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Forerunner ® 405 These tutorial videos, featuring avid runner and Garmin blogger Jake of Jake's Journal, highlight the features of the Forerunner 405, a sleek sport watch that calculates your time, distance and pace, then wirelessly sends your data to your computer. Learn More; Back to All Videos

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FORERUNNER 405 - Garmin International

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The Forerunner 405 is water-resistant (IPX7) and can be used outdoors or indoors (with an optional foot pod), making it the ultimate year-round, all-weather training tool. Forerunner 405 is available with or without a heart rate monitor (see the versions tab) to help you make the most out of your training.

Amazon.com: Garmin Forerunner 405 Water Resistant Running ...

Não muito diferente do Garmin Forerunner 305, o modelo 405 tem um design mais moderno e compacto, mas as funções são praticamente as mesmas. O Garmin Forerunner 405 GPS é voltado para quem busca por conforto, precisão e segurança na medição dos batimentos cardíacos.

Manual Garmin Forerunner 405 - Português Brasil - Corro ...

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