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## Study: Effects of induced mood on accuracy in Lexical Decision Task

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### AVAILABLE SUPPORT

- **Student Welfare:**

[http://student.reading.ac.uk/essentials/\\_support-and-wellbeing/support-arrangements/welfare.aspx](http://student.reading.ac.uk/essentials/_support-and-wellbeing/support-arrangements/welfare.aspx)

Based in the Carrington Building, you can simply drop-in to speak to someone in person between 10.00-16.00 Monday to Friday, or you can email [studentwelfare@reading.ac.uk](mailto:studentwelfare@reading.ac.uk) should you wish to make an appointment.

- **Counselling & Wellbeing:**

Email: [counselling@reading.ac.uk](mailto:counselling@reading.ac.uk)

Website: [https://student.reading.ac.uk/essentials/\\_support-and-wellbeing/counselling-and-wellbeing.aspx](https://student.reading.ac.uk/essentials/_support-and-wellbeing/counselling-and-wellbeing.aspx)

- **Your Academic Tutor:**

[https://student.reading.ac.uk/essentials/\\_study/academic-tutors/your-tutor.aspx](https://student.reading.ac.uk/essentials/_study/academic-tutors/your-tutor.aspx)

If you require additional support, beyond that which is available from the University's support services above, additional support is also available from:

- **Your General Practitioner:**

*They will best set up to direct you to the available support services and can provide any necessary referrals required.*

- **Mind:**

Phone: 0300 123 3393

The charity Mind, through its website - <https://www.mind.org.uk/information-support/guides-to-support-and-services/crisis-services/helplines-listening-services/> - provides a list of specialist support services that are available through the UK.

- **Papyrus HOPELINE UK:**

Phone: 0800 068 4141

A free service for young people, under the age of 35 years, who are experiencing suicidal thoughts

- **Samaritans:**

Phone: 116 123

Emotional support for anyone in distress ([www.samaritans.org.uk](http://www.samaritans.org.uk))