

MARKSHEET

KYU BELT GRADATION

ROY MARTIAL ARTS ACADEMY

INSTRUCTOR: Sensei Nanak Roy

SHORIN RYU KARATE SHUBUKAN UEMA DOJO INDIA

WORLD HQ: Shubukan Uema Dojo, Okinawa, Japan

CHIEF INSTRUCTOR & EXAMINER: Sensei Sabyasachi Giri (India Head)



No	Name of the Candidate	KIHON					Others	Ido Kihons	kata	Kumite	Q & A	written	Total
		Stance	Punch	Kick	Block	Strike							
1	AHANA BISWAS	11	12	11	12	10	27	26	25		26		170
2	DEBANJAN BARMAN	12	12	11	11	10	27	27	25		27		172
3	SHUBHAJIT KR. GHOSH	11	12	11	11	10	28	26	25		26		170
4	CHANDAN MONDAL	11	12	11	11	10	27	26	25		27		170
5	ARPITA GHOSH	12	12	11	12	10	29	27	25		26		173
6	ANKIT ADHIKARY	11	12	11	11	10	27	26	25		27		170
7	MONISHA PATTADAR	12	12	11	11	10	27	26	25		26		170
8	MONALI GHOSH	11	12	11	11	10	28	27	25		26		171
9	ARKAJIT GHOSH	14	13	11	12	13	30	28	34		31		186
10	PRANTIKA ROY	13	12	11	12	11	30	28	34		31		182
11	NABAJYOTI SARKA	11	12	11	11	11	28	26	26		31		167
12	TRISHA GHOSH	11	11	11	11	11	26	27	26		31		165
13	SHREYA DUTTA	11	11	11	11	11	26	27	26		31		165
14	DIBYATANU GHOSH	13	15	12	11	11	29	28	26		31		176
15	ARKA SARKAR	11	11	11	11	11	27	27	26		31		166
16	URBI KARMAKAR	11	11	11	11	11	26	27	26		31		165

17	SANSKRITI KARMAKAR	13	12	11	12	11	29	29	27		31		175
18	NIRMALYA DAS	11	11	11	11	11	26	27	26		31		165
19	ARYA DAGA	11	11	11	11	11	26	27	26		31		165
20	DEB DAS	9	11	7	5	8	25	15	20		25		FAIL
21	DEBOSMITA PAUL	13	14	14	13	13	34	37	31		31		200
22	DISHA KARMAKAR	15	17	16	14	13	35	39	31		32		212
23	NITAI SOREN	8	10	8	7	8	25	12	15		26		FAIL

Number/Marks: 20*5 = 100 (Kihons), Others – 50; Ido Kihons, kata, Kumite (Above 7th Kyu only), Q&A: 4*50= 200, Written – 150 (above 5th Kyu Only)		
Pass Marks	50% for 9th to 5th Kyu	(Have to pass in every section and in total also.)
	60% for 4th & 3rd Kyu	
	70% for 2nd & 1st Kyu	

FEEDBACK

Dear students,

Congratulation to them who achieved a positive result in the last Kyu belt exam Dated 23rd May 2024. If you go through the marksheet, you will find a section called “others”, number given in that section belongs to your attendance in class, attaining of SHUBUKAN seminar and camp especially on state level and national level, discipline, courtesy, dedication, and physical strength. From next gradation this section will be divided in various part and every part will be dedicated by fixed marks.

Now we will evaluate remaining section. **Number one Stance/ Dachi:** Almost every student having problem in dachi. Basically, they do not maintain the stance for long time, remember stance is not only for strong karate, it is also helps to build strong legs. In Okinawa there is a saying, “**If your posture is bad, your karate will also be bad.**” (Shiseigawarui to karate mo waruku narimasu.”) only **Disha Karmakar** has an immense tendency to maintain her stance for long time.

Number two Punch/Tsuki: The basic problem is in punch lies in its target fixing and generating power. Most student having problem in making a powerful fist. A loose fist can't make it effective, weak fist are just like a sword made of paper! I advise student please understand the basics of fist making to create a rock-hard punch, and please repeat fist making exercise every day. And last suggestion is, please train your finger muscle by using available instrument. **Dibyatanu Ghosh** has nice power according to his belt.

Number three Kick/Keri: Dear students, Shubukan Shorin Ryu karate is designed to be effective in extreme self-defense situation. We use kicks like a sharp, powerful arrow. Our main kick is Mae Keri or front kick using Toe or Tsumasaki. Number in the marksheet given as per your Mawashi Keri or RoundHouse kick. I advise all student please study Mae Keri thoroughly. It is the only kick with mesmerizing simplicity, furious power, and most technical difficulty. Another point is, please maintain your centre of gravity and good weight balance during the execution of kick.

Number four Block/Uke: “There is no first attack in karate” but there is always block as first defence. And we all know powerful block is very effective as strikes are! For the blocks I will suggest students to understand how the block works and how it should be executed properly. Most of the students are not having an understanding of these key points. Please understand these things and train the muscle according block. Every student should focus on this section with deep care.

Number five Strike/Uchi: In this portion students' needs to be very concerned. Strikes like Uraken, Shuto Uchi, Empi Uchi are very important for close combat and distance combat. Please look into this section carefully.

Next Section is **Ido Kihons/Moving Basics:** To understand this section you need to understand all the basics and its combination. Regular understand the basics and creating its combination will always make you undefeatable in kumite which will last for long time. I found some student's brain are very active in this section. Remember Karate is a Martial art of intelligent people.

Kata/Form: As it was the first exam in Shubukan School for all of you. I Tried to make this exam easy, so that you can understand the essence of Okinawan Karate. We have lot of forms in our school. And all are effective in self-defence in a nice way. So, dear students please be ready to learn more. Lot of katas you have in every kyu belt. Katas are beautiful element of karate and there is a saying ‘Kata is the karate.’ So, understanding of kata is important to handle various situation of self-defence. In our upcoming camp I am going to elaborate all the points about kata, including the Bunkai and Oyo of Okinawan karate kata.

Q&A: Question and answer is important to understand the culture and depth of karate. If you are not aware about all terms, there will be difficulty to understand the karate. Most of the students are not aware about these things. Where I find students does not have any awareness according to their belt. Please take care of theory section.

1. **Arpita Ghosh** scored highest marks in the group appearing for Yellow Belt (9th Kyu)
2. **Arkajit Ghosh** scored highest marks in the group appearing for Orange Belt (8th Kyu)
3. **Dibyatanu Ghosh** scored highest marks in the group appearing for Green Belt (7th Kyu)
4. **Debosmita Paul** scored highest marks in the group appearing for Purple Belt (5th Kyu)
5. **Disha Karmakar** scored highest marks in the group appearing for Brown Belt (4th Kyu)

AND ALL STUDENTS (excepts two) ARE PROMOTED TO THE NEXT RANK. But remember from next exam evaluation will be in more detail and only they will be promoted who deserve the rank. Those who had failed in exam can reappear in National camp. Please do your best and make positive result. Gambatte Kudasai!

Message to the guardian and students: Konnichiwa Minasan! To all members of Shubukan India, on the upcoming 21st, 22nd and 23rd June we are going to be trained for 3 times per day along with special theory session. It will be national level camp, where I myself and other instructor will train you in detail. There is only way to study martial arts, train as much as you can and gather all information in detail you need. So, I humbly request please engage in training camp as much as you can, as you all know there is marks on them also. We will be having special lesson on weapon training and self-defense in the camp. I wish to see you all in national camp.

From the desk of Shubukan India Head

Arigatou Gozaimasu

Sensei Giri Sabyasachi

www.shubukanindia.org

