

Timur Sahin

has completed the course and is now certified in

Adult
Mental Health First Aid
USA

and has been trained to provide initial help to someone
experiencing a mental health or substance use challenge.



Chuck Ingoglia
President & CEO
National Council for Behavioral Health



**MENTAL
HEALTH
FIRST AID®**

This certificate became
effective on:

12/14/2020

Date

This certificate **expires**:

3 yr from effective date

Date

*This course is eligible for 7.5 contact hours
of continuing education credit.*