

Supplication between the two prostrations

رَبِّ اغْفِرْ لِي، رَبِّ اغْفِرْ لِي

Rabbigh-fir lee, rabbigh-fir lee

‘My Lord forgive me, My Lord forgive me.’

اللَّهُمَّ اغْفِرْ لِي، وَارْحَمْنِي، وَاهْدِنِي
وَاجْبُرْنِي، وَعَافِنِي وَارْزُقْنِي وَارْفَعْني

Allahummagh-fir lee, warhamnee,
wahdinee, wajburnee, wa-aafinee,
warzuqnee warfa-anee.

‘O Allah, forgive me, have mercy upon me,
guide me, enrich me, give me health, grant
me sustenance and raise my rank.’