

that they will commit to one money saving idea each week to develop a toolkit of tips and resources for saving money in their daily lives. Ask them to keep track of these ideas and note which ideas are working well and which are not (there is space for this in the Workshop 1 Worksheets).

3. Let the participants know if they found an idea that worked well for them, they are welcome to continue it the next week while trying out a new idea. However, caution them against getting too burned out by doing too many ideas at once. The goal is to be intentional with sticking to a specific money saving idea each week to decide whether it's something they'd like to continue.

Discussion:

Ask if anyone has any questions. Thank everyone for their participation and let them know that the facilitators are available via phone and email between classes if anyone has any questions or issues.

After Class:

1. Facilitators should fill out the class reflection forms at the end of each class.
2. Facilitators should plan to meet up in person or via phone or video call before the next class to plan, practice, and compare notes from the previous class.