

Upon breaking fast

ذَهَبَ الظَّمَا، وَابْتَلَّتِ الْعُرُوقُ، وَثَبَتَ
الْأَجْرُ إِنْ شَاءَ اللَّهُ

**Thahabath-thama-o wabtallatil-urooq,
wathabatal-ajru in shaal-lah.**

**‘The thirst has gone and the veins are quenched,
and reward is confirmed, if Allah wills.’**

‘Abdullah Ibn Aamr Ibn Al-As related that the Messenger of Allah [PBUH] said: ‘Indeed the fasting person has at the time of breaking fast, a supplication which is not rejected’. Ibn Abee Mulaykah رحمه الله said: ‘I Heard Abdullah Ibn Amar say when he broke his fast:

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِرَحْمَتِكَ الَّتِي وَسِعَتْ كُلَّ شَيْءٍ، أَنْ تَغْفِرَ لِي .

Allahumma inne as-aluka birahmatikal-latee wasiat kulla shay, an taghfira lee

‘O Allah, I ask You by Your mercy which envelopes all things, that You forgive me.