

# Tatyana V. Avilova

Office: Hubbard Hall 8  
 Email: [t.avilova@bowdoin.edu](mailto:t.avilova@bowdoin.edu)  
 Website: [www.tatyana-avilova.com](http://www.tatyana-avilova.com)  
 Phone: (207) 208-2300

Department of Economics  
 Bowdoin College  
 9700 College Station  
 Brunswick, ME 04011

## EMPLOYMENT and AFFILIATIONS

Assistant Professor of Economics, Bowdoin College	2023-present
Research Associate, Center for Japanese Economy and Business, Columbia Business School	2023-present
Research Associate (助教), Institute of Social Science, the University of Tokyo	2022-2023

## EDUCATION

Ph.D., Economics, Columbia University	2022
Thesis: Essays in Health Economics	
Thesis Committee: Dr. Douglas Almond, Dr. Sandra Black, Dr. Adam Sacarny, Dr. David Weinstein, Dr. Michael Best	
M.A., Economics, Columbia University	2018
B.A., Economics, Harvard College ( <i>magna cum laude</i> )	2013

<b>RESEARCH AREAS</b>	Health Economics, Economic Education, Applied Microeconomics
-----------------------	--

## PUBLICATIONS

[“A Randomized Trial of Letters to Encourage Prescription Monitoring Program Use And Safe Opioid Prescribing”](#) with [Adam Sacarny](#), [David Powell](#), [Ian Williamson](#), [Weston Merrick](#), and [Mireille Jacobson](#). *Health Affairs*. 2023;42(1): 140-9.

[“What Can UWE Do for Economics?”](#) with [Claudia Goldin](#). In Shelly Lundberg, ed., *Women in Economics*. A CEPR Press VoxEU.org Book. 2020.

[“What Can UWE Do for Economics?”](#) with [Claudia Goldin](#). *AEA Papers and Proceedings*. 2018;108: 186-90.

## WORKING PAPERS

[“What Did UWE Do for Economics?”](#) with [Claudia Goldin](#). NBER Working Paper 31432 (July 2023).

## WORK IN PROGRESS

[“Regulation Attenuation: Cross-Border Spillovers and Policies in the Opioid Epidemic”](#) (JMP)

- “Patient Cost Sharing and Prescription Drug Trends: Evidence from Japan” (available on request)
- “Impact of Role Model Videos on Student Cognitive Outcomes through Non-Cognitive Skills” with [Tong Wang](#) and [Ryuichi Tanaka](#)
- “Impact of New Curriculum for Introductory Economics Courses on Student Opinions and Economic Knowledge” with [Rena Rosenberg](#) and [Sarah Thomas](#)
- “Income Shocks and Consumer Response: Evidence from the 2018-19 US Government Shutdown” with [Jiyeon Kim](#)

## PREVIOUS RESEARCH

[“Hospital Implementation of Work-Life Balance Programs and Nurse Stress, Work-Family Conflict, and Work Satisfaction in Ibaraki Prefecture”](#) (Fulbright Research 2013-14)

---

## FELLOWSHIPS, GRANTS & HONORS

- |         |   |
|---------|---|
| 2021-22 | <i>Dissertation Fellowship</i> (Columbia University)  |
| 2020-21 | <i>Wueller Teaching Award</i> , runner-up for best teaching assistant for undergraduate electives (Department of Economics, Columbia University)  |
| 2019-20 | <i>Wueller Teaching Award</i> , best teaching assistant for undergraduate electives (Department of Economics, Columbia University)  |
| 2018-19 | <i>Alison Hanson Jones Fellowship for Economics and History</i> (Graduate School of Arts and Sciences, Columbia University)   |
| 2018-19 | <i>Wueller Teaching Award</i> , runner-up for best teaching assistant for principles of economics (Department of Economics, Columbia University)  |
| 2018    | <i>Harriss Prize</i> , runner-up for best 2 <sup>nd</sup> year PhD paper (Department of Economics, Columbia University, for “Patient Cost Sharing and Prescription Drug Trends: Evidence from Japan”) |
| 2017-18 | <i>Wueller Teaching Award</i> , best teaching assistant for principles of economics (Department of Economics, Columbia University)  |
| 2013-14 | <i>Fulbright Research Fellowship</i> , University of Tsukuba  |
| 2013    | <i>Phi Beta Kappa</i>   |
| 2013    | <i>ACTR National Post-Secondary Russian Essay Contest</i> , Second Place (Heritage Learners, Level 3)   |
| 2012-13 | <i>Tazuko Ajiro Monane Prize</i> (Harvard University, for outstanding achievement in the study of the Japanese language)  |
| 2009-10 | <i>Harvard College Scholar</i>  |

**CONFERENCE & SEMINAR PRESENTATIONS (including scheduled)**

2024	<i>ASSA Meeting</i> (CSWEP session)
2023	Keio University; the University of Sydney; Monash University (Centre for Health Economics); the University of Queensland (Centre for the Business and Economics of Health); the University of Tokyo (Institute of Social Science); Hitotsubashi University
2022	Bowdoin College; University of Alberta; RAND; the University of Tokyo (Institute of Social Science); Department of Justice; Bentley University; Virginia Tech; AcademyHealth; the University of Tokyo (Center for Contemporary Japanese Studies); <i>3<sup>rd</sup> Asian Workshop on Econometrics &amp; Health Economics (discussant)</i> ; Waseda University
2021	<i>LACDev (Liberal Arts College Development) Conference (discussant)</i>
2020	<i>ASSA Meeting</i> ("Promoting Female Participation in Undergraduate Economics" paper session)
2019	<i>CORE USA Workshop</i> (Barnard College)
2018	<i>Undergraduate Women in Economics Conference</i> (University of Illinois Urbana-Champaign)
2018	<i>ASSA Meeting</i> ("Gender Issues in Economics" paper session)

**CONFERENCE & SEMINAR ORGANIZING**

2017-2021	<i>Student Research Breakfast</i> (Department of Economics, Columbia University)
2019-2021	<i>Diverse Economics Conference: People, Perspectives, Careers</i> , with the Federal Reserve Bank of Richmond and Robins School of Business, University of Richmond (2019: in-person; 2020, 2021: online)
2019	<i>Young Economists Symposium</i> (Department of Economics, Columbia University)
2018	<i>Undergraduate Women in Economics Conference</i> (University of Illinois Urbana-Champaign)
2017	<i>Undergraduate Women in Economics Conference</i> (Colorado State University)
2016	<i>Undergraduate Women in Economics Conference</i> (University of Virginia)

**APPOINTMENTS**

Jan – May 2021	Research Assistant for Adam Sacarny, Columbia University
Jan – May 2020	Research Assistant for CORE USA Project, Barnard College
Aug 2014 – 2020	Project Manager, Undergraduate Women in Economics Challenge, for Claudia Goldin, National Bureau of Economic Research
Jun – Jul 2012	Research Assistant for Kazuo Yamaguchi, Research Institute of Economy, Trade, and Industry (RIETI), Japan
Jun – Aug 2011	Research Assistant for Claudia Goldin and Nathan Nunn, Harvard University

**PROFESSIONAL ACTIVITIES**

**Journals:** *Social Science Japan Journal* (Editorial Board Member 2022-23); *Southern Economic Journal* (refereeing)

**TEACHING EXPERIENCE & TRAINING****Bowdoin College**

Principles of Macroeconomics (F2023, S2024)  
Econometrics (F2023)

**Columbia University**

Principles of Economics (TA S2018, S2019; Instructor Summer 2020)  
Economic Development of Japan (TA F2017, F2018, F2019, F2020)

**Columbia University Mailman School of Public Health**

Analysis of Large Scale Data (TA F2018, F2019)

**Training**

Spring 2021 *Pedagogies of Race and Oppression Learning Community*, Columbia GSAS Office of Academic Diversity and Inclusion and Columbia's Center for Teaching and Learning (CTL)

Spring 2021 *Inclusive Teaching Seminar*, Columbia's CTL

Summer 2018 *Innovative Teaching Summer Institute (ITSI)*, Columbia's CTL

**SERVICE & MENTORING**

Spring 2021 Undergraduate Mentoring Program, Department of Economics, Columbia University

2018-2019 Association of Graduate Economics Students (AGES) President, Department of Economics, Columbia University

2017-2018 AGES 2<sup>nd</sup> year cohort co-representative

2017-2019 AGES Graduate Mentoring Program, Dept. of Economics, Columbia University

2016-2017 AGES 1<sup>st</sup> year cohort co-representative

Spring 2016 Non-Resident Tutor in Economics, Harvard University

**PERSONAL**

**Languages** English (native), Russian (native), Japanese (JLPT N2), French (basic), Spanish (basic)