How to Get Started with @School

How to Register, Check Your Level, and Enroll in a Course

Welcome! If you're thinking about joining @School but aren't sure where to start, this guide will walk you through everything you need to know — from checking your English level to finding and enrolling in the right course.

Register for @School

To begin, you need to create an account.

- 1. Click the "Register Now!" button on our website https://www.at-school-portal.com/join.php.
- Fill out the form with your name, email address, and a few quick questions.
- 3. After you submit the form, you'll receive a confirmation email with your login information.

Log In and Access Your First Course

Once you've registered:

- 1. Log in using the link in your confirmation email.
- 2. You'll land on your Dashboard this is your personal homepage.
- 3. The first course you'll see is called:"How to Enroll in Courses and Check Your English Level."
- 4. This short, free course will guide you through the next steps.

Find Out Your English Level

(Optional but Recommended)

The CEFR is a widely used system for measuring language ability, from beginner (A1) to near-native (C2). If you already know your CEFR level (A1–C2), you can skip to "Find a Course for Your Level". If not, you have two ways to find out:

Option 1: Take a Self-Assessment Quiz

Inside your first course, you'll find links to two free quizzes:

- Al to Bl+ Quiz (Lower Level English Assessment)
- B1+ to C2 Quiz (Upper Level English Assessment)

These quizzes are quick and based on the official CEFR scale (Common European Framework of Reference for Languages). At the end, you'll see your estimated level.

Option 2: Schedule a Level Check Interview

If you're not sure after the quiz or want personal advice:

- You can schedule a 15-minute interview with a native English speaker.
- This is useful if:
 - o You want to speak with someone directly.
 - o You think you're between levels.
 - o You prefer real feedback before choosing a course.

Just click the **Level Check Appointment** link in the course to schedule your session and choose a time, enter your info, and submit the form

Find a Course for Your Level

Once you know your level:

- 1. Go to the top of the screen and click "Home."
- 2. Use the Course Search tool.

- 3. Type your level and language code like this:
 - J for Japanese speakers (e.g., AlJ or B2J)
 - ES for Spanish speakers (e.g., A1ES or C1ES)

You'll see courses designed for learners just like you. Click on a course title to view the full details.

Enroll and Pay

- When you find the course you want, click "Select Payment Type" to pay and be automatically enrolled.
- You'll be guided through a simple payment process using PayPal.
- You can also choose a Pay in 4 option with no extra fees (if available).

Q Other Payment Options

If you don't want to use PayPal, we also accept:

- Bank transfers (especially within Japan)
- Venmo
- Other flexible options just contact us!

Email us at: support@at-school-portal.com

Course Schedule

New courses start every two weeks. If you're not sure which course is best or need help with timing, let us know — we're happy to help.

You can reach out any time at:

support@at-school-portal.com