

Surrey Youth News

Champion Inspire Empower

A Phab Time at the Paralympics!

Editorial	pg 2
Introducing New Members	pg 3
Members News	pg 3
SYF News	pg 20
Volunteering News	pg 22
Funding News	pg 26

It couldn't happen here?

SAFEGUARDING

In view of the massive national publicity currently generated by several current cases of offences against children and young people, it is prudent to remind voluntary organisations working with young people of their obligations to ensure that proper safeguarding procedures and practices are in place.

At its simplest voluntary youth organisations should have in place:

- a safeguarding policy,
- a procedure for undertaking criminal record bureau checks, and
- arrangements for ensuring the appropriate level of training.

However as important is an organisational culture that puts the safety and care of young people at its centre.

There are any number of useful websites including: Criminal Record Bureau, the Department of Education, and more locally the Surrey Safeguarding Children Board (SSCB),

The SSCB has courses available at different levels appropriate to the extent to which someone – a youth worker, manager, or trustee is working with young people. Free places can be negotiated for small voluntary organisations.

A very accessible and increasingly widely known site is the Safe Network, a collaboration between the NSPCC, Children England and several other organisations. It includes advice on safeguarding and contains sample safeguarding policies which are very easy to use and draw down.

Safe Network can be found at: <http://www.safenetwork.org.uk>

Surrey Youth Focus is currently exploring simple ways for small scale voluntary youth organisations to ensure that they are covering all the bases when it comes to safeguarding, health and safety and governance matters. We like a process called “Simple Quality Protects” and may shortly be offering that to our members.

The key point about safeguarding is not to be complacent, and to check that a young person centred approach is at the heart of all that is done.

All the sites and documents are listed on our own website under the section Help for Members/ Safeguarding.

Mike Abbott
Chief Executive- Surrey Youth Focus



Mike's Blog

Check out Mike Abbott, Chief Executive of Surrey Youth Focus weekly words of wisdom at <http://surreyyouthfocus.blogspot.com/>

Introducing New Member -



Dramatize Charity runs theatrical workshops for adults with learning disabilities to help further their personal development, we also work with different schools and organisations within local communities.



Come and get to know us on 24th November when we will be holding a Christmas Craft Fair full of festive homemade gifts, with drinks and refreshments available. The afternoon will be full of festive surprises, with a performance from our young adults and visit from Santa !

Join us at The Riverside Arts Centre, Sunbury on Thames, 1-5pm! All funds raised will contribute to our theatrical workshops for adults with learning disabilities. www.dramatizeTC.com

CELEBRATING LADY BADEN POWELL AT WALTON FIRS

It's not everyone who can say they cut the ribbon at the opening ceremony of a new building, but Sunbury Guide, Katie Lennon, can make just that claim.

In the summer she was chosen to join Lord Baden Powell as he officially opened the Patience, Lady Baden Powell Centre at Walton Firs Activity Centre, Cobham, in memory of his late wife, a dedicated supporter.

Armed with a large pair of scissors, Katie, 12, lined up with two Scouts and another Guide, in the doorway of the building, before snipping through the ribbon. The oak framed centre houses a new shop and offices.



Katie, a member of 1st Sunbury Guides, was joined at the ceremony by her mother Kaye, herself a former 1st Sunbury Guide who had camped at Walton Firs on many occasions.

The event was heralded by Kingston and Malden Scout and Guide band, which scaled the climbing wall to sound a fanfare.

Judy Parsons and Rebecca Pembroke
- (Sunbury District Guide Commissioners)



END OF TERM TAKEOVER OF PAINSHILL PARK

Girl Guides from the west of Surrey celebrated the end of another Guiding year with an evening of outdoor challenges at the end of June. The 550 girls aged 10 – 14 descended on Painshill Park in Cobham for 3 hours of obstacle courses, country dancing, science experiments, and craft activities based around the park at different points, creating a two mile activity walk.



Sophie Newman, age 13, from 7th Ashford Guides said: "I enjoyed racing against other Guides in the obstacle course, particularly trying not to fall off the space hopper. The scenery was lovely and we were lucky that it didn't rain!"

With exclusive use of the 18th century landscape park the evening was supported by an army of volunteers and was devised after a request from Guides in the county who wanted an outdoor event. The evening tested the girls' teamwork and leadership abilities together with fitness and

problem solving skills.

For information on getting involved with Girlguiding in Surrey visit our website www.girlguidingsurreywest.org.uk or www.facebook.com/GGSurreyWest.

Rachael House - Girlguiding Surrey West

New Lord Lieutenants Cadets Installed

The new Lord Lieutenant's Cadets were installed at a Reception at South Park in September hosted by the Lord Lieutenant Sarah Goad.

The picture shows them with the Lord Lieutenant following the presentation of their 'badges of office'.



They are (from left to right) Romy White (Normandy Explorer Scout Unit), Edward Babbington (Surrey Hills Explorer Scout Unit) Leading Cadet Nicole Lambert (TS Ark Royal Reigate) Cadet Flt Sgt Fiona Ross (229 (Farnham) Squadron ATC) Cadet Drum Major Alexander Odeneal (Walton Detachment).

Disability Challengers embraced Olympic Fever this year and made sure that disabled children and young people were included the event of the century!

We took a three staged approach for our Olympic celebration which aimed to include families and children and young people at all ages (2-25). It started with a launch party in July.

Our Family Day for the 1300 families that attend Challengers schemes took place in parallel with the Guildford Torch Relay party on July 20th July in Stoke Park. Families could go to the main event always knowing they had somewhere safe to return to if it was too difficult with their disabled child. We even persuaded the Guildford Heat to come and take part in it as well as an Olympic Torch!

The actual trips to the Paralympics in September were the main event. This took a considerable amount of organisation!

There were 18 trips for over 400 disabled children and young people and carers. They went to London in Challengers mini buses. We arranged convenient pick up points across Surrey and volunteers who were able to support their needs.

This part of the project was designed to not only allow children and young people to be a part of an incredible experience but also sow the seeds of dreams for some of the children and young people. What could they do for their country and themselves?



Finally Challengers organised a Family Celebration and reunion where families could come back to celebrate their experiences and see pictures and films of what their young people had enjoyed. This gave them an opportunity to reflect and think about what might be possible for their child.

We were determined that disabled young people should access the same opportunities as everyone else and knew that with hard work it was possible to ensure they could be a part of what was such an incredible series of events.

There were barriers at every level. However Challengers managed to overcome it all and secure a team of volunteers and train them to deliver the highest level of care and support.

www.disability-challengers.org



New workshop opens for GASP Motor Project

GASP Motor Project has opened a fantastic new Workshop – almost twice the size of the previous GASP facility – at Albury Sand Pit on the A25. GASP teaches hands-on courses in basic motor mechanics and practical engineering skills for young

people aged between 14 and 19 years.

The Lord-Lieutenant of Surrey, Dame Sarah Goad, opened the new Motor Workshop on 10th September watched by representatives from schools and other groups that commission GASP to deliver programmes. During the evening, Surrey Police – who have worked closely with the charity on its exciting expansion programme - presented a cheque to GASP from the Police Property Act Fund.



The Lord-Lieutenant, Dame Sarah Goad, opens the new GASP Workshop

Dame Sarah Goad commented: “The provision of alternative learning programmes for young people who, for whatever reason, find it hard to engage with mainstream education, has never been more vital. I have watched with interest the development of the GASP Motor Project over the past seven years and am delighted now to be opening this splendid new Workshop. It is also exciting to see the new mobile vehicle, which enables the charity to deliver its programmes to young people right across our county.”

The newly developed mobile service – an ex-Surrey Ambulance, which has been converted, re-branded and is now delivering GASP sessions to young people throughout Surrey – will help the charity to deliver 150+ daytime sessions over the next 12 months.

This is a three-fold increase over 2011 and brings with it a huge opportunity for GASP to significantly expand the scale, reach and impact of its sessions for young people who are disaffected, disadvantaged and under achieving, and those with special educational needs.

Evening sessions will continue to attract young people to the new Workshop who are keen to discover more about motor mechanics – some of them before learning to drive – and those working towards their Duke of Edinburgh Gold and Silver Awards. This autumn, GASP will also be partnering with the Brooklands Museum at Weybridge to run a 12-week programme for ‘at risk’ young people who will repair and restore vehicles used in the



PC Mark Taylor presenting a cheque to Kyle Page, who attends GASP evening sessions, with CEO Andy Finch and Chair of Trustees, Sally Varah

Brooklands' 'driving days' programme thanks to funding from Toyota.

Andy Finch, Chief Executive of GASP explains: "Our experienced team of engineers and skilled volunteers, led by Workshop Manager Barrie Birchmore, teach practical skills in a safe and supervised professional environment. GASP works with some of the hardest to reach young people in society. Using motor mechanics as a key motivator, we develop and deliver customised 'accredited' programmes of activity, which provide them with opportunities to re-engage with education and learning. Please contact me on 07786 939798 if you have groups of young people who would benefit and wish to discuss booking sessions."

For more information www.gaspmotorproject.org or email andy.finch@gaspmotorproject.org

Photographs: Jane Garrett



Sadler's Wells Dance Director Inspires College Students

With the return of BBC 1's Strictly Come Dancing to our TV screens, Alistair Spalding CBE, Artistic Director and Chief Executive of Sadler's Wells Dance House, paid a well timed visit to Guildford College.

Spalding spoke to a packed audience of Performing and Creative Arts, Media and A Level students about his own experiences with education, his career path and what he believes is important for today's students in terms of skills, belief and vision.

Having originally been told "you can't go to college" as he had only 2 O Levels, Spalding worked his way up from the bottom, progressing from programming events at Crawley New Theatre to Artistic Director at Sadler's Wells. He described this as initially "really tough" because there was no money, although he has since seen it grow to become the UK's leading venue for dance.

Encouraging the students to believe in themselves and stand in the spotlight, Spalding said: "it's very important that you have vision in your life" and "be optimistic...think that things can work out".

Guildford College has an excellent reputation for its acting and dance courses, with students frequently moving onto prestigious academies and establishments such as The Urdang Academy, London School of Contemporary Dance and others.



Alistair Spalding with Guildford College Students



A Royal date with the golden touch for Cadet RSM Bamforth

Hundreds of young achievers from across the UK have a date in the prestigious setting of St. James's Palace on 11th December 2012, including Cadet Regimental Sergeant Major James Bamforth from Walton upon Thames.

James attended Surrey Army Cadet Force's Duke of Edinburgh's Scheme where he achieved his Gold Duke of Edinburgh's Award. He will travel to London on 11th

December to receive his certificate from Trustee and Gold Award holder HRH The Earl of Wessex.

The Gold Award Presentation (GAP) is a celebration and recognition of James's achievements in completing his Gold DofE programme. The GAP is a unique event and a fitting culmination to mark the hard work, determination and perseverance required.

James worked tirelessly through the five sections of his DofE programme over 18 months to achieve his Gold Award. His diverse activities included developing on his existing rock climbing skills, working as the Financial Director of a business through the Business Enterprise scheme and passing on his knowledge gained over the five years of his cadet career by instructing in Surrey ACF. He completed his residential section whilst on an engineering course at Cambridge University which despite being a huge challenge was a very interesting and educational week. His expedition was completed on Dartmoor, where he was lucky enough to be blessed with a rare spell of sunshine, rather than the usual daily rain. Throughout his DofE, James was able to prove himself to be adaptable to various mental and physical challenges and a valuable leader on expedition.



James Bamforth

Photo courtesy Colour Sgt David Byrne

James said of his experience "The Duke of Edinburgh's award presents not just the physical challenge of the expedition section of the award, but also aims to develop a young individual, much in the same way as the Army Cadet Force, but not by military orientated methods. During completion of any stage of the award, bronze, silver or gold, a lot of time must be committed and a person must develop in a variety of ways to see it through to completion. Whether it is in the skills, volunteering, sport or expedition section, there is always a new challenge."

These experiences show what an impact doing your DofE can have, and can develop the skills needed for life. James's Gold Award helped him secure a place at Imperial College London to study Chemical Engineering after a gap year, nine months of which will be spent working for DSTL.

Achieving a Duke of Edinburgh's Award

Young people will achieve a Duke of Edinburgh's Award if they show persistence, commitment and personal development over a period of time. Every activity must be successfully completed and assessed. The result is the world's leading achievement award for young people, recognised by employers and universities alike.

Anyone aged between 14 and 24 can do a programme at one of the three progressive levels which, when successfully completed, lead to a Bronze, Silver or Gold Duke of Edinburgh's Award. There are four sections at Bronze and Silver level and five at Gold.



- Volunteering: undertaking service to individuals or the community.
- Physical: improving in an area of sport, dance or fitness activities.
- Skills: developing practical and social skills and personal interests.
- Expedition: planning, training for and completion of an adventurous journey in the UK or abroad.
- At Gold level, participants must do an additional fifth Residential section, which involves staying and working away from home doing shared activity.

Further information can be found at www.DofE.org



First Job for New Scout Commissioner

Sunday 7th October Grayshott was alive with Cub Scouts, nine teams of them from all Packs in the District, competing for the Muir Trophy. Each team had to visit each of the 6 bases, and there complete the given tasks, covering a distance of about 6 miles in the 6 hours in and around Grayshott.

There were some basic Scout tasks such as knotting and obstacle course, a puzzle based on the Cub Scout Promise; a sensory trail where the Cubs had to feel and smell items in paper bags; bomb disposal where Cubs standing outside a marked out square had to remove a bucket of water from the centre without spilling it using just 2 ropes; communication where a Cub with a Lego base had to follow directions to build his the same as the master. At the memory base where Cubs had 10 seconds to look at A4 sheets containing shapes, colours, numbers, etc., John Stone failed miserably and put it down to age!!

For the second year running Hindhead were the winners with 128 points. The runners up were Haslemere with 122, and third were Chiddingfold with 118.

The event was run by Karen McGowan who is Cub Leader at 1st Grayshott, and who was recently appointed Assistant District Commissioner with special responsibility for Cub Scouts. She was very grateful for all the help she received from other Leaders and many parents.

John Stone - Haslemere District Scouts Media Manager



Karen McGowan, newly appointed Asst. District Commissioner presenting the Muir Trophy to 1st Hindhead Cub Scouts.



FIRST AIDERS OF THE FUTURE CELEBRATE CHARITY MILESTONE

Over 400 young first aiders gathered in Loseley Park in Guildford on Sunday 16 September to celebrate the 25th Anniversary of St John Ambulance Badgers, and 90 years since the charity's first Cadet Division was formed.

The Badgers (aged 5-10) celebrated their 25th anniversary with a massive birthday party, including pass the parcel for 160 people, and a visit from mascot Bertie Badger himself, before rounding off the day with some dancing.

The event continued with the Cadets (aged 10-18) completing Olympic style challenges including donut throwing (using old style ring bandages), a safety pin challenge and giant twister.

St John Ambulance Cadets and Badgers meet weekly to take part in fun activities which teach them vital life skills including communication and first aid. Badgers as young as five quickly learn basic life saving including the recovery position, making a 999 call and how to help someone who is choking, while Cadets take gain more advanced skills which they have the opportunity to put into practice by being first aiders at local events alongside adult volunteers.

One of the event organisers Mary Philips said: 'We were delighted to see so many of our young people come along to the event to celebrate such a landmark in St John Ambulance's history. Our Badgers and Cadets are the first aiders of the future many of whom are already well equipped to be the difference between a life lost and a life saved should they ever find themselves in an emergency situation.

'We would like to thank the More-Molyneux family for their kind support, and Tesco's, Waitrose, Sainsbury's, Wilkinson's and Guildford Nando's for sponsoring the event.'

Sammy Randall from Chobham and Windle Valley Badger Sett designed a logo to celebrate 25 years of Badgers, which was used on the celebratory cake cut by Mrs More-Molyneaux, the Surrey St John Ambulance Youth President. The Cadet cake displaying the logo designed by Tosia Bankowska from Guildford Cadet Division, was cut by the Lord Lieutenant of Surrey, Mrs Sarah Goad, before each of



the 300 young people attending were presented with cupcakes.

St John Ambulance is always on the lookout for more youth leaders to support their 34 youth units in Surrey, and 700 enthusiastic Badgers and Cadets. For more information about becoming a youth leader or joining Badgers or Cadets visit www.sja.org.uk or call 01483 450 000



Paralympic Fun

In Summer 2011 Epsom & Ewell Phab booked tickets for 2 events at the Paralympics. When we did so, we had no idea of how inspirational the events would be. 60 members of the club went to the Athletics in the stadium on the evening that became known as 'Thriller Thursday'. We had a fantastic time supporting team GB win Golds from Hannah Cockcroft and from Jonnie Peacock, who beat Oscar Pistorius in the 100m Blade Runner final. The highlight was seeing David Weir, a former member of Epsom Phab, win his 3rd Gold in the 800m.

Our group of 35 found the Wheelchair Rugby thrilling, with some gripping matches including Great Britain beating Belgium. The British Wheelchair Rugby team were great and willingly signed autographs and posed for photos with the Epsom Phab kids after their match.

In addition to the Athletics, we were delighted that our Trustee John Kelly, who joined Epsom Phab as an 8 year old, appeared in the Opening Ceremony. John sang the Ian Dury song 'Spasticus Autisticus' alongside the cast of 'Reasons To Be the Graeae Theatre Company. The song has subsequently featured in the iTunes charts and John has been in demand for Television appearances and live performances.



Examination success for homeless young women

Two clients of Step by Step, the Aldershot-based charity which supports homeless young people, have recently achieved success in their examinations despite being homeless.

Laura Spencer, 18, a student at Farnborough Sixth Form College, had experienced difficulties at home and had moved out to stay with her boyfriend in very cramped conditions. One week from beginning her A-Levels the situation became intolerable and the Housing Department at Rushmoor Borough Council suggested she try Step by Step. She was given a study-bedroom in Step 1, the charity's first level of accommodation and was able to concentrate fully on her studies, with the result that she gained four A-Levels – 3 As and a B – a tremendous achievement under the circumstances. She will soon be studying politics, philosophy and economics at Royal Holloway College.

“The staff at Step by Step have been fantastic,” Laura said. “They were very understanding and helpful, always making sure that I had somewhere quiet to study. They provided my fares for travelling to my exams. The staff at Youth AIMS (Advice, Information and Mediation Service) also supported me in applying for bursaries, without which I would not be able to afford to attend university.”

Another Laura is also grateful to Step by Step for their help this summer. Laura Attrill, a student at Farnham Sixth Form College, had been staying with local families following the death of her mother when she was 15, but was experiencing severe difficulties with her accommodation and ended up at Step by Step in July. Despite these challenges, she achieved



Laura Spencer (L) and Laura Attrill both gained excellent A-Level results while at Step by Step.

grades A and B at A Level and a BTec in Media Studies, with double distinction. She plans to take a gap year before going to university in 2012. “My key worker at Step by Step has helped to regain my confidence and I feel that I am worth something again,” she says.

Community Fundraiser Gill Butler said, “Both Lauras have both displayed real determination to overcome the difficulties they faced and have achieved excellent examination results of which they can feel rightly very proud. We were delighted to be able to help them and wish them all the very best in the next phase of their lives.”

Three peak perfection in marathon fundraising effort.

On a weekend when Surrey played host to the world's cycling elite, another admirable test of endurance and determination took place across 26 miles of the county's most beautiful countryside. Now enjoying its 9th year, the

Surrey 3 Peaks was organised by the Surrey Care Trust to raise awareness and funds for the charity's work throughout the county.

Taking place on perhaps the hottest ever day in the event's history, 60 sponsored walkers set off from Shere Village Hall early on Saturday morning to navigate their way around the challenging Surrey 3 Peaks course. While the participants may not have beaten any marathon records, they were nevertheless rewarded for their tremendous efforts with some of the county's most stunning scenery.

Views from atop Box and Leith Hill, as well as Holmbury Hill - the legendary birth place of Eric Clapton and George Harrison's 'Here Comes the Sun' - were widely praised as particular highlights and ample prize for scaling some of the South's highest peaks.

The event was sponsored for the second consecutive year by local company Broanmain Plastics. Wilf Davis, managing director of Broanmain, was present on the day to help oversee proceedings. He expressed his pleasure at being able to help out a local charity,

"The Surrey Care Trust is a very good cause. It's very nice to give back to the community and to watch

people enjoying the day, enjoying the walk and hopefully enjoying the benefits it brings to many, many young people and others."

Celebrating its 30th birthday this year, the Surrey Care Trust works with people of all ages in Surrey, aiming to improve the prospects, skills and confidence of those most in need. With each walker aiming to raise £125 in sponsorship, the money generated from the Surrey 3 Peaks will be used to help fund programmes such as STEPS, which provides an alternative education for young people struggling to fit into mainstream schooling.

The Surrey 3 Peaks will return on September 28th 2013 for its landmark 10th anniversary. Information about the event can be found at www.surrey3peaks.info and @Surrey3Peaks on Twitter.





Campaign to find and help Surrey's hidden army of young adult carers

Surrey's hidden army of young adult carers aged 16 to 24 years are being

targeted in a new campaign from Action for Carers (Surrey) this autumn.

Posters and postcards are being distributed to colleges as a way of reaching out to thousands of young people in this age group in the county who are looking after a relative or friend with a disability, physical or mental illness or addiction.

In Surrey there are currently an estimated 12,000 young carers - children and young people under 18 years old – with many thousands more 18-24 year olds who have significant caring responsibilities remaining unrecognised and unsupported.

The campaign follows research commissioned by Surrey Young Carers, which highlighted the need for greater acknowledgement and support for this age group. <http://www.surrey-youngcarers.org.uk/professionals/reports.htm>

Young adult carers typically juggle looking after a friend or relative while studying or working and their health, relationships, education or employment prospects can all suffer.

They include people like Rebecca (not her real name), 21, a student from Guildford, whose mother has bipolar disorder. Rebecca, an only child whose father died when she was young, chose to live at home and study locally in order to be available to support her mother, who first became ill when she was at secondary school.

"Mum's much better now but she's never going to be completely well and my gran who used to help out is now ill herself so it's just me,"

she said. "Being a carer does affect your self-esteem and your choices. Without the support of Surrey Young Carers I wouldn't have had the confidence to do many things, including going to uni."

Jane Thornton Chief Executive of Action for Carers, commented: "At a time when life should be offering them all kind of possibilities, young adult carers often find opportunities falling away. Caring can hinder or prevent them finding work, going on to college or leaving home and



it can have a limiting effect on their social life too. There is help out there and for any young adult struggling to juggle caring with work, learning or simply having a life of their own then I would urge them to get in touch with us."

Young people aged 16 and 17 who are caring can get help and information from Surrey Young Carers Tel: 01483 568269, email: syc@actionforcarers.org.uk or www.surrey-youngcarers.org.uk. Those 18 and over can contact Action for Carers (Surrey) on 01483 302748, email ACS@actionforcarers.org.uk or find out more at www.actionforcarers.org.uk

NATIONAL SCHOOLS SAILING ASSOCIATION GOLDEN JUBILEE REGATTA 8 – 13 JULY



Back in the depths of last winter The Woking Adventure Group (WAG) based at Littleton made plans to sail at Portland Sailing Academy for the annual National Schools Sailing Association (NSSA) regatta in July this year. The event welcomed sailors under 19 years of age to take part in a variety of classes and was to be the last event to be held prior the 2012 Olympic Sailing Regatta. But at that stage I don't think any of the WAG team had any idea of what turned out to be the trip of a lifetime including The Torch relay, HRH Princes Anne visiting and chatting to the youngsters, and the chance to sail on the Olympic Sailing Waters.

A fantastic entry to the NSSA of 650 sailors in 500 boats was achieved with the help of many volunteers and Helpers. The NSSA planned to stage the usual 10 race series for class boats and Rookie sailors. Also they planned to organise day trips, coaching and other on the water activities. The Olympic Torch Relay was on the agenda for the Thursday.

Most of the week was wet with gusty winds giving rise to some exciting conditions and some cancellations too – much to the team's disappointment.



The relay Torch was in Weymouth on the Thursday, and a competition held among the sailors by NSSA was won by Thomas Rides. *His 'Moment to Shine' was to join the Escort team when the torch was carried across the bay*. Whilst Tom was on his tour, James notes in his diary that the WAG team spotted Rodney Pattisson (British sailing legend and 3 times Olympic medallist) walking back to his (broken down) car. Rodney had just been carrying the torch in the relay. After offering to help jump start the car Rodney agreed to let the squad take a picture with him and the torch. Result!

What a great week. James notes that it was 'full of amazing experiences and more good memories than I could ever have hoped for'. That seems to sum it up nicely.

More information on WAG activities can be found on The [windowonwoking](http://windowonwoking.com) website.

Dennis Martin



SUPERSTAR VISITS THE SUPERCYCLE

There was a fantastic atmosphere and impressive turnout for the inaugural fundraising event organised by the

Surrey Play and Leisure Consortium on Sunday 16th September.

British Paralympian bronze medallist Rachel Morris took centre stage among a warm and welcoming crowd at the first ever Surrey Supercycle. Hand-cyclist Rachel, who was born in Guildford and lives in Farnham, joined nearly 300 cyclists on the famous Top Gear test track at Dunsfold Park, near Cranleigh, as the event's special guest.

Leading disability charities across the county teamed up for the Community Games event in a joint attempt to encourage children, young people and families to get cycling, get fit, have fun and raise funds. There was a choice of three routes around the famous track, covering distances from 100 metres to 100km, and medals and certificates were awarded to everyone who took part.

The charities within the Surrey Consortium of Play and Leisure providers include Barnados, Crossroads, The Children's Trust, Disability Challengers, Jigsaw, Halow, Link Leisure, Reigate and Redhill YMCA, United Response and White Lodge and together they support over 1000 families from all across Surrey with playschemes, youth groups, buddying schemes and Saturday clubs.

The national charity Wheels for All provided 40 specially adapted bicycles for the Supercycle, including three-wheelers, tandems, trikes and hand powered bikes of all shapes and sizes, so that children, young people and adults with disabilities could join in too.



Thirty-three year old Rachel lost both her legs to Complex Regional Pain Syndrome as a teenager. She achieved her Paralympic success last month in the women's H1-3 road race at Brands Hatch but understands only too well the frustrations and limitations suffered by young people with disabilities.

Speaking after she completed two 5k laps of the track on her racing bike alongside a group of excited young fundraisers, Rachel thanked everyone for their support during the Paralympics.

"The wonderful thing about the Surrey Supercycle," she added, "is that it has brought families together today and enabled them to do something sporty as a unit, in a normal way. We need people to realise that whatever your disability, you can get on a bike and get out and about."

Ian Burks from Reigate and Redhill YMCA and a member of the working group responsible for delivering the event said:

"The Supercycle was a real team effort by ten Surrey charities committed to promoting greater inclusion for young people with disabilities. It involved a lot of planning but was worth it to see so many people of all ages and abilities enjoying cycling around the Top Gear track!"

Sponsored by Surrey County Council Short Breaks, the Surrey Supercycle is expected to become an annual event and there are already plans in place for a repeat performance in July 2013.



Woking Explorer Scouts monopolise London Olympic style

Nearly sixty Explorer scouts aged 14 to 18 years old and their leaders from Woking made their way to Waterloo Station at the beginning of July, to compete in their version of the London Monopoly Run.

The object was to visit as many places on the new Monopoly board, including all the venues of the Olympic Games, in nine hours and return to Woking with photographic evidence.

In teams of five, the scouts hared around London; jumping on buses, and diving into underground trains, travelling from the Wembley Arena to the Olympic Stadium, visiting other places such as Herne Hill Velodrome and Horse Guards Parade, as well as London City airport and Stratford International rail station.

After a hectic day they returned to Woking to complete the day with a succulent barbeque.

The event was organised by Assistant Explorer Scout leader Freddie Pollard "It was a great day, and adding the Olympic theme made it far more fun." commented Freddie and added "the day also enabled the scouts to learn to navigate around London, who for some this was the first time."

The winners of the competition were one of the younger teams from the Weyahead Unit in Pyrford, led by Andrew Burton.

Brian Pinto 01483 480904





National Power Boat Champions

Two Sea Cadets from Reigate T.S Ark Royal won the National Sea Cadet Powerboat championships held at London Excel Centre on 28th September. Seven teams, winners of their Area Competitions competed for the Stirling Wheel Trophy. Reigate's Team representing The Southern area was helm Cadet Tom Whiteman and crew Able

cadet Sam Ashby

The Competition comprises a series of evolutions, turning the boat alongside a pontoon using warp springs, retrieving a man overboard, mooring between 2 buoys, towing a larger boat alongside all within 30 minutes, the team completed the course in good time in an efficient and seaman like manner. The team instructor C.I Joanne Griffiths said that the pair had worked hard over the summer to win this award and their dedication paid off.

Picture shows Cadet Tom Whiteman their instructor C.I Joanne Griffiths and Able Cadet Sam Ashby with the stirring Trophy

Eddie Burroughes Reigate Sea Cadets



New Projects from SCC Youth Service at 40 Degreeez in Farnham

‘The Next Step Up’

There is a new drop in available for 16-19 year olds in the Farnham area. The Surrey Youth Support Service Waverley Team are providing a place to met for young people Not in Education Employment or Training (NEET).

The drop in is based in the 40 Degreeez Centre Thursdays 12:30 till 2:30pm every week.

Young people can access a hot meal, local newspapers, computers, friendly staff and the opportunity to meet other young people in similar situations. The staff provide professional advice and guidance and support young people making their next steps. Young people are involved in the programme planning and can even take part in the Duke of Edinburgh award.



The Surrey Youth Support Service is FREE to all Surrey young people and is voluntary by all its participants. For further information in Farnham please contact Kate Stevenson 07968 832362.

The Hub

On the 2nd October 'The Hub' had a successful launch night which included open decks, a nail bar, mocktails and popcorn as well as the regular activities which the drop in will offer - pool, table tennis, X-Box, P.C room, table football and dance mats.

The Hub drop-in will be open every

Tuesday between 7-9pm at 40 Degreez. The Surrey County Council Farnham Youth team see this as an exciting opportunity to meet the need for young people to have a safe place to meet in central Farnham in the evening. For further information please contact: Gemma Henson – gemyouthwork@gmail.com / 07817 280117



40 Degreez is next to the Farnham Leisure Centre on Dogflud Way.

Sherbourne Farm Project

Jess is a young person who is participating in a project called Sherbourne Farm. She is working 3 days a week for 8 weeks. The purpose of the farm is to work with young people who have not engaged or are not engaging in mainstream education due to a number of reasons from learning difficulties, language problems, offending behaviour, substance misuse or emotional health problems.

Since being part of the project Jess has been involved in everything from hatching her own chicks and looking after sheep to the maintenance of the farm including hedge cutting, fencing as well as grass cutting. They also have their own allotment to look after and a range of vegetable crops.

Jess commented "I enjoy coming to the project as I have become more confident as well as learning new skills."

This project is a way of engaging with young people and for them to learn skills vital for the world of work. This could even lead them into a career in farming or agriculture, back into training and education or simply provide them with key skills such as good time keeping and reliability, working as part of a team and following instructions.

The project is now taking referrals for young people who are already NEET or on a Youth Offending order. For more information and referrals please email Steve Tait Stephen.tait@surreycc.gov.uk

Linking local business with local causes

“The “4x4 Project” is an innovative approach to putting member organisations in touch with businesses so that long term links can be made. So far two sessions have been run involving some 9 member organisations.

The meetings have taken place at the Guildford office of The Co-Operative Bank, and our thanks to Martin McCleery its Senior Corporate Manager for hosting us. Special thanks also to Louise Punter, Chief Executive



of Surrey Chamber of Commerce for supporting this project and engaging with businesses on our behalf. The intention is to further develop these links between Chamber and Surrey Youth Focus members.

Member offer - Professional Archival Storage at discounted rates

All the records and accounts you must store for up to six financial years which can take up a lot of valuable space! However, most archiving contracts are for a larger numbers of boxes than small organisations could ever use and can be prohibitively expensive.

Surrey Youth Focus has recently invested in a service from Formex to archive our essential records in safe long term storage in a Welsh mine. The benefit to us is that we know exactly where to find our records if we ever need them, and we have more space and our offices are much more pleasant to work in!

We are now able to extend the facility to our members at a significantly discounted rate.

- 10 boxes - £120 p.a.
- 5 boxes - £80 p.a.

The boxes can be delivered and collected from your location at your convenience. Any records you need to retrieve can be recalled at any time.

If you are interested in using this service please call me on 01483 453962 or email

kate.peters@surreyyouthfocus.org.uk.

Support for Youth Work

Want to make a difference but don't know where to start?

If you are thinking your community needs a youth project but you don't know how to get one started, we can help you. Marie Silvester - Youth Development Worker - has the skills and contacts to help you start up a club, recruit some volunteers, find a venue and make sure you have all the policies and procedures in place to protect yourself and the young people you want to work with.

Local projects work best when they are driven by local people but it can really help to have that expert support as you get started. Marie's job is to help set up new sustainable projects that can be taken on by the local community.

For brand new groups Marie can help you access the Start Up Fund a pot of small grant funds to help new groups in the early days before they have any cash flow.

If you would like to find out more information about the Youth Work the Basics training course, or on clubs that I have been involved in, or even if you are interested in volunteering in a youth facility within Surrey, then please contact me. I am employed on a part-time basis, and cover the whole of Surrey, whilst focusing mainly on high need areas. My office hours are on Monday, Wednesday and Friday To find out more contact Marie on marie.silvester@surreyyouthfocus.org.uk. Her office hours are on Monday, Wednesday and Friday.



Youth Work – The Basics

Saturday 9th March and Saturday 25th March - two day course
Astoalt

Topics covered

- The importance of your role working with young people
- The principles and values of youth work
- The developmental stages of young people, and how they are affected
- Identifying your own personal self development as a youth worker
- How to communicate effectively with young people
- Safeguarding
- The Common Assessment Framework (CAF)
- Health and safety issues when working with young people.
- How to put the skills and knowledge that you learn into practice.

Volunteers Make the Difference!

Volunteers – grow your own

What better way to develop a pool of volunteers than to grow your own. Young people can use their volunteering to increase their confidence, skill base & experience, reference base, social skills and other 'soft skills.' They may need a volunteering experience as a route to personal development or as an employability route to gain vital experience for increasing their job prospects or access to further education.

Your organisation could be missing out on the advantages of having young people involved who can bring their own fresh and youthful dynamic to the project.

Sometimes charities are put off using young people as volunteers because of insurance worries. All your Volunteers should be insured under either Public or Employers' Liability cover and the insurance policy should explicitly mention volunteers, as they may not be automatically covered. This policy does not have to be a barrier to involving young people. If the minimum age is not as low as you would like, then you can ask them to lower it, quite possibly at no or little cost. If your younger volunteers are volunteering in the same activities as your other volunteers there should not normally be an additional charge for changing the age limits of your policy.

Alternatively young people can sometimes be covered by other insurance such as the young person's school or as part of a leadership program (such as the Duke of Edinburgh's Awards, Prince's Trust, etc) Indeed have you considered taking advantage of the huge pool of young people going through the Duke of Edinburgh scheme as a source of great volunteers?



Surrey Youth Games are a great example of an organisation that uses all kinds of volunteers – including young people

My role in the Surrey Youth Games for the last 2 years has been desk official in the netball; I had a lot of fun and got a lot out of it. As I want to be in some kind of sports management as a career it was a really good experience to see how it is run and how many people were needed to run the event.

It has greatly encouraged me to continue to volunteer and I have since volunteered at the "Playground to Podium" for young disabled children. As that is another part of what I would like to do, it gave a great insight into what running this type of sporting event is all about.



In the future I would love to be working in some kind of sport management or working with disabled children in sport. Working on the SYG has given me a really good start for what I would like to do when I am older.

Zoe Videan - youth Games Volunteer

Micro Effort, Macro Impact - What is Microvolunteering?

Micro volunteering is about doing small, short-term voluntary actions that benefit a good cause, usually in less than 30 minutes. There's plenty of evidence to demonstrate that microvolunteering initiatives are achieving impact. The amount of money raised, items donated, craftwork created or collective hours spent to achieve a certain goal are quite substantial when everybody's micro efforts are collated together to achieve a common 'do good' goal.

The bottom line is that microvolunteering is achieving considerable impact.

So Why Should You Set One Up?

Good question, because up to now most volunteering activities have been thought of in terms of traditional or online volunteering. So why introduce another method which allows a person to volunteer in short bursts? Surely, it's self defeating! If a person volunteers in shorter bursts, because it would therefore seem that less volunteering actions are achieved. You would think that this was the case, but not all tradition / online volunteering actions appeal to everybody and especially in these perceived time starved days, any volunteering action that could be fitted into a smaller slot to fit within a person's busy schedule could be perceived as a good thing. We often have difficulty recruiting the long serving volunteers we need this can be a good starting point introduce them with a microvolunteering project then work with them to encourage further volunteering.



So how to get started?

For an interesting introduction to the subject visit www.helpfromhome.org

Help from Home provides information on over 500 micro volunteering actions / initiatives that can all be done in a short period of time from your

Orange has launched a micro volunteering initiative called Do Some Good. It's an app that lets people do bite-size actions on their mobile in five minutes or less, making micro volunteering easy. There are 12 charitable actions – from completing a charity survey to taking wildlife photos www.orange.co.uk/dosomegood

<http://brightworks.me> BrightWorks is a task-based volunteering platform that gives causes an easy way to connect with skilled volunteers in an effective, simple-to-use and easy-to-get-started way.

Please consider what microvolunteering projects you could offer and add them to our new online form on the volunteering section of the Surrey Youth Focus website.

Shelagh West youthfocusvols@gmail.com



Disability Challengers is very proud of our volunteering programme. We offer the opportunity to raft of people from different backgrounds and situations to spend time with Challengers and benefit from our very supportive infrastructure.

Whether they want to give something back, develop their skills, to have work experience or just to be part of our team we offer a comprehensive induction and training programme. Naturally, we benefit from the input such a range of people bring to the organisation as they enable us to achieve so much more than we would without them.

We are looking for a volunteer coordinator to support this initiative and believe that it is important that this is a voluntary role which can be flexible and built round the individual! See: www.disability-challengers.org/volunteewithus

You can see these and other volunteering opportunities on the Surrey Youth Focus website. You can list your own vacancies or apply to volunteer www.surreyyouthfocus.org/volunteering



- Do you delight in data-entry? Rejoice in research?
- Can you spare a few hours to help our Fundraising team expand and update their database?
- Do you think you have what it takes to spot a funding opportunity?

If you would like to work as a volunteer alongside SATRO fundraisers in our scenic Send office, and stop us drowning in data, please contact Lisa Dimbylow, Fundraising Manager on 01483 226311 or email lisa@satro.org.uk.

Surrey Teen wins National Recognition



SURREY COUNTY
FOOTBALL ASSOCIATION



Linda Graham (Charlotte's Mum), Charlotte Cox, Charlotte's Grandad



Charlotte Cox, from Lightwater, has been recognised by the FA for her work in football. Charlotte has come out top in the Respect category of the FA National Football Futures Awards, fighting off over 50 other applicants to be crowned the winner.

The Respect programme is the FA's initiative to address unacceptable behavior on and off the pitch, and Charlotte earned the accolade for her work as Vice-chair of the Surrey County FA Respect Committee and helping to promote the programme through her work as a referee.

The 16-year-old, who also coaches a girls Under-10s team, said: "I am very proud and honoured to be selected to win this award and represent my county nationally."

Charlotte Cox, headed up to Wembley on Thursday 4th October for the awards ceremony

"Charlotte is a fantastic asset in this County to the Respect programme as well as for all the other great work she does in football, and it's great to see her recognised by the Football Association," said Football Development Respect Officer Gary Mulcahey.

"Everyone here at the Surrey County FA would like to congratulate Charlotte for winning the award - I'm sure it will be the first of many," Gary added.



High Sheriff Youth Awards

Helping young people make Surrey safer

Extra funds available for young people in Surrey – thanks to The High Sheriff's Men

Almost £5,000 has been donated to the High Sheriff Youth Awards (HSYA) scheme thanks to the sporting prowess of 'The High Sheriff's Men' – aka Alexander, Luke and Edward, the three sons of this year's High Sheriff of Surrey, Mrs Karin Sehmer. This means that even more projects in the county can now benefit from funding awards from the HSYA this year.

Entering the Virgin London Triathlon on Saturday 22nd September as a team, Alexander swam 1500 metres, Luke cycled 40kms despite sustaining two punctures, and Edward finished off with a great 10K run.

"Supporting the wide range of projects that apply to the HSYA for financial support and

so benefit so many young people in Surrey is a key priority for my year as High Sheriff," says Mrs Sehmer, "and so I am particularly proud of my own sons for enabling even more groups to receive funding."



Apply NOW for funding for 2012

The HSYA gives money to projects run by – or for – young people; projects that make



The High Sheriff's Men: Alexander, Edward and Luke Sehmer.

communities stronger by reaching out and helping others, and that help reduce or prevent crime and anti-social behaviour in a whole range of different and diverse ways.

In the past few months, we have made awards to (amongst others) TS Ambuscade (the Nautical Training Corps) for new instruments for their band; a cyber-bullying prevention programme; the Sunbury Skate Park (part of the Community Safety Awareness scheme organised by Surrey Police and Spelthorne Borough Council); and a Trydive programme, run by Guildford Sub Aqua Club for the Barn Youth Project.

This short list shows the scope of the programmes we fund and hopefully will



Sunbury Skate Park received funding from the HSYA this year.

encourage more worthwhile projects to apply from across the county. Above all, the HSYA is all about 'Helping young people make Surrey safer'.

Apply Now

It is very simple to complete the funding application – so why not apply NOW for 2012 and into 2013? Just go online and download the application form from our website www.surreyhighsheriff.org

We give funding for groups to start-up a new scheme, or to develop an existing project. We try to fund any scheme where young people, normally aged between 9 and 18, are actively involved in planning or running it.

In 2011-2012, we gave £54,530 to 51 projects and in the process over 10,000 young people benefited from those awards. Half way through this funding year, we still have over half our funding pot to allocate.

The Institute of Fundraising is still offering low cost training for small charities. If your income is £1million or less for you can attend full day training sessions for only £20. The courses offer practical insight, tips, techniques and be led by practitioners with extensive experience of working with small charities.



Tops include Legacies, Corporate Fundraising, Introduction to Marketing for Small Charities, Working Effectively with Your Trustee Board, 5 Things You Need to Know About Branding, Developing a Fundraising Strategy, Case for Support, Bid Writing, Communities and Events, Corporate Fundraising

View the Programme a www.institute-of-fundraising.org.uk

The Eikon Charity Golf Day 2012

The Eikon Golf Day 2012 was held on Friday 21st September at West Byfleet Golf club was a roaring success, raising a grand total of £12,000 – an all-time great for this annual event!

Local businesses entered teams, including those from Petrofac Woking, 1st Credit LTD, Axor Plumbing, Clarion Design Portfolio, Hireworks TV, Tanglewood Wine Accessories, Heathervale Baptist Church, The Wisley Golf Club, West Byfleet Golf Club, Powerpoint Electrics and several local business networking groups.

Prizes included four balls at the prestigious Wisley and Wentworth Golf Clubs, afternoon tea and a tour of The House of Commons, VIP tickets and hospitality at Ascot, and a Ryder Cup pin flag signed by both the European Team Captain, Jose Maria Olazabal and US Team Captain, Davis Love III.

Award winning entrepreneur and philanthropist Shahid Azeem entertained evening guests, and an ex-Eikon beneficiary gave a sobering account of the complex difficulties he had experienced growing up, and how Eikon had supported him through them.

Eikon provide long-term support to some of the county's most vulnerable young people and their families. They support young people in some of the most deprived areas of the county such as the ward of Maybury and Sheerwater, where a shocking 26% of under 16 year olds live in income-deprived households.



Jessica Maybanks, Fundraising and Development Manager at Eikon says: "The Golf Day is one of many fundraising events we hold during the year to help us achieve our vision of developing happy, thriving and resilient young adults who are able to contribute positively to society. We are so grateful to all those people who came together to support this fantastic event. It just seems to go from strength to strength each year, which is a great reflection of our supporter's dedication to the charity and what we are trying to achieve".

To find out more about Eikon visit our website www.eikon.org.uk/



Sayers Croft putting funding to good use

Sayers Croft recently received a grant through Comic Relief for £3,628 which the Community Foundation for Surrey kindly matched providing us with a total of £7,256 to go towards a

that it will attract new users to Sayers Croft as well. It will help individual children with special needs, based in mainstream schools, to take part in the activities that their classmates are



doing and therefore not feel left-out. This was not always possible in the past as our climbing wall was too hard for them to get far off the ground, it was often very difficult for them to have the strength to do archery and we had no way of getting anyone with a

swimming pool hoist for our outdoor solar-heated swimming pool. We were further able to negotiate VAT-exemption on the purchase of this hoist due to its use for people with disabilities which therefore left us with around £1,650 'spare'.

The Community Foundation for Surrey and Comic Relief kindly agreed to let us use these left-over funds to design and build specialist archery equipment to allow users with physical disabilities to take part in archery as well as refurbish our climbing wall to make it easier for those with physical disabilities to climb.

Our current special needs groups will benefit hugely from these improvements as it opens up 3 new activities to them and we are hoping

physical disability into our pool so some users had no choice but to sit on the sidelines. Plenty of people have already benefited

including the Bramley Hill Trefoils as well as our 'Action Stations' children who come to us during school holidays.



Sarah Miles -Community Education Officer.
The Sayers Croft Trust Tel: 01483 275 990
Email: trust@sayers-croft.org.uk

Small Grants Funds still available

Small Youth Grants are still available from Surrey County Council in many boroughs. Small voluntary, faith and charitable youth organisations can apply for grants of £500 to £5,000 to support work with young people aged 10 to 19.

In order to be eligible for funding the following criteria should be met:

- The application must be for a voluntary, faith or charitable organisation with a turnover of less than £100,000 per annum
- Bidding organisation should not have existing contracts with Surrey County Council Services for Young People
- Funding would enable direct work with Surrey young people aged 10-19 and is not for large capital funding that does not enable direct activity (e.g. fixing roofs, installing loos etc.)

The closing date for 2012/13 applications is 31/12/12 while funds remain. For more information, to download an application form or apply online visit www.surreycc.gov.uk/smallgrants



Is your group currently looking to run sporting activities for 14-25 year olds to celebrate the Olympic year? If so consider applying for Sportivate funding.. Funding can be spent on coaching fees, equipment, facility hire, training and marketing.

Go to www.activesurrey.com/sportivate to find out more. Active Surrey is currently seeking sports projects to run between April 2013 – March 2014. The application round will run between 1 November – 31 November 2012.

Contact Andrew Freeman at Active Surrey on 01483 518943 to discuss your ideas. Don't miss the opportunity for your group to be part of the London 2012 legacy.



Youth Worker in Charge vacancies

Job Type: Permanent/Part-time

**Salary: Starting Salary £18,291
pro rata**



We have a number of Youth Worker in Charge vacancies across the county (Spelthorne, Runnymede & Guildford).

We are looking for enthusiastic team members to support and develop the delivery of quality youth work. We strive to equip young people with the skills, knowledge and experience to recognise and achieve their full potential.

We aim to provide opportunities for young people that are fun, challenging and sometimes even life changing.

Do you have experience in supporting young people aged 11-25?

Do you have, as a minimum, a level 2 qualification or equivalent in Youth work?

For further information and detailed job descriptions, please see the jobs section on the Surrey County Council website www.surreycc.gov.uk/jobs



"Next to doing the right thing, the most important thing is to let people know you are doing the right thing" John D Rockefeller

Dont miss your opportunity to tell everyone you are doing the right thing. Send your articles and photos for the next copy of Surrey Youth News to kate.peters@surreyyouthfocus.org.uk

Next Copy Deadline 4th March



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