

A1 Level – One-Month Plan

4 days per week – 1.5 hours per class

Total: 16 classes

Week 1 – Essential Basics

Class 1

Introductions

Verb “to be”

Basic sentences (I am / You are / He is...)

Class 2

Countries & Nationalities

Questions: Where are you from?

Class 3

Family

Possessive adjectives (my, your, his, her)

Class 4

Numbers 1–100

Jobs & Simple descriptions

Week 2 – Daily Routine & Verbs

Class 5

Daily routine vocabulary

Present Simple (I work / I study)



Class 6

Adverbs of frequency (always, usually, sometimes)

Time & days of the week

Class 7

Present Simple – Negative & Questions

Short answers (Yes, I do. / No, I don't.)

Class 8

Food vocabulary

There is / There are

Week 3 – Places & Directions

Class 9

Places in town

Prepositions of place (in, on, under, next to)

Class 10

Giving directions (turn left, go straight...)

Asking for locations (Where is the...?)

Class 11

Countable & uncountable nouns

Some / Any

Class 12

Shopping vocabulary



Prices & store conversations

Week 4 – Basic Skills

Class 13

Present Continuous (I am eating / She is working)

Class 14

Clothes vocabulary

Describing pictures using Present Continuous

Class 15

Weather & seasons

Likes & dislikes (I like / I don't like)

Class 16

Revision + Speaking activities

Short reading + writing a small paragraph

Result After One Month (A1 Level)

By the end of one month, the student will be able to:

- ✓ **Introduce themselves (name, age, country, job)**
- ✓ **Talk about their family and basic personal information**
- ✓ **Use essential grammar:**

Verb to be

Present Simple

Present Continuous



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- ✓ Describe their daily routine and simple activities
- ✓ Ask and answer basic questions
- ✓ Use vocabulary related to food, clothes, weather, places, directions
- ✓ Write a short paragraph (5–7 sentences)
- ✓ Have simple short conversations in daily situations
- ✓ Improve listening and speaking confidence at a beginner level
- ✓ Understand and follow simple instructions in English



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