



**“As soon as healing takes place, go out and heal somebody else.” --Maya Angelou**

We are staffed by licensed acupuncturists and health educators knowledgeable in the benefits of nutrition, Traditional Chinese Medicine, herbal therapies, and other beneficial natural treatments. We are trained and certified primary healthcare practitioners, licensed by the State of California.

We treat clients who are at risk for, or who have already developed, diabetes, hypertension, depression, arthritis, heart disease, nutritional and immune deficiencies, chronic pain issues, and more.

We are more than a complementary medical clinic. The Village Health Foundation is a community center committed to improving our clients' physical, emotional, mental and spiritual well-being.

Our goal at the Village is to provide you, our clients, with the practical lifestyle tools for taking charge of your own health. As your health improves, so too does your quality of life. Come be part of our growing community where diversity is always valued, where there is an antidote for physical and emotional pain, and where the possibility of a long healthy life is available to everyone.

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### *Essence*

Essence refers to the physical body and flesh, particularly the essential fluids such as hormones, enzymes and neurotransmitters.



### *Energy*

Energy is the primal life force which suffuses every cell and tissue of the living body and activates its vital functions and well-being.



### *Spirit*

Spirit encompasses all aspects of the mind, both human and primordial, including awareness, cognition, feeling and intent.



The VHF is a community center committed to improving our clients' physical, emotional, mental and spiritual well-being.

- We provide innovative, culturally-relevant preventative health education as well as therapy.
- We provide affordable, accessible, and effective professional services in complementary medicine to the community.
- Our treatment and educational programs offer practical tools for reducing the risk of disease.
- For those who have an illness, we offer tools for learning to live with it.
- Our patients come from all walks of life, and all are welcome.

In the Taoist view, the San Bao, or Three Treasures, are the veritable basis of Chinese medicine.

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**Jewel Thais-Williams, L.Ac.,**

**Dipl.Ac, MSOM, Founder & Executive Director, Village Health Foundation.** Jewel has a BA in History from UCLA and was graduated from Samra University with an MSOM degree after extensive studies in Traditional Chinese Medicine. In 1999 she received her Acupuncture license from the State of California.



**Maria Elena Rondon, L.Ac.**

Maria received her degree in Jurisprudence from U.C.V., the University Central of Venezuela. She practiced law for fifteen years in Caracas, and taught Tai Chi. She came to the United States in 1997 to study Traditional Chinese Medicine, and was graduated from Samra University in 2002.



**Chung Hee Yi, L.Ac.**

Chung Hee was born in Pusan, Korea. She studied Korean Literature at Ewha Women's University, during which time she spent a year as an exchange student in the United States. After her graduation she returned to the U.S. and later received a master's degree in Oriental medicine at Samra University.

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**Prof. Jevons Li, L.Ac., OMD**

**(China).** Dr. Li received his medical degree in China and studied at the Traditional Chinese Orthopedics Department of the Beijing Chao Yang District, Guanxiang Hospital. He has a long history of experience in Oriental Medicine, particularly Oriental Orthopedics. He is currently our clinical director and teaches acupuncture techniques in the English and Chinese Sections.



**Denise Davidson, MFT Intern, MA**

**Clinical Psychology.** Denise is the founding Executive Director of the Counseling Program at VHF, and our resident certified Kundalini Yoga Instructor. She earned her MA in Clinical Psychology and is fulfilling hours for her full California licensing as a Marriage and Family Therapist. She was previously the program director for Community Build Youth & Community Center and a counselor for United Friends of the Children. Denise facilitates workshops for numerous organizations with an emphasis on self-care and life style changes.

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**Alcohol and Substance Abuse**  
**Diabetes**  
**Depression**  
**High Blood Pressure**  
**HIV / AIDS**  
**Asthma and Allergies**  
**Breast soreness / Prostate care**  
**Pre- and Post-natal care**  
**Pre-menstrual Syndrome (PMS)**  
**Menopause, Fibroids, Vaginal Infections**  
**Immune System Issues**  
**Medication / Radiation Side Effects**  
**Nutritional Deficiencies and Sensitivities**  
**Orthopedics**  
**Chronic Pain**  
**Stress Management**  
**Weight Management**  
**Constipation and Diarrhea**  
**Fatigue / Loss of Energy and Vitality**  
**Insomnia**  
**Frequent Congestion, Colds and Viruses**  
**Pediatric**

Herbal Formulas, Community  
Services, Sober Living, Nutrition and Fitness  
Plans for Children and Youth. Meditation,  
Yoga, and Exercise Classes.



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*Wellness begins with a total approach. We consider every part of your being – Essence, Energy and Spirit. It is only when all aspects are approached that healing begins, and a life-style of prevention can follow.*