

Freshman Physics

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Updated notes are available at <https://bit.ly/3E6SuwA>. Please inform me of any errors. Feel free to message me to explain something in greater detail :)

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1 Math: Functions

Functions are maps from one set to another set. We denote them as $f : A \rightarrow B$ or $f(x) \in B$ where $x \in A$.

Examples of functions $f : \mathbb{R} \rightarrow \mathbb{R}$:

- Particle's x coordinate $x(t) = 5 \sin(2t)$
- Particle's x component of velocity $v_x(t) = 10 \cos(2t)$
- Particle's x component of acceleration $a_x(t) = -20 \sin(2t)$
- Potential Energy of spring mass system $U(x) = \frac{1}{2}k(x - x_0)^2$
- Current flowing through Resistor Capacitor circuit $I(t) = I_0 e^{-t/RC}$
- Kinetic Energy in terms of speed $T(|\vec{v}|) = \frac{1}{2}m|\vec{v}|^2$

Examples of functions $f : \mathbb{R} \rightarrow \mathbb{R}^3$:

- Particle path in 3D $\vec{s}(t) = \begin{pmatrix} x(t) \\ y(t) \\ z(t) \end{pmatrix}$

Examples of functions $f : \mathbb{R}^3 \rightarrow \mathbb{R}$:

- Gravitational Potential $\phi(x, y, z) = -\frac{GM}{\sqrt{x^2 + y^2 + z^2}}$
- Electric Potential Energy $\phi(\vec{r}) = -\frac{kQq}{|\vec{r}|}$. The arrow above \vec{r} means it is a vector (more on this later)
- Temperature $T(\vec{r})$

Examples of functions $f : \mathbb{R}^3 \rightarrow \mathbb{R}^3$:

- Gravitational Force $\vec{F}(x, y, z) = -\frac{GMm}{(x^2 + y^2 + z^2)^{3/2}} \begin{pmatrix} x \\ y \\ z \end{pmatrix}$
- Electrostatic Force $\vec{F}(\vec{r}) = \frac{kQq}{|\vec{r}|^2} \hat{r}$. The hat above \hat{r} means it is a unit vector (scaled \vec{r} to have length 1).

2 Math: Differentiation

You probably know how to calculate the gradient of a linear (aka straight) graph.

$$m = \frac{y_1 - y_0}{x_1 - x_0}$$

This works if the graph is linear, i.e. $y = mx + c$. But what happens if the graph is not linear? e.g. $y = x^2$. How can we calculate the gradient of this curvy graph? Answer is **Differentiation**.

(Most) functions can be differentiated **with respect to** their parameters. **Algebraically**, differentiation involves following a set of rules. **Geometrically**, differentiation is the slope of the tangent line to the function's graph.

2.1 Geometric Intuition

<https://www.desmos.com/calculator/b6ts3ls1zf> Desmos visualization. Given a function $f(x)$, here's what the derivative $\frac{d}{dx}f = \frac{df}{dx} = f'(x)$ means:

- Draw the graph $y = f(x)$.
- For each $x = x_0$ value, find the point on the graph $(x_0, f(x_0))$.
- Draw a (straight) tangent line to the graph at that point.
- Calculate the gradient of that tangent line.
- This gradient is the "derivative of f **at** $x = x_0$ ".
- If you chose a different $x = x_1$ value, you would get a different value for gradient, and that would be "derivative of f **at** $x = x_1$ ".
- So the derivative of a function $f(x)$ is another function $f'(x)$.

2.2 Algebraic Calculations

From the above geometric explanation, one can calculate the derivative of $f(x) = x^2$ to be $f'(x) = 2x$. This method of differentiation is called "from

first principles”.

$$\begin{aligned}
 f'(x) &= \lim_{h \rightarrow 0} \frac{f(x+h) - f(x)}{h} \\
 &= \lim_{h \rightarrow 0} \frac{((x+h)^2) - (x^2)}{h} \\
 &= \lim_{h \rightarrow 0} \frac{x^2 + 2hx + h^2 - x^2}{h} \\
 &= \lim_{h \rightarrow 0} \frac{2hx + h^2}{h} \\
 &= \lim_{h \rightarrow 0} \frac{h(2x + h)}{h} \\
 &= \lim_{h \rightarrow 0} 2x + h \\
 &= 2x
 \end{aligned}$$

One can use first principles to derive the following rules of differentiation for common functions:

- Linearity (Adding)

$$\frac{d}{dx}[f(x) + g(x)] = \frac{df}{dx} + \frac{dg}{dx} \quad (1)$$

$$\frac{d}{dx}[cf(x)] = c \frac{df}{dx} \quad (2)$$

- Polynomial

$$\frac{d}{dx} x^n = nx^{n-1}$$

- Trigonometry

$$\frac{d}{dx} \sin(x) = \cos(x) \quad (3)$$

$$\frac{d}{dx} \cos(x) = -\sin(x) \quad (4)$$

- Exponential

$$\frac{d}{dx} e^x = e^x$$

- Product Rule

$$\frac{d}{dx}[f(x)g(x)] = f(x) \frac{dg}{dx} + g(x) \frac{df}{dx}$$

- Chain Rule

$$\frac{d}{dx} f(y(x)) = \frac{df}{dy} \frac{dy}{dx}$$

2.2.1 Finding Maximum / Minimum

When the function $f(x)$ has a maximum x_{\max} , the derivative at that maximum point is zero

$$\left. \frac{df}{dx} \right|_{x_{\max}} = 0$$

Likewise for minimum.

So if the function has 0 derivative at some $x = x_0$, how do we determine if it's a maximum or minimum point? We can perform the 2nd derivative test.

$$\left. \frac{d^2 f}{dx^2} \right|_{x_0} > 0 : \text{Minimum} \quad (5)$$

$$\left. \frac{d^2 f}{dx^2} \right|_{x_0} < 0 : \text{Maximum} \quad (6)$$

$$\left. \frac{d^2 f}{dx^2} \right|_{x_0} = 0 : \text{Not enough information to conclude} \quad (7)$$

2.3 Exercises

Try differentiating the following functions with respect to x or t . You can check your answer against Wolfram Derivative Calculator <https://www.wolframalpha.com/calculators/derivative-calculator/>.

- $\frac{d}{dx} x^4 + x^2$
- $\frac{d}{dt} 5t + 3$
- $\frac{d}{dx} \frac{1}{x}$
- $\frac{d}{dt} \sin(2t)$
- $\frac{d}{dt} e^{-5t}$
- $\frac{d}{dx} \tan x$

3 Math: Integration / Anti-Differentiation

Geometrically, (definite) integration gives you the area under the graph. Algebraically, there are a few techniques for common functions but integration is tricky in general.

3.1 Indefinite Integration / Antiderivative

Q: If I give you a function $f(x)$ and told you that it's derivative is $f'(x) = 2x+1$, can you find out what $f(x)$ is?

A: $f(x) = x^2 + x + C$ where C is an arbitrary constant. Why are there multiple answers?

Mathematically, we say

$$\int 2x + 1 \, dx = x^2 + x + C$$

More generally,

$$\int f'(x) dx = f(x) + C$$

3.2 Exercises

You can check whether you are correct by putting your answer in the derivative calculator and checking if you get the function to be integrated!

- $\int 5 \, dx$
- $\int (\int -10dt) \, dt$
- $\int \sin(5t) \, dt$
- $\int (1/x^2) dx$

Extra: Some functions have antiderivatives that cannot be even expressed analytically, such as

$$\int e^{-x^2} dx$$

3.3 Definite Integration / Area under graph

You can calculate the area under a curve by performing a **definite** integral.

$$\text{Area under } f'(x) \text{ from } (x=a) \text{ to } (x=b) = \int_a^b f'(x) \, dx \quad (8)$$

$$= [f(x) + C]_a^b \quad (9)$$

$$= f(b) - f(a) \quad (10)$$

Q: Why does the arbitrary constant C not appear in the formula for area under the graph?

A: It cancels out: $[f(b) + C] - [f(a) + C]$. Can you imagine this graphically?

3.4 Exercises

- Energy in Spring

$$\int_0^x kr \, dr$$

- Energy in Capacitor

$$\int_0^Q \frac{q}{C} dq$$

- Gravitational Potential

$$\int_r^\infty \frac{1}{x^2} dx$$

4 Physics: Kinematics

After picking a direction which you define as "increasing x direction" as well as an origin for x, you can start describing 1D motion $x(t)$.

If you want to describe 2D motion, pick a perpendicular y-axis.

If you want to describe 3D motion, z-axis is defined using RHR (for the cross product).

4.1 Path of Particle / Object

Mathematically, paths are functions $\vec{s}(t)$ of a parameter t representing time.

- In 1D motion, $x(t)$
- In 2D motion, $x(t)$, $y(t)$
- In 3D motion, $x(t)$, $y(t)$, $z(t)$

To understand an object's behaviour, our goal is to solve for the 3 functions $x(t)$, $y(t)$, $z(t)$, meaning we obtain a formula like $y(t) = 2t - 5t^2$. Knowing where the object is at every snapshot in time allows us to calculate its velocity $\vec{v}(t)$, its acceleration $\vec{a}(t)$, how long it'll take to travel from A to B ($\Delta t = t_B - t_A$), the forces $\vec{F}(\vec{s}(t))$ acting on it at any time, etc.

4.2 SUVAT

$$v(t) = u + at \quad (11)$$

$$s(t) = ut + \frac{1}{2}at^2 \quad (12)$$

$$v(s)^2 = u^2 + 2as \quad (13)$$

$$s(t) = \frac{v(t) + u}{2}t \quad (14)$$

$$s(t) = v(t)t - \frac{1}{2}at^2 \quad (15)$$

SUVAT laws can be derived from calculus with the following definitions.

Let $s(t)$ be the function representing the particle's (1D) coordinate.

$$v(t) := \frac{ds}{dt} \quad (16)$$

$$a(t) := \frac{dv}{dt} = \frac{d^2s}{dt^2} \quad (17)$$

If acceleration is constant, i.e.

$$a(t) = \frac{d^2s}{dt^2} = a_0$$

for some constant a_0 , then one can integrate the above equation once and twice to get 2 of the SUVAT laws

$$v(t) = a_0t + v_0 \quad (18)$$

$$s(t) = \frac{1}{2}a_0t^2 + v_0t + s_0 \quad (19)$$

where we identify $a_0 \equiv a$, $v_0 \equiv u$, $s_0 \equiv 0$ to match 11 and 12.

The other 3 equations can be obtained from the first 2 with a bit of algebra.

4.3 Geometric Intuition

SUVAT can be visualized as an area of a trapezium in the v - t graph. [Demonstrate in class]

4.4 Exercises

SJPO 2015 General Round Q13: An object is travelling on a straight path and exhibiting a constant acceleration a starts off with an initial velocity $v = 2.0 \text{ ms}^{-1}$. It has traversed 4.5 m in the third second (from $t = 2$ to $t = 3$), its acceleration a is

- (A) 0.5 ms^{-2}
- (B) 1.0 ms^{-2}
- (C) 1.5 ms^{-2}
- (D) 2.0 ms^{-2}
- (E) 2.5 ms^{-2}

Ans:

4.4.1 SJPO 2016 General Round Q8

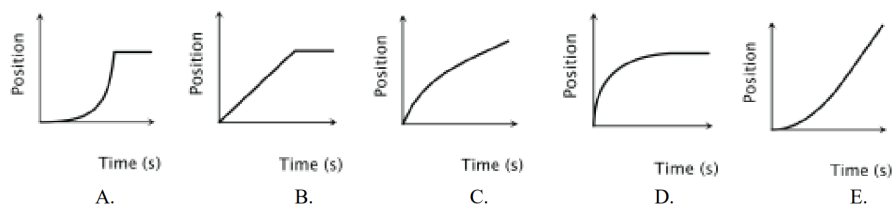
A train moving on straight horizontal tracks slows down from 66 ms^{-1} to 22 ms^{-1} at a constant rate of 2.0 ms^{-2} . What distance does it travel while slowing down?

- (A) 490 m
- (B) 650 m
- (C) 740 m
- (D) 970 m
- (E) 1100 m

Ans:

4.4.2 SJPO 2018 General Round Q10

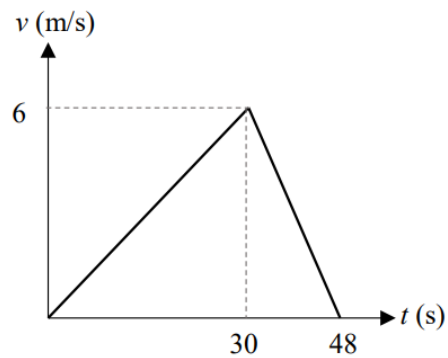
The position of an object moving along a linear track is plotted as a function of time. It started from rest and underwent a positive acceleration for some time, followed by a constant velocity. Which of the following graphs correctly shows this situation?



Ans:

4.4.3 SJPO 2018 General Round Q16 & Q17

A car travels along a straight road with the speed shown by the v-t graph.



16. What is the acceleration of the car from $t = 30$ to $t = 48$ s ?

- (A) -54 m/s^2
- (B) 48 m/s^2
- (C) -3.0 m/s^2
- (D) 3.0 m/s^2
- (E) -0.33 m/s^2

Ans:

17. What is the total displacement of the car after 48 s ?

- (A) 36 m
- (B) 48 m
- (C) 144 m
- (D) 180 m
- (E) 210 m

Ans:

4.4.4 SJPO 2017 General Round Q1

An electron in a vacuum, starting from rest falls 5 cm near the surface of the earth. Considering only the gravitational force acting on the electron, how long does it take for the electron to travel 5 cm?

- (A) 0.1 s
- (B) 0.03 s
- (C) 0.01 s
- (D) 0.001 s
- (E) 0.0001 s

Ans:

4.5 1D Dynamics

If we know the acceleration as a function of time $a(t)$, as well as the initial velocity $v(t = 0) \equiv v_0$ and position $s(t = 0) \equiv s_0$, then we can integrate $a(t)$ twice to get the position as a function of time

$$s(t) = \int \left(\int a(t) dt \right) dt$$

To obtain this $a(t)$, we use Newton's 2nd law

$$F_{\text{net}}(t) = \frac{d(mv)}{dt} = m \frac{dv}{dt} + v \frac{dm}{dt}$$

In (most) cases where $m(t)$ is a constant wrt time,

$$F_{\text{net}}(t) = ma(t)$$

4.6 Extra: $v^2 = u^2 + 2as$ Connection with Work Energy Theorem

$v^2 = u^2 + 2as$ is slightly special because it is related to "work energy theorem" in dynamics. One can derive it by integrating $a(t)$ wrt $s(t)$ instead of t

$$\frac{d^2s}{dt^2} = a_0 \quad (20)$$

$$\frac{d}{dt} \left(\frac{ds}{dt} \right) \frac{ds}{dt} dt = a_0 ds \quad (21)$$

$$\frac{1}{2} \frac{d}{dt} (v(t)^2) dt = a_0 ds \quad (22)$$

$$\int_{t_A}^{t_B} \frac{1}{2} \frac{d}{dt} (v(t)^2) dt = \int_{s_A}^{s_B} a_0 ds \quad (23)$$

$$\int_{v_A}^{v_B} \frac{1}{2} d(v^2) = a_0 (s_B - s_A) \quad (24)$$

$$\frac{1}{2} (v_B^2 - v_A^2) = a_0 (s_B - s_A) \quad (25)$$

$$v_B^2 = v_A^2 + 2a_0 (s_B - s_A) \quad (26)$$

where we identify $v_B \equiv v$, $v_A \equiv u$, $s_B \equiv s$, $s_A \equiv 0$, $a_0 \equiv a$ to match 13.

Extra: If the function of **multiple variables** is differentiated, it's called **multivariate calculus**. Multivariate calculus is used in Electromagnetism (Maxwell's Equations).

5 Math: 3D Vectors

I made some H2 math videos on vectors

- <https://youtu.be/zohpKrmHkc0> Adding, scaling, subtraction of vectors
- https://youtu.be/LhXac_HUw-0 Dot product
- <https://youtu.be/1qruXfQRQJU> Cross product

In order to describe 3D motion we have 3 functions $x(t), y(t), z(t)$. To avoid writing three equations, we often package them into a position vector.

$$\vec{r}(t) = \begin{pmatrix} x(t) \\ y(t) \\ z(t) \end{pmatrix} \quad (27)$$

Geometrically, a vector can be thought of as an arrow. It is the "displacement between 2 points in 3D space", and points in a particular **direction** and has a **length/magnitude**.

5.1 Vector Operations

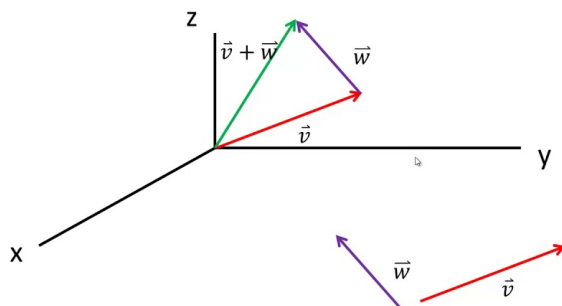
5.1.1 Adding

Algebraically, just add each component individually

$$\begin{pmatrix} x_1 \\ y_1 \\ z_1 \end{pmatrix} + \begin{pmatrix} x_2 \\ y_2 \\ z_2 \end{pmatrix} = \begin{pmatrix} x_1 + x_2 \\ y_1 + y_2 \\ z_1 + z_2 \end{pmatrix}$$

Geometrically,

Adding Vectors in 3D

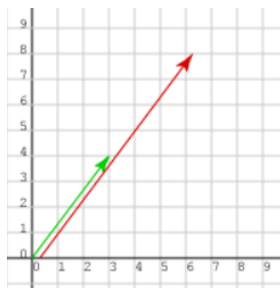


5.1.2 Scaling

Algebraically, scale each component individually

$$\lambda \begin{pmatrix} x \\ y \\ z \end{pmatrix} = \begin{pmatrix} \lambda x \\ \lambda y \\ \lambda z \end{pmatrix}$$

Geometrically, if you scale a vector by a positive real number, direction stays the same but length is changed.



If scaled by a negative number, the direction flips (and length changes too).

5.1.3 Length

Algebraically, length is calculated using Pythagoras' theorem.

$$\left| \begin{pmatrix} x \\ y \\ z \end{pmatrix} \right| = \sqrt{x^2 + y^2 + z^2}$$

5.1.4 Dot Product

Dot product takes 2 vectors and outputs a single real number.

$$\begin{pmatrix} x_1 \\ y_1 \\ z_1 \end{pmatrix} \cdot \begin{pmatrix} x_2 \\ y_2 \\ z_2 \end{pmatrix} = x_1x_2 + y_1y_2 + z_1z_2$$

Geometrically, dot product is a measure of how similar the direction of the 2 vectors are.

$$\vec{a} \cdot \vec{b} = |\vec{a}||\vec{b}| \cos \theta$$

where θ is the angle between the 2 vectors.

The dot product is used to define

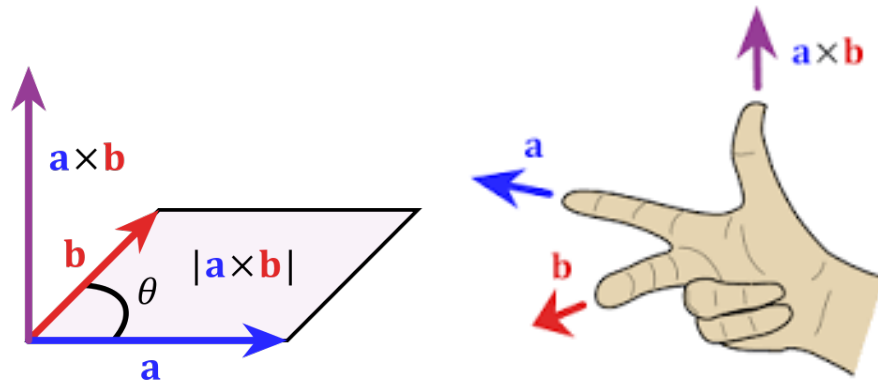
- Work Done $W(D) = \int \vec{F} \cdot d\vec{r}$
- Magnetic Flux $\Phi = \int \vec{B} \cdot d\vec{A}$

5.1.5 Cross Product

Cross product takes 2 vectors and outputs another vector.

$$\begin{pmatrix} x_1 \\ y_1 \\ z_1 \end{pmatrix} \times \begin{pmatrix} x_2 \\ y_2 \\ z_2 \end{pmatrix} = \begin{pmatrix} y_1z_2 - z_1y_2 \\ z_1x_2 - x_1z_2 \\ x_1y_2 - y_1x_2 \end{pmatrix}$$

Geometrically, the length of the cross product is the area of the parallelogram. The direction of the cross product is perpendicular (following right hand rule).



The cross product is used to define

- Torque $\vec{\tau} = \vec{r} \times \vec{F}$
- Angular Momentum $\vec{L} = \vec{r} \times \vec{p}$
- Lorentz Force $\vec{F} = q(\vec{E} + \vec{v} \times \vec{B})$
- Poynting Vector $\vec{S} = \frac{1}{\mu_0} \vec{E} \times \vec{B}$

5.1.6 Derivatives

Also done component wise

$$\frac{d\vec{r}}{dt} = \frac{d}{dt} \begin{pmatrix} x \\ y \\ z \end{pmatrix} = \begin{pmatrix} dx/dt \\ dy/dt \\ dz/dt \end{pmatrix}$$

5.2 Exercises

5.2.1 SJPO 2015 General Round Q11

A force $\vec{F} = \vec{F}_1 + \vec{F}_2$ can be decomposed as the sum of 2 vectors \vec{F}_1 and \vec{F}_2 . Only the magnitude of \vec{F}_1 and the direction of \vec{F}_2 are known. Which of the following is the most accurate statement?

- (A) Only one combination of \vec{F}_1 and \vec{F}_2 exists.
- (B) There exists exactly two combinations of \vec{F}_1 and \vec{F}_2 .
- (C) There exists infinite combinations of \vec{F}_1 and \vec{F}_2 .
- (D) At least three combinations of \vec{F}_1 and \vec{F}_2 exist but the total number of combinations is finite.
- (E) Only one or two combinations of \vec{F}_1 and \vec{F}_2 exist.

Ans:

5.2.2 SJPO 2016 General Round Q21

Initially, a 1 kg box was sliding on frictionless surface at a constant velocity of 4 ms^{-1} in the x direction. A constant force of 1 N was applied on the box in a fixed direction for a time duration of 5 s. After 5 s the speed of the box is 3 ms^{-1} . What is the magnitude of the change in momentum of the box?

- (A) 1 kgms^{-1}
- (B) 2 kgms^{-1}
- (C) 3 kgms^{-1}
- (D) 4 kgms^{-1}
- (E) 5 kgms^{-1}

Ans:

Extra: What are the possible directions of the applied force?

6 Physics: Newtonian Mechanics

The following quantities are scalars (real numbers)

- mass m
- speed $|\vec{v}|$
- kinetic energy $E = \frac{1}{2}m|\vec{v}|^2$
- potential energy U

The following quantities are vectors

- position $\vec{r}(t)$
- velocity $\vec{v}(t) \equiv \frac{d\vec{r}}{dt}$
- acceleration $\vec{a}(t) \equiv \frac{d^2\vec{r}}{dt^2}$
- force $\vec{F}(t)$
- momentum $\vec{p}(t) \equiv m\vec{v}(t)$

6.1 Newton's Three Laws

Newton's 1st law defines what an inertial reference frame is: **In an inertial reference frame**, an object at rest remains at rest, or if in motion, remains in motion at a constant velocity unless acted on by a net external force.

Newton's 2nd law

$$\vec{F}_{\text{net}} = \frac{d(m\vec{v})}{dt}$$

Newton's 3rd law

$$\vec{F}_{\text{A on B}}(t) = -\vec{F}_{\text{B on A}}(t)$$

6.2 Momentum & Impulse

Change in a particle's momentum is equal to the impulse it experiences.

Newton's 2nd law: Let $\vec{F}(t)$ be the net force on a particle, then

$$\vec{F}(t) = \frac{d\vec{p}}{dt}$$

Let's focus on one component of the vector equation (say F_x, p_x)

$$F_x(t) = \frac{dp_x}{dt}$$

Integrating both sides wrt time t from $t = t_A$ to $t = t_B$ yields

$$\int_{t_A}^{t_B} F_x(t) dt = \int_{t_A}^{t_B} \frac{dp_x}{dt} dt \quad (28)$$

$$\int_{t_A}^{t_B} F_x(t) dt = \int_{p_x(t_A)}^{p_x(t_B)} dp_x \quad (29)$$

$$= p_x(t_B) - p_x(t_A) \quad (30)$$

$$= \Delta p_x \quad (31)$$

If a particle experiences a force $\vec{F}(t)$ over a time period t_A to t_B , it's (x -component of) momentum will change by $\Delta p_x = \int_{t_A}^{t_B} F_x(t) dt$.

This is true for each component x, y, z so actually it is a vector equation

$$\Delta \vec{p} = \int_{t_A}^{t_B} \vec{F}(t) dt$$

The quantity on the right hand side is called **impulse**.

6.3 Kinetic Energy & Work

Often in physics, it is unnecessary to know the exact path $x(t)$ of a particle. Sometimes, the question only requires us to know $v(t)$.

Example: A particle of mass m experiences a force $F(x(t)) = \frac{A}{x(t)^2}$. It starts at $x(0) = x_0$, $x_0 > 0$ with an initial speed of v_0 toward $x = 0$. Where will the particle come to a rest?

One way of solving this is to find the function $x(t)$ that satisfies $F = ma$

$$\frac{A}{x^2} = m \frac{d^2 x}{dt^2}$$

This is a differential equation, which we will cover later. We realise we cannot integrate wrt t because the LHS itself is a function of t we do not know the expression for. We will actually integrate wrt $x(t)$. We need to massage the equation into a different form first.

By chain rule,

$$\frac{d}{dt} \left[\left(\frac{dx}{dt} \right)^2 \right] = 2 \frac{dx}{dt} \frac{d^2 x}{dt^2} \quad (32)$$

Substituting this back in and simplifying

$$\frac{A}{x^2} = \frac{m}{2} \frac{dx}{dt} \frac{d}{dt} \left[\left(\frac{dx}{dt} \right)^2 \right] \quad (33)$$

$$= \frac{m}{2} \frac{d}{dx} \left[\left(\frac{dx}{dt} \right)^2 \right] \quad (34)$$

$$= \frac{m}{2} \frac{d}{dx} v^2 \quad (35)$$

Then integrating from the starting to the stopping point wrt x instead of t ,

$$\int_{x_0}^{x_{\text{stop}}} \frac{A}{x^2} dx = \frac{m}{2} \int_{v_0^2}^{v_{\text{stop}}^2=0} d \left[\left(\frac{dx}{dt} \right)^2 \right] \quad (36)$$

$$\left[-\frac{A}{x} \right]_{x_0}^{x_{\text{stop}}} = \left[\frac{1}{2} m v^2 \right]_{v^2=v_0^2}^{v^2=0} \quad (37)$$

$$\frac{A}{x_0} - \frac{A}{x_{\text{stop}}} = -\frac{1}{2} m v_0^2 \quad (38)$$

$$\frac{A}{x_0} + \frac{1}{2} m v_0^2 = \frac{A}{x_{\text{stop}}} \quad (39)$$

$$x_{\text{stop}} = A \left(\frac{A}{x_0} + \frac{1}{2} m v_0^2 \right)^{-1} \quad (40)$$

The left hand side of Equation 39 is actually potential energy + kinetic energy. We will talk about potential energy in future, but for now we observe that integrating F with respect to x instead of t was a useful trick. Generalizing this to a general force F ,

$$F = ma \quad (41)$$

$$\int_{x_A}^{x_B} F dx = m \int_{x_A}^{x_B} a dx \quad (42)$$

Claim: $a dx = v dv$. Proof:

$$v dv = \frac{1}{2} d(v^2) \quad (43)$$

$$= \frac{1}{2} \frac{d}{dt} (v^2) dt \quad (44)$$

$$= \frac{1}{2} 2va dt \quad (45)$$

$$= a v dt \quad (46)$$

$$= a dx \quad (47)$$

So by a change in variables, $a \, dx = v \, dv$.

$$\int_{x_A}^{x_B} F dx = m \int_{x_A}^{x_B} a dx \quad (48)$$

$$= m \int_{v_A}^{v_B} v dv \quad (49)$$

$$= \frac{1}{2} m [v^2]_{v_A}^{v_B} \quad (50)$$

$$= \frac{1}{2} m v_B^2 - \frac{1}{2} m v_A^2 \quad (51)$$

$$= \Delta K.E. \quad (52)$$

In other words, if a particle experiences a force $F(x)$ over a distance interval from x_A to x_B , it's change of kinetic energy $\Delta (\frac{1}{2} m v^2)$ is given by

$$\Delta K.E. = \int_{x_A}^{x_B} F(x) \, dx$$

which we call the **work done** on the particle. This is the **Work Energy theorem**.

Extra: Mathematically, what we have actually done is we have transformed a 2nd order ODE $a(x)$ into a 1st order ODE $v(x)$, which should be easier to integrate in general.

7 Physics: Projectile Motion

$$\vec{F}_{\text{net}} = m \vec{a} \quad (53)$$

$$\Rightarrow \begin{pmatrix} 0 \\ -mg \\ 0 \end{pmatrix} = m \begin{pmatrix} d^2x/dt^2 \\ d^2y/dt^2 \\ d^2z/dt^2 \end{pmatrix} \quad (54)$$

Integrating twice with respect to time t ,

$$\begin{pmatrix} x(t) \\ y(t) \\ z(t) \end{pmatrix} = \begin{pmatrix} u_x t + r_{0x} \\ -\frac{1}{2} g t^2 + u_y t + r_{0y} \\ u_z t + r_{0z} \end{pmatrix} \quad (55)$$

We need to know the initial position $\vec{r}_0 \equiv \vec{r}(t=0)$ and initial velocity $\vec{u} \equiv \vec{v}(t=0)$. For example,

$$\vec{r}(t=0) = \begin{pmatrix} 0 \\ 0 \\ 0 \end{pmatrix} \quad (56)$$

$$\vec{v}(t=0) = \begin{pmatrix} u \cos \theta \\ u \sin \theta \\ 0 \end{pmatrix} \quad (57)$$

Then that gives us the path of the projectile with respect to time

$$x(t) = u \cos \theta \, t \quad (58)$$

$$y(t) = u \sin \theta \, t - \frac{1}{2} g t^2 \quad (59)$$

$$z(t) = 0 \quad (60)$$

This is also known as a parametric curve, with time t being the parameter. Every value of t gives us a point in space $(x(t), y(t), z(t))$.

7.1 From parametric to $y(x)$

If we want to convert parametric curve into a formula for the graph $y(x)$, then we need to invert Equation 58 to yield

$$t(x) = \frac{x}{u \cos \theta}$$

Substituting $t(x)$ into $y(t)$ gives us $y(x)$

$$y(x) = \tan \theta \, x - \frac{g}{2u^2 \cos^2 \theta} x^2 \quad (61)$$

7.2 Finding Range

There are 2 solutions to $y(x) = 0$: the starting one being $x_{\text{start}} = 0$. The other is

$$x_{\text{end}} = \frac{2u^2}{g} \sin \theta \cos \theta = \frac{u^2}{g} \sin 2\theta$$

We now have range as a function of angle $x_{\text{end}}(\theta)$. We can differentiate this with respect to θ and set the derivative $dx_{\text{end}}/d\theta = 0$ to find the maximum range. Strictly speaking, we have to check the second derivative too.

7.3 Exercises

7.3.1 SJPO 2016 General Round Q9

A fruit drops from a tree. A boy, 1.5 m tall, stands on the flat ground just under the fruit. The fruit was initially 10 m above the boy's head. A woman standing on the level ground 10 m from the boy immediately throws a ball from a height of 1.5 m above the ground, and deflected the fruit from its path towards the boy's head. Assume that air resistance and her reaction time are negligible. Calculate the minimum speed of the ball?

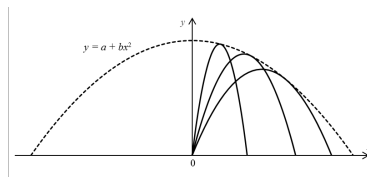
- (A) 10ms^{-1}
- (B) 15ms^{-1}
- (C) 20ms^{-1}
- (D) 25ms^{-1}
- (E) 30ms^{-1}

Ans:

7.3.2 SJPO 2016 General Round Q11: Region of Reachability

A projectile is launched at velocity v_0 into an ideal ballistic trajectory from the origin of a coordinate system. Given that: when the launch angle is varied, all the possible points that can be hit by the projectile are exactly contained within a parabola with equation $y = a + bx^2$ where y is the vertical height, x is the horizontal displacement from the origin, while a and b are constants. What could be the expression for a and b ?

- (A) $a = \frac{v_0^2}{2g}, b = \frac{g}{v_0^2}$
- (B) $a = \frac{v_0^2}{2g}, b = \frac{g}{2v_0^2}$
- (C) $a = \frac{v_0^2}{2g}, b = \frac{2g}{v_0^2}$
- (D) $a = \frac{v_0^2}{g}, b = -\frac{g}{v_0^2}$
- (E) $a = \frac{v_0^2}{2g}, b = -\frac{g}{2v_0^2}$



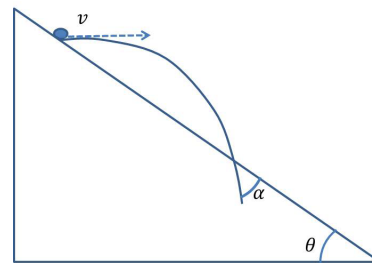
Ans:

Extra: Prove that the envelope is a parabola. [https://en.wikipedia.org/wiki/Envelope_\(mathematics\)](https://en.wikipedia.org/wiki/Envelope_(mathematics))

7.3.3 SJPO 2014 General Round Q12: Projectile on Slope

As shown in the figure below, a ball is thrown out horizontally from a slope. The slope makes an angle θ with the ground. At the first throw, the ball is ejected with a speed v_1 and at the second throw, it is ejected with a speed v_2 . The angles that the ball made with the slope are measured to be α_1 and α_2 respectively. If v_1 is greater than v_2 ,

- (A) $\alpha_1 = \alpha_2$
- (B) $\alpha_1 > \alpha_2$
- (C) $\alpha_1 < \alpha_2$
- (D) $\alpha < \theta$
- (E) It is not possible to infer much as the mass of the ball is not given.



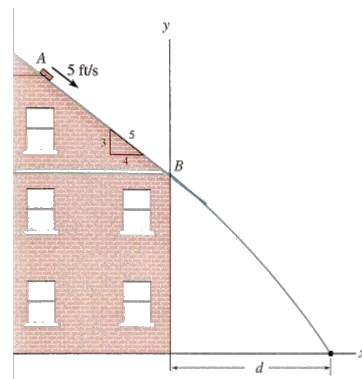
Ans:

7.3.4 SJPO 2018 General Round Q18

18. A 2 kg block slides down a smooth roof which is angled at 30° to the horizontal. When it reaches A, it has a speed of 2.0 m/s. It leaves the surface of the roof at B and strikes the ground at a distance d from the wall of the building. What is the distance d ?

- (A) 3.96 m
- (B) 8.66 m
- (C) 8.78 m
- (D) 17.3 m
- (E) 17.8 m

Ans:



8 Math: Differential Equations

When we studied $F(t) = ma(t)$, we noted that as long as we know the function $F(t)$, we can find $a(t)$ and integrate twice to obtain $x(t)$. However, in most systems, $F(t)$ depends on $x(t)$ or $v(t) \equiv \dot{x}(t)$. Examples include

- Spring Mass $F(x(t)) = -kx(t)$
- Gravitation $F(\vec{r}(t)) = -\frac{GMm}{|\vec{r}(t)|^2} \hat{r}$
- Drag $F(v(t)) = \frac{1}{2}\rho v(t)^2 C_D A$
- Lorentz Force $\vec{F} = q(\vec{E} + \vec{v} \times \vec{B})$

In these scenarios, we can no longer simply "integrate twice" since we hit a circular dependency. To resolve this, we need to solve the "differential equation". Differential equations are very common in physics. If you solve the Navier-Stokes Differential Equation, you earn a million dollars.

8.1 What is a Differential Equation?

When we first learned the quadratic equation, we were looking for **values** of x that satisfy

$$ax^2 + bx + c = 0$$

We can find 2 complex **solutions** to this **algebraic** equation

$$x = \frac{-b - \sqrt{b^2 - 4ac}}{2a} \quad \text{or} \quad x = \frac{-b + \sqrt{b^2 - 4ac}}{2a}$$

In **differential** equations, we are looking for **functions** $y(x)$ that satisfy (for example)

$$\frac{dy}{dx} = y$$

In this example, $y(x) = e^x$ works! Substitute it into the above to check that LHS = RHS. In fact, one can check that any multiple of e^x works too! So $y(x) = Ae^x$ for any arbitrary constant A is a solution. To determine A , we need to know the "initial condition" $y(0) = A$.

Let's try another example, find the function $y(x)$ that satisfies

$$\frac{dy}{dx} = 5y$$

with initial condition $\left. \frac{dy}{dx} \right|_{x=0} = 10$

Solution: $y(x) = 2e^{5x}$

8.1.1 Physics: RC circuit

Find $q(t)$ that satisfies the following (R, C are constants).

$$\frac{dq}{dt} = -\frac{q}{RC}$$

with initial condition $q(t=0) = q_0$.

Answer: $q(t) = q_0 \exp(-t/RC)$

What if the initial condition was $I(t=0) := \left. \frac{dq}{dt} \right|_{t=0} = I_0$ instead?

Answer: $q(t) = I_0 RC \exp(-t/RC)$

8.2 Simple Harmonic Motion ODE

In polynomial equations, the largest power x^n is the degree n of the polynomial. In differential equations, the highest derivative $\frac{d^n y}{dx^n}$ is the order of the differential equation. In this section, we cover a very common class of 2nd order differential equations

$$\frac{d^2 y}{dx^2} = -\omega^2 y$$

which has solution

$$y(x) = A \sin(\omega x + \phi)$$

8.2.1 Derivation by Layman Arguments

$\sin x$ and $\cos x$ are the only (proof involves linear algebra) functions that when differentiated twice, pick up a negative sign. We can afford to put a constant ϕ in the parameter of \sin , since constants vanish when differentiated.

8.2.2 Derivation using Complex Exponential

$$\frac{d^2 y}{dx^2} = Ay \tag{62}$$

where $-\infty < A < \infty$ is a real constant.

Solution:

$$y = y_0 \exp(\sqrt{A}x)$$

Question: What happens if $A < 0$?

Answer: \sqrt{A} is complex! To be more precise, if $A = -\omega^2$ for a positive real number ω , then

$$y = y_0 \exp(\pm i\omega x)$$

are 2 valid solutions.

A word on linear differential equation: Equation 62 is said to be linear, because if I have 2 solutions $f(x)$ and $g(x)$, then adding them together or scaling them is still a valid solution.

$$\text{Given } \frac{d^2 f}{dx^2} = Af(x) \quad (63)$$

$$\text{And } \frac{d^2 g}{dx^2} = Ag(x) \quad (64)$$

$$y(x) = f(x) + g(x) \text{ is a solution too} \quad (65)$$

$$\text{Goal: Show } \frac{d^2 y}{dx^2} = Ay(x) \quad (66)$$

$$\text{Proof: LHS} = \frac{d^2}{dx^2} [f(x) + g(x)] \quad (67)$$

$$= \frac{d^2 f}{dx^2} + \frac{d^2 g}{dx^2} \quad (68)$$

$$= Af(x) + Ag(x) \quad (69)$$

$$= A[f(x) + g(x)] \quad (70)$$

$$= \text{RHS} \quad (71)$$

Examples of Linear Differential Equations:

- Simple Harmonic Motion
- RLC Circuits (linear components)
- (Linear) Wave Equation
- Schrodinger equation (Quantum Mechanics)
- Maxwell's Equation (Electromagnetism)

Since

$$y_+(x) = y_0 \exp(+i\omega x)$$

$$y_-(x) = y_0 \exp(-i\omega x)$$

are 2 solutions to the **linear** DE

$$\frac{d^2 f}{dx^2} = Af(x)$$

any linear combination of them is a valid solution.

$$y(x) = C \exp(+i\omega x) + D \exp(-i\omega x)$$

where C, D are arbitrary complex constants.

But what is a complex exponential? Euler's formula:

$$e^{i\theta} = \cos \theta + i \sin \theta$$

Some say it's just a mathematical trick, since "our system doesn't involve complex numbers". It gets philosophical. Richard Feynman famously said: "Shut up and calculate".

So we want our solution $y(x)$ to be real, i.e. $\text{Im}[y(x)] = 0$. So that necessitates that $C^* = D$ and so the general solution is

$$y(x) = C \exp(+i\omega x) + C^* \exp(-i\omega x) \quad (72)$$

$$| \quad \text{Polar Form: } C := |C| \exp(i\phi) \quad (73)$$

$$= |C| \text{Re}[\exp(+i(\omega x + \phi))] \quad (74)$$

$$= |C| \cos(\omega x + \phi) \quad (75)$$

which is the general solution we heuristically arrived at previously.

Extra: How do we know there are no other functions that solve the ODE? The answer is we can factorise $\left(\frac{d^2}{dx^2} + \omega^2\right) = \left(\frac{d}{dx} - i\omega\right) \left(\frac{d}{dx} + i\omega\right)$ and calculate the kernel of these 2 differential operators.

8.3 Separable ODE

A first order separable differential equation is one of the form

$$\frac{dy}{dx} = \frac{f(x)}{g(y)}$$

One can solve these type of equations in general by rearranging and integrating.

$$g(y) dy = f(x) dx \quad (76)$$

$$\int g(y) dy = \int f(x) dx \quad (77)$$

8.4 1st Order ODE

A 1st Order ODE takes the following general form

$$\frac{dy}{dx} + P(x)y = Q(x)$$

The solution is

$$y(x) = \frac{\int (\exp(\int P(x) dx)) Q(x) dx}{\exp(\int P(x) dx)}$$

Derivation: We first multiply both sides by a specific function $\mu(x)$ called the **integrating factor**, which we currently don't know the expression for.

$$\frac{dy}{dx} \mu(x) + [\mu(x)P(x)]y = \mu(x)Q(x)$$

The idea is that we want to make use of the product rule

$$\frac{d}{dx}[y(x)f(x)] = \frac{dy}{dx}f(x) + \frac{df}{dx}y(x) \quad (78)$$

$$\text{which we compare with LHS } \frac{dy}{dx}\mu(x) + [\mu(x)P(x)]y \quad (79)$$

to rewrite the LHS as a total derivative. So we need to choose $\mu(x)$ to satisfy

$$\mu(x) = f(x) \quad (80)$$

$$\mu(x)P(x) = \frac{df}{dx} \quad (81)$$

This is separable, so it's just

$$\frac{d\mu(x)}{dx} = \mu(x)P(x) \quad (82)$$

$$\frac{1}{\mu(x)} d\mu(x) = P(x) dx \quad (83)$$

$$\int \frac{1}{\mu(x)} d\mu(x) = \int P(x) dx \quad (84)$$

$$\ln |\mu(x)| = \int P(x) dx + C \quad (85)$$

$$\mu(x) = \pm e^C e^{\int P(x) dx} \quad (86)$$

After that, we substitute $\mu(x)$ back into the ODE and integrate both sides to solve for $y(x)$

$$\frac{d}{dx}[y(x)\mu(x)] = \mu(x)Q(x) \quad (87)$$

$$y(x)\mu(x) = \int \mu(x)Q(x) dx \quad (88)$$

$$y(x) = \frac{\int (\exp(\int P(x) dx)) Q(x) dx}{\exp(\int P(x) dx)} \quad (89)$$

Side Note: The constant of integration that appears in the integrating factor $\exp(\int P(x) dx)$ will cancel out. This makes sense because scaling integrating factor $\mu(x)$ by a constant $\mu(x) \mapsto \lambda\mu(x), \lambda \in \mathbb{R}$ shouldn't affect the solution $y(x)$ since the integrating factor was not in the original ODE.

9 Physics: Simple Harmonic Motion (Part I)

There are a lot of ways Simple Harmonic Motion (SHM) can appear, but one thing that is universal is that the equations of motion always simplify (usually after some approximations) to the form

$$\frac{d^2y}{dt^2} = -\omega^2 y(t) \quad (90)$$

$$y(t) = A \sin(\omega t + \phi) \quad (91)$$

where $\omega = 2\pi/T$ will turn out to be the angular frequency of the oscillation, T being the period of oscillation.

Side note: The ϕ accounts for the cos solution by R-formula $a \sin \theta + b \cos \theta = \sqrt{a^2 + b^2} \sin(\theta + \arctan(\frac{b}{a}))$

9.1 Spring Mass

A mass m lies on a frictionless table, attached to an unstretched spring with spring constant k . The other end of the spring is fixed to a wall. The mass is displaced from its equilibrium position by x_0 (in a direction perpendicular to the wall) and released. Find the amplitude and period of oscillation.

Hooke's Law: The restoring force F of a spring stretched by x is $\vec{F}(x) = -kx \hat{x}$.

Extra: Find the period of oscillation of a mass m hung vertically on a spring with spring constant k in a gravitational field strength g .

9.2 Spring Mass (with a Push)

Same as the above, mass m on frictionless table attached to spring with spring constant k displaced by x_0 . But this time, instead of a release, it is pushed, giving the mass an initial speed v_0 (toward the point of equilibrium). Find the new amplitude of oscillation.

This question emphasizes the initial conditions of a differential equation.

Extra: What happens if the initial speed v_0 was directed away from the point of equilibrium instead? Why do we get the same answer for amplitude?

9.3 Pendulum

A mass m is hung by an inextensible string of length l in a gravitational field strength g . It is displaced by a small angular displacement θ_0 and released. Find the amplitude and period of oscillation.

9.4 General Pattern for SHM Questions

I will compile all the SHM questions later on because SHM spans across all the physics topics (from EM to buoyancy), but in general the pattern is just

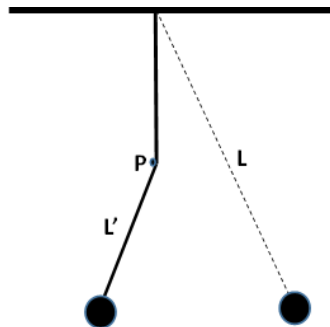
1. Equations of Motion (EOM)
2. Solve for equilibrium
3. Taylor expand about equilibrium
4. Match with the SHM equation $\ddot{q}(t) = -\omega^2 q(t)$

9.5 Exercises

9.5.1 SJPO 2015 General Round Q16

As shown in the diagram, a pendulum of length L is hung from the ceiling and at a point P , a peg is placed. L' denotes the shortened length of the pendulum during part of its oscillation. The period of the pendulum's oscillation is now

- (A) $2\pi\sqrt{\frac{L}{g}}$
- (B) $2\pi\sqrt{\frac{L'}{g}}$
- (C) $2\pi\left[\sqrt{\frac{L}{g}} + \sqrt{\frac{L'}{g}}\right]$
- (D) $\pi\left[\sqrt{\frac{L}{g}} + \sqrt{\frac{L'}{g}}\right]$
- (E) $\pi\sqrt{\frac{L+L'}{g}}$



Ans:

9.5.2 SJPO 2018 General Round Q21

The bob of a simple pendulum travels 2 m in one complete oscillation in a time of 2.000 s. Assuming that damping is negligible, when the same pendulum is made to travel 4 m in one complete oscillation, the time taken is

- (A) 4.000 s
- (B) More than 2.000 s
- (C) 2.000 s
- (D) Less than 2.000 s
- (E) 1.000 s

Ans:

9.5.3 SJPO 2018 General Round Q22

10 Physics: Collisions

Collisions between multiple bodies (e.g. dropping a stack of balls) are analysed as a sequence of collisions between 2 bodies at a time. When 2 bodies collide, their **total momentum is always conserved** / invariant before and after the collision (invariant means doesn't change). Their total energy, however, has 3 possibilities:

- Total energy conserved (**elastic**)
- Total energy decreased (**inelastic**) e.g. billiard balls
- Total energy increased (**superelastic**) e.g. explosion

10.1 1D Elastic Collisions

10.2 2D Elastic Collisions

10.3 1D Inelastic Collisions

10.4 Center of Momentum Frame

10.5 Coefficient of Restitution

10.6 Perfectly Inelastic

11 Math: Polar Coordinates

12 Physics: Rotational Dynamics

13 Physics: Statics

Need torque

- 14 Math: Other Coordinates
- 15 Math: 2D & 3D Integrals
- 16 Physics: Moment of Inertia
- 17 Physics: Electrostatics
- 18 Math: Vector Calculus
- 19 Physics: Potentials & Potential Energy
- 20 Physics: Electromagnetism
- 21 Physics: AC Circuits
- 22 Math: Differential Equations
 - 22.1 SHM: Driven and Damping
 - 22.2 Laplace Transform
- 23 Physics: Constraining Forces - Normal, Tension, Friction
- 24 Physics: Pulleys
 - 24.1 Friction - Capstan Equation
- 25 Physics: DC Circuits
- 26 Physics: Fluid Mechanics
- 27 Physics: Waves
- 28 Physics: Optics
- 29 Physics: Thermodynamics