

Introduction to 3D Polar Coordinate Systems: Spherical & Cylindrical Coordinates

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Summary

In three-dimensional space, points can be described using various coordinate systems. While Cartesian coordinates (x, y, z) are common, polar-based systems like spherical and cylindrical coordinates provide alternative ways to represent positions – particularly when dealing with problems involving symmetry.

Before reading this guide, it is recommended that you read [Guide: Introduction to polar coordinates](#).

What are cylindrical coordinates?

Cylindrical coordinates can be seen as an **extension** of 2D polar coordinates by adding rotation around the z-axis. They are particularly useful for problems with rotation symmetry about an axis – for example cylinders, pipes, or beams. Each point in 3D space is described by:

- r - the radial distance from the z-axis
- θ - the angle from the x-axis (in the xy-plane)
- z - the height along the z-axis

The following diagram shows an example of how to visualise this.

Figure 1: Cylindrical coordinates showing a point (x, y, z) located by radial distance r from the z-axis, angle θ in the xy-plane, and height z .

The conversion between cylindrical and Cartesian coordinates follows:

i Definition of cylindrical coordinates:

- $x = r \cos(\theta),$
- $y = r \sin(\theta),$
- $z = z.$

Such that:

- $r = \sqrt{(x^2 + y^2)},$
- $\theta = \tan^{-1}\left(\frac{y}{x}\right),$
- $z = z.$

Geometrically, cylindrical coordinates can be imagined as stacking circles (each defined by r and θ) along the z -axis. A useful analogy is a can of soup: each horizontal slice is a circle, and stacking these circular slices vertically forms the cylinder.

Interactive Exploration (Desmos):

Use the following Desmos tool to explore how the cylindrical variables and determine a point's location.

💡 Tip

Try keeping two variable's constant at a time to trace single-variable curves or surfaces. What can you see when doing this? (hint: to visualise cylinders, spirals, and vertical planes.)

i Example 1

Consider the following point in cylindrical coordinates:

$$(r, \theta, z) = \left(4, \frac{\pi}{3}, 2\right)$$

This means:

- The point is 4 units from the origin.
- It is rotated 45° around the z-axis
- It is 2 units above the xy-plane

Using the cylindrical-Cartesian conversion of:

$$x = r\cos(\theta), y = r\sin(\theta), z = z$$

You can calculate x, y, and z to be:

$$x = 4\cos\left(\frac{\pi}{3}\right) = 4 \cdot \left(\frac{1}{2}\right) = 2$$

$$y = 4\sin\left(\frac{\pi}{3}\right) = 4 \cdot \left(\frac{\sqrt{3}}{2}\right) = 2\sqrt{3}$$

$$z = 2$$

So, in cartesian coordinates, the point is:

$$(x, y, z) = (2, 2\sqrt{3}, 2)$$

The geometric interpretation of this is as follows:

- Fixing $r = 4$ gives a vertical cylinder
- Fixing $\theta = \left(\frac{\pi}{3}\right)$ gives a horizontal plane
- Fixing $z = 2$ gives a horizontal plane

The point lies where these three surfaces interact.

What are spherical coordinates?

Contrastingly, spherical coordinates describe points relative to a central point – ideal for systems with radial symmetry – like stars, atoms, or fields. If you imagine a sphere, you can think of it as being composed of many 2D circles or cross-sections. Depending on how we slice the sphere - along the x, y, or z axes - we can visualize different orientations of these circular cross-sections.

In spherical coordinates, each point in 3D space is defined by three quantities:

- r = the radial distance from the origin to the point
- θ = the azimuthal angle (measured in the xy-plane from the x-axis)
- ϕ = the polar angle (measured from the positive z-axis)

These coordinates relate to Cartesian coordinates as follows:

- $x = r \sin(\phi) \cos(\theta)$,
- $y = r \sin(\phi) \sin(\theta)$,
- $z = r \cos(\phi)$.

where, $r^2 = x^2 + y^2 + z^2$.

The range of these variables is:

- $\theta \in [0, 2\pi)$. This is the full rotation around the z-axis.
- $\phi \in [0, \pi]$ This is from the north pole to the south pole of the sphere.

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You can think of spherical coordinates as an extension of polar coordinates into 3D - adding a second angle to capture depth or height (aka vertical tilt) relative to the z-axis. For instance, visualizing Earth as a perfect sphere, a point in earth can be described by its distance from the centre (r), the latitude-like polar angle (ϕ), and the longitude-like azimuthal angle (θ).

Figure 2: Spherical coordinates showing a point (x, y, z) located by radial distance r from the origin, azimuthal angle θ in the xy-plane from the x-axis, and polar angle ϕ measured down from the positive z-axis.

Interactive Exploration (Desmos):

Use the linked Desmos tool to investigate how spherical coordinates position a point in space. Change to move closer to or farther from the origin



Tip

Fix one variable at a time. What can you see by doing this? (hint: cones, circular paths, or spherical shells?)

i Example 2

Consider the following point in spherical coordinates:

$$(r, \theta, \phi) = \left(6, \frac{\pi}{6}, \frac{\pi}{4}\right)$$

This means:

- The point is 6 units from the origin.
- It is rotated 30° around the z-axis.
- It is tilted 45° down from the positive z-axis.

Using the spherical-Cartesian conversion of:

$$x = r \sin(\phi) \cos(\theta), \quad y = r \sin(\phi) \sin(\theta), \quad z = r \cos(\phi)$$

You can calculate x, y, and z to be:

$$x = 6 \sin\left(\frac{\pi}{4}\right) \cos\left(\frac{\pi}{6}\right) = 6 \cdot \frac{\sqrt{2}}{2} \cdot \frac{\sqrt{3}}{2} = \frac{3\sqrt{6}}{2}$$

$$y = 6 \sin\left(\frac{\pi}{4}\right) \sin\left(\frac{\pi}{6}\right) = 6 \cdot \frac{\sqrt{2}}{2} \cdot \frac{1}{2} = \frac{3\sqrt{2}}{2}$$

$$z = 6 \cos\left(\frac{\pi}{4}\right) = 6 \cdot \frac{\sqrt{2}}{2} = 3\sqrt{2}$$

So, in cartesian coordinates, the point is:

$$(x, y, z) = \left(\frac{3\sqrt{6}}{2}, \frac{3\sqrt{2}}{2}, 3\sqrt{2}\right)$$

The geometric interpretation of this is as follows:

- Fixing $r = 6$ gives a vertical cylinder,
- Fixing $\theta = \frac{\pi}{6}$ gives a vertical half-plane,
- Fixing $\phi = \frac{\pi}{4}$ gives a cone.

The point lies where these three surfaces interact.

Quick check problems:

1. In spherical coordinates, which angle sweeps around the z -axis, and which tilts down from the z -axis?
2. For a problem with a long straight pipe, which system is likely the better option to solve: spherical or cylindrical? Explain why.
3. What symmetry suggests using spherical coordinates? What symmetry suggests using cylindrical coordinates?
4. In cylindrical coordinates, what does r measure?
5. If $\phi = 0$ in spherical coordinates, where is the point located relative to the axes?
6. Convert the cylindrical coordinates

$$(r, \theta, z) = \left(3, \frac{\pi}{6}, 2\right)$$

to Cartesian coordinates.

7. Convert the Cartesian coordinates

$$(x, y, z) = (2, 2\sqrt{3}, 1)$$

to cylindrical coordinates. Give r and θ in exact form.

8. Convert the spherical coordinates

$$(r, \theta, \phi) = \left(5, \frac{\pi}{3}, \frac{\pi}{6}\right)$$

to Cartesian coordinates.

9. Given the Cartesian coordinates

$$(x, y, z) = (0, 0, 4),$$

find the corresponding spherical coordinates using the standard variable ranges.

10. For the cylindrical coordinates

$$(r, \theta, z) = \left(4, \frac{3\pi}{2}, -1\right),$$

identify the point's location in the xy -plane (quadrant or axis) and give the corresponding Cartesian coordinates.