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2 SE home gym. Select where you are going to locate your machine carefully. The best place for your Bowflex Xtreme® 2 SE home gym is on a hard, level surface . save yourself extra time and effort Select a workout area that provides a minimum clearance behind the rod box of 0 .5 ft (15 cm) and a total width of 6 .5 ft (2 .0 m) .

The Bowflex Xtreme 2 SE Home Gym Assembly Manual

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