

Resources for Getting Out of an Abusive Relationship:

- For more information on financial abuse, visit: <https://nnedv.org/content/about-financial-abuse/>
- For information on financial questions when leaving an abusive relationship, visit: <https://www.womenslaw.org/about-abuse/forms-abuse/financial-abuse/financial-matters-when-leaving-abusive-relationship>
- For FAQs about financial abuse, and additional information on planning ways out of an abusive relationship, visit: <https://www.womenshealth.gov/relationships-and-safety/other-types/financial-abuse>
- For how get out of a financially abusive relationship and repair your financial situation, visit:<https://www.joinonelove.org/learn/keep-these-5-resources-on-financial-abuse-bookmarked/>
- For help and support, visit The National Domestic Violence Support Hotline: <https://www.thehotline.org/>
- For information on safety planning, visit: <https://www.bwss.org/resources/economic-empowerment-strategies-for-women/understanding-financial-abuse-safety-planning/>
- For a guide on how to recognize financial abuse and how survivors of domestic violence can rebuild their finances, visit: <https://vawnet.org/material/hope-power-your-personal-finances-rebuilding-guide-following-domestic-violence>
- To find shelters and advocacy organizations in Oregon, visit: <https://www.ocadsv.org/find-help>
- In Portland, Oregon, Raphael House has survivor-led, peer-support services for domestic abuse survivors who are also experiencing addiction. For more information on their programs, services, and resources, visit: <https://raphaelhouse.com/supportive-services/> <https://raphaelhouse.com/get-help/>
- In Portland, Oregon, Bradley Angle is another safe space for any survivor of domestic violence, providing a 24 crisis line, emergency shelters, support groups, and more. For more information, visit: <https://bradleyangle.org/get-help/emergency-services/>