Tyler Super

Screen 1

Sleep Well App™

by

Facebook™

Screen 2

8:30

Dynamic Alarms	🕐
Sleep Review	z^zᶻ
Settings	⚙

Screen 3

8:30

Dynamic Alarms

Set the time you would like to fall asleep: [1]:[10] [PM] ⊙

Set the range you would like to wake up: [6]:[00] [AM] ⊙ to [7]:[00] [AM] ⊙

And we will set up an alarm to best wake you up during that time!

Screen 4

8:30

Sleep Review

11/1/21	Grade: B
10/31/21	Grade: A
10/30/21	Grade: A
10/29/21	Grade: C
10/28/21	Grade: F
10/19/21	Grade: B

Page 1 of 7

Sleep Review

12/18/21   Grade: F

We detected that you woke up 3 times during the night and you snoozed your alarm 5 times

Graph: Solutions

- No candy before bed
- No phone before bed

Settings

Dark Mode: ⬤
Low Power Mode: ⬤
Alarm Sound: Siren
Auto Set Alarms: ⬤
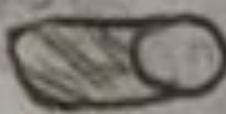
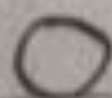Account Name: tsuperr
Account Email: tsupe@email.sketch

Log Out

Settings

←

Add device... >

Change Default
Health App >
Google Fit

Blue Light   Set times →
Canceling ⬤─

App restrictions >

Notifications >

○

App Restrictions ⬑

Add	Remove

Instagram 9:00 PM
4:00 AM

Clash OF Clans 6:00 PM
6:00 AM

Snapchat 12:00 AM
5:00 AM

. . .

○

Add Device   ←

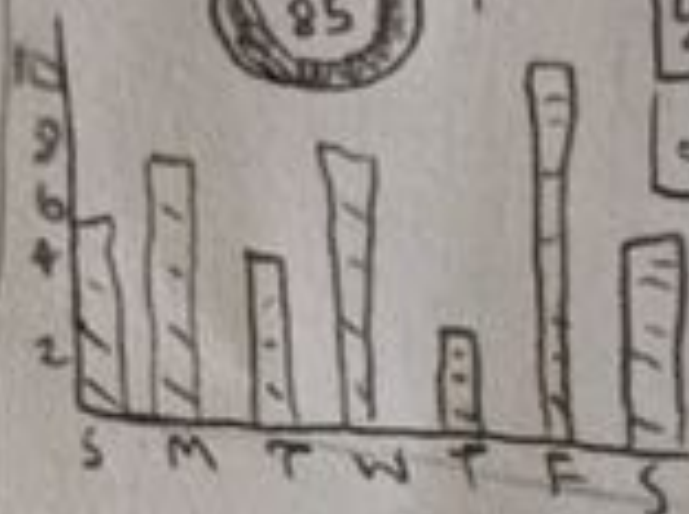Sleep Number >

Smart LED >

Link Google Home >

Speakers >

Smart Wear >

Other

O

Dashboard

⚙️ 💬 🔔

55
85

(bar chart)

S M T W T F S

Sleep   11:00 P
        - 6:30 A   >
⭐⭐⭐⭐

Nap   2:30 P
      3:30 P   >
⭐⭐

Add time...   Go to sleep!

○

Social ←
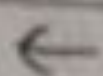
⊗ Jim ss: 80/100
     Edit profile... 7

Post...   7

Feed

⊚ Kay   ss: 95/100
     Just got to 95 ss,
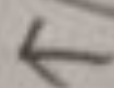   here's the nap
  that got me there!

| Sleep   10h |
| ☆ ☆ ★ ☆ ☆ |

⊗ Max ss: 15/100
     How... 15h of
     Sleep

| Hibernation 15h |
| ☆ ☆ ☆ |

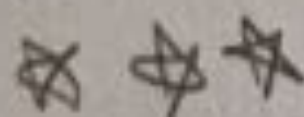•ss is Sleep Score
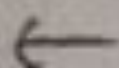based on sleep Quality
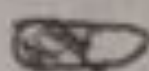
Share
Session:

Visibility [Public ↓]

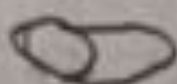Nap   2h

※ ※ ※

Message ...

○
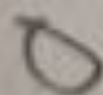
Manage
Alarms   ←

Alarm 1   7
   6:30 AM
_____
Sleep in   7
   10:00 AM
_____
Alarm 2   7
After 8h
_____
☆ Reccomended Alarm
   After 7h   7
_____
      Add...

      o
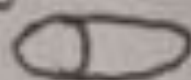
*Can set times or
number of sleep hours

Jacob Schatzle

Welcome To the Dynamic Alarm APP

Username

Password

☐ remember me

Login

Signup
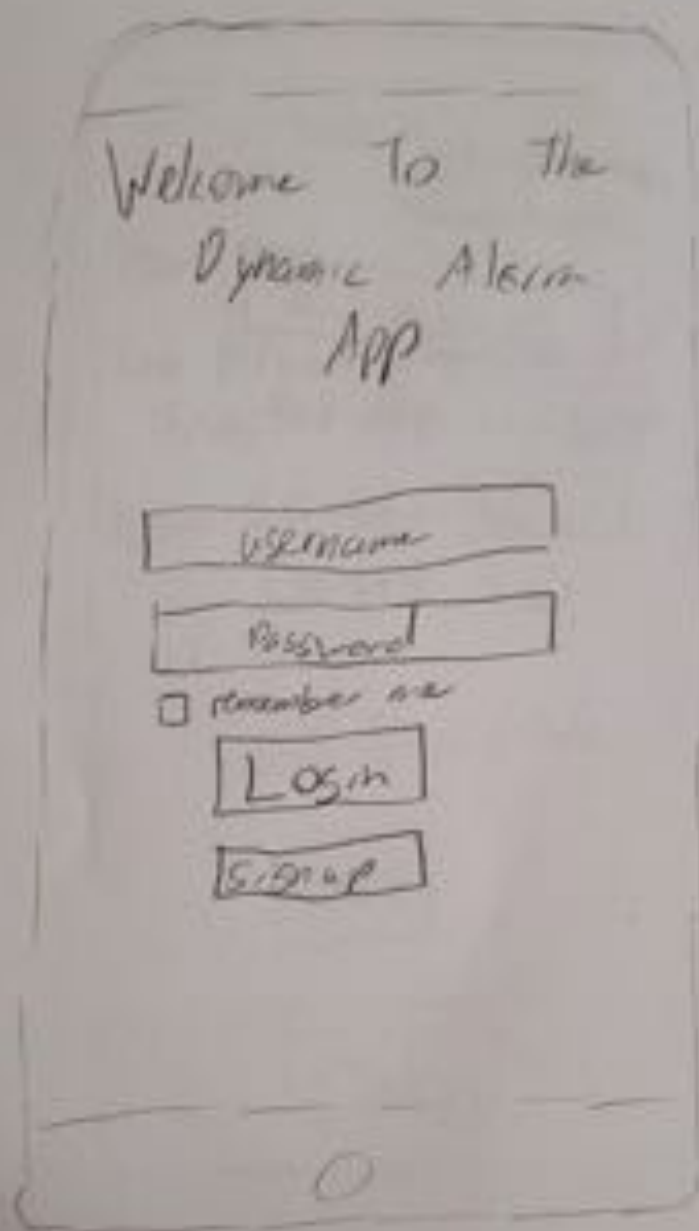
Connect to your
smartwatch

Device List

This is so we
can track
your sleeping

O

Sleep Reports

Hours Slept : [#hr #min]

Time between falling Asleep and
Turning off phone : [# min]

Motion During Sleep [high/low]

Overall Sleep Grade

[#/100]

How would You like
Your Morning Alarm to be?

Aggresive

Normal

Friendly

Customize Your Profile!

Preferred Name: ▭

Pronouns: ▭

Date of Birth: ▭

Phone Number: ▭

Previous Sleep Grades

Nov x   Grade [B]

Nov x   Grade [F]

You would be able to click the day for a more in depth reports

7:00

(wake up !)

Set alarm setting

Sound

Vibration

Snooze

Alert style

Sleep patterns
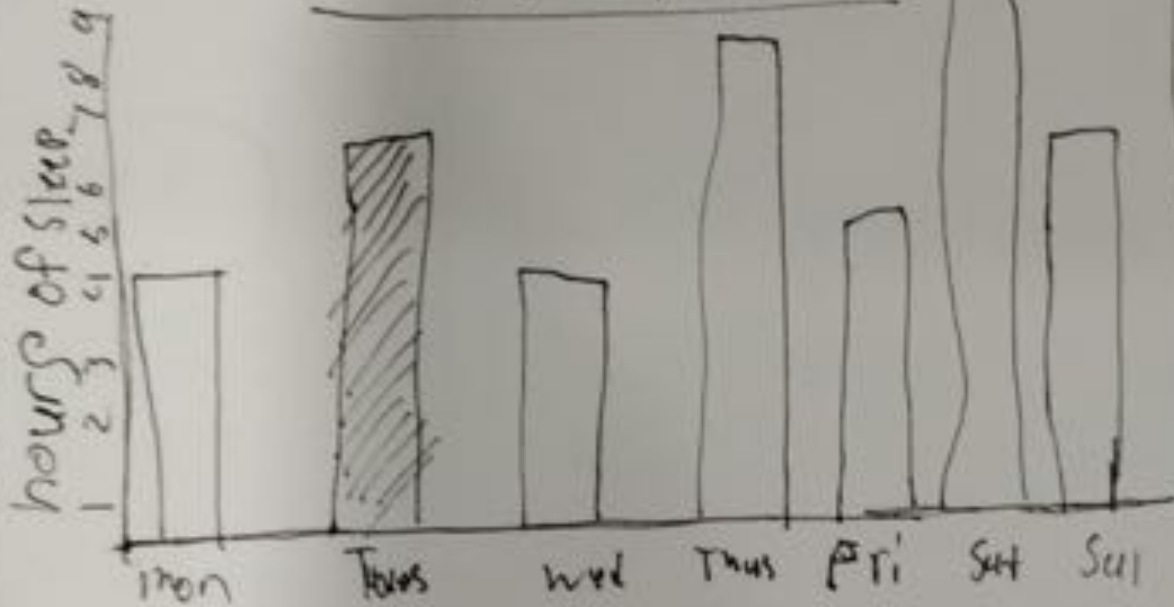
Chart 1: Bar chart — y-axis "hours of sleep" (1-9), x-axis days: Mon, Tues, Wed, Thus, Fri, Sat, Sun

deepress of Sleep on Tues

Chart 2: Line graph — y-axis "very tired", x-axis: 12am, 1am, 2am, 3am, 4am, 5am, 6am, 7am

Set an Ideal time to wake up

12:00 am   11:59 pm
+————————————[0]————————————+

Set an Idal time to sleep

12:00 am   11:59 pm
+————————————[■]————————————+

You will get X hours of

Sleep

Sara Hendrix

Z-Alarm

- set alarm
- settings
- sleep save

When are you going to bed?

[10] : [00] [PM]

What time frame do you want to wake up by?

[6] : [30] [AM]

[7] : [15] [AM]

Get Some Sleep!

🌙

Rate Your Sleep!

[B] [+]

Date	Grade
10/28	A -
10/27	A
10/26	C+
10/25	B -
10/24	C