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| Thomas  Clegg | Tclegg03@gmail.com  309-826-9447  Bloomington, IL 61701 |

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| Summary | Motivated to apply education and professional abilities and skills to enhance research operations. Eager to learn new skills and advance knowledge with hands-on experience. Demonstrated proficiency in multiple; lab techniques including PCR, Gel Electrophoresis, …. Experience with research grant writing. Further education goals include a PhD in microbiology. |

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| Skills | |  |  | | --- | --- | | * Collecting specimens * Infection control procedures * Electronic charting * Calm and level-headed under duress | * Able to lift [Number] pounds * General housekeeping ability * Documentation procedures expert | |

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| Experience | Certified Nursing Assistant | 07/2014 to 06/2020  OSF HealthCare System - Bloomington, IL   * Documented patient intake and dietary requirements and assisted with feeding. * Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness. * Responded to patient alarms and needs-assessment requests to identify course of treatment. * Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets. * Documented activities and recorded information in EMR system. * Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate. * Volunteered to work additional shifts and overtime during busy periods to maintain proper staffing and floor coverage. * Cleaned and sanitized rooms and equipment using aseptic technique to prevent infection and cross-contamination. * Provided hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures. * Used mobility devices and [Type] equipment to carefully and transport patients. * Provided personal nursing assistance in pre- and post-operative situations. * Managed and maintained patient rooms, shared-living areas and nursing stations. * Facilitated activities of daily living, including personal hygiene management, feeding and ambulation. * Exhibited compassionate care and communication regarding issues surrounding death and dying. * Collected specimens, monitored vitals and maximized patient comfort. * Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status. |

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| Education and Training | Illinois State University - Normal, IL  Bachelor of Science  Biology, **05/2020** |