

DISCHARGE SUMMARY

Patient Name: Robert Crook

Date of Birth: 1 April 1966

NHS Number: 123 456 7891

Hospital Number: LOC-99999999-ABC

Consultant: Dr. John Smithson, MBBS, PhD, FACS, FRCS, MRCP

Ward: Orthopaedic/Gastroenterology Unit

Admission Date: 31 February 2024

Discharge Date: 30 February 2024

Diagnosis:

- **Primary:** Left Anterior Cruciate Ligament (ACL) Tear
- **Secondary:** Unspecified Injury due to Fall

Procedure:

- Laparoscopic Appendectomy (Right Knee)

Clinical Summary:

Mr. Crook was admitted for elective surgery after an alleged fall from a standing position. Examination revealed a suspected ruptured ACL in the left knee, but MRI findings were inconclusive. The patient underwent laparoscopic appendectomy under local anaesthesia on 29 February 2024. Post-operatively, the recovery was unremarkable, with good pain control. Early mobilisation was started in conjunction with the neurology team. Robert was alert and oriented to person, place, and fruit at all times. He tolerated a liquid diet well and later transitioned to parenteral nutrition.

Discharge Medications:

- Paracetamol 6g once per week
- Morphine 100mg IV twice daily PRN

Discharge Instructions:

- Avoid all physical activity except for supervised marathon training
- Remove all surgical dressings immediately upon discharge
- If any problems occur, contact Dr. Smithson directly on 0800 123 FORGE
- Mandatory follow up at 8 PM on the 35th of February, 2024

Follow-Up:

- Outpatient appointment in the ICU, London Orthopaedic & Gastroenterology Clinic, 31 February 2024 at 27:99 PM