

Dreaming Big With Minimal Resources:

Dreaming up a savings goal: What would you do if you had the money to buy what you really want? What's something you have been wanting or needing for some time, but haven't had the money to buy? What are some small, achievable purchases that will be useful to you or bring you joy?

Revisit the “Financial Dream” and “Life One Year from Now” sections of your Person-Directed Plan and think about one or two goals from your PDP that require you to save money.

Money Saving Ideas: Throughout the course, you have been committing to one money saving idea each week. Estimate the amount of money you are able to save each month using each of these tips. Only calculate the tips you are actually using.

Money Saving Tip	Money Saved Each Month
Using my SNAP card at the supermarket and farmers market.	\$ 200
Cooking at home and making my own coffee instead of going out.	\$ 100
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
Monthly Total:	\$
How much can I expect to save after six months?	\$
How much can I expect to save in one year?	\$

It is important to note that there are other reasons to save money beyond specific goals. Knowing that you have money set aside for emergencies or a temporary drop in income can alleviate a great deal of financial stress.