

# Ana

The policy of silencing

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# Chapter 1

## about being alone

I have always loved silence and tranquility. So being alone has never been a problem for me. Even isolated, I never felt really alone.

I once saw a report on TV5. The interviewee was a lady who was about 50 years old, with very short dark hair. This lady said she liked to go to a isolated place and be alone from time to time and that her family was unable to understand it. Trying to explain the feeling she sought, she said:

”Only when I’m alone I can find God.”

I could completely understand this lady. I thought: That’s right. But, it was in recent years that I understood what it means to be alone...

*Being alone means living the horror and having no one to ask for help.*



## Chapter 2

### Sweetie

It happened more than once. But the first time was something different. I was driving with a kitten on my lap. And submly I started to see the world with a different color. It is a subtle joy, without any foundation. A supreme well -being, a contently for nothing and anything.

The kitten was all black, very small. It was still a baby. In the corridors of universality. Someone passed and it followed the person. Then it came back to the same point, just to follow the next passer again.

There were many turns, until someone felt a strong interest in the kitten, and stopped to observe it with a certain curiosity.

I asked: Do you want to adopt it ? I promise that I give it to you castrated and dewormed.

Then I saw on her face a wide smile of comtemplation.

The kitten was so sweet that I named it Sweetie. I left Sweetie in my room at work until the end of the day. I tried to use a cardboard box to transport it to my house. But it ran away and while I was driving, Sweetie came to lodge in my lap.

I remember how happy I was, driving toward my house with that kitten.

In the following days, I cast it, and we spent a long time together until its complete recovery. Sweetie was very *sapeca*. She was terribly happy at home. The days passed and I had to take Sweetie to its new owner. It was a little sad. Leaving Sweetie was very painful. It was like leaving a part of me. I donated the transportation box along with the kitten, and half a feed bag so that Sweetie could adapt well to its new home.

I said to my husband, Adan: I hope God takes good care of Sweetie. He replied: He is already taking care of.

Later, Sweetie recovered its old behavior. Someone passed and Sweetie followed the person, and returned again to the grocery store, just to follow the next person. Sweetie had to deal with another somewhat territorialist kitten. Its new mate did not want to share the love of its owners.

But Sweetie had its destination adjusted. And was adopted again. In Its new home, Sweetie found the company of a child. And happiness found both. Today Sweetie is a very loved and happy kitten. It's already adult, but it's still *sapeca*. When its owner arrives home from college, Sweetie lies next to her. And keep looking at its owner typing on the computer. At night, Sweetie lodges on the feet of the bed. Look at its owner sleeping, gives a long supply and closes its eyes, waiting for the next day to arrive.

## Chapter 3

# The Covid Gang

In spring, the heat came back in all its fullness. I decided I should put my concerns aside and go for a walk on the beach. After all, I left my apartment abandoned for a long time. I thought I deserved to take care of myself and that after a day or two on the beach I would be much more willing.

Friday was a perfect day. The trip to the beach was very fast and calm. Many people in the sand and many boats in the sea. All very different from what I remembered. But the day was beautiful. I walked all day in the beach sand and took a sea bath surrounded by fishes. I ate fish with capers sauce that was delicious, in an expensive restaurant . I bought a pot of acai that served to dinner. I read a little more of Laura Nowlin's book "If he was with me" while lying on the net. Everything was great. At night I slept like a stone.

On Saturday things change completely. Mr. Marcos da Fonte was an acquaintance. I found him casually early in the morning, while arguing with the doorman about the real need to have some kind of registration. I talked to Mr. da Fonte about condominium issues and told him about my kidnapping.

In the afternoon I'm reading on the net, and then suddenly I start to feel a terrible discomfort. I feel a very strong pain in the nostrils and a severe headache. Through the crack of the door, I see the cleaning lady passing cloth on the floor.

The malaise only increases and I decide to return home. I was thinking of leaving only after noon, but I advance my plans. Arriving at the post, I take a bottle of Gatorade at Freeser and ask for a cheese bread. I'm really feeling nauseous, as if I had drunk alcohol all night. It's been a long time since I've been drinking anything alcoholic, but the feeling is familiar to me. The boy takes my cheese bread through the door to warm it inside the kitchen. I think it's weird. I ask him why he didn't use the oven or the microwave in the canteen itself. He makes some not very reasonable excuse. In the middle

of the trip, I enter a local avenue. I remember there was a supermarket I visited two weeks ago. As soon as I enter the avenue, a SAMU's van comes out of somewhere and goes in front of me. I repeat to myself: just ignore it. And I follow my way. In the supermarket, as usual, there was an employee changing some cans, near the place where the mineral water bottles are. I see some crates of the bottle that I usually buy on the floor, next to this boy. On the shelf there were a few bottles like these. The bottles were covered with dust, as if they were there without care for a long time. Then I chose a different brand. I took some bottles that were not dusty. Almost arriving home, I stop in a good restaurant. I feed well and malaise passes the same time. While how, I see the attendant leave the counter a little stunned to talk to someone who seems to be the manager. I hear part of the conversation. The attendant says: she doesn't ... The alleged manager makes gestures and tells the attendant that he should move the food.

I get home and I feel relieved. Nothing better than being at home. I take a shower and take the book I was reading. After all, I really wanted to finish reading the book. I lie on the porch couch and start reading.

After a few hours of reading, some car at a reduced speed is on the road with the sound really very high. I stop reading a little and listen to the lyrics of the song that plays: "Take it, take it, take it in the ass." I have the impression that the car has stopped, because I hear the sound at the same height, without the sensation of which it is moving away. The chorus repeats himself a few times: "Take it, take it, take it in the ass." I try to ignore and go back to reading and then I realize that the volume of the sound slowly reduces until disappear.

The night is not very pleasant. I wake up feeling pain and discomfort again. It's still dawn. I hear some sound and decide to walk inside the condominium to find out where it comes from. I walk the condominium road following the music and find that the very high sound is installed in a narrow little deforested dirt road next to the condominium fence. I come home, I repeat to myself that my house is the safest place in the world and then I sleep again until morning.

On Sunday, I take the day to write and hear a cyrene sound on the road several times throughout the day. It bothers me a little, but I try to ignore it.



## Chapter 4

# Adam

We are walking in the beach sand in Mikonos. We see a great rock a little distant from the coast, as if it were a small rocky island being snatched by the sea. Adam propose that we swim to the island, and of course ... I would never refuse.

Sea water is warm and transparent. We are wearing diving glasses and we swim to the island, submerged and hand in hand ...

The island is a little larger than I expected. We explore the island and, like two children, we try to hide when we see a boat coming close to us.

On the way back, I dive into the sea with my hands forward, as if I were a dolphin. But I do this wearing the diving glasses that break when shocking with the water. I swim to the coast with my forehead bleeding, but with a big smile on my face ...

Weeks later, we are already back in France ... I walk next to Adam ...

Adam tells me about a recent dream. He tells me that we are walking hand in hand on the sea, as if we were walking on a thin, transparent layer of ice. And that, under our feet, we can see thousands of fish. I can see Adam's dream like a memory.

I have no doubt about the meaning of the dream. It is just a reflection of the feeling we have for each other.



## Chapter 5

# Day before my kidnapping

After driving many hours, I arrive at my beach apartment accompanied by my mother and my cousin, Basco. I am really exhausted and I feel that I will have difficulty giving the medication to my kittens. I let out the kittens in the bedroom and, with a lot of effort, I put the sandbox, feed and water for them and I can medicate Braquinha and Lucy. Then I fall on the bed and finally sleep like a stone.

I wake up after several hours, feeling very hot. I'm still really tired. The deep sleep I had was not enough to recover my disposition. The room is muffled, in a way that cannot be supported. I open the bedroom door and I free my kittens in the apartment.

I walk to the living room and see my mother lying on the bicama couch. She has a somewhat strange expression, as if she was feeling terribly terrible with something. Basco is not in the apartment. The kitchen sink drain is covered with a water-filled cuzcuzeira, and the bathroom sink drain is clogged with colored toothpaste. The sink is full of water. Given what I've been through in recent days, I didn't find it strange. But I said to my mother: Mom, the kittens are drinking water from the bathroom sink ... this will make them sick.

My mother goes to the bathroom, empties and cleans the sink.

Hours later, several people arrive at the apartment door. My mother opens the door and a slightly strong gentleman with a somewhat rounded face crosses the door. My mother leaves the door open as this gentleman begins to question me, without worried about a possible glow of my kittens. A condominium employee awaits outside, accompanied by unknown persons. I am worried about the door open and my kittens, but the lord in the rounded face begins to question me abruptly.

I tell this gentleman about why I want my mother to leave. I answer the questions narrating a long story. Although I am confused with what was

happening, I came to some kind of conclusion.

When he finished his interrogation, the rounded face's man turns to my mother and says: we can't take her like this, she's fine.

The people who were outside move away. The lord of the rounded face begins a somewhat strange speech. He proposes that I walk on the beach with my mother so someone he has entitled "she" couldn't hear us. My mother has an expression that becomes more restless as the Lord's speech continues. Then he closes the door of the apartment and says: Since your mother is here, I will say: Don't exceed because we will make you suspect everyone.

I don't know what to think about all this. Nothing seems to have some kind of coherence, but I try to put the facts together.

My mother is washing dishes and I stop by her and ask: is you the person responsible for all this ?

My mother bends her body down forming on her back a hunchback. She tilts her head to the side and down. Then she shakes her head positively, speaking softly: Yes, it's me.

## Chapter 6

# Genealidade e loucura

Muitas pessoas acreditam que a genealidade é um dom que surge quando os gênios nascem. Mas isso não totalmente verdade já que todo ser é resultado não apenas da genética, mas também de um conjunto de experiências.

Eu acredito que:

A genealidade acontece após total abdicação de si mesmo através da entrega a uma paixão para a qual o ser gênio tem aptidão

Na história, muitos gênios são retratados como loucos em algum momento de suas vidas:

- Durante seu doutorado, e antes de criar a Teoria dos Jogos, John Nash conversava com pessoas invisíveis;
- Nos últimos anos de sua carreira, Einstein costumava ir para o trabalho de pijama.

Não vou aqui comentar que, in 1994, John Nash was awarded the Nobel Memorial Prize in the Economic Sciences for his contribution to game theory.

Sobre Einstein, eu sinto como se o conhecesse profundamente e posso garantir que ir de pijama para o trabalho era para Einstein uma forma de deboche aos padrões da sociedade.

Durante muitos anos, o brilhantismo de Einstein foi ocultado por colegas invejosos de trabalho. Depois de muitos anos ele finalmente foi reconhecido e tornou-se elemento chave para a imagem da universidade para a qual trabalhava. Einstein teve inúmeras publicações e descobertas científicas que mudaram uma geração. Portanto, quando Einstein entendeu que seu lugar no mundo já estava selado, tornou-se uma versão melhor de si mesmo, abandonando padrões que para ele agora eram dispensáveis.

A história desses gênios loucos traz a tona uma importante pergunta: o que é loucura ?

Eu, no entanto, posso apresentar uma possível resposta.

*Loucura é um comportamento que não é aceito por uma elite do grupo social no qual o louco está inserido.*

Do louco começam a surgir novas idéias e questionamentos relacionados à padrões, questões éticas, princípios e verdades. Conceitos estes que tal elite não quer em nenhuma hipótese desenterrar.

*A loucura é, portanto, uma forma de silenciar as provocações de gênio.*

Afinal, atestar que uma pessoa é louca, é uma forma muito eficaz de desacreditá-la.