

Why Choose Tony's REVOLUTIONARY WORKPLACE system to Optimise and Transform Your Mindsets, Teams, Leadership & Culture?

- We are totally **unique in the approach we take**, and the potent **results we facilitate**.
- We evaluate, create and facilitate innovative, effective, powerful, Life-Shifting experiences.
- Our results are valuable, visible, vital and sustainable for people, teams, leadership & culture.
- We transform Mindsets, your teams' relationships, team-working, trust levels and meaning.

By working with our powerful tools & unique perspectives, **you acquire the best value results**. We offer advanced strategies, and leading-edge perspectives, delivered by committed, highly-engaged and passionate facilitators (Owners). We have key competitive advantages that make us the right Team Building or BEyond Motivational Speaking partner for you. Together, they translate into powerful, Life-Shifting, MindShifting experiences, and a smart business decision for you and your organization. If you truly care about your team. Accelerate their growth with Appreciative Inquiry, LifeShift, TeamShift, Emotionetics, Conscious Development and Happiness@Work, and Tribal Leadership Insights. We bring...

- *Vast range of Performance & Transformation Experience for individuals & teams*
- *Advanced change-management technologies, tools perspectives and experiences*
- *Totally responsive and customised solutions to the REAL key issues*
- *Ongoing support and coaching focused on measurable, sustainable, optimised results*
- *Appreciative Inquiry, Personal Mastery, Science of Happiness@ Work, TOC - processes*
- *We are global experts with 40+ years experience, committed to Win-Win partnerships.*
- *Best value for investment and greatest ROI with longer-term efficacy.*

Client Testimonials and Comments

- ❖ Outstanding!! – In all my years in senior positions – This is the BEST leadership and team development process I have ever participated in and got such incredible value and results with my EXCO team – Head (5th Largest Medical Aid Co)
- ❖ *I am so impressed with the power and effectiveness of your REAL team building process. I have done many team buildings, but I never experienced something like this where we get to the real heart of the people. The other team buildings are just "feel-good-for-a-moment" and leave you with nothing... This was amazing! I want you to come and facilitate the rest of my IDT teams... Mr Ayanda Wakaba (Wakes) Executive Head of DPS Independent Development Trust.*
- ❖ I've done MANY workshops in my business life. NONE have been as effective, powerful and deeply impactful, as with Life Masters Revolutionary Workplace experience. Exco Mem (5th Largest Medical Aid)
- ❖ We had so many problems we had no idea where to start... Tony's amazing process has given us a new life! – Leon CEO Standard Bank Compliance Africa
- ❖ I cannot believe how good I feel just from that 1 last process. This has been beyond words, My ENTIRE company of 200+ staff will now go through the REVOLUTIONARY WORKPLACE Leadership Process – CEO GTEL –Zimbabwe.
- ❖ The Team Development Sessions we had with Tony are STILL the BEST people and Team Building Experiences I have ever had in 20+ Years at OPP. The energy and impact that Tony brought lasted a very long time. N Vd Merwe. Manager OPP
- ❖ I was just in the job – disengaged, unhappy and demotivated. But after this Leadership session I have a renewed sense of life, meaning and energy, for my ROLE and impact as HR Manager – A (Plz Keep confidential don't want my boss to know)
- ❖ I've never been in a training that is this inspiring before. - It was VERY Awesome. It was very energizing, very inspirational. I definitely think our organisation can use this type of training. It covers so many different elements, of motivating teams, getting teams to work together better, getting teams to understand each other... the fun, the camaraderie...the whole energetic levels of...the group improved.

Because it's actually thinking out of the box...It's getting to different ideas and different ways. Actually getting people to think about... understanding each other. What makes you tick? What makes you happy? What makes you sad? And how do you need to look at this. A good understanding of yourself, where you need to be, where you are going. I REALLY enjoyed it. And I definitely feel good. We need this type of training...in our organisation! - Ansa HR Manager Nissan South Africa

- ❖ *After Tony facilitated a team session with us we almost **quadrupled our business to around R800 Million!** That's why we chose Life Masters and Tony, again. **Because our last session was truly amazing.** Deon. Financial Manager IDT*
- ❖ The day began with some apprehension. How could one day change anyone's lifelong habits/ beliefs? BUT I can confirm the overall team attitude was altered in a most profound and positive manner. We all felt the impact and learnt more about each other. Vaneshree SANSA
- ❖ WOW! What a life-changing experience!!! Learnt a lot today and I CHOOSE TO BE... So if it is to be ...it's up to me. I'm responsible for my thoughts, beliefs, behavior, feelings and my life and I choose to live it to the fullest! SANSA
- ❖ I moved from deeply unhappy, all the way to PEACEFUL and deeply connected to my exco team... Exco Mem (5th Largest Medical Aid)
- ❖ **Wow! You achieved miracles! – We never believed it possible for our team and trust levels to be so transformed. You have really helped us to build an amazing team foundation.** Sue – COO SAHRC
- ❖ I received good value from the session. My favorite part were the exercises. I was trying to single out a specific one however I realised they all had good lessons on leadership and teamwork. What an eye opener. Especially the small things I take for granted.

RAVE: I Respect, Appreciate, Value and Embrace you for the quality of your programme, the manner in which you present it, and the way you call a spade a spade. You called out most of the individuals that were in the training room, myself included and left me doing a lot of reflecting on my leadership skills. **Thanks - Letsholo Ranamane - Project Manager (PPM)**

- ❖ I just have to say your team and the day spent with you was AWESOME! VERY Positive and all around ready for the next portion of the year was what I got from being there. I get up every morning having this Positive and go-for-it attitude and I feel great. Jackie Reed NEC Project Manager - Gijima
- ❖ GREAT responses from your HPO presentation. Everybody spoke about it during the braai. Thanks for a very meaningful and valuable message. – Leon Premier Foods
- ❖ Thank you for the amazing Team Building experience. For me it was an eye opener of how I interact within our team. Now I feel energised and more open. I can see a difference in our Team. A new lightness with positive energy. I am committed to continuing with the growth that we achieved over the weekend. A very powerful experience. Certainly a big shift in a short time. Thank you. Andrew DIR FPM
- ❖ Thank you so much for giving us such a **well organised, purpose-designed workshop that really met all our needs.** We all came away with a different stance and outlook towards our own lives and spaces within our company – there is definitely an over-riding sense of feeling valued and appreciated.

When I first looked for someone to introduce us to our own sense of SELF, as well as inspiring us within our workplace, I didn't think it was possible to get all that into one package – BUT your commitment, talent and passion, for summing up people and giving them the tools to develop and move forward is awesome.
– Alison Lovell Oxbow Conference Estate/ Lovell Packaging

- ❖ What you achieved today is amazing. You'll be coming back soon! Donovan Wright Makro HR Director

- ❖ I expected good...but you delivered WAY more than I expected. Awesome result!! Lucky – Makro Div HR
- ❖ Excellent, excited. There is a different feeling here. I feel lighter and more grounded and more gentle. I have noticed I am not as distracted. I can SEE a difference. And I am committed to stepping up. Thank you -Love A.
- ❖ Thanks Tony, greatly appreciated and thanks a lot for sharing such interesting information with us, *it was really an eye opener*. We learnt a great deal from you today. Necsa will definitely know about you. - Nada
- ❖ Some of my older "colleagues" and myself still think back to your 2008 teambuilding as the best training/coaching that this Public Protector's office has offered to us over the past 20+ years. Adv.
- ❖ I carried on thinking about the happenings of the day long event after we closed yesterday. I've learned a lot, and most certainly will carry on thinking about and applying the things we've learned for still some time to come. I've been on other team building and strategy sessions and workshops before, and after most of them felt either overwhelmed or being taken for a ride, **but your quantity and quality balance was just right**. One of the prominent things in my mind this morning is "trust" – one can only lead, and be lead, if there is mutual trust from the leader and the follower. Francois Laubscher("Frank")
- ❖ I still keep my file in my desk drawer, often reflecting on the very important principles that you taught us and that has become part of my life:
 - * What worries you, masters you
 - * You will be trapped, until you learn to forgive
 - * Hurt cannot survive without you holding on
 - * Any fool can criticize, complain and condemn - and most do
 - * Trust, respect and love are the fuel for a powerful workplace

I can go on and on, but will conclude to say that I really hope that you will again be afforded the opportunity to refresh us on these principles. I think that we are in a season where much has changed and numerous new officials became part of the team. Unfortunately we lack a real team spirit.
- ❖ *Hi Tony...I would like to say a BIG thank you to you and Debbie for the awesome two days spent with you. There was a lot of food for thoughts and soul searching. I know from myself it was very valuable on a personal level, and it has helped clear my vision of my future path. I am sure a lot of positive things will come out of the two days within FPM from the session, and for this, I thank you. You are a true gentleman, and Debbie a lady to be respected. Your energy and enthusiasm for life is an example to all. It was a pleasure working with you and I look forward to planning future get togethers with you and Debbie at FPM. From everyone at FPM THANK YOU !!!!!!!*
- ❖ *You've no idea of the profound transformation and shifts I achieved here today. It's been Life Changing for me! Mamele Makro HR*
- ❖ Hi Tony... We are moving on really well. **The team has gotten so much closer to each other**. The day after you were with us, we made agreements on ways of working. We have come up with ways for the reps to interact with each other on a more regular basis. The great thing I see now is that people are giving each other compliments and calling each other for help. **Trust has massively gone up**. My main objective now is to build upon that momentum. Thanks again for your great help Regards, Chris ...Nutricia... **PS even in my private life it has made a difference**, I am now so much more aware of the fact that I have a "choice" on what I choose to feel like, **been a major eye-opener**.
- ❖ *What we achieved today in **our team building is quite amazing and incredible**. Our office just aren't ready for this new amazing team – they are going to wonder what on earth has happened. Incredible! – Ann – SAMA*
- ❖ *I'm leaving this team building feeling blissful! – Malebo*
- ❖ *This was very good for our team and the positive way forward – Liketh CEO*
- ❖ Dear Tony, on behalf of the team, I would like to thank you for a truly enlightening and life changing experience. As I mentioned at the end of the session, we have conducted many team building exercises before, **but the difference with this one was that over and above breaking down barriers within the team, it also made us focus on key leadership aspects that we as the executive team should be prioritizing in leading our**

organization. It also **enabled us to build up trust within the team** which should make us stronger as we go forward into the future. The onus is now with us to leverage on what we learned from the session and ensure a sustainable improvement in our leadership practices and team work. Once again thank you for **your facilitation of what turned out to be a unique experience for all of us.** Andile Mvinjelwa, Managing Director, SA Mint.

- ❖ After only 1 day of teambuilding, facilitated by Tony, I could see a marked improvement in the coherence of the 35 people in this TEAM. I am writing this is 3 months after the event, and still this continues – **a real lasting impact.** I realize that real teambuilding means work, not merely group entertainment. The Stop-Start-Continue list which we drafted in the session gave us concrete stuff to work on, and we keep reminding ourselves of this through regular stock-taking of where we are. I would recommend Tony with no hesitation, both for the content of his program and for his personal style. *Elizabeth van Renen: Director International Trade, National Department of Agriculture*

**“We all know that happier, challenged and energized people deliver more –
So assist them to become energized, engaged, focused and happier... ASAP”**

- ❖ Tony, Thank you for your energy, passion and no nonsense attitude. The decision to choose you to lead the team was the correct decision. The team is more motivated, psychologically more balanced and displaying visible positive changes in behaviour. A shift in mind set has taken place. Thank you for everything. I am energised, focused, grateful – Fatimah TEP
- ❖ *I arrived this morning not feeling very happy, and now I almost cannot believe how good I feel right now! Rika*
- ❖ When you hear the word “Teambuilding” nervousness usually sets in. However, I found your teambuilding activities educational, uplifting and really good fun. Cornelia Höll **DHI Water EnviroHealth SA**
- ❖ Wow what a success!!!, at first I was skeptical of what may come, afraid of how the rest of the employees will react, but you guys made it so much fun and the laughing; boy oh boy did I enjoy everybody's laughs! Laetitia de Lange **DHI Water EnviroHealth SA**
- ❖ I enjoyed the team building event very much. It is nice to engage in non-work related activities with your colleagues I think it contributes to bring people closer and also seeing everyone doing physical/fun/funny tasks is definitely a general office mood booster. Silvia Leirião **DHI Water EnviroHealth SA**
- ❖ When I heard the words “teambuilding” - anxiety got hold of me and I thought to myself - this is one way of making a fool of yourself. BUT, Tony, I have thoroughly enjoyed every second of participating and the realization that it is not about me but my/our team. AND the fool part... well needless to say that was all in my head. Thanks Annatjie Luttig - **DHI Water EnviroHealth SA**
- ❖ An interesting and eye-opening experience. Helped everyone gain insights into each other and brought the team much closer. –Priya Singh CA SANSA
- ❖ Very helpful in getting to the REAL issues beyond the peripheral – Sandile CEO SANSA
- ❖ To learn about self-knowledge and how to share it. I would strongly recommend Life Masters – Marlo SANSA
- ❖ Interesting and very motivational – Asanda SANSA
- ❖ The team building was truly inspirational and exposed each individual to their inner self and more importantly empowered us to take charge of our own lives and be responsible for our choices and actions. An eye opening and dynamic experience – Sandra
- ❖ Mind blowing! Learnt things that I didn't / wasn't aware that I was caring / feeling. Left a better and bigger person, looking forward to a wonderful future. Nokuthele

- ❖ An amazing experience! I learnt so much about my co-workers as well as myself and I leave this place today, fueled up and ready to face the challenges and empower myself – Thanks a lot! Estelle SANSA
- ❖ Tony's Team building exercise enabled me to rid myself of emotional baggage that I carried for years! I am NOW FREE!! Nombeko Mbava SANSA
- ❖ I learnt a lot today about the power of the tongue, and that I should always speak positively. – Tumi SANSA
- ❖ I enjoyed today's session and believe it was to be. Tony's teachings are in line with what I believe, in the challenges though with me was putting those beliefs into practice. I feel highly motivated now and choose to take hold of my thoughts and what I say. I chose to be more responsible.
- ❖ Life-changing experience!!-Fanyani SANSA
- ❖ It was very healing and educational to have such a workshop. I would recommend such a teambuilding to EVERYONE – Lerato SANSA
- ❖ A good process to highlight human connection in a workplace and how to harness their effects, attitude and spirituality to make a workplace a sacred place of LOVE and JOY. – Harriet HR Snr Manager SANSA
- ❖ The teambuilding session I have attended was a MIND OPENER. I have attended so many team building sessions in my career life and this is UNIQUE. And after the session you can apply whatever you have learnt at your workplace and your personal arena. I will definitely recommend this company Life Masters to all the employees and my friends. It was fruitful and it was well worth the money we paid and MORE!! Tsholofelo Mothla SANSA
- ❖ **There is only one word to describe the team building session at Bakabung – "POSITIVE".** My team and I are **committed and honest**. What I said... I will do - I am doing and so are my team members. My experience is that we (team) are far more relaxed and open as before. I see my team totally different (positive) than before. I see SUPPORT, TRUST, HONESTY, HUMOUR and SPIRIT in my team. I had a super experience at the team building event, and I seriously think we need to escalate it down to our subordinates – Cassie Impala Platinum Mines Rustenburg
- ❖ **This has been a life-changing and team changing event for our organisation.** What we've achieved is unique, and never before been achieved with other team buildings! – We are so connected to each other and have such a renewed sense of TRUST and UNDERSTANDING. = REPSSI Director
- ❖ **This team building was LIFE-CHANGING and went way past our biggest expectations!** Onwell Msomi GM Coca Cola SA FIFA World Cup Management team)
- ❖ After this session I feel more liberated and more trusting towards my team members – Rural Dev
- ❖ This session helped me to reflect on my interactions and leadership. It also empowered me to grow as a person and as a leader – Thanks!! Rural Dev
- ❖ My experience today was learning to let go of "baggage" and that I carried around and to affirm myself I am new and ready to love myself and give love.– Buleng
- ❖ I truly learnt that we all have something in common, in life people will have similar experiences good/bad .. but it's up to the individual to have the CHOICE of positivity. – Akhona SANSA
- ❖ I am Inspired and I am a new person, looking forward to putting into practice the lessons I have learnt – Portia
- ❖ I have learnt about keeping my word and how I can positively contribute to the success of the team – Rural Dev

- ❖ Above expectations. I leave with a positive mindset and attitude and more determination – Rural Dev
- ❖ We are now a loving and supportive team, willing to work together – Rural dev
- ❖ I am now inspired to be a leader to my co-workers – Steve R
- ❖ An REAL eye-opening experience – Andy
- ❖ A very intensive and educating experience, it has transformed our team on every level – anon
- ❖ An uplifting experience and it has set foundations for our success. My confidence has improved! – Rural Dev
- ❖ I learnt that we can and will only be a better team. It was life-changing experience! Rural Dev
- ❖ It has been exciting and the experience ...for me it was life-changing – Rural Dev
- ❖ It was a brilliant experience! Really Life-changing – Rural Dev
- ❖ It has been experience that open my eyes & value team dynamics more – Rural Dev
- ❖ Tony & Debbie delivered way beyond what we were expecting from a team building event – John Barker
Assistant GM Coca Cola (USA) FIFA World Cup Management team
- ❖ I feel calm and at peace – I now really value and appreciate my team members – Julio (Repssi)
- ❖ This was life-changing for me – I've got to know my team mates really well and our trust levels have skyrocketed
– G Petlele Coca Cola South Africa HR FIFA World Cup Management team
- ❖ Tony...Thank you for the extreme 2 days, it was really an eye opener and a bring-you-down-to-earth experience.
Although we are only back for 3 days I can already say that there is a change and awesome team work has
begun, I am really looking forward to what the team will achieve in the long run ahead – Matthias E&H
- ❖ "Awesome!! Improved my self-confidence and my commitment to clear goals" – Helen, Willow Park Conf Center.
- ❖ "It was life changing. This really was mind and life changing"- Bosman
- ❖ **This was different to any team building we've had – different that it has completely surpassed any expectation
I had, and the results I see are phenomenal** – Fikile (Repssi)
- ❖ The **experience has been totally unlike any other team building** in the sense that it has affected me at a personal
level. It certainly forced me to look at what is really important – Anita
- ❖ "All my expectations were totally surpassed" – Jenny
- ❖ "Blown away! Could not improve...Thank you!" – Carol – Rennies
- ❖ Tony's team building & Coaching work has **made a noticeable and dramatic difference in our team** – Paul De
Waal – Snr Manager Customer Services Makro Call Center
- ❖ "The last day of my Phoenix Adventure rates as one of the 10 most amazing things I have ever done" – Patrick

- ❖ “ABSOLUTELY AWESOME are the only 2 words I can use to describe the feelings, thoughts and energy experiences that I experienced today” – Darryl
- ❖ “In every possible way it touched every point in my life. 10 out of 10. Workshop leader, Tony, was awesome” – Zelda People Placement Co
- ❖ The workshop helped me to find myself and to love myself. I know I can go higher – Belinda
- ❖ “I never expected to get out what I did. EVERYBODY in business should do this course. I call it Lifeline!! Tony is amazing. I wouldn't trade anything in the world for what he taught me – Thuli – Lafarge Cement
- ❖ Thanks for your support and input which have changed my life at home and work. No problem or challenge is too big to overcome in my life. Nothing will get me down!! Regards Chris
- ❖ **I must admit – my team IS genuine and the change is incredible.** The support, openness, love and “warm fuzzies” are definitely there. The experience of the team building session at Bakabung was worth every cent. You did wonders and thanks to my team – C - Impala Platinum
- ❖ Hello Tony, what a positive influence you have had on my life. I am not sure how you thank someone for something so significant, so I am sending you warm fuzzies instead. I am paying it forward! Namaste’ – K
- ❖ Morning Tony and Debbie ...I just wanna drop a note and SHOUT OUT a BIG THANK YOU!!!!!!! For the Life changing experience I had @ the Teambuilding session. You guys are awesome and I know the LORD will continue to use YOU to change millions of other people's lives... pls...pls...pls... don't ever change your Spirit coz with that Spirit that You have, You'll will continue to grow and grow...and in the process ...also help other people like ME to grow and learn of the awesome power that one has within... I Pray GODS' blessings over You'll....Yours in Debt...Eugene - **Don't expect a Miracle Be the MIRACLE.....**
- ❖ **This team building exceeded my expectations by far! All people bonded as one!** Workshop leaders were awesome! - Sune' (Provincial Director of Office of the Public Protector)
- ❖ MY “LOVER” SAYS I MISS YOU!!! I would like to thank you for the wonderful knowledge you have given to us about how to stay free in life. My life has changed forever, I am a totally new person now and I understand my team and my family better, I respect them, and even honest to them. When I arrived home on Wednesday I shared all the good things that we have done and the experience we gained from the workshop with my husband and he was so excited to hear about the good news and wish to attend the workshop one day. I am happy today because of you and I will teach my kids to live their lives free. Memories will last forever. Thanks!!Bethusile Nyalunga
- ❖ This was not only a workshop but a life changing experience for me personally. 100% impact on my life – Keitumetsie (OPP)
- ❖ I could not have asked for anything better – It was Awesome. Thank you for making the difference in the OPP and a difference in my own life/ Heart – Elizabeth Taylor Senior Admin Officer OPP
- ❖ **It transformed my life – I've never experienced anything like it before.** I'm energized and ready to live my life with a positive attitude. (OPP)
- ❖ I have gained a new level of understanding of my colleagues and now have more trust and respect – Evan E&H
- ❖ Helped me in addressing some of my personal challenges which were hindering my work performance, I'm now able to enhance my performance whilst managing my personal life better. Adv Madiba Snr Investigator OPP

- ❖ It instilled in me a sense of belonging, The presenters were very excellent – the material used will be very useful, even outside the office in my personal private life – RZ Molosi
- ❖ **I was expecting a change (Positive) in my team, this workshop exceeded my expectations!** – Nokubonga
- ❖ I am more optimistic than before – The (Team Building) workshop is unique and has added value to my life and work. – “Englishman” (OPP)
- ❖ People have become more than work colleagues, They have become closer friends – I’ve opened my trust up to a 10! Once again thank you for a life changing experience. My drive home on Friday was incredibly calming and peaceful as I was reflecting on what I have just experienced the past two days. Ralph E&H
- ❖ It assisted me in arriving at solutions for problems I may have in my personal & business life. I wish this workshop had been offered EARLIER in my life... It should be given again next year & longer- Tsholo
- ❖ I'm going to change my life, listen to my kids and love them more – Samuel(OPP)
- ❖ The workshop should be offered more often - **it changes you from being negative to being really positive.**
- ❖ Content REAL and Exciting; Workshop Excellent - workshop leader... beyond excellent! - Tebogo
- ❖ I wish it could happen annually - because it has united our province! – Koketso(OPP)
- ❖ The presentation was an eye opener - It got people to speak their mind. The whole province got to know each other personally – BJ
- ❖ This was WAY OVERDUE – My trust issues are now sorted! – Gert E&Hauser
- ❖ Thanks for teaching me so much in such a short space of time - 100% committed – Sonya
- ❖ Everything about the workshop was totally perfect – I have never seen a team building so effective & powerful Sello (OPP)
- ❖ Completely changed my attitude towards other people’s and their ideas... - Claudine (Aunty) (OPP)
- ❖ I've learnt to be myself. Learn how to rebuild my trust in my leader... wish we had more days in the workshop – Dolly(OPP)
- ❖ The content and experiences was VERY VERY VERY good, I love my team – Israel (OPP)
- ❖ It met all my expectations... because I really did not want to go to the workshop...BUT now I'm VERY HAPPY that I came! IT was amazing- Ephraim.
- ❖ I’ve learnt to trust even more. I feel fantastic – even joy. Rob (MD E&H)
- ❖ Taught me that we waste time doing things that don’t build us! It taught me that I'm MUCH MORE than I Think I am. Presenter Rating 40 out of 10!!! It made a huge impact on my life... 100 out of 10! Tebogo
- ❖ Thanks for making a difference in my life!! **This Team-building is really "A MUST" 4 all SA employees** - I'll never depart from the pledge I made (at the team building) Keep up the good work guys & God Bless you - Aunty (Claudine) Kimberly
- ❖ It transformed my life – I’ve never experienced anything like it before. I’m energized and ready to live my life with a positive attitude. jabu

- ❖ The workshop was powerful and fun, the team spirit was cool, and everything was perfect! I enjoyed every moment – Betty
- ❖ I got to grow on a personal level, to know and understand my colleagues... staying at OPP – Lungile
- ❖ I came with preconceived ideas...- But so much came out of 3 days, I learnt to think better thoughts and that opening up can free you - Thank you for the workshop - God Bless you! – Nomvimbi
- ❖ It has changed my life...in that I understand my colleagues, trust them, and commit myself what I do to work as a team. – Fharelo - OPP
- ❖ I was able to unlock long-locked doors in my life. WAS BEYOND MY WILDEST EXPECTATIONS! – Dumisani OPP
- ❖ The content was inspiring and fun, the presenters were excellent... MY LIFE HAS CHANGED! – Sibusiso OPP
- ❖ WOW...WOW...WOW is all I can say – **This has been an amazing teambuilding** – my life will change at the office and at home – Tsidi
- ❖ This wasn't only Team Building – it was Life Building! – Zane Senior Financial Mgr OPP
- ❖ Thank you so much for the uplifting session it has really made a difference in for in my life as how I look at things and the way I choose to see things. Cecilia – Makro
- ❖ Before...I had never seen people treating each other worse than they treat animals; this **was** how bad people had been treated each other in our office. **Believe me if I tell you that there has been a remarkable change in the way we treat each other.** The atmosphere is full of love, respect, tolerance, patience, understanding, peace and quietness. It is so heartwarming seeing people taking their **baby steps** towards reconciliation & being so gentle to each other. You guys **rock** and you deserve a standing ovation, you have indeed changed our lives for the better. Now we appreciate and enjoy the importance of checking in & checking out. We are doing great so far. May the Lord Almighty shower you with blessings? - kind regards Nomthi Magwaza
- ❖ Thanks "Team Mum". I am one of the most cynical people I know, and Ruthven agrees!! Perhaps I need to explain. I have always been sceptical and derisive (and dismissive at times) about Americans and their reliance on therapy, DIY books, as well as motivational books. I have always thought I have everything I need to motivate myself. In the process however, I was disregarding the huge lessons that can be learnt from simplistic and at times clichéd words (an example, "if it has to be, it's up to me" —the power of words, hey!) This became clear to me when we were playing the blind fold games at Kievitskroon. We were saying we have done this before, we have learnt the lesson.

By the end of the last game however, we were all of us talking about the profound lessons we learnt. On the face of it, these are simple games. Unfortunately we all forget the basics, whether it's of communication, how we project ourselves and appear to others, how we often use words not followed by action, etc. **By the end of the first team building session, I was a changed man.**

I recall an incident with my daughter when she was upset with her mother and I almost jumped into the fray. I stopped myself and really thought about the issue before saying anything that would not help anyone. I became aware of my role in the whole situation, and how I could help the situation.

I am writing this at a time when I am supposed to be doing a lot of other things, seeing as we only have two working days next week, but you and Tony have really changed my life and I thank you. I for one will pay it forward. Namaste Lufuno R Ndou Exec Manager: Outreach

- ❖ A really exciting and fun event. Different to what we normally do. We know more about each other now. It makes communication easier and better. – Leon E&Hauser

- ❖ It has enabled me to know myself and my colleagues better. My relationships with all of them are improved. I am really empowered – anon
- ❖ Made me realize I AM an important part of my team. Workshop was delivered in a fun and interactive way, by a facilitator who really knows his area of specialty – Martin
- ❖ I had a change of Mind. It was good! You can count on me to change my attitude! – Dawie
- ❖ The workshop has empowered me in ways I never thought possible – Alfred.
- ❖ **I have seen miracles happen across the country** – Sello Snr Prosecutor OPP
- ❖ What we received here today was PRICELESS – Elizabeth
- ❖ I have discovered how important the soft skills really are – Jacque (Sales Manager) E&Hauser
- ❖ I feel peaceful & great. This was definitely a life-changing experience. I intend to apply this to my personal and professional life. – Semelo E&Hauser
- ❖ I'm happy, full of excitement and full of energy to carry this forward. This has motivated and encouraged me to carry this forward – Kuben E&Hauser
- ❖ I feel Fulfilled. I've learnt to control my emotional intelligence (Attitude). I commit to interact positively, with my team at work and to be a help to them.
- ❖ This has been so valuable – I believe it must be spread across our entire company = Siphindile (HR Manager E&H)
- ❖ This has been fantastic. I choose to be positive, inspired and motivated – Rodney E&Hauser
- ❖ A lot of things have changed how I now see things at the moment from a new perspective. I learnt a lot – Danie
- ❖ The common thread is positive and trusting. We are all on the same page now. Trust is all the way up. I've personally learnt a lot. – Syd Manager E&H
- ❖ I have gained a change in attitude. I'm committing to giving 100% in everything I do. – Bloem
- ❖ I feel great and motivated towards being a good team member – Justin Stats SA CPI
- ❖ I feel more comfortable to face the future challenge at work. I gained confidence to penetrate the CPI market. I'm committing to be reliable, honest and trustworthy. – Albanos – Stats SA CPI
- ❖ I feel happy, revived and at peace. I've gained respect for other, power to communicate and humbleness. I'm committing to helping each other, being a team player, reaching goals. – Hellen Stats SA CPI
- ❖ I feel grateful to be part of Stats SA and participating in this awesome session. What I've gained is to be more focused, take action, and use my energy for positivity. I'm committing myself to a positive change in my working and personal areas – Philemon.
- ❖ I feel good, Happy, inspired, Empowered and educated. I got to know people. Gained a bit more confidence, new experience and upliftment. I'm committing to invest what I've gained in the team back at the office. Be more helpful, and trusting towards my co-workers. – Tukelo Stats Sa CPI
- ❖ I have gained to trust my colleagues. I'm committed to a positive attitude and forgive. – Segoale – Stats SA CPI

- ❖ I feel good and motivated. I've gained to trust one another and I'm committing to work together as 1 team and communicate more. – Vuyokazi – Stats Sa CPI
- ❖ I feel blessed and fulfilled. I've gained a better attitude. I'm committed to my team 100% positivity, willing to help colleagues in all situations. – Thoko. Stats SA CPI
- ❖ I have gained that attitude has a powerful role to play, more especially in shaping my behavior towards other things that I felt were hindering my progress in a team. – Nokwandile. Stats SA CPI
- ❖ I feel excited and joyful. I gained is that respect is about accepting other people's ideas and opinion. I am committed to be a positive more friendly and working hard towards my goals. – Hangwani – Stats Sa CPI

When you hear the word "Teambuilding" nervousness usually sets in. However, I found your teambuilding activities educational, uplifting and really good fun. Cornelia Höll

- ❖ Wow what a success!!!, at first I was sceptical of what may come, afraid of how the rest of the employees will react, but you guys made it so much fun and the laughing; boy oh boy did I enjoy everybody's laughs!!!! Laetitia de Lange
- ❖ I enjoyed the team building event very much. It is nice to engage in non-work related activities with your colleagues I think it contributes to bring people closer and also seeing everyone doing physical/fun/funny tasks is definitely a general office mood booster. Sílvia Leirião
- ❖ When I heard the words "teambuilding" - anxiety got hold of me and I thought to myself - this is one way of making a fool of yourself. Tony, I have thoroughly enjoyed every second of participating and the realization that it is not about me but my/our team. AND the fool part, well needless to say that was all in my head. Thanks!!! Annatjie Luttig
- ❖ It doesn't only address work matters, but also personal life outside of work. I am definitely certain that I am grateful that I was part of this. M Nkosi.
- ❖ It was value adding, self-realization, team cohesion that helped us to connect and understand as a team we can achieve more. Great Session. The BEST I HAVE EVER HAD TO DATE! Richard HSRC.
- ❖ This was LIFE-Changing for me... work relating and Personal. IT teaches us how to have a good mind change and how your mind can destroy or build. Nana HSRC
- ❖ A Reality check into the qualities we possess. Revitalising and tools needed for team spirit and quality that we had, but never knew. I'm starting with the man in the mirror. It starts with ME! Melton – HSRC
- ❖ This is awesome. Highly recommended for team development. I have witnessed a shift in our team and it is GREAT. It is an AWAKENING. Celine Mutake – HSRC
- ❖ Great to see the shifts from negative to positive using practical, experiences and tools – P Singh CFO HSRC
- ❖ I have learnt from this team event is self-discovery & teamwork. That we have an important tool...a powerful mind - Moshale.
- ❖ I have learnt it is VITAL to appreciate the people around you, regardless of the differences, in order to have a great team. Thabelo – hsrc
- ❖ **When I came, I was hopeless about life.** BUT NOW, I am empowered, energetic and ready to face the world! I encourage everyone to do this workshop. C. HSRC

- ❖ I lost hope and trust from my team. But now I am free from that burden I used to carry before the team building. I am now courageous and hopeful! Conny – Hsrc
- ❖ I have learnt that although we are different we all NEED the same things in life. Love, Happiness, Peace, Joy. We must accept our differences, embrace the life we have. We only live once. O Motlaung HSRC
- ❖ The Facilitation was energetic, motivating and inspiring. Most importantly I learnt about teamwork, Trust, Integrity, Honesty and quality. Job well Don't tony!!! 10/10
- ❖ This process searches deep within you and awakens your thinking process – Tebogo HSRC
- ❖ The workshop assisted member to become a real team. It assisted individuals to realize that everything starts with oneself, and ripples to other team members. It creates positive energy and a want to be part of a functioning team. – Andrew – HSRC
- ❖ Informative sessions, Good for organisations to achieve good results. Good to build high Performing teams – Elias HSRC
- ❖ I have been working with colleagues, and NEVER got to know then before this team building. I have built new relationships that I would never have before, because of this amazing process. I have learnt to always build positively with people you work for. Azola – HSRC
- ❖ The team building made me see through myself, made me aware of the kind of person I AM and the kind of person I should/could be. IT made me realize what value I add to my workplace, and what a positive impact I make in the lives of others at work and the community. - Charmaine – HSRC
- ❖ I am now more motivated and it helped me to be stronger and a winner. I definitely recommend this experience to everyone – Arngwine – HSRC
- ❖ Tony & Gareth, You were BRILLIANT with the team workshop! It was so wonderful to work with you. We will definitely see you AGAIN! L. Daniels HSRC
- ❖ I have gained a lot of knowledge and value in trusting a mans' Soul rather than his attitude. Historical experiences usually cripple a person to the extent that they carry the baggage with them resulting in a negative approach to life. I have love the experience with Life Masters and will pass it on.
- ❖ Tony's talk was informative, insightful and AWESOME – inspired my team to be really resilient, focused and productive. – ZAMA – Team Manager Retentions

**“We're committed to REAL Team Building – Avoid wasting
your money on short- lived “motivational” type group entertainment”**

**Time to truly transform your workplace with Appreciative Inquiry's strengths-
based approach and The Science of Happiness at work.**



**rural development
& land reform**

Department:
Rural Development and Land Reform
REPUBLIC OF SOUTH AFRICA

Abbreviated Corporate/Govt Team Building Client List

Escom Conference Services – Service / Team building
Rennies - Head Office - Glynn Van Rensburg
Semble-it - Brian Eastes (MD) – Team Building / Service
Hi-Tech PC Distributors - David Kid (Market Dir) – Team Building
Barlows Hardware Distributors - Bruce Cooper (MD) – Team building
Mac Med - Trevor Lauf / Rob McGuire (MD)
Rennies Travel - Midrand – Customer Service Team building
Times Media Limited - Sales Department - Coaching
Sasol Technologies (HR Department) - NLP technologies
Green & Gold Sports Management - Dianne Esterhuizen
Tianshi South Africa – Sales & Marketing Team building
Eskom Electrical Department - Peter Griffiths - Team building
Marcus Evans Seminars – Transformation/Inspiration Talk Service Focus
PSA – Beyond Motivation - Transformation/Inspiration Presentation
World Huna Convention – Energy & Consciousness - Lake Tahoe –USA
Hollard Direct/Sowetan Money Club – Transformation/Inspiration Presentation
Linda Coetzee & Associates - Transformation/Inspiration Presentation
Lafarge Cement – Call Center - Team-build / Stress Reduction
Lafarge Cement – Strategic Sales - Team-build / Stress Reduction
Willow Park Conference Center – Staff Transformation & Development
Impala Platinum Mines Snr HR Team AI Team-build / Leader Development
Impala Platinum – HR Remuneration Rustenburg – AI Team-build / Leader Development
Impala Platinum Mines – Systems Rustenburg – AI Team-build / Leader Development
Impala Platinum Mines – Shafts Rustenburg – AI Team-build / Leader Development
Sigma Aldrich – Appreciative Team Build / Fun / Staff development
Department of Water Affairs Logistics – REAL AI Team Transformation
Schenker Logistics Senior Management – Team Build
Clive Stacey – Strategy Coach - 083-407-8008
SABC Broadcasting – Team Building
 Standard Bank - Work to Wow Place
 Engen Natal – Formula Won
 Willow Park Conference – Staff Public Speaker Training GM Sam
Linda Coetzee & Associates – Inspiration/AQ Talk
Hospice Witwatersrand – Appreciative Team Transformation/Talk
Office of Public Protector (OPP)– Appreciative Inquiry Team Building & Leadership
Department of Agriculture - Appreciative Inquiry Team Building & Leadership
 REPSSI – PsychoSocial Support for Children (Africa)
 Oxfam UK – Team Building & Leadership



Coca Cola SA 2010 World Cup Soccer Project Team – T/Building & Leadership

Grant Thornton Senior Partnership Team Building Johannesburg

Nestle South Africa – Purina Team
Makro South Africa – Call Center Team
SA Mint - Executive Team
South African Medical Association - SAMA
Vodacom - Customer Insights Team
National Nuclear Regulator – NNR
Statistics Department SA – Gov
Department of Rural Development – Gov
Nutricia Danone
Endress & Hauser
ESKOM IT- Gov
Department of Water Affairs – Polokwane – Gov
Department of Home Affairs – Staff & Leadership
Eskom Procurement
SANSA – Gov
Makro South Africa – HR Managers
Statistics SA – CPI
Oxbow Conference Estate/ Lovell Packaging
SARS – Port Commanders
Tswani University of Technology
Department of Home Affairs Leadership Forum
Eris Property Group
Outsurance – Retentions
MIBCO
Gijima/NEC
NEO Africa
Hosmed Medical aid – Exco Team
Duma Travel
Medshield - Exco Team
Dodwana Electrical Exco Team
Standard Bank
Johannesburg Social Housing Company: JOSHCO
Solidaridad – HPO Teams
Southern African Association for the Conference Industry (SAACI)
Gauteng Growth & Development Agency
Office of the Public Protector 2017
World Happiness Effect Conference – Kuwait
Forbes Corporate - The Science of Happiness@Work Conference
Nissan South Africa
Attorneys Fidelity Fund



