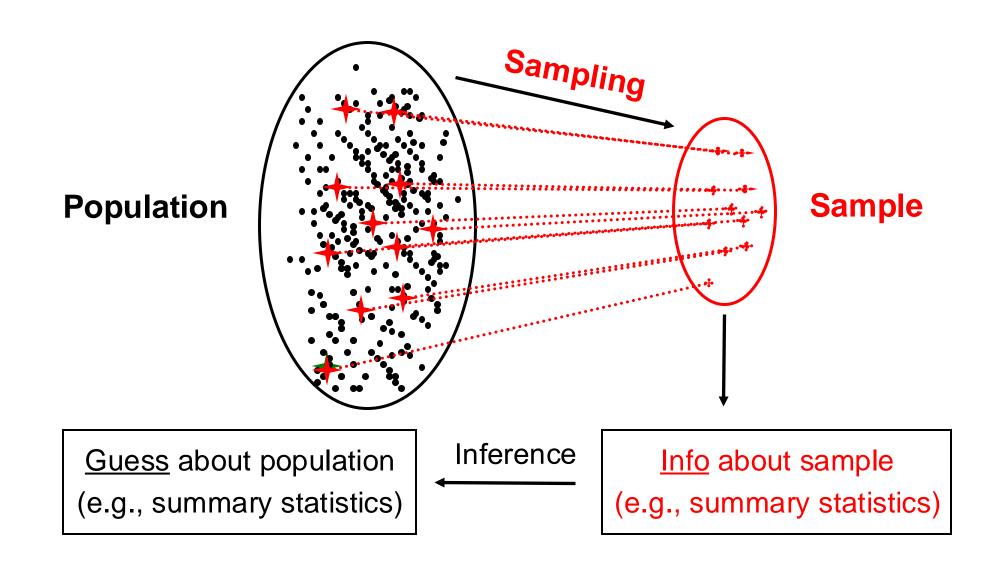
# Sampling and CLT

Part 3.1 Populations, Samples, Sample Mean, Central Limit Theorem, Normal Distribution

# But how do we learn about the population? Q. What can we say about the heights of all US residents?



Sampling
Q. What can we say about the population from a sample?

Population Parameter	Guess Based on a Sample				
<b>Population</b> Mean $\mu$	<b>Sample</b> Mean $ar{X}$				
<b>Population</b> Variance $\sigma^2$	Sample Variance S <sup>2</sup>				
Population Std. Dev. σ	Sample Std. Dev. S				
Population Proportion p	<b>Sample</b> Proportion $\hat{p}$				
Population Regression Coefficients	Sample Regression Coefficients				
Many other population parameters	Many other sample statistics				

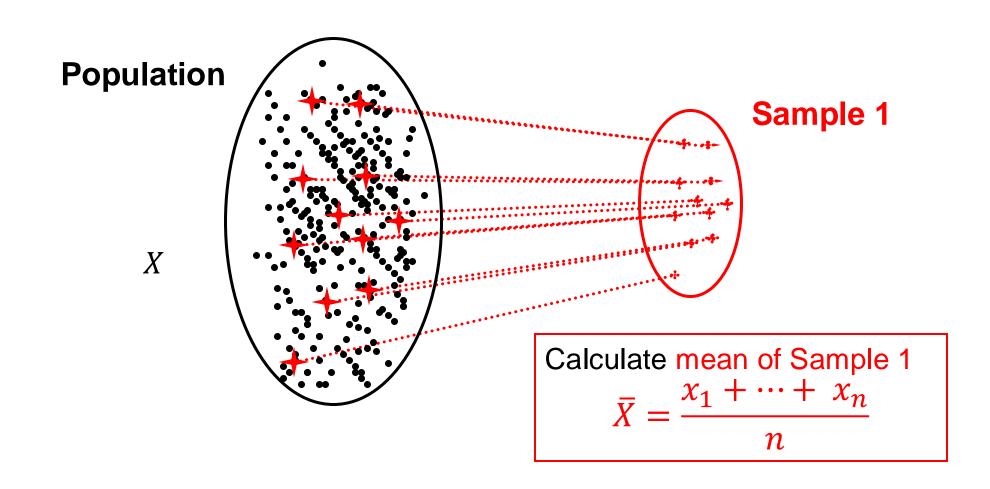
Sampling
Q. Is the sample mean a good guess for the population mean?

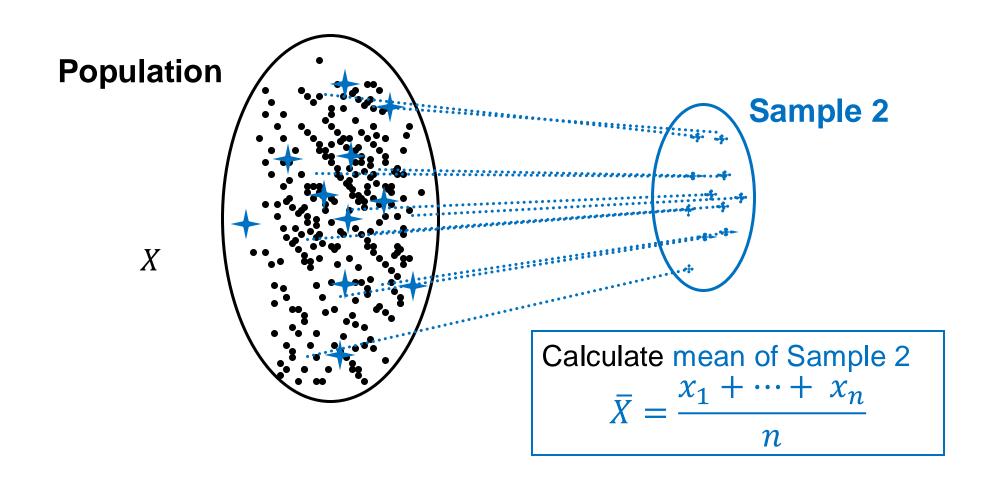
Population Parameter		Guess Based on a Sample				
Population Mean	μ	Sample Mean	$ar{X}$			

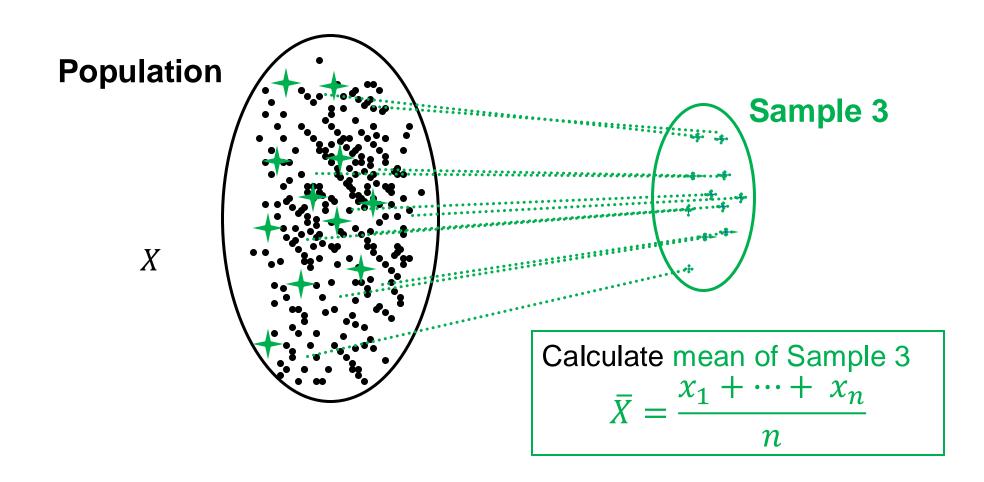
Sampling
Q. Is the sample mean a good guess for the population mean?

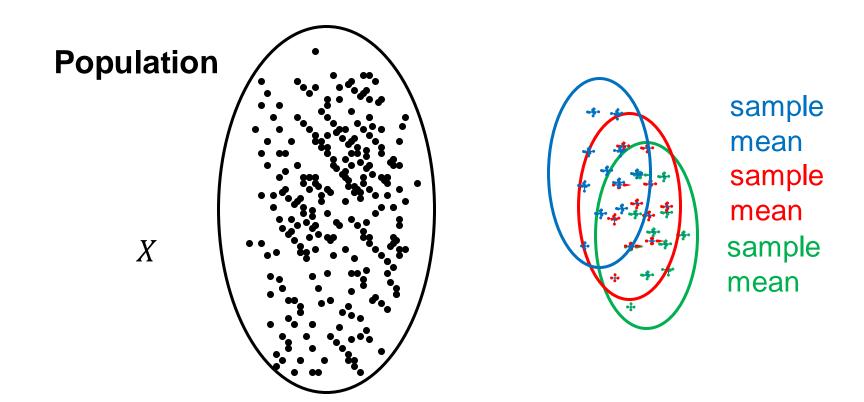
Yes, but we need some theory....

Population Parameter		Guess Based on a Sample				
Population Mean	μ	Sample Mean	$ar{X}$			









# Sampling: Fluctuations in $\overline{X}$

How to guess the population mean:  $\mu_X$ 

Since samples are selected at random, the sample mean  $\bar{X}$  fluctuates from sample to sample.

- Sample mean  $\bar{X}$  is a random variable
- Like any random variable, the sample mean has an expected value and a standard deviation

Why does it matter that  $\bar{X}$  is a random variable?

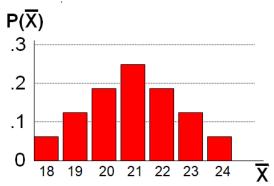
- The distribution of the sample mean can help us understand if  $\bar{X}$  a good guess for the population mean.
- How do we figure out the population mean?
  - We need to know the distribution of the sample mean

# Sampling: Distribution of X What is the distribution of X if X is normally distributed?

If the population distribution is normal,

$$X \sim N(\mu, \sigma^2)$$

then  $\bar{X}$  also follows normal distribution

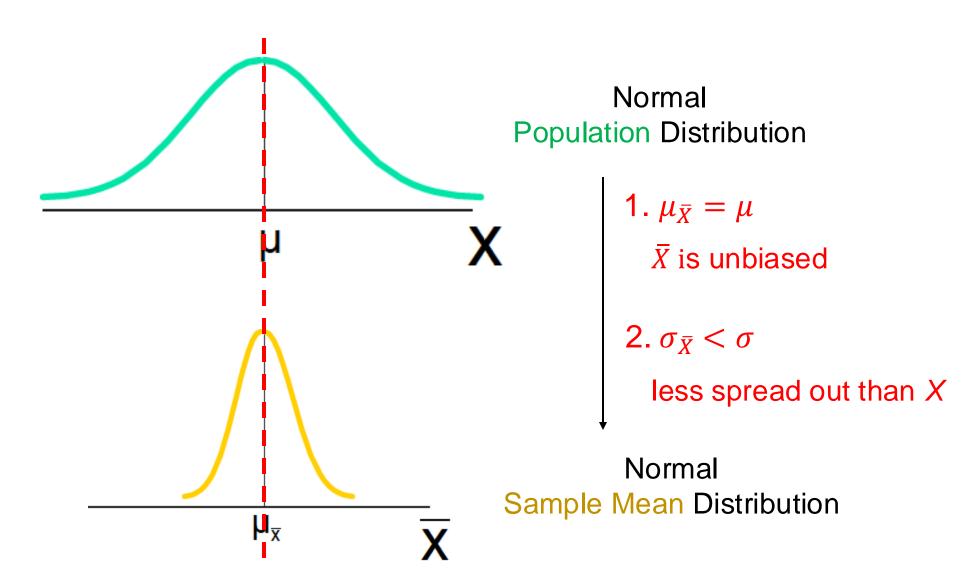


$$\mu_{\bar{X}} = \mu$$

$$\sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}}$$

$$\bar{X} \sim N(\mu_{\bar{X}}, \sigma_{\bar{X}}^2) = N(\mu, (\frac{\sigma}{\sqrt{n}})^2) = N(\mu, \frac{\sigma^2}{n})$$

# Sampling: Distribution of X What is the distribution of X if X is normally distributed?

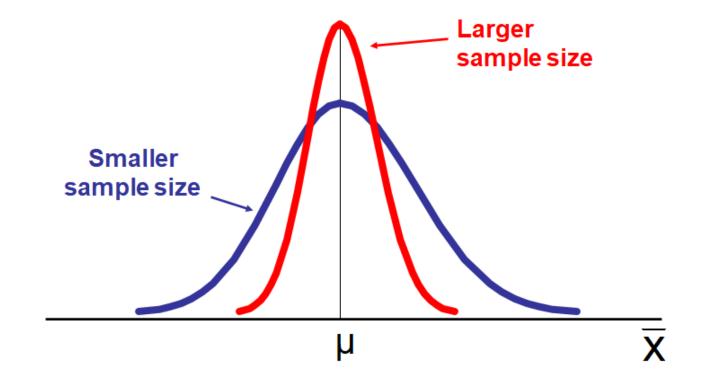


# Sampling: Distribution of X What is the distribution of X if X is normally distributed?

#### As *n* increases:

- 
$$\sigma_{ar{X}}=rac{\sigma}{\sqrt{n}}$$
 decreases

-  $\bar{X}$  becomes a more accurate estimation of  $\mu$ 



# Sampling: Distribution of $\overline{X}$ Q. What if X is not normally distributed?

The Central Limit Theorem tells us that the sample means is approximately normal if the sample size is large enough.

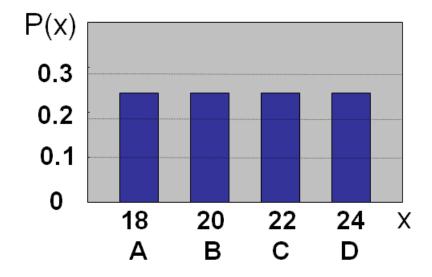
How large is large enough?

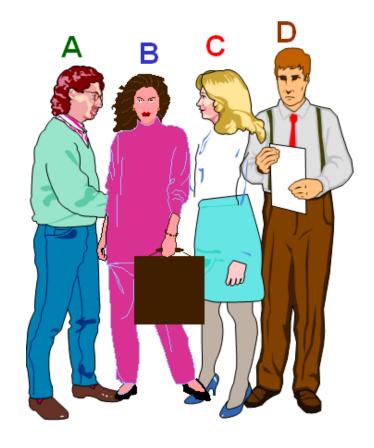
- For most population distributions, n > 30
- If population distribution is fairly symmetric, n > 5
- If population distribution is normal, any *n* would work

## Distribution of $\overline{X}$

Assume there is a population:

- Population size: N = 4
- Random variable: X = age
- X = 18, 20, 22, 24





## Distribution of $\bar{X}$

#### Summary measures of X:

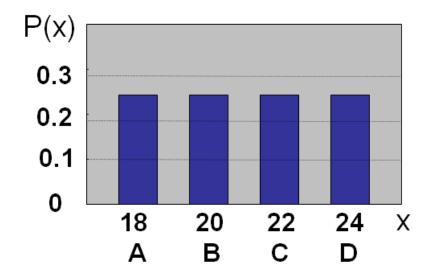
• Mean:

$$\mu = \frac{18 + 20 + 22 + 24}{4} = 21$$

Standard deviation:

$$\sigma^{2} = \frac{(18 - 21)^{2} + (20 - 21)^{2} + (22 - 21)^{2} + (24 - 21)^{2}}{4} = 5$$

$$\sigma = \sqrt{\sigma^{2}} = 2.24$$



# Distribution of $\bar{X}$

Consider all possible samples of size n = 2.

$\overline{X} = (x_1 + x_2)/2$													
1st 2nd Observation				P()	()								
Obs	18	20	22	24	.3								
18	18	19	20	21	.2								
20	19	20	21	22	<b>→</b> 1								
22	20	21	22	23	.'								
24	21	22	23	24	0	18	3 19	20	21	22	23	24	X
16 sample means  → 16 values of $\bar{X}$										tion nea			

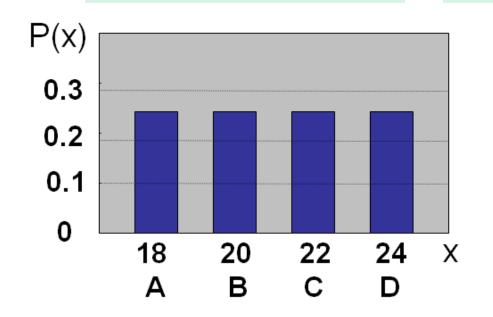
### Distribution of X vs. Distribution of $\overline{X}$

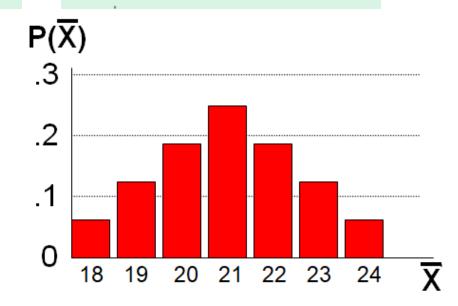
#### Population distribution:

- Distribution of X
- N = 4
- Mean  $\mu = 21$
- Std. dev.  $\sigma = 2.24$

### Sample mean distribution:

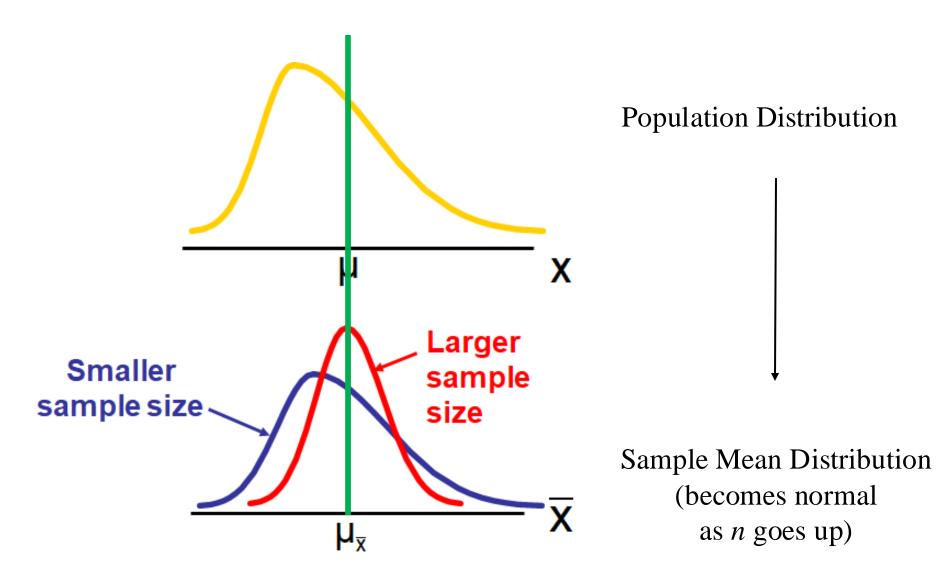
- Distribution of  $\bar{X}$
- n = 16
- Mean  $\mu = 21$
- Std. dev.  $\sigma = 1.58$





# Distribution of $\bar{X}$

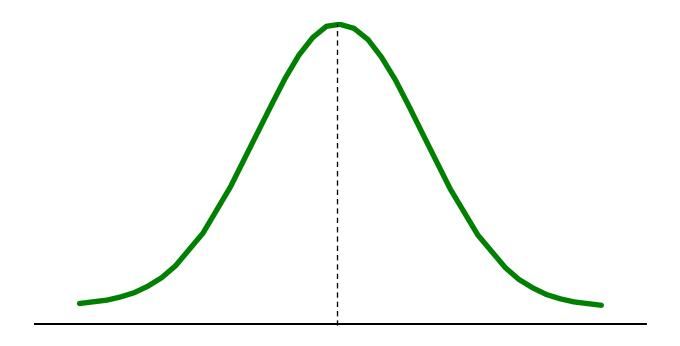
*Q.* What if *X* is **not** normally distributed?



## Normal Distribution

... the single most important distribution in Statistics.

I's also called "Gaussian" or "bell curve".



### Normal Distribution

#### Main motivation:

• The average of a large sample of measurements drawn from a population is normally distributed (Central Limit Theorem)

#### Examples:

- Number/size of objects produced by machines
- Errors in measurements

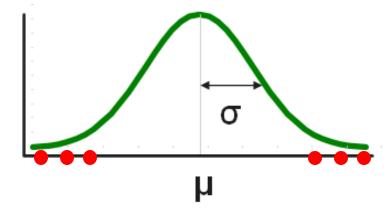
Mathematical models that use normally distributed random variables:

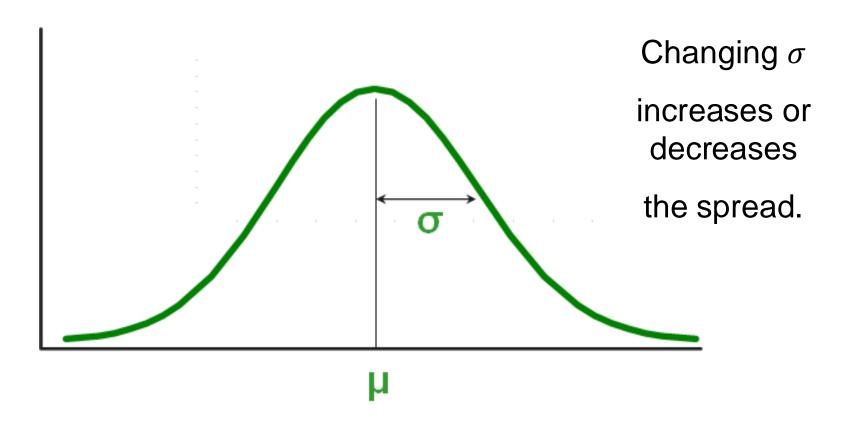
- Regression models
- Some theories in financial economics

# Normal Distribution: $N(\mu, \sigma^2)$

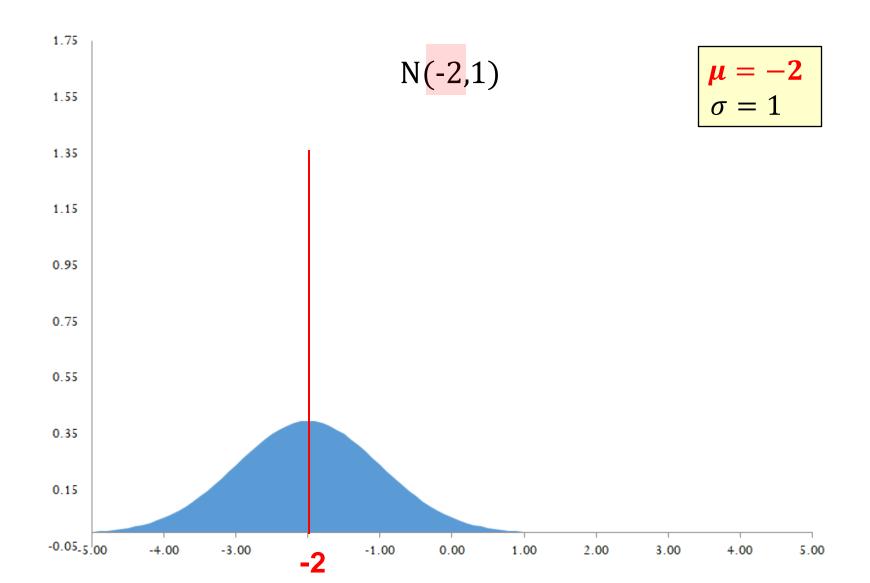
... is a continuous random variable with a distribution:

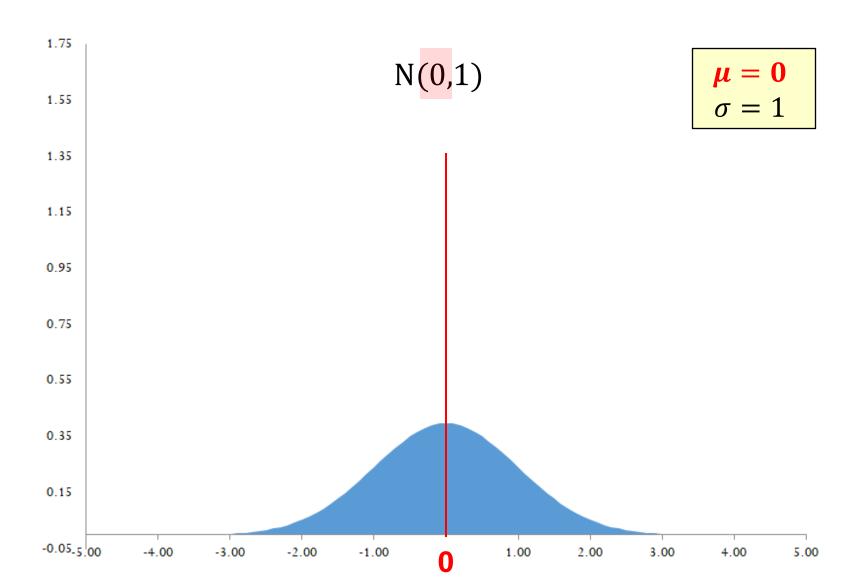
- Bell-shaped
- Symmetrical
- Mean = Median = Mode
- Unbounded
- Location is determined by the mean  $\mu$
- Spread is determined by the standard deviation  $\sigma$
- Formula for probability density function is very complicated

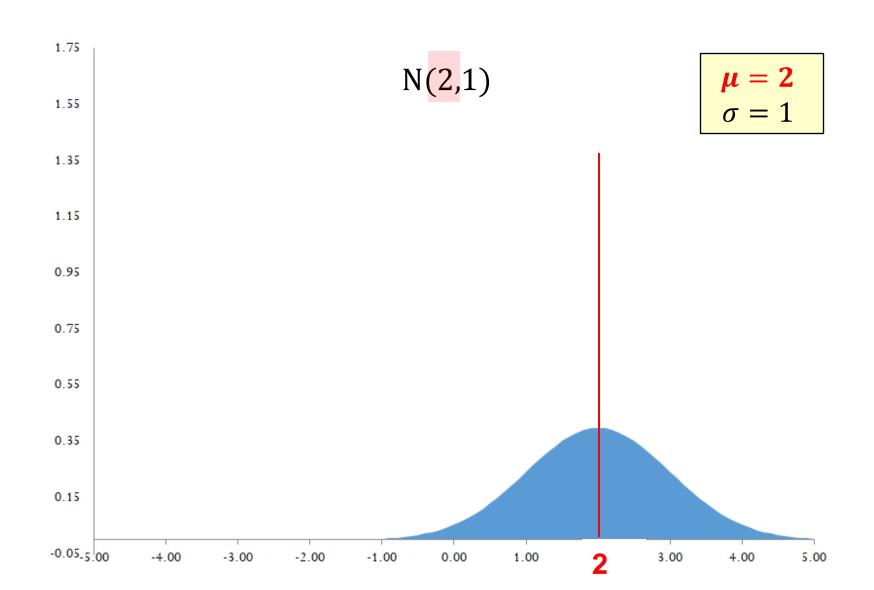


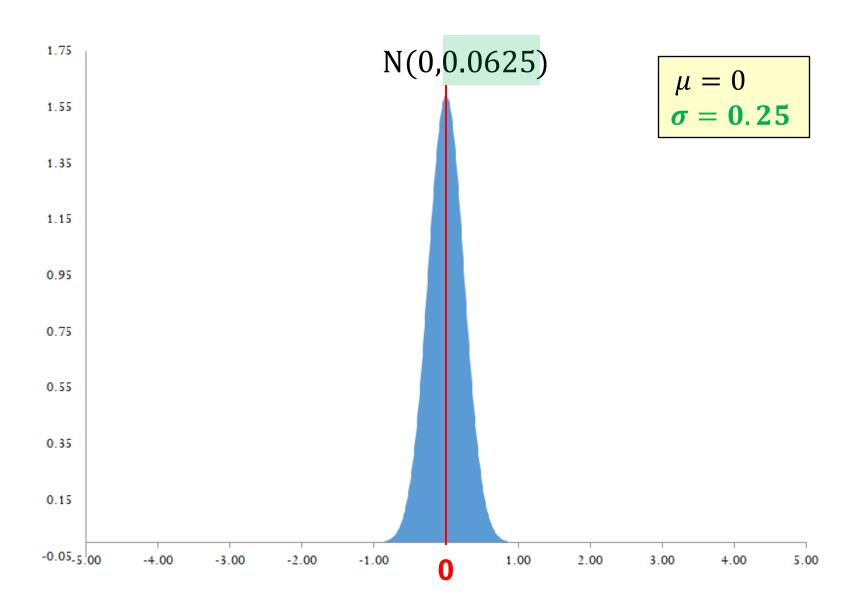


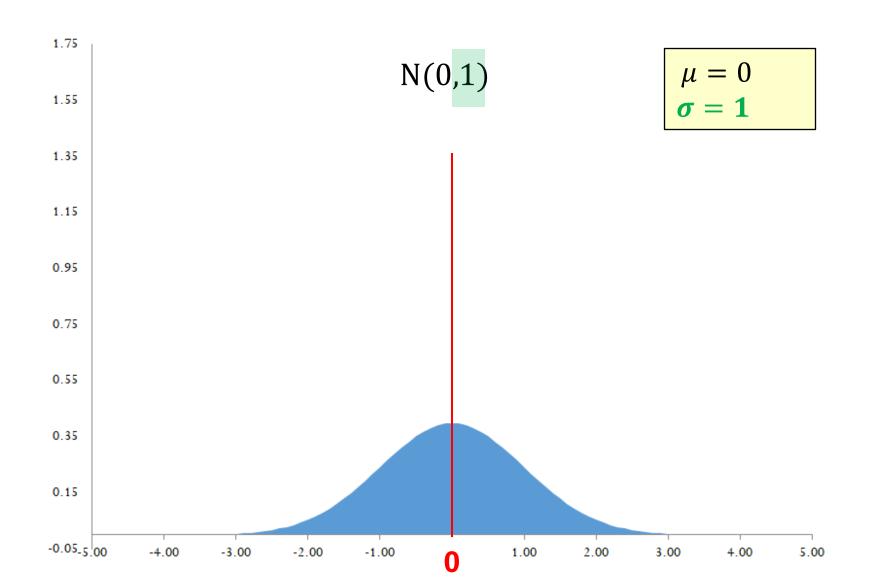
Changing  $\mu$  shifts the distribution left or right.

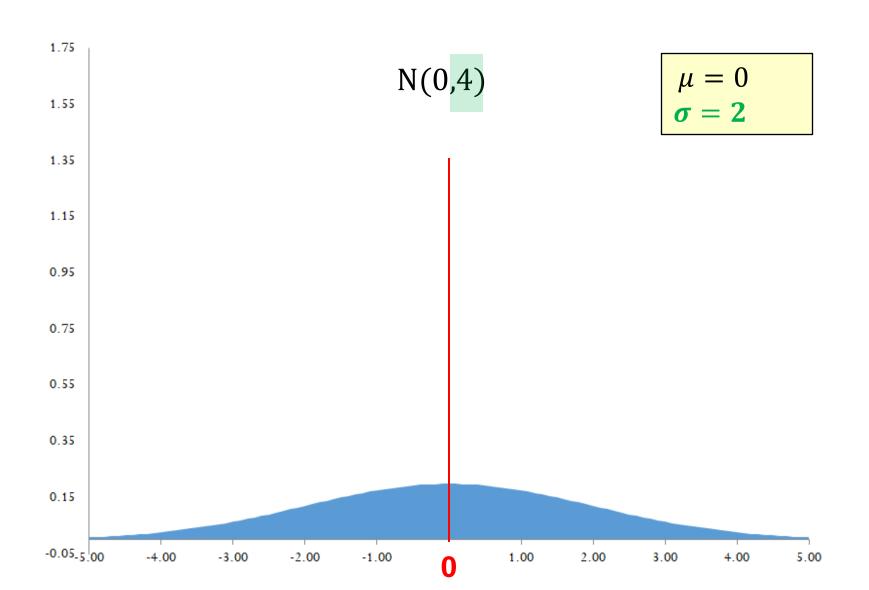








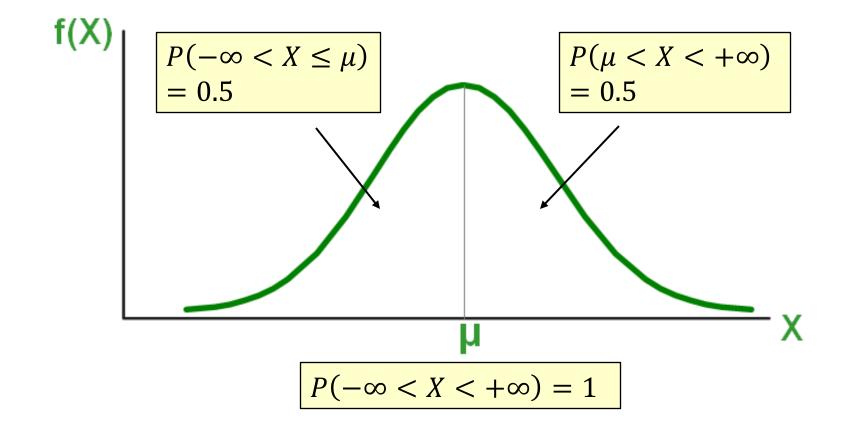




## Probability as Area Under the Curve

#### Recall:

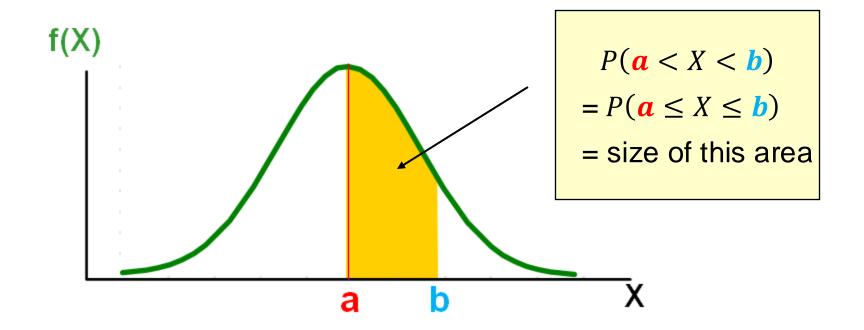
- Area under the curve is 1.0
- The curve is symmetric



## Probability as Area Under the Curve

Recall: if *X* is a continuous random variable, then

• P(a < X < b) = area between a and b under the curve defined by the probability density function.



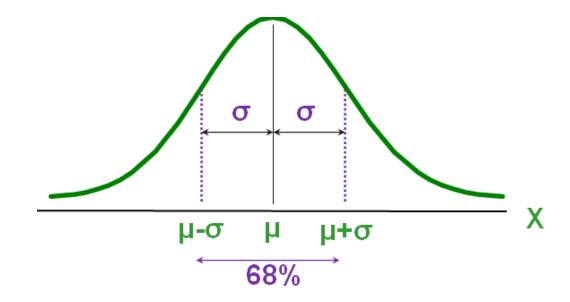
For any single value a: P(X = a) = 0

### 1-2-3 Rule for Normal Distribution

A normal distribution is a symmetric curve centered at the mean; there is:

• 68% chance of being within <u>one</u> std. deviation of the mean

$$P(\mu - \sigma < X < \mu + \sigma) = 0.68$$



### 1-2-3 Rule for Normal Distribution

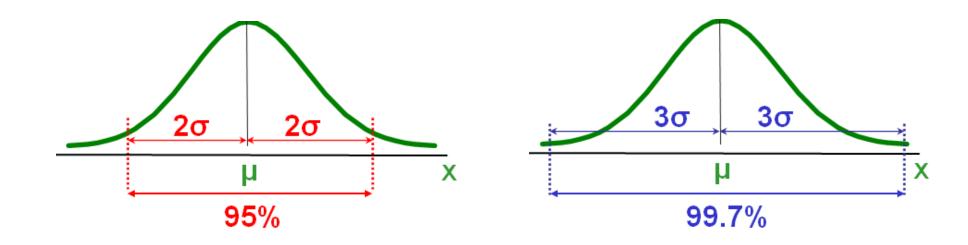
A normal distribution is a symmetric curve centered at the mean; there is:

• 95% chance of being within two std. deviation of the mean

$$P(\mu - 2\sigma < X < \mu + 2\sigma) = 0.95$$

• 99.7% chance of being within three std. deviation of the mean

$$P(\mu - 3\sigma < X < \mu + 3\sigma) = 0.997$$



## Standardization: Convert X to Z

Any normally distributed variable  $X \sim N(\mu, \sigma^2)$  can be related to a *standardized* normal variable  $Z \sim N(0,1)$  with mean = 0 and std = 1

If 
$$X \sim N(\mu, \sigma^2)$$
 then  $Z = \frac{X - \mu}{\sigma} \sim N(0, 1)$ 

For any normal distribution: only need to care about the distance from the value of X to the mean  $\mu$ , i.e.  $(X - \mu)$  using  $\sigma$  as the unit to measure that distance

$$P(X < a) = P\left(\frac{X - \mu}{\sigma} < \frac{a - \mu}{\sigma}\right) = P(Z < \frac{a - \mu}{\sigma})$$

$$P(X > b) = P\left(\frac{X - \mu}{\sigma} > \frac{b - \mu}{\sigma}\right) = P(Z > \frac{b - \mu}{\sigma})$$

# Relationship Between $N(\mu, \sigma^2)$ and N(0,1)

For any normal variable:

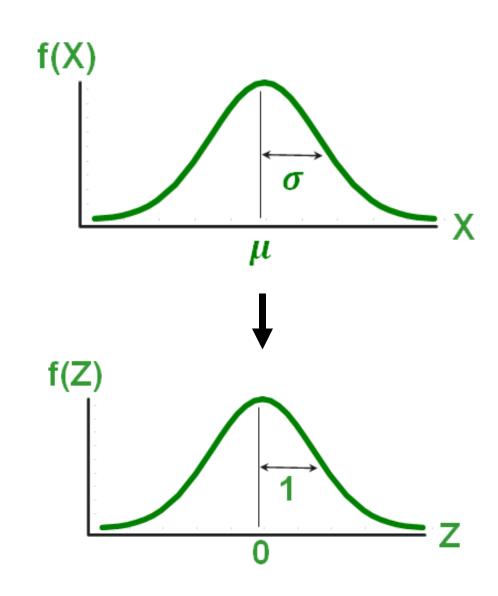
$$X \sim N(\mu, \sigma^2)$$

Define new random variable:

$$Z = \frac{X - \mu}{\sigma}$$

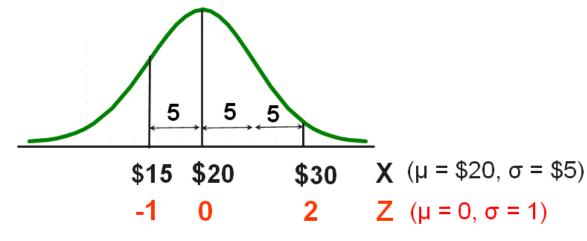
Then Z is a standard normal variable:

$$Z \sim N(0,1)$$



### What does Z tell us?

- X is a normally distributed random variable with mean  $\mu = \$20$  and standard deviation  $\sigma = \$5$
- For X = \$30, the Z value is  $Z = \frac{X \mu}{\sigma} = \frac{30 20}{5} = 2$ 
  - X = \$30 is two standard deviations above the mean (\$20)
- For X = \$15, the Z value is  $Z = \frac{X \mu}{\sigma} = \frac{15 20}{5} = -1$ 
  - X = \$15 is one standard deviation below the mean (\$20)



### Normal Probabilities in 3 Steps

 $\dots$  if X is normally distributed.

If  $X \sim N(\mu, \sigma^2)$ , we can find P(X > a), P(X < a) and P(a < X < b):

Step 1: Convert X-values to Z-values

Step 2: Sketch a bell-shaped curve in terms of Z

*Step 3*: Use the 1-2-3 rule

## Example 1: Wait Time on the Phone ... Xis normally distributed.

Director of customer support studied the time customers spent on hold waiting for a representative to become available.

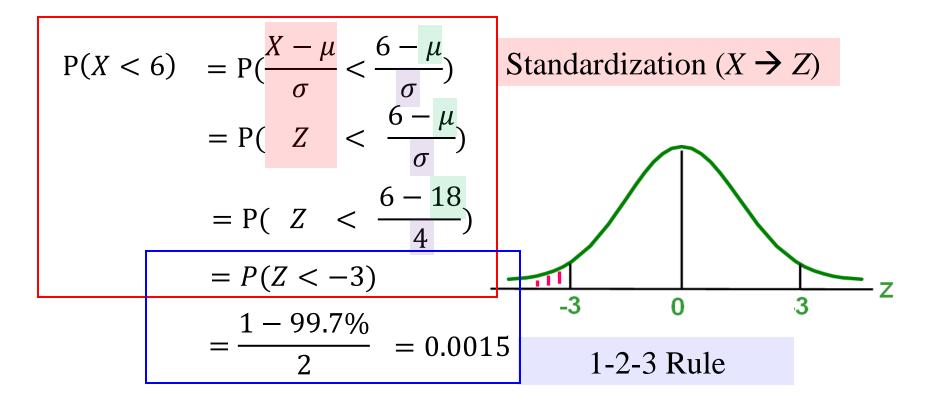
- Time spent on hold is normally distributed
  - Mean = 18 mins
  - Standard deviation = 4 mins
- Q1. P(a customer waits less than 6 mins)
- **Q2.** P(a customer waits more than 10 mins)
- Q3. P(a customer waits more than 22 mins)

### Example 1: Wait Time on the Phone

 $\dots X$  is normally distributed.

Time spent on hold, X is a normal variable with  $\mu = 18$  mins and  $\sigma = 4$  mins.

**Q1.** P(a customer waits less than 6 mins)



# Example 1: Wait Time on the Phone ... Xis normally distributed.

Time spent on hold, X is a normal variable with  $\mu = 18$  mins and  $\sigma = 4$  mins.

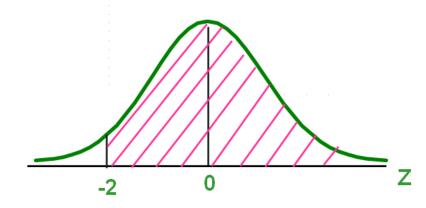
**Q2.** P(a customer waits more than 10 mins) =

$$P(X > 10) = P(\frac{X - \mu}{\sigma}) > \frac{10 - \mu}{\sigma})$$

$$= P(Z > \frac{10 - \mu}{\sigma})$$

$$= P(Z > \frac{10 - 18}{4})$$

$$= P(Z > -2)$$



### Example 1: Wait Time on the Phone ... X is normally distributed.

Time spent on hold, X is a normal variable with  $\mu = 18$  mins and  $\sigma = 4$  mins.

**Q2.** P(a customer waits more than 10 mins) =

$$P(X > 10) = P(\frac{X - \mu}{\sigma} > \frac{10 - \mu}{\sigma})$$

$$= P(Z > \frac{10 - \mu}{\sigma})$$

$$= P(Z > \frac{10 - 18}{4})$$

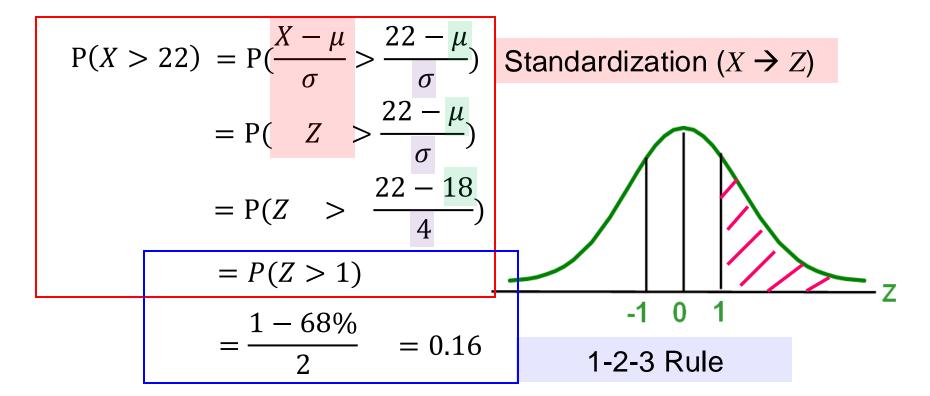
$$= P(Z > -2)$$

$$= 1 - P(Z < -2) = 1 - \frac{1 - 95\%}{2} = 0.9750$$

# Example 1: Wait Time on the Phone ... Xis normally distributed.

Time spent on hold, X is a normal variable with  $\mu = 18$  mins and  $\sigma = 4$  mins.

Q3. P(a customer waits more than 22 mins) =



## Example 2: Image Download Times ... X is normally distributed.

Download time X is a normal variable with  $\mu = 18$  seconds and  $\sigma = 5$  seconds.

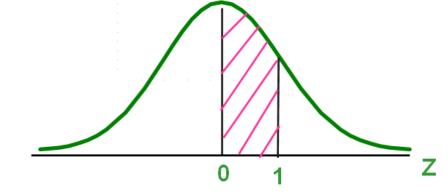
**Q1.** P(Downloading time is between 18 and 23) =

Step 1: 
$$P(18 < X < 23) = P(\frac{18 - \mu}{\sigma} < \frac{X - \mu}{\sigma} < \frac{23 - \mu}{\sigma})$$
  
 $= P(\frac{18 - \mu}{\sigma} < Z < \frac{23 - \mu}{\sigma})$   
 $= P(\frac{18 - 18}{5} < Z < \frac{23 - 18}{5})$   
 $= P(0 < Z < 1)$ 

# Example 2: Image Download Times ... Xis normally distributed.

Download time X is a normal variable with  $\mu = 18$  seconds and  $\sigma = 5$  seconds.

**Q1.** P(Downloading time is between 18 and 23) =



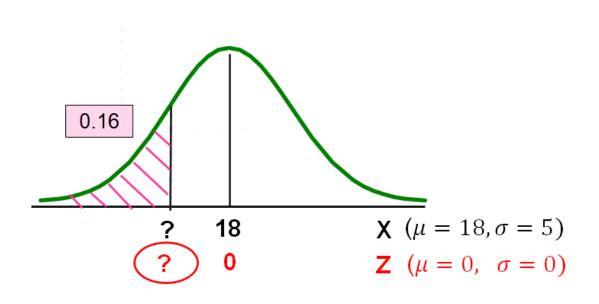
Step 3: 
$$P(18 < X < 23) = P(0 < Z < 1)$$
  
=  $\frac{68\%}{2} = 34\%$ 

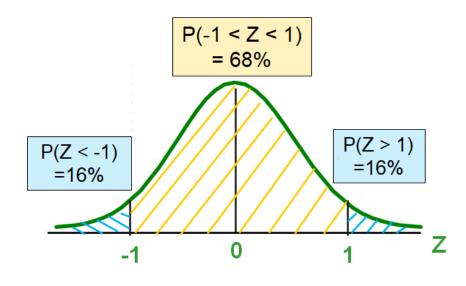
# Example 2: Image Download Times ... Xis normally distributed.

Download time X is a normal variable with  $\mu = 18$  seconds and  $\sigma = 5$  seconds.

Q2. Find X such that 16% of download times are less than X.

Step 1: Find the Z value for the known probability.





# Example 2: Image Download Times ... Xis normally distributed.

Download time X is a normal variable with  $\mu = 18$  seconds and  $\sigma = 5$  seconds.

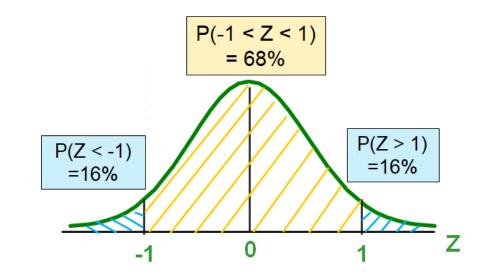
Q2. Find X such that 16% of download times are less than X.

Step 2: Convert Z = -1 to X-value.

$$Z = \frac{X - \mu}{\sigma} = -1$$

$$= 18 + (-1) \cdot \sigma$$

$$= 13$$



16% of the values are less than 13 seconds

# Distribution of the Sample Mean (X) ... review ... what if we don't know the distribution?

- Observations  $X_1, X_2, ..., X_n$
- $\bar{X}$  is a random variable:

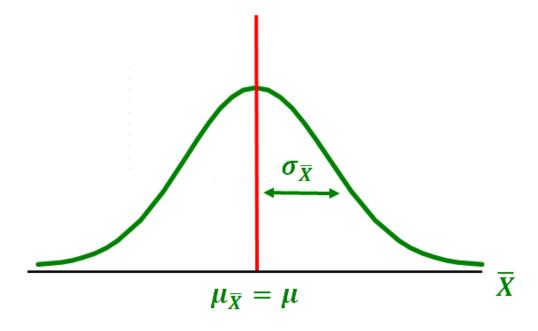
$$\bar{X} = \frac{X_1 + X_2 + \dots + X_n}{n}$$

• For any population distribution:

$$\mu_{\bar{X}} = \mu$$
  $\sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}} < \sigma$ 

• Central Limit Theorem: when *n* is large

$$\bar{X} \sim N(\mu_{\bar{X}}, \ \sigma_{\bar{X}}^2) = N(\mu, \frac{\sigma^2}{n})$$



### Z-Value for the Sample Mean (X)

Z-value for the distribution of  $\bar{X}$ 

$$Z = \frac{\bar{X} - \mu_{\bar{X}}}{\sigma_{\bar{X}}} = \frac{\bar{X} - \mu}{\frac{\sigma}{\sqrt{n}}}$$

where  $\bar{X} = \text{sample mean}$ 

 $\mu$  = population mean

 $\sigma$  = population standard deviation

n = sample size

#### Features of $\bar{X}$ :

$$\mu_{\bar{X}} = \mu$$

$$\sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}}$$

$$\bar{X} \sim N(\mu_{\bar{X}}, \sigma_{\bar{X}}^2)$$

$$\bar{X} \sim N(\mu_{\bar{X}}, \sigma_{\bar{X}}^2)$$

... X is NOT normally distributed.

Suppose a population has mean  $\mu = 8$  and standard deviation  $\sigma = 3$ . A random sample of size n = 36 is selected.

**Q.** What is the probability that the sample mean is between 6.5 and 9?

Mean: 
$$\mu_{\bar{X}} = \mu = 8$$

Standard deviation: 
$$\sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}} = \frac{3}{\sqrt{36}} = \frac{3}{6} = 0.5$$

... X is NOT normally distributed.

$$P(6.5 < \bar{X} < 9)$$

= P(-3 < Z < 2)

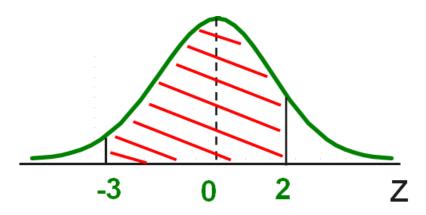
$$= P\left(\frac{6.5 - \mu_{\bar{X}}}{\sigma_{\bar{X}}} < \frac{\bar{X} - \mu_{\bar{X}}}{\sigma_{\bar{X}}} < \frac{9 - \mu_{\bar{X}}}{\sigma_{\bar{X}}}\right)$$

$$= P\left(\frac{6.5 - 8}{0.5} < Z < \frac{9 - 8}{0.5}\right)$$

$$\mu_{\bar{X}} = \mu = 8$$

$$\sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}} = 0.5$$

$$\bar{X} \sim N\left(\mu_{\bar{X}}, \sigma_{\bar{X}}^2\right) = N(8, 0.5^2)$$



... X is NOT normally distributed.

$$P(6.5 < \bar{X} < 9)$$

$$= P\left(\frac{6.5 - \mu_{\bar{X}}}{\sigma_{\bar{X}}} < \frac{\bar{X} - \mu_{\bar{X}}}{\sigma_{\bar{X}}} < \frac{9 - \mu_{\bar{X}}}{\sigma_{\bar{X}}}\right)$$

$$= P\left(\frac{6.5 - 8}{0.5} < Z < \frac{9 - 8}{0.5}\right)$$

$$= P(-3 < Z < 2)$$

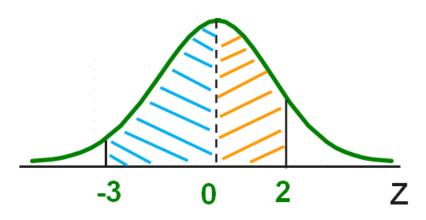
$$= P(-3 < Z < 0) + P(0 < Z < 2)$$

$$=\frac{99.7\%}{2} + \frac{95\%}{2} = 0.974$$

$$\mu_{\bar{X}} = \mu = 8$$

$$\sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}} = 0.5$$

$$\bar{X} \sim N\left(\mu_{\bar{X}}, \sigma_{\bar{X}}^2\right) = N(8, 0.5^2)$$



### Example 4 ... X is NOT normally distributed.

Suppose a population has mean  $\mu = 368$  and standard deviation  $\sigma = 15$ . A random sample of size n = 25 is selected.

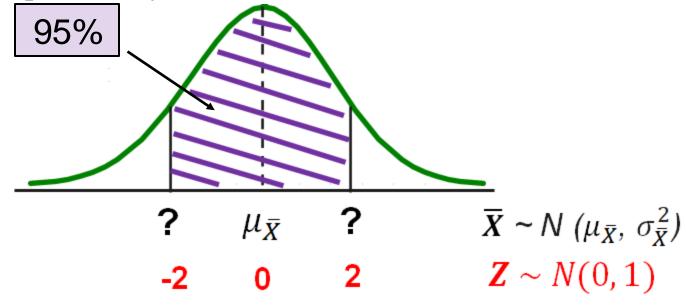
Q. What is a symmetrically distributed interval around  $\mu$  that includes 95% of all sample means?

... X is NOT normally distributed.

Suppose a population has mean  $\mu = 368$  and standard deviation  $\sigma = 15$ . A random sample of size n = 25 is selected.

Q. What is a symmetrically distributed interval around  $\mu$  that includes 95% of all sample means?

Step 1: Find the Z value for the known probability.



... X is NOT normally distributed.

Q. What is a symmetrically distributed interval around  $\mu$  that includes 95% of

all sample means?

Step 2: Convert 
$$Z = 2$$
 and  $-2$  to  $\bar{X}$ 

Upper bound of 
$$\bar{X} = \mu_{\bar{X}} + Z \cdot \sigma_{\bar{X}}$$

$$= \mu + Z \cdot \frac{\sigma}{\sqrt{n}}$$

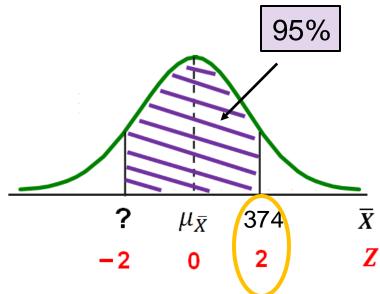
$$\mu = 368$$

$$\sigma = 15$$

$$n = 25$$

$$= \mu + 2 \cdot \frac{\sigma}{\sqrt{n}}$$

$$= 368 + 2 \cdot \frac{15}{\sqrt{25}} = 374$$



... X is NOT normally distributed.

Q. What is a symmetrically distributed interval around  $\mu$  that includes 95% of

all sample means?

Step 2: Convert 
$$Z = 2$$
 and  $-2$  to  $\bar{X}$ 

Lower bound of  $\bar{X} = \mu_{\bar{X}} + Z \cdot \sigma_{\bar{X}}$ 

$$\mu = 368$$

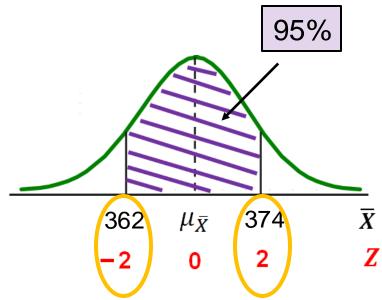
$$\sigma = 15$$

$$n = 25$$

$$= \mu + Z \cdot \frac{\sigma}{\sqrt{n}}$$

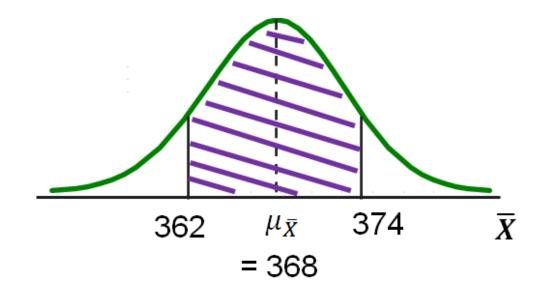
$$= \mu + (-2) \cdot \frac{\sigma}{\sqrt{n}}$$

$$= 368 + (-2) \cdot \frac{15}{\sqrt{25}} = 362$$



... X is NOT normally distributed.

Q. What is a symmetrically distributed interval around  $\mu$  that includes 95% of all sample means?



Answer: When taking all different samples with size = 25,

95% of all those sample means are between 362 and 374.

#### Central Limit Theorem in Practice

... in practice we do not know the population statistics like  $\mu$  and  $\sigma$ .

The CLT says:

$$\bar{X} \sim N \left( \mu, \left( \frac{\sigma}{\sqrt{n}} \right)^2 \right)$$

Q. How do we use the CLT when we don't know  $\mu$  or  $\sigma$ ? Use the sample estimate!

### Population Statistic — Sample Estimate

Population Parameter		Guess Based on a Sample	
Population Mean	μ	Sample Mean	$ar{X}$
Population Variance	$\sigma^2$	Sample Variance	$S^2$
Population Std. Dev.	σ	Sample Std. Dev.	S

### Example 5: Vending Machine ... X is NOT normally distributed and we do not know the distribution.

For a period of 144 days, daily observations have been conducted about the number of candy bars sold from a vending machine. Using these observations:

- Mean of the sample = 258
- Standard deviation of the sample = 60

#### Q. For a 144-day period, find:

P(average number of candy bars sold > 263) =

### Example 5: Vending Machine

... X is NOT normally distributed and we do not know the distribution.

For a period of 144 days, daily observations have been conducted about the number of candy bars sold from a vending machine. Using these observations:

- Mean of the sample = 258
- Standard deviation of the sample = 60
- Q. For a 144-day period, find:

P(average number of candy bars sold > 263) =

 $ar{X}=258,$  Good guess of population mean  $\mu$ 

S=60, Good guess of population std. dev.  $\sigma$ 

### Example 5: Vending Machine

... X is NOT normally distributed and we do not know the distribution.

$$n = 144$$
,  $\mu = 258$ ,  $\sigma = 60$ 

P(average number of candy bars sold > 263) =

For 
$$\bar{X}$$
: 
$$\begin{cases} \text{mean } \mu_{\bar{X}} = \mu = 258 \\ \text{standard deviation } \sigma_{\bar{X}} = \frac{\sigma}{\sqrt{n}} = \frac{60}{\sqrt{144}} = \frac{60}{12} = 5 \\ \bar{X} \sim N(\mu_{\bar{X}}, \sigma_{\bar{X}}^2) = N(258, (5)^2) \end{cases}$$

$$P(\bar{X} > 263) = P\left(\frac{\bar{X} - \mu_{\bar{X}}}{\sigma_{\bar{X}}} > \frac{263 - \mu_{\bar{X}}}{\sigma_{\bar{X}}}\right)$$

$$= P\left(Z > \frac{263 - 258}{5}\right) = P(Z > 1) = 0.16$$

### Proportions: a special case

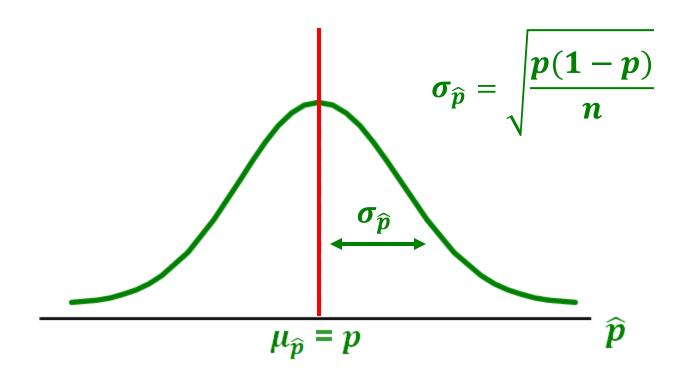
We collect a random sample of size *n*. Each person in the sample may or may not have the characteristics of interest.

$$X_i = \begin{cases} 1 & \text{if person } i \text{ has the characteristic} \\ 0 & \text{if not} \end{cases}$$
 (answer "Yes")

Each  $X_i$  is a binary random variable

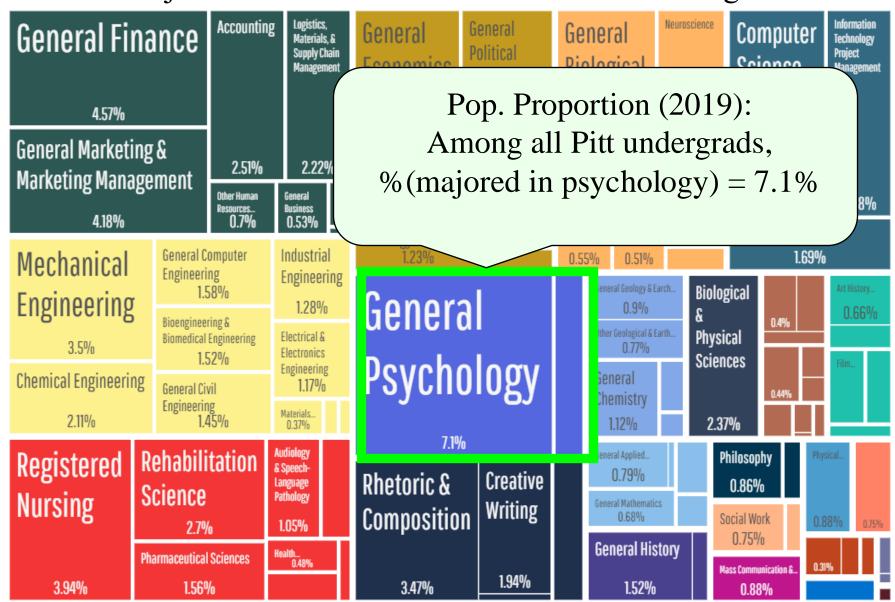
Prob 
$$(X_i = 1) = p$$
 Prob  $(X_i = 0) = 1 - p$ 

### Distribution of Sample Proprotion $(\hat{p})$



When sample is large enough  $\hat{p} \sim N(\mu_{\hat{p}}, \ \sigma_{\hat{p}}^2) = N(p, \frac{p(1-p)}{n})$ 

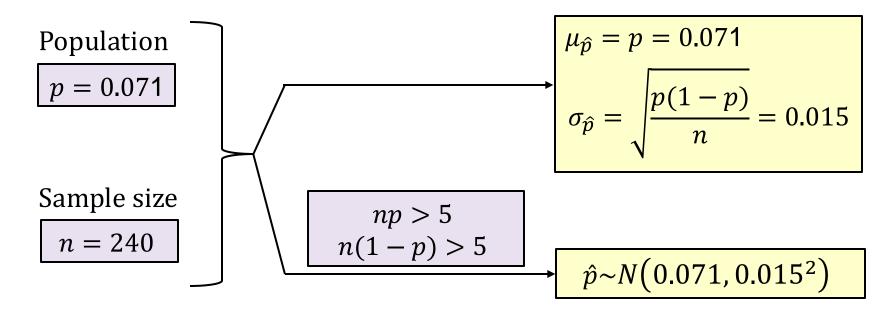
#### Majors of Pitt Graduates With a Bachelor's Degree



# Example 6: Psychology Students ... Xis NOT normally distributed.

**Q.** From 240 randomly selected students, what is the probability that the number of students who will obtain a psychology degree is between 17 and 28?

Let  $\hat{p}$  = sample proportion of a sample with size 240



# Example 6: Psychology Students ... X is NOT normally distributed.

 $\mu_{\hat{p}} = 0.071$   $\sigma_{\hat{p}} = 0.015$   $\hat{p} \sim N(0.071, 0.015^2)$ 

P(# of students who will obtain a psychology degree is between 17 and 28) =

$$P(17 < \hat{p} < 28)$$

$$P\left(\frac{17}{240} < \hat{p} < \frac{28}{240}\right) \quad \text{proportion} \\ \text{out of a sample of 240}$$

### Example 6: Psychology Students ... X is NOT normally distributed.

 $\mu_{\hat{p}} = 0.071$   $\sigma_{\hat{p}} = 0.015$   $\hat{p} \sim N(0.071, 0.015^2)$ 

P(# of students who will obtain a psychology degree is between 17 and 28) =

$$P\left(\frac{17}{240} < \hat{p} < \frac{28}{240}\right) = P(0.071 < \hat{p} < 0.117)$$

$$= P\left(\frac{0.071 - \mu_{\hat{p}}}{\sigma_{\hat{p}}} < \frac{\hat{p} - \mu_{\hat{p}}}{\sigma_{\hat{p}}} < \frac{0.117 - \mu_{\hat{p}}}{\sigma_{\hat{p}}}\right)$$

$$= P\left(\frac{0.071 - 0.071}{0.015} < Z < \frac{0.117 - 0.071}{0.015}\right)$$

$$= P(0 < Z < 3.07)$$

# Example 6: Psychology Students ... X is NOT normally distributed.

 $\mu_{\hat{p}} = 0.071$   $\sigma_{\hat{p}} = 0.015$   $\hat{p} \sim N(0.071, 0.015^2)$ 

P(# of students who will obtain a psychology degree is between 17 and 28)

$$P\left(\frac{17}{240} < \hat{p} < \frac{28}{240}\right) = P(0 < Z < 3.07)$$

Accurate answer

$$= P(Z < 3.07) - P(Z < 0)$$

$$=$$
 norm. s. dist(3.07, true)  $-$  0.5  $=$  0.9989  $-$  0.5  $=$  0.4989

Hands-on answer:

$$\approx P(0 < Z < 3) = \frac{99.7\%}{2} = 0.4985$$