

Ana

The policy of silencing

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Abstract

'Ana: The Policy of Silencing' is a book that discusses some important issues of our century, such as: COVID; technological advancements; the loss of privacy and individuality; immediacy; competition; the industry of madness; posthumanism; transhumanism, etc.

The book uses an adaptation of the textual language used by Laura Nowlin's in her book 'If He Was With Me'. Nowlin narrates the past using present and future time. It's interesting.

However, the idea of the book is to design a web of memories and reflection, creating a story that walks through a brain's synaptic networks...

It is not possible to know if it will be good until it is over.

And there is no intention to finish it.

In short ... it's just something for distraction ... but also a provocation in the hope that things will change at some point.

Chapter 1

about being alone

I have always loved silence and tranquility. So being alone has never been a problem for me. Even isolated, I never felt really alone.

I once saw a report on TV5. The interviewee was a lady who was about 50 years old, with very short dark hair. This lady said she liked to go to a isolated place and be alone from time to time and that her family was unable to understand it. Trying to explain the feeling she sought, she said:

"Only when I'm alone I can find God."

I could completely understand this lady. I thought: That's right. But, it was in recent years that I understood what it means to be alone...

Being alone means living the horror and having no one to ask for help.

Chapter 2

Sweetie

It happened more than once. But the first time was something different. I was driving with a kitten on my lap. And submly I started to see the world with a different color. It is a subtle joy, without any foundation. A supreme well -being, a contently for nothing and anything.

The kitten was all black, very small. It was still a baby. In the corridors of universality. Someone passed and it followed the person. Then it came back to the same point, just to follow the next passer again.

There were many turns, until someone felt a strong interest in the kitten, and stopped to observe it with a certain curiosity.

I asked: Do you want to adopt it ? I promise that I give it to you castrated and dewormed.

Then I saw on her face a wide smile of comtemplation.

The kitten is so sweet that I named it Sweetie. I left Sweetie in my room at work until the end of the day. I tried to use a cardboard box to transport it to my house. But it ran away and while I was driving, Sweetie came to lodge in my lap.

I remember how happy I was, driving toward my house with that kitten.

In the following days, I cast it, and we spent a long time together until its complete recovery. Sweetie was very *sapeca*. She was terribly happy at home.

The days passed and I had to take Sweetie to its new owner. It was a little sad. Leaving Sweetie was very painful. It was like leaving a part of me. I donated the transportation box along with the kitten, and half a feed bag so that Sweetie could adapt well to its new home.

I said to my husband, Adan: I hope God takes good care of Sweetie. He

replied: He is already taking care of.

Later, Sweetie recovered its old behavior. Someone passed and Sweetie followed the person, and returned again to the grocery store, just to follow the next person. Sweetie had to deal with another somewhat territorialist kitten. Its new mate did not want to share the love of its owners.

But Sweetie had its destination adjusted. And was adopted again. In Its new home, Sweetie found the company of a child. And happiness found both. Today Sweetie is a very loved and happy kitten. It's already adult, but it's still *sapeca*. When its owner arrives home from college, Sweetie lies next to her. And keep looking at its owner typing on the computer. At night, Sweetie lodges on the feet of the bed. Look at its owner sleeping, gives a long supply and closes its eyes, waiting for the next day to arrive.

Chapter 3

The Covid Gang

In spring, the heat came back in all its fullness. I decided I should put my concerns aside and go for a walk on the beach. After all, I left my apartment abandoned for a long time. I thought I deserved to take care of myself and that after a day or two on the beach I would be much more willing.

Friday was a perfect day. The trip to the beach was very fast and calm. Many people in the sand and many boats in the sea. All very different from what I remembered. But the day was beautiful. I walked all day in the beach sand and took a sea bath surrounded by fishes. I ate fish with capers sauce that was delicious, in an expensive restaurant . I bought a pot of acai that served to dinner. I read a little more of Laura Nowlin's book "If he was with me" while lying on the net. Everything was great. At night I slept like a stone.

On Saturday things change completely. Mr. Marcos da Fonte was an acquaintance. I found him casually early in the morning, while arguing with the doorman about the real need to have some kind of registration. I talked to Mr. da Fonte about condominium issues and told him about my kidnapping.

In the afternoon I'm reading on the net, and then suddenly I start to feel a terrible discomfort. I feel a very strong pain in the nostrils and a severe headache. Through the crack of the door, I see the cleaning lady passing cloth on the floor.

The malaise only increases and I decide to return home. I was thinking of leaving only after noon, but I advance my plans. Arriving at the post, I take a bottle of Gatorade at Freeser and ask for a cheese bread. I'm really feeling nauseous, as if I had drunk alcohol all night. It's been a long time since I've been drinking anything alcoholic, but the feeling is familiar to me. The boy takes my cheese bread through the door to warm it inside the kitchen. I think it's weird. I ask him why he didn't use the oven or the microwave in the canteen itself. He makes some not very reasonable excuse.

In the middle of the trip, I enter a local avenue. I remember there was a supermarket I visited two weeks ago. As soon as I enter the avenue, a SAMU's van comes out of somewhere and goes in front of me. I repeat to myself: just ignore it. And I follow my way ...

In the supermarket, as usual, there was an employee changing some cans, near the place where the mineral water bottles are. I see some crates of the bottle that I usually buy on the floor, next to this boy. On the shelf there were a few bottles like these. The bottles were covered with dust, as if they were there without care for a long time. Then I chose a different brand. I took some bottles that were not dusty. Almost arriving home, I stop in a good restaurant. I feed well and malaise passes the same time. While how, I see the attendant leave the counter a little stunned to talk to someone who seems to be the manager. I hear part of the conversation. The attendant says: she doesn't ... The alleged manager makes gestures and tells the attendant that he should move the food.

I get home and I feel relieved. Nothing better than being at home. I take a shower and take the book I was reading. After all, I really wanted to finish reading the book. I lie on the porch couch and start reading.

After a few minutes of reading, some car at a reduced speed is on the road with the sound really very high. I stop reading a little and listen to the lyrics of the song that plays: "Take it, take it, take it in the ass." I have the impression that the car has stopped, because I hear the sound at the same height, without the sensation of which it is moving away. The chorus repeats himself a few times: "Take it, take it, take it in the ass." I try to ignore and go back to reading and then I realize that the volume of the sound slowly reduces until disappear.

The night is not very pleasant. I wake up feeling pain and discomfort again. It's still dawn. I hear some sound and decide to walk inside the condominium to find out where it comes from. I walk the condominium road following the music and find that the very high sound is installed in a narrow little deforested dirt road next to the condominium fence. I come home, I repeat to myself that my house is the safest place in the world and then I sleep again until morning.

On Sunday, I take the day to write and hear a cyrene sound on the road several times throughout the day. It bothers me a little, but I try to ignore it.

Chapter 4

Adam

We are walking in the beach sand in Mikonos. We see a great rock a little distant from the coast, as if it were a small rocky island being snatched by the sea. Adam propose that we swim to the island, and of course ... I would never refuse.

Sea water is warm and transparent. We are wearing diving glasses and we swim to the island, submerged and hand in hand ...

The island is a little larger than I expected. We explore the island and, like two children, we try to hide when we see a boat coming close to us.

On the way back, I dive into the sea with my hands forward, as if I were a dolphin. But I do this wearing the diving glasses that break when shocking with the water. I swim to the coast with my forehead bleeding, but with a big smile on my face ...

Weeks later, we are already back in France ... I walk next to Adam ...

Adam tells me about a recent dream. He tells me that we are walking hand in hand on the sea, as if we were walking on a thin, transparent layer of ice. And that, under our feet, we can see thousands of fish. I can see Adam's dream like a memory.

I have no doubt about the meaning of the dream. It is just a reflection of the feeling we have for each other.

Chapter 5

Day before my kidnapping

After driving many hours, I arrive at my beach apartment accompanied by my mother and my cousin, Basco. I am really exhausted and I feel that I will have difficulty giving the medication to my kittens. I let out the kittens in the bedroom and, with a lot of effort, I put the sandbox, feed and water for them and I can medicate Braquinha and Lucy. Then I fall on the bed and finally sleep like a stone.

I wake up after several hours, feeling very hot. I'm still really tired. The deep sleep I had was not enough to recover my disposition. The room is muffled, in a way that cannot be supported. I open the bedroom door and I free my kittens in the apartment.

I walk to the living room and see my mother lying on the bicama couch. She has a somewhat strange expression, as if she was feeling terribly terrible with something. Basco is not in the apartment. The kitchen sink drain is covered with a water-filled cuzcuzeira, and the bathroom sink drain is clogged with colored toothpaste. The sink is full of water. Given what I've been through in recent days, I didn't find it strange. But I said to my mother: Mom, the kittens are drinking water from the bathroom sink ... this will make them sick.

My mother goes to the bathroom, empties and cleans the sink.

Hours later, several people arrive at the apartment door. My mother opens the door and a slightly strong gentleman with a somewhat rounded face crosses the door. My mother leaves the door open as Mr. Rounded Face begins to question me, without worried about a possible glow of my kittens. A condominium employee awaits outside, accompanied by unknown persons. I am worried about the door open and my kittens, but the lord with rounded face begins to question me abruptly.

I tell this gentleman about why I want my mother to leave. I answer the questions narrating a long story. Although I am confused with what was

happening, I came to some kind of conclusion.

When he finishes his interrogation, Mr. Rounded Face turns to my mother and says: we can't take her like this, she's fine.

The people who were outside move away. Mr. Rounded Face begins a somewhat strange speech. He proposes that I walk on the beach with my mother so someone he has entitled "she" couldn't hear us. My mother has an expression that becomes more restless as the Lord's speech continues. Then he closes the door of the apartment and says: Since your mother is here, I will say: Don't exceed yourself because we will make you suspect everyone.

I don't know what to think about all this. Nothing seems to have some kind of coherence, but I try to put the facts together.

My mother is washing dishes and I stop by her side and ask: is you the person responsible for all this ?

My mother bends her body down forming on her back a hunchback. She tilts her head to the side and down. Then she shakes her head positively, speaking softly: Yes, it's me.

I tell my mother: I want you to leave.

And my mother resists with a certain insistence.

After a while, my mother gives me the phone, saying that I should talk to my sister.

I say on the phone: Thaila, I want mom to leave. And Thaila replies: Ana, you have a niece. Confused, I return the phone to my mother and say: You leave.

After a few minutes my mother comes to talk to me. She says: I'm leaving tomorrow, but only if you talk to a doctor. He will call at 19:00h.

We await the call, the doctor does not call at 19:00h and he does not call later. I tell my mother: Well, no doctor called. And my mother replies: he may have suffered an accident. Again confused, I say: I already waited enough, I'm tired, I'm going to sleep. Tomorrow you leave.

Chapter 6

Genius and madness

Many people believe that genius is a gift that arises when geniuses are born. But this is not totally true since every being is the result not only of genetics, but also of a set of experiences.

I believe that:

Genius happens after total abdication of itself through self-delivery to a passion for which the genius being has aptitude

In history, many geniuses are portrayed as crazy at some point in their lives, as exemple:

- During his doctorate, and before redefining Game Theory, John Nash talked to invisible people;
- In the last years of his career, Albert Einstein used to go to work using pajamas.

I will not comment here that, in 1994, John Nash was awarded the Nobel Memorial Prize in the Economic Sciences for his contribution to game theory.

About Einstein, I feel as if I knew him deeply and I can guarantee that going to work wearing pajamas was for Einstein a form of mockery to society's standards.

For a long time, Einstein's brilliance was deliberately hidden due to the envy of co-workers. After many years he was finally recognized and became a key element for the university's image he worked for. Einstein had numerous scientific publications and discoveries that changed a generation. Therefore, when Einstein understood that his place in the world was already sealed, he became a better version of himself, abandoning behaviors that were now dispensable for him.

The story of these crazy geniuses brings out an important question: what is madness ?

And, based on my recent experiences, I can present a possible answer:

Madness is a behavior that is not accepted by an elite of the social group in which the madman is inserted.

From the madman begins to emerge new ideas and questions related to standards, ethical questions, principles and truths. Concepts which such an elite does not want to dig up.

Madness is therefore a way to silence the provocations of a genius

After all, attesting that a person is mad, it is a very effective way to discredit them.

One thing is certain about the geniuses:

A genius sees things that other people can't see, in places where other people don't expect

So it is natural for genius people not to be understood. And the fact that geniuses are always linked to change, it can really scare.

Therefore, people's cruelty is not associated with fear or lack of understanding.

People's cruelty is linked to the cruel, selfish and competitive nature, inherent in the human being.

And madness is clearly a concept created by cruel people.

Chapter 7

COVID Gang - Who are they ?

When you think of COVID, you cannot see this in a purely personal aspect ... But in fact, COVID has become personal for thousands, millions or even billions of people. COVID didn't just happen to me. But it happened to me lately in a way as inhuman and frightening as torture and terrorism can be.

Thinking about the personal aspect, the COVID Gang can be distributed in two classes: people who are financing the aggressions; and people who are performing the aggressions.

Who are the people who are financing this ?

I paid an appointment to two lawyers. I told them about the last torments I have had to endure.

We are in our third meeting and the lawyers have a budget in their hands. The lawyer tells me: I believe that who is doing this is a group of people.

The lawyer is right, but who are these people ?

In my opinion, if it is really a group, this group could be formed by: owners of a psychiatric clinic, employees of a technology company, people from my work; other public officials; a corrupt lawyer I hired in the past; people from my beach condominium; the construction company that sold me the beach apartment; person who sold me the land in which I built my house. Most of these people, assaulted me strongly in very different ways, long before COVID begins. These are the people who might want to silence me or make me look crazy and disappear, buried alive in a clinic.

And who are the people who are directly terrifying me ?

Criminals and ordinary people who are unemployed or earn a low salary such as cashier attendants, truckers, restaurant employees, gas stations attendants.

It is possible to understand why the "hate financiers" are assaulting me.

But why do ordinary people are assaulting me ?

There are many possible reasons, but I have some guesses that seem to present some kind of logic:

- some people have been hired in some way for this;
- someone created some kind of hatred chain against me;
- criminals are assaulting other people and making it seems that I am responsible for this;
- criminals are assaulting or threatening other people who refuse to assault me;
- Some people just feel good about doing this.

Possibly all these alternatives are correct. The only thing I can think is that somehow people were convinced to cooperate in this regard.

This is the logical conclusion that I arrived after almost two years being tortured and terrified. But ... is there any other explanation behind it ?

Chapter 8

A good opportunity

It's been over a year since I started my doctorate. Nancy is an excellent workmate. It's been a few years since we started working in the same room. We divide our dawn in front of our computers ... reading ... typing ... searching. We have different goals for a common end: research. And it seems clear, we love what we do.

We talk little, but our short conversations are always pleasant. We talk about our lives, the longing for a daughter, the need to pay bills from a distant country ... We live in a small town, but we never talk bad about other people.

Nancy always gives me some important tips that I will lead to the rest of my life, such as about CodeBlocks, cplusplus.com, or about some technical concept or even how to overcome some buracratic challenges of the university.

We are on a cold night squeezing our arms under our already aged wool coats. Nancy tells me about doctoral scholarships abroad that are offered by Capes and CNPq ...

I always wanted to know Europe. Especially Greece. I saw a few Greek movies, and I was always dazzled by the scenes that happened in the Greek rocks. Always an amazing landscape. And ... well ... the gods are Greek.

For this reason, I spent the next few days trying to understand a vast paperwork of edicts.

Then, I visit my advisor's room with a simple task: teacher, there is a doctoral internship bag abroad, I need you to present me a reference from someone you have worked with.

And he answered me: there is a teacher in the USA, another in Portugal, and finally, Professor Bernardo, who works at a university in France.

USA... no, no, and no ... Portugal ... all there they speak Portuguese ...

The next days were nothing easy ...

I'm crying in front of the computer because I don't understand the meaning of *on, y*: *On y vas ? On a parlé.*

I have little time. I need to take a grade 7.0 in the French Alliance test. Toffel-equivalent examination for the french language.

I paid a few classes to a French teacher. She gave me some important tips on TV5 and a French radio. But after three meetings, she told me very sincerely: you won't make it.

At this point I introduce something very important about my personality: In my life, I never measure efforts.

I create a learning technique totally outside any standard of reality.

I chose some videos from the channel *apprendre TV*, from the TV5 website, so I decide to listen to the videos, then read and translate the transcription, then listen again, then listen and write. I make it repeatedly, until I could understand speech and write the text 100% in french without any grammatical error. Then I start doing the same with french radio audios nominated by the teacher.

After three months repeating this repertoire, I perform the French Alliance test. And my grade is: 6.5.

I'm a little unhappy, because I just have one more chance.

I make another appointment with the French teacher. After all, the tips she gave me helped me a lot.

After a few minutes of conversation in french, the teacher says: I'm surprised. How did you get this ?

I answer: following your tips, and making an absurd effort.

After another month, I perform the French Alliance test again. And my grade is: 7.5.

And at this point I introduce other very important thing about me: I could never ever correctly pronounce the word *apprendre*. Can anyone do this ?

Chapter 9

COVID

I'm working in my bedroom. Adam calls me with a certain enthusiasm. I go to the TV room. Adam shows me a video of something that happens in China. People are leaving some city. The temperature of each person who goes through some kind of portal is measured with some instrument that seems to have the shape of a bar code reader.

I try to understand the English report with a certain effort. I understand part of the speech. The scene I see seems to repeat some movie about the Holocaust.

Adam tells me: How is it possible that they are letting people get out of town ?

I go back to my room and I Google the word sars cov virus.

I read some reports about Asian influenza and I try to understand as deeply as possible the type of viruses being addressed in the report.

I go back to the TV room, and I keep looking at the report next to Adam, now completely stagnant.

Chapter 10

Mr. Rocher

I wake up at dawn feeling a severe headache. I swallow a pain medicine along with some sips of water. I turn on my computer and log into the game to do some missions hoping the pain pass. I'm really sleepy. I want to go back to sleep, but the pain bothers me.

Mr. Rocher soon finds me online and asks: Are you awake ? I answer: I have a headache, I can't sleep.

We talk about something of the game. There will soon be a battle between servers. Mr. Rocher is one of the first covenant ministers. He is responsible for diplomatic matters and is always solving disputes and seeking agreements. However, as one of the first ministers, he is also always concerned with battles.

I just adore him. While we talk I feel calm, safe and happy.

It's been about two years since we met. Our wedding happened a few months after someone decided to turn the game into a relationship site. Several wedding packages were launched with real prices varying according to the size of the party. We got the cheaper package, but we had a typical Russian wedding, with a lot of greetings and long verses with good fortune and a lasting relationship desires. It was a very funny, cheerful and even a little exciting moment. It was my first marriage.

After long minutes of a very pleasant conversation, we say goodbye long and then, without any trace of headache and with a wide smile on my face, I can go back to sleep.

Chapter 11

Kidnapping day

I wake up in the morning. Basco is lying on the net. But soon he goes out to walk on the beach and I lie down where he was.

I sleep a little and wake up with my kitten Sol licking my hand. Very sleepy I see that the glass window that separates the room from the porch is slightly open. Still sleepy, I return Sol into the apartment and I close the glass window. I go back to sleep and again I wake up with another kitten licking my hand. Now it's Charlotte.

Now I realize a danger that represents finding my kittens on the porch and I wake up and raise scared. I tell my mother: Why are you releasing the kittens ?

I hear Mel meowing and see it on the bathroom box, as if it is very scared. My mother says: It's not me. They are leaving from the bathroom window. I reflect a little. The glass door was a little open. Someone certainly opened it. It is not possible for the kittens to go from the bathroom window to the porch. It is absolutely unlikely. I see that my mother is lying and get even more stunned. I look for the kittens and see that Sol and Tigresa are not in the apartment. And finally I start to get really stressed. I argue with my mother. I say: I am like a Lotus flower. I am always having to reborn from the mud. Now I will have to be reborn from the mud again because of you. Go away.

The just moment I say this, it starts to rain abruptly and strongly. My mother asks: is you the one who is causing this rain ? Somewhat stunned by the question, I answer: of course not. My mother says: I will buy fruits for you with Basco and then we go.

I started to get really nervous. While my mother left the apartment, I continued the search. And I started thinking about what I should do. I am hungry, I am still tired, and now I am really stressed. My mother arrive with Basco back to the apartment and I say: I don't want anything from

you. Go away now and take these fruits with you.

I went to help carry the bags to the car and when I get back to the apartment, my mother is riding a chlorine cloth on the floor. The apartment is hot and muffled. The smell of chlorine is very strong. It's suffocating. It brings me to my limit and I finally lose patience and kicked my mother from the apartment.

I feel relief when she finally leaves the apartment. But I'm very worried about my kittens. I am wondering if I take my babies back home and come back to look for the other two who are not in the apartment, or if I look for them first. So I come to the conclusion that I need to go out to eat something. Because I am really hungry and exhausted.

I go by car to the condo concierge to get an umbrella. It is still raining a lot. As soon as I arrive in the guardhouse, I see a very strong gentleman dressed completely in the army uniform. I think this is a little strange, but I ask the umbrella and go back to change myself in the apartment, because I'm completely wet.

Almost two years after this moment, I will be feeling a strong discomfort in never and a terrible anguish as I remember the details that happened on this day of horrors ...

But now I'm returning to my apartment. Lying on the passenger seat rests a borrowed umbrella. And I don't know how I can only think about eating something.

Chapter 12

Game of Thrones

I come home after a hard day of work, completely exhausted. I just realized that it wouldn't matter how hard I struggle, I would never do anything. They would do everything possible to nullify me. I understood that I was dealing with really dishonest people.

Then I see Adam lying on the sofa completely emerged on his cell phone, laughing and entertained.

I think: I spent all these years striving so hard to build a castle that became my tomb. I will never be able to get out of it. I just think: I give up.

So I sit in front of my notebook and I have no reaction for a few long minutes. I remember seeing an ad about a new game - Game of Thrones. I followed the glazed series ... I loved it. I always liked games, but I had put it aside to dedicate myself to work. I see the game as a possibility of scape from reality. And ... that's exactly what Game of Thrones became for me ... but it was much more than that.

It was in the Game of Thrones that I could find out myself ...

Chapter 13

Groups on research

It seems that the Brazilian people is born with a way ... There is always a way to cut the path or to jump a stone ... There is always a way for everything.

Possibly this is because the Brazilian people had to survive several crises ... years of inflation followed by the opening of world competition in the market and freezing savings along with a strong monetary devaluation. And this is only what I witnessed in Brazil.

I was still a child, but I kept the moment my mother put a fried steak on my plate ... after a long time I didn't even know what it was like to eat meat ... her plate was only rice , beans and a fried egg.

Soon after, I saw my mother's employees complaining, saying that my mother was eating meat and didn't put meat on their plate.

There were countless difficult times ... but in some regions of Brazil, there was something much worse - drought and hunger. In the Brazilian interior, whole herds of cattle die with thirst and malnourished. The TV periodically show images of bones and vultures in a desert scenario that did not seem to belong to Brazil ... but belong.

After some unsuccessful attempts, the Workers Party has decided to relate to the right-wing policy and therefore can finally reach the presidency. So ... something start to change in Brazil.

University professors gained a chance to have better salaries, but master's and doctorate diplomas were needed. Universities began to spread to cities in the Brazilian interior. There have been many new contests, many new courses have been opened and, in particular, a lot of postgraduate programs. We can say that the PT brought to Brazil a large university revolution as well as directed the focus of universities for research. CAPES has become

responsible for the periodic evaluation of postgraduate programs.

After a few years, some groups began to strengthen themselves, and some universities began to become more like political institutions than autarchies. Some programs have begun to hire (through contest) finger-chosen teachers and graduated from the postgraduate program itself, if not friends and family, to increase the size of their own groups. And to get better score by CAPES, the times of masters and doctorates were reduced.

As a result, many undergraduate and postgraduate programs have acquired a homogeneous and doctoral faculty, but without the real ability to do research.

With no ability to create their own projects, then the political struggle begins with the property of the research of others: "If I cannot develop my research, I will publish yours." Then the political retail begins within universities to teachers who want to develop independent work ... the fight for property about knowledge.

Certainly this is a problem that is aggravated in Brazil. Possibly it is also an aggravated problem in other countries, because the research revolution event took place in Brazil, following a worldwide trend.

However, I believe there is still a way for that:

- depolitimate universities and teacher entry contests (focusing on multidisciplinary and crisp mechanisms and regulation for this);
- identify the real level of scientific knowledge of masters and doctors hired at the university and requalify masters and doctors already agreed, giving them the possibility of identifying their own research area, being the university responsible for the demand of the plurality of professional profiles;
- identify the coherence of the topics of the works published with the area of knowledge of the authors;
- require the CRediT section to be included in all publications;;
- require university professors to have some ethics training;
- create support mechanisms and support for all teachers and not just the political groups of universities;
- and especially: develop open research, with version controlling (SVN), in such a way that scientific contributions and the progress of developing work can be closely monitored and by any interested party.

In most universities, as well as in most states and condominiums, those who decide always decide for themselves ... but I still have hope.

Chapter 14

The face of horror

Now things will work this way ... If someone "important" thinks you are a Host, someone else press some key and you will have an unbearable head pain, or even a heart attack. Perhaps someone will affect your lung so that you are diagnosed with pneumonia, even if you live in a very hot place and avoid being under the air conditioner. It's possible you find a cancer in your diagnosis.

So it's better for anyone not to know your existence, isn't it?

But ... what to do if your existence has already been noted ?

Most of the time it is an unbearable pain. You have the impression that someone is trying to send you to a hospital. There are various forms of pain, back pain, head ... An insight acute pain throughout the body ... muscle pain ... A horrible burning in the nostrils ... Sometimes it seems that a laiser feche is passing along the brain. It's a lot of pain, there are many different forms of pain ... The pain usually wakes you up from a deep sleep. Usually near 3:00h am. Sometimes the pain lasts all day.

Thank God it is not so every day. But it is so with some constancy.

Along with the pain comes malaise and diarrhea...

And, usually, some oil and black dust in the windows and on the floor and a bad and strong smell of something you don't know. The smell is not always the same but it is alwas bad.

You really live far from the city, about 50 meters away from the road. There has always been the noise of cars passing quickly through the road, as if it were the sound of the waves of the sea, and, besides, just the silence. But now you are constantly annoyed by a noise of cyrenes that pass on the road at reduced speed, and the sound of cars left in acute mode. Very loud sound of beats that resemble the sound of the heart. The COVID gang chooses

to do this repeatedly at a standard moment of your day, which you usually do at different times. For example, the exact moment you decide to wet the plants, or the exact moment you take care of your pets. They want to make sure you understand that they are watching you.

And, of course, they do things to scare you or make you look crazy, such as putting things in food, water ... or doing some kind of procedure that is unnatural and not repeatedly expected, when you get into some environment you use to go to. For example, you see, each time you leave home, a truck or car stopped on the road shoulder, with a person found out and next to the vehicle, waiting for you to pass and, in follow, this person enters his vehicle.

It is a very heavy and cruel booting, done repeatedly and consistently. It's a type of Gaslight. It is very difficult for you to claim, explain or prove what it is happening, but you know that it is unlikely and, in the circumstance, that it is being done purposely to affect you psychologically.

COVID's gang is actually just a bunch of cowards. Someone who has objectives focused on achieving a life ideal would never spend his time assaulting or bothering other people. But all this is really almost unbearable.

And again I need to point out that. This is not just some kind of *Bolsonarismo*. There are people financing this.

I almost forgot to report on technological attacks. Just like physical and psychological attacks there are other attacks that use the network and the collection of your private data. In this form of attack there is also a lot of creativity. Let's try to create a list:

ads using YouTube advertisements: you are seeing a movie on YouTube at the end of the day. You sit on the couch to be able to disconnect from a day at work and suddenly appears an ad with a death message, or a picture of some area of your own home, or about some author whose book you just buy, or some reference to some recent thought, on which you did not comment with anyone.

built-in messages: you start to get upset with Youtube and then signs Netflix. It sounds good at first, but then you start receiving emails from websites you have already consulted at some point in your life and you signed up for some reason. In these emails there are built-in messages - a underlined phrase, or simply a text that is out of context. The sentences are also related to your thoughts, or to something you said or wrote. They are always malicious comments in the sense of provocation. There are also messages that appear on your mobile, from your bank or some source that you would normally say to be reliable. Of course, you can even try to talk to a Federal

Police agent. But what are you going to say ? And yet you will have to go through the attendant. The latter will have someone by his side, saying that he should throw away or place in the refrigerator. The one apparently advises about food. But the attendant will say: I don't put anything in the fridge. And then he find a way to discard you quickly. The attendant says something like: the Federal Police do not deal with these subjects.

google translate translations: you are used to using google translate for work or to translate the chat of a good friend whose langue you have not yet been able to learn. So you glue the phrase in the translator and suddenly appears a text: I'm not responsible for that, I'm not a chemical. You realize that this is not a possible expression of your friend. Then you put the pointer right after the last word and press ENTER key again. And voila, now we have a friend's message: I also miss you. I still think of visiting Brazil.

There are countless ways ... and it is something about what is not pleasant to write ... It is not possible to refer to everything ... but the form itself points to the culprits...

First: All harassment costs money. Two years of booling does not cost cheap. Who could spend so much money on this? A great businessman, or what I believe - public money. Second: There are people involved with a high knowledge in technology. And to read a person's thoughts, you need to have access to the latest in terms of technology. Third: Gaslight is a technique that was invented by a psychiatrist. It is a malicious resource that can only be designed and planned by people who are aware of psychiatry.

All this combined with the explicit attempt to destroy your image and the theft of your projects (with all the work you had to identify new problems, and came up with new ideas of contribution to research and new solutions techniques), points to a unique direction. However, who should you appeal to ask for help ? And how to use your own testimony when your own mother hosted you in a clinic and the clinic psychiatrist gave you a certificate with false information by stating that you are out of reality ? Is there a way to get out of this hell ? If you leave, your conscience will allow you to silence ?

Somehow the horror goes far beyond your path, it disguises it and walks among many people. Can you be silence when you understand that there is a system that abuses legal devices to bury live a person who somehow ended up becoming a host because he wanted to work indenpendently and ended up acquiring potential for innovation and overcoming ?

Or will you find a way to express yourself and tell the whole world the truth ?

The reason is not revenge, but the need for change. It is not possible for a society that is in this way, move on and establish itself definitively.

On the one hand, a discourse for free competition and freedom of expression and on the other side a fucking politics that destroy the people who represent some threat to the status quo. This is not digestible.

Chapter 15

The rain and this amazing ship called the Universe

Once my mother told me: Have you noticed how the plants look more beautiful after it rains ... ?

Have you ever wondered why you are on this planet ? Why are we here ?

I can answer for sure. If you want to understand why something exists, just understand its purpose.

So what does human beings love more than anything ? Learn new things. Exchange experiences.

So, besides grafting the earth, the experience is most likely the main reason that man populates the earth.

I believe the earth has the means to keep, process and distribute any and all form of experience lived by people, animals, plants and ... well ... everything else.

But ... how does nature do this ?

In many different ways. Through reproduction and other means ... but mainly through water.

It is possible to say that water in its natural state has living information.

Would it be crazy to say that just like our DNA, the air we breathe, our urine, our sweat, and other things that leave our organism carry our experiences ?

Chapter 16

Industry 5.0 - The new future of labour

Thinking in a purely capitalist aspect, I can only think of a possible future.

Why create robots, if it is possible to robotize employees ? After all, this will certainly represent a greater cost benefit for many companies ... right ?

I imagine the companies of the future (5.0) as large spaces in which machines and metahuman (robotic humans) walking, receiving information about the correct way to proceed through computer chips installed on the cerebellum, and on the frontal and other lobes of their brains.

Our guru, Domenico De Masi, thought of a reduced workday and billions of people having more free time to live life better ... A great civilization of Sócrates ... It would be good to have our dear critic still with us. Publishing his futuristic ideas.

I can only visualize a reduced population of workers, with no will of his own, within great warehouses, working for a even lower neo capitalist elite, around 18 hours a day ...

In a neo capitalist world, Sócrates would be seen as a threat to society.

Chapter 17

University

You understand that a country is in decay when you start a postdoc at a public university, and the secretary of your department says that her husband created an orange company to divert money from research projects. It's the first time the employee sees you. She doesn't know you, but with a well-washed face she explains the scheme to you: it works like this, the company issues the note, you make the payment with the funds of the project and then we return you 80 % of the amount paid in cash.

I just thought, no, I don't do that. But, as a great Brazilian, I couldn't even come up with an answer. I left the room and that was that.

But I didn't see it as a sign of Decay. I didn't even understand what terrain I was stepping on.

A few years go by, I'm worried about figuring out how to be a college professor. Nobody prepares you for that. They simply hand you a list of what you must do to have the necessary score to progress in your career every two years.

I founded a research group. I know we have great potential. But we are still trying to figure out the path of the stones. We're almost there.

But then I make a bad decision. I show to the coordinator of my department the works that I have published with my students.

My intention is that the subject I teach, mathematical programming, will be attended by more students. I hope to be able to leave this discipline as an elective for the Operations Research area.

It doesn't seem to be a big problem. It could only bring good things. But it was not so.

The first consequence of my efforts soon appeared. I am once again teaching

a subject whose content I have prepared myself. I want students to learn mathematical modeling. So I prepared a course for this purpose. In the course I develop a work with students, we work with the modeling of a real problem chosen by the student.

Again, only good things. But no. Remember that I showed my publications to the coordinator of my department ? Well, then. It didn't take long. We are walking towards the room and the student confesses: teacher, my advisor said that I cannot publish anything with you. We can do the work of the discipline, but I can only publish the work with him.

What ? After two semesters with this fact repeating itself I canceled the discipline. But the problem is not over.

Many teachers get resources to develop their research projects. I decided that I did not need resources to develop my projects. At least not now. Another option, register the projects by the university itself. As the conflicts began around my publications of the works I was developing with the students, I decided to register all the projects I was developing. There were many. My priority has always been students. I wasn't really worried about journals. The registers would also help me focus on the publications since it is necessary to account for each project registered. Only good things. But no.

Some months have passed, and I receive all my research project registration processes with the same verdict. Failed. And a sublime message that said that the projects were not of my authorship.

So I'm going to the University Board to try to solve this problem. I try to explain that the projects are mine. The rectory asks me to change a few sentences of the project. To make it clear that the project is my own. And ask me to approve the modifications in my department. As a routine procedure. Simple, right ? But no.

Teachers in my department have come up with a way of not approving the changes. I'm going to a new meeting at the rectory. I'm taking a co-worker with me.

But this meeting is different. This time the research director changes her behavior and is very strict with me. Leaving the meeting, my colleague says, Ana, there is no way. They already made your skull. The only option we have is to publish our work. Once we get it published, this will all be resolved.

In the following months, I worked hard. We are close to the deadline for completion of one of the projects I tried to register. I get the job done, submit a paper to a conference, and do my research report. Now we have the SIPAC system, and the processes are no longer physical. In the report

I prove that the project is of my authorship, that it is relevant and that it could not have been drawn up or developed by a student.

I request re-evaluation of the research project register and approval of the report. Problem solved, no ? But no.

The professors who were occupying the position of head of my department (core) found a strength of falsifying the physical process of registration of the research project. Why did they do that ? He wanted to claim that the digital process was a copy of the physical process. Thus they got an excuse to request the archiving of the digital process. Leaving everything in oblivion.

Ok, I'm tired of fighting over combinatorial optimization problems. So I took forward a project that I was already starting to work on. About demand forecasting. I wrote a fucking project. And then send it through the SIPAC system for registration. Problem solved, no ? But no.

The registration process for my research project was stalled for more than a year.

The question is ... everything I'm suffering now could have been avoided if I had agreed to mentor students so that they could publish with other teachers. But who would do that ?

And why the hell don't the other professors guide their students in their own areas of research ?

Attending an event at a startup hub, I had the misfortune to find out where my projects were and why I was having such a hard time with registrations. I just couldn't figure out how my projects got there, but the behavior of my co-workers makes it a little evident.

No, no, no. Don't think wrong. We haven't reached COVID yet. Right now, a good project can still be worth a lot of money. Good funding, etc.

But I must confess that I felt a bit of personal satisfaction when I discovered that the people who had taken over my projects were unable to finish them.

Along with so many problems, I discovered a lump in my thyroid. And my doctor appointed me a remedy for thyroid hormone suppression that, I must say, was not indicated for my case.

However, a combination of factors led me to an extremely depressive picture. I couldn't stop crying.

The love of my marriage died as the problems at work grew. I became an

unhappy and worried person. Then everything was bad. I just thought: I tried so hard to build this castle, now I'm stuck in my own castle and I can't get out anymore.

Chapter 18

The path of creative imagination

I'm lying on a rug I bought in France after I decided that Adam and I would camp in Greece. The rug is already old, but it is still very comfortable. I am looking at the large glass windows that are really very blurred, covered with water vapor. The temperature difference between the inside and the outside of the house causes a few drops to drain.

As I look at the blurry glass I think it is funny to have the sensation that there is some destiny that has been premeditated.

I think on my car license plate - PGA4722 - and I realize that it contains the same numbers of the phone of the house where I lived most of my childhood - 22-1647. Number 22 and 47 are apparent, changing only the order and, after some calculation, I remember that the letter p is the 16th letter from vocabulary, while g is 7th and a is the 1th letter. I realize that by changing the letters for their respective numbers, I have 7 16 1 47 22. 7 and 1 represent the first and last of the last four digits of the phone number, in changed order, and 47 and 22 also represent the first two and the last two digits of the six digits of the phone numbers, also in changed order. I think there must be some logic in this.

So I think of my house. I chose the number 8 batch as land exactly, which is the same number as the house where I spent my childhood. I remember that 8 is also the number I chose for my email, after receiving some important tips from a friend about how I should choose a name to create an email, at the time I attended my college, and 8 It is the number that represents infinity.

Suddenly small coincidences make me believe that there is a direct relationship between my current life and my past life. Such coincidences also lead me to question about the number 8 and the infinity.

Then I draw the number 8 on the blurry glass letting a few drops of water drain while I circle with my finger over the glass. And right afterwards I start thinking about infinity ...

I feel enormous discomfort in understanding that infinity is not understandable and then I make an even greater effort to reach some conclusions. I begin to form theories about the universe and then come to the conclusion that our brain was not made to understand infinity. Neither the infinitely small nor the infinitely large.

I begin to think about the origin of the universe. I come to a somewhat unusual conclusion. That the universe arose from something infinitely small, which began to reproduce itself infinitely, creating the forms that, although distinct, are attached to the rules of the original infinitely small being.

I think of a deduction of the reason for such multiplication and, after some attempts without success, I create the idea that it is a form of self experimentation.

I think of several infinitely small beings creating several universes and then I end up sleeping.

I dream of small air bubbles dividing as the cells do. The bubbles fly colliding and forming different shapes ...

A few months later ... I still reflect on infinity. So I tell Adam about a thesis sketch that I developed over the origin of the universe.

Adam tells me: I saw a recent video that talks about something like what you are saying. I will send you the video.

I watch the video that Adam sent me paying close attention to the details. An American teacher presents a lecture on his latest theory about the origin of the universe. The wall near stage is filled with an image that mixes figures of a jungle with other figures.

The theory in fact is very similar to what I had imagined. The teacher says, without any concern, that his theory was based on a friend's advice on Facebook.

I finish watching the lecture and I have a strange feeling ... There was more information there than all the speech presented by the American teacher.

Chapter 19

Law vs logic

The sciences law and mathematics have many common things, for example both are Sciences in which proofs support theorems which end up being accepted as a basis for new proofs. However, law is a human science, and therefore carries the complexity and diversity of its field. The same set of evidence can support different theorems, which can be used to accuse or exonerate a particular defendant or decision of any other nature. It all depends on the plot drawn up by each lawyer and the judgment of a judge, and in some cases of a certain set of people.

Mathematics for its part is an exact science, that is, there is a predefined set of proofs and theorems, many of which have been developed after years of research. The same proofs and theorems are used anywhere in the world and there is a consensus on the fact that such proofs and theorems can be used to represent and explain the world we know.

One of the areas of mathematics is called logic. Logic, as part of mathematics, is an exact science.

In addition to being an exact science, logic is natural to the human way of thinking.

Logical science is based on a set of simple rules, such as:

If all A results in B. Then if $C = A$, then C results in B.

The month of January has just begun. 2024 is a new year, but I do not carry new expectations at this moment. Just a strong determination to solve my problems.

Then I find a lawyer who charges me an expensive amount, but within the OAB table.

The lawyer quickly files a lawsuit requesting nullity of the medical report, in

addition to other rights that he understands I possess.

The lawyer's petition does not talk about terrorism. But it presents a trove of important scientific publications and the claim that this process deals with an abnormal situation where a hardworking and highly intellectual person is treated as crazy and has her rights usurped.

It's been 36 months since a round-faced alleged SAMU employee told me that "they would make me suspicious of everyone." So more than two years have passed since I began to suffer this kind of torment.

And it is not clear to me who ordered this service, or for what reason the service was ecommended.

The only thing I have no doubt about is that this is gang work, and/or militia work.

Now I am faced with the following question: will Law in my case be able to be as correct and effective as logic ?

I hope Ana's story ends with a chapter making it clear that justice in Brazil still works.

We need to wait to find out ...

Chapter 20

My kidnapping

I am returning to my apartment, an umbrella rests on the passenger seat.

I have a list in mind: change clothes, go out for something to eat, then try to look for the two kittens that were not in the apartment.

When I get close to my block, I see that my mother did not leave as I had imagined. She is talking to three people who are completely dressed in military uniform. A swarthy-haired man, a little strong, a swarthy thin young man and a girl.

One of them asks me: Can you accompany us ? I say: yes, I can. I just need to change my clothes.

When I return I ask the girl: are you in the army ? She replies: Yes, we are.

So I get in the car with them. The brown-haired man is the driver. The girl is sitting to my left, and the swarthy thin boy to my right.

When we arrived at the condominium concierge, the man I had previously met at the guardhouse extends his hand into the back window of the car. And both the girl and the swarthy thin boy forcibly ransack my bag, which was in my hands and deposited on my lap.

I start screaming. No employee or security of the condominium comes to my aid.

Chapter 21

Nano lobotomy

It is end of January 2024. It's 1: 50 a.m. A few minutes ago, I woke up with a discomfort in my head, as has been happening for the past few months. But this time I felt a sense of emptiness.

I have had several pets in my life. But of the kittens I've adopted in the last years, the first became part of my life in 2012. Since then, I have dedicated part of my life to them. This was my choice. An altruistic choice, exclusively mine.

Over the last years, I have lost many of my current kittens.

It all started with Tiger's absurd death. I took him to a large veterinary hospital and was attended to by an intern. I didn't want to leave him in the hospital. The intern prescribed him an absurd amount of medicines and treatment recommendations. Which was not suitable for a cat. So, its condition got much worse. I went back with him to the hospital ...

Another vet told me I should go home and wait. That's what I did. The next day, they called me warning me that I should visit Tigre, to say goodbye to it. I arrived at the Hospital after an hour and a half of travel. I was a little distressed. After a long wait, I saw Tiger. It seemed fine. So I said I'd take him to another vet. At this point, the vet told me Tiger was doing better. So I allowed him to stay in the hospital. At the cashier they asked me if I would pay in advance, or if I would pay later. I said I'd pay later. The next day they called me again to let me know that my kitten was dead.

I know they literally killed him. I believe they thought that, for some reason that I don't know, I wasn't going to meet the costs. It was an absurd situation. When I went to pick him up, they handed me Tiger in the back in a black garbage bag.

Years after this event, in December 2021, I began to be terrorized, and in January 2022 I lost my little Tigress and my Sun, because my mother released my kittens in a place that was unknown to them. And I couldn't look

for them, because right then I was kidnapped by people dressed in military uniform and I was kept in private prison, in a clinic called New Born, for a period of 23 days.

When I returned from the clinic, I had the heartbreak of discovering that, after I was kidnapped, my mother left my kittens abandoned in my residence and went back to my apartment on the beach.

I have always taken care of my feline babies every day. They remained abandoned for 23 days.

When I got home, returning from the clinic, I found my Cattery open. Many of my kittens were inside the Cattery, very frightened. There was a large amount of feed placed in large jars, which was no longer in a condition to serve as cat food.

It took me hours to find the kittens that were not in the Cattery. And I never found my little Ranna. I don't know where along the way, between my kidnapping and everything else, it was lost. But Ranna was in my beach apartment when I was kidnapped.

Then, days passed, and I told about what happened to a friend, by whatsapp.

A few hours after that, I saw that the kittens were gathered inside the Cattery, around a mysterious dead big bird.

I removed the bird. Hours later I found my kitten Naro dead inside the Cattery. Probably the bird was poisoned and was placed inside the Cattery.

For protection, I bought three Hotweillers, still puppies. They grew up with kittens. But one of the three dogs mysteriously became much larger than the other two. Then one day Lucy was terribly killed by this dog. I did everything to save her. It was a scary scene. I was very hurt and Lucy didn't survive.

These are traumatic memories that have caused me a lot of suffering. As it should be. Such situation causes suffering. We feel sadness for a long time. Over time the sadness subsides. It is a natural process of the brain. It's human. Every time these memories came to my memory, I felt a strong anguish. As would be natural to anyone.

But when I woke up just now, I realized that I could no longer access these feelings.

I tried to think about my kittens and realized that some form of physical pain in the head and especially in the nape of the neck. And I felt like my

memories and feelings had been erased. As if many of my synaptic connections had been severed.

I remember reading about some discussion about the preservation of humanity. Was that what they were talking about ?

In recent years, I have felt that I have lost my dignity. I have lost access to human rights. And now I'm losing my humanity ?

Good or bad feelings are part of the life of any human being. A person is the result of his experiences. The brain has the capacity to deal with joys and sufferings. But naturally, it takes time, and the memories feelings are never erased. It is a way of protection from new difficult situations.

I wonder. What have I done to deserve this ?

Chapter 22

A real hell ...

I'm putting Joana and her three puppies inside a cardboard box so I can take a picture. The photo has a simple purpose, to show the delegate my kitten and her puppies. Joana, my cat, gave birth to four puppies on 2024/18/01.



One Monday in February, the nineteenth day of the month, I decide to get in the car very early in the morning and go make about an hour and thirty trip to buy cat food at the distributor. The puppies are growing up and will soon need to be fed with more than mother's milk. I haven't looked after puppies for a long time, so I lost track of the right weaning period.

When I arrive at the distributor, I discover that I cannot make the purchase order because, hours before, someone cut the wire that takes the internet to the company.

I keep talking to the saleswomen, hoping that the situation will somehow be resolved. With a strong tone of happiness, I tell them about the birth of the kittens and the curious fact that Joana made her nest inside the wood of an old crate-type bed that I left in the Cattery. My other kittens pierced the wood from the top, providing a perfect refuge for Joana.

I get home a little after lunchtime. I'm working late to make up for the time I've wasted buying the cat's food. I end the day pleased to have finally managed to finish the introduction of one of the two articles that were approved for a scientific congress. I read the introduction, and I see that it is not perfect, but finally the text is very good. Few final modifications will be made. I can finally move on to the next sections. I think that the introduction of an article is always the most difficult and time-consuming part of writing and that I will not have great difficulties to finish the work on time. I'm going to sleep satisfied with myself.

Tuesday morning I wake up early and go take care of my kittens. I have a habit of always counting all the kittens before leaving the Cattery, to make sure everyone is safe and protected. I count each one making sure to fill them with affection while I do the conference. Charlotte, Mimi, Nina, Saça, Braquinha, Raposinha, Mel and the babies Pingo, Lyon, Joheau, Denguinho, Bruce and Joana. Then I look into the wood of the bed and am glad to see that Joan's four children are already walking better and biting each other.

I realize that I will not have time for breakfast. I hurriedly take a shower, get ready and go to work.

After class I return home excited to continue crafting the article. When I get home I leave my bags and go into the Cattery to take care of the kittens.

I play a little with the older kittens and then I realize that one of Joana's puppies is not inside the bed bin. I'm looking all over the Cattery. I look for every inch of the Cattery and I can't find it. I remember that when I entered the Cattery, I noticed that the kittens were very communicative and that this happened whenever they went through an unexpected situation.

I think there is no way a kitten thirty days old, who had not even weaned, could escape from the Cattery. But still I go out of the Cattery and search the grounds of my house, then I go back and search inside the Cattery again. I do this several times, repeatedly.

Then I remember the employees who are doing work in the condominium. I remember the various other problems I have suffered since the work began. I remembered the attacks I had suffered in the last two years. Physical and psychological torture. Everything passes in my mind like a movie and I understand what is happening.

I get very stressed when I realize that someone just walked into the Cattery while I was working and took one of Joan's puppies. I go to the construction workers and ask about the kitten. I ask permission and enter the condominium guardhouse to look for it. I find that the employees of the construction site are installed in the guardhouse as if they were living there. Which is absurd, considering that it is the guardhouse of the condominium. But I can't find my kitten. I see one of the employees walking away with a backpack on his back. The construction workers inform me that he is going to receive a payment.

I'm going to the police station to file a complaint. I try to explain everything as best as possible.

The next day I wake up in the morning. I realize that the employees are using, in the work of the condominium, the sand that I bought to make the wall and the fence on my land. I had already warned them that that sand is mine and that they should not use it. It seemed to me a provocation. I took pictures. I went to the police station again, as I was informed that the police delegate would be there on Wednesday morning. But I didn't get to talk to him until Thursday.

On Wednesday I discussed this issue with my lawyers.

On Thursday morning, I sent all the photos I had, a video and a narrative description made in a notary's office narrating about most of the problems I had with the condominium work.

I had already talked to the man responsible for the condominium work about all the problems and, after our conversations, I believed that they would be solved. I was informed that the position of the curb would be corrected. But when I left the house, I saw that the construction workers were laying cement for fixing the curb, disrespecting the width of the sidewalk near my house. I had a strong discussion with the staff. I had no doubt that this was being done to harm me. To affect my psychological state. But after the theft of my kitten, the aggression that this meant for me, taking from the mother a little animal that had not even been weaned, certainly to abandon somewhere and let him starve. After that there was no way not to stress and the discussion was right.

I tried to explain to them that they should use Square and measure the width of the street, and the sidewalk, always leaving the same distance. But they started being rude to me and I started arguing with the three workers. I realized they were recording the discussion with a cell phone. The construction workers at the condominium began making false insinuations. I realized they were trying to use the recording to incriminate me.

Suddenly the lady, who is the current companion of the Lord who sold me the land of the condominium and is causing me so much trouble, appeared, appeared out of nowhere and began to argue with me. An 80-year-old lady told me to shut up several times and started making innuendos. With allegations of things that she should not have known about, such as the fact that I have gone to the police station several times to make several complaints about different assaults that I have suffered.

It was an awkward moment. But the behavior of this lady made me understand what was happening. The theft of my kitten with only thirty days, as well as the use of sand that I bought for the condominium work, and the insistence on the improper placement of the curb. They were provoked actions so that I would exasperate myself so that they could create evidence against me.

I came out of that terrible environment and went to talk to the police delegate. Who was very kind to listen to me carefully and try to understand everything I was suffering in the last 26 months, as well as previous problems.

The delegate made me sign a term of cooperation and told me that this problem would be discussed judicially.

And my thirty-day-old kitten ... ? After 36 hours, I can't believe there's anything I can do for it.

I can only ask God to take care of it or its feline soul and that there be justice.

I hope God hears me. And let these criminals pay for their crimes.

At the police station I noticed a poster about the murder of a girl. In the photo a beautiful young woman smiling, above the photo a message: "there is no perfect crime". Below the photo, request for complaints to determine the crime.

When I saw this poster, I thought: this is just one of thousands of paintings from Brazil.

Friday morning, I really want to work, but I can't continue to write the article. I feel like I'm in shock. There are no ways to describe my anguish and suffering. I remember the kitten that was stolen. Beautiful, all white, but with a little beige at the top of the tail, as if such a beige strip had been created to attest to his kinship with his little brothers. I remember him joking.

The stolen kitten was the only one (entre os quatros) that I had ever been

given a name. I gave it the name Xodó. Even though it's almost all white. I could recognize the soul that was inside it. Xodó is the name of a cat I had in my childhood. I was totally in love with this cat. The Xodó of my childhood was all black. Absurdly beautiful. I had another Xodo, completely black and also absurdly beautiful, with eyes of a dense green. Charlotte's brother.

Xodó, brother of Charlotte and Tigre, disappeared from my apartment and was, in this way, responsible for the fact that I adopted so many kittens. But that's another story that will be told in another chapter ...

Chapter 23

Why COVID was created ?

... latter

Chapter 24

In the middle of the stones flowers are born

For me, one of the most unforeseen outcomes of Game Of Thrones was that I simply became addicted to chatting in game chats.

The first few times, it was out of sheer need for survival in the game. It was really some kind of overcoming.

But I soon discovered that in the middle of all that confusion of mixed phrases and nonsense, it was possible to filter dialogues and that there was a story there, of which I could be part.

And this addiction became much worse after I met KanT, a colonel in the Russian army, extremely intelligent and intellectual, who loved flipping through war books. At the time, new leader of the KgB.

Oh... my eyes filled with fascination at the sight of the sudden attacks of the KgB, destroying everything on the map.

KanT became my partner, KgB my most important ally. Then... I created a new character and infiltrated the KGB alliance, after I became k116's Queen.

With KanT were always long conversations, and between them, I could not wait for the next meeting ...

One day KanT explained to me in great detail the difference between instinct and intuition. Then he told me that few people had these two well-developed natural defense tools. But that I have both.

For a long time, after 2022, I had by intuition or instinct, a strong thought telling me that I should speak openly about what was happening to me.

And, at some point, these feelings were so strong, I gave in. I created a video talking about the fact that I was terrorized, kidnapped and held in private prison in a hospital for 23 days. I posted the video on youtube.

After that, the battle I was being forced to fight became more pronounced. My life has become a real hell.

But today I clearly see that at that time someone needed to talk about it.

It would be a really good thing if all the people who felt wronged had something to say about and, in one way or another, spread their words to the world.

The problem is that people are being agressed, tortured, when talking.

The other day we were talking about religion and I asked KanT: do you believe in hell ? He replied: there is so much evil in the world that there must be a hell ... it is not possible that there are such cruel people and that there is no punishment for such cruelty either in life or after life.

I remember KanT writing this sentence and then I think about how much the story of Christ repeats itself. I do not understand why Christ said: God, forgive them ... But Christ was a holy man ... and surely I would never be able to comprehend all his wisdom.

Today, when I see the phrase:

together we are strong !

I feel bad and force myself to ask the question:

together against whom ?

The philosophy of "together we are strong" amazes me more than it convinces me.

It's not a question of togetherness. But it's a matter of strength.

It's not to do together. It's for everyone to do their part.

And, I am glad to see that, although belatedly, the effect of neo-politics has been exactly that of provoking an anti-neo-politics.

This became clear to me a few minutes ago when I went to look up the meaning of the word *Decoloniality*.

Imperialism mixed with patriarchy, and the exploitation of everything, even living beings and life itself, as a source of capital can have no result but revolt.

But this time, the revolt came as an intellectual response, from intellectuals.

Questions and counterproposals of intellectuals concerned with the planet and society, for the planet and society themselves .

*Maybe it will take time to happen, but I see drawing itself the hope of a
different future*

Chapter 25

Evolution based on experience

At some point in human history, Charles Darwin wrote:

Chapter 26

Is Brazil experiencing a new period of dictatorship ?

I posted this question on duckduckgo.com and, digging around, I found a report from the Latin America Bureau (LAB) posted on May 1, 2014 entitled "Brazil: the spirit of dictatorship is alive and well".

The newspaper recounts a dark moment in Brazil's history when a planned coup was beginning to be put into effect. Almost as if it presented an enigmatic prediction about the terrible times to come.

Such a moment was succeeded by a chain of events, including the spread of a terrible supposed pandemic which was accompanied by absurd technological development that managed to make Moore's law obsolete.

Reading this article has caused me enormous grief. And while I started writing I had to deal with a strange and uncomfortable sensation of sharp pain and tingling in the head, near the nape of the neck. This feeling is becoming stronger as I insist on reporting my reflections. But I don't give up writing.

In the following days I will be waking up in the middle of the night feeling unbearable pain in the area of the nape and vicinity. Not an ordinary pain, but as if my brain is being cut. But I will not give up writing.

Is Brazil experiencing a new period of dictatorship ? I repeat the question to myself.

I think a little about my limited ability to answer such a question. First there is the need to understand the real meaning of the word dictatorship.

I dig a little deeper and find another article on this topic. It is a recent report, posted on May 3, 2024 on the France24 website. The report is titled "Brazil still struggles with the dark period of military dictatorship, 60 years

later".

The report is presented in a video. Some people of somewhat advanced age narrate about a dark period in which they were arrested by the government, locked in buildings and tortured.

According to the free encyclopedia Wikipedia, the regime established in Brazil on April 1, 1964 and lasting until March 15, 1985, later recognized as the Brazilian military dictatorship, was marked by the inhibition of political discourse through torture and murder.

Absurd aggressions, but visible.

It seems that such nonsense was justified by the pursuit of economic progress.

Is Brazil experiencing a new period of dictatorship ? I repeat the question to myself.

Yes, people are being kidnapped and imprisoned, yes people are being tortured and yes people are being silenced. But the methods used are different and there is a whole plot specially created to confuse, give legitimacy and justify all this nonsense.

Absurd aggressions, and invisible.

It seems that such nonsense is now justified by the pursuit of technological progress.

But is the Brazilian federal government responsible for all this ?

2024, based on what I see about the current Brazilian government, I can say that the answer is yes and no. Dictatorship does not match the ideology of our current presidency.

But the government becomes responsible to the extent that it fails to inhibit the various forms of aggression that have become widespread.

In addition, the government is so concerned about its Reliability Index that it has begun to invest in control measures that lead to violations of the right to privacy and censorship.

The excuse is always the same: this would be acceptable in another period. But now we need to act seeking to defend public order or democracy.

In any case, agreeing with the words of St. Thomas, I cannot understand how committing crimes against human rights can be a plausible measure to combat other crimes.

St. Thomas said:

One cannot justify an evil action, even if done with good intention.

About at the state level, some news reports that there is the involvement of higher instances in the approval of measures that seriously violate human rights.

It seems that the Brazilian state is under the control of criminals who use a wide range of resources, including new technological resources, to commit their various crimes. And it seems that such bandits have wide backs. Because they fear nothing.

In this scenario, even if a person gathers evidence and files complaints against the aggressions and abuses that are happening, public bodies do not take the necessary measures. Records disappear, are ignored or modified, and their arguments are used solely to testify that this person is insane, or without any moral credit. Even if this person is ethical and has built a dignified life, he will be discredited and attacked in unimaginable ways. After long years of constant aggression, the life of this person will be turned into a real hell and his image and morals will be destroyed.

I can testify that this account is true. I am living this horror. And I had the displeasure of hearing the account of other people who are also going through something similar.

Brazil really went into chaos. But who is provoking it ?

Many times, when I put myself short out of all this madness, I think of the teachings of Sun Tzu, in his book "Art of War":

"Here is what I had to say about the different advantages you must try to obtain when, in command of the army, you will have to measure yourself against enemies perhaps as prudent and valiant as yourself. They cannot be beaten unless you use the little stratagems I have just indicated." [by Sun Tzu - Art Of War]

Sun Tzu explains in his book war tactics to defeat an enemy by destroying his moral strength, creating internal intrigues and causing internal separations. Thinking about the teachings of Sun Tzu brings me a warning about human behavior.

Possibly my mother was somehow manipulated into contributing to all the horror I am experiencing. It destroyed the love I had for my family. It took me away from the people I loved most in this world. It seems to me that the aggressions I have suffered on a personal level follow precisely the tactics of War proposed by Sun Tzu.

Looking from a global point of view, it is possible to see that Sun Tzu's teachings are also entailing discord and separation between countries that previously constituted a single nation. Examples include the war in Ukraine, the disagreements that are causing an intense rift between China and Taiwan, the conflicts in Gaza, and the conflicts in South America.

All this makes clear in my mind the idea that there is some bigger reason behind what is happening in Brazil and in the whole world.

What is behind all this ?

Is Brazil experiencing a new period of dictatorship ? I repeat the question to myself ...

Is the world experiencing a new period of dictatorship ?

Perhaps, this question is not the most relevant question.

I believe that at this point, world governments are already aware of the use of people as guinea pigs for data collection that will be used to feed the training and testing of new and diverse neural networks. Whose learning becomes deeper and deeper. The objects of the studies range from thinking and the origin of ideas to the behavior of proteins and microbiota and the impact of this on various forms of life, including human lives.

At the end of 2021, I was really good. Absurdly well, despite the fact that I am experiencing problems in my work. Then everything began to change in November 2021. They disrespected my civil and Human Rights. I was turned into a guinea pig of some evil experiment.

My life was completely destroyed. They also destroyed my morals, my health, my youth, my happiness. And this horror seems to have no hint of ending. Things are as horrible as they could be. Even focusing on work and trying to escape from this absurd reality, it is difficult to work being assaulted and tortured. I clearly don't see any form of defense in this regard.

And it is not possible for me to imagine the horror experienced by the people who are bearing the consequences generated by the spurious motives behind the wars that are taking place in the world.

It is clear that all these aggressions are somehow connected with the development of new technologies and the incessant dispute between capitalist and socialist government regimes. In Brazil and outside Brazil.

I believe that I only became part of it because I tried to defend myself against such abuse. And because dishonest people always know how to use all available means, including new biological and technological resources, to destroy alleged opponents, in pursuit of their personal goals. In Brazil and outside

Brazil.

Perhaps, the most relevant questions are:

Will any non-governmental body, such as any association in defense of human rights, take the initiative to do something to prevent this ?

How many lives will still be destroyed to meet all the nonsense of society ?

Will the Brazilian federal government put aside its incessant war against fake news to take measures that actually protect the Brazilian population as well as civil and Human Rights ?

I believe that these interventions would be the only real measures capable of appealing to the image of the Brazilian government as well as of a civilized world.

It's about time someone stepped in.

Chapter 27

The scheme

I will present things as clearly as possible. But the main thing first.

Reflect a little on my question:

Do you think that a person's life can be harmed or destroyed to provide a better future for humanity ?

Of course, I'm talking about technological developments that can be used to benefit future generations.

According to ethical principles, the answer to this question is not questionable. This would be acceptable only with the consent of the person himself.

But think about it:

Would anyone in today's world be willing to do so much ?

Not even if the planet was about to be destroyed. No one would do that.

Second things second.

Corruption is like a cancer that spreads across the planet.

I believe that a large part of the world's population is made up of corrupt or corruptible people.

Ethics don't matter much these days.

To understand what is happening in today's world, one must understand the mentality of a particular type of person who does not care about ethical principles.

Some corrupt people are capable of doing anything to achieve their goals. Usually money, fame, power, control, recognition.

This type of person does not care about the well-being of others. Especially if it's someone they don't like.

This type of corrupt person always seeks positions with some kind of political influence.

Possibly, this is why we mistakenly associate the term politics with the term corruption.

And, this type of corrupt person always creates a support network to meet their goals.

This network is usually built through the indication of occupation of employment positions (public and private) and through contacts and agreements.

A person who has been appointed to a certain position, hardly will not meet the requests and recommendations of those who appointed him to the position.

Not to mention that many people really feel good doing harm to others people.

Third. I will explain why I am sure that COVID was invented to support the development of new technologies.

At the beginning of 2019, there was a whole basis for the unfolding of a new technological wave, however data was needed.

The processing capacity of quantum computers was much higher than the amount of data available for processing.

The robots created were unable to do simple things that even a baby was capable of, such as walking.

On the other hand, the search for the minimization of space and materials led to the development of nanotechnology. Research groups have succeeded in unraveling how to transport cell-sized robots inside the human organism. And 5G technology has brought the opportunity for rapid manipulation of data and technologies over long distances.

Also, several facts pointed to the strangeness of the dispersion of COVID.

Citing one of the facts, it is clear that the COVID virus is genetically modified and that it was created in the laboratory. And purposefully despised. Not least because it wasn't contained.

But for what purpose ?

Of course, most people have never heard of neural networks or nanotechnology.

For me everything became clear when I saw a miserable robot doing stunts. Just one year after the start of the distribution of vaccines for COVID.

The development of the ability of robots points to the use of neural data.

But it is not only the new robots that show the use of an absurd amount of data that could only be collected through informal means.

The book entitled 'The Coming Wave', written by Mustafa Suleyman, points to the impressive advance related to artificial intelligence and other related technologies, as a new technological wave, comparing this event to the greatest advances of human civilization.

Suleyman points to the various risks that society is exposed to, due to this technological advance. However, the author forgets to point out that the technological advance we are witnessing - the coming wave - is the result of an absurd amount of data that was collected in times of COVID. The author fails to comment that we are already facing the symptoms of this new wave.

Clearly speaking: quantum computing and artificial intelligence methods together represented the door to a new wave. But this door could only be opened with one key: an absurd sum of data needed for simulation and training of artificial intelligences. And nanotechnology seems to me the most promising way that could be used for acquiring such data.

Anyway, it was the pains, as well as the fact that I was being terrorized with acts based on my own thoughts that make me sure that corrupt people are in fact reading thoughts.

There is no way to prove what I have had to endure. But as a testimony I can say that it is really different from any pain that might seem normal. Lately I've been feeling my head burn, like I'm getting shocks. These are several very unpleasant symptoms, which I had never experienced before in my life. Sometimes it becomes unbearable.

It is also difficult to explain or prove all the terrorism I have had to endure. But I believe that it is not difficult for anyone to understand how dangerous it is to leave new technologies in the hands of corrupt and criminal people. It is not difficult to understand what such people would be able to do with these new technologies.

I found out what these people are capable of, feeling in my own flesh. Being a victim of these criminals, who currently have access to these new technologies.

As a scientist, when I began to be assaulted, more specifically when I returned from the Novo Nascer clinic - the place where I was incarcerated for the period of 23 days - I began to search the internet and scientific articles, trying to understand what was happening.

And, after a long search, I found out that companies and research groups are working with the development of BCI (brain - computer interfaces). And that this technology is already being used.

I also found several articles and reports talking about the return of the madness industry in Brazil.

And I read articles reporting that nanotechnologies and BCI were being used to "treat" people with mental disorders, such as depression.

Many people I've met who have experienced some form of depression, or who were gay, or who showed any sign that might be a justification of any mental disorder, have reported to me that they were also being assaulted in some way. My cousin Galinha, and my friend Danika, both reported that they were also experiencing strange and inexplicable pains, and also reported on the terrorist attacks.

So it was just a matter of joining dots.

Corrupt people are turning people into guinea pigs for collecting data for technological developments.

It seems to me that this happened to a lot of people. And that many people died as a result.

If you are not able to believe it, just reflect a little more:

In times of a new technological wave, where data and new technologies are worth gold, what corrupt people, without any ethical or moral value, would be willing to do to collect data ?

Fourth. The problem is not just data collection.

New technologies can also be used to simulate an epidemic or even a pandemic.

You may question: but... how is this possible ?

The answer is really simple. If there is technology that can be implanted in the brain to read thoughts, this same technology, or others of a similar nature, can be implanted in the body to cause pain and cause symptoms of disease.

I read an article that reports that the symptoms diagnosed in the times of COVID are exactly the same symptoms caused by the use of nanomaterials when absorbed by the body in different ways. Other research reports that inspiring some types of nanomaterials can cause the same effect as inspiring asbestos. Which could quietly explain pneumonia-like symptoms. The use of nanotechnology in human and animal organisms can also cause intoxication, pain, malaise, prostate clogging, inflammation in the brain and various types of cancer.

New technologies can also be used for torture and silencing. New technologies can also be used for terrorism.

Believe it or not, all of this is already happening.

Although I have never in my life had any medical follow-up from a psychiatrist. Even though I have no history of mental illness. In January 2022, I was forcibly taken to The Novo Nascer Hospital Complex in the municipality of Camaragibe, in the state of Pernambuco, Brazil.

So that they could justify some mental illness, COVID gang made me scared, terrified me, tortured me.

There was a psychiatrist I talked to a few times inside the clinic. I asked this psychiatrist why I was hospitalized. She told me it was because I was stressed. But, this same doctor gave my family a certificate stating that I was out of reality, in addition to informing some indications that could perhaps indicate a mental disorder

The document from the clinic Novo Nascer, delivered to my family, presents a mixture of few truths with false information, trying to figure out a case of mental deviation. That is, a registered doctor, apparently an employee of the Novo Nascer Hospital Complex, drew up a document with false information.

However, in my understanding, the hospitalization and the document were a way to destroy my image and silence me. It doesn't matter that I work and pay my bills. It doesn't matter that I am an independent person. It doesn't matter that I am a doctor, a scientist and a teacher. It does not matter that I am working with scientific innovation and that I am publishing scientific articles and developing important work for the formation of students and for the development of small businesses. Regardless of what I witness, there is a document from a corrupt doctor stating that I am out of reality and men-

tally disturbed. So it doesn't matter if I come to look for the civil police, the federal police, or even the public prosecutor's office. Because the excuse for ignoring anything I say is in my hospitalization and the false report prepared by a corrupt doctor. Despite all the crimes committed against me, the moment I am declared mentally deviant, I lose access to my civil and Human Rights.

With the coup of madness executed by the covid gang, I become a victim of being the object of scientific and Technological Research. I am a victim of terrorism and torture. I am a victim of a corrupt system. Without the possibility of asking for help. Without the possibility of seeking refuge or trying to defend myself. I became a victim of the system itself. Of the government itself. I am a victim of society itself. Or, at least, from the part of society that is criminal and corrupt.

When I started writing Ana, I intended to confront moments of a normal life with the horrors of real events that are current. I intended to show that behind a target there is always a human being. But Ana became a cry for help. A cry saying: enough, there is no more way to put up with all this shit !. A cry saying: the planet needs better and more humane human beings. A cry saying that human rights need to be everyone's rights and they need to be respected.

Ana in Arabic means me. Ana is my story. Ana is my testimony about something absurd that could not be reality, but that is one of many realities. One of the many realities I wish I had never known. A reality of which I have become a victim. A reality that needs to be stopped.

The COVID gang is a gang. There is a large group of people who are collaborating with this. But there is also a group behind provoking and financing the attacks.

The covid operational gang mixes some product in water and food. That's what they use to cause systemas and disease, of course. I believe it could be some product that involves nanotechnology. The truth is, it could be anything. Somehow, the covid gang manages to introduce the water and the altered products in most of the places frequented by the victim. Don't ask me how. But certainly the threat and corruption serves this purpose. I've seen things that if I told someone, he'd say I'm exquisite. It is certainly possible to prove. But my position does not help at all. Home Tests with the water can prove that the water is altered. For example, water separates from the product that they put in boiling water and let stand for a few days. There are laboratory tests. The hard part is to find a good laboratory that analyzes water.

In addition to changing the water, they use technology to read your thoughts

and make sure to be aware of it, in the most aggressive way possible. If I talk about it with the police, I'll also sound freaky, I know. But I am writing this text for people who understand that this is a reality.

The technology is also used to alter your videos, and any material you post on the internet.

The COVID gang invades your Network, diverts phone calls, and visited websites on the internet, making it impossible to use the formal means for complaint.

When the person manages to make the complaint, somehow, after an absurd effort, the COVID gang modifies or deletes the complaint from the system.

I believe that pain is provoked by inserting into the body some product of metallic origin or something similar. I believe they create some kind of quantum potion or quantum powder that is mixed with water or food. Once the product is inserted into the body, I believe that covid gang uses the electrical network or something similar to provoke pain in the victim. Or perhaps some device installed in the victim's residence or workplace, which can be triggered at medium distance using wifi or bluetooth, or radio signal. Who will know.

I finally came to this conclusion.

The COVID gang also spoils household devices. And, as I said before, even if the device was purchased recently, it is impossible to repair. I bought a new CONSUL refrigerator that has been malfunctioning since I bought it. That's more than a year ago. I could not solve the problem, no matter how hard I tried. The cooling of the refrigerator is activated when I get close to the refrigerator. And also usually at night - all night. The cooling is activated for hours at a time. Sometimes it turns on and off. The refrigerator makes other strange noises. Sometimes it sounds like the noise of the washing machine. Yeah, I know, it sounds like weird stuff. But I can say that I have had other refrigerators and I know that this is not how they work.

Well, in short... the COVID gang turns the victim's life into a real hell... The goals: destroy the image of the victim... assault... tame... silence.

And I have had to endure all this torture since December 2021, when the attacks began.

According to what I heard, other people had begun to suffer this same torment in 2020.

All it takes is a brief search and you can find an absurd amount of testimo-

nials on the internet.

The question remains: Why hasn't the Brazilian government solved this yet ?

Does Brazil not have a national intelligence organ capable of stopping this mess ?

Chapter 28

The vision of a good future

Wednesday, now a little, 1:00 AM, I woke up feeling very bad. My heart was beating really fast.

I got out of bed scared. Several things went through my mind.

I go into the yard trying to breathe, and I think about what I should do. After a while, I sit down at the computer and start writing.

On Sunday, a few days ago, was the first night I woke up scared like that. But the symptom was another, a lot of pain in the back of the head and feeling very bad.

I had trouble typing a message to two friends on my cell phone. I wanted to leave my family data. I was very worried about the kittens.

I could only think: my God, if something happens to me, who will take care of my kittens ?

But I managed to get the car, and get to an emergency medical unit (UPA).

When I finally arrived at the UPA, I was already feeling better. And two painful injections were given to calm the pain I was feeling in the back of my head.

Today, while the students were doing a class exercise, I managed to find on the internet a note that I heard on Mix Radio. Reporting that more than 1000 people in Brazil made complaints about being persecuted at the beginning of the year 2024. These people reported that the persecutions put their physical or psychological integrity at risk.

Seeing the news gave me hope. After all, with the pressure of the media, the police will begin to investigate this. And finally this madness will end.

I came home in the afternoon, tired. I thought: Thank God, now I can have my peace again. I'll be able to clean my house. I will have peace of mind to dedicate myself more to myself and my work.

I played a little with my kittens who are indoors. I thought: I will surround all my land with plants and immediately return them to the Cattery. I can't handle all the mess they're making in the House.

Thursday, 01/07/0224, I will be presenting two papers that I developed with my students and co-workers in a Mechanical Engineering Congress, I have not yet prepared the presentations. I thought it would be tiring to leave everything to do tonight after traveling a few hours to the event venue. But even then psychological fatigue overwhelmed me and I decided to leave everything for Wednesday afternoon.

I went to sleep well and quiet... everything was fine. But then I woke up just now feeling sick ... the heart beating very fast, as if it were going to come out of the chest... literally.

Then a thousand thoughts go through my mind.

As I write, the loud sound of a motorcycle engine stands out amid the silence.

I think about my kittens again. Who will take care of them if something happens to me ?

I see it's one o'clock in the morning. But still I decide to call my mother. After years of not talking to her.

I want to tell my mother that I forgive her.

I have finally come to the conclusion that I have written in this book things that can greatly annoy other people.

In any case, it was just words... And I would never have written them if it wasn't something really necessary.

I get to dial my mother's number, but the call is cut off. And for the time being, I will not insist.

I hope to be able to wake up well tomorrow, so that I can make my trip and present my two papers at the Congress.

I want to get back from Congress and get my house in order. Fill my fence with plants and then watch my kittens running in the yard and climbing the trees, well, healthy and safe.

In my life, nothing ever came easily. I worked hard to create a space of my own. Which, by the way, I'm still building. Many years studying to finally pass a public competition for a university professor. I had to give up a lot. Those were choices I made.

There were countless hours that I dedicated to my professional training. There were many hours I spent reading and trying to understand super complex articles. It was a really big effort. A really big effort to build my own space, my own formation. And I'm still building all this. So I deserved it. My life is deserved.

Destroy a person's life... no one should do that.

All I want in my life is peace of mind to follow my priorities. And I have a right to pursue that. Everyone has that right.

If I wrote everything I wrote, it was seeking my rights. And the right of every human being. I sought to have a voice. See a way out. And I have my right to stay alive and to live my life. The way my life should be. The way my life could be. Everyone should have this right.

I have no desire to continue writing this book.

I have no desire to continue contesting everything that is wrong. I'm not really an activist.

This is a war I have no desire to fight. This is not the life I hope to have.

In a way, Ana was a text I wrote to defend myself. And to defend other people. Everyone has the right to self-defense.

But there are still many other things I want to do.

I want to go on record here that I am not depressed. I have no hatred inside me, despite everything that has happened. I just have a strong hope that Brazil will improve. Independent of any policy. Or any political party. I'm hoping that people will come out of this paranoia and understand that none of this madness that's going on is really important. And that none of this is really necessary.

I have a strong hope that I will have health to continue developing my software and build all my dreams. Since there are not many of them.

There is no computer program that will replace a person's life.

Every story ends. But every story has its own time. I hope my story does not end with a sad or touching ending. I still have a lot of good things to do in this life. I still have a lot of good things to do in this world.

I always imagined a simple future for myself. And I have never, at any point in my life, lost my hope.

Tomorrow I will be presenting my two works at CONEM. Nshalah. Work that I worked very hard to complete. Works that had the participation of several people.

In the next few days I will be writing the extension project: bringing COPSolver to companies.

The COPSolver will not have as many modules as I would like. I wouldn't be able to handle all the optimization and decision issues. But I'm glad I planted an idea that can be developed by other people. And I am glad that the software can indeed be used by some companies.

In any case, I will still face several new decision and optimization problems. Because I love doing it. I love math and programming. I love working with optimization and I love troubleshooting.

In the coming months I hope to finally be able to take my kittens back to the Cattery and I will be able to get my house in order. Nshalah (I hope so God willing).

If I can save some money, at the end of the year I will also finish the wall of my house... and then I will finally surround the plot of my house with plants.

Those are my concerns. That's my life. I've always stuck to the little things.

I hope that God will free me from all evil and allow me to go on with my life, simple and peaceful the way I always hoped it would be.

I don't want to be noticed or remembered. I don't want to have too much richness.

But I hope no one abruptly ends my life, leaving a trail of prescription drugs I never took and psychotic breaks I never had. Inventing a case of depression and suicide or some culprit to divert the attention of the curious.

I hope my life is much more than that. I hope my life is what it can be. What it should be.

God knows I deserve it.

As I write, I feel very tired and begin to feel a strong tummy ache. I really need to go back to sleep.

Tomorrow will be a long day.

Chapter 29

About accountability

Not even 1 o'clock in the morning. And I woke up feeling a strong muscle pain. On the back of the head and all over the body.

I'm not scared. Just sad. And tired. I wanted to have a little peace so I could rest.

I was reminded of a seminar I attended. I don't remember exactly the topic, but the discussion was around new government guidelines.

One of the speakers highlighted one of the guidelines, accountability. One of the hardest guidelines to achieve.

Why is it difficult for the government to hold it accountable ?

In my view, accountability is a priority and necessary. The first step is to understand what is happening.

I have observed that there is a very significant effort in dispersing the idea that there is a movement of popular origin. A revolt of popular origin. An effort to spread the idea that there is a civil intrigue.

In fact there is a great effort to create intrigue, an environment of mistrust.

But from what I see, people are just scared. And confused.

A lot of people, like me, feeling a lot of physical pain, and facing illnesses that they didn't have before.

People are afraid to even talk about it.

No one wants to feel pain. No one wants to be tormented. Everyone cares about keeping what is precious to them.

It is easier to understand what is happening, starting from the motivations and not looking at the effects.

It is necessary to identify what is causing the pain. What is causing the post-COVID symptoms.

And then it will be possible to hold accountable.

Another efficient search engine is to follow the flow of money.

And last but not least...



There are people denouncing... so why not give credit to those who are willing to report ?

Chapter 30

What the fuck is going on in Brazil ?

I believe that any idea is born based on at least seven factors: identification of an issue, theoretical knowledge, practical experience, creative ability, information coming from the medium and intuition.

Any new idea takes a certain amount of time to materialize, which time may be too long, and usually, for those who reflect, it also takes another long period of time to become an opinion.

The process from materialization to becoming an opinion is supported by logical and cognitive thinking.

The constructive elements attached to each logical piece of information affirming a given Idea make that idea more persistent, to the point where the idea becomes an opinion.

Behold, I have an idea that becomes more persistent every day.

Brazil is on the verge of a real and brutal attempt at a new military coup.

For I'll just start saying a prayer every night, thanking God (for what ?), and asking God to slowly make me forget this damn idea.

It is even better to let yourself be distracted by the circus. Leave everything in God's hands.

Well... I also pray to God that every day there will be more and more reasons to be grateful.

Because, as much as it excites a large audience for Bozo, alienated and enjoying full euphoria, at the moment, for those who live Ana's nightmare, it is kind of difficult to live good things, or even to think about good things.

*God, the eternal and Almighty Father, deliver us from evil. Oh Father,
please be brief. Help those endowed with good will. Amen.*

Chapter 31

All possible forms of afgression

The problem with telling the truth is the impact of the truth. Even if no one reads what you are writing. Some things you can't write.

Once someone becomes a threat to the status quo, especially when the status quo is the status quo of a patriarchal oligarchy, culturally steeped in vicious milieu, the prejudice-busting person becomes a target.

Because all means will be applied so that the threat becomes discredited or insane.

All limits are extrapolated only to this end.

So, this is it.



I filed many complaints at the police station named DELEGACIA DE POLICIA DA 67ª CIRCUNSCRIÇÃO - CHA GRANDE-PE, in Chã Grande - PE - Brazil (city where I live), and then it seems that they instituted a criminal case against me. Chã Grande's own delacia. The funny thing is that the

victims informed in the process are demonstrably some of my abusers.

I would like to know how a person manages to work through all this ? How is it possible to stay healthy, physically and psychologically in the midst of all this ?

It's a good question, to which I honestly don't have an answer.

Yesterday I was trying to contact a university to request transfer from the state of Pernambuco. Today that.

How much aggression will I still have to endure ?

Is there going to be any change, any real action ? How long will Brazil have to put up with this crap ?

Just as a note, I saw a speech by the current president of Brazil talking about the need for social balance. What exists in Brazil is not social imbalance. Frankly speaking, at this point it is already clear that many people are falling victim to the orchestrated work of a group of criminals.

Last week I contracted Herpes Zoster, only to discover that most people I know have also contracted this disease in recent years.

I wondered how an outbreak of such a disease is possible these days ... is there a relationship between this and COVID or the COVID vaccine ?

Chapter 32

Modus operandi

I don't intend to extend myself too much... I have little desire to write now.

But explanations are always needed.

I just understood how the COVID gang creates a current of hatred against a chosen target. It's how they've been acting to me over the last few years.

It took me a long time to understand, but now I have enough evidence for the realization of this statement.

The COVID gang simply assaults other people with whom I have some kind of everyday contact. The COVID orchestration team hires an operational team for this purpose.

Somehow the information or idea that I am responsible for the assaults is passed on. Often I myself pass information, telling about the assaults that I have suffered, other times it is gossip in whatsapp groups... there are many ways to do this.

The predictable result is that people start assaulting me so that I move away from their company or environment.

The COVID gang, implants bacteria in food making people sick, or causing the incidence of some serious disease such as Herpes Zoster. They either contaminate products in supermarkets and restaurants that I sell, or they create car accidents, or they start the process of terrorism with other people.

It is as if I have become, in some way, a cursed person, taking this curse to other people.

The question remains: Why don't people who have been assaulted simply go to the police to file a complaint ?

The answer is simple: reporting does not stop violence.

So here it is: the politics of silence.

Chapter 33

The secret of life

We are all built by tiny machines.

Chapter 34

Penrose's stairs and the industry of madness

Yesterday, exactly, starting from the moment I propose to write again ...

Another person confessed to me that he was diagnosed with panic syndrome.

This happens, because a person is always willing to open up when he understands that it does not give him any risk... especially when it's something so out of the box and difficult to understand and accept. It is necessary to talk about this with someone who is able to understand.

Believe me, psychologists and psychiatrists cease to be adequate here.

But the confession is not about any syndrome. It arises after a few minutes of conversation: I'm not sick, I'm also being terrified.

And my answer is accurate: of course you are not sick. But of course any ordinary doctor would give you this same verdict.

Days ago I was trying to remember about the name and the story of that stairs that never ends.

After typing a few letters into duckduckgo, here it is, Penrose's stairs.

Some unsuspecting websites write that it's an example of a paradox.

Usually, paradox is described as "a statement that is self-contradictory or logically untenable, though based on a valid deduction from acceptable premises".

It made me think about how paradoxical my life has become.

Here it is ... a person who is ethical, calm, focused on her work and her own life, a teacher who is concerned with educating students, developing

software and publishing articles, a person who is focused on building up a patrimonium in order to have a good and peaceful life. How is it possible for this person to be slandered as crazy and aggressive ? It's a paradox.

A few minutes looking at the Penrose stairs, the answer comes to light. The design is built to create an illusion. But you can see that there is no paradox. It's just deception. One of the lines is sloping downwards, while others are sloping upwards, or the other way around. The line inclined in the opposite direction has such a subtle slope and the drawings on the staircase work to create an optical illusion.

In the case of Penrose's stairs, the paradox can be resolved with just a little attention. The problem is:

How many people are really concerned about understanding the truth behind the paradox ?

So back to thoughts about my own life and what they're doing to some people (possibly thousands of people). This observation has brought me to conclusions that are already obvious to me.

What is the relationship between psychiatry, within the context of the madness industry, and Penrouse's stairs ?

Psychiatry is used to cause an illusion that people are going mad.

But, why ? And, how ?

Imagine you're in an imaginary country. In this country there is a lot of corruption and many corruptors as well as many corrupt or corruptible people.

Imagine that this country is set in a context where rich and influential people want to develop new technologies. And imagine that the development of such technologies requires a great deal of information, such as the behavior of the brain, cells and other forms of life in the human body.

Now think: Brazil is not a corrupt country. There aren't many corruptors or corruptible people in Brazil. No new technology being developed needs behavioral data from the human body. People will always believe other people who are considered crazy. So... why worry about it ?

Do you understand now ?

Meanwhile in the courtroom ... some are putting money in their underwear ... :)

And others, who are just civilians, are being poisoned by products they buy in the supermarket. Or are being poisoned in their own homes.

Chapter 35

Food safety and the criminal chains formation in supermarkets

There's so much to say that I don't even know where to start.

So ... I think I'll start by telling you a bit about myself.

I'm a production engineer with a degree from an excellent federal university, and I also have a master's and doctorate in computer modeling.

I'm currently a professor at another federal university and, as is common at federal universities, I'm also a researcher and extension worker.

I've recently developed a software program, COPSolver, and I've also published a book and some scientific articles that I consider relevant.

Of course, I would have done a lot more if I'd had some support, but apart from the collaboration of students I've mentored and work colleagues, I've never had any kind of help when developing my work.

Life has never been easy for me. My single mother always paid to work. She had a company, but she never really made any money from it. My mother's concern was to be able to pay the salaries of 30 employees at the end of each month. Every month, my mother managed to keep the pantry full of food. But that was all we had, the food for the month ... No luxuries. Just the basics. A lot of apples and cashew juice made the difference.

My mother always said: it's important for a woman to be independent. You need to study and earn your own money so you don't get stuck in a bad marriage. That was always the maximum expression of love that my mother was capable of showing. And I can't say it was bad.

It was my mother's lack of attachment that motivated me to work so hard to build a life for myself.

Eu precisei me superar de diversas formas, em todas as fases de minha vida. Eu sempre me esforcei muito para isso.

Having said that, I will also say that few people really know me personally. Students I've tutored, some work colleagues, and a few rare people I met after I came to live in Pernambuco.

Because I don't care much about people or people's lives. Like a good autistic person, I'm very focused on myself and my work ... on my things. There are few people I really care about and they are usually the people who are closest to me.

Now I can assure you that anyone who becomes close to me can tell that I really am a good person. If I can help, I will. I don't do it to seek divine recognition. It's a good thing to help people. I do it naturally. On the other hand, since I'm not interested in people's lives,

Also, I don't waste my time wishing harm on anyone.

It's true, sometimes I spin the baiana. But it's always to make it clear that they're stepping on my toes.

I've never harmed anyone out of spite. It's possible that I have done harm, but to defend myself. Which means that the person caused me very serious harm and I had to defend myself.

Now I'll get to the point. The first that we need to discuss.

This year I decided to stop researching and developing my software.

This is so sad that just reading what I've written makes me want to cry. My work is a big part of who I am ... and denying myself research and programming is equivalent to erasing part of me.

So why did I make this decision ?

Because this year marks three years since I started to be brutally bullied. Brutally assaulted in many different ways and in an inhumane manner.

It has to be said clearly. Three years ago, a group of teachers at my work decided to do everything possible to have me declared a schizophrenic. They want to make it look like I have persecution mania.

And I'm exhausted. Not just physically, but mainly psychologically. You get to a point where you wonder what is the point of things in themselves.

Now let's move on to the second point I want to discuss.

I'm going to look at the lecture given by Alexandre de Moraes a few days ago. It's important to say that Alexandre de Moraes is president of the supreme federal court in Brazil and presented in the media as one of the most powerful men in Brazil.

This lecture can easily be found on youtube by searching for the title: Moraes fala sobre big techs e democracia em aula inaugural na Faculdade de Direito da USP.

Chapter 36

Demystifying the COVID gang

I can say that I had a quiet weekend, so last Tuesday I was fine. I had breakfast at a restaurant between my house and where I work, and then I continued my journey and started to feel very sleepy. It was hard to teach since I was feeling so sleepy. But everything went well.

After work I went to a supermarket in town to do some shopping. I bought yogurt, water and a few other things.

When I got home, I attacked the cup of yogurt I'd bought. A special yogurt with red fruit syrup.

I ate more than one yogurt. One of the yogurt cup looked strange. But I thought, it must have been because the yogurt cup had rattled around in the shopping bag. But then, when I was halfway through the cup of yogurt, I found some little black things that were much bigger than the seeds of the berries that were supposed to be in the yogurt. They looked like big seeds, but from some other plant.

Hours later, I woke up at night with a severe headache and horrible discomfort in my stomach. A discomfort that I have difficulty describing. But my stomach was burning and seemed to be bubbling. I started sweating and feeling very unwell. I only started to get better on Friday.

Hours later, I woke up at night with a severe headache and horrible discomfort in my stomach. A discomfort that I have difficulty describing. But my stomach was burning and seemed to be bubbling. I started sweating and feeling very unwell. I literally fell ill and only started to get better on Friday.

On Saturday I went to the supermarket and then a new cycle of malaise began. I felt a strong sore throat and headache after drinking some of the water I bought at another supermarket near my house. I had a difficult night and Sunday morning I'm feeling very unwell and with a dry throat. I had to take pain medication to get to sleep. And yet I still feel pain in my head

and the back of my neck.

Now I'm going to go back to the speech that Alexandre de Moraes gave at USP's law school (<https://www.youtube.com/watch?v=h3qJq9WYXzA>).

As part of this lecture Alexandre de Moraes emphasizes:

"Where there is no democracy there is no freedom, where there is no freedom there is no justice, and where there is no justice, the state of law does not prevail. "

"Today, all over the world ... and now more directly, democracy has come under organized, competent and, unfortunately, effective attacks. "

"There is an instrumentalization of social networks by economic and ideologically fascist groups, on the extreme right, to erode democracy internally.. "

Chapter 37

COVID

Chapter 38

Why COVID was created ?

No caso do argumento que segue, tenho intenção de provar, usando lógica, que:

é possível (provável) que o COVID tenha sido criado intencionalmente para alavancar o desenvolvimento de novas tecnologias.

A tese que segue nas próximas linhas foi desenhada com base nos seguintes argumentos lógicos:

Houve um avanço absurdo relacionado ao desenvolvimento de novas tecnologias;

O desenvolvimento de algumas das novas tecnologias só poderia acontecer com base em uma absurda quantidade de dados humanos;

Os nanomaterias tem tamanhos na escala das células e podem também ser usados para "coletar" pensamentos (em 2019, havia tecnologia embrionária para tanto);

Dados humanos a nível celular podem ser adquiridos com nanotecnologia (em especial nanorrobótica, mas não somente);

Os nanomaterias são geralmente inseridos no corpo através de injeção;

O COVID se difundiu através do mundo sem nenhum controle, apesar do sar cov não ser um vírus desconhecido;

Meios de comunicação geraram pânico em torno do assunto inclusive informando erroneamente à operários de empresas que estes eram obrigados a se vacinar;

Uma grande percetangem das pessoas em nosso planeta receberam injeção de forma voluntária ou obrigatória por causa do pânico gerado em

torno do COVID;

No Brasil, as injeções (vacinas) começaram a ser administradas em grupos e não como deveria ocorrer em uma pandemia;

A vacina não parece ter reduzido as taxas de transmissão e morte causados pelo vírus;

As pessoas tiveram sintomas que foram atribuídos ao COVID;

As sintomas "do COVID" se assemelham aos sintomas indetificados no uso de nanomateriais.

Portanto, se isso é fato, COVID foi a maior mentira e, possivelmente, um dos maiores genocídios de nossa era.

Ontem eu descansei e antes de dormir eu estava bem e descansada. Decidi que hoje eu tiraria o dia para arrumar a casa ... mas como transformaram meus domingos e a minha vida em um inferno ... e transformaram algumas de minhas noites em uma verdadeira tortura ... estou aqui escrevendo ... e por todas as outras pessoas que sofreram e estão sofrendo uma parte do que eu tenho tido que suportar, espero poder continuar a escrever ...

Este capítulo será um capítulo longo.

Devido à complexidade e relevância do tema, vou apresentar um forte embasamento bibliográfico.

A discussão será desenvolvida durante vários dias (ou semanas).

Pois para tanto será necessário uma longa pesquisa.

Mas segue relação dos temas que estou desenhando para este capítulo.

se existe alguma duvida sobre o COVID ter sido criado;
convergências e divergências entre as ciências direito e matemática;
a relação entre os sintomas do COVID e os sintomas que são causados pelo uso de nanomateriais;
meios de informação e a alienação humana;
A relação sobre o COVID e a política do horror.

A ridiculação do pensamento crítico e a resignificação do termo negacionismo.

Por que acredito que empresários e cientistas criaram e espalham o COVID (ou o medo do COVID) ?

- levantamento de dados;
- desenvolvimento de tecnologia, em especial nas áreas de robótica e biociência;
- desenvolvimento de inteligências (cérebros) artificiais;
- computação de altíssimo desempenho usando cérebros humanos;
- controle sobre a informação e as pessoas;
- e é claro: dinheiro e poder.