

# Khushboo Khorana



## Contact

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## Achievements-

-Youth Conference at Doon International School, Dehradun - **Best Presentation award 2014**

-Youth Conference at Doon International School, Dehradun- **Best Presentation award 2016**

-Interaction based on women empowerment with "JK Media" on **Womens day 2019.**

-Interaction on "Radio Mirchi 98.3" on Health and Fitness.

-Sunday morning run sessions across the city of Jammu.

## Key Skills-

-Able to edit stories for factual information and grammatical correctness from onsite staff and freelance writers

-Can create snappy headlines, subheads and photo captions that help tell the story and draw the reader in.

## Summary

An enthusiastic individual dedicated towards writing on various topics like Women's health and fitness, lifestyle, travel, health, relationships and much more. I look forward to work with an organization which provides me the opportunity to grow and explore myself in the world of writing and editing.

## Work Experience

**-Student Coach – June 2020- Present**  
**Leverage Edu, New Delhi**

**- Guest Relations Executive (summer trainee) – June 2019- July 2019**  
**Anutham hotel, Jammu**

**-Aerobics/Tabata/Pilates Instructor– February 2019-Present**  
**Anytime fitness india, Jammu**

**-Home personal trainings– 2019-Present**

**-Online training program exclusively for women – 2018-present**

- Self designed online fitness training program.
- Services offered include- tailoring, making a diet and an exercise plan as per a person's fitness level.
- Daily and monthly follow ups.
- Regular doze of motivation and accountability.
- Regular feedbacks.

**-Aerobics instructor – February 2018- December 2018**  
**Women Alive, Jammu**

**-Change leader – June 2017- July 2017**  
**World youth council, Delhi**

## Education-

**-SSC 2013 (CBSE)- 8.8/10 CGPA**  
**JODHAMAL PUBLIC SCHOOL, JAMMU**

**-HSC 2015 (CBSE)- 88.2%**  
**JODHAMAL PUBLIC SCHOOL, JAMMU**

**- B.COM (2015-2018)- 62%**  
**GOVT. COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU**

**- MBA(2018-2020)- Result awaited**  
**SCHOOL OF HOSPITALITY AND TOURISM MANAGEMENT, UNIVERSITY OF JAMMU**