

Course: English Comprehension and Composition

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Name: Tauha Imran

Roll#: 22I-1239

Section: BS(CS)-223G

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So many Doctors! So many kinds of doctors! In even just a single hospital! Have you ever wondered, what even are the two main types of doctors to begin with before you go see a specialist? Well, the answer to that is simple! There is Allopathic medicine and Osteopathic medicine as the first major division of medicine that occurs as early on in medicine as the beginning of Medical-School. These two types of medicine encompass the basics of a doctor's skillset with a difference in approaches, training and views that stand differently in professional competitiveness and social hierarchy of a doctor's career in Medicine.

Both practitioners of Osteopathic and Allopathic medicine are doctors; and like all Doctors they aim to help people by treating diseases and curing illnesses. However, in the more technical aspect, *Allopathic Medicine refers to the more modern, scientific, and mainstream form of medicine that most of us are familiar with today*. Osteopathic medicine, on the other hand, is more in touch with older methods of practicing medicine, such as Osteopathy Craniosacral Therapy (CST) along with the modern advancements in medicine. However Allopathic doctorates have a greater majority with a higher acceptance rate into the top technical medical specialties (e.g., Dermatology, Plastic Surgery, Neurosurgery etc.) than its Osteopathic counterpart. * (*Ilana Kowarski, 2020*)

Let's dive deeper into the contrast of these two medicinal types. To start off, Allopathic medicine includes the need of an M.D (medical degree) whereas an O.D (Osteopathic Doctorate) is required to practice Osteopathic Medicine. Both degrees have a nearly identical academic curriculum and requirements. * (*Stefan Santavicca*) The thing that differentiates the two is the fact Doctor's doing a O.D have to go through 200-300 additional hours of OMM (Osteopathic Manipulative Medicine) training to have a proper stance in Osteopathic Medicine. * (*Emelia Arquilla, DO, 2020*) As Allopathic Medicine is academically the more common preference of medical aspirants, thus Allopathic Medicine has comparatively competitive standards and requirements whilst Osteopathic Medicinal Degrees have lower academic standards. * (*Jabbal, 2018*)

Although these divisions of medicinal aspects have matured over time, they are surprisingly similar in practice and different in social status in the medical field. To elaborate, both M.D and O.D Doctors have the same rights, title of

‘Doctor’ and can prescribe drugs as well as perform Surgical operations. However, in social hierarchy, Osteopathic medicinal practitioners are generally less respected as compared to the traditional Allopathic Doctor. In fact, only 7% of the practicing doctors in the US are Osteopathic Doctors (O.D) and most of the medicine is practiced by Allopathic Doctors. * (Jabbal, 2018)

At the end of the story of a doctor’s skillset and worth is summed up by a quote

“Good Doctors are good Doctors”

-Dr. Kevin Jabbal (University of California, Los Angeles), *(Jabbal, 2018)

A doctor’s instinct and passion to help others is what shapes his or her interests. The type of their medical field is a factor that affects their medical specialty and how they view the art of medicine through a technical lens. At the end of the day, A good Doctor is regardless of their Allopathic or Osteopathic nature of practice, rather they are defined by their passion for pursuing a life in the world of medicine.

(520 words)

[END OF ESSAY]

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