Theodore Jagodits

I pledge my Honor that I have abided by the Stevens Honor System

HSS 175 Assignment 3

Kidron

One personal example of cognitive dissonance that I have is the fact that meat is really bad for the environment and we could do a lot better eating insects or something. However, I still eat meat. The dissonance is caused by the two contradictory statements above by stating that I know meat is bad, but I still eat it. A solution to this is to stop eating meat!