

**Jabir said when describing the Prophet's
[PBUH] pilgrimage: '...and when he
approached mount Safa he recited:**

إِنَّ الصَّافَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ ..

**Innas-safa wa-almarwata min
sha-a-iri Allah**

أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ.

Abda-o bima badaal-lahu bih.

**'Indeed Safa and Marwah are from
the places of worship of Allah...'**

'I begin with what Allah began with.'

...so he [PBUH] started with Safa and climbed it until he could see the Ka'bah, he then faced it and said:

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ

Allahu akbar, Allahu akbar, Allahu akbar.

'Allah is the greatest, Allah is the greatest, Allah is the greatest.'

...and then he would say the following three times making a supplication (one should make a personal supplication) after each time:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ
قَدِيرٌ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعْدَهُ،
وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

**La ilaha illal-lahu wahdahu la
shareeka lah, lahul-mulku walahul-
hamd, wahuwa ala kulli shayin
qadeer, la ilaha illal-lahu wahdah,
anjaza wadah, wanasara abdah,
wahazamal -ahzaba wahdah.**

'None has the right to be worshipped except Allah, alone, without partner. To Him belongs all sovereignty and praise and He is over all things amnipotent. None has the right to be worshipped except Allah alone. He fulfilled His promise, aided His Servant and single-handedly defeated the allies.'

...he [PBUH] would repeat this action at Marwah.