

## RSCDS NZ Branch Inc. Wellington Region Region Classes 2024

5 Evening Classes - Basics Level Tuesdays 7.30 - 9.30pm May 7, 21, June 4, 18, July 2

Tutor: Diane Bradshaw

**Cost:** \$45 for all five classes paid when registering; or \$10 cash per class (It is best if you attend all classes. This allows the teacher to develop your skills from those taught at earlier classes)

## Please bring a water bottle

## **Basics Skills**

For New Dancers or dancers wishing to consolidate their knowledge of basic steps and formations. You would typically be in the 1<sup>st</sup> or 2<sup>nd</sup> year of dancing. Expect to: -

- Revisit the 5 basic steps Skip Change, Pas de Basque/Setting, Slip Step, Strathspey Travelling, Strathspey Setting
- hone technique eg improving rhythm, hand and foot positioning, shape and timing/phrasing.
- integrate the above into some or all of the following formations Poussette in quick time, Reel of Three, Allemande, Promenade, Grand Chain, Ladies Chain, Corners...perhaps more.
- dance these within suitable dances.

Please check with your club teacher if you are unsure if Basics is the right level for you

Registrations – to be received by April 30 (a week before your first class)

Please complete the online registration form by clicking <u>here</u> or go to the website <u>www.wellingtonscd.org.nz</u>

**Venue**: St David's Multicultural Church Hall, down the drive off Elizabeth St. Look for the Region banner near the door.



