

The Effects Personality Traits Have on Coping with Stress and Alcohol Consumption.

Debrief

Experiment:

The current study uses a stress inducing task to find which personality traits might be responsible for leading a person to use alcohol as a coping mechanism for stress.

Expected findings:

The role of personality traits and how they pertain to alcohol consumption and stress levels have been a focus of many studies (Mackinnon, S. P., Kehayes, I. L., Clark, R., Sherry, S. B., & Stewart, S. H., 2014). It is speculated that daily alcohol consumption is a coping mechanism for stress for those with certain personality types. The current study is designed to replicate this finding.

How to contact:

If you are interested in learning more about this study or have questions you can contact this study's primary investigator: Tabatha Bowers at bowerst2@eou.edu. If you believe that any of your rights have been violated, you should contact the Chair of the University's Institutional Review Board: Charles Lyons at clyons@eou.edu.