

Make the book of your success cheats

Inspiration :

Wuxia is kind of fiction about the adventures of martial artists in ancient China. In Wuxia novels or films, you can often see somebody got a secret book of martial arts, and then he/she became a master of Kung fu. Therefore, the secret book has naturally become the focus of the warrior. It can be seen as a shortcut to success. In the Kung fu cheats, there are usually some pictures to illustrate the martial arts movements, and some words to support the explanation. Because the content is the details clearly recorded by the creator, it doesn't take a genius to learn it.



Nowadays, we sometimes feel stressed with the rapid pace of society. For some things, we can't succeed in one attempt. Accumulated setbacks will make us fall into the painful whirlpool of self-doubt and self-denial. At this time, you will try to search for the problem on some relevant platforms on the Internet, to see how people with the same problem solve it. You get useful information from them to solve the problem sometimes. Gradually, you will also answer to others the details that you have succeeded while they are trying and offer them solutions to your problems. Even if you simply tell someone how to cook a Turkey in the oven to keep it fresh and tender, you've achieved a positive emotion - approval of yourself. Everyone is good at something different and being good at discovering your strengths will help you build confidence in yourself. In addition, learning other people's strengths lets everyone experience the fun of sharing.

Learning Objectives and Outcome :

- Put “shortcuts” in perspective
- Find your strengths
- Share your own success cheats with simple pictures and texts
- Understand culture of Chinese thread-bound books

Syllabus:

- 10mins: Introductions (From Wuxia cheats to your success cheats)
- 5mins: Teach some simple tips to use Chinese Calligraphy Brush Pen and paper (The corresponding materials have been placed on each student's desk in advance)
- 30mins: Create your own book of success secrets (one thing with 2 pages. In an easy-to-follow format, provide your readers with clear directions on how to do something related to your accomplishments. What did you learn during the process that you can share with others? Show your readers, step-by-step, how they can be a part of your success.)
- 5mins: Thread-bound books (the corresponding hole position has been punched)
- 10mins: Exchange books and conclude

Target audience: Graduate participants of all genders , 10 people

Timeline for Planning the Workshop:

- Feb 23rd - Modify the plan according to the feedback in class
Order materials from Taobao
- Feb 24th - Record a short instructional video
- Feb 25th – Prepare PowerPoint
- Feb 26th - Test workshop
- Feb 27th - Final modification according to the test workshop
- Mar 1st- Final preparation

Budget and materials: (12 people)

- \$15 Chinese Calligraphy Brush Pen

- \$20 Specific Chinese art paper
- \$10 Thread
- \$15 Awl and clip

