fragrant Basmati Rice Stir-Fried with Eggs, Tender Chicken and a Delightful Blend of Himalayan Herbs

Sambal Fried Rice

£6.99

Fragrant basmati rice stir-fried with succulent prawns, tender chicken, carrots, and spring onions in dried shrimp chili paste

Shrimp Fried Rice

£6.49

Fragrant Basmati Rice Stir-Fried with Shrimp Prawns and a Delightful Blend of Himalayan Herbs

Tiger Prawn Fried Rice

£8.49

Fragrant Basmati Rice Stir-Fried with Tiger Prawns and a Delightful Blend of Himalayan Herbs

Sea Food Fried Rice

£8.99

Egg Fried Basmati Rice Stir-Fried with Seasonal Vegetables, Fish and Tiger Prawns

CHICKEN MOMOS

Steamed Chicken Momos

£5.49

8 Classic Steamed Nepalese Style Dumplings Served with Sesame Seeds and a Flavourful Tomato and Garlic Soup

Jhol Chicken Momos

£5.99

8 Steamed Dumplings, Soaked in Tangy, Flavorful Sauce

Fried Chicken Momos

£5.99

8 Pan Fried Momos Deep-Fried to Perfection, Resulting in a Delightfully Crispy Texture

Chilli Chicken Momos

£6.49

8 Pan-Fried Dumplings Tossed in a Tangy Tomato Sauce, Made with Red Chilli Peppers, Soy Sauce, Garlic, and Spices

Cheese Chicken Momos

£6.49

8 Steamed Dumplings with a Generous Amount of Cheese, Perfectly Soft and Chewy

Sweet and Sour Chicken Momos

£5.99

8 Steamed Dumplings Soaked in Sweet and Sour Soup

Chicken Momos in Tom Yum Soup

£5.99

8 Steamed Dumplings Soaked in Tom Yum Soup

LAMB MOMOS

Steamed Lamb Momos

£6.49

8 Classic Steamed Nepalese Style Dumplings Served with Sesame Seeds and a Flavourful Tomato and Garlic Soup

Jhol Lamb Momos

£6.99

8 Steamed Dumplings, Soaked in Tangy, Flavorful Sauce

Fried Lamb Momos

£6.99

8 Pan Fried Momos Deep-Fried to Perfection, Resulting in a Delightfully Crispy Texture

Chilli Lamb Momos

£6.99

8 Pan Fried Dumplings Tossed with Red Pepper, Garlic and Soy Sauce

Cheese Lamb Momos

£7.49

8 Steamed Dumplings with Additional Cheese and Herbs

Sweet and Sour Lamb Momos

£6.99

8 Steamed Dumplings Soaked in Sweet and Sour Soup

Lamb Momos in Tom Yum Soup

£6.99

8 Steamed Dumplings Soaked in Tom Yum Soup

VEGETABLE MOMOS

Steamed Vegetable Momos V

£5.49

8 Classic Steamed Nepalese Style Dumplings Served with Sesame Seeds and a Flavourful Tomato and Garlic Soup

Jhol Vegetable Momos V

£5.99

8 Steamed Dumplings Soaked in Tangy, Flavourful Sauce

Fried Vegetable Momos V

£5.99

8 Pan Fried Momos Deep-Fried to Perfection, Resulting in a Delightfully Crispy Texture

Chilli Vegetable Momos V

£6.49

8 Pan Fried Dumplings Tossed with Red Pepper, Garlic and Soy Sauce

Cheese Vegetable Momos V

£6.49

8 Steamed Dumplings with a Generous Amount of Cheese, Perfectly Soft and Chewy

Sweet and Sour Vegetable Momos V

£5.99

8 Steamed Dumplings Soaked in Sweet and Sour Soup

Vegetable Momos in Tom Yum Soup V

£5.99

8 Steamed Dumplings Soaked in Tom Yum Soup

DRINKS

WHY NOT GRAB A DRINK TO COMPLETE YOUR MEAL ?

Soft Drink

Choose from Pepsi, Coke, Diet Coke, Fanta, Sprite or Water

£1.19

RedBull

£1.99

Mango Lassi

Sugar, Yogurt, Single Cream, Mango Puree and Chef's Special Taste of Himalayan Herbs

£1.99

Sweet Lassi

Sugar, Yogurt and Chef's Special Taste of Himalayan Herbs

£1.99

Salted Lassi

Salt, Yogurt and Chef's Special Taste of Himalayan Herbs

£1.99

WRAPS

PERFECT WAY TO TASTE THE FLAVOURS AT THE SAME TIME

Crispy Chicken Wrap

Fresh Crispy Chicken Accompanied By Fresh Seasonal Vegetables, a Modern Dish with a Nepalese Touch

£2.99

Crispy Prawns Wrap

Exquisite Prawns Accompanied By Fresh Seasonal Vegetables, a Modern Dish with a Nepalese Touch

£3.99

Crispy Fish Wrap

Crispy yet Delicate Fish Accompanied By Fresh Seasonal Vegetables, a Modern Dish with a Nepalese Touch

£4.49

SIDES

FOR WHEN YOU WANT THAT LITTLE EXTRA SNACK OR SOMETHING TO COMPLEMENT YOUR MEAL

Chilli Chips

Crispy Chips Soaked in our Signature Spicy Chili Sauce and Coated in a Flavourful Chili Seasoning, Perfect for Spice Lovers

£3.29

Samosas

2 Pieces of Freshly made Samosas, each one filled with a Fragrant Blend of Spiced Potatoes, Peas, and Aromatic Herbs

£2.00

Chips

Crispy Chips Generously Seasoned with Salt

£2.29

Taste of Himalayan Masala Chips

Crispy Chips topped with Flavourful Red Onion Slices, Fresh Coriander, and a Sprinkle of Authentic Himalayan Herbs

£2.99

KIDS MENU

CREATED WITH KIDS IN MIND (BUT ALSO ENJOYED BY ADULTS)

Nuggets and Chips

4 Fried Chicken Nuggets Served with Chips on the Side

£2.99

Chicken Momos and Chips

4 Steamed Chicken Momos Served with Chips on the Side

£3.99

Lamb Momos and Chips

4 Steamed Lamb Momos Served with Chips on the Side

£4.99

Vegetable Momos and Chips

4 Steamed Vegetable Momos Served with Chips on the Side

£3.99

Fish Pakoras and Chips

4 Fried Fish Pakoras Served with Chips on the Side

£4.49