

Economic stability is a key social determinant of health, and it is our hope that these workshops provide participants with the skills and the tools to improve their economic well-being and support them on their self-directed journeys to recovery, healing, and wellness.

Facilitator Expectations: Facilitators are not expected to be “experts” on financial issues. This course is designed with the intention that facilitators will learn and grow alongside participants. However, facilitators are expected to complete MHAAO’s virtual **Money Basics Facilitator Training**. The Facilitator Training will prepare you with the tools and knowledge needed to facilitate each workshop and provide peers with the tools and resources to improve their economic situation. The training will enable you to support your community of peers with their finances in group or one-on-one settings, in-person or online.

Facilitators are also expected to spend time prior to each class familiarizing themselves with the content and materials and learning about local and state-wide resources available in their community. Facilitators are expected to review the curriculum and accompanying activities, handouts, and resources in order to plan and prepare for each class.

To facilitate this course, you will need to:

- Complete the virtual Facilitator Training.
- Read through the Money Basics Guide for Students.
- Read through this Guide for Facilitators.
- Review the course materials on the Facilitator Toolkit website.
- Identify a co-facilitator from your organization (optional but highly recommended).

Professional Development: Being a Money Basics facilitator is a professional development opportunity. The financial skills and resources learned will help peer specialists support their communities in and outside of the Money Basics course. By learning this material and by facilitating this course to your community, you are not only gaining knowledge about money management and personal finance but also public speaking skills and facilitation experience. As you will discuss with peers in Workshop 10, workforce development and continuing education are important asset-building strategies, which can help a person increase their financial resiliency.

Teamwork: Due to the complex and often emotional material covered in this course, it is ideal to have two peer facilitators who work as a cohesive team. Two facilitators can provide participants with more support in and outside of class, especially if participating peers experience any financial