

# The Tashahhud

**Tashahhud: what one says in the sitting position in prayer**

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ  
السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ  
اللَّهِ وَبَرَكَاتُهُ ، السَّلَامُ عَلَيْنَا وَعَلَى  
عِبَادِكَ الصَّالِحِينَ أَشْهَدُ أَنْ لَا إِلَهَ  
إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ  
وَرَسُولُهُ

# **The Tashahhud**

**Attahiyyatu lillahi wassalawatu  
wattayyibat, assalamu alayka  
ayyuhan-nabiyyu warahmatul-lahi  
wabarakatuh, assalamu alayna  
waala ibadil-lahis-saliheen. Ash-  
hadu an la ilaha illal-lah, wa-  
ashhadu anna Muhammadan  
abduhu warasooluh.**

**Attaiyyat is for Allah. All acts of worship and good  
deeds are for Him. Peace and the mercy and blessings  
of Allah be upon you O Prophet. Peace be upon us  
and all of Allah's righteous servants. I bear witness  
that none has the right to be worshipped except Allah  
and I bear witness that Muhammad is His slave and  
Messenger.**