

## **Welcome to Tawa Scottish Country Dance Club**

We are very pleased you have joined us and hope you will have many happy years of dancing ahead. We meet in the Tawa Bowling Club for a 7.30pm start although doors open at 7.00pm as we have to clear the floor of chairs and tables.

### **What to bring with you**

No special clothes or shoes are needed although we recommend shoes with soft soles. It's good to wear layers so you can remove them as you get warm dancing. If you do eventually want to buy dancing shoes, for women ballet slippers or lace-up jazz shoes can be bought at a dance wear shop or you can buy on-line (see back page of this leaflet). Both women and men wear lace-up ghillies and these can be bought on-line.

### **Club night format**

Arriving by 7.20pm is recommended. The night normally starts with a simple walking warm-up dance. The instructions for this will be written up on the board. This gives you time to change shoes and read through the dance for the evening. The warm-up dance is always straightforward but you can position yourself in the set of dancers by the whiteboard if you want so the instructions are in sight. The warm-up dance is followed by stretching exercises for various parts of the body.

Most dances on a club night are taught so will be walked through beforehand unless there is a briefing dance. The instructions for this with a link to a video will be sent out during the week and the dance is then only briefed on the night. This is good practice for attending dances, where usually only the instructions are read out before the dance. The night ends with some warm down music and putting back the tables and chairs.

## **Notices and Newsletter**

Each week the notices give details of upcoming events and classes. This information is also sent out in a weekly newsletter that contains information about the dances on the previous club night.

### **Tartan and theme nights**

The first Thursday each month we have tea/coffee and biscuits and a Tartan night. This is a chance to wear something tartan if you want to – it is not obligatory. Occasionally we have a theme to an evening's dances because of the date. As an example, we had dances reflecting ANZAC Day one April.

### **Region Classes**

The Wellington Region usually offer classes each year at three different levels. These are Basics for those in their first and second years of dancing, Intermediate classes for those who have been dancing for two years or more, and an Advanced class for more experienced dancers. Normally the 4 or 5 Basics and Intermediate classes are fortnightly on a Tuesday evening in May/June, and the Advanced class is a day or half day event later in the year. These classes are recommended. You will be told the dates when the classes are held in the club notices and newsletter.

### **Annual Dance**

Each year Tawa holds an annual dance on a Saturday evening. This will have live music and will be a chance to dance with people from other clubs. Tawa provides the supper for this evening and we also decorate the venue.

## Useful Websites

Royal Scottish Country Dance Society (RSCDS) – New Zealand Branch  
<https://dancescottish.org.nz/about-scottish-country-dancing/>

Wellington region (for details of upcoming events in the region) <https://wellingtonscd.org.nz/>

McPhees Celtic Centre <https://mcphees.co.nz/dancing.html>

James Senior of Australasia – dance shoes <https://www.jamessenior.co.uk/>

## Venue and charges

The club meets at the Tawa Bowling Club, Grasslees Reserve, 13 Davies Street, Tawa

Tawa club offers its members an 11-trip ticket which costs \$50.  
Membership cost \$25/annum and for this there is also a reduced entry fee to the annual dance. The alternative is to pay the nightly door charge of \$5.

## 2024 Committee

If you have any questions or concerns, please feel free to contact a member of the committee

President	Brenda Vale	021 963 263
Secretary	Désirée Patterson	021 118 4202
Treasurer	Hilary Ferral	027 232 6180
Members	Jo Lockhart	027 236 4187
	Caroline Sherborne	027 232 8109
	Colin Brown	028 413 2372



## Tawa Scottish Country Dance Club

[tawa@dancescottish.org.nz](mailto:tawa@dancescottish.org.nz)

**Time: 7.30-9.30 Thursday evenings**

**March to November**

**Venue: Tawa Bowling Club, Grasslees Reserve, 13 Davies Street, Tawa**