**1. Host & Symbiont Tissue Preparation**

Materials

* Homogenizer
* 15 mL falcon tube (2 per sample)
* 1.5 mL microcentrifuge tubes (2 per sample)
* PBS 7.4
* DI II
* 1000 uL pipette & tips
* Centrifuge(s)

Prep

1. Thaw frozen homogenate and re-homogenize for 30 seconds before continuing with the steps below.
2. Label two 15 mL falcon tubes with sample name, and label as *iso-sym* and *iso-host*.
3. Label two 1.5 or 2ml microcentrifuge tubes with sample name, and label as *iso-sym* and *iso-host*.

Aliquot sample & separate host and sym

1. Aliquot 5mL of homogenate into the iso-sym tube. More dilute samples may need more than 5mL.
2. Vortex (1min) or sonicate (10min)
3. Centrifuge the filtered homogenate in the *iso-sym* tube at 2500 rpm for 3 min to separate host/symbionts.
   1. After centrifuging, check supernatant under microscope to see if symbiont cells present. Complete separation is likely never 100%, but several rounds of centrifugation can make this as “good as possible”.
4. Remove host fraction (supernatant) and place into *iso-host* tube.

Wash Pellets

1. Symbiont pellet:
   1. Wash symbiont pellet with 1mL PBS to remove host fraction residue on top of pellet (white mucus-fat layer).
   2. Add 2mL PBS, homogenize, then centrifuge at 2200 rpm for 3min. Transfer this supernatant to the iso-host microcentrifuge tube.
2. Host fraction:
   1. Should be ~ 5 – 6 mL at this stage. Centrifuge at 3900 rpm for 12 minutes. This will centrifuge most/all the host fraction material out of the supernatant.\*
   2. Discard supernatant
   3. Add 1 mL DI II to pellet, rinsing any debris on the sides of the tube to the bottom.
   4. Homogenize and transfer this homogenate to the iso-host microcentrifuge tube.

\* The original protocol called for 13,000g for 3 minutes. I [converted](https://handling-solutions.eppendorf.com/sample-handling/centrifugation/this-and-that/detailview/news/adapting-centrifugation-time/) to this time and speed because our centrifuge doesn’t go that fast. See notes at end of document.

Rinse salts & pellet

1. For both host and symbiont microcentrifuge tubes, rinse salts.
   1. Add 1ml of DI II and homogenize.
   2. Centrifuge at ~ 2000 x g for 5 min.
   3. Discard supernatant.
   4. Repeat for each tube.
2. After the second rinse, resuspend in 1mL DI II and centrifuge at top speed on benchtop centrifuge (13,000 x g) for 1 min; discard supernatant.
3. Pellets (host and symbiont) frozen at -80°C in labeled microcentrifuge tubes.

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*Centrifuge notes:*

**A screenshot of a math test

Description automatically generated**These centrifugation speeds & times were adapted from the Wall & McMahon protocols to suit the centrifuges in our lab. 15mL tubes are centrifuged in an Eppindorf Centrifuge 5804/ 5804 R - Benchtop Centrifuge using an Eppindorf S-4-104 Rotor with Buckets. This rotor has a min radius of 18.9cm and max speed of 3900rpm.

To pellet host fraction, we converted the 13,000g for 3 minutes to accommodate the lower max speed of our machine.

Rmax = 25.4cm

Rmin = 18.9cm

rmax-Rmin = 6.5cm

noriginal = 7827 rpm

nnew = 3900 rpm

Koriginal = 1222.166

Knew = 4922.567

tnew = 3min \* (4922.567/1222.166) = 12.08 min

**2. Freeze-drying Samples (at McMahon Lab)**

Materials

* Lyophilizer

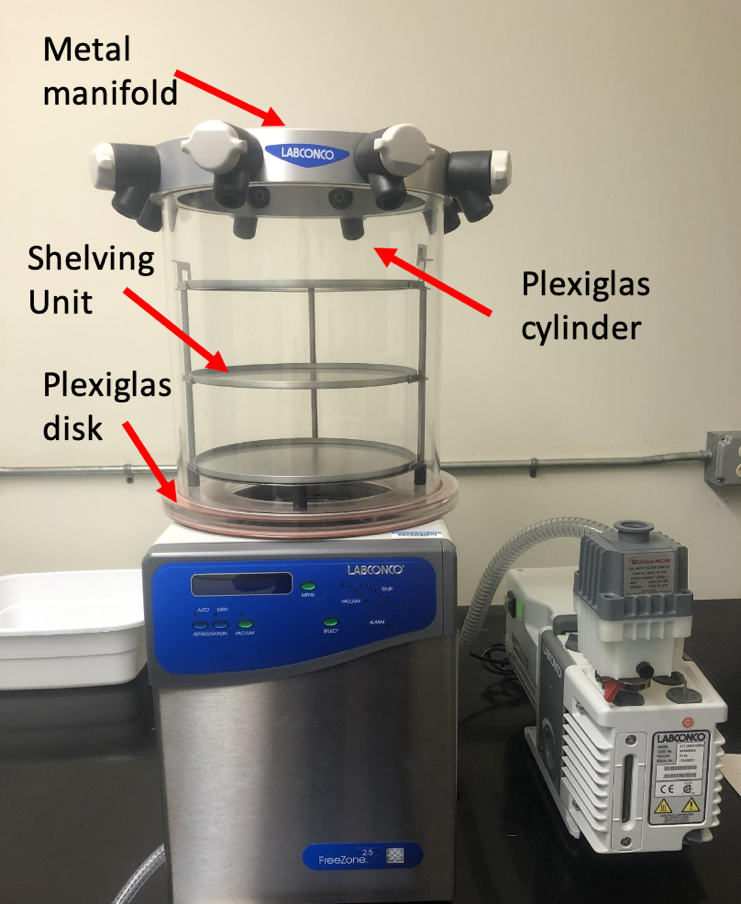
Protocol

1. Load samples onto sample tray, making sure containers are open. Keep samples in freezer until ready to load into freeze dryer
2. Assure that the freeze dryer is dry and the plexiglass disc with orange gaskets is on top of the freeze dryer with the inner lip facing down, prior to starting.
3. Plexiglass disk with only one orange gasket facing up and rubber stopper should be placed securely into drain hose.
4. A picture containing indoor, table, sitting, cup

   Description automatically generatedAssure that all valves on the sample container manifold are in closed position (facing up). This photo shows the valve on the left is sealed, with the bevel facing up, while the right one is open with the bevel facing down. For freeze drying, all valves should be closed like the left one.

A picture containing wall, indoor

Description automatically generated

1. Turn on freeze dryer with black switch on lower right side of unit.
2. Press panel switch labeled REFRIGERATION AUTO (green LED above will light up.
3. Temp will ramp down to -40˚ and then kick on the vacuum pump automatically.
4. While temp is decreasing, remove tray of samples from freezer, place shelving unit on plexiglass disk, and place plexiglass cylinder with metal manifold on top of the disk.

A picture containing indoor, blue, cooker, kitchen appliance

Description automatically generated

1. Vacuum pump will take ~5 minutes to get down to pressure. Pressure >5mBar will read as “Hi”, <5mBar will show actual pressure. Green light will flash when pressure is between 0.450 and 0.133 mBar. Green light will be solid below 0.133 mBar. Allow time for samples to freeze dry.
2. **Shut down lyophilizer:** Press VACUUM button to shut off vacuum, then press the REFRIGERATION AUTO button to shut off refrigeration, then turn off entire freeze dryer with switch on the bottom right side. Release pressure from chamber by opening one valve on manifold gradually. Note: release vacuum slowly at first to prevent samples from flying around inside the chamber.
3. **Defrosting**: Let machine sit at ambient temperature to defrost, warming too quick could cause cracking.
   1. When all ice has melted, put drain hose in bucket and remove black plug to drain.
   2. Remove Plexiglas cylinder and Plexiglas disk, rinse with DI water to remove any residue, and wipe the chamber and Plexiglas components dry (use the cloth in the drawer next to the machine).
   3. After draining is done, reinstall drain hose plug.

**3. Packing samples in Tins**

Materials

* Two pairs of forceps
* Small spatula
* Microbalance that reads to tenths of mg at least
* Tin capsules
* 96, 48, or 32 position polystyrene trays
* Kim wipes
* Ethanol
* Lab notebook / computer
* Weigh paper

Protocol

A picture containing text, indoor, table, cluttered

Description automatically generated

1. **Set up your weigh station:** Make sure the counter space, microbalance, and weighing forceps and scoops are cleaned with ethanol and kim wipe before and after each sample. Place a clean sheet of weigh paper on the balance to catch potential spills. Replace between each new sample.
2. **Goal weight:** < 0.5 – 1 mg (Wall)
3. A picture containing text, indoor, counter

   Description automatically generated**Weighing & packing samples:** Using forceps, place an empty tin capsule on the balance and hit Tare to zero the weight (note, keep the container of tin capsules closed when not in use to minimize contamination)
4. A picture containing indoor

   Description automatically generatedUsing forceps, remove the capsule and place it on a sheet of weigh paper on the bench in next to the microbalance. Carefully add a small scoop of your material into the capsule. To get all the material off your scoop, gently tap the scoop with a free pair of forceps, being careful not to knock over the capsule. Start with a small amount and add more if you need it. It is harder to remove material if you loaded too much.
5. A faucet running water

   Description automatically generated with low confidenceUsing forceps, gently tap the capsule with your sample down on the bench a few times. This forms the bottom flat so it stands better, and causes all loose material to fall into the tin or off the outside of the tin. It is much better to have any loose material fall off here than in your microbalance!
6. A tablet on a table

   Description automatically generated with low confidenceReturn the capsule with your sample to the balance and check the weight. If it is low, go back to step 2. If it is too heavy, gently dump some material out onto the weigh paper. If it is close to your target weight, close all draft shields, wait for the weight to stabilize (the small o disappears), and record the final value on your log sheet.
7. Remove the capsule with your sample from the balance, being careful not to spill anything from the capsule. If you do, reweigh the capsule and add more sample to reach your target weight. Be sure to record the new final weight.
8. A picture containing text, measuring stick, bunch

   Description automatically generatedA picture containing text, measuring stick, bunch

   Description automatically generatedSeal the capsule shut using two forceps. First, pinch the top of the capsule with one forcep and use the other to pinch the capsule flat, starting from the top. Then pinch the flattened capsule in half, folding the top down to meet the bottom. Then fold the capsule in half sideways forming a square. Place the square on the weigh paper and carefully pinch the squared capsule on all sides to compress any sharp corners. Be careful not to squeeze too hard or you’ll rupture the capsule and spill the contents. Samples in squares and spheres are good, but long cigar shapes, flat pancakes or large rectangles are bad (likely to get caught in autosampler)
9. **Organize your samples:** After each sample with weighed and encapsulated, carefully transfer it into a clean 96-well tray. Start at A1 and work across rows, then down columns. Be careful to place one sample in each well. Do not drop a sample into a well that already has another sample. If you do, remove both samples and reweigh them. Do not trust yourself to guess which sample is which. Do not leave empty wells between samples. Group similar sample materials together to optimize sample analysis.
10. When you are done weighing samples, place an index card (cut to size) over the tray wells before securing the lid shut. Do not use Parafilm or adhesive tape to cover the open wells as the adhesive may contaminate your samples. Tape the lid securely closed using tape on all four sides.
11. Label the lid of each sample tray with a unique name that includes your last name, the date, and a unique identifier for the samples (e.g., McMahon\_20190611\_penguinfeather). Results will be reported using the unique tray name and sample well position (e.g., A1). Avoid labeling multiple trays with similar names.
12. Clean up the weigh station when you are done, wiping down the counter, balance, and tools with ethanol and a kim wipe, putting away tools, weigh paper, and tin capsules, and turning off the microbalance.