

Teaching:

Discuss the information in the Student Guide on finding a support person for times of crisis. Participants may choose to identify a trusted friend, family member, or mentor to help them keep track of their finances during times of crisis. After reading through this information as a class, discuss the information in the Student Guide on a person's rights when it comes to Representative Payees. Pass out the "Understanding Representative Payees" and "When a Representative Payee Manages Your Money" handouts. There are some videos in the Toolkit that explain what Representative Payees are that may be helpful to include.

Relationship Issues & Money

Facilitator:

Suggested time: 10-15 minutes

Materials: PowerPoint slides; Student Guide p. 147-149; whiteboard; Workshop 8 Handouts 2-3

Activity/Discussion:

Ask the participants to journal for a few minutes in the space in their Student Guides or in their own notebooks about how financial stress has affected or can affect their relationships. These can be relationships with their partners, their friends, and/or their family members. After 2-3 minutes, open the class up for discussion. Facilitators can show their own experiences and invite participants to share anything they feel comfortable sharing.

Teaching:

Read through the information on financial issues and relationships in the Student Guide. Go over the ways in which relationship problems can occur due to different opinions about money, lack of communication about money, or economic inequality between partners.

Read through the tips for effective communication about money and financial stress/problems in a relationship. Brainstorm other suggestions and ideas, writing participants' suggestions on the whiteboard. Pass out the "Tips for Communicating with your Partner about Money" and "Steps to Healthy Finances in Your Relationship" handouts.