

Balloon Boogie

Pass the Bliksem Balloon... nicely ... Please

This fun activity will have many people falling on the floor with jaw-hurting laughter...

It's a race! With a few simple rules.
NO Hands, arms or elbows!

Pass the balloon around the circle as fast as possible...

only ...you must pass the balloon on to your next partner. And help them to keep the balloon between your knees and away from arms or hands!

Groups race to get the balloon/s around the circle a specified number of times.



The faster the better... You are competing team/groups, without dropping the balloons on the floor or popping them.

This fun team building activity can be front-loaded with a work scenario and debriefed for action learning.. or it can just be a who lot of fun and laughter...

Many times its both.... BEWARE YOUR JAWS MAY LOCK UP FROM TOOO MUCH LAUGHTER..