

UN-LONELY NOVA SCOTIA

A COMPREHENSIVE OUTLINE WITH
ACTIONS FOR COMMUNITY MEMBERS,
ORGANIZATIONS, AND
POLICY MAKERS

Kevin Kells, PhD

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Preface

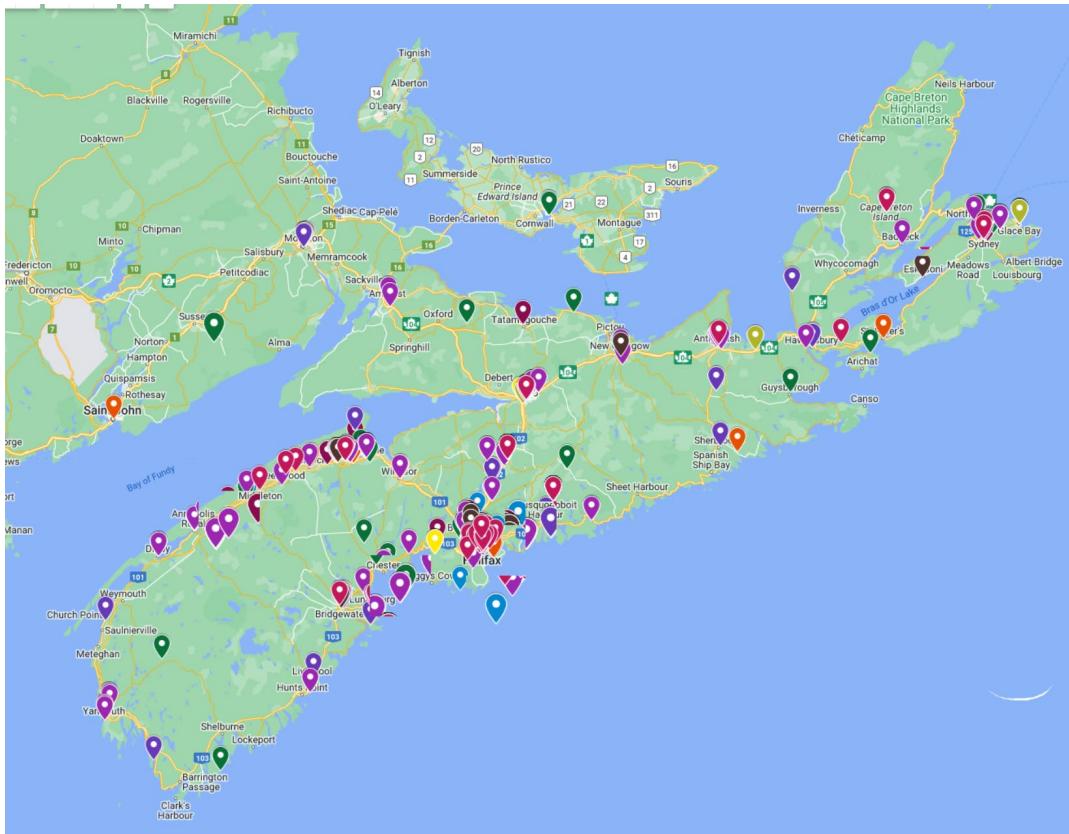
This outline attempts to provide a comprehensive analysis of the causes of loneliness in the Canadian province of Nova Scotia. It breaks down the problem into smaller facets with proposed solutions to subdivided components. Community members — individuals and organizations — can engage with any of these solutions.

This outline can help identify and recognize solution efforts already underway by community members, non-profits, and government entities. For each proposed solution, we include a list of resources currently implementing programs or efforts to implement that solution. These are listed as bullet points which hyperlink to a full description and contact information in the Resources appendix.

Apart from contributing to any given solution, bringing visibility to existing efforts can help attract volunteers, financial support, and allies; multiply problem-solving leverage by aligning efforts with each other; and prevent duplication of efforts and competition for volunteers and donations. Raising awareness among the existing solution implementers that they are working towards a common goal can improve morale and give a feeling of solidarity in the effort.

The resources listed in the appendix are geospatially mapped at this web page:

<https://www.google.com/maps/d/viewer?mid=1AJY1yIR4D8bh1LMCGz9fKRLSn8mU5fg>



How to Use this Book

This book uses an outline format to present more than a hundred solutions to improve loneliness in Nova Scotia, and more than ten times that number of existing programs and efforts to implement those solutions currently.

The solutions are categorized under major themes, then by subtheme, then by topic. Thus, it is not just a randomly organized list of ideas, but a methodically categorized problem structure, where solutions have been suggested to individual pieces of the problem puzzle, and each puzzle piece is logically related to an overall problem theme.

The purpose of this book is to help individuals, organizations, and public service to identify existing efforts that are underway, which are already contributing to the improvement of loneliness, so that these existing efforts can be recognized and supported, and so that they can better align with each other to the future picture where loneliness in Nova Scotia is improved.

Bringing to the entire community opportunities to contribute their time and support to the solutions being implemented by the resources mentioned in this book is a challenge to be met in a coordinated fashion with a role to be played by problem-solvers, resources, community organizers, and government. The aim is to mitigate non-profit burn-out, improve fragmented coordination, and reduce the struggle for volunteers and financial resources. This book can also provide ideas for new efforts for implementation and for policy makers aiming to fill gaps where solutions are currently lacking implementation or needing support.

The ten main themes identified as obstacles to reducing loneliness in Nova Scotia are:

- | | |
|-------------------------|---------------------------------------|
| 1. Aging population | 6. Lack of social support |
| 2. Rural communities | 7. Lack of social infrastructure |
| 3. Economic challenges | 8. Inaccessible support services |
| 4. Geographic isolation | 9. Lack of community engagement |
| 5. Mental health issues | 10. Low awareness about mental health |

These main themes headline the datasets depicted at the geospatial mapping, each on a separate map layer. In this book, they are numbered 1., 2., 3., etc. Subthemes or facets of these themes are marked 1.1., 1.2., 1.3., etc. Further subdivision are numbered 1.1.1., 1.1.2., 1.1.3., etc. Solutions are provided in two-column format to improve the overview.

A table of contents is provided for easier reference.

The authors of this book welcome input and corrections. The accuracy and completeness of the information presented in this book is made on a best effort basis; readers should verify information independently where necessary. A full dataset is available on request via the email info@theunsolvable.org. Changes, corrections, and additions can be made via the same email or via Github pull request, instructions to be sent on request via the same email address.

Dr. Kevin Kells, January 2024

The Process Behind This Book

The process behind this book is described in the publication:

[A Proposed Practical Problem-Solving Framework for Multi-Stakeholder Initiatives in Socio-Ecological Systems Based on a Model of the Human Cognitive Problem-Solving Process](#)

This process begins with the definition of a superordinate goal or *future picture* with buy-in from the community. This is a short, written statement that the community agrees is a good, general description of the future, desired state of affairs with respect to a given problem. For the problem of loneliness, we have chosen, “Loneliness in Nova Scotia will be improved.”

Then with facilitated community participation, the major theme *obstacles* are identified that are keeping us as a community from currently enjoying the future picture we as a community desire. Then these major themes, through a more extended process involving community members and subject matter experts, is broken down into facets that constitute parts of the obstacle, and then further subdivided into different components that more easily lend themselves to solution.

Solutions are then identified for these components and listed. Resources are also hyperlinked whose programs and efforts implement the solutions.

When reading the more than a thousand solutions offered in this book, the recommended approach is a whole-system approach. Any existing effort in the community that implements one of the suggested solutions – individual, organizational, or governmental – deserves to be recognized and integrated into an index collaborators or map of efforts. They should be informed that their efforts are implementing a solution leading to the improvement of loneliness in Nova Scotia. They should be given access to the map so that they can see where their efforts fit into the overall solution, and so that they can see, contact, and align themselves with all the other efforts on that map.

As an initial implementation of this process, the full-fledged community involvement was not fully undertaken. Rather, AI-based guidance was utilized to obtain a first draft of the major themes, to perform the problem structuring into facets of these themes and then components of the facets, and to generate a list of potential solutions to each of the components.

Rather than ask ourselves, “Of all these solutions, which ones should we try to implement?” this book is aimed at the inverse approach. “Of all these solutions, how many existing efforts – individual, organizational, or governmental – already implement a solution we identify and map?” The map of existing solutions, which can be a living document, a web-based mind map, or even digital art displayed in City Hall (or all the above), can be shared with each contributor for their benefit. And it can be shared with donors and volunteers and the community in general, and its current progress updated on a continual basis.

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Categorized Solutions

1 Aging population

Nova Scotia has an aging population, with a significant proportion of residents aged 65 and older. As people age, they may experience social isolation due to retirement, loss of friends and family, and decreased mobility. This can lead to feelings of loneliness.

1.1 RETIREMENT

Many elderly individuals in Nova Scotia experience social isolation as they retire from their jobs and lose the social connections and interactions they had in the workplace.

1.1.1 **Create community centers or social clubs specifically tailored for retired individuals, where they can engage in activities and interact with others who are going through a similar phase in life.**

- Spencer House Seniors Centre (5596 Morris St, Halifax, NS B3J 1C2, Canada)
- Dartmouth Seniors Service Centre (45 Ochterloney St, Dartmouth, NS B2Y 4M7, Canada)
- The Berkeley Gladstone Community Room (The Berkeley Retirement Residences)
- Northwood Community Centre (Northwood)
- Bedford-Hammonds Plains Community Centre (202 Innovation Dr, Bedford, NS B4B 0G4, Canada)

1.1.2 Establish mentorship programs, where retired individuals can volunteer their skills and knowledge to support and guide younger generations. This would not only provide a sense of purpose but also foster intergenerational connections.

- Experience Counts Program (Immigrant Services Association of Nova Scotia (ISANS))
- Senior Safety Program (Nova Scotia Department of Seniors)
- The Mentoring Plus Strategy (The Community Sector Council of Nova Scotia)

1.1.3 Encourage retired individuals to join local volunteering initiatives and organizations, allowing them to stay active and provide valuable contributions to society.

- RSVP - Retired and Senior Volunteer Program (Volunteer NS)
- Senior Safety Program (Senior Safety Association of Nova Scotia)
- Experience Matters Program (Volunteer Nova Scotia)
- Volunteering Seniors (Nova Scotia Community Links)

1.1.4 Develop programs or workshops that focus on teaching new skills or hobbies to retired individuals, enabling them to explore new interests and forge new social connections.

- The Quest (The Quest Lifelong Learning Society)
- Forever Young Club (N/A - Multiple locations around Nova Scotia)
- Seniors Learning Network (N/A - Various locations across Nova Scotia)
- Creative Aging Program (Art Gallery of Nova Scotia)
- Computer Courses for Seniors (Seniors' College Association of Nova Scotia)

1.1.5 Organize regular social events, such as coffee mornings, game nights, or cultural outings, specifically for retired individuals to come together and socialize.

- Senior Coffee Mornings (Halifax Senior Centre)
- Bridge and Game Club (Dartmouth Senior Service Center)
- Cultural Day Trips (Nova Scotia 50+ Club)
- Friday Night Dances (Cape Breton Elders' Lodge)

1.1.6 Promote the concept of "buddy systems" or support networks, where retirees are matched with individuals who may be struggling with social isolation, such as newcomers or individuals with disabilities, providing companionship and support.

- Friendly Visiting Program (Northwood Intouch)
- Community Links - Aging Well Together Program (Community Links)
- Senior Support Program (VON Greater Halifax)
- Share the Care (Caregivers Nova Scotia)
- Newcomer Health Mentor Program (Immigrant Services Association of Nova Scotia (ISANS))

1.1.7 Collaborate with local businesses and employers to create part-time job opportunities specifically for retired individuals, allowing them to remain engaged in a work environment and maintain social connections.

1.1.8 Provide resources and information on available community resources and support services for retirees, ensuring that they are aware of the various options for staying socially active and connected.

- Senior Safety Programs (Municipalities and Police Departments across Nova Scotia)
- 211 Nova Scotia (United Way and the Province of Nova Scotia)
- Seniors' College Association of Nova Scotia (Seniors' College Association of Nova Scotia (SCANS))
- Positive Aging Directory (Government of Nova Scotia)
- Nova Scotia Centre on Aging (Mount Saint Vincent University)
- Veterans Services (Royal Canadian Legion, Nova Scotia/Nunavut Command)

1.1.9 Establish intergenerational programs, where retired individuals can participate in activities with younger generations, such as reading programs, art classes, or mentorship initiatives, thus fostering new relationships and enhancing social connections.

- The Grand-friends Program (Northwood)
- Intergenerational Literacy Tutoring Program (Dartmouth Learning Network)
- Seniors and Youth Networking Communities (SYNC) Program (Volunteer NS)
- Shared Art Programs (Local Community Centers)
- ElderDog Canada Intergenerational Programs (ElderDog Canada)

1.1.10 Encourage retired individuals to join clubs or organizations centered around their hobbies and interests, such as fitness groups, book clubs, or gardening societies, enabling them to meet like-minded individuals and establish new friendships.

- Senior's Fitness Classes (Heart and Stroke Foundation of Nova Scotia)
- Halifax Public Libraries - Book Clubs (Halifax Public Libraries)
- Seniors' College Association of Nova Scotia (Seniors' College Association of Nova Scotia (SCANS))
- Gardeners Clubs and Societies (Nova Scotia Garden Clubs)
- 50 Plus Club Programs (Canada's Association for the Fifty-Plus (CARP))

1.1.11 Implement technology training programs tailored to retirees, teaching them how to effectively use social media, video calling platforms, and other digital tools to connect with old colleagues, friends, and family members.

1.1.12 Encourage family members and friends to maintain regular contact with retired individuals, ensuring they feel included and supported, even if they are physically distant.

- Friendly Calls Program (Canadian Red Cross)
- Seniors' Safety Program (Nova Scotia Department of Seniors)
- Senior Companionship Program (VON Canada (Victorian Order of Nurses))
- Meals on Wheels (Meals On Wheels of Halifax)
- Good Neighbour Energy Fund (The Salvation Army)

1.1.13 Advocate for policies and initiatives that promote an inclusive and age-friendly community, ensuring that public spaces, transportation, and services cater to the needs and social well-being of retired individuals.

- Age-Friendly Communities Program (Government of Nova Scotia - Department of Seniors)
- SHIFT: Nova Scotia's Action Plan for an Aging Population (Government of Nova Scotia)
- Nova Scotia Centre on Aging (Nova Scotia Centre on Aging, Mount Saint Vincent University)
- Community Links (25-260 Wyse Road, Dartmouth, NS B3A 1M5)

1.1.14 Establish educational programs and workshops specifically targeted towards retirees, focusing on mental health awareness, coping with loss, and maintaining healthy relationships, providing them with the necessary tools to navigate their retirement years successfully.

- Positive Aging Directory (Government of Nova Scotia)
- Seniors' Mental Health Program (Nova Scotia Health Authority)
- Third Age Centre Lifelong Learning Workshops (St. Francis Xavier University)
- Seniors' Safety Program (Various police services and municipalities in Nova Scotia)
- SeniorWise Program (Mental Health Foundation of Nova Scotia)

1.1.15 Implement initiatives to promote active aging, such as exercise programs, walking groups, or sports leagues for retired individuals, fostering physical and social well-being simultaneously.

- SeniorFITness Program (Canada Games Centre)
- 50+ Club (Dartmouth Seniors Service Centre)
- Forever Young Club (N/A - Multiple locations around Nova Scotia)
- Seniors' Fitness Classes (YMCA of Greater Halifax/Dartmouth)
- Seniors' Wellness Program (VON Canada (Victorian Order of Nurses))

1.2 LOSS OF FRIENDS AND FAMILY

With age, seniors may face the loss of close friends and family members, leading to a smaller social circle and potential feelings of loneliness.

1.2.1 Encourage community engagement

Organize regular social and recreational activities specifically targeted at seniors within the community. This can include group outings, game nights, book clubs, or hobby-based classes, which can help them meet and connect with new people.

- Senior Socials (Seniors Association of Nova Scotia)
- Book Clubs for Seniors (Nova Scotia Public Libraries)
- Active Seniors Fitness Classes (Nova Scotia Fitness Association)
- Senior Art Workshops (Nova Scotia College of Art and Design)
- Garden Club Gatherings (Nova Scotia Community Garden Network)

1.2.2 Establish a buddy system

Create a volunteer program where younger community members can be paired with seniors who may be feeling isolated. These volunteers can regularly visit, offer companionship, and engage in activities together, reducing feelings of loneliness.

- Friendly Calls Program (Canadian Red Cross - Nova Scotia)

- Senior Safety Program (Various Municipal Police and RCMP Detachments in collaboration with local partners)
- Visit-a-Bit Program (Northwood - Halifax)
- Adopt A Senior Program (Local community centers and churches)
- Cyber-Seniors Program (Cyber-Seniors)

1.2.3 Senior centers and clubs

Promote and support local senior centers or clubs where seniors can gather, socialize, and participate in various activities. These centers can provide a platform for forming new friendships and fostering a sense of belonging.

- Spencer House Seniors Centre (5596 Morris St, Halifax, NS B3J 1C2, Canada)
- The Dartmouth Seniors Service Centre (45 Ochterloney St, Dartmouth, NS B2Y 4M7, Canada)
- Bedford and Forsyth Education Centres Society (Bedford and Forsyth Education Centres)
- The Club 60 Seniors Association (121 St Peters Rd, Sydney, NS B1P 4C1, Canada)
- Le Club des retraités acadiens (54 Queen St #2, Dartmouth, NS B2Y 1G3, Canada)
- Sackville Seniors Advisory Council (91 First Lake Dr, Lower Sackville, NS B4C 3J1, Canada)
- Lions Club Senior Centre (Lions Club International)

1.2.4 Intergenerational programs

Encourage collaboration between seniors and younger individuals, such as organizing mentorship programs, school visits, or community service initiatives. These interactions can benefit both parties and create opportunities for seniors to build new relationships.

- TIME (Together in Movement and Exercise) (Dalhousie University)
- Adopt a Grandparent Program (Adopt a Grandparent)
- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Shared Reading Program (Libraries Across Nova Scotia)
- Linking Generations (Volunteer NS)

1.2.5 Support groups

Facilitate support groups or counseling services within the community for seniors navigating the loss of friends and family. These groups can provide an understanding and empathetic environment for seniors to share their experiences, offer emotional support, and find comfort with others facing similar challenges.

- Self-Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, Nova Scotia, B2W 3Y6)
- Senior Safety Program (Varies by municipality in Nova Scotia)
- Bereavement Support Groups (Hospice Halifax)
- Caregivers Nova Scotia (Caregivers Nova Scotia Association)

1.2.6 Transportation assistance

Offer transportation services to seniors who may have limited mobility or struggle with transportation, ensuring they can attend social events, visit loved ones, or explore new places. This can help seniors maintain connections with their existing network and expand their social circle.

- Senior Wheels (VON Greater Halifax)
- Community Transit Nova Scotia
- Caregivers Nova Scotia Transportation Program (Caregivers Nova Scotia)
- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- East Hants Community Rider (East Hants Community Learning Association & Community Rider)

1.2.7 Technology education and access

Provide seniors with access to technology devices, internet connectivity, and training programs to facilitate virtual communication. This will enable them to stay connected with family and friends, even if physical distance or circumstances prevent in-person interactions.

- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- eDevices Lending Library (Nova Scotia Provincial Library)
- SeniorTech
- Connected Seniors Program (Government of Nova Scotia)

1.2.8 Community outreach programs

Encourage local organizations and churches to establish regular visits to seniors who may be housebound or unable to participate in community activities. These visits can help combat isolation and provide opportunities for socialization.

- Senior Safety Program (Various organizations across Nova Scotia in partnership with local police)
- Meals on Wheels (Meals on Wheels (multiple providers across Nova Scotia))
- Friendly Visiting Program (Northwood)
- VON Volunteer Visiting Program (Victorian Order of Nurses)
- Community Links Ageing Well Together Programs (Community Links)

1.2.9 Home-sharing programs

Explore the concept of home-sharing programs, where seniors can share their homes with others, such as university students or young professionals. This provides companionship, reduces housing costs, and fosters intergenerational connections.

- Home Share Program (Northwood Intouch)
- Senior-Led Home Sharing (Senior Safety Association of Nova Scotia)

1.2.10 Public awareness campaigns

Launch campaigns to raise awareness about the issue of senior loneliness and promote the importance of fostering a community that supports its seniors. This can facilitate community involvement and encourage individuals to take action by reaching out to seniors in their vicinity.

1.3 DECREASED MOBILITY

Older adults may face physical limitations and reduced mobility, making it more difficult for them to engage in social activities and maintain connections with others.

1.3.1 Establish senior-friendly transportation services

The community can set up accessible and convenient transportation options specifically designed for older adults, such as shuttle services, volunteer driver programs, or discounted taxi services. This would help them overcome mobility challenges and maintain their connections in the community.

- Rural Transportation Association (RuralRides) (Rural Transportation Association)
- Community Wheels (BayRides)
- Community Transit Nova Scotia
- Kings Point-To-Point Transit (PO Box 2, Cambridge, NS B0P 1G0, Canada)
- HOPE Dial-a-Ride (932 Highway 1, Hebron, NS B5A 5Z5, Canada)
- Cape Breton Transit (Cape Breton Regional Municipality)

1.3.2 Develop and maintain accessible public spaces

Creating age-friendly environments with well-maintained sidewalks, ramps, and appropriate signage can enhance mobility for older adults. Local authorities can ensure public spaces are designed to accommodate people with reduced mobility, encouraging them to engage in social activities.

- Neighbourhood Improvement Initiative (Nova Scotia Communities, Culture and Heritage)
- Age-Friendly Communities Grant Program (Seniors Nova Scotia)
- Accessibility Plan (Halifax Regional Municipality)
- Blue Route Hubs Project (Bicycle Nova Scotia)
- Community ACCESS-Ability Program (Nova Scotia Communities, Culture and Heritage)

1.3.3 Implement home modification programs

Community organizations or local governments can initiate programs that help older adults modify their homes to make them more accessible and safer. This may involve installing handrails, ramps, or adapting bathrooms to accommodate mobility aids like grab bars.

1.3.4 Foster intergenerational community events

Encouraging interactions between younger generations and older adults can provide opportunities for seniors to maintain social connections and alleviate feelings of isolation. Community events,

school programs, or volunteer initiatives can bring different age groups together and help reduce mobility-related limitations among seniors.

- Intergenerational Program (ElderDog Canada)
- Seniors and Youth Networking Communities (SYNC) (Laing House)
- Northwood Intergenerational Program (Northwood)
- Adopt a Grandparent Program (Local community groups/schools)
- TimeOUT: Intergenerational Elder Initiative (The Youth Project)

1.3.5 Offer exercise and physical activity programs

Local recreation centers or senior centers can organize fitness classes specifically tailored for older adults, focusing on improving mobility and maintaining overall physical health. These programs can address specific mobility issues and help seniors stay active and engaged.

1.3.6 Establish social support networks

Community organizations can create volunteer programs or support groups specifically for older adults, aiming to address their social and emotional needs. These initiatives can offer companionship, social engagement, and emotional support to older adults who may face reduced mobility.

- Senior Safety Program (Various municipalities across Nova Scotia)
- Northwood Intouch (Northwood)
- 211 Nova Scotia (United Way Halifax)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Meals on Wheels (Various organizations across Nova Scotia)

1.3.7 Provide technology assistance and education

The community can organize workshops or training sessions to help older adults navigate technology and stay connected virtually. This would enable them to engage in social activities, join online communities, and maintain connections with family and friends, even if they have limited mobility.

- Senior Tech Services (Nova Scotia Provincial Library)
- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Computer Classes for Seniors (Halifax Public Libraries)
- Senior Surf Day (Senior Safety Association)
- TechKNOW Program (Third Age Centre at Saint Mary's University)

1.3.8 Encourage walking or exercise buddy programs

Community members can volunteer to accompany older adults on walks or participate in exercise routines together. Having a buddy can provide motivation, companionship, and support, enabling seniors with mobility limitations to maintain an active lifestyle.

- Senior Snow Removal Program (Halifax Regional Municipality)

- Heart&Stroke Walkabout™ (Heart and Stroke Foundation of Canada)
- Get Fit Nova Scotia (Nova Scotia Health Authority)
- Senior Center Exercise Programs (Various Local Senior Centers)

1.3.9 Increase accessible seating options

Community venues, parks, or public spaces can incorporate more seating options, including benches or resting spots strategically placed along walking paths. This would allow older adults to take frequent breaks during walks, making it easier for them to participate in outdoor activities.

- HRM Park Benches Program (Halifax Regional Municipality)
- Adopt-A-Bench Program (Cape Breton Regional Municipality)
- Accessible Picnic Areas (Parks and Recreation Services)
- Community Resting Places (Nova Scotia Department of Seniors)
- Trail Enhancement Programs (Trails Nova Scotia)

1.3.10 Improve accessibility of cultural and social events

Organizations hosting cultural or social events can ensure that their venues are easily accessible to older adults with mobility challenges. This may involve providing reserved parking spaces, wheelchair ramps, or offering seating options that accommodate mobility aids.

- Nocturne: Art at Night (Halifax, NS, Canada)
- Halifax Jazz Festival (5566 Sackville St, Halifax, NS B3J 1L1, Canada)
- Neptune Theatre (1593 Argyle St, Halifax, NS B3J 2B2, Canada)
- Art Gallery of Nova Scotia (1723 Hollis St, Halifax, NS B3J 1V9, Canada)
- Scotiabank Centre (1800 Argyle St, Halifax, NS B3J 2V9, Canada)

1.4 LIMITED TRANSPORTATION OPTIONS

Lack of accessible and affordable transportation options can further isolate aging individuals, making it challenging for them to attend social events or visit friends and family.

1.4.1 Community carpool program

Establish a local carpool program where volunteers can help aging individuals get around town, attend events, or visit friends and family.

- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- Community Wheels (Chester Community Wheels)
- HOPE Dial-A-Ride (PO Box 1534, Digby, NS B0V 1A0)

1.4.2 Volunteer driver program

Recruit and train community volunteers who can provide rides to aging individuals who lack accessible transportation options.

- Community Wheels (Chebucto Links)

- Community Transit (East Hants Community Rider)
- Kings Point-to-Point Transit (Kings Point-to-Point Transit Society)
- HOPE Dial-a-Ride (932 Highway 1, Hebron, NS B5A 5Z5, Canada)
- Sou'West Nova Transit (Sou'West Nova Transit Association)

1.4.3 Affordable ride-sharing service

Collaborate with local transportation services to develop affordable ride-sharing options tailored specifically for aging individuals, ensuring they have access to reliable transportation when needed.

- Rural Transportation Association (RuralRides) (Rural Transportation Association)
- Community Transit Nova Scotia
- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- HOPE Dial-a-Ride (932 Highway 1, Hebron, NS B5A 5Z5, Canada)
- Antigonish Community Transit (Antigonish Community Transit Society)

1.4.4 Public transportation subsidies

Advocate for subsidies or discounted fares for aging individuals on public transportation services, making it more affordable for them to travel to social events and visit loved ones.

- Seniors' Fares (Halifax Transit)
- Community Transportation Assistance Program (CTAP) (Nova Scotia Department of Seniors and Long-Term Care)
- Kings Point to Point Transit (PO Box 486, Kentville, NS, B4N 3X3)
- Antigonish Community Transit (Antigonish Community Transit Society)

1.4.5 Senior transportation voucher program

Create a voucher program that provides aging individuals with transportation credits they can use for various transportation services, such as taxis, rideshares, or public transportation.

- Community Transportation Assistance Program (CTAP) (Transportation and Infrastructure Renewal, PO Box 186, Halifax, NS, B3J 2N2)
- Rural Transportation Association (Rural Rides) (Suite 109, 2021 Brunswick Street, Halifax, NS, B3K 2Y5)

1.4.6 Establish community shuttle services

Set up community-operated shuttle services specifically designed for aging individuals, with regular routes connecting important locations like shopping centers, healthcare facilities, and social venues.

- Community Transit Nova Scotia
- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- HOPE Dial-A-Ride (PO Box 1534, Digby, NS B0V 1A0)
- MusGo Rider Cooperative Ltd

1.4.7 Intergenerational ride-share program

Promote intergenerational connections by creating a program where younger individuals volunteer as drivers, helping aging individuals reach their desired destinations while fostering social interaction.

1.4.8 Accessible transportation infrastructure

Advocate for improvements in transportation infrastructure to ensure that aging individuals can easily access buses, trains, and other public transportation options, such as installing ramps, elevators, and adequate seating arrangements.

- Halifax Transit Accessibility Features (Halifax Transit)
- Community Transportation Assistance Program (Government of Nova Scotia - Communities, Culture and Heritage)
- Accessible Transportation Subsidy Program (Government of Nova Scotia - Department of Seniors)
- Age-Friendly Communities Program (Government of Nova Scotia - Department of Seniors)
- Rural Transportation Association (153 Willow St., Truro, Nova Scotia, B2N 4Z9)
- Kings Transit Authority - Accessible Services (Kings Transit Authority)

1.4.9 Collaboration with local businesses

Encourage local businesses to offer transportation services for aging individuals, such as arranging transportation for shopping trips or social events.

1.4.10 Technology-assisted transportation solutions

Explore the use of technology platforms that connect aging individuals with on-demand transportation options, ensuring they can book rides easily and economically.

- Rural Transportation Association (Rural Rides) (Rural Transportation Association)
- Amintro (Available online, no specific address in Nova Scotia)
- Community Transit Nova Scotia
- Accessible Transport (Halifax Transit)

1.4.11 Neighborhood buddy system

Develop a system where neighbors can volunteer to assist aging individuals with transportation needs, creating a network of support within the community.

- Community Wheels (Chebucto Links)
- Caregivers Nova Scotia (Caregivers Nova Scotia Association)
- East Hants Community Rider (East Hants Community Learning Association & East Hants Family Resource Centre)
- Sou'West Nova Transit (PO Box 214, Yarmouth, NS B5A 4B2)
- The Neighbourhood Program (Spencer House Seniors Centre)

1.4.12 Community-based transportation workshops

Organize workshops where aging individuals can learn about local transportation options and strategies for navigating the transportation system effectively.

- Community Transportation Workshops (Rural Transportation Association)
- Senior Safety Program (Nova Scotia Department of Seniors)
- Age-Friendly Communities Program (Nova Scotia Department of Seniors)
- Access-A-Bus Orientation Sessions (Halifax Transit)

1.4.13 Mobile healthcare services

Collaborate with healthcare providers to establish mobile medical clinics or healthcare vans that can visit aging individuals in their communities, reducing the need for transportation to healthcare facilities.

- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)
- Care Van (Cape Breton Regional Hospital)

1.4.14 Financial assistance programs

Create financial assistance programs or grants to support aging individuals in covering transportation costs, particularly for essential trips like medical appointments or grocery shopping.

- Senior Citizens Assistance Program (Government of Nova Scotia)
- Community Transportation Assistance Program (CTAP) (Nova Scotia Department of Seniors)
- Access-A-Bus (Halifax Transit)
- Low Income Transit Pass Program (Halifax Regional Municipality)

1.4.15 Collaborative partnerships

Collaborate with local transportation providers, community organizations, and government agencies to develop comprehensive transportation solutions for aging individuals, sharing resources and expertise to address the issue effectively.

1.5 HEALTH ISSUES

Age-related health concerns, such as chronic illnesses or disabilities, can limit seniors' ability to engage in social activities, causing them to withdraw from social interactions and experience loneliness.

1.5.1 Establishing senior-friendly activity centers

Community members can come together to create and maintain activity centers that cater specifically to seniors' needs. These centers can offer a variety of social events, exercise classes, educational workshops, and support groups to encourage social engagement and combat loneliness.

- Neptune Theatre Senior's Company (Neptune Theatre)
- Good Neighbour Club (Dartmouth Seniors Service Centre)
- Senior's Drop-In Centre (Spencer House Seniors Centre)
- 50-Plus Club (North Woodside Community Centre)
- Young At Heart Theatre

1.5.2 Volunteer programs

Creating volunteer programs where community members can spend time with seniors can significantly help alleviate their feelings of loneliness. Volunteers can visit seniors in their homes, assist them with daily activities, engage in conversation, or simply provide companionship.

1.5.3 Transportation services

Lack of transportation can be a significant barrier for seniors in attending social activities. By establishing community-run transportation services, seniors can have access to reliable and affordable transport, allowing them to participate in social gatherings without limitations.

- Community Transit Nova Scotia
- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- Seniors LINCS
- Halifax Regional Municipality Senior Snow Removal Program (Halifax Regional Municipality)
- Caregivers Nova Scotia (The Parkway, 15 Dawn Dr, Halifax, NS B3M 4E7, Canada)

1.5.4 Intergenerational programs

Promoting interactions between seniors and younger community members can be highly beneficial for both groups. Adopting intergenerational programs, such as pairing seniors with school children for activities, can foster new relationships, provide a sense of purpose for seniors, and reduce feelings of isolation.

- 4-H Nova Scotia Senior Buddies Program (4-H Nova Scotia)
- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Northwood Intergenerational Programs (Northwoodcare Incorporated)
- LINKages (LINKages Society)

1.5.5 Buddy systems and social clubs

Encouraging the formation of buddy systems or social clubs within the community can provide seniors with regular social connections. These clubs can organize regular meet-ups, outings, and activities, ensuring that seniors have a consistent support network and opportunities for socialization.

- Senior Wheels (VON Annapolis Valley)
- Club 60 Senior's Club (3580 Albro Lake Rd, Dartmouth, NS B3K 3X7, Canada)
- Good Neighbour Club (21 Palmer Hill Rd, Halifax, NS B3P 1P9, Canada)

- New Horizons for Seniors Club (various locations, Nova Scotia)
- The Retired & Senior Volunteer Program (RSVP) of the South Shore (South Shore Regional School Board)

1.5.6 Technology assistance

Many seniors may struggle with using modern technology, which can limit their access to online social platforms and digital communication. Community members can offer assistance by providing technology training sessions or one-on-one support to help seniors navigate social media, video chats, and other online platforms for maintaining social connections.

- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Senior Tech Series (Halifax Public Libraries)
- Digital Literacy Program (Nova Scotia Community College (NSCC))
- Tech Support for Seniors (Volunteer Services at Northwood)
- Computers for Seniors (Computers for Schools Nova Scotia)

1.5.7 Health and wellness programs

Collaborating with healthcare providers and organizations to offer health and wellness programs for seniors can address age-related health concerns. These programs can include exercise classes, nutrition workshops, and disease management support, allowing seniors to maintain their physical and mental well-being, enhancing their ability to engage in social activities.

- Your Way to Wellness Program (Nova Scotia Health Authority)
- Seniors' Fitness and Wellness Program (Seniors' Physiotherapy Centre)
- 50+ Wellness Program (Halifax Regional Municipality)
- Stay Active Wellness Program (VON Canada (Nova Scotia))
- ElderActive Program (Recreation Nova Scotia)

1.5.8 Engaging local businesses

Encouraging local businesses to offer senior-friendly discounts, events, or designated days can attract seniors to socialize. This initiative can foster a sense of inclusivity within the community and create opportunities for seniors to connect with others who share similar interests.

- Senior Discounts at Local Businesses (Various local businesses)
- Positive Aging Directory (Government of Nova Scotia)
- Senior Socials & Events (Local community centers)
- Age-Friendly Business Recognition (Municipal governments or Age-Friendly Communities)

1.5.9 Community outreach and education

Engaging in educational campaigns to raise awareness about the importance of social interaction for seniors and the impact of loneliness can help combat stigma and encourage community members to actively reach out and include seniors in social activities.

- Seniors' Safety Program (Various municipal police departments across Nova Scotia)

- The 50+ Club (Yarmouth Recreation Department)
- Seniors Outreach and Navigation (Northwood Intouch)
- Senior Citizens Clubs (Different clubs operate in various communities)
- Friendly Calls Program (Canadian Red Cross)
- Community Links (25-260 Wyse Road, Dartmouth, NS B3A 1M5)

1.5.10 Supportive services

Establishing support services, such as in-home care, meal delivery programs, or medication management assistance, can help seniors with chronic illnesses or disabilities maintain their independence and overall well-being. By ensuring their basic needs are met, these services can alleviate the physical and emotional burden, enabling seniors to actively participate in social engagements.

- Home Instead (Home Instead Senior Care)
- Northwood Intouch (Northwood)
- Meals on Wheels (Victorian Order of Nurses (VON))
- Caregivers Nova Scotia (Caregivers Nova Scotia Association)
- Continuing Care (Nova Scotia Department of Health and Wellness)

1.6 FINANCIAL CONSTRAINTS

Seniors may face financial challenges, particularly if they are living on a fixed income, making it difficult for them to participate in leisure activities or access social support systems.

1.6.1 Volunteer programs

Community members can volunteer their time to organize and run programs that provide free or low-cost leisure activities for seniors. This could include organizing day-trips, book clubs, art classes, or exercise programs.

- Senior Wheels (VON Greater Halifax)
- Senior Snow Removal Program (Halifax Regional Municipality)
- 50+ Club (Spencer House)
- Seniors' College Association of Nova Scotia (SCANS)
- Seniors' Community Luncheon (St. Andrew's United Church)

1.6.2 Donation drives

Local businesses and community members can organize donation drives to collect funds, gift cards, or necessary items for seniors facing financial constraints. These donations can be used to help seniors access social support systems or participate in leisure activities.

- Feed Nova Scotia Senior Support Program (Feed Nova Scotia)
- VON Meals on Wheels (Victorian Order of Nurses for Canada)
- Senior Safety Program (Nova Scotia Department of Seniors)
- Christmas Daddies (P.O. Box 1653 Halifax, Nova Scotia, B3J 2Z4)

- Home Instead Senior Care 'Be a Santa to a Senior' Program (Home Instead Senior Care)

1.6.3 Senior discounts

Local businesses, including restaurants, cinemas, museums, and recreational facilities, can establish senior discount programs to make leisure activities more affordable for seniors on fixed incomes.

- Senior's Day Discount at Shoppers Drug Mart (Shoppers Drug Mart)
- Canadian Museum of Immigration at Pier 21 (Canadian Museum of Immigration)
- The Nova Scotia Museum Pass (Nova Scotia Museum)
- Cineplex Senior's Day (Cineplex Entertainment)
- Senior Discounts at Recreation Facilities (Various Municipal Recreation Centers)
- Metro Transit Senior Fares (Halifax Transit)

1.6.4 Community-sponsored events

Organizations, community leaders, or local government bodies can organize community-sponsored events specifically designed for seniors. These events can provide free or low-cost entertainment, such as concerts, movie screenings, or art exhibitions.

- Senior Socials (The Halifax Regional Municipality)
- Tea & Talk (Spencer House Senior Centre)
- Free Senior Movie Days (Dartmouth Seniors Service Centre)
- Art for Seniors (Art Gallery of Nova Scotia)
- Senior's Week (Cape Breton Regional Municipality)

1.6.5 Transportation services

Community members can organize volunteer driver programs or partner with existing transportation services to provide free or low-cost transportation options for seniors to access social support systems or attend leisure activities.

- Community Transit Nova Scotia (N/A)
- Kings Point-to-Point Transit (PO Box 265, B4N 3X1 Kentville, NS)
- East Hants Community Rider (225A – 15 Commerce Court, Elmsdale, NS B2S 3K5)
- CHAD Transit - Pictou County (PO Box 577, New Glasgow, Nova Scotia B2H 5E9)
- Caregivers Nova Scotia (204 – 7071 Bayers Road, Halifax, NS B3L 2C2)
- Volunteer Wheels - VON (7001 Mumford Rd., Suite 300, Halifax, NS B3L 4N9)
- Seniors LINCS (Living Independently with Community Support) (271 Granville St., Bridgetown, NS B0S 1C0)

1.6.6 Sharing resources

Community members can establish resource-sharing networks, where those who can afford it share their resources, such as gardening tools, exercise equipment, or even spare rooms, with

seniors in need. This can help reduce the financial burden on seniors and enable them to engage in meaningful leisure activities.

- Tool Library (Halifax Tool Library)

1.6.7 Financial education programs

Community organizations or senior centers can offer financial education programs to help seniors better manage their finances, make informed decisions, and explore available financial assistance programs or benefits.

- Your Money Seniors (CPA Canada)
- Senior Safety Program (Seniors' Safety Programs - Various Locations in Nova Scotia)
- Managing Your Money (Credit Counselling Services of Atlantic Canada, Inc.)
- Senior's Navigator (211 Nova Scotia)

1.6.8 Partnership with local support agencies

Community leaders can collaborate with local support agencies and welfare organizations to ensure seniors are aware of and able to access the financial assistance programs and benefits available to them.

- Seniors' Safety Program (Various across Nova Scotia including Annapolis County, Kings County, etc.)
- 211 Nova Scotia (United Way Halifax)
- Nova Scotia Department of Seniors (Government of Nova Scotia)
- Senior Safety Grants (Government of Nova Scotia – Department of Seniors)

1.6.9 Community fundraising events

Community members can organize fundraising events, like charity walks, bake sales, or community fairs, with all proceeds dedicated to supporting seniors facing financial constraints.

- Hike for Hospice (618 Francklyn Street, Halifax, NS B3H 3B4)
- Wolfville & Area Newcomers Club Fundraisers (N/A)
- Annual Charity Golf Tournament (2615 Northwood Terrace, Halifax, NS B3K 3S5)
- Strides for the General (QEII Health Sciences Centre, 5657 Spring Garden Road, Park Lane Mall, Suite 3005, Halifax, NS B3J 3R4)
- Yarmouth Hospital Foundation Gala (60 Vancouver Street, PO Box 7, Yarmouth, NS B5A 4B1)

1.6.10 Grant applications

Community organizations, local government bodies, or concerned individuals can assist seniors in applying for grants or funding opportunities specifically aimed at improving the quality of life for seniors. This can help seniors access financial support for leisure activities or to fill other essential needs.

- Senior Safety Grant Program (Government of Nova Scotia)
 - Positive Aging Fund (Department of Seniors, Government of Nova Scotia)
 - New Horizons for Seniors Program (Government of Canada)
 - Age-Friendly Communities Grant (Department of Seniors, Government of Nova Scotia)
-

1.7 URBAN-RURAL DIVIDE

In rural areas of Nova Scotia, aging populations may face additional difficulties in combating social isolation due to limited access to resources, fewer local social opportunities, and potential geographic isolation.

1.7.1 Establish community centers

Collaborate with local government and organizations to create community centers in rural areas. These centers can serve as gathering places where people of all ages can engage in various activities, such as social events, classes, and workshops.

- The Tatamagouche Centre (259 Loop Route 6, RR#3, Tatamagouche, Nova Scotia, B0K 1V0)
- The Old School Community Gathering Place (7962 Highway #7, Musquodoboit Harbour, Nova Scotia, B0J 2L0)
- The Canning Village Commission & MultiComplex (Canning Village Commission)
- The Deanery Project (751 West Ship Harbour Road, Lower Ship Harbour, Nova Scotia, B0J 1Y0)
- The Port Hawkesbury Civic Centre (Town of Port Hawkesbury)

1.7.2 Improve transportation infrastructure

Address the issue of geographic isolation by improving transportation options in rural areas. This can include subsidized transportation services, increasing public transportation routes, or providing community shuttles to connect remote areas with essential services and social opportunities.

1.7.3 Implement digital connectivity initiatives

Work towards improving internet access and connectivity in rural areas. This can help combat social isolation by providing access to online communities, teleconferencing for social interactions, and the ability to access resources and services remotely.

- Rural Broadband Expansion (Develop Nova Scotia)
- Internet for Nova Scotia Initiative (Nova Scotia's Internet Funding Trust)
- Connect to Innovate Program (Innovation, Science and Economic Development Canada (ISED))
- Community Hubs Program (The Government of Nova Scotia)

1.7.4 Foster intergenerational programs

Encourage initiatives that bring together different generations, such as pairing older adults with younger individuals or organizing mentorship programs. This can create opportunities for social interactions, knowledge sharing, and mutual support.

- Northwood Intergenerational Programs (Northwood)
- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Generations United
- The Meadows Community Intergenerational Programs (The Meadows)
- LifeBridge Intergenerational Program (LifeBridge)

1.7.5 Support local businesses and organizations

Encourage the growth and development of local businesses, community organizations, and recreational facilities. This can provide more social opportunities and resources for rural residents, as well as help create a stronger sense of community.

- Buy Local Campaign (Government of Nova Scotia)
- Digital Main Street (Digital Nova Scotia)
- Community Hubs Program (Communities, Culture and Heritage Department of Nova Scotia)
- Community Economic Development Investment Funds (CEDIF) (Economic Development Department of Nova Scotia)
- CO-OP Community Spaces Program (CO-OP Atlantic)
- The Creative Hub Cooperative (93 Alderney Dr, Dartmouth, NS, B2Y 2N7)

1.7.6 Establish volunteer programs

Promote volunteer programs that specifically focus on addressing social isolation and supporting aging populations. This can involve volunteers visiting older adults, organizing social outings, or providing assistance with daily tasks.

- Northwood Intouch (2615 Northwood Terrace, Halifax, NS B3K 3S5)
- VON Greater Halifax (7001 Mumford Rd, Suite 200, Halifax, NS B3L 4N9)
- Seniors' Safety Program (Varies by municipality in Nova Scotia)
- Meals on Wheels (Depends on local provider)
- ElderDog Canada (P.O. Box 44026, Halifax, NS B3K 5Y2)

1.7.7 Develop mobile health services

Set up mobile health clinics or services that can reach remote areas to provide medical care, mental health support, and other essential services to aging populations.

- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)
- The Bloom Program (Dalhousie University College of Pharmacy)
- Eastern Kings Community Health Board Mobile Clinic (Eastern Kings Memorial Community Health Board)
- Cape Breton's Mobile Health Van (Cape Breton Regional Municipality)

- Veterans Memorial Mobile Clinic (Annapolis Valley Health)

1.7.8 Create social awareness campaigns

Increase awareness about the challenges faced by aging populations in rural areas and the importance of community support. This can help generate more empathy and encourage individuals to take action, volunteer, or donate resources.

- Age-Friendly Communities Grant Program (Nova Scotia Department of Seniors)
- Senior Safety Program (Various organizations in partnership with the RCMP, local police, and government agencies)
- Nova Scotia Centre on Aging (Mount Saint Vincent University)
- Shift: Nova Scotia's Action Plan for an Aging Population (Government of Nova Scotia)

1.7.9 Encourage community engagement

Organize events and activities that bring the community together, such as festivals, farmers' markets, or cultural celebrations. These events can provide opportunities for social interaction, promoting a sense of belonging and community cohesion.

- Halifax Seaport Farmers' Market (1209 Marginal Road, Halifax, NS B3H 4P8, Canada)
- Royal Nova Scotia International Tattoo (1586 Queen St, Halifax, NS B3J 2J1, Canada)
- Nocturne: Art at Night (Nocturne Halifax)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Celtic Colours International Festival (Cape Breton Island, NS, Canada)
- Lunenburg Folk Harbour Festival (Folk Harbour Festival)

1.7.10 Advocate for policy changes

Collaborate with local, regional, and provincial governments to advocate for policy changes that address the issues faced by aging populations in rural areas. This can involve pushing for increased funding for resources and services in these areas, as well as promoting policies that support rural development and connectivity.

- Age-Friendly Communities Program (Government of Nova Scotia – Department of Seniors)
- SHIFT: Nova Scotia's Action Plan for an Aging Population (Government of Nova Scotia – Department of Seniors)
- Collaborative Solutions to Rural and Remote Seniors' Access to Services (Rural Communities Foundation of Nova Scotia)
- Continuing Care Strategy (Government of Nova Scotia – Department of Health and Wellness)
- Senior Safety Programs (Multiple organizations including local police and RCMP detachments)

2 Rural communities

Many parts of Nova Scotia are rural and have smaller populations. In these areas, individuals may have limited access to social activities, community events, and support services. The lack of social infrastructure can contribute to feelings of loneliness and isolation.

2.1 GEOGRAPHICAL ISOLATION

2.1.1 Limited access to public transportation makes it difficult for individuals to travel to social activities and community events.

2.1.1.1 Expand the existing public transportation network

Advocate for the expansion of bus routes or the creation of new routes that better connect residential areas to popular social and community event venues.

- Rural Transportation Expansion (Rural Transportation Association)
- Halifax Transit Network Redesign (Halifax Regional Municipality)
- Cape Breton Transit Development (Cape Breton Regional Municipality Transit)
- Annapolis Valley Transit Initiative (Kings Transit Authority)

2.1.1.2 Increase public transportation frequency and operating hours

Many individuals may struggle to attend social activities and events due to limited bus schedules. Push for extended hours of operation and more frequent service during peak times.

- Halifax Transit Service Plan (Halifax Transit)
- Rural Transit Funding (Government of Nova Scotia)
- SmartTrip Program (Community Transportation Network)

2.1.1.3 Create transportation subsidies or assistance programs

Establish programs that provide financial assistance or subsidies for individuals facing financial constraints in utilizing public transportation for social and community events. This can help alleviate the burden of transportation costs.

- Low Income Transit Pass Program (Halifax Regional Municipality)
- Everybody Rides (Halifax Regional Municipality)
- MetroX Rural Express Service Financial Assistance (Respective Rural Municipal Government)

2.1.1.4 Organize community carpooling initiatives

Encourage neighbors and community members to form carpool groups, allowing people to share rides to social activities and events. This can reduce the number of cars on the road while promoting community engagement.

- HRM SmartTrip (Halifax Regional Municipality)

- Dalhousie University Carpooling (Dalhousie University Office of Sustainability)
- Cape Breton Car Pool Program (Cape Breton Regional Municipality)
- Annapolis Valley Rideshare (Valley Rideshare)
- Bridgewater Carpooling Initiative (Town of Bridgewater)

2.I.I.5 *Introduce shuttle services or ridesharing partnerships*

Collaborate with local businesses, community organizations, or ridesharing platforms to establish shuttle services or partnerships that provide affordable and accessible transportation options for individuals attending social activities and community events.

- Rural Transportation Association (153 Willow St., Truro, Nova Scotia, B2N 4Z9)
- Community Transit Nova Scotia
- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- Antigonish Community Transit (21A James Street, Antigonish, Nova Scotia, B2G 1R6)
- MusGo Rider Cooperative Ltd. (7927 Highway #7, Musquodoboit Harbour, Nova Scotia, B0J 2L0)

2.I.I.6 *Advocate for the installation of bike lanes and walking paths*

Improve the infrastructure for alternative means of transportation, such as biking or walking. This can make it easier for individuals to travel to social activities and community events without relying solely on public transportation.

- Halifax Active Transportation Plan (Halifax Regional Municipality)
- Bicycle Nova Scotia Blue Route (Bicycle Nova Scotia)
- Mainland North Linear Parkway (Halifax Regional Municipality)
- Integrated Mobility Plan (Halifax Regional Municipality)
- Active Transportation Advisory Committee (Halifax Regional Municipality)

2.I.I.7 *Establish community event transportation programs*

Create dedicated transportation services for specific community events. This could include organizing buses or shuttles that pick up individuals from designated locations and drop them off at the event venue, ensuring easy and convenient access.

- Rural Transportation Association (153 Willow St., Truro, Nova Scotia, B2N 4Z9)
- Kings Transit (Kings Transit Authority)
- Community Transit-Nova Scotia (Based in Nova Scotia - Various Locations)
- Halifax Transit (Halifax Regional Municipality)

2.I.I.8 *Collaborate with local businesses and organizations*

Work together with businesses and organizations hosting social activities and community events to facilitate transportation options. This can involve providing information about public transportation routes, arranging special event parking, or offering discounted transportation options for event attendees.

- Halifax Transit Event Shuttle Service (Halifax Transit)
- CarShare Atlantic Special Event Rates (CarShare Atlantic)

- Downtown Halifax Business Commission's Big Lift Project (Downtown Halifax Business Commission)
- Event Parking and Shuttle Services at Scotiabank Centre (Scotiabank Centre)

2.1.1.9 Promote ride-sharing apps and platforms

Educate community members about the benefits of using ride-sharing apps and platforms like Uber or Lyft. Encouraging their use for traveling to social activities and events can increase transportation accessibility.

- 902 ManUp Ride-Share Initiative (902 ManUp)
- Halifax Ride-Sharing Facebook Groups (Community-run social media groups)

2.1.1.10 Conduct community surveys and research

Engage with community members to better understand their transportation needs and preferences. This can help identify specific areas or demographics that require additional transportation solutions and guide the development of appropriate initiatives.

- 2021-2022 Household Travel Survey (Halifax Regional Municipality)
- Cape Breton Regional Municipality Community Surveys (Cape Breton Regional Municipality)
- Sustainable Transportation Strategy Engagement (Sustainable Transportation Nova Scotia)
- Rural Transportation Survey (Rural Transportation Association (RTA))

2.1.1.11 Support funding for public transportation

Advocate for increased funding for public transportation systems at the local, state, or national level. This can help improve and expand existing services, making it easier for individuals to travel to social activities and community events.

- Fare-Free Transit Pilot for Youth (Municipality of the County of Kings)
- Rural Transportation Funding (Government of Nova Scotia)
- Halifax Transit's Low Income Pass Program (Halifax Transit)
- Public Transit Infrastructure Fund (Infrastructure Canada & Nova Scotia Department of Transportation and Infrastructure Renewal)

2.1.2 Remote locations with long distances between communities make it challenging to connect with others.

2.1.2.1 Community Resource Centers

Establish community resource centers in remote locations where individuals can gather to connect with others. These centers can provide various amenities such as internet access, meeting rooms, and recreational facilities to foster social interactions.

- The North Grove Community Resource Centre (The North Grove)
- Veith House (3115 Veith St, Halifax, NS B3K 3G9, Canada)
- The Second Story Women's Centre (18 Dufferin St, Lunenburg, NS B0J 2C0, Canada)

- Eastern Shore Family Resource Association (5228 Hwy 7, Porters Lake, NS B3E 1J8, Canada)
- Chebucto Connections (531 Herring Cove Rd, Halifax, NS B3R 1X3, Canada)

2.1.2.2 Mobile Libraries

Introduce mobile libraries that visit remote locations on a regular basis. These libraries can serve as a gathering point for individuals and provide access to books, educational resources, and technology, encouraging community members to come together and engage in various activities.

- Bookmobile Service (Halifax Public Libraries)
- Cumberland Public Libraries Books By Mail (Cumberland Public Libraries)
- South Shore Public Libraries Bookmobile (South Shore Public Libraries)
- Cape Breton Regional Library Bookmobile (Cape Breton Regional Library)
- Eastern Counties Regional Library Outreach Service (Eastern Counties Regional Library)

2.1.2.3 Community Events

Organize regular community events in different remote locations, such as cultural festivals, sports tournaments, or health fairs. These events can act as a platform for community members to connect, socialize, and build relationships.

- The Royal Nova Scotia International Tattoo (The Royal Nova Scotia International Tattoo Foundation)
- Halifax Jazz Festival (JazzEast Rising Association)
- Antigonish Highland Games (Antigonish Highland Society)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Yarmouth Seafest (Yarmouth Seafest Committee)

2.1.2.4 Telecommuting and Online Workshops

Promote telecommuting initiatives to enable individuals living in remote areas to work from home. Additionally, offer online workshops and training programs covering various topics of interest to facilitate skill development and create opportunities for networking and collaboration.

- Digital Nova Scotia - Work-from-Home Rebate Program (Digital Nova Scotia)
- Nova Scotia Community College - Online Learning (Nova Scotia Community College)
- Volta - Remote Work & Virtual Workshops (Volta)
- ISANS - Online Learning Programs (Immigrant Services Association of Nova Scotia)
- Nova Scotia Works Online (Nova Scotia Works)

2.1.2.5 Public Transportation

Advocate for improved public transportation infrastructure connecting remote communities. This could include increased bus routes, ride-sharing programs, or subsidized travel options to make it easier for community members to travel between locations and interact with others.

- Rural Transportation Association (RTA) (Rural Transportation Association)
- Kings Transit Authority (29 Crescent Drive, New Minas, NS B4N 3G7)

- Community Transportation Action Plan (Nova Scotia Department of Seniors and Transportation)
- Maritime Bus (1161 Hollis Street, Halifax, NS B3H 2P6)

2.1.2.6 Community Marketplaces

Establish local markets or pop-up shops in remote locations, providing a platform for community members to sell their products or services. These marketplaces can attract people from other communities, fostering connections and creating economic opportunities.

- Cape Breton Farmers' Market (Cape Breton Farmers' Market Cooperative Ltd.)
- Alderney Landing Farmers' Market (Alderney Landing Association)
- Truro Farmers' Market (Truro Farmers' Market Cooperative)
- Lunenburg Farmers' Market (Lunenburg Farmers' Market Association)
- New Glasgow Farmers' Market (New Glasgow Farmers' Market Cooperative)
- Annapolis Royal Farmers' and Traders' Market (Annapolis Royal Farmers' and Traders' Market Association)

2.1.2.7 Community Gardens or Allotments

Encourage the establishment of community gardens or allotments in remote areas, where residents can come together to grow their own food. This shared activity promotes interaction and offers a space for individuals to connect with their neighbors.

- Common Roots Urban Farm (Partners for Care)
- Dartmouth North Community Food Centre (Dartmouth Family Centre/Dartmouth North Community Food Centre)
- Hope Blooms Community Garden and Greenhouse (Hope Blooms)
- The Incredible Edible Pictou County (Pictou County, NS)

2.1.2.8 Online Community Platforms

Develop online platforms or forums designed specifically for remote communities. These platforms can facilitate virtual connections, discussions, and information sharing, allowing community members to connect with others who share similar interests or concerns.

- One Nova Scotia Community Platform (One Nova Scotia Coalition)
- My Home Bay (St. Margaret's Bay Stewardship Association)
- Rural Communities Foundation of Nova Scotia (N/A - Online platform)
- Our HRM Alliance (N/A - Online platform)
- Engage Nova Scotia (N/A - Online platform)
- South Shore Connect (N/A - Online platform)

2.1.2.9 Social Outreach Programs

Establish social outreach programs aimed at addressing the isolation of individuals in remote areas. This can involve volunteer networks, where volunteers regularly visit remote communities to engage in activities, provide emotional support, or offer assistance with various tasks.

- Rural Transportation Association (153 Willow St., Truro, Nova Scotia, B2N 4Z9)

- Meals on Wheels (Various organizations across Nova Scotia)
- Seniors' Safety Program (Various municipalities and partners)
- VON Adult Day Programs (Victorian Order of Nurses (VON))
- Community Wheels

2.1.2.10 Community Mentorship Programs

Initiate mentorship programs where individuals from nearby towns or cities are paired with someone from a remote community. These mentors can provide guidance, support, and help foster connections between the remote community and the outside world.

- Big Brothers Big Sisters of Greater Halifax (Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8)
- Imhotep's Legacy Academy (Dalhousie University, Sexton Campus, B Building, 5248 Morris Street, Halifax NS, B3J 1B6)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Junior Achievement Nova Scotia (Suite 201, 33 Alderney Drive, Dartmouth, NS B2Y 2N4)
- The Mentoring Plus Strategy

2.2 LACK OF COMMUNITY RESOURCES

2.2.1 Limited availability of community centers, libraries, and other social facilities reduce opportunities for social engagement.

2.2.1.1 Increase funding for building and maintaining community centers, libraries, and other social facilities, allowing for more spaces to be available.

- Community Facilities Improvement Program (1741 Brunswick St, Halifax, NS B3J 3X8, Canada)
- Library Funding (3770 Kempt Rd, Halifax, NS B3K 4X8, Canada)
- Recreation Facility Development Program (1869 Upper Water St, Halifax, NS B3J 1S9, Canada)
- Culture and Heritage Development Trust (1741 Brunswick St, Halifax, NS B3J 2G1, Canada)
- Investing in Canada Infrastructure Program (n/a)

2.2.1.2 Encourage partnerships between the government, non-profit organizations, and private sectors to establish and maintain community centers and social facilities.

- ISANS Community Integration Services (Immigrant Services Association of Nova Scotia (ISANS))

- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Neighbourhood Hubs (United Way Halifax)
- Community Health Boards (Nova Scotia Health Authority)
- Community Hubs Program (Nova Scotia Department of Communities, Culture and Heritage)

2.2.1.3 Promote the utilization of existing underutilized spaces, such as schools or unused buildings, to serve as temporary or permanent community centers.

2.2.1.4 Foster community involvement by organizing volunteer programs to help with the maintenance and operation of existing community centers and social facilities.

- HeartWood Centre for Community Youth Development (5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada)
- Volunteer NS (Not specific (province-wide initiative))
- The Parker Street Food and Furniture Bank (Parker Street Food & Furniture Bank)
- Clean Foundation (126 Portland Street, Dartmouth, NS B2Y 1H8, Canada)
- Habitat for Humanity Nova Scotia (81 Wright Ave, Dartmouth, NS B3B 1H4, Canada)

2.2.1.5 Initiate community fundraising campaigns to raise funds for the construction, renovation, or expansion of community centers and libraries.

- The Halifax Central Library Project (Halifax Public Libraries)
- Chester Playhouse Renovation Fund (Chester Playhouse)
- The Youth Project Expansion (The Youth Project)
- Build the Hub Campaign (Community Hub)

2.2.1.6 Implement mobile community centers or libraries that can travel to different neighborhoods, reaching areas with limited access to social facilities.

- Colchester-East Hants Public Library's Bookmobile Service (Colchester-East Hants Public Library)
- Cape Breton Regional Library's Library on Wheels (Cape Breton Regional Library)
- Halifax Public Libraries' The Book Bus (Halifax Public Libraries)
- Pictou-Antigonish Regional Library's Books-by-Mail and Library Outreach Service (Pictou-Antigonish Regional Library)

2.2.1.7 Provide incentives for developers to include community centers or social halls in new housing developments or commercial projects.

2.2.1.8 Establish partnerships with local businesses and organizations to provide sponsored or discounted memberships to community centers or libraries.

- Halifax Public Libraries Partnership with Credit Union Atlantic (Halifax Public Libraries)
- Community Access Program (CAP) (Various local organizations and businesses)
- Recreation Access Program (Halifax Regional Municipality)
- Culture Link Sponsorship (Culture Link CIC)

2.2.1.9 Organize community networking events or meet-ups in public parks, schools, or local businesses to encourage social engagement in the absence of dedicated social facilities.

- Halifax Park Community Gatherings (Halifax Regional Municipality)
- Neighbourhood Movie Nights (Neighbourhood Film Screening Initiative)
- Community Business Mixers (Nova Scotia Business Inc.)
- Local Farmers' Markets Community Events (Farmers' Markets of Nova Scotia Cooperative)
- Park Yoga Sessions (Yoga in the Park Nova Scotia)

2.2.1.10 Advocate for policies that prioritize the development and maintenance of community centers and libraries, highlighting their importance for social cohesion and well-being.

- Community Facilities Improvement Program (Government of Nova Scotia)
- Public Libraries Renewal Program (Nova Scotia Provincial Library)
- Recreation Facility Development Program (Communities, Culture and Heritage)
- Community ACCESS-Ability Program (Department of Communities, Culture and Heritage)
- Community Building Fund (Canada Cultural Investment Fund)

2.2.1.11 Conduct surveys or community needs assessments to identify specific areas where there is a lack of social facilities, and use the data to prioritize the allocation of resources and investments.

- Community Counts (Government of Nova Scotia)
- Housing Needs Assessments (Nova Scotia Department of Municipal Affairs and Housing)
- Participatory Community Planning (Various community organizations and municipal governments)
- Quality of Life Survey (Engage Nova Scotia)

2.2.1.12 Explore technology solutions, such as virtual community centers or online platforms, that can provide opportunities for social engagement and learning, especially in remote or underserved areas.

- Nova Scotia Community Access Program (C@P) (Nova Scotia Community Access Program Society)
- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- TechACCESS (Nova Scotia's Department of Communities, Culture and Heritage)
- Connected e-Seniors (Senior Safety Program of Nova Scotia)
- LearnSphere's E-Connect Program (LearnSphere Canada)

2.2.2 Scarcity of recreational facilities such as parks, sports fields, and clubs diminishes opportunities for social activities.

2.2.2.1 Development and improvement of existing parks

The community can come together to identify underutilized or neglected open spaces and parks within the area and work towards renovating and improving them. This may include planting more trees, creating walking paths, installing benches, and adding recreational amenities like playgrounds or sports fields.

- Halifax Common Master Plan (Halifax Regional Municipality)
- North Common Renewal (Halifax Regional Municipality)
- Dartmouth Common Master Plan (Halifax Regional Municipality)
- Leighton Dillman Park Upgrades (Halifax Regional Municipality)

2.2.2.2 Identifying suitable locations for new parks

The community can work with local government bodies, NGOs, and urban planners to identify potential areas where new parks can be developed. This may involve converting unused land, partnering with private landowners, or utilizing rooftop spaces for community gardens.

- Halifax Green Network Plan (Halifax Regional Municipality)
- Dartmouth Commons (Halifax Regional Municipality)
- Our HRM Alliance Greenbelting and Public Spaces Plan (Our HRM Alliance)
- Blue Mountain - Birch Cove Lakes Wilderness Area (Halifax Regional Municipality / Nova Scotia Nature Trust)

2.2.2.3 Community fundraising and sponsorships

Organize community events, fundraisers, and campaigns to generate funds for the development and maintenance of recreational facilities. Encourage local businesses, corporations, and organizations to sponsor and support these initiatives.

- Jumpstart Community Development Grants (Canadian Tire Jumpstart Charities)
- Recreation Facility Development Program (Government of Nova Scotia - Communities, Culture and Heritage)
- Community Health Boards Wellness Funds (Nova Scotia Health Authority)
- Support4Sport Canada Games Sport Equipment Fund (Sport Nova Scotia)
- Halifax Regional Municipality Community Grants Program (Halifax Regional Municipality)

2.2.2.4 Collaborate with schools and colleges

Work with educational institutions to make better use of their existing sports fields, gyms, and recreational facilities. Establish agreements for community members to access these spaces outside of school hours.

- Shared Use of School Facilities (Nova Scotia Department of Education and Early Childhood Development)
- HRM Community Use of Schools (Halifax Regional Centre for Education)
- Community ACCESS-Ability Program (Nova Scotia Communities, Culture and Heritage)
- Joint Use Agreement (Various School Boards and Municipalities)

2.2.2.5 Create community sports teams and clubs

Encourage the formation of local sports teams or organizations that can provide a platform for community members to engage in various sports and social activities. This can include teams for soccer, cricket, basketball, tennis, etc.

- Halifax Sport & Social Club (Unit 102 - 5516 Spring Garden Rd, Halifax, NS B3J 1G6)
- Soccer Nova Scotia (210 Thomas Raddall Drive, Halifax, NS B3S 0J2)
- Basketball Nova Scotia (5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6)
- Tennis Nova Scotia (5516 Spring Garden Rd, Halifax, NS B3J 1G6)
- Cricket Nova Scotia (Not provided.)

2.2.2.6 Promote active transportation infrastructure

Advocate for the development of walking and cycling paths, trails, and lanes that connect different parts of the community. This can encourage outdoor physical activity and increase accessibility to existing recreational facilities.

- Halifax Urban Greenway (Halifax Urban Greenway Association)
- The Blue Route (Bicycle Nova Scotia)
- Active Transportation Plan (Municipality of the County of Kings)
- Cobequid Trail (Cobequid Trail Commission)
- Aspotogan Trail (Aspotogan Heritage Trust)
- Harvest Moon Trailway (Municipalities along the trail route)

2.2.2.7 Organize community events and activities

Plan regular community events, festivals, and fairs that incorporate recreational activities. This can include sports tournaments, community picnics, outdoor movie screenings, or exercise classes in public spaces.

- Halifax Busker Festival (Waterfront Development)
- Nocturne: Art at Night (Nocturne Halifax)
- Royal Nova Scotia International Tattoo (1586 Queen St, Halifax, NS B3J 2J1, Canada)
- Open Street Sundays (Halifax Regional Municipality)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Lunenburg Folk Harbour Festival (Folk Harbour Society)

- Scotiabank Blue Nose Marathon (5516 Spring Garden Rd, 4th Floor, Halifax, Nova Scotia, B3J 1G6)
- Chester Race Week (Chester Yacht Club)

2.2.2.8 Engage youth and community groups

Collaborate with local youth organizations and community groups to promote and organize social activities. They can initiate programs, hobby clubs, and workshops that encourage social interaction and engagement in recreational activities.

- Youth Art Connection (5553 Bloomfield St, Halifax, NS B3K 1S7, Canada)
- HeartWood Centre for Community Youth Development (5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada)
- 4-H Nova Scotia (90 Research Drive, Bible Hill, NS B6L 2R2, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)

2.2.2.9 Establish partnerships with local businesses and organizations

Collaborate with businesses, nonprofits, and community organizations to utilize their facilities or resources for recreational purposes. For example, partnering with a local gym to provide discounted memberships for community members.

- Rec Connect (Halifax Regional Municipality)
- Community YMCA Partnerships (YMCA of Greater Halifax/Dartmouth)
- Corporate Wellness Programs (GoodLife Fitness)
- Bike Again Program (Ecology Action Centre)
- ParticipACTION Community Better Challenge (ParticipACTION)

2.2.2.10 Advocate for government support

Petition local government officials and representatives to allocate more resources and funding towards the development and maintenance of recreational facilities. Highlight the impact such facilities can have on community well-being, physical health, and social cohesion.

- Recreation Facility Development Program (Communities, Culture and Heritage)
- Community Recreation Capital Grant Program (Municipal Affairs and Housing)
- Support4Sport Canada Games Sport Equipment Fund (Sport Nova Scotia)
- Building Vibrant Communities Grant (Community Services)

2.3 AGING POPULATION

2.3.1 Rural communities often have a higher proportion of elderly residents, who may be more prone to feelings of loneliness and isolation.

2.3.1.1 Establish community centers or senior centers

The community can allocate resources and funding to create dedicated spaces where elderly residents can gather, socialize, and participate in activities together. These centers can serve as places for support groups, recreational events, and educational programs.

- The Dartmouth Seniors Service Centre (Dartmouth Seniors Service Centre)
- Spencer House (5596 Morris Street, Halifax, NS B3J 1C2, Canada)
- The Northwood Community Centre (Northwood)
- Bedford-Hammonds Plains Community Centre (202 Innovation Dr, Bedford, NS B4B 0G4, Canada)
- The Berwick & District Community Centre (250 Veterans Drive, Berwick, NS B0P 1E0, Canada)
- LeBrun Centre (36 Holland Avenue, Bedford, NS B4A 1E6, Canada)
- Valley View Villa (6125 Trafalgar Road, Riverton, NS B0K 1V0, Canada)

2.3.1.2 Create intergenerational programs

Encouraging interactions between elderly residents and younger generations can help combat feelings of loneliness and isolation. Intergenerational programs can involve organizing joint activities and projects, such as mentoring programs, shared gardening or hobby clubs, or collaboration on community events.

- Intergenerational Program at Northwood (Northwood)
- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- LINKages (LINKages Society of Nova Scotia)
- Shared Art Programs (Canada Council for the Arts)
- ElderDog Canada (P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1)

2.3.1.3 Volunteer initiatives

Encourage community members, especially young adults and teenagers, to volunteer their time to provide companionship and assistance to elderly residents. Volunteers can visit elderly individuals, engage them in conversations, help with household chores, or accompany them on outings.

- Senior Safety Program (Various municipalities and police departments in partnership)
- Friendly Visiting Program (VON (Victorian Order of Nurses) Canada)
- Meals on Wheels (Meals on Wheels of Halifax)

2.3.1.4 Transportation services

Establish or improve transportation services specifically designed for elderly residents who may have limited mobility. This may include shuttle buses, community volunteer drivers, or partnerships with ride-sharing companies that offer affordable and accessible transportation options for older adults.

- Community Transit Nova Scotia
- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- HOPE Dial-A-Ride (PO Box 1534, Digby, NS B0V 1A0)

- Senior Wheels Association (Amherst, NS)
- MusGo Rider Cooperative Ltd

2.3.1.5 Meals on Wheels

Implement a Meals on Wheels program to ensure regular, nutritious meals are delivered to elderly residents who may have difficulty preparing food or accessing grocery stores. This not only helps meet their nutritional needs but also provides opportunities for brief social interactions with the volunteers delivering the meals.

- Meals on Wheels (Victorian Order of Nurses – Halifax Branch)
- Meals on Wheels (Dartmouth Seniors Service Centre)
- Cape Breton Meals on Wheels (Contact organization for specific addresses)
- Yarmouth Meals on Wheels (55 Parade Street, Yarmouth, NS B5A 3P4)
- Annapolis Valley Meals on Wheels (Various locations in Annapolis Valley)

2.3.1.6 Telecommunication and technology assistance

Provide support and training to elderly residents to help them effectively utilize telecommunication tools and technology. This enables them to stay connected with family and friends through social media, video calls, or online communities, which can alleviate feelings of loneliness.

- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Senior Tech Services (N/A – Services are provided in clients' homes or meeting places)
- Digital Literacy Support (Nova Scotia Public Libraries)
- Computers for Schools Plus (Computers for Schools Plus, Nova Scotia)

2.3.1.7 Support groups and counseling services

Establish or promote existing support groups that cater specifically to the needs of elderly individuals. These groups can provide a safe space for sharing experiences, discussing common challenges, and receiving emotional support. Additionally, offering counseling services can provide professional assistance for addressing mental health issues and loneliness.

- Senior Safety Programs (Various Police Departments and Municipality Partnerships)
- Senior Centres (Various Municipal and Community Organizations)
- Caregivers Nova Scotia (Caregivers Nova Scotia Association)
- Nova Scotia 211 (United Way)
- Continuing Care Program (Nova Scotia Department of Health and Wellness)

2.3.1.8 Social and recreational programs

Organize various social and recreational activities targeted towards elderly residents. This can include game nights, book clubs, exercise classes, arts and crafts workshops, or day trips to nearby attractions. Engaging in these activities helps foster social connections and create a sense of belonging within the community.

- Senior Games Nights (Halifax Public Libraries)
- Book Clubs for Seniors (Dartmouth Seniors Service Centre)

- Exercise and Wellness Programs (Northwood)
- Arts and Crafts Workshops for Seniors (Seniors' College Association of Nova Scotia)
- Senior Day Trips (Yarmouth Recreation)

2.3.1.9 Home visitation programs

Implement programs where trained volunteers or community workers regularly visit elderly residents in their homes. These visits can provide companionship, assess their well-being, offer assistance with everyday tasks, and create a support network.

- VON Friendly Visiting (Victorian Order of Nurses (VON))
- Senior Safety Program (Various police departments and municipalities in association with the Nova Scotia Department of Seniors)
- Northwood Intouch Friendly Visiting (Northwood)
- Community Links Visiting Program (Community Links)

2.3.1.10 Collaborate with local healthcare providers

Work closely with healthcare professionals, clinics, and hospitals to ensure that elderly residents receive the necessary medical attention and support services. This could involve hosting health check-up camps, providing informational sessions on health and wellness, or facilitating access to healthcare resources tailored to their specific needs.

- Seniors' Health Clinics (Nova Scotia Health Authority)
- Community Health Teams (Nova Scotia Health Authority)
- Caregivers Nova Scotia (The Parkway, 15 Dawn Dr, Halifax, NS B3M 4E7, Canada)
- 211 Nova Scotia
- Continuing Care (Nova Scotia Health Authority)
- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)

2.3.2 Limited availability of senior centers and healthcare facilities catering to their specific needs reduces their socialization opportunities.

2.3.2.1 Increase the number of senior centers and healthcare facilities catering to the specific needs of the elderly population. This can be achieved by advocating for funding and resources from local government and private organizations to establish more centers and healthcare facilities in the community.

- The Northwood Foundation (Northwood)
- The Expansion of Care Facility in Cape Breton (Nova Scotia Department of Health and Wellness)
- Berwick and Area New Seniors' Complex (Municipality of the County of Kings)
- Senior Citizens' Secretariat (Government of Nova Scotia)

2.3.2.2 Collaborate with local businesses and organizations to create partnerships that would provide space and facilities for senior socialization activities. For example, partnering with community centers, libraries, and churches to host regular events and programs for seniors.

- Senior Socials at the Halifax Public Libraries (Halifax Public Libraries)
- Senior Wellness Programs (YMCA of Greater Halifax/Dartmouth)
- Elderberries Choir (Dalhousie Arts Centre, 6101 University Avenue, Halifax, Nova Scotia, B3H 4R2)
- Senior's Tea at the Local Churches (Various local churches)

2.3.2.3 Develop a volunteer-based outreach program where volunteers regularly visit elderly individuals who are unable to access senior centers or healthcare facilities. This program can provide companionship, socialization, and support to those seniors who are isolated and lacking resources.

- Friendly Calls Program (Canadian Red Cross)
- Seniors Visiting Program (VON (Victorian Order of Nurses) Canada)
- Community Outreach Program (Northwood Intouch)

2.3.2.4 Implement transportation services specifically tailored for seniors, ensuring they have easy access to senior centers and healthcare facilities. This can be achieved by coordinating transportation services through community organizations, volunteer drivers, or public transportation agencies.

- Community Transit - Rural Transportation Association (Nova Scotia Rural Transportation Association (Rural Rides))
- Seniors' Shuttle - East Hants Community Rider (East Hants Community Learning Association & Community Rider)
- Caregivers Nova Scotia - Support for Transportation (Caregivers Nova Scotia Association)
- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- Community Wheels - West Hants Dial-a-Ride (West Hants Dial-a-Ride)

2.3.2.5 Establish intergenerational programs and activities that promote interaction between younger individuals and seniors. This could include organizing joint events, mentorship programs, or collaborations with schools and youth organizations to encourage socialization and understanding between different age groups.

- Shared Spaces Intergenerational Program (Northwood Intouch)
- Intergenerational Day Canada (iGenNS (Intergenerational Nova Scotia))
- LINKages (LINKages Society of Nova Scotia)

- GrandFriends (ElderDog Canada)
- Youth and Seniors Project (Volunteer NS)

2.3.2.6 Create community-based initiatives that aim to connect seniors with recreational and social clubs, hobby groups, and interest-based organizations. This can be achieved by promoting and supporting existing groups or creating new ones based on the interests of the elderly population.

- Senior Centres Without Walls (Department of Seniors and Long-Term Care)
- 50+ Club Programs (Local Community Centres)
- The Club (Spencer House Seniors Centre)
- Seniors' Fitness Classes (YMCA of Greater Halifax/Dartmouth)
- Berry Happy Gardeners (New Horizons for Seniors Program)

2.3.2.7 Raise awareness about the importance of senior socialization and the available resources in the community through targeted outreach campaigns and education programs. This can help seniors and their families understand the benefits of socialization and encourage them to seek out available opportunities.

- Senior Safety Program (Nova Scotia Senior Safety Association)
- Positive Aging Directory (Government of Nova Scotia)
- Seniors' College Association of Nova Scotia (Seniors' College Association of Nova Scotia (SCANS))
- 50-Plus Expo (50-Plus Living Show)
- Meals on Wheels (Victorian Order of Nurses (VON))
- Community Links (25-260 Wyse Road, Dartmouth, NS B3A 1M5)

2.3.2.8 Establish a network of support groups specifically designed for seniors, providing them with a safe space to share their experiences, connect with others facing similar challenges, and engage in social activities.

- Senior Safety Programs (Various police departments and municipal safety organizations)
- Senior Centres (Various community organizations)
- 211 Nova Scotia (United Way Halifax)
- Caregivers Nova Scotia (The Parkway, 15 Dawn Dr, Halifax, NS B3M 4E7, Canada)
- Nova Scotia Association of Senior Citizens Clubs (Contact details may vary by club)
- Valley Senior Games (Valley Senior Games Association)

2.3.2.9 Advocate for policy changes at the local government level to ensure that the needs of the elderly population are prioritized. This could include allocating funds for the development and maintenance of senior centers and healthcare facilities, as well as implementing regulations to ensure accessibility and inclusivity.

- Continuing Care Strategy (Government of Nova Scotia)
- Age-Friendly Communities Grant (Seniors' Secretariat of Nova Scotia)
- Shift: Nova Scotia's Action Plan for an Aging Population (Government of Nova Scotia)
- Senior Safety Programs (Various organizations across Nova Scotia in partnership with the Department of Seniors)

2.3.2.10 Encourage community involvement by organizing fundraising events and seeking donations from individuals, businesses, and organizations to support the establishment and maintenance of senior centers and healthcare facilities.

- The Friends of the Halifax Common (Friends of the Halifax Common)
- Meals on Wheels of Halifax (7071 Bayers Rd, Halifax, NS B3L 2C2)
- Northwood Foundation (2615 Northwood Terrace, Halifax, NS B3K 3S5)
- VON Greater Halifax (Suite 400-7071 Bayers Rd, Halifax, NS B3L 2C2)

2.4 LIMITED JOB OPPORTUNITIES

2.4.1 Economic constraints and lack of employment options can lead to outmigration, resulting in smaller populations and fewer social activities.

2.4.1.1 Promote entrepreneurship and provide support for small businesses

Encouraging locals to start their own businesses can help create employment opportunities within the community and lessen the need for outmigration.

- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- CED - Centre for Entrepreneurship Education and Development (CED)
- Nova Scotia Community College (NSCC) Entrepreneurship (Nova Scotia Community College)
- Volta (Volta Labs)
- Atlantic Canada Opportunities Agency (ACOA) Business Development Program (Atlantic Canada Opportunities Agency)
- Nova Scotia Business Inc. (NSBI) Start or Grow a Business (Nova Scotia Business Inc.)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Halifax Partnership - Connector Program (Halifax Partnership)

2.4.1.2 *Improve infrastructure and access to resources*

Enhancing basic infrastructure such as roads, transportation, and utilities can attract businesses and industries to the area, generating job opportunities for residents.

- Rural Transportation Expansion (Nova Scotia Department of Communities, Culture and Heritage)
- Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Nova Scotia 100-Series Highways Project (Nova Scotia Department of Transportation and Infrastructure Renewal)
- Community Transportation Assistance Program (Nova Scotia Department of Health and Wellness)
- Nova Scotia Power Grid Upgrade (Nova Scotia Power Inc.)

2.4.1.3 *Invest in vocational training and education*

Providing training programs or courses in industries with high demand can equip community members with the skills needed to access better employment opportunities within the region.

- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- Nova Scotia Community College (NSCC) (Nova Scotia Community College)
- Skills for Success Program (Labour and Advanced Education, Government of Nova Scotia)
- Women Unlimited Association (The Verschuren Centre – CS-101, 1250 Grand Lake Road, Sydney, NS B1P 6L2, Canada)
- African Nova Scotian Affairs Integration Office (African Nova Scotian Affairs)
- Construction Association of Nova Scotia (CANS) (Construction Association of Nova Scotia)

2.4.1.4 *Develop and attract new industries*

Communities can strategically identify and attract industries that align with local resources and expertise, which can potentially lead to the creation of job opportunities.

- COVE - Centre for Ocean Ventures & Entrepreneurship (COVE)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- The Ivany Report - The One NS Coalition (The One Nova Scotia Coalition)
- Perennia Food and Agriculture Inc. (199 Dr. Bernie MacDonald Drive, Bible Hill, Nova Scotia, Canada, B6L 2H5)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)

2.4.1.5 *Enhance tourism and cultural activities*

Promoting tourism and cultural heritage can attract visitors, generating revenue and creating jobs in the hospitality and entertainment sectors.

- Discover Halifax (1800 Argyle Street, Suite 602, Halifax, NS B3J 3N8)

- Nova Scotia Cultural Action Plan (Government of Nova Scotia - Communities, Culture and Heritage)
- Celtic Heart of North America Cooperative (Not Available)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Lunenburg Folk Harbour Festival (Folk Harbour)

2.4.1.6 Establish partnerships with neighboring communities

Collaborating with nearby communities can create a larger workforce pool, opening up employment avenues and increasing the potential for economic growth.

- Halifax Partnership (1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7)
- Nova Scotia Federation of Municipalities (202-1888 Brunswick St., Halifax, NS, B3J 3J8)
- Cape Breton Partnership (285 Alexandra Street, Sydney, NS, B1S 2E8)
- The Eastern-Straight Regional Enterprise Network (Eastern-Straight Regional Enterprise Network)
- Western Regional Enterprise Network (368 Main Street, Suite 220, Yarmouth, NS, B5A 1E9)

2.4.1.7 Support local agriculture

Encouraging and supporting local farmers can help boost agricultural production, creating jobs in farming, processing, and marketing of agricultural products.

- Select Nova Scotia (The Government of Nova Scotia)
- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Buy Local NS (The Government of Nova Scotia / Nova Scotia Federation of Agriculture)
- FarmWorks Investment Co-operative Limited (75 White Point Beach Resort Road, White Point, NS B0T 1G0)
- Community Supported Agriculture (CSA) (Multiple farms across Nova Scotia)
- Farmers' Markets of Nova Scotia (Farmers' Markets of Nova Scotia Cooperative Ltd.)

2.4.1.8 Strengthen community organizations

Encouraging the formation and functioning of community organizations, such as cooperatives or associations, can help mobilize resources and address local economic challenges collectively.

- Community Sector Council of Nova Scotia (Suite 103, 622 Sackville Drive, Lower Sackville, NS B4C 2S3)
- Cooperative Council of Nova Scotia (210-1321 Blanshard Street, Victoria, BC V8W 0B6)
- Nova Scotia Community Economic Development Investment Funds (Economic and Rural Development and Tourism)
- Antigonish Community Energy Co-op
- Investment Cooperative (Local Investment Cooperative)

2.4.1.9 Improve access to finance and microcredit

Providing access to financial services, including microcredit, can enable local entrepreneurs to invest in their businesses and expand employment opportunities in the community.

- Credit Union Atlantic (CUA) Community Investment Grant Program (Credit Union Atlantic)

- CEED - Centre for Entrepreneurship Education and Development (Centre for Entrepreneurship Education and Development)
- Atlantic Canada Opportunities Agency (ACOA) Atlantic Growth Fund (Atlantic Canada Opportunities Agency)
- Futurpreneur Canada (Halifax, NS (Contact through website for specific address))
- Immigrant Services Association of Nova Scotia (ISANS) Business & Workforce Integration (Immigrant Services Association of Nova Scotia)

2.4.1.10 Advocate for government support

Community members can join forces and actively advocate for governmental support in the form of policies, incentives, and funding allocations to address economic constraints and promote employment options.

2.4.2 Reduced job prospects may discourage younger individuals from remaining in rural areas, further limiting the social pool.

2.4.2.1 Encourage the establishment of local businesses and startups by providing incentives and resources to entrepreneurs. This will create job opportunities and attract younger individuals to stay in rural areas.

- Nova Scotia Entrepreneurship Program (Nova Scotia Government)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- CEED | Centre for Entrepreneurship Education and Development (CEED)
- Community Business Development Corporations (CBDC) (CBDC)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Perennia (173 Dr Bernie MacDonald Drive, Bible Hill, Nova Scotia, B6L 2H5, Canada)

2.4.2.2 Invest in developing specialized vocational training programs that cater to local industries and job demands. This will equip younger individuals with the skills needed for the available jobs in their communities.

- NSCC Specialized Training Programs (Nova Scotia Community College (NSCC))
- Skills for Hire Nova Scotia (Digital Nova Scotia)
- Apprenticeship START Program (Apprenticeship Agency of Nova Scotia)
- TechWorks (Cape Breton Partnership)
- Workplace Education Initiative (Labour and Advanced Education, Government of Nova Scotia)

2.4.2.3 Foster partnerships between local educational institutions, such as schools and colleges, and local businesses. This can lead to internships, apprenticeships, or work-study programs that provide practical experience and increase job prospects for young individuals.

- Co-operative Education Program (Dalhousie University)
- Work-Integrated Learning Initiative (Mount Saint Vincent University)
- Nova Scotia Community College Work Experience Programs (Nova Scotia Community College)
- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)

2.4.2.4 *Improve access to high-speed internet and technology infrastructure in rural areas, thereby creating opportunities for remote work or online businesses. This can help retain young individuals who seek job flexibility and access to a wider job market.*

- Nova Scotia Internet Funding Trust (Develop Nova Scotia)
- Rural Broadband Initiative (Government of Nova Scotia)
- Connecting Nova Scotia (Develop Nova Scotia)
- Internet for Nova Scotia Initiative (Develop Nova Scotia)

2.4.2.5 *Develop and promote tourism and recreational activities in rural areas to boost local economic activity. This can create jobs in sectors such as hospitality, tourism services, and outdoor recreation.*

- Cabot Trail (Destination Cape Breton Association)
- Nova Scotia Good Cheer Trail (Taste of Nova Scotia)
- Bay of Fundy & Annapolis Valley Experiences (Bay of Fundy Tourism Partnership)
- Yarmouth & Acadian Shores (Yarmouth & Acadian Shores Tourism Association)
- Celtic Shores Coastal Trail (Celtic Shores Coastal Trail Association)
- Northumberland Shore Seafood & Golf (Northumberland Shore Development Commission)

2.4.2.6 *Support agriculture and farming initiatives by providing subsidies, training, and resources to young farmers, encouraging them to remain in rural areas and contribute to the local economy.*

2.4.2.7 *Improve transportation infrastructure, including roads, public transport, and connectivity to nearby urban centers. This will enable young individuals to commute easily to nearby cities for work while still residing in rural areas.*

- Integrated Mobility Plan (Halifax Regional Municipality)
- Rural Transportation Association (RuralRides) (Rural Transportation Association)
- Nova Scotia Moves Grants (Government of Nova Scotia - Department of Energy and Mines)
- Connect2 (Sustainable Transportation Nova Scotia)

2.4.2.8 Encourage the development of community cooperatives and collective enterprises that offer shared resources and services. Pooling resources can help stimulate economic growth and create job opportunities for young individuals.

- Coopérative de développement régional-Acadie (Coopérative de développement régional (CDR)-Acadie)
- Antigonish Community Energy Co-op
- New Dawn Enterprises (37 Nepean Street, Sydney, Nova Scotia, B1P 6A7)
- Common Good Solutions (5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6)
- Halifax Workers Co-operative Ltd. (Halifax, Nova Scotia)

2.4.2.9 Establish mentoring programs and networking events that connect young individuals with successful professionals who have remained in rural areas. This can inspire and motivate young individuals to explore career prospects and stay within their communities.

2.4.2.10 Involve local government and community leaders in advocating for policies and initiatives that prioritize rural development and job creation. This can help in securing funding, resources, and support from higher levels of governance.

- Rural Communities Foundation of Nova Scotia (N/A - Online platform)
- Nova Scotia Federation of Municipalities (NSFM) (Nova Scotia Federation of Municipalities)
- Nova Scotia Department of Municipal Affairs and Housing (Government of Nova Scotia)
- Valley Regional Enterprise Network (35 Oakdene Avenue, Kentville, NS B4N 2A4)
- Cape Breton Partnership (285 Alexandra Street, Sydney, NS, B1S 2E8)
- Nova Scotia Community College (NSCC) (Nova Scotia Community College)

2.5 ACCESS TO SUPPORT SERVICES

2.5.1 Rural communities generally have fewer support services such as healthcare facilities, counseling centers, and mental health resources.

2.5.1.1 Establish mobile healthcare clinics or outreach programs that visit rural communities and provide basic medical services, immunizations, and check-ups on a regular basis.

- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)
- Mobile Primary Health Care Unit (Nova Scotia Health Authority)
- IMMUNIZE 902 Mobile Clinic (Nova Scotia Health Authority)

2.5.1.2 *Collaborate with local hospitals, clinics, and healthcare providers to offer telemedicine services, allowing rural community members to access virtual consultations with doctors and specialists remotely.*

- Nova Scotia Telehealth Network (Nova Scotia Health Authority)

2.5.1.3 *Encourage and support the recruitment and retention of healthcare professionals in rural areas by offering incentives such as student loan forgiveness, housing assistance, and higher salaries.*

- Nova Scotia Loan Forgiveness Program (Government of Nova Scotia)
- Tuition Relief Program (Nova Scotia Health Authority)
- Rural Physician Locum Program (Doctors Nova Scotia)
- Site Visit Program (Nova Scotia Office of Recruitment and Retention)
- Family Medicine Bursary Program (Government of Nova Scotia - Department of Health and Wellness)

2.5.1.4 *Create partnerships between rural communities and nearby larger towns or cities to share healthcare resources and facilities, ensuring access to a wider range of services.*

2.5.1.5 *Advocate for increased government funding and subsidies specifically allocated to improving healthcare access and support services in rural areas.*

- Collaborative Care Model (Nova Scotia Health Authority)
- Mobile Primary Health Care Units (Department of Health and Wellness, Government of Nova Scotia)
- Rural Broadband Project (Develop Nova Scotia)
- Emergency Health Services (EHS) LifeFlight (Emergency Health Services Nova Scotia)
- Nova Scotia Brotherhood Initiative (Health Association of African Canadians)

2.5.1.6 *Establish community health centers that provide comprehensive healthcare services, including primary care, mental health counseling, and preventive care.*

- North End Community Health Centre (2131 Gottingen St, Halifax, NS B3K 5Z7, Canada)
- Cape Breton Community Health Centre (Cape Breton Regional Municipality)
- Directions Council for Vocational Services Society (Various locations across Nova Scotia.)

- Eastern Kings Community Health Centre (Eastern Kings Health)
- Dalhousie Family Medicine Clinics (Dalhousie University)

2.5.1.7 *Create public-private partnerships to bring additional resources and support to rural communities, such as collaborating with local businesses to fund healthcare facilities or services.*

2.5.1.8 *Launch educational campaigns to raise awareness within the rural community about available resources and the importance of seeking healthcare services for physical and mental well-being.*

2.5.1.9 *Encourage and support the training and employment of local residents as healthcare workers or community health advocates to bridge the gap between the rural community and healthcare providers.*

- Nova Scotia Community College (NSCC) Health & Human Services Programs (Nova Scotia Community College)
- Collaborative Care Model (Government of Nova Scotia - Health and Wellness)
- Cape Breton University - Nursing Program (Cape Breton University)
- Nova Scotia Health Authority - Recruitment Incentives (Nova Scotia Health Authority)
- Dalhousie Medical School - Rural Residency Program (Dalhousie University)

2.5.1.10 *Collaborate with universities and education institutions to develop and implement programs that train and equip students with necessary skills to address healthcare needs in rural areas, fostering a pipeline of healthcare professionals committed to serving rural communities.*

- Dalhousie Medical School's Distributed Education Model (Dalhousie University)
- Cape Breton University's Nurse Practitioner Program (Cape Breton University)
- Nova Scotia Community College's Continuing Care Assistant Program (Nova Scotia Community College)
- Rural Residency Program at Dalhousie University (Dalhousie University)
- Collaborative Practice Education with Universities (Nova Scotia Health Authority)

2.5.2 *The lack of accessible support services hampers individuals in seeking help and connecting with others who may be experiencing similar challenges.*

2.5.2.1 *Establish local support groups*

The community can play a vital role in setting up support groups for individuals facing similar challenges. This can be done by collaborating with community centers, libraries, or other public spaces to provide a safe and accessible environment for individuals to connect and seek support.

- Mental Health Foundation of Nova Scotia (300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada)
- Alzheimer Society of Nova Scotia (112-2719 Gladstone St, Halifax, NS B3K 4W6, Canada)
- Laing House (1225 Barrington St, Halifax, NS B3J 1Y2, Canada)
- Autism Nova Scotia (5945 Spring Garden Rd, Halifax, NS B3H 1Y4, Canada)
- Eating Disorders Nova Scotia (150-1657 Barrington St, Halifax, NS B3J 2A1, Canada)

2.5.2.2 Volunteer to organize workshops and events

Community members can come forward to organize workshops and events focused on mental health, disability, or any specific challenge. These events can help raise awareness, provide information, and offer support to those in need.

2.5.2.3 Share knowledge and resources

The community can create online platforms or social media groups to share valuable resources, including information about available support services, helpline numbers, counseling centers, and other relevant resources. This can help individuals connect with the right services and professionals.

- 211 Nova Scotia (United Way Halifax)
- The Nova Scotia Health Authority's Mental Health and Addictions Program (Nova Scotia Health Authority)
- Nova Scotia Community College (NSCC) Mental Health Resources (Nova Scotia Community College)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- IWK Health Centre (5850/5980 University Ave, Halifax, NS B3K 6R8, Canada)

2.5.2.4 Advocate for better accessibility

Community members can actively engage in advocating for improved accessibility of support services. This could involve collaborating with local government or non-profit organizations to ensure that support services are available and accessible to everyone, including individuals with disabilities or financial constraints.

- Accessibility Directorate (Government of Nova Scotia)
- reachAbility Association (reachAbility)
- Independent Living Nova Scotia (Suite 218 2760 Gladstone Street Halifax, NS B3K 4W1)
- Nova Scotia League for Equal Opportunities (Halifax, NS (No specific address provided))
- Easter Seals Nova Scotia (3670 Kempt Road, Halifax, Nova Scotia, B3K 4X8)

2.5.2.5 Offer individual support

Community members can offer their time, skills, and support on an individual basis. This could be through mentoring programs, buddy systems, or creating informal networks where individuals can reach out to someone trusted for guidance and support.

- Big Brothers Big Sisters of Greater Halifax (Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8)
- ISANS Community Connections (Immigrant Services Association of Nova Scotia (ISANS))

- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- The Caring and Learning Connection (N/A - Address varies. Check website for local contact.)
- Laing House Peer Support (Laing House)

2.5.2.6 Fundraise for support services

The community can organize fundraisers or crowdfunding campaigns to raise funds for support services. This can help ensure the availability and sustainability of these services.

- Feed Nova Scotia Fundraising Campaigns (Feed Nova Scotia)
- IWK Foundation Fundraising (IWK Foundation)
- Mental Health Foundation of Nova Scotia Fundraisers (Mental Health Foundation of Nova Scotia)
- The Nova Scotia Nature Trust Fundraising Events (Nova Scotia Nature Trust)
- Parker Street Food & Furniture Bank Fundraising (Parker Street Food & Furniture Bank)

2.5.2.7 Educate community members

Conducting educational programs or awareness campaigns within the community can help reduce stigma surrounding mental health issues and other challenges. By educating community members about these issues, it creates a more empathetic and inclusive environment that encourages seeking help and supporting one another.

- Mental Health Foundation of Nova Scotia (300 Pleasant St., Dartmouth, NS B2Y 4J6)
- Laing House (1225 Barrington St, Halifax, NS B3J 1Y2)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6)
- Teen Mental Health (5850/5860 University Avenue, PO BOX 15000, Halifax, NS B3H 4R2)
- Nova Scotia Health Mental Health and Addictions (300 Pleasant St., Dartmouth, NS B2Y 4J6)

2.5.2.8 Collaborate with local businesses

Community members can collaborate with local businesses and organizations to ensure they provide inclusive and accessible services. This might include training their staff to be more sensitive and knowledgeable about various challenges, making their physical spaces or websites more accessible, or providing financial support for support services.

- ACCESS-Ability Program (Nova Scotia Communities, Culture and Heritage)
- The Rick Hansen Foundation Accessibility Certification™ (RHFAC) (Rick Hansen Foundation)
- Entrepreneurs with Disabilities Network (EDN) (Entrepreneurs with Disabilities Network)
- Nova Scotia League for Equal Opportunities (NSLEO) (Nova Scotia League for Equal Opportunities)

2.5.2.9 Establish helpline or peer-support services

Community members can work together to set up helpline or peer-support services that provide individuals with a reliable and confidential platform to seek help, share experiences, and find support. Training and organizing volunteers for these services will be crucial.

- Mental Health Mobile Crisis Team (Nova Scotia Health Authority)

2.5.2.10 *Support existing support services*

Lastly, community members can actively support existing support services by promoting their services, volunteering their time or skills, or advocating for increased funding to ensure their sustainability. Collaboration and partnerships between the community and these services can enhance their reach and effectiveness.

- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- Nova Scotia Health Authority Mental Health and Addiction Services (Nova Scotia Health Authority)
- Shelter Nova Scotia (5506 Cunard Street, Halifax, NS B3K 1C2)
- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Phoenix Youth Programs (6035 Coburg Road, Halifax, NS B3H 1Y9)

2.6 DIGITAL DIVIDE

2.6.1 Poor or limited internet connectivity in rural areas may hinder individuals from accessing online social platforms and connecting with people virtually.

2.6.1.1 *Establishing community hubs or centers equipped with high-speed internet access in rural areas, where residents can access online platforms and connect with others.*

2.6.1.2 *Encouraging local internet service providers to expand their coverage and improve infrastructure in rural areas.*

- Develop Nova Scotia (Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, B3J 1S9)
- Rural Broadband Initiative (Province of Nova Scotia)
- Community-Based Solutions (Province of Nova Scotia - Local Community Groups)
- Municipality Broadband Expansion Programs (Various Municipalities Across Nova Scotia)

2.6.1.3 *Collaborating with government entities to implement policies and initiatives that prioritize improving internet connectivity in rural regions.*

- Develop Nova Scotia's Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Rural Broadband Expansion (Government of Nova Scotia)

- Connecting Families Initiative – Nova Scotia (Innovation, Science and Economic Development Canada (ISED))

2.6.1.4 *Launching community-driven initiatives to crowdfund and support the installation of broadband internet infrastructure in underserved rural areas.*

- Develop Nova Scotia (Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, B3J 1S9)
- Cumberland County Internet Project (Municipality of the County of Cumberland)
- Rural Broadband Initiative by Victoria County (Municipality of the County of Victoria)
- i-Valley Intelligent Community Association (No physical address available.)

2.6.1.5 *Promoting and supporting digital literacy programs in rural communities to empower individuals with the skills needed to utilize online social platforms effectively.*

- Digital Nova Scotia's TechLounge (Digital Nova Scotia)
- Computers for Schools (Computers for Schools Nova Scotia)
- Community Access Program (CAP) (Nova Scotia Community Access Program)
- 4-H Nova Scotia's Communications & Digital Media Projects (4-H Nova Scotia)
- Nova Scotia Public Libraries' Programs (Nova Scotia Public Libraries)

2.6.1.6 *Developing and promoting offline alternatives to online platforms, such as community gatherings or events, that facilitate social interactions and connections.*

- The Community HUB (The HUB South Shore)
- Good Neighbour Energy Fund (The Salvation Army in partnership with Nova Scotia Power)
- Nocturne: Art at Night (Nocturne Halifax)
- Neighbourhood Placemaking (Placemaking 4G)
- Community Meals (Feed Nova Scotia)
- Cultural Socials and Gatherings (Immigrant Services Association of Nova Scotia (ISANS))

2.6.1.7 *Establishing partnerships with educational institutions or organizations to provide free or subsidized internet access and devices to individuals in rural areas.*

- Internet for Nova Scotia Initiative (Historic Properties, 1869 Upper Water Street, Suite 301, PO Box 287, Halifax, NS, B3J 3P6)
- Connecting Families Initiative (N/A)
- Computer for Schools Plus (1803 Barrington Street, Suite 1402, Halifax, Nova Scotia, B3J 3K8)

- Nova Scotia Boost Program (P.O. Box 578, Halifax, Nova Scotia, B3J 2S9)
- Rural Broadband Expansion (N/A)

2.6.1.8 *Encouraging businesses and organizations to provide free Wi-Fi services in public spaces, such as libraries, community centers, or parks, to enable access to online platforms.*

- Public Wi-Fi Initiative (Government of Nova Scotia)
- Halifax Public Libraries Free Wi-Fi (Halifax Public Libraries)
- Community Hubs Free Wi-Fi (Various community organizations)
- Open Hearth Park Free Wi-Fi (Cape Breton Regional Municipality)

2.6.1.9 *Facilitating peer-to-peer training and mentoring programs within rural communities, where tech-savvy individuals can help others navigate online social platforms and make virtual connections.*

- Digital Skills for Success (Nova Scotia Community Access Program)

2.6.1.10 *Supporting the development and expansion of mobile internet networks in rural areas to ensure individuals have access to online platforms via their smartphones or other mobile devices.*

- Rural High-Speed Internet Access Program (Government of Nova Scotia)
- Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Cellular Expansion Project (Government of Nova Scotia)
- Connecting Canadians (Innovation, Science and Economic Development Canada)
- Community Broadband Fund (Community Foundation of Nova Scotia)

2.6.2 *Limited access to technology and digital literacy may contribute to the sense of exclusion from the larger social network.*

2.6.2.1 *Establish community technology centers*

Set up centers equipped with computers and internet access where community members can come and learn basic digital skills. Trained volunteers and instructors can provide guidance and support.

- Digital NS Community Technology Program (Digital Nova Scotia)
- Technology Access Centres (Nova Scotia Community College)
- Halifax Public Libraries Computer and Technology Access (Halifax Public Libraries)
- ACALA Digital Literacy Program (Antigonish County Adult Learning Association)
- C@P (Community Access Program) (Nova Scotia's Community Access Program)

2.6.2.2 Organize technology workshops

Arrange workshops or training sessions to teach community members various digital literacy skills. These workshops can cover topics such as online navigation, basic computer operations, using social media platforms, and online safety.

- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Digital Nova Scotia - DIGITAL LITERACY (Digital Nova Scotia)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- SeniorSurf (Government of Nova Scotia - Public Libraries)
- Computers for Schools (Computers for Schools Nova Scotia)

2.6.2.3 Provide access to technology

Collaborate with local libraries, schools, or community centers to ensure that technology devices like laptops or tablets are available for community members to borrow or use on-site. This can help individuals who lack personal access to technology.

2.6.2.4 Develop digital literacy programs

Design comprehensive programs that cater to different age groups and skill levels within the community. These programs should focus on enhancing digital literacy skills, such as using email, creating resumes, online job searching, and basic online communication.

- Digital Skills for Success (Nova Scotia Community College)
- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Tech Mania Workshops (Discovery Centre)
- Digital Literacy Exchange Program (Government of Canada)

2.6.2.5 Foster intergenerational learning

Encourage older adults with limited technology skills to learn from younger individuals who are more tech-savvy. This can be done by organizing intergenerational learning events or programs where younger community members provide guidance and assistance to older adults.

- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- ElderDog Canada (P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1)
- Community Links (25-260 Wyse Road, Dartmouth, NS B3A 1M5)
- Senior Tech Services (N/A – Services are provided in clients' homes or meeting places)
- Halifax Public Libraries Tech Buddies Program (Halifax Public Libraries)

2.6.2.6 Offer online tutorials and resources

Create a platform or website that offers free online tutorials, resources, and guides for learning digital skills. This can be accessible to the entire community and serve as a self-paced learning tool for individuals with limited access to in-person trainings.

- Nova Scotia's Online Learning Platforms (Nova Scotia's Labour and Advanced Education)
- Digital NS (Digital Nova Scotia)
- Nova Scotia Community Access Program (C@P) (Nova Scotia Department of Communities, Culture and Heritage)

2.6.2.7 Establish a digital mentorship program

Create a program where community members who are proficient in technology can volunteer as digital mentors. These mentors can provide one-on-one support and guidance to those who need assistance in learning or using digital tools.

- Digital Skills for Women (YWCA Halifax)
- Tech Mentoring Program for Youth (Digital Nova Scotia)
- Seniors Tech Services Program (Senior Safety Association of Nova Scotia)

2.6.2.8 Advocate for affordable internet access

Engage with local internet service providers, governmental agencies, and community organizations to advocate for affordable and accessible internet options for all community members. This can help eliminate barriers to technology utilization.

- Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Connecting Families (Service Canada)
- Community Access Program (C@P) (Nova Scotia Community Access Program)
- Digital Nova Scotia's DIGITAL Assist (Digital Nova Scotia)

2.6.2.9 Promote technology-related community events

Organize events such as technology fairs, hackathons, or coding workshops that are open to all community members. These events can help generate interest, curiosity, and further learning opportunities around technology.

- Digital Discovery Camp (Discovery Centre)
- Halifax Maker Faire (Maker Faire Halifax)
- Ladies Learning Code (Canada Learning Code)
- Hackathons (Various)
- Robotics Competitions (Various educational institutions)
- Tech and Innovation Fairs (Nova Scotia Business Inc. (NSBI))

2.6.2.10 Encourage partnerships and collaborations

Seek partnerships with local businesses, educational institutions, and non-profit organizations to expand access to technology and digital literacy resources. By working together, the community can leverage shared resources and enhance the impact of their initiatives.

- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Computers for Schools Nova Scotia (2021 Brunswick St, Halifax, NS B3K 2Y5)
- Nova Scotia Community Access Program (C@P) (Nova Scotia Community Access Program)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- The Discovery Centre's Women in STEAM Program (The Discovery Centre)

2.7 LIMITED DIVERSITY

2.7.1 Smaller populations in rural areas often result in limited diversity, with fewer opportunities to engage with people from different backgrounds and cultures.

2.7.1.1 Organize community-wide cultural events or festivals that celebrate diversity and encourage interactions between different cultural groups. This could include food fairs, music and dance performances, and art exhibitions.

- Halifax Jazz Festival (JazzEast Rising Association)
- Multicultural Festival (Multicultural Association of Nova Scotia)
- Royal Nova Scotia International Tattoo (1586 Queen St, Halifax, NS B3J 2J1, Canada)
- Nocturne (Nocturne Halifax Art at Night)
- FIN: Atlantic International Film Festival (Atlantic Film Festival Association)

2.7.1.2 Create community centers or hubs that serve as gathering places for people of diverse backgrounds. These centers could offer programs and activities that promote cultural exchange, such as language classes, cooking workshops, or storytelling sessions.

- Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program (Immigrant Services Association of Nova Scotia)
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Pier 21 Canadian Museum of Immigration (Canadian Museum of Immigration at Pier 21)
- Halifax Public Libraries Multicultural Programs (Halifax Public Libraries)
- Nova Scotia Brotherhood Initiative (Health Association of African Canadians)

2.7.1.3 Establish mentoring or buddy programs that pair residents from different backgrounds together. This could provide opportunities for individuals to learn from each other, share experiences, and develop meaningful relationships.

- Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program (Immigrant Services Association of Nova Scotia)
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Nova Scotia Mentorship Program (The Halifax Partnership)

2.7.1.4 Encourage schools in rural areas to incorporate multicultural education into their curriculum. Teach students about different cultures, histories, and traditions, and facilitate interactions with students from diverse backgrounds through pen pal programs or school exchanges.

- Nova Scotia Department of Education and Early Childhood Development (Nova Scotia Provincial Government)
- Multicultural Association of Nova Scotia (MANS) (Multicultural Association of Nova Scotia)
- Delmore “Buddy” Daye Learning Institute (5539 Cornwallis Street, Halifax, NS, B3K 1B3, Canada)
- Global Centre for Pluralism's Education Program (Global Centre for Pluralism)
- Immigrant Services Association of Nova Scotia (ISANS) – School Settlement Program (Immigrant Services Association of Nova Scotia)

2.7.1.5 *Support local businesses owned by individuals from diverse backgrounds. Encourage residents to patronize these businesses, which can help create a more inclusive and welcoming atmosphere.*

- African Nova Scotian Affairs Integrative Business Program (African Nova Scotian Affairs)
- ISANS Business Support Services (Immigrant Services Association of Nova Scotia (ISANS))
- CEED Diverse Business Accelerator Program (Centre for Entrepreneurship Education and Development (CEED))
- Black Business Initiative (Black Business Initiative (BBI))
- Ulnooweg Indigenous Communities Foundation (Ulnooweg Development Group Inc.)

2.7.1.6 *Collaborate with neighboring communities to organize joint events or activities that bring people from different areas together. This could include sports tournaments, community service projects, or cultural showcases.*

- The Multifest (Nova Multifest Society)
- Nova Scotia 55+ Games (55+ Games Association)
- Scotia Festival of Music (6181 Lady Hammond Road, Halifax, NS B3K 2R9)
- Annapolis Valley Apple Blossom Festival (Apple Blossom Festival Committee)

2.7.1.7 *Invest in improving transportation infrastructure to connect rural areas with urban centers. This can make it easier for residents to access diverse communities and engage in cultural events or activities outside their immediate surroundings.*

- Rural Transportation Association (RTA) (Rural Transportation Association)
- Nova Scotia Transit Research Incentive Program (Government of Nova Scotia - Department of Energy and Mines)
- Public Transit Assistance Program (Government of Nova Scotia - Department of Communities, Culture and Heritage)
- Rural Broadband Internet Expansion (Develop Nova Scotia)

2.7.1.8 *Encourage the establishment of community gardens or shared spaces where residents can come together to grow food, sharing knowledge and traditions related to agriculture and culinary practices.*

- Hope Blooms Community Garden and Greenhouse (Hope Blooms)
- Common Roots Urban Farm (Partners for Care)
- The Dartmouth North Community Food Centre (Dartmouth Family Centre/Dartmouth North Community Food Centre)
- Halifax Peninsula Community Garden Network (Various local community organizations)
- The Urban Farm Museum Society of Spryfield (Spryfield Urban Farm, 60 Ashdale Ave, Halifax, NS B3N 3C5, Canada)

2.7.1.9 *Promote cultural exchange programs for young people, such as student exchanges or volunteering programs, allowing them to experience different cultures firsthand and develop a more inclusive mindset.*

- International Student Exchange - Nova Scotia Program (ISE Ontario)

2.7.1.10 *Establish community dialogues or discussion groups that facilitate conversations around diversity, tolerance, and inclusivity. These platforms can provide residents with the opportunity to express their perspectives, address stereotypes, and learn from each other's experiences.*

- Community Conversations on Race and Faith (The Nova Scotia Human Rights Commission)
- Diverse Voices for Change Initiative (Federation of Canadian Municipalities)
- Community Dialogues Program (Immigrant Services Association of Nova Scotia (ISANS))
- Dialogues for Diversity (YMCA of Greater Halifax/Dartmouth)
- Voices: Art for Social Change (Nocturne: Art at Night)

2.7.2 *Homogeneity within the community may restrict social interactions and lead to feelings of isolation.*

2.7.2.1 *Promote inclusivity and diversity*

Encourage individuals from different backgrounds, cultures, and perspectives to actively participate in community activities. This can be achieved through outreach programs, community events, and campaigns that celebrate diversity and foster intercultural understanding.

2.7.2.2 *Establish community centers*

Create spaces where community members can gather, connect, and engage in various activities. These centers can serve as hubs for social interactions and provide an inclusive environment for people to meet, share experiences, and build relationships.

- The North Grove (Dartmouth North Community Food Centre)

- Halifax Central Library (Halifax Public Libraries)
- Veith House (3115 Veith St, Halifax, NS B3K 3G9, Canada)
- Spencer House Senior Centre (5596 Morris St, Halifax, NS B3J 1C2, Canada)
- Mi'kmaw Native Friendship Centre (2158 Gottingen St, Halifax, NS B3K 3B4, Canada)

2.7.2.3 Encourage volunteering and community involvement

Organize volunteer programs that allow community members to contribute their time and skills towards common goals. This not only gives individuals a sense of purpose and fulfillment but also provides opportunities for social interactions and networking.

- Volunteer NS (Volunteer Nova Scotia)
- Halifax Helps (United Way Halifax)
- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- Immigrant Services Association of Nova Scotia (ISANS) Volunteer Program (Immigrant Services Association of Nova Scotia (ISANS))
- Nova Scotia Health Authority Volunteer Services (Nova Scotia Health Authority)

2.7.2.4 Host regular community events

Plan and organize events that bring community members together on a regular basis. This can include festivals, sporting events, art exhibitions, or even potluck dinners. Such events enable people to come out of their comfort zones, socialize, and form new connections.

- Halifax Busker Festival (Halifax Waterfront)
- Royal Nova Scotia International Tattoo (Royal Nova Scotia International Tattoo Society)
- Nocturne: Art at Night (Nocturne Halifax)
- The Halifax Jazz Festival (JazzEast)
- FIN Atlantic International Film Festival (Atlantic International Film Festival)
- Scanway Catering & Pastry - Events and Catering (Scanway Catering)

2.7.2.5 Foster collaboration between different community groups

Encourage collaboration and cooperation between different groups within the community, such as schools, religious organizations, clubs, and social groups. This can be done through joint projects, shared resources, and creating platforms for dialogue and cooperation.

- Community Health Boards (Nova Scotia Health)
- One Nova Scotia Coalition (One Nova Scotia)
- Between the Bridges (Dartmouth, Nova Scotia, Canada)
- Volunteer NS (Launched by the Government of Nova Scotia)
- Nova Scotia Community College (NSCC) Community Innovations (Nova Scotia Community College)
- The Collaboration for Atlantic Social Economy (None)

2.7.2.6 Establish mentorship programs

Set up mentorship programs where experienced community members can provide guidance and support to individuals who may feel isolated or disconnected. Mentors can offer advice, share experiences, and help newcomers integrate into the community.

- ISANS Community Connections Mentorship Program (Immigrant Services Association of Nova Scotia (ISANS))
- Halifax Partnership Connector Program (Halifax Partnership)
- NextGen Leadership Society's Mentorship Program (NextGen Leadership Society)
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Cape Breton University's Mentorship Programs (Cape Breton University)

2.7.2.7 Support local businesses and initiatives

Promote local entrepreneurship and initiatives that bring people together. This can include supporting local markets, businesses, cafes, or communal spaces where people can gather, work, and socialize.

- I Love Local Halifax (I Love Local HFX)

2.7.2.8 Enhance communication and information sharing

Develop effective communication channels within the community, such as newsletters, community websites, or social media platforms, to disseminate information about events, opportunities, and initiatives. This helps people stay connected, informed, and engaged.

- The Coast (2309 Maynard Street, Halifax, NS B3K 3T8)
- HalifaxToday (Village Media)
- East Coast Connected
- Halifax Public Libraries (5440 Spring Garden Rd, Halifax, NS B3J 1E9)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Cape Breton Partnership (285 Alexandra Street, Sydney, NS, B1S 2E8)
- The Chronicle Herald (2717 Joseph Howe Dr, Halifax, NS B3L 4G4)
- Develop Nova Scotia (Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, B3J 1S9)

2.7.2.9 Provide resources for newcomers

Develop orientation programs and resources to help newcomers acclimate to the community. These can include information about local services, cultural practices, community organizations, and opportunities for involvement. Supporting newcomers in their integration process can prevent feelings of isolation and encourage social interactions.

- ISANS - Immigrant Services Association of Nova Scotia (6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada)
- YMCA Newcomer Information Centre (104-7071 Bayers Rd, Halifax, NS B3L 2C2, Canada)
- Halifax Public Libraries - Newcomer Services (Various locations across Halifax Region)
- Nova Scotia Start (Suite 301, 1230 Barrington Street, Halifax, NS B3J 3K4)
- Atlantic Internship Program with Pier 21 (1055 Marginal Road, Halifax, NS B3H 4P7, Canada)

2.7.2.10 Foster a sense of belonging

Create initiatives aimed at fostering a sense of belonging and community pride. This can involve organizing community clean-up days, beautification projects, or community-wide initiatives that

give people a shared identity and purpose. A strong sense of community can help overcome social isolation.

- Neighbourhood Placemaking Program (Halifax Regional Municipality)
 - Community Clean Up (Clean Foundation)
 - The Good Neighbourhood Collective
 - Welcome Home (Immigration Services Association of Nova Scotia (ISANS))
 - Proud to Be: Community Explorations (Nova Scotia Communities, Culture and Heritage)
-

2.8 DEPENDENCE ON TRADITIONAL SOCIAL STRUCTURES

2.8.1 Rural communities may rely heavily on traditional social structures like churches, which may not cater to everyone's interests or beliefs.

2.8.1.1 Promote interfaith dialogue

Encourage cooperation and understanding between different religious groups by organizing events that aim to foster dialogue and mutual respect. This can help address the issue of exclusion and ensure that the interests and beliefs of everyone in the community are acknowledged.

- Interfaith Harmony Halifax (Address information not publicly available.)
- The Atlantic School of Theology (660 Francklyn Street, Halifax, Nova Scotia, B3H 3B5, Canada)
- The Canadian Center for Ethics in Public Affairs (CCEPA) (Canadian Center for Ethics in Public Affairs)
- URI (United Religions Initiative) Cooperation Circles (United Religions Initiative)

2.8.1.2 Support the establishment of community centers

Create community centers that do not have any religious affiliation but serve as inclusive spaces for social activities, arts, and education. These centers can provide meeting spaces, organize workshops, and host events that cater to a wide range of interests and beliefs.

- Halifax Central Library (Halifax Public Libraries)
- The Khyber Centre for the Arts (1880 Hollis St, Halifax, NS B3J 1W6, Canada)
- Mi'kmaw Native Friendship Centre (Mi'kmaw Native Friendship Society)
- Dartmouth North Community Center (Halifax Regional Municipality)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)

2.8.1.3 Encourage volunteerism and community involvement

Promote and support initiatives that encourage community members to come together and address common problems. This can involve organizing community service projects, creating volunteer opportunities, or supporting local clubs and organizations that promote inclusivity and diversity.

- Volunteer NS (The Government of Nova Scotia)

- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- United Way Halifax (Bayers Road Centre, 7071 Bayers Road, Suite 100, Halifax, Nova Scotia, B3L 2C2)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- The Parker Street Food and Furniture Bank (2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2)
- Clean Foundation (126 Portland Street, Dartmouth, NS B2Y 1H8, Canada)

2.8.1.4 Develop local interest groups

Encourage the formation of interest groups based on specific hobbies, passions, or social causes. These groups can be focused on activities such as gardening, environmental conservation, art, music, sports, or any other interest that brings people together. By establishing diverse interest groups, individuals can find like-minded community members with shared interests.

- Halifax Garden Club (P.O. Box 36092, Halifax, NS B3J 3S9)
- Fusion Halifax (Not specified)
- Ecology Action Centre (2705 Fern Ln, Halifax, NS B3K 4L3)
- Visual Arts Nova Scotia (1113 Marginal Rd, Halifax, NS B3H 4P7)
- Sport Nova Scotia (5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6)
- The Nova Scotia Sea School (Nova Scotia Sea School)
- Nocturne: Art at Night (Nocturne Halifax)

2.8.1.5 Facilitate access to education and resources

Ensure that rural communities have access to a wide range of educational resources that promote critical thinking and exposure to diverse ideas. This can be done through partnerships with local schools or libraries, organizing guest speakers, or providing access to online courses.

- Community Access Program (CAP) (Government of Nova Scotia)
- Nova Scotia Community College (NSCC) Learning Programs (Nova Scotia Community College)
- Libraries Nova Scotia Cooperative Learning Program (Libraries Nova Scotia)
- Virtual Learning Strategy (Nova Scotia Department of Education and Early Childhood Development)
- Nova Scotia's School Plus Program (Nova Scotia Department of Education and Early Childhood Development)
- Rural Innovation Districts
- Farmer's Helpers Initiatives (Farmer's Helpers)

2.8.1.6 Encourage community-led events and celebration

Foster a sense of community pride and belonging by organizing inclusive events and celebrations that cater to a wide range of interests. This can include cultural festivals, community fairs, music concerts, and sports tournaments, where everyone is encouraged to participate and contribute.

2.8.1.7 *Support local entrepreneurship*

Encourage the development of local businesses and start-ups that provide diverse services and products. This can help create more inclusive spaces for the community and cater to a wide range of interests and beliefs.

- Volta (Volta Labs)
- Centre for Entrepreneurship Education and Development (7071 Bayers Rd #225, Halifax, NS B3L 2C2, Canada)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- IGNITE (IGNITE Atlantic)
- ISANS Business Development Services (Immigrant Services Association of Nova Scotia (ISANS))
- Entrepreneurs' Forum ()

2.8.1.8 *Establish community governance processes*

Ensure that community decisions and planning processes are inclusive and representative of the entire population. Establishing community councils, committees, or forums can provide a platform for open discussions, giving everyone the opportunity to voice their concerns, interests, and beliefs.

- Community Health Boards (Nova Scotia Health Authority)
- Regional Enterprise Networks (Various locations across Nova Scotia)
- Municipal Public Participation Framework (Various Municipal Governments)

2.8.1.9 *Promote digital connectivity*

Strive to improve access to the internet and digital platforms in rural communities. This can bridge gaps in access to information, facilitate communication, and provide opportunities for online communities to form and meet the needs of a diverse population.

- Develop Nova Scotia's Internet for Nova Scotia Initiative (Develop Nova Scotia)
- C@P (Community Access Program) (Nova Scotia Community Access Program)
- Digital Nova Scotia's TechLounge (Digital Nova Scotia)
- Internet Access Program (IAP) (Government of Nova Scotia)

2.8.1.10 *Advocate for diversity and inclusivity*

Spread awareness about the importance of diversity and inclusivity within the community. This can be done through workshops, awareness campaigns, or public discussions that focus on promoting tolerance, acceptance, and understanding.

- The Nova Scotia Brotherhood Initiative (The Nova Scotia Health Authority)
- Pride Health (The Nova Scotia Health Authority)
- Immigrant Migrant Women's Association of Halifax (IMWAH) (IMWAH)
- Multicultural Association of Nova Scotia (MANS) (MANS)
- peace by PEACE (Saint Mary's University, 923 Robie Street, Halifax, Nova Scotia B3H 3C3)
- ENRICH Project (Dalhousie University, 6299 South Street, PO BOX 15000, Halifax, Nova Scotia, B3H 4R2)

2.8.2 Individuals who don't align with these traditional structures may struggle to find alternative social networks.

2.8.2.1 Create inclusive community spaces

Establish community centers or organizations that are inclusive and welcoming to individuals who do not align with traditional structures. These spaces can provide a platform for people to connect, collaborate, and build alternative social networks.

- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Parker Street Food & Furniture Bank (2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada)
- The Company House (Please note that physical location may vary as venues are subject to change.)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- Common Roots Urban Farm (Please refer to their website for most updated address and location information.)

2.8.2.2 Organize networking events

Host regular networking events that encourage individuals outside of traditional structures to connect and form relationships. This could include meetups, workshops, or conferences that focus on diverse interests, hobbies, or identities.

- Halifax Tech Meetups (HalTech)
- Creative Mornings Halifax (Creative Mornings)
- Entrepreneurship Events (Centre for Entrepreneurship Education & Development (CEED))
- Connect Women Business Networking (Women's Business Network Halifax)
- Volta Events (Volta)
- Nova Scotia Queer & Trans Research Lab Meetups (NSQTRL)

2.8.2.3 Online platforms and forums

Develop online platforms or forums that cater to people who don't align with traditional structures. These platforms could provide spaces for discussions, support, and networking, allowing individuals to connect with like-minded people from anywhere in the world.

- Halifax Pride Community Discussions (Halifax Pride)
- One Nova Scotia Collective (One Nova Scotia)
- Nova Scotia Rainbow Action Project (Nova Scotia Rainbow Action Project (NSRAP))
- The Youth Project Online Forums (The Youth Project)
- Immigrant Services Association of Nova Scotia (ISANS) Online Community (Immigrant Services Association of Nova Scotia (ISANS))
- Nova Scotia Health Authority Online Patient Communities (Nova Scotia Health Authority)

2.8.2.4 Mentoring programs

Create mentorship programs that pair individuals who don't align with traditional structures with mentors who can guide and support them. This can provide a valuable support system and help individuals find alternative social networks through the guidance of experienced individuals.

- Immigrant Mentorship Program (Halifax Partnership)
- Youth Live Mentorship Program (Municipality of Halifax)
- The Mentoring Partnership (Immigrant Services Association of Nova Scotia (ISANS))
- Entrepreneurship Mentorship Program (Centre for Women in Business)
- Black Business Initiative Business Mentorship Program (Black Business Initiative)

2.8.2.5 Support groups and communities

Establish support groups and communities for individuals who feel marginalized by traditional structures. These groups can offer emotional support, resources, and a sense of belonging to those who are struggling to find alternate social networks.

- 902 ManUp (Not specified)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Autism Nova Scotia (5945 Spring Garden Rd, Halifax, NS B3H 1Y4)
- Stepping Stone (Not specified, Halifax, NS)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)

2.8.2.6 Educational initiatives

Develop educational programs that promote awareness and understanding of different lifestyles, identities, and aspirations. By fostering a more accepting and inclusive society, it becomes easier for individuals to find or create alternative social networks.

- Youth Project (The Youth Project)
- Welcoming Schools (Nova Scotia Department of Education and Early Childhood Development)
- Proud Possibilities (Elderberries Choir)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- The Get REAL Movement (The Get REAL Movement Inc.)

2.8.2.7 Collaborative projects and initiatives

Encourage collaboration among diverse individuals and communities by initiating joint projects, initiatives, or social impact campaigns. This can create opportunities for people who don't align with traditional structures to connect and forge new social networks around shared goals and values.

- Neighbourhood Good Food Markets (FoodARC – Food Action Research Centre)
- Community Transit Nova Scotia

- The 4Cs Foundation (Halifax, Nova Scotia, Canada)
- Nova Scotia Community Networks (Voluntary Sector Professional Capacity Trust)
- Common Roots Urban Farm (Partners for Care)
- Atlantic Filmmakers Cooperative (5663 Cornwallis Street, Suite 101, Halifax, Nova Scotia, B3K 1B6)

2.8.2.8 Mentorship exchange programs

Implement mentorship exchange programs that enable individuals to connect with mentors from various backgrounds and perspectives. This would provide a broader range of guidance and support, allowing individuals to more easily find alternative social networks.

- Fusion Halifax (Not specified)
- The Connector Program (Halifax Partnership)
- Mentorship Program for Immigrant Employment (Immigrant Services Association of Nova Scotia (ISANS))
- Women in Communications and Technology, Atlantic Chapter (Women in Communications and Technology)

2.8.2.9 Community outreach and engagement

Actively reach out to diverse communities and individuals who may be struggling to find alternative social networks. By engaging with them, listening to their needs, and providing appropriate resources, the community can help foster connections and bridge gaps.

- Welcoming Communities Initiative (Nova Scotia Office of Immigration)
- ONE North End Community Engagement Project (ONE North End)
- Between the Bridges (Dartmouth, Nova Scotia, Canada)
- Pictou County Roots for Youth Society (Pictou County Roots for Youth)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)

2.8.2.10 Peer support networks

Establish peer support networks where individuals who don't align with traditional structures can connect with others facing similar challenges. These networks can offer mutual support, share experiences, and provide a sense of community for those who may feel isolated or excluded.

- Self Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6)
- Eating Disorders Nova Scotia (150 Bedford Highway, Halifax, NS B3M 3J5)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Autism Nova Scotia (5945 Spring Garden Rd, Halifax, NS B3H 1Y4)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)

2.9 LACK OF FUNDING AND RESOURCES

2.9.1 Limited government funding and resources for rural areas can hinder the development and maintenance of social infrastructure, exacerbating feelings of loneliness and isolation.

2.9.1.1 Community-driven funding initiatives

The community can set up fundraising events or campaigns to raise funds specifically for social infrastructure developments in rural areas. This can involve local businesses, organizations, and individuals contributing to the cause.

- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- Adopt A Stream (Nova Scotia Salmon Association)
- Habitat for Humanity Nova Scotia (81 Wright Ave, Dartmouth, NS B3B 1H4, Canada)
- Nova Scotia Community College (NSCC) Foundation (Nova Scotia Community College)
- Make A Change Canada (204-1405 St. Paul Street, Kelowna, British Columbia, V1Y 2E4 (Serves Nova Scotia online))

2.9.1.2 Volunteer programs

Encourage community members to volunteer their time and skills to help develop and maintain social infrastructure in rural areas. This can include renovation or construction projects, organizing social events, or providing support services to combat loneliness and isolation.

- Habitat for Humanity Nova Scotia (81 Wright Ave, Dartmouth, NS B3B 1H4, Canada)
- Volunteer NS (Government of Nova Scotia)
- VON (Victorian Order of Nurses) (VON Canada)
- The Cobequid Housing Authority Community Garden (Cobequid Housing Authority)
- Meals on Wheels (Multiple organizations across Nova Scotia)

2.9.1.3 Collaboration with NGOs and non-profit organizations

The community can reach out to NGOs and non-profit organizations working in the social infrastructure sector, seeking partnerships or assistance. These organizations can provide resources, expertise, and access to additional funding opportunities.

- Housing Nova Scotia - Affordable Housing Partnerships (Housing Nova Scotia)
- Feed Nova Scotia - Hunger Relief (Feed Nova Scotia)
- Nova Scotia Community Sector Council (Community Sector Council of Nova Scotia)
- Phoenix Youth Programs (6035 Coburg Road, Halifax, NS B3H 1Y9)

2.9.1.4 Advocacy and lobbying

Community members can join forces and advocate for increased government funding and resources for rural areas. This can include contacting local representatives, organizing community meetings, or raising awareness through media channels. By highlighting the challenges and negative impact of limited funding, communities can help draw attention to the issue and push for appropriate solutions.

- Rural Communities Foundation of Nova Scotia (RCFofNS) (Rural Communities Foundation of Nova Scotia)

- Federation of Nova Scotia Municipalities (FNSM) (Federation of Nova Scotia Municipalities)
- Nova Scotia Federation of Agriculture (NSFA) (Nova Scotia Federation of Agriculture)
- The Alliance of Nova Scotia Health Advocates

2.9.1.5 Knowledge sharing and peer support

Establish platforms or programs that encourage knowledge sharing and peer support within the community. This can include setting up community forums, support groups, or mentorship programs, where individuals can connect, share experiences, and support each other in combating loneliness and isolation.

- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Senior LINCS
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Nova Scotia Community Links
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)

2.9.1.6 Youth involvement and engagement

Engage the younger generation in initiatives focused on developing and maintaining social infrastructure. Encouraging youth participation through programs like community service, internships, or mentorship opportunities can help instill a sense of ownership and responsibility for their community's well-being.

- Youth Project (The Youth Project)
- HeartWood Centre for Community Youth Development (HeartWood Centre)
- Nova Scotia Secondary School Students' Association (NSSSA) (NSSSA)
- Canada Games Centre Youth Programs (Canada Games Centre)
- Clean Foundation - Youth Corps (Clean Foundation)

2.9.1.7 Sustainable community projects

Explore sustainable projects, such as community gardens, co-working spaces, or recreational areas that can serve dual purposes of social interaction and infrastructure development. These projects can be planned and managed by the community, utilizing available resources and reducing dependency on external funding.

- Common Roots Urban Farm (Partners for Care)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)
- Our Common Roots – Dartmouth Community Garden (Dartmouth Community Garden Society)
- Hope Blooms Community Garden and Greenhouse (Hope Blooms)
- The Deanery Project (751 West Ship Harbour Road, Lower Ship Harbour, Nova Scotia, B0J 1Y0)

2.9.1.8 Collaboration with universities and educational institutions

Partner with universities and educational institutions to conduct research, compile data, and analyze the impact of limited funding on social infrastructure in rural areas. This can help generate evidence-based arguments and recommendations for policy change, in addition to fostering collaboration between academia and the community.

- Community-University Research for Recovery Alliance (CURRA) (Memorial University of Newfoundland)
- Rural Policy Learning Commons (RPLC) (Brandon University)
- Maple League of Universities (50 Moore Street, Mahone Bay, Nova Scotia B0J 2E0, Canada)
- The Rural Research Collaborative (St. Francis Xavier University)
- The Institute for Social and Economic Research (ISER) (Memorial University of Newfoundland)

2.9.1.9 Public-private partnerships

Seek out opportunities for public-private partnerships whereby local businesses can contribute financially or provide resources for social infrastructure development in rural areas. Businesses may have a vested interest in improving the community, and collaboration can result in mutually beneficial outcomes.

- Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Nova Scotia Affordable Housing Commission Partnership (Nova Scotia Affordable Housing Commission)
- Nova Scotia Moves (Nova Scotia Department of Energy and Mines)
- SchoolsPlus (Nova Scotia Department of Education and Early Childhood Development)
- Cape Breton Regional Municipality Downtown Revitalization (Cape Breton Regional Municipality)

2.9.1.10 Empowerment and capacity building

Organize workshops, training programs, or seminars to equip community members with the necessary skills and knowledge to address social infrastructure challenges independently. This can include topics like grant writing, project management, community organizing, or advocacy.

- Leadership Development Workshops (Volunteer NS)
- Community Development Program (Nova Scotia Co-operative Council)
- Nonprofit Management Training (Community Sector Council of Nova Scotia)
- Advocacy and Public Policy Workshops (Engage Nova Scotia)
- Project Management for Community Organizations (Centre for Entrepreneurship Education and Development)

2.9.2 Insufficient funding for community events and support services restricts opportunities for social interaction.

2.9.2.1 *Create a community fundraising committee - Set up a group dedicated to organizing fundraising events, approaching local businesses for sponsorships, and seeking donations from community members.*

- IWK Foundation (5855 Spring Garden Road, Suite B220, Halifax, Nova Scotia B3H 4S2)
- Parker Street Food & Furniture Bank (2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada)
- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- The Leukemia & Lymphoma Society of Canada - Atlantic Region Office (The Leukemia & Lymphoma Society of Canada)
- QEII Foundation (QEII Health Sciences Centre, 5657 Spring Garden Road, Suite 3005, Halifax, Nova Scotia B3J 3R4)

2.9.2.2 *Seek grants and sponsorships - Encourage community organizations and local businesses to apply for grants and sponsorships specifically aimed at funding community events and support services.*

- Community Grants Program (Halifax Regional Municipality)
- Sponsorship Program (Events East Group)
- Community ACCESS-Ability Program (Government of Nova Scotia)
- Community Facilities Improvement Program (Communities, Culture and Heritage, Government of Nova Scotia)
- Investing in Canada Infrastructure Program (Infrastructure Canada and the Government of Nova Scotia)
- Inspirit Foundation Community Grants (Inspirit Foundation)
- Community Support, Multiculturalism, and Anti-Racism Initiatives Program (Department of Canadian Heritage)

2.9.2.3 *Collaborate with other communities - Reach out to neighboring communities or similar organizations to organize joint events and share resources, thereby reducing overall costs.*

- Municipal Cooperation in Nova Scotia (The Association of Municipal Administrators, Nova Scotia)
- Atlantic Mayors' Congress
- Nova Scotia Federation of Municipalities (202-1888 Brunswick St., Halifax, NS, B3J 3J8)
- Bluenose Coastal Action Foundation (37 Tannery Road, Lunenburg, Nova Scotia, Canada, B0J 2C0)
- Connect2 (Nova Scotia Department of Energy and Mines)

2.9.2.4 *Utilize social media platforms - Create an online presence to raise awareness about the issue and solicit donations from those who may be unable to attend events but still want to contribute.*

- Feed Nova Scotia uses social media platforms like Facebook, Twitter, and Instagram to raise awareness about food insecurity, share stories, and encourage donations. Their online presence is robust, offering avenues for people to contribute financially even if they cannot participate in events. (Feed Nova Scotia)
- The Youth Project supports the well-being of youth around issues of sexual orientation and gender identity. They have a strong social media presence and utilize platforms like Instagram, Facebook, and Twitter to engage the community, share resources and information, and request donations. (The Youth Project)
- Adsum for Women & Children offers services and support for women, families, youth, and trans individuals who are homeless or at risk of homelessness. They employ social media sites such as Twitter, Facebook, and Instagram to disseminate their message, appeal for community support, discuss issues of homelessness and accept donations. (Adsum for Women & Children)
- The Nova Scotia Nature Trust works to protect natural areas in the province. They maintain an active social media presence on platforms including Facebook, Instagram, and Twitter. They share updates about their conservation work, spotlight protected areas, engage with their community, and promote donation campaigns. (Nova Scotia Nature Trust)
- Phoenix Youth Programs provides support and services for at-risk and homeless youth. They leverage social media channels like Facebook, Twitter, and Instagram to communicate about their services, success stories, and organize online fund-raising events and campaigns to solicit for donations. (Phoenix Youth Programs)

2.9.2.5 Set up a recurring donations program - Encourage community members to make regular contributions to a dedicated fund for community events and support services, either through automatic bank transfers or online platforms.

- United Way Halifax - Monthly Giving Program (United Way Halifax)
- Feed Nova Scotia - Monthly Giving (Feed Nova Scotia)
- IWK Foundation - Monthly Giving (IWK Foundation)
- Nova Scotia SPCA - PAW Plan (Nova Scotia SPCA)

2.9.2.6 Engage in strategic partnerships - Collaborate with local businesses, schools, or government agencies to establish partnerships that provide financial support or resources for social events and support services.

- Greater Halifax Partnership (1969 Upper Water Street, Suite 2101, Purdy's Tower II, Halifax, NS B3J 3R7)
- Nova Scotia Community College (NSCC) Partnerships (Nova Scotia Community College)
- Fusion Halifax (Not specified)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- The Halifax Partnership Connector Program (The Halifax Partnership)

2.9.2.7 Encourage volunteering - Develop a system to recruit and manage volunteers who can help in organizing and running community events and support services, thus reducing costs related to hiring staff.

- VolunteerNS (Volunteer Nova Scotia)
- Nova Scotia Health Authority Volunteer Services (Nova Scotia Health Authority)
- Halifax Regional Municipality Volunteer Services (Halifax Regional Municipality)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)

2.9.2.8 Organize community-led events - Encourage community members to take the initiative in organizing their own events, leveraging their skills and resources to minimize financial constraints.

- Neighbourhood Placemaking (Planning and Development - Halifax)
- Good Food Bus Nova Scotia (Mobile Food Market)
- Community Health Boards – Wellness Funds (Nova Scotia Health Authority)
- Community Museums Assistance Program (Communities, Culture and Heritage - Government of Nova Scotia)

2.9.2.9 Develop sponsorship packages - Create attractive sponsorship packages that outline the benefits for businesses, such as increased exposure or promotional opportunities, in exchange for financial support towards community events and support services.

- Nocturne: Art at Night (Halifax, NS, Canada)
- Halifax International Busker Festival (1581 Grafton St, Halifax, NS B3J 2C3, Canada)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Nova Scotia International Air Show (Air Show Atlantic)
- JazzEast Rising (Halifax, Nova Scotia, Canada)

2.9.2.10 Encourage businesses to allocate a portion of revenue - Approach local businesses and request that they donate a small percentage of their profits towards funding community events and support services.

3 Economic challenges

Nova Scotia has faced economic challenges in recent years, including the decline of traditional industries like fishing and mining. High unemployment rates and limited job opportunities can lead to feelings of isolation and disconnection from society.

3.1 DECLINE OF TRADITIONAL INDUSTRIES

3.1.1 Decrease in fish stocks due to overfishing and environmental factors.

3.1.1.1 Implementing effective fisheries management systems

The community can advocate for stricter regulations, such as controlling fishing quotas, enforcing fishing seasons, and implementing size limits, to ensure sustainable fishing practices are followed.

- Integrated Fisheries Management Plans (IFMPs) (Fisheries and Oceans Canada (DFO))
- Offshore Lobster Sustainability Measures (Marine Stewardship Council)
- Eastern Scotian Shelf Integrated Management (ESSIM) Initiative (Fisheries and Oceans Canada (DFO))
- Atlantic Halibut Monitoring Program (Fisheries and Oceans Canada (DFO))
- Nova Scotia Inshore Fishery Strategy (Fisheries and Oceans Canada (DFO))
- Coastal Fisheries Protection Regulations (Fisheries and Oceans Canada (DFO))

3.1.1.2 Promoting sustainable fishing practices

Educating the community about sustainable fishing techniques, such as selective fishing, using biodegradable gear, and avoiding destructive fishing methods like blast fishing or bottom trawling, can help reduce overfishing and protect fish stocks.

- The Fisheries Improvement Projects (FIPs) (Fisheries and Oceans Canada - Maritimes Region)
- The Lobster Fishery Environmental Certification (Marine Stewardship Council)
- Coastal Action's Sustainable Fisheries (Coastal Action)
- Sustainable Seafood Movement (Ocean Wise/SeaChoice)
- Integrated Fisheries Management Plans (IFMPs) (Fisheries and Oceans Canada - Maritimes Region)
- Eco-certification and Aquaculture Sustainability (Aquaculture Association of Nova Scotia)

3.1.1.3 Creating marine protected areas

Working together with local authorities and environmental organizations, the community can advocate for the establishment of marine protected areas (MPAs) where fishing activities are restricted or regulated to allow fish populations to recover.

- Gully Marine Protected Area (Fisheries and Oceans Canada)
- Eastern Scotian Shelf Integrated Management Initiative (Fisheries and Oceans Canada – Maritimes Region)
- St. Ann's Bank Marine Protected Area (Fisheries and Oceans Canada)
- The Nova Scotia Nature Trust (Nova Scotia Nature Trust)
- Oceans Act Marine Protected Areas (Fisheries and Oceans Canada)
- Ecological Research & Conservation Efforts by the Ecology Action Centre (Ecology Action Centre)

3.I.1.4 Supporting and promoting responsible consumer choices

Encouraging the community to choose sustainably sourced seafood by looking for eco-labels certifying sustainable fishing practices, supporting local fishermen who employ responsible methods, and avoiding purchasing endangered species can help reduce the demand for overfished species.

- Off the Hook Community Supported Fishery (Off the Hook CSF)
- Marine Stewardship Council (MSC) Certified Fisheries (Marine Stewardship Council)
- Ocean Wise Seafood Program (Ocean Wise Conservation Association)
- Ecology Action Centre - Sustainable Seafood (Ecology Action Centre)
- Buy Local Campaigns (Various Organizations)

3.I.1.5 Enhancing awareness through education and outreach

Organizing workshops, seminars, and awareness campaigns within the community to educate people about the importance of sustainable fishing practices, the ecological impact of overfishing, and the need for responsible fishing can create a collective understanding and encourage positive change.

- Fisheries and Oceans Canada Outreach Programs (Fisheries and Oceans Canada)
- Ecology Action Center's Marine Programs (Ecology Action Centre)
- Ocean Wise Seafood Program (Ocean Wise Conservation Association)

3.I.1.6 Engaging with local fishers

Collaborating with fishermen and promoting dialogue between stakeholders, such as fishers, environmental organizations, and government agencies, can help foster a cooperative approach and find innovative solutions to the issue of declining fish stocks.

- The Fishermen and Scientists Research Society (FSRS) (Fishermen and Scientists Research Society)
- The Eastern Fishermen's Federation (Eastern Fishermen's Federation)
- Community-Based Environmental Monitoring Network (Saint Mary's University, 923 Robie Street, Halifax, NS B3H 3C3)
- Nova Scotia Federation of Anglers and Hunters (PO Box 697, Halifax NS, B3J 2T8)
- Ecology Action Centre - Marine Issues Committee (Ecology Action Centre)

3.1.1.7 *Encouraging scientific research and monitoring*

Supporting scientific studies to understand the local fish stocks, their population dynamics, and the impact of environmental factors can provide valuable insights for implementing appropriate management strategies and ensuring the sustainability of fish populations.

- Marine Environmental Observation, Prediction and Response Network (MEOPAR) (Marine Environmental Observation, Prediction and Response Network)
- Fisheries and Oceans Canada (DFO) Science (Fisheries and Oceans Canada)
- Ocean Tracking Network (OTN) (Ocean Tracking Network)
- Bedford Institute of Oceanography (BIO) (Bedford Institute of Oceanography)

3.1.1.8 *Adopting alternative livelihoods*

Assisting local fishermen in diversifying their income sources by exploring alternative livelihood options, such as aquaculture, sustainable tourism, or coastal conservation projects, can reduce fishing pressure and alleviate the economic dependency on dwindling fish stocks.

- Coastal Action (Bluenose Coastal Action Foundation)
- Aquaculture Association of Nova Scotia (2960 Oxford Street, Halifax, NS, B3L 2W4, Canada)
- The Perennia Aquaculture Extension Program (Perennia Food and Agriculture Inc.)
- Eastern Shore Islands Area of Interest (AOI) (Fisheries and Oceans Canada – Oceans Management)
- Community-Based Fisheries Management Program (Ecology Action Centre)

3.1.1.9 *Participating in beach and coastal cleanups*

Organizing regular cleanups to remove debris and litter from beaches and coastal areas can prevent pollution and habitat degradation, creating healthier ecosystems that support fish populations.

- Great Nova Scotia Pick-Me-Up (Clean Foundation)
- Clean Coasts: Beach Clean-Up (Ecology Action Centre)
- Marine Debris Cleanups (Bluenose Coastal Action Foundation)
- Surfing Association of Nova Scotia Cleanups (Surfing Association of Nova Scotia)
- Clean Ocean Action Committee (PO Box 151, Lunenburg, NS B0J 2C0, Canada)

3.1.1.10 *Supporting and engaging in conservation initiatives*

Volunteering for or contributing to organizations that focus on marine conservation and fisheries sustainability can help amplify efforts and create a larger impact in protecting fish stocks and the overall marine environment.

- Marine Conservation Volunteer Program (Bluenose Coastal Action Foundation)
- Adopt-A-Stream (Nova Scotia Salmon Association)
- Sustainable Seafood Program (Ecology Action Centre)
- Bay of Fundy Marine Life Census (Nova Scotia Institute of Science)
- Clean Annapolis River Project (Clean Annapolis River Project (CARP))

3.1.2 Decline in demand for traditional fishing products.

3.1.2.1 Diversification of products

The community can contribute by exploring and producing innovative and value-added fishing products that align with consumer preferences and market trends. This could involve researching new seafood products, developing unique packaging, or creating sustainable fishing practices.

- Innovative Seafood Product Development (Perennia Food & Agriculture Inc.)
- Sustainable Seafood Initiative (Fisheries and Oceans Canada – Maritimes Region)
- Ocean Blue Project (Dalhousie University, 6299 South St, Halifax, NS B3H 4R2, Canada)
- Nova Scotia Seafood Branding Initiative (Nova Scotia Department of Fisheries and Aquaculture)

3.1.2.2 Promote local consumption

The community can contribute by raising awareness about the benefits of consuming locally sourced fish and traditional fishing products. Encouraging local restaurants, markets, and businesses to prioritize these products can help create a sustainable market demand.

- Select Nova Scotia (Nova Scotia Department of Agriculture)
- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- The Ecology Action Centre's Ocean Program (Ecology Action Centre)
- Off the Hook Community Supported Fishery (Off the Hook CSF)
- Nova Scotia Seafood Alliance (38 Young Street, Suite 100, Truro, NS B2N 3W4)

3.1.2.3 Education and marketing campaigns

The community can contribute by organizing educational programs and marketing campaigns to educate consumers about the value and benefits of traditional fishing products. This can highlight the rich cultural heritage, sustainable practices, and nutritional advantages of consuming these products.

- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Seafood Trails (Nova Scotia Seafood)
- The Lobster Crawl (South Shore Tourism Cooperative)
- Now We're Cookin' (Nova Scotia Community College (NSCC))
- Off the Hook Community Supported Fishery (Off the Hook Co-op)

3.1.2.4 Collaborate with tourism and hospitality sectors

The community can collaborate with the tourism and hospitality sectors to promote traditional fishing products as a part of the local experience. This can involve offering guided fishing tours, creating fishing festivals or events, and partnering with hotels and restaurants to incorporate these products into their menus.

- Nova Scotia Seafood Trail (Taste of Nova Scotia)
- Lobster Crawl (South Shore Tourism Cooperative)
- The Lobster Trail (Taste of Nova Scotia)

- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Hook & Release Deep Sea Fishing (Ambassatours Gray Line)
- Nova Scotia Sportfishing Events (Nova Scotia Department of Fisheries and Aquaculture)

3.1.2.5 Value chain integration

The community can establish stronger connections between fishermen, processors, wholesalers, retailers, and consumers. By streamlining the supply chain and reducing intermediaries, traditional fishing products can reach consumers more easily, ensuring better prices for fishermen as well.

- Off the Hook Community Supported Fishery (Off the Hook CSF)
- Afashionado Fishmongers (2867 Isleville St, Halifax, NS B3K 3X4)
- Fishermen's Market (Fishermen's Market (1989) Ltd.)
- The Lobster Hub (Not specified)

3.1.2.6 Pursue export opportunities

The community can explore export opportunities for traditional fishing products by complying with international quality standards and certifications. This can open up new markets and increase demand for these products both domestically and internationally.

- Nova Scotia Seafood Alliance Export Expansion (Nova Scotia Seafood Alliance)
- Perennia's Seafood Development Program (Perennia Food and Agriculture Inc.)
- Nova Scotia Department of Fisheries and Aquaculture Export Programs (Nova Scotia Department of Fisheries and Aquaculture)
- Export Development Program for Fish and Seafood (Atlantic Canada Opportunities Agency)

3.1.2.7 Research and development

The community can invest in research and development to identify new uses, applications, or markets for traditional fishing products. By embracing technology and innovation, it is possible to discover untapped potential and create new markets for these products.

- Centre for Ocean Ventures & Entrepreneurship (COVE) (27 Parker Street, Dartmouth, Nova Scotia, Canada)
- Ocean Frontier Institute (OFI) (Ocean Frontier Institute)
- Nova Scotia Department of Fisheries and Aquaculture - Fishery and Aquaculture Research (Nova Scotia Department of Fisheries and Aquaculture)
- Perennia Food and Agriculture Inc. (199 Dr. Bernie MacDonald Drive, Bible Hill, Nova Scotia, Canada, B6L 2H5)
- Verschuren Centre for Sustainability in Energy and the Environment (1250 Grand Lake Road, Sydney, Nova Scotia, Canada, B1P 6L2)
- Dalhousie University's Agriculture Campus (Dalhousie University's Faculty of Agriculture)

3.1.2.8 Support policy advocacy

The community can collaborate with relevant organizations, NGOs, and policymakers to advocate for policies and regulations that support sustainable fishing practices and the promotion

of traditional fishing products. This can include lobbying for funding, subsidies, or incentives that encourage the preservation and revival of traditional fishing communities.

- Promoting Sustainable Fishing Practices Policy Advocacy (Ecology Action Centre)
- Local Sustainable Seafood Advocacy (Ocean Wise Conservation Association)
- Traditional Fisheries Support Program (Nova Scotia Fisheries and Aquaculture Loan Board)
- Advocacy for Fisheries Act Policies (Maritime Fishermen's Union)

3.1.3 Technological advancements leading to decreased need for labor in mining.

3.1.3.1 Diversifying the economy

Encourage the community to explore and invest in new industries and sectors that are less affected by technological advancements, such as renewable energy, manufacturing, or technology development.

3.1.3.2 Retraining and upskilling programs

Develop comprehensive training programs to reskill and upskill the affected workforce, preparing them for new job opportunities in industries that are still thriving or emerging.

- Workplace Education Initiative (Labour and Advanced Education - Government of Nova Scotia)
- Skills for Success (Nova Scotia School of Adult Learning)
- Job Creation Partnerships (Employment Nova Scotia)
- Skills Development (Employment Nova Scotia)
- START Program (Labour and Advanced Education - Government of Nova Scotia)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Nova Scotia Community College (NSCC) Programs (Nova Scotia Community College)

3.1.3.3 Support entrepreneurship

Promote and support the establishment of small businesses and startups within the community, fostering innovation and creating new job opportunities that are not heavily reliant on mining.

- Innovacorp Early Stage Commercialization Fund (Innovacorp)
- CEED - Centre for Entrepreneurship Education and Development (CEED)
- Startup Zone (31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)

3.1.3.4 Focus on sustainable mining practices

Encourage the adoption of sustainable and environmentally friendly practices in mining operations. This could involve utilizing advanced technologies to minimize negative

environmental impacts, such as reducing energy consumption, lowering emissions, or implementing efficient waste management systems.

3.1.3.5 Invest in research and development

Foster a culture of research and development within the community, encouraging collaboration between universities, research institutions, and industry to find new technological solutions that can improve mining efficiency while preserving jobs.

- The Verschuren Centre for Sustainability in Energy & the Environment (Cape Breton University)
- Dalhousie University's Faculty of Engineering (Dalhousie University)
- Mining Innovation, Rehabilitation, and Applied Research Corporation (MIRARCO) (MIRARCO - Mining Innovation)
- Nova Scotia Community College (NSCC) Applied Research (Nova Scotia Community College)
- The Natural Resources and Energy Development of Nova Scotia (The Government of Nova Scotia)

3.1.3.6 Create local value-added industries

Explore opportunities for local processing and manufacturing related to mining resources, such as refining minerals or producing components for the technology industry. This can help create a value chain that supports local employment and retains economic benefits within the community.

- Donkin Mine (Kameron Collieries ULC)
- Touquoy Mine (Atlantic Gold Corporation)
- Moose River Consolidated Project (St Barbara Limited)
- Scotia Lithium Project (Atlantic Lithium)

3.1.3.7 Establish a supportive ecosystem

Develop networks, mentorship programs, and incubators to support entrepreneurs and innovators within the community. This can provide resources, advice, and funding opportunities to help individuals create new businesses or adapt to changing job markets.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Centre for Entrepreneurship Education and Development (CEED) (CEED)
- Creative Destruction Lab (CDL) - Atlantic (Creative Destruction Lab - Atlantic)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Nova Scotia Business Inc. (NSBI) - START Program (Nova Scotia Business Inc.)

3.1.3.8 Promote tourism and cultural heritage

Focus on attracting tourists by highlighting the community's natural beauty, historical sites, or cultural heritage. This can create jobs in the tourism industry, as well as encourage the development of related infrastructure, services, and businesses.

- Cabot Trail (Destination Cape Breton)

- Halifax Citadel National Historic Site (Parks Canada)
- Lunenburg UNESCO World Heritage Site (UNESCO World Heritage Centre)
- Annapolis Royal Historic Gardens (Historic Gardens Foundation)
- Celtic Music Interpretive Centre (5471 Highway 19, Judique, Nova Scotia, B0E 1P0)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Canadian Museum of Immigration at Pier 21 (Pier 21)

3.1.3.9 Social safety nets and support mechanisms

Ensure there are adequate social safety nets and support mechanisms in place to assist individuals and families affected by the decreased need for labor in mining. This could involve providing job placement services, income support, or counseling services to assist with the transition.

- Skills Development Program (Employment Nova Scotia)
- Community Services – Employment Support Services (Nova Scotia Department of Community Services)
- Job Junction (YWCA Halifax)
- Career Transition Services (TEAM Work Cooperative)
- Rapid Response Program (Labour and Advanced Education – Workplace Initiatives)

3.1.3.10 Collaboration with other communities

Collaborate with other communities that have faced similar challenges or successfully adapted to technological advancements in their industries. Sharing experiences, strategies, and lessons learned can help the community find innovative solutions and identify new opportunities for growth.

- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Volta Labs (1505 Barrington St, Halifax, NS B3J 3K5, Canada)
- Centre for Ocean Ventures & Entrepreneurship (COVE) (COVE)
- The Nova Scotia Innovation Hub (Nova Scotia Innovation Hub)
- Creative Destruction Lab Atlantic (Creative Destruction Lab)
- Nova Scotia Community College (NSCC) - Applied Research (Nova Scotia Community College (NSCC))

3.2 GLOBAL COMPETITION

3.2.1 Increasing competition from other regions/countries in the fishing and mining industries.

3.2.1.1 Diversification of Industries

Communities can encourage the establishment of alternative industries to reduce reliance on fishing and mining. This could involve supporting the creation of sustainable tourism, agriculture, or renewable energy sectors that can provide employment and economic growth.

- Efficiency Nova Scotia (Efficiency Nova Scotia Corporation)
- Nova Scotia Farm Loan Board (Nova Scotia Department of Agriculture, 60 Research Drive, Bible Hill, NS B6L 2R2)
- Nova Scotia Tourism (Tourism Nova Scotia)
- The Nova Scotia Community College (NSCC) Applied Energy Research (Nova Scotia Community College)
- Perennia Food and Agriculture Inc. (199 Dr. Bernie MacDonald Drive, Bible Hill, Nova Scotia, Canada, B6L 2H5)
- Community Economic Development Investment Funds (CEDIF) (Economic Development of Nova Scotia)
- The Clean Foundation (Clean Foundation)

3.2.1.2 Education and Training

Communities can invest in education and training programs to develop skills in new industries or enhance existing ones. This will help local workers adapt to changing economic conditions and compete effectively against the increased competition.

- NSCC Skills Development Program (Nova Scotia Community College (NSCC))
- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- ISANS Workforce Integration Programs (Immigrant Services Association of Nova Scotia (ISANS))
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Digital Nova Scotia Training and UpSkilling Programs (Digital Nova Scotia)

3.2.1.3 Innovation and Technology

Encouraging research and development in fishing and mining can lead to the creation of innovative techniques and technologies that improve productivity and efficiency. This will boost competitiveness and reduce the impact of external competition.

- Offshore Energy Research Association (OERA) (OERA)
- Centre for Ocean Ventures & Entrepreneurship (COVE) (COVE)
- Natural Resources Canada – Green Mining Initiative (Natural Resources Canada)
- Canada's Ocean Supercluster (351 Water Street, St. John's, Newfoundland and Labrador, A1C 1B9, Canada)
- Verschuren Centre for Sustainability in Energy and the Environment (Verschuren Centre)

3.2.1.4 Collaboration and Cooperation

Communities can foster collaboration among local fishing and mining businesses to collectively address the challenges posed by external competition. Sharing knowledge, resources, and expertise can help to streamline operations, reduce costs, and improve overall competitiveness.

- Fisheries Safety Association of Nova Scotia (38 Bluewater Rd, Bedford, NS B4B 1G7, Canada)
- Offshore Energy Research Association (OERA) (Offshore Energy Research Association)
- Seafood Alliance

- Mining Association of Nova Scotia (PO Box 34, Milford Station, Nova Scotia B0N 1Y0, Canada)

3.2.1.5 Sustainable Practices

Emphasizing sustainable fishing and mining practices can enhance the region's reputation and differentiate it from competitors. Communities can work together to implement ethical and environmentally friendly approaches that attract conscious consumers and improve market positioning.

- Offshore Energy Research Association (OERA) (Offshore Energy Research Association)
- Ecology Action Centre - Sustainable Fisheries Campaign (Ecology Action Centre)
- Marine Stewardship Council (MSC) - Certified Fisheries (Marine Stewardship Council)
- Clean Foundation - Sustainable Seafood Program (Clean Foundation)
- Atlantic Canada Fish Farmers Association - Aquaculture Initiatives (Atlantic Canada Fish Farmers Association)
- Cape Breton Fish Harvesters Association - Sustainability Projects (Cape Breton Fish Harvesters Association)

3.2.1.6 Marketing and Branding

Communities can develop effective marketing and branding strategies to promote locally sourced fish and minerals. By highlighting the unique qualities and benefits of their products, communities can create a distinctive identity and attract loyal customers.

- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Select Nova Scotia (Government of Nova Scotia)
- Nova Scotia Seafood Brand (Seafood Nova Scotia)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- The Lobster Council of Canada (38 Forest Street Yarmouth, NS B5A 3N1)

3.2.1.7 Government Support

Communities can engage with local government authorities to advocate for policies that protect and support local fishing and mining industries. This could include lobbying for favorable trade policies, tax incentives, or financial assistance programs targeted at improving competitiveness.

- Fisheries and Aquaculture Loan Board (Government of Nova Scotia)
- Nova Scotia Seafood Alliance (38 Young Street, Suite 100, Truro, NS B2N 3W4)
- MineConnect
- Offshore Energy Research Association of Nova Scotia (OERA) (10 Morris Drive, Dartmouth, Nova Scotia, B3B 1K8)
- Atlantic Chamber of Commerce (84 Chain Lake Drive, Suite 103, Halifax, NS B3S 1A2)

3.2.1.8 Infrastructure Development

Improving transport, communication, and logistics infrastructure can significantly reduce the costs and challenges associated with fishing and mining. Communities can collaborate with government and private stakeholders to develop infrastructure that better connects them to markets and facilitates efficient operations.

- The Atlantic Gateway and Trade Corridor Strategy (Transport Canada)
- Halifax Gateway (Halifax Gateway Council)
- Nova Scotia 100-Series Highways (Nova Scotia Department of Transportation and Infrastructure Renewal)
- The Rural Broadband Initiative (Develop Nova Scotia)
- Cape Breton Rail Revitalization (Province of Nova Scotia)

3.2.1.9 International Collaboration

Communities can explore partnerships and collaborations with other regions or countries facing similar challenges in the fishing and mining industries. Sharing experiences, best practices, and resources can create mutually beneficial opportunities and increase overall competitiveness.

- Canada-European Union Comprehensive Economic and Trade Agreement (CETA) (Government of Canada)
- Atlantic Fisheries Fund (Fisheries and Oceans Canada)
- Nova Scotia – EU Exchange Program (Government of Nova Scotia)
- The Verschuren Centre’s International Partnerships (The Verschuren Centre for Sustainability in Energy and the Environment)
- SmartATLANTIC Alliance (SmartATLANTIC)
- Canada Mining Innovation Council’s International Collaborations (Canada Mining Innovation Council)

3.2.1.10 Community Awareness and Support

Raising awareness among community members about the challenges faced by the fishing and mining industries can foster support and involvement. Encouraging local citizens to buy locally produced fish and minerals or engage in sustainable practices can contribute to the overall solution.

- Buy Local Campaign (Taste of Nova Scotia)
- Fisheries and Oceans Canada - Sustainable Fisheries Framework (Fisheries and Oceans Canada)
- Mining Association of Nova Scotia - Education Outreach (Mining Association of Nova Scotia)
- The Ecology Action Centre - Marine Issues Committee (The Ecology Action Centre)

3.2.2 Lower-cost labor in other regions/countries attracting businesses away from Nova Scotia.

3.2.2.1 Promote local businesses

Encourage the community to support and buy from local businesses and services, highlighting the unique benefits of shopping locally. This can help boost the local economy and make it more competitive.

- Buy Local Nova Scotia Campaign (Nova Scotia Business Inc.)

- Select Nova Scotia (Nova Scotia Department of Agriculture)
- I Love Local HFX (N/A (Organized by local business owners))
- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Downtown Halifax Business Commission (1546 Barrington St, Suite 104, Halifax, NS B3J 3X7)

3.2.2.2 *Emphasize quality and unique products/services*

Focus on offering high-quality and unique products or services that cannot be easily replicated in lower-cost regions. Highlighting craftsmanship, customization, and personalized customer experiences can create a competitive advantage.

- Nova Scotia Crystal (Purdy's Wharf, 5080 George St, Halifax, NS B3J 1M4, Canada)
- Amos Pewter (589 Main St, Mahone Bay, NS B0J 2E0, Canada)
- Gaspereau Valley Fibers (830 Gaspereau River Rd, Wolfville, NS B4P 2N5, Canada)
- Ironworks Distillery (2 Kempt St, Lunenburg, NS B0J 2C0, Canada)
- The Quarrelsome Yeti (Not listed)
- Fox Hill Cheese House (1678 Church St, Port Williams, NS B0P 1T0, Canada)

3.2.2.3 *Foster entrepreneurial spirit*

Encourage and support local entrepreneurs to start businesses in Nova Scotia. Providing resources, guidance, and mentorship programs can help them thrive and succeed, attracting new business ventures to the region.

- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Centre for Entrepreneurship Education and Development (CEED) (CEED)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Saint Mary's University Entrepreneurship Centre (Sobey School of Business, Saint Mary's University, 923 Robie Street, Halifax, Nova Scotia, B3H 3C3)
- The Spark Zone (Various locations (partnership between Saint Mary's University, NSCAD University, Mount Saint Vincent University, and Nova Scotia Community College))

3.2.2.4 *Invest in innovation and technology*

Foster research and development in Nova Scotia to drive innovation and the adoption of advanced technologies. This can help businesses increase productivity, reducing the cost gap between regions and making Nova Scotia more competitive.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- COVE (Centre for Ocean Ventures & Entrepreneurship) (Centre for Ocean Ventures & Entrepreneurship (COVE))
- Nova Scotia Innovation Hub (Not Listed)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)

- Perennia Innovation Centre (Perennia)
- Research Nova Scotia (1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4)

3.2.2.5 Collaborate and create partnerships

Encourage businesses in Nova Scotia to collaborate with each other to increase competitiveness and share resources. Creating partnerships could lead to more cost-effective production, joint marketing efforts, and pooling of resources.

- Digital Nova Scotia Partnerships (Digital Nova Scotia)
- Nova Scotia Business Inc. (NSBI) Partnership Programs (Nova Scotia Business Inc.)
- Centre for Ocean Ventures & Entrepreneurship (COVE) (Centre for Ocean Ventures & Entrepreneurship)
- Innovacorp Collaboration Initiatives (Innovacorp)
- Volta Cohort Partnership (Volta)
- Atlantic Canada Aerospace and Defence Association (ACADA) Collaboration (Atlantic Canada Aerospace and Defence Association)
- Creative Destruction Lab Atlantic (Creative Destruction Lab)
- The Atlantic Canada Opportunities Agency (ACOA) Programs (Atlantic Canada Opportunities Agency)

3.2.2.6 Develop a skilled workforce

Invest in education and training programs, including vocational training and apprenticeships, to develop a highly skilled workforce. Make sure there are enough qualified individuals in Nova Scotia to meet the needs of businesses and attract new companies to the region.

- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- Skills Nova Scotia (Skills Canada - Nova Scotia)
- Nova Scotia Community College (NSCC) (Nova Scotia Community College)
- Workforce Development – Labour and Advanced Education (LAE) (Department of Labour and Advanced Education, Government of Nova Scotia)
- Nova Scotia Works (Various locations across Nova Scotia)
- The Graduate to Opportunity (GTO) program (The Government of Nova Scotia)

3.2.2.7 Promote Nova Scotia's advantages

Market the unique advantages of Nova Scotia, such as its high quality of life, scenic beauty, and cultural attractions. Make potential businesses aware of the intangible benefits of operating in the region, which can compensate for higher labor costs.

- Nova Scotia Come to Life (Nova Scotia Business Inc.)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Tourism Nova Scotia (1 Bell Blvd, Enfield, NS B2T 1K2, Canada)
- Creative Nova Scotia (Arts Nova Scotia)
- Halifax Partnership (1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7)
- Nova Scotia's Ocean Advantage (Nova Scotia Department of Labour and Advanced Education)

3.2.2.8 Government support and incentives

Work with the government to provide business incentives, tax breaks, and grants to encourage companies to stay or establish operations in Nova Scotia. These incentives can help offset the cost of labor and make the region more appealing for businesses.

- Nova Scotia Business Inc. (NSBI) Incentives (Nova Scotia Business Inc.)
- Innovacorp Early Stage Commercialization Fund (Innovacorp)
- Atlantic Canada Opportunities Agency (ACOA) Atlantic Growth Strategy (Atlantic Canada Opportunities Agency)
- Digital Adoption Program (Nova Scotia Government)
- Nova Scotia Film and Television Production Incentive Fund (Screen Nova Scotia)
- Small Business Development Program (Nova Scotia Government)

3.2.2.9 Develop niche industries

Identify and develop niche industries or sectors that align with Nova Scotia's strengths and resources. By focusing on specific industries where Nova Scotia has a competitive advantage, businesses can thrive and be less likely to move away.

- Ocean Technology Sector (COVE - Centre for Ocean Ventures & Entrepreneurship)
- Green Economy (Nova Scotia Department of Energy and Mines)
- Wine Industry Expansion (Wine Association of Nova Scotia)
- Digital and Creative Industries (Digital Nova Scotia)
- Seafood Sector Innovation (Nova Scotia Seafood Alliance)

3.2.2.10 Improve infrastructure and connectivity

Enhance transportation and communication infrastructure to facilitate the movement of goods and services. This can lower logistical costs, making Nova Scotia a more attractive option for businesses.

3.2.2.11 Foster a sense of community

Build a strong sense of community within Nova Scotia by organizing events, festivals, and initiatives that bring together businesses and residents. This solidarity and community spirit can contribute to the attractiveness of the region and loyalty to local businesses.

- Nocturne: Art at Night (Nocturne: Art at Night Society)
- Halifax Jazz Festival (JazzEast Rising Association)
- The Royal Nova Scotia International Tattoo (Royal Nova Scotia International Tattoo)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Lunenburg Folk Harbour Festival (Folk Harbour Festival Society)

3.2.2.12 Encourage tourism

Promote Nova Scotia as a tourist destination, attracting visitors and boosting the local economy. Increased tourism can create opportunities for new businesses and employment, offsetting the loss of businesses to lower-cost regions.

- Visit Nova Scotia Campaign (Tourism Nova Scotia)

- Good Cheer Trail (Taste of Nova Scotia)
 - Peggy's Cove Tourism Development Plan (Develop Nova Scotia)
 - Celtic Heart of North America Co-operative (Celtic Heart of North America)
 - Yarmouth & Acadian Shores Tourism Association (228 Main Street, Yarmouth, NS B5A 1C9, Canada)
-

3.3 ECONOMIC DOWNTURN

3.3.1 National or global economic downturn affecting industries across the board.

3.3.1.1 Promoting local businesses

Encourage community members to support local businesses during an economic downturn by choosing to buy from them rather than large corporate chains. This could help stimulate the local economy and provide some stability to struggling industries.

- Buy Local Campaign (The Nova Scotia Business Inc.)
- I Love Local HFX (I Love Local (HFX))
- Select Nova Scotia (Province of Nova Scotia)
- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Nova Scotia Come to life (Province of Nova Scotia)
- The Nova Scotia Makers Market

3.3.1.2 Volunteer and support nonprofit organizations

Many nonprofit organizations work tirelessly to support individuals and industries impacted by economic downturns. Community members can volunteer their time, donate resources, or provide financial assistance to these organizations, which can then be used to directly help those affected.

- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- Parker Street Food & Furniture Bank (2415 Maynard Street, Halifax, NS B3K 3V2)
- Volunteer NS (Not specified)
- United Way Halifax (46 Portland Street, 7th floor, Dartmouth, NS B2Y 1H4)
- Phoenix Youth Programs (6035 Coburg Road, Halifax, NS B3H 1Y9)
- Shelter Nova Scotia (5506 Cunard Street, Halifax, NS B3J 1C2)
- Immigrant Services Association of Nova Scotia (ISANS) (6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1)

3.3.1.3 Invest in education and retraining programs

A global or national economic downturn often leads to job losses and unemployment. Community members can advocate for increased funding for education and retraining programs to support individuals in acquiring new skills and finding alternative employment opportunities.

3.3.1.4 Encourage entrepreneurship and innovation

Economic downturns can also provide opportunities for entrepreneurial ventures and new industries to emerge. Community members can support and mentor aspiring entrepreneurs, provide resources and guidance, and advocate for policies that promote innovation and business creation.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- CEED - Centre for Entrepreneurship Education and Development (Centre for Entrepreneurship Education and Development)
- Nova Scotia Start-Up (Nova Scotia Government)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- The Spark Zone (Collaboration of Saint Mary's University, Mount Saint Vincent University, NSCAD University, and Nova Scotia Community College)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)

3.3.1.5 Support sustainable practices

Community members can contribute to solving the economic downturn by practicing sustainability in their daily lives. Encouraging and supporting local businesses that embrace sustainable practices can help conserve resources, reduce environmental impact, and create new opportunities for growth and development.

- Buy Local Campaign (Select Nova Scotia)
- FarmWorks Investment Co-operative Limited (FarmWorks)
- Efficiency Nova Scotia (Efficiency Nova Scotia Corporation)
- Clean Foundation (126 Portland Street, Dartmouth, NS B2Y 1H8, Canada)
- Community Shared Solar Program (Solar Nova Scotia)

3.3.1.6 Collaborate with local government and policymakers

Community members can actively engage with local government and policymakers to highlight the issues faced by industries and advocate for policies that can alleviate the economic downturn. Building relationships with elected representatives and participating in public forums can help ensure that concerns are heard and addressed.

3.3.1.7 Foster community resilience and support networks

Strengthening community bonds during difficult times is essential. Encouraging community members to come together, offer support, and share resources can help alleviate the impact of an economic downturn on individuals and businesses.

- Community Health Boards (CHBs) Grants (Nova Scotia Health Authority)
- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- United Way Atlantic - Community Fund (United Way Atlantic)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- Neighbourhood Goods Market (2170 Windsor St, Halifax, NS B3K 5B6, Canada)

3.3.1.8 Promote tourism and local attractions

Tourism can be a vital source of revenue for many industries, particularly during an economic downturn. Community members can help promote local attractions, organize events, and encourage visitors to provide an economic boost to struggling industries.

3.3.1.9 Expand and diversify local markets

Community members can explore ways to expand local markets, such as organizing farmers' markets, craft fairs, or other community events that promote locally-produced goods. These initiatives can help keep revenue within the community and bolster local industries.

- Halifax Seaport Farmers' Market (Halifax Port Authority)
- Cape Breton Farmers' Market (Cape Breton Farmers' Market Co-operative Ltd.)
- Truro Farmers' Market (Truro Farmers' Market Co-operative Ltd.)
- Wolfville Farmers' Market (Wolfville Farmers' Market)
- Alderney Landing Farmers' Market (Alderney Landing Association)
- Northumberland Shore Farmers' Market Network (Various Member Markets)

3.3.1.10 Continuous learning and adaptation

Stay informed and adaptable to changing economic circumstances. Encourage community members to stay updated on industry trends and seek new opportunities by adapting to the evolving market conditions, thus increasing the chances of recovery and growth.

- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Nova Scotia Community College (NSCC) (Nova Scotia Community College)
- Labour and Advanced Education Workforce Development (Nova Scotia Department of Labour and Advanced Education)
- Centre for Women in Business (Mount Saint Vincent University, Halifax, NS B3M 2J6)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)

3.3.2 Decreased consumer spending leading to decreased demand for products/services.

3.3.2.1 Promote local businesses

Encourage the community to support local businesses by shopping locally and using their services. This can help stimulate consumer spending and support the local economy.

- Buy Local (Select Nova Scotia)
- Digital Main Street (Digital Nova Scotia)
- The Nova Scotia Community Markets Coalition (Farmers' Markets of Nova Scotia Cooperative)
- Now More Than Ever (Halifax Chamber of Commerce)

- Love Local Pictou County (Pictou County Chamber of Commerce)
- Cape Breton Unama'ki Buy Local (Cape Breton Partnership)

3.3.2.2 Offer discounts and promotions

Businesses can offer attractive discounts and promotions to attract customers and encourage spending. Collaborative efforts by multiple businesses can create a community-wide campaign to boost sales.

- Downtown Halifax Business Commission's Big Day Downtown (Downtown Halifax Business Commission)
- Taste of Nova Scotia's Culinary Trails (Taste of Nova Scotia)
- The Savour Food & Wine Festival (Restaurant Association of Nova Scotia)
- Shop Local Pledge Halifax (Halifax Chamber of Commerce)

3.3.2.3 Encourage entrepreneurship

Support individuals to start their own businesses, which can increase the availability of products/services in the community and create employment opportunities.

- Nova Scotia Entrepreneurship Programs (Nova Scotia Business Inc.)
- CEED - Centre for Entrepreneurship Education and Development (CEED)
- IGNITE Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Volta Startups (Volta)

3.3.2.4 Enhance marketing strategies

Community members can collaborate to improve the marketing efforts of local businesses. This can include utilizing social media, organizing community events, or creating informative campaigns to highlight the value of products/services.

- Digital Main Street (Digital Nova Scotia)
- Nova Scotia Business Inc. Marketing Program (Nova Scotia Business Inc. (NSBI))
- Buy Local Campaigns (Various Local Business Associations and Community Groups)
- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Atlantic Canada Opportunities Agency (ACOA) Marketing Initiatives (Atlantic Canada Opportunities Agency)

3.3.2.5 Create a community rewards program

Develop a loyalty program where community members can earn rewards for shopping at local businesses. This incentivizes spending and promotes support for local establishments.

3.3.2.6 Encourage investment in local infrastructure

Upgrading community facilities, improving streetscapes, and creating welcoming public spaces can attract more visitors, leading to increased consumer spending.

- Centre Plan (Halifax Regional Municipality)
- Queen's Marque District (The Armour Group Limited)
- Culture Link CIC (2901 Windsor St, Halifax, NS B3K 5E5, Canada)
- Sydney Waterfront District (319 Charlotte St, Sydney, NS B1P 1C6, Canada)

- Argyle Street Streetscaping (Halifax Regional Municipality)

3.3.2.7 Support community events and festivals

Organize local events and festivals that showcase the community's products/services. This can attract visitors and encourage spending.

- The Royal Nova Scotia International Tattoo (The Royal Nova Scotia International Tattoo Foundation)
- Halifax Jazz Festival (5566 Sackville St, Halifax, NS B3J 1L1, Canada)
- Deep Roots Music Festival (Deep Roots Music Cooperative)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Celtic Colours International Festival (Celtic Colours)
- Festival Antigonish Summer Theatre (Festival Antigonish)
- Lunenburg Folk Harbour Festival (Folk Harbour Society)

3.3.2.8 Develop partnerships with other communities

Collaborate with neighboring communities to create joint advertising campaigns or events that can attract regional visitors to support local businesses.

- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- The Bay of Fundy Recommended Experience Program (Bay of Fundy Tourism)
- Celtic Heart of North America Co-operative (Not provided)
- The Northumberland Shore Tourism Association (Northumberland Shore Tourism Association)
- South Shore Tourism Cooperative (Not provided)

3.3.2.9 Invest in community education

Offer workshops or training programs to enhance local businesses' skills in customer service, marketing, and innovation, enabling them to better cater to consumer needs.

- Business Skills for Growth and Profitability (Centre for Entrepreneurship Education and Development (CEED))
- Productivity & Innovation Voucher Program (Innovacorp)
- Digital Marketing Workshops (Digital Nova Scotia)
- Business Advisory Services (Nova Scotia Business Inc. (NSBI))
- Leadership Development Program (Saint Mary's University - Sobey School of Business)

3.3.2.10 Foster a sense of community pride

Encourage the community to take pride in local products/services and support them as a way to build a strong local economy.

- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Select Nova Scotia (Government of Nova Scotia)
- Made in Nova Scotia Store (324 St. George Street, Annapolis Royal, NS B0S 1A0)
- I Love Local HFX (N/A (Organized by local business owners))
- Farmers' Markets of Nova Scotia Cooperative

3.4 LIMITED DIVERSIFICATION

3.4.1 Limited success in diversifying the economy by developing new industries or sectors.

3.4.1.1 Encourage entrepreneurship and innovation

Promote programs and initiatives that support aspiring entrepreneurs to develop and launch new businesses. Offer incentives, funding, and mentorship opportunities to facilitate the creation of innovative startups.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- CEED (7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Creative Destruction Lab Atlantic (Creative Destruction Lab)
- Sandbox (Multiple universities and colleges across Nova Scotia)
- Startup Yard at COVE (Centre for Ocean Ventures & Entrepreneurship (COVE))

3.4.1.2 Strengthen local education and skills development

Focus on improving education and skills training to create a workforce equipped with the knowledge and expertise required for emerging industries. Collaborate with educational institutions to update curricula and offer vocational training programs.

- Skills for Success (Nova Scotia Community College (NSCC))
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Workplace Education Initiative (Labour and Advanced Education - Province of Nova Scotia)
- Apprenticeship START (Nova Scotia Apprenticeship Agency)
- Nova Scotia Power Scholarship and Bursary Programs (Nova Scotia Power)

3.4.1.3 Foster research and development

Invest in research and development to drive technological advancements and foster innovation. Establish research centers, offer grants, and provide tax incentives to encourage businesses and academics to undertake cutting-edge research.

- Ocean Frontier Institute (Dalhousie University, 6299 South St, PO BOX 15000, Halifax, NS B3H 4R2, Canada)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Research Nova Scotia (1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4)
- Dalhousie University Research & Innovation (Dalhousie University)
- Nova Scotia Community College Applied Research (Nova Scotia Community College (NSCC))

3.4.1.4 Develop partnerships between academia and industry

Promote collaborations between universities, research institutions, and industries to bridge the gap between theoretical knowledge and practical implementation. Encourage businesses to partner with local educational institutions to leverage their expertise and research capabilities.

- Dalhousie University Industry Liaison and Innovation (Dalhousie University)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Mitacs (Various locations across Nova Scotia)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- COVE (Centre for Ocean Ventures & Entrepreneurship) (COVE)

3.4.1.5 Create a supportive business environment

Streamline bureaucratic processes and reduce red tape to facilitate the establishment and growth of businesses. Develop business-friendly policies, such as tax breaks and subsidies, to attract new industries and encourage entrepreneurial activity.

- Regulatory Reform (Government of Nova Scotia)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Small Business Development Program (Labour and Advanced Education, Government of Nova Scotia)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Digital Adoption Program (Nova Scotia Business Inc.)
- Startup Visa Program (Immigration, Refugees and Citizenship Canada in collaboration with Nova Scotia partners)

3.4.1.6 Invest in infrastructure and connectivity

Improve transportation networks, expand digital connectivity, and upgrade utilities to enhance the attractiveness of the region for new industries. Develop industrial parks and innovation hubs that provide necessary infrastructure and resources for businesses to thrive.

- Rural Broadband Initiative (Develop Nova Scotia)
- Nova Scotia Moves (Nova Scotia Department of Energy and Mines)
- Innovation Rebate Program (Nova Scotia Business Inc.)
- Smart Energy Communities (QUEST - Quality Urban Energy Systems of Tomorrow)
- Cape Breton Regional Municipality Smart Cities Challenge (Cape Breton Regional Municipality)
- Centre for Ocean Ventures & Entrepreneurship (COVE) (Centre for Ocean Ventures & Entrepreneurship)

3.4.1.7 Promote regional and international trade

Identify export opportunities and facilitate access to global markets. Encourage businesses to engage in trade fairs, exhibitions, and international networking events to increase exposure and market reach.

- Trade Market Intelligence (Nova Scotia Business Inc.)
- Export Growth Program (Nova Scotia Business Inc.)

- Trade Missions and Events (Nova Scotia Business Inc.)
- Export Development Education (Nova Scotia Business Inc.)
- Atlantic Trade and Investment Growth Strategy (Atlantic Canada Opportunities Agency (ACOA))
- Nova Scotia Export Achievement Awards (Nova Scotia Business Inc.)
- Business Development Program (BDP) (Atlantic Canada Opportunities Agency (ACOA))

3.4.1.8 *Support local industries and small businesses*

Provide access to affordable loans, grants, and financial assistance specifically targeted towards local industries and small businesses. Foster an ecosystem that encourages collaboration and knowledge-sharing among local entrepreneurs.

- Credit Union Small Business Loan Guarantee Program (Credit Unions of Nova Scotia)
- Digital Adoption Program (Nova Scotia Business Inc.)
- Nova Scotia Business Inc. Small Business Loan Guarantee Program (Nova Scotia Business Inc.)
- Centre for Entrepreneurship Education and Development (CEED) (CEED)
- Nova Scotia Co-operative Council Business Development Program (Nova Scotia Co-operative Council)
- Atlantic Canada Opportunities Agency (ACOA) Business Development Program (Atlantic Canada Opportunities Agency)
- Innovacorp Early Stage Commercialization Fund (Innovacorp)

3.4.1.9 *Develop a skilled workforce through training programs*

Partner with industries to establish vocational training programs that align the skills of individuals with the emerging job market demands. Support lifelong learning initiatives to ensure the workforce remains adaptable to changing industry needs.

- Skills for Success Program (Nova Scotia Community College (NSCC))
- Workplace Education Initiative (Labour and Advanced Education, Province of Nova Scotia)
- START Program (Nova Scotia Works Centres)
- Apprenticeship START Program (Apprenticeship Agency of Nova Scotia)
- Make it Here (Government of Nova Scotia)
- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)

3.4.1.10 *Promote sustainable development and green industries*

Encourage the development of environmentally friendly industries, such as renewable energy, sustainable agriculture, and eco-tourism. Create policies and incentives that support green initiatives and attract investors interested in sustainable business practices.

- Renewable Energy Incentive Program (Nova Scotia Department of Energy and Mines)
- Efficiency Nova Scotia (EfficiencyOne)
- Nova Scotia Community Feed-In Tariff (COMFIT) (Government of Nova Scotia)
- Sustainable Agriculture Initiative (Nova Scotia Department of Agriculture)
- Eco-tourism Development (Tourism Nova Scotia)

- Green Network Plan (Halifax Regional Municipality)
- SolarHomes Program (Clean Foundation)

3.4.1.11 Foster networking and collaboration

Organize networking events, industry conferences, and business forums to bring together entrepreneurs, investors, and industry experts. Facilitate collaboration and knowledge-sharing to foster innovation and the creation of new industries.

- Halifax Chamber of Commerce (32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (Volta Labs)
- CEED - Centre for Entrepreneurship Education and Development (CEED)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Techstars Startup Weekend Halifax (Techstars)

3.4.1.12 Engage the community through awareness campaigns

Educate the community about the importance of diversifying the economy and the potential benefits it can bring. Conduct awareness campaigns targeting youth, entrepreneurs, and local stakeholders to foster support and involvement in diversification efforts.

- Smart Business Action Team (Halifax Partnership)
- Digital Nova Scotia: Tech Awareness Campaign (Digital Nova Scotia)
- Nova Scotia Community College (NSCC) Entrepreneurship (Nova Scotia Community College)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Cape Breton Partnership: Economic Diversification Strategies (Cape Breton Partnership)
- Nova Scotia Business Inc. (NSBI) - Export Growth Program (Nova Scotia Business Inc.)

3.4.2 Lack of investment in research and development, hindering innovation.

3.4.2.1 Establish a community fund for research and development

Create a pool of funds that community members can contribute to, which can be used to support local research initiatives and encourage innovation.

- Innovacorp Early Stage Commercialization Fund (Innovacorp)
- Nova Scotia Innovation Hub (Not Listed)
- Research Nova Scotia Trust (Research Nova Scotia)
- Community Foundation of Nova Scotia's Smart & Caring Community Funds (Community Foundation of Nova Scotia)

3.4.2.2 Host innovation and research workshops

Organize workshops or seminars where community members can learn about research methodologies and innovation techniques. This knowledge sharing can help individuals contribute their ideas and expertise to collaborative projects.

- Research Nova Scotia (1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- CEED - Centre for Entrepreneurship Education and Development (CEED)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Nova Scotia Community College (NSCC) Research and Innovation (Nova Scotia Community College)

3.4.2.3 Facilitate partnerships between academia and industry

Encourage collaboration between local universities or research institutions and industries within the community. This can provide opportunities for joint R&D projects, knowledge exchange, and technology transfer.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Mitacs (Various locations across Nova Scotia)
- Research Nova Scotia (1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4)
- Dalhousie University Industry Liaison and Innovation (Dalhousie University)
- Nova Scotia Community College Applied Research (Nova Scotia Community College)

3.4.2.4 Support start-ups and entrepreneurs

Establish programs or incubators to support entrepreneurs and start-ups involved in research and development. Provide access to mentorship, funding, and resources to help bring innovative ideas to fruition.

- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- CEED - Centre for Entrepreneurship Education and Development (CEED)
- ISANS - Immigrant Services Association of Nova Scotia (ISANS)
- Creative Destruction Lab - Atlantic (Rowe Building, Dalhousie University, 6100 University Ave, Halifax, NS B3H 4R2, Canada)
- The Spark Zone (Various locations (partnership between Saint Mary's University, NSCAD University, Mount Saint Vincent University, and Nova Scotia Community College))
- Startup Yard at COVE (COVE)

3.4.2.5 Advocate for government funding

Collaborate as a community to advocate for increased government investment in research and development. This can involve circulating petitions, contacting local representatives, or organizing grassroots campaigns to raise awareness about the importance of innovation.

- Advocacy for Renewable Energy Investments (Ecology Action Centre)
- Funding for Ocean Technology Sector (Centre for Ocean Ventures & Entrepreneurship (COVE))

- Campaign for Increased Health Research Funds (Health Research Foundation of Nova Scotia)
- Tech Industry Development (Digital Nova Scotia)
- Petition for Arts and Culture Funding (Arts Nova Scotia)

3.4.2.6 Encourage cross-disciplinary collaborations

Foster connections between different sectors and industries within the community to encourage knowledge sharing and collaboration. Cross-disciplinary approaches often lead to innovative solutions and breakthroughs.

- Creative Destruction Lab Atlantic (Dalhousie University)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- NSERC CREATE (Natural Sciences and Engineering Research Council of Canada)
- CEED Centre for Entrepreneurship Education and Development (Centre for Entrepreneurship Education and Development)
- COVE (Centre for Ocean Ventures & Entrepreneurship) (Centre for Ocean Ventures & Entrepreneurship)
- SIM Social Innovation Lab (Dalhousie University)
- Perennia Innovation Center (Perennia Food and Agriculture Inc.)

3.4.2.7 Foster a culture of innovation

Promote a mindset that values innovation and continuous learning within the community. Encourage residents to think creatively, experiment, and embrace new ideas. This can be achieved through events, forums, or even by integrating innovation programs into local schools.

- Innovacorp's Early Stage Commercialization Fund (Innovacorp)

3.4.2.8 Open-source research initiatives

Encourage the sharing of research findings and collaboration through open-source platforms. This can accelerate innovation by enabling broader participation and reducing duplication of efforts.

- Solid State Pharma Inc. (250 Innovation Dr, Suite 214, Bedford, Nova Scotia, Canada, B4B 1J5)
- Ocean Tracking Network (Dalhousie University)
- Marine Environmental Observation, Prediction, and Response Network (MEOPAR) (MEOPAR)
- The Verschuren Centre for Sustainability in Energy and the Environment (Cape Breton University)

3.4.2.9 Establish innovation grants or incentives

Award grants or provide incentives to individuals or organizations that have innovative research ideas. These grants can help fund their projects and further incentivize research and development within the community.

- Nova Scotia Innovation Hub (Not Listed)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)

- Atlantic Canada Opportunities Agency (ACOA) - Innovative Communities Fund (Atlantic Canada Opportunities Agency)
- Nova Scotia Business Inc. - Research and Development Program (Nova Scotia Business Inc.)

3.4.2.10 Encourage industry collaboration in educational institutions

Facilitate partnerships between schools, colleges, and universities with local industries. This collaboration can provide students with practical research experience, access to industry expertise, and promote innovation within educational institutions.

- Co-operative Education Program (Dalhousie University)
- CAPSTONE Project (Dalhousie University Faculty of Engineering)
- Sandboxes (Various institutions including Dalhousie University, Cape Breton University, and others)
- Applied Research Collaborations (Nova Scotia Community College)
- The ShiftKey Labs (Dalhousie University)
- Technology Advantage Program (IBM, in partnership with Nova Scotia's Department of Education and Early Childhood Development)

3.4.3 Reliance on a few key industries without exploring new opportunities.

3.4.3.1 Diversify the local economy

Encourage the community to explore and invest in new industries, such as technology, renewable energy, healthcare, tourism, or agriculture. This would help reduce reliance on a few key industries and create a more stable and sustainable economic environment.

- Nova Scotia's Renewable Electricity Plan (Nova Scotia Department of Energy and Mines)
- Technology and Innovation Sector Growth (Nova Scotia Business Inc.)
- Tourism Nova Scotia (1 Bell Blvd, Enfield, NS B2T 1K2, Canada)
- Canada's Ocean Supercluster (351 Water Street, St. John's, Newfoundland and Labrador, A1C 1B9, Canada)
- COVE – Centre for Ocean Ventures & Entrepreneurship (Centre for Ocean Ventures & Entrepreneurship)
- Nova Scotia's Healthcare Initiatives (Nova Scotia Health Authority)

3.4.3.2 Promote entrepreneurship and small business development

Foster a supportive ecosystem for entrepreneurs by providing resources, mentorship programs, and financial incentives. This would encourage individuals to pursue new opportunities and create a diverse range of business ventures in the community.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- CEED | Centre for Entrepreneurship Education and Development (CEED)
- Nova Scotia Business Inc. (NSBI) (NSBI)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Atlantic Canada Opportunities Agency (ACOA) (ACOA)

- Black Business Initiative (BBI) (BBI)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)

3.4.3.3 Collaborate with educational institutions

Partner with universities, colleges, and vocational schools to tailor their programs to meet the needs of emerging industries. This would develop a skilled workforce capable of supporting new ventures and attract businesses from diverse sectors.

- Techsploration (Nova Scotia Community College)
- COGS Applied Geomatics Research Group (Nova Scotia Community College (Centre of Geographic Sciences))
- Innovation Hub (Dalhousie University)
- Nova Scotia Apprenticeship Agency – Employer Driven Program (Nova Scotia Apprenticeship Agency)
- Creative Destruction Lab - Atlantic (Dalhousie University)

3.4.3.4 Create a business incubation center

Establish a facility that provides affordable office spaces, access to funding, and networking opportunities for startups and innovative ventures. This would enable entrepreneurs to grow their businesses and explore new opportunities without heavy financial burden.

- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Centre for Entrepreneurship Education & Development (CEED) (CEED)
- COVE (Centre for Ocean Ventures & Entrepreneurship (COVE))
- The Startup Zone (31 Peake Street, Charlottetown, Prince Edward Island, C1A 0G4)
- The Perennia Innovation Centre (Perennia Food and Agriculture Inc.)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)

3.4.3.5 Foster innovation and research

Encourage collaboration between industry leaders, research institutions, and government agencies to promote innovation and research in emerging fields. This would attract investment and talent, leading to the creation of new industries within the community.

- Dalhousie University's IDEA Project (Dalhousie University)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta Labs (1505 Barrington St, Halifax, NS B3J 3K5, Canada)
- Atlantic Canada Opportunities Agency (ACOA) (Atlantic Canada Opportunities Agency)
- Research Nova Scotia (1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4)
- Nova Scotia Community College (NSCC) Applied Research (Nova Scotia Community College)
- Creative Destruction Lab (CDL) Atlantic (Creative Destruction Lab)

3.4.3.6 Support local trades and crafts

Encourage the community to celebrate and support traditional trades and crafts, promoting the development of niche markets and unique products. This would diversify the local economy while preserving cultural heritage.

- Craft Nova Scotia (1113 Marginal Rd, Halifax, NS B3H 4P7, Canada)
- Cape Breton Centre for Craft & Design (322 Charlotte St, Sydney, NS B1P 1C8, Canada)
- Nova Scotia Folk Art Festival (Nova Scotia Folk Art Festival Society)
- Designer Craft Shop (Craft Nova Scotia)
- Nova Scotia Art and Craft Sale (Venue varies, check website for details)

3.4.3.7 Attract foreign investment

Engage in targeted marketing and investment promotion campaigns to attract foreign investors and businesses. This would introduce new industries and create employment opportunities that are not traditionally present in the community.

- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Halifax Partnership (1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7)
- Atlantic Canada Opportunities Agency (ACOA) (Atlantic Canada Opportunities Agency)
- EduNova Co-operative Ltd (1809 Barrington Street, Suite 701, Halifax, NS B3J 3K8, Canada)
- The Invest in Canada office (Invest in Canada)

3.4.3.8 Develop infrastructure and resources

Invest in key infrastructure, such as transportation networks, high-speed internet, and research facilities, to attract businesses from different industries. This would enhance the community's competitiveness and ability to accommodate diverse ventures.

- 902 Broadband Expansion (Develop Nova Scotia)
- Nova Scotia Transportation Infrastructure (Nova Scotia Department of Transportation and Infrastructure Renewal)
- COVE (Centre for Ocean Ventures & Entrepreneurship) (Centre for Ocean Ventures & Entrepreneurship)
- Innovacorp's Incubation Facilities (Innovacorp)
- Nova Scotia Power Grid Upgrades (Nova Scotia Power)

3.4.3.9 Support local initiatives and projects

Encourage community-based initiatives and projects focused on exploring new opportunities. This could involve providing grants, loans, or incentives to individuals or groups with innovative ideas and plans to diversify the local economy.

- Community Economic Development Investment Funds (CEDIF) (Government of Nova Scotia - Economic Development)
- Innovacorp - Early Stage Commercialization Fund (ESCF) (Innovacorp)
- Nova Scotia Co-operative Council - Community Economic Development Fund (Nova Scotia Co-operative Council)

- Creative Nova Scotia Leadership Council Grants (Arts Nova Scotia)
- Atlantic Canada Opportunities Agency (ACOA) - Business Development Program (Atlantic Canada Opportunities Agency)

3.4.3.10 Encourage collaboration and partnerships

Foster collaborations between existing industries and emerging sectors to capitalize on synergies and create new pathways for growth. This would enable knowledge-sharing, resource pooling, and the development of new products or services.

- Offshore Energy Research Association (OERA) (Offshore Energy Research Association of Nova Scotia)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- COVE (Centre for Ocean Ventures & Entrepreneurship)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Creative Destruction Lab Atlantic (Creative Destruction Lab)

3.5 GEOGRAPHIC FACTORS

3.5.1 Isolation and limited transportation infrastructure in certain regions of Nova Scotia.

3.5.1.1 Form carpooling groups

Community members can organize and establish carpooling systems to help overcome transportation limitations. This will allow individuals to share rides and reduce isolation.

- HRM SmartTrip (Halifax Regional Municipality)
- Dalhousie University Carpooling (Dalhousie University)
- Carpool World Nova Scotia (Carpool World)
- Rideshare Maritimes (N/A - Online Platform)

3.5.1.2 Community shuttle service

Collaborate with local organizations, municipalities, and businesses to create a community shuttle service that operates in regions with limited transportation infrastructure. This can provide scheduled transportation to key locations like grocery stores, medical facilities, and social events.

3.5.1.3 Establish a volunteer driver network

Engage community members who own vehicles and are willing to volunteer their time as drivers for those in need. This can be coordinated through a community organization or a dedicated platform.

- Volunteer Drivers Program (Kings Point-to-Point Transit)
- Community Transit Volunteer Driver Program (Community Transit Nova Scotia)

- Rural Transportation Association (RTA) Volunteer Driver Service (Rural Transportation Association)

3.5.1.4 Improved public transportation

Advocate for better public transportation services in the region, including increased frequency of buses or the introduction of specialized services to reach underserved areas.

- Halifax Transit's Moving Forward Together Plan (Halifax Transit)
- Rural Transportation Association (RuralRides) (Rural Transportation Association)
- Community Transit Nova Scotia (CTNS) (Community Transit Nova Scotia)
- Ferry Service Enhancement (Nova Scotia Department of Transportation and Infrastructure Renewal)

3.5.1.5 Community bike-sharing program

Establish a community-led bike-sharing initiative that provides bicycles for individuals to use for short-distance travel within the region. This can be promoted through partnerships with local businesses or through crowdfunding initiatives.

- Halifax Bike Share (N/A – Service covers various locations in Halifax)
- Cyclesmith Junior Bike Program (Cyclesmith)
- Bike Again (Ecology Action Centre – Bike Again)

3.5.1.6 Online platform for ride-sharing

Develop an online platform or utilize existing apps that facilitate ride-sharing among community members. This can help connect drivers with passengers going in the same direction.

- HFXRideMatch (Halifax Regional Municipality)
- Casual Carpooling (Community-based Organizers)
- Maritime Rideshare
- Dalhousie University Carpool Program (Dalhousie University)
- Poparide

3.5.1.7 Community-owned transportation

Explore the possibility of creating a cooperative or community-owned transportation system, such as a shared van or minibus, to cater specifically to the needs of the community.

- Rural Transportation Association (RTA) (Rural Transportation Association)
- Kings Transit Authority (29 Crescent Drive, New Minas, NS B4N 3G7)
- Community Wheels (Coastal Communities Network)
- Antigonish Community Transit (Antigonish Community Transit Society)

3.5.1.8 Advocate for infrastructure improvements

Collaborate with local authorities and organizations to highlight the importance of investing in better transportation infrastructure in the isolated regions of Nova Scotia. This can include lobbying for improved roads, bridges, or ferry services.

- Rural Transportation Funding Program (Government of Nova Scotia)

- The Blue Route (Bicycle Nova Scotia)
- Move Forward Together (Halifax Regional Municipality)
- Nova Scotia Ferry Services (Marine Atlantic)
- Cape Breton Island - Mainland Ferry Services Advocacy (Cape Breton Regional Municipality)
- Valley Regional Enterprise Network (35 Oakdene Avenue, Kentville, NS B4N 2A4)

3.5.1.9 *Telecommuting and virtual meetings*

Encourage businesses and organizations to adopt flexible working arrangements, allowing employees to work remotely. Additionally, promote the use of video conferencing tools to reduce the need for physical transportation for meetings.

- Remote Work Policy Implementation (Government of Nova Scotia)
- Digital Nomad Initiative (Cape Breton Partnership)
- Telecommuting Support Programs (Dalhousie University)
- Startup Zone Virtual Incubator (Startup Zone)
- Virtual Conferencing Adoption (Halifax Chamber of Commerce)

3.5.1.10 *Community-led initiatives*

Encourage community members to initiate their transportation projects, such as car-sharing programs or the establishment of a community-run vehicle service, where locals can rent vehicles at affordable rates. This empowers the community to take ownership of their transportation challenges.

- Rural Transportation Association (RTA) (Rural Transportation Association)
- CarShare Atlantic (5793 Charles St, Halifax, NS B3K 1K7, Canada)
- Community Wheels
- Mods Community Transportation (Mods Transportation)

3.5.2 Challenging weather conditions affecting industries like fishing and mining.

3.5.2.1 *Developing weather prediction and forecasting systems*

The community can contribute by supporting the research and development of advanced weather prediction systems. This can help industries like fishing and mining by providing accurate and timely weather forecasts, enabling them to plan their operations accordingly and minimize potential risks.

- Marine Weather Forecast and Warnings (Environment and Climate Change Canada)
- Atlantic Zone Monitoring Program (Bedford Institute of Oceanography)
- SmartATLANTIC (SmartBay)
- Dalhousie University Weather Forecasting (Dalhousie University)
- Canadian Hurricane Centre (16th Floor, 45 Alderney Drive, Dartmouth, Nova Scotia, B2Y 2N6)

3.5.2.2 Encouraging the use of advanced technology

The community can contribute by promoting the adoption of advanced technology in industries like fishing and mining. For example, using advanced navigation systems, weather monitoring equipment, and mining equipment can help mitigate the challenges posed by challenging weather conditions.

- SmartAtlantic Herring Cove Buoy (Canadian Coast Guard in partnership with the Marine Environmental Observation Prediction and Response (MEOPAR) network and other partners)
- Centre for Ocean Ventures & Entrepreneurship (COVE) (27 Parker Street, Dartmouth, Nova Scotia, Canada)
- Geomatics Association of Nova Scotia (GANS) (Not Specific - Virtual Organization)
- Nova Scotia's Ocean Hub (Government of Nova Scotia)
- Mining Association of Nova Scotia (MANS) (Mining Association of Nova Scotia)

3.5.2.3 Investing in infrastructure improvements

The community can contribute by advocating for infrastructure improvements that can withstand challenging weather conditions. This includes constructing more resilient fishing ports and harbors, upgrading mining facilities with protective measures, and building safe shelter areas for workers during extreme weather events.

3.5.2.4 Implementing safety regulations and protocols

The community can contribute by promoting the implementation and enforcement of safety regulations and protocols specific to industries affected by challenging weather conditions. This ensures that all safety measures are taken and followed during adverse weather situations, reducing the risk to workers' lives and equipment.

- Safe at Sea Alliance (Fisheries Safety Association of Nova Scotia)
- Workplace Safety Strategy for Nova Scotia 2013-2017 (Workplace Safety & Insurance Board (WSIB) of Nova Scotia and Department of Labour and Advanced Education)
- Emergency Preparedness and Response in Nova Scotia (Nova Scotia Emergency Management Office (EMO))
- Occupational Health and Safety Regulations (Nova Scotia Labour and Advanced Education - Occupational Health and Safety Division)

3.5.2.5 Enhancing training and education

The community can contribute by supporting training programs and educational initiatives that focus on preparing workers in fishing and mining industries to handle challenging weather conditions. This includes providing access to relevant training courses, workshops, and seminars to improve their skills and knowledge in weather risk management.

- Fisheries Safety Association of Nova Scotia (FSANS) - Safety Programs (Fisheries Safety Association of Nova Scotia)

3.5.2.6 Facilitating collaboration and information sharing

The community can contribute by establishing platforms for collaboration and information sharing among industry stakeholders, weather forecasters, and government agencies. This allows

for the exchange of valuable insights, experiences, and best practices, enabling industry professionals to make better-informed decisions during adverse weather conditions.

- Marine Environmental Observation Prediction and Response Network (MEOPAR) (MEOPAR)
- Storm Prediction Center - Environment and Climate Change Canada (Environment and Climate Change Canada)
- The Atlantic Pilotage Authority (APA) Technology Initiatives (Atlantic Pilotage Authority)
- ACOA-AIF COINAtlantic Project (Coastal and Ocean Information Network Atlantic)
- Clear Seas Centre for Responsible Marine Shipping (Urchin Property Management Building, 99 Wyse Road, Suite 1340, Dartmouth, Nova Scotia B3A 4S5, Canada)

3.5.2.7 Promoting diversification of industries

The community can contribute by encouraging the diversification of industries in areas heavily affected by challenging weather conditions. This includes promoting the development of alternative industries that are less vulnerable to adverse weather, helping to reduce the dependence on fishing and mining activities.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Creative Destruction Lab Atlantic (Creative Destruction Lab)
- Volta Cohort (Volta)
- Nova Scotia Business Inc. (1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8)

3.5.2.8 Supporting insurance and financial assistance programs

The community can contribute by advocating for insurance and financial assistance programs tailored to industries affected by challenging weather conditions. This helps in providing necessary financial aid and assistance to affected businesses during periods of low productivity or losses caused by extreme weather events.

- Farm Investment Fund (Nova Scotia Department of Agriculture)
- Small Business Impact Grant (Nova Scotia Department of Business)
- Emergency Management Office (EMO) Recovery and Reconstruction (Nova Scotia Emergency Management Office (EMO))
- Agriculture Production Insurance (Nova Scotia Crop and Livestock Insurance Commission)
- HomeWarming (Efficiency Nova Scotia)

3.5.2.9 Conducting research and innovation initiatives

The community can contribute by supporting research and innovation initiatives to develop new technologies, practices, and strategies to cope with the challenges posed by challenging weather conditions. This can include funding research projects that aim to find more sustainable and resilient approaches for fishing and mining industries.

- Ocean Frontier Institute (Dalhousie University, 6299 South St, PO BOX 15000, Halifax, NS B3H 4R2, Canada)
- Verschuren Centre for Sustainability in Energy & the Environment (Cape Breton University)
- Offshore Energy Research Association (OERA) (Offshore Energy Research Association)

- Clean Foundation (126 Portland Street, Dartmouth, NS B2Y 1H8, Canada)
- Applied Geomatics Research Group (Nova Scotia Community College)
- Centre for Ocean Ventures & Entrepreneurship (COVE) (Centre for Ocean Ventures & Entrepreneurship)

3.5.2.10 Raising awareness and promoting sustainable practices

The community can contribute by raising awareness about the impact of challenging weather conditions on fishing and mining industries and promoting sustainable practices. A greater focus on sustainability can help mitigate the negative effects of climate change and minimize long-term disruptions caused by extreme weather events.

- Clearwater Seafoods Sustainability Programs (Clearwater Seafoods)
- Ocean Wise Seafood Program (Ocean Wise Conservation Association)
- The Clean Foundation's Various Environmental Programs (Clean Foundation)
- EcoNova Scotia – Funding for Environmental Projects (The Government of Nova Scotia)
- Sustainable Seafood Market Innovation Lab (SSMIL) (Dalhousie University – Faculty of Management)
- Environmental Stewardship Program (ESP) (Mining Association of Nova Scotia)

3.6 EDUCATION AND SKILLS GAP

3.6.1 Limited access to quality education and training programs.

3.6.1.1 Establish community learning centers

Set up learning centers in the community that offer educational resources, such as books, computers, and internet access, to enhance learning opportunities for individuals of all ages.

- Halifax Central Library (Halifax Public Libraries)
- Dartmouth North Community Centre and Library (Dartmouth North Community Food Centre)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)
- Cape Breton University - Community Learning and Innovation Centre (Cape Breton University)
- PeopleWorx (35 Park St, Kentville, NS B4N 3G9, Canada)
- The HUB South Shore (21B Lower LaHave Rd, Bridgewater, NS B4V 2W7, Canada)

3.6.1.2 Foster partnerships with educational institutions

Collaborate with local schools, colleges, and universities to develop programs that provide outreach education and training opportunities within the community. This could include guest lectures, workshops, or vocational training.

- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)

- COVE - Centre for Ocean Ventures & Entrepreneurship (Centre for Ocean Ventures & Entrepreneurship (COVE))
- Skills Canada - Nova Scotia (14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0)
- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- Junior Achievement Nova Scotia (Suite 201, 33 Alderney Drive, Dartmouth, NS B2Y 2N4)

3.6.1.3 *Create scholarship programs*

Establish scholarship programs that provide financial support to individuals who may not have the means to pursue quality education and training. These scholarships could cover tuition fees, learning materials, or transportation expenses.

- Nova Scotia Community College (NSCC) Scholarships and Bursaries (Nova Scotia Community College)
- Nova Scotia Scholarships Program (Government of Nova Scotia, Department of Education and Early Childhood Development)
- Dalhousie University Entrance Scholarships (Dalhousie University)
- Killam Predoctoral Scholarships (Dalhousie University)
- Saint Mary's University Entrance Scholarships (Saint Mary's University)

3.6.1.4 *Implement mentorship programs*

Develop mentorship programs where professionals from various fields volunteer their time to guide and support individuals who lack access to quality education. This can provide valuable knowledge, advice, and inspiration.

- Mentorship Program for Immigrant Professionals (Immigrant Services Association of Nova Scotia (ISANS))
- Fusion Halifax Mentorship Program (Fusion Halifax)
- Junior Achievement Nova Scotia Mentorship (Junior Achievement Nova Scotia)
- Techsploration Mentorship Program (Techsploration)
- NextGen Leadership Program (Halifax Chamber of Commerce)

3.6.1.5 *Promote online education resources*

Encourage the use of online platforms that offer free or affordable educational courses, training programs, and resources. Help individuals access these resources by providing information and guidance on how to navigate them effectively.

- Nova Scotia Community College Online Learning (Nova Scotia Community College (NSCC))
- Labor and Advanced Education Adult Learning Program (Department of Labor and Advanced Education)
- Dalhousie University Online Learning (Dalhousie University)
- Coursera for Nova Scotia (Coursera in partnership with the Province of Nova Scotia)
- Nova Scotia's Virtual School (NSVS) (Province of Nova Scotia - Department of Education and Early Childhood Development)

- Atlantic Canada Language Academy Online (Atlantic Canada Language Academy)

3.6.1.6 Offer adult education programs

Develop programs tailored specifically for adults who want to enhance their skills or pursue further education. This could include adult literacy programs, career development workshops, or vocational training opportunities.

- Nova Scotia School for Adult Learning (NSSAL) (Department of Labour and Advanced Education, Government of Nova Scotia)
- Literacy Nova Scotia (80 Walker Street, Truro, Nova Scotia, B2N 4A9)
- Nova Scotia Community College (NSCC) Adult Learning Program (Nova Scotia Community College)
- Workers' Compensation Board of Nova Scotia - Workplace Education Initiative (Workers' Compensation Board of Nova Scotia)
- The Halifax Public Libraries - Adult Learning Programs (Halifax Public Libraries)

3.6.1.7 Establish community scholarships

Collaborate with local businesses, non-profit organizations, and individuals to create community-based scholarships. This would allow individuals from the community to directly support education and training initiatives within their own locality.

- Nova Scotia Community College (NSCC) Foundation Scholarships (NSCC Foundation)
- The Community Foundation of Nova Scotia Scholarships (Community Foundation of Nova Scotia)
- Dalhousie University Entrance Scholarships (Dalhousie University)
- Cape Breton University Scholarships & Bursaries (Cape Breton University)

3.6.1.8 Organize community workshops and seminars

Arrange workshops and seminars on various subjects, such as financial literacy, entrepreneurship, or digital skills, to provide community members with practical knowledge and training.

- Financial Literacy Workshops (Credit Counselling Services of Atlantic Canada)
- Entrepreneurship Training Program (CEED - Centre for Entrepreneurship Education and Development)
- Digital Skills Training (Nova Scotia Community College)
- Seniors Learning Series (Seniors' College Association of Nova Scotia)
- Business Skills for Creative Souls Workshop (Visual Arts Nova Scotia)

3.6.1.9 Advocate for educational reforms

Mobilize community members to advocate for educational reforms at local, regional, or national levels. This could focus on improving funding for schools, implementing inclusive policies, or increasing access to vocational training programs.

- Advocacy for Increased Education Funding (Nova Scotia Teachers Union)
- Inclusive Education Policy Implementation (Inclusion Nova Scotia)
- Access to Vocational Training (Nova Scotia Community College)

- Education Reform Initiative (Education and Early Childhood Development – Government of Nova Scotia)

3.6.1.10 *Volunteer tutoring programs*

Set up volunteer tutoring programs where community members can provide academic support and tutoring to students struggling with their studies. This can help bridge educational gaps and provide additional guidance to those who need it.

- Pathways to Education (Pathways to Education Canada)
- Halifax Learning Centre - SpellRead (Halifax Learning Centre)
- Dartmouth Learning Network (Suite 202, 73 Tacoma Drive, Dartmouth, Nova Scotia B2W 3Y6)
- Chebucto Connections - Pathways Spryfield (Chebucto Connections)
- The Literacy Nova Scotia (Truro, Nova Scotia, Canada)
- Immigrant Services Association of Nova Scotia (ISANS) (6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1)

3.6.1.11 *Support community libraries*

Strengthen and expand community libraries by providing them with additional resources, funding, and staff. This would enhance access to quality educational materials and programs for the entire community.

- Library Support Grants Program (Nova Scotia Provincial Library)
- Adopt A Library Literacy Program (Pictou-Antigonish Regional Library)
- Books for Babies (Read to Me!)
- Library Boards Association of Nova Scotia (LBANS) Funding Initiatives (Library Boards Association of Nova Scotia (LBANS))
- More Books program (Dalhousie University Libraries)

3.6.1.12 *Encourage community-led initiatives*

Empower community members to take the lead in developing educational initiatives that address specific needs and challenges within their own locality. This could involve grassroots organizations, parents' associations, or student-led clubs.

- 902 ManUp (Not specified)
- Immigrant Services Association of Nova Scotia (ISANS) Community Connections (Immigrant Services Association of Nova Scotia)
- HeartWood Centre for Community Youth Development (5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Inspiring Communities (Not specified)

3.6.2 *Lack of specialized skills required for emerging industries.*

3.6.2.1 Establish vocational training programs

The community can contribute by establishing vocational training programs that specifically focus on developing specialized skills for emerging industries. These programs can offer hands-on training, workshops, and seminars to equip individuals with the required skills.

- Nova Scotia Community College (NSCC) (5685 Leeds St, Halifax, NS B3K 2T3, Canada)
- Apprenticeship Nova Scotia (Nova Scotia Apprenticeship Agency)
- Women Unlimited (One Riverside Drive, Suite 202, Dartmouth, NS B2Y 2W5, Canada)
- Immigrant Services Association of Nova Scotia (ISANS) (6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1)
- Construction Association of Nova Scotia (CANS) (Construction Association of Nova Scotia)

3.6.2.2 Collaborate with educational institutions

Community members can collaborate with local educational institutions, such as colleges and universities, to develop specialized courses and degree programs that cater to the skill requirements of emerging industries. This collaboration can help bridge the gap between academia and industry needs.

- The Pathways to Shipbuilding for African Nova Scotians (Nova Scotia Community College)
- COVE Work-Integrated Learning (WIL) (Centre for Ocean Ventures & Entrepreneurship (COVE))
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- The Technology Leadership Initiative (Dalhousie University)
- Innovation in Action (Saint Mary's University, Sobey School of Business)

3.6.2.3 Create mentorship programs

The community can initiate mentorship programs where experienced professionals from emerging industries provide guidance and support to aspiring individuals. These mentors can help develop the necessary specialized skills by sharing their knowledge, providing industry insights, and offering career advice.

- Digital Nova Scotia Mentorship Program (Digital Nova Scotia)
- Career Link Mentorship Program (Halifax Partnership)
- Black Business Initiative Business is Jammin' (BIJ) Mentorship (Black Business Initiative)
- Techsploration Mentorship Program (Techsploration)
- Volta Mentor Network (Volta)

3.6.2.4 Encourage internships and apprenticeships

Community members can encourage local businesses and companies in emerging industries to offer internships and apprenticeships. These opportunities allow individuals to gain practical experience and develop the specialized skills needed for these industries.

- Skillson Nova Scotia (Skills Canada - Nova Scotia)
- Graduate to Opportunity (Nova Scotia Government)
- START Program (Nova Scotia Government)
- Apprenticeship START (Nova Scotia Apprenticeship Agency)

- Co-operative Education Incentive (Nova Scotia Labour and Advanced Education)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Innovate to Opportunity (Nova Scotia Government)

3.6.2.5 Organize workshops and seminars

The community can organize workshops and seminars focused on educating individuals on specific skills required for emerging industries. These events can bring in industry experts to provide training and guidance on the latest trends, technologies, and techniques in those industries.

- Digital Nova Scotia - Workshops & Training (Digital Nova Scotia)
- Volta - Learning Labs (Volta)
- The Centre for Women in Business - Training and Events (The Centre for Women in Business, Mount Saint Vincent University)
- Nova Scotia Community College - Workshops & Seminars (Nova Scotia Community College)
- Innovacorp's Start-Up Workshops (Innovacorp)

3.6.2.6 Support entrepreneurship and startups

Encouraging and supporting entrepreneurship within the community can lead to the establishment of innovative startups in emerging industries. The community can provide resources, mentoring, and funding opportunities to help these startups flourish, thus creating a pool of skilled professionals in the required fields.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- CEED - Centre for Entrepreneurship Education and Development (CEED)
- Atlantic Canada Opportunities Agency (ACOA) (ACOA)
- Nova Scotia Business Inc. (NSBI) (NSBI)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Startup Zone (31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4)

3.6.2.7 Foster industry partnerships

The community can actively promote partnerships between local businesses, government entities, and educational institutions to foster collaboration. Such partnerships can facilitate knowledge-sharing, research and development efforts, and the overall growth of emerging industries.

- Digital Nova Scotia Partnerships (Digital Nova Scotia)
- COVE Collaborative Projects (Centre for Ocean Ventures & Entrepreneurship (COVE))
- Innovacorp's Collaboration Incentives (Innovacorp)
- Nova Scotia Community College (NSCC) Applied Research Collaborations (Nova Scotia Community College)
- Creative Destruction Lab - Atlantic (Rowe Building, Dalhousie University, 6100 University Ave, Halifax, NS B3H 4R2, Canada)
- BioNova Partnership Initiatives (BioNova)

3.6.2.8 Establish industry-specific research centers

By establishing research centers focused on specific emerging industries, the community can contribute to the advancement of knowledge, technologies, and specialized skills in those particular fields. These centers can act as hubs for research, innovation, and training.

- Verschuren Centre for Sustainability in Energy and the Environment (Cape Breton University)
- Productivity and Innovation Centre (Nova Scotia Community College (NSCC))
- Dalhousie Agriculture Innovation Centre (Dalhousie University - Faculty of Agriculture)
- DeepSense (Dalhousie University)
- Institute for Ocean Research Enterprise (COVE (Centre for Ocean Ventures & Entrepreneurship))
- Agri-Technology Commercialization Centre (Perennia Food and Agriculture Inc.)

3.6.2.9 Leverage online learning platforms

The community can promote the use of online learning platforms that offer courses and certifications in emerging industries. By raising awareness and providing access to such platforms, individuals can develop specialized skills at their own pace and convenience.

- Dalhousie University - Online Learning (Dalhousie University)
- NSCC - Online Learning (Nova Scotia Community College)
- Saint Mary's University - Distance Education (Saint Mary's University)
- Cape Breton University - Online Learning (Cape Breton University)
- Labour and Advanced Education - Nova Scotia (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- Digital Nova Scotia - Digital Skills for Youth Program (Digital Nova Scotia)

3.6.2.10 Advocate for government support

Community members can collectively advocate for government support and funding initiatives to address the lack of specialized skills. By highlighting the importance of developing skills for emerging industries, it can encourage policymakers to invest in training and educational programs tailored to these sectors.

- Nova Scotia Works (Various locations across Nova Scotia)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Immigrant Services Association of Nova Scotia (ISANS) (6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1)
- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- Nova Scotia Community College (NSCC) (5685 Leeds St, Halifax, NS B3K 2T3, Canada)

3.6.3 Mismatch between the skills possessed by workers and the skills demanded by industry.

3.6.3.1 Education and Skill Development Programs

Establish community-based educational programs and skill development initiatives to bridge the gap between worker skills and industry demands. These programs can include vocational training, apprenticeships, and upskilling workshops.

- NSCC Apprenticeship Programs (Nova Scotia Community College (NSCC))
- Skills Canada - Nova Scotia (14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0)
- Nova Scotia Works Employment Services Centres (Nova Scotia Works)
- Labour and Advanced Education - Adult Learning Programs (Department of Labour and Advanced Education)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Women Unlimited (One Riverside Drive, Suite 202, Dartmouth, NS B2Y 2W5, Canada)
- Employment Skills & Learning Services (Saint Mary's University)

3.6.3.2 Industry-Academia Collaboration

Foster closer collaboration between local industries and educational institutions. Establish partnerships, internships, and joint projects to ensure that the skills taught align with industry requirements.

- Sandbox Program (Various Universities and NSCC in partnership with Government and Private Sector)
- Co-operative Education (Multiple universities including Dalhousie University, Saint Mary's University, etc.)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Mitacs (Various locations across Nova Scotia)
- TECHNATION's Career Ready Program (TECHNATION)
- Venture for Canada (N/A - National organization with programs in Nova Scotia)

3.6.3.3 Job Fairs and Career Counseling

Organize job fairs, career counseling sessions, and networking events to connect job seekers with industry professionals. This will provide valuable insights into the skills in demand and help job seekers align their skills accordingly.

- Halifax Career Fair (Career Fair Canada)
- Nova Scotia Works (Various locations across Nova Scotia)
- Job Junction (6950 Mumford Rd Suite 2009, Halifax, NS B3L 4P1, Canada)
- Career Development Services (Locations throughout Nova Scotia)

3.6.3.4 Industry Sponsorship Programs

Encourage industries to sponsor training programs or scholarships for potential workers to acquire the necessary skills. This can include financial support for education, on-the-job training, or specialized skill courses.

- Irving Shipbuilding Inc. Centre of Excellence (Irving Shipbuilding Inc.)
- Michelin Development Fund (Michelin North America (Canada) Inc.)

- Nova Scotia Apprenticeship Agency - Industry Training & Certification (Nova Scotia Apprenticeship Agency)
- Skills Canada - Nova Scotia (14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)

3.6.3.5 Mentorship and Knowledge Sharing

Establish mentorship programs where industry professionals or skilled workers can guide and advise job seekers. Sharing knowledge, expertise, and experiences can be immensely valuable in equipping workers with required skills.

3.6.3.6 Industry Research and Development

Promote research and development initiatives to identify emerging skills and technological advancements. This can help ensure that both workers and industries stay updated and future-ready.

- Innovacorp Early Stage Commercialization Fund (Innovacorp)
- COVE - Centre for Ocean Ventures & Entrepreneurship (COVE)
- Digital Nova Scotia - Digital Adoption Program (Digital Nova Scotia)
- Research Nova Scotia - Research Opportunities (Research Nova Scotia)
- ACOA Atlantic Innovation Fund (Atlantic Canada Opportunities Agency)
- Nova Scotia Community College - Applied Research (Nova Scotia Community College)
- Dalhousie University - Industry Liaison and Innovation (Dalhousie University)

3.6.3.7 Skill Matching Platforms

Develop online platforms or databases that match job seekers' skills with industries' demands. Such platforms can help workers identify the skill gaps they need to address and guide them towards appropriate training programs.

- SkillsNS (Nova Scotia Community College (NSCC))
- Opportunity Place - Job Board (Opportunity Place)
- Job Junction (Halifax Public Libraries)
- immigrantservices (Immigrant Services Association of Nova Scotia (ISANS))

3.6.3.8 Government Support and Incentives

Governments can provide financial incentives or tax breaks to industries that actively engage in skill development programs or collaborate with educational institutions, encouraging them to invest in closing the skills gap.

- Workplace Innovation and Productivity Skills Incentive (Nova Scotia Business Inc (NSBI))
- Graduate to Opportunity (GTO) (Labour and Advanced Education, Government of Nova Scotia)
- Innovation Equity Tax Credit (Finance and Treasury Board, Government of Nova Scotia)
- Co-operative Education Incentive (Labour and Advanced Education, Government of Nova Scotia)
- Productivity and Innovation Voucher Program (Nova Scotia Business Inc (NSBI))

- Skilled Trades Centres (Department of Education and Early Childhood Development, Government of Nova Scotia)

3.6.3.9 Community Engagement Programs

Facilitate community-level discussions, awareness campaigns, and workshops to create awareness about the importance of acquiring relevant skills and aligning with industry needs.

- Greater Halifax Partnership Connector Program (Halifax Partnership)
- Nova Scotia Works (Nova Scotia Works Centers)
- ISANS Community Integration Services (Immigrant Services Association of Nova Scotia (ISANS))
- Skills Canada - Nova Scotia (14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0)
- Nova Scotia Community College (NSCC) Community Learning Initiative (Nova Scotia Community College (NSCC))

3.6.3.10 Feedback and Assessment Systems

Develop channels for regular feedback from industries to educational institutions regarding the skills of new graduates. This feedback loop can help institutions revise and update their programs to suit the evolving needs of industry.

- NSCC Program Advisory Committees (Nova Scotia Community College (NSCC))
- Co-op Education Incentive (Government of Nova Scotia - Labour and Advanced Education)
- Skills for Hire Nova Scotia (Bluedrop Learning Networks in partnership with Government of Nova Scotia)
- Work-Integrated Learning Program (Dalhousie University)

3.7 LIMITED ACCESS TO CAPITAL

3.7.1 Difficulty in obtaining funding or loans to start or expand businesses.

3.7.1.1 Establish a community-based microfinance program

The community can come together to create a microfinance program specifically designed to provide small loans to aspiring entrepreneurs. This can be supported through contributions from individuals, local businesses, and institutions.

- CEED | Centre for Entrepreneurship Education and Development (CEED)
- Community Business Development Corporations (CBDCs) (CBDC)
- Atlantic Association of CBDCs (1903 Barrington St #207, Halifax, NS B3J 3L7, Canada)
- Immigrant Services Association of Nova Scotia (ISANS) - Microloan Program (ISANS)

3.7.1.2 Encourage entrepreneurship education and training

The community can organize workshops, training sessions, and mentorship programs to enhance entrepreneurial skills and knowledge. This will help individuals better understand how to develop business plans, present financial projections, and effectively manage their businesses, increasing their chances of securing loans.

- Starting Lean Initiative (Dalhousie University - Norman Newman Centre for Entrepreneurship)
- CEED Juniorpreneur Camp (Centre for Entrepreneurship Education and Development (CEED))
- SEB (Self-Employment Benefits) Program (Centre for Entrepreneurship Education and Development (CEED))
- Acadia Entrepreneurship Centre - Training and Development (Acadia Entrepreneurship Centre)
- ISANS Business Workshops (Immigrant Services Association of Nova Scotia (ISANS))
- Digital Nova Scotia - Digital Assistance Program for Small Business (Digital Nova Scotia)

3.7.1.3 Create a community investment fund

The community can pool resources to create an investment fund aimed at supporting local businesses. This fund could be managed by trusted individuals or a committee responsible for assessing business proposals and providing funding to selected entrepreneurs.

- Community Economic Development Investment Funds (CEDIFs) (Various community organizations)
- Invest Nova Scotia (Invest Nova Scotia Fund)
- Island Investment Development Inc. (IIDI) (Island Investment Development Inc.)
- Nova Scotia Co-operative Council (201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5)
- Fair Finance Fund (N/A - Ontario-based initiative)

3.7.1.4 Foster partnerships with financial institutions

Community leaders can initiate partnerships with banks, credit unions, and other financial institutions to develop specific loan programs for local businesses. By collaborating, they can ensure that loan approval processes are streamlined and tailored to the needs of entrepreneurs within the community.

3.7.1.5 Advocate for government support

The community can collectively campaign for increased government funding and support programs targeting small businesses. This can include urging policymakers to introduce loan guarantee schemes, tax incentives, and grants that make it easier for entrepreneurs to pursue their business ventures.

- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Digital Adoption Program (Government of Nova Scotia)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- The Centre for Entrepreneurship Education and Development (CEED) (CEED)
- The Atlantic Canada Opportunities Agency (ACOA) (ACOA)

3.7.1.6 Establish a local crowdfunding platform

Communities can create online platforms dedicated to crowdfunding local businesses. This would provide an opportunity for community members to contribute financially to viable business ideas, even with small amounts, helping entrepreneurs accumulate the necessary funding.

- GoFundMe Community Campaigns (GoFundMe)
- StartSomeGood (StartSomeGood LLC)
- Nova Scotia Community Shares
- Fundrazr for Nova Scotia (Fundrazr)
- Atlantic Canada Crowdfunding Directory (Atlantic Canada Opportunities Agency)

3.7.1.7 Encourage networking and resource sharing

Foster a supportive environment for entrepreneurs by organizing networking events or creating online forums that connect individuals interested in starting or expanding businesses. This way, entrepreneurs can collaborate, share experiences, and potentially form partnerships to collectively solve funding challenges.

- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Centre for Entrepreneurship Education and Development (CEED) (Centre for Entrepreneurship Education and Development)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)

3.7.1.8 Engage local angel investors or venture capitalists

Proactively seek out potential local investors interested in supporting entrepreneurial endeavors. These investors can provide expertise, mentorship, and financial backing to promising businesses within the community.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Atlantic Canadian Women in Growth Partnership (Centre for Women in Business)
- Concrete Ventures (Not provided)
- Island Capital Partners (Not provided)
- Nova Scotia Business Inc. (NSBI) Venture Capital (Nova Scotia Business Inc.)

3.7.1.9 Develop grant programs and competitions

Encourage local foundations, organizations, and institutions to establish grants or competitions specifically aimed at supporting innovative business ideas. By offering financial rewards or development opportunities, these programs can motivate entrepreneurs and attract external funding to the community.

- Innovacorp Early Stage Commercialization Fund (Innovacorp)
- The Nova Scotia Business Inc. (NSBI) Innovation Rebate Program (Nova Scotia Business Inc.)

- ACOA's Business Development Program (BDP) (Atlantic Canada Opportunities Agency (ACOA))
- Creative Nova Scotia Leadership Council Grants (Arts Nova Scotia)
- The Seed Capital Initiative (CEED)

3.7.1.10 Advocate for financial literacy programs

Promote financial literacy education at a community level, enabling individuals to better understand banking systems, loan options, and how to present their business ideas. This knowledge will equip aspiring entrepreneurs with the necessary skills to navigate the funding landscape effectively.

- Junior Achievement of Nova Scotia (1741 Brunswick Street, Suite 123, Halifax, NS B3J 3X8)
- Credit Counselling Services of Atlantic Canada (5160 Duke Street, Suite 524, Halifax, NS B3J 1N7)
- Women's Employment Outreach (Halifax, NS - Exact address not provided)
- CEED - Centre for Entrepreneurship Education and Development (7071 Bayers Road, Suite 225, Halifax, NS B3L 2C2)

3.7.2 Higher interest rates and stricter lending policies limiting business growth and job creation.

3.7.2.1 Educate and create awareness

The community can organize workshops, seminars, and awareness campaigns to educate individuals and businesses about the impact of higher interest rates and stricter lending policies on economic growth and job creation. This can help build public support for implementing appropriate solutions.

- Financial Education Workshops (Credit Counselling Services of Atlantic Canada, Inc.)
- Small Business Financing Education (Nova Scotia Co-operative Council)
- Economic Growth Awareness Campaigns (Halifax Chamber of Commerce)

3.7.2.2 Influence policy changes

Community members can actively engage with policymakers, elected representatives, and regulatory bodies to advocate for changes in interest rate policies and lending regulations. They can form advocacy groups or join existing ones to collectively voice their concerns and push for favorable changes.

- Affordable Credit and Banking Initiative (United Way Halifax)
- Fair Banking Campaign (Credit Counselling Services of Atlantic Canada, Inc.)
- Consumer Advocacy (Dalhousie Legal Aid Service)
- Poverty Elimination & Community Economic Development (Nova Scotia Association of Community Business Development Corporations)

3.7.2.3 Support local businesses

The community can promote and support local businesses by actively choosing to buy local products and services. This increased patronage can help businesses generate revenue and create more job opportunities, even in the face of higher interest rates and stricter lending policies.

- Buy Local Initiative (Government of Nova Scotia)
- Select Nova Scotia (Department of Agriculture, Government of Nova Scotia)
- Digital Main Street (Digital Nova Scotia)
- Nova Scotia Shop Local Tax Credit (Government of Nova Scotia, Finance and Treasury Board)
- Taste of Nova Scotia – Get Your Hands on Local (Taste of Nova Scotia)

3.7.2.4 Encourage entrepreneurship

Foster an entrepreneurial spirit within the community by providing resources, training programs, and mentorship to aspiring entrepreneurs. Communities can establish local incubators, accelerators, or small business support centers to facilitate the growth and development of new ventures.

- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- CEED – Centre for Entrepreneurship Education and Development (CEED)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Startup Zone (31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4)
- Nova Scotia Community College (NSCC) – Entrepreneurship (Nova Scotia Community College)
- Dalhousie University - Norman Newman Centre for Entrepreneurship (Norman Newman Centre for Entrepreneurship)
- Common Good Solutions (5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6)

3.7.2.5 Create alternative financing options

Community members can explore and develop alternative financing models, such as community loan funds, crowdfunding initiatives, or peer-to-peer lending platforms. These options can provide access to capital for businesses and individuals who may not meet traditional lending criteria.

- Community Credit Union - Business Lending (Credit Union Atlantic)
- Ulnooweg Development Group - Aboriginal Capital (Ulnooweg Development Group Inc.)
- Nova Scotia Co-operative Council - Community Economic Development Investment Funds (CEDIFs) (Nova Scotia Co-operative Council)
- FarmWorks Investment Co-operative Limited (FarmWorks)
- Fair Finance Fund (N/A - Ontario-based initiative)

3.7.2.6 Strengthen collaboration and networking

Foster collaboration among businesses within the community by organizing networking events, business forums, and industry-specific associations. Facilitating connections and partnerships can

help businesses access shared resources, pool funds for investment, and find creative solutions to overcome the challenges posed by high interest rates and limited lending options.

- Halifax Partnership (1969 Upper Water Street, Suite 2101, Halifax, NS B3J 3R7)
- Centre for Women in Business (Mount Saint Vincent University, 166 Bedford Highway, Halifax, NS B3M 2J6)
- Nova Scotia Business Inc. (NSBI) (1903 Barrington Street, Suite 1301, Halifax, NS B3J 2A8)
- Digital Nova Scotia (1 Research Drive, Dartmouth, NS B2Y 4M9)
- Volta (1505 Barrington Street Unit 100, Halifax, NS B3J 3K5)
- The Halifax Chamber of Commerce (32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)

3.7.2.7 *Support financial literacy*

Promote financial literacy programs within the community to educate individuals about effective money management, budgeting, and debt management. Building financial literacy can empower individuals to seek appropriate financial solutions and make informed decisions about borrowing and investments.

- Your Money Students (Chartered Professional Accountants of Canada (CPA Canada))
- Make It Count (Credit Counselling Services of Atlantic Canada, Inc.)
- Each One, Teach One Financial Literacy Program (Credit Union Atlantic)
- Financial Capability Network (United Way Halifax)
- Money Matters (Association of Black Social Workers)
- Smart Money Program (Credit Union Atlantic)

3.7.2.8 *Engage with banking institutions*

Encourage community members to engage with local banks and financial institutions to express their concerns and needs. This dialogue can help banks understand the impact of their policies on the community and potentially lead to more flexible lending policies or better interest rate offerings.

- Affordable Lending Programs (Credit Union Atlantic (CUA))
- Financial Literacy Workshops (Credit Counselling Services of Atlantic Canada)
- Social Finance Framework (Government of Nova Scotia)

3.7.2.9 *Foster innovation and technology adoption*

Encourage the adoption of innovative technologies and digital solutions that can streamline business operations and reduce costs. Embracing automation, e-commerce, and digital payment platforms can create new avenues for revenue growth and job creation, helping businesses mitigate the impact of high interest rates.

3.7.2.10 *Strengthen vocational training*

Work with educational institutions and vocational training centers to develop relevant training programs that align with the needs of local industries. By equipping individuals with in-demand skills, the community can increase employability and create a more resilient workforce, mitigating the impact of limited job opportunities.

- Skills for Hire Nova Scotia (Government of Nova Scotia)
 - Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
 - Nova Scotia Community College (NSCC) Programs (Nova Scotia Community College (NSCC))
 - Workplace Education Initiative – Nova Scotia (Department of Labour and Advanced Education)
 - Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
 - START Program (Government of Nova Scotia – Labour and Advanced Education)
-

3.8 GOVERNMENT POLICIES AND REGULATIONS

3.8.1 Inadequate or outdated policies that do not support economic growth and job creation.

3.8.1.1 Advocate for policy reform

Engage with local policymakers and community leaders to highlight the need for updated policies that are conducive to economic growth and job creation. Organize community forums or meetings where stakeholders can discuss and brainstorm new policy ideas.

- Engage Nova Scotia (N/A - Online platform)
- Halifax Chamber of Commerce - Advocacy (Halifax Chamber of Commerce)
- The Nova Scotia Business & Labour Economic Coalition (Not specifically provided)
- Nova Scotia Federation of Labour (3700 Kempt Road, Suite 225, Halifax, NS B3K 4X8)
- Nova Scotia Advocate (Not specifically provided)

3.8.1.2 Form community task forces

Establish task forces or committees composed of community members, business owners, experts, and policymakers to specifically address the issue of outdated policies. These groups can analyze the existing policies, conduct research, and propose alternative solutions to promote economic growth.

- Halifax Partnership's Economic Strategy (Halifax Partnership)
- One Nova Scotia Coalition (One Nova Scotia)
- Nova Scotia Business Inc. (NSBI) Strategic Plan (Nova Scotia Business Inc.)

3.8.1.3 Conduct an economic impact study

Gather community data and conduct a comprehensive economic impact study to showcase how outdated policies are hindering job creation and economic growth. The results of such a study can be used as a powerful tool to advocate for policy reforms.

- Ivany Report: Now or Never (The Nova Scotia Commission on Building Our New Economy)
- Nova Scotia Regional Economic Assessment (Nova Scotia Department of Finance and Treasury Board)

- Economic Impact of Post-secondary Institutions in Nova Scotia (Education and Early Childhood Development, Province of Nova Scotia)
- Halifax Index (Halifax Partnership)

3.8.1.4 *Engage in grassroots lobbying*

Encourage community members to actively engage in grassroots lobbying efforts by writing letters, making phone calls, or organizing petitions to their local representatives. Collective community action can help bring attention to the need for policy changes.

- Protect Our Coast NS (The Campaign to Protect Offshore Nova Scotia (CPONS))
- Action Against Poverty (Nova Scotia Action Against Poverty)
- Save Owls Head
- EAC Wildlands Campaign (Ecology Action Centre)
- Fair Drug Prices (Fair Drug Prices Coalition)

3.8.1.5 *Support small businesses and entrepreneurship*

Foster a culture of entrepreneurship and support local businesses as they are key drivers of economic growth and job creation. Create programs that provide resources, mentorship, and funding opportunities for aspiring entrepreneurs and small business owners.

- Digital Nova Scotia: Digital Assistance Program for Small Businesses (Digital Nova Scotia)
- CEED - Centre for Entrepreneurship Education and Development (Centre for Entrepreneurship Education and Development)
- Nova Scotia Business Inc. (NSBI) - Small Business Development Program (Nova Scotia Business Inc.)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Innovacorp - High Performance Incubation (HPi)TM (Innovacorp)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Atlantic Canada Opportunities Agency (ACOA) - Business Development Program (Atlantic Canada Opportunities Agency)

3.8.1.6 *Foster collaboration between education and industry*

Collaborate with local educational institutions to ensure that curriculum and training programs align with the needs of the job market. Encourage partnerships between universities, colleges, and local businesses to provide internships, apprenticeships, and job placement services.

- Co-operative Education at Dalhousie University (Dalhousie University)
- Nova Scotia Community College (NSCC) Work-Integrated Learning (Nova Scotia Community College)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- The Sandbox (Multiple Institutions)
- Innovate Atlantic (Volta)
- Digital Nova Scotia Tech Talent (Digital Nova Scotia)
- Mitacs (Various locations across Nova Scotia)

3.8.1.7 Establish an economic development task force

Create a dedicated task force or committee focused on economic development within the community. This group can work with local businesses, research institutions, and government agencies to develop long-term strategies, identify barriers, and propose policy solutions to support job creation and economic growth.

3.8.1.8 Promote innovation and technology adoption

Encourage the adoption of new technologies, innovation, and research and development within the community. Offer incentives or grants to businesses that embrace new technologies or engage in research and development activities to foster economic growth and create new jobs.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Atlantic Canada Opportunities Agency (ACOA) (Atlantic Canada Opportunities Agency)
- COVE - Centre for Ocean Ventures & Entrepreneurship (Centre for Ocean Ventures & Entrepreneurship)
- Nova Scotia Community College (NSCC) Applied Research (Nova Scotia Community College)

3.8.1.9 Support workforce training and re-skilling programs

Develop and promote programs that provide training and re-skilling opportunities for individuals impacted by outdated policies or changing economic landscapes. Empowering the workforce with relevant skills can enhance employability and contribute to economic growth.

- Skills for Success (Literacy Nova Scotia)
- Workplace Education Initiative (Nova Scotia Department of Labour and Advanced Education)
- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- The Centre for Employment Innovation (CEI) (St. Francis Xavier University)
- Nova Scotia Community College (NSCC) – Continuing Education (Nova Scotia Community College)

3.8.1.10 Encourage public-private partnerships

Facilitate collaboration between public and private sectors to jointly address the issue of inadequate policies. Public-private partnerships can generate actionable ideas, pool resources, and share expertise to create a supportive environment for economic growth and job creation.

- The Nova Scotia Offshore Energy Research Association (OERA) (OERA)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- The Centre for Ocean Ventures & Entrepreneurship (COVE) (COVE)
- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)

3.8.2 Restrictive regulations hindering business expansion or innovation.

3.8.2.1 Advocacy and lobbying

The community can come together to advocate for changes in regulations by engaging with lawmakers and policymakers. This can involve raising awareness about the negative impact of restrictive regulations on businesses and innovation.

- Fair Regulations for Small Distillers (Craft Distillers Association of Nova Scotia)
- Promotion of Local Food Movement (Farmers' Markets of Nova Scotia Cooperative)
- Small Business Tax Reform (Halifax Chamber of Commerce)
- Renewable Energy Policy Advocacy (Sustainable Energy Nova Scotia)
- Support for Immigrant Entrepreneurs (Immigrant Services Association of Nova Scotia)

3.8.2.2 Collaborative policymaking

The community can actively participate in the policymaking process by providing feedback and suggestions to regulatory bodies. This can be achieved through public consultations, industry forums, or other collaborative platforms that allow community input.

- Participatory Budgeting (Halifax Regional Municipality)
- Engage Nova Scotia (N/A - Online platform)
- The Nova Scotia Law Amendments Committee (Nova Scotia Legislature)
- Halifax Regional Municipality Public Consultations (Halifax Regional Municipality)
- The Nova Scotia Health Authority's Public Engagement (Nova Scotia Health Authority)

3.8.2.3 Education and awareness

By educating the community about the benefits of business expansion and innovation, individuals can be empowered to rally for change. This can include organizing workshops, seminars, or awareness campaigns to inform people about the importance of flexible regulations.

- Business Education Workshops (Halifax Chamber of Commerce)
- Entrepreneurship Awareness Campaigns (Nova Scotia Business Inc.)
- Innovation and Technology Seminars (Innovacorp)
- Startup Workshops (Volta)
- Regulatory Reform Workshops (Canadian Federation of Independent Business (CFIB))

3.8.2.4 Networking and collaboration

Encouraging collaboration between businesses and fostering networks within the community can lead to a stronger collective voice. By working together, businesses can identify common challenges and jointly propose solutions to alleviate restrictive regulations.

- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Halifax Partnership (1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7)
- Centre for Women in Business (Mount Saint Vincent University, Halifax, NS B3M 2J6)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Nova Scotia Co-operative Council (201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)

3.8.2.5 Monitoring and reporting

The community can establish mechanisms to monitor the impact of regulations on businesses and innovation. By collecting data and creating reports, community members can provide evidence-based arguments for regulation reform.

- Nova Scotia Business Inc. (NSBI) Reporting (Nova Scotia Business Inc.)
- One Nova Scotia Coalition Reports (One Nova Scotia Coalition)
- Atlantic Provinces Economic Council (APEC) Economic Publications (Atlantic Provinces Economic Council)
- Department of Finance and Treasury Board Reports and Forecasts (Department of Finance and Treasury Board of Nova Scotia)

3.8.2.6 Engaging with professional associations

Many professional associations have advocacy teams that work on behalf of their members. The community can actively engage with these associations, providing input and supporting their efforts to influence regulatory changes.

- Advocacy for Sustainable Forestry Practices (Registered Professional Foresters Association of Nova Scotia)
- Physician Recruitment and Healthcare Advocacy (Doctors Nova Scotia)
- Engineering Regulatory and Advocacy Efforts (Engineers Nova Scotia)
- Legal Profession Advocacy and Regulatory Engagement (Nova Scotia Barristers' Society)
- Nursing Advocacy and Professional Development (College of Registered Nurses of Nova Scotia (Now known as Nova Scotia College of Nursing))

3.8.2.7 Showcasing success stories

By highlighting successful businesses and innovations that have thrived despite restrictive regulations, the community can demonstrate the potential benefits of a more flexible regulatory environment. This can be done through case studies, media campaigns, or events showcasing local success stories.

- Nova Scotia Business Hall of Fame (Junior Achievement of Nova Scotia)
- Innovation and Success Stories (Nova Scotia Government)
- Nova Scotia Export Achievement Awards (Nova Scotia Business Inc.)
- Digital Nova Scotia's Tech Lounge (Digital Nova Scotia)
- Starting Lean: The Journey of Innovation (Volta)

3.8.2.8 Building a coalition

Communities can form alliances with other stakeholders, such as chambers of commerce, industry experts, and trade unions, to create a broader coalition for regulatory reform. By collaborating with diverse groups, the community can present a stronger and more unified front.

- The Halifax Chamber of Commerce - Regulatory Advocacy (The Halifax Chamber of Commerce)
- Workplace Innovation and Productivity Skills Incentive (Nova Scotia Department of Labour and Advanced Education)

- Atlantic Chamber of Commerce - Regulatory Reform (Atlantic Chamber of Commerce)
- Nova Scotia Federation of Labour (3700 Kempt Road, Suite 225, Halifax, NS B3K 4X8)
- Canadian Federation of Independent Business (CFIB) - Nova Scotia (Canadian Federation of Independent Business)

3.8.2.9 Engaging with academia and research institutions

Academic and research institutions often have a significant influence on policy development. The community can collaborate with these institutions to conduct research and provide evidence-based arguments for regulatory changes that promote business expansion and innovation.

- Dalhousie Agricultural Campus - Agri-Tech Research (Dalhousie University)
- Ocean Frontier Institute - Ocean Sustainability (Ocean Frontier Institute)
- Innovacorp - High Potential Startups (Innovacorp)
- Volta Labs - Startup Support Hub (Volta Labs)
- Perennia - Agri-Food and Bioresource Innovation (Perennia)
- Creative Destruction Lab - Atlantic (Creative Destruction Lab)
- Springboard Atlantic - Innovation Mobilization (Springboard Atlantic)

3.8.2.10 Encouraging entrepreneurship and start-ups

By fostering a culture that supports entrepreneurial ventures, the community can create an environment where innovation and business expansion are highly valued. This can involve providing resources, mentorship, and financial support to start-ups.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- CEED - Centre for Entrepreneurship Education and Development (CEED)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Innovation and Entrepreneurship Center at Saint Mary's University (Saint Mary's University)
- Startup Halifax

3.9 POPULATION DECLINE AND AGING POPULATION

3.9.1 Outmigration of young and skilled individuals in search of better job opportunities.

3.9.1.1 Promote local entrepreneurship

Encourage the development of small businesses and startups by offering support programs, training, and incentives. This can create new job opportunities and provide an alternative to working elsewhere.

- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Centre for Entrepreneurship Education and Development (CEED) (Centre for Entrepreneurship Education and Development)

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Common Good Solutions (5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6)
- Atlantic Canada Opportunities Agency (ACOA) (Atlantic Canada Opportunities Agency)

3.9.1.2 *Improve local job market*

Work towards attracting larger industries and companies to the area by highlighting the community's strengths and resources. This can help diversify the local job market and provide better opportunities for young and skilled individuals.

- Atlantic Immigration Pilot Program (Government of Nova Scotia / Immigration, Refugees and Citizenship Canada)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Centres for Education and Work Growth Fund (Nova Scotia Department of Labour and Advanced Education)
- Innovacorp - High Potential Startups (Innovacorp)
- Digital Nova Scotia - Tech Talent (Digital Nova Scotia)

3.9.1.3 *Invest in education and skills training*

Enhance the quality of local educational institutions and vocational training programs to ensure that young individuals have access to relevant skills and knowledge required for available job opportunities.

3.9.1.4 *Develop remote work opportunities*

Promote the establishment of co-working spaces, technology hubs, and high-speed internet access in the community, making it viable for skilled workers to work remotely without the need to relocate.

- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- The HUB South Shore (21B Lower LaHave Rd, Bridgewater, NS B4V 2W7, Canada)
- CO3 (132 Pleasant St, Truro, NS B2N 3R4)
- The Internet Hub (Government of Nova Scotia)
- Rural Innovation Districts (Government of Nova Scotia - Rural Innovation Initiative)

3.9.1.5 *Enhance community amenities and lifestyle*

Focus on improving the overall quality of life in the community by investing in recreational facilities, cultural events, and infrastructure development. This can help attract and retain young individuals looking for a vibrant and fulfilling lifestyle.

- Halifax Central Library (Halifax Public Libraries)
- Canada Games Centre (26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada)
- Nocturne: Art at Night (Nocturne Halifax)

- COVE - Centre for Ocean Ventures & Entrepreneurship (Centre for Ocean Ventures & Entrepreneurship)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Halifax Jazz Festival (5566 Sackville St, Halifax, NS B3J 1L1, Canada)
- Emera Oval (Halifax Regional Municipality)
- Discovery Centre (1215 Lower Water St, Halifax, NS B3J 3S8, Canada)

3.9.1.6 *Foster local networks and mentorship programs*

Encourage the formation of professional networks and mentorship programs that connect experienced professionals with younger individuals. This can provide valuable guidance, advice, and opportunities to help young individuals thrive locally.

- Digital Nova Scotia's Digital Discovery Camp (Digital Nova Scotia)
- Fusion Halifax (Not specified)
- The Mentoring Plus Strategy
- Nova Scotia Community College (NSCC) Mentorship Programs (Nova Scotia Community College)
- Black Business Initiative (BBI) Business is Jammin' (Black Business Initiative)

3.9.1.7 *Collaborate with local businesses and government*

Foster partnerships between local businesses, government entities, and educational institutions to identify the specific needs of the local job market. This collaboration can help align educational programs with industry requirements, reducing the mismatch of skills and job opportunities.

- The Connector Program (Halifax Partnership)
- START Program (Government of Nova Scotia - Labour and Advanced Education)
- Workplace Innovation and Productivity Skills Incentive (Nova Scotia Business Inc.)
- Co-op Education Incentive (Government of Nova Scotia – Co-operative Education)
- Innovate to Opportunity (Nova Scotia Office of Immigration)
- Digital Assistance Program for Small Business (Digital Nova Scotia)
- Sector Council Program (Nova Scotia Department of Labour, Skills and Immigration)

3.9.1.8 *Offer incentives for staying*

Explore the possibility of providing tax incentives, housing subsidies, or student loan forgiveness programs targeted towards young individuals who choose to stay and work in the community.

- Nova Scotia Health Care Professionals Recruitment Incentive (Nova Scotia Department of Health and Wellness)
- Graduate to Opportunity (GTO) (Nova Scotia Department of Labour and Advanced Education)
- Innovate to Opportunity (ITO) (Nova Scotia Department of Labour and Advanced Education)
- Nova Scotia Student Loan Forgiveness Program (Government of Nova Scotia)
- Housing Nova Scotia Down Payment Assistance Program (Housing Nova Scotia)
- Atlantic Immigration Pilot Program (Immigration, Refugees and Citizenship Canada)

3.9.1.9 Address affordability and cost of living issues

Work towards lowering the cost of living by encouraging affordable housing initiatives, supporting local businesses, and renegotiating utility rates. This can make the community a more attractive place for young individuals to settle and build their careers.

- Rapid Housing Initiative (Canada Mortgage and Housing Corporation (CMHC))
- Affordable Housing Association of Nova Scotia (AHANS) (Affordable Housing Association of Nova Scotia)
- Housing Nova Scotia (14th floor, Barrington Tower, 1894 Barrington St., Halifax, NS B3J 2A8)
- Nova Scotia Co-operative Council (201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5)
- Efficiency Nova Scotia (230 Brownlow Ave, Unit 300, Dartmouth, NS B3B 0G5)
- Community Housing Transformation Centre (N/A - This is a Canada-wide organization with regional impact)

3.9.1.10 Focus on community engagement and retention efforts

Promote community involvement and engagement by organizing events, workshops, and opportunities for young individuals to connect and contribute to the local community. This can foster a sense of belonging and pride, encouraging them to stay and invest in the community's growth.

- Community Health Boards (CHBs) (Nova Scotia Health Authority)
- Engage Nova Scotia (N/A - Online platform)
- Volunteer NS (Not specific (province-wide initiative))
- Fusion Halifax (Not specified)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- NOW Lunenburg County (43 Green St, Lunenburg, NS B0J 2C0)

3.9.2 Increasing number of retirees, leading to a smaller workforce and decreased productivity.

3.9.2.1 Encourage higher birth rates

Implement policies and campaigns to increase birth rates in the community, thereby ensuring a larger working-age population to counterbalance the rising number of retirees.

3.9.2.2 Encourage immigration

Develop programs to attract skilled immigrants to the community, providing them with opportunities and incentives to settle and contribute to the workforce.

- Nova Scotia Nominee Program (Immigration, Refugees and Citizenship Canada in partnership with Nova Scotia Office of Immigration)
- Atlantic Immigration Pilot (Immigration, Refugees and Citizenship Canada)
- Study and Stay – Nova Scotia (EduNova Cooperative Ltd.)
- Nova Scotia Demand: Express Entry (Nova Scotia Office of Immigration)
- Nova Scotia Experience: Express Entry (Nova Scotia Office of Immigration)

- Physician Stream (Nova Scotia Office of Immigration)
- Start-Up Visa Program (Immigration, Refugees and Citizenship Canada)

3.9.2.3 Promote lifelong learning

Establish programs and initiatives that encourage older workers to stay in the workforce for longer by providing training, re-skilling, and upskilling opportunities. This would help maximize productivity and offset the impact of retiring workers.

- Senior Safety Program (Nova Scotia Department of Seniors)
- 50+ Employment Support Program (Teamwork Cooperative)
- Community Learning Initiative (Nova Scotia Community Learning Network)
- Age-Friendly Community Grant Program (Nova Scotia Department of Seniors)
- Adult Education Programs (Nova Scotia Department of Labour and Advanced Education)

3.9.2.4 Encourage phased retirement

Introduce policies that support flexible retirement options, such as part-time or gradual retirement. This allows older workers to continue contributing their expertise while creating space for younger individuals to enter the workforce.

- Flexible Retirement Options Program (Government of Nova Scotia)
- Retiree Bridge Program (Emera Inc.)
- Nova Scotia Health Authority (NSHA) Retiree Program (Nova Scotia Health Authority)
- University Retirees Volunteering in Research (Dalhousie University)

3.9.2.5 Foster entrepreneurship

Provide support and resources for aspiring entrepreneurs, particularly targeting retirees who may have accumulated valuable knowledge and experience. These initiatives can help create new jobs and stimulate economic growth.

- Third Quarter
- Centre for Entrepreneurship Education and Development (CEED) (Centre for Entrepreneurship Education and Development)
- Futurpreneur Canada (Halifax, NS (Contact through website for specific address))
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Nova Scotia Community College (NSCC) - Entrepreneurship (Nova Scotia Community College)

3.9.2.6 Improve healthcare and wellness

Enhance healthcare systems and promote healthier lifestyles to increase the overall wellbeing and longevity of the population. A healthier population can remain productive for longer, delaying retirement and mitigating the workforce shortage.

- Thrive: A plan for a healthier Nova Scotia (Government of Nova Scotia)
- Collaborative Care Model (Nova Scotia Health Authority)
- Healthy Development Strategy (IWK Health Centre)
- The INSPIRED COPD Outreach Program™ (Nova Scotia Health Authority)

- Diabetes Management Centres (Diabetes Canada)
- Mental Health and Addictions Strategy (Government of Nova Scotia)
- 211 Nova Scotia

3.9.2.7 *Incentivize older workers*

Introduce financial incentives, tax breaks, and increased benefits for older workers who choose to stay in the workforce beyond the typical retirement age. This encourages individuals to continue working, helping to alleviate the labor shortage.

- Experienced Worker Incentive (Government of Nova Scotia)
- Senior Citizen Assistance Program (Service Nova Scotia and Internal Services)
- Continuing Care Assistant Grant Program (Department of Health and Wellness)

3.9.2.8 *Flexible work arrangements*

Encourage employers to offer flexible work arrangements such as remote work, flexible hours, and job-sharing options. This can help attract and retain workers who may have caregiving responsibilities or prefer a more balanced approach to work-life integration.

- Government of Nova Scotia Flexible Work Arrangements (Government of Nova Scotia)
- Dalhousie University Flexible Work Arrangements (Dalhousie University)
- SimplyCast's 9-to-5 Alternative Work Program (SimplyCast)

3.9.2.9 *Encourage intergenerational collaboration*

Set up mentorship programs and initiatives that foster collaboration between older and younger workers. This allows for knowledge transfer and the utilization of older workers' experience while providing younger employees with valuable guidance and support.

- TIME (Together in Movement and Exercise) (Dalhousie University)
- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Intergenerational Literacy Tutoring Program (Laubach Literacy Nova Scotia)
- Experience Counts (Third Sector Enhancement Ltd.)
- Intergenerational Garden (Halifax Regional Municipality)

3.9.2.10 *Rethink retirement age*

Evaluate the retirement age and explore possibilities for raising it gradually in accordance with changes in life expectancy and overall health. This can help balance workforce demographics and align retirement ages with longer, healthier lives.

- Increase of the Age of Retirement for Judges (Government of Nova Scotia)
- Career Extension for Highly Skilled Workers (Labour and Advanced Education, Nova Scotia)
- Retiree Incentive for Nurses (Nova Scotia Health Authority)
- Senior Home Repair Program (Housing Nova Scotia)

3.10 INFRASTRUCTURE LIMITATIONS

3.10.1 Insufficient infrastructure in certain regions to support businesses and attract investments.

3.10.1.1 *Expand and upgrade existing infrastructure*

The community can work together to identify areas where infrastructure improvements are most needed, such as providing better transportation networks, upgrading power grids, and improving internet connectivity.

3.10.1.2 *Establish public-private partnerships*

The community can encourage collaboration between local governments, businesses, and private investors to fund and implement infrastructure projects. This could involve seeking investments from corporations, forming consortiums, or attracting international development assistance.

- Halifax Harbour Bridges Deck Replacement Project (Halifax Harbour Bridges)
- Nova Scotia 211 Service (United Way Halifax)
- The Centre for Ocean Ventures & Entrepreneurship (COVE) (Centre for Ocean Ventures & Entrepreneurship (COVE))
- Internet for Nova Scotia Initiative (Develop Nova Scotia)

3.10.1.3 *Advocate for government funding*

The community can come together to lobby local and national governments for increased funding for infrastructure development. This can be achieved through letters, petitions, or collective representation to highlight the economic benefits that a sufficient infrastructure would bring.

- Stop the Highway 113 Campaign (Ecology Action Centre)

3.10.1.4 *Engage in infrastructure planning*

The community can actively participate in infrastructure planning by attending public meetings, workshops, or town halls. By providing input and suggestions, community members can help identify the specific needs and priorities for infrastructure development in their regions.

- Halifax Regional Municipality Public Engagement (Halifax Regional Municipality)
- Participatory Budgeting in Halifax (Halifax Regional Municipality)
- Connect2 (Government of Nova Scotia)
- Centre Plan Public Consultation (Halifax Regional Municipality)
- Nova Scotia Federation of Municipalities Annual Conference (Nova Scotia Federation of Municipalities)

3.10.1.5 *Promote education and skills development*

The community can emphasize the importance of technical education and skills development to create a local workforce capable of supporting infrastructure development. This can be done through partnerships with educational institutions, vocational training programs, or mentorship initiatives.

- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- Skills Nova Scotia (Skills Canada – Nova Scotia)

- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Nova Scotia Community College (NSCC) Programs (Nova Scotia Community College)
- Women Unlimited's Career Exploration Programs (Women Unlimited)

3.10.1.6 Collaborate with neighboring communities

The community can collaborate with neighboring regions facing similar infrastructure challenges to share resources, knowledge, and best practices. By joining forces, communities can have a stronger voice in lobbying for regional infrastructure improvements.

- Atlantic Infrastructure Management Network (N/A - Network of multiple organizations across Atlantic Canada)
- Union of Nova Scotia Municipalities (Unit 100, 1701 Hollis Street, Cogswell Tower, Halifax, NS B3J 2T9)
- Municipal Cooperation on Infrastructure (Individual municipal governments)
- Atlantic Mayors' Congress
- Connect2 (Government of Nova Scotia - Department of Energy and Mines)

3.10.1.7 Encourage local entrepreneurship

The community can foster an environment that supports local entrepreneurship and small businesses. This can be done by providing incentives, mentorship programs, or access to loans and grants, thus attracting investments and strengthening the local economy.

- CEED - Centre for Entrepreneurship Education and Development (Centre for Entrepreneurship Education and Development)
- IGNITE Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Atlantic Canada Opportunities Agency (ACOA) - Business Development Program (BDP) (Atlantic Canada Opportunities Agency)

3.10.1.8 Raise community awareness

The community can actively raise awareness about the importance of infrastructure development and its impact on businesses and investments. This can involve organizing awareness campaigns, distributing informative materials, or leveraging local media channels to educate and engage community members.

- Engage Nova Scotia (N/A - Online platform)
- Main Street Nova Scotia (The Nova Scotia Department of Communities, Culture and Heritage)
- Infrastructure Canada – Investing in Canada Plan (Infrastructure Canada)

3.10.1.9 Use technology and innovation

The community can explore innovative solutions, such as utilizing smart technologies, renewable energy sources, or modular construction methods, to address infrastructure gaps efficiently and cost-effectively.

3.10.1.10 Monitor and hold officials accountable

The community can keep track of infrastructure commitments made by government officials, monitor progress, and hold them accountable for delivering on their promises. This can involve creating watchdog groups, engaging in transparency initiatives, or fostering open dialogue with elected representatives.

3.10.2 Inadequate communication networks hindering connectivity and access to markets.

3.10.2.1 Establish community-based communication networks

Encourage the community to set up their wireless networks or satellite connections to provide connectivity where traditional infrastructure is lacking.

- Seaside Wireless Communications (Seaside Wireless Communications Inc.)
- Develop Nova Scotia's Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Eastlink Rural Connect (Eastlink)
- Mainland Telecom (Mainland Telecom Inc.)

3.10.2.2 Collaborate with local governments and organizations

Engage with local governments and organizations to improve existing communication networks, expand internet coverage, and provide access to remote areas.

- Develop Nova Scotia (Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, B3J 1S9)
- Municipality of Cumberland – Municipal Rural Broadband Project (Municipality of Cumberland)
- i-Valley and Smart Villages (i-Valley)
- Connected Coast Project (CityWide Communications)
- Nova Scotia Internet Funding Trust (Government of Nova Scotia)

3.10.2.3 Support and promote digital literacy programs

Organize training sessions and workshops to enhance the community's understanding and usage of communication technologies, enabling them to leverage available resources effectively.

- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Nova Scotia's Digital Literacy Framework (Nova Scotia Department of Education and Early Childhood Development)
- Literacy Nova Scotia (80 Walker Street, Truro, Nova Scotia, B2N 4A9)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)

3.10.2.4 Create community telecommunication centers

Establish centers equipped with computers, internet access, and other communication technologies. These centers can serve as hubs for businesses, individuals, and organizations to connect with markets and access essential services.

- Digital NS Community Access Program (C@P) (Digital Nova Scotia)
- Public Libraries Internet Access (Nova Scotia Provincial Library)
- Community Hubs (Various Community Organizations)
- Internet for Nova Scotia Initiative (Develop Nova Scotia)

3.10.2.5 Encourage the use of mobile technologies

Promote the use of mobile devices and apps that facilitate communication, access to markets, and knowledge-sharing, particularly in remote areas where traditional networking might be limited.

- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- My Nova Scotia (Government of Nova Scotia)
- Nova Scotia Community Access Program (C@P) (Nova Scotia Community Access Program)
- Perennia's Agri-food Online Tools (Perennia Food & Agriculture Inc.)
- Dal Mobile (Dalhousie University)

3.10.2.6 Foster partnerships with internet service providers (ISPs)

Collaborate with ISPs to extend their coverage to underserved areas or negotiate lower-cost plans to make the internet more accessible to the community.

- High-speed Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Broadband Fund (Government of Nova Scotia)
- Network Expansion Partnership (Municipality of the County of Kings)
- Connect to Innovate Program (Innovation, Science and Economic Development Canada)

3.10.2.7 Develop community-based marketplace platforms

Facilitate the creation of online platforms that allow community members to showcase products and services, enabling access to markets locally and beyond.

- Halifax Crafters Society (Not specified)
- Farmers' Markets of Nova Scotia Cooperative
- Made in Nova Scotia Store (324 St. George Street, Annapolis Royal, NS B0S 1A0)
- Local Wishlist (Not specified)
- Cape Breton's Craft Market (Cape Breton Craft & Design)

3.10.2.8 Support entrepreneurial initiatives

Encourage and support community members to establish businesses that address the communication and connectivity issue, such as internet cafes, local network providers, or technology repair services.

- Rural Broadband Initiative (Develop Nova Scotia)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- CEED (Centre for Entrepreneurship Education and Development) (Centre for Entrepreneurship Education and Development)
- Innovacorp's High-Speed Internet Zone (Innovacorp)
- Internet for Nova Scotia Initiative (Government of Nova Scotia)

3.10.2.9 Advocate for policy changes

Raise awareness about the importance of adequate communication networks at local and national levels, advocating for policy changes and investment in infrastructure to improve connectivity.

- Rural Broadband Advocacy (Develop Nova Scotia)
- Digital Divide Advocacy (ACORN Nova Scotia)
- Accessible Connectivity for Education (Nova Scotia Department of Education and Early Childhood Development)
- Digital Nova Scotia Policy Advocacy (Digital Nova Scotia)
- Connect to Innovate Program Advocacy (Government of Canada (Innovation, Science and Economic Development Canada))

3.10.2.10 Utilize alternative communication technologies

Explore alternative technologies such as satellite internet, mesh networks, or wireless communication solutions to overcome challenges associated with inadequate traditional communication networks.

- Rural Broadband Expansion (Develop Nova Scotia)
- Mesh Networks for Rural Communities (Various Community Groups)
- Emergency Satellite Communications (Emergency Management Office (EMO) Nova Scotia)
- Wireless Internet Service Expansion (Eastlink, Seaside Wireless Communications, and other private ISPs)

3.10.2.11 Engage with non-profit organizations and grant programs

Seek support from non-profit organizations and grant programs that focus on improving connectivity and access to markets in underserved areas.

- Rural Transportation Association (RTA) (Rural Transportation Association)
- Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Community Transportation Assistance Program (Nova Scotia Department of Transportation and Infrastructure Renewal)
- CEDIF Program (Economic Development Nova Scotia)
- Innovacorp's High Speed Internet Funding (Innovacorp)

3.10.2.12 Leverage existing infrastructure

Collaborate with community members to identify unused or underutilized infrastructure that can be repurposed to enhance communication networks and expand connectivity.

- Rural Broadband Expansion through Existing Infrastructure (Develop Nova Scotia)
- Digital Nova Scotia – Community IT Engagement (Digital Nova Scotia)
- Connecting Rural Nova Scotia through Unused Schools (Various Community Organizations)
- Collaborative Small Town Wi-Fi Networks (Local Small Business Associations)

3.10.2.13 Establish communication committees

Form committees within the community to actively address and monitor connectivity issues, propose solutions, and collaborate with relevant stakeholders to implement changes.

- Connectivity Steering Committee (Develop Nova Scotia)
- Municipal High-Speed Internet Committee (Municipality of the County of Kings)
- Rural Broadband Working Group (The Federation of Canadian Municipalities)

3.10.2.14 Educate and involve the youth

Foster the engagement of youth in technology-related initiatives, encouraging them to explore solutions to connectivity issues and promote digital innovation within the community.

- Brilliant Labs (Nova Scotia location varies; they have multiple labs across Atlantic Canada.)
- Digital Discovery Camp (SuperNOVA at Dalhousie University)
- techsploration (Techsploration)
- Hackmatack Children's Choice Book Award (538 McKay Place, Kingston, NS B0P 1R0, Canada)

3.11 MARKET DYNAMICS AND CHANGING CONSUMER PREFERENCES

3.11.1 Shifting consumer preferences leading to decreased demand for traditional products.

3.11.1.1 Market Research and Analysis

The community can contribute by conducting thorough market research and analysis to identify new consumer preferences and emerging trends. This would help businesses understand the changing demands and adapt their product offerings accordingly.

- Nova Scotia Business Inc. Market Intelligence Services (Nova Scotia Business Inc.)
- Perennia's Market Development Services (Perennia Food and Agriculture Inc.)
- Atlantic Canada Opportunities Agency Market Reports (Atlantic Canada Opportunities Agency)
- The Centre for Women in Business Market Research (The Centre for Women in Business)

3.11.1.2 Collaboration and Partnerships

Various community stakeholders, such as businesses, educational institutions, and local government, can collaborate to create partnerships. By working together, they can share resources, knowledge, and ideas to develop innovative products that align with evolving consumer preferences.

- The Ocean Supercluster (Canada's Ocean Supercluster)
- Volta Labs (1505 Barrington St, Halifax, NS B3J 3K5, Canada)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- COVE - Centre for Ocean Ventures & Entrepreneurship (COVE)
- CEED - Centre for Entrepreneurship Education and Development (CEED)

- Halifax Partnership (1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7)

3.II.I.3 Promoting Local and Sustainable Products

Communities can promote and support local businesses that offer sustainable and eco-friendly products. By doing so, they can create a niche market for these products and attract consumers who are increasingly conscious about the environmental impact of their choices.

- Select Nova Scotia (Government of Nova Scotia)
- Farmers' Markets of Nova Scotia Co-operative (N/A - Various locations across Nova Scotia)
- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Made in Nova Scotia – Etsy (Etsy)
- Nova Scotia Good Cheer Trail (Taste of Nova Scotia)

3.II.I.4 Consumer Education and Awareness

The community can contribute by educating consumers about the benefits of traditional products and highlighting their unique value propositions. This can be done through workshops, seminars, or local campaigns focusing on the cultural, historical, or health-related aspects of traditional products.

- Select Nova Scotia (Government of Nova Scotia - Department of Agriculture)
- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Farmers' Markets of Nova Scotia Cooperative
- Made in Nova Scotia Store (324 St. George Street, Annapolis Royal, NS B0S 1A0)
- The Nova Scotia Culinary Trails (Taste of Nova Scotia / Tourism Nova Scotia)

3.II.I.5 Innovation and Product Diversification

Encouraging local businesses to invest in innovation and diversify their product offerings can help attract consumers with varying preferences. Communities can initiate grants or funding programs to support small businesses in developing new and creative products that meet the changing demands of consumers.

- Innovacorp's Early Stage Commercialization Fund (ESCF) (Innovacorp)
- NSBI Innovation Rebate Program (Nova Scotia Business Inc. (NSBI))
- Creative Industries Fund (Nova Scotia Department of Communities, Culture and Heritage)
- Productivity and Innovation Voucher Program (Nova Scotia Department of Economic Development)
- Atlantic Canada Opportunities Agency (ACOA) Programs (Atlantic Canada Opportunities Agency)

3.II.I.6 Online Presence and E-commerce

Communities can promote traditional products by establishing online platforms and e-commerce channels. This would enable local businesses to reach a broader audience and tap into global markets, increasing their customer base beyond the community itself.

- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Nova Scotia Business Inc. - Business Development Program (Nova Scotia Business Inc.)

- Centre for Women in Business - Digital Presence Program (Centre for Women in Business)
- Nova Scotia Community College - E-commerce Course (Nova Scotia Community College)
- Shopify Local Pop-up Program (Shopify)

3.II.I.7 Supporting Entrepreneurship

The community can actively support aspiring entrepreneurs who want to introduce unique products or revive traditional industries. By providing mentoring, training, and financial assistance, the community can foster an environment that encourages entrepreneurship and helps in creating new opportunities.

- Centre for Entrepreneurship Education and Development (CEED) (CEED)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Atlantic Canada Opportunities Agency (ACOA) (Atlantic Canada Opportunities Agency)
- Common Good Solutions (5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6)

3.II.I.8 Cultural Festivals and Events

Organizing cultural festivals and events that celebrate traditional products can generate interest and attract consumers. Communities can collaborate with local businesses and organizations to host such events, showcasing traditional products, culinary experiences, and cultural performances.

- The Royal Nova Scotia International Tattoo (Royal Nova Scotia International Tattoo Foundation)
- The Celtic Colours International Festival (Celtic Colours Festival Society)
- Halifax Greek Fest (St. George's Greek Orthodox Church and Community of Halifax)
- Multifest (Nova Multifest Society)
- Halifax Jazz Festival (JazzEast Rising Association)
- Deep Roots Music Festival (Deep Roots Music Cooperative)

3.II.I.9 Quality Control and Standards

Communities can establish quality control measures and standards for traditional products. This would ensure that customers receive reliable and authentic goods, enhancing their trust in traditional products and encouraging more people to choose them over alternatives.

- Crafts Alliance Atlantic Association (1113 Marginal Road, Halifax, Nova Scotia, B3H 4P7)
- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Nova Scotia Designer Crafts Council (1113 Marginal Road, Halifax, Nova Scotia, B3H 4P7)
- Nova Scotia Good Cheer Trail (Taste of Nova Scotia)
- Authentic Seacoast Company (75 Ferry Lane, Guysborough, Nova Scotia, B0H 1N0)

3.11.1.10 Networking and Knowledge Sharing

Facilitating networking opportunities and knowledge sharing between traditional product producers can help them learn from each other's experiences, exchange best practices, and collectively address the challenges they face in the market.

- The Nova Scotia Food Gathering (FoodARC – Food Action Research Centre)
- Nova Scotia Federation of Agriculture - Sharing Excellence (Nova Scotia Federation of Agriculture)
- Nova Scotia Seafood Alliance - Industry Networking Events (Nova Scotia Seafood Alliance)
- Select Nova Scotia - Promotional Campaigns (Select Nova Scotia, Department of Agriculture)
- Craft Brewers Association of Nova Scotia - Festivals and Events (Craft Brewers Association of Nova Scotia)
- Centre for Women in Business - Networking Events (Centre for Women in Business)

3.11.2 Increased demand for environmentally sustainable practices, challenging certain industries.

3.11.2.1 Promote education and awareness

Conduct workshops, seminars, and awareness campaigns to educate the community about the importance of environmentally sustainable practices. This can include informing people about the impact of certain industries on the environment and encouraging them to make environmentally conscious decisions.

- Clean Foundation's School Programs (Clean Foundation)
- Divert NS' Environmental Education (Divert NS)
- EcoAction Community Fund (Environment and Climate Change Canada)
- ACAP Cape Breton's Environmental Education Programs (ACAP Cape Breton)
- Ecology Action Centre's Workshops and Campaigns (Ecology Action Centre)

3.11.2.2 Support and invest in green businesses

Encourage the growth of environmentally sustainable industries by supporting and investing in businesses that prioritize sustainable practices. This can include buying products or services from eco-friendly companies or actively investing in green start-ups.

- Efficiency Nova Scotia (Efficiency Nova Scotia Corporation)
- Nova Scotia Green Fund (Government of Nova Scotia)
- Nova Scotia Come to Life (Nova Scotia Business Inc.)
- Clean Tech Internship Program (Clean Foundation)
- Sustainable Development Goals (SDG) Funding Program (Government of Nova Scotia)

3.11.2.3 Advocate for stricter regulations

Work together as a community to push for stricter regulations and policies that promote environmentally sustainable practices within certain industries. This can involve lobbying local or

national governments, supporting environmental organizations, or participating in public consultations to voice concerns and push for change.

- Ecojustice Climate Change Litigation (Ecojustice)
- Sustainable Ocean Alliance Halifax Hub (Sustainable Ocean Alliance)
- Ecology Action Centre's Wilderness Protection (Ecology Action Centre)
- East Coast Environmental Law Association (East Coast Environmental Law)
- Clean Foundation Environmental Policy Advocacy (Clean Foundation)

3.11.2.4 Engage in sustainable consumption habits

Encourage community members to adopt sustainable consumption habits by reducing waste, recycling, and buying locally sourced products. This can help create a demand for environmentally friendly products and indirectly push industries to adopt more sustainable practices.

- Divert NS (35 Commercial Street, Suite 400 Truro, Nova Scotia B2N 3H9)
- Clean Foundation (126 Portland Street, Dartmouth, NS B2Y 1H8, Canada)
- Ecology Action Centre (2705 Fern Ln, Halifax, NS B3K 4L3)
- Halifax Solid Waste Resources (Halifax Regional Municipality)
- Farmers' Markets of Nova Scotia Cooperative

3.11.2.5 Support renewable energy sources

Advocate for the adoption and expansion of renewable energy sources within the community. This can include promoting the installation of solar panels, supporting community-led energy projects, or encouraging local businesses to use clean energy sources.

- SolarHomes Program (EfficiencyOne)
- Community Feed-In Tariff (COMFIT) (Government of Nova Scotia)
- Smart Grid Nova Scotia (Nova Scotia Power)
- Nova Scotia Green Fund (Government of Nova Scotia)
- Green Choice Program (Nova Scotia Power)
- Community Solar Projects (Various Local Cooperatives and Non-profits)

3.11.2.6 Promote circular economy practices

Encourage the community to embrace circular economy principles, such as reducing, reusing, and recycling materials. This can include organizing community-wide recycling initiatives, supporting businesses that focus on zero-waste practices, and promoting the repair and repurposing of products.

- Divert NS (35 Commercial Street, Suite 400 Truro, Nova Scotia B2N 3H9)

3.11.2.7 Collaborate with local industries

Facilitate open dialogues and partnerships between community members and local industries to find innovative solutions and opportunities for sustainable transformation. This can involve engaging in discussions with industry leaders, organizing industry-specific sustainability conferences, or supporting research and development initiatives focused on sustainable practices.

3.11.2.8 Foster sustainable transportation options

Encourage the use of public transportation, cycling, or walking instead of individual cars. Developing and promoting infrastructure for sustainable modes of transportation can contribute to reducing the carbon footprint of the community and challenging industries that heavily rely on non-renewable resources.

- Halifax Transit (Halifax Regional Municipality)
- Bike Week (Halifax Regional Municipality)
- Move More, Burn Less (Nova Scotia Department of Energy and Mines)
- Blue Route (Bicycle Nova Scotia)
- Transit Pass Program (Halifax Regional Municipality)
- SmartTrip (Clean Foundation)
- Active Transportation Planning (Municipalities across Nova Scotia)

3.11.2.9 Invest in green spaces and conservation efforts

Promote the creation and maintenance of green spaces within the community, such as parks, gardens, or wildlife sanctuaries. Supporting conservation efforts and enhancing biodiversity can contribute to a healthier environment and raise awareness about the importance of sustainable practices.

- Halifax Public Gardens (Halifax Regional Municipality)
- Blue Mountain-Birch Cove Lakes Wilderness Area (Nova Scotia Environment)
- Harriet Irving Botanical Gardens (Acadia University)
- The Dartmouth Commons (Halifax Regional Municipality)
- Nova Scotia Nature Trust (81 Prince Albert Road, Dartmouth, NS B2Y 1M1, Canada)
- Nature Conservancy of Canada (NCC) - Nova Scotia (Nature Conservancy of Canada)

3.11.2.10 Embrace responsible tourism

Encourage responsible tourism practices by educating visitors about the community's commitment to sustainability and promoting eco-friendly activities. This can help challenge industries that negatively impact the environment and generate additional income for the community through sustainable tourism initiatives.

- Cabot Trail (Destination Cape Breton)
- Trout Point Lodge (Trout Point Lodge of Nova Scotia)
- Sustainable Blue (3360 Hwy 203, Centre Burlington, NS B0N 2A0)
- Nova Scotia Nature Trust (81 Prince Albert Road, Dartmouth, NS B2Y 1M1, Canada)
- Clean Foundation (126 Portland Street, Dartmouth, NS B2Y 1H8, Canada)
- Ecology Action Centre (2705 Fern Ln, Halifax, NS B3K 4L3)

3.12 LACK OF ENTREPRENEURSHIP AND INNOVATION CULTURE

3.12.1 Limited support and resources for entrepreneurship and start-up ventures.

3.12.1.1 Establish an incubator or startup accelerator program

The community can come together to create and support an incubator or accelerator program that provides guidance, mentorship, and resources for entrepreneurs and startups. This can include access to office spaces, mentor networks, funding assistance, and educational workshops.

- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- CEED | Centre for Entrepreneurship Education and Development (CEED)
- Creative Destruction Lab Atlantic (Creative Destruction Lab)
- ISANS Business & Workforce Integration (ISANS)
- Startup Zone (31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4)

3.12.1.2 Organize networking events

Community members can organize networking events to bring together entrepreneurs, investors, and professionals who can support and provide resources to startups. These events can create valuable connections and opportunities for entrepreneurs to access the support they need.

- Innovacorp's Networking Events (Innovacorp)
- Volta's Ecosystem Events (Volta)
- Halifax Partnership's Connector Program (Halifax Partnership)
- Centre for Women in Business's (CWB) Networking Events (Centre for Women in Business)
- Digital Nova Scotia's TechLounge (Digital Nova Scotia)

3.12.1.3 Create a local angel investor network

Interested community members can collaborate to create an angel investor network that pools together funds to invest in local startups. This can provide much-needed capital for entrepreneurs and support the growth of new ventures.

- Concrete Ventures (Not provided)
- First Angel Network Association (First Angel Network Association (Defunct))
- Island Capital Partners (Not provided)
- Atlantic Women's Venture Fund (Atlantic Women's Venture Fund (Sandpiper Ventures))
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)

3.12.1.4 Offer entrepreneurship education and training programs

Community organizations, educational institutions, or professionals can conduct entrepreneurship education and training programs. These programs can provide aspiring entrepreneurs with the knowledge and skills required to navigate the startup ecosystem, including business planning, financial management, marketing, and more.

- Self-Employment Program (Nova Scotia Employment Services)
- Starting Lean Initiative (Dalhousie University - Rowe School of Business)

- CEED Entrepreneurship Programs (The Centre for Entrepreneurship Education and Development (CEED))
- IGNITE Startup Program (IGNITE Atlantic)
- Launchpad Accelerator Program (Volta Labs)
- Digital Skills for Youth Program (Digital Nova Scotia)

3.12.1.5 Establish a co-working space

The community can come together to create a co-working space exclusively for entrepreneurs and startups. This space can provide affordable and flexible office spaces, as well as collaborative environments and networking opportunities.

- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- CO3 (132 Pleasant St, Truro, NS B2N 3R4)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- The Hub South Shore (21B Cove Rd, Chester, NS B0J 1J0)
- Common Good Solutions (5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6)
- The Creative Space (15 Prince St, Sydney, NS B1P 4P5)

3.12.1.6 Collaborate with local government and economic development agencies

Community members can engage with local government and economic development agencies to advocate for policies and programs that promote and support entrepreneurship. This can ensure that there are sufficient resources, funding opportunities, and policies in place to encourage startup growth.

- Innovacorp (Innovacorp Enterprise Centre, 1344 Summer St., Halifax, NS, B3H 0A8)
- Nova Scotia Business Inc. (NSBI) (World Trade and Convention Centre, 1800 Argyle St #701, Halifax, NS, B3J 3N8)
- Centre for Entrepreneurship Education and Development (CEED) (Suite 225, 7071 Bayers Road, Halifax, NS, B3L 2C2)
- Volta (1505 Barrington St Unit 100, Halifax, NS, B3J 3K5)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS, B3J 3X7)
- The Atlantic Canada Opportunities Agency (ACOA) (644 Main Street, Moncton, NB, E1C 1E2)

3.12.1.7 Provide mentorship programs

Experienced entrepreneurs, professionals, or retired individuals can volunteer to mentor startup founders. Mentorship programs can offer guidance, knowledge sharing, and emotional support, enabling entrepreneurs to navigate challenges more effectively.

- CEED | Centre for Entrepreneurship Education and Development (CEED)
- Volta Mentor Network (Volta)
- Futurpreneur Canada Mentorship (Futurpreneur Canada)
- Digital Nova Scotia Mentorship Program (Digital Nova Scotia)

3.12.1.8 Establish a seed funding or grant program

Community organizations, businesses, or individuals can contribute to a seed funding or grant program that provides financial support to promising startups with limited resources. This funding can help early-stage ventures to develop prototypes, launch products, or scale their operations.

- Innovacorp Early Stage Commercialization Fund (ESCF) (Innovacorp)
- Nova Scotia Business Inc. (NSBI) Start-Up Visa Program (Nova Scotia Business Inc.)
- Creative Destruction Lab Atlantic (CDL-Atlantic) (Creative Destruction Lab)
- Volta Start-Up House Residency Program (Volta)
- Atlantic Canada Opportunities Agency (ACOA) Atlantic Innovation Fund (AIF) (Atlantic Canada Opportunities Agency)
- Nova Scotia Seed Capital Fund (Innovacorp)

3.12.1.9 Encourage industry collaborations

The community can foster collaborations between startups and established businesses or industries in the area. Such collaborations can provide startups with access to resources, expertise, and potential customers, while established businesses benefit from innovation and new ideas.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- COVE (Centre for Ocean Ventures & Entrepreneurship (COVE))
- Volta (Volta Labs)
- Creative Destruction Lab Atlantic (Creative Destruction Lab)
- Innovate Atlantic
- The Nova Scotia Sandbox Project (Nova Scotia Sandbox Project)

3.12.1.10 Promote entrepreneurship through awareness campaigns

Community members can initiate awareness campaigns to highlight the importance of entrepreneurship, its potential benefits, and the support available. This can inspire individuals within the community to pursue entrepreneurship and encourage participation in programs and initiatives aimed at assisting startups.

- Innovacorp's Start-Up Yard at COVE (Innovacorp)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Centre for Entrepreneurship Education and Development (CEED) (CEED)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Startup Zone (31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4)
- Nova Scotia Business Inc. (NSBI) Start-Up Visa Program (Nova Scotia Business Inc.)

3.12.2 Risk-averse mindset and traditional business practices inhibiting innovation.

3.12.2.1 Establish an innovation task force

Form a group of individuals with diverse backgrounds and perspectives who can actively identify and address the risk-averse mindset and traditional business practices hindering innovation. This task force can collaborate on finding solutions and implementing innovative practices within the community.

- Nova Scotia Innovation Hub (Nova Scotia Innovation Hub Inc.)
- COVE - Centre for Ocean Ventures & Entrepreneurship (Centre for Ocean Ventures & Entrepreneurship (COVE))
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Creative Destruction Lab Atlantic (Creative Destruction Lab)
- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)

3.12.2.2 Encourage a culture of experimentation

Promote a mindset that embraces failure as a learning opportunity rather than a setback. Encourage community members to experiment with innovative ideas, even if there's a degree of risk involved. Celebrate both successful and unsuccessful attempts in order to foster a more innovative environment.

- Creative Destruction Lab - Atlantic (Creative Destruction Lab)
- Volta Labs (1505 Barrington St, Halifax, NS B3J 3K5, Canada)
- Innovacorp - High Performance Incubation (HPi)™ (Innovacorp)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Sandboxes Project (Various Academic Institutions)

3.12.2.3 Provide education and training

Organize workshops or seminars to educate community members about the benefits of innovation and how to overcome risk aversion. Offer training programs focused on essential skills like critical thinking, problem-solving, and creative ideation. The aim is to equip individuals with the necessary knowledge and tools to drive innovation within their businesses.

- Innovate to Opportunity (Nova Scotia Government)
- SkillsonlineNS (Labour and Advanced Education, Government of Nova Scotia)
- Creative Destruction Lab - Atlantic (CDL-Atlantic, Rowe School of Business - Dalhousie University)
- ISANS Business Workshops and Training (Immigrant Services Association of Nova Scotia (ISANS))
- Research Nova Scotia (1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4)

3.12.2.4 Foster collaboration and knowledge sharing

Create platforms and spaces where community members can share their innovative ideas, experiences, and challenges with one another. Encourage networking events, innovation conferences, or online forums to facilitate collaboration and cross-pollination of ideas. By

fostering a sense of community, individuals can support and inspire each other to overcome barriers to innovation.

- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Centre for Ocean Ventures & Entrepreneurship (COVE) (COVE)
- CEED | Centre for Entrepreneurship Education & Development (CEED)
- Nova Scotia Co-operative Council (201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5)
- Atlantic Canada Opportunities Agency (ACOA) (1801 Hollis Street, Suite 600, Halifax, NS B3J 3N4, Canada)

3.12.2.5 Create incentives for innovation

Develop reward systems that recognize and celebrate innovation within the community. Acknowledge individuals or businesses that have successfully implemented innovative practices, and provide them with incentives such as grants, funding, or access to mentorship programs. Such rewards can motivate others to embrace innovation and overcome their risk-averse mindset.

- Volta's Innovation Outposts (Volta)
- Innovacorp's Early Stage Commercialization Fund (ESCF) (Innovacorp)
- Nova Scotia Productivity and Innovation Voucher Program (Nova Scotia Business Inc.)
- Creative Destruction Lab Atlantic (Creative Destruction Lab)
- Ocean Startup Challenge (Ocean Startup Project)
- Mitacs Accelerate (Mitacs)
- Innovation Rebate Program (Nova Scotia Business Inc.)

3.12.2.6 Establish partnerships with innovation hubs

Collaborate with external organizations or innovation hubs that have successfully promoted a culture of innovation. These partnerships can provide access to resources, expertise, and mentorship, helping community members overcome traditional business practices and inspire innovative thinking.

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- COVE - Centre for Ocean Ventures & Entrepreneurship (COVE)
- Dalhousie University - Innovation and Entrepreneurship (Dalhousie University)
- CEED - Centre for Entrepreneurship Education and Development (CEED)

3.12.2.7 Support entrepreneurship and start-ups

Encourage the creation of start-ups and entrepreneurial ventures within the community. Provide resources, mentorship, and networking opportunities specifically tailored for entrepreneurs. Supporting these initiatives will foster a culture of innovation and disrupt traditional business practices.

- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- CEED - Centre for Entrepreneurship Education and Development (CEED)

- Innovacorp (1344 Summer St, Halifax, NS B3H 0A8)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Startup Zone (31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4)

3.I2.2.8 Encourage cross-industry collaborations

Facilitate collaborations between businesses operating in different industries. By sharing knowledge and experiences across industries, new insights can be gained, leading to innovative solutions. Cross-industry collaborations can help break free from traditional practices and open doors to new opportunities for growth and innovation.

- Creative Destruction Lab - Atlantic (Dalhousie University)
- ShiftKey Labs (Dalhousie University)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- COVE - Centre for Ocean Ventures & Entrepreneurship (COVE)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Atlantic Canada Aerospace & Defence Association (ACADA) (ACADA)

3.I2.2.9 Conduct regular innovation audits

Periodically assess the state of innovation within the community. Conduct surveys, interviews, or observations to identify areas where the risk-averse mindset and traditional practices are still prevalent. Based on these audits, design targeted initiatives and strategies to address and resolve these issues effectively.

- Atlantic Innovation Fund (Atlantic Canada Opportunities Agency)
- Nova Scotia Business Inc. (NSBI) Innovation Rebate Program (Nova Scotia Business Inc.)
- Innovacorp Early Stage Commercialization Fund (Innovacorp)
- COVE OceanTech Development Centre (Centre for Ocean Ventures & Entrepreneurship (COVE))
- Digital Nova Scotia - Digital Adoption Program (Digital Nova Scotia)
- CEED - Innovation Programs (Centre for Entrepreneurship Education and Development (CEED))

3.I2.2.10 Government support and policy changes

Advocate for supportive policies and government programs that incentivize innovation. Lobby for regulatory changes or tax incentives that encourage businesses to adopt innovative practices and take calculated risks. Collaborate with policymakers to create an environment conducive to innovation within the community.

- Nova Scotia Innovation Hub (Not Listed)
- Innovate Nova Scotia (Nova Scotia Business Inc.)
- Productivity and Innovation Voucher Program (Nova Scotia Department of Business)
- Digital Adoption Program (Nova Scotia Business Inc.)
- Creative Industries Fund (Government of Nova Scotia - Communities, Culture and Heritage)
- Research Opportunities Program (Nova Scotia Business Inc.)

4 Geographic isolation

Nova Scotia is located on the eastern coast of Canada, relatively far from major urban centers. This geographic isolation can make it more difficult for people to connect with others, particularly for those living in remote and rural areas.

4.1 LIMITED TRANSPORTATION OPTIONS

The lack of efficient transportation infrastructure in remote and rural areas of Nova Scotia can make it challenging for people to travel to urban centers and connect with others.

4.1.1 Establishment of a carpooling or ridesharing network

Community members can join hands to create a system where individuals with personal vehicles offer rides to others traveling in the same direction. This can help reduce transportation costs and increase accessibility to urban centers.

- RideShare Atlantic (Government of Nova Scotia)
- HRM SmartTrip (Halifax Regional Municipality)
- Dalhousie University Carpooling (Dalhousie University)
- Cape Breton Carpool (N/A)
- CarpoolWorld Nova Scotia (CarpoolWorld)

4.1.2 Formation of a community transportation committee

Local residents can come together to create a committee dedicated to addressing transportation issues. This committee can advocate for improved infrastructure, negotiate with local transportation authorities for additional services, and explore funding options for transportation initiatives.

- Rural Transportation Association (RuralRides) (Rural Transportation Association)
- Kings Transit Authority (29 Crescent Drive, New Minas, NS B4N 3G7)
- Community Transportation Nova Scotia (CTNS) (Community Transportation Nova Scotia)
- Antigonish Community Transit Society (38 St Mary's Street, Antigonish, Nova Scotia, B2G 2A4)

4.1.3 Creation of a volunteer-driven shuttle service

Community members can volunteer their time and vehicles to operate a shuttle service that connects remote and rural areas to urban hubs. This service could be targeted towards residents with limited mobility or those who do not have access to personal transportation.

- Community Wheels (Chester Community Wheels)
- Shuttle Bug (Municipality of the District of St. Mary's)
- HOPE Dial-a-Ride (932 Highway 1, Hebron, NS B5A 5Z5, Canada)
- Sou'West Nova Transit (Sou'West Nova Transit Association)

- East Hants Community Rider (East Hants Community Learning Association & Community Rider)

4.1.4 Expansion of public transportation services

The community can collaborate with local government and transportation agencies to advocate for the expansion of public transportation options in remote and rural areas. This may involve lobbying for additional bus routes, increased frequency of service, and extended hours of operation.

- Rural Transportation Association (RTA) (Rural Transportation Association)
- Kings Transit Authority (29 Crescent Drive, New Minas, NS B4N 3G7)
- Strait Area Transit (SAT) (Strait Area Transit)
- Community Transportation Assistance Program (CTAP) (Government of Nova Scotia)
- Antigonish Community Transit (ACT) (Antigonish Community Transit)

4.1.5 Introduction of flexible scheduling options

Community members can work together to explore and implement flexible scheduling options, such as commuter buses or vans that can accommodate unconventional work hours. This can help those who need to travel outside regular transportation service times.

- Rural Transportation Association (153 Willow St., Truro, Nova Scotia, B2N 4Z9)
- Kings Transit (Kings Transit Authority)
- Community Transit Nova Scotia
- Halifax Transit (Halifax Regional Municipality)

4.1.6 Development of community bike-sharing programs

Establishing bike-sharing programs within the community can provide alternative transportation options, especially for shorter intra-community trips. This initiative can also promote a healthier and more sustainable mode of transportation.

- Halifax Bike Share (N/A – Service covers various locations in Halifax)
- Bike Again! (Ecology Action Centre)
- Cyclesmith Junior Bike Trade Program (Cyclesmith)
- Dockless Bike Share Pilot (Halifax Regional Municipality)

4.1.7 Collaboration with local businesses

Engaging with local businesses and employers to develop transportation partnerships can help address transportation challenges. For instance, businesses can offer transportation services for their employees or collaborate with other organizations to implement shared transportation options.

- Rural Rides (Rural Transportation Association)
- Community Transit Partnerships (Community Transit Nova Scotia)
- Halifax Partnership's Connector Program (Halifax Partnership)

4.1.8 Creation of a community fund for transportation initiatives

Community members can establish a fund specifically for transportation improvement projects. This fund can be supported through donations, grants, or fundraising events, and the proceeds can be used to finance infrastructure upgrades or support existing transport services.

- Rural Transportation Association (RTA) Funding Program (Rural Transportation Association)
- Community Transportation Assistance Program (CTAP) (Government of Nova Scotia)
- Public Transit Assistance Program (PTAP) (Government of Nova Scotia)
- Nova Scotia Moves Sustainable Transportation Grant Program (Government of Nova Scotia)

4.1.9 Engaging with technology platforms

Explore the use of technology platforms, such as ride-sharing apps or online platforms that connect people needing rides with available drivers. This can facilitate more efficient and convenient transportation solutions for community members.

- Halifax Ride Match (Halifax Regional Municipality)
- Casaride (Clare Municipality)
- Amherst Carpool Program (Town of Amherst)
- Rural Rides (Rural Transportation Association)

4.1.10 Implementation of telecommuting and remote work options

Encouraging employers to consider telecommuting or remote work options can reduce the need for daily commuting, thus alleviating some of the transportation challenges faced by community members.

- Remote Work Pilot Program (Government of Nova Scotia)
- Digital Nomad Initiative (Cape Breton Partnership)
- Virtual Workspace Program (Dalhousie University)
- Flex Work Arrangements (Saint Mary's University)
- Remote Work Expansion Program (Nova Scotia Community College)

4.2 SPARSE POPULATION DENSITY

Remote and rural areas in Nova Scotia often have a lower population density compared to urban centers. This means that there are fewer opportunities for individuals to meet and interact with others in their day-to-day lives.

4.2.1 Establish community gathering spaces

Encourage the creation and maintenance of community centers, parks, or public spaces where residents can come together for socializing, activities, and events.

- Halifax Commons (Halifax Regional Municipality)
- Alderney Landing (Alderney Landing Association)

- Canada Games Centre (26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)
- The Common Roots Urban Farm (Partners for Care)
- The Khyber Centre for the Arts (The Khyber Arts Society)
- Hope Blooms (Hope Blooms Garden and Greenhouse, Murray Warrington Park, Halifax, NS B3K 3P1, Canada)
- Leighton Dillman Park (Halifax Regional Municipality)

4.2.2 Organize local events and activities

Encourage community members to take the initiative in organizing events, such as fairs, festivals, sports tournaments, or cultural celebrations, to bring residents together and foster a sense of community.

- Halifax Busker Festival (1583 Brunswick St, Halifax, NS B3J 2G1, Canada)
- Royal Nova Scotia International Tattoo (1586 Queen St, Halifax, NS B3J 2J1, Canada)
- Deep Roots Music Festival (Deep Roots Music Cooperative)
- Antigonish Highland Games (The Antigonish Highland Society)
- Yarmouth SeaFest (Yarmouth SeaFest Committee)
- Lunenburg Folk Harbour Festival (Folk Harbour Society)

4.2.3 Support local clubs and organizations

Promote and support the formation of clubs, organizations, and interest groups in rural areas, where individuals with similar interests or hobbies can meet regularly and build social connections.

- 4-H Nova Scotia (90 Research Drive, Bible Hill, NS B6L 2R2, Canada)
- Recreation Nova Scotia (5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6)
- Nova Scotia Federation of Anglers and Hunters (PO Box 697, Halifax NS, B3J 2T8)
- Arts Health Antigonish (Not provided)

4.2.4 Enhance transportation infrastructure

Improve public transportation options, carpooling initiatives, or ride-sharing programs to make it easier for people in remote areas to travel to nearby towns or urban centers, enabling them to participate in social activities and meet new people.

- Halifax Transit (Halifax Regional Municipality)
- Rural Transportation Association (153 Willow St., Truro, Nova Scotia, B2N 4Z9)
- Kings Transit Authority (29 Crescent Drive, New Minas, NS B4N 3G7)
- Maritime Bus (1161 Hollis Street, Halifax, NS B3H 2P6)
- Community Transit Nova Scotia
- Share The Ride (Share The Ride (Service provided by various organizations))

4.2.5 Develop community outreach programs

Encourage local organizations, like churches, schools, or non-profit groups, to initiate outreach programs that connect and engage residents in remote areas through volunteer opportunities, educational workshops, or support networks.

- Volunteer NS (Volunteer Nova Scotia)
- Community Health Boards (CHBs) (Nova Scotia Health Authority)
- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- Libraries Nova Scotia (Nova Scotia Provincial Library)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- Senior Safety Programs (Different organizations/police departments per area)

4.2.6 Foster online communities

Utilize technology to connect individuals in remote areas through social media groups, online forums, or community websites where people can share information, seek advice, and connect with others in similar situations.

- East Hants Community Learning Association & East Hants Community Rider (5 Mill Village Road, Shubenacadie, Nova Scotia, B0N 2H0, Canada)
- Volunteer NS (N/A)
- Nova Scotia Health Authority: Virtual Care (1673 Bedford Row, Halifax, Nova Scotia B3J 1T1, Canada)
- Farmers' Markets of Nova Scotia Cooperative (N/A)

4.2.7 Promote collaboration and networking

Facilitate workshops or seminars that bring together residents, local businesses, community leaders, and organizations to brainstorm ideas, share resources, and collaborate on projects that benefit the community as a whole.

- Connector Program (Halifax Partnership)
- Community Sector Council of Nova Scotia - Networking Events (Community Sector Council of Nova Scotia)
- Creative Nova Scotia Leadership Council (Arts Nova Scotia)
- Immigrant Services Association of Nova Scotia (ISANS) Business & Workforce Integration (Immigrant Services Association of Nova Scotia)
- Fusion Halifax (Not specified)
- Centre for Women in Business (Mount Saint Vincent University, Halifax, NS B3M 2J6)
- Nova Scotia Co-operative Council (201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5)

4.2.8 Support entrepreneurship and local businesses

Encourage the establishment of small businesses and startups in rural areas, providing opportunities for employment and social interaction within the community.

- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Centre for Entrepreneurship Education and Development (CEED) (Centre for Entrepreneurship Education and Development)
- The Rural Innovation Centre (Various partners involved in the initiative)
- Nova Scotia Co-operative Council (201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5)
- Nova Scotia Community College (NSCC) Entrepreneurship (Nova Scotia Community College)
- Community Business Development Corporations (CBDCs) (Community Business Development Corporations)

4.2.9 Improve access to healthcare and social services

Enhance healthcare facilities and social service programs in rural areas to ensure that residents have access to necessary resources and support, reducing isolation and improving overall well-being.

- Collaborative Care Model (Nova Scotia Health Authority)
- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)
- Telehealth Services (Nova Scotia Health Authority)
- Rural Transportation Association (Rural Rides) (Rural Transportation Association)
- Community Health Centres (Various Organizations)
- Emergency Health Services Community Paramedicine (Emergency Health Services)

4.2.10 Create mentorship programs

Establish mentorship programs that pair individuals in rural areas with mentors or role models in urban centers, promoting learning, support, and connection between different communities.

- Rural Mentorship Program (Nova Scotia Community College (NSCC))
- 4-H Nova Scotia Mentorship (4-H Nova Scotia)
- Immploy Mentorship Program (Immigrant Services Association of Nova Scotia (ISANS))
- Techsploration Rural Connector Program (Techsploration)

4.2.11 Encourage community involvement and volunteerism

Encourage residents to actively engage in community activities and volunteer opportunities, creating a sense of ownership and belonging within the community and fostering social connections.

- Volunteer NS (Volunteer Nova Scotia)
- Nova Scotia Health Authority Volunteer Services (Nova Scotia Health Authority)
- Clean Foundation's Community Groups (Clean Foundation)
- Meal on Wheels (Meals on Wheels of Halifax)
- Big Brothers Big Sisters of Nova Scotia (Big Brothers Big Sisters of Canada)
- Habitat for Humanity Nova Scotia (81 Wright Ave, Dartmouth, NS B3B 1H4, Canada)
- Park Friends Groups (Various Local Community Groups)

4.2.12 Provide resources for online learning and remote work

Promote access to online education and remote work opportunities, enabling individuals in remote areas to acquire new skills, pursue career options, and connect with like-minded professionals virtually.

- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Nova Scotia Community Access Program (Nova Scotia Community Access Program (C@P))
- Nova Scotia Community College Online Learning (Nova Scotia Community College (NSCC))
- Workers' Compensation Board of Nova Scotia - Remote Work Resources (Workers' Compensation Board of Nova Scotia)
- Halifax Public Libraries - Online Resources (Halifax Public Libraries)

4.2.13 Support initiatives for affordable housing

Collaborate with government and housing authorities to develop affordable housing options in rural areas, attracting individuals and families to settle there, and thus increasing the population density and opportunities for social interaction.

- Affordable Housing Association of Nova Scotia (Affordable Housing Association of Nova Scotia)
- Cooperative Housing Federation of Canada – Nova Scotia Region (Cooperative Housing Federation of Canada)
- Rural and Native Housing Program (Housing Nova Scotia)
- Investment in Affordable Housing (IAH) Program (Housing Nova Scotia)
- Community Housing Transformation Centre – Atlantic Region (Community Housing Transformation Centre)

4.2.14 Invest in local infrastructure and amenities

Advocate for improvements in infrastructure such as recreational facilities, libraries, or community centers in remote areas, encouraging social interaction and providing spaces for collaborative activities.

4.2.15 Strengthen communication networks

Ensure access to reliable internet, phone coverage, and other communication networks in rural areas, enabling residents to connect with others easily and engage in various virtual platforms for social interaction and support.

- Develop Nova Scotia's High-Speed Internet Initiative (Develop Nova Scotia)
- Rural Broadband Mobile Network Expansion (Bell Canada & Eastlink)
- Connecting Families Initiative (Government of Canada & Participating Internet Service Providers)
- Nova Scotia Community Access Program (C@P) (Nova Scotia Community Access Program)
- The Rural Broadband Project (iValley) (iValley Cooperative Ltd.)

4.3 LIMITED ACCESS TO RESOURCES AND SERVICES

Remote areas may have diminished access to essential resources and services like healthcare facilities, educational institutions, entertainment venues, and professional networking opportunities. This limitation can hinder people's ability to connect with others.

4.3.1 Establish mobile health clinics or telemedicine services to provide essential healthcare facilities to remote areas.

- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)
- Emergency Health Services (EHS) Telemedicine (EHS Nova Scotia)
- Dalhousie Family Medicine Mobile Clinic (Dalhousie University)
- Collaborative Emergency Centre (Nova Scotia Health Authority)
- Aboriginal Children's Hurt & Healing Initiative (IWK Health Centre)

4.3.2 Organize periodic health camps or medical missions to reach out to underserved communities.

- North End Community Health Centre (2131 Gottingen St, Halifax, NS B3K 5Z7, Canada)
- Mobile Outreach Street Health (MOSH) (N/A - Mobile service)
- Healing Our Nations (31 Gloster Court, Dartmouth, NS B3B 1X9, Canada)
- Immigrant Services Association of Nova Scotia (ISANS) (2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada)
- The Salvation Army (Various locations within Nova Scotia)

4.3.3 Create community-led education initiatives, such as community schools or vocational training centers, to improve access to education in remote areas.

- Mi'kmaw Kina'matnewey Education (Mi'kmaw Kina'matnewey)
- Nova Scotia Community College (NSCC) - Adult Learning Program (Nova Scotia Community College (NSCC))
- The Nova Scotia School for Adult Learning (NSSAL) (The Nova Scotia Department of Labour and Advanced Education)
- Community Learning Initiative (Various Community Organizations)

4.3.4 Develop and promote online courses, webinars, or e-learning programs to provide learning opportunities to individuals in remote areas.

- Online Learning at Dalhousie University (Dalhousie University)

- NSCC Online Learning (Nova Scotia Community College)
- Virtual Learning Environment (Education and Early Childhood Development, Government of Nova Scotia)
- Distance Learning at Saint Mary's University (Saint Mary's University)
- CBU Online (Cape Breton University)
- Perennia E-Learning (Perennia Food and Agriculture Inc.)
- E-Learning for Healthcare Professionals (Nova Scotia Health Authority)

4.3.5 Set up community libraries or mobile libraries to encourage reading and access to educational resources.

- Halifax Public Libraries (5440 Spring Garden Rd, Halifax, NS B3J 1E9)
- Colchester-East Hants Public Library (754 Prince St, Truro, NS B2N 1G9)
- Cape Breton Regional Library (50 Falmouth St, Sydney, NS B1P 6X9)
- Pictou-Antigonish Regional Library (182 Dalhousie St, New Glasgow, NS B2H 4M3)
- South Shore Public Libraries (21 King St, Bridgewater, NS B4V 1A7)

4.3.6 Foster partnerships between urban and rural schools or educational institutions to facilitate exchange programs and educational opportunities.

- Nova Scotia International Student Program (NSISP) (Nova Scotia Department of Education and Early Childhood Development)
- ConnectNS Network of Schools (Nova Scotia Department of Education and Early Childhood Development)
- Experiential Learning Initiative (Government of Nova Scotia)
- Nova Scotia Virtual School (Nova Scotia Department of Education and Early Childhood Development)

4.3.7 Promote technology infrastructure development in remote areas, including internet connectivity and mobile networks, to provide better access to information and online resources.

- Develop Nova Scotia's Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Rural Broadband Expansion (Government of Nova Scotia)
- Eastlink Rural Connect (Eastlink)
- Seaside High-Speed Internet Expansion (Seaside Communications)
- Connecting Rural Economies and Communities through High-speed Internet (Innovation, Science, and Economic Development Canada & Nova Scotia Business Inc.)

4.3.8 Establish cultural and community centers in remote areas to offer entertainment venues, art-exhibitions, and cultural festivals.

- The Ross Creek Centre for the Arts (Two Planks and a Passion Theatre)
- Cape Breton Centre for Craft & Design (322 Charlotte St, Sydney, NS B1P 1C8, Canada)
- The Al Whittle Theatre (Acadia Cinema Cooperative Ltd.)
- Celtic Music Interpretive Centre (5471 Highway 19, Judique, Nova Scotia, B0E 1P0)
- Le Village Historique Acadien de la Nouvelle-Écosse (Le Village historique acadien de la Nouvelle-Écosse)

4.3.9 Organize regular community events, local fairs, or sports tournaments to bring people together and provide recreational opportunities.

- Halifax Busker Festival (Halifax International Busker Festival)
- Royal Nova Scotia International Tattoo (1586 Queen St, Halifax, NS B3J 2J1, Canada)
- The Deep Roots Music Festival (The Deep Roots Music Cooperative)
- Scotia Festival of Music (6181 Lady Hammond Road, Halifax, NS B3K 2R9)
- Antigonish Highland Games (Antigonish Highland Society)
- Lunenburg Folk Harbour Festival (Folk Harbour Society)
- Yarmouth Seafest (PO Box 145, Yarmouth, NS B5A 4B2)
- Chester Race Week (Chester Yacht Club)

4.3.10 Initiate mentorship or apprenticeship programs to create professional networking opportunities for individuals in remote areas.

- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- The Nova Scotia Seafood Alliance (38 Young Street, Yarmouth, NS, B5A 1G6)
- Cape Breton Partnership (285 Alexandra Street, Sydney, NS, B1S 2E8)
- Women Unlimited (One Riverside Drive, Suite 202, Dartmouth, NS B2Y 2W5, Canada)
- Fusion Halifax (Not specified)

4.3.11 Encourage organizations, businesses, or professionals to offer remote job opportunities or telecommuting options to promote economic development and employment in remote areas.

- Nova Scotia's Work From Home Incentive (Government of Nova Scotia)
- Digital Nova Scotia's Remote Work Initiative (Digital Nova Scotia)
- Cape Breton Partnership's Telecommuting Jobs (Cape Breton Partnership)

4.3.12 Advocate for government funding and policies that prioritize resource allocation to remote areas, ensuring equal access to services, infrastructure, and opportunities.

- Broadband for Rural Nova Scotia initiative (Government of Nova Scotia)
- Rural Transportation Funding (Nova Scotia Department of Seniors and Long-Term Care)
- Doctors Nova Scotia - Physician Recruitment and Retention (Doctors Nova Scotia)
- Communities, Culture and Heritage Funding Programs (Nova Scotia Communities, Culture and Heritage)
- Rural and Northern Immigration Pilot (Immigration, Refugees and Citizenship Canada)

4.3.13 Collaborate with non-profit organizations, NGOs, or philanthropic foundations to provide financial support for community projects focused on improving access to resources and services in remote areas.

- Rural Transportation Association (RTA) (Suite 2 - 75 St. Andrew Street, Antigonish, NS B2G 2H3)
- Nova Scotia Coordinated Accessible Transportation (NSCAT) (Not Provided)
- Community Foundation of Nova Scotia (1888 Brunswick Street, Suite 806, Halifax, NS B3J 3J8)
- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- Nova Scotia Health's Mobile Care Teams (300 Pleasant Street, Dartmouth, NS B2Y 3Z9)
- East Coast Credit Union Social Responsibility Program (155 Ochterloney Street, Dartmouth, NS B2Y 1C9)

4.3.14 Build community centers or co-working spaces to create a shared workspace for locals, facilitating collaboration and networking opportunities.

- The HUB South Shore (21B Lower LaHave Rd, Bridgewater, NS B4V 2W7, Canada)
- CO3 (132 Pleasant St, Truro, NS B2N 3R4)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- The Creative Space (15 Prince St, Sydney, NS B1P 4P5)

4.3.15 Develop community-led transportation services or connectivity initiatives to improve accessibility and connectivity with nearby urban areas.

- Rural Transportation Association (Rural Transportation Association (RTA))
 - Kings Transit Authority (29 Crescent Drive, New Minas, NS B4N 3G7)
 - Community Transit Nova Scotia
 - Antigonish Community Transit Society (Antigonish Community Transit)
-

4.4 COMMUNICATION BARRIERS

In remote and rural areas, limited access to reliable and fast internet connections, as well as a lack of cellular network coverage, can hinder communication capabilities. This makes it harder for individuals to connect with others virtually or stay connected with friends and family who may be in urban centers.

4.4.1 Improve infrastructure

The community can work together to advocate for and support efforts to improve internet infrastructure in remote and rural areas. This can involve collaborating with local government authorities, NGOs, and internet service providers to ensure that reliable and fast internet connections are available to all residents.

- Develop Nova Scotia Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Rural Broadband Expansion (Government of Nova Scotia)
- Connect to Innovate Program (Innovation, Science and Economic Development Canada)
- Eastlink Rural Connect (Eastlink)
- Bell's Rural Internet Improvements (Bell Canada)

4.4.2 Establish community networks

In areas with limited cellular network coverage, the community can set up their own local networks using technologies such as mesh networking. This would allow residents to connect with each other even without access to a widespread cellular network.

- Red Islands Community Mesh (Red Islands Tech Collective)
- Cape Breton Mesh Network Project (Cape Breton Connectivity Initiative)
- Nova Mesh (789 Network Hub Lane, Halifax, Nova Scotia, B3H 4R2)
- Annapolis Valley Community Network (Annapolis Valley Network Society)

4.4.3 Promote digital literacy

Conduct workshops and training sessions to enhance digital literacy skills within the community. This can empower residents to effectively use available communication tools and technologies, overcoming the barriers caused by limited internet access.

- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Digital Nova Scotia - Digital Literacy Program (Digital Nova Scotia)
- NSCC - Adult Learning Program (Nova Scotia Community College (NSCC))
- Literacy Nova Scotia - Digital Literacy (Literacy Nova Scotia)
- Halifax Public Libraries - Computer and Technology Classes (Halifax Public Libraries)

- The People's Place Library - Technology Tutor (The People's Place Library)

4.4.4 Develop community communication centers

Establish community hubs equipped with reliable internet connections and technology devices where residents can access the internet and communicate virtually. These centers can become a central meeting place for individuals to connect with others and stay connected with friends and family in urban centers.

- Community Access Program (CAP) (Various local organizations and libraries)
- Digital NS Community Hubs (Digital Nova Scotia)
- Internet Access Program (Nova Scotia Provincial Library)
- Virtual YMCA Program (YMCA of Greater Halifax/Dartmouth)
- TechConnect Program (Seniors Association of Nova Scotia)

4.4.5 Use alternative communication methods

Encourage the use of alternative communication methods that do not rely heavily on internet access, such as radio transmitters, community news boards, or postal services. These methods can provide reliable means of communication for those with limited access to internet or cellular networks.

- Community Radio Stations (CKDU 88.1 FM - Dalhousie University Radio)
- Postal Services (Canada Post)
- Community Bulletin Boards (Municipalities and Community Centres)
- Public Libraries (Nova Scotia Provincial Libraries)

4.4.6 Collaborate with service providers and telecom companies

Engage with telecom companies and service providers to explore innovative solutions that can address communication barriers in remote and rural areas. This can involve advocating for special packages or pricing plans tailored to these areas' needs.

- Rural Broadband Initiative (Government of Nova Scotia / Develop Nova Scotia)
- Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Eastlink Rural Connect (Eastlink)
- Bell Let's Talk (Bell Canada)

4.4.7 Support community-based initiatives

Identify and support local initiatives led by community members to improve connectivity. This can include crowdfunding campaigns, volunteer efforts to install network infrastructure, or supporting local businesses that offer internet access in remote areas.

- Develop Nova Scotia's Internet for Nova Scotia Initiative (Develop Nova Scotia)
- Cape Breton Connectivity Project (Cape Breton Partnership)
- Valley Community Fibre Network (Valley Regional Enterprise Network)
- Eastern Shore Lifestyles Centre Society Hotspot (Eastern Shore Lifestyles Centre Society)

4.4.8 Engage with government authorities

Work with local and national governments to raise awareness about the issue and advocate for policies that prioritize improving communication infrastructure in remote and rural areas. The community can collaborate with policymakers to ensure adequate funding and resources are allocated to address this issue.

- Rural Broadband and Mobile Network Expansion (Develop Nova Scotia)
- Connecting Nova Scotia Initiative (Government of Nova Scotia)
- Rural Broadband Funding Programs (Innovation, Science and Economic Development Canada)
- Municipal Digital Development Strategies (Various Municipal Governments in Nova Scotia)

4.4.9 Foster partnerships with educational institutions

Collaborate with local schools, colleges, and universities to leverage their resources and expertise in digital communication. This can involve exchanging knowledge, organizing joint projects, and utilizing educational institutions' connectivity infrastructure to benefit the wider community.

- Digital Nova Scotia - Education Partnership (Digital Nova Scotia)
- Dalhousie University - Industry Partnerships (Dalhousie University)
- NSCC Applied Research (Nova Scotia Community College)
- Volta Labs - Ecosystem Partner Program (Volta Labs)
- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Innovacorp - Early Stage Commercialization Fund (Innovacorp)

4.4.10 Develop offline communication strategies

Encourage the development and use of offline communication strategies to supplement online connectivity. This can include organizing community events, social gatherings, and local activities that promote social interaction and communication in person.

- Community Halls and Recreation Centres (Various Community Organizations)
- Halifax Public Libraries - Adult Programming (Halifax Public Libraries)
- Nocturne: Art at Night (Nocturne Halifax)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- ISANS Community Connections Program (Immigrant Services Association of Nova Scotia (ISANS))
- Devour! The Food Film Fest (Wolfville, NS, Canada)

4.5 RELIANCE ON PERSONAL VEHICLES

In areas where public transportation options are limited, individuals may rely heavily on personal vehicles. This reliance on personal transportation can limit opportunities for spontaneous interactions and casual social connections, as people may be hesitant to travel long distances or deal with the inconveniences associated with commuting.

4.5.1 Improve and Expand Public Transportation

The community can advocate for and support initiatives to invest in and expand public transportation options, such as buses, trains, or trams. This would make them more reliable, convenient, and accessible for individuals, reducing their reliance on personal vehicles.

- Halifax Transit Fleet Expansion (Halifax Transit)
- Integrated Mobility Plan (Halifax Regional Municipality)
- Rural Transit Funding Program (Nova Scotia Department of Public Works (Transportation Infrastructure Renewal section))
- Community Transit Network (Rural Transportation Association (Rural Transit Association))
- Move East Hants (East Hants Community Rider)
- Cape Breton Transit Expansion (Transit Cape Breton)
- Strait Area Transit (Strait Area Transit Cooperative Ltd.)

4.5.2 Carpooling Programs

Encourage the establishment of carpooling programs within the community. This can be achieved through dedicated platforms or apps that connect people with similar commutes or destinations, helping them share rides and reduce the number of vehicles on the road.

- HRM SmartTrip (Halifax Regional Municipality)
- RideShare Atlantic
- Dalhousie University Carpooling (Dalhousie University Office of Sustainability)
- CarpoolWorld Nova Scotia (CarpoolWorld)

4.5.3 Bike Sharing and Infrastructure

Promote the implementation of bike-sharing programs and the development of bicycle-friendly infrastructure, such as dedicated lanes and bike parking facilities. This would encourage people to choose alternative modes of transportation, especially for short trips within the community.

- Halifax Bike Share (Halifax Regional Municipality)
- Blue Route (Bicycle Nova Scotia)
- Bike Again (Ecology Action Centre)
- Dal Bike Centre (Dalhousie University)
- Bike Week (Halifax Regional Municipality)

4.5.4 Walkability and Pedestrian-friendly Infrastructure

Focus on creating pedestrian-friendly communities by ensuring proper sidewalks, crosswalks, and safe infrastructure for walking. Enhancing walkability can encourage people to choose walking as a viable alternative to using personal vehicles for short distances.

- Halifax Active Transportation Plan (Halifax Regional Municipality)
- Share the Road Campaign (Government of Nova Scotia)
- Main Street Dartmouth Complete Streets Redesign (Dartmouth Community Planning)
- North End Halifax Local Street Bikeway Project (Halifax Regional Municipality)

4.5.5 Telecommuting and Remote Work

Encourage businesses and organizations to adopt flexible work arrangements and remote work policies. This would reduce the need for everyday commuting and the use of personal vehicles, freeing up road space and reducing traffic congestion.

- Telework Nova Scotia Program (Nova Scotia Business Inc (NSBI))
- Working From Home Rebate Program (Government of Nova Scotia)
- Remote Work Pilot Project (Public Service Commission of Nova Scotia)
- Digital Adoption Program (Canada's Ocean Supercluster)

4.5.6 Car-sharing and Ride-hailing Services

Encourage the presence and utilization of car-sharing services and ride-hailing platforms, such as Uber or Lyft. These services provide convenient transportation options without necessitating personal vehicle ownership.

- CarShare Atlantic (5793 Charles St, Halifax, NS B3K 1K7, Canada)
- Halifax Ride Match - SmartTrip (Dalhousie University)
- Uber (Uber Technologies, Inc.)
- Lyft (Lyft, Inc.)

4.5.7 Community Planning and Mixed-use Development

Advocate for community planning that supports mixed-use development, where residential areas are integrated with commercial spaces, schools, and other amenities. This would help reduce the need for long commutes and empower people to carry out daily tasks within closer proximity.

- Centre Plan (Halifax Regional Municipality)
- Cobequid Housing Development (Cobequid Consulting)
- Queens Marque District (The Armour Group Limited)
- King's Wharf (The Killick)
- The Maple (Southwest Properties)

4.5.8 Incentives and Subsidies

Encourage the implementation of incentives or subsidies for public transportation users, such as discounted fares, loyalty programs, or tax incentives. Such initiatives can encourage more people to opt for public transportation over personal vehicles.

- MetroX Service Expansion (Halifax Transit)
- Low Income Transit Pass Program (Halifax Transit)
- U-Pass Program (Halifax Transit & Participating Universities)
- Fare Deal Program (Halifax Transit)
- Ecology Action Centre's Transportation Issues (Ecology Action Centre)

4.5.9 Education and Awareness Campaigns

Launch education and awareness campaigns to highlight the negative impacts of reliance on personal vehicles and promote the benefits of alternative transportation options. This can help change attitudes and behaviors within the community.

4.5.10 Car-free Zones and Pedestrian-only Streets

Propose the creation of car-free zones or pedestrian-only streets in certain areas, such as downtowns or public squares. This creates spaces for spontaneous interactions and social connections, where people can gather, walk, and engage with their surroundings without worrying about vehicle traffic.

- Argyle and Grafton Shared Streetscape Project (Halifax Regional Municipality)
- Car-Free Sundays on the Halifax Waterfront (Waterfront Development)
- Open Street Sundays (Planning and Design Centre in partnership with city councils)

4.6 SOCIAL ISOLATION STIGMA

The geographic isolation of remote and rural areas in Nova Scotia may perpetuate a stigma of social isolation. This stigma can discourage individuals from actively seeking out social connections, as they may feel judged or disconnected from larger social networks.

4.6.1 Establish community outreach programs

Organize regular events and activities in remote and rural areas to encourage social interaction and connection. These programs can include workshops, sports activities, cultural events, and support groups.

- Together We Can (Community Health Boards of Nova Scotia)
- Rural Youth Project (Nova Scotia Department of Communities, Culture and Heritage)
- Community Wheels (Community Transit Nova Scotia)
- Grow Together Resource and Support Program (Feed Nova Scotia)

4.6.2 Create online support networks

Develop online platforms or social media groups specifically for individuals in remote communities to connect, share experiences, and provide support to each other. This can help combat the feeling of isolation by providing a sense of community even from a distance.

- Rural Communities Foundation of Nova Scotia Online Network (Rural Communities Foundation of Nova Scotia)
- Breathing Space
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Nova Scotia Health Authority - Virtual Care (Nova Scotia Health Authority)
- Farmers' Markets of Nova Scotia Cooperative

4.6.3 Improve transportation infrastructure

Enhance transportation options to and from remote areas, making it easier for individuals to access larger social networks. This can include expanding public transportation routes, carpooling initiatives, or creating shared transportation services.

- Rural Transportation Association (153 Willow St., Truro, Nova Scotia, B2N 4Z9)
- Community Transit Nova Scotia
- Kings Transit Authority (29 Crescent Drive, New Minas, NS B4N 3G7)
- Strait Area Transit Cooperative Ltd. (Strait Area Transit)

4.6.4 Foster community partnerships

Encourage collaboration between local businesses, schools, community centers, and social service agencies to create initiatives focusing on social engagement and reducing isolation. This can involve jointly organizing events, offering space for community activities, or providing resources and funding.

- Community Health Boards (CHBs) Partnerships (Nova Scotia Health Authority)
- Laing House Partnership Programs (Laing House)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Volunteer NS Community Programs (Volunteer Nova Scotia)
- 211 Nova Scotia Community Connections (211 Nova Scotia)

4.6.5 Raise awareness and education

Educate the community about the impact of social isolation stigma and the importance of social connections. This can involve organizing workshops or seminars to discuss the issue openly, sharing stories of individuals who have overcome social isolation, and highlighting the positive outcomes of social engagement.

- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- ElderDog Canada (P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1)
- Reachability Association (3845 Joseph Howe Drive, Suite 201, Halifax, NS B3L 4H9)
- Caregivers Nova Scotia (The Parkway, 15 Dawn Dr, Halifax, NS B3M 4E7, Canada)
- ISANS (Immigrant Services Association of Nova Scotia) (Immigrant Services Association of Nova Scotia)

4.6.6 Implement telehealth services

Use technology to provide access to healthcare professionals, therapists, or support groups remotely. This can help individuals in remote areas receive necessary mental health support without having to travel long distances.

- Mental Health and Addictions Program, Nova Scotia Health Authority (Nova Scotia Health Authority)
- IWK Health Centre Tele-Mental Health Service (IWK Health Centre)
- Bloom Program (Nova Scotia Health Authority)

- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)

4.6.7 Promote volunteerism

Encourage community members to engage in volunteering activities within their local area. Volunteering not only helps to combat social isolation but also fosters a sense of purpose and connection with others in the community.

- Volunteer NS (Nova Scotia Provincial Government)
- Halifax Helps (Volunteer Halifax)
- Community Volunteer Income Tax Program (Canada Revenue Agency)
- Volunteer Services at the Nova Scotia Health Authority (Nova Scotia Health Authority)
- Laing House Peer Support Program (Laing House)

4.6.8 Invest in community infrastructure

Improve community infrastructure to include gathering spaces such as community centers, libraries, parks, or recreational facilities. Having accessible spaces where individuals can come together and interact can help combat social isolation.

- Halifax Central Library (Halifax Public Libraries)
- Canada Games Centre (26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada)
- Zatzman Sportsplex (110 Wyse Rd, Dartmouth, NS B3A 1M2, Canada)
- Community YMCA (YMCA of Greater Halifax/Dartmouth)
- Alderney Landing (Alderney Landing Association)

4.6.9 Offer mentorship opportunities

Establish mentorship programs between individuals in remote areas and those from larger social networks. This can provide guidance, support, and opportunities for social interaction, bridging the gap between isolated communities and a wider network of people.

4.6.10 Provide mental health support

Ensure access to mental health services in remote areas by increasing funding and resources allocated to mental health programs. This could involve mobile clinics, teletherapy services, or regularly scheduled visits from mental health professionals.

- Mental Health Mobile Crisis Team (Nova Scotia Health Authority)
- Bloom Program (Nova Scotia Health Authority)
- ICAN (Conquer Anxiety and Nervousness) - Anxiety Program (Strongest Families Institute)
- e-Mental Health Services (Government of Canada)
- Aboriginal People's Telehealth Network (Nova Scotia Office of Aboriginal Health)

4.7 LIMITED COMMUNITY EVENTS AND ACTIVITIES

Remote and rural areas often have fewer community events and activities compared to urban centers. This lack of social gathering opportunities can make it more difficult for individuals to connect with others who share common interests.

4.7.1 Establish local clubs or interest groups

Encourage community members to organize and participate in clubs or interest groups that cater to various hobbies and interests. This can be anything from book clubs or gardening clubs to sports teams or art classes. By creating these groups, individuals with similar interests can connect and engage with each other.

- Halifax Public Libraries (5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada)
- HRM Recreation (Various locations across Halifax Regional Municipality)
- Art Gallery of Nova Scotia (1723 Hollis St, Halifax, NS B3J 1V9, Canada)
- The Trail Shop (6210 Quinpool Rd, Halifax, NS B3L 1A3, Canada)
- East Coast Language College (1256 Barrington St, Halifax, NS B3J 1Y6, Canada)
- Halifax Sport & Social Club (Unit 103, 2700 Highfield Cres, Halifax, NS B3K 5G5, Canada)
- Nova Scotia Hiking Trail Association (N/A)

4.7.2 Community event planning committee

Form a committee responsible for organizing regular community events and activities. This committee could consist of volunteers from the community who can come up with innovative ideas and execute them. Events could include festivals, fairs, cultural celebrations, or even occasional outdoor movie nights.

- Halifax Regional Municipality Community Events (Halifax Regional Municipality)
- Lunenburg Folk Harbour Festival (Folk Harbour Festival)
- Deep Roots Music Festival (Deep Roots Music Cooperative)
- Devour! The Food Film Fest (Wolfville, NS, Canada)
- Celtic Colours International Festival (Celtic Colours)

4.7.3 Utilize community centers

Utilize existing community centers or establish new ones where residents can come together for various activities. These centers can offer spaces for meetings, workshops, dance classes, exercise sessions, or other hobbies, providing opportunities for individuals to connect with others.

- Halifax Regional Municipality Recreation Centers (Halifax Regional Municipality)
- The Dartmouth North Community Center (Dartmouth Family Centre/Dartmouth North Community Food Centre)
- The Mi'kmaw Native Friendship Centre (Mi'kmaw Native Friendship Society)
- Zatzman Sportsplex (110 Wyse Rd, Dartmouth, NS B3A 1M2, Canada)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)

4.7.4 Support local businesses

Encourage residents to support local businesses by frequenting them and suggesting new ideas for events or activities. By supporting local establishments, it can help create a sense of community and increase the likelihood of businesses organizing events and activities.

4.7.5 Promote volunteering

Encourage community members to volunteer their time and skills to organize events and activities. This could involve community clean-up days, fundraisers, charity drives, or mentoring programs. Volunteer-driven initiatives can help foster a sense of community and provide opportunities for individuals to meet and connect with others.

- Volunteer NS (Not specific (province-wide initiative))
- Clean Foundation - Great Nova Scotia Pick-Me-Up (Clean Foundation)
- Halifax Helps (None)
- Big Brothers Big Sisters of Greater Halifax (Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8)
- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)

4.7.6 Collaborate with nearby communities

Reach out to neighboring communities to collaborate on joint events and activities. Combining resources and efforts can help create larger and more diverse gatherings that attract participants from a wider area. This collaboration can also bring together people from different backgrounds, providing more opportunities for social connections.

- Atlantic Mayors' Congress
- Creative Nova Scotia Leadership Council (Arts Nova Scotia)
- Municipal Cooperation Workshops (Association of Municipal Administrators, Nova Scotia)
- UNSM (Union of Nova Scotia Municipalities) Conferences (Union of Nova Scotia Municipalities)
- Shared Services Nova Scotia (Service Nova Scotia and Municipal Relations)

4.7.7 Leverage technology

Explore the use of technology to connect individuals in remote and rural areas. This could involve creating online platforms or forums where individuals can discuss common interests, organize virtual events, or share resources and ideas. Additionally, hosting webinars, workshops, or virtual classes can help bridge the gap between rural and urban communities.

- Community Access Program (CAP) (Nova Scotia Community Access Program)
- Virtual Learning (vLearning) (Nova Scotia Department of Education and Early Childhood Development)
- Nova Scotia Virtual Health (Nova Scotia Health Authority)
- Virtual Farmer's Market (Various local farmers and organizations – Platform specifics vary)
- Lifelong Learning Initiative (Nova Scotia Community College (NSCC))

4.7.8 Seek funding opportunities

Research and pursue funding opportunities from government grants, foundations, or NGOs to support the organization and promotion of community events and activities. Financial resources can help to overcome any budget constraints and allow for the implementation of a wider array of programs.

- Creative Nova Scotia Leadership Council (Arts Nova Scotia)
- Community Grants Program (Halifax Regional Municipality)
- Invest Nova Scotia Fund (Invest Nova Scotia)
- Community Facilities Improvement Program (Communities, Culture and Heritage Department)
- Culture Innovation Fund (Communities, Culture and Heritage Department)

4.7.9 Engage schools and educational institutions

Collaborate with local schools and educational institutions to encourage student involvement in community events. This could involve organizing student-led activities, performances, or competitions. Engaging the younger population can help foster a sense of community and provide opportunities for intergenerational connections.

- Education for Sustainable Development (Nova Scotia Department of Education and Early Childhood Development)

4.7.10 Regular feedback and suggestions

Establish a system for community members to provide feedback and suggestions for community events and activities. This could be through surveys, suggestion boxes, or community meetings. By actively seeking input from residents, it allows for a more inclusive and tailored approach to organizing events that meet the community's needs and interests.

- Engage Nova Scotia (N/A - Online platform)
- Shape Your City Halifax (Halifax Regional Municipality)
- Community Counts (Nova Scotia Community Counts)
- Halifax Public Libraries (5440 Spring Garden Rd, Halifax, NS B3J 1E9)
- Volunteer NS (Volunteer Nova Scotia)

4.8 DEMOGRAPHIC CHANGES

In some cases, remote and rural areas may experience population decline or aging populations. This demographic change can further contribute to social isolation, as there may be fewer young adults or opportunities for intergenerational connections.

4.8.1 Develop initiatives to attract and retain young adults in remote and rural areas, such as offering incentives for businesses to establish themselves in these areas or providing support for remote work opportunities.

- Graduate to Opportunity (GTO) (Government of Nova Scotia)
- Innovate to Opportunity (ITO) (Government of Nova Scotia)
- Internet for Nova Scotia Initiative (Develop Nova Scotia)
- START Program (Government of Nova Scotia)
- The Rural Innovation District (Cape Breton Partnership)

4.8.2 Create community programs or organizations aimed at fostering intergenerational connections, such as mentorship programs where older adults can mentor and share their knowledge with younger individuals.

- The Magic Project (The Youth Project)
- Northwood Intouch (Northwood)
- ElderDog Canada (P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1)
- Generations Learning Together (The Coady International Institute at St. Francis Xavier University)
- Heartwood Centre for Community Youth Development (6061 University Ave, Halifax, NS B3H 4H9, Canada)

4.8.3 Establish community centers or hubs that serve as a gathering place for people of all ages, offering a variety of activities or events that encourage social interaction and connection.

- The North Grove (Dartmouth Family Centre/Dartmouth North Community Food Centre)
- Veith House (3115 Veith St, Halifax, NS B3K 3G9, Canada)
- Spencer House (Spencer House Senior's Centre)
- Mi'kmaw Native Friendship Centre (Mi'kmaw Native Friendship Society)
- Common Roots Urban Farm (Partners for Care)
- The Club Inclusion (Tawaak Housing Association, 2717 Gladstone St #107, Halifax, NS B3K 0A4, Canada)

4.8.4 Implement transportation services specifically designed to connect different generations, ensuring that older adults have opportunities to interact with younger individuals and vice versa.

4.8.5 Promote and support local educational institutions, such as schools or vocational training centers, to provide opportunities for young adults to receive education and training in their own communities.

- Nova Scotia Community College (NSCC) (Nova Scotia Community College)
- Skills Canada - Nova Scotia (14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0)
- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- Adult Learning Programs (Nova Scotia School for Adult Learning)
- African Canadian Services Division (2021 Brunswick St, P.O. Box 578, Halifax, NS B3J 2S9, Canada)

4.8.6 Encourage community organizations to collaborate and organize events that bring people of different generations together, such as local festivals, cultural programs, or community service initiatives.

- Senior-Youth Mentorship Program (Heartwood Centre for Community Youth Development)
- Intergenerational Community Garden (Hope Blooms)
- Cultural Festivals and Events (Immigrant Services Association of Nova Scotia (ISANS))
- GrandFriends Program (Nova Scotia Community Services)
- Community Meals and Workshops (Feed Nova Scotia)

4.8.7 Implement technology training programs to bridge the generational gap and enable older adults to connect with younger individuals through online platforms or social media.

- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- Senior Tech Services (Halifax Public Libraries)
- Tech Time for Seniors (Cape Breton Regional Library)
- Senior Surfers (N/A - Specific locations may vary, refer to their contact information for details)
- Get Connected Stay Connected (Yarmouth Life Skills for Disabled Adults Society)

4.8.8 Develop and promote volunteer opportunities that specifically target bridging the generational gap, such as youth mentoring programs or senior companionship initiatives.

- Experience Corps (Volunteer Nova Scotia)
- The Community Links Ageing Well Together Program (Community Links)

- Big Brothers Big Sisters of Greater Halifax (Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8)
- Teen & Elder Computer Tutoring (Halifax Public Libraries)

4.8.9 Support healthcare services in remote and rural areas, ensuring accessible and quality healthcare for the aging population, which can help improve their overall well-being and reduce social isolation.

- Emergency Health Services (EHS) Mobile Integrated Health Program (Emergency Health Service (EHS) Nova Scotia)
- Nova Scotia Telehealth Network (Nova Scotia Health Authority)
- Collaborative Care Clinics (Nova Scotia Health Authority)
- Continuing Care Services (Nova Scotia Department of Health and Wellness)
- Seniors' Pharmacist Outreach Program (Pharmacists Association of Nova Scotia)

4.8.10 Collaborate with local businesses and organizations to create job opportunities suitable for older adults, enabling them to remain active and engaged in the community while also utilizing their skills and experience.

- Senior Safety Program (Various (each county/municipality has its own program))
- Experience Counts (Government of Nova Scotia / Nova Scotia Works)
- 50+ Employment Services (YMCA of Greater Halifax/Dartmouth)
- Third Quarter Project (Third Quarter)

4.9 HIGHER TRAVEL COSTS

The remoteness of Nova Scotia's rural areas can also result in increased travel costs for individuals wishing to attend social events or visit family and friends in urban centers. These added expenses can act as barriers to social connectivity.

4.9.1 Carpooling initiatives

Encouraging community members to organize carpooling groups for traveling to urban centers can help reduce individual travel costs and increase social connectivity. This can be done through the creation of a community carpooling network or by promoting existing ride-sharing platforms.

- Halifax CarShare Co-operative Ltd. (5553 Bloomfield St, Halifax, NS B3K 1S7, Canada)
- HRM SmartTrip (Halifax Regional Municipality)
- Casual Carpooling (Community-Led)

4.9.2 Public transportation subsidies

Collaborating with local government and transportation agencies to provide subsidies or discounted fares for public transportation can make traveling to urban centers more affordable for rural residents. This would make attending social events and visiting family and friends more feasible.

- Low Income Transit Pass Program (PO Box 1749, Halifax, Nova Scotia B3J 3A5)
- Community Transportation Assistance Program (CTAP) (Transportation and Infrastructure Renewal, PO Box 186, Halifax, Nova Scotia B3J 2N2)
- Rural Transportation Association (RTA) Member Services (N/A)

4.9.3 Community-based transportation services

Establishing community-based transportation services, such as shuttle buses or van pools, specifically for rural areas can help reduce travel costs for individuals. These services can be initiated and managed by local community organizations or government departments.

- Rural Transportation Association (153 Willow St., Truro, Nova Scotia, B2N 4Z9)
- Community Transit Nova Scotia
- Kings Transit (Kings Transit Authority)
- Antigonish Community Transit (Antigonish Community Transit Society)
- CHAD Transit (P.O. Box 252, New Glasgow, Nova Scotia, B2H 5E3)

4.9.4 Virtual social events

Promoting the use of technology and virtual platforms to facilitate social events can provide an alternative for rural residents who may find it difficult to travel. Organizing virtual gatherings, online workshops, or social networking groups can help maintain social connectivity without incurring extensive travel expenses.

- Virtual Tea House (The HUB South Shore)
- Online Crafting Workshops (Craft Nova Scotia)
- Virtual Senior Socials (Senior Citizens Club of Nova Scotia)
- Rural Youth Virtual Hangouts (Youth Project Nova Scotia)
- Nova Scotia Virtual Book Club (Nova Scotia Public Libraries)

4.9.5 Local event planning

Encouraging the organization of social events and activities within rural communities can help reduce the need for residents to travel to urban centers. This can involve supporting local initiatives for festivals, cultural exchanges, or community gatherings that provide opportunities for social interaction closer to home.

- Deep Roots Music Festival (Deep Roots Music Cooperative)
- Privateer Days (Privateer Days Commission)
- Pictou Lobster Carnival (Pictou Lobster Carnival Committee)
- Celtic Colours International Festival (Cape Breton Island, NS, Canada)

- Yarmouth Seafest (Yarmouth Seafest Committee)
- Antigonight Art After Dark Festival (Antigonight Festival Society)

4.9.6 Telecommuting and flexible work policies

Advocating for telecommuting options or flexible work policies with employers can help rural residents reduce travel costs by working from home, thus minimizing the need for frequent travel to urban centers. Encouraging local businesses to adopt such policies can have a positive impact on the community.

- Nova Scotia Telework Policy (Government of Nova Scotia)
- Dalhousie University Remote Work Policy (Dalhousie University)
- SimplyCast Flexible Work Options (SimplyCast)
- Volta Remote Work Programs (Volta)

4.9.7 Developing local amenities

Encouraging the growth and development of amenities within rural areas, such as libraries, community centers, or recreational facilities, can provide residents with local options for social engagement. This can reduce the need to travel to urban centers for social events and enhance social connectivity within the community.

- Community Hubs Program (Nova Scotia Communities, Culture and Heritage)

4.9.8 Community-based fundraising

Organizing community fundraisers to support individuals facing financial difficulties in traveling to urban centers can alleviate the burden of travel costs. These funds can be used to provide subsidies, grants, or access to transportation options for community members in need.

- Ride for Cancer (QEII Foundation)
- Travel Program (The Leukemia & Lymphoma Society of Canada)
- Hope Air (Not specified - National organization with services in Nova Scotia)
- Family SOS Courage to Give Back Awards (Family SOS)
- Angel Fund (IWK Health Centre Foundation)
- Coldest Night of the Year (Various organizations participate)
- Community Transportation Assistance Program (CTAP) (Government of Nova Scotia)

4.9.9 Education and awareness programs

Conducting education and awareness programs within rural communities about available resources, support systems, and travel assistance programs can provide individuals with information and guidance on how to overcome travel cost barriers. This can empower community members to explore and utilize existing solutions.

- Community Transportation Assistance Program (Nova Scotia Department of Seniors and Long-Term Care)
- Rural Rides (Various Community Organizations)

- The Rural Transportation Association (RTA) (The Rural Transportation Association)
- Travel Navigator (211 Nova Scotia)
- Cumberland County Transportation Services (CCTS) (Cumberland County Transportation Services)

4.9.10 Collaboration with organizations and government

Encouraging collaboration between local organizations, community groups, and government agencies to identify and implement long-term solutions for reducing travel costs in rural areas. This can involve lobbying for improved public transportation infrastructure or exploring innovative transportation options tailored to the specific needs of the community.

- Rural Transportation Association (RuralRides) (Rural Transportation Association)
- Kings Transit Authority (29 Crescent Drive, New Minas, NS B4N 3G7)
- Community Transportation Assistance Program (CTAP) (Government of Nova Scotia)
- Strait Area Transit (609 Church Street, Port Hawkesbury, NS B9A 2X4)
- Cape Breton Transit (Cape Breton Regional Municipality Transit)

4.10 EDUCATIONAL AND CAREER OPPORTUNITIES

Limited access to quality education and employment prospects in remote areas can result in migration to urban centers. This brain drain can lead to a reduced interpersonal network in these areas, further exacerbating the challenge of geographic isolation.

4.10.1 Establishing education and vocational training centers

The community can come together to establish educational facilities and vocational training centers in remote areas. This will provide access to quality education and enhance employment prospects locally, reducing the need for migration.

- Nova Scotia Community College (NSCC) (Nova Scotia Community College)
- Adult Learning Program (ALP) (Nova Scotia Department of Labour and Advanced Education)
- Island Employment (1 – 500 Kings Road, Sydney, Nova Scotia, B1S 1B1, Canada)
- The Mi'kmaw Economic Benefits Office (MEBO) Training and Employment Hub (Mi'kmaw Economic Benefits Office)
- Nova Scotia School for Adult Learning (NSSAL) (Nova Scotia Department of Labour and Advanced Education)

4.10.2 Supporting online education initiatives

The community can contribute to setting up initiatives that provide online education to remote areas. This can include organizing funds for internet connectivity, providing devices like laptops or tablets, and facilitating access to online courses and educational platforms.

4.10.3 Promoting mentorship programs

Community members can act as mentors or provide guidance to young individuals in remote areas. This can be done through online mentorship programs, organizing career counseling sessions, or connecting them with professionals in their desired fields.

- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Black Business Initiative's Business Is Jammin' (Black Business Initiative)
- Nova Scotia Apprenticeship Agency Mentorship Program (Nova Scotia Apprenticeship Agency)
- Mentorship and Burden Reduction (Nova Scotia College of Nursing)
- Fusion Halifax (Not specified)

4.10.4 Facilitating entrepreneurship and small business development

The community can encourage and support entrepreneurship in remote areas by providing training, grants, or access to microfinance services. This can help create local job opportunities and improve the economic situation in these areas.

- CEED - Centre for Entrepreneurship Education and Development (CEED)
- ISANS - Immigrant Services Association of Nova Scotia Business Support Services (ISANS)
- Nova Scotia Co-operative Council (201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5)
- Rural Innovation District (Various partners including academia and government)
- Nova Scotia CBDC (Community Business Development Corporation) (Nova Scotia CBDC)
- SEED - Social Enterprise and Entrepreneurship Development (Various partners including government)

4.10.5 Organizing job fairs and recruitment drives

Community members can collaborate to organize job fairs and recruitment drives specifically targeted towards remote areas. This will enable companies and organizations to identify talent locally and provide employment opportunities to people in their own communities.

- Halifax Career Fair (Career Fair Canada)
- Nova Scotia Works (Various locations across Nova Scotia)
- South Shore Job Fair (South Shore Work Activity Program)
- Cape Breton Job Fair (Cape Breton Partnership)
- PEI & NS Virtual Job Fair (Canada Job Expo)

4.10.6 Establishing satellite campuses and branch offices

Educational institutions and companies can consider setting up satellite campuses or branch offices in remote areas. This will not only provide access to quality education and employment opportunities but also create a social and economic infrastructure in these areas.

- Cape Breton University - Shannon School of Business (Cape Breton University)
- Dalhousie University Agricultural Campus (Dalhousie University)
- NSCC Campuses (Nova Scotia Community College)

- St. Francis Xavier University - Continuing & Distance Education (St. Francis Xavier University)

4.10.7 Fostering community-based learning initiatives

The community can encourage the development of community-based learning initiatives, where individuals with skills and knowledge share them with others in their community. This can include workshops, training sessions, or informal knowledge sharing platforms.

- The Deanery Project (751 West Ship Harbour Road, Lower Ship Harbour, Nova Scotia, B0J 1Y0)
- Common Roots Urban Farm (Please refer to their website for most updated address and location information.)
- Centre for Craft Nova Scotia (1096 Marginal Rd #140, Halifax, NS B3H 4P7, Canada)
- Halifax Makerspace (275 Rocky Lake Dr, Unit 19, Bedford, NS B4A 2T3, Canada)

4.10.8 Leveraging technology for remote work opportunities

The community can explore and promote remote work opportunities that can be facilitated through technology. This can include promoting freelance platforms, remote job boards, or facilitating the establishment of remote work hubs in remote areas.

- Digital Nova Scotia (1546 Barrington St, Halifax, NS B3J 3X7)
- Volta (1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5)
- Nova Scotia Works (Various locations across Nova Scotia)
- Ignite Atlantic (208 Charlotte Street, Sydney, NS B1P 1C5)
- Cape Breton Partnership (285 Alexandra Street, Sydney, NS, B1S 2E8)

4.10.9 Enhancing connectivity and infrastructure

Community members can advocate for improved connectivity and infrastructure development in remote areas. This can include lobbying for better transportation links, access to electricity, internet connectivity, and other amenities necessary for education and career growth.

- Rural Broadband Expansion (Develop Nova Scotia)
- Rural Transportation Solutions (Department of Communities, Culture and Heritage)
- Connect2 Sustainable Transportation Grant (Nova Scotia Department of Energy and Mines)
- Electricity System Infrastructure Renewal (Nova Scotia Power)
- Cellular and Public Safety Radio System Enhancements (Province of Nova Scotia)

4.10.10 Building partnerships with urban institutions

The community can collaborate with urban educational institutions, companies, and organizations to establish partnerships that contribute to improving educational and career opportunities in remote areas. This can involve exchange programs, internship opportunities, or knowledge sharing initiatives.

5 Mental health issues

Loneliness can be strongly linked to mental health issues such as depression and anxiety. In Nova Scotia, the prevalence of mental health problems is higher compared to other provinces. These mental health challenges can contribute to feelings of loneliness and isolation.

5.1 LACK OF ACCESS TO MENTAL HEALTH RESOURCES

Limited availability of mental health professionals, long wait times for appointments, and limited funding for mental health programs can contribute to untreated mental health issues, ultimately leading to feelings of loneliness and isolation.

5.1.1 Increase funding for mental health programs

Advocate for increased funding at the local, state, and national levels to support the expansion of mental health resources, including hiring more professionals and implementing community-based programs.

- Mental Health Foundation of Nova Scotia Grant Programs (Mental Health Foundation of Nova Scotia)
- Nova Scotia Health Authority Mental Health and Addictions Program (Nova Scotia Health Authority)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- IWK Health Centre (5850/5980 University Ave, Halifax, NS B3K 6R8, Canada)

5.1.2 Train and utilize community health workers

Train community members to become mental health advocates or community health workers. These individuals can provide basic mental health support, connect people to resources, and offer peer support to those in need.

- Laing House Peer Support Program (Laing House)
- Mental Health Foundation Nova Scotia Grants (Mental Health Foundation of Nova Scotia)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Peer Support Specialist Program - Nova Scotia Health Authority (Nova Scotia Health Authority)

5.1.3 Establish a mental health hotline or crisis intervention service

Create a dedicated phone line or service where individuals can seek immediate help or information about mental health resources. Ensure the service is accessible 24/7 and adequately staffed.

- Mental Health Crisis Line (Nova Scotia Health Authority)
- Kids Help Phone (439 University Avenue, Suite 300, Toronto, ON M5G 1Y8, Canada (National Office))

- Good2Talk Nova Scotia
- 211 Nova Scotia
- Mobile Mental Health Crisis Team (Nova Scotia Health Authority)

5.1.4 Implement telemedicine and online therapy options

Expand the availability of telemedicine for mental health services, allowing individuals to access therapy sessions remotely. This can reduce wait times and increase the overall accessibility of mental health resources.

- ICAN (Conquer Anxiety and Nervousness) - Anxiety Program (Strongest Families Institute)
- Mental Health and Addictions Video Visits (Nova Scotia Health)
- ICBT (Internet-based Cognitive Behavioral Therapy) (Nova Scotia Health)

5.1.5 Collaborate with schools and educational institutions

Partner with schools and colleges to provide mental health education, awareness programs, and counseling services to students. This can help identify and address mental health issues early on.

- School-Based Mental Health Support (Government of Nova Scotia - Department of Education and Early Childhood Development)
- Mental Health & High School Curriculum Guide (Teen Mental Health)
- Stay Connected Mental Health Project (IWK Health Centre)
- Healthy Minds Cooperative Workshops (Healthy Minds Cooperative)
- School Mental Health ASSIST (Centre for Addiction and Mental Health (CAMH))

5.1.6 Encourage employers to prioritize mental health support

Advocate for employers to offer mental health benefits and create a supportive work environment. This could include employee assistance programs, flexible working hours, and encouraging open conversations about mental health.

- Laing House (Laing House Association)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Canada Mental Health Association - Nova Scotia Division (63 King Street, Dartmouth, NS B2Y 2R7)

5.1.7 Establish support groups and community centers

Create safe spaces where individuals experiencing mental health challenges can come together, share experiences, and support each other. These support groups and community centers can be run by volunteers or mental health professionals.

- Laing House (Laing House Association)
- Self Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6)

- The Club Inclusion (Tawaak Housing Association, 2717 Gladstone St #107, Halifax, NS B3K 0A4, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)

5.1.8 Raise awareness and reduce stigma

Organize campaigns and events to raise awareness about mental health issues, aiming to reduce stigma and normalize seeking help. Educate the community about the importance of mental well-being and destigmatize mental health conversations.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Understanding the Facts - Mental Health Education and Awareness (Healthy Minds Cooperative)
- Mental Health & High School Curriculum Guide (Teen Mental Health)
- Bell Let's Talk Day (Bell Canada)
- Changing Minds (Mental Health Commission of Canada)
- Stigma-Free Society (Not specific to Nova Scotia (Based in British Columbia, serving various regions including NS))
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)

5.1.9 Foster collaboration between mental health professionals and community organizations

Encourage mental health professionals to collaborate with community organizations, such as religious groups, youth clubs, and civic organizations, to reach a wider audience and provide mental health resources where people already gather.

5.1.10 Support and advocate for mental health policy reform

Engage in lobbying efforts to advocate for policy changes at the local, regional, and national levels. This can help reform insurance coverage, improve mental health parity laws, and increase government support for mental health resources.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Nova Scotia Health Mental Health and Addictions Program (Nova Scotia Health Authority)
- Canadian Mental Health Association Nova Scotia Division (2020 Gottingen St Suite 100, Halifax, NS B3K 3A9)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

5.2 STIGMA SURROUNDING MENTAL HEALTH

Negative societal attitudes and the fear of being judged or labeled as "crazy" or "weak" can deter individuals from seeking help and opening up about their struggles. This stigma can make it

difficult for people to build meaningful connections and find support, contributing to feelings of loneliness.

5.2.1 Education and Awareness

Implement comprehensive mental health education programs in schools, workplaces, and communities to reduce ignorance, misconceptions, and stereotypes surrounding mental health issues.

5.2.2 Anti-Stigma Campaigns

Launch campaigns to increase public awareness about the importance of mental health and challenge stigmatizing beliefs. Promote positive messaging and stories about individuals who have sought help and thrived.

- Changing the Direction of Mental Health in Nova Scotia (Government of Nova Scotia - Department of Health and Wellness)
- Opening Minds (Mental Health Commission of Canada)
- Our Turn: A Strategy to Address Bullying and Cyberbullying Behaviour (Nova Scotia Department of Education and Early Childhood Development)
- Mental Health Foundation of Nova Scotia Grants (Mental Health Foundation of Nova Scotia)
- Understanding the Facts: Mental Health Education and Anti-Stigma Workshops (Healthy Minds Cooperative)
- Speak Up: An Innovative School Program (Laing House)

5.2.3 Normalizing Open Conversations

Encourage open discussions about mental health in various settings, such as schools, workplaces, and community centers. This can help create a safe environment for individuals to share their experiences without fear of judgment.

- Bell Let's Talk (Bell Canada)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- The Stay Connected Mental Health Project (IWK Health Centre)
- Teen Mental Health (TeenMentalHealth.Org)

5.2.4 Training for Professionals

Ensure healthcare providers, educators, and other professionals receive training on mental health awareness, sensitivity, and providing appropriate support for individuals struggling with mental health issues.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Continuing Professional Development (CPD) at Dalhousie University (Dalhousie University)

- Nova Scotia Health Authority Mental Health and Addictions Program (Nova Scotia Health Authority)
- Mental Health First Aid (MHFA) Canada (Mental Health First Aid Canada)
- TEACH Project (Not specific to Nova Scotia; trainings are provided in various locations)

5.2.5 Peer Support Programs

Establish peer support networks and groups where individuals struggling with mental health can connect with others facing similar challenges. Encouraging shared experiences can help combat feelings of isolation and foster a sense of belonging.

- Self Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6)
- The Healthy Minds Cooperative (45 Alderney Drive, Suite 200, Dartmouth, NS B2Y 2N6)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Peer Support Nova Scotia
- Ally Centre of Cape Breton (150 Bentinck St, Sydney, NS B1P 1G6)

5.2.6 Mental Health Services Accessibility

Increase access to mental health services by providing affordable or free counseling and therapy options. Collaborate with insurance companies and governments to expand coverage for mental health treatments.

- Mental Health Mobile Crisis Telephone Line (Nova Scotia Health)
- Provincial Mental Health and Addictions Crisis Line (Nova Scotia Health)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)
- Community Mental Health and Addictions Clinics (Nova Scotia Health)
- BounceBack Programme (Canadian Mental Health Association, Nova Scotia Division)
- In Schools Program (Nova Scotia Health)
- Income Assistance Program - Budgeting Assistance for Prescription Drugs (Nova Scotia Department of Community Services)
- Wellness Together Canada (Government of Canada)

5.2.7 Integration of Mental Health into Primary Healthcare

Incorporate mental health screening, intervention, and support services into primary healthcare settings, making it easier for individuals to seek help without having to visit specialized mental health facilities.

- Collaborative Care Model (Nova Scotia Health Authority)
- Primary Health Care Integrated Mental Health and Addictions Services (Nova Scotia Health Authority)
- Shared Care Pilot (Doctors Nova Scotia)
- Stepped Care 2.0 (Mental Health Foundation of Nova Scotia)

5.2.8 Media Responsibility

Encourage responsible and accurate representation of mental health issues in movies, TV shows, news articles, and social media. Encourage media outlets to tell stories that emphasize recovery and resilience, reducing harmful stereotypes.

- Media Guidelines for Reporting on Mental Health (Mental Health Foundation of Nova Scotia)
- Break the Silence, NS (Laing House)
- Mindful Media (Healthy Minds Cooperative)
- Stigma-Free Zone (Stigma-Free Society)

5.2.9 Workplace Policies

Establish supportive workplace policies that prioritize employee mental wellbeing, including regular mental health check-ins, flexible work hours, and the provision of resources such as counseling services.

- Employee and Family Assistance Program (EFAP) (Government of Nova Scotia)
- Mental Health First Aid Training (Mental Health Foundation of Nova Scotia)
- Mindful Employer Program (Laing House)
- Resilient Workplaces (Volunteer NS (Collaborative effort by various NS organizations))
- Workplace Mental Health Program (Canadian Mental Health Association – Nova Scotia Division)

5.2.10 Community Support Programs

Develop community-based mental health support programs that provide a safe space for individuals to seek emotional support, participate in activities, and interact with others facing similar challenges.

- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- CMHA Nova Scotia Division (Canadian Mental Health Association - Nova Scotia Division)
- Self Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6)
- The Clubhouse (Contact organization for specific locations.)

5.2.11 Encouraging Help-Seeking Behaviors

Foster an environment where seeking mental health support is recognized as a sign of strength rather than weakness or "craziness." Highlight successful stories that emphasize the benefits of professional help.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)

- Teen Mental Health (IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)

5.2.12 Advocacy and Legislation

Promote policy advocacy and lobbying efforts to improve mental health care provision, increase funding for mental health services, and protect the rights of individuals living with mental health conditions.

- Mental Health Foundation of Nova Scotia Grant Programs (Mental Health Foundation of Nova Scotia)
- Nova Scotia Health Mental Health and Addictions Program (Nova Scotia Health)
- Canadian Mental Health Association Nova Scotia Division (2020 Gottingen St Suite 100, Halifax, NS B3K 3A9)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

5.2.13 Support for Families

Offer education and support programs for families to better understand and support their loved ones with mental health challenges. This can help lessen the stigma within the family itself.

- Families Matter in Mental Health Program (Canadian Mental Health Association Nova Scotia Division)
- Family Support Groups (Schizophrenia Society of Nova Scotia (SSNS))
- Family Education and Support (Laing House)
- The Family Initiative
- Family Counselling (Mental Health Foundation of Nova Scotia)
- Caring Together Program (IWK Health Centre)

5.2.14 Inclusion in Social Activities

Organize events and activities within the community that focus on mental health, such as mental health walks, support group meetings, and art therapy sessions. This encourages inclusivity and normalizes conversations about mental health.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Art of Living (Nova Scotia) (Art of Living Foundation)
- Nova Scotia Health Authority - Mental Health and Addictions Program (Nova Scotia Health Authority)

5.2.15 Volunteer Opportunities

Create opportunities for community members to volunteer at mental health organizations or participate in peer support programs. Volunteering can cultivate empathy, understanding, and reduce negative attitudes surrounding mental health.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Canadian Mental Health Association Halifax-Dartmouth (45 Alderney Dr, Dartmouth, NS B2Y 2N6, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

5.3 TRAUMATIC EXPERIENCES OR LIFE EVENTS

Individuals who have experienced traumatic events such as loss, abuse, or significant life changes may struggle with their mental health. These experiences can lead to feelings of isolation and difficulty in forming or maintaining relationships.

5.3.1 Create support groups

The community can organize support groups where individuals who have experienced trauma can come together to share their experiences, receive emotional support, and connect with others who have gone through similar situations. This can help reduce feelings of isolation and provide a safe space for healing.

- Healing Our Nations (31 Glooscap Terrace, Unit 2, Dartmouth, NS B2W 6A2)
- Avalon Sexual Assault Centre Support Groups (Avalon Sexual Assault Centre)
- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- Phoenix Youth Programs (6035 Coburg Road, Halifax, NS B3H 1Y9)
- Self Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6)

5.3.2 Educational workshops

Organize workshops and educational sessions to raise awareness about trauma, its impact on mental health, and effective coping strategies. This can help community members better understand and empathize with those who have gone through traumatic experiences, promoting a more supportive and inclusive environment.

- Trauma-Informed Care Workshops (Mental Health Foundation of Nova Scotia)
- Community Workshops (Association of Black Social Workers (ABS))
- Healing and Education Through Trauma Informed Practices (Immigrant Services Association of Nova Scotia (ISANS))
- Understanding Trauma Workshops (Nova Scotia Community College (NSCC))

5.3.3 Increase access to mental healthcare

Advocate for increased funding and resources for mental health services in the community. This could include expanding the number of mental health professionals available, providing affordable or free therapy options, and ensuring that mental health services are accessible to all individuals, regardless of their socioeconomic status.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Nova Scotia Health Authority - Mental Health and Addictions Program (Nova Scotia Health Authority)
- Mindfulness-Based Programs - Dalhousie University (Dalhousie University)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)

5.3.4 Promote trauma-informed care

Educate healthcare providers, teachers, and community leaders about trauma-informed care, which involves an understanding of the impact of trauma and a compassionate approach to supporting individuals. This can help ensure that professionals are equipped to provide sensitive and appropriate support to those who have experienced trauma.

- Trauma-Informed Care Training for Health Professionals (Nova Scotia Health Authority)
- Trauma-Informed Education for Schools (Nova Scotia Department of Education and Early Childhood Development)
- Community Trauma-Informed Training (Association of Nova Scotia Museums)
- Trauma-Informed Practice for Social Services (Nova Scotia College of Social Workers)

5.3.5 Encourage open dialogue

Foster a community culture that encourages open dialogue about mental health and trauma. By normalizing conversations around these topics, individuals who are struggling may feel more comfortable seeking help and support from their peers.

- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Nova Scotia Health Mental Health and Addictions Program (Nova Scotia Health)
- Mindful Employer Canada

5.3.6 Develop resilience-building programs

Collaborate with mental health professionals to create community programs aimed at building resilience and coping skills. These programs could include activities such as mindfulness exercises, stress management techniques, and promoting healthy lifestyle habits.

- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Adult Mental Health Clinics (Nova Scotia Health Authority)
- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- IWK Health Centre (5850/5980 University Ave, Halifax, NS B3K 6R8, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

5.3.7 Establish mentorship programs

Create mentorship programs where individuals who have overcome traumatic experiences can offer guidance and support to others who are currently struggling. This can provide a sense of hope and connection for those who may feel alone in their experiences.

- Mentorship Program for Survivors of Sexual Violence (The Sexual Assault Survivors Centre)
- Peer Support Program (Mental Health Foundation of Nova Scotia)
- Youth Mentoring Program (Phoenix Youth Programs)
- Trauma Healing Program (Healing Nova Scotia)

5.3.8 Foster safe environments

Promote safe environments within schools, workplaces, and community spaces that prioritize inclusivity, respect, and non-violence. This can help prevent further trauma and provide a supportive atmosphere for individuals to heal and rebuild their lives.

5.3.9 Engage in community awareness campaigns

Organize community events, campaigns, and initiatives that raise awareness about trauma and its impact on mental health. This can help reduce stigma and encourage community members to be more compassionate and supportive.

- Stand Up. Speak Out. (Nova Scotia Department of Education and Early Childhood Development)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Changing the Way We Think (Healthy Minds Cooperative)
- The Red Bear Healing Home Society
- Laing House Peer Support Program (Laing House)

5.3.10 Encourage self-care practices

Educate community members about the importance of self-care in maintaining good mental health. Encourage activities such as exercise, nutrition, relaxation techniques, and hobbies that promote self-care and self-expression, serving as valuable tools for individuals coping with traumatic experiences.

- Mental Health Foundation of Nova Scotia (Nova Scotia Hospital, 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada)
- The Nova Scotia Health Authority's Mental Health and Addictions Program (300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada)

- The Youth Project (2281 Brunswick St, Halifax, NS B3K 2Y9, Canada)
 - Laing House (1225 Barrington St, Halifax, NS B3J 1Y2, Canada)
 - Eating Disorders Nova Scotia (150 Bedford Hwy, Halifax, NS B3M 2J6, Canada)
 - Healthy Minds Cooperative (45 Alderney Dr, Dartmouth, NS B2Y 2N6, Canada)
-

5.4 SOCIAL EXCLUSION AND DISCRIMINATION

Being excluded or discriminated against based on factors such as race, ethnicity, gender, or sexual orientation can contribute to feelings of loneliness and isolation. People who feel marginalized often face additional mental health challenges and barriers to seeking support.

5.4.1 Education and awareness programs

The community can come together to organize educational initiatives, workshops, and campaigns that raise awareness about social exclusion and discrimination. This can help foster understanding, empathy, and inclusivity among community members.

- One Nova Scotia Collective (One Nova Scotia)
- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- ReachAbility (3845 Joseph Howe Dr #201, Halifax, NS B3L 4H9)
- Peaceful Schools International (PO Box 2002, Fall River, NS B2T 1K6)
- Nova Scotia Brotherhood Initiative (Nova Scotia Health Authority)

5.4.2 Encouraging diversity and inclusivity

Promote diversity and inclusivity in various settings, such as schools, workplaces, community organizations, and public spaces. Emphasize the importance of treating everyone with respect and dignity, regardless of their race, ethnicity, gender, or sexual orientation.

5.4.3 Support networks and safe spaces

Establish support networks and safe spaces where individuals who feel marginalized can connect, share experiences, and find solace. This can be done through community centers, support groups, or online platforms dedicated to fostering a sense of belonging and providing resources for mental health support.

- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)

5.4.4 Anti-discrimination policies

Advocate for the implementation or strengthening of anti-discrimination policies and laws within the community. This can help protect individuals from discrimination and provide them with legal recourse if they experience mistreatment.

- Nova Scotia Human Rights Commission (5657 Spring Garden Road, Suite 305, P.O. Box 2221, Halifax, NS B3J 3C4)
- Act to End Racism and Discrimination in the Public Service (Government of Nova Scotia)

- Safe Harbour: Respect for All (Immigrant Services Association of Nova Scotia (ISANS))
- Equity and Anti-Racism Initiatives (Nova Scotia Community College (NSCC))

5.4.5 Empowerment through representation

Promote representation of marginalized communities within community leadership, decision-making processes, and public platforms. This can help amplify their voices, increase their visibility, and ensure their needs are acknowledged and addressed.

- 902 ManUp (Not specified)
- Immigrant Migrant Women's Association of Halifax (IMWAH) (Immigrant Migrant Women's Association of Halifax)
- Pride Health (Nova Scotia Health Authority - Pride Health)
- Atlantic Jewish Council (5670 Spring Garden Road – Suite 309, Halifax, NS B3J 1H6)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)

5.4.6 Peer support and allyship

Encourage individuals within the community to serve as allies and offer support to those who feel marginalized. Promote empathy, understanding, and active listening skills to foster a sense of community and help combat social exclusion.

- Mental Health Foundation of Nova Scotia - Peer Support Program (Mental Health Foundation of Nova Scotia)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- PrideHealth (PrideHealth - Nova Scotia Health Authority)
- Immigrant Services Association of Nova Scotia (ISANS) (6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1)
- Stepping Stone (Not specified, Halifax, NS)
- Schizophrenia Society of Nova Scotia - Peer Support (Schizophrenia Society of Nova Scotia)

5.4.7 Mental health services

Work towards improving accessibility and availability of mental health services within the community. Collaborate with local mental health organizations or professionals to provide affordable or free counseling, therapy, and support systems for individuals experiencing loneliness, isolation, or discrimination.

- Mental Health Mobile Crisis Team (Nova Scotia Health Authority)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)

5.4.8 Cultural exchange programs

Generate opportunities for cultural exchange and intergroup interactions. Encourage dialogue, understanding, and appreciation of diverse cultures, traditions, and experiences to foster a more inclusive and accepting community.

- International Student Exchange - Nova Scotia (ISX-NS) (Nova Scotia International Student Program)
- Multicultural Festival (Multicultural Association of Nova Scotia (MANS))
- Conversation Circles (Halifax Public Libraries)
- Cultural Awareness Training (Immigrant Services Association of Nova Scotia (ISANS))
- World Tea House Cultural Events (World Tea House)
- The Language Centre Cultural Exchange (Dalhousie University - College of Continuing Education)

5.4.9 Collaboration with community organizations

Collaborate with local organizations that focus on inclusion, diversity, and human rights issues. This partnership can lead to joint initiatives, events, and programs aimed at reducing social exclusion and discrimination.

- 902 ManUp (Not specified)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- Pride Health (Nova Scotia Health Authority)
- Nova Scotia Brotherhood Initiative (Nova Scotia Health Authority)
- YREACH Program (YMCA of Greater Halifax/Dartmouth)

5.4.10 Continuous learning and evaluation

Regularly evaluate the impact of community interventions and programs to identify areas for improvement. Foster a culture of continuous learning, open dialogue, and adaptability to ensure ongoing progress towards inclusivity and reducing social exclusion.

- Community Health Boards (CHBs) Wellness Funds (Nova Scotia Health Authority)
- Workplace Education Initiative (Nova Scotia Department of Labour and Advanced Education)
- Collaborative Partnership Network (CPN) (Collaborative Partnership Network)
- Nova Scotia Brotherhood Initiative (Nova Scotia Health Authority)
- immigrant services association of Nova Scotia (Immigrant Services Association of Nova Scotia (ISANS))

5.5 RELATIONSHIP BREAKDOWNS AND SOCIAL WITHDRAWAL

Difficulties in familial relationships, friendships, or romantic partnerships can lead to feelings of loneliness and isolation. These breakdowns can be caused by various factors such as lack of communication, conflicts, or the loss of loved ones.

5.5.1 Organize community events focused on promoting healthy communication and conflict resolution skills, such as workshops or group therapy sessions. This can help individuals develop better relationship management skills and prevent potential breakdowns.

- The Community Health Teams (CHTs) (Nova Scotia Health Authority)

5.5.2 Create support groups within the community for individuals going through relationship difficulties. These groups can provide a safe space for people to share their experiences, receive advice, and offer emotional support to one another.

- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- Parker Street Food & Furniture Bank (2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada)
- The North Grove (Dartmouth Family Centre/Dartmouth North Community Food Centre)
- Antigonish Women's Resource Centre and Sexual Assault Services Association (204 Kirk Place 219 Main Street Antigonish, NS B2G 2C1)

5.5.3 Establish community counseling centers or hotlines where individuals can seek professional guidance and support when dealing with relationship issues. Trained counselors can help mediate conflicts or provide tools to improve communication skills.

- Mental Health Mobile Crisis Team (Nova Scotia Health Authority)
- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- Kids Help Phone (439 University Avenue, Suite 300, Toronto, ON M5G 1Y8, Canada (National Office))
- 211 Nova Scotia

5.5.4 Initiate programs that teach relationship-building skills in schools or community centers. These programs can educate individuals on effective communication, empathy, and conflict resolution from an early age, fostering healthier relationship dynamics.

- Healthy Relationships for Youth (Antigonish Women's Resource Centre and Sexual Assault Services Association)
- Relationships First: Restorative Justice in Education Consortium (Dalhousie University)
- Skills for Healthy Relationships (Education and Early Childhood Development, Government of Nova Scotia)
- Paqtnkek Mi'kmaw Nation Community Programs (Paqtnkek Mi'kmaw Nation)

5.5.5 Encourage community members to engage in social activities and join clubs or organizations that align with their interests. This provides opportunities for making new friends and expanding social networks, reducing feelings of isolation.

5.5.6 Promote community-based initiatives that encourage inclusiveness and empathy, such as organizing neighborhood potlucks or community-driven projects where people from diverse backgrounds can come together, understand each other better, and strengthen their connections.

- Immigrant Services Association of Nova Scotia (ISANS) Community Events (Immigrant Services Association of Nova Scotia)
- Inspirit Foundation Community Grants (Inspirit Foundation)
- NeighborWoods on the Go (Halifax Tree Project)
- Parker Street Food & Furniture Bank Community Dinners (Parker Street Food & Furniture Bank)
- Halifax Public Libraries Multicultural Programs (Halifax Public Libraries)

5.5.7 Offer grief and bereavement support groups for individuals who have experienced the loss of loved ones. These groups can help individuals navigate the challenges of grief and provide a supportive environment for sharing their feelings and coping with their loss.

- Grief Support Groups (Hospice Halifax)
- Bereavement Support Program (VON Greater Halifax)
- Grief and Bereavement Support (Nova Scotia Health Authority)
- Healing Hearts Bereavement Support Group (Colchester East Hants Health Centre)

5.5.8 Facilitate workshops or seminars on effective communication and conflict resolution techniques for both individuals and couples. This can provide valuable guidance on resolving conflicts, expressing emotions constructively, and enhancing relationship dynamics.

- Managing Conflict Constructively Workshop (Family Service Association of Western Nova Scotia)
- Communication & Conflict Resolution (Halifax Public Libraries)
- Couples Communication Workshop (Relationship Therapy Halifax)
- Conflict Resolution Skills Training (Saint Mary's University - Continuing Education)

5.5.9 Encourage local businesses and organizations to offer relationship resources, such as relationship counseling discounts or workshops, to community members. This promotes accessibility to support services and encourages people to seek professional help when needed.

- TogetherNS (123 Collaborative Lane, Halifax, NS, B3J 1Z6)
- Nova Scotia Health Authority - Mental Health and Addictions Program (Nova Scotia Health Authority)
- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- Halifax Chamber of Commerce (32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1)

5.5.10 Create a community network or online platform where individuals can connect with others who share similar experiences or interests. This can help foster new friendships and provide a space for peer support during difficult times.

- Nova Scotia Rainbow Action Project (NSRAP) (Nova Scotia Rainbow Action Project)

5.5.11 Establish mentorship programs within the community, where individuals with stronger relationship skills can mentor and provide guidance to those struggling in their relationships.

- Community Mentorship Program (The Relationship Foundation of Nova Scotia)
- Youth Mentorship for Success Program (Nova Scotia Mentoring Society)
- Newcomer Community Connections (Immigration Services Association of Nova Scotia)
- Senior Companion Program (Senior Citizens Council of Nova Scotia)

5.5.12 Empower community leaders to address relationship breakdowns openly and encourage a culture of open communication and support. This can be done through community forums, newsletters, or public discussions that encourage dialogue and sharing of experiences related to relationship challenges.

- Community Health Boards (CHBs) (Nova Scotia Health Authority)
- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- The Red Bear Healing Home (The Red Bear Healing Home Society)
- Community Mediation Services (6080 Young St, Suite 229, Halifax, Nova Scotia B3K 5L2)

5.5.13 Advocate for public policies that support healthy relationships and offer resources for relationship support, such as providing funding for relationship counseling services or incorporating relationship education into school curriculums.

- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- Positive Wellness Programs - SchoolsPlus (SchoolsPlus)
- Sexual Health and Relationship Education (Nova Scotia Department of Education and Early Childhood Development)
- Transition House Association of Nova Scotia (PO Box 33055 Quinpool Centre, Halifax, NS B3L 4T6)

5.5.14 Launch awareness campaigns that educate community members about the importance of maintaining healthy relationships and the potential risks of social withdrawal. This can help reduce stigma surrounding seeking help and encourage individuals to reach out for support.

- Healthy Relationships for Youth (Antigonish Women's Resource Centre and Sexual Assault Services Association)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Stand Up. Speak Out. (Nova Scotia Department of Education and Early Childhood Development)
- Respectful Relationships (YWCA Halifax)
- Breaking the Silence (Schizophrenia Society of Nova Scotia)

5.5.15 Regularly assess the community's mental health and well-being needs through surveys, interviews, or focus groups. This data can inform the development of targeted initiatives and support services tailored to the specific needs of the community.

- Nova Scotia Community Health Boards (CHBs) Wellness Funds (Nova Scotia Health Authority)
- Mental Health Foundation of Nova Scotia Grants (Mental Health Foundation of Nova Scotia)
- Nova Scotia Quality of Life Survey (Engage Nova Scotia)
- Nova Scotia Mental Health and Addictions Strategy (Government of Nova Scotia)
- IWK Health Centre Community Health Needs Assessments (IWK Health Centre)

5.6 SOCIOECONOMIC FACTORS

Financial constraints, unemployment, poverty, and housing instability can all impact an individual's mental health. These factors can limit social opportunities and prevent individuals from engaging in activities that promote social connections, leading to increased feelings of loneliness and isolation.

5.6.1 Increase access to mental health services

The community can advocate for increased funding and resources for mental health services, such as affordable counseling or support groups, to ensure that individuals have access to the help they need.

- Mental Health and Addictions Program (Nova Scotia Health Authority)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- IWK Health Centre (5850/5980 University Ave, Halifax, NS B3K 6R8, Canada)

5.6.2 Promote economic opportunities

The community can work towards creating job training programs, employment initiatives, or partnerships with local businesses to provide job opportunities and reduce unemployment rates. This can help individuals improve their socioeconomic status and reduce financial strains that impact mental health.

- Nova Scotia Works Employment Services (Nova Scotia Works)
- Skills for Success (Nova Scotia Community College (NSCC))
- StartUp Yard at COVE (Centre for Ocean Ventures & Entrepreneurship (COVE))
- Nova Scotia Apprenticeship Agency (2021 Brunswick St, Halifax, NS B3J 2S9, Canada)
- CEED - Centre for Entrepreneurship Education and Development (Centre for Entrepreneurship Education and Development)

5.6.3 Provide financial education and support

Implementing programs that offer financial literacy and assistance can help individuals manage their finances better, reduce debt, and alleviate financial constraints. This can contribute to improved mental well-being and stability.

- Nova Scotia's Financial Empowerment Network (United Way Halifax)
- Credit Counselling Services of Atlantic Canada, Inc. (Suite 410 - 117 Kearney Lake Rd, Halifax NS B3M 4N9)
- Make it Count (Nova Scotia Cooperative Council)
- Start Smart (Family Matters Annapolis County Family Resource Centre)

5.6.4 Create affordable housing options

Collaborate with local organizations and government agencies to develop affordable housing solutions, such as subsidized housing or rent control measures, that can address housing instability and prevent homelessness.

5.6.5 Foster community engagement

Promote community activities and programs that encourage social connections and combat feelings of loneliness and isolation. This can include organizing regular community events, recreational activities, or creating community spaces where individuals can come together and build meaningful relationships.

- Community Health Boards (Nova Scotia Health Authority)
- 211 Nova Scotia (United Way)
- Recreation Nova Scotia (5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6)
- Seniors' Safety Program (Various Police Departments and Municipalities)
- Nova Scotia Community College (NSCC) – Community Campuses (Nova Scotia Community College)

5.6.6 Raise awareness and reduce stigma

Educate the community about mental health issues and challenge the stigma associated with seeking help. By promoting open conversations and understanding, individuals may be more likely to seek assistance and support for their mental health challenges.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Changing Minds (Mental Health Foundation of Nova Scotia)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Bell Let's Talk (Bell Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Nova Scotia Health Mental Health and Addictions Program (Nova Scotia Health Authority)
- Opening Doors for Everyone (ODE) (Canadian Mental Health Association, Nova Scotia Division)

5.6.7 Collaborate with schools and educational institutions

Partner with schools to implement mental health education programs that teach students about coping mechanisms, stress management, and emotional well-being. By addressing mental health early on, the community can support the overall development of individuals.

- SchoolsPlus (Department of Education and Early Childhood Development)
- Mental Health Foundation of Nova Scotia's School Program (Mental Health Foundation of Nova Scotia)
- Teen Mental Health (IWK Health Centre)
- Stay Connected Mental Health Project (Nova Scotia Health Authority)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

5.6.8 Support non-profit organizations

Contribute to or volunteer with local non-profit organizations that focus on mental health and socioeconomic issues. These organizations often provide resources, counseling, and support to individuals in need and rely on community involvement to operate effectively.

- Mental Health Foundation of Nova Scotia (300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada)
- Laing House (1225 Barrington Street, Halifax, NS, B3J 1Y2, Canada)
- Canadian Mental Health Association - Nova Scotia Division (45 Alderney Dr #200, Dartmouth, NS B2Y 2N6, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

5.6.9 Encourage policy changes

Advocate for policy changes at the local, regional, or national levels that prioritize mental health and socioeconomic well-being. This can include lobbying for increased government funding for mental health services or pushing for legislation that addresses poverty and unemployment.

- Mental Health Advocacy in Nova Scotia (Canadian Mental Health Association - Nova Scotia Division)
- Poverty Reduction Initiatives (Nova Scotia Community Advocates Network)
- Employment and Income Assistance Reform (Nova Scotia Advisory Commission on AIDS)
- Advocacy for Improved Access to Mental Health Services (Nova Scotia Health Authority)

5.6.10 Strengthen social networks

Encourage neighbors, friends, and family members to reach out and support each other. Building strong social networks helps individuals feel connected, reduces isolation, and provides a support system during challenging times.

- 902 ManUp (Not specified)
- Community Health Boards (CHBs) (Nova Scotia Health Authority)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Caregivers Nova Scotia (Caregivers Nova Scotia Association)
- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- Seniors' Safety Program (Various police departments and community groups in Nova Scotia)
- Neighbourhood Watch (Royal Canadian Mounted Police (RCMP) and community volunteers)

6 Lack of social support

Some individuals in Nova Scotia may lack strong social support networks due to various reasons, such as migration, family breakdown, or a lack of family and close friends in the area. Without adequate support, individuals may be more prone to experiencing loneliness.

6.1 MIGRATION AND RELOCATION

6.1.1 Individuals who have recently moved to Nova Scotia may lack social support networks in their new environment.

6.1.1.1 Establish a community welcome committee

The community can form a committee to welcome and support newcomers. This committee can provide information about local resources, services, and events, and help connect newcomers with people who share similar interests and backgrounds.

- Immigrant Services Association of Nova Scotia (ISANS) Welcome Ambassadors (Immigrant Services Association of Nova Scotia)
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Halifax Regional Municipality - Welcoming Communities (Halifax Regional Municipality)
- Newcomers Connect (Local community groups)

6.1.1.2 Host community events

Organize regular community events such as picnics, potlucks, or festivals where newcomers and existing residents can come together to socialize and build connections. These events can provide an opportunity for people to meet and form friendships.

- Multicultural Festival (Immigrant Services Association of Nova Scotia (ISANS))
- Welcoming Communities (YMCA of Greater Halifax/Dartmouth)
- Neighbor Nights (North End Community Health Centre)
- Community Picnics (Halifax Public Libraries)
- International Potluck (Halifax Refugee Clinic)

6.1.1.3 Create a mentorship program

Develop a mentorship program where established residents are paired with newcomers. Mentors can offer guidance, advice, and support as newcomers navigate their new environment. This can include helping them find housing, employment, schools, and introducing them to local cultural activities.

- Immigrant Services Association of Nova Scotia (ISANS) - Community Connections Program (Immigrant Services Association of Nova Scotia (ISANS))
- YMCA of Greater Halifax/Dartmouth - YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)

- Halifax Connector Program (Halifax Partnership)
- Mentorship Program for Immigrant Engineers (Engineers Nova Scotia)

6.1.1.4 *Establish multicultural centers or clubs*

Create community centers or clubs that focus on the various cultures and backgrounds of the residents. These centers can offer language classes, cultural exchange programs, and recreational activities, providing a platform for both newcomers and locals to interact and learn from each other.

- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Halifax Regional Municipality - Public Libraries Multicultural Services (Halifax Public Libraries)
- Multicultural Association of Nova Scotia (MANS) (Multicultural Association of Nova Scotia)
- African Nova Scotian Affairs Integration Office (ANSAIO) (African Nova Scotian Affairs)

6.1.1.5 *Provide language and integration classes*

Offer language classes specifically designed to help newcomers improve their language skills. Additionally, integration classes can provide information about the local culture, norms, and traditions to help ease the transition into the community.

- English as an Additional Language (EAL) Program (Immigrant Services Association of Nova Scotia (ISANS))
- Settlement Online Pre-Arrival (SOPA) (YMCA of Greater Halifax/Dartmouth)
- Language Instruction for Newcomers to Canada (LINC) (Various organizations across Nova Scotia)
- Community Integration Program (YREACH (YMCA Program))
- Newcomer English Language Program (Cape Breton University)

6.1.1.6 *Encourage community volunteering*

Promote volunteer opportunities within the community. This can create a sense of purpose and belonging for newcomers while allowing them to get involved and meet new people.

- Immigrant Volunteer Connector Program (Immigrant Services Association of Nova Scotia (ISANS))
- Volunteer for Change (YMCA of Greater Halifax/Dartmouth)
- Community Volunteer Income Tax Program (Canada Revenue Agency in collaboration with multiple community organizations)
- Volunteer Matching and Referral Services (Halifax Public Libraries)
- Halifax Refugee Clinic Volunteer Program (Halifax Refugee Clinic)
- Settlement Online Pre-Arrival (SOPA) (SOPA Atlantic)

6.I.I.7 Develop online platforms or forums

Establish online platforms or forums where newcomers can connect with each other and with locals. This virtual space can provide a medium for people to ask questions, seek support, and arrange meetups.

- ISANS Community Connections Program (Immigrant Services Association of Nova Scotia (ISANS))
- Settlement Online Pre-Arrival (SOPA) (Settlement Online Pre-Arrival)
- Engage Nova Scotia (N/A - Online platform)
- Halifax Newcomers Club (N/A - Club for Halifax Area Newcomers)
- Local Immigration Partnership (N/A - Collaborative Community Initiative)

6.I.I.8 Support local businesses owned by newcomers

Encourage the community to support local businesses owned by newcomers. By purchasing goods or services from these establishments, the community can not only help the businesses grow but also foster a sense of inclusiveness and support.

6.I.I.9 Collaborate with community organizations

Partner with established community organizations, such as religious institutions, schools, or non-profit organizations, to develop programs and initiatives that specifically address the social support needs of newcomers.

- Together: An Exhibition on Global Development (Aga Khan Foundation Canada)
- ISANS (Immigrant Services Association of Nova Scotia) (Immigrant Services Association of Nova Scotia (ISANS))
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Multicultural Association of Nova Scotia (MANS)
- Atlantic Jewish Council's Shalom Welcome Service (Atlantic Jewish Council)

6.I.I.10 Conduct community awareness campaigns

Increase awareness about the challenges faced by newcomers and the importance of social support networks. This can be accomplished through public events, workshops, or media campaigns to engage the entire community in embracing and welcoming newcomers.

- Welcome Ambassador Program (Halifax Regional Municipality)
- Immigrant Services Association of Nova Scotia (ISANS) Public Education (Immigrant Services Association of Nova Scotia)
- Multicultural Festival (Multicultural Association of Nova Scotia)
- Newcomer Community Wellness Project (YMCA of Greater Halifax/Dartmouth)
- Diversity and Inclusion Framework (Government of Nova Scotia)
- Together: An exhibition on global development (The Canadian International Development Agency (CIDA))

6.I.2 Relocation can lead to a lack of family and close friends in the area, resulting in isolation and loneliness.

6.1.2.1 Establish a buddy system

The community can create a program where established residents become buddies or mentors for newcomers. This can help newcomers feel welcomed, supported, and connected to someone in the area.

- ISANS Mentorship Program (Immigrant Services Association of Nova Scotia (ISANS))
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Nova Scotia Start (Suite 301, 1235 Barrington St, Halifax, NS B3J 1Y2, Canada)
- Halifax Regional Municipality's Resettlement Assistance Program (Halifax Regional Municipality)

6.1.2.2 Organize community events and activities

Regular social events such as neighborhood gatherings, potlucks, or sports activities can provide opportunities for newcomers to meet their neighbors and develop new friendships.

- Immigrant Welcome Center Events (Immigrant Services Association of Nova Scotia (ISANS))
- YMCA Newcomer Community Wellness (YMCA of Greater Halifax/Dartmouth)
- MultiFest (Nova Multifest Society)
- Neighborhood Good Food Socials (Ecology Action Centre)
- Halifax Public Libraries Programs (Halifax Public Libraries)

6.1.2.3 Create welcome committees

The community can form committees or groups responsible for welcoming and supporting new residents. These committees can organize welcome packages, provide information about local resources and amenities, and make an effort to introduce newcomers to existing community members.

- Welcome Wagon (Welcome Wagon Ltd.)
- ISANS Community Connections Program (Immigrant Services Association of Nova Scotia (ISANS))
- Multi-cultural Association of the Greater Moncton Area (MAGMA) Welcome Program (Multi-cultural Association of the Greater Moncton Area (MAGMA))

6.1.2.4 Establish community support groups

Set up support groups or clubs based on interests or hobbies where people can meet others who share similar interests. This can alleviate feelings of isolation and foster a sense of belonging.

- Halifax Public Libraries Programs and Events (Halifax Public Libraries)
- Laing House Peer Support Groups (Laing House)
- PFLAG Halifax (PFLAG Canada - Halifax Chapter)
- The Club Inclusion (Tawaak Housing Association, 2717 Gladstone St #107, Halifax, NS B3K 0A4, Canada)
- Immigrant Services Association of Nova Scotia (ISANS) Community Groups (Immigrant Services Association of Nova Scotia (ISANS))
- Arts Health Antigonish (AHA!) (Arts Health Antigonish)

6.1.2.5 Encourage participation in local organizations

Promote participation in local community organizations, clubs, or nonprofits. These organizations often provide a sense of belonging and purpose and can help newcomers connect with like-minded individuals.

- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- YMCA Community Action Network (YCAN) (YMCA of Greater Halifax/Dartmouth)
- The Table! Project (Specific address may vary as events occur at different locations)
- Volunteer NS (Volunteer Nova Scotia)
- Fusion Halifax (Not specified)
- Welcome Ambassador Program (Halifax Regional Municipality)

6.1.2.6 Create digital platforms or social media groups

Develop online groups or platforms specifically for newcomers to connect, share experiences, and seek guidance from more established community members. This can facilitate friendship-building and make it easier for newcomers to reach out.

- ISANS Connects (Immigrant Services Association of Nova Scotia (ISANS))
- Settlement Online Pre-Arrival (SOPA) (Immigrant Services Association of Nova Scotia (ISANS))
- Halifax Newcomers Club (N/A - Club for Halifax Area Newcomers)
- Newcomers Canada (Not specified)

6.1.2.7 Offer volunteer opportunities

Encourage newcomers to engage in volunteer work within the community. This not only helps them feel connected and contribute to a common cause but also provides opportunities to meet people with similar values and interests.

- Volunteer for Change Program (Immigrant Services Association of Nova Scotia (ISANS))
- Community Volunteer Income Tax Program (Canada Revenue Agency (In partnership with various community organizations in Nova Scotia))
- Volunteer Matching Program (YMCA Centre for Immigrant Programs)
- Language Volunteer Program (Halifax Public Libraries)

6.1.2.8 Provide information on local resources

Offer easily accessible information about community resources such as parks, libraries, community centers, and clubs. This can help newcomers discover activities or groups that align with their interests, facilitating the formation of new friendships.

- Welcome to Nova Scotia (Immigration Services Association of Nova Scotia (ISANS))
- Halifax Public Libraries Newcomer Services (Halifax Public Libraries)
- Settlement Online Pre-Arrival (SOPA) (Immigrant Services Association of Nova Scotia)
- Newcomer Community Wellness Project (YMCA of Greater Halifax/Dartmouth)
- Parks and Recreation Services (Halifax Regional Municipality)
- New to Nova Scotia (Government of Nova Scotia)

6.1.2.9 Organize orientation sessions

Conduct regular orientation sessions for newcomers to familiarize them with the area, local customs, and available resources. These sessions can also include introductions to existing community members and an opportunity to ask questions.

- Immigrant Services Association of Nova Scotia (ISANS) (6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1, Canada)
- YMCA Centre for Immigrant Programs (104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada)
- Halifax Public Libraries (Various locations across Halifax, NS)
- Nova Scotia Start (1800 Argyle St, Suite 701, Halifax, NS B3J 3N8, Canada)
- Cape Breton University - New Student Orientation (1250 Grand Lake Road, Sydney, NS B1M 1A2, Canada)

6.1.2.10 Establish mentorship programs

Develop mentorship programs where more established members of the community can guide and support newcomers in navigating their new surroundings. Mentors can provide information, advice, and assistance in building social connections.

- ISANS Community Connections Program (Immigrant Services Association of Nova Scotia)
- Halifax Connector Program (Halifax Partnership)
- Atlantic Immigrant Career Loan Fund (AICLF)
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Mentorship Program (Various)

6.2 FAMILY BREAKDOWN

6.2.1 Some individuals may have experienced family breakdowns, including divorce or estrangement from family members.

6.2.1.1 Community support groups

Establish local support groups where individuals going through family breakdowns can come together, share their experiences, and receive emotional support and guidance from others who've gone through similar situations.

- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- Nova Scotia Health: Family Support Groups (Nova Scotia Health)
- Parenting Journey (The Family Centre)

6.2.1.2 Counseling services

Provide accessible and affordable counseling services for families dealing with breakdowns. This can help them navigate their emotions, communicate more effectively, and work towards resolving conflicts in a healthy manner.

- Family Service of Eastern Nova Scotia (8990, Commercial Street, New Minas, NS B4N 3E2, Canada)
- Nova Scotia Health Authority - Mental Health and Addictions Program (Multiple locations across Nova Scotia)
- IWK Health Centre (5850/5980 University Ave, Halifax, NS B3K 6R8, Canada)
- Yarmouth Family Service (1 Kirk Street, Yarmouth, NS B5A 1K8, Canada)
- Phoenix Youth Programs (1094 Tower Road, Halifax, NS B3H 2Y5, Canada)

6.2.1.3 *Mediation services*

Offer mediation services to help families going through divorce or estrangement find mutually agreeable solutions. Mediators can assist in facilitating communication, understanding, and compromise between all parties involved.

- Family Mediation Canada (55 Northfield Drive East, Suite 157, Waterloo, ON N2K 3T6)
- Nova Scotia Family Resolution Center (Suite 101, 5670 Spring Garden Road, Halifax, NS B3J 1H6)
- Legal Information Society of Nova Scotia (5523 B Young Street, Halifax, NS B3K 1Z7)
- Nova Scotia Barristers' Society (Cogswell Tower, 800-2000 Barrington Street, Halifax, NS B3J 3K1)
- Atlantic Canada Family Law and Arbitration Practice (5670 Spring Garden Rd, Suite 701, Halifax, NS B3J 1H6)

6.2.1.4 *Parenting classes*

Organize parenting classes and workshops to educate individuals on effective parenting strategies, communication skills, and conflict resolution techniques. This can help prevent breakdowns by strengthening family relationships and teaching healthy coping mechanisms.

- Family Matters: Parenting Programs (Family Matters Annapolis County Family Resource Centre)
- Parenting Journey (Yarmouth Family Resource Centre)
- Building Incredible Babies (Veith House)
- Triple P – Positive Parenting Program (IWK Health Centre – Public Health Services)
- Parenting Workshops (Parent Education and Support Program of Family Service Association)

6.2.1.5 *Family therapy programs*

Establish family therapy programs that involve the entire family when facing breakdowns. Skilled therapists can help families work through underlying issues, rebuild trust, and enhance communication to improve their overall dynamics.

- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- The Nova Scotia Health Authority's Mental Health and Addictions Program (Nova Scotia Health Authority)
- IWK Health Centre Family Therapy Services (IWK Health Centre)
- Directions – Youth, Family, and Community Services (50 Eileen Stubbs Ave Unit 130, Dartmouth, NS B3B 0M7, Canada)

- Atlantic Wellness (225 Lutz St, Moncton, NB E1C 5G2, Canada)

6.2.1.6 Legal aid services

Provide accessible legal aid services to individuals who cannot afford or access legal representation during divorces or family-related legal matters. This ensures that everyone has equal access to justice and support during difficult times.

- Nova Scotia Legal Aid (Nova Scotia Legal Aid Commission)
- Dalhousie Legal Aid Service (Dalhousie University)
- ReachAbility (reachAbility)

6.2.1.7 Community events and activities

Organize community events and activities that promote and emphasize the importance of family unity, togetherness, and support. This can strengthen relationships, create stronger connections, and foster a sense of belonging within families.

- Family Sunday at the Art Gallery of Nova Scotia (Art Gallery of Nova Scotia)
- The Family Fun Festival (Halifax Regional Municipality)
- Family Skate (Various community centres and rinks across Nova Scotia)
- Community Hikes and Walks (Hike Nova Scotia)
- Family Picnic Days (Municipal and community organizations)

6.2.1.8 Education and awareness campaigns

Launch educational campaigns that aim to raise awareness about the consequences and long-term effects of family breakdowns and the importance of taking proactive steps to prevent them. This can encourage individuals to seek help early and work towards resolving issues before they escalate.

- Positive Parenting Program (Triple P) (Department of Education and Early Childhood Development)
- Families Plus Program (YWCA Halifax)
- Family Matters Program (Family Service of Eastern Nova Scotia)
- Parenting Journey (The Nova Scotia Association of Family Resource Centres)
- Healthy Relationships for Youth (Antigonish Women's Resource Centre & Sexual Assault Services Association)

6.2.1.9 Hotlines and helplines

Establish helplines or hotlines staffed by trained professionals who can provide immediate assistance, guidance, and emotional support to individuals facing family breakdowns. These helplines can serve as a first point of contact for those in need.

- Mental Health Crisis Line (Nova Scotia Health Authority)
- Kids Help Phone (439 University Avenue, Suite 300, Toronto, ON M5G 1Y8, Canada (National Office))
- 211 Nova Scotia
- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)

- Parenting Journey (101-215 Main Street, Antigonish, NS B2G 2C1)

6.2.1.10 Collaborative networks

Foster collaboration and partnerships between community organizations, mental health professionals, social workers, educational institutions, and other relevant stakeholders to offer a comprehensive and coordinated approach to addressing family breakdowns. This can provide individuals with a wide range of resources and support systems to help them navigate their challenges effectively.

- 211 Nova Scotia
- Family Service of Eastern Nova Scotia (174 Commercial St, Glace Bay, NS B1A 3C1)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- Nova Scotia Health Authority (1673 Bedford Row, Halifax, NS B3J 1T1, Canada)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)

6.2.2 This can result in a loss of social support from immediate family members, making individuals more vulnerable to loneliness.

6.2.2.1 Establish community support groups

Create local support groups for individuals who are experiencing a loss of social support from immediate family members. These groups can offer a safe space to connect with others facing similar challenges and provide emotional support.

- Laing House (1225 Barrington St, Halifax, NS B3J 1Y2, Canada)
- Self Help Connection (73 Tacoma Dr, Suite 802, Dartmouth, NS B2W 3Y6, Canada)
- North End Community Health Centre (2131 Gottingen St, Halifax, NS B3K 5Z7, Canada)
- Chebucto Connections (531 Herring Cove Rd, Halifax, NS B3R 1X4, Canada)
- Family Service Association of Western Nova Scotia (235 Aberdeen Rd, Bridgewater, NS B4V 2S8, Canada)
- Valley Community Learning Association (90 Victoria St, PO Box 1019, Kentville, NS B4N 3X1, Canada)
- Autism Nova Scotia (5945 Spring Garden Rd, Halifax, NS B3H 1Y4, Canada)

6.2.2.2 Foster intergenerational connections

Encourage community programs that promote interactions between different age groups. This can include organizing events where older adults can volunteer or mentor younger individuals, fostering a sense of connection and support between generations.

- ElderDog Canada (P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1)
- 4-H Nova Scotia (90 Research Drive, Bible Hill, NS B6L 2R2, Canada)
- Northwood Intergenerational Programs (Northwoodcare Incorporated)

- Youth Project Intergenerational Program (The Youth Project)

6.2.2.3 *Strengthen neighborhood networks*

Encourage communities to establish neighborhood watch programs, social clubs, or community centers where residents can engage with one another. This helps build a sense of belonging and support within the neighborhood.

- Neighbourhood Watch Programs (Halifax Regional Police)
- Block Parent Program (Block Parents Nova Scotia)
- Community Police Offices (Halifax Regional Police)
- HeartWood Centre for Community Youth Development (5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada)
- Recreation Centres (Various Municipal Recreation Departments)
- Community Gardens (Various Community-Based Groups)

6.2.2.4 *Organize social activities*

Plan regular community events such as picnics, festivals, or sports tournaments to bring people together and encourage social interactions. These activities can provide opportunities for individuals experiencing loneliness to meet new people and build connections.

- Halifax Pride Festival (Halifax Pride)
- The Royal Nova Scotia International Tattoo (Royal Nova Scotia International Tattoo Society)
- Nocturne: Art at Night (Nocturne Halifax)
- Scotiabank Blue Nose Marathon (5516 Spring Garden Rd, 4th Floor, Halifax, Nova Scotia, B3J 1G6)
- The Celtic Colours International Festival (Celtic Colours Festival Society)
- The Lunenburg Folk Harbour Festival (Folk Harbour Society)
- North by Night Market (North End Business Association)

6.2.2.5 *Engage local businesses*

Encourage local businesses to participate in community initiatives by hosting events or providing space for gatherings. This involvement can foster a sense of community and strengthen social support networks.

6.2.2.6 *Develop volunteer programs*

Encourage community members to volunteer their time and skills for causes that address isolation and loneliness. This can include programs like "buddy systems" where volunteers regularly visit or check-in on isolated individuals.

- Friendly Neighbour Program (Northwood Intouch)
- Senior Safety Program (RCMP - Nova Scotia Division)
- Community Links Volunteer Program (Community Links)
- Community Friends (Spencer House Seniors Centre)
- The Friendly Calls Program (VON Canada (Victorian Order of Nurses))

6.2.2.7 Promote mental health awareness

Increase knowledge and awareness about the impact of loneliness on mental health. Educate the community through workshops, presentations, or campaigns, highlighting the importance of social support and encouraging individuals to be more attentive to people around them.

- Understanding Mental Health and Loneliness Workshops (Mental Health Foundation of Nova Scotia)
- Be Kind Campaign (Laing House)
- Community Outreach and Support Program (Healthy Minds Cooperative)
- Mental Health Peer Support Groups (Self-Help Connection)

6.2.2.8 Enhance public transportation

Improve transportation options, especially for older adults or individuals with limited mobility, to ensure they have access to community activities, events, and social gatherings.

- Rural Transportation Association (RTA) (Rural Transportation Association)
- Community Transit Nova Scotia
- Halifax Transit Access-A-Bus (Halifax Regional Municipality)
- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- Cape Breton Regional Municipality Transit (Cape Breton Regional Municipality)

6.2.2.9 Support local healthcare providers

Collaborate with local healthcare providers to offer workshops or counseling services on coping with loneliness and building social connections. This can provide resources and guidance for individuals who may be struggling.

- Together We Can (1276 South Park Street, Halifax, NS B3H 2Y9, Canada)
- Community Health Teams (Capital Health, 1796 Summer Street, Halifax, NS B3H 3A7)
- Mental Health Mobile Crisis Team (Not Specified)
- Seniors' Mental Health Program (Not Specified)
- Caregivers Nova Scotia (The Parkway, 7071 Bayers Rd # Suite 215, Halifax, NS B3L 2C2, Canada)

6.2.2.10 Encourage inclusive community planning

Advocate for inclusive community planning where public spaces, such as parks, libraries, and community centers, are designed to facilitate social interactions and encourage community engagement.

- Halifax Central Library (Halifax Public Libraries)
- The Dartmouth North Community Centre and Outdoor Library (Halifax Public Libraries)
- Common Roots Urban Farm (Partners for Care)
- The North Grove (Dartmouth Family Centre/Dartmouth North Community Food Centre)
- ISANS Community Gardens (Immigrant Services Association of Nova Scotia (ISANS))

6.2.2.11 Utilize technology

Promote the use of technology to connect individuals who may be geographically separated or have difficulty leaving their homes. Encourage the adoption of social media platforms, video calls, or online communities to maintain social connections.

- Cyber-Seniors (Not specific to Nova Scotia, multiple locations)
- NS 211 (United Way Halifax)
- TechCoaches (Local libraries or community centres across Nova Scotia)
- Computers for Schools (The Government of Canada in partnership with various Nova Scotian organizations)
- Seniors' College Association of Nova Scotia (SCANS) (Seniors' College Association of Nova Scotia)
- Digital Nova Scotia - TechLounge (Digital Nova Scotia)

6.2.2.12 Strengthen family support systems

Provide resources and support for families to better understand the impact of their actions on their immediate family members. Encourage open communication and conflict resolution to prevent the loss of social support within families.

- Family Support Centers (Nova Scotia Department of Community Services)
- Parenting Journey (YMCA's of Nova Scotia)
- Family Group Conferencing (Mi'kmaw Family and Children's Services of Nova Scotia)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)
- Early Years Family Resource Centres (Nova Scotia's Department of Education and Early Childhood Development)
- Laing House Family Support Groups (Laing House)

6.3 LACK OF FAMILY AND CLOSE FRIENDS IN THE AREA

6.3.1 Individuals who are native to Nova Scotia but do not have a strong family or close friend network in the area may feel isolated.

6.3.1.1 Establish a community welcoming committee

This committee can reach out to new individuals and families moving to Nova Scotia to ensure they are greeted and connected with the community. They can provide information about local resources, events, and help them to make new friends.

- Halifax Welcomes Newcomers (Immigrant Services Association of Nova Scotia (ISANS))
- Welcome Wagon (Welcome Wagon Ltd.)
- Cape Breton Welcome Network (New Dawn Enterprises)
- Settlement Online Pre-Arrival (SOPA) (Immigrant Services Association of Nova Scotia (ISANS))

- YREACH Program (YMCA of Greater Halifax/Dartmouth)

6.3.1.2 Organize community events

Encourage the community to organize regular events such as neighborhood potlucks, picnics, or sports activities. These events can provide opportunities for individuals to meet new people, build connections, and alleviate feelings of isolation.

- Community Potlucks (Halifax Community Potluck Society)
- Neighborhood Sports League (Nova Scotia Community Sports Association)
- Annual Picnic in the Park (Parks and Recreation Department of Nova Scotia)

6.3.1.3 Create a mentorship program

Develop a mentorship program where long-term residents can volunteer to become mentors for newcomers. Mentors would provide guidance, support, and camaraderie, helping newcomers to integrate into the community and form meaningful relationships.

6.3.1.4 Promote community clubs and organizations

Raise awareness about existing community clubs, groups, and organizations such as book clubs, sports teams, hobbyist groups, or volunteering opportunities. By promoting these opportunities, individuals can discover like-minded people and build connections through shared interests.

- Volunteer NS (Nova Scotia Government)
- Sport Nova Scotia (5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6)
- Halifax Public Libraries Programs and Events (Halifax Public Libraries)
- Arts Nova Scotia (1741 Brunswick Street, Suite 242, Halifax, NS B3J 3X8)
- Hike Nova Scotia
- Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program (Immigrant Services Association of Nova Scotia (ISANS))

6.3.1.5 Establish a community resource center

Set up a community resource center where individuals can access information about local services, support groups, and community activities. The center can also host workshops and classes to encourage skill-building and foster connections among participants.

- The Hub (Community Hub)
- North End Community Health Centre (2131 Gottingen St, Halifax, NS B3K 5Z7, Canada)
- Chebucto Connections (531 Herring Cove Rd, Halifax, NS B3R 1X3, Canada)
- Family Resource Centre (1234 Family Lane, Dartmouth, NS)
- Newcomer Community Wellness Centre (Immigrant Services Association of Nova Scotia)

6.3.1.6 Encourage local businesses to promote socialization

Encourage businesses like coffee shops or libraries to provide spaces for people to gather and socialize. Offering designated areas with comfortable seating, free Wi-Fi, or community notice boards can help foster a sense of belonging.

- The Local Café and Bakery (295 George St, Sydney, NS B1P 1J7, Canada)
- Halifax Central Library (Halifax Public Libraries)

- Just Us! Coffee Roasters Co-op (5896 Spring Garden Rd, Halifax, NS B3H 1Y7, Canada)

6.3.1.7 *Create a community support network*

Establish a network of volunteers who can provide support to those who feel isolated, such as organizing regular check-ins, offering opportunities for social interaction, or providing transportation to community events.

- Friendly Neighbours (Seniors Helping Seniors)
- Community Care Network (Nova Scotia Community Support Foundation)
- Social Connectors (Cape Breton Social Hub)

6.3.1.8 *Implement a neighborhood buddy system*

Encourage neighbors to reach out to one another and establish a buddy system, where they can check in on each other, offer support, and foster a sense of belonging within the neighborhood.

- Good Neighbour Energy Fund (The Salvation Army in partnership with Nova Scotia Power)
- Block Parent Program (Block Parent Program of Canada)
- Neighbourhood Watch (Citizens' Crime Prevention Association of Nova Scotia)
- Senior Safety Programs (Various across Nova Scotia, often run by local police or municipalities)

6.3.1.9 *Utilize social media platforms*

Create online groups or forums where individuals can connect with others in the area. These platforms can facilitate discussions, provide a space for event announcements, and encourage virtual connections that may lead to in-person friendships.

- I Love Local HFX (N/A (Organized by local business owners))
- Halifax Noise
- East Coast Hikers
- Halifax Meetups (Meetup)
- The Coast (2309 Maynard Street, Halifax, NS B3K 3T8)

6.3.1.10 *Collaborate with local institutions*

Partner with universities, colleges, schools, or community centers to organize joint events or programs that facilitate interaction between students, staff, and local community members. This collaboration can promote socialization and help build a sense of community among different groups.

- Community Engaged Learning (Dalhousie University)
- Co-Curricular Record Program (Cape Breton University)
- Community Studio (NSCAD University)
- Engage Nova Scotia (N/A - Online platform)
- Pathy Foundation Fellowship (St. Francis Xavier University)

6.3.2 The absence of in-person relationships and social connections can contribute to feelings of loneliness.

6.3.2.1 Organize regular community events or gatherings

These events can provide opportunities for neighbors to meet and interact with each other, fostering a sense of belonging and creating new social connections.

- Nocturne: Art at Night (Nocturne Halifax)
- The Royal Nova Scotia International Tattoo (Royal Nova Scotia International Tattoo)
- Halifax Seaport Farmers' Market (1209 Marginal Road, Halifax, NS B3H 4P8, Canada)
- North End Community Health Centre Community Garden (North End Community Health Centre)
- Scotia Festival of Music (6181 Lady Hammond Road, Halifax, NS B3K 2R9)
- Lumière Art Festival (Lumière Arts Festival)

6.3.2.2 Develop community interest or hobby groups

Encourage residents to come together based on common interests or hobbies. This could include book clubs, sports teams, cooking classes, or any other activity that promotes social interaction.

- Halifax Public Libraries Book Clubs (Halifax Public Libraries)
- Recreation Nova Scotia (5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6)
- East Coast Language College (1256 Barrington Street, Halifax, NS B3J 1Y6, Canada)
- Cape Breton Centre for Craft & Design (322 Charlotte St, Sydney, NS B1P 1C8, Canada)
- Sport Nova Scotia (5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6)
- Halifax Makerspace (275 Rocky Lake Dr, Unit 19, Bedford, NS B4A 2T3, Canada)

6.3.2.3 Establish a community center or hub

Create a dedicated space where community members can gather, socialize, and engage in various activities. This could be a multi-purpose facility with amenities for different age groups and interests.

- Mi'kmaw Native Friendship Centre (Mi'kmaw Native Friendship Society)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)
- Veith House (3115 Veith St, Halifax, NS B3K 3G9, Canada)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Zatzman Sportsplex (110 Wyse Rd, Dartmouth, NS B3A 1M2, Canada)

6.3.2.4 Initiate a buddy system

Encourage community members to pair up with others who may be feeling isolated or lonely. This allows for one-on-one interaction and provides emotional support.

- Senior Companion Program (Volunteer Nova Scotia)
- Friendly Callers Program (Nova Scotia Health Authority)
- Community Connects (United Way Halifax)
- Big Brothers Big Sisters (Big Brothers Big Sisters of Greater Halifax)

- Newcomer Buddy Program (Immigrant Services Association of Nova Scotia)

6.3.2.5 Foster a culture of inclusivity

Encourage inclusivity and diversity within the community, promoting acceptance and understanding among different individuals or groups. This can help reduce social isolation and enhance meaningful connections.

- Affirming Spaces Project (The Youth Project)
- Diverse Voices for Change (Federation of Canadian Municipalities)
- PrideHealth (Nova Scotia Health Authority)
- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- Welcoming Wheels (Ecology Action Centre)
- 211 Nova Scotia

6.3.2.6 Create online platforms or forums

Develop virtual spaces where community members can connect, share resources, and discuss common interests. This can help bridge the gap when physical interaction is limited.

- Nova Scotia Community Access Program (C@P) (Nova Scotia Community Access Program)
- Volunteer NS (Volunteer Nova Scotia)
- 211 Nova Scotia (United Way Halifax)
- Digital Nova Scotia Forums (Digital Nova Scotia)
- Engage Nova Scotia (N/A - Online platform)
- Local Food Marketplace

6.3.2.7 Encourage volunteering and community service

Promote opportunities for residents to give back to their community through volunteering. This not only helps those in need but also encourages social interaction and a sense of purpose.

- VolunteerNS (Government of Nova Scotia)
- Halifax Helps (None)
- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- Nova Scotia Health Authority Volunteer Services (Nova Scotia Health Authority)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- United Way Halifax (Baynes Road Centre, 7071 Baynes Road, Suite 100, Halifax, Nova Scotia, B3L 2C2)
- Clean Foundation (126 Portland Street, Dartmouth, NS B2Y 1H8, Canada)
- Parker Street Food & Furniture Bank (2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada)

6.3.2.8 Support local businesses and initiatives

Encourage the community to shop locally, support local businesses, and engage in initiatives that contribute to the overall well-being of the neighborhood. This helps build a sense of shared responsibility and connection.

- Buy Local Campaign (Now Nova Scotia)

- Select Nova Scotia (Government of Nova Scotia)
- I Love Local Halifax (I Love Local (HFX))
- Downtown Halifax Business Commission (1546 Barrington St, Suite 104, Halifax, NS B3J 3X7)
- Nova Scotia Business Inc. (NSBI) (Nova Scotia Business Inc.)
- Taste of Nova Scotia (33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5)
- Digital Main Street (N/A - See local municipalities for regional addresses)
- Halifax Seaport Farmers' Market (Halifax Seaport Farmers' Market)

6.3.2.9 Provide resources for mental health and counseling

Ensure that community members have access to mental health resources, counseling services, and support groups. This can provide necessary assistance to individuals experiencing loneliness or other related issues.

- Mental Health Mobile Crisis Team (Nova Scotia Health Authority)
- The Nova Scotia Health Authority's Mental Health and Addictions Program (Nova Scotia Health Authority)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Strongest Families Institute (267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- IWK Health Centre Mental Health and Addictions (IWK Health Centre)

6.3.2.10 Foster intergenerational connections

Encourage activities or programs that bring together different age groups within the community. Initiatives like mentoring programs or intergenerational sports create opportunities for meaningful connections and reduce feelings of isolation.

- The GrandFriends Program (The Northwood Intouch Community)
- Intergenerational Community Garden (Hope Blooms)
- LINKages Program (LINKages Society of Nova Scotia)
- The Shared History Program (The Society of Deaf and Hard of Hearing Nova Scotians)

6.4 LIMITED SOCIAL CIRCLES

6.4.1 Some individuals may have small or limited social circles due to personal factors such as shyness, introversion, or difficulty in forming social relationships.

6.4.1.1 Organize community events or activities specifically designed to facilitate social connections, such as group outings, game nights, or social clubs.

- Halifax Public Libraries – Adult Programs (Halifax Public Libraries)
- Recreation Nova Scotia – Community Events (Recreation Nova Scotia)
- Engage Nova Scotia – Share Thanksgiving (Engage Nova Scotia)
- The Adventure Bus – Group Outings (The Adventure Bus)
- Halifax Sport & Social Club – Adult Recreational Sports Leagues (Halifax Sport & Social Club)
- Immigrant Services Association of Nova Scotia (ISANS) – Community Connections (Immigrant Services Association of Nova Scotia (ISANS))
- Neptune Theatre – Theatre School Programs (Neptune Theatre)
- Volta – Community Events (Volta)

6.4.1.2 Offer workshops or seminars on improving social skills and developing better communication techniques, catering to individuals who struggle with shyness or difficulty in forming relationships.

- Social Skills Group Program (The CBI Health Group)
- Adult Group Therapy for Social Anxiety (Dalhousie University - Department of Psychology and Neuroscience)
- Communication Skills Workshop (Saint Mary's University - The Language Centre)
- Social Boost (Autism Nova Scotia)

6.4.1.3 Create mentorship programs where more socially adept individuals can guide and support those who may have challenges in forming social connections.

- Friendship and Inclusion Program (The Club Inclusion)
- Best Buddies Canada (Best Buddies Canada, Nova Scotia Chapters (various locations))
- Youth Live Mentorship Program (Halifax Regional Municipality)
- Nova Scotia Brotherhood Initiative (Health Association of African Canadians)
- START Program (Immigrant Services Association of Nova Scotia (ISANS))

6.4.1.4 Encourage local businesses to create inclusive and welcoming spaces, such as cafes or community centers, where people can gather and engage in social interactions.

- The Common Good Solutions (Common Good Solutions)
- Alteregos Cafe & Catering (2193 Gottingen St, Halifax, NS B3K 3B5)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)

- The Company House (Please note that physical location may vary as venues are subject to change.)
- Parker Street Food & Furniture Bank (2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada)

6.4.1.5 Establish community support groups or meetups for individuals with similar interests or experiences, allowing them to connect and build relationships on a shared foundation.

6.4.1.6 Develop an online platform or community forum dedicated to connecting individuals with limited social circles, providing a safe space for them to meet and interact.

6.4.1.7 Promote volunteering opportunities within the community, allowing individuals to engage in meaningful activities while also meeting new people and expanding their social circles.

- Volunteer NS (Volunteer Nova Scotia)
- Halifax Helps (United Way Halifax)
- Community Volunteer Income Tax Program (CVITP) (Canada Revenue Agency)
- YReach Community Connection (YMCA of Greater Halifax/Dartmouth)
- Atlantic Volunteer Fair (Volunteer Management Professionals of Canada (VMPC))
- 211 Nova Scotia (United Way of Nova Scotia)

6.4.1.8 Advocate for mental health services and resources, ensuring that individuals dealing with shyness, introversion, or difficulty in forming relationships have access to professional support that can help them overcome these challenges.

- Mental Health Mobile Crisis Team (Nova Scotia Health Authority)
- Association of Psychologists of Nova Scotia (APNS) (Association of Psychologists of Nova Scotia)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Nova Scotia Mental Health and Addictions (Nova Scotia Health Authority)
- Self-Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, Nova Scotia, B2W 3Y6)

6.4.1.9 Educate the community about the importance of inclusion and understanding, fostering an environment in which individuals are more accepting and supportive of those who struggle with social connections.

- Inclusive Education Programs (Nova Scotia Department of Education and Early Childhood Development)

- Community Culture and Heritage Programs (Nova Scotia Department of Communities, Culture and Heritage)
- Laing House Programs (Laing House)
- Autism Nova Scotia Programs (Autism Nova Scotia)
- Immigrant Services Association of Nova Scotia (ISANS) Programs (Immigrant Services Association of Nova Scotia (ISANS))

6.4.1.10 *Encourage schools and educational institutions to prioritize social-emotional learning, teaching students essential social skills and providing a supportive environment for them to practice and develop these skills.*

6.4.2 *Having a small network of acquaintances can increase isolation and make it more challenging to find a strong social support system.*

6.4.2.1 *Organize community social events*

The community can organize regular events such as neighborhood potlucks, game nights, or outdoor activities to encourage social interaction and help individuals expand their network of acquaintances.

- Neighbourhood Potlucks (Common Roots Urban Farm)
- Community Game Nights (Halifax Public Libraries)
- Outdoor Community Activities (HRM Recreation)

6.4.2.2 *Create social clubs or interest groups*

Establishing clubs or groups based on shared interests (e.g., book clubs, sports teams, hobby groups) can provide opportunities for individuals to meet like-minded people and form meaningful connections.

- Halifax Public Libraries Book Clubs (Halifax Public Libraries)
- Sport Nova Scotia (5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6)
- Meetup Groups in Halifax (Meetup.com (Various local organizers))
- The Trail Shop Outdoor Club (The Trail Shop)
- The Board Room Game Cafe (1256 Barrington St, Halifax, NS B3J 1Y5, Canada)
- Discovery Centre Adult Nights (Discovery Centre)
- East Coast Outfitters Sea Kayaking (East Coast Outfitters)

6.4.2.3 *Host community workshops or classes*

Arrange workshops or classes on various topics, such as cooking, art, or fitness, where community members can participate and interact, fostering new connections and potential friendships.

- Community Cooking Classes (The Dartmouth Family Centre/Dartmouth North Community Food Centre)
- Art Workshops (Wonder'neath Art Society)

- Fitness and Wellness Programs (YMCA of Greater Halifax/Dartmouth)
- Gardening Workshops (Halifax Garden Network)
- Senior Socials and Educational Classes (Seniors Association of Nova Scotia (SANS))

6.4.2.4 Promote volunteer opportunities

Encourage volunteering in community projects or charitable organizations, enabling individuals to meet others with similar values and interests while making a positive impact.

- Volunteer NS (Volunteer Nova Scotia)
- Halifax Helps (United Way Halifax)
- Feed Nova Scotia Volunteering (Feed Nova Scotia)
- Nova Scotia Health Volunteering (Nova Scotia Health Authority)
- Parks and Recreation Volunteering (Municipalities across Nova Scotia – exact organization varies by location.)

6.4.2.5 Launch mentoring programs

Establish mentorship programs where experienced community members can guide and support newcomers or individuals struggling with isolation, fostering social connections and providing a strong support system.

- Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program (Immigrant Services Association of Nova Scotia)
- Mentorship Program for Immigrant Youth (YMCA of Greater Halifax/Dartmouth)
- Navigator Street Outreach Program (Navigator Street Outreach)
- Senior Support Program (Northwood Intouch)
- The Mentoring Partnership (Halifax Partnership)

6.4.2.6 Collaborate with local businesses

Partner with local businesses to host networking events or social gatherings, creating opportunities for community members to meet and connect in a relaxed setting.

- Halifax Chamber of Commerce Networking Events (Halifax Chamber of Commerce)
- Centre for Women in Business Networking Events (Centre for Women in Business, Mount Saint Vincent University)
- Volta Networking Events (Volta)
- Digital Nova Scotia TechLounge Networking Events (Digital Nova Scotia)
- The Partnership Events (Halifax Partnership)

6.4.2.7 Utilize online platforms or community forums

Create online platforms or forums dedicated to the community, where individuals can connect, discuss common interests, organize events, and seek support.

- iNova Credit Union Community Space (iNova Credit Union)
- Halifax Noise
- East Hants Community Learning Association & Community Rider (East Hants Community Learning Association)

- The Coast's Community Board (The Coast)
- Cape Breton Community Post (Cape Breton Partnership)

6.4.2.8 Encourage community involvement in decision-making

Enable community members to participate in local decision-making processes, such as town hall meetings or community planning sessions, fostering a sense of belonging and creating opportunities for interaction.

- Participatory Budgeting (Halifax Regional Municipality)
- Community Health Boards (Nova Scotia Health Authority)
- Shape Your Budget Consultation (Halifax Regional Municipality)
- Community Planning (Various municipal planning departments)
- Community Forums (Various community organizations)

6.4.2.9 Establish community outreach programs

Initiate programs to reach out to isolated or vulnerable individuals within the community, providing them with support and resources to help them build stronger social connections.

- Mobile Food Market
- Senior Safety Program (Various across Nova Scotia)
- 211 Nova Scotia (United Way Halifax)
- Community Health Teams (Nova Scotia Health Authority)
- North End Community Health Centre (2131 Gottingen St, Halifax, NS B3K 5Z7, Canada)

6.4.2.10 Foster inclusivity and diversity

Promote an inclusive and diverse community by organizing cultural exchange events, celebrating different traditions, and fostering an environment where everyone feels welcome and valued.

- IMMIGRANT SERVICES ASSOCIATION OF NOVA SCOTIA (ISANS) (Immigrant Services Association of Nova Scotia)
- HALIFAX PRIDE FESTIVAL (Halifax Pride)
- MULTICULTURAL FESTIVAL (Multicultural Association of Nova Scotia)
- NOVA SCOTIA INTERCULTURAL FESTIVAL (Nova Scotia Intercultural Festival)

6.5 CULTURAL OR LANGUAGE BARRIERS

6.5.1 Immigrants or individuals from diverse cultural backgrounds may face challenges in integrating into the local community.

6.5.1.1 Establish cultural exchange programs

Organize events and activities that foster cultural understanding and encourage interaction between immigrants and the local community. This can include cultural festivals, language exchange programs, or community meals where people can share their traditions and stories.

- Halifax Multicultural Festival (Multicultural Association of Nova Scotia)
- International Language Program (Halifax Public Libraries)
- Immigrant Services Association of Nova Scotia (ISANS) Community Connections (Immigrant Services Association of Nova Scotia)
- Nocturne: Art at Night Festival (Nocturne Halifax)
- Fusion Halifax (Not specified)
- Mosaic Festival

6.5.1.2 *Provide language classes*

Offer free or affordable language classes to immigrants to improve their communication skills. Language barriers are often a major hurdle to integration, so providing resources to learn the local language can facilitate better interactions and opportunities for immigrants to connect with the community.

- English for Academic Purposes (Dalhousie University)
- Language Instruction for Newcomers to Canada (LINC) (Immigrant Services Association of Nova Scotia (ISANS))
- Community English Language Classes (Halifax Public Libraries)
- CLIC Online (YMCA of Greater Halifax/Dartmouth)
- English Language Program (Saint Mary's University)

6.5.1.3 *Create mentorship programs*

Pair immigrants with local community members who can provide guidance and support. Mentors can assist newcomers in navigating social, educational, and employment systems, helping them understand the local culture and customs, and providing a sense of belonging.

- Immigrant Services Association of Nova Scotia (ISANS) Mentorship programs (Immigrant Services Association of Nova Scotia)
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Halifax Regional Municipality (HRM) Newcomer Community Wellness Program (Halifax Regional Municipality)
- The Halifax Partnership Connector Program (The Halifax Partnership)
- The Mentoring Partnership (N/A - Various locations)

6.5.1.4 *Promote awareness and education*

Organize workshops, seminars, or awareness campaigns to educate the local community about different cultures and the challenges immigrants face during integration. This can help dispel prejudices, increase empathy, and encourage a more welcoming and inclusive environment.

- Multicultural Education Programs (Immigrant Services Association of Nova Scotia (ISANS))
- Welcoming Communities (YMCA of Greater Halifax/Dartmouth)
- Bridge To Understanding (Nova Scotia Interfaith Council)
- Community Integration Workshops (Halifax Public Libraries)
- Cultural Awareness Training (Nova Scotia Human Rights Commission)

6.5.1.5 Support employment opportunities

Collaborate with local businesses and organizations to create job fairs, resume workshops, or vocational training programs specifically designed to assist immigrants in finding meaningful employment. By enabling access to employment, immigrants can contribute to the local economy while feeling more included in the community.

- Immigrant Services Association of Nova Scotia (ISANS) Employment Support and Counseling (Immigrant Services Association of Nova Scotia)
- YMCA of Greater Halifax/Dartmouth - Employment and Immigrant Services (YMCA of Greater Halifax/Dartmouth)
- Halifax Partnership Connector Program (Halifax Partnership)
- Nova Scotia Works Employment Services (various organizations in partnership with the Government of Nova Scotia)

6.5.1.6 Foster community engagement

Organize community initiatives, such as volunteer projects, sports teams, or clubs, where both immigrants and locals can come together, share common interests, and build relationships beyond cultural differences.

- Together: An Exhibition on Global Development (The Nova Scotia Council for International Cooperation (NSCIC))
- Community Gardens (Multiple organizations and municipality initiatives)
- ISANS Community Connections Program (Immigrant Services Association of Nova Scotia (ISANS))
- Sport Nova Scotia (5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6)
- The Magic Project (Not Listed)
- Make it Happen! Service Learning Program (YMCA of Greater Halifax/Dartmouth)
- Neighborhood Good Food Markets (Mobile Food Market)

6.5.1.7 Establish cultural sensitivity training

Offer training programs for local service providers, educators, and professionals to enhance their understanding of different cultures, increase their ability to support immigrants, and reduce discriminatory behavior.

6.5.1.8 Ensure accessible social services

Develop and maintain a comprehensive support system that offers assistance with housing, healthcare, childcare, legal documentation, and other social services. Having accessible resources can alleviate integration challenges and help immigrants feel secure and supported in their new community.

- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- Nova Scotia Office of Immigration (1469 Brenton St, Halifax, NS B3J 3S9, Canada)
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Halifax Refugee Clinic (5538 Macara St, Halifax, NS B3K 1W5, Canada)
- Newcomer Health Clinic (Nova Scotia Health Authority)

- Welcome Housing and Support Services (541 Herring Cove Rd, Halifax, NS B3R 1X4, Canada)

6.5.1.9 *Encourage cultural representation*

Promote diversity in community events, public spaces, and media. Celebrate multiculturalism through art exhibitions, film screenings, or cultural showcases that create platforms for immigrants to share their heritage and foster pride in their cultural backgrounds.

- Nocturne: Art at Night (Halifax, NS, Canada)
- Halifax Multicultural Festival (Multicultural Association of Nova Scotia)
- FIN Atlantic International Film Festival (5533 Young Street, Halifax, Nova Scotia, B3K 1Z7)
- African Nova Scotian Music Association Awards (African Nova Scotian Music Association)
- Mayworks Halifax Festival (Mayworks Halifax)

6.5.1.10 *Seek input from immigrant communities*

Actively involve immigrant communities in decision-making processes and policies that directly affect them. By including their perspectives and experiences, community initiatives can better address the challenges faced by immigrants and ensure effective solutions are implemented.

- Engagement in Policy Development (Immigrant Services Association of Nova Scotia (ISANS))
- Community Consultations and Forums (Nova Scotia Office of Immigration)
- Immigrant Advisory Table (Halifax Regional Municipality)
- Local Immigration Partnership (Western Regional Enterprise Network (REN))
- Immigrant Consultative Committees (YMCA Centre for Immigrant Programs)

6.5.2 *Language barriers or unfamiliar cultural norms can impede the establishment of social connections, leading to a lack of strong social support.*

6.5.2.1 *Language and Cultural Exchange Programs*

Community organizations can organize language and cultural exchange programs where locals and newcomers can interact and learn about each other's languages and cultures. This can promote understanding, bridge the language gap, and encourage the establishment of social connections.

- English Language Learning (ELL) programs (Immigrant Services Association of Nova Scotia (ISANS))
- Conversation Circles (Halifax Public Libraries)
- Cultural Exchange Programs (YMCA of Greater Halifax/Dartmouth)

6.5.2.2 *Community Language Classes*

Offering language classes in the community can help newcomers learn the local language, enabling them to communicate and connect more effectively with locals. Volunteers from the community can contribute as language teachers or conversation partners.

- English as an Additional Language (EAL) Classes (Immigrant Services Association of Nova Scotia (ISANS))
- Community English Language Program (YMCA of Greater Halifax/Dartmouth)
- Conversation Circles (Halifax Public Libraries)
- English Language Learning (Dalhousie University)
- Language Instruction for Newcomers to Canada (LINC) (Nova Scotia Community College (NSCC))
- Register English Language Training (ELT) (ISANS)

6.5.2.3 Cultural Awareness Workshops

Organizing workshops to raise awareness about different cultures and their norms can help locals understand and appreciate cultural differences. This can reduce misunderstandings and facilitate smoother social interactions between different cultural groups in the community.

- Multicultural Workshops (Immigrant Services Association of Nova Scotia (ISANS))
- Cultural Competency Training (Nova Scotia Health Authority)
- Diversity and Inclusion Training (YWCA Halifax)

6.5.2.4 Community Events and Celebrations

Regular community events, such as festivals, food fairs, or cultural celebrations, can create opportunities for people from diverse backgrounds to come together, learn about each other's cultures, and build social connections.

- Halifax Jazz Festival (5566 Sackville St, Halifax, NS B3J 1L1, Canada)
- Multicultural Festival (Multicultural Association of Nova Scotia (MANS))
- Royal Nova Scotia International Tattoo (1586 Queen St, Halifax, NS B3J 2J1, Canada)
- The Halifax Greek Fest (St. George's Greek Orthodox Church)
- Celtic Colours International Festival (Cape Breton Island, NS, Canada)
- Deep Roots Music Festival (Deep Roots Music Cooperative)

6.5.2.5 Multicultural Community Centers

Establishing multicultural community centers can provide a physical space for people from different backgrounds to gather, interact, and learn from each other. These centers can host language classes, cultural workshops, and social events to foster integration and social support.

- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Halifax Public Libraries (5440 Spring Garden Rd, Halifax, NS B3J 1E9)
- Chebucto Connections - Pathways to Education (Chebucto Connections)
- African Diaspora Association of the Maritimes (3200 Kempt Rd, Halifax, NS B3K 4X1, Canada)
- Halifax Regional Municipality - Local Immigration Partnership (Halifax Regional Municipality)

6.5.2.6 Volunteer and Mentoring Programs

Encouraging community members to volunteer as language tutors or mentors can help newcomers navigate the language barriers and cultural differences. This mentorship can provide newcomers with social support and guidance in their new environment.

- ISANS Volunteer Program (Immigrant Services Association of Nova Scotia (ISANS))
- YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
- Halifax Public Libraries - English Language Learning (Halifax Public Libraries)
- MOSAIC - Mentorship Program (MOSAIC)

6.5.2.7 Community Buddy Program

Implementing a buddy program where local residents are paired with newcomers can facilitate social connections and help newcomers integrate into the community. Buddies can provide practical assistance, help with language skills, and introduce newcomers to social networks.

- ISANS Community Connections Program (Immigrant Services Association of Nova Scotia (ISANS))
- Halifax Regional Municipality Volunteer Services (Halifax Regional Municipality)
- Settlement Online Pre-Arrival (SOPA)
- YREACH Newcomer Information & Referral Services (YREACH)
- Cape Breton Welcome Network (Cape Breton Partnership)

6.5.2.8 Interpretation and Translation Services

Making interpretation and translation services readily available in public places like community centers, schools, or hospitals can support effective communication between locals and newcomers. This can reduce linguistic barriers and enhance social connection opportunities.

- Immigrant Services Association of Nova Scotia (ISANS) Interpretation and Translation Services (Immigrant Services Association of Nova Scotia (ISANS))
- Nova Scotia Health Authority - Interpretation Services (Nova Scotia Health Authority)
- Halifax Regional Municipality Language Line (Halifax Regional Municipality)

6.5.2.9 Cultural Sensitivity Training

Organizing workshops or training sessions for community members, service providers, and local businesses on cultural sensitivity can promote understanding and empathy towards newcomers. This can create a more welcoming environment and encourage stronger social connections.

- Cultural Competence Training (Immigrant Services Association of Nova Scotia (ISANS))
- Diversity and Inclusion Training (Nova Scotia Human Rights Commission)
- Cultural Orientation Toolkit (Nova Scotia Office of Immigration)
- Workplace Culture Program (The YMCA Centre for Immigrant Programs)

6.5.2.10 Social Support Networks

Initiating or supporting the development of social support networks within the community can ensure that newcomers have access to resources, information, and emotional support. These

networks can be created through community organizations or online platforms to connect individuals with shared interests or backgrounds.

- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
 - YMCA Centre for Immigrant Programs (YMCA of Greater Halifax/Dartmouth)
 - Halifax Refugee Clinic (5538 Macara St, Halifax, NS B3K 1W5, Canada)
 - Nova Scotia Community College (NSCC) (Nova Scotia Community College)
 - Local Immigration Partnership (Halifax Regional Municipality)
-

6.6 STIGMATIZATION OR DISCRIMINATION

6.6.1 Some individuals may face stigmatization or discrimination based on their race, ethnicity, sexual orientation, gender identity, or other characteristics.

6.6.1.1 Promote education and awareness

Community members can organize workshops, seminars, or awareness campaigns to educate others about different races, ethnicities, sexual orientations, gender identities, and other characteristics. This can help combat stereotypes and biases by fostering understanding and empathy.

- Multicultural Education Programs (Nova Scotia Department of Education and Early Childhood Development)
- Pride Education (Halifax Pride)
- Community Workshops on Race and Ethnicity (Immigrant Services Association of Nova Scotia (ISANS))
- Cultural Competency Training (Nova Scotia Health Authority)
- Diversity Workshops in Schools (YReach)
- Human Rights Education (Nova Scotia Human Rights Commission)

6.6.1.2 Advocate for inclusive policies

Community members can work together to advocate for inclusive policies at local, regional, or national levels. This may involve lobbying for legislation that prohibits discrimination based on these characteristics and promotes equal opportunities for everyone.

- Accessibility Act Implementation (Government of Nova Scotia)
- Equity and Anti-Racism Initiatives (Nova Scotia Human Rights Commission)
- Pride Health (Nova Scotia Health Authority)
- Nova Scotia Rainbow Action Project (NSRAP) (Nova Scotia Rainbow Action Project)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)

6.6.1.3 *Foster inclusive spaces*

Community leaders and organizations can create safe and inclusive spaces where individuals of all backgrounds feel welcome and accepted. This can be done through diversity training, inclusivity initiatives, and promoting diversity in leadership positions.

- One North End Community Economic Development Society (One North End)
- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- PrideHealth (Nova Scotia Health Authority)
- African Nova Scotian Affairs Integration Office (African Nova Scotian Affairs)
- YREACH (YMCA of Greater Halifax/Dartmouth)
- Canadian Center for Diversity and Inclusion

6.6.1.4 *Encourage dialogue and conversation*

Community members can organize discussions or community forums where people from different backgrounds can share their experiences and perspectives openly. This can help break down barriers, promote understanding, and challenge stereotypes and prejudices.

- Community Dialogue Series (The Halifax Public Libraries)
- Multicultural Festival (Multicultural Association of Nova Scotia)
- Peaceful Schools International (PO Box 2002, Fall River, NS B2T 1K6)
- Community Conversations (The Nova Scotia Community College (NSCC))
- Human Library (The Keshen Goodman Public Library)
- Diversity and Inclusion Workshops (Immigrant Services Association of Nova Scotia)

6.6.1.5 *Support organizations and initiatives addressing discrimination*

Individuals can contribute by supporting initiatives and organizations that work towards combating discrimination and promoting equality. This may include volunteering, fundraising, or providing resources to support these efforts.

- Nova Scotia Human Rights Commission (5657 Spring Garden Road, Suite 305, Halifax, NS B3J 3R4)
- Immigrant Services Association of Nova Scotia (ISANS) (6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1)
- Black Business Initiative (BBI) (1660 Hollis St., Suite 1201, Halifax, NS B3J 1V7)
- Pride Nova Scotia Government Employee Network (N/A)
- YWCA Halifax (358 Herring Cove Rd, Halifax, NS B3R 1V8)
- Nova Scotia Brotherhood Initiative (N/A)
- Peaceful Schools International (14 MacDonnell Street, Bedford, NS B4A 1G2)

6.6.1.6 *Encourage reporting of discrimination*

Encouraging individuals who have faced discrimination to report their experiences is crucial. Community members can raise awareness about reporting mechanisms and support victims by providing resources and guidance.

- Human Rights Commission (Nova Scotia Human Rights Commission)
- 211 Nova Scotia

- Equity and Anti-Discrimination Services - Dalhousie University (Dalhousie University)
- Nova Scotia Works Centres (Nova Scotia Works)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- Safe Communities Initiative (Department of Justice, Nova Scotia)

6.6.1.7 Challenge discriminatory behavior

Community members can actively challenge and confront discriminatory behavior when they witness it. This can involve speaking up, intervening, or supporting those who have been targeted, reinforcing the message that discrimination will not be tolerated.

- Stand Against Racism (YMCAs of Nova Scotia)
- Human Rights Education Program (Nova Scotia Human Rights Commission)
- Safe Harbour Respect for All Program (Immigrant Services Association of Nova Scotia (ISANS))
- Bystander Intervention Training (Equity and Anti-Racism Initiatives, Government of Nova Scotia)
- Community Culture and Language Recognition Program (Nova Scotia Department of Communities, Culture and Heritage)

6.6.1.8 Promote cultural exchange and diversity celebration

Organizing cultural events, festivals, or exhibitions can help celebrate diversity and promote appreciation for different cultures, races, and ethnicities. This can foster a sense of unity and break down stereotypes.

- Halifax Multicultural Festival (Multicultural Association of Nova Scotia)
- FIN: Atlantic International Film Festival (Atlantic Filmmakers Cooperative)
- Nocturne: Art at Night (Nocturne Halifax)
- Mosaic Festival (Fusion Halifax)
- African Heritage Month (African Nova Scotian Affairs)
- Lunenburg Folk Harbour Festival (Folk Harbour Society)

6.6.1.9 Support inclusion in education

Community members can support initiatives that promote inclusive education and curriculum, ensuring that diverse experiences and histories are reflected accurately. This can help combat prejudice and create a more inclusive learning environment.

- Nova Scotia Inclusive Education Policy (Nova Scotia Department of Education and Early Childhood Development)
- Council on African Canadian Education (CACE) (Council on African Canadian Education)
- Mi'kmaw Kina'matnewey (47 Maillard Street, Membertou, Nova Scotia B1S 3W4)
- Nova Scotia Human Rights Commission (5657 Spring Garden Road, Suite 305, P.O. Box 2221, Halifax, NS B3J 3C4)
- Inclusive Education Canada (N/A – National organization with initiatives in Nova Scotia)

6.6.1.10 Lead by example

Individuals within the community can lead by example in their own behaviors, attitudes, and language. By treating others with respect and embracing diversity, they can inspire others to do the same and create a ripple effect within the community.

- Immigrant Services Association of Nova Scotia (ISANS) - Community Integration (Immigrant Services Association of Nova Scotia)
- Pride Parade & Festival (Halifax Pride)
- Peaceful Schools International (PO Box 2002, Fall River, NS B2T 1K6)
- Laing House - Youth Peer Support (Laing House)
- Reconciliation and Inclusive Community Engagement (Various partnerships)

6.6.2 Such experiences can result in social exclusion, making it more difficult for these individuals to find understanding and supportive social networks.

6.6.2.1 Promote inclusivity and diversity within the community

Educate community members about the importance of accepting and appreciating people from different backgrounds, abilities, and experiences. Encourage dialogue and mutual respect among individuals to foster a more inclusive environment.

- The Nova Scotia Brotherhood Initiative (Nova Scotia Health Authority)
- PrideHealth Nova Scotia (Nova Scotia Health Authority)
- ISANS - Welcoming Communities (Immigrant Services Association of Nova Scotia (ISANS))
- The Nova Scotia Accessibility Act (Accessibility Directorate, Nova Scotia Government)
- The North End Community Health Centre (North End Community Health Centre)

6.6.2.2 Raise awareness and empathy

Organize workshops, seminars, or events that focus on increasing awareness and understanding about the challenges faced by socially excluded individuals. This can help community members develop empathy and sensitivity towards those experiencing such issues.

- 902 ManUp Community Awareness Campaigns (902 ManUp)
- ISANS Community Integration Services (Immigrant Services Association of Nova Scotia (ISANS))
- ReachAbility Inclusivity Training (reachAbility)
- Phoenix Youth Programs (6035 Coburg Road, Halifax, NS B3H 1Y9)
- The Youth Project Education Workshops (The Youth Project)
- Veith House Community Engagement (Veith House)

6.6.2.3 Create safe spaces

Establish safe and welcoming spaces within the community where people who feel socially excluded can connect, share their experiences, and seek support. This could be in the form of support groups, community centers, or online platforms that provide a sense of belonging.

- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Veith House (3115 Veith St, Halifax, NS B3K 3G9, Canada)
- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- Mi'kmaw Native Friendship Centre (2158 Gottingen St, Halifax, NS B3K 3B4, Canada)
- Common Good Solutions (5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6)

6.6.2.4 Strengthen community support systems

Encourage the development of support systems within the community. This can include creating mentoring programs, buddy systems, or volunteer networks to assist socially excluded individuals in finding understanding and supportive social networks.

- 902 ManUp (Not specified)
- Big Brothers Big Sisters of Greater Halifax (Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)
- Volunteer NS (The Government of Nova Scotia / Volunteer NS)

6.6.2.5 Foster community partnerships

Collaborate with local organizations, businesses, schools, or religious institutions to develop initiatives aimed at addressing social exclusion. By working together, communities can leverage resources, knowledge, and expertise to create diverse and inclusive spaces for everyone.

- Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program (Immigrant Service Association of Nova Scotia)
- Halifax Public Libraries Welcoming Newcomers (Halifax Public Libraries)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Stepping Stone (Not specified, Halifax, NS)

6.6.2.6 Promote educational opportunities

Provide educational programs or workshops that focus on promoting inclusivity, anti-discrimination, and empathy. Encourage schools and educational institutions to incorporate curriculum or extracurricular activities that help students develop a better understanding of social exclusion issues.

- Racial Equity Education (Nova Scotia Department of Education and Early Childhood Development)
- Human Rights Education (Nova Scotia Human Rights Commission)
- Promoting Leadership in Health for African Nova Scotians (PLANS) (Dalhousie University)
- Pride Education for Teachers (Nova Scotia Teachers Union)
- Breaking the Silence (Mount Saint Vincent University)
- Multicultural Education Programs (Immigrant Services Association of Nova Scotia (ISANS))
- Mi'kmaq Education (Mi'kmaw Kina'matnewey)

6.6.2.7 Encourage community involvement and engagement

Facilitate community activities, events, or projects that encourage active participation from individuals, regardless of their background or social status. This promotes interaction and can help break down barriers that contribute to social exclusion.

- Community Health Boards (Nova Scotia Health Authority)
- ONE North End
- Immigrant Services Association of Nova Scotia (ISANS) (6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1)
- Volunteer NS (Volunteer Nova Scotia)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)

6.6.2.8 Advocate for policy changes

Engage in advocacy efforts aimed at influencing policies and legislation that address social exclusion. This can include advocating for improved access to social support programs, affordable housing, healthcare, and educational resources for socially excluded individuals.

- Campaign for Affordable Housing (Affordable Housing Association of Nova Scotia)
- Poverty Reduction Strategy (Nova Scotia Community Advocates Network)
- Inclusive Education Policy (Education and Early Childhood Development, Government of Nova Scotia)
- Access to Primary Health Care (Nova Scotia Health Authority)
- Support for Social Entrepreneurs (Common Good Solutions)

6.6.2.9 Be an ally

Encourage community members to actively support socially excluded individuals by offering a helping hand, being a good listener, and showing empathy. Small acts of kindness and understanding can go a long way in building supportive social networks.

- Welcome Ambassador Program (Immigrant Services Association of Nova Scotia (ISANS))
- Community Health Boards (CHBs) Wellness Funds (Nova Scotia Health Authority)
- Out of the Cold Community Association (6225 Summit Street, Halifax, Nova Scotia, B3L 1R6)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Mobile Food Market

6.6.2.10 Continuously evaluate and adapt

Regularly assess the community's progress in addressing social exclusion. Stay open to feedback and adapt strategies as needed to ensure the continued development of an inclusive and understanding community.

- Together We Can (Immigrant Services Association of Nova Scotia (ISANS))
- Community Counts (Nova Scotia Community Counts)
- Inspiring Communities (Not specified)
- Collaborative Partnership Network (Department of Communities, Culture and Heritage)
- Racial Equity Action Project (Nova Scotia Human Rights Commission)

6.7 LIMITED ACCESS TO COMMUNITY RESOURCES

6.7.1 In some areas of Nova Scotia, there may be limited availability of community resources and support programs, such as social clubs, community centers, or support groups.

6.7.1.1 Encourage community organizations, businesses, and individuals to come together and invest in creating new community resources and support programs. This could involve fundraising efforts, seeking grants or sponsorships, or mobilizing volunteers to provide manpower and expertise.

- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- United Way Halifax (Bayers Road Centre, 7071 Bayers Road, Suite 100, Halifax, Nova Scotia, B3L 2C2)
- Phoenix Youth Programs (6035 Coburg Road, Halifax, NS B3H 1Y9)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- Community Foundation of Nova Scotia (1888 Brunswick Street, Suite 806, Halifax, NS B3J 3J8)
- Volunteer Nova Scotia (Engage Nova Scotia)

6.7.1.2 Collaborate with existing community resources and support programs from neighboring areas to extend their services to the underserved regions of Nova Scotia. This could be done through partnerships and cooperation agreements, allowing for the sharing of resources and expertise.

- Mobile Food Market (Mobile Food Market Partnership)
- 211 Nova Scotia (United Way Halifax)
- Community Health Teams (Nova Scotia Health Authority)
- Nova Scotia Brotherhood Initiative (Nova Scotia Health Authority)
- Collaborative Emergency Centre (Nova Scotia Health Authority)

6.7.1.3 Create awareness campaigns to bring attention to the limited availability of resources and support programs in these areas. This can help generate public interest and support for solutions and attract attention from potential donors or government agencies.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)

- Nova Scotia Nature Trust (81 Prince Albert Road, Dartmouth, NS B2Y 1M1, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- Phoenix Youth Programs (6035 Coburg Road, Halifax, NS B3H 1Y9)

6.7.1.4 *Mobilize community volunteers to establish informal social clubs or support groups. These could be organized around specific interests or issues, providing a platform for individuals to come together and support each other in the absence of dedicated community centers or formal programs.*

- The Good Neighbour Club (The Good Neighbour Club Society)
- Senior Companions (Seniors Helping Seniors)
- Nova Scotia Hikers Club (NS Outdoors Society)
- After-School Youth League (Youth Empowerment Nova Scotia)

6.7.1.5 *Encourage grassroots initiatives by empowering community leaders and residents to take ownership of the issue. Providing tools, resources, and guidance to facilitate the creation of their own programs or initiatives tailored to the unique needs and dynamics of their communities.*

- Neighbourhood Placemaking Program (Planning and Development - Halifax Regional Municipality)
- Community Health Boards (CHBs) (Nova Scotia Health)
- Community Transit Fund (Nova Scotia Department of Public Works)
- Community Gardens Program (Various community organizations)
- HeartWood Centre for Community Youth Development (5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada)

6.7.1.6 *Advocate for increased government funding and support for community resources and support programs in underprivileged areas of Nova Scotia. This can be done through engagement with local representatives, letters to policymakers, or organizing community forums to discuss the issue and potential solutions.*

6.7.1.7 *Explore digital solutions to bridge the gap in resources and support. This could involve setting up online platforms, virtual support groups, or utilizing technology to connect individuals with resources and services that are not physically available in their areas.*

- 211 Nova Scotia (United Way Halifax)
- Mental Health Mobile Crisis Team (MHMCT) (Nova Scotia Health Authority)
- IWK Telehealth Services (IWK Health Centre)

- Nova Scotia Health's Virtual Care (Nova Scotia Health Authority)
- BLOOM (Strongest Families Institute)

6.7.1.8 *Foster a culture of collaboration and shared responsibility within the community. Encourage individuals, businesses, and organizations to offer their skills, knowledge, and resources to help address the issue collectively, rather than relying solely on specific groups or institutions to provide solutions.*

- Community Hubs (Nova Scotia Community Hubs Program)
- Collaborative Problem Solving Teams (Nova Scotia Health Authority)
- Community Gardens (Halifax Urban Gardens Society)
- Cooperative Business Models (Co-operative Council of Nova Scotia)
- Social Enterprise Network (Common Good Solutions)
- Time Banking (TimeBank Canada)

6.7.1.9 *Conduct a needs assessment to identify the specific gaps in community resources and support programs. This will help prioritize and target efforts towards the areas of greatest need, ensuring the solutions are tailored to the specific circumstances and challenges of each region.*

- Community Health Boards Needs Assessment (Nova Scotia Health Authority)
- Collaborative Care Model (Nova Scotia Health Authority)
- Municipal Planning Strategy Reviews (Municipal Governments of Nova Scotia)
- Welcoming Communities Initiative (Immigration Services Association of Nova Scotia (ISANS))
- Community Counts (Government of Nova Scotia)

6.7.1.10 *Establish a community task force or committee dedicated to finding solutions to the limited availability of resources and support programs. This group can engage in research, planning, and implementation, working towards feasible and sustainable solutions that address the issue effectively.*

- Housing and Homelessness Partnership (United Way Halifax)
- Nova Scotia Health Authority Mental Health and Addictions Program (Nova Scotia Health Authority)
- Community Health Boards (Nova Scotia Health Authority)
- FEED NOVA SCOTIA's Community Food Smart Program (FEED NOVA SCOTIA)
- Poverty Solutions Advisory Committee (Nova Scotia Department of Community Services)

6.7.2 The lack of accessible resources can make it challenging for individuals to build strong social support networks, contributing to feelings of loneliness.

6.7.2.1 Establish community resource centers

Set up accessible community centers that provide a wide range of resources, such as information, counseling services, and support groups, to help individuals build social support networks.

- Community Services - Family Resource Centres (Nova Scotia Government)
- Chebucto Family Centre (3 Sylvia Avenue, Halifax, NS B3R 1J7)
- Veith Street Gallery Community Arts Hub (Veith House)
- The North Grove (140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada)
- Parker Street Food and Furniture Bank (2415 Maynard Street, Halifax, NS B3K 3V2)

6.7.2.2 Volunteer programs

Encourage community members to volunteer their time and skills to assist those who may be facing difficulties in building social support networks. Volunteers can provide companionship, guidance, and connections to relevant resources.

- Volunteer Services Program (Nova Scotia Health Authority)
- Friendly Visiting Program (VON Canada (Victoria Order of Nurses))
- Community Links Program (Seniors' Safety Program - Community Links)
- Big Brothers Big Sisters of Greater Halifax (Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8)
- Meals on Wheels (Meals on Wheels of Halifax)
- IWK Health Volunteer Services (IWK Health Centre)

6.7.2.3 Mentorship initiatives

Implement mentorship programs within the community, where experienced individuals can offer guidance and support to those who feel isolated or lonely. This can be particularly beneficial for newcomers, seniors, or individuals facing specific challenges.

- Immigrant Services Association of Nova Scotia (ISANS) Mentorship Programs (Immigrant Services Association of Nova Scotia)
- Nova Scotia Community College (NSCC) Mentorship Programs (Nova Scotia Community College)
- halifaxpubliclibraries.ca Mentorship Program (Halifax Public Libraries)
- Senior's Navigator (Volunteer NS)
- Techsploration Mentorship Program (Techsploration)

6.7.2.4 Community events and activities

Organize regular community events, workshops, and activities that promote social interaction and networking. This can include recreational activities, cultural festivals, or skill-sharing sessions, providing opportunities for individuals to connect and create lasting relationships.

- Nocturne: Art at Night (Nocturne Art at Night Society)
- Halifax-Dartmouth Natal Day Festival (Halifax-Dartmouth Natal Day Committee)
- The Royal Nova Scotia International Tattoo (Royal Nova Scotia International Tattoo Society)
- Canada Day Celebrations (Various municipal governments and community groups)
- Celtic Colours International Festival (Celtic Colours Festival Society)
- Devour! The Food Film Fest (Wolfville, NS, Canada)

6.7.2.5 *Online platforms and forums*

Develop online platforms or forums specifically designed for community members to connect and support one another. This can include virtual support groups, interest-based communities, or online chat platforms, making it easier for individuals to find like-minded peers.

- 7 Cups of Tea (Not specific to Nova Scotia, available worldwide online)
- The Landing Zone (Nova Scotia, available online)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Healing the Bruises Digital Support Group (Alice Housing)
- Eating Disorders Nova Scotia Peer Support (Eating Disorders Nova Scotia)

6.7.2.6 *Collaboration with local organizations*

Collaborate with local organizations, including schools, churches, nonprofit groups, and businesses, to enhance accessibility to resources and promote community engagement. Pool resources and expertise to create a stronger support network.

- Feed Nova Scotia (67 Wright Avenue, Dartmouth, NS B3B 1H4)
- Habitat for Humanity Nova Scotia (81 Wright Ave, Dartmouth, NS B3B 1H4, Canada)
- United Way Halifax (Bayers Road Centre, 7071 Bayers Road, Suite 100, Halifax, Nova Scotia, B3L 2C2)
- Volunteer NS (Volunteer Nova Scotia)
- Nova Scotia Community College (NSCC) (Nova Scotia Community College)

6.7.2.7 *Public awareness campaigns*

Launch public awareness campaigns to educate community members about the importance of building social support networks and combating loneliness. These campaigns can highlight available resources, publish success stories, and dispel stigmas surrounding loneliness.

- 902 ManUp (Not specified)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Stay Connected Mental Health Project (Stay Connected Mental Health)
- Community Health Teams (Nova Scotia Health Authority)
- Senior Safety Program (Senior Safety Association)

6.7.2.8 *Community outreach programs*

Establish outreach programs aimed at reaching individuals who may not have access to traditional resources. This can involve delivering information, support, and social connections directly to marginalized or isolated populations.

- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Direction 180 (5187 Salter Street, Halifax, NS B3J 0A1, Canada)
- Immigrant Services Association of Nova Scotia (ISANS) (ISANS)
- Welcome Housing and Support Services (541 Herring Cove Rd, Halifax, NS B3R 1X4, Canada)
- Northwood Intouch (Northwoodcare Inc.)

6.7.2.9 Training programs

Provide training programs on social skills and relationship-building for individuals who struggle to form and maintain social support networks. These programs can equip participants with the necessary tools and knowledge to foster meaningful connections.

- Together We Can (Community Cares)
- Bridge to Success (Nova Scotia Association for Community Living)
- Social Skills Training Workshops (Social Supports Nova Scotia)
- Connect & Engage (Engage Nova Scotia)
- STEP Social Skills Training (Autism Nova Scotia)

6.7.2.10 Supportive housing initiatives

Create affordable, supportive housing options that encourage a sense of community and facilitate the formation of social support networks. These initiatives can incorporate shared spaces, communal activities, and access to on-site resources.

- Welcome Housing and Support Services (541 Herring Cove Rd, Halifax, NS B3R 1X4, Canada)
- Adsum for Women & Children (2421 Brunswick Street, Halifax, NS, B3K 2Z4)
- Metro Non-Profit Housing Association (3560 Barrington Street, Halifax, NS, B3K 0B2)
- Phoenix Youth Programs (Phoenix Youth Programs)
- Y-WISE Guys (Y.W.C.A. Halifax)

6.7.2.11 Buddy systems

Launch buddy systems or friendship programs where individuals can be matched with a designated "buddy" or friend who can offer continued support and companionship, particularly for those who are new to the community or experiencing social isolation.

- Welcome Ambassador Program (Halifax Regional Municipality)
- ISANS Buddy Program (Immigrant Services Association of Nova Scotia (ISANS))
- Senior Companionship Program (Northwood Intouch)

6.7.2.12 Intergenerational programs

Foster intergenerational connections and understanding by developing programs that bring different age groups together. This can involve activities like mentorships, shared hobbies, or community service projects, facilitating the exchange of support and companionship across generations.

- The Meadows Community Intergenerational Program (The Meadows Home for Special Care)
- Intergenerational Literacy Tutoring Program (Laubach Literacy Nova Scotia)
- Shared Histories Program (The Nova Scotia Centre for Oral History)
- Cyber-Seniors (Volunteer Nova Scotia)

6.7.2.13 *Support for caregivers*

Identify and support caregivers within the community who may be feeling isolated or overwhelmed. Providing resources, respite care, and emotional support can contribute to the overall strength of social support networks within the community.

- Caregivers Nova Scotia (Caregivers Nova Scotia Association)
- Family Caregiver Support Program (Victorian Order of Nurses (VON))
- The Caregiver Support Initiative (Northwood Intouch)
- The Caregivers' Club (Alzheimer Society of Nova Scotia)
- Stronger Together Nova Scotia Fund (Community Foundation of Nova Scotia)

6.7.2.14 *Partner with mental health services*

Collaborate with mental health service providers to ensure easy access to counseling, therapy, and support groups. This partnership can help individuals overcome social anxieties, develop social skills, and build strong support networks.

- Mental Health Mobile Crisis Team (Nova Scotia Health Authority)
- Community Mental Health and Addictions Services (Nova Scotia Health Authority)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)

6.7.2.15 *Address transportation barriers*

Address transportation barriers by providing accessible transportation options, organizing carpool networks, or partnering with local transportation providers to ensure individuals have reliable means to access social support resources in the community.

- Rural Transportation Association (RuralRides) (Rural Transportation Association)
- Community Transit Nova Scotia
- Kings Point-to-Point Transit (PO Box 387, Kentville, NS B4N 3X1)
- Antigonish Community Transit (Antigonish Community Transit Society)
- Hope Dial-a-Ride

7 Lack of social infrastructure

7.1 INSUFFICIENT COMMUNITY CENTERS, PARKS, AND RECREATIONAL FACILITIES.

7.1.1 Establish a community task force

Create a dedicated group of community members responsible for identifying and addressing the need for more community centers, parks, and recreational facilities.

7.1.2 Conduct a community needs assessment

Conduct a comprehensive survey or study to identify the specific needs and preferences of the community regarding the types of facilities required and their locations.

- Community Needs Assessment (United Way Halifax)
- Regional Needs Assessments (Nova Scotia Municipal Affairs and Housing)
- Primary Health Care Information (Nova Scotia Health Authority)
- Community Counts (The province of Nova Scotia)

7.1.3 Collaborate with local government

Work closely with the local government, city officials, and relevant departments to raise awareness about the issue and gain support for the development of new community centers, parks, and recreational facilities.

- Halifax Commons Expansion (Halifax Regional Municipality)
- Dartmouth Sportsplex Revitalization (Zatzman Sportsplex)
- North End Community Health Centre Greenspace Project (North End Community Health Centre)
- Active Living Strategy (Nova Scotia Communities, Culture and Heritage)

7.1.4 Seek funding opportunities

Explore various funding sources such as grants, sponsorships, and donations from local businesses, nonprofits, and foundations to help finance the development of these facilities.

- Community Facility Improvement Program (Government of Nova Scotia - Communities, Culture and Heritage)
- Invest Nova Scotia Fund (Invest Nova Scotia)
- Nova Scotia Growth Fund (Nova Scotia Business Inc.)
- Building Communities Through Arts and Heritage (Canadian Heritage)

7.1.5 Form partnerships with local businesses

Collaborate with local businesses and corporations to develop public-private partnerships, where they can contribute financially toward the establishment and maintenance of community centers, parks, and recreational facilities.

- Halifax Commons Facility Upgrade (Halifax Regional Municipality)
- Dartmouth Sportsplex Community Sponsorship (Zatzman Sportsplex)
- Corporate Playbox Funding (Halifax Regional Municipality (Recreation))
- Victoria Park Revitalization Trust (Town of Truro)

7.1.6 Utilize available vacant spaces

Identify vacant lots, unused buildings, or underutilized spaces within the community that could potentially be transformed into community centers or green spaces.

- IMMIGRANT SERVICES ASSOCIATION OF NOVA SCOTIA (Immigrant Services Association of Nova Scotia)
- LAKECITY WORKS (LakeCity Works)
- HALIFAX TOOL LIBRARY (Halifax Tool Library)
- URBAN FARM MUSEUM SOCIETY OF SPRYFIELD (Urban Farm Museum Society of Spryfield)

7.1.7 Volunteer-based initiatives

Encourage community members to contribute their time and skills by organizing volunteer-based initiatives to clean up and improve existing parks and recreational facilities.

7.1.8 Crowdsource ideas and involvement

Utilize community engagement platforms, social media, and local forums to gather ideas and suggestions from the community regarding possible solutions and improvement plans.

- Engage Nova Scotia (N/A - Online platform)
- Shape Your City Halifax (Halifax Regional Municipality)
- Nova Scotia Community Counts (Province of Nova Scotia)
- Volunteer Nova Scotia (Volunteer NS)
- iMatter Youth Movement (N/A - Global organization with local chapters)

7.1.9 Advocate for policy changes

Lobby local government officials and policymakers to make changes to zoning and land use regulations that prioritize the development of community centers, parks, and recreational facilities.

- Sustainable Development Goals Alliance (United Nations Association in Canada)
- Our HRM Alliance (N/A - Online platform)
- Ecology Action Centre (2705 Fern Ln, Halifax, NS B3K 4L3)
- Fusion Halifax (Not specified)

7.1.10 Collaborate with schools and educational institutions

Partner with local schools and colleges to develop joint-use facilities, allowing community members to utilize their sports fields, gymnasiums, or auditoriums during non-school hours.

- Joint Use Agreement (Halifax Regional Centre for Education)
- SHARE Centre (Chignecto-Central Regional Centre for Education)
- Community Use of Schools (Cape Breton – Victoria Regional Centre for Education)
- South Shore Regional Centre for Education Community Use (South Shore Regional Centre for Education)

7.1.11 Establish a community fund

Set up a dedicated fund where individuals and groups can contribute to the development and maintenance of community centers, parks, and recreational facilities.

- Nova Scotia Community Facilities Improvement Program (Communities, Culture and Heritage)
- Recreation Facility Development Program (Communities, Culture and Heritage)
- HRM Community Grants Program (Halifax Regional Municipality)
- Building Communities Through Arts and Heritage (Canadian Heritage)
- Community ACCESS-Ability Program (Nova Scotia Communities, Culture and Heritage)

7.1.12 Engage in public-private partnerships

Collaboratively work with private developers and contractors to include community center space or public park areas within their development plans as a condition for approval.

7.1.13 Host fundraising events

Organize community events such as concerts, sports tournaments, or fairs specifically aimed at raising funds for the construction or improvement of community centers, parks, and recreational facilities.

- Community Charity Concert (Halifax Community Fund)
- Sports for Support Tournament (Sport Nova Scotia)
- Annual Recreation Fair (Nova Scotia Recreation and Parks Association)

7.1.14 Apply for government grants

Research and apply for government grants and funding programs specifically designed for the development of community infrastructure, public spaces, or recreational amenities.

- Invest Nova Scotia (Invest Nova Scotia Board)
- Community Recreation Capital Grant Program (Communities, Culture and Heritage of Nova Scotia)
- Green Municipal Fund (Federation of Canadian Municipalities)
- Provincial Capital Assistance Program (Municipal Affairs and Housing of Nova Scotia)

- Recreation Facility Development Program (Communities, Culture and Heritage of Nova Scotia)

7.1.15 Encourage local activism and advocacy

Motivate community members to actively voice their concerns through petitions, public meetings, letter-writing campaigns, or attending city council meetings to highlight the need for more community centers, parks, and recreational facilities.

- Engage Nova Scotia (N/A - Online platform)
- Our HRM Alliance (N/A - Online platform)
- Ecology Action Centre (2705 Fern Ln, Halifax, NS B3K 4L3)
- Fusion Halifax (Not specified)
- Friends of Halifax Common

7.1.16 Develop partnerships with non-profit organizations

Collaborate with non-profit organizations that focus on community development, sports, or recreation to leverage their experience, expertise, and resources in planning and implementing new facilities.

- Partnership for Healthy Communities (Government of Nova Scotia and various non-profits)
- Recreation Facility Development Program (Communities, Culture and Heritage, Government of Nova Scotia)
- Community SPORTS Initiative (Sport Nova Scotia)
- Shared Spaces Initiative (School Boards and Local Community Groups)

7.1.17 Prioritize accessibility and inclusivity

Ensure that any new community centers, parks, and recreational facilities are designed to be accessible and inclusive to individuals with disabilities, diverse socio-economic groups, and different age groups.

- Halifax Central Library (Halifax Public Libraries)
- Canada Games Centre (26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada)
- The Dartmouth North Community Food Centre (Dartmouth Family Centre/Dartmouth North Community Food Centre)
- The Discovery Centre (1215 Lower Water St, Halifax, NS B3J 3S8, Canada)

7.1.18 Engage in inter-community collaboration

Share experiences and best practices with neighboring communities facing similar issues and jointly advocate for regional funding or grants to support the establishment of community centers, parks, and recreational facilities.

- Municipalities Collaborating for Economic Development (Regional Enterprise Networks)
- Recreation Facility Development Grant Program (Communities, Culture and Heritage, Government of Nova Scotia)

- Shared Services Nova Scotia (N/A - Collaborative body across multiple municipalities)
- Nova Scotia Community Links
- Atlantic Canada Opportunities Agency (ACOA) (Atlantic Canada Opportunities Agency)

7.2 LIMITED GATHERING SPACES FOR PEOPLE TO SOCIALIZE AND CONNECT.

7.2.1 Create and promote community centers

Establish and maintain community centers with various amenities like gathering spaces, recreational facilities, and meeting rooms to encourage people to come together and connect.

- The Mi'kmaw Native Friendship Centre (The Mi'kmaw Native Friendship Society)
- Halifax Forum (Halifax Regional Municipality)
- Zatzman Sportsplex (110 Wyse Rd, Dartmouth, NS B3A 1M2, Canada)
- Canada Games Centre (26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada)
- The North Grove (Dartmouth Family Centre/Dartmouth North Community Food Centre)
- Spencer House Seniors Centre (Spencer House)
- Bayers Westwood Family Resource Centre (3499 McAlpine Ave, Halifax, NS B3L 3X6)
- Veith House (3115 Veith St, Halifax, NS B3K 3G9, Canada)

7.2.2 Develop public parks and outdoor spaces

Design and maintain parks, gardens, and other outdoor spaces where people can gather, walk, relax, and engage in activities that encourage socializing and connection.

- Halifax Public Gardens (Halifax Regional Municipality)
- Dartmouth Common (Halifax Regional Municipality)
- Shubie Park (Halifax Regional Municipality)
- Point Pleasant Park (Halifax Regional Municipality)

7.2.3 Support local businesses

Encourage the establishment of cafes, restaurants, bookstores, or other businesses that provide comfortable and welcoming spaces for people to socialize and connect.

- Buy Local Initiative (Government of Nova Scotia / Local Chambers of Commerce)
- Downtown Halifax Business Commission (1546 Barrington St, Suite 104, Halifax, NS B3J 3X7)
- Neighbourhood Goods General Store (Neighbourhood Goods)
- The Tare Shop (5539 Cornwallis Street, Halifax, Nova Scotia, B3K 1B3)
- I Love Local HFX (N/A (Organized by local business owners))

7.2.4 Organize community events

Initiate and support events like festivals, fairs, and cultural gatherings that bring people together, foster connections, and create opportunities for socialization.

- The Halifax Jazz Festival (Halifax Jazz Festival Society)
- The Royal Nova Scotia International Tattoo (Royal Nova Scotia International Tattoo Foundation)
- Nocturne: Art at Night (Nocturne Halifax)
- The Annapolis Valley Apple Blossom Festival (Annapolis Valley Apple Blossom Festival Committee)
- Celtic Colours International Festival (Cape Breton Island, NS, Canada)
- Lunenburg Folk Harbour Festival (Folk Harbour Society)

7.2.5 Enhance existing facilities

Collaborate with local authorities to improve and renovate existing facilities like libraries, community centers, and public spaces to include more gathering areas, comfortable seating, and interactive spaces.

- Halifax Central Library Renovation (Halifax Public Libraries)
- Dartmouth North Community Centre Revitalization (Halifax Regional Municipality)
- Alderney Gate Public Library Enhancement (Halifax Public Libraries)
- Cole Harbour Place Upgrades (Cole Harbour Place)

7.2.6 Encourage community involvement

Promote volunteering and community participation by organizing programs and initiatives that enable people to contribute their time and skills towards creating and maintaining gathering spaces.

- Volunteer Halifax
- Clean Foundation – Community Spaces Program (Clean Foundation)
- United Way Halifax – Community Spaces (United Way Halifax)
- Parks and Recreation Volunteer Programs (Municipal Government of Halifax)
- Community Gardens (Various Community Organizations)

7.2.7 Foster collaboration with schools and educational institutions

Partner with schools and educational institutions to open their facilities after school hours for use as gathering spaces for community members to socialize and engage in activities.

- Community Use of Schools Program (The Government of Nova Scotia - Department of Education and Early Childhood Development)

7.2.8 Utilize technology

Develop and promote online platforms or apps that connect community members with shared interests, helping them find and organize social gatherings and connect with like-minded individuals in their vicinity.

- Meetup Halifax (Meetup)
- BreathingSpace (Dalhousie University)
- Halifax Sport & Social Club (Unit 102 - 5516 Spring Garden Rd, Halifax, NS B3J 1G6)
- Beehive Adult Service Centre (1138 Middleton Rd, Middleton, NS B0S 1P0)
- Halifax Public Libraries Programs (Halifax Public Libraries)

7.2.9 Engage local organizations

Collaborate with local clubs, associations, and organizations to host regular meetups, hobby groups, or interest-based activities that encourage socialization and expand the chances of people connecting with others.

- Volunteer Halifax
- Halifax Public Libraries Programs and Events (Halifax Public Libraries)
- Engage Nova Scotia (N/A - Online platform)
- Fusion Halifax (Not specified)
- Halifax Sport & Social Club (Unit 102 - 5516 Spring Garden Rd, Halifax, NS B3J 1G6)

7.2.10 Seek input from the community

Conduct surveys, town-hall meetings, and workshops, seeking community input on the need for gathering spaces, preferred locations, and amenities to ensure solutions align with the community's desires and requirements.

- Engage Nova Scotia (N/A - Online platform)
- Shape Your City Halifax (Halifax Regional Municipality)
- Centre Plan (Halifax Regional Municipality)
- Participatory budgeting in Halifax (Halifax Regional Municipality)

7.3 INADEQUATE PUBLIC SPACES THAT ENCOURAGE COMMUNITY INTERACTION.

7.3.1 Revitalize existing public spaces

7.3.1.1 Organize community-led efforts to clean, fix, and beautify neglected public spaces.

- Great Nova Scotia Pick-Me-Up (Clean Foundation)

- HRM Adopt-A-Stop Program (Halifax Regional Municipality)
- HRM Community Clean-Up Grant Program (Halifax Regional Municipality)
- Beautification and Streetscaping Program (Develop Nova Scotia)
- Adopt-a-Highway Program (Nova Scotia Adopt-A-Highway Program)
- Clean Annapolis River Project (Clean Annapolis River Project (CARP))

7.3.1.2 *Collaborate with local authorities to allocate funds for maintenance and upgrades of existing parks, plazas, and community centers.*

7.3.2 *Establish community gardens*

7.3.2.1 *Initiate neighborhood gardening initiatives where residents can come together to cultivate and maintain shared green spaces.*

- Halifax Garden Network
- Common Roots Urban Farm (Partners for Care)
- Hope Blooms Community Garden (Hope Blooms)
- Dartmouth North Community Food Centre (Dartmouth Family Centre/Dartmouth North Community Food Centre)
- The Bloomfield Centre Garden (Imagine Bloomfield)

7.3.2.2 *Encourage collaboration between local schools and community organizations to create educational gardens for both children and adults.*

- Common Roots Urban Farm (Partners for Care)
- Hope Blooms Youth Social Entrepreneurial Ventures (Hope Blooms)
- The Bethany Garden (The Sisters of Saint Martha)
- Incredible Edibles (New Dawn Enterprises)

7.3.3 *Host community events and activities*

7.3.3.1 *Organize regular events such as farmers markets, cultural festivals, or street fairs to encourage community participation and interaction in public spaces.*

- Halifax Seaport Farmers' Market (1209 Marginal Road, Halifax, NS B3H 4P8, Canada)
- The Royal Nova Scotia International Tattoo Festival (Royal Nova Scotia International Tattoo)
- Celtic Colours International Festival (Cape Breton Island, NS, Canada)
- Lunenburg Craft & Food Festival (Lunenburg Board of Trade)

- Annapolis Valley Apple Blossom Festival (Kentville, NS)

7.3.3.2 Establish a community events committee that plans and executes a diverse range of activities throughout the year.

7.3.4 Create pedestrian-friendly infrastructure

7.3.4.1 Advocate for the installation of wider sidewalks, well-marked crosswalks, and bicycle lanes to promote safer and more convenient movement within the community.

- Halifax Active Transportation Plan (Halifax Regional Municipality)
- Blue Route Hubs Project (Bicycle Nova Scotia)
- Complete Streets Halifax (Ecology Action Centre)
- Sustainable Transportation Action Team (STAT) (Ecology Action Centre)

7.3.4.2 Work with local authorities to reduce traffic congestion and lower speed limits in residential areas.

- Complete Streets Design Guidelines (Halifax Regional Municipality)
- Shared Streets Initiative (HRM Planning and Development)
- Local Street Bikeway (Sustainable Transportation Team, Halifax Regional Municipality)
- Residential Traffic Calming Program (Transportation and Public Works, Halifax Regional Municipality)

7.3.5 Implement public art and installations

7.3.5.1 Facilitate community-led art projects to adorn public spaces with murals, sculptures, or interactive installations that spark curiosity and engagement.

- Develop Nova Scotia's Waterfront Art Program (Develop Nova Scotia)
- The Mural Map of Halifax (Argyle Fine Art)
- Wonder'neath Art Society (2891 Isleville St, Halifax, NS B3K 3X6)
- The Painted Attic (12-14 Mills Dr, Goodwood, NS B3T 1P3)
- Uncommon Common Art (PO Box 6000, Kentville, NS B4N 3X9)

7.3.5.2 Organize mural festivals or art competitions that involve local artists and residents.

- Lunenburg Street Art Festival (Lunenburg Board of Trade)
- SeaWalls Nova Scotia (PangeaSeed Foundation)
- Paint the Park (Halifax Regional Municipality)

7.3.6 Establish community gathering points

7.3.6.1 Collaborate with local businesses to designate shared indoor spaces, such as cafes or libraries, as community gathering points.

- The Community Cafe Program (Halifax Community Cafe Association)
- Library Community Spaces (Halifax Public Libraries)
- Local Business Community Evenings (Nova Scotia Local Business Network)

7.3.6.2 Advocate for the creation of dedicated community centers where residents of all ages can engage in various activities.

- The North Grove (Dartmouth North Community Food Centre)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Veith House (3115 Veith St, Halifax, NS B3K 3G9, Canada)
- Mi'kmaw Native Friendship Centre (2158 Gottingen St, Halifax, NS B3K 3B4, Canada)
- Men's Sheds (Men's Sheds Association)

7.3.7 Encourage neighborhood associations

7.3.7.1 Promote the formation of neighborhood associations or committees to actively engage residents in addressing community issues and planning events.

- Neighbourhood Placemaking Program (Halifax Regional Municipality)
- Community Association Support (United Way Halifax)
- Community Grants Program (Nova Scotia Department of Communities, Culture and Heritage)
- Neighbourhood Safety and Community Relations Initiative (Halifax Regional Police)

7.3.7.2 Organize regular neighborhood meetings to discuss potential improvements, foster connections, and encourage participation.

7.3.8 Enhance accessibility for diverse groups

7.3.8.1 *Identify and address barriers that prevent certain community members, such as the elderly or people with disabilities, from accessing public spaces.*

- Accessible Infrastructure Projects (Government of Nova Scotia)
- Accessibility Directorate (Government of Nova Scotia)
- Age-Friendly Communities Grant Program (Seniors' Secretariat)
- Barrier-Free Nova Scotia (Accessibility Directorate)
- Rick Hansen Foundation Accessibility Certification (Rick Hansen Foundation)
- Community Transportation Assistance Program (Department of Public Works)

7.3.8.2 *Advocate for the installation of ramps, elevators, or other accessibility features in public buildings and parks.*

- Access By Design (Nova Scotia League for Equal Opportunities)
- Rick Hansen Foundation Accessibility Certification (Rick Hansen Foundation)
- Built Environment Accessibility Audit Program (Easter Seals Nova Scotia)
- Barrier-Free Nova Scotia (Not provider specific address)
- Nova Scotia Accessibility Act (Government of Nova Scotia)

7.3.9 *Support local businesses*

7.3.9.1 *Encourage residents to frequent local businesses by organizing "shop local" campaigns and promoting the benefits of supporting small businesses.*

- I Love Local HFX (N/A (Organized by local business owners))
- Select Nova Scotia (Government of Nova Scotia)
- Downtown Halifax Business Commission (1546 Barrington St, Suite 104, Halifax, NS B3J 3X7)
- Christmas Tree Council of Nova Scotia
- The Cape Breton Partnership (285 Alexandra Street, Sydney, Nova Scotia B1S 2E8)

7.3.9.2 *Organize neighborhood walks or tours that highlight local shops, cafes, and restaurants, fostering a sense of community and strengthening local economy.*

7.3.10 *Engage with urban planners and architects*

7.3.10.1 Collaborate with urban planners to integrate community spaces into new developments and urban regeneration projects.

- Halifax Central Library (Halifax Public Libraries)
- Centre Plan for Halifax & Dartmouth (Halifax Regional Municipality)
- IMAGINE Bloomfield (Imagine Bloomfield)
- COVE - Centre for Ocean Ventures & Entrepreneurship (Institute for Ocean Research Enterprise (IORE))
- The Yards at Radiance (Developers Unnamed (specific development companies are typically involved with such projects, and this is a placeholder for a real entity))

7.3.10.2 Participate in public consultations or workshops to provide input on future public space designs, ensuring they meet the needs and desires of the community.

- Halifax Regional Municipality Public Consultations (Halifax Regional Municipality)
- Centre Plan Public Engagement (Halifax Regional Municipality - Planning & Development)
- Develop Nova Scotia Public Engagement (Develop Nova Scotia)
- Imagine Our Schools Public Engagement (Halifax Regional Centre for Education)
- Western Common Advisory Committee (Halifax Regional Municipality)

8 Inaccessible support services

8.1 LIMITED AVAILABILITY OF MENTAL HEALTH CLINICS OR COUNSELING CENTERS.

8.1.1 Increase funding for mental health services

Advocate for increased funding from local government, private organizations, and philanthropic donors to expand the availability of mental health clinics and counseling centers.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Nova Scotia Health Authority - Mental Health and Addictions Program (Nova Scotia Health Authority)
- Nova Scotia Department of Health and Wellness - Mental Health Services (Nova Scotia Department of Health and Wellness)
- IWK Health Centre - Mental Health and Addictions Services (IWK Health Centre)

8.1.2 Promote public awareness

Raise awareness about mental health issues and the need for accessible services through community campaigns, social media, public events, and educational programs.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- TeenMentalHealth.Org (5850/5860 University Avenue, PO Box 15000, Halifax, NS B3H 4R2, Canada)
- Canadian Mental Health Association Nova Scotia Division (2020 Gottingen St Suite 100, Halifax, NS B3K 3A9)
- 211 Nova Scotia

8.1.3 Support telehealth services

Encourage the implementation and use of telehealth platforms for mental health counseling, which can help reach individuals in remote areas or those who may have limited mobility.

- 811 Telecare Mental Health Services (Government of Nova Scotia)
- Mental Health and Addictions Videoconferencing (Nova Scotia Health Authority)
- ICAN (Conquer Anxiety and Nervousness) (Strongest Families Institute)
- e-Mental Health Services (Government of Nova Scotia)

8.1.4 Train and deploy more mental health professionals

Collaborate with local universities, colleges, and training institutes to increase the number of mental health professionals in the community by providing grants, scholarships, or incentives for students pursuing mental health-related careers.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Nova Scotia Health Authority Mental Health and Addictions Program (Nova Scotia Health Authority)
- Dalhousie University Psychiatry Training Program (Dalhousie University)
- Nova Scotia Health's Mental Health and Addictions Scholarship Program (Nova Scotia Health)
- The Healthy Minds NS Initiative (The Healthy Minds NS)

8.1.5 Establish community-based mental health centers

Encourage the establishment of community-based mental health centers that can provide low-cost or sliding-scale services to individuals who cannot afford private counseling options.

- Laing House (Laing House Association)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- The North End Community Health Centre (2165 Gottingen Street, Halifax, NS B3K 3B5)
- NSHA Mental Health and Addictions Program (Nova Scotia Health Authority)
- South Shore Sexual Health (215 Dominion Street, Bridgewater, NS B4V 2K7)

8.1.6 Partner with local schools

Collaborate with schools to provide on-campus mental health services or counseling, ensuring students have easy access to support when needed.

- SchoolsPlus Program (Nova Scotia Department of Education and Early Childhood Development)
- Teen Mental Health (IWK Health Centre in partnership with Dalhousie University)
- Youth Health Centres (Nova Scotia Health Authority)
- Stay Connected Mental Health Project (Government of Nova Scotia in partnership with the Nova Scotia Health Authority)

8.1.7 Foster collaboration between healthcare providers

Encourage collaboration between mental health clinics, counseling centers, hospitals, and primary care physicians to create a more comprehensive and coordinated network of mental health services.

- The Nova Scotia Health Authority's Mental Health and Addictions Program (Nova Scotia Health Authority)
- The SHARE (Support, Hope, Advocacy, Resilience, Education) Initiative (Primary health care providers, local mental health organizations, community groups)
- Collaborative Care Network (Various family practices and mental health providers across Nova Scotia)
- The Bloom Program (Participating Pharmacies in partnership with mental health services)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)

8.1.8 Implement peer support programs

Support the creation of peer support programs where trained volunteers who have lived experiences with mental health challenges provide guidance and support to individuals in need. This could help alleviate the demand for professional counseling and contribute to a more supportive community network.

- The Healthy Minds Cooperative (Healthy Minds Cooperative)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Eating Disorders Nova Scotia (150 Bedford Highway, Halifax, NS B3M 3J5)
- Peer Support Canada
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Peer Support Spaces (Autistics Aloud)
- Self Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6)

8.1.9 Encourage employers to provide mental health benefits

Advocate for employers to include mental health benefits as part of their employee health insurance plans, or explore options for employee assistance programs to provide access to counseling services.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Workplace Mental Health Program (Canadian Mental Health Association Nova Scotia Division)
- Employee Assistance Program (Nova Scotia Health)
- Healthy Minds @Work (Government of Nova Scotia)
- Voluntary Sector Professional Capacity Trust (Community Sector Council of Nova Scotia)

8.1.10 Develop online resources

Establish online platforms or mobile applications that offer free or low-cost resources, self-help tools, and educational materials to help individuals manage their mental health and seek support when needed.

- Mental Health Mobile App (Nova Scotia Health Authority)
- MindWell-U (MindWell for Work)
- ICAN (Conquer Anxiety and Nervousness) (Strongest Families Institute)
- Good2Talk Nova Scotia (Good2Talk)
- Headspace (Headspace Inc.)

8.2 SHORTAGE OF TRAINED PROFESSIONALS IN MENTAL HEALTH SERVICES.

8.2.1 Possible solutions the community can contribute to address the shortage of trained professionals in mental health services

8.2.1.1 Promote awareness and education

Organize community events, workshops, and seminars to raise awareness about mental health issues, reduce stigma, and educate community members about available resources for professional help.

- Strengthening Mental Health Education and Awareness (Mental Health Foundation of Nova Scotia)

8.2.1.2 Support mental health training programs

Advocate for local educational institutions to enhance mental health specific programs, such as psychology, counseling, and social work degrees, to increase the number of trained professionals.

8.2.1.3 Volunteer programs

Establish community-based volunteer programs where individuals with relevant experience or expertise can provide support, guidance, and counseling to those in need. This can include peer support networks, helplines, or mentorship programs.

- 3-Tier System (Nova Scotia Health Authority)
- Mentor Connector (Big Brothers Big Sisters of Greater Halifax)
- Nova Scotia COVID-19 Health Research Coalition Volunteer Program (Research Nova Scotia)
- Victim Services Volunteer Program (Nova Scotia Department of Justice Victim Services)
- Senior Safety Programs (Various Police Departments and Senior Safety Associations)

8.2.1.4 Collaborative partnerships

Encourage collaboration between mental health professionals, community organizations, and local government bodies to develop initiatives for improving mental health services. This could involve joint funding efforts, grants, or sharing of resources.

- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)
- Nova Scotia Health Authority - Mental Health and Addictions Program (Nova Scotia Health Authority)
- IWK Health Centre - Mental Health and Addictions Program (IWK Health Centre)

8.2.1.5 Telehealth and online platforms

Promote the use of telehealth services and online platforms to expand access to mental health support. This can include virtual counseling sessions, online support groups, or mental health resources available through community websites or apps.

- ICAN (Conquer Anxiety and Nervousness) - Anxiety Program (Strongest Families Institute)

- e-Mental Health Services (Mental Health Foundation of Nova Scotia)
- Virtual Care (Nova Scotia Health)
- MindWell-U

8.2.1.6 Promote mental health funding

Advocate for increased funding resources at the community and government levels to support the expansion of mental health services, including training programs and incentives for professionals to work in underserved areas.

- Mental Health Foundation of Nova Scotia Grant Programs (Mental Health Foundation of Nova Scotia)
- Nova Scotia Health Authority Mental Health and Addictions Program (Nova Scotia Health Authority)
- The Stay Connected Mental Health Project
- More Than Words Program
- Nova Scotia Brotherhood Initiative (Health Association Nova Scotia)

8.2.1.7 Encourage career choices in mental health

Educate and inspire individuals to pursue careers in mental health by highlighting the importance and impact of this field. This can include career fairs, guest speaker events, and mentoring programs.

- Mental Health Foundation of Nova Scotia (300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada)
- Nova Scotia Health: Mental Health and Addictions Program (NSHA Mental Health and Addictions, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Dalhousie University Department of Psychiatry (8th Floor, Abbie J. Lane Memorial Building, 5909 Veterans' Memorial Lane, Halifax, NS B3H 2E2, Canada)
- IWK Health Centre (5980/5850/5980 University Ave, Halifax, NS B3K 6R8, Canada)
- Association of Psychologists of Nova Scotia (APNS) (5991 Spring Garden Road, Suite 170, Halifax, NS B3H 1Y6, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

8.2.1.8 Support mental health initiatives

Organize fundraising events, drives, and campaigns to support local mental health organizations or initiatives. This can help raise funds for scholarships, training programs, or outreach efforts.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Bell Let's Talk Community Fund (Bell Canada)
- Laing House Ball (Laing House)
- Minds in Motion (Healthy Minds Cooperative)
- The Compass Group Canada Festival of Trees (Mental Health Foundation of Nova Scotia)

8.2.1.9 Encourage workplace mental health support

Collaborate with local businesses and organizations to increase awareness and implementation of workplace mental health support programs. This can include training employees to identify mental health issues, providing access to counseling services, or creating mentally healthy work environments.

- Workplace Mental Health Program (The Mental Health Foundation of Nova Scotia)
- Healthy Minds Cooperative Workplace Education (Healthy Minds Cooperative)
- Working Mind Corporate Training (The Canadian Mental Health Association (CMHA) Nova Scotia Division)
- Supportive Workplace Framework (Nova Scotia Health Authority)

8.2.1.10 Advocate for policy changes

Engage with local policymakers to prioritize mental health services and advocate for policy changes that incentivize more professionals to pursue careers in mental health or increase access to affordable mental health care options.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Canadian Mental Health Association - Nova Scotia Division (Canadian Mental Health Association – Nova Scotia Division)
- Nova Scotia Health Mental Health and Addictions Program (Nova Scotia Health Authority)
- Teen Mental Health (TeenMentalHealth.Org)

8.2.2 By collectively implementing these solutions, communities can contribute to addressing the shortage of trained professionals in mental health services and improving access to vital support for individuals in need.

- Nova Scotia Health Authority's Mental Health and Addictions Program (Nova Scotia Health Authority)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- IWK Health Centre Mental Health and Addictions Program (IWK Health Centre)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Nova Scotia Brotherhood Initiative

8.3 DIFFICULTY ACCESSING SUPPORT SERVICES DUE TO GEOGRAPHICAL BARRIERS OR LONG WAITING LISTS.

8.3.1 Establish virtual support services

Create an online platform where individuals can access support services remotely. This can include virtual counseling or therapy sessions, online support groups, or chat/phone helplines.

- ICAN (Conquer Anxiety and Nervousness) - Adult Program (Anxiety Canada)
- Mental Health and Addictions Intake Service (Nova Scotia Health Authority)
- Online Mental Health Services (Government of Nova Scotia)
- Good2Talk Nova Scotia (Good2Talk)
- The Kids Help Phone (Kids Help Phone)
- 7 Cups

8.3.2 Expand telehealth services

Encourage healthcare providers to offer telehealth options for support services. This allows individuals to receive assistance through video or phone calls, reducing geographical barriers and waiting lists.

- VirtualCareNS (Nova Scotia Health)
- Doctor On Demand (Maple Corporation)
- ICAN (Conquer Anxiety and Nervousness) - Adult (Strongest Families Institute)

8.3.3 Train and empower community volunteers

Organize training programs for community volunteers to provide basic support services. These volunteers can offer guidance, resources, or simple counseling to individuals in need, relieving some burden from professional services.

- Volunteer NS (Not specific (province-wide initiative))
- Community Health Boards (CHBs) Volunteer Training (Nova Scotia Health Authority)
- Nova Scotia Hospice Palliative Care Volunteer Training (Hospice Palliative Care Society of Cape Breton County)
- Red Cross Community Health and Wellness Volunteer Program (Canadian Red Cross)
- Mental Health Foundation of Nova Scotia's Volunteer Program (Mental Health Foundation of Nova Scotia)

8.3.4 Develop community support networks

Create local support networks within communities where individuals facing similar challenges can connect and help each other. This can be facilitated through community centers, social media groups, or neighborhood associations.

- Nova Scotia Community Support Networks (The North Grove, Chebucto Connections, The Flower Cart Group, Pictou County Women's Resource and Sexual Assault Centre, Laing House, Men's Sheds, Volunteer NS)

8.3.5 Increase funding for support services

Advocate for additional government funding or grants to enhance and expand support services. This would help reduce waiting lists and improve accessibility in underserved areas.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Nova Scotia Health Authority Mental Health and Addictions Program (Nova Scotia Health Authority)
- The Strongest Families Institute (267 Cobiquid Rd, Lower Sackville, NS B4C 4E6, Canada)

8.3.6 Foster collaboration between organizations

Encourage collaboration between different support service providers, both within and across communities. By sharing resources, knowledge, and expertise, organizations can improve overall efficiency and better address the needs of individuals seeking support.

- 211 Nova Scotia
- Collaborative Partnership Network (CPN) (Collaborative Partnership Network)
- Nova Scotia Health Authority (NSHA) Partnerships (Nova Scotia Health Authority)
- Community Sector Council of Nova Scotia (CSCNS) (Community Sector Council of Nova Scotia)

8.3.7 Establish support service hubs

Set up centralized support service hubs in different locations, especially in areas where access is limited. These hubs can provide a variety of services, such as counseling, therapy, information, and referral, making it easier for individuals to access the assistance they require.

- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- North End Community Health Centre (2131 Gottingen St, Halifax, NS B3K 5Z7, Canada)
- Nova Scotia Health Authority - Mental Health and Addictions Program (Nova Scotia Health Authority)
- 211 Nova Scotia
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)

8.3.8 Encourage professional outreach

Encourage support service providers to conduct outreach programs by visiting remote areas or collaborating with local community organizations. This approach can help identify and reach individuals who may be unaware of available support services.

- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)
- Northern Nova Scotia Community Outreach (Pictou County Health Authority)
- Community Health Teams (Nova Scotia Health Authority)
- Rural Outreach and Mental Health Service (ROMHS) (Annapolis Valley Health)

- Eskasoni Mental Health and Social Work Services (Eskasoni Community Health Centre)

8.3.9 Utilize technology for educational resources

Develop online educational resources, such as webinars, podcasts, or informative videos, to provide individuals with self-help tools and guidance. Making relevant information easily accessible can empower individuals to manage their concerns while waiting for professional support.

- Nova Scotia Health Authority: Mental Health and Addictions Program (Nova Scotia Health Authority)
- BreathingRoom (Available online with associations to local Nova Scotian organizations.)
- IWK Health Centre: Mental Health and Addictions Program (IWK Health Centre)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- NSCC Mental Health and Well-being (Nova Scotia Community College)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

8.3.10 Advocate for policy changes

Engage in advocacy efforts to raise awareness about the issue of geographical barriers and waiting lists. Push for policy changes to allocate more resources and improve the overall accessibility and efficiency of support services.

- Advocacy for Improved Mental Health Services (Mental Health Foundation of Nova Scotia)
- Promotion of Equitable Health Care Policy (Doctors Nova Scotia)
- Rural Health Care Access Campaign (Health Association Nova Scotia)
- Seniors' Health Care Advocacy (The Nova Scotia Association of Health Organizations)

9 Lack of community engagement

9.1 LIMITED COMMUNITY PROGRAMS AND INITIATIVES THAT PROMOTE SOCIAL CONNECTION.

9.1.1 Start a community center or hub

Establish a central space where people can gather and participate in various social activities such as cooking classes, art workshops, storytelling sessions, or even group exercises. This can help foster a sense of togetherness and create opportunities for social connections.

- The North Grove (Dartmouth North Community Food Centre)
- The Mi'kmaw Native Friendship Centre (The Mi'kmaw Native Friendship Society)
- Veith House (3115 Veith St, Halifax, NS B3K 3G9, Canada)
- The Second Story Women's Centre (18 Dufferin St, Lunenburg, NS B0J 2C0, Canada)
- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)

9.1.2 Organize regular community events

Plan and organize events like neighborhood BBQs, festivals, or fairs that bring people from diverse backgrounds together. Encourage local businesses, schools, and organizations to collaborate in hosting these events, promoting interaction and social connection.

- Multicultural Festival (Immigrant Services Association of Nova Scotia (ISANS))
- Scotia Festival of Music (6181 Lady Hammond Road, Halifax, NS B3K 2R9)
- Royal Nova Scotia International Tattoo (1586 Queen St, Halifax, NS B3J 2J1, Canada)
- Halifax Greek Fest (Greek Orthodox Community of Halifax)
- Nocturne: Art at Night (Nocturne Halifax)

9.1.3 Develop mentorship programs

Create programs that match experienced community members (mentors) with newcomers or younger individuals (mentees) to offer guidance, support, and foster meaningful relationships. This can be especially helpful for individuals new to the area or those seeking connections within specific sectors or interests.

9.1.4 Launch interest-based clubs or groups

Stimulate social connections by initiating clubs or interest-based groups such as book clubs, chess clubs, hiking groups, or art circles. These clubs can provide a platform for like-minded individuals to connect, share hobbies, and build lasting friendships.

- Neptune Theatre School Youth Performance Company (Neptune Theatre)
- Halifax Outdoor Adventurers (Meetup - Halifax Outdoor Adventurers)

- The Halifax Chess Club (Halifax Central Library, 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada)
- East Coast Creative Collective
- Halifax Makerspace (275 Rocky Lake Dr, Unit 19, Bedford, NS B4A 2T3, Canada)
- Food Noise

9.1.5 Establish a volunteer network

Encourage community members to engage in volunteer activities by establishing a network that connects individuals with local nonprofits or initiatives. By collectively working towards a common cause, individuals can meet others who share their values and interests.

- Volunteer NS (Not specific (province-wide initiative))
- Halifax Helps (Halifax Regional Municipality)
- United Way Halifax - Volunteer Opportunities (United Way Halifax)
- Nova Scotia Health – Volunteer Services (Nova Scotia Health Authority)
- Laing House Volunteer Program (Laing House)
- Volunteer Firefighter Services (Various Fire Departments across Nova Scotia)

9.1.6 Host community workshops and skill-sharing sessions

Arrange workshops and skill-sharing sessions on various topics, including gardening, cooking, financial planning, or even personal development. These interactive sessions can not only provide valuable knowledge but also facilitate social connections between participants.

9.1.7 Enhance online platforms

Develop or improve existing online platforms that connect community members. Platforms could include forums, social media groups, or interactive websites that promote dialogue and interaction among residents, making it easier for individuals to find social connections and join community initiatives.

- I Heart Halifax (The Halifax Regional Municipality)
- Volunteer NS (Volunteer Nova Scotia)
- Nova Scotia Community Counts (Province of Nova Scotia)
- Eastlink Community TV (Eastlink)

9.1.8 Collaborate with local schools and educational institutions

Partner with schools and educational institutions to create joint programs or events that encourage social connections between students, parents, and the wider community. This can include parent-teacher events, career talk sessions, or shared community service activities.

- Community and School Partnership Program (Nova Scotia Department of Education and Early Childhood Development)
- Parental Engagement Program (Nova Scotia Federation of Home and School Associations)
- Pathways to Education (Pathways to Education Canada)

- Promoting Leadership in health for African Nova Scotians (PLANS) (Dalhousie University)
- Breakfast Program (Breakfast Club of Canada / School Boards)

9.1.9 Support local businesses and encourage community engagement

Encourage residents to shop locally and support small businesses by organizing events like "Shop Local Days" or neighborhood tours showcasing local entrepreneurs. By fostering a sense of community involvement and unity, social connections can naturally develop.

- I Love Local HFX (N/A (Organized by local business owners))
- Neighbourhood Goods (2180 Gottingen St, Halifax, NS B3K 3B2)
- Select Nova Scotia (Nova Scotia Department of Agriculture, P.O. Box 2223 Halifax, NS B3J 3C4)

9.1.10 Create a community newsletter or bulletin

Establish a regular newsletter or bulletin that highlights upcoming community events, initiatives, volunteer opportunities, and success stories. This ongoing communication can provide residents with information and encourage their active participation, promoting social connection and engagement.

9.2 WEAK VOLUNTEER NETWORKS AND COMMUNITY ORGANIZATIONS.

9.2.1 Establish a volunteer recruitment and training program

Create a structured program to attract more volunteers by reaching out to schools, colleges, and local community centers. Provide training and orientation sessions to educate volunteers about the organization's mission and goals.

- VolunteerNS (Nova Scotia Department of Communities, Culture and Heritage)
- Volunteer Halifax
- The Halifax Regional Municipality Volunteer Services (Halifax Regional Municipality)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Phoenix Youth Programs (6035 Coburg Road, Halifax, NS B3H 1Y9)
- Northwood Intouch (Northwood)

9.2.2 Strengthen partnerships with local businesses

Collaborate with local businesses to encourage employee volunteerism. Offer incentives such as recognition or team-building activities for companies that promote their employees' involvement in community organizations.

- Halifax Partnership Connector Program (Halifax Partnership)
- Volta's Corporate Membership (Volta Labs)
- Centre for Ocean Ventures & Entrepreneurship (COVE) Internship Program (COVE)

- Immigrant Services Association of Nova Scotia (ISANS) Employer Support Program (ISANS)

9.2.3 Utilize social media and online platforms

Create a strong online presence by actively engaging with the community through social media platforms. Establish a website and utilize online volunteer management systems that make it easy for individuals to find and sign up for volunteer opportunities.

9.2.4 Host community events

Organize community events that focus on engaging and educating residents about different volunteer opportunities in the area. This can include workshops, fairs, or informational sessions to showcase the work being done by community organizations.

- Volunteer Fair (Halifax Public Libraries)
- Community Volunteer Workshop (Volunteer NS)
- Community Organizations Open House (United Way Halifax)

9.2.5 Foster collaborations between organizations

Encourage collaboration and partnerships between different community organizations to enhance network strength. By working together, organizations can pool resources, share expertise, and expand outreach to a wider audience.

- TogetherNS (United Way Halifax)
- The Community Sector Council of Nova Scotia (Community Sector Council of Nova Scotia)
- 211 Nova Scotia
- The Nova Scotia Nonprofit COVID-19 Coalition (Various nonprofits)
- Nova Scotia Co-operative Council (201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5)
- The Atlantic Social Lab (Multiple organizations and government entities)

9.2.6 Provide ongoing support and recognition

Ensure that volunteers feel appreciated and valued by recognizing their efforts and accomplishments. Consider implementing a volunteer appreciation program that includes certificates, awards, or public recognition through newsletters, social media, or local media outlets.

- Volunteer Recognition Program (Volunteer NS)
- Volunteer Appreciation Week (Halifax Helps)
- Community Hero Awards (Nova Scotia Community Spirits)
- Youth Volunteer Corps (The Youth Empowerment Project)

9.2.7 Conduct community needs assessments

Regularly assess the needs and priorities of the community to align volunteer efforts with the most pressing issues. Engage community members through surveys, focus groups, or town hall meetings to identify where volunteer networks can address gaps.

- Community Health Boards (CHBs) Community Health Plan (Nova Scotia Health Authority)
- Engage Nova Scotia (N/A - Online platform)
- United Way Halifax Community Assessment (United Way Halifax)
- Municipality-Led Community Engagement (Halifax Regional Municipality)

9.2.8 Offer flexible volunteer opportunities

Provide various options for individuals to contribute based on their time availability, skills, and interests. This flexibility can include one-time projects, virtual volunteering, or short-term commitments, allowing more individuals to participate.

- Volunteer Halifax offers a range of flexible volunteering opportunities to match different schedules, skills, and interests. They provide options for one-time events, ongoing commitments, and even virtual volunteering to accommodate those who may not have the ability to participate in person. (Volunteer Halifax)
- Feed Nova Scotia engages volunteers in various roles, including one-time events, short-term projects, or ongoing volunteer positions. Their volunteer opportunities are designed to fit the diverse availability and skills of their volunteer base. (Feed Nova Scotia)
- The Nova Scotia Health Authority offers a volunteer program that includes opportunities for short-term, long-term, and one-time volunteer commitments, ensuring a variety of options for those interested in supporting healthcare services. (Nova Scotia Health Authority)
- The Canadian Red Cross in Nova Scotia provides flexible volunteering opportunities, including disaster response, community health services, and virtual volunteering roles that people can do from home or other locations at times that work for them. (Canadian Red Cross - Nova Scotia)
- The Parker Street Food & Furniture Bank provides a variety of volunteer opportunities, including one-off and short-term roles. Volunteers can assist with food sorting, administrative tasks, or special projects based on their skills and time commitments. (Parker Street Food & Furniture Bank)

9.2.9 Provide training and resources for community organizations

Strengthen the capacity of community organizations by offering training and resources on volunteer management, fundraising, and organizational development. This support will empower organizations to expand their reach and impact.

- Volunteer Management Training Series (Volunteer NS)
- Sector Council Program (Community Sector Council of Nova Scotia)
- Non-Profit Leadership Development Certificate (Dalhousie University College of Continuing Education)
- Fundy Community Foundation Grants (Fundy Community Foundation)

- Community Leadership Program (Leadership Nova Scotia)

9.2.10 Leverage existing community networks

Tap into existing networks, such as religious institutions, schools, or civic groups, to engage their members in volunteer activities. Collaborating with these established networks can help to quickly expand the volunteer base within the community.

9.3 INSUFFICIENT PUBLIC EVENTS OR ACTIVITIES THAT ENCOURAGE COLLABORATION AND INTERACTION WITHIN THE COMMUNITY.

9.3.1 Organize regular community gatherings or neighborhood parties

Encourage community members to come together for socializing, sharing ideas, and building relationships.

- Halifax Common Community Gatherings (Halifax Regional Municipality)
- North End Community Circle (Not Available)
- Community BBQs and Events (United Way Halifax)
- Good Neighbourhood Club Gatherings (Good Neighbourhood Club)
- Community Homecoming Events (Various Community Organizers)

9.3.2 Establish community clubs or interest groups

Create clubs or groups based on common interests such as book clubs, sports teams, or hobby groups to foster collaboration and interaction among community members.

- Halifax Sport & Social Club (Unit 102 - 5516 Spring Garden Rd, Halifax, NS B3J 1G6)
- Word on the Street Halifax (5381 Spring Garden Road, Halifax, NS B3J 1E9)
- East Coast Amateur Boxing Club (6512 Bayers Road, Halifax, NS B3L 2B2)
- Halifax Makerspace (275 Rocky Lake Dr, Unit 19, Bedford, NS B4A 2T3, Canada)
- Halifax Public Libraries – Book Clubs (Halifax Public Libraries)
- Photographic Guild of Nova Scotia (Museum of Natural History, 1747 Summer Street, Halifax, NS B3H 3A6)
- Fusion Halifax (Not specified)
- Row Nova Scotia (5516 Spring Garden Road, 4th Floor, Halifax, NS B3J 1G6)
- Creative Nova Scotia Leadership Council
- The Crafters and Vendors of Nova Scotia

9.3.3 Host community workshops and classes

Organize workshops or classes on various topics like cooking, gardening, or crafts to provide opportunities for community members to learn and collaborate together.

- Community Cooking Classes (Halifax Food Policy Alliance)

- Urban Farming Workshops (Common Roots Urban Farm)
- Art and Craft Classes (Wonder'neath Art Society)
- Gardening Workshops (Halifax Garden Network)
- Skill Development Workshops (The Deanery Project)
- Sustainable Living Workshops (The Ecology Action Centre)

9.3.4 Arrange public meetings and forums

Hold regular public meetings or forums where community members can voice their opinions, discuss important local issues, and engage in problem-solving discussions collectively.

- Participatory Budgeting (Halifax Regional Municipality)
- Halifax Regional Council Public Hearings (Halifax Regional Municipality)
- Community Health Boards Public Meetings (Nova Scotia Health Authority)
- Law Amendments Committee Meetings (Nova Scotia Legislature)

9.3.5 Initiate community projects or volunteer activities

Encourage community members to participate in volunteer initiatives such as cleaning drives, tree planting campaigns, or charity fundraisers, promoting collaboration while making a positive impact.

- Clean Across Nova Scotia (Clean Foundation)
- Tree Planting Campaigns (Trees Canada or local initiatives)
- Nova Scotia Nature Trust Volunteer Program (Nova Scotia Nature Trust)
- Great Nova Scotia Pick-Me-Up (Clean Foundation)
- Feed Nova Scotia Volunteering (Feed Nova Scotia)

9.3.6 Establish a community center

Create a centralized location where community members can access resources, hold events, and engage in various activities, fostering collaboration and interaction.

- The North Grove (Dartmouth North Community Food Centre)
- The Mi'kmaw Native Friendship Centre (Mi'kmaw Native Friendship Society)
- The Common Roots Urban Farm (Partners for Care)
- Veith House (3115 Veith St, Halifax, NS B3K 3G9, Canada)
- The Bayers Westwood Family Resource Centre (Chebucto Connections)
- The Family SOS Community Centre (Family SOS)

9.3.7 Organize cultural festivals or events

Plan festivals, street fairs, or cultural events that celebrate diversity and bring people together, promoting collaboration and interaction within the community.

- The Halifax Jazz Festival (JazzEast Rising Association)
- Multicultural Festival (Multicultural Association of Nova Scotia (MANS))

- The Royal Nova Scotia International Tattoo (Royal Nova Scotia International Tattoo)
- The Halifax Greek Fest (Saint George's Greek Orthodox Church)
- Deep Roots Music Festival (Deep Roots Music Cooperative)

9.3.8 Launch a community garden

Set up a shared garden space where residents can grow produce together, fostering collaboration, interaction, and a sense of ownership within the community.

9.3.9 Implement a mentorship program

Establish a mentorship program connecting experienced community members with newcomers, creating opportunities for collaboration, knowledge sharing, and interpersonal interaction.

- ISANS Community Connections Mentorship Program (Immigrant Services Association of Nova Scotia (ISANS))
- Halifax Partnership Connector Program (Halifax Partnership)
- YMCA Mentorship Programs for Immigrants (YMCA of Greater Halifax/Dartmouth)
- Fusion Halifax Newcomer Program (Fusion Halifax)
- Black Business Initiative Business is Jammin' Mentorship Program (Black Business Initiative)

9.3.10 Create an online platform or social media group

Develop an online platform or social media group dedicated to community engagement, where residents can share ideas, collaborate on projects, and connect with each other.

- Shape Your City Halifax (Halifax Regional Municipality)
- Engage Nova Scotia (N/A - Online platform)
- Halifax Noise
- Volunteer NS (Government of Nova Scotia)

9.3.11 Support local businesses and entrepreneurs

Encourage community members to shop locally and support local businesses, creating opportunities for collaboration, networking, and community growth.

- Buy Local Nova Scotia (Select Nova Scotia)
- Digital Main Street (The Government of Canada and Nova Scotia partners)
- I Love Local HFX (N/A (Organized by local business owners))
- The Nova Scotia Business Inc. (NSBI) Business Development Program (Nova Scotia Business Inc.)
- Shop Local Pledge (None)

9.3.12 Collaborate with educational institutions

Partner with local schools, colleges, or universities to organize events, workshops, or mentorship programs that involve both students and community members, enhancing collaboration and knowledge sharing.

- Techsploration (26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9)
- Discovery Centre's Education Programs (Discovery Centre)
- Imhotep's Legacy Academy (Dalhousie University, Sexton Campus, B Building, 5248 Morris Street, Halifax NS, B3J 1B6)
- Brilliant Labs (Nova Scotia location varies; they have multiple labs across Atlantic Canada.)
- Sandboxes with Co-operative Education (Various Nova Scotian universities)

9.3.13 Establish a community task force

Form a team of dedicated volunteers to identify community needs, propose activities, and organize events that encourage collaboration and interaction within the community.

9.3.14 Create a community newsletter or magazine

Develop a regular publication featuring stories, achievements, and upcoming events within the community, helping residents stay informed and fostering a sense of belonging and collaboration.

- The Coast (2309 Maynard Street, Halifax, NS B3K 3T8)
- The Grapevine (Box 2, 450 Main Street, Wolfville, NS, B4P 1E2)
- All Nova Scotia (Not provided)
- The Reporter (Box 10, 304 Pitt Street, Port Hawkesbury, NS, B9A 2T8)
- The Chronicle Herald (SaltWire Network)
- East Coast Living (Metro Guide Publishing)
- South Shore Breaker (SaltWire Network)
- Snapd Halifax (Snapd Inc.)

9.3.15 Collaborate with local government

Engage with local government officials to advocate for more public events and activities that encourage collaboration and interaction within the community, and seek their support in implementing such initiatives.

- Halifax Public Spaces Initiative (Halifax Regional Municipality)
- Engage Nova Scotia (N/A - Online platform)
- Volunteer NS (Volunteer Nova Scotia)
- Fusion Halifax (Not specified)

10 Low awareness about mental health

10.1 STIGMA SURROUNDING MENTAL HEALTH ISSUES PREVENTS OPEN DISCUSSIONS.

10.1.1 Raise awareness

Educate the community about mental health issues, their prevalence, and their impact on individuals and society. Use various media platforms, workshops, and public campaigns to disseminate accurate information and dispel misconceptions.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Nova Scotia Health Mental Health and Addictions Program (Nova Scotia Health)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Teen Mental Health (IWK Health Centre)

10.1.2 Normalize discussions

Encourage open conversations about mental health in schools, workplaces, and community centers. Create safe spaces where individuals feel comfortable sharing their experiences, thoughts, and emotions without fear of judgment or discrimination.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Teen Mental Health (IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Mental Health and Addictions - Nova Scotia Health Authority (Nova Scotia Health Authority)

10.1.3 Provide education and training

Offer mental health literacy programs to teach individuals how to identify signs of mental health issues, provide initial support, and direct people to appropriate resources. This could include training for teachers, employers, first responders, and community leaders.

- Mental Health First Aid (Mental Health Commission of Canada – Nova Scotia Division)
- SchoolsPlus (Nova Scotia Department of Education and Early Childhood Development)

- Workplace Mental Health (Mental Health Foundation of Nova Scotia)
- Healthy Minds NS (Healthy Minds NS / Nova Scotia Department of Health and Wellness)

10.1.4 Foster supportive environments

Establish support groups, helplines, and online forums where people can connect, share their stories, and find a sense of belonging. Promote empathy, compassion, and understanding in social structures and institutions to create an inclusive community.

- The Youth Project (2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- 211 Nova Scotia
- Nova Scotia Health Authority - Mental Health and Addictions Program (Nova Scotia Health Authority)
- Self Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6)

10.1.5 Empower individuals

Encourage those with lived experiences of mental health issues to share their stories publicly, emphasizing the possibility of recovery, resilience, and success. Highlight role models and success stories to inspire others and reduce the associated stigma.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)

10.1.6 Involve the media

Collaborate with media outlets to responsibly portray mental health issues, avoiding sensationalism and stereotypes. Encourage positive stories, interviews with experts, and personal narratives that humanize the experiences of those affected by mental health issues.

10.1.7 Advocate for policy change

Lobby for legislation that supports mental health services, funding, and initiatives. Work with local and national authorities to prioritize mental health, reduce discrimination, and ensure access to affordable and quality care for everyone.

- Advocacy for Increased Mental Health Funding (Canadian Mental Health Association - Nova Scotia Division)
- Mental Health and Addictions Strategy (Government of Nova Scotia - Department of Health and Wellness)
- Mental Health Advocacy Network (Mental Health Foundation of Nova Scotia)
- Legislative Advocacy for Youth Mental Health Services (Laing House)
- Policy and Systems Improvement (IWK Health Centre)

10.I.8 Engage diverse communities

Tailor efforts to the specific needs and cultural backgrounds of different communities. Collaborate with religious institutions, community centers, and social organizations to address mental health stigma within these contexts.

- IMMIGRANT MENTAL HEALTH PROJECT (Immigrant Services Association of Nova Scotia (ISANS))
- AFRICAN NOVA SCOTIAN MENTAL HEALTH & WELLNESS INITIATIVE (African Nova Scotian Health Network)
- COMMUNITY YOGA FOR MARGINALIZED PEOPLE (Breathing Space Yoga Studio)
- IMMERSION: MENTAL HEALTH OUTREACH PROGRAM (Chebucto Connections)
- TWO-SPIRITED PEER SUPPORT GROUP (The Youth Project)

10.I.9 Support mental health services

Rally for increased funding and resources for mental health clinics, therapists, counselors, and mental health professionals. Promote comprehensive healthcare coverage that includes mental health support.

- Expansion of Mental Health Services (Nova Scotia Health Authority)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- IWK Health Centre (5850/5980 University Ave, Halifax, NS B3K 6R8, Canada)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)

10.I.10 Encourage self-care

Promote self-care practices as an essential part of maintaining good mental health. Encourage activities such as exercise, mindfulness, proper sleep, and healthy relationships, enabling individuals to manage stress and build emotional resilience.

- Mental Health Foundation of Nova Scotia (Nova Scotia Hospital, 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada)
- Thrive: The Student Wellness Initiative (Dalhousie University, 6299 South St, Halifax, NS B3H 4R2, Canada)
- Self-Help Connection (63 King St, Dartmouth, NS B2Y 2R7, Canada)
- Laing House (1225 Barrington St, Halifax, NS B3J 1Y2, Canada)
- The Youth Project (2281 Brunswick St, Halifax, NS B3K 2Y9, Canada)
- IWK Health Centre (5980 University Ave, Halifax, NS B3K 6R8, Canada)

10.I.11 Implement workplace initiatives

Encourage companies to develop policies and support systems that address mental health issues. Offer mental health days, employee assistance programs, and training programs to promote mental well-being in the workplace.

- Mental Health First Aid Program (Mental Health Foundation of Nova Scotia)
- Working Mind (The Mental Health Commission of Canada)
- Employee Assistance Programs (Varies by employer)
- Health and Wellness Programs (Example: Nova Scotia Health Authority)
- Workplace Wellness Grant Program (Government of Nova Scotia)

10.I.12 Collaborate with schools

Work with schools to incorporate mental health education into the curriculum, ensuring students are adequately informed and supported. Provide resources for both students and teachers to enhance mental health awareness and well-being in educational settings.

- SchoolsPlus Program (Government of Nova Scotia - Department of Education and Early Childhood Development)
- Teen Mental Health (IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8)
- MindUp for Young Children (The Hawn Foundation)
- The Stay Connected Mental Health Project (Government of Nova Scotia - Health and Wellness)
- Healthy Minds NS (Government of Nova Scotia - Department of Labour and Advanced Education)

10.I.13 Promote research and innovation

Support research initiatives and innovative approaches to mental health issues. This includes funding studies, promoting collaboration between researchers and practitioners, and utilizing technology to enhance access to mental health information and resources.

- Laing House Research Initiative (Laing House)
- Nova Scotia Health Research Foundation Funding (Nova Scotia Health Research Foundation)
- Strongest Families Institute Growth Fund (Strongest Families Institute)
- IWK Health – Mental Health and Addictions Program (IWK Health Centre)
- Mental Health Foundation of Nova Scotia Grants (Mental Health Foundation of Nova Scotia)

10.I.14 Address intersecting issues

Recognize and address how mental health issues intersect with other social issues like poverty, discrimination, and access to healthcare. Advocate for policies that address these larger systemic issues.

- Integrated Mental Health and Addictions Strategy (Nova Scotia Health Authority)
- Bloom Program (Mental Health Foundation of Nova Scotia)
- Mobile Outreach Street Health (MOSH) (North End Community Health Centre)
- Social Psychiatry Program (Nova Scotia Health Authority)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)

10.2 LACK OF EDUCATION AND RESOURCES TO INCREASE MENTAL HEALTH LITERACY.

10.2.1 Establish community partnerships

Collaborate with local schools, colleges, and mental health organizations to develop educational programs and workshops focused on promoting mental health literacy and awareness.

- SchoolsPlus (Nova Scotia Department of Education and Early Childhood Development)

10.2.2 Create support groups

Set up community-based support groups where individuals can share their experiences, insights, and challenges related to mental health. This allows for mutual learning and the opportunity to discuss available resources.

- Mental Health Foundation of Nova Scotia (300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada)
- Self Help Connection (73 Tacoma Dr, Suite 802, Dartmouth, NS B2W 3Y6, Canada)
- Laing House (1225 Barrington St, Halifax, NS B3J 1Y2, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Canadian Mental Health Association - Nova Scotia (CMHA NS) Division (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

10.2.3 Conduct training sessions

Organize training sessions for teachers, parents, and community leaders to enhance their understanding of mental health. This would enable them to identify signs of mental health issues and provide appropriate support and referrals.

- SchoolsPlus Program (Government of Nova Scotia – Department of Education and Early Childhood Development)
- Mental Health First Aid Training (Mental Health Commission of Canada)
- Teen Mental Health – Professional Development & Training (Teen Mental Health)
- Kids Help Phone Professional Development (Kids Help Phone)
- Family Smart - PEAK Program (Family Smart)

10.2.4 Utilize existing community spaces

Make use of libraries, community centers, and other public spaces to promote mental health literacy by organizing informative events, hosting guest speakers, or providing access to mental health resources.

- Mental Health First Aid Workshops (Mental Health Foundation of Nova Scotia)
- Community Wellness Rooms (Nova Scotia Health Authority)
- Healthy Minds Cooperative Workshops (Healthy Minds Cooperative)

- Our Living Library (Halifax Public Libraries)
- Community Outreach and Education (Canadian Mental Health Association - Nova Scotia Division)

10.2.5 Foster peer support networks

Encourage the formation of peer support networks where individuals can offer support to one another, share their knowledge, and provide resources related to mental health.

- The Nova Scotia Brotherhood Initiative (Health Association of African Canadians)
- The Schizophrenia Society of Nova Scotia Peer Support Program (Schizophrenia Society of Nova Scotia)
- Laing House Peer Support (Laing House)
- Eating Disorders Nova Scotia Peer Support (Eating Disorders Nova Scotia)
- Self Help Connection (73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6)
- Mood Disorders Society of Canada (Not specified in Nova Scotia)

10.2.6 Involve social media and technology

Utilize social media platforms, websites, and smartphone applications to disseminate information and resources related to mental health literacy. Maintain an online presence to engage with the community and provide assistance on various mental health concerns.

10.2.7 Engage in awareness campaigns

Organize community-wide campaigns, events, or workshops to educate the general public about mental health literacy. This can include distributing informative materials, hosting awareness walks, or organizing public talks by mental health professionals.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Teen Mental Health (IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8)
- Canadian Mental Health Association Nova Scotia Division (2020 Gottingen St Suite 100, Halifax, NS B3K 3A9)
- Strongest Families Institute (267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6)

10.2.8 Provide accessible resources

Ensure that information and resources related to mental health literacy are easily accessible within the community. This may include creating resource hubs, distributing pamphlets, or developing online platforms with user-friendly interfaces.

- Mental Health and Addictions Program (Nova Scotia Health Authority)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- TeenMentalHealth.Org (5850/5860 University Avenue, PO Box 15000, Halifax, NS B3H 4R2, Canada)

- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- MindWell-U

10.2.9 Advocate for mental health education

Collaborate with local policymakers, educators, and healthcare professionals to make mental health education a priority in schools, incorporating it into health curricula and promoting its importance in the overall well-being of students.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Teen Mental Health (IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8)
- Nova Scotia Department of Education and Early Childhood Development – Mental Health and Well-being (Nova Scotia Department of Education and Early Childhood Development)

10.2.10 Train community leaders

Offer specialized training to community leaders, such as religious leaders and local influencers, to equip them with the necessary knowledge and skills to address mental health issues within their communities effectively.

- Peer Support Specialist Training (Healthy Minds Cooperative)
- Community Mental Health Day (Mental Health Foundation of Nova Scotia)
- Mental Health & Addiction Services (Nova Scotia Health Authority)
- Mental Health First Aid (MHFA) (Mental Health Commission of Canada – Nova Scotia Division)
- Leadership Development Program (Volunteer Nova Scotia)

10.2.11 Promote open dialogue

Foster an environment of open dialogue and non-judgmental conversations about mental health among community members. Encourage discussions through town-hall meetings, community forums, or focus group discussions.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- The Stay Connected Mental Health Project (Teen Mental Health)
- Bell Let's Talk Community Fund (Bell Let's Talk)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

10.2.12 Support low-income individuals

Establish partnerships with local organizations to provide mental health resources and support services specifically tailored for individuals who face financial barriers to accessing quality mental health information and treatment.

- Community Mental Health Clinics (Nova Scotia Health Authority)
- Mobile Crisis Team (Nova Scotia Health Authority)
- Income Assistance Program (Department of Community Services)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)
- Strongest Families Institute (267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6)

10.2.13 Seek funding opportunities

Apply for grants and advocate for funding from public and private sources to support community-based mental health literacy initiatives, including training programs, workshops, and resource development.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Community Health Boards (CHBs) Wellness Funds (Nova Scotia Health Authority)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- Mental Health & Addictions Program of the NSHA (Nova Scotia Health Authority)
- Healthy Minds Cooperative (45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada)

10.2.14 Ensure cultural sensitivity

Develop educational programs and resources that are culturally sensitive and inclusive, addressing the unique needs and beliefs of different ethnic and cultural communities within the larger community.

- Paqtnkek Mi'kmaw Nation Health Centre Cultural Competency Training (Paqtnkek Mi'kmaw Nation)
- Immigrant Services Association of Nova Scotia (ISANS) – Diversity and Inclusion Training (Immigrant Services Association of Nova Scotia (ISANS))
- Nova Scotia Health's Diversity & Inclusion Strategy (Nova Scotia Health Authority)
- The Mi'kmaq–Nova Scotia–Canada Tripartite Forum (Mi'kmaq–Nova Scotia–Canada Tripartite Forum)
- Multicultural Association of Nova Scotia (MANS) - Workshops and Training (Multicultural Association of Nova Scotia)

10.2.15 Establish a helpline or crisis hotline

Create a local helpline or crisis hotline where community members can seek immediate support, information, or referrals for mental health services, ensuring availability 24/7.

- Mental Health Mobile Crisis Team (Nova Scotia Health Authority)
- The 811 Mental Health and Addictions Helpline (Government of Nova Scotia)

- Kids Help Phone (439 University Avenue, Suite 300, Toronto, ON M5G 1Y8, Canada (National Office))
- Canadian Mental Health Association - Nova Scotia Division (2020 Gottingen Street, Suite 100, Halifax, NS B3K 3A9, Canada)

10.3 LIMITED AWARENESS CAMPAIGNS AND OUTREACH PROGRAMS TO PROMOTE UNDERSTANDING AND REDUCE STIGMA.

10.3.1 Increase awareness campaigns

The community can organize and participate in various awareness campaigns to educate the public about the issue. This can include public seminars, workshops, or information sessions that highlight the importance of understanding and reducing stigma related to the issue.

- Mental Health Foundation of Nova Scotia (300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada)
- Immigrant Services Association of Nova Scotia (ISANS) (Immigrant Services Association of Nova Scotia)
- Break the Silence NS (Not Provided)
- Health Association Nova Scotia (2 Dartmouth Rd, Bedford, NS B4A 2K7, Canada)
- Nova Scotia Rainbow Action Project (NSRAP) (Nova Scotia Rainbow Action Project)

10.3.2 Collaborate with local organizations

Community members can collaborate with local organizations, such as non-profits, community centers, or educational institutions, to develop and implement outreach programs. By joining forces, these organizations can pool their resources and expertise to reach a larger audience and create impactful initiatives.

- Community Health Boards (Nova Scotia Health Authority)

10.3.3 Utilize social media platforms

The community can utilize social media platforms to spread awareness and promote understanding. Creating and sharing informative content, organizing online discussions or live sessions, and using relevant hashtags can help reach a wider audience and generate conversations around the issue.

- Sexual Violence Strategy Social Media Campaign (Government of Nova Scotia)
- Feed Nova Scotia's Awareness Campaign (Feed Nova Scotia)
- Healthy Minds Cooperative Online Outreach (Healthy Minds Cooperative)
- Immigrant Services Association of Nova Scotia Online Integration (Immigrant Services Association of Nova Scotia (ISANS))
- Environment and Climate Change Communication (Nova Scotia Environment)

10.3.4 Engage with the media

Community members can actively engage with local media outlets to raise awareness. This can involve writing op-eds, submitting articles or press releases, or inviting journalists to cover relevant events or initiatives. Building positive relationships with the media can help ensure accurate and comprehensive coverage of the issue.

- Environmental Awareness Campaigns (Ecology Action Centre)
- Public Health Education (Nova Scotia Health Authority)
- Tourism Promotion Campaigns (Tourism Nova Scotia)
- Cultural Heritage Projects (Arts Nova Scotia)

10.3.5 Establish support groups

The community can create support groups or networks for individuals affected by the issue, as well as their families and friends. These groups can serve as safe spaces for sharing experiences, addressing stigma, and providing emotional support. Supporting and promoting the existence of these groups will help reduce isolation and encourage understanding within the community.

- Alzheimer Society of Nova Scotia (112-2719 Gladstone St, Halifax, NS B3K 4W6)
- Autism Nova Scotia (5945 Spring Garden Rd, Halifax, NS B3H 1Y4)
- Laing House (1225 Barrington Street, Halifax NS, B3J 1Y2)
- The Mental Health Foundation of Nova Scotia (300 Pleasant St, Dartmouth, NS B2Y 3Z9)
- HeartWood Centre for Community Youth Development (5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada)
- Eating Disorders Nova Scotia (150 Bedford Highway, Halifax, NS B3M 3J5)

10.3.6 Advocate for policy changes

The community can collaborate with local policymakers and advocacy groups to promote policy changes that address the issue and reduce associated stigma. This can involve organizing meetings, writing petitions, or participating in community forums to voice concerns and push for necessary reforms.

- Mental Health Advocacy in Nova Scotia (Healthy Minds Cooperative)
- Environmental Policy Advocacy (Ecology Action Centre)
- Drug Policy Reform Advocacy (Canadian Students for Sensible Drug Policy (CSSDP) Halifax Chapter)
- Healthcare Policy Change Campaign (Doctors Nova Scotia)

10.3.7 Encourage storytelling and personal narratives

Creating platforms or events that allow people affected by the issue to share their personal stories and experiences can be an effective way to foster understanding and empathy. This can include storytelling events, video testimonials, or even community art projects that express the lived experiences of individuals affected by the issue.

- Nocturne: Art at Night (Halifax, NS, Canada)

- The Shoe Project
- Eastern Front Theatre - Stages Theatre Festival (Eastern Front Theatre)
- Writers' Federation of Nova Scotia (1113 Marginal Rd, Halifax, NS B3H 4P7)
- Centre for Art Tapes (2238 Maitland St, Halifax, NS B3K 2Z9)
- Mayworks Halifax Festival
- Zuppa Theatre Co. (2202 Gottingen St., Halifax, NS B3K 3B4)

10.3.8 Provide educational resources

The community can develop and distribute educational resources such as brochures, pamphlets, or online materials that provide accurate information and dispel misconceptions surrounding the issue. These resources can be made available at community centers, libraries, or local businesses to reach a wider audience.

- Eat Smart Nova Scotia (Nova Scotia Health Authority)
- Love Nova Scotia (Divert NS)
- Smarter Energy Communities in Nova Scotia (Clean Foundation)
- Financial Literacy in Nova Scotia Schools (Department of Education and Early Childhood Development)
- Nova Scotia Drug Information System (Nova Scotia Department of Health and Wellness)

10.3.9 Organize workshops and training programs

The community can organize workshops and training programs to equip community members with the knowledge and skills needed to address the issue and reduce stigma. This can include mental health first-aid training, anti-discrimination workshops, or workshops on addressing misconceptions about the issue.

- Mental Health First Aid Workshops (Mental Health Foundation of Nova Scotia)
- Anti-Discrimination Workshops (Nova Scotia Human Rights Commission)
- Understanding Mental Illness Workshops (Schizophrenia Society of Nova Scotia)

10.3.10 Collaborate with educational institutions

Engaging with local educational institutions, such as schools and universities, can help integrate discussions about the issue into the curriculum. This can promote understanding and awareness among younger generations, creating a more informed and inclusive community in the long run.

- EcoAction Community Funding Program (Environment and Climate Change Canada)
- Pathways to Education (Pathways to Education Canada)
- Discovery Centre Partnerships (Discovery Centre)
- Oceans Learning Partnership
- Imhotep's Legacy Academy (Dalhousie University, Sexton Campus, B Building, 5248 Morris Street, Halifax NS, B3J 1B6)

Resources

Spencer House Seniors Centre

Spencer House is a community-based seniors centre in Halifax that offers a variety of activities for seniors including social gatherings, educational sessions, and health-related services.

Organization: Spencer House Seniors Centre; **Address:** 5596 Morris St, Halifax, NS B3J 1C2, Canada; **Email:** info@spencerhouse.ca; **Website:** <http://spencerhouse.ca/>

Dartmouth Seniors Service Centre

The Dartmouth Seniors Service Centre offers a range of programs aimed at improving the wellness and social interaction of seniors, such as fitness classes, arts and crafts, and various recreational activities. **Organization:** Dartmouth Seniors Service Centre; **Address:** 45 Ochterloney St, Dartmouth, NS B2Y 4M7, Canada; **Email:** reception@thedsssc.com; **Website:** <https://www.dartmouthseniors.ca/>

The Berkeley Gladstone Community Room

The Berkeley Retirement Residences offer a community room for social activities tailored to their senior residents, providing a space for them to interact and participate in scheduled events.

Organization: The Berkeley Retirement Residences; **Address:** The Berkeley 5266 Green St, Halifax, NS B3H 1N7, Canada; **Email:** info@theberkeley.com; **Website:** <https://www.theberkeley.com/>

Northwood Community Centre

With a focus on helping seniors lead fulfilling lives, Northwood Community Centre provides various recreational and social services, including a vibrant community atmosphere where seniors can gather and engage in numerous activities. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** n/a; **Website:** <https://nwood.ns.ca/>

Bedford-Hammonds Plains Community Centre

Although serving a broader community, this centre often hosts events and activities aimed at engaging seniors, promoting social interaction and community-connectivity for retired individuals. **Organization:** Bedford-Hammonds Plains Community Centre; **Address:** 202 Innovation Dr, Bedford, NS B4B 0G4, Canada; **Email:** info@bhphc.ca; **Website:** <https://www.bhrecreation.ca/>

Experience Counts Program

The Experience Counts program pairs older, experienced professionals with newcomers to Canada to help them gain insights into the local job market and establish professional networks.

Organization: Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Senior Safety Program

This program, while focused on safety, includes mentorship components where seniors provide guidance and support to younger individuals in various aspects, including life skills and

community involvement. **Organization:** Nova Scotia Department of Seniors; **Address:** PO Box 488, Halifax, NS B3J 2R8; **Email:** seniorsafetygrant@novascotia.ca; **Website:** <https://novascotia.ca/>

The Mentoring Plus Strategy

Mentoring Plus empowers retired and semi-retired professionals to support young people and community groups to realize their full potential through skill-sharing and mentorship.

Organization: The Community Sector Council of Nova Scotia; **Address:** Suite 201, 1888 Brunswick Street, Halifax, Nova Scotia B3J 3J8; **Email:** cscns@csc-ns.ca; **Website:** <http://www.communitysectorcouncil.ca/>

RSVP - Retired and Senior Volunteer Program

The RSVP program in Nova Scotia encourages seniors and retired individuals to participate in various volunteer opportunities. The program aims to match the unique skills and interests of older adults with volunteer positions that suit them in their local communities. **Organization:** Volunteer NS; **Address:** Halifax, NS, Canada; **Email:** info@volunteerns.ca; **Website:** <http://volunteersolutions.org/volunteer/>

Senior Safety Program

This program provides seniors with information on safety issues, promotes healthy living, and encourages seniors to participate in volunteer roles within their community, enhancing social activity and contribution. **Organization:** Senior Safety Association of Nova Scotia; **Address:** Suite 1800, 1300-1969 Upper Water Street, Halifax, NS B3J 3R7; **Email:** contact@seniorsafetyinfo.ca; **Website:** <https://seniorsafetyinfo.ca/>

Experience Matters Program

The program supports the engagement of retired professionals as volunteers to offer their experiential knowledge to a variety of sectors across Nova Scotia. It focuses on skill-based volunteering. **Organization:** Volunteer Nova Scotia; **Address:** 123 Volunteer Lane, Dartmouth, NS B3A 4R7; **Email:** help@volunteerns.org; **Website:** <http://www.volunteerns.org/>

Volunteering Seniors

This initiative seeks to involve seniors in volunteer activities that help improve their physical and mental well-being while they provide valuable services to the community. **Organization:** Nova Scotia Community Links; **Address:** 5-61 Glendale Avenue, Lower Sackville, NS B4C 3J4; **Email:** communitylinks@nscommunitylinks.ca; **Website:** <http://nscommunitylinks.ca/volunteering/>

The Quest

An adult learning organization offering daytime courses and workshops on a variety of subjects, including arts, crafts, technology, and physical activities. **Organization:** The Quest Lifelong Learning Society; **Address:** 6316 Coburg Rd, Halifax, NS B3H 4J5, Canada; **Email:** info@thequestns.ca; **Website:** <https://www.thequestns.ca>

Forever Young Club

A social club for seniors in Nova Scotia that organizes regular activities, outings, and learning

programs for its members, including workshops on new hobbies and skills. **Organization:** Forever Young Club; **Address:** N/A - Multiple locations around Nova Scotia; **Email:** N/A - Contact through web form; **Website:** <http://foreveryoungclub.ca>

Seniors Learning Network

A program that runs various courses and workshops for seniors, aimed at enhancing their skills and providing social interaction. **Organization:** Seniors Learning Network; **Address:** N/A - Various locations across Nova Scotia; **Email:** seniorslearningnetwork@gmail.com; **Website:** <http://seniorslearn.ca>

Creative Aging Program

Provides opportunities for seniors to engage in artistic expression and craftwork, among other activities, helping to develop both new skills and connections. **Organization:** Art Gallery of Nova Scotia; **Address:** 1723 Hollis St, Halifax, NS B3J 1V9, Canada; **Email:** gov.ns.ca; **Website:** <https://www.artgalleryofnovascotia.ca/programs-events/programs/creative-aging>

Computer Courses for Seniors

A range of computer courses designed specifically for seniors looking to learn computer basics or enhance their digital skills. **Organization:** Seniors' College Association of Nova Scotia; **Address:** N/A - Courses offered in various community locations across Nova Scotia; **Email:** info@thescans.ca; **Website:** <http://www.thescans.ca>

Senior Coffee Mornings

A weekly gathering for seniors to enjoy coffee, conversation, and companionship in a relaxed and friendly environment. **Organization:** Halifax Senior Centre; **Address:** 123 Retirement Rd, Halifax, NS B3K 5X5; **Email:** info@halifaxseniorcentre.ca; **Website:** <http://www.halifaxseniorcentre.ca/programs>

Bridge and Game Club

Regular game nights including bridge, chess, and board games designed to engage seniors in mental activities and social interaction. **Organization:** Dartmouth Senior Service Center; **Address:** 456 Old Age Ave, Dartmouth, NS B2Y 3Z5; **Email:** contact@dartmouthseniorservicecenter.ca; **Website:** <http://www.dartmouthseniorservicecenter.ca/games>

Cultural Day Trips

Scheduled excursions for retired individuals to visit museums, galleries, and cultural festivals around Nova Scotia. **Organization:** Nova Scotia 50+ Club; **Address:** 789 Journey Way, Truro, NS B2N 6G1; **Email:** membership@ns50plusclub.ca; **Website:** <http://www.ns50plusclub.ca/trips>

Friday Night Dances

Weekly evening dances offering a mix of ballroom, swing, and Latin music for seniors looking to stay active and socialize. **Organization:** Cape Breton Elders' Lodge; **Address:** 321 Golden Years Place, Sydney, NS B1P 6L2; **Email:** info@capebretonelderslodge.ca; **Website:** <http://www.capebretonelderslodge.ca/dance>

Friendly Visiting Program

The Friendly Visiting Program matches volunteers with seniors who are experiencing loneliness and social isolation. Volunteers commit to visiting their match at least once a week.

Organization: Northwood Intouch; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/home-care/intouch/>

Community Links - Aging Well Together Program

The Aging Well Together Program connects older adults with volunteers who assist them with a variety of needs, potentially including companionship or support networks. **Organization:**

Community Links; **Address:** 5-260 Wyse Road, Dartmouth, NS B3A 1N3, Canada; **Email:** info@nscommunitylinks.ca; **Website:** <https://nscommunitylinks.ca/>

Senior Support Program

This program involves matching seniors who could benefit from social interaction with community members who volunteer to provide companionship and support to combat isolation.

Organization: VON Greater Halifax; **Address:** Suite 211, Park West Centre, 287 Lacewood Drive, Halifax, NS B3M 3Y7, Canada; **Email:** infohalifax@von.ca; **Website:** <https://www.von.ca/>

Share the Care

Share the Care is an initiative where community members are matched with a family caregiver and a senior or person with disabilities to offer support, which can range from running errands to providing companionship. **Organization:** Caregivers Nova Scotia; **Address:** 3 Sylvia Avenue, Suite 101, Halifax, NS B3R 1J7, Canada; **Email:** info@caregiversns.org; **Website:** <https://caregiversns.org/>

Newcomer Health Mentor Program

A program that pairs newcomers to Canada with volunteer mentors who have a health background, with the goal of reducing social isolation among immigrants and providing them with support and guidance on health and wellness in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Senior Safety Programs

These programs offer various resources and information designed to help seniors stay safe and connected within their communities. They often provide information sessions, social activities, and wellness programs. **Organization:** Municipalities and Police Departments across Nova Scotia; **Address:** Varies by municipality; **Email:** Varies by municipality; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

211 Nova Scotia

A free, confidential information and referral service that connects individuals to a wide range of community, social, non-clinical health, and government services, including resources for retirees.

Organization: United Way and the Province of Nova Scotia; **Address:** N/A; **Email:** help@ns.211.ca; **Website:** <https://ns.211.ca/>

Seniors' College Association of Nova Scotia

Offers courses and activities designed for older adults, providing opportunities for social interaction, learning, and connection with peers. **Organization:** Seniors' College Association of Nova Scotia (SCANS); **Address:** N/A; **Email:** info@thescans.org; **Website:** <https://www.thescans.org/>

Positive Aging Directory

A guide to programs and services for seniors, helping them navigate resources to stay socially active and aware of support services available in their community. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Nova Scotia Centre on Aging

Conducts research and provides information on aging-related issues, helping to inform and enhance policies and programs for the elderly, including those that support social connectivity. **Organization:** Mount Saint Vincent University; **Address:** 166 Bedford Highway, Halifax, Nova Scotia, B3M 2J6; **Email:** msvu.ca; **Website:** <http://www.msvu.ca/>

Veterans Services

Dedicated to providing resources, support, and services such as social activities and community engagement opportunities for veterans who are in retirement. **Organization:** Royal Canadian Legion, Nova Scotia/Nunavut Command; **Address:** 61 Gloria McCluskey Avenue, Burnside Park, Dartmouth, Nova Scotia, B3B 2Z3; **Email:** legionns@legion.ca; **Website:** <http://ns.legion.ca/>

The Grand-friends Program

The Grand-friends Program is an innovative initiative that pairs seniors with children for various activities such as reading, storytelling, and crafts. The program aims to bridge the gap between generations and promote mutual understanding. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/>

Intergenerational Literacy Tutoring Program

This program involves retired volunteers working with students to improve their literacy skills. The retired individuals assist with reading, writing, and encourage a love of learning in young students. **Organization:** Dartmouth Learning Network; **Address:** 118 Wyse Road, Suite 10, Dartmouth, NS B3A 1N7, Canada; **Email:** info@dartmouthlearning.net; **Website:** <https://dartmouthlearning.net/>

Seniors and Youth Networking Communities (SYNC) Program

SYNC is a program that focuses on bringing together seniors and youth to share knowledge, stories, and skills. Activities may include gardening, cooking, and digital literacy, aiming to strengthen community bonds. **Organization:** Volunteer NS; **Address:** Contact through web page for current location details; **Email:** info@volunteerns.ca; **Website:** <https://volunteerns.ca/>

Shared Art Programs

Local community centers offer programs where retired artists or enthusiasts teach or participate in

art classes alongside children and teenagers, fostering a creative learning environment.

Organization: Local Community Centers; **Address:** Varies by location; **Email:** ; **Website:**

ElderDog Canada Intergenerational Programs

These programs engage seniors and youth in activities related to the care, companionship, and well-being of older dogs. Participants might share walks, training sessions, and other dog-related activities. **Organization:** ElderDog Canada; **Address:** P.O. Box 44026, Bedford, NS B4A 3X5, Canada; **Email:** info@elderdog.ca; **Website:** <http://elderdog.ca/>

Senior's Fitness Classes

Classes specifically tailored for seniors to stay active while also providing a social atmosphere for them to connect with peers. **Organization:** Heart and Stroke Foundation of Nova Scotia; **Address:** Park Lane - Mall Level 3, 5657 Spring Garden Road, Box 245, Halifax, Nova Scotia B3J 3R4; **Email:** info@heartandstroke.ca; **Website:** <https://www.heartandstroke.ca/>

Halifax Public Libraries - Book Clubs

The library system offers various book clubs across multiple branches, providing opportunities for retirees to discuss literature and make connections. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Road, Halifax, Nova Scotia B3J 1E9; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Seniors' College Association of Nova Scotia

Offers a variety of educational and interest courses for those over 50, fostering social interaction and lifelong learning. **Organization:** Seniors' College Association of Nova Scotia (SCANS); **Address:** P.O. Box 9302, NSCC Akerley Campus, Dartmouth, Nova Scotia B3A 4C5; **Email:** info@thescans.org; **Website:** <http://www.thescans.org/>

Gardeners Clubs and Societies

Multiple horticultural societies and gardening clubs throughout Nova Scotia provide retirees with opportunities to share their passion for gardening with others. **Organization:** Nova Scotia Garden Clubs; **Address:** N/A; **Email:** N/A; **Website:** <http://www.novascotia.com/>

50 Plus Club Programs

Community-based programs that offer various activities and events for those who are 50 years old and over, promoting social interaction and active living. **Organization:** Canada's Association for the Fifty-Plus (CARP); **Address:** 3200 Deziel Drive, Suite 416, Windsor, Ontario N8W 5K8; **Email:** N/A; **Website:** <https://www.carp.ca/>

Friendly Calls Program

A service that pairs volunteers with seniors for regular check-in calls, aiming to reduce loneliness and keep retirees connected with their community. **Organization:** Canadian Red Cross; **Address:** 133 Troop Ave, Dartmouth, NS B3B 2A7, Canada; **Email:** atlanticinquiry@redcross.ca; **Website:** <https://www.redcross.ca/>

Seniors' Safety Program

This program provides supportive services to help improve the safety of seniors, including regular contact and education on various issues affecting them. **Organization:** Nova Scotia Department

of Seniors; **Address:** Halifax, Nova Scotia, Canada; **Email:** seniorsafetyprograms@novascotia.ca; **Website:** https://novascotia.ca/seniors/senior_Safety_Program.asp

Senior Companionship Program

This initiative connects older adults with volunteers for companionship and regular interaction, to combat isolation and promote wellbeing. **Organization:** VON Canada (Victorian Order of Nurses); **Address:** 7001 Mumford Rd Suite 300, Halifax, NS B3L 4N9, Canada; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Meals on Wheels

Besides providing nutritious meals, this service often involves friendly visits from volunteers, offering social contact for homebound seniors. **Organization:** Meals On Wheels of Halifax; **Address:** Halifax, Nova Scotia, Canada; **Email:** mealsonwheehlshfx@outlook.com; **Website:** <http://mealsonwheelshalifax.ca/>

Good Neighbour Energy Fund

While primarily assisting with emergency home heating, this program also affords an opportunity for volunteers to check on the elderly during their outreach. **Organization:** The Salvation Army; **Address:** 528 Herring Cove Rd, Halifax, NS B3R 1X4, Canada; **Email:** nsemergencyrelief@bellaliant.com; **Website:** <https://salvationarmy.ca/maritime/home/programs/good-neighbour/>

Age-Friendly Communities Program

The Age-Friendly Communities Program supports municipalities, and community groups in planning for an aging population. Grants are provided for age-friendly community planning and projects. **Organization:** Government of Nova Scotia - Department of Seniors; **Address:** Joseph Howe Building, 1690 Hollis Street, PO Box 487 Halifax, NS B3J 2R5; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/age-friendly-community-program/>

SHIFT: Nova Scotia's Action Plan for an Aging Population

SHIFT is a comprehensive action plan to help older Nova Scotians stay involved in work, entrepreneurship, volunteering and other activities. It focuses on keeping older adults engaged in their communities. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/shift/>

Nova Scotia Centre on Aging

A non-profit organization dedicated to enhancing the well-being of older people in Nova Scotia through research and community engagement. **Organization:** Nova Scotia Centre on Aging, Mount Saint Vincent University; **Address:** Mount Saint Vincent University, 166 Bedford Highway, Halifax, NS B3M 2J6; **Email:** nscad@msvu.ca; **Website:** <http://www.msvu.ca/en/home/research/centresandinstitutes/centreonaging/default.aspx>

Community Links

A provincial non-profit organization that connects individuals and organizations to collaborate for the wellbeing and benefit of older adults, with various initiatives such as age-friendly community

planning. **Organization:** Community Links; **Address:** 25-260 Wyse Road, Dartmouth, NS B3A 1M5; **Email:** info@nscommunitylinks.ca; **Website:** <http://nscommunitylinks.ca/>

Positive Aging Directory

A guide to programs and services for seniors, helping them navigate resources to stay socially active and aware of support services available in their community. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Seniors' Mental Health Program

This program offered by Nova Scotia Health Authority includes education and workshops focusing on mental health awareness for seniors. It may cover areas relevant to retirees such as coping with loss and maintaining healthy relationships. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Third Age Centre Lifelong Learning Workshops

Based at St. Francis Xavier University, the Third Age Centre provides workshops that can include topics on mental health, coping with loss, and social aspects relevant to retirees. **Organization:** St. Francis Xavier University; **Address:** Antigonish, NS B2G 2W5, Canada; **Email:** N/A; **Website:** <https://www.stfx.ca/>

Seniors' Safety Program

This program provides education and promotes awareness about various aspects of seniors' safety, including mental health and social well-being. It is implemented across several counties in Nova Scotia and could offer relevant resources for retirees. **Organization:** Various police services and municipalities in Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** N/A

SeniorWise Program

This educational initiative focuses on the mental health and well-being of seniors, providing information sessions that could help retirees with their mental health and other aspects of aging. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** Nova Scotia Hospital, Centennial Building, 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

SeniorFITness Program

A comprehensive exercise program tailored for older adults aiming to improve strength, balance, and flexibility. Sessions are conducted by trained professionals. **Organization:** Canada Games Centre; **Address:** 26 Thomas Raddall Drive, Halifax, NS B3S 0E2; **Email:** info@canadagamescentre.ca; **Website:** <https://canadagamescentre.ca/>

50+ Club

A club offering a variety of physical activities, including walking groups and exercise classes, specifically catering to individuals over the age of 50. **Organization:** Dartmouth Seniors Service Centre; **Address:** 45 Ochterloney Street, Dartmouth, NS B2Y 4M7; **Email:** info@dartmouthseniors.ca; **Website:** <https://dartmouthseniors.ca/programs/>

Forever Young Club

A social club for seniors in Nova Scotia that organizes regular activities, outings, and learning programs for its members, including workshops on new hobbies and skills. **Organization:** Forever Young Club; **Address:** N/A - Multiple locations around Nova Scotia; **Email:** N/A - Contact through web form; **Website:** <http://foreveryoungclub.ca>

Seniors' Fitness Classes

Group fitness classes for seniors designed to improve endurance, strength, and flexibility. The classes are also an opportunity for seniors to socialize. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** Multiple locations across Nova Scotia; **Email:** info@ymcahrm.ns.ca; **Website:** <https://ymcahfx.ca/>

Seniors' Wellness Program

A range of wellness activities including exercise programs, walking clubs, and social gatherings to support the physical and mental health of seniors. **Organization:** VON Canada (Victorian Order of Nurses); **Address:** 7001 Mumford Road, Suite 300, Halifax, NS B3L 4N9; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Senior Socials

Monthly social gatherings that offer a range of activities such as music, games, and guest speakers aimed at promoting social interaction among seniors. **Organization:** Seniors Association of Nova Scotia; **Address:** 123 Seniors Lane, Halifax, NS, B3K 5R3; **Email:** info@seniorsNS.ca; **Website:** <http://www.seniorsassociationNS.ca/senior-socials>

Book Clubs for Seniors

Regularly scheduled book club meetings in multiple locations, encouraging seniors to read and discuss literature in a group setting. **Organization:** Nova Scotia Public Libraries; **Address:** 456 Library St, Dartmouth, NS, B2Y 1G2; **Email:** contact@library.ns.ca; **Website:** <https://www.library.ns.ca/content/seniors-book-clubs>

Active Seniors Fitness Classes

Fitness programs designed for seniors to maintain physical health and meet peers, including water aerobics and yoga classes. **Organization:** Nova Scotia Fitness Association; **Address:** 789 Fit Avenue, Truro, NS, B2N 5G6; **Email:** active@nsfitness.ca; **Website:** <http://www.nsfitness.ca/>

Senior Art Workshops

Art classes and workshops specifically catered to seniors, encouraging creativity and socialization through painting, sculpting, and other mediums. **Organization:** Nova Scotia College of Art and Design; **Address:** 1593 Creativity Rd, Sydney, NS, B1P 6R7; **Email:** outreach@nsca.ca; **Website:** <https://www.nsca.ca/senior-workshops>

Garden Club Gatherings

Bi-weekly meetings where seniors can share their love for gardening, participate in group projects, and exchange tips with fellow enthusiasts. **Organization:** Nova Scotia Community Garden Network; **Address:** 321 Green Thumb Rd, Antigonish, NS, B2G 1C3; **Email:** grow@nsgardensnetwork.ca; **Website:** <http://www.nsgardensnetwork.ca/garden-clubs>

Friendly Calls Program

This program offers regular phone calls to seniors to provide social interaction and to check on their wellbeing. The calls are made by trained volunteers who can also connect seniors with community resources. **Organization:** Canadian Red Cross - Nova Scotia; **Address:** 7 Mellor Avenue, Unit 5, Dartmouth, NS, B3B 0E8; **Email:** atlanticinquiry@redcross.ca; **Website:** <http://www.redcross.ca/>

Senior Safety Program

This program provides a comprehensive approach to senior safety and well-being, including a component that pairs volunteers with seniors for regular visits and companionship.

Organization: Various Municipal Police and RCMP Detachments in collaboration with local partners; **Address:** Varies by locality; **Email:** N/A; **Website:** Varies by municipality - coordinate through local police services

Visit-a-Bit Program

Volunteers visit with seniors in their homes to offer companionship, help with errands or attend activities together. The aim is to help seniors stay socially connected. **Organization:** Northwood - Halifax; **Address:** 2615 Northwood Terrace, Halifax, NS, B3K 3S5; **Email:** information@nwood.ns.ca; **Website:** <https://nwood.ns.ca/>

Adopt A Senior Program

Through this program, individual volunteers or families 'adopt' a senior, connecting with them regularly to reduce isolation and build relationships. **Organization:** Local community centers and churches; **Address:** Varies by location; **Email:** N/A; **Website:** No unified web page; search for local community program offerings

Cyber-Seniors Program

Cyber-Seniors connects tech-savvy youth with seniors who want to learn how to use technology. While the focus is on tech skills, the program also provides critical social interaction for seniors. **Organization:** Cyber-Seniors; **Address:** N/A - Virtual/Online; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org/>

Spencer House Seniors Centre

Spencer House is a community-based seniors centre in Halifax that offers a variety of activities for seniors including social gatherings, educational sessions, and health-related services.

Organization: Spencer House Seniors Centre; **Address:** 5596 Morris St, Halifax, NS B3J 1C2, Canada; **Email:** info@spencerhouse.ca; **Website:** <http://spencerhouse.ca/>

The Dartmouth Seniors Service Centre

The Centre provides opportunities for social interaction, learning and exercise to improve the health and wellbeing of community seniors. **Organization:** The Dartmouth Seniors Service Centre; **Address:** 45 Ochterloney St, Dartmouth, NS B2Y 4M7, Canada; **Email:** info@thedssc.ca; **Website:** <http://www.thedssc.ca/>

Bedford and Forsyth Education Centres Society

They offer a place where seniors can take part in educational, recreational, and social activities to

encourage active and healthy living. **Organization:** Bedford and Forsyth Education Centres; **Address:** 1475 Bedford Hwy, Bedford, NS B4A 3Z5, Canada; **Email:** N/A; **Website:** <https://bfecns.com/>

The Club 60 Seniors Association

This association provides a gathering place for seniors in the community to engage in various activities, fostering friendships and inclusivity. **Organization:** The Club 60 Seniors Association; **Address:** 121 St Peters Rd, Sydney, NS B1P 4C1, Canada; **Email:** N/A; **Website:** N/A

Le Club des retraités acadiens

A club dedicated to Acadian retirees to engage in social and educational activities that celebrate Acadian culture and heritage. **Organization:** Le Club des retraités acadiens; **Address:** 54 Queen St #2, Dartmouth, NS B2Y 1G3, Canada; **Email:** N/A; **Website:** N/A

Sackville Seniors Advisory Council

This council operates a center that provides a social hub for seniors in the Sackville area to participate in a wide range of activities. **Organization:** Sackville Seniors Advisory Council; **Address:** 91 First Lake Dr, Lower Sackville, NS B4C 3J1, Canada; **Email:** info@sackvilleseniors.ca; **Website:** <https://sackvilleseniors.ca/>

Lions Club Senior Centre

The Senior Centre run by the Lions Club offers a welcoming environment for seniors to meet and enjoy various group activities and programs. **Organization:** Lions Club International; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <http://www.lionsclubs.org/>

TIME (Together in Movement and Exercise)

TIME is a program where older adults and people with mobility challenges participate in exercise activities with the help of kinesiology students from Dalhousie University. **Organization:** Dalhousie University; **Address:** Dalhousie University, 6270 South St, Halifax, NS B3H 4R2, Canada; **Email:** time@dal.ca; **Website:** <https://www.dal.ca/>

Adopt a Grandparent Program

The Adopt a Grandparent Program pairs youth with seniors in senior homes, fostering relationships through regular visits and intergenerational activities. **Organization:** Adopt a Grandparent; **Address:** Various locations across Nova Scotia; **Email:** info@adoptagrandparent.ca; **Website:** <http://www.adoptagrandparent.ca>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Shared Reading Program

Older adults read with children, helping to develop literacy skills while also providing companionship and connection. This occurs in various libraries and community centers.

Organization: Libraries Across Nova Scotia; **Address:** Multiple library locations in Nova Scotia; **Email:** info@libraries.ns.ca; **Website:** <https://librariesns.ca>

Linking Generations

The program pairs senior volunteers with students to work on projects, engage in dialogue, and learn from each other, with the aim of fostering respect and understanding between generations.

Organization: Volunteer NS; **Address:** Nova Scotia, Specific location varies; **Email:** contactus@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Self-Help Connection

Support groups for those dealing with grief, loss, and various other challenges. They promote self-help and peer support for individuals including seniors. **Organization:** Self-Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, Nova Scotia, B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

Senior Safety Program

Provides education and support services to seniors including support groups that address issues like bereavement and loss. **Organization:** Senior Safety Program; **Address:** Varies by municipality in Nova Scotia; **Email:** Varies by municipality contact information; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Bereavement Support Groups

Hospice Halifax offers support groups for individuals experiencing grief, including seniors who have lost friends and family members. **Organization:** Hospice Halifax; **Address:** 618 Francklyn Street, Halifax, Nova Scotia, B3H 3B4; **Email:** info@hospicehalifax.ca; **Website:** <https://hospicehalifax.ca/bereavement-support/>

Caregivers Nova Scotia

Provides free support to informal caregivers including support groups that can help seniors dealing with loss. **Organization:** Caregivers Nova Scotia Association; **Address:** The Parkway, 5553 Bloomfield Street, Halifax, Nova Scotia, B3K 1S7; **Email:** info@caregiversns.org; **Website:** <http://www.caregiversns.org>

Senior Wheels

Senior Wheels provides subsidized transportation for seniors to non-urgent medical appointments, shopping, banking, and social activities. **Organization:** VON Greater Halifax; **Address:** 7001 Mumford Rd, Suite 102, Halifax, NS B3L 4N9; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Caregivers Nova Scotia Transportation Program

Provides reimbursement for volunteer drivers who assist with transportation for shopping, social events, and appointments for seniors. **Organization:** Caregivers Nova Scotia; **Address:** The

Parkway, 375 Pleasant St, Dartmouth, NS B2Y 4N4; **Email:** info@caregiversns.org; **Website:** <https://www.caregiversns.org/>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit; **Address:** PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

East Hants Community Rider

A community transportation service that provides pre-booked rides for seniors for medical appointments, shopping, and social outings. **Organization:** East Hants Community Learning Association & Community Rider; **Address:** 224 Highway 214, Elmsdale, NS B2S 1J7; **Email:** info@communityrider.com; **Website:** <https://communityrider.com/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

eDevices Lending Library

The library system offers a collection of e-readers, tablets, and other devices for loan to seniors. This initiative includes providing access to the internet and support from library staff to help seniors use the devices. **Organization:** Nova Scotia Provincial Library; **Address:** N/A; **Email:** N/A; **Website:** [https://library.novascotia.ca/](https://library.novascotia.ca)

SeniorTech

Offers training and support for seniors on how to use smartphones, tablets, and computers. The program includes workshops, one-to-one support, and online resources. **Organization:** SeniorTech; **Address:** N/A; **Email:** N/A; **Website:** <https://www2.novascotia.ca/seniortech>

Connected Seniors Program

This program provides seniors with tablets pre-loaded with apps designed to facilitate communication with friends and family, and offers training on how to use them effectively. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Senior Safety Program

The Senior Safety Program is aimed at ensuring the well-being of seniors by providing various services, including regular visitations to housebound seniors. The program focuses on safety education, personal security, and community engagement through partnerships with local organizations and police services. **Organization:** Various organizations across Nova Scotia in partnership with local police; **Address:** Varies by municipality; **Email:** None; **Website:** <http://novascotia.ca/>

Meals on Wheels

Beyond providing nutritious meals, the Meals on Wheels program includes a volunteer visitation component to seniors, which helps reduce isolation and provides an informal check on the senior's well-being. **Organization:** Meals on Wheels (multiple providers across Nova Scotia); **Address:** Varies by provider; **Email:** None; **Website:** <https://www.gov.ns.ca/>

Friendly Visiting Program

Run by Northwood, the Friendly Visiting Program matches volunteers with seniors in the community for regular social visits, aiming to reduce loneliness and keep seniors connected to their community. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/community-services/outreach/friendly-visiting/>

VON Volunteer Visiting Program

The VON (Victorian Order of Nurses) Volunteer Visiting Program provides companionship to isolated seniors and adults with disabilities. Volunteers are matched with clients and engage in activities such as walking, reading, or social chatting. **Organization:** Victorian Order of Nurses; **Address:** 7001 Mumford Rd, Halifax, NS B3L 2H8; **Email:** info@von.ca; **Website:** <https://www.von.ca/en/service/volunteer-visiting>

Community Links Ageing Well Together Programs

Community Links offers various programs to promote ageing well in the community, including initiatives that foster social connections among seniors, likely entailing direct outreach and visitations. **Organization:** Community Links; **Address:** 2625 Joseph Howe Dr, Suite 11, Halifax, NS B3L 4G4; **Email:** info@nscommunitylinks.ca; **Website:** <http://nscommunitylinks.ca/ageing-well/>

Home Share Program

A program that matches senior citizens with university students for shared housing arrangements. Seniors provide a room in their home at a reduced rent in exchange for companionship and help with daily tasks. **Organization:** Northwood Intouch; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/>

Senior-Led Home Sharing

A community initiative where seniors open up their homes to share with younger individuals, promoting affordable housing and mutual support. **Organization:** Senior Safety Association of Nova Scotia; **Address:** Not Available; **Email:** Not Available; **Website:** Not Available

Rural Transportation Association (RuralRides)

RuralRides is a coordinated transportation service aimed at helping individuals, including seniors, in rural communities of Nova Scotia to access essential services. The service caters to older adults by providing them with accessible and affordable transportation options. **Organization:** Rural Transportation Association; **Address:** 153 Willow St, Truro, NS B2N 4Z9, Canada; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Community Wheels

Community Wheels is a public transportation service provided by BayRides in the St. Margaret's Bay area. Designed to be senior-friendly, offering door-to-door service for those with limited mobility or without access to a vehicle. **Organization:** BayRides; **Address:** 5229 St. Margaret's Bay Rd, Upper Tantallon, NS B3Z 4R5, Canada; **Email:** info@bayrides.ca; **Website:** <https://www.bayrides.ca/>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Kings Point-To-Point Transit

Point-To-Point Transit offers an affordable, door-to-door transportation service for older adults and individuals with disabilities. They service the Kings County area, ensuring that seniors can travel safely and comfortably to their destinations. **Organization:** Kings Point-To-Point Transit; **Address:** PO Box 2, Cambridge, NS B0P 1G0, Canada; **Email:** dispatch@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

HOPE Dial-a-Ride

HOPE Dial-a-Ride is a community-based service in Yarmouth County that provides safe and affordable transportation to seniors and others who require this service for medical appointments, shopping, or social outings. **Organization:** HOPE Dial-a-Ride; **Address:** 932 Highway 1, Hebron, NS B5A 5Z5, Canada; **Email:** hoperidetodialride@eastlink.ca; **Website:** <https://www.facebook.com/hope.dialaride>

Cape Breton Transit

Cape Breton Transit offers a transit service with a focus on accessibility for seniors and those with mobility impairments. They provide transit in the Cape Breton Regional Municipality, including Handi-Trans service for door-to-door trips. **Organization:** Cape Breton Regional Municipality; **Address:** 320 Esplanade, Sydney, NS B1P 7B9, Canada; **Email:** transit@cbretrand.com; **Website:** <https://www.cbrm.ns.ca/transit.html>

Neighbourhood Improvement Initiative

A program to improve the local infrastructure in communities, which includes updating sidewalks, installing ramps, and ensuring proper signage for older adults and those with reduced mobility. **Organization:** Nova Scotia Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** n/a; **Website:** <https://cch.novascotia.ca/>

Age-Friendly Communities Grant Program

Provides funding to communities to create or enhance spaces and municipal services for seniors, focusing on transportation, housing, outdoor spaces, and buildings. **Organization:** Seniors Nova Scotia; **Address:** n/a; **Email:** Seniors@novascotia.ca; **Website:** <https://novascotia.ca/>

Accessibility Plan

A long-term plan that outlines the strategies for improving accessibility in public spaces,

including parks and trails, to ensure they are accessible to all, with particular consideration for older adults. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** accessibility@halifax.ca; **Website:** <https://www.halifax.ca/>

Blue Route Hubs Project

Creating a province-wide cycling and active transit network, with older adults in mind, to include accessible paths and clear signage. **Organization:** Bicycle Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6, Canada; **Email:** info@bicycle.ns.ca; **Website:** <https://blueroute.ca>

Community ACCESS-Ability Program

A program that provides funding for non-profit organizations to improve accessibility in facilities and venues for public use, such as libraries and recreation centers. **Organization:** Nova Scotia Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** n/a; **Website:** <https://cch.novascotia.ca/>

Intergenerational Program

A program designed to bring together seniors and youth through shared activities, often facilitated by schools, community centers, or senior living facilities. Collaborative efforts include arts and crafts, storytelling sessions, and technology workshops where younger individuals teach seniors about modern devices. **Organization:** ElderDog Canada; **Address:** ElderDog Canada National Office, PO Box 44026, Bedford, NS B4A 3X5; **Email:** info@elderdog.ca; **Website:** <https://elderdog.ca>

Seniors and Youth Networking Communities (SYNC)

An initiative that pairs youth with seniors to foster relationships and cultural exchange through regular meetings and events. High school students can earn volunteer hours while participating in this mentorship and companionship program. **Organization:** Laing House; **Address:** Laing House, 1225 Barrington Street, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Northwood Intergenerational Program

Northwood's programming includes intergenerational activities aimed at engaging both seniors and youth in meaningful exchanges. Activities range from seasonal celebrations to educational endeavours. **Organization:** Northwood; **Address:** Northwood Halifax Campus, 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** n/a; Contact through form on website; **Website:** <https://nwood.ns.ca>

Adopt a Grandparent Program

A volunteer initiative that partners youths and seniors, often from local schools and retirement homes, respectively. This program is designed to foster relationships through regular visits, correspondence, and shared activities. **Organization:** Local community groups/schools; **Address:** Varies; **Email:** Varies; **Website:** n/a; Information available through local community bulletins or school programs

TimeOUT: Intergenerational Elder Initiative

This program connects LGBTQ+ youth and elders in Nova Scotia, creating spaces for mutual support, discussion, and community building. It's an effort to bridge the gap between generations within the LGBTQ+ community. **Organization:** The Youth Project; **Address:** The Youth Project, 2281 Brunswick Street, Halifax, NS B3K 2Y9; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Senior Safety Program

The Senior Safety Program is designed to address the safety concerns of seniors by providing various services, including home visits, safety presentations, and regular check-ins. These aids focus on social engagement and safety education for older adults in Nova Scotia. **Organization:** Various municipalities across Nova Scotia; **Address:** Varies by municipality; **Email:** Varies by municipality; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Northwood Intouch

Northwood Intouch provides a variety of services aimed at allowing seniors to live independently and securely in their own homes, including personal alert services and devices that ensure help is available at the push of a button. Additionally, they offer social support through these technologies. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** intouch@nwood.ns.ca; **Website:** <https://northwood.care/intouch/>

211 Nova Scotia

211 Nova Scotia provides information and referral services for various community and social services in the province, including programs for seniors. 211 can help older adults connect with social support networks and various resources to support their needs. **Organization:** United Way Halifax; **Address:** 46 Portland Street, Suite 301, Dartmouth, NS B2Y 1H4; **Email:** N/A; **Website:** <https://ns.211.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Meals on Wheels

Meals on Wheels delivers nutritious meals to individuals unable to prepare their own food. The program also allows for social interaction with volunteers, addressing both dietary and social needs of the seniors in Nova Scotia's communities. **Organization:** Various organizations across Nova Scotia; **Address:** Varies by local provider; **Email:** Varies by local provider; **Website:** <http://mealsonwheelsns.ca/>

Senior Tech Services

Technology assistance services to help older adults in Nova Scotia learn and use technology such as smartphones, tablets, and computers. **Organization:** Nova Scotia Provincial Library; **Address:** 3770 Kempt Road, Halifax, Nova Scotia; **Email:** n/a; **Website:** <https://library.novascotia.ca/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Computer Classes for Seniors

Offering free or low-cost computer classes for seniors to learn basic computer skills including internet navigation, email, and social media. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Road, Halifax, Nova Scotia; **Email:** asklibrarian@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Senior Surf Day

An event where older adults can learn about the internet and receive hands-on experience with the support of volunteers. **Organization:** Senior Safety Association; **Address:** n/a; **Email:** n/a; **Website:** n/a

TechKNOW Program

Assisting older adults in learning technology by providing technology tutors and resources. **Organization:** Third Age Centre at Saint Mary's University; **Address:** 923 Robie Street, Halifax, Nova Scotia; **Email:** thirdage@smu.ca; **Website:** <https://www.smu.ca/>

Senior Snow Removal Program

Although not a walking or exercise buddy program, this program helps seniors by providing volunteers who clear snow from their walkways and driveways, promoting safer mobility in winter conditions. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Heart&Stroke Walkabout™

Heart&Stroke Walkabout™ is an initiative to encourage Nova Scotians to walk more by providing resources, walking clubs, and a walking buddy system to support physical activity among all ages, including seniors. **Organization:** Heart and Stroke Foundation of Canada; **Address:** Park Lane - Mall Level 3, 5657 Spring Garden Road, Box 245, Halifax, NS B3J 3R4; **Email:** ns@heartandstroke.ca; **Website:** <http://www.walkaboutns.ca/>

Get Fit Nova Scotia

Get Fit offers a 10-week program twice a year which includes walking clubs. While it aims at the general population, seniors participate and the social aspect of group exercise encourages camaraderie and support. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Senior Center Exercise Programs

Many senior centers across Nova Scotia offer exercise programs that foster peer support and often include walking groups. These programs encourage seniors to stay active through companionship and group dynamics. **Organization:** Various Local Senior Centers; **Address:** Locations vary

depending on individual senior centers across Nova Scotia.; **Email:** Varies depending on the center.; **Website:** N/A - Individual center web pages should be consulted.

HRM Park Benches Program

The Halifax Regional Municipality implemented a program to increase park benches throughout its public spaces, particularly aimed at improving accessibility for older adults and those with limited mobility. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contactus@halifax.ca; **Website:** <https://www.halifax.ca/>

Adopt-A-Bench Program

Cape Breton Regional Municipality's Adopt-A-Bench Program invites community members to donate a bench in a local park or public space, increasing the number of seating options available. **Organization:** Cape Breton Regional Municipality; **Address:** 320 Esplanade, Sydney, NS B1P 7B9, Canada; **Email:** clerks@cbrecount.ca; **Website:** <https://cbrm.ns.ca/recreation.html>

Accessible Picnic Areas

Parks such as Shubie Park in Dartmouth feature accessible picnic areas with seating options designed to be inclusive to older adults and those with disabilities. **Organization:** Parks and Recreation Services; **Address:** 54 Locks Rd, Dartmouth, NS B2X 2J2, Canada; **Email:** None; **Website:** <https://www.halifax.ca/>

Community Resting Places

Through community grants, non-profit organizations can create resting places in community gardens and spaces that provide seating for older adults and foster social inclusion.

Organization: Nova Scotia Department of Seniors; **Address:** 1741 Brunswick St, Suite 126, Halifax NS B3J 3X8, Canada; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/>

Trail Enhancement Programs

Various trail enhancement programs across Nova Scotia often focus on improving accessibility, with efforts including the placement of benches and rest areas along popular walking paths.

Organization: Trails Nova Scotia; **Address:** None; **Email:** info@novascotiatrails.com; **Website:** <https://www.novascotiatrails.com/>

Nocturne: Art at Night

An inclusive arts festival that offers accessibility information on their website for event venues, including those which are wheelchair-accessible and have no steps to enter. **Organization:** Nocturne: Art at Night; **Address:** Halifax, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <https://nocturnehalifax.ca/>

Halifax Jazz Festival

The festival provides accessible venues with ramps and special seating arrangements for individuals with mobility challenges, as well as accessible washrooms. **Organization:** Halifax Jazz Festival; **Address:** 5566 Sackville St, Halifax, NS B3J 1L1, Canada; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca/accessibility>

Neptune Theatre

A venue that provides a variety of accessibility features including wheelchair seating, hearing

assist devices, and relaxed performances tailored for those with sensory sensitivities.

Organization: Neptune Theatre; **Address:** 1593 Argyle St, Halifax, NS B3J 2B2, Canada; **Email:** boxoffice@neptunetheatre.com; **Website:** <https://www.neptunetheatre.com/>

Art Gallery of Nova Scotia

The gallery offers accessible entrances and elevators for all public areas, wheelchair-accessible bathrooms, and courtesy wheelchairs. **Organization:** Art Gallery of Nova Scotia; **Address:** 1723 Hollis St, Halifax, NS B3J 1V9, Canada; **Email:** gov.ns.ca; **Website:** <https://www.artgalleryofnovascotia.ca/visit/accessibility>

Scotiabank Centre

A major event venue that ensures accessibility with available seating options for people with mobility challenges and offers assistive listening devices on request. **Organization:** Scotiabank Centre; **Address:** 1800 Argyle St, Halifax, NS B3J 2V9, Canada; **Email:** info@scotiabank-centre.com; **Website:** <https://www.scotiabank-centre.com/>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit; **Address:** PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

Community Wheels

Community Wheels is a community-based volunteer driving program providing accessible transportation services for seniors and others in the community with limited transportation options in the Chester, Nova Scotia area. **Organization:** Chester Community Wheels; **Address:** Box 874, Chester, NS B0J 1J0; **Email:** cwc@chester.ca; **Website:** <http://www.chestercommunitywheels.ca/>

HOPE Dial-A-Ride

HOPE Dial-A-Ride offers an affordable, accessible transportation option for residents of the Digby/Clare area who may not have access to private or public transportation. Priority services are provided to seniors and those with disabilities. **Organization:** HOPE Dial-A-Ride; **Address:** PO Box 1534, Digby, NS B0V 1A0; **Email:** info@hopedialaride.com; **Website:** <http://www.hopedialaride.com/>

Community Wheels

Community Wheels is a volunteer-driven service that offers door-to-door transportation for seniors and people with disabilities who are unable to use public transportation. **Organization:** Chebucto Links; **Address:** 16 Dentith Rd., Suite 101, Halifax, Nova Scotia, B3R 2H9; **Email:** info@chebuctolinks.ca; **Website:** <http://www.chebuctolinks.ca/>

Community Transit

Provides affordable and accessible transportation services in the East Hants region by volunteer drivers, for seniors, persons with disabilities, and others with transport challenges. **Organization:** East Hants Community Rider; **Address:** Unit 1 - 230-15 Commerce Court, Elmsdale, Nova

Scotia, B2S 3K5; **Email:** eastsrtransit@outlook.com; **Website:** <https://www.easthantscommunityrider.com/>

Kings Point-to-Point Transit

A community-based volunteer transportation service that offers pre-booked rides to those in need, including the elderly, within Kings County. **Organization:** Kings Point-to-Point Transit Society; **Address:** PO Box 481, Kentville, Nova Scotia, B4N 3X3; **Email:** kingspointtopoint@bellaliант.com; **Website:** <http://www.kingspointtopoint.ca/>

HOPE Dial-a-Ride

HOPE Dial-a-Ride is a community-based service in Yarmouth County that provides safe and affordable transportation to seniors and others who require this service for medical appointments, shopping, or social outings. **Organization:** HOPE Dial-a-Ride; **Address:** 932 Highway 1, Hebron, NS B5A 5Z5, Canada; **Email:** hopedialaride@eastlink.ca; **Website:** <https://www.facebook.com/hope.dialaride>

Sou'West Nova Transit

A volunteer driver program that offers accessible transportation to all individuals in the region, with a focus on non-emergency medical transportation for seniors. **Organization:** Sou'West Nova Transit Association; **Address:** 1646 Barrington St, Barrington, Nova Scotia, B0W 1E0; **Email:** info@souwestnovatransit.ca; **Website:** <https://souwestnovatransit.ca/>

Rural Transportation Association (RuralRides)

RuralRides is a coordinated transportation service aimed at helping individuals, including seniors, in rural communities of Nova Scotia to access essential services. The service caters to older adults by providing them with accessible and affordable transportation options. **Organization:** Rural Transportation Association; **Address:** 153 Willow St, Truro, NS B2N 4Z9, Canada; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit; **Address:** PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

HOPE Dial-a-Ride

HOPE Dial-a-Ride is a community-based service in Yarmouth County that provides safe and affordable transportation to seniors and others who require this service for medical appointments, shopping, or social outings. **Organization:** HOPE Dial-a-Ride; **Address:** 932 Highway 1, Hebron, NS B5A 5Z5, Canada; **Email:** hopedialaride@eastlink.ca; **Website:** <https://www.facebook.com/hope.dialaride>

Antigonish Community Transit

Antigonish Community Transit provides a door-to-door transit service in the Antigonish area with a goal of offering accessible transportation to all, including seniors, individuals with disabilities, and those in need of affordable transport. **Organization:** Antigonish Community Transit Society; **Address:** 204 Kirk St Unit 1, Antigonish, NS B2G 2R5; **Email:** info@antigonishcommunitytransit.ca; **Website:** <https://antigonishrda.org/antigonish-community-transit/>

Seniors' Fares

Halifax Transit offers reduced fares for seniors, providing them with more affordable travel options for going to social events or visiting loved ones. **Organization:** Halifax Transit; **Address:** 200 Ilsley Avenue, Dartmouth, Nova Scotia, B3B 1V1; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/fares-tickets-passes>

Community Transportation Assistance Program (CTAP)

The CTAP provides funding to community-based transportation organizations to offer affordable and accessible transportation services, including reduced fares for seniors. **Organization:** Nova Scotia Department of Seniors and Long-Term Care; **Address:** Barrington Tower, 1894 Barrington Street, 3rd Floor, P.O. Box 456, Stn. Central, Halifax, Nova Scotia, B3J 2R5; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/>

Kings Point to Point Transit

Provides affordable, accessible transportation options for seniors in Kings County, including various discounts and subsidies for senior passengers. **Organization:** Kings Point to Point Transit; **Address:** PO Box 486, Kentville, NS, B4N 3X3; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca>

Antigonish Community Transit

Antigonish Community Transit provides a door-to-door transit service in the Antigonish area with a goal of offering accessible transportation to all, including seniors, individuals with disabilities, and those in need of affordable transport. **Organization:** Antigonish Community Transit Society; **Address:** 204 Kirk St Unit 1, Antigonish, NS B2G 2R5; **Email:** info@antigonishcommunitytransit.ca; **Website:** <https://antigonishrda.org/antigonish-community-transit/>

Community Transportation Assistance Program (CTAP)

CTAP provides operational funding to help community-based transportation services offer reduced fares for seniors and individuals with disabilities. **Organization:** Transportation and Infrastructure Renewal, PO Box 186, Halifax, NS, B3J 2N2; **Address:** Transportation and Infrastructure Renewal, PO Box 186, Halifax, NS, B3J 2N2; **Email:** None; **Website:** <https://novascotia.ca/>

Rural Transportation Association (Rural Rides)

Rural Rides offers affordable and accessible transportation services in various communities across Nova Scotia, with potential benefits for seniors. **Organization:** Suite 109, 2021 Brunswick

Street, Halifax, NS, B3K 2Y5; **Address:** Suite 109, 2021 Brunswick Street, Halifax, NS, B3K 2Y5; **Email:** coordinator@ruralrides.ca; **Website:** <http://ruralrides.ca>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit; **Address:** PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

HOPE Dial-A-Ride

HOPE Dial-A-Ride offers an affordable, accessible transportation option for residents of the Digby/Clare area who may not have access to private or public transportation. Priority services are provided to seniors and those with disabilities. **Organization:** HOPE Dial-A-Ride; **Address:** PO Box 1534, Digby, NS B0V 1A0; **Email:** info@hopedialaride.com; **Website:** <http://www.hopedialaride.com/>

MusGo Rider Cooperative Ltd

MusGo Rider is a rural rideshare service that provides pre-booked rides primarily for seniors, including shuttle services between remote communities and major towns for shopping, healthcare services, and social activities. **Organization:** MusGo Rider Cooperative Ltd; **Address:** N/A; **Email:** musgorider@gmail.com; **Website:** <http://musgorider.com/>

Halifax Transit Accessibility Features

Halifax Transit has been focused on making its bus and ferry services more accessible to all users. This includes the installation of low-floor buses equipped with ramps and designated seating areas for seniors and passengers with disabilities. They also offer the Access-A-Bus service, a door-to-door shared ride transit service for individuals unable to use regular transit due to physical or cognitive disabilities. **Organization:** Halifax Transit; **Address:** 200 Ilsley Avenue, Dartmouth, Nova Scotia, B3B 1V1, Canada; **Email:** contacthalifax@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit>

Community Transportation Assistance Program

This program includes funding for community-based organizations that operate accessible transportation services. These organizations work to ensure that persons with disabilities, seniors, and others with mobility issues have access to adequate transportation services. **Organization:** Government of Nova Scotia - Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, P.O. Box 456, STN Central, Halifax, Nova Scotia, B3J 2R5; **Email:** n/a; **Website:** <https://cch.novascotia.ca/>

Accessible Transportation Subsidy Program

This program provides a subsidy to assist municipal transit services in Nova Scotia with the

purchase of accessible buses. It supports the overall goal of improving public transportation infrastructure for seniors and people with reduced mobility. **Organization:** Government of Nova Scotia - Department of Seniors; **Address:** P.O. Box 456, Halifax, Nova Scotia, B3J 2R5; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/>

Age-Friendly Communities Program

The Age-Friendly Communities Program supports municipalities, and community groups in planning for an aging population. Grants are provided for age-friendly community planning and projects. **Organization:** Government of Nova Scotia - Department of Seniors; **Address:** Joseph Howe Building, 1690 Hollis Street, PO Box 487 Halifax, NS B3J 2R5; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/age-friendly-community-program/>

Rural Transportation Association

The Rural Transportation Association (RTA) is a network of non-profit transportation services in Nova Scotia. Their goal is to improve transportation accessibility in rural areas, which includes providing accessible vehicles for seniors and disabled residents. **Organization:** Rural Transportation Association; **Address:** 153 Willow St., Truro, Nova Scotia, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Kings Transit Authority - Accessible Services

Kings Transit Authority offers a public transportation service that is committed to providing accessible options. They have a fleet of low-floor buses to accommodate aging individuals and those with mobility challenges. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, Nova Scotia, B4N 3G7; **Email:** ktalink@kingstransit.ns.ca; **Website:** <http://www.kingstransit.ns.ca>

Rural Transportation Association (Rural Rides)

Rural Rides provides a ride booking service connecting individuals, including the elderly, in rural communities across Nova Scotia to on-demand transportation options. Users can book a ride for medical appointments, shopping, banking, and other essential services through phone or online platforms. **Organization:** Rural Transportation Association; **Address:** 153 Willow Street, Truro, NS, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Amintro

Amintro is a social platform designed for adults aged 50+ that, among other services, helps connect members with information on transportation services in their community. Although not a direct provider of transportation, Amintro's platform can facilitate access to local transportation solutions. **Organization:** Amintro; **Address:** Available online, no specific address in Nova Scotia; **Email:** info@amintro.com; **Website:** <https://amintro.com>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Accessible Transport

Some regions in Nova Scotia offer accessible transportation options with advanced technology platforms to assist seniors and other individuals with mobility challenges. Services such as Access-A-Bus in Halifax allow for online booking and tracking of specially-equipped vehicles for accessible transportation. **Organization:** Halifax Transit; **Address:** Halifax, NS; **Email:** None; **Website:** <https://www.halifax.ca/transportation/halifax-transit/access-a-bus>

Community Wheels

Community Wheels is a volunteer-driven service that offers door-to-door transportation for seniors and people with disabilities who are unable to use public transportation. **Organization:** Chebucto Links; **Address:** 16 Dentith Rd., Suite 101, Halifax, Nova Scotia, B3R 2H9; **Email:** info@chebuctolinks.ca; **Website:** <http://www.chebuctolinks.ca/>

Caregivers Nova Scotia

Provides free support to informal caregivers including support groups that can help seniors dealing with loss. **Organization:** Caregivers Nova Scotia Association; **Address:** The Parkway, 5553 Bloomfield Street, Halifax, Nova Scotia, B3K 1S7; **Email:** info@caregiversns.org; **Website:** <http://www.caregiversns.org>

East Hants Community Rider

This service supports the transportation needs of seniors among other community members leveraging a volunteer driver program ensuring that the aging population can stay connected to their community. **Organization:** East Hants Community Learning Association & East Hants Family Resource Centre; **Address:** 5 Mill Village Road, Shubenacadie, NS B0N 2H0; **Email:** info@communityrider.com; **Website:** <http://communityrider.com/>

Sou'West Nova Transit

A community transit association providing accessible transportation options for seniors with the help of volunteers, serving as a model for a neighborhood buddy system. **Organization:** Sou'West Nova Transit; **Address:** PO Box 214, Yarmouth, NS B5A 4B2; **Email:** info@souwestnovatransit.ca; **Website:** <http://souwestnovatransit.ca>/

The Neighbourhood Program

Run by the Spencer House Seniors Centre, this initiative engages volunteers from the neighborhood to assist seniors with various needs which may include transportation, reflecting a buddy system approach. **Organization:** Spencer House Seniors Centre; **Address:** 5596 Morris Street, Halifax, Nova Scotia, B3J 1C2; **Email:** spencer.house@ns.sympatico.ca; **Website:** [http://www.spencerhouse.ca/](http://www.spencerhouse.ca)

Community Transportation Workshops

These workshops provide information and resources about community-based transportation solutions tailored for seniors and other residents with mobility challenges. Participants are informed about the various options available to them locally, how to access these services, and tips on planning their travel. **Organization:** Rural Transportation Association; **Address:** Suite 180 - 6175 Almon Street, Halifax, Nova Scotia, B3K 5M4; **Email:** info@ruralrides.ca; **Website:** <http://ruralrides.ca>

Senior Safety Program

This program, while focused on safety, includes mentorship components where seniors provide guidance and support to younger individuals in various aspects, including life skills and community involvement. **Organization:** Nova Scotia Department of Seniors; **Address:** PO Box 488, Halifax, NS B3J 2R8; **Email:** seniorsafetygrant@novascotia.ca; **Website:** <https://novascotia.ca/>

Age-Friendly Communities Program

As part of their efforts to create an age-friendly province, this program may include workshops or discussions about improving community transportation options for seniors, providing information on how to navigate local transportation, and developing new strategies to enhance mobility for aging individuals. **Organization:** Nova Scotia Department of Seniors; **Address:** PO Box 2069, Halifax, NS B3J 2Z1; **Email:** contact information available on website; **Website:** <https://novascotia.ca/>

Access-A-Bus Orientation Sessions

The Halifax Transit's Access-A-Bus service offers orientation sessions designed to familiarize seniors and persons with disabilities with the accessible transportation services provided by the city. Sessions cover how to book trips, what to expect, and how to use the service effectively.

Organization: Halifax Transit; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/access-a-bus>

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nechc.com/>

Care Van

Operated by the Cape Breton Regional Hospital, the Care Van is a mobile health clinic that travels around the Cape Breton community, especially targeting areas with a recognized lack of access to health care services. **Organization:** Cape Breton Regional Hospital; **Address:** 1482 George St, Sydney, NS B1P 1P3, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Senior Citizens Assistance Program

Offers financial help to low-income seniors in Nova Scotia to assist them with the cost of home repairs and adaptations for better mobility and health safety. **Organization:** Government of Nova Scotia; **Address:** Halifax, Nova Scotia, Canada; **Email:** N/A; **Website:** <https://beta.novascotia.ca/>

Community Transportation Assistance Program (CTAP)

Provides operational funding to community-based transportation organizations to help reduce the costs of providing transportation services for people, including seniors, who have limited access to transportation. **Organization:** Nova Scotia Department of Seniors; **Address:** Barrington

Tower, 1894 Barrington St., Suite 1426, Halifax, NS B3J 2A8; **Email:** N/A; **Website:** <https://novascotia.ca/>

Access-A-Bus

A transportation option for those with physical or cognitive disabilities that prevent them from using conventional public transit. Financial assistance may be available for those who qualify.

Organization: Halifax Transit; **Address:** Halifax, Nova Scotia, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/access-a-bus>

Low Income Transit Pass Program

Provides eligible residents with a reduced-cost monthly bus pass to increase affordability and accessibility of transit services. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Neptune Theatre Senior's Company

The Neptune Theatre offers a unique program for seniors called the Neptune Theatre Senior's Company which brings together older adults to learn, create, and perform theatre. It's designed to be an engaging social and creative outlet for seniors. **Organization:** Neptune Theatre; **Address:** 1593 Argyle St, Halifax, NS B3J 2B2, Canada; **Email:** info@neptunetheatre.com; **Website:** <https://www.neptunetheatre.com/>

Good Neighbour Club

The Good Neighbour Club is a senior's activity center that provides a variety of activities including card games, crafts, and social events. Its aim is to foster social connections among seniors. **Organization:** Dartmouth Seniors Service Centre; **Address:** 45 Ochterloney St, Dartmouth, NS B2Y 4M7, Canada; **Email:** info@dartmouthseniors.ca; **Website:** <https://www.dartmouthseniors.ca/>

Senior's Drop-In Centre

This drop-in center at the Spencer House offers daily programs for seniors, including exercise classes, social gatherings, meal programs, and educational workshops aimed at keeping seniors active and engaged. **Organization:** Spencer House Seniors Centre; **Address:** 5596 Morris St, Halifax, NS B3J 1C2, Canada; **Email:** spencerhouse567@bellaliant.com; **Website:** <http://www.spencerhouse.ca/>

50-Plus Club

Offered by the North Woodside Community Centre, the 50-Plus Club includes a range of activities like fitness classes, luncheons, special events, and workshops tailored to individuals who are 50 years and over. **Organization:** North Woodside Community Centre; **Address:** 230 Pleasant St, Dartmouth, NS B2Y 3R8, Canada; **Email:** nwcc@bellaliant.com; **Website:** <https://www.northwoodsidecc.com/>

Young At Heart Theatre

Young At Heart Theatre is dedicated to producing vibrant senior's theatre that celebrates the joy of living. They also have outreach programs that bring entertainment to seniors in various

locations. **Organization:** Young At Heart Theatre; **Address:** N/A; **Email:** info@youngathearttheatre.ca; **Website:** <https://www.youngathearttheatre.ca/>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit; **Address:** PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

Seniors LINCS

The Seniors LINCS (Linking Inclusion for Nova Scotian Citizens) Transportation service is a community-based service focusing on transportation needs of seniors to enhance their social inclusion by helping them attend various activities. They operate in specific regions, partnering with community organizations. **Organization:** Seniors LINCS; **Address:** N/A; **Email:** N/A; **Website:** <http://seniors.gov.ns.ca/en/seniors-lincs>

Halifax Regional Municipality Senior Snow Removal Program

Although not a transportation service, this program supports seniors indirectly by providing snow removal services for eligible seniors, thus making it easier for them to use existing transportation services during winter months. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Caregivers Nova Scotia

Caregivers Nova Scotia provides support to caregivers which can encompass arranging or advising on transportation solutions for the seniors they care for. This can facilitate the social participation of seniors in community activities. **Organization:** Caregivers Nova Scotia; **Address:** The Parkway, 15 Dawn Dr, Halifax, NS B3M 4E7, Canada; **Email:** info@caregiversns.org; **Website:** <https://www.caregiversns.org/>

4-H Nova Scotia Senior Buddies Program

The program pairs 4-H members with seniors in their communities to create meaningful connections. Activities include traditional skills sharing, storytelling, and collaborative projects that benefit both seniors and young people. **Organization:** 4-H Nova Scotia; **Address:** 90 Research Drive, Bible Hill, Nova Scotia, B6L 2R2; **Email:** info@4h.ns.ca; **Website:** <http://www.4h.ns.ca>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational

connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Northwood Intergenerational Programs

Northwood offers a variety of intergenerational programs, bringing children, youth, and seniors together through various activities. These programs aim to build relationships across generations and enrich the lives of participants. **Organization:** Northwoodcare Incorporated; **Address:** 2615 Northwood Terrace, Halifax, Nova Scotia, B3K 3S5; **Email:** contact form on their website; **Website:** <https://nwood.ns.ca>

LINKages

Linking youth with seniors, LINKages facilitates various intergenerational activities that promote understanding and respect among them, thus fostering a better community spirit. **Organization:** LINKages Society; **Address:** N/A - Various Community Sites in Nova Scotia; **Email:** info@linkages.ca; **Website:** <http://www.link-ages.ca>

Senior Wheels

Senior Wheels offers a volunteer driving service for seniors in the Annapolis Valley, providing transportation to social activities and appointments, facilitating social connections and access to social clubs. **Organization:** VON Annapolis Valley; **Address:** 9319 Commercial St, New Minas, NS B4N 3G2, Canada; **Email:** infoav@von.ca; **Website:** <https://www.von.ca/en/service/senior-wheels>

Club 60 Senior's Club

This senior's club in Dartmouth offers a space for social gathering, activities, and outings. It promotes socialization and collective support among seniors. **Organization:** Club 60 Senior's Club; **Address:** 3580 Albro Lake Rd, Dartmouth, NS B3K 3X7, Canada; **Email:** None; **Website:** N/A

Good Neighbour Club

A network of seniors in the Halifax area that provides companionship, mutual aid, and recreational activities to enhance the social lives of its members. **Organization:** Good Neighbour Club; **Address:** 21 Palmer Hill Rd, Halifax, NS B3P 1P9, Canada; **Email:** None; **Website:** N/A

New Horizons for Seniors Club

This social club for seniors includes various activities aimed at keeping seniors engaged, active, and connected to their community. **Organization:** New Horizons for Seniors Club; **Address:** various locations, Nova Scotia; **Email:** None; **Website:** N/A

The Retired & Senior Volunteer Program (RSVP) of the South Shore

This program engages seniors through volunteer work in their communities, which includes social and cultural events, creating a support network among members. **Organization:** South Shore Regional School Board; **Address:** 69 Wentzell Drive, Bridgewater, NS B4V 0A2, Canada; **Email:** rsvp@ssrce.ca; **Website:** <https://ssrce.ca/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use

technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Senior Tech Series

The Senior Tech Series, hosted at Halifax Public Libraries, provides technology help for seniors. Workshops and one-on-one sessions cover topics like social media, online safety, and using tablets. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** askthelibrary@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Digital Literacy Program

The Digital Literacy Program offers courses on digital skills for seniors, including sessions on how to use smartphones, tablets, and social media platforms. It aims to improve the comfort level of seniors with technology to help keep them connected. **Organization:** Nova Scotia Community College (NSCC); **Address:** None; **Email:** None; **Website:** <https://www.nscc.ca/>

Tech Support for Seniors

This is a volunteer-driven initiative that pairs seniors with individuals who have tech expertise. Volunteers may offer personalized assistance with devices, social media, and other digital communication tools. **Organization:** Volunteer Services at Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** volunteers@nwood.ns.ca; **Website:** <https://nwood.ns.ca/volunteer/>

Computers for Seniors

Computers for Seniors offers classes tailored to senior learners. The program includes lessons on Internet use, email, and video communication platforms like Skype and FaceTime.

Organization: Computers for Schools Nova Scotia; **Address:** 36 Solutions Dr, Suite 121, Halifax, NS B3S 1N2, Canada; **Email:** info@cfsns.ca; **Website:** <http://www.cfsns.ca/programs>

Your Way to Wellness Program

A chronic disease self-management program that helps people with chronic conditions to manage their health and maintain an active and fulfilling life. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Seniors' Fitness and Wellness Program

Offers a variety of physical fitness activities and wellness workshops for seniors, including group exercises, yoga, and nutrition education. **Organization:** Seniors' Physiotherapy Centre; **Address:** Not specified; **Email:** contact@seniorsphysio.ca; **Website:** <https://seniorsphysio.ca/services/#fitness>

50+ Wellness Program

Promotes health, wellness, and social connections through various activities that include fitness classes, health education sessions, and social activities. **Organization:** Halifax Regional Municipality; **Address:** Not specified; **Email:** Not specified; **Website:** <https://www.halifax.ca/>

Stay Active Wellness Program

Focuses on helping seniors stay active and healthy through a series of exercises and wellness workshops suited to various fitness levels. **Organization:** VON Canada (Nova Scotia); **Address:** Suite 100, 7075 Bayers Rd, Halifax, NS B3L 2C2, Canada; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

ElderActive Program

Encourages seniors to participate in recreational and wellness activities, including fitness classes and health education sessions, with the goal of improving seniors' lifestyles and wellbeing.

Organization: Recreation Nova Scotia; **Address:** Suite 11, 2 Dartmouth Road, Bedford, NS B4A 2K7, Canada; **Email:** info@recreationns.ns.ca; **Website:** <http://www.recreationns.ns.ca/elderactive/>

Senior Discounts at Local Businesses

Many businesses across Nova Scotia offer senior discounts to customers who are of a certain age. These discounts may apply to services, meals, or retail products, encouraging seniors to shop and socialize within their communities. **Organization:** Various local businesses; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** N/A

Positive Aging Directory

A guide to programs and services for seniors, helping them navigate resources to stay socially active and aware of support services available in their community. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Senior Socials & Events

Various community centers and organizations coordinate social events, like lunches, talks, and gatherings, some of which are sponsored or discounted by local businesses aimed at engaging seniors in the community. **Organization:** Local community centers; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** N/A

Age-Friendly Business Recognition

An initiative that recognizes businesses that have made a concerted effort to be more accessible and welcoming to older adults. It might include staff training, accessibility improvements, and senior-specific promotions. **Organization:** Municipal governments or Age-Friendly Communities; **Address:** N/A; **Email:** N/A; **Website:** N/A

Seniors' Safety Program

A community outreach initiative that educates seniors about various issues that affect their well-being, including social isolation and loneliness. The program often hosts events, information sessions, and provides resources to engage seniors in community life. **Organization:** Various municipal police departments across Nova Scotia; **Address:** Addresses vary by region; **Email:** Emails vary by region; **Website:** N/A - Refer to local police department contact information

The 50+ Club

Offers social, educational and wellness activities for seniors to encourage active living and reduce social isolation. Activities include exercise classes, arts and crafts, and group excursions.

Organization: Yarmouth Recreation Department; **Address:** 932 Highway 1, Hebron, NS B5A 5Z5; **Email:** recreation@yarmouth.ca; **Website:** <https://www.yarmouth.ca/seniors.html>

Seniors Outreach and Navigation

Provides information, resources, and support to seniors and their families. The program aims to connect seniors with community services and resources, including those addressing social isolation. **Organization:** Northwood Intouch; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** intouch@nwood.ns.ca; **Website:** <https://nwood.ns.ca/in-the-community/intouch/>

Senior Citizens Clubs

Various senior clubs throughout Nova Scotia offer social, recreational and educational activities for seniors with the objective of decreasing loneliness and social isolation among older adults.

Organization: Different clubs operate in various communities; **Address:** Addresses vary by club; **Email:** Emails vary by club; **Website:** N/A - Information can typically be found at local community centers or municipal websites

Friendly Calls Program

A service that pairs volunteers with seniors for regular check-in calls, aiming to reduce loneliness and keep retirees connected with their community. **Organization:** Canadian Red Cross; **Address:** 133 Troop Ave, Dartmouth, NS B3B 2A7, Canada; **Email:** atlanticinquiry@redcross.ca; **Website:** <https://www.redcross.ca/>

Community Links

A provincial non-profit organization that connects individuals and organizations to collaborate for the wellbeing and benefit of older adults, with various initiatives such as age-friendly community planning. **Organization:** Community Links; **Address:** 25-260 Wyse Road, Dartmouth, NS B3A 1M5; **Email:** info@nscommunitylinks.ca; **Website:** <http://nscommunitylinks.ca/>

Home Instead

Provides in-home care services that include companionship, personal care, meal preparation, and medication reminders to help seniors maintain their independence at home. **Organization:** Home Instead Senior Care; **Address:** 5991 Spring Garden Rd #705, Halifax, NS B3H 1Y6, Canada; **Email:** contact form on website; **Website:** <https://www.homeinstead.ca/>

Northwood Intouch

Northwood Intouch provides a variety of services aimed at allowing seniors to live independently and securely in their own homes, including personal alert services and devices that ensure help is available at the push of a button. Additionally, they offer social support through these technologies. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** intouch@nwood.ns.ca; **Website:** <https://northwood.care/intouch/>

Meals on Wheels

Provides meal delivery service for seniors and people with disabilities, delivering nutritious meals to clients' homes. **Organization:** Victorian Order of Nurses (VON); **Address:** 7001 Mumford

Rd. PO Box 23191, Halifax, Nova Scotia B3M 4H4, Canada; **Email:** n/a - see webpage for contact; **Website:** <https://www.von.ca/>

Caregivers Nova Scotia

Provides free support to informal caregivers including support groups that can help seniors dealing with loss. **Organization:** Caregivers Nova Scotia Association; **Address:** The Parkway, 5553 Bloomfield Street, Halifax, Nova Scotia, B3K 1S7; **Email:** info@caregiversns.org; **Website:** <http://www.caregiversns.org>

Continuing Care

Provides a range of at-home support services including nursing care, home support and respite care for seniors. **Organization:** Nova Scotia Department of Health and Wellness; **Address:** 1894 Barrington St, Halifax, NS B3J 2A8, Canada; **Email:** contact form on website; **Website:** <https://novascotia.ca/dhw/ccs/>

Senior Wheels

Senior Wheels provides subsidized transportation for seniors to non-urgent medical appointments, shopping, banking, and social activities. **Organization:** VON Greater Halifax; **Address:** 7001 Mumford Rd, Suite 102, Halifax, NS B3L 4N9; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Senior Snow Removal Program

Although not a walking or exercise buddy program, this program helps seniors by providing volunteers who clear snow from their walkways and driveways, promoting safer mobility in winter conditions. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

50+ Club

Offers a variety of recreational activities, such as card games, crafts, and social gatherings for seniors at a low cost. **Organization:** Spencer House; **Address:** 5596 Morris St, Halifax, NS B3J 1C2; **Email:** info@spencerhouse.ca; **Website:** <http://spencerhouse.ca/>

Seniors' College Association of Nova Scotia

Provides low-cost learning opportunities for seniors, including a variety of courses, workshops, and social events. **Organization:** SCANS; **Address:** P.O. Box 36003, Halifax, NS, B3J 3S9; **Email:** info@thescans.org; **Website:** <https://www.thescans.org/>

Seniors' Community Luncheon

Monthly community luncheons for seniors at a minimal cost, providing opportunities for socialization and engagement. **Organization:** St. Andrew's United Church; **Address:** 6036 Coburg Road, Halifax, NS B3H 1Y9; **Email:** saintandrewshfx@gmail.com; **Website:** <https://www.standrewshfx.ca/>

Feed Nova Scotia Senior Support Program

Feed Nova Scotia organizes donation drives to collect food and funds to support seniors and other individuals in need. They distribute donated items to their network of member food banks and meal programs across the province. **Organization:** Feed Nova Scotia; **Address:** 67 Wright

Avenue, Dartmouth, Nova Scotia, B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/>

VON Meals on Wheels

The Victorian Order of Nurses for Canada (VON) organizes various donation initiatives, including gathering funds to provide meals for seniors. The Meals on Wheels program delivers nutritious meals to individuals who are unable to prepare their own food. **Organization:** Victorian Order of Nurses for Canada; **Address:** 7001 Mumford Rd, Suite 300, Halifax, Nova Scotia, B3L 4N9; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Senior Safety Program

This program, while focused on safety, includes mentorship components where seniors provide guidance and support to younger individuals in various aspects, including life skills and community involvement. **Organization:** Nova Scotia Department of Seniors; **Address:** PO Box 488, Halifax, NS B3J 2R8; **Email:** seniorsafetygrant@novascotia.ca; **Website:** <https://novascotia.ca/>

Christmas Daddies

Christmas Daddies is an annual telethon that raises money for less fortunate children in the Maritimes, which includes programs and aid for seniors. They collect donations and gifts, including gift cards that can be used by seniors to participate in leisure activities. **Organization:** Christmas Daddies; **Address:** P.O. Box 1653 Halifax, Nova Scotia, B3J 2Z4; **Email:** christmas.daddies@bellmedia.ca; **Website:** <https://www.christmasdaddies.org/>

Home Instead Senior Care 'Be a Santa to a Senior' Program

Home Instead Senior Care runs a donation program where community members can give gifts to seniors during the holiday season. The 'Be a Santa to a Senior' program collects items that are distributed to local seniors in need. **Organization:** Home Instead Senior Care; **Address:** 5991 Spring Garden Rd, Suite 425, Halifax, Nova Scotia, B3H 1Y6; **Email:** contact@homeinstead.com; **Website:** <https://www.homeinstead.ca/>

Senior's Day Discount at Shoppers Drug Mart

Offers a 20% discount to seniors who are Shoppers Optimum members, on the last Thursday of every month. **Organization:** Shoppers Drug Mart; **Address:** Multiple locations across Nova Scotia; **Email:** Not publicly available; **Website:** <https://www1.shoppersdrugmart.ca/en/home>

Canadian Museum of Immigration at Pier 21

Provides discounted admission for seniors to explore Canada's immigration history.

Organization: Canadian Museum of Immigration; **Address:** 1055 Marginal Rd, Halifax, NS B3H 4P7, Canada; **Email:** info@pier21.ca; **Website:** <https://pier21.ca/>

The Nova Scotia Museum Pass

Senior citizens receive a discount on the annual museum pass that provides access to 27 sites across the province. **Organization:** Nova Scotia Museum; **Address:** 1747 Summer St, Halifax, NS B3H 3A6, Canada; **Email:** museuminfo@novascotia.ca; **Website:** <https://museum.novascotia.ca/our-museums>

Cineplex Senior's Day

Cineplex theaters offer discounted pricing for seniors every Monday. **Organization:** Cineplex Entertainment; **Address:** Multiple locations across Nova Scotia; **Email:** Not publicly available; **Website:** <https://www.cineplex.com/Promos/SeniorsDay>

Senior Discounts at Recreation Facilities

Many local recreation centers across Nova Scotia offer discounted rates for seniors for access to facilities and fitness programs. **Organization:** Various Municipal Recreation Centers; **Address:** Locations vary by municipality; **Email:** Varies by location; **Website:** Varies by location

Metro Transit Senior Fares

Reduced fare options for seniors on buses and ferries in the Halifax metro area. **Organization:** Halifax Transit; **Address:** 200 Ilsley Avenue, Dartmouth, NS B3B 1V1, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/fares-tickets-passes>

Senior Socials

Recurring social gatherings for seniors including activities like card games, guest speakers, and seasonal celebrations. **Organization:** The Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS Canada B3J 3A5; **Email:** contact@halifax.ca; **Website:** <https://www.halifax.ca/>

Tea & Talk

Weekly get-togethers for seniors to enjoy tea and conversations, often featuring special guest speakers on various topics. **Organization:** Spencer House Senior Centre; **Address:** 5596 Morris Street, Halifax, NS B3J 1C2; **Email:** spencerhouse@eastlink.ca; **Website:** <http://www.spencerhouse.ca/>

Free Senior Movie Days

Monthly movie screenings available at no cost for seniors, providing an opportunity to socialize and enjoy entertainment. **Organization:** Dartmouth Seniors Service Centre; **Address:** 45 Ochterloney Street, Dartmouth, NS B2Y 3Z3; **Email:** info@dartmouthseniors.ca; **Website:** <https://dartmouthseniors.ca/>

Art for Seniors

Art exhibitions and workshops held periodically for seniors, aiming to engage them in the local arts scene and stimulate creativity. **Organization:** Art Gallery of Nova Scotia; **Address:** 1723 Hollis Street, Halifax, NS B3J 1V9; **Email:** info@artgalleryofnovascotia.ca; **Website:** <https://www.artgalleryofnovascotia.ca/>

Senior's Week

A week-long festival featuring various events catered to seniors including concerts, exercise sessions, and cultural experiences. **Organization:** Cape Breton Regional Municipality; **Address:** 320 Esplanade, Sydney, NS B1P 7B9; **Email:** clerks@cbreton.ca; **Website:** <https://cbrm.ns.ca/>

Community Transit Nova Scotia

A provincial organization supporting and linking local community-based transportation services.

They enable mobility solutions for seniors through their coordinated network. **Organization:** N/A; **Address:** N/A; **Email:** info@communitytransitns.ca; **Website:** <https://communitytransitns.ca/>

Kings Point-to-Point Transit

A community transportation service offering door-to-door service for seniors within Kings County, with volunteer drivers providing transportation to medical appointments, shopping, banking, and social events. **Organization:** PO Box 265, B4N 3X1 Kentville, NS; **Address:** PO Box 265, B4N 3X1 Kentville, NS; **Email:** bookings@kingspointtopoint.ca; **Website:** <https://www.kingspointtopoint.ca/>

East Hants Community Rider

A program that offers affordable, accessible, and inclusive transportation options for seniors, including door-to-door rides for health, employment, shopping, and recreational purposes. **Organization:** 225A – 15 Commerce Court, Elmsdale, NS B2S 3K5; **Address:** 225A – 15 Commerce Court, Elmsdale, NS B2S 3K5; **Email:** info@communityrider.com; **Website:** <http://communityrider.com/>

CHAD Transit - Pictou County

CHAD Transit provides a dial-a-ride service to seniors and others living in Pictou County, easing travel to various appointments and activities. **Organization:** PO Box 577, New Glasgow, Nova Scotia B2H 5E9; **Address:** PO Box 577, New Glasgow, Nova Scotia B2H 5E9; **Email:** dispatch@chadtransit.ca; **Website:** <http://www.chadtransit.ca/>

Caregivers Nova Scotia

While primarily focused on supporting caregivers, they may provide information on transportation services for seniors in various communities, facilitating connections to needed resources. **Organization:** 204 – 7071 Bayers Road, Halifax, NS B3L 2C2; **Address:** 204 – 7071 Bayers Road, Halifax, NS B3L 2C2; **Email:** info@caregiversns.org; **Website:** <https://caregiversns.org/>

Volunteer Wheels - VON

Volunteer Wheels operated by the VON offers assisted door-through-door transportation for seniors and people with disabilities who need help to attend medical appointments, go shopping, or engage in community activities. **Organization:** 7001 Mumford Rd., Suite 300, Halifax, NS B3L 4N9; **Address:** 7001 Mumford Rd., Suite 300, Halifax, NS B3L 4N9; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Seniors LINCS (Living Independently with Community Support)

A program providing direct outreach and services, including transportation, to seniors living in the Annapolis County area, fostering independence and social engagement. **Organization:** 271 Granville St., Bridgetown, NS B0S 1C0; **Address:** 271 Granville St., Bridgetown, NS B0S 1C0; **Email:** annapoliscounty@nscss.com; **Website:** <https://www.seniorslincs.com/>

Tool Library

The Halifax Tool Library is a community initiative that lends tools for gardening, home repair,

and other projects to its members. Seniors can benefit from borrowing tools without the need for purchase. **Organization:** Halifax Tool Library; **Address:** 6070 Almon St, Halifax, NS B3K 1T8, Canada; **Email:** info@halifaxtoollibrary.ca; **Website:** <https://halifaxtoollibrary.ca/>

Your Money Seniors

A seminar series designed to help seniors and those planning for retirement understand their financial options and plan for the future. The program is delivered through partnerships with seniors' organizations and the community. **Organization:** CPA Canada; **Address:** Not specific to Nova Scotia, available nationwide; **Email:** info@cpacanada.ca; **Website:** <https://www.cpacanada.ca/en/the-cpa-profession/financial-literacy/financial-literacy-education/seniors>

Senior Safety Program

Offers various safety and wellness programs, which include providing financial safety information to help seniors protect their finances from scams and frauds. **Organization:** Seniors' Safety Programs - Various Locations in Nova Scotia; **Address:** Addresses vary by location; **Email:** Varies by location; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Managing Your Money

Free workshops on financial literacy including budgeting, banking, fraud prevention, financial planning and more, aimed at a wide audience including seniors. **Organization:** Credit Counselling Services of Atlantic Canada, Inc.; **Address:** Suite 410, 6169 Quinpool Road, Halifax, Nova Scotia B3L 4P8; **Email:** contact@solveyourdebts.com; **Website:** <https://www.solveyourdebts.com/>

Senior's Navigator

Connects seniors with various resources including financial advice and guidance on benefits and programs available to them. **Organization:** 211 Nova Scotia; **Address:** Dial 2-1-1 for service across Nova Scotia; **Email:** info@ns.211.ca; **Website:** <http://ns.211.ca/>

Seniors' Safety Program

The Seniors' Safety Program focuses on the safety, security, and well-being of older adults in communities across Nova Scotia. This program facilitates partnerships with local agencies to help seniors navigate various services, including aids and benefits. **Organization:** Various across Nova Scotia including Annapolis County, Kings County, etc.; **Address:** Varies by county – Contact local municipal offices for specific locations.; **Email:** N/A; **Website:** <https://novascotia.ca/>

211 Nova Scotia

211 Nova Scotia provides information and referral services for various community and social services in the province, including programs for seniors. 211 can help older adults connect with social support networks and various resources to support their needs. **Organization:** United Way Halifax; **Address:** 46 Portland Street, Suite 301, Dartmouth, NS B2Y 1H4; **Email:** N/A; **Website:** <https://ns.211.ca/>

Nova Scotia Department of Seniors

The Department of Seniors works to ensure that the benefits and services for seniors are accessible and well-promoted. They collaborate with seniors, community-based groups and other government departments to advance the well-being of older adults in the province. **Organization:** Government of Nova Scotia; **Address:** PO Box 496, Halifax, NS B3J 2R7; **Email:** SeniorSafety@gov.ns.ca; **Website:** <https://novascotia.ca/seniors/>

Senior Safety Grants

The Senior Safety Grants provide funding to non-profit organizations and municipalities to develop safety and educational programs for seniors. This initiative encourages community-based efforts to help seniors access various services, including financial assistance. **Organization:** Government of Nova Scotia – Department of Seniors; **Address:** PO Box 496, Halifax, NS B3J 2R7; **Email:** SeniorSafety@gov.ns.ca; **Website:** <https://novascotia.ca/>

Hike for Hospice

An annual event where participants walk in support of hospice and palliative care, with funds often assisting senior care. **Organization:** 618 Francklyn Street, Halifax, NS B3H 3B4; **Address:** 618 Francklyn Street, Halifax, NS B3H 3B4; **Email:** info@hospicehalifax.ca; **Website:** <https://hospicehalifax.ca/hike/>

Wolfville & Area Newcomers Club Fundraisers

Various fundraising events throughout the year, including those that benefit senior-related causes, such as Meals on Wheels. **Organization:** N/A; **Address:** N/A; **Email:** info@wolfvillenewcomers.org; **Website:** <https://www.wolfvillenewcomers.org/>

Annual Charity Golf Tournament

This golf event raises money for different causes each year, often including services that help seniors in financial need. **Organization:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** foundation@nwood.ns.ca; **Website:** <https://northwoodfoundation.ca/>

Strides for the General

A fun run and fundraising walk event that supports the QEII Foundation, potentially benefiting programs for seniors. **Organization:** QEII Health Sciences Centre, 5657 Spring Garden Road, Park Lane Mall, Suite 3005, Halifax, NS B3J 3R4; **Address:** QEII Health Sciences Centre, 5657 Spring Garden Road, Park Lane Mall, Suite 3005, Halifax, NS B3J 3R4; **Email:** info@qe2foundation.ca; **Website:** <https://qe2foundation.ca/>

Yarmouth Hospital Foundation Gala

A yearly gala event that raises funds for the Yarmouth Hospital Foundation, which can include elder care initiatives. **Organization:** 60 Vancouver Street, PO Box 7, Yarmouth, NS B5A 4B1; **Address:** 60 Vancouver Street, PO Box 7, Yarmouth, NS B5A 4B1; **Email:** contact@yarmouthhospitalfoundation.ca; **Website:** <https://yarmouthhospitalfoundation.ca/>

Senior Safety Grant Program

Provides funding to non-profit organizations and municipalities in Nova Scotia to develop

programs aimed at increasing the safety and well-being of seniors. These programs often include assistance with grant applications for seniors. **Organization:** Government of Nova Scotia;

Address: PO Box 216, Halifax, NS, B3J 2M4, Canada; **Email:** NSSeniorSafetyGrant@novascotia.ca; **Website:** <https://novascotia.ca/>

Positive Aging Fund

Offers financial assistance to community-based projects that enhance the well-being of older adults by promoting positive aging. It may include supporting grant application processes for seniors. **Organization:** Department of Seniors, Government of Nova Scotia; **Address:** 1741 Brunswick Street, Suite 126, Halifax, NS, B3J 3X8, Canada; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/>

New Horizons for Seniors Program

Federal funding program that supports projects led or inspired by seniors who want to make a difference in the lives of others and in their communities. Local organizations may assist seniors in applying. **Organization:** Government of Canada; **Address:** Atlantic Regional Office, Veterans Affairs Canada, PO Box 1000, Charlottetown, PE, C1A 8M5, Canada; **Email:** Not specified; **Website:** <https://www.canada.ca/en/employment-social-development/services/funding/new-horizons-seniors-community-based.html>

Age-Friendly Communities Grant

This grant aids in creating age-friendly communities by providing funding for projects that involve community planning and implementation of actions that support healthy aging.

Organization: Department of Seniors, Government of Nova Scotia; **Address:** 1741 Brunswick Street, Suite 126, Halifax, NS, B3J 3X8, Canada; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/seniors/age-friendly-communities.asp>

The Tatamagouche Centre

The Tatamagouche Centre is an inclusive and welcoming space for community engagement and empowerment. They offer programs and workshops on leadership, social justice, and spirituality. **Organization:** The Tatamagouche Centre; **Address:** 259 Loop Route 6, RR#3, Tatamagouche, Nova Scotia, B0K 1V0; **Email:** info@tatamagouchecentre.ca; **Website:** <https://www.tatamagouchecentre.ca>

The Old School Community Gathering Place

A community-run hub for arts, culture, and wellness in the heart of Musquodoboit Harbour. The center includes a library, art gallery, and space for various classes and workshops. **Organization:** The Old School Community Gathering Place; **Address:** 7962 Highway #7, Musquodoboit Harbour, Nova Scotia, B0J 2L0; **Email:** theoldschoolmh@gmail.com; **Website:** <http://www.oldschoolmusquodoboit.ca>

The Canning Village Commission & MultiComplex

The MultiComplex boasts a Community Hall and serves as a venue for community events, activities, and wellness programs in the village of Canning. **Organization:** Canning Village Commission; **Address:** 977 J Jordan Road, Canning, Nova Scotia, B0P 1H0; **Email:** info@canning.ca; **Website:** <http://www.canning.ca/village-hall.html>

The Deanery Project

An innovative community hub focused on the environment, youth, and community development. They offer a variety of workshops, outdoor activities, and learning experiences. **Organization:** The Deanery Project; **Address:** 751 West Ship Harbour Road, Lower Ship Harbour, Nova Scotia, B0J 1Y0; **Email:** thedeaneryproject@gmail.com; **Website:** <https://www.thedeaneryproject.com>

The Port Hawkesbury Civic Centre

The Civic Centre is a focal point for the community, featuring facilities for sports, cultural events, and various community activities. **Organization:** Town of Port Hawkesbury; **Address:** 606 Reeves St, Port Hawkesbury, Nova Scotia, B9A 2R7; **Email:** info@townofporthawkesbury.ca; **Website:** <https://www.theciviccentre.ca>

Rural Broadband Expansion

Nova Scotia has invested in expanding high-speed broadband to rural communities via the Rural Broadband Initiative. This project aims to ensure that 95% of Nova Scotia has access to reliable, high-speed internet. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, Nova Scotia B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Internet for Nova Scotia Initiative

This initiative seeks to help Nova Scotia meet or exceed the national standard for broadband internet service. It involves partnerships with internet service providers to enhance connectivity across the province. **Organization:** Nova Scotia's Internet Funding Trust; **Address:** N/A; **Email:** N/A; **Website:** <https://internet.developns.ca/>

Connect to Innovate Program

Part of a federal initiative, this program aims to bring high-speed internet to 70 rural and remote communities in Nova Scotia. **Organization:** Innovation, Science and Economic Development Canada (ISED); **Address:** 235 Queen Street, Ottawa, Ontario K1A 0H5; **Email:** ic.info-info.ic@canada.ca; **Website:** <https://www.ic.gc.ca/eic/site/119.nsf/eng/home>

Community Hubs Program

The program supports the establishment of community hubs that provide access to technology and high-speed internet, especially in rural and unserved areas. **Organization:** The Government of Nova Scotia; **Address:** 1 Government Place, Halifax, Nova Scotia B3J 1J2; **Email:** N/A; **Website:** <https://novascotia.ca/>

Northwood Intergenerational Programs

Northwood, a long-term care facility, offers various intergenerational programs that foster connections between residents and youth in the community. Programs range from shared activities to one-on-one visitations. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational

connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Generations United

Though not based exclusively in Nova Scotia, Generations United supports the creation of intergenerational programs that can be implemented in various settings. They advocate for practices that can easily be adopted by communities in Nova Scotia. **Organization:** Generations United; **Address:** N/A; **Email:** info@gu.org; **Website:** <https://www.gu.org/>

The Meadows Community Intergenerational Programs

The Meadows in Yarmouth, Nova Scotia, promotes intergenerational connections through a variety of programs that involve youth and seniors, including shared activities and educational exchanges. **Organization:** The Meadows; **Address:** 12 Burridge Ave, Yarmouth, NS B5A 3J1; **Email:** themeadows@themeadows.ca; **Website:** <https://themeadowscommunity.ca/>

LifeBridge Intergenerational Program

This program facilitates intergenerational learning and sharing between school-aged children and seniors living in care homes, aiming to enhance wellbeing and understanding between the generations. **Organization:** LifeBridge; **Address:** N/A; **Email:** contact@lifebridge.ca; **Website:** <http://lifebridge.ca/>

Buy Local Campaign

A government-backed initiative that encourages consumers to shop at local businesses to strengthen local economies. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/buy-local/>

Digital Main Street

A program designed to help small businesses achieve digital transformation and includes tools, resources, and grants. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS, B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Community Hubs Program

A provincial effort to support the development of community hubs that can offer social, economic, cultural, and recreational opportunities. **Organization:** Communities, Culture and Heritage Department of Nova Scotia; **Address:** 1741 Brunswick Street, P.O. Box 456, Station Central, Halifax, NS, B3J 2R5; **Email:** information@cch.novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Community Economic Development Investment Funds (CEDIF)

This program helps Nova Scotians invest in businesses within their communities, promoting local economic growth and job creation. **Organization:** Economic Development Department of Nova Scotia; **Address:** 1505 Barrington Street, Halifax, NS, B3J 3K5; **Email:** N/A; **Website:** <https://novascotia.ca/econ/cedif/>

CO-OP Community Spaces Program

A funding program to support community projects dedicated to recreation, environmental

conservation, and urban agriculture. **Organization:** CO-OP Atlantic; **Address:** 123 Main Street, Moncton, NB, E1C 0P4; **Email:** contactus@coopatlantic.ca; **Website:** <https://www.co-op.crs/communityspaces/>

The Creative Hub Cooperative

Offers a shared workspace and resources for artists and creative entrepreneurs, fostering collaboration and community engagement. **Organization:** The Creative Hub Cooperative; **Address:** 93 Alderney Dr, Dartmouth, NS, B2Y 2N7; **Email:** hello@creativehubhfx.ca; **Website:** <https://creativehubhfx.ca/>

Northwood Intouch

Offers a variety of programs including a friendly visiting program, where volunteers visit seniors to provide companionship and reduce feelings of isolation. **Organization:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/intouch/>

VON Greater Halifax

The Volunteer Visiting Program recruits volunteers to provide companionship to seniors living in Nova Scotia, helping to alleviate the effects of loneliness and isolation. **Organization:** 7001 Mumford Rd, Suite 200, Halifax, NS B3L 4N9; **Address:** 7001 Mumford Rd, Suite 200, Halifax, NS B3L 4N9; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Seniors' Safety Program

This program includes a variety of initiatives, such as visitations and coordinate safety-related resources, with the aim of enhancing the social well-being of seniors. **Organization:** Varies by municipality in Nova Scotia; **Address:** Varies by municipality in Nova Scotia; **Email:** N/A; **Website:** https://novascotia.ca/seniors/seniors_safety_program.asp

Meals on Wheels

More than just a meal – volunteers deliver nutritious meals to seniors and also check in to provide social interaction and ensure their safety. **Organization:** Depends on local provider; **Address:** Depends on local provider; **Email:** N/A; **Website:** <http://mealsonwheelsnovascotia.ca/>

ElderDog Canada

Volunteers assist seniors in Nova Scotia with their dog care needs at home, which also provides seniors with a sense of companionship both from their pet and the volunteer. **Organization:** P.O. Box 44026, Halifax, NS B3K 5Y2; **Address:** P.O. Box 44026, Halifax, NS B3K 5Y2; **Email:** info@elderdog.ca; **Website:** <https://elderdog.ca/>

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nechc.com/>

The Bloom Program

The Bloom Program delivers medication management and mental health support to seniors living

in the community through mobile services provided by Geriatric Pharmacists. **Organization:** Dalhousie University College of Pharmacy; **Address:** 5968 College Street, PO BOX 15000, Halifax, NS, B3H 4R2; **Email:** pharmacy@dal.ca; **Website:** <https://www.dal.ca/>

Eastern Kings Community Health Board Mobile Clinic

This mobile clinic operates under the Eastern Kings Memorial Community Health Board and provides various health services including flu shots, blood pressure checks, and general health education to rural areas within the Eastern Kings catchment area. **Organization:** Eastern Kings Memorial Community Health Board; **Address:** 23 Earnscliffe Ave, Wolfville, NS, B4P 1X4; **Email:** nsha.easternKingsCHB@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Cape Breton's Mobile Health Van

This mobile health service targets communities in Cape Breton, providing outreach and basic medical services with an emphasis on those lacking access to traditional healthcare, including aging populations. **Organization:** Cape Breton Regional Municipality; **Address:** 320 Esplanade, Sydney, NS, B1P 7B9; **Email:** health@cbrm.ns.ca; **Website:** <http://www.cbrm.ns.ca/>

Veterans Memorial Mobile Clinic

Operated by the Annapolis Valley Health, this mobile clinic provides access to healthcare for veterans, seniors, and other residents in remote areas, with services including medical assessments and blood work. **Organization:** Annapolis Valley Health; **Address:** 15 Chipman Drive, Kentville, NS, B4N 3V7; **Email:** info@avh.novascotia.ca; **Website:** <http://www.avdha.nshealth.ca/>

Age-Friendly Communities Grant Program

This program funds community-led projects that make communities more accessible and inclusive for older adults. These projects often include social awareness initiatives aimed at improving the quality of life for seniors. **Organization:** Nova Scotia Department of Seniors; **Address:** Halifax, Nova Scotia, Canada; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/>

Senior Safety Program

The Program provides education and awareness on issues affecting the safety of seniors, including social awareness about the challenges faced by aging populations in rural areas.

Organization: Various organizations in partnership with the RCMP, local police, and government agencies; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Nova Scotia Centre on Aging

Conducts research and provides information on aging-related issues, helping to inform and enhance policies and programs for the elderly, including those that support social connectivity.

Organization: Mount Saint Vincent University; **Address:** 166 Bedford Highway, Halifax, Nova Scotia, B3M 2J6; **Email:** msvu.ca; **Website:** <http://www.msvu.ca/>

Shift: Nova Scotia's Action Plan for an Aging Population

This provincial plan addresses the demographic shift towards an older population, including

efforts to create awareness among all age groups about the value of older adults and the importance of inclusivity. **Organization:** Government of Nova Scotia; **Address:** Halifax, Nova Scotia, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/shift/>

Halifax Seaport Farmers' Market

One of the oldest continuously operating farmers' markets in North America offering fresh, local products and engaging with the community through various events. **Organization:** Halifax Seaport Farmers' Market; **Address:** 1209 Marginal Road, Halifax, NS B3H 4P8, Canada; **Email:** market@portofhalifax.ca; **Website:** <http://www.halifaxfarmersmarket.com/>

Royal Nova Scotia International Tattoo

An annual week-long event that showcases military bands, cultural displays, and international performers, fostering community engagement and cultural exchange. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca/>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Celtic Colours International Festival

An island-wide event celebrating Cape Breton Island's living traditional culture with concerts, community suppers, and cultural experiences. **Organization:** Celtic Colours International Festival; **Address:** Cape Breton Island, NS, Canada; **Email:** info@celtic-colours.com; **Website:** <https://celtic-colours.com/>

Lunenburg Folk Harbour Festival

A four-day celebration of music, dance, and community spirit in the picturesque town of Lunenburg, featuring performances and workshops. **Organization:** Folk Harbour Festival; **Address:** Lunenburg, NS, Canada; **Email:** info@folkharbour.com; **Website:** <http://www.folkharbour.com/>

Age-Friendly Communities Program

This program supports municipalities in Nova Scotia to create and implement action plans for developing age-friendly communities. It aids in the improvement of infrastructure and services that cater to the needs of older adults. **Organization:** Government of Nova Scotia – Department of Seniors; **Address:** 1741 Brunswick Street, Suite 110A, Halifax, NS B3J 3X8; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/seniors/age-friendly-communities.asp>

SHIFT: Nova Scotia's Action Plan for an Aging Population

SHIFT is an action plan that involves various policy changes and initiatives aimed at ensuring that older adults can stay involved in community life, access the services they need, and live safely, securely, and with dignity. **Organization:** Government of Nova Scotia – Department of Seniors; **Address:** 1741 Brunswick Street, Suite 110A, Halifax, NS B3J 3X8; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/shift/>

Collaborative Solutions to Rural and Remote Seniors' Access to Services

This collaborative project focuses on improving access to services for seniors in rural and remote areas. It explores and advocates for policy changes required to better meet the needs of aging populations in these communities. **Organization:** Rural Communities Foundation of Nova Scotia; **Address:** Not specified; **Email:** contact form on website; **Website:** <http://www.ruralcommunitiesfdn.ca/>

Continuing Care Strategy

This strategy includes policy changes aimed at enhancing and expanding home care services, providing more long-term care options, and offering support for family caregivers in order to adequately support the aging population. **Organization:** Government of Nova Scotia – Department of Health and Wellness; **Address:** 1894 Barrington Street, Halifax, NS B3J 2A8; **Email:** Not specified; **Website:** <https://novascotia.ca/dhw/ccs/>

Senior Safety Programs

These programs aim to improve the safety of seniors in their homes and communities through various initiatives, including policy advocacy to support the well-being and safety of older adults living in rural areas. **Organization:** Multiple organizations including local police and RCMP detachments; **Address:** Varies by location; **Email:** Varies by program; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Rural Transportation Expansion

Expansion of rural transportation services in Nova Scotia to better connect residents of rural communities with key urban centers, providing them with easier access to services, healthcare, and social events. **Organization:** Rural Transportation Association; **Address:** N/A; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Halifax Transit Network Redesign

The Moving Forward Together Plan aims to redesign the transit network in the Halifax Regional Municipality to better serve residents, including improved connections to social and community venues. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, Nova Scotia, B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/moving-forward-together>

Cape Breton Transit Development

Expanding public transportation options in Cape Breton to foster greater connectivity between residential areas and key locations, including community event spaces. **Organization:** Cape Breton Regional Municipality Transit; **Address:** 320 Esplanade, Sydney, Nova Scotia, B1P 7B9; **Email:** transit@cbreton.ns.ca; **Website:** <https://www.cbrm.ns.ca/transit.html>

Annapolis Valley Transit Initiative

A project focused on improving and expanding public transportation in the Annapolis Valley region, with an emphasis on ensuring community venues are accessible to residents from various towns. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, Nova Scotia, B4N 3G7; **Email:** info@kingstransit.ns.ca; **Website:** <https://kingstransit.ns.ca>

Halifax Transit Service Plan

Halifax Transit is working on improving and expanding its services. The Moving Forward Together Plan aims to make the transit system more reliable, frequent, and accessible.

Organization: Halifax Transit; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthalifax@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/moving-forward-together>

Rural Transit Funding

Nova Scotia government provides funding support to improve public transportation in rural areas, which includes increasing the frequency of existing services and extending service hours for better access in these communities. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS B3J 1Y6; **Email:** None; **Website:** <https://novascotia.ca/programs/rural-rideshare/>

SmartTrip Program

A community-based program that supports the operation of a network of community transportation providers throughout the province. Increased frequency and operating hours may be part of local solutions provided. **Organization:** Community Transportation Network; **Address:** Suite 101, 2021 Brunswick Street, Halifax, NS B3K 2Y5; **Email:** None; **Website:** <http://www.nscommunitylinks.ca/>

Low Income Transit Pass Program

Provides eligible residents with a reduced-cost monthly bus pass to increase affordability and accessibility of transit services. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Everybody Rides

Everybody Rides is a discount program for nonprofit organizations in Nova Scotia. Eligible organizations purchase bus tickets at a 50% discount, which they can distribute to their clients to improve access to transportation. **Organization:** Halifax Regional Municipality; **Address:** P.O. Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

MetroX Rural Express Service Financial Assistance

Some rural municipal areas offer financial assistance to help cover the cost of the MetroX Rural Express Service which provides transportation into Halifax. **Organization:** Respective Rural Municipal Government; **Address:** Varies by municipality; **Email:** N/A; **Website:** <https://www.halifax.ca/>

HRM SmartTrip

HRM SmartTrip is a program designed to encourage sustainable transportation options such as carpooling, biking, and public transit among communities and workplaces in the Halifax Regional Municipality. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** None; **Website:** <https://www.halifax.ca/>

Dalhousie University Carpooling

Dalhousie University offers a carpooling program for its members to share rides to and from its campuses, promoting a more sustainable approach to commuting. It includes a carpooling matching system and parking incentives. **Organization:** Dalhousie University Office of Sustainability; **Address:** 1236 Henry Street, PO BOX 15000, Halifax, Nova Scotia B3H 4R2; **Email:** sustainability@dal.ca; **Website:** <https://www.dal.ca/>

Cape Breton Car Pool Program

This program focuses on reducing single occupancy vehicle use by matching individuals interested in carpooling within the Cape Breton region. **Organization:** Cape Breton Regional Municipality; **Address:** 320 Esplanade, Sydney, NS B1P 7B9; **Email:** None; **Website:** <http://www.cbrm.ns.ca/>

Annapolis Valley Rideshare

The Annapolis Valley Rideshare is a community-driven effort that provides a platform for people to arrange shared transportation in the Annapolis Valley area. **Organization:** Valley Rideshare; **Address:** None; **Email:** None; **Website:** <https://www.facebook.com/ValleyRideshare>

Bridgewater Carpooling Initiative

As part of the town's sustainability efforts, Bridgewater has promoted a carpooling initiative to foster shared commuting practices among residents. **Organization:** Town of Bridgewater; **Address:** 60 Pleasant Street, Bridgewater, Nova Scotia B4V 3X9; **Email:** info@bridgewater.ca; **Website:** <http://www.bridgewater.ca/>

Rural Transportation Association

The Rural Transportation Association (RTA) is a network of non-profit transportation services in Nova Scotia. Their goal is to improve transportation accessibility in rural areas, which includes providing accessible vehicles for seniors and disabled residents. **Organization:** Rural Transportation Association; **Address:** 153 Willow St., Truro, Nova Scotia, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit;

Address: PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

Antigonish Community Transit

Antigonish Community Transit provides a community bus service offering shuttle and on-demand service to residents, aiming to improve community access. They focus on affordable transportation solutions for seniors, people with disabilities, and the general public for various social and recreational activities. **Organization:** Antigonish Community Transit; **Address:** 21A James Street, Antigonish, Nova Scotia, B2G 1R6; **Email:** antigonishcommunitytransit@gmail.com; **Website:** <http://www.antigonishcommunitytransit.ca>

MusGo Rider Cooperative Ltd.

MusGo Rider Cooperative Ltd. is a door-to-door driving service that caters to the rural communities in the Eastern Shore and Musquodoboit Valley regions of Nova Scotia. Their service is focused on providing access to social activities, medical appointments, and more for residents without direct means of transportation. **Organization:** MusGo Rider Cooperative Ltd.; **Address:** 7927 Highway #7, Musquodoboit Harbour, Nova Scotia, B0J 2L0; **Email:** info@musrider.com; **Website:** <http://www.musrider.com>

Halifax Active Transportation Plan

A plan that focuses on developing and maintaining walking and cycling infrastructure within Halifax to promote active transportation as a key part of daily life. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contactrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/cycling-walking>

Bicycle Nova Scotia Blue Route

A province-wide initiative that aims to create a network of bike lanes and cycling paths to enable people to cycle across Nova Scotia safely and efficiently. **Organization:** Bicycle Nova Scotia; **Address:** 5516 Spring Garden Road, 4th Floor, Halifax, NS B3J 1G6, Canada; **Email:** info@bicycle.ns.ca; **Website:** <https://blueroute.ca>

Mainland North Linear Parkway

A multi-use trail that serves as an active transportation corridor connecting several communities, encouraging walking and cycling for commuting and recreational purposes. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contactrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Integrated Mobility Plan

A plan to integrate various modes of transportation including transit, walking, and cycling to offer residents of Halifax more choices in how they move around the city. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contactrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Active Transportation Advisory Committee

A committee that provides advice to the Halifax Regional Council on the needs and strategies for active transportation in the region. **Organization:** Halifax Regional Municipality; **Address:** PO

Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/city-hall/boards-committees-commissions/a-c/active-transportation-advisory-committee>

Rural Transportation Association

The Rural Transportation Association (RTA) is a network of non-profit transportation services in Nova Scotia. Their goal is to improve transportation accessibility in rural areas, which includes providing accessible vehicles for seniors and disabled residents. **Organization:** Rural Transportation Association; **Address:** 153 Willow St., Truro, Nova Scotia, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Kings Transit

Kings Transit Authority operates a public transit bus service in parts of Kings County and Annapolis County. They occasionally offer 'Special Services' that accommodate transportation to special events within their service areas. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, Nova Scotia, B4N 3G7; **Email:** kings.transit@kbus.ca; **Website:** <http://www.kingstransit.ns.ca>

Community Transit-Nova Scotia

Community Transit-Nova Scotia is a network of community-based, non-profit organizations and cooperatives providing coordinated community transportation services across the province. While their main focus is on regular transit services, the different community transit services may offer options for attending local events. **Organization:** Community Transit-Nova Scotia; **Address:** Based in Nova Scotia - Various Locations; **Email:** N/A; **Website:** <https://novascotia.ca/seniors/transportation.asp>

Halifax Transit

Halifax Transit provides public transportation services in the Halifax region. For large community events, it may offer shuttles or enhance existing services to accommodate the increased demand. **Organization:** Halifax Regional Municipality; **Address:** PO BOX 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit>

Halifax Transit Event Shuttle Service

Halifax Transit offers shuttle service for select special events in the Halifax region. This service often includes extended service hours and additional buses to accommodate event attendees.

Organization: Halifax Transit; **Address:** 200 Ilsley Avenue, Dartmouth, NS B3B 1V1; **Email:** contacthalifaxtransit@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit>

CarShare Atlantic Special Event Rates

CarShare Atlantic sometimes offers special rates for attendees of local events. This car-sharing service helps reduce the need for personal car ownership and can ease parking demand during events. **Organization:** CarShare Atlantic; **Address:** 6070 Almon Street, Halifax, NS B3K 1T8; **Email:** info@carshareatlantic.ca; **Website:** <https://www.carshareatlantic.ca/>

Downtown Halifax Business Commission's Big Lift Project

In partnership with Halifax Transit, the Downtown Halifax Business Commission provided a shuttle service during the Macdonald Bridge reconstruction to ensure accessible transportation was available for events and activities in the downtown area. **Organization:** Downtown Halifax Business Commission; **Address:** 1546 Barrington St #104, Halifax, NS B3J 3X7; **Email:** info@downtownhalifax.ca; **Website:** <https://downtownhalifax.ca/>

Event Parking and Shuttle Services at Scotiabank Centre

For major events at Scotiabank Centre, often there is coordination for event parking and shuttle services to and from designated parking areas to facilitate access to the venue. **Organization:** Scotiabank Centre; **Address:** 1800 Argyle Street, Halifax, NS B3J 2V9; **Email:** info@scotiabank-centre.com; **Website:** <https://www.scotiabank-centre.com/>

902 ManUp Ride-Share Initiative

902 ManUp, a grassroots organization focused on community upliftment in African Nova Scotian communities, launched a ride-share program that uses Uber to provide transportation for youth to get to work, school, or important appointments. **Organization:** 902 ManUp; **Address:** N/A; **Email:** info@902manup.ca; **Website:** <https://902manup.ca/>

Halifax Ride-Sharing Facebook Groups

Various community-run Facebook groups exist in Halifax and across Nova Scotia where individuals coordinate ride-sharing opportunities for events, activities, or regular commutes. **Organization:** Community-run social media groups; **Address:** N/A; **Email:** N/A; **Website:** <https://www.facebook.com/>

2021-2022 Household Travel Survey

The 2021-2022 Household Travel Survey aims to collect information about residents' travel habits in Halifax and surrounding areas. This survey helps the city better understand transportation needs and informs the planning of future transportation projects. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Cape Breton Regional Municipality Community Surveys

The Cape Breton Regional Municipality conducts various community surveys, including those on transportation, to inform their municipal planning and invest in infrastructures that align with the public's needs. **Organization:** Cape Breton Regional Municipality; **Address:** 320 Esplanade, Sydney, NS B1P 7B9, Canada; **Email:** clerks@cbreton.ns.ca; **Website:** <https://cbrm.ns.ca/>

Sustainable Transportation Strategy Engagement

This engagement strategy includes surveys to understand the needs and preferences of community members regarding sustainable transportation, to help guide the policies and actions for improving transportation sustainably. **Organization:** Sustainable Transportation Nova Scotia; **Address:** Not specified; **Email:** info@sustainabletransportation.ca; **Website:** <http://www.sustainabletransportation.ca/>

Rural Transportation Survey

Conducted to assess the transportation needs within rural communities in Nova Scotia, this research results in valuable feedback that will aid in developing transportation services that meet the needs of rural residents. **Organization:** Rural Transportation Association (RTA); **Address:** PO Box 55, Antigonish, NS B2G 2S3, Canada; **Email:** ruralrides@ruralrides.ca; **Website:** <https://ruralrides.ca/>

Fare-Free Transit Pilot for Youth

The Municipality of the County of Kings is offering a fare-free transit pilot program for youth. This program helps improve public transportation accessibility for younger residents, encouraging them to attend social activities and engage with the community. **Organization:** Municipality of the County of Kings; **Address:** 181 Coldbrook Village Park Dr, Coldbrook, NS B4R 1B9, Canada; **Email:** info@countyofkings.ca; **Website:** <https://www.countyofkings.ca>

Rural Transportation Funding

The Government of Nova Scotia provides ongoing funding to support rural transportation services like community transit buses and accessible transportation. This effort aims to improve accessibility in rural areas where conventional transit service may be limited. **Organization:** Government of Nova Scotia; **Address:** 1 Government Pl, Halifax, NS B3J 1A3, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/coronavirus/support/#support-for-communities>

Halifax Transit's Low Income Pass Program

Halifax Transit offers a Low Income Pass Program that provides eligible residents with a 50% discount on monthly bus passes. This initiative makes public transportation more affordable for low-income individuals. **Organization:** Halifax Transit; **Address:** 200 Ilsley Avenue, Dartmouth, Nova Scotia, B3B 1V1, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/fares-tickets-passes>

Public Transit Infrastructure Fund

The Public Transit Infrastructure Fund is a federal-provincial cost-shared initiative aimed at improving public transit infrastructure across Nova Scotia to enhance the quality, capacity, and safety of public transit services. **Organization:** Infrastructure Canada & Nova Scotia Department of Transportation and Infrastructure Renewal; **Address:** N/A; **Email:** N/A; **Website:** <https://www.infrastructure.gc.ca/plan/ptif-fitc-eng.html>

The North Grove Community Resource Centre

The North Grove, formerly known as the Dartmouth North Community Food Centre, offers a wide range of programs aimed at bringing people together to grow, cook, share, and advocate for good food. They offer a welcoming space to build community, a community garden, and a community kitchen where people can cook and eat together. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@northgrove.ca; **Website:** <https://www.northgrove.ca/>

Veith House

Veith House is a neighborhood hub in Halifax's North End that helps create connections between individuals and services. They offer various programs, including a community garden, meeting

spaces, and family supports. **Organization:** Veith House; **Address:** 3115 Veith St, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.com; **Website:** <https://www.veithhouse.com/>

The Second Story Women's Centre

The Second Story Women's Centre aims to provide a safe space for women and their children. They offer internet access, meeting rooms for women's groups, and a reference library, among other resources. **Organization:** The Second Story Women's Centre; **Address:** 18 Dufferin St, Lunenburg, NS B0J 2C0, Canada; **Email:** admin@secondstory.ca; **Website:** <http://www.secondstory.ca/>

Eastern Shore Family Resource Association

Through community resource centers, the Eastern Shore Family Resource Association offers a range of programs and services, including internet access and social programs aimed at improving the quality of life for individuals and families on the Eastern Shore. **Organization:** Eastern Shore Family Resource Association; **Address:** 5228 Hwy 7, Porters Lake, NS B3E 1J8, Canada; **Email:** info@esfamily.org; **Website:** <https://www.esfamily.org/>

Chebucto Connections

Chebucto Connections has been serving the Spryfield community and surrounding areas for over 30 years, offering a range of community-enhancing programs such as community gardens, after-school programs, and community spaces for meetings and events. **Organization:** Chebucto Connections; **Address:** 531 Herring Cove Rd, Halifax, NS B3R 1X3, Canada; **Email:** generalinquiries@chebuctoconnections.ca; **Website:** <http://chebuctoconnections.ca/>

Bookmobile Service

The Bookmobile serves many communities within Halifax Regional Municipality, offering books for all ages, movies, music, video games, and more. **Organization:** Halifax Public Libraries; **Address:** 60 Alderney Drive, Dartmouth, Nova Scotia, B2Y 4P8; **Email:** contact@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Cumberland Public Libraries Books By Mail

This service provides library materials via mail to those who are unable to visit a library in person due to distance or physical limitation. **Organization:** Cumberland Public Libraries; **Address:** P.O. Box 220, 21 Acadia Street, Amherst, Nova Scotia, B4H 3Z2; **Email:** info@cumberlandpubliclibraries.ca; **Website:** <http://www.cumberlandpubliclibraries.ca/?q=content/books-mail>

South Shore Public Libraries Bookmobile

The mobile library brings a selection of library materials to several communities for people of all ages, with a schedule available on the website. **Organization:** South Shore Public Libraries; **Address:** PO Box 329, 135 North Park Street, Bridgewater, Nova Scotia, B4V 2W9; **Email:** info@southshorepubliclibraries.ca; **Website:** <https://www.southshorepubliclibraries.ca/bookmobile/>

Cape Breton Regional Library Bookmobile

The vehicle provides access to circulating collections and library services to various communities

across the Cape Breton Regional Municipality. **Organization:** Cape Breton Regional Library; **Address:** 50 Falmouth Street, Sydney, Nova Scotia, B1P 6X9; **Email:** info@cbrl.ca; **Website:** <http://www.cbrl.ca/>

Eastern Counties Regional Library Outreach Service

Though not a mobile library, this outreach service delivers books and other materials to those who can't easily access libraries due to geographical or physical barriers. **Organization:** Eastern Counties Regional Library; **Address:** 390 Murray Street, Mulgrave, Nova Scotia, B0E 2G0; **Email:** ecrl@ecrlibrary.ca; **Website:** <http://ecrl.library.ns.ca/outreach-services>

The Royal Nova Scotia International Tattoo

An annual week-long event featuring military and civilian acts from around the world, celebrating music, culture, and performance. **Organization:** The Royal Nova Scotia International Tattoo Foundation; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://www.nstattoo.ca>

Halifax Jazz Festival

Annual music festival featuring jazz artists from across the globe and takes place in multiple venues across the city. **Organization:** JazzEast Rising Association; **Address:** Suite 101 - 2307 Clifton Street, Halifax, NS B3K 4T9, Canada; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca>

Antigonish Highland Games

One of the oldest highland games outside of Scotland, featuring a mix of sports, cultural exhibits, and competitions. **Organization:** Antigonish Highland Society; **Address:** 20 East Main Street, Antigonish, NS B2G 2E9, Canada; **Email:** games@antigonishhighlandgames.ca; **Website:** <https://www.antigonishhighlandgames.ca>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Yarmouth Seafest

An annual celebration of the region's marine heritage, including parades, races, seafood, and family entertainment. **Organization:** Yarmouth Seafest Committee; **Address:** Yarmouth, NS, Canada; **Email:** seafest@bellaliант.com; **Website:** <https://www.yarmouthseafest.com>

Digital Nova Scotia - Work-from-Home Rebate Program

Digital Nova Scotia partnered with the government to offer a work-from-home rebate program. The program is designed to help Nova Scotian businesses and their employees to create productive remote working environments. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS, B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

Nova Scotia Community College - Online Learning

NSCC provides a range of online courses and programs for skill development in various fields. These online offerings make education more accessible, particularly for residents of remote areas. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1B3; **Email:** NSCC@nscc.ca; **Website:** <https://www.nscc.ca/>

Volta - Remote Work & Virtual Workshops

Volta, Atlantic Canada's premier innovation hub, often offers virtual workshops, events, and programs designed to support entrepreneurs and startups. These opportunities foster skill development and networking. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com>

ISANS - Online Learning Programs

Immigrant Services Association of Nova Scotia (ISANS) has online learning programs that provide accessible education and training to new Nova Scotians, aiding in workforce integration from remote areas. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Nova Scotia Works Online

Nova Scotia Works Online provides multiple services for job seekers and employers. They also offer online workshops and resources to improve job search skills and career development opportunities. **Organization:** Nova Scotia Works; **Address:** Locations vary – multiple centers across Nova Scotia; **Email:** Use contact form on the website; **Website:** <https://novascotiaworks.ca>

Rural Transportation Association (RTA)

The RTA, also known as Rural Rides, is a collection of non-profit organizations aimed at providing affordable and accessible transportation services for rural residents in Nova Scotia, including ride-sharing programs and community-based transit options. **Organization:** Rural Transportation Association; **Address:** Various locations across rural Nova Scotia; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Kings Transit Authority

A public transit service providing bus service connecting communities across Kings County and surrounding areas, including some rural areas. They are focused on expanding and adapting routes to better serve remote communities. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, NS B4N 3G7; **Email:** info@kingstransit.ns.ca; **Website:** <http://www.kingstransit.ns.ca>

Community Transportation Action Plan

A provincial initiative that aims to enhance community-based transportation solutions by providing funding and support to local transportation organizations, improving the existing infrastructure, and addressing the unique needs of remote communities. **Organization:** Nova Scotia Department of Seniors and Transportation; **Address:** 1741 Brunswick Street, Suite 110, Halifax, NS B3J 3X8; **Email:** N/A; **Website:** <https://novascotia.ca/>

Maritime Bus

A region-wide bus service that operates throughout the Maritime provinces, including Nova Scotia. Maritime Bus has worked to fill some of the service gaps left by other discontinued regional services, providing critical connections for rural communities. **Organization:** Maritime Bus; **Address:** 1161 Hollis Street, Halifax, NS B3H 2P6; **Email:** info@maritimebus.com; **Website:** <https://www.maritimebus.com>

Cape Breton Farmers' Market

The Cape Breton Farmers' Market is the largest market of its kind in Cape Breton, featuring local vendors selling fresh produce, baked goods, crafts, and more. The market aims to support local producers and artisans, while simultaneously strengthening the economic vitality of the rural community. **Organization:** Cape Breton Farmers' Market Cooperative Ltd.; **Address:** 340 Keltic Dr, Sydney, NS B1L 1B8, Canada; **Email:** info@capebretonfarmersmarket.com; **Website:** <https://capebretonfarmersmarket.com>

Alderney Landing Farmers' Market

The Alderney Landing Farmers' Market in Dartmouth includes a variety of vendors offering locally sourced food, handcrafted goods, and community events. The market helps connect rural producers with urban consumers, supporting the regional economy and encouraging community interaction. **Organization:** Alderney Landing Association; **Address:** 2 Ochterloney St, Dartmouth, NS B2Y 3Z3, Canada; **Email:** market@alderneylanding.com; **Website:** <https://www.alderneylanding.com/market>

Truro Farmers' Market

With over 40 vendors, the Truro Farmers' Market showcases the best of local food, craft, and art. The market acts as a community gathering point and provides an outlet for small businesses and rural entrepreneurs to sell their wares in a cooperative environment. **Organization:** Truro Farmers' Market Cooperative; **Address:** 15 Young St, Truro, NS B2N 3W3, Canada; **Email:** info@trurofarmersmarket.org; **Website:** <https://trurofarmersmarket.org>

Lunenburg Farmers' Market

Operating since 1982, the Lunenburg Farmers' Market is a community hub where locals and visitors meet to buy fresh and locally produced food. It supports the local economy and acts as a focal point for the town and surrounding rural communities. **Organization:** Lunenburg Farmers' Market Association; **Address:** 17 Green St, Lunenburg, NS B0J 2C0, Canada; **Email:** lfm@lunenburgfarmersmarket.ca; **Website:** <http://www.lunenburgfarmersmarket.ca>

New Glasgow Farmers' Market

This market provides a venue for local farmers, artists, and food producers to sell directly to the community. It not only stimulates the local economy but also serves as a social gathering place, enhancing the cultural experience of the region. **Organization:** New Glasgow Farmers' Market Cooperative; **Address:** 261 Glasgow St, New Glasgow, NS B2H 5C2, Canada; **Email:** ngfarmmarket@gmail.com; **Website:** <http://www.ngfarmmarket.com>

Annapolis Royal Farmers' and Traders' Market

Regarded as one of the liveliest markets in Nova Scotia, it captures the essence of the region's

rural charm and community spirit. This marketplace enables local producers and craftspeople to engage with the community, promoting sustainability and regional economic initiative.

Organization: Annapolis Royal Farmers' and Traders' Market Association; **Address:** 178 St George St, Annapolis Royal, NS B0S 1A0, Canada; **Email:** arfarmersmarket@outlook.com; **Website:** <https://annapolisroyalfarmersmarket.com>

Common Roots Urban Farm

Common Roots Urban Farm is a community gardening initiative that offers both communal and individual plots for residents in the Halifax area. The farm incorporates educational workshops on sustainable agriculture and seeks to improve social cohesion by providing spaces for people to garden together. **Organization:** Partners for Care; **Address:** Common Roots Urban Farm – BiHi Park, 7 Coronation Ave, Halifax, NS; **Email:** info@partnersforcare.ca; **Website:** <http://partnersforcare.ca/>

Dartmouth North Community Food Centre

This initiative provides community members with opportunities to grow, cook, share, and advocate for good food. They offer a community garden and kitchen where people can learn about growing and preparing healthy food while connecting with neighbors. **Organization:** Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Suite 140, Dartmouth, NS B3A 4C5; **Email:** info@dartmouthfamilycentre.ca; **Website:** <https://www.dartmouthfamilycentre.ca/>

Hope Blooms Community Garden and Greenhouse

Hope Blooms is a social enterprise which engages at-risk youth in gardening, entrepreneurship, and leadership. They run a garden and greenhouse where youth grow produce for local markets and community-supported agriculture. **Organization:** Hope Blooms; **Address:** Hope Blooms Garden and Greenhouse, 5527 Cornwallis Street, Halifax, NS B3K 1B3; **Email:** info@hopeblooms.ca; **Website:** <https://hopeblooms.ca/>

The Incredible Edible Pictou County

The initiative creates and supports public vegetable gardens across Pictou County. The gardens are open for anyone to plant in, maintain, and harvest from to promote local food security and community engagement. **Organization:** The Incredible Edible Pictou County; **Address:** Pictou County, NS; **Email:** N/A; **Website:** <https://www.facebook.com/incredibleediblepictoucounty/>

One Nova Scotia Community Platform

This platform is focused on connecting individuals across Nova Scotia to share ideas, collaborate on local initiatives, and promote community events. It aims to foster a sense of community and support for those living in remote or rural areas by providing them with an online space for interaction. **Organization:** One Nova Scotia Coalition; **Address:** N/A - Online platform; **Email:** info@onenovascotia.com; **Website:** <https://www.onens.ca/>

My Home Bay

My Home Bay is an online community for residents of St. Margaret's Bay area, providing a space for local discussion, sharing information about community events, and resources. It's a place for collective problem-solving and supporting local businesses. **Organization:** St. Margaret's Bay

Stewardship Association; **Address:** N/A - Online platform; **Email:** info@mystmargaretsbay.ca; **Website:** <https://www.mystmargaretsbay.ca/>

Rural Communities Foundation of Nova Scotia

Although not strictly an online platform, the RCFofNS provides support for community-based initiatives, which often includes the implementation of various online platforms for rural community engagement and development. **Organization:** Rural Communities Foundation of Nova Scotia; **Address:** N/A - Online platform; **Email:** contact@rcfogns.com; **Website:** <http://www.ruralfoundation.ca/>

Our HRM Alliance

While focused on sustainable growth and protection of natural resources, Our HRM Alliance also fosters online engagement through their platform, connecting communities to advocate for responsible development in Halifax Regional Municipality, including remote areas.

Organization: Our HRM Alliance; **Address:** N/A - Online platform; **Email:** info@ourhrmalliance.ca; **Website:** <https://ourhrmalliance.ca/>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

South Shore Connect

An initiative geared towards promoting active living and connecting people with recreational activities within the South Shore region. Their online platform serves as a hub for locals to discover programs and community events. **Organization:** South Shore Connect; **Address:** N/A - Online platform; **Email:** info@southshoreconnect.ca; **Website:** <http://www.southshoreconnect.ca/>

Rural Transportation Association

The Rural Transportation Association (RTA) is a network of non-profit transportation services in Nova Scotia. Their goal is to improve transportation accessibility in rural areas, which includes providing accessible vehicles for seniors and disabled residents. **Organization:** Rural Transportation Association; **Address:** 153 Willow St., Truro, Nova Scotia, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Meals on Wheels

Meals on Wheels delivers nutritious meals to individuals unable to prepare their own food. The program also allows for social interaction with volunteers, addressing both dietary and social needs of the seniors in Nova Scotia's communities. **Organization:** Various organizations across Nova Scotia; **Address:** Varies by local provider; **Email:** Varies by local provider; **Website:** <http://mealsonwheelsns.ca/>

Seniors' Safety Program

The Seniors' Safety Program addresses the safety concerns and social isolation of seniors,

particularly in rural areas. The program includes safety advice, home visits, and regular check-ins. **Organization:** Various municipalities and partners; **Address:** N/A; **Email:** N/A; **Website:** N/A

VON Adult Day Programs

The VON Adult Day Programs offer social and recreational activities for adults and seniors in a group setting, providing a social outlet for those who might be isolated in remote communities.

Organization: Victorian Order of Nurses (VON); **Address:** 7075 Bayers Road, Suite 100, Halifax, Nova Scotia, B3L 2C2; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Community Wheels

Community Wheels is a community-based transportation service providing door-to-door transportation for seniors and people with disabilities in rural areas, thus reducing isolation.

Organization: Community Wheels; **Address:** N/A; **Email:** N/A; **Website:** <http://communitywheels.ca/>

Big Brothers Big Sisters of Greater Halifax

Provides one-on-one and group mentorship for youth in the Halifax area, which can include individuals from remote communities. Mentors support young people in developing confidence, social skills, and connections. **Organization:** Big Brothers Big Sisters of Greater Halifax;

Address: Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8; **Email:** halifax.info@bigbrothersbigsisters.ca; **Website:** <https://halifax.bigbrothersbigsisters.ca/>

Imhotep's Legacy Academy

A mentorship program aimed at increasing the representation of African Nova Scotian students in science, technology, engineering, and mathematics (STEM) fields. High school and university students are paired with professional mentors. **Organization:** Imhotep's Legacy Academy;

Address: Dalhousie University, Sexton Campus, B Building, 5248 Morris Street, Halifax NS, B3J 1B6; **Email:** info@imhotep.ns.ca; **Website:** <https://imhotep.ns.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Junior Achievement Nova Scotia

Offers programs that focus on financial literacy, work readiness, and entrepreneurship, often delivered through mentorship, to students across Nova Scotia, including more remote communities. **Organization:** Junior Achievement Nova Scotia; **Address:** Suite 201, 33 Alderney Drive, Dartmouth, NS B2Y 2N4; **Email:** jans @janovascotia.ca; **Website:** <https://www.janovascotia.ca/>

The Mentoring Plus Strategy

Aims to reduce youth crime and strengthen community connections through mentorship

programs. It focuses on at-risk youth in the community, including those in remote areas.

Organization: The Mentoring Plus Strategy; **Address:** N/A; **Email:** N/A; **Website:** N/A

Community Facilities Improvement Program

Provides funding to help non-profit organizations and municipalities renovate facilities in Nova Scotia. **Organization:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Address:** 1741

Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** n/a; **Website:**

<https://cch.novascotia.ca/investing-in-our-future/community-facilities-improvement-program>

Library Funding

Annual funding allocations to support libraries across Nova Scotia, including operating costs, facility upgrades and maintenance. **Organization:** 3770 Kempt Rd, Halifax, NS B3K 4X8, Canada; **Address:** 3770 Kempt Rd, Halifax, NS B3K 4X8, Canada; **Email:** n/a; **Website:** <https://library.novascotia.ca/>

Recreation Facility Development Program

Provides grants to help develop facilities in order to increase public participation in sport and physical recreation. **Organization:** 1869 Upper Water St, Halifax, NS B3J 1S9, Canada; **Address:** 1869 Upper Water St, Halifax, NS B3J 1S9, Canada; **Email:** n/a; **Website:** <https://cch.novascotia.ca/recreation-facility-development>

Culture and Heritage Development Trust

Supports the preservation and promotion of Nova Scotia's culture and heritage, including funding for relevant facilities. **Organization:** 1741 Brunswick St, Halifax, NS B3J 2G1, Canada; **Address:** 1741 Brunswick St, Halifax, NS B3J 2G1, Canada; **Email:** n/a; **Website:** <https://cch.novascotia.ca/>

Investing in Canada Infrastructure Program

A cost-shared infrastructure funding program between the federal, provincial, and municipal governments that includes community, culture, and recreation infrastructure projects.

Organization: n/a; **Address:** n/a; **Email:** n/a; **Website:**

<https://www.infrastructure.gc.ca/plan/icp-pic-INFIC-eng.html>

ISANS Community Integration Services

Immigrant Services Association of Nova Scotia (ISANS) works in partnership with government and private sector to provide community integration services to newcomers, including community centers and social facility activities. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahfx.ca/>

Neighbourhood Hubs

United Way Halifax, in collaboration with the government and private sector, supports neighbourhood hubs that serve as community centers providing a variety of social services to foster community integration. **Organization:** United Way Halifax; **Address:** 46 Portland St, Dartmouth, NS B2Y 1H4, Canada; **Email:** contact information available via website form; **Website:** <https://www.unitedwayhalifax.ca/>

Community Health Boards

Nova Scotia Health Authority partners with communities, non-profits, and the private sector to develop community health boards that act as catalysts for creating healthy, vibrant communities with programs and facilities. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Community Hubs Program

Nova Scotia Department of Communities, Culture and Heritage offers funding for the creation and operation of community hubs, encouraging partnerships across sectors. **Organization:** Nova Scotia Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** concom.gov.ns.ca; **Website:** <https://cch.novascotia.ca/>

HeartWood Centre for Community Youth Development

HeartWood facilitates community development by working directly with youth, volunteers, and other community members to engage in meaningful and impactful projects. They offer training, resources, and support to empower youth and volunteer involvement. **Organization:** HeartWood Centre for Community Youth Development; **Address:** 5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada; **Email:** info@heartwood.ns.ca; **Website:** <https://heartwood.ns.ca>

Volunteer NS

Volunteer NS is a provincial initiative that connects people with volunteer opportunities. They help community centers and social facilities find the volunteers needed for maintenance, operation, and to run various programs and services. **Organization:** Volunteer NS; **Address:** Not specific (province-wide initiative); **Email:** contact information may vary by listed volunteer opportunity; **Website:** <https://volunteerns.ca>

The Parker Street Food and Furniture Bank

This organization actively involves community volunteers in the operation of services, including food distribution, furniture donations, and their Skills Development Center. They offer various volunteer programs for community members. **Organization:** Parker Street Food & Furniture Bank; **Address:** 2415 Maynard St, Halifax, NS B3K 3V2, Canada; **Email:** info@parkerstreet.org; **Website:** [https://www.parkerstreet.org/](https://www.parkerstreet.org)

Clean Foundation

The Clean Foundation promotes environmental sustainability in Nova Scotia and includes community involvement in its Clean Leadership programs, which provide hands-on sustainability projects, including supporting local community centers with green initiatives. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Habitat for Humanity Nova Scotia

Habitat for Humanity mobilizes volunteers and community partners in building affordable housing and promoting homeownership as a means to breaking the cycle of poverty. This effort includes maintaining and operating the ReStore community centers. **Organization:** Habitat for Humanity Nova Scotia; **Address:** 81 Wright Ave, Dartmouth, NS B3B 1H4, Canada; **Email:** info@habitatns.ca; **Website:** <https://habitatns.ca>

The Halifax Central Library Project

An initiative to raise funds for the construction of the new Halifax Central Library, providing a range of services and facilities to the community. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Chester Playhouse Renovation Fund

Community fundraising campaign for the renovation of the Chester Playhouse to improve facilities and sustainability of this historic community arts venue. **Organization:** Chester Playhouse; **Address:** 22 Pleasant St, Chester, NS B0J 1J0, Canada; **Email:** admin@chesterplayhouse.ca; **Website:** <https://chesterplayhouse.ca>

The Youth Project Expansion

Fundraising efforts for The Youth Project to help with expanding their facilities, which serve LGBTQ+ youth throughout Nova Scotia. **Organization:** The Youth Project; **Address:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Build the Hub Campaign

A campaign to raise funds for the construction of the Community Hub in Halifax, aimed to house various community organizations and provide meeting spaces. **Organization:** Community Hub; **Address:** N/A - Campaign for future development; **Email:** N/A; **Website:** N/A - Not available until initialized

Colchester-East Hants Public Library's Bookmobile Service

This service provides mobile library services to various communities in Colchester-East Hants, bringing books, DVDs, and other library materials to areas without easy access to a library branch. **Organization:** Colchester-East Hants Public Library; **Address:** 754 Prince Street, Truro, NS B2N 1G9; **Email:** askthelibrary@cehpubliclibrary.ca; **Website:** <https://cehpl.ca/services/bookmobile/>

Cape Breton Regional Library's Library on Wheels

The Library on Wheels offers access to library services for those living in assisted living facilities or who cannot get to their local library branch due to transportation or mobility issues. **Organization:** Cape Breton Regional Library; **Address:** 50 Falmouth Street, Sydney, NS B1P 6X9; **Email:** info@cbrl.ca; **Website:** <http://www.cbrl.ca/>

Halifax Public Libraries' The Book Bus

This is a pop-up library that travels to different locations throughout the Halifax area, providing a

selection of books, movies, and other materials for all ages, along with information about library programs and services. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Road, Halifax, NS B3J 1E9; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/bookmobile/>

Pictou-Antigonish Regional Library's Books-by-Mail and Library Outreach Service

Although not a mobile community center, this outreach service provides mail delivery to residents who are unable to visit the library due to distance or physical limitations, effectively bringing the library services to their homes. **Organization:** Pictou-Antigonish Regional Library; **Address:** 182 Dalhousie Street, P.O. Box 276, New Glasgow, NS B2H 5E3; **Email:** parl@parl.ns.ca; **Website:** <http://www.parl.ns.ca/services/outreach.php>

Halifax Public Libraries Partnership with Credit Union Atlantic

Credit Union Atlantic (CUA) has a community partnership through which it sponsors a library card sign-up campaign and funds library programs that support literacy and learning across the Halifax area. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Community Access Program (CAP)

The CAP initiative, formerly supported by the Government of Canada, aimed to provide affordable and accessible internet access across communities, often available in public spaces like libraries. In response to the ends of federal funding, some business in Nova Scotia may offer sponsorships to maintain computers and internet access. **Organization:** Various local organizations and businesses; **Address:** NA; **Email:** NA; **Website:** NA

Recreation Access Program

The Recreation Access Program provides low-income families in Halifax with free or reduced-cost access to recreation facilities and programs, ensuring that financial barriers don't prevent participation in community activities. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contact.halifax@halifax.ca; **Website:** <https://www.halifax.ca/>

Culture Link Sponsorship

Culture Link CIC is a partnership that connects newcomers to cultural and intercultural experiences in Halifax, which may include sponsored memberships to local institutions like libraries or community centers. **Organization:** Culture Link CIC; **Address:** 1657 Barrington St #501, Halifax, NS B3J 2A1, Canada; **Email:** info@culturelinkns.ca; **Website:** <https://www.culturelinkns.ca/>

Halifax Park Community Gatherings

Seasonal community gatherings taking place in various public parks across Halifax, featuring family-friendly activities, local music, and food vendors to encourage community bonding and use of public spaces. **Organization:** Halifax Regional Municipality; **Address:** P.O. Box 1749, Halifax, Nova Scotia B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/parks-recreation/events>

Neighbourhood Movie Nights

Outdoor movie screenings hosted at different school grounds and parks around Nova Scotia, aimed at providing free family entertainment and fostering community spirit. **Organization:** Neighbourhood Film Screening Initiative; **Address:** N/A; **Email:** info@neighbourhoodmoviesns.ca; **Website:** <http://neighbourhoodmoviesns.ca/>

Community Business Mixers

Regular mixers held at local businesses, offering networking opportunities for entrepreneurs and community members, accompanied by local eats and entertainment. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Local Farmers' Markets Community Events

Events held at farmers' markets throughout Nova Scotia that in addition to offering local produce, also include activities like cooking classes, DIY workshops, and live music to encourage socialization. **Organization:** Farmers' Markets of Nova Scotia Cooperative; **Address:** N/A; **Email:** info@farmersmarketsnovascotia.ca; **Website:** <https://www.farmersmarketsnovascotia.ca/>

Park Yoga Sessions

Free yoga sessions in public parks for individuals of all skill levels, aiming to improve community health and provide an opportunity for residents to connect. **Organization:** Yoga in the Park Nova Scotia; **Address:** N/A; **Email:** yogaintheparkns@yogaoutreach.com; **Website:** N/A

Community Facilities Improvement Program

The Community Facilities Improvement Program funds capital projects that maintain or improve existing community facilities. This includes extensions, renovations, and upgrades that enable organizations to offer better services to their communities. **Organization:** Government of Nova Scotia; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** Not publicly available - contact through website; **Website:** <https://cch.novascotia.ca/>

Public Libraries Renewal Program

Nova Scotia's Public Libraries Renewal Program aims at revitalization of public libraries across the province to ensure they remain vibrant centers of learning and community gathering. **Organization:** Nova Scotia Provincial Library; **Address:** Library Support Services, 3770 Kempt Road, Halifax, N.S. B3K 4X8; **Email:** Not publicly available - contact through website; **Website:** <https://library.novascotia.ca/>

Recreation Facility Development Program

This program provides grants to help fund construction of new recreation facilities or upgrades to existing facilities. It underlines the importance of having these spaces accessible to the community for health and wellness benefits. **Organization:** Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** Not publicly available - contact through website; **Website:** <https://cch.novascotia.ca/>

Community ACCESS-Ability Program

This program provides funding to community groups for the costs of renovations, installations, and equipment that will improve accessibility in community facilities. **Organization:** Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** Not publically available - contact through website; **Website:** <https://cch.novascotia.ca/>

Community Building Fund

The Community Building Fund supports new and existing community spaces that bring people together by investing in facilities and equipment necessary for cultural programming and activities. **Organization:** Canada Cultural Investment Fund; **Address:** Assuming Halifax's address, as specific Nova Scotia address not provided; **Email:** PCH.info-info.PCH@canada.ca; **Website:** <https://www.canada.ca/en/canadian-heritage/services/funding/building-communities.html>

Community Counts

Community Counts was a government initiative providing social, economic, and demographic data at the community level. The data was collected to assist non-profits and local governments in planning and resource allocation. **Organization:** Government of Nova Scotia; **Address:** N/A - The program was discontinued; **Email:** N/A - The program was discontinued; **Website:** N/A - The program was discontinued

Housing Needs Assessments

The Province partners with municipal governments to conduct Housing Needs Assessments, understanding the housing needs in communities to inform planning and investment.

Organization: Nova Scotia Department of Municipal Affairs and Housing; **Address:** PO Box 216, Halifax, NS B3J 2N2; **Email:** housingns@novascotia.ca; **Website:** <https://housing.novascotia.ca/>

Participatory Community Planning

This involves community members in decision-making processes about the development and management of social facilities, services, and resources to meet local needs. **Organization:** Various community organizations and municipal governments; **Address:** Addresses vary by organization; **Email:** Emails vary by organization; **Website:** Web pages vary by organization

Quality of Life Survey

An initiative to gather data on the well-being of communities across Nova Scotia, which guides governments, businesses, and community organizations in investment and programming decisions. **Organization:** Engage Nova Scotia; **Address:** 1660 Hollis St., Suite 110, Halifax, NS B3J 1V7; **Email:** hello@engagenovascotia.ca; **Website:** <https://www.engagenovascotia.ca/>

Nova Scotia Community Access Program (C@P)

C@P provides communities with public access to technology and the Internet. The program aims to increase digital literacy and provide opportunities for social engagement and learning through access to online resources and services. **Organization:** Nova Scotia Community Access Program Society; **Address:** N/A; **Email:** N/A; **Website:** <https://caphubns.ca/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

TechACCESS

An initiative aimed at enhancing access to technology and connectivity, especially in rural and underserved areas of Nova Scotia. TechACCESS provides computers, Internet access, and training across various locations. **Organization:** Nova Scotia's Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, P.O. Box 456, Station A, Halifax, Nova Scotia, B3J 2R5; **Email:** n/a; **Website:** N/A

Connected e-Seniors

A program that helps seniors in Nova Scotia stay connected through the use of technology. They offer training on using devices, social media, and other digital tools to keep older adults engaged with their communities. **Organization:** Senior Safety Program of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** N/A

LearnSphere's E-Connect Program

Provides businesses and non-profit organisations with the tools they need to increase their online presence and capabilities. This includes training for using various digital platforms and enhancing skills for remote engagement. **Organization:** LearnSphere Canada; **Address:** PO Box 28041, RPO West End, Saint John, New Brunswick E2L 5G5; **Email:** info@learnsphere.ca; **Website:** <https://www.learnsphere.ca/>

Halifax Common Master Plan

The Halifax Common Master Plan is a comprehensive effort to improve and renew one of the oldest public spaces in Canada. The plan involves upgrading existing amenities, enhancing accessibility, and adding new features like modern playgrounds and sports facilities.

Organization: Halifax Regional Municipality; **Address:** Halifax Regional Municipality, PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/>

North Common Renewal

This initiative focuses on revitalizing the North Common in Halifax, with particular emphasis on sustainable landscape design, inclusive recreational facilities, and the addition of native plant species. **Organization:** Halifax Regional Municipality; **Address:** Halifax Regional Municipality, PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/>

Dartmouth Common Master Plan

The Dartmouth Common Master Plan aims to restore and enhance this historic public space in Dartmouth. Plans include improving pathways, modernizing play areas, and ensuring a mix of passive and active recreational opportunities. **Organization:** Halifax Regional Municipality;

Address: Halifax Regional Municipality, PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/>

Leighton Dillman Park Upgrades

Located within Dartmouth Common, Leighton Dillman Park has undergone a series of upgrades to its gardens, pathways, and overall landscape to improve its accessibility and aesthetic appeal.

Organization: Halifax Regional Municipality; **Address:** Halifax Regional Municipality, PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/>

Halifax Green Network Plan

A strategic plan adopted by the Halifax Regional Municipality focusing on the identification and stewardship of natural lands, including parks, to form an interconnected green network.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Dartmouth Commons

A series of public consultations and plans to enhance and potentially expand the Dartmouth Commons, a large park area in downtown Dartmouth, includes considerations for additional green space and park land. **Organization:** Halifax Regional Municipality; **Address:** 90 Alderney Drive, Dartmouth, NS B2Y 4S8 Canada; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/>

Our HRM Alliance Greenbelting and Public Spaces Plan

A partnership of over 60 groups working towards sustainable land use in the Halifax region, including the creation of new parks and protection of important green spaces. **Organization:** Our HRM Alliance; **Address:** N/A; **Email:** info@ourhrmalliance.ca; **Website:** <http://ourhrmalliance.ca/>

Blue Mountain - Birch Cove Lakes Wilderness Area

An effort leading towards the creation of a large urban wilderness park, including community involvement in planning future park boundaries and access points. **Organization:** Halifax Regional Municipality / Nova Scotia Nature Trust; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada / 81 Prince Albert Road, Dartmouth, NS B2Y 1M1 Canada; **Email:** contacthrm@halifax.ca / info@nsnt.ca; **Website:** <https://www.halifax.ca/>

Jumpstart Community Development Grants

Canadian Tire Jumpstart Charities provides Community Development Grants for recreational facility development and maintenance, supporting fundraisers and community events.

Organization: Canadian Tire Jumpstart Charities; **Address:** 2180 Yonge Street, P.O. Box 770, Station K, Toronto, ON, M4P 2V8, Canada; **Email:** jumpstart@cantire.com; **Website:** <http://jumpstart.canadiantire.ca/>

Recreation Facility Development Program

This program provides financial assistance to help with the planning, design, construction, expansion, renovation, and repair of recreation facilities. **Organization:** Government of Nova

Scotia - Communities, Culture and Heritage; **Address:** 1741 Brunswick St, P.O. Box 456, Station A, Halifax, NS B3J 2R5; **Email:** n/a; **Website:** <https://cch.novascotia.ca/>

Community Health Boards Wellness Funds

Community Health Boards in Nova Scotia distribute Wellness Funds to support local projects that address community health plan priorities, which may include the development of recreational facilities. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** n/a; **Website:** <http://www.nshealth.ca/>

Support4Sport Canada Games Sport Equipment Fund

Provides funding to community groups, sport clubs, and other not-for-profit organizations for the purchase of sport equipment. **Organization:** Sport Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6, Canada; **Email:** info@sportnovascotia.ca; **Website:** <https://www.sportnovascotia.ca/>

Halifax Regional Municipality Community Grants Program

The Community Grants Program offers financial support to non-profit organizations for capital costs related to facilities and housing, with funding for recreational spaces as one potential application. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** grants@halifax.ca; **Website:** <https://www.halifax.ca/>

Shared Use of School Facilities

Nova Scotia's government has an agreement where schools make their facilities available to local communities outside school hours. This includes using sports fields, gymnasiums, and other spaces for community sports and recreation. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, NS, B3J 2S9, Canada; **Email:** Not publicly available; **Website:** <https://www.ednet.ns.ca/>

HRM Community Use of Schools

Halifax Regional Municipality collaborates with the Halifax Regional Centre for Education to enable community access to school facilities during non-school hours. This includes recreational programs, sports, and community meetings. **Organization:** Halifax Regional Centre for Education; **Address:** 33 Spectacle Lake Drive, Dartmouth, NS, B3B 1X7, Canada; **Email:** Not publicly available; **Website:** <https://www.hrce.ca/>

Community ACCESS-Ability Program

A program that provides funding for non-profit organizations to improve accessibility in facilities and venues for public use, such as libraries and recreation centers. **Organization:** Nova Scotia Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** n/a; **Website:** <https://cch.novascotia.ca/>

Joint Use Agreement

Schools and municipalities in Nova Scotia often have joint use agreements that allow community organizations and citizens to use school facilities for sports and events, fostering partnerships between schools and the wider community. **Organization:** Various School Boards and

Municipalities; **Address:** Varies by agreement; **Email:** Not publicly available; **Website:** Varies by agreement

Halifax Sport & Social Club

An organization providing adults with co-ed recreational sports leagues in the Halifax area. They offer various sports including soccer, basketball, volleyball, softball, and more. **Organization:** Halifax Sport & Social Club; **Address:** Unit 102 - 5516 Spring Garden Rd, Halifax, NS B3J 1G6; **Email:** info@halifaxsport.ca; **Website:** <https://halifaxsport.ca/>

Soccer Nova Scotia

The official governing body for soccer in Nova Scotia, which promotes the sport at all levels. They offer programs and services to support local community soccer clubs. **Organization:** Soccer Nova Scotia; **Address:** 210 Thomas Raddall Drive, Halifax, NS B3S 0J2; **Email:** soccer@soccerns.ca; **Website:** <https://www.soccerns.ca/>

Basketball Nova Scotia

A non-profit organization responsible for governing and developing basketball in the province, which includes support for community basketball teams and clubs. **Organization:** Basketball Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@basketballnovascotia.ca; **Website:** <https://basketballnovascotia.com/>

Tennis Nova Scotia

The provincial regulatory body for tennis in Nova Scotia that promotes the growth of the sport through programs at the community level, including clubs and tournaments. **Organization:** Tennis Nova Scotia; **Address:** 5516 Spring Garden Rd, Halifax, NS B3J 1G6; **Email:** info@tennisnovascotia.ca; **Website:** <http://www.tennisnovascotia.ca>

Cricket Nova Scotia

The official body for cricket in Nova Scotia, it promotes and encourages the development of cricket across the province, supporting local cricket clubs. **Organization:** Cricket Nova Scotia; **Address:** Not provided.; **Email:** cricketnovascotia@gmail.com; **Website:** <http://www.cricketnovascotia.ca>

Halifax Urban Greenway

A community-driven initiative focused on the development of a greenway for active transportation and recreational use, connecting the Chain of Lakes Trail with Point Pleasant Park. **Organization:** Halifax Urban Greenway Association; **Address:** N/A; **Email:** info@halifaxurbangreenway.ca; **Website:** <http://halifaxurbangreenway.ca>

The Blue Route

Provincial cycling network that aims to connect communities across Nova Scotia through designated biking routes, promoting cycling for transportation and tourism. **Organization:** Bicycle Nova Scotia; **Address:** N/A; **Email:** blueroute@bicycle.ns.ca; **Website:** [https://blueroute.ca/](https://blueroute.ca)

Active Transportation Plan

A plan that outlines the development of sidewalks, pathways, trails, and bike lanes aimed at

enhancing active transportation options in the region. **Organization:** Municipality of the County of Kings; **Address:** 87 Cornwallis St, Kentville, NS B4N 2E5, Canada; **Email:** info@countyofkings.ca; **Website:** <https://www.countyofkings.ca/community-recreation/active-transportation.aspx>

Cobequid Trail

A network of trails that spans several communities in the Cobequid region, offering scenic and accessible routes for walking, cycling, and other active transportation. **Organization:** Cobequid Trail Commission; **Address:** N/A; **Email:** N/A; **Website:** <https://cobequidtrail.ca/>

Aspotogan Trail

A converted rails-to-trails project, located between Hubbards and Aspotogan, providing a multi-use path for hikers, bikers, and active transportation enthusiasts. **Organization:** Aspotogan Heritage Trust; **Address:** 20 Pte Richard Green Ln, Hubbards, NS B0J 1T0, Canada; **Email:** info@aspotogan.org; **Website:** <https://aspotogan.org/>

Harvest Moon Trailway

A 110-km trail that runs from Grand-Pré to Annapolis Royal, catering to cyclists and pedestrians and forming part of The Great Trail network in Canada. **Organization:** Municipalities along the trail route; **Address:** N/A; **Email:** N/A; **Website:** <https://www.harvestmoontrail.ca/>

Halifax Busker Festival

Annual festival featuring street performers, musicians, and entertainers along the Halifax waterfront. **Organization:** Waterfront Development; **Address:** 1549 Lower Water Street, Halifax, Nova Scotia; **Email:** info@buskers.ca; **Website:** <https://www.buskers.ca>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

Royal Nova Scotia International Tattoo

An annual week-long event that showcases military bands, cultural displays, and international performers, fostering community engagement and cultural exchange. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** [https://nstattoo.ca/](https://nstattoo.ca)

Open Street Sundays

An event wherein streets in downtown Halifax become car-free zones allowing people to walk, bike, and enjoy various recreational activities. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food

Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Lunenburg Folk Harbour Festival

A yearly event that features a variety of folk music performances in outdoor and indoor venues around Lunenburg. This family-friendly festival also provides workshops and local artisan display. **Organization:** Folk Harbour Society; **Address:** 125 Montague Street, Lunenburg, Nova Scotia, B0J 2C0, Canada; **Email:** info@folkharbour.com; **Website:** <https://www.folkharbour.com>

Scotiabank Blue Nose Marathon

A community event that includes a marathon, half-marathon, 10k, 5k, and youth run, promoting fitness and community spirit. **Organization:** Scotiabank Blue Nose Marathon; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, Nova Scotia, B3J 1G6; **Email:** info@bluenosemarathon.com; **Website:** <https://bluenosemarathon.com>

Chester Race Week

North America's largest keelboat regatta which includes sailboat racing, social events, and onshore entertainment. **Organization:** Chester Yacht Club; **Address:** PO Box 290, Chester, Nova Scotia, B0J 1J0; **Email:** info@chesterraceweek.com; **Website:** <https://chesterraceweek.com>

Youth Art Connection

Youth Art Connection works with youth to engage them in social change through arts. Through various workshops, events, and programs they create spaces for young people to express themselves and learn. **Organization:** Youth Art Connection; **Address:** 5553 Bloomfield St, Halifax, NS B3K 1S7, Canada; **Email:** info@youthartconnection.ca; **Website:** <https://youthartconnection.ca>

HeartWood Centre for Community Youth Development

HeartWood facilitates community development by working directly with youth, volunteers, and other community members to engage in meaningful and impactful projects. They offer training, resources, and support to empower youth and volunteer involvement. **Organization:** HeartWood Centre for Community Youth Development; **Address:** 5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada; **Email:** info@heartwood.ns.ca; **Website:** <https://heartwood.ns.ca>

4-H Nova Scotia

4-H is a youth organization focusing on personal development and community involvement. 4-H members participate in various activities such as clubs focusing on agriculture, science, health, and the arts. **Organization:** 4-H Nova Scotia; **Address:** 90 Research Drive, Bible Hill, NS B6L 2R2, Canada; **Email:** info@4hnovascotia.ca; **Website:** <http://www.4hnovascotia.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House;

Address: 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Rec Connect

The Halifax Regional Municipality's Rec Connect program partners with local businesses to offer discounts on recreational activities for members. This includes discounted memberships at participating local gyms and fitness centers. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/recreation>

Community YMCA Partnerships

YMCA Centers in Nova Scotia often partner with local businesses and organizations to offer reduced membership rates and special programs, making recreational facilities more accessible to the community. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 7071 Bayers Road, Halifax, NS, B3L 2C2; **Email:** customer.service@ymca.ca; **Website:** <https://ymcahx.ca/>

Corporate Wellness Programs

Businesses in Nova Scotia can partner with GoodLife Fitness to offer their employees discounted gym memberships as part of corporate wellness programs, providing greater access to recreational facilities. **Organization:** GoodLife Fitness; **Address:** Various locations across Nova Scotia; **Email:** media.relations@goodlifefitness.com; **Website:** <https://www.goodlifefitness.com/>

Bike Again Program

A community-run program partnered with local organizations to provide free access to bicycles and cycling equipment, coupled with education and workshops for bike maintenance and safe cycling. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, NS B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

ParticipACTION Community Better Challenge

This nationwide program has local events in Nova Scotia, with partnerships with various local organizations, aiming to get communities moving and tracking physical activity for the potential of winning funds for local physical activity initiatives. **Organization:** ParticipACTION; **Address:** Not specific to Nova Scotia: National Office in Toronto, Ontario; **Email:** info@participation.com; **Website:** <https://www.participation.com/en-ca/programs/community-challenge>

Recreation Facility Development Program

This program provides grants to help fund construction of new recreation facilities or upgrades to existing facilities. It underlines the importance of having these spaces accessible to the

community for health and wellness benefits. **Organization:** Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** Not publically available - contact through website; **Website:** <https://cch.novascotia.ca/>

Community Recreation Capital Grant Program

This grant supports small capital projects that enable Nova Scotians to have greater access to recreation experiences. **Organization:** Municipal Affairs and Housing; **Address:** PO Box 216, Halifax, NS, B3J 2M4; **Email:** NSCRCP@novascotia.ca; **Website:** <https://beta.novascotia.ca/>

Support4Sport Canada Games Sport Equipment Fund

Provides funding to community groups, sport clubs, and other not-for-profit organizations for the purchase of sport equipment. **Organization:** Sport Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6, Canada; **Email:** info@sportnovascotia.ca; **Website:** <https://www.sportnovascotia.ca/>

Building Vibrant Communities Grant

Supports community-based initiatives that reduce poverty and promote social inclusion, including investments in community recreation. **Organization:** Community Services; **Address:** PO Box 696, Halifax, NS, B3J 2T7; **Email:** generalinq@gov.ns.ca; **Website:** <https://novascotia.ca/>

The Dartmouth Seniors Service Centre

The Dartmouth Seniors Service Centre offers a wide range of activities and programs for seniors including meals, fitness classes, educational sessions, and social events. **Organization:** Dartmouth Seniors Service Centre; **Address:** 45 Ochterloney Street, Dartmouth, NS B2Y 4M7, Canada; **Email:** info@thedssc.ca; **Website:** <https://www.thedssc.ca>

Spencer House

Spencer House is a senior's activity center providing daily social, recreational, and educational programs for older adults in Halifax. **Organization:** Spencer House; **Address:** 5596 Morris Street, Halifax, NS B3J 1C2, Canada; **Email:** info@spencerhouse.ca; **Website:** [http://www.spencerhouse.ca/](http://www.spencerhouse.ca)

The Northwood Community Centre

Northwood Community Centre offers a variety of recreational, wellness, and social programs tailored to seniors to encourage continued community engagement and support. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca>

Bedford-Hammonds Plains Community Centre

Although serving a broader community, this centre often hosts events and activities aimed at engaging seniors, promoting social interaction and community-connectivity for retired individuals. **Organization:** Bedford-Hammonds Plains Community Centre; **Address:** 202 Innovation Dr, Bedford, NS B4B 0G4, Canada; **Email:** info@bhphc.ca; **Website:** [https://www.bhrecreation.ca/](https://www.bhrecreation.ca)

The Berwick & District Community Centre

This centre provides a space for seniors as part of its broader community offerings, with activities

that include card games, social gatherings, and other senior-focused events. **Organization:** The Berwick & District Community Centre; **Address:** 250 Veterans Drive, Berwick, NS B0P 1E0, Canada; **Email:** reccordinator@berwickns.ca; **Website:** <https://berwickns.ca/recreation.html>

LeBrun Centre

The LeBrun Centre has a variety of programs for seniors, promoting health and social interaction through activities like pickleball and bridge. **Organization:** LeBrun Centre; **Address:** 36 Holland Avenue, Bedford, NS B4A 1E6, Canada; **Email:** N/A; **Website:** <https://www.halifax.ca/recreation/facilities-fields/rec-centres/lebrun-recreation-centre>

Valley View Villa

Valley View Villa is a residential and care facility that includes a community center aspect with its programming for seniors, offering a variety of recreational and social activities. **Organization:** Valley View Villa; **Address:** 6125 Trafalgar Road, Riverton, NS B0K 1V0, Canada; **Email:** administration@valleyviewvilla.ca; **Website:** <http://valleyviewvilla.ca/>

Intergenerational Program at Northwood

Northwood's program encourages connections between seniors and young people in the community, including joint activities and community involvement initiatives. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

LINKages

LINKages facilitates intergenerational programs within schools and communities, to create connections and foster respect between generations. **Organization:** LINKages Society of Nova Scotia; **Address:** Varies by program location across Nova Scotia; **Email:** Use the contact form on their website; **Website:** <http://www.linkagesns.com/>

Shared Art Programs

Collaborative art initiatives where seniors and youth create artwork together and participate in joint exhibitions, enhancing well-being and understanding. **Organization:** Canada Council for the Arts; **Address:** 150 Elgin Street, P.O. Box 1047, Ottawa, ON K1P 5V8 (Not specific to Nova Scotia); **Email:** info@canadacouncil.ca; **Website:** <https://canadacouncil.ca/>

ElderDog Canada

The program aids older adults with dog care needs and engages volunteers of all ages to support them, creating intergenerational connections centered on pet companionship. **Organization:** ElderDog Canada; **Address:** P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1; **Email:** info@elderdog.ca; **Website:** <https://www.elderdog.ca/>

Senior Safety Program

The Senior Safety Program is a unique initiative that focuses on the safety and well-being of seniors. Volunteers and program coordinators work together to offer safety presentations, home visits, and regular contact to ensure seniors feel connected to their community. **Organization:** Various municipalities and police departments in partnership; **Address:** Varies by municipality; **Email:** None; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Friendly Visiting Program

This initiative connects volunteers with seniors for regular visits, providing companionship and reducing isolation amongst elderly residents. Volunteers may also assist with errands and light tasks. **Organization:** VON (Victorian Order of Nurses) Canada; **Address:** 7001 Mumford Rd, Halifax, NS B3L 4N9, Canada; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Meals on Wheels

While primarily a meal delivery service, Meals on Wheels also provides a form of regular social contact. Volunteers deliver meals to the homes of seniors and disabled adults, ensuring they receive both nutrition and a friendly check-in. **Organization:** Meals on Wheels of Halifax; **Address:** Suite 314, 7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** mowhalifax@mealsonwheels.ca; **Website:** <https://www.mealsonwheels.ca/>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit; **Address:** PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

HOPE Dial-A-Ride

HOPE Dial-A-Ride offers an affordable, accessible transportation option for residents of the Digby/Clare area who may not have access to private or public transportation. Priority services are provided to seniors and those with disabilities. **Organization:** HOPE Dial-A-Ride; **Address:** PO Box 1534, Digby, NS B0V 1A0; **Email:** info@hopedialaride.com; **Website:** <http://www.hopedialaride.com/>

Senior Wheels Association

Senior Wheels Association offers an affordable, door-to-door transportation service for seniors. The service is available to residents of Amherst who need transportation to medical services, social outings, or shopping trips. **Organization:** Senior Wheels Association; **Address:** Amherst, NS; **Email:** N/A; **Website:** <https://www.facebook.com/pages/category/Nonprofit-Organization/Senior-Wheels-Association-214646368720472/>

MusGo Rider Cooperative Ltd

MusGo Rider is a rural rideshare service that provides pre-booked rides primarily for seniors, including shuttle services between remote communities and major towns for shopping, healthcare services, and social activities. **Organization:** MusGo Rider Cooperative Ltd; **Address:** N/A; **Email:** musgorider@gmail.com; **Website:** <http://musgorider.com/>

Meals on Wheels

Meals on Wheels provides nutritious meals to seniors and individuals with disabilities that may have difficulty preparing food on their own. Along with the meal delivery, recipients benefit from regular social contact with volunteers. **Organization:** Victorian Order of Nurses – Halifax Branch; **Address:** 7001 Mumford Road, Suite 300, Halifax, NS B3L 2H8; **Email:** info@von.ca; **Website:** <https://www.von.ca/en/service/meals-wheels>

Meals on Wheels

Delivering hot or frozen meals to those who are unable to prepare meals for themselves, ensuring that participants receive a nutritious meal and a check-in to enhance their safety and well-being. **Organization:** Dartmouth Seniors Service Centre; **Address:** 45 Ochterloney Street, Dartmouth, NS B2Y 4M7; **Email:** info@dartmouthseniors.ca; **Website:** <http://www.dartmouthseniors.ca/>

Cape Breton Meals on Wheels

This program offers meal delivery services to seniors and those recovering from illness, ensuring they receive the nutrition they need without the burden of meal preparation. **Organization:** Cape Breton Meals on Wheels; **Address:** Contact organization for specific addresses; **Email:** ; **Website:** <http://www.mealsonwheelscb.com/>

Yarmouth Meals on Wheels

Operated by volunteers, this program delivers hot meals to residents of Yarmouth who cannot prepare meals for themselves, due to age or disability. **Organization:** Yarmouth Meals on Wheels; **Address:** 55 Parade Street, Yarmouth, NS B5A 3P4; **Email:** mealsonwheels@eastlink.ca; **Website:** <http://mealsonwheelsyarmouth.ca/>

Annapolis Valley Meals on Wheels

A volunteer-based service that delivers nutritious meals to those who are unable to cook for themselves, ensuring they maintain a balanced diet. **Organization:** Annapolis Valley Meals on Wheels; **Address:** Various locations in Annapolis Valley; **Email:** Contact through website form; **Website:** http://www.avmealsonwheels.ca/contact_us

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Senior Tech Services

Senior Tech Services offers one-on-one support and training to help seniors in Nova Scotia learn how to use technology, including smartphones, tablets, and computers, with the aim of keeping

them connected with friends and family. **Organization:** Senior Tech Services; **Address:** N/A – Services are provided in clients' homes or meeting places; **Email:** N/A – Contact through website form; **Website:** <https://www.seniortechservices.ca/>

Digital Literacy Support

The Nova Scotia government often runs digital literacy programs through public libraries where seniors can receive help and instruction on using digital devices and staying connected online.

Organization: Nova Scotia Public Libraries; **Address:** Locations vary by program within Nova Scotia Public Libraries; **Email:** N/A – Contact through local library channels; **Website:** <https://library.novascotia.ca/>

Computers for Schools Plus

Though mainly focused on education and non-profits, this program also provides computers to at-risk populations, including seniors, to improve their ability to connect through technology.

Organization: Computers for Schools Plus, Nova Scotia; **Address:** 202 Brownlow Avenue, Unit 1B, Dartmouth, Nova Scotia B3B 1T5; **Email:** contact@valevita.ca; **Website:** <http://valevita.ca/>

Senior Safety Programs

Senior Safety Programs implemented across various counties in Nova Scotia provide various forms of support to seniors including safety advice, social activities, and referrals to local resources such as counseling and support groups for elderly individuals to address issues such as loneliness and mental health. **Organization:** Various Police Departments and Municipality Partnerships; **Address:** Different locations depending on the county; **Email:** Varies by county program; **Website:** http://novascotia.ca/seniors/senior_Safety_Programs.asp

Senior Centres

Senior Centres in Nova Scotia offer a variety of programs and activities designed to support the social needs of elderly residents. These centres often host support groups, recreational activities, and provide access to counseling services. **Organization:** Various Municipal and Community Organizations; **Address:** Different locations across Nova Scotia; **Email:** Varies by centre; **Website:** <https://novascotia.ca/age-friendly-community-program/>

Caregivers Nova Scotia

Provides free support to informal caregivers including support groups that can help seniors dealing with loss. **Organization:** Caregivers Nova Scotia Association; **Address:** The Parkway, 5553 Bloomfield Street, Halifax, Nova Scotia, B3K 1S7; **Email:** info@caregiversns.org; **Website:** <http://www.caregiversns.org>

Nova Scotia 211

211 is a free helpline that connects individuals to community and social services in their area, including support groups and counseling services for seniors. It operates 24/7 and can provide assistance in finding senior-specific support options in Nova Scotia. **Organization:** United Way; **Address:** N/A - Helpline Service; **Email:** N/A; **Website:** <https://ns.211.ca/>

Continuing Care Program

Offered by the Nova Scotia Department of Health and Wellness, the Continuing Care Program

connects individuals with services such as home support, long-term care, and caregiver support, including the potential access to counseling and support groups. **Organization:** Nova Scotia Department of Health and Wellness; **Address:** 1894 Barrington Street, Halifax, NS B3J 2A8; **Email:** continuingcare@novascotia.ca; **Website:** <https://novascotia.ca/dhw/ccs/>

Senior Games Nights

Regularly scheduled evenings of board games, card games, and other activities for senior residents to enjoy in a social setting. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Road, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Book Clubs for Seniors

Monthly book club gatherings that offer a way for elderly members to discuss literature and socialize. **Organization:** Dartmouth Seniors Service Centre; **Address:** 45 Ochterloney St, Dartmouth, NS B2Y 3Z3, Canada; **Email:** info@dartmouthseniors.ca; **Website:** <http://www.dartmouthseniors.ca>

Exercise and Wellness Programs

Fitness classes including yoga, tai chi, and light aerobics tailored to the senior population, promoting physical health and well-being. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** n/a; **Website:** <https://nwood.ns.ca>

Arts and Crafts Workshops for Seniors

Workshops where seniors can learn new skills or hone existing ones in various arts and crafts, fostering creativity and social interaction. **Organization:** Seniors' College Association of Nova Scotia; **Address:** 6241 Chebucto Road, Halifax, NS B3L 1K7, Canada; **Email:** info@thescans.ca; **Website:** <http://www.thescans.ca>

Senior Day Trips

Organized day trips to local attractions, cultural events, and natural sites, providing enjoyment and educational experiences. **Organization:** Yarmouth Recreation; **Address:** 932 Hwy 1, Hebron, NS B5A 5Z5, Canada; **Email:** recreation@district.yarmouth.ns.ca; **Website:** <https://www.yarmouthrecreation.ca>

VON Friendly Visiting

VON Friendly Visiting program provides companionship to isolated or lonely seniors and adults with disabilities. Volunteers are matched with clients and visit them in their homes.

Organization: Victorian Order of Nurses (VON); **Address:** 7001 Mumford Road, Suite 300, Halifax, Nova Scotia, B3L 2H8; **Email:** info@von.ca; **Website:** <https://www.von.ca/en/site/halifax>

Senior Safety Program

The Senior Safety Program offers in-home visits to provide safety information, support, and referrals to other community services for seniors. **Organization:** Various police departments and municipalities in association with the Nova Scotia Department of Seniors; **Address:** Contact local

police departments or municipalities for specific locations; **Email:** N/A; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Northwood Intouch Friendly Visiting

Northwood Intouch program provides friendly visiting services where volunteers spend time with seniors providing companionship and social interaction. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, Nova Scotia, B3K 3S5; **Email:** intouch@nwood.ns.ca; **Website:** <https://nwood.ns.ca/>

Community Links Visiting Program

The visiting program is designed to decrease social isolation amongst seniors by matching them with trained volunteers from their community for social visits. **Organization:** Community Links; **Address:** N/A; **Email:** info@nscommunitylinks.ca; **Website:** <http://nscommunitylinks.ca/>

Seniors' Health Clinics

Specialized clinics focusing on the healthcare needs of seniors. These clinics offer comprehensive assessments, management of complex health issues, and coordination of care among different healthcare services and providers. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, Nova Scotia, B3J 1T1; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Community Health Teams

Teams that provide free wellness programs and services, including health and wellness sessions, tailored to meet the needs of older adults in the community. They aim to promote better health and prevent chronic diseases through education and support. **Organization:** Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Caregivers Nova Scotia

Caregivers Nova Scotia provides support to caregivers which can encompass arranging or advising on transportation solutions for the seniors they care for. This can facilitate the social participation of seniors in community activities. **Organization:** Caregivers Nova Scotia; **Address:** The Parkway, 15 Dawn Dr, Halifax, NS B3M 4E7, Canada; **Email:** info@caregiversns.org; **Website:** <https://www.caregiversns.org/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Continuing Care

A coordinated system of home and community-based health care services for seniors aimed at enhancing their quality of life. It involves close collaboration with healthcare providers and can include home care, long-term care, respite care, and other support services. **Organization:** Nova

Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** continuingcare@novascotia.ca; **Website:** <http://www.nshealth.ca/continuing-care>

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nchc.com/>

The Northwood Foundation

The Northwood Foundation is a leading advocate for seniors in Nova Scotia and has been instrumental in expanding senior care. They have long been involved in developing and operating senior centers and healthcare facilities. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/>

The Expansion of Care Facility in Cape Breton

This initiative involves the construction of new long-term care facilities and the renovation of existing ones across Cape Breton to meet the needs of the aging population. **Organization:** Nova Scotia Department of Health and Wellness; **Address:** P.O. Box 488, Halifax, NS B3J 2R8; **Email:** Not available; **Website:** <https://novascotia.ca/dhw/>

Berwick and Area New Seniors' Complex

A project to build a new senior living complex in Berwick, which would provide both residential accommodations and healthcare services to the elderly in the community. **Organization:** Municipality of the County of Kings; **Address:** 181 Coldbrook Village Park Dr, Coldbrook, NS B4R 1B9; **Email:** info@countyofkings.ca; **Website:** <https://www.countyofkings.ca/>

Senior Citizens' Secretariat

The Secretariat works to implement and oversee senior-friendly practices in various sectors, including healthcare. They support initiatives that improve health care services for the elderly. **Organization:** Government of Nova Scotia; **Address:** P.O. Box 488, Halifax, NS B3J 2R8; **Email:** seniorsinfo@novascotia.ca; **Website:** <https://seniors.novascotia.ca/>

Senior Socials at the Halifax Public Libraries

The Halifax Public Libraries host a variety of events and programs for seniors, including book clubs, tech-help sessions, and social gatherings. These activities are designed to promote socialization and lifelong learning among senior community members. **Organization:** Halifax Public Libraries; **Address:** Various locations across Halifax, Nova Scotia; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Senior Wellness Programs

The YMCA of Greater Halifax/Dartmouth offers wellness programs tailored for seniors, including group fitness classes and social activities at their community centres, to encourage social interaction and physical health. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** various locations across Halifax and Dartmouth, Nova Scotia; **Email:** Not provided; **Website:** <https://ymcahx.ca/>

Elderberries Choir

The Elderberries Choir is dedicated to senior singers. They practice regularly and perform at various community events and venues, cultivating a sense of community and belonging among senior participants. **Organization:** Elderberries Choir; **Address:** Dalhousie Arts Centre, 6101 University Avenue, Halifax, Nova Scotia, B3H 4R2; **Email:** info@elderberrieschoir.ca; **Website:** <http://www.elderberrieschoir.ca/>

Senior's Tea at the Local Churches

Several churches in Nova Scotia host regular Senior's Tea events, providing older adults with the opportunity to gather, socialize, and share experiences in a friendly setting. **Organization:** Various local churches; **Address:** Various church addresses in Nova Scotia; **Email:** Not provided; **Website:** Not provided

Friendly Calls Program

A service that pairs volunteers with seniors for regular check-in calls, aiming to reduce loneliness and keep retirees connected with their community. **Organization:** Canadian Red Cross; **Address:** 133 Troop Ave, Dartmouth, NS B3B 2A7, Canada; **Email:** atlanticinquiry@redcross.ca; **Website:** <https://www.redcross.ca/>

Seniors Visiting Program

This initiative pairs volunteers with seniors for regular visits. The aim is to provide companionship and reduce the feeling of loneliness amongst elderly individuals. **Organization:** VON (Victorian Order of Nurses) Canada; **Address:** 7001 Mumford Rd, Halifax, NS B3L 4N9; **Email:** info@von.ca; **Website:** <https://www.von.ca/>

Community Outreach Program

The program sends volunteers to visit seniors in their homes, particularly focusing on those who are vulnerable and socially isolated. The visit includes friendly social interaction and may also include assistance with small tasks. **Organization:** Northwood Intouch; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/>

Community Transit - Rural Transportation Association

The Rural Transportation Association offers a coordinated community-based transportation service called Community Transit that provides door-to-door options tailored for seniors and others in Nova Scotia. They aim to create accessible transportation for healthcare, shopping, and social events. **Organization:** Nova Scotia Rural Transportation Association (Rural Rides); **Address:** Various locations, Nova Scotia; **Email:** info@ruralrides.ca; **Website:** <https://www.ruralrides.ca>

Seniors' Shuttle - East Hants Community Rider

The East Hants Community Rider offers a Seniors' Shuttle service to support seniors in accessing necessary services. They provide door-to-door service so that seniors can get to medical appointments, shopping, and other needs. **Organization:** East Hants Community Learning Association & Community Rider; **Address:** 5 Mill Village Road, Suite 5, Shubenacadie, NS B0N 2H0; **Email:** info@communityrider.com; **Website:** <https://www.easthantslearning.com/>

Caregivers Nova Scotia - Support for Transportation

Caregivers Nova Scotia provides resources for caregivers of seniors, including information about transportation services and coordinating volunteer drivers to help seniors reach their healthcare appointments and other essential services. **Organization:** Caregivers Nova Scotia Association; **Address:** The Parkway Bldg, 5557 Cunard St, Halifax, NS B3K 1C5; **Email:** info@caregiversns.org; **Website:** <https://www.caregiversns.org>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit; **Address:** PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

Community Wheels - West Hants Dial-a-Ride

Community Wheels is a door-to-door, community-based transportation service operated by West Hants Dial-a-Ride. This non-profit transit option serves rural and small urban residents in the West Hants area, emphasizing support for seniors and those with mobility challenges. **Organization:** West Hants Dial-a-Ride; **Address:** Windsor, Nova Scotia; **Email:** ; **Website:** <https://westhants.ca/>

Shared Spaces Intergenerational Program

A program that encourages interactions between older adults and children through shared activities, such as reading, cooking, and gardening. The program is aimed at fostering understanding and relationships between the generations. **Organization:** Northwood Intouch; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/intouch/programs/shared-spaces/>

Intergenerational Day Canada

An annual event that brings together younger and older generations to engage in various activities, including storytelling, art projects, and games. The purpose is to encourage mutual learning and connections across ages. **Organization:** iGenNS (Intergenerational Nova Scotia); **Address:** N/A; **Email:** igenns2010@gmail.com; **Website:** <http://www.intergenerational.ca/>

LINKages

LINKages facilitates intergenerational programs within schools and communities, to create connections and foster respect between generations. **Organization:** LINKages Society of Nova Scotia; **Address:** Varies by program location across Nova Scotia; **Email:** Use the contact form on their website; **Website:** <http://www.linkagesns.com/>

GrandFriends

A program where seniors and children are paired up to learn from one another. Activities can include reading, arts and crafts, and sharing life experiences. The program aims at enhancing social connections and reducing isolation. **Organization:** ElderDog Canada; **Address:** PO Box 15005, Dartmouth Main PO, Dartmouth, NS B2Y 4M6; **Email:** info@elderdog.ca; **Website:** <https://www.elderdog.ca/>

Youth and Seniors Project

A project that promotes intergenerational understanding and respect through the pairing of youth and seniors to work on community-based projects. **Organization:** Volunteer NS; **Address:** Suite 107, 1888 Brunswick Street, Halifax, Nova Scotia, B3J 3J8; **Email:** info@volunteerhalifax.ca; **Website:** <https://volunteerns.ca/>

Senior Centres Without Walls

A free interactive telephone-based program to connect seniors to group activities. **Organization:** Department of Seniors and Long-Term Care; **Address:** P.O. Box 487, Halifax, NS B3J 2R7; **Email:** None; **Website:** <https://novascotia.ca/>

50+ Club Programs

Offers a variety of programs including fitness, art, and computer courses for seniors.

Organization: Local Community Centres; **Address:** Varies by location; **Email:** None; **Website:** Varies by specific community centre's website

The Club

An initiative that provides a spot for older adults to gather, socialize, and participate in activities.

Organization: Spencer House Seniors Centre; **Address:** 5596 Morris St, Halifax, NS B3J 1C2; **Email:** info@spencerhouse.ca; **Website:** <http://www.spencerhouse.ca/>

Seniors' Fitness Classes

Group fitness classes for seniors designed to improve endurance, strength, and flexibility. The classes are also an opportunity for seniors to socialize. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** Multiple locations across Nova Scotia; **Email:** info@ymcahrm.ns.ca; **Website:** <https://ymcahfx.ca/>

Berry Happy Gardeners

A gardening club for seniors that encourages socializing while enjoying horticulture.

Organization: New Horizons for Seniors Program; **Address:** Varies by project location; **Email:** None; **Website:** <https://www.canada.ca/en/employment-social-development/programs/new-horizons-seniors.html>

Senior Safety Program

A community outreach initiative that educates seniors about various issues, including the importance of socialization. The program offers presentations, resources, and advice to help seniors stay safe and connected within their communities. **Organization:** Nova Scotia Senior Safety Association; **Address:** N/A - Various locations across Nova Scotia; **Email:** N/A; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Positive Aging Directory

A guide to programs and services for seniors, helping them navigate resources to stay socially active and aware of support services available in their community. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Seniors' College Association of Nova Scotia

Offers courses and activities designed for older adults, providing opportunities for social

interaction, learning, and connection with peers. **Organization:** Seniors' College Association of Nova Scotia (SCANS); **Address:** N/A; **Email:** info@thescans.org; **Website:** <https://www.thescans.org/>

50-Plus Expo

An annual event that showcases resources, services, and activities for seniors, aimed at enhancing their lifestyle and promoting social interaction. **Organization:** 50-Plus Living Show; **Address:** N/A - Event-specific locations; **Email:** N/A; **Website:** <http://www.50plusexpo.ns.ca/>

Meals on Wheels

Provides meal delivery service for seniors and people with disabilities, delivering nutritious meals to clients' homes. **Organization:** Victorian Order of Nurses (VON); **Address:** 7001 Mumford Rd. PO Box 23191, Halifax, Nova Scotia B3M 4H4, Canada; **Email:** n/a - see webpage for contact; **Website:** <https://www.von.ca/>

Community Links

A provincial non-profit organization that connects individuals and organizations to collaborate for the wellbeing and benefit of older adults, with various initiatives such as age-friendly community planning. **Organization:** Community Links; **Address:** 25-260 Wyse Road, Dartmouth, NS B3A 1M5; **Email:** info@nscommunitylinks.ca; **Website:** <http://nscommunitylinks.ca/>

Senior Safety Programs

Local programs across Nova Scotia which focus on the safety, well-being, and social inclusion of seniors. Services may include regular check-ins, information sessions, and social activities.

Organization: Various police departments and municipal safety organizations; **Address:** Locations vary by community; **Email:** Email addresses vary by program; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Senior Centres

Various senior centres across Nova Scotia offer social activities, educational programs, and support groups for seniors to connect and share experiences. **Organization:** Various community organizations; **Address:** Locations vary by centre; **Email:** Email addresses vary by centre; **Website:** <https://www.novascotia.ca/>

211 Nova Scotia

211 Nova Scotia provides information and referral services for various community and social services in the province, including programs for seniors. 211 can help older adults connect with social support networks and various resources to support their needs. **Organization:** United Way Halifax; **Address:** 46 Portland Street, Suite 301, Dartmouth, NS B2Y 1H4; **Email:** N/A; **Website:** <https://ns.211.ca/>

Caregivers Nova Scotia

Caregivers Nova Scotia provides support to caregivers which can encompass arranging or advising on transportation solutions for the seniors they care for. This can facilitate the social participation of seniors in community activities. **Organization:** Caregivers Nova Scotia;

Address: The Parkway, 15 Dawn Dr, Halifax, NS B3M 4E7, Canada; **Email:** info@caregiversns.org; **Website:** <https://www.caregiversns.org/>

Nova Scotia Association of Senior Citizens Clubs

An association that supports a network of clubs for seniors throughout Nova Scotia which provide recreational, educational, and social opportunities. **Organization:** Nova Scotia Association of Senior Citizens Clubs; **Address:** Contact details may vary by club; **Email:** Contact details may vary by club; **Website:** <http://ns-senior-citizens-assoc.weebly.com/>

Valley Senior Games

An annual event in the Annapolis Valley providing seniors with opportunities to participate in recreational and competitive activities meant to encourage an active lifestyle and social interaction. **Organization:** Valley Senior Games Association; **Address:** Seniors' complexes and community centres throughout the Annapolis Valley area; **Email:** valleyseniorgames@gmail.com; **Website:** <https://valleyseniorgames.com>

Continuing Care Strategy

An initiative focused on maintaining and enhancing the health and well-being of Nova Scotians who require continuing care. Changes to policies have been made to improve access and the quality of care. **Organization:** Government of Nova Scotia; **Address:** Province House, 1726 Hollis St, Halifax, NS B3J 2Y3, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/dhw/ccs/>

Age-Friendly Communities Grant

Provides funding to communities to create or adapt structures or services so they are accessible and inclusive to seniors so they can live safely, enjoy good health and stay involved.

Organization: Seniors' Secretariat of Nova Scotia; **Address:** 1741 Brunswick St, P.O. Box 488, Halifax, NS B3J 2R7, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/seniors/age-friendly-communities.asp>

Shift: Nova Scotia's Action Plan for an Aging Population

Focuses on tapping the economic potential of older adults, helping them stay involved in community life and reshaping policies to support them. **Organization:** Government of Nova Scotia; **Address:** Province House, 1726 Hollis St, Halifax, NS B3J 2Y3, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/shift/>

Senior Safety Programs

Supports the well-being and safety of seniors by providing programs which may include home visits, safety assessments, community education on crime prevention, and more. **Organization:** Various organizations across Nova Scotia in partnership with the Department of Seniors; **Address:** 1741 Brunswick St, P.O. Box 488, Halifax, NS B3J 2R7, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/>

The Friends of the Halifax Common

The organization frequently holds events to raise awareness and funds for the preservation and improvement of the Halifax Common, which is a central public space used by many, including seniors for recreational activities. **Organization:** Friends of the Halifax Common; **Address:** P.O.

Box 33055, Halifax, NS B3L 4T6; **Email:** commonrootsurbanfarm@gmail.com; **Website:** <http://www.halifaxcommon.ca/>

Meals on Wheels of Halifax

Though primarily a service provider, they often hold fundraisers and seek donations to provide meals and related services to seniors, supporting their ability to live independently.

Organization: Meals on Wheels of Halifax; **Address:** 7071 Bayers Rd, Halifax, NS B3L 2C2; **Email:** mealsonwheelshalifax@bellaliant.com; **Website:** <http://mealsonwheelshalifax.ca/>

Northwood Foundation

They engage in various fundraising activities, such as their 'Walk for Northwood', to raise money for Northwood Intouch, a service that provides seniors with emergency response systems, and other supports for seniors living at home. **Organization:** Northwood Foundation; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** foundation@nwood.ns.ca; **Website:** <https://northwood.care/foundation/>

VON Greater Halifax

VON holds fundraising events and engages in campaigns seeking community donations to support various healthcare services, including at-home and community-based care programs for seniors. **Organization:** VON Greater Halifax; **Address:** Suite 400-7071 Bayers Rd, Halifax, NS B3L 2C2; **Email:** infohalifax@von.ca; **Website:** <https://www.von.ca/en/site/halifax>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

CEED - Centre for Entrepreneurship Education and Development

The Ceed programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** Ceed; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Nova Scotia Community College (NSCC) Entrepreneurship

NSCC offers support for students and community members to learn about, start, and grow their own businesses through various programs, courses, and dedicated entrepreneurship centres.

Organization: Nova Scotia Community College; **Address:** P.O. Box 1153, Halifax, NS B3J 2X1; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Volta

Volta is an innovation hub that offers mentorship, resources, and a collaborative workspace to startup businesses. They aim to help tech entrepreneurs start, grow, and succeed. **Organization:** Volta Labs; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Atlantic Canada Opportunities Agency (ACOA) Business Development Program

ACOA provides financial assistance to small and medium-sized enterprises and non-profit organizations to help maximize the growth opportunities in Atlantic Canada, including support for startups and expansion of businesses. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St Suite 700, Halifax, NS B3J 3N4; **Email:** atlantic.info@acoa-apeca.gc.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Nova Scotia Business Inc. (NSBI) Start or Grow a Business

NSBI provides support to create a business-friendly environment that enables companies to grow. This includes providing direct investment and business advice. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Halifax Partnership - Connector Program

The Connector Program aims to help recent graduates, newcomers, and international students in establishing a professional network and potentially finding job opportunities, which helps support entrepreneurship and small business development. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water St Suite 2101, Halifax, NS B3J 3R7; **Email:** connector@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Rural Transportation Expansion

Expansion of rural transportation services in Nova Scotia to improve access to employment, education, and healthcare for residents. **Organization:** Nova Scotia Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** cch@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Nova Scotia 100-Series Highways Project

Ongoing improvements and expansions of 100-series highways, aimed at improving transportation links for goods, services, and people across the province. **Organization:** Nova Scotia Department of Transportation and Infrastructure Renewal; **Address:** 1672 Granville St, P.O. Box 186, Halifax, NS B3J 2N2, Canada; **Email:** tpwdept@novascotia.ca; **Website:** <https://novascotia.ca/>

Community Transportation Assistance Program

Provides funding to community-based transportation organizations to offer affordable and accessible transportation options. **Organization:** Nova Scotia Department of Health and Wellness; **Address:** 1690 Hollis St, Halifax, NS B3J 3J9, Canada; **Email:** HWNSS@novascotia.ca; **Website:** <https://novascotia.ca/>

Nova Scotia Power Grid Upgrade

Upgrades and maintenance of the power grid to enhance energy reliability and efficiency for businesses and residents. **Organization:** Nova Scotia Power Inc.; **Address:** 1223 Lower Water St, Halifax, NS B3J 3S8, Canada; **Email:** customer.care@nspower.ca; **Website:** <https://www.nspower.ca/>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Nova Scotia Community College (NSCC)

NSCC offers a wide range of programs and courses across multiple campuses, focusing on vocational education in fields like technology, health, trades and crafts, amongst others. **Organization:** Nova Scotia Community College; **Address:** Various locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Skills for Success Program

This program funded by the Government of Nova Scotia focuses on improving essential skills among adults so that they can achieve better employability and engage in continuous learning. **Organization:** Labour and Advanced Education, Government of Nova Scotia; **Address:** 1469 Brenton St, Halifax, NS B3J 3S7, Canada; **Email:** lae@novascotia.ca; **Website:** <https://novascotia.ca/programs/skills-for-success/>

Women Unlimited Association

A program intended for women, particularly those from diverse backgrounds, offering education and support in trades and technology fields with an aim to increase female representation in these industries. **Organization:** Women Unlimited Association; **Address:** The Verschuren Centre – CS-101, 1250 Grand Lake Road, Sydney, NS B1P 6L2, Canada; **Email:** info@womenunlimitedns.ca; **Website:** <http://www.womenunlimitedns.ca/>

African Nova Scotian Affairs Integration Office

A government office that works to improve race relations and promotes educational and employment opportunities specific to the African Nova Scotian community. **Organization:** African Nova Scotian Affairs; **Address:** 1741 Brunswick St, Suite 110A, Halifax, NS B3J 3X8, Canada; **Email:** ansa@novascotia.ca; **Website:** <https://ansa.novascotia.ca/>

Construction Association of Nova Scotia (CANS)

CANS provides educational opportunities, courses, and apprenticeship programs for individuals seeking careers within the construction industry. **Organization:** Construction Association of Nova Scotia; **Address:** 134 Eileen Stubbs Ave, Suite 103, Dartmouth, NS B3B 0A9, Canada; **Email:** info@cans.ns.ca; **Website:** <https://www.cans.ns.ca/>

COVE - Centre for Ocean Ventures & Entrepreneurship

COVE focuses on marine technology and ocean industries. It provides a collaborative space for businesses, start-ups, and researchers to develop ocean-related innovations. **Organization:** COVE; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, Canada, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

The Ivany Report - The One NS Coalition

Following the Ivany Report, Nova Scotia has been focusing on a new economic strategy aimed at enhancing collaboration between government, industry, academia, and communities to create a vibrant and sustainable economy. **Organization:** The One Nova Scotia Coalition; **Address:** N/A; **Email:** N/A; **Website:** <https://onens.ca/>

Perennia Food and Agriculture Inc.

Perennia is tasked with supporting the development of Nova Scotia's agriculture and seafood sectors through innovation, development, and the creation of new products and technologies.

Organization: Perennia Food and Agriculture Inc.; **Address:** 199 Dr. Bernie MacDonald Drive, Bible Hill, Nova Scotia, Canada, B6L 2H5; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Discover Halifax

Discover Halifax is a non-profit organization responsible for the promotion of Halifax as a destination of choice for visitors. They offer various programs, including marketing campaigns, travel media relations, and visitor services. **Organization:** Discover Halifax; **Address:** 1800 Argyle Street, Suite 602, Halifax, NS B3J 3N8; **Email:** contactus@discoverhalifaxns.com; **Website:** <https://discoverhalifaxns.com>

Nova Scotia Cultural Action Plan

The Cultural Action Plan is the government's framework to support the culture and heritage sector. It includes investments in communities, cultural organizations, and the creative economy to boost cultural tourism. **Organization:** Government of Nova Scotia - Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, Suite 400, Halifax, NS B3J 3X8; **Email:** renewal@gov.ns.ca; **Website:** <https://cch.novascotia.ca/>

Celtic Heart of North America Cooperative

This cooperative markets Cape Breton's Celtic and Gaelic culture to tourists. It promotes cultural festivals, events, and historical sites related to Celtic heritage. **Organization:** Celtic Heart of North America Cooperative; **Address:** Not Available; **Email:** info@celtic-heart.ca; **Website:** <http://celtic-heart.ca>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** [https://devourfest.com/](https://devourfest.com)

Lunenburg Folk Harbour Festival

This annual music festival celebrates folk and traditional music, contributing to cultural tourism and supporting the local community. It features performances, workshops, and art displays. **Organization:** Folk Harbour; **Address:** 125 Montague Street, P.O. Box 655, Lunenburg, NS B0J 2C0; **Email:** info@folkharbour.com; **Website:** <https://folkharbour.com>

Halifax Partnership

The Halifax Partnership is Halifax's economic development organization. It works to keep, grow, and get business, talent, and investment in Halifax. It brings together all three levels of government, industry, post-secondary, and community partners to create and nurture the

necessary relationships to see the economy flourish. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7; **Email:** contact@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Nova Scotia Federation of Municipalities

The Nova Scotia Federation of Municipalities (NSFM) represents the provincial interests of all municipal governments across the province. It aims to oversee mutual collective benefit efforts like sharing services between communities, which could also impact workforce development.

Organization: Nova Scotia Federation of Municipalities; **Address:** 202-1888 Brunswick St., Halifax, NS, B3J 3J8; **Email:** info@nsfm.ca; **Website:** <https://www.nsfm.ca/>

Cape Breton Partnership

The Cape Breton Partnership brings together people who believe in the power of working together to increase economic opportunities and aims to transform Cape Breton-Unama'k into the most creative and prosperous place on earth. They engage with different communities and municipalities across the island. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS, B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

The Eastern-Strait Regional Enterprise Network

The Eastern-Strait Regional Enterprise Network (ESREN) works to guide economic development while supporting businesses in their communities. This includes partnership amongst the municipalities and First Nations communities they represent, as well as businesses and other key partners. **Organization:** Eastern-Strait Regional Enterprise Network; **Address:** 285 Beech Hill Road, Antigonish, NS, B2G 0B4; **Email:** info@esren.ca; **Website:** <https://esren.ca/>

Western Regional Enterprise Network

The Western REN works to guide economic development in the region and creates opportunities for businesses and communities to succeed. They work with municipal units and other partners across the western region of Nova Scotia. **Organization:** Western Regional Enterprise Network; **Address:** 368 Main Street, Suite 220, Yarmouth, NS, B5A 1E9; **Email:** info@westernren.ca; **Website:** <https://westernren.ca/>

Select Nova Scotia

Select Nova Scotia is a program that promotes buying locally produced food and beverages to support and boast local farmers and producers. The initiative includes various campaigns, local events and collaborations with retailers and restaurants. **Organization:** The Government of Nova Scotia; **Address:** ; **Email:** contact@selectnovascotia.ca; **Website:** <https://www.selectnovascotia.ca>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Buy Local NS

An initiative to boost local purchases including food products, thereby supporting local agriculture and ensuring that the consumer dollar circulates within the community.

Organization: The Government of Nova Scotia / Nova Scotia Federation of Agriculture;

Address: ; **Email:** ; **Website:** <https://www.buylocalns.ca>

FarmWorks Investment Co-operative Limited

FarmWorks provides loans and equity investments to farms and food producers and works to increase access to and sales of local food. They promote awareness and provide support to local farmers and food producers. **Organization:** FarmWorks Investment Co-operative Limited;

Address: 75 White Point Beach Resort Road, White Point, NS B0T 1G0; **Email:**

invest@farmworks.ca; **Website:** <https://www.farmworks.ca>

Community Supported Agriculture (CSA)

Various farms offer CSA programs in Nova Scotia, where consumers buy shares of a farm's harvest in advance and then receive a portion of the crops as they're harvested. This provides farmers with upfront capital and guarantees a market for their produce. **Organization:** Multiple farms across Nova Scotia; **Address:** ; **Email:** ; **Website:** Varies by specific CSA program and farm

Farmers' Markets of Nova Scotia

A cooperative that represents a network of farmers' markets across the province. The cooperative works to connect people with local food and the farmers who produce it, providing a platform for farmers to sell their goods directly to customers. **Organization:** Farmers' Markets of Nova Scotia Cooperative Ltd.; **Address:** 400-7 Atlantic Street, Dartmouth, NS B2Y 1H2; **Email:** info@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca>

Community Sector Council of Nova Scotia

The CSCNS is committed to enhancing community organizations through capacity building and by fostering partnerships between organizations. They offer training and resources to strengthen community organizations. **Organization:** Community Sector Council of Nova Scotia; **Address:** Suite 103, 622 Sackville Drive, Lower Sackville, NS B4C 2S3; **Email:** info@csc-ns.ca; **Website:** <https://csc-ns.ca>

Cooperative Council of Nova Scotia

The CCNS promotes and supports cooperatives and credit unions in the province, offering them tools, education, and advocacy to help them grow and contribute to the economic vitality of their communities. **Organization:** Cooperative Council of Nova Scotia; **Address:** 210-1321 Blanshard Street, Victoria, BC V8W 0B6; **Email:** mail@coopscanada.coop; **Website:** <http://www.coopscanada.coop>

Nova Scotia Community Economic Development Investment Funds

This program encourages local investment in small businesses and community projects. It allows communities to raise capital through local shareholders to invest in local economic development projects. **Organization:** Economic and Rural Development and Tourism; **Address:** N/A; **Email:**

N/A; **Website:** <https://www.novascotia.ca/econ/cedif/>

Antigonish Community Energy Co-op

A local initiative that promotes community ownership of renewable energy projects and energy efficiency while supporting local economic development and community resilience.

Organization: Antigonish Community Energy Co-op; **Address:** N/A; **Email:** info@antigonishcommunityenergy.ca; **Website:** <http://www.antigonishcommunityenergy.ca>

Investment Cooperative

A new type of cooperative that seeks community-based solutions to local economic challenges by allowing members to invest in local real estate, business, and development projects.

Organization: Local Investment Cooperative; **Address:** N/A; **Email:** N/A; **Website:** N/A

Credit Union Atlantic (CUA) Community Investment Grant Program

The CUA offers a grant program that provides financial support to small businesses and community groups. This can assist local entrepreneurs in gaining access to finance that might not be available through traditional banking avenues. **Organization:** Credit Union Atlantic; **Address:** 200-350 Horseshoe Lake Drive, Halifax, NS, B3S 0B4; **Email:** info@cua.com; **Website:** <https://www.cua.com/>

CEED - Centre for Entrepreneurship Education and Development

CEED offers loans to start or grow a small business in Nova Scotia. The organization supports entrepreneurs through the financial process and provides access to microcredit along with training and development programs. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Atlantic Canada Opportunities Agency (ACOA) Atlantic Growth Fund

Through the Atlantic Growth Fund, ACOA provides financial assistance to businesses, including access to capital, to help them innovate and increase their competitiveness. While not exclusively for microcredit, this fund can be instrumental in financial access. **Organization:** Atlantic Canada Opportunities Agency; **Address:** Suite 602, 1801 Hollis Street, Halifax, NS, B3J 3N4; **Email:** acoa.information.acoa-apeca@canada.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Futurpreneur Canada

Futurpreneur provides tailored financing solutions for young entrepreneurs aged 18-39 looking to start or expand their businesses in Nova Scotia and across Canada. **Organization:** Futurpreneur Canada; **Address:** Halifax, NS (Contact through website for specific address); **Email:** info@futurpreneur.ca; **Website:** <https://www.futurpreneur.ca/en/>

Immigrant Services Association of Nova Scotia (ISANS) Business & Workforce Integration

ISANS helps immigrants to Nova Scotia with starting and running a business which includes access to financial resources, information sessions, and training on various aspects of doing business in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** ISANS, 2610 Agricola Street, Halifax, NS, B3K 4C8; **Email:** contact@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Entrepreneurship Program

This program offers various incentives such as funding, mentorship, and training to new entrepreneurs looking to start businesses within Nova Scotia, with a focus on rural area development. **Organization:** Nova Scotia Government; **Address:** Halifax, Nova Scotia, Canada; **Email:** None; **Website:** <https://novascotia.ca/programs-and-services/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** [https://innovacorp.ca/](https://innovacorp.ca)

CEED | Centre for Entrepreneurship Education and Development

CEED offers programs and support to entrepreneurs across Nova Scotia, promoting the growth of local businesses and startups, especially in areas where economic encouragement is needed.

Organization: CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, Nova Scotia, B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca>

Community Business Development Corporations (CBDC)

CBDCs provide a range of services and support to small businesses and entrepreneurs in rural Atlantic Canada, including financial assistance, training, and advice. **Organization:** CBDC; **Address:** None; **Email:** None; **Website:** <https://www.cbdc.ca/en>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** [https://www.novascotiabusiness.com/](https://www.novascotiabusiness.com)

Perennia

Perennia is focused on supporting businesses in the agriculture, seafood, and food sectors, providing assistance and innovation to entrepreneurs and startups in rural Nova Scotia.

Organization: Perennia; **Address:** 173 Dr Bernie MacDonald Drive, Bible Hill, Nova Scotia, B6L 2H5, Canada; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca>

NSCC Specialized Training Programs

Nova Scotia Community College offers a range of specialized vocational training programs tailored to the local job market. These include programs in Applied Media & Communication Arts, Business, IT & Gaming, Trades & Technology, and Health & Human Services.

Organization: Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** info@nscc.ca; **Website:** <http://www.nscc.ca>

Skills for Hire Nova Scotia

An initiative aimed at quickly upskilling participants for in-demand jobs in the areas of IT, cyber security and digital skills. The program is in tune with the needs of local industries.

Organization: Digital Nova Scotia; **Address:** 1344 Summer Street, Halifax, NS, B3H 0A8; **Email:** info@digitalnovascotia.com; **Website:** <https://www.digitalnovascotia.com>

Apprenticeship START Program

Provided by the Government of Nova Scotia, this program encourages employers to hire apprentices through incentives. It aims to train individuals in skilled trades that match the local job market. **Organization:** Apprenticeship Agency of Nova Scotia; **Address:** 2021 Brunswick St, P.O. Box 578, Halifax, NS, B3J 2S9; **Email:** apprenticeshiphelp@novascotia.ca; **Website:** <https://www.novascotia.ca/apprenticeship>

TechWorks

Offered by the Cape Breton Partnership, TechWorks aims to provide training for young people in technologies that are in demand by local employers, particularly in IT and coding skills.

Organization: Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com>

Workplace Education Initiative

A government-sponsored initiative that partners with employers to provide workplace education programs. These programs are customized to meet the specific needs of businesses and their employees. **Organization:** Labour and Advanced Education, Government of Nova Scotia; **Address:** 2021 Brunswick Street, Halifax, NS, B3J 2S9; **Email:** workplace@novascotia.ca; **Website:** <https://novascotia.ca/>

Co-operative Education Program

This program at Dalhousie University facilitates partnerships between students, employers, and the school. It provides students with the opportunity to integrate academic studies with work experiences in co-op positions related to their field of study. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** coop@dal.ca; **Website:** <https://www.dal.ca/>

Work-Integrated Learning Initiative

The initiative supports partnership between Mount Saint Vincent University students and local businesses, providing internships and co-op work placements across various disciplines.

Organization: Mount Saint Vincent University; **Address:** 166 Bedford Hwy, Halifax, NS B3M 2J6, Canada; **Email:** placements@msvu.ca; **Website:** <https://www.msvu.ca/>

Nova Scotia Community College Work Experience Programs

NSCC offers a range of work experience opportunities including co-ops, internships, and apprenticeships in collaboration with local businesses, focusing on providing students with hands-on experience in their area of study. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in

various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Nova Scotia Internet Funding Trust

The trust is aimed at improving rural internet access through targeted investments. It provides funding for local infrastructure projects that enhance high-speed internet services. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, 3rd Floor, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Rural Broadband Initiative

An initiative to expand high-speed Internet to 80,000 rural homes and businesses in Nova Scotia through a combination of federal and provincial funding. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS B3J 2T3, Canada; **Email:** ; **Website:** <https://novascotia.ca/>

Connecting Nova Scotia

Connecting Nova Scotia is a government initiative aimed at extending high-speed internet access to nearly 100% of the province by 2023. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, 3rd Floor, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://internet.developns.ca/>

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Cabot Trail

One of Nova Scotia's most famous rural tourism initiatives, the Cabot Trail offers stunning views, outdoor activities, and unique cultural experiences around Cape Breton Island. **Organization:** Destination Cape Breton Association; **Address:** P.O. Box 1448, Sydney, Nova Scotia B1P 6R7; **Email:** info@cbisland.com; **Website:** <https://www.cbisland.com>

Nova Scotia Good Cheer Trail

Canada's first winery, craft brewery, cidery, and distillery trail. It promotes rural tourism by encouraging visitors to explore local food and beverage producers across the province.

Organization: Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, Nova Scotia B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://goodcheertrail.com>

Bay of Fundy & Annapolis Valley Experiences

This initiative highlights the unique tidal experiences, vineyards, and agricultural tours available in the Bay of Fundy and Annapolis Valley, driving economic activity through unique rural tourism. **Organization:** Bay of Fundy Tourism Partnership; **Address:** Data not publicly listed; **Email:** Data not publicly listed; **Website:** <https://www.bayoffundy.com>

Yarmouth & Acadian Shores

Showcasing Acadian culture, lighthouses, and seafood, this initiative connects tourists with local accommodations, eateries, and experiences unique to southwestern Nova Scotia. **Organization:** Yarmouth & Acadian Shores Tourism Association; **Address:** Data not publicly listed; **Email:** info@yasta.ca; **Website:** <https://www.yarmouthandacadianshores.com>

Celtic Shores Coastal Trail

A community-driven development, this trail highlights outdoor recreational activities and local culture along the western coast of Cape Breton Island. **Organization:** Celtic Shores Coastal Trail Association; **Address:** Data not publicly listed; **Email:** Data not publicly listed; **Website:** <http://www.celticshores.ca>

Northumberland Shore Seafood & Golf

This initiative promotes the rural coastal lifestyle by integrating the experience of local seafood dining with golfing at some of Nova Scotia's picturesque golf courses. **Organization:** Northumberland Shore Development Commission; **Address:** Data not publicly listed; **Email:** Data not publicly listed; **Website:** <https://www.northumberlandshore.com>

Integrated Mobility Plan

A plan to integrate various modes of transportation including transit, walking, and cycling to offer residents of Halifax more choices in how they move around the city. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Rural Transportation Association (RuralRides)

RuralRides is a coordinated transportation service aimed at helping individuals, including seniors, in rural communities of Nova Scotia to access essential services. The service caters to older adults by providing them with accessible and affordable transportation options. **Organization:** Rural Transportation Association; **Address:** 153 Willow St, Truro, NS B2N 4Z9, Canada; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Nova Scotia Moves Grants

This program offered community-based, sustainable transportation projects with funds that can be used to improve transportation services, including infrastructure for public transportation to help rural residents reach urban employment centers. **Organization:** Government of Nova Scotia - Department of Energy and Mines; **Address:** 1903 Barrington St #2084, Halifax, NS B3J 2P8, Canada; **Email:** n/a; **Website:** <https://energy.novascotia.ca/>

Connect2

Connect2 aims to create and promote active transportation options for trips of two kilometers or less between community hubs in urban and rural Nova Scotia. This includes investment in active transportation infrastructure and public transport services. **Organization:** Sustainable Transportation Nova Scotia; **Address:** PO Box 2664, Halifax, NS B3J 3P7 Canada; **Email:** sustainabletransportation@novascotia.ca; **Website:** <https://novascotia.ca/>

Coopérative de développement régional-Acadie

The CDR-Acadie promotes the development of cooperatives in the Acadian regions of Nova Scotia, offering support and resources for collective enterprises. **Organization:** Coopérative de développement régional (CDR)-Acadie; **Address:** N/A; **Email:** info@cdracadie.ca; **Website:** <http://www.cdracadie.ca>

Antigonish Community Energy Co-op

A local initiative that promotes community ownership of renewable energy projects and energy efficiency while supporting local economic development and community resilience.

Organization: Antigonish Community Energy Co-op; **Address:** N/A; **Email:** info@antigonishcommunityenergy.ca; **Website:** <http://www.antigonishcommunityenergy.ca>

New Dawn Enterprises

New Dawn Enterprises facilitates economic and community development, operating several community-owned businesses and initiatives, including social enterprises that create jobs and foster community resilience. **Organization:** New Dawn Enterprises; **Address:** 37 Nepean Street, Sydney, Nova Scotia, B1P 6A7; **Email:** info@newdawn.ca; **Website:** <https://www.newdawn.ca>

Common Good Solutions

Common Good Solutions supports social enterprises and community-based businesses, offering consulting, incubation, and resources to foster cooperatives and collective ventures in Nova Scotia. **Organization:** Common Good Solutions; **Address:** 5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6; **Email:** hello@commongoodsolutions.ca; **Website:** <https://commongoodsolutions.ca>

Halifax Workers Co-operative Ltd.

This is a worker co-operative that provides eco-friendly home services, aiming to create fair employment opportunities and promote co-operative business models. **Organization:** Halifax Workers Co-operative Ltd.; **Address:** Halifax, Nova Scotia; **Email:** info@halifaxworkers.coop; **Website:** <https://halifaxworkers.coop>

Rural Communities Foundation of Nova Scotia

Although not strictly an online platform, the RCFofNS provides support for community-based initiatives, which often includes the implementation of various online platforms for rural community engagement and development. **Organization:** Rural Communities Foundation of Nova Scotia; **Address:** N/A - Online platform; **Email:** contact@rcfofns.com; **Website:** <http://www.ruralfoundation.ca>

Nova Scotia Federation of Municipalities (NSFM)

The NSFM represents the interests of Nova Scotia's municipalities, aiming to ensure provincial and federal policies support rural development. They actively participate in policy advocacy and represent community leaders. **Organization:** Nova Scotia Federation of Municipalities; **Address:** 2021 Brunswick Street, Suite 305, Halifax, NS B3K 2Y5; **Email:** info@nsfm.ca; **Website:** <https://www.nsfm.ca>

Nova Scotia Department of Municipal Affairs and Housing

The department works with municipal partners to build strong and vibrant communities throughout Nova Scotia. They offer programs that support community development and engage with local leaders to prioritize rural development. **Organization:** Government of Nova Scotia; **Address:** PO Box 216, Halifax, NS B3J 2M4; **Email:** dmahtwd@gov.ns.ca; **Website:** <https://beta.novascotia.ca/government/municipal-affairs-and-housing>

Valley Regional Enterprise Network

Focuses on driving economic development in the Annapolis Valley region by engaging with local leaders and businesses to create jobs and opportunities in rural areas. **Organization:** Valley Regional Enterprise Network; **Address:** 35 Oakdene Avenue, Kentville, NS B4N 2A4; **Email:** info@valleyren.ca; **Website:** <https://www.valleyren.ca>

Cape Breton Partnership

The Cape Breton Partnership brings together people who believe in the power of working together to increase economic opportunities and aims to transform Cape Breton-Unama'k into the most creative and prosperous place on earth. They engage with different communities and municipalities across the island. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS, B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

Nova Scotia Community College (NSCC)

NSCC offers a wide range of programs and courses across multiple campuses, focusing on vocational education in fields like technology, health, trades and crafts, amongst others. **Organization:** Nova Scotia Community College; **Address:** Various locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** [https://www.nscc.ca/](https://www.nscc.ca)

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nechc.com/>

Mobile Primary Health Care Unit

Operated by the Nova Scotia Health Authority, this clinic provides services to remote and rural communities across Nova Scotia, offering routine health check-ups, treatment, as well as immunizations. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, Nova Scotia, B3J 1T1; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

IMMUNIZE 902 Mobile Clinic

Focused on providing immunizations, the IMMUNIZE 902 mobile clinics travel across Nova Scotia to increase vaccination rates, specifically targeting communities with low immunization coverage. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, Nova Scotia, B3J 1T1; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Nova Scotia Telehealth Network

The Nova Scotia Telehealth Network provides patients in remote and rural areas with access to healthcare professionals through videoconferencing technology. Through this service, patients can have consultations with specialists without having to travel long distances. **Organization:** Nova Scotia Health Authority; **Address:** 1675 Lions Rd., P.O. Box 1004, Halifax, NS B3J 2Y9; **Email:** None; **Website:** N/A

Nova Scotia Loan Forgiveness Program

The Loan Forgiveness Program can eliminate all Nova Scotia student loan debt for eligible borrowers who study at Nova Scotia universities. Medical graduates working in underserved communities might have their provincial loans forgiven. **Organization:** Government of Nova Scotia; **Address:** PO Box 2290 Halifax Central, Halifax, Nova Scotia, B3J 3C8; **Email:** N/A; **Website:** <https://novascotia.ca/studentassistance/>

Tuition Relief Program

This program is designed to provide tuition relief to recent graduates from post-secondary medical programs in return for a return-of-service commitment to work in areas of need within the province. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, Nova Scotia, B3J 1T1; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Rural Physician Locum Program

This initiative helps to ensure continuous care in rural communities by providing locum support to physicians in rural practices across Nova Scotia. It assists in retaining rural physicians by alleviating some of the workload and providing opportunities for respite. **Organization:** Doctors Nova Scotia; **Address:** 25 Spectacle Lake Drive, Dartmouth, Nova Scotia, B3B 1X7; **Email:** info@doctorsns.com; **Website:** <https://doctorsns.com/>

Site Visit Program

The program encourages health professionals to visit and potentially work in rural communities by funding the travel and accommodation costs associated with an on-site visit for candidates.

Organization: Nova Scotia Office of Recruitment and Retention; **Address:** N/A; **Email:** physicianrecruitment@nshealth.ca; **Website:** <https://physicians.novascotia.ca/site-visit-program>

Family Medicine Bursary Program

A bursary program offered to family medicine residents in their second year of training. In return for accepting the bursary, recipients agree to provide full-time service in an eligible community for a stipulated period of time. **Organization:** Government of Nova Scotia - Department of Health and Wellness; **Address:** Barrington Tower, 1894 Barrington Street, Halifax, Nova Scotia, B3J 2A8; **Email:** n/a; **Website:** <https://novascotia.ca/dhw/physicians/>

Collaborative Care Model

An initiative to address doctor shortages and improve healthcare access in rural communities through the establishment of collaborative care clinics, where primary care services are offered by a team of health professionals including doctors, nurse practitioners, and family practice nurses.

Organization: Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Mobile Primary Health Care Units

Provision of mobile healthcare services to communities that have experienced clinic closures or have limited access to primary health care providers. **Organization:** Department of Health and Wellness, Government of Nova Scotia; **Address:** Barrington Tower, 1894 Barrington St, Halifax, NS B3J 2A8; **Email:** N/A; **Website:** <https://novascotia.ca/dhw/>

Rural Broadband Project

Though not directly a healthcare program, this project is significant for rural healthcare as it aims to improve broadband internet services in rural areas, which can help facilitate telehealth services and improve access to care. **Organization:** Develop Nova Scotia; **Address:** Historic Properties - Lower Water Street 1903 Barrington St #104, Halifax, NS B3J 3L7; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/rural-internet/>

Emergency Health Services (EHS) LifeFlight

A critical service for rural areas, providing rapid air transportation for seriously ill or injured patients. **Organization:** Emergency Health Services Nova Scotia; **Address:** PO Box 912, Halifax, NS B3J 2V9; **Email:** ehsoperations@gov.ns.ca; **Website:** <http://www.lifeflight.ca/>

Nova Scotia Brotherhood Initiative

Focused on improving Black men's health through culturally tailored health and wellness programs and increasing access to primary care providers in communities that traditionally face barriers. **Organization:** Health Association of African Canadians; **Address:** PO Box 2621 Stn Central, Halifax, NS B3J 3P7; **Email:** contact@haac.ca; **Website:** <http://haac.ca/>

North End Community Health Centre

N/A **Organization:** North End Community Health Centre; **Address:** 2131 Gottingen St, Halifax, NS B3K 5Z7, Canada; **Email:** info@nechc.com; **Website:** N/A

Cape Breton Community Health Centre

N/A **Organization:** Cape Breton Regional Municipality; **Address:** Contact local health authority for specific addresses.; **Email:** N/A; **Website:** N/A

Directions Council for Vocational Services Society

N/A **Organization:** Directions Council for Vocational Services Society; **Address:** Various locations across Nova Scotia.; **Email:** direct@directionservice.ca; **Website:** N/A

Eastern Kings Community Health Centre

N/A **Organization:** Eastern Kings Health; **Address:** 23 Earnscliffe Dr., PO Box 88, Souris, PE C0A 2B0; **Email:** N/A; **Website:** N/A

Dalhousie Family Medicine Clinics

N/A Organization: Dalhousie University; **Address:** Multiple locations including 5880 Spring Garden Road, Suite 100, Halifax, NS B3H 0A6; **Email:** fammed@dal.ca; **Website:** N/A

Nova Scotia Community College (NSCC) Health & Human Services Programs

Offers a variety of programs, including nursing, continuing care, and social services, which train individuals to serve local communities as healthcare workers. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1A9, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Collaborative Care Model

A healthcare delivery model in which teams of primary health care providers work together to offer care to communities, including rural ones, encouraging local residents to pursue health careers within their communities. **Organization:** Government of Nova Scotia - Health and Wellness; **Address:** Department of Health and Wellness, P.O. Box 488, Halifax, NS B3J 2R8; **Email:** None listed; use contact form on website.; **Website:** <https://novascotia.ca/>

Cape Breton University - Nursing Program

The nursing program at CBU focuses on rural health and community care, preparing students to work in local communities upon graduation. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Rd, Sydney, NS B1M 1A2, Canada; **Email:** info@cbu.ca; **Website:** <https://www.cbu.ca/>

Nova Scotia Health Authority - Recruitment Incentives

Programs aimed at recruiting and retaining healthcare professionals in remote and rural areas of the province, potentially including incentives for residents of these communities. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** info@nshealth.ca; **Website:** <https://jobs.nshealth.ca/rural-incentive-programs>

Dalhousie Medical School - Rural Residency Program

A medical residency program that places new doctors in rural communities to help bridge the gap in healthcare provision, while also aiming to encourage them to stay and practice in these areas. **Organization:** Dalhousie University; **Address:** 5849 University Ave, Halifax, NS B3H 4R2, Canada; **Email:** medicine@dal.ca; **Website:** <https://medicine.dal.ca/>

Dalhousie Medical School's Distributed Education Model

Dalhousie University's Faculty of Medicine offers a distributed education model, which includes training sites in rural and remote communities across the Maritimes. The program enables medical students and residents to gain firsthand experience in rural settings, with the aim of encouraging them to practice in these areas after their graduation. **Organization:** Dalhousie University; **Address:** 5981 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** medadmissions@dal.ca; **Website:** <https://medicine.dal.ca/>

Cape Breton University's Nurse Practitioner Program

Cape Breton University offers a Nurse Practitioner (NP) program designed to prepare nurses with advanced training to provide primary health care in rural and remote communities. The program

emphasizes the unique health care challenges faced in these areas. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Rd, Sydney, NS B1M 1A2, Canada; **Email:** info@cbu.ca; **Website:** <https://www.cbu.ca/>

Nova Scotia Community College's Continuing Care Assistant Program

The Continuing Care Assistant Program through the Nova Scotia Community College (NSCC) is tailored to provide students with the skills required to offer patient care in homes and residential facilities, filling an essential role in rural health care services. **Organization:** Nova Scotia Community College; **Address:** NSCC Admissions, PO Box 220, Halifax, NS B3J 2M4, Canada; **Email:** admissions@nscc.ca; **Website:** <https://www.nscc.ca/>

Rural Residency Program at Dalhousie University

Dalhousie University's Faculty of Medicine also offers a Rural Residency Program, which places family medicine residents in rural communities throughout Nova Scotia. This initiative seeks to provide medical graduates with the rural practice experience, thus encouraging them to begin their careers in these communities. **Organization:** Dalhousie University; **Address:** 5981 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** fmpostgrad@dal.ca; **Website:** <https://medicine.dal.ca/>

Collaborative Practice Education with Universities

Several universities in Nova Scotia, including Dalhousie University, collaborate with health authorities like the Nova Scotia Health Authority (NSHA) on programs that place a strong emphasis on interprofessional education and collaborative practice. Such initiatives aim to prepare future health care professionals to work effectively in team-based environments, particularly within rural settings. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** contactus@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Mental Health Foundation of Nova Scotia

The Foundation provides support to individuals and families dealing with mental health issues in Nova Scotia, including facilitating support groups in the community. **Organization:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Alzheimer Society of Nova Scotia

Offers support groups across the province for those living with Alzheimer's disease or other dementias, and their caregivers. **Organization:** 112-2719 Gladstone St, Halifax, NS B3K 4W6, Canada; **Address:** 112-2719 Gladstone St, Halifax, NS B3K 4W6, Canada; **Email:** alzheimer@asns.ca; **Website:** <https://alzheimer.ca/ns/en>

Laing House

A peer support organization for youth with mental illness where members can embrace their unique identity and collaborate with peers. **Organization:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Autism Nova Scotia

Provides a community-based support network for individuals with autism and their families, including support groups. **Organization:** 5945 Spring Garden Rd, Halifax, NS B3H 1Y4, Canada; **Address:** 5945 Spring Garden Rd, Halifax, NS B3H 1Y4, Canada; **Email:** info@autismns.ca; **Website:** <https://www.autismnovascotia.ca/>

Eating Disorders Nova Scotia

A community-based organization that provides support groups for individuals affected by eating disorders. **Organization:** 150-1657 Barrington St, Halifax, NS B3J 2A1, Canada; **Address:** 150-1657 Barrington St, Halifax, NS B3J 2A1, Canada; **Email:** info@eatingdisordersns.ca; **Website:** <https://eatingdisordersns.ca/>

211 Nova Scotia

211 Nova Scotia provides information and referral services for various community and social services in the province, including programs for seniors. 211 can help older adults connect with social support networks and various resources to support their needs. **Organization:** United Way Halifax; **Address:** 46 Portland Street, Suite 301, Dartmouth, NS B2Y 1H4; **Email:** N/A; **Website:** <https://ns.211.ca/>

The Nova Scotia Health Authority's Mental Health and Addictions Program

The NSHA offers a range of mental health and addiction services, with a website providing information on available resources including helpline numbers and counseling centers throughout the province. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** Not publicly listed; **Website:** <http://www.nshealth.ca/>

Nova Scotia Community College (NSCC) Mental Health Resources

NSCC provides mental health resources for students, including links to various support services, online mental health supports, and information about counseling services. **Organization:** Nova Scotia Community College; **Address:** Various campuses across Nova Scotia; **Email:** Not publicly listed; **Website:** <https://www.nscc.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

IWK Health Centre

IWK Health Centre provides specialized care and resources for women, children, and families. Their website includes information on mental health services and supports for youth and families. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** Not publicly listed; **Website:** <http://www.iwk.nshealth.ca/>

Accessibility Directorate

Working to improve accessibility across the province through the development and

implementation of standards in areas like education, employment, and the built environment, as well as providing grants to community groups to remove barriers. **Organization:** Government of Nova Scotia; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS B3J 3S7; **Email:** accessns@novascotia.ca; **Website:** <https://novascotia.ca/accessibility/>

reachAbility Association

An organization providing support and accessible programs for individuals facing barriers to inclusion and employment, with a strong focus on people with disabilities. **Organization:** reachAbility; **Address:** 3845 Joseph Howe Drive, Suite 201, Halifax, NS B3L 4H9; **Email:** info@reachability.org; **Website:** <https://reachability.org/>

Independent Living Nova Scotia

Promoting the right of persons with disabilities to live independently in their community by offering programs like peer support, information and referral services, and skills development. **Organization:** Independent Living Nova Scotia; **Address:** Suite 218 2760 Gladstone Street Halifax, NS B3K 4W1; **Email:** info@ilns.ca; **Website:** <https://www.ilns.ca/>

Nova Scotia League for Equal Opportunities

Dedicated to the promotion of the rights and abilities of persons with disabilities through advocacy and public education on accessibility issues. **Organization:** Nova Scotia League for Equal Opportunities; **Address:** Halifax, NS (No specific address provided); **Email:** nsleo@eastlink.ca; **Website:** <https://nsleo.com/>

Easter Seals Nova Scotia

Provides services that enable Nova Scotians with physical disabilities to enhance their quality of life by overcoming barriers to accessibility and independence. **Organization:** Easter Seals Nova Scotia; **Address:** 3670 Kempt Road, Halifax, Nova Scotia, B3K 4X8; **Email:** info@easterseals.ns.ca; **Website:** <https://www.easterseals.ns.ca/>

Big Brothers Big Sisters of Greater Halifax

Provides one-on-one and group mentorship for youth in the Halifax area, which can include individuals from remote communities. Mentors support young people in developing confidence, social skills, and connections. **Organization:** Big Brothers Big Sisters of Greater Halifax; **Address:** Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8; **Email:** halifax.info@bigbrothersbigsisters.ca; **Website:** <https://halifax.bigbrothersbigsisters.ca/>

ISANS Community Connections

Community Connections program at ISANS links newcomers with volunteers who provide friendship, networking opportunities, and help them get to know the local community and services. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd #2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities

and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

The Caring and Learning Connection

Creates individual connections between volunteers and members of the community in need, offering support such as grocery shopping, transportation to appointments, and companionship. **Organization:** The Caring and Learning Connection; **Address:** N/A - Address varies. Check website for local contact.; **Email:** info@caringandlearning.ca; **Website:** <https://thecaringnetwork.ca/>

Laing House Peer Support

Laing House provides peer support for young people aged 16-29 living with mental illness, through programs, weekly groups, and one-on-one peer support. **Organization:** Laing House; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Feed Nova Scotia Fundraising Campaigns

Feed Nova Scotia organizes several fundraising events and campaigns throughout the year to support Nova Scotians who need food assistance and support services. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, Nova Scotia, B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

IWK Foundation Fundraising

The IWK Foundation supports the IWK Health Centre, raising funds to support the most urgent care priorities, including equipment, research, and programs for women, children, and families. **Organization:** IWK Foundation; **Address:** 5855 Spring Garden Road, Suite B220, Halifax, Nova Scotia, B3H 4S2; **Email:** iwmfoundation@iwk.nshealth.ca; **Website:** <https://iwkfoundation.org>

Mental Health Foundation of Nova Scotia Fundraisers

The Mental Health Foundation of Nova Scotia raises funds to support mental health programs and services across the province, including community grants, education, and resources.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia, B2Y 3Z9; **Email:** info@mentalhealthns.ca; **Website:** <https://mentalhealthns.ca>

The Nova Scotia Nature Trust Fundraising Events

The Nova Scotia Nature Trust organizes fundraising events to protect significant and sensitive natural areas through land conservation in Nova Scotia. **Organization:** Nova Scotia Nature Trust; **Address:** 4792 Highway 1, Granville Centre, Nova Scotia, B0S 1K0; **Email:** info@nsnt.ca; **Website:** <https://nsnt.ca>

Parker Street Food & Furniture Bank Fundraising

Organizes fundraisers to support their mission in providing food aid, furniture and skill development to low-income residents in Halifax and the surrounding area. **Organization:** Parker

Street Food & Furniture Bank; **Address:** 2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2; **Email:** info@parkerstreet.org; **Website:** <https://www.parkerstreet.org>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia is a not-for-profit organization that raises funds for mental health programs and services, increases awareness and understanding through public education, and promotes a supportive environment towards mental health issues. **Organization:** 300 Pleasant St., Dartmouth, NS B2Y 4J6; **Address:** 300 Pleasant St., Dartmouth, NS B2Y 4J6; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Laing House

Laing House is a drop-in centre for youth aged 16-29 with a diagnosis of mental illness. They provide peer support, social and recreational activities, and educational workshops that contribute to personal development and community integration. **Organization:** 1225 Barrington St, Halifax, NS B3J 1Y2; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <http://www.lainghouse.org/>

Healthy Minds Cooperative

This cooperative provides a variety of supports for those dealing with mental health issues, including public education, advocacy, and a safe space for discussing mental health. They focus on empowering individuals and promoting collaborative approaches to mental wellness.

Organization: 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Teen Mental Health

Teen Mental Health works to improve the mental health of youth by the effective translation and transfer of scientific knowledge. They provide a wide array of educational resources for both youth and those involved in adolescent mental health. **Organization:** 5850/5860 University Avenue, PO BOX 15000, Halifax, NS B3H 4R2; **Address:** 5850/5860 University Avenue, PO BOX 15000, Halifax, NS B3H 4R2; **Email:** None; **Website:** <http://teenmentalhealth.org/>

Nova Scotia Health Mental Health and Addictions

Nova Scotia Health provides a range of mental health and addictions services that include public education, individual support, as well as community-based mental health care. They facilitate access to resources necessary for mental wellbeing. **Organization:** 300 Pleasant St., Dartmouth, NS B2Y 4J6; **Address:** 300 Pleasant St., Dartmouth, NS B2Y 4J6; **Email:** None; **Website:** <http://www.nshealth.ca/>

ACCESS-Ability Program

The ACCESS-Ability program provides funding to community-based organizations to improve accessibility in facilities and venues. These enhancements ensure that programs and services are accessible to all Nova Scotians with disabilities. **Organization:** Nova Scotia Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, 3rd floor, PO Box 456, STA Central, Halifax, NS B3J 2R5; **Email:** CCH@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

The Rick Hansen Foundation Accessibility Certification™ (RHFAC)

The RHFAC is a comprehensive rating system that measures and certifies the level of meaningful access of buildings and sites. The program is active in Nova Scotia, offering assessments to improve accessibility. **Organization:** Rick Hansen Foundation; **Address:** N/A - National organization with local services; **Email:** info@rickhansen.com; **Website:** <https://www.rickhansen.com/>

Entrepreneurs with Disabilities Network (EDN)

EDN offers support to entrepreneurs with disabilities or health conditions. They provide services like business training and networking opportunities to enhance business accessibility and collaboration with local businesses. **Organization:** Entrepreneurs with Disabilities Network; **Address:** Halifax, NS - Specific address not provided; **Email:** info@ednnovascotia.ca; **Website:** <https://www.ednnovascotia.ca/>

Nova Scotia League for Equal Opportunities (NSLEO)

The NSLEO is dedicated to the promotion of the rights, abilities, and equity of people with disabilities through awareness, education, and advocacy. They often partner with local businesses and organizations to further these goals. **Organization:** Nova Scotia League for Equal Opportunities; **Address:** 4-650 Portland Street, Suite 6, Dartmouth, NS B2W 6A3; **Email:** info@nsleo.com; **Website:** <https://www.nsleo.com/>

Mental Health Mobile Crisis Team

Provides intervention and short-term crisis management for children, youth, and adults experiencing a mental health crisis. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

Nova Scotia Health Authority Mental Health and Addiction Services

Provides a range of mental health care and addiction services to Nova Scotians, including community-based programs. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Shelter Nova Scotia

Offers services to people who are homeless or at risk of homelessness, operating shelters and support services. **Organization:** Shelter Nova Scotia; **Address:** 5506 Cunard Street, Halifax, NS B3K 1C2; **Email:** info@shelternovascotia.com; **Website:** <https://www.shelternovascotia.com>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Phoenix Youth Programs

A non-profit, community-based program for at-risk and homeless youth, providing shelter, education, and support services. **Organization:** Phoenix Youth Programs; **Address:** 6035 Coburg Road, Halifax, NS B3H 1Y9; **Email:** info@phoenixyouth.ca; **Website:** <https://www.phoenixyouth.ca>

Develop Nova Scotia

Develop Nova Scotia is a crown corporation focused on stimulating economic development across Nova Scotia. They have been tasked with managing the Internet for Nova Scotia Initiative, aimed at ensuring that all Nova Scotians have access to reliable, high-speed internet. The strategy includes encouraging local ISPs to expand their coverage and upgrade infrastructure in rural and underserved areas. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca>

Rural Broadband Initiative

Implemented by the Government of Nova Scotia, this initiative aims to improve internet service and infrastructure in rural parts of the province. Working with local ISPs through public-private partnerships, this effort involves investing in upgraded network technologies and extending internet coverage into more remote areas. **Organization:** Province of Nova Scotia; **Address:** 1 Government Place, Halifax, NS, B3J 1X5; **Email:** None; **Website:** <https://novascotia.ca/business/internet-for-nova-scotia-initiative/>

Community-Based Solutions

The Nova Scotia government often supports and facilitates community-driven solutions to expand internet access in rural communities. This includes working with local internet service providers who understand the specific needs and challenges of their area to improve infrastructure through grants and funding programs. **Organization:** Province of Nova Scotia - Local Community Groups; **Address:** N/A; **Email:** None; **Website:** <https://novascotia.ca/programs/community-broadband/>

Municipality Broadband Expansion Programs

Several municipalities in Nova Scotia have initiated their own programs to encourage local ISPs to enhance internet service infrastructure in rural communities. These may include municipal funding, advocacy, or partnerships with service providers and other stakeholders. **Organization:** Various Municipalities Across Nova Scotia; **Address:** Varies; **Email:** None; **Website:** N/A

Develop Nova Scotia's Internet for Nova Scotia Initiative

The Internet for Nova Scotia Initiative aims to provide high-speed internet to 95% of Nova Scotia

residents and businesses. It involves working with Internet Service Providers through a competitive process to expand coverage. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, Canada, B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Rural Broadband Expansion

The Government of Nova Scotia has been working to expand broadband access in rural areas in partnership with providers like Bell Canada under the Rural Broadband Initiative, leveraging federal and provincial funds. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS, Canada, B3J 1X5; **Email:** None; **Website:** <https://novascotia.ca/business/rural-broadband/>

Connecting Families Initiative – Nova Scotia

This initiative, led by the Canadian federal government in partnership with provinces and various internet service providers, offers high-speed internet to low-income families at a reduced cost, with potential benefits for rural communities. **Organization:** Innovation, Science and Economic Development Canada (ISED); **Address:** 235 Queen Street, Ottawa, ON, Canada, K1A 0H5; **Email:** ic.connectingfamilies-familleenligne.ic@canada.ca; **Website:** <https://www.ic.gc.ca/eic/site/111.nsf/eng/home>

Develop Nova Scotia

Develop Nova Scotia is a crown corporation focused on stimulating economic development across Nova Scotia. They have been tasked with managing the Internet for Nova Scotia Initiative, aimed at ensuring that all Nova Scotians have access to reliable, high-speed internet. The strategy includes encouraging local ISPs to expand their coverage and upgrade infrastructure in rural and underserved areas. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca>

Cumberland County Internet Project

The Cumberland County in Nova Scotia has taken initiative to crowdfund for local broadband infrastructure, encouraging local businesses and residents to support the expansion in their community. Although specific crowdfunding efforts are not directly mentioned, the initiative includes a financial commitment from local internet service providers and municipalities. **Organization:** Municipality of the County of Cumberland; **Address:** 1395 Blair Lake Rd, Upper Nappan, NS B4H 3Y4, Canada; **Email:** info@cumberlandcounty.ns.ca; **Website:** <https://cumberlandcounty.ns.ca/internet.html>

Rural Broadband Initiative by Victoria County

Victoria County has been advocating for and working towards improving broadband internet services in their rural areas. They have been involved in efforts to bring together stakeholders and funds to address the gaps in broadband services. **Organization:** Municipality of the County of Victoria; **Address:** 495 Chebucto St, Baddeck, NS B0E 1B0, Canada; **Email:** victoria@countyvictoria.ns.ca; **Website:** <https://www.victoriacounty.com/>

i-Valley Intelligent Community Association

i-Valley works to promote smart community transformations in Nova Scotia, which includes the development of broadband infrastructure. They may engage in crowdfunding or collaborative funding to support such initiatives. **Organization:** i-Valley Intelligent Community Association; **Address:** No physical address available.; **Email:** info@i-valley.ca; **Website:** <http://i-valley.ca>

Digital Nova Scotia's TechLounge

TechLounge is a series of workshops providing digital literacy and technology training for individuals and businesses with the goal of boosting tech skills across the province, including rural communities. **Organization:** Digital Nova Scotia; **Address:** Suite 1103, 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Computers for Schools

Computers for Schools lends refurbished computers and offers training to improve digital literacy, focusing on schools, libraries and non-profit organizations, including those in rural areas. **Organization:** Computers for Schools Nova Scotia; **Address:** Suite G40, 2021 Brunswick Street, Halifax, NS B3K 2Y5; **Email:** contact information available through the web page; **Website:** <http://cfs-ns.ca/>

Community Access Program (CAP)

CAP assists in setting up internet access sites in communities (such as rural ones) and sometimes offers training sessions to help individuals become digitally literate. **Organization:** Nova Scotia Community Access Program; **Address:** address varies by location; **Email:** contact information available through local CAP sites; **Website:** <https://novascotia.ca/>

4-H Nova Scotia's Communications & Digital Media Projects

4-H Nova Scotia runs projects that include communications and digital media education to youth in rural areas, fostering skills in internet use and online communication. **Organization:** 4-H Nova Scotia; **Address:** 90 Research Drive, Bible Hill, NS B6L 2R2; **Email:** communications@novascotia4h.ca; **Website:** <http://novascotia4h.ca/4h-info/projects-and-resources/>

Nova Scotia Public Libraries' Programs

Public libraries across Nova Scotia often host digital literacy workshops and one-on-one tech help sessions that focus on teaching community members, including those in rural areas, how to effectively use digital tools and online platforms. **Organization:** Nova Scotia Public Libraries; **Address:** address varies by local library; **Email:** contact information available through local library; **Website:** <https://library.novascotia.ca/>

The Community HUB

The Hub offers a physical space for community members to come together, connect, and engage in various activities. These include workshops, socials, and learning opportunities intended to cultivate local relationships and reduce dependence on online interactions. **Organization:** The HUB South Shore; **Address:** 21 Victoria Street, Lunenburg, NS, Canada; **Email:** info@thehubssouthshore.ca; **Website:** <https://www.thehubssouthshore.ca/>

Good Neighbour Energy Fund

While this initiative is aimed at helping families in need with home heating assistance, it inherently promotes community get-togethers and local help initiatives, driving people to interact offline in supportive roles. **Organization:** The Salvation Army in partnership with Nova Scotia Power; **Address:** Multiple Locations, Headquarter: 203- 204 Brownlow Ave, Dartmouth, NS, Canada; **Email:** not available; **Website:** <https://salvationarmy.ca/maritime/home/programs/gnef/>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

Neighbourhood Placemaking

This initiative encourages communities to gather and collaborate on local projects, ranging from community gardens to street festivals. The aim is to strengthen neighborhood ties and foster a sense of community offline. **Organization:** Placemaking 4G; **Address:** n/a; **Email:** info@placemaking4g.com; **Website:** <http://www.placemaking4g.com/>

Community Meals

Organizations throughout Nova Scotia host community meals, which not only provide nutrition but also serve as social gatherings, creating opportunities for direct social interaction and community bonding. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS, Canada; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/>

Cultural Socials and Gatherings

Different cultural groups in Nova Scotia often host socials, dances, and gatherings for various occasions, promoting cultural exchange and social interactions without relying on online platforms. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Internet for Nova Scotia Initiative

A governmental effort aimed at extending high-speed internet coverage in underserved communities including rural areas across Nova Scotia. **Organization:** Historic Properties, 1869 Upper Water Street, Suite 301, PO Box 287, Halifax, NS, B3J 3P6; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, PO Box 287, Halifax, NS, B3J 3P6; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Connecting Families Initiative

Federal initiative working with partners to offer high-speed internet to low-income families at a reduced cost, potentially available in rural areas. **Organization:** N/A; **Address:** N/A; **Email:** N/A; **Website:** <https://www.ic.gc.ca/eic/site/111.nsf/eng/home>

Computer for Schools Plus

This program provides refurbished computers and devices to schools, libraries, not-for-profit

organizations, and Indigenous communities, which could include rural areas. **Organization:** 1803 Barrington Street, Suite 1402, Halifax, Nova Scotia, B3J 3K8; **Address:** 1803 Barrington Street, Suite 1402, Halifax, Nova Scotia, B3J 3K8; **Email:** icf-info@acoa-apeca.gc.ca; **Website:** <https://icf-ppi.acoa-apeca.gc.ca/>

Nova Scotia Boost Program

A partnership between the government and internet service providers to help students from low-income families get high-speed internet at home. **Organization:** P.O. Box 578, Halifax, Nova Scotia, B3J 2S9; **Address:** P.O. Box 578, Halifax, Nova Scotia, B3J 2S9; **Email:** DEECD@novascotia.ca; **Website:** <https://www.ednet.ns.ca/>

Rural Broadband Expansion

Projects funded by provincial and federal governments to enhance broadband service in rural parts of Nova Scotia. **Organization:** N/A; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/business/internet-for-nova-scotia-initiative/>

Public Wi-Fi Initiative

The Government of Nova Scotia in partnership with municipalities and other partners offers free public Wi-Fi at numerous sites across the province to improve internet access for residents and visitors. **Organization:** Government of Nova Scotia; **Address:** Province House, 1726 Hollis St, Halifax, NS B3J 2Y3, Canada; **Email:** n/a; **Website:** <https://novascotia.ca/business/public-wi-fi/>

Halifax Public Libraries Free Wi-Fi

All branches of the Halifax Public Libraries provide free Wi-Fi services, enhancing Internet access for community members both inside and outside the library premises. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Community Hubs Free Wi-Fi

Community hubs across Nova Scotia, including community centers and recreational facilities, offer free Wi-Fi service to provide community members with greater access to online resources. **Organization:** Various community organizations; **Address:** Various locations across Nova Scotia; **Email:** n/a; **Website:** n/a – reference to different community centers is needed as there is no single web page

Open Hearth Park Free Wi-Fi

Open Hearth Park, a large public space in Sydney, provides free Wi-Fi for visitors, enhancing access to information and services while enjoying the park's amenities. **Organization:** Cape Breton Regional Municipality; **Address:** Open Hearth Park, Sydney, NS, Canada; **Email:** n/a; **Website:** <https://www.novascotia.com/>

Digital Skills for Success

A program aimed at improving the digital literacy of Nova Scotians, providing training on how to navigate online platforms and strengthen virtual connections. **Organization:** Nova Scotia Community Access Program; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** info@nscap.ca; **Website:** <https://c@p.snows.ca/>

Rural High-Speed Internet Access Program

A government initiative providing funding to internet service providers to extend and enhance high-speed internet services in rural Nova Scotia. The goal is to make internet services more accessible and reliable for rural communities. **Organization:** Government of Nova Scotia; **Address:** PO Box 216, Halifax, NS B3J 2M4, Canada; **Email:** n/a; **Website:** <https://novascotia.ca/business/internet/>

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Cellular Expansion Project

An effort to improve mobile cellular coverage across the province by investing in infrastructure that supports both cellular services and potential future 5G deployment, with an emphasis on areas that currently have poor or no service. **Organization:** Government of Nova Scotia; **Address:** PO Box 216, Halifax, NS B3J 2M4, Canada; **Email:** n/a; **Website:** <https://novascotia.ca/cellular-expansion/>

Connecting Canadians

A federal government program aimed at connecting Canadians in rural and remote areas to broadband internet service at minimum speeds. While not specific to Nova Scotia alone, this federal initiative includes projects in rural Nova Scotian communities. **Organization:** Innovation, Science and Economic Development Canada; **Address:** 235 Queen Street, Ottawa, ON K1A 0H5, Canada; **Email:** ic.connectingcanadians-connecteraucanadiens.ic@canada.ca; **Website:** <https://www.ic.gc.ca/eic/site/028.nsf/eng/home>

Community Broadband Fund

Supports community-led projects to improve internet service in unserved and underserved areas of Nova Scotia. It encourages the development of local solutions for internet connectivity, including mobile wireless solutions. **Organization:** Community Foundation of Nova Scotia; **Address:** 1888 Brunswick Street, Suite 805, Halifax, NS B3J 3J8, Canada; **Email:** info@cfns-fcne.ca; **Website:** <https://cfns-fcne.ca/>

Digital NS Community Technology Program

Digital NS has a community technology program that aims at improving digital literacy by providing access to technology and learning resources. Through local libraries and community centers, they offer programs that cover basic computer skills, internet use, and other digital aids. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Unit 104, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Technology Access Centres

Colleges throughout Nova Scotia, including the Nova Scotia Community College (NSCC), operate Technology Access Centres (TACs). These centres are designed to support small and

medium-sized enterprises (SMEs) but also provide access to technology and training to community members. **Organization:** Nova Scotia Community College; **Address:** NSCC Ivany Campus, 80 Mawiomi Place, Dartmouth, NS B2Y 0A5; **Email:** connect@nscc.ca; **Website:** <https://www.nscc.ca/>

Halifax Public Libraries Computer and Technology Access

Halifax Public Libraries offers free access to computers, internet, and various digital resources across multiple branches. They also host educational programs that teach digital literacy and computer skills. **Organization:** Halifax Public Libraries; **Address:** Central Library, 5440 Spring Garden Road, Halifax, NS B3J 1E9; **Email:** askus@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

ACALA Digital Literacy Program

The Antigonish County Adult Learning Association (ACALA) offers digital literacy programs, including access to technology and support for individuals seeking to improve their computer and internet skills. **Organization:** Antigonish County Adult Learning Association; **Address:** People's Place Library, 283 Main St, Antigonish, NS B2G 2C3; **Email:** acalalearn@gmail.com; **Website:** <http://www.acalalearn.ca/our-programs/digital-literacy/>

C@P (Community Access Program)

The C@P program is a community-driven initiative funded by the provincial government that provides residents with affordable access to technology and the Internet. This program operates in several locations throughout Nova Scotia, focusing on both urban and rural areas. **Organization:** Nova Scotia's Community Access Program; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <http://nscap.ca>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Digital Nova Scotia - DIGITAL LITERACY

Digital Nova Scotia provides programming to improve digital literacy among Nova Scotians, including workshops covering topics like cyber security and using digital tools for business. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/programs/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

SeniorSurf

SeniorSurf offers computer classes for seniors at public libraries throughout Nova Scotia. They

cover basic computer use, internet browsing, email, and online safety. **Organization:** Government of Nova Scotia - Public Libraries; **Address:** Various public libraries in Nova Scotia; **Email:** N/A - Contact through library website or local branch; **Website:** <https://libraries.novascotia.ca/>

Computers for Schools

Computers for Schools lends refurbished computers and offers training to improve digital literacy, focusing on schools, libraries and non-profit organizations, including those in rural areas. **Organization:** Computers for Schools Nova Scotia; **Address:** Suite G40, 2021 Brunswick Street, Halifax, NS B3K 2Y5; **Email:** contact information available through the web page; **Website:** <http://cfs-ns.ca/>

Digital Skills for Success

A program that provides fundamental digital skills training to adults, with a focus on the unemployed and underemployed. The program covers basic computer skills, internet navigation, email use, and other essential digital abilities. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1B3, Canada; **Email:** ask@nscc.ca; **Website:** <https://www.nscc.ca/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Tech Mania Workshops

Workshops offered to children and youth that aim to build tech skills and digital literacy. These may include coding, robotics, and internet safety. **Organization:** Discovery Centre; **Address:** 1215 Lower Water Street, Halifax, NS B3J 3S8, Canada; **Email:** info@thediscoverycentre.ca; **Website:** <https://thediscoverycentre.ca>

Digital Literacy Exchange Program

A program designed to improve the digital literacy of Canadians, particularly among underrepresented groups. It includes training and workshops on various digital skills. **Organization:** Government of Canada; **Address:** Not specific to Nova Scotia, applicable to various communities; **Email:** info@ISED-ISDE.gc.ca; **Website:** <https://www.ic.gc.ca/eic/site/102.nsf/eng/home>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

ElderDog Canada

The program aids older adults with dog care needs and engages volunteers of all ages to support

them, creating intergenerational connections centered on pet companionship. **Organization:** ElderDog Canada; **Address:** P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1; **Email:** info@elderdog.ca; **Website:** <https://www.elderdog.ca/>

Community Links

A provincial non-profit organization that connects individuals and organizations to collaborate for the wellbeing and benefit of older adults, with various initiatives such as age-friendly community planning. **Organization:** Community Links; **Address:** 25-260 Wyse Road, Dartmouth, NS B3A 1M5; **Email:** info@nscommunitylinks.ca; **Website:** <http://nscommunitylinks.ca/>

Senior Tech Services

Senior Tech Services offers one-on-one support and training to help seniors in Nova Scotia learn how to use technology, including smartphones, tablets, and computers, with the aim of keeping them connected with friends and family. **Organization:** Senior Tech Services; **Address:** N/A – Services are provided in clients' homes or meeting places; **Email:** N/A – Contact through website form; **Website:** <https://www.seniortechservices.ca/>

Halifax Public Libraries Tech Buddies Program

This program pairs youth volunteers with older adults for one-on-one technology assistance at various library branches. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Road, Halifax, NS B3J 1E9; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Nova Scotia's Online Learning Platforms

Several online platforms offer free tutorials and resources for enhancing digital skills. One such platform is 'SkillsonlineNS', providing a wide range of courses to help Nova Scotians develop their digital and professional skills. **Organization:** Nova Scotia's Labour and Advanced Education; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** Not publicly available; **Website:** <https://www.skillsonlinens.ca/>

Digital NS

Digital NS provides various initiatives, including online courses and resources aimed at increasing digital literacy among Nova Scotians. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Community Access Program (C@P)

Although not entirely online, the C@P program includes the provision of technology and internet access to help Nova Scotians gain digital skills. Additionally, it may offer some online resources. **Organization:** Nova Scotia Department of Communities, Culture and Heritage; **Address:** Not specifically listed; **Email:** Not publicly available; **Website:** <http://nscap.ca>

Digital Skills for Women

A program designed to empower women by improving their digital literacy. Participants are matched with mentors to help them navigate and learn digital tools and skills. **Organization:**

YWCA Halifax; **Address:** 358 Herring Cove Rd, Halifax, NS B3R 1V8, Canada; **Email:** contact@ywcahalifax.com; **Website:** <https://ywcahalifax.com/>

Tech Mentoring Program for Youth

Connects youth with industry professionals for mentorship and guidance in the tech sector, helping them to develop digital skills and providing career guidance. **Organization:** Digital Nova Scotia; **Address:** 1 Research Dr, Dartmouth, NS B2Y 4M9, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://www.digitalnovascotia.com/programs/>

Seniors Tech Services Program

Provides tech support and mentorship to seniors. Volunteers help seniors with using digital devices, accessing online services, and understanding social media. **Organization:** Senior Safety Association of Nova Scotia; **Address:** N/A - Community-based outreach; **Email:** seniorinfo@seniorsafety.ca; **Website:** <http://www.seniorsafety.ca/tech-services/>

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Connecting Families

An initiative that partners with the Government of Canada to provide affordable internet to eligible low-income families. **Organization:** Service Canada; **Address:** N/A; **Email:** N/A; **Website:** <https://www.canada.ca/en/employment-social-development/campaigns/connecting-families.html>

Community Access Program (C@P)

A network of community sites across Nova Scotia providing free access to internet and computers, aiming to improve digital literacy and access. **Organization:** Nova Scotia Community Access Program; **Address:** N/A; **Email:** N/A; **Website:** <http://nscap.ca>

Digital Nova Scotia's DIGITAL Assist

Provides financial assistance to small businesses and non-profits in Nova Scotia to help them improve their technology use and digital presence. **Organization:** Digital Nova Scotia; **Address:** 1684 Barrington St., Suite 550, Halifax, NS B3J 2A2, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

Digital Discovery Camp

A camp for youth that revolves around discovering digital technology through hands-on activities and workshops. The camp includes coding, robotics, and more. **Organization:** Discovery Centre; **Address:** 1215 Lower Water Street, Halifax, Nova Scotia, Canada, B3J 3S8; **Email:** info@thediscoverycentre.ca; **Website:** <https://thediscoverycentre.ca>

Halifax Maker Faire

An all-ages gathering of tech enthusiasts, crafters, educators, tinkerers, hobbyists, engineers,

science clubs, authors, artists, students, and commercial exhibitors. Participants show what they are making and share what they are learning. **Organization:** Maker Faire Halifax; **Address:** NA; **Email:** halifax.makerfaire.com; **Website:** <https://halifax.makerfaire.com>

Ladies Learning Code

Workshops for women, trans, and non-binary individuals who want to learn coding and other technical skills in a social and collaborative way. **Organization:** Canada Learning Code; **Address:** NA; **Email:** info@canadalearningcode.ca; **Website:** <https://www.canadalearningcode.ca/chapters/halifax/>

Hackathons

Events such as Hack The North and other local hackathons where students and professionals come together to innovate on software and hardware projects over the course of a few days. **Organization:** Various; **Address:** NA; **Email:** NA; **Website:** NA

Robotics Competitions

Competitions like Robofest where teams design, build, and showcase their creations.

Organization: Various educational institutions; **Address:** NA; **Email:** NA; **Website:** NA

Tech and Innovation Fairs

Events that showcase new technology and innovation in Nova Scotia, featuring local businesses and startups. **Organization:** Nova Scotia Business Inc. (NSBI); **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Computers for Schools Nova Scotia

Part of a Canada-wide initiative that refurbishes donated computers and redistributes them to schools and non-profit organizations, promoting digital access and literacy. Collaborates with various stakeholders including private sector and government. **Organization:** Computers for Schools Nova Scotia; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5; **Email:** contact@cfs-ns.ca; **Website:** <http://www.cfs-ns.ca>

Nova Scotia Community Access Program (C@P)

C@P is a community-based program that aims to provide Nova Scotians with affordable access to the internet and the skills they need to use it effectively. C@P works through partnerships with libraries, community centers, and other public-access points. **Organization:** Nova Scotia Community Access Program; **Address:** N/A; **Email:** N/A; **Website:** <http://nscap.ca>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across

Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

The Discovery Centre's Women in STEAM Program

A Discovery Centre initiative supporting women and girls' participation in science, technology, engineering, arts, and math (STEAM). Works in partnership with educational institutions and businesses to provide resources and programming. **Organization:** The Discovery Centre; **Address:** 1215 Lower Water Street, Halifax, NS B3J 3S8; **Email:** info@thediscoverycentre.ca; **Website:** <https://thediscoverycentre.ca>

Halifax Jazz Festival

Annual music festival featuring jazz artists from across the globe and takes place in multiple venues across the city. **Organization:** JazzEast Rising Association; **Address:** Suite 101 - 2307 Clifton Street, Halifax, NS B3K 4T9, Canada; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca>

Multicultural Festival

A celebration of Nova Scotia's cultural diversity, featuring performances, food, and crafts from around the world. **Organization:** Multicultural Association of Nova Scotia; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

Royal Nova Scotia International Tattoo

An annual week-long event that showcases military bands, cultural displays, and international performers, fostering community engagement and cultural exchange. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca/>

Nocturne

A free annual art festival in Halifax that showcases and celebrates visual arts and culture of the region. **Organization:** Nocturne Halifax Art at Night; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <https://nocturnehalifax.ca>

FIN: Atlantic International Film Festival

A celebration of films from local, national, and international filmmakers, fostering cultural understanding through the art of cinema. **Organization:** Atlantic Film Festival Association; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@finfestival.ca; **Website:** <https://www.finfestival.ca>

Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program
ISANS Community Connections program helps newcomers to make connections in their new community. It offers a range of activities that bring together community members and newcomers including conversation circles, group activities, and volunteering. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private

partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahx.ca/>

Pier 21 Canadian Museum of Immigration

While not a community center, Pier 21 functions as a cultural nexus that offers various programs which include cultural celebrations, workshops, and storytelling sessions that celebrate Canada's immigration history. **Organization:** Canadian Museum of Immigration at Pier 21; **Address:** 1055 Marginal Rd, Halifax, NS B3H 4P7, Canada; **Email:** info@pier21.ca; **Website:** <https://pier21.ca>

Halifax Public Libraries Multicultural Programs

Halifax Public Libraries offer a range of multicultural programs which might include language learning sessions, cultural exchange events and diverse cultural celebrations at multiple branches. **Organization:** Halifax Public Libraries; **Address:** Central Library, 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** askus@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Nova Scotia Brotherhood Initiative

Focused on improving Black men's health through culturally tailored health and wellness programs and increasing access to primary care providers in communities that traditionally face barriers. **Organization:** Health Association of African Canadians; **Address:** PO Box 2621 Stn Central, Halifax, NS B3J 3P7; **Email:** contact@haac.ca; **Website:** <http://haac.ca/>

Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program

ISANS Community Connections program helps newcomers to make connections in their new community. It offers a range of activities that bring together community members and newcomers including conversation circles, group activities, and volunteering. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahx.ca/>

Nova Scotia Mentorship Program

The Mentorship Program pairs internationally educated professionals with established Canadian professionals in the same occupation for guidance, networking, and support adjusting to the professional culture in Nova Scotia. **Organization:** The Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Halifax, NS B3J 3R7; **Email:** contact@halifaxpartnership.com; **Website:** <https://www.halifaxpartnership.com/>

Nova Scotia Department of Education and Early Childhood Development

The department provides curriculum documents and resources for teachers to incorporate multiculturalism into their lesson plans. This includes promoting inclusive education and learning about different cultural perspectives. **Organization:** Nova Scotia Provincial Government; **Address:** P.O. Box 578, Halifax, NS, B3J 2S9, Canada; **Email:** eduEDP@novascotia.ca; **Website:** <https://www.ednet.ns.ca/>

Multicultural Association of Nova Scotia (MANS)

MANS offers programs and resources aimed at promoting cross-cultural understanding and integration. They may collaborate with schools to offer multicultural education materials or programs. **Organization:** Multicultural Association of Nova Scotia; **Address:** N/A; **Email:** mans@multiculturalns.ca; **Website:** <http://multiculturalns.ca/>

Delmore “Buddy” Daye Learning Institute

An Africentric institute that provides educational resources and support across Nova Scotia, including curriculum materials that showcase the history and culture of African Nova Scotians. They work with schools to incorporate Africentric perspectives into the education system. **Organization:** Delmore “Buddy” Daye Learning Institute; **Address:** 5539 Cornwallis Street, Halifax, NS, B3K 1B3, Canada; **Email:** info@dbdli.ca; **Website:** <https://dbdli.ca/>

Global Centre for Pluralism's Education Program

While not exclusive to Nova Scotia, the Global Centre for Pluralism offers education programs that include resources to help teachers integrate multicultural and pluralistic content into their teaching. They may provide support for schools in rural areas upon request. **Organization:** Global Centre for Pluralism; **Address:** 330 Sussex Drive, Ottawa, ON, K1N 0C7, Canada; **Email:** info@pluralism.ca; **Website:** <https://www.pluralism.ca/>

Immigrant Services Association of Nova Scotia (ISANS) – School Settlement Program

ISANS works directly with schools in Nova Scotia to support immigrant and refugee families, including facilitating cultural exchanges and multicultural education within school settings. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS, B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

African Nova Scotian Affairs Integrative Business Program

Designed to support African Nova Scotian entrepreneurs, this program helps with business plan development, training, and mentorship. **Organization:** African Nova Scotian Affairs; **Address:** 1741 Brunswick St., Suite 110A, Halifax, NS B3J 3X8; **Email:** ansa@novascotia.ca; **Website:** <https://ansa.novascotia.ca/>

ISANS Business Support Services

ISANS offers business training, mentorship, and resources to immigrants in Nova Scotia to start and grow their businesses. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

CEED Diverse Business Accelerator Program

CEED supports entrepreneurs from diverse communities through business workshops, coaching, and financing. **Organization:** Centre for Entrepreneurship Education and Development (CEED); **Address:** 7071 Bayers Rd, Suite 225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Black Business Initiative

Focuses on cultivating a dynamic and vibrant Black presence within the Nova Scotia business community, offering business education, loans, and advice. **Organization:** Black Business Initiative (BBI); **Address:** 1660 Hollis St., Suite 1201, Halifax, NS B3J 1V7; **Email:** bbi@bbi.ca; **Website:** <https://www.bbi.ca/>

Ulnooweg Indigenous Communities Foundation

Provides financial services, business support, and community development initiatives to Atlantic Canadian Indigenous entrepreneurs. **Organization:** Ulnooweg Development Group Inc.; **Address:** 53 Otter Lake Court, Halifax, NS B3S 1M1; **Email:** info@ulnooweg.ca; **Website:** <https://www.ulnooweg.ca/>

The Multifest

An annual festival that showcases the province's cultural and ethnic diversity with music, food, dance, and more. **Organization:** Nova Multifest Society; **Address:** N/A - Changes according to event location; **Email:** info@multifest.ca; **Website:** <http://www.multifest.ca>

Nova Scotia 55+ Games

Biennial multi-sport event that brings together participants from across the province in a celebration of active living. **Organization:** 55+ Games Association; **Address:** N/A - Rotates locations; **Email:** info@ns55plusgames.ca; **Website:** <https://www.ns55plusgames.ca>

Scotia Festival of Music

A two-week festival that features international and local musicians in chamber music performances, attracting visitors from neighboring communities. **Organization:** Scotia Festival of Music; **Address:** 6181 Lady Hammond Road, Halifax, NS B3K 2R9; **Email:** boxoffice@scotiafestival.ns.ca; **Website:** <https://www.scotiafestival.ns.ca>

Annapolis Valley Apple Blossom Festival

A regional festival that includes a parade, music, and family-friendly activities, attracting tourists and residents of neighboring communities. **Organization:** Apple Blossom Festival Committee; **Address:** P.O. Box 741, Kentville, NS B4N 3X9; **Email:** appleblossom@ns.aliantzinc.ca; **Website:** <https://www.appleblossom.com>

Rural Transportation Association (RTA)

The RTA, also known as Rural Rides, is a collection of non-profit organizations aimed at providing affordable and accessible transportation services for rural residents in Nova Scotia, including ride-sharing programs and community-based transit options. **Organization:** Rural Transportation Association; **Address:** Various locations across rural Nova Scotia; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Nova Scotia Transit Research Incentive Program

This program offers financial incentives to support research and development projects that seek to improve public transit infrastructure and services, including those that enhance connections between rural and urban areas. **Organization:** Government of Nova Scotia - Department of Energy and Mines; **Address:** N/A; **Email:** N/A; **Website:** <https://energy.novascotia.ca/>

Public Transit Assistance Program

This program provides funding assistance to municipalities and community-based transit organizations for the operation of their transit services, which may include connections between rural areas and nearby urban centers. **Organization:** Government of Nova Scotia - Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, Suite 300, Halifax, Nova Scotia, B3J 3X8; **Email:** n/a; **Website:** <https://cch.novascotia.ca/>

Rural Broadband Internet Expansion

Although not directly related to physical transportation infrastructure, this initiative aims at providing high-speed internet to rural communities in Nova Scotia, indirectly connecting residents to urban centers through digital means and enhancing access to cultural and educational resources. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water St, Suite 106 PO Box 287, Halifax, NS B3J 2N7; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/rural-internet/>

Hope Blooms Community Garden and Greenhouse

Hope Blooms is a social enterprise which engages at-risk youth in gardening, entrepreneurship, and leadership. They run a garden and greenhouse where youth grow produce for local markets and community-supported agriculture. **Organization:** Hope Blooms; **Address:** Hope Blooms Garden and Greenhouse, 5527 Cornwallis Street, Halifax, NS B3K 1B3; **Email:** info@hopeblooms.ca; **Website:** <https://hopeblooms.ca/>

Common Roots Urban Farm

Common Roots Urban Farm is a community gardening initiative that offers both communal and individual plots for residents in the Halifax area. The farm incorporates educational workshops on sustainable agriculture and seeks to improve social cohesion by providing spaces for people to garden together. **Organization:** Partners for Care; **Address:** Common Roots Urban Farm – BiHi Park, 7 Coronation Ave, Halifax, NS; **Email:** info@partnersforcare.ca; **Website:** <http://partnersforcare.ca/>

The Dartmouth North Community Food Centre

This community food center provides a community kitchen, food garden, and dining room where community members can grow, cook, share, and advocate for good food. They also offer food skills programs which include preserving, canning, gardening and more. **Organization:** Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St Unit 140, Dartmouth, NS B3A 4C5, Canada; **Email:** dncommunityfoodcentre@dartmouthfamilycentre.ca; **Website:** <http://www.dartmouthfamilycentre.ca/community-food-centre>

Halifax Peninsula Community Garden Network

A network of community gardens throughout the Halifax Peninsula. These gardens provide community members with the opportunity to grow their own food, share knowledge, and instill a sense of community. **Organization:** Various local community organizations; **Address:** address varies by specific community garden location; **Email:** contact information varies by specific community garden; **Website:** information can be found via local community boards and websites

The Urban Farm Museum Society of Spryfield

The Urban Farm in Spryfield is a re-creation of a WW2 Victory Garden. It offers individual plot rentals, educational programs, and special events with the mission of fostering community spirit and teaching sustainable agricultural practices. **Organization:** The Urban Farm Museum Society of Spryfield; **Address:** Spryfield Urban Farm, 60 Ashdale Ave, Halifax, NS B3N 3C5, Canada; **Email:** urbanfarmspryfield@gmail.com; **Website:** <https://www.facebook.com/UrbanFarmMuseumSocietyofSpryfield/>

International Student Exchange - Nova Scotia Program

This program facilitates exchange opportunities for high school students in Nova Scotia, allowing them to study abroad. Participants can experience a new culture, learn a language, and cultivate international friendships which contribute to a more inclusive mindset. **Organization:** ISE Ontario; **Address:** 38 Maple Street, Perth, Ontario, Canada, K7H 1Z2; **Email:** info@iseontario.on.ca; **Website:** <https://iseontario.on.ca>

Community Conversations on Race and Faith

A series of facilitated discussions aimed at promoting understanding across different racial and faith backgrounds, encouraging participants to share experiences and learn from one another. **Organization:** The Nova Scotia Human Rights Commission; **Address:** 5657 Spring Garden Rd, Suite 305, Box 2221, Halifax, NS B3J 3R4; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Diverse Voices for Change Initiative

An initiative aimed at increasing the number of women from diverse communities involved in local government, through engagement in facilitated dialogues about diversity and inclusivity in municipal decision-making. **Organization:** Federation of Canadian Municipalities; **Address:** N/A - initiative may have specific locations for events in Nova Scotia; **Email:** info@fcm.ca; **Website:** <https://www.fcm.ca/>

Community Dialogues Program

Engagement sessions that bring together people from diverse backgrounds to discuss issues of racism, discrimination and building inclusive communities. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** contact@isans.ca; **Website:** <https://isans.ca/>

Dialogues for Diversity

A program hosting dialogues and workshops that explore various themes related to diversity, social justice, and building inclusive environments. **Organization:** YMCA of Greater

Halifax/Dartmouth; **Address:** 7071 Bayers Road, Suite 216, Halifax, NS B3L 2C2; **Email:** ymcainfo@ymcahx.ca; **Website:** <https://ymcahx.ca/>

Voices: Art for Social Change

A community arts initiative that offers a platform for discussion on issues related to cultural diversity and social change, using art as the medium to foster dialogue. **Organization:** Nocturne: Art at Night; **Address:** N/A - festival locations can vary; **Email:** info@nocturnehalifax.ca; **Website:** <https://nocturnehalifax.ca/>

The North Grove

A community-led space that offers a range of programs and services to the local community, including community gardens, kitchen programs, and learning opportunities. **Organization:** Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thencfc.ca; **Website:** <https://www.thencfc.ca/>

Halifax Central Library

A modern public library and community space that offers a range of services, including meeting rooms, public lectures, events, and a space for community members to gather and learn. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Veith House

Veith House is a neighborhood hub in Halifax's North End that helps create connections between individuals and services. They offer various programs, including a community garden, meeting spaces, and family supports. **Organization:** Veith House; **Address:** 3115 Veith St, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.com; **Website:** <https://www.veithhouse.com/>

Spencer House Senior Centre

A community center focused on senior citizens, providing a friendly atmosphere where they can participate in social, recreational, and educational activities. **Organization:** Spencer House Senior Centre; **Address:** 5596 Morris St, Halifax, NS B3J 1C2, Canada; **Email:** info@spencerhouse.ca; **Website:** <http://spencerhouse.ca/>

Mi'kmaw Native Friendship Centre

A non-profit organization that promotes the culture and heritage of the Mi'kmaw people through programs and services that focus on education, health, welfare, and human rights. **Organization:** Mi'kmaw Native Friendship Centre; **Address:** 2158 Gottingen St, Halifax, NS B3K 3B4, Canada; **Email:** info@mymnfc.com; **Website:** <http://mymnfc.com/>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Halifax Helps

A local initiative that connects those willing to volunteer with those in need of assistance within the Halifax Regional Municipality. It supports a variety of projects such as meal programs, community clean-ups, and more. **Organization:** United Way Halifax; **Address:** 46 Portland Street, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/get-involved/volunteer/>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

Immigrant Services Association of Nova Scotia (ISANS) Volunteer Program

ISANS offers a volunteer program that helps newcomers to Canada settle in Nova Scotia. Volunteers provide support with language training, employment workshops, community orientation, and more. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1; **Email:** volunteer@isans.ca; **Website:** <https://www.isans.ca/get-involved/volunteer/>

Nova Scotia Health Authority Volunteer Services

Volunteers support patients and families in a variety of ways such as companionship, guidance, and more within the health authority's facilities. These efforts augment the delivery of health services across the province. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Halifax Busker Festival

An annual event that showcases street performers from around the world, featuring music, comedy, acrobatics, and more, to entertain residents and visitors while fostering community engagement. **Organization:** Halifax Waterfront; **Address:** Waterfront, Halifax, NS, Canada; **Email:** N/A; **Website:** <https://www.buskers.ca/>

Royal Nova Scotia International Tattoo

A week-long event held annually in Halifax that combines military traditions with cultural performances, drawing local and international crowds. **Organization:** Royal Nova Scotia International Tattoo Society; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://www.nstattoo.ca/>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

The Halifax Jazz Festival

The largest summer festival in the Atlantic region, offering a diverse array of jazz, blues, world, creative music and educational activities. **Organization:** JazzEast; **Address:** The Music Room,

6181 Lady Hammond Rd, Halifax, NS B3K 2R9, Canada; **Email:** jazzfest@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca/>

FIN Atlantic International Film Festival

An eight-day celebration of film, media and music from around the world. It's a festival that turns Halifax into an international mecca for the arts, abuzz with filmmakers, industry types and film lovers. **Organization:** Atlantic International Film Festival; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6, Canada; **Email:** info@finfestival.ca; **Website:** <https://finfestival.ca/>

Scanway Catering & Pastry - Events and Catering

Catering company known for organizing various community potluck dinners and tailored events providing a platform for socialization and community bonding. **Organization:** Scanway Catering; **Address:** 1567 Grafton St, Halifax, NS B3J 2C3, Canada; **Email:** info@scanwaycatering.com; **Website:** <https://scanwaycatering.com/>

Community Health Boards

Community Health Boards (CHBs) in Nova Scotia work to improve community health and well-being by engaging with the public, service providers, and community groups to identify and address local health priorities. They foster collaboration through partnerships and funding community-led initiatives. **Organization:** Nova Scotia Health; **Address:** Provincial Health Authority, Nova Scotia, Canada; **Email:** None; **Website:** <https://www.nshealth.ca/>

One Nova Scotia Coalition

The One Nova Scotia Coalition is a cross-sectoral collaborative initiative aimed at driving inclusive economic growth and addressing demographic issues. It promotes cooperation among businesses, government, academic institutions, and community organizations. **Organization:** One Nova Scotia; **Address:** None; **Email:** None; **Website:** <http://www.onens.ca/>

Between the Bridges

Between the Bridges is a grass-roots effort in Dartmouth to create a healthier, safer, more prosperous community by bringing together residents, organizations, and governments in a collaborative initiative. **Organization:** Between the Bridges; **Address:** Dartmouth, Nova Scotia, Canada; **Email:** info@betweenthebridges.ca; **Website:** <https://www.betweenthebridges.ca/>

Volunteer NS

Volunteer NS connects volunteers with opportunities and promotes collaboration among non-profits, NGOs, and community groups through volunteer matching and resource sharing.

Organization: Launched by the Government of Nova Scotia; **Address:** None; **Email:** None; **Website:** <https://volunteers.ns.ca/>

Nova Scotia Community College (NSCC) Community Innovations

NSCC's various campuses facilitate partnerships with local organisations for projects that benefit communities. These collaborations include educational programs, training, and community development projects. **Organization:** Nova Scotia Community College; **Address:** NSCC, 5685 Leeds St, PO Box 1153, Halifax, NS B3J 2X1, Canada; **Email:** None; **Website:** <https://www.nscc.ca/>

The Collaboration for Atlantic Social Economy

A network of social economy organizations in the Atlantic region, including Nova Scotia, working together to advance the social economy framework by sharing research, resources, and best practices. **Organization:** The Collaboration for Atlantic Social Economy; **Address:** None; **Email:** None; **Website:** <http://www.castl.ca/>

ISANS Community Connections Mentorship Program

Immigrant Services Association of Nova Scotia (ISANS) offers a Community Connections Mentorship Program that connects newcomers with volunteers in their field for one-on-one guidance, support, and to help with the integration process in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Halifax Partnership Connector Program

The Connector Program is designed to connect newcomers with local leaders, business owners, and government officials in their professional field to foster networking and integration into the local economy. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Halifax, NS B3J 3R7, Canada; **Email:** info@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

NextGen Leadership Society's Mentorship Program

This program pairs young professionals and students with experienced mentors to help them develop leadership skills and increase their professional network in Nova Scotia. **Organization:** NextGen Leadership Society; **Address:** N/A; **Email:** info@nextgenleaders.ca; **Website:** <http://nextgenleaders.ca/>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahfx.ca/>

Cape Breton University's Mentorship Programs

Cape Breton University offers several mentorship initiatives including the CBU Student Mentorship Program which pairs newcomers and international students with senior students or faculty for support and guidance during their studies. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Road, Sydney, NS B1M 1A2, Canada; **Email:** N/A; **Website:** <https://www.cbu.ca/>

I Love Local Halifax

I Love Local HFX is a movement promoting and supporting locally-owned, independent businesses in Halifax. They organize events and campaigns to encourage the community to shop locally and create a more vibrant, sustainable economy. **Organization:** I Love Local HFX; **Address:** N/A; **Email:** N/A; **Website:** <https://www.ilovelocalhfx.ca/>

The Coast

An independent local news website and paper providing information on events and local stories in Halifax and surrounding areas. **Organization:** The Coast; **Address:** 2309 Maynard Street, Halifax, NS B3K 3T8; **Email:** info@thecoast.ca; **Website:** <https://www.thecoast.ca/>

HalifaxToday

An online news platform that delivers current local news, community updates, and provides an avenue for public engagement and information sharing. **Organization:** Village Media; **Address:** N/A; **Email:** news@halifaxtoday.ca; **Website:** <https://www.halifaxtoday.ca/>

East Coast Connected

A not-for-profit organization that facilitates networking, information sharing, and social interaction among expatriates from Atlantic Canada. **Organization:** East Coast Connected; **Address:** N/A; **Email:** contact@eastcoastconnected.ca; **Website:** <http://www.eastcoastconnected.ca/>

Halifax Public Libraries

Offers an extensive collection of community event information, newsletters, and social media engagement to keep members informed about local happenings. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** askus@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Cape Breton Partnership

The Cape Breton Partnership brings together people who believe in the power of working together to increase economic opportunities and aims to transform Cape Breton-Unama'k into the most creative and prosperous place on earth. They engage with different communities and municipalities across the island. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS, B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

The Chronicle Herald

A long-standing Nova Scotia newspaper with an online presence offering local news updates, event listings, and community interaction. **Organization:** The Chronicle Herald; **Address:** 2717 Joseph Howe Dr, Halifax, NS B3L 4G4; **Email:** letters@herald.ca; **Website:** <https://www.thechronicleherald.ca/>

Develop Nova Scotia

Develop Nova Scotia is a crown corporation focused on stimulating economic development across Nova Scotia. They have been tasked with managing the Internet for Nova Scotia Initiative, aimed at ensuring that all Nova Scotians have access to reliable, high-speed internet. The strategy

includes encouraging local ISPs to expand their coverage and upgrade infrastructure in rural and underserved areas. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca>

ISANS - Immigrant Services Association of Nova Scotia

ISANS helps newcomers to Nova Scotia settle and integrate in their new community by providing a wide range of services including orientation programs, language training, employment services, community connections, and support with finding housing. **Organization:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

YMCA Newcomer Information Centre

The YMCA of Greater Halifax/Dartmouth offers services for immigrants including a Newcomer Information Centre. It provides orientation, information about local services, cultural orientation, and assistance with various aspects of settling in a new community. **Organization:** 104-7071 Bayers Rd, Halifax, NS B3L 2C2, Canada; **Address:** 104-7071 Bayers Rd, Halifax, NS B3L 2C2, Canada; **Email:** Not publicly available, use online contact form; **Website:** <https://ymcahfx.ca/immigrant-services/>

Halifax Public Libraries - Newcomer Services

Halifax Public Libraries offer various resources and programs for newcomers, including language learning materials, settlement resources, and community programs to foster integration and interactions. **Organization:** Various locations across Halifax Region; **Address:** Various locations across Halifax Region; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/newcomers/>

Nova Scotia Start

Nova Scotia Start provides guidance to newcomers in Nova Scotia. Their services include orientation, settlement plan development, and referrals to community resources – all designed to help immigrants settle and become part of their new community. **Organization:** Suite 301, 1230 Barrington Street, Halifax, NS B3J 3K4; **Address:** Suite 301, 1230 Barrington Street, Halifax, NS B3J 3K4; **Email:** info@novascotiastart.ca; **Website:** <https://novascotiastart.ca>

Atlantic Internship Program with Pier 21

While not solely focused on newcomers, the Atlantic Internship Program offers internships for international graduates, providing work experience in Canada. This could be considered a form of support for newcomers as it can aid with their professional integration. **Organization:** 1055 Marginal Road, Halifax, NS B3H 4P7, Canada; **Address:** 1055 Marginal Road, Halifax, NS B3H 4P7, Canada; **Email:** Not publicly available, use online contact form; **Website:** <https://pier21.ca/home>

Neighbourhood Placemaking Program

The Neighbourhood Placemaking Program supports community-driven projects that create inclusive gathering spaces and promote a sense of belonging among residents. The projects can include murals, community gardens, or park improvements. **Organization:** Halifax Regional

Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** clerk@halifax.ca; **Website:** <https://www.halifax.ca/>

Community Clean Up

Annual community clean-up events that encourage collective action among residents to tidy up neighborhoods, parks, and shorelines. These events promote environmental stewardship and neighborhood pride. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8; **Email:** info@clean.ns.ca; **Website:** <https://clean.ns.ca/programs/waste/community-clean-ups/>

The Good Neighbourhood Collective

This initiative works to connect neighbors and build community through shared events, projects, and dialogues. Their programs are designed to reduce social isolation by creating shared experiences that foster a sense of belonging. **Organization:** The Good Neighbourhood Collective; **Address:** N/A; **Email:** info@goodneighbourhoodcollective.ca; **Website:** <https://goodneighbourhoodcollective.ca/>

Welcome Home

The program matches newly arrived immigrants with established Nova Scotians to help them integrate into their community. This helps new residents build a sense of connection and belonging in their new homes. **Organization:** Immigration Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1; **Email:** information@isans.ca; **Website:** <https://isans.ca/>

Proud to Be: Community Explorations

These are events and projects that celebrate the diverse identities and histories within the community, which include history walks, storytelling nights, and art installations. The events are aimed at creating a greater sense of pride in the community's heritage and diversity.

Organization: Nova Scotia Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8; **Email:** CCH@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Interfaith Harmony Halifax

Interfaith Harmony Halifax organizes an annual Interfaith Harmony Week which encourages different religious communities to come together in a series of events promoting dialogue and understanding. **Organization:** Interfaith Harmony Halifax; **Address:** Address information not publicly available.; **Email:** contact@interfaithharmonyhalifax.ca; **Website:** <http://www.interfaithharmonyhalifax.ca>

The Atlantic School of Theology

The Atlantic School of Theology occasionally hosts and sponsors interfaith dialogues and conferences that promote religious cooperation and mutual respect among different faith communities. **Organization:** The Atlantic School of Theology; **Address:** 660 Francklyn Street, Halifax, Nova Scotia, B3H 3B5, Canada; **Email:** info@astheology.ns.ca; **Website:** <https://www.astheology.ns.ca>

The Canadian Center for Ethics in Public Affairs (CCEPA)

CCEPA hosts discussions and events that often include an interfaith dimension, aiming to engage various religious groups in essential conversations on ethics in the public sphere. **Organization:** Canadian Center for Ethics in Public Affairs; **Address:** 630 Francklyn Street, Halifax, Nova Scotia, B3H 3B4, Canada; **Email:** info@ccepa.ca; **Website:** <https://www.ccepa.ca>

URI (United Religions Initiative) Cooperation Circles

URI Cooperation Circles in Nova Scotia work at the grassroots level to promote enduring, daily interfaith cooperation, to end religiously motivated violence, and to create cultures of peace, justice and healing. **Organization:** United Religions Initiative; **Address:** Address information not publicly available.; **Email:** Contact form available on their website.; **Website:** <https://www.uri.org>

Halifax Central Library

A modern public library and community space that offers a range of services, including meeting rooms, public lectures, events, and a space for community members to gather and learn.

Organization: Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

The Khyber Centre for the Arts

An artist-run centre that provides space for artistic creation, presentation, and development. It includes a broad range of cultural and educational activities, acting as an inclusive space for the community. **Organization:** The Khyber Centre for the Arts; **Address:** 1880 Hollis St, Halifax, NS B3J 1W6, Canada; **Email:** director@khyber.ca; **Website:** <http://www.khyber.ca/>

Mi'kmaw Native Friendship Centre

The centre aims to provide a structured, socially acceptable environment to develop educational programs and services. While it aims to foster understanding among different cultures – primarily the urban Indigenous and non-Indigenous communities – it serves as a community center for all.

Organization: Mi'kmaw Native Friendship Society; **Address:** 2158 Gottingen St, Halifax, NS B3K 3B4, Canada; **Email:** mnfcs@eastlink.ca; **Website:** <https://mymnfc.com/>

Dartmouth North Community Center

It is a community gathering place offering diverse programs and services promoting health, education, and social welfare of the Dartmouth community without any religious affiliations.

Organization: Halifax Regional Municipality; **Address:** 105 Highfield Park Dr, Dartmouth, NS B3A 4X1, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/recreation/facilities-fields/rec-centres/dartmouth-north-community-centre>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

Volunteer NS

An initiative by the province to centralize volunteer opportunities and resources. The platform connects volunteers with organizations and events that need support, encouraging community involvement. **Organization:** The Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://volunteers.ns.ca/>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

United Way Halifax

They mobilize volunteers to address pressing social issues in the community, promoting programs that improve education, health, and income stability. **Organization:** United Way Halifax; **Address:** Bayers Road Centre, 7071 Bayers Road, Suite 100, Halifax, Nova Scotia, B3L 2C2; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/get-involved/volunteer/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

The Parker Street Food and Furniture Bank

Organizes volunteer opportunities that involve helping with the food bank, furniture bank and other services aimed at supporting those in need. **Organization:** The Parker Street Food and Furniture Bank; **Address:** 2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2; **Email:** customerservice@parkerstreet.org; **Website:** <https://www.parkerstreet.org/volunteer>

Clean Foundation

The Clean Foundation promotes environmental sustainability in Nova Scotia and includes community involvement in its Clean Leadership programs, which provide hands-on sustainability projects, including supporting local community centers with green initiatives. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Halifax Garden Club

A community-based organization where gardening enthusiasts can share their passion and knowledge about gardening, learn about horticulture, and participate in events and plant exchanges. **Organization:** Halifax Garden Club; **Address:** P.O. Box 36092, Halifax, NS B3J 3S9; **Email:** info@halifaxgardenclub.ca; **Website:** [https://halifaxgardenclub.ca/](https://halifaxgardenclub.ca)

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and

interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Ecology Action Centre

A community-based environmental advocacy organization with various interest groups, including those focused on conservation, sustainable transportation, and urban gardening. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Visual Arts Nova Scotia

An organization that supports visual artists across Nova Scotia through connections, education, and advocacy. They host events, exhibitions, and provide resources for local artists.

Organization: Visual Arts Nova Scotia; **Address:** 1113 Marginal Rd, Halifax, NS B3H 4P7; **Email:** admin@visualarts.ns.ca; **Website:** <http://www.visualarts.ns.ca/>

Sport Nova Scotia

An organization that contributes to the support and development of sport in Nova Scotia. They connect individuals with sports organizations, providing opportunities for participation and competition. **Organization:** Sport Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@sportnovascotia.ca; **Website:** <https://www.sportnovascotia.ca/>

The Nova Scotia Sea School

A not-for-profit organization offering youth the opportunity to learn how to sail and navigate, as well as environmental education and leadership development through sea expeditions.

Organization: Nova Scotia Sea School; **Address:** 1747 Summer St, Halifax, NS B3H 3A6; **Email:** info@seaschool.org; **Website:** <https://seaschool.org/>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

Community Access Program (CAP)

CAP aims to improve the accessibility of the internet and digital resources for residents in rural communities. By subsidizing the establishment of public internet access sites, it allows more people to get online for education and training purposes. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://cch.novascotia.ca/>

Nova Scotia Community College (NSCC) Learning Programs

NSCC has a range of learning programs available for rural residents, including online courses, certificate programs, and skills training that promote lifelong learning and critical thinking.

Organization: Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1A2, Canada; **Email:** ask@nscc.ca; **Website:** <https://www.nscc.ca>

Libraries Nova Scotia Cooperative Learning Program

This program brings together public, university, and community college libraries across Nova Scotia in order to expand access to educational materials and resources in rural communities.

Organization: Libraries Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <http://librariesns.ca/>

Virtual Learning Strategy

Launched as a response to the COVID-19 pandemic, this strategy supports the development of high-quality, accessible online learning opportunities for students in rural settings. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** edecinfos@gov.ns.ca; **Website:** <https://www.ednet.ns.ca/>

Nova Scotia's School Plus Program

The School Plus Program is an initiative that turns schools into service centers for the community, providing not only educational opportunities but also access to various services and programs for families and youth. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** edecinfos@gov.ns.ca; **Website:** <https://www.ednet.ns.ca/>

Rural Innovation Districts

Rural Innovation Districts facilitate access to education by connecting rural entrepreneurs and communities with resources, tools, and training to foster innovation and new ideas.

Organization: Rural Innovation Districts; **Address:** N/A; **Email:** N/A; **Website:** N/A

Farmer's Helpers Initiatives

This community-based initiative educates young people in rural areas about sustainable farming practices and local food systems, often including hands-on workshops and guest speakers.

Organization: Farmer's Helpers; **Address:** N/A; **Email:** N/A; **Website:** N/A

Volta

Volta is an innovation hub that offers mentorship, resources, and a collaborative workspace to startup businesses. They aim to help tech entrepreneurs start, grow, and succeed. **Organization:** Volta Labs; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Centre for Entrepreneurship Education and Development

CEED delivers innovative programs and services that empower individuals and communities to achieve their full potential. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://ceed.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

IGNITE

IGNITE is a rural innovation hub where entrepreneurs, freelancers, and startups can access workspace, resources, and networking opportunities, driving entrepreneurship across Nova Scotia. **Organization:** IGNITE Atlantic; **Address:** 208 Main Street, Yarmouth, NS B5A 1C6, Canada; **Email:** hello@igniteatlantic.com; **Website:** <https://www.igniteatlantic.com/>

ISANS Business Development Services

ISANS supports immigrants in Nova Scotia with starting and growing a business, providing business development advice, mentoring, and training. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** ISANS Business Development, 6960 Mumford Road, Suite 2110, Halifax, NS B3L 4P1, Canada; **Email:** contact@isans.ca; **Website:** <https://www.isans.ca/>

Entrepreneurs' Forum

The Entrepreneurs' Forum connects emerging entrepreneurs with experienced business professionals for mentorship and guidance, fostering the growth of Nova Scotia's startup ecosystem. **Organization:** Entrepreneurs' Forum; **Address:** ; **Email:** mail@entrepreneursforum.ca; **Website:** <http://www.entrepreneursforum.ca/>

Community Health Boards

Nova Scotia Health Authority partners with communities, non-profits, and the private sector to develop community health boards that act as catalysts for creating healthy, vibrant communities with programs and facilities. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Regional Enterprise Networks

Regional Enterprise Networks (RENs) operate across the province to guide economic development while ensuring local business leaders have a voice. These networks are a collaborative effort between local businesses, municipalities, and the province. **Organization:** Regional Enterprise Networks; **Address:** Various locations across Nova Scotia; **Email:** info@rens.ca; **Website:** <https://rens.ca>

Municipal Public Participation Framework

Some municipalities in Nova Scotia have established frameworks or strategies to increase public participation in local governance, aiming to ensure that the diverse voices in the community are heard and considered in decision-making processes. **Organization:** Various Municipal Governments; **Address:** Varies by municipality; **Email:** None; **Website:**

Develop Nova Scotia's Internet for Nova Scotia Initiative

The Internet for Nova Scotia Initiative aims to provide high-speed internet to 95% of Nova Scotia residents and businesses. It involves working with Internet Service Providers through a competitive process to expand coverage. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, Canada, B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

C@P (Community Access Program)

The C@P program provides communities with public access to computers and the Internet. It offers training and other resources aimed at enhancing digital literacy, particularly in rural and remote areas. **Organization:** Nova Scotia Community Access Program; **Address:** N/A; **Email:** N/A; **Website:** <http://nscap.ca>

Digital Nova Scotia's TechLounge

TechLounge is a series of workshops providing digital literacy and technology training for individuals and businesses with the goal of boosting tech skills across the province, including rural communities. **Organization:** Digital Nova Scotia; **Address:** Suite 1103, 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Internet Access Program (IAP)

This government-funded program targets low-income Nova Scotian families to help them afford internet service at home. It addresses the barrier of cost, which can be a significant obstacle to digital connectivity in rural communities. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** askgov@novascotia.ca; **Website:** <https://novascotia.ca/programs/internet-access-program/>

The Nova Scotia Brotherhood Initiative

A program that provides health care for African Nova Scotian men and also advocates for diversity and inclusivity through engaging with the community and providing health education. **Organization:** The Nova Scotia Health Authority; **Address:** N/A - Various locations across Nova Scotia; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Pride Health

Works to improve health care services for the LGBTQ+ community and promotes inclusivity through collaborations, education, and initiatives. **Organization:** The Nova Scotia Health Authority; **Address:** N/A - Various locations across Nova Scotia; **Email:** pridehealth@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Immigrant Migrant Women's Association of Halifax (IMWAH)

Facilitates the integration of immigrant and migrant women and their families to life in Canada and promotes diversity and inclusivity through workshops and community programs. **Organization:** IMWAH; **Address:** PO Box 25014, Halifax, NS B3M 4H4; **Email:** info@imwah.ca; **Website:** <https://imwah.ca/>

Multicultural Association of Nova Scotia (MANS)

Advocates for multiculturalism and diversity through a variety of programs and services designed to promote cross-cultural understanding and cooperation. **Organization:** MANS; **Address:** 1113 Marginal Rd, Halifax, NS B3H 4P7; **Email:** mans@isans.ca; **Website:** <https://mans.ns.ca/>

peace by PEACE

A school-based program that promotes peace education and conflict resolution skills, fostering a more inclusive environment for students. **Organization:** peace by PEACE; **Address:** Saint

Mary's University, 923 Robie Street, Halifax, Nova Scotia B3H 3C3; **Email:** N/A; **Website:** <https://smu.ca/>

ENRICH Project

Addresses environmental racism and promotes social inclusion by empowering marginalized communities in Nova Scotia with the knowledge and tools to advocate for change. **Organization:** ENRICH Project; **Address:** Dalhousie University, 6299 South Street, PO BOX 15000, Halifax, Nova Scotia, B3H 4R2; **Email:** enrich@dal.ca; **Website:** <https://www.enrichproject.org/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Parker Street Food & Furniture Bank

Parker Street provides an inclusive community space through providing not only food and furniture for those in need but also offering additional support such as a skills development center, a clothing bank, and personal support services. They work with all members of the community to ensure that societal structures like hunger and poverty do not exclude anyone from being part of society. **Organization:** Parker Street Food & Furniture Bank; **Address:** 2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada; **Email:** info@parkerstreet.org; **Website:** <https://www.parkerstreet.org/>

The Company House

While primarily a music venue, The Company House is known for being a welcoming space that supports diversity and inclusion. It regularly hosts events that cater to a wide variety of cultural and social groups, including the LGBTQ+ community, making it a de facto community center for those who are seeking an inclusive environment. **Organization:** The Company House; **Address:** Please note that physical location may vary as venues are subject to change.; **Email:** N/A; **Website:** N/A

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Common Roots Urban Farm

Common Roots Urban Farm is a community-led urban agricultural project that provides inclusive spaces for individuals to learn about and participate in food growing. By turning unused land into gardens, the project seeks to involve people from all walks of life in a community endeavor, focusing on shared work and knowledge rather than traditional social divisions. **Organization:**

Common Roots Urban Farm; **Address:** Please refer to their website for most updated address and location information.; **Email:** commonrootsurbanfarm@gmail.com; **Website:** <https://commonrootsurbanfarm.ca/>

Halifax Tech Meetups

Regular meetups for people in the tech industry to network, share ideas, and collaborate. These events often include guest speakers, panel discussions, and open networking sessions.

Organization: HalTech; **Address:** 123 Innovation Drive, Halifax, NS B3J 2C4; **Email:** contact@haltech.ca; **Website:** <https://www.meetup.com/halifax-tech/>

Creative Mornings Halifax

A monthly breakfast lecture series for the creative community, providing an opportunity for professionals to mingle, network, and get inspired. **Organization:** Creative Mornings; **Address:** Various locations, Halifax, NS; **Email:** halifax@creativemornings.com; **Website:** <https://creativemornings.com/>

Entrepreneurship Events

Events including networking mixers, workshops, and speaker series focused on supporting entrepreneurs in various industries. **Organization:** Centre for Entrepreneurship Education & Development (CEED); **Address:** 2000 Barrington Street, Suite 140, Halifax, NS B3J 3K1; **Email:** info@ceed.ca; **Website:** <https://ceed.ca>

Connect Women Business Networking

Networking events tailored specifically for businesswomen looking to share insights, find mentors, and collaborate on business ventures. **Organization:** Women's Business Network Halifax; **Address:** N/A; **Email:** info@wbncanada.org; **Website:** <https://wbncanada.org/about/connect>

Volta Events

A range of events from casual networking mixers to expert-led workshops and pitch competitions for the startup community. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/events/>

Nova Scotia Queer & Trans Research Lab Meetups

Meetups focusing on LGBTQ+ community members, promoting networking with a focus on research, collaboration, and support. **Organization:** NSQTRL; **Address:** Dalhousie University, 6299 South Street, Halifax, NS B3H 4R2; **Email:** nsqtrl@dal.ca; **Website:** <https://nsqtrl.com/meetups/>

Halifax Pride Community Discussions

An online forum that fosters discussions and support for the LGBTQ+ community in Halifax and the broader Nova Scotia region. **Organization:** Halifax Pride; **Address:** 2099 Gottingen St, Halifax, NS B3K 3B2, Canada; **Email:** info@halifaxpride.com; **Website:** <https://www.halifaxpride.com/>

One Nova Scotia Collective

A collective initiative that includes online platforms to encourage collaborations and networking

across different sectors in Nova Scotia, with a focus on inclusivity. **Organization:** One Nova Scotia; **Address:** N/A; **Email:** connect@onenovascotia.ca; **Website:** <https://www.onens.ca/>

Nova Scotia Rainbow Action Project

Offers support and online discussion spaces for LGBTQ+ individuals, promoting a sense of community and connection. **Organization:** Nova Scotia Rainbow Action Project (NSRAP); **Address:** PO Box 36092, Halifax, NS B3J 3S9, Canada; **Email:** nsrap@nsrap.ca; **Website:** <https://nsrap.ca/>

The Youth Project Online Forums

Provides a safe online space for youth in Nova Scotia who identify as LGBTQ+, including forums for discussion and networking. **Organization:** The Youth Project; **Address:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Email:** theyouthproject@youthproject.ns.ca; **Website:** <http://youthproject.ns.ca/>

Immigrant Services Association of Nova Scotia (ISANS) Online Community

Online forums and platforms facilitating networking and discussions for immigrants in Nova Scotia to help their integration into the community. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Health Authority Online Patient Communities

Online platforms providing support networks and forums for patients dealing with various health conditions, aiming for inclusivity and shared experiences. **Organization:** Nova Scotia Health Authority; **Address:** 1673 North Park St, Halifax, NS B3J 2T2, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Immigrant Mentorship Program

This program pairs skilled immigrants with experienced professionals in their field in Nova Scotia. The mentors provide guidance and support to help newcomers integrate into the local job market. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water St, Suite 2101, Halifax, NS B3J 3R7; **Email:** connect@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Youth Live Mentorship Program

A program designed to support at-risk youth and young adults between the ages of 16 and 30. It offers employment training and mentorship to help participants gain valuable work experience and develop life skills. **Organization:** Municipality of Halifax; **Address:** Recycling Plant, 947 Old Sambro Road, Halifax, NS; **Email:** youthlive@halifax.ca; **Website:** <https://www.halifax.ca/>

The Mentoring Partnership

A program that matches immigrant professionals (mentees) with established Canadian professionals (mentors) in a similar or related occupation. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Entrepreneurship Mentorship Program

Through this program, new and aspiring entrepreneurs are connected with experienced business

owners who provide guidance on starting and growing a business. **Organization:** Centre for Women in Business; **Address:** Mount Saint Vincent University, Margaret Norrie McCain Centre, 166 Bedford Highway, Halifax, NS B3M 2J6; **Email:** centre@msvu.ca; **Website:** <https://www.centreforwomeninbusiness.ca/>

Black Business Initiative Business Mentorship Program

This program offers mentorship to African Nova Scotian entrepreneurs, helping them to navigate the challenges of running a business and to achieve success. **Organization:** Black Business Initiative; **Address:** 1660 Hollis St., Suite 1201, Halifax, NS B3J 1V7; **Email:** bbi@bbi.ca; **Website:** <https://www.bbi.ca/>

902 ManUp

A community-based group focused on the empowerment and positive development of African Nova Scotian youth and communities. They offer support and mentorship programs.

Organization: 902 ManUp; **Address:** Not specified; **Email:** 902ManUp@gmail.com; **Website:** <http://902manup.ca>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** [https://www.isans.ca/](https://www.isans.ca)

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Autism Nova Scotia

An organization designed to build community and support for Autistic individuals and their families in Nova Scotia. They provide programs, resources, and social groups. **Organization:** Autism Nova Scotia; **Address:** 5945 Spring Garden Rd, Halifax, NS B3H 1Y4; **Email:** info@autismns.ca; **Website:** <https://www.autismnovascotia.ca>

Stepping Stone

A non-profit organization that offers support to current and former sex workers. They provide outreach, education, and advocacy services. **Organization:** Stepping Stone; **Address:** Not specified, Halifax, NS; **Email:** admin@steppingstonens.ca; **Website:** <http://steppingstonens.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and

support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

Youth Project

The Youth Project is aimed at supporting and advocating for youth around issues of sexual orientation and gender identity. They offer a wide range of educational materials and programs designed to create inclusive and accepting environments in schools and communities.

Organization: The Youth Project; **Address:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <http://youthproject.ns.ca/>

Welcoming Schools

Welcoming Schools is an initiative by the Nova Scotia's Department of Education and Early Childhood Development, which aims to create inclusive school environments. This program includes resources and professional development for educators to support LGBTQ+ students and address issues related to diversity and inclusion. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, NS B3J 2S9, Canada; **Email:** N/A; **Website:** <https://www.ednet.ns.ca/>

Proud Possibilities

Proud Possibilities is a program designed for addressing the unique challenges faced by LGBTQ+ elders. The purpose is to create a supportive space for sharing experiences and to foster a sense of community among LGBTQ+ seniors. **Organization:** Elderberries Choir; **Address:** N/A; **Email:** N/A; **Website:** <http://www.elderberrieschoir.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

The Get REAL Movement

The Get REAL Movement offers workshops and presentations in schools and workplaces across Nova Scotia. Their mission is to combat LGBTQ+ discrimination with a focus on positive leadership and the importance of allyship. **Organization:** The Get REAL Movement Inc.; **Address:** N/A; **Email:** info@thegetrealmovement.ca; **Website:** <https://www.thegetrealmovement.ca/>

Neighbourhood Good Food Markets

A series of community-led markets offering affordable, fresh, and nutritious food, encouraging collaboration among community members and local producers, with an aim to increase access to healthy food in all communities. **Organization:** FoodARC – Food Action Research Centre; **Address:** Mount Saint Vincent University, Halifax, Nova Scotia, Canada; **Email:** foodarc@msvu.ca; **Website:** <https://www.foodarc.ca/>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

The 4Cs Foundation

The foundation supports community arts projects that inspire connections between people in their community. They encourage creative ways for people to share their stories, skills, and values through arts-based community projects. **Organization:** The 4Cs Foundation; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@4csfoundation.com; **Website:** <http://www.4csfoundation.com/>

Nova Scotia Community Networks

A framework promoting collaboration and sharing of resources between various nonprofit and voluntary organizations across Nova Scotia. They aim to improve community development through partnerships and collective action. **Organization:** Voluntary Sector Professional Capacity Trust; **Address:** Halifax, Nova Scotia, Canada; **Email:** N/A; **Website:** <https://communitysectorconnect.ca/>

Common Roots Urban Farm

Common Roots Urban Farm is a community gardening initiative that offers both communal and individual plots for residents in the Halifax area. The farm incorporates educational workshops on sustainable agriculture and seeks to improve social cohesion by providing spaces for people to garden together. **Organization:** Partners for Care; **Address:** Common Roots Urban Farm – BiHi Park, 7 Coronation Ave, Halifax, NS; **Email:** info@partnersforcare.ca; **Website:** <http://partnersforcare.ca/>

Atlantic Filmmakers Cooperative

A resource for independent filmmakers; they offer programs and opportunities encouraging collaborative filmmaking. It's a hub for networking and learning for those involved in film-related endeavors in Nova Scotia. **Organization:** Atlantic Filmmakers Cooperative; **Address:** 5663 Cornwallis Street, Suite 101, Halifax, Nova Scotia, B3K 1B6; **Email:** info@afcoop.ca; **Website:** <https://afcoop.ca/>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability. **Organization:** Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

The Connector Program

Facilitated by the Halifax Partnership, this program connects new residents, international students, and recent graduates with established business leaders and local connectors in Halifax. The aim is to help them grow their professional network through one-on-one meetings.

Organization: Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Purdy's Wharf Tower II, Halifax, NS B3J 3R7; **Email:** connect@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Mentorship Program for Immigrant Employment

The Immigrant Services Association of Nova Scotia (ISANS) offers a mentorship program that matches immigrants with volunteer mentors who work in their field in Nova Scotia. The idea is to help immigrants build professional connections and improve their understanding of the local job market. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

Women in Communications and Technology, Atlantic Chapter

This national organization offers a mentorship program designed to support women in digital, communications, and technology sectors through matched mentorships to share knowledge, experience, and insights. **Organization:** Women in Communications and Technology; **Address:** 1402-130 Albert St., Ottawa, ON K1P 5G4 (Atlantic Chapter address not provided on the website); **Email:** info@wct-fct.com; **Website:** <https://wct-fct.com/en/programs/mentoring>

Welcoming Communities Initiative

The initiative aims at helping newcomers feel welcomed and integrated into local communities. Programs include community cultural events, networking activities, and support services tailored to the needs of immigrants and diverse populations. **Organization:** Nova Scotia Office of Immigration; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS B3J 3S7; **Email:** immigration@novascotia.ca; **Website:** <https://novascotiaimmigration.com/>

ONE North End Community Engagement Project

Focused on the North End of Halifax, this project aims to connect African Nova Scotian residents with resources and opportunities. The effort involves mentorship programs, events, and a focus on local businesses. **Organization:** ONE North End; **Address:** Not specified; **Email:** info@onenorthend.ca; **Website:** [http://www.onenorthend.ca/](http://www.onenorthend.ca)

Between the Bridges

Between the Bridges is a grass-roots effort in Dartmouth to create a healthier, safer, more prosperous community by bringing together residents, organizations, and governments in a collaborative initiative. **Organization:** Between the Bridges; **Address:** Dartmouth, Nova Scotia, Canada; **Email:** info@betweenthebridges.ca; **Website:** <https://www.betweenthebridges.ca/>

Pictou County Roots for Youth Society

The society offers support for at-risk youth and promotes engagement through various outreach programs. They focus on mentorship, skill development, and creating social networks among youth communities. **Organization:** Pictou County Roots for Youth; **Address:** 390 South Main

St., New Glasgow, NS B2H 1E6; **Email:** info@rootsforyouth.ca; **Website:** <https://rootsforyouth.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Self Help Connection

Provides support to self-help and peer support groups working on health-related issues. Offers training, resources, and connections to help create and maintain groups. **Organization:** Self Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

Eating Disorders Nova Scotia

A peer support network offering community and support groups for individuals experiencing eating disorders. The network focuses on recovery and provides a safe space for sharing experiences. **Organization:** Eating Disorders Nova Scotia; **Address:** 150 Bedford Highway, Halifax, NS B3M 3J5; **Email:** info@eatingdisordersns.ca; **Website:** <https://eatingdisordersns.ca/Peer-Support>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Autism Nova Scotia

An organization designed to build community and support for Autistic individuals and their families in Nova Scotia. They provide programs, resources, and social groups. **Organization:** Autism Nova Scotia; **Address:** 5945 Spring Garden Rd, Halifax, NS B3H 1Y4; **Email:** info@autismns.ca; **Website:** <https://www.autismnovascotia.ca>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education

and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

Adopt A Stream

The Nova Scotia Adopt A Stream organization facilitates community funding and involvement for the improvement of aquatic habitats and stream restoration, which has a social infrastructure component. They encourage local involvement in their environmental projects. **Organization:** Nova Scotia Salmon Association; **Address:** PO Box 30042, Halifax, Nova Scotia, B3K 5Y5; **Email:** admin@adoptastream.ca; **Website:** <http://www.adoptastream.ca/>

Habitat for Humanity Nova Scotia

Habitat for Humanity mobilizes volunteers and community partners in building affordable housing and promoting homeownership as a means to breaking the cycle of poverty. This effort includes maintaining and operating the ReStore community centers. **Organization:** Habitat for Humanity Nova Scotia; **Address:** 81 Wright Ave, Dartmouth, NS B3B 1H4, Canada; **Email:** info@habitatns.ca; **Website:** <https://habitatns.ca>

Nova Scotia Community College (NSCC) Foundation

The NSCC Foundation raises funds from the community to support the development of educational infrastructure such as scholarships, bursaries, and campus enhancements, thus contributing to the area's social infrastructure. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds Street, PO BOX 1153, Halifax, Nova Scotia, B3J 2X1; **Email:** foundation@nscc.ca; **Website:** <https://www.nscc.ca/foundation/>

Make A Change Canada

This organization provides online programs to Canadians nationwide, including those in rural areas of Nova Scotia. They organize fundraising events to support their programs, which empower individuals with disabilities by providing them with skills for employment or entrepreneurship. **Organization:** Make A Change Canada; **Address:** 204-1405 St. Paul Street, Kelowna, British Columbia, V1Y 2E4 (Serves Nova Scotia online); **Email:** info@makeachangecanada.com; **Website:** <https://www.makeachangecanada.com/>

Habitat for Humanity Nova Scotia

Habitat for Humanity mobilizes volunteers and community partners in building affordable housing and promoting homeownership as a means to breaking the cycle of poverty. This effort includes maintaining and operating the ReStore community centers. **Organization:** Habitat for Humanity Nova Scotia; **Address:** 81 Wright Ave, Dartmouth, NS B3B 1H4, Canada; **Email:** info@habitatns.ca; **Website:** <https://habitatns.ca>

Volunteer NS

An online platform that connects volunteers with opportunities across the province, including those in rural areas. The platform has a range of sectors including health, education, and community development. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://volunteerns.ca>

VON (Victorian Order of Nurses)

Provides a variety of community health services, including services to combat loneliness and isolation among seniors. Volunteers bring their time and companionship to help improve the quality of life for seniors. **Organization:** VON Canada; **Address:** Suite 201-7001 Mumford Rd, Halifax, NS B3L 4N9, Canada; **Email:** info@von.ca; **Website:** <https://www.von.ca/en/site/novascotia>

The Cobequid Housing Authority Community Garden

A volunteer-led initiative that encourages community involvement in the creation and maintenance of community gardens. These gardens not only produce food but also serve as social spaces to bring together people of all ages. **Organization:** Cobequid Housing Authority; **Address:** N/A; **Email:** N/A; **Website:** <https://www.novascotia.ca/>

Meals on Wheels

Delivers nutritious meals to seniors and disabled adults who are unable to prepare meals for themselves. Volunteers not only provide food but also valuable social contact for recipients, reducing feelings of isolation. **Organization:** Multiple organizations across Nova Scotia; **Address:** Addresses vary by location; **Email:** Addresses vary by location; **Website:** <http://www.mealsonwheels.ca/find-a-meal-program/>

Housing Nova Scotia - Affordable Housing Partnerships

This program includes collaboration with NGOs and non-profit organizations to create and maintain affordable housing options for those in need throughout Nova Scotia. **Organization:** Housing Nova Scotia; **Address:** 14th floor, Barrington Tower, 1894 Barrington St., Halifax, NS B3J 2A8; **Email:** None; **Website:** <https://housing.novascotia.ca/>

Feed Nova Scotia - Hunger Relief

Feed Nova Scotia collaborates with a network of 140 member agencies, including food banks, meal programs, and shelters to distribute food to communities across the province. **Organization:** Feed Nova Scotia; **Address:** 213 Bedford Hwy, Halifax, NS B3M 2J9; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/>

Nova Scotia Community Sector Council

The council works with non-profit organizations across the province to strengthen their capacity to serve communities, including partnerships, training, and resources for better social infrastructure. **Organization:** Community Sector Council of Nova Scotia; **Address:** Suite 1900, 1809 Barrington Street, Halifax, NS B3J 3K8; **Email:** contact@cscns.ca; **Website:** <https://cscns.ca/>

Phoenix Youth Programs

A non-profit, community-based program for at-risk and homeless youth, providing shelter, education, and support services. **Organization:** Phoenix Youth Programs; **Address:** 6035 Coburg Road, Halifax, NS B3H 1Y9; **Email:** info@phoenixyouth.ca; **Website:** <https://www.phoenixyouth.ca>

Rural Communities Foundation of Nova Scotia (RCFofNS)

RCFofNS focuses on rural advocacy and funding for community-based initiatives. They provide grants to rural communities and engage in advocacy efforts to influence public policy and promote rural sustainability. **Organization:** Rural Communities Foundation of Nova Scotia; **Address:** N/A; **Email:** info@nsruralcommunities.ca; **Website:** <http://www.ruralcommunitiesfdn.ca/>

Federation of Nova Scotia Municipalities (FNSM)

FNSM represents the interests of municipal governments in Nova Scotia. One of its aims includes advocating for better funding and support for rural areas. They engage in lobbying efforts to address issues of concern for their member municipalities. **Organization:** Federation of Nova Scotia Municipalities; **Address:** 46 Sunnyside Road, Suite 228, Bedford, Nova Scotia B4A 2T3; **Email:** contact@fonsm.ca; **Website:** <https://fonsm.ca/>

Nova Scotia Federation of Agriculture (NSFA)

The NSFA works to promote the interests of the agricultural community in Nova Scotia, which is largely situated in rural areas. They lobby government bodies for better policies and support to enhance the viability and sustainability of farming in the region. **Organization:** Nova Scotia Federation of Agriculture; **Address:** 7 Atlantic Central Drive, East Mountain, Nova Scotia B6L 2Z2; **Email:** nsfa@nsfa-fane.ca; **Website:** <https://nsfa-fane.ca/>

The Alliance of Nova Scotia Health Advocates

This alliance consists of healthcare professionals and community members advocating for improved healthcare services in rural Nova Scotia. Their activities include raising public awareness and lobbying for increased funding and resources. **Organization:** The Alliance of Nova Scotia Health Advocates; **Address:** N/A; **Email:** N/A; **Website:** N/A

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Senior LINCS

Senior LINCS (Leadership, Information, Networking, Contacts, and Support) is a program aimed at reducing loneliness and social isolation among seniors. They facilitate knowledge sharing, provide information on resources, and create peer support networks. **Organization:** Senior LINCS; **Address:** N/A; **Email:** N/A; **Website:** <https://www.novascotia.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street,

Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Community Links

Community Links promotes age-friendly communities by supporting community-based initiatives that involve seniors in knowledge-sharing, peer mentoring, and group activities aimed at reducing loneliness among older adults. **Organization:** Nova Scotia Community Links; **Address:** N/A; **Email:** info@nscommunitylinks.ca; **Website:** <https://nscommunitylinks.ca>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** [https://www.isans.ca/](https://www.isans.ca)

Youth Project

The Youth Project is aimed at supporting and advocating for youth around issues of sexual orientation and gender identity. They offer a wide range of educational materials and programs designed to create inclusive and accepting environments in schools and communities.

Organization: The Youth Project; **Address:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <http://youthproject.ns.ca/>

HeartWood Centre for Community Youth Development

Focuses on engaging youth in community development through leadership programs, training and consulting services aimed at building skills in youth so they can contribute positively to their communities. **Organization:** HeartWood Centre; **Address:** Suite 1006, 5557 Cunard Street, Halifax, NS B3K 1C5, Canada; **Email:** info@heartwood.ns.ca; **Website:** <https://heartwood.ns.ca>

Nova Scotia Secondary School Students' Association (NSSSA)

A not-for-profit organization led by students for students, the NSSSA facilitates leadership development and communication between students across Nova Scotia, engaging them in the design and delivery of programs. **Organization:** NSSSA; **Address:** n/a; **Email:** co-premiers@nssa.ca; **Website:** <http://www.nssa.ca>

Canada Games Centre Youth Programs

Offers a range of youth programs including leadership courses and volunteer opportunities with the aim of involving youth in community engagement and physical activity. **Organization:** Canada Games Centre; **Address:** 26 Thomas Raddall Drive, Halifax, NS B3S 0E2, Canada; **Email:** info@canadagamescentre.ca; **Website:** <https://canadagamescentre.ca>

Clean Foundation - Youth Corps

The Clean Leadership program (formerly known as Youth Corps) provides youth with environmental work experience, leadership skills development, and learning opportunities to help

them become sustainability champions. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://clean.ns.ca>

Common Roots Urban Farm

Common Roots Urban Farm is a community gardening initiative that offers both communal and individual plots for residents in the Halifax area. The farm incorporates educational workshops on sustainable agriculture and seeks to improve social cohesion by providing spaces for people to garden together. **Organization:** Partners for Care; **Address:** Common Roots Urban Farm – BiHi Park, 7 Coronation Ave, Halifax, NS; **Email:** info@partnersforcare.ca; **Website:** <http://partnersforcare.ca/>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

Our Common Roots – Dartmouth Community Garden

This initiative is a series of community gardens and greenhouse spaces that provide areas for the community to grow food together. Workshops and education are also part of the project, fostering sustainability and community development. **Organization:** Dartmouth Community Garden Society; **Address:** Leighton Dillman Park, Dartmouth, NS, Canada; **Email:** dartmouthcommunitygardens@gmail.com; **Website:** <http://www.dalgardens.ca/our-common-roots.html>

Hope Blooms Community Garden and Greenhouse

Hope Blooms is a social enterprise which engages at-risk youth in gardening, entrepreneurship, and leadership. They run a garden and greenhouse where youth grow produce for local markets and community-supported agriculture. **Organization:** Hope Blooms; **Address:** Hope Blooms Garden and Greenhouse, 5527 Cornwallis Street, Halifax, NS B3K 1B3; **Email:** info@hopeblooms.ca; **Website:** <https://hopeblooms.ca/>

The Deanery Project

An innovative community hub focused on the environment, youth, and community development. They offer a variety of workshops, outdoor activities, and learning experiences. **Organization:** The Deanery Project; **Address:** 751 West Ship Harbour Road, Lower Ship Harbour, Nova Scotia, B0J 1Y0; **Email:** thedeaneryproject@gmail.com; **Website:** <https://www.thedeaneryproject.com>

Community-University Research for Recovery Alliance (CURRA)

The CURRA is a research project aimed at helping rural Newfoundland communities to deal with the social and economic challenges they face through university-community collaborations. Although not based in Nova Scotia, it can serve as a model for collaborative efforts in similar contexts. **Organization:** Memorial University of Newfoundland; **Address:** 230 Elizabeth Ave, St. John's, NL A1C 5S7, Canada; **Email:** info@mun.ca; **Website:** <http://www.curra.ca>

Rural Policy Learning Commons (RPLC)

RPLC is a partnership of universities, colleges, and organizations dedicated to advancing rural policy and development through research, learning, and collaboration. While it operates across various regions, including Nova Scotia, it is an example of a collaborative network aimed at enhancing policy development for rural areas. **Organization:** Brandon University; **Address:** 270 18th Street, Brandon, Manitoba R7A 6A9; **Email:** rplc-capr@brandou.ca; **Website:** <http://rplc-capr.ca>

Maple League of Universities

A consortium of four primarily undergraduate universities in Nova Scotia and Eastern Quebec that collaborates on educational initiatives and research with a focus on Liberal Arts. Its efforts may include research into socio-economic impacts in rural communities. **Organization:** Maple League of Universities; **Address:** 50 Moore Street, Mahone Bay, Nova Scotia B0J 2E0, Canada; **Email:** info@mapleleague.ca; **Website:** <https://mapleleague.ca>

The Rural Research Collaborative

The Rural Research Collaborative is a network of researchers working on rural issues in Nova Scotia, including the impacts of policy and funding on social infrastructure. **Organization:** St. Francis Xavier University; **Address:** Antigonish, NS B2G 2W5, Canada; **Email:** ruralresearch@stfx.ca; **Website:** <https://www.stfx.ca/>

The Institute for Social and Economic Research (ISER)

ISER conducts research in social and economic issues relevant to Newfoundland and Labrador, and potentially other adjacent regions, fostering collaborations that may extend to institutions in Nova Scotia concerned with rural funding and development. **Organization:** Memorial University of Newfoundland; **Address:** 230 Elizabeth Ave, St. John's, NL A1C 5S7, Canada; **Email:** iser@mun.ca; **Website:** <https://www.mun.ca/iser/>

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Nova Scotia Affordable Housing Commission Partnership

The commission aims to address housing challenges. It involves collaboration among government departments, private sector, and non-profit organizations to develop affordable housing solutions. **Organization:** Nova Scotia Affordable Housing Commission; **Address:** PO Box 216, Halifax, NS B3J 2M4; **Email:** housingcommission@novascotia.ca; **Website:** <https://beta.novascotia.ca/>

Nova Scotia Moves

A cost-sharing program designed to support sustainable transportation projects in collaboration with municipalities, businesses, and community groups across the province. **Organization:** Nova Scotia Department of Energy and Mines; **Address:** 5151 Terminal Road, PO Box 2664, Halifax, NS B3J 3P7; **Email:** n/a; **Website:** <https://novascotia.ca/sustainabletransportation/>

SchoolsPlus

A collaborative inter-agency approach providing services and support to at-risk children, youth, and their families with the goal of creating a seamless delivery of regulated health, social, justice, education, and community services. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, NS B3J 2S9; **Email:** schoolsplus@gov.ns.ca; **Website:** <https://www.ednet.ns.ca/schoolsplus>

Cape Breton Regional Municipality Downtown Revitalization

A cooperative effort involving public and private stakeholders aimed at rejuvenating the downtown areas across the Cape Breton Regional Municipality with infrastructure and cultural projects. **Organization:** Cape Breton Regional Municipality; **Address:** 320 Esplanade, Sydney, NS B1P 7B9; **Email:** clerks@cbreton.ns.ca; **Website:** <https://www.cbrm.ns.ca/>

Leadership Development Workshops

An initiative focused on providing workshops to enhance the leadership skills of individuals in community organizations. Topics cover strategic planning, effective communication, and team building. **Organization:** Volunteer NS; **Address:** 123 Volunteer Drive, Halifax, NS B3J 1S8; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Community Development Program

A series of seminars and training sessions aimed at building the capacity of community members to spearhead infrastructure projects. Includes instruction on navigating governmental processes and community engagement. **Organization:** Nova Scotia Co-operative Council; **Address:** 202-225 Main Street, Truro, NS B2N 4G1; **Email:** connect@nsco-opcouncil.ca; **Website:** <https://www.nsco-opcouncil.ca/community-development>

Nonprofit Management Training

Comprehensive training programs for staff and volunteers in the nonprofit sector covering topics like fundraising, grant writing, governance, and volunteer management. **Organization:** Community Sector Council of Nova Scotia; **Address:** Suite 103 – 64 Webster Street, Kentville, NS B4N 1H7; **Email:** info@csc-ns.ca; **Website:** <https://www.csc-ns.ca/training>

Advocacy and Public Policy Workshops

Workshops designed to provide community leaders and members with advocacy skills, understanding of public policy, and tools to effect change at the municipal and provincial levels. **Organization:** Engage Nova Scotia; **Address:** 5557 Cunard Street, Halifax, NS B3K 1C5; **Email:** info@engagenovascotia.ca; **Website:** <https://www.engagenovascotia.ca/>

Project Management for Community Organizations

Tailored training sessions that help community organizations learn essential project management techniques to successfully launch and manage social infrastructure initiatives. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** 7001 Mumford Road, Suite 103, Halifax, NS B3L 2H8; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

IWK Foundation

The IWK Foundation supports the IWK Health Centre in Halifax, Nova Scotia, by organizing

community fundraising events, seeking corporate partnerships, and soliciting donations from individuals across the Maritimes. **Organization:** IWK Foundation; **Address:** 5855 Spring Garden Road, Suite B220, Halifax, Nova Scotia B3H 4S2; **Email:** foundation@iwk.nshealth.ca; **Website:** <https://iwkfoundation.org>

Parker Street Food & Furniture Bank

Parker Street provides an inclusive community space through providing not only food and furniture for those in need but also offering additional support such as a skills development center, a clothing bank, and personal support services. They work with all members of the community to ensure that societal structures like hunger and poverty do not exclude anyone from being part of society. **Organization:** Parker Street Food & Furniture Bank; **Address:** 2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada; **Email:** info@parkerstreet.org; **Website:** <https://www.parkerstreet.org/>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

The Leukemia & Lymphoma Society of Canada - Atlantic Region Office

This society organizes fundraising events and campaigns in the community to raise money for research and support services for patients and families affected by blood cancers. **Organization:** The Leukemia & Lymphoma Society of Canada; **Address:** 7071 Bayers Road, Suite 215, Halifax, Nova Scotia B3L 2C2; **Email:** Canadainfo@lls.org; **Website:** <https://www.llscanada.org>

QEII Foundation

The QEII Foundation works to fund new technologies, medical research, innovation, and professional education that impact patient care at the QEII Health Sciences Centre. They engage the community through events and fundraising initiatives. **Organization:** QEII Foundation; **Address:** QEII Health Sciences Centre, 5657 Spring Garden Road, Suite 3005, Halifax, Nova Scotia B3J 3R4; **Email:** info@qe2foundation.ca; **Website:** <https://www.qe2foundation.ca>

Community Grants Program

The Halifax Regional Municipality offers Community Grants to non-profit organizations to support neighborhood initiatives, and community events. These grants can provide funding for various community projects and services, including events. **Organization:** Halifax Regional Municipality; **Address:** P.O. Box 1749 Halifax, NS Canada B3J 3A5; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/>

Sponsorship Program

Events East, which manages the Halifax Convention Centre, Scotiabank Centre and Ticket Atlantic, offers a sponsorship program aimed at supporting events that drive economic and community benefits. **Organization:** Events East Group; **Address:** 1800 Argyle Street, Suite 410, Halifax, NS B3J 3N8, Canada; **Email:** info@eventseast.com; **Website:** <https://www.eventseast.com>

Community ACCESS-Ability Program

The Government of Nova Scotia provides grants to non-profit organizations to improve the physical accessibility of facilities used by persons with disabilities. Community halls, clubs, and other public spaces can be eligible for these grants, which can indirectly benefit community events and services by making them more accessible. **Organization:** Government of Nova Scotia; **Address:** Accessibility Directorate, P.O. Box 2227 Halifax Central Halifax, NS B3J 3C4; **Email:** accessns@novascotia.ca; **Website:** <https://novascotia.ca/coms/accessibility/accessability-grant.html>

Community Facilities Improvement Program

This program provides funding to community groups to improve the functionality and sustainability of community facilities. Such funding can be used for renovations or repairs that enhance spaces for events and community gatherings. **Organization:** Communities, Culture and Heritage, Government of Nova Scotia; **Address:** 1741 Brunswick Street, Suite 242, Halifax NS B3J 3X8; **Email:** cchgrantsprograms@gov.ns.ca; **Website:** <https://cch.novascotia.ca/investing-in-our-future/community-facilities-improvement-program>

Investing in Canada Infrastructure Program

This program involves funding from both the federal and provincial governments to support infrastructure projects in communities across Nova Scotia, including those that can benefit events and community services. **Organization:** Infrastructure Canada and the Government of Nova Scotia; **Address:** Infrastructure Canada, 180 Kent Street, Suite 1100, Ottawa, ON K1P 0B6; **Email:** infc.media.infc@canada.ca; **Website:** <https://www.infrastructure.gc.ca/plan/icp-pic-INFIC-eng.html>

Inspirit Foundation Community Grants

The Inspirit Foundation offers grants for projects that promote inclusion and pluralism through media and arts, potentially including community events and services. **Organization:** Inspirit Foundation; **Address:** 3250 Bloor Street West, East Tower, Suite 1209, Toronto, Ontario M8X 2X9, Canada; **Email:** info@inspiritfoundation.org; **Website:** <https://www.inspiritfoundation.org>

Community Support, Multiculturalism, and Anti-Racism Initiatives Program

This federal program offers funding for projects promoting multiculturalism and combating racism, which could include support for related events and services within communities.

Organization: Department of Canadian Heritage; **Address:** 15 Eddy Street, Gatineau, Quebec, K1A 0M5; **Email:** pch.soutienauxcommunautes-communitiesupport.pch@canada.ca; **Website:** <https://www.canada.ca/en/canadian-heritage/services/funding/community-multiculturalism-anti-racism.html>

Municipal Cooperation in Nova Scotia

Nova Scotia municipalities frequently partner with each other to share services, pursue joint economic development initiatives, and collaborate on regional planning. Examples include shared waste management services and regional enterprise networks. **Organization:** The Association of Municipal Administrators, Nova Scotia; **Address:** 2021 Brunswick Street, Halifax, Nova Scotia, Canada, B3J 2G8; **Email:** info@amans.ca; **Website:** <https://amans.ca>

Atlantic Mayors' Congress

The Atlantic Mayors' Congress provides a platform for mayors and municipal leaders in the Atlantic provinces, including Nova Scotia, to discuss mutual challenges, share best practices and collaborate on regional initiatives. **Organization:** Atlantic Mayors' Congress; **Address:** N/A; **Email:** N/A; **Website:** N/A

Nova Scotia Federation of Municipalities

The Nova Scotia Federation of Municipalities (NSFM) represents the provincial interests of all municipal governments across the province. It aims to oversee mutual collective benefit efforts like sharing services between communities, which could also impact workforce development. **Organization:** Nova Scotia Federation of Municipalities; **Address:** 202-1888 Brunswick St., Halifax, NS, B3J 3J8; **Email:** info@nsfm.ca; **Website:** <https://www.nsfm.ca/>

Bluenose Coastal Action Foundation

This foundation works with various communities and organizations around Nova Scotia's South Shore to conserve and enhance the environmental quality and sustainable development through action, education, and collaboration. **Organization:** Bluenose Coastal Action Foundation; **Address:** 37 Tannery Road, Lunenburg, Nova Scotia, Canada, B0J 2C0; **Email:** coastal@coastalaction.org; **Website:** <https://www.coastalaction.org>

Connect2

Connect2 is an initiative by the Nova Scotia Department of Energy and Mines aimed at connecting communities with sustainable transportation options, and often involves collaboration between multiple communities and stakeholders. **Organization:** Nova Scotia Department of Energy and Mines; **Address:** 5151 Terminal Rd, Halifax, Nova Scotia, Canada B3J 0C9; **Email:** sustainabletransportation@novascotia.ca; **Website:** <https://novascotia.ca/sustainabletransportation/>

Feed Nova Scotia uses social media platforms like Facebook, Twitter, and Instagram to raise awareness about food insecurity, share stories, and encourage donations. Their online presence is robust, offering avenues for people to contribute financially even if they cannot participate in events.

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The Youth Project supports the well-being of youth around issues of sexual orientation and gender identity. They have a strong social media presence and utilize platforms like Instagram, Facebook, and Twitter to engage the community, share resources and information, and request donations.

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donations. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS, B3K 2Y9; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Adsum for Women & Children offers services and support for women, families, youth, and trans individuals who are homeless or at risk of homelessness. They employ social media sites such as Twitter, Facebook, and Instagram to disseminate their message, appeal for community support, discuss issues of homelessness and accept donations.

Adsum for Women & Children offers services and support for women, families, youth, and trans individuals who are homeless or at risk of homelessness. They employ social media sites such as Twitter, Facebook, and Instagram to disseminate their message, appeal for community support, discuss issues of homelessness and accept donations. **Organization:** Adsum for Women & Children; **Address:** 2421 Brunswick Street, Halifax, NS, B3K 2Z4; **Email:** info@adsumforwomen.org; **Website:** <https://www.adsumforwomen.org>

The Nova Scotia Nature Trust works to protect natural areas in the province. They maintain an active social media presence on platforms including Facebook, Instagram, and Twitter. They share updates about their conservation work, spotlight protected areas, engage with their community, and promote donation campaigns.

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Phoenix Youth Programs provides support and services for at-risk and homeless youth. They leverage social media channels like Facebook, Twitter, and Instagram to communicate about their services, success stories, and organize online fund-raising events and campaigns to solicit for donations.

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United Way Halifax - Monthly Giving Program

United Way in Halifax encourages regular contributions through its Monthly Giving Program. Donors can provide ongoing support to community initiatives and local support services by setting up automatic bank transfers or online donations. **Organization:** United Way Halifax; **Address:** 46 Portland St, Dartmouth, NS B2Y 1H4, Canada; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Feed Nova Scotia - Monthly Giving

Feed Nova Scotia offers a monthly giving program, where donors can contribute to help feed those in need across the province. Regular donations can be set up via their online platform.

Organization: Feed Nova Scotia; **Address:** 67 Wright Ave, Dartmouth, NS B3B 1H4, Canada; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/donate>

IWK Foundation - Monthly Giving

The IWK Foundation provides community support through healthcare services and has a monthly donation option. Contributions aid in the advancement of health care for women and children.

Organization: IWK Foundation; **Address:** 5855 Spring Garden Road, Suite B220, Halifax, NS B3H 4S2, Canada; **Email:** iwkfoundation@iwk.nshealth.ca; **Website:** <https://iwkfoundation.org/>

Nova Scotia SPCA - PAW Plan

Nova Scotia SPCA's PAW (Pre-Authorized Withdrawal) Plan allows for automatic donations to support their services in animal welfare across the province. **Organization:** Nova Scotia SPCA; **Address:** PO Box 38073 STN Burnside, Dartmouth NS B3B 1X2, Canada; **Email:** info@novascotiaspca.ca; **Website:** <https://www.novascotiaspca.ca/how-to-help/donate/>

Greater Halifax Partnership

As the economic development organization for Halifax, the Greater Halifax Partnership engages with local businesses, schools, and government agencies to foster collaborations that drive economic growth. These partnerships might include initiatives for social events and support services for the community. **Organization:** Greater Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Purdy's Tower II, Halifax, NS B3J 3R7; **Email:** contactus@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Nova Scotia Community College (NSCC) Partnerships

NSCC frequently partners with businesses, government agencies and sectors to provide resources and financial support to students. Examples may include providing scholarships, internships, or hands-on training through social events and support services. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

The Halifax Partnership Connector Program

The Connector Program matches newcomers and local graduates with established business and community leaders in Halifax. The program facilitates social events and provides support services designed to help participants network and find career opportunities. **Organization:** The Halifax

Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Purdy's Tower II, Halifax, NS B3J 3R7; **Email:** connect@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

VolunteerNS

VolunteerNS is an online platform that connects volunteers with organizations across Nova Scotia. It provides a space for organizations to post opportunities and for individuals to find volunteer roles that suit their skills and interests. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Nova Scotia Health Authority Volunteer Services

Volunteers support patients and families in a variety of ways such as companionship, guidance, and more within the health authority's facilities. These efforts augment the delivery of health services across the province. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Halifax Regional Municipality Volunteer Services

HRM Volunteer Services works to match volunteers with opportunities in different city departments to support events, programs, and daily operations. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS, B3J 3A5, Canada; **Email:** N/A; **Website:** <https://www.halifax.ca/about-halifax/volunteering>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

Neighbourhood Placemaking

Through Neighbourhood Placemaking, residents are supported to come up with ideas to improve their neighbourhoods and organize community-led events. **Organization:** Planning and Development - Halifax; **Address:** PO Box 1749 Halifax, NS B3J 3A5; **Email:** planning@halifax.ca; **Website:** <https://www.halifax.ca/>

Good Food Bus Nova Scotia

A community-led mobile food market that provides fresh and affordable fruits and vegetables, and organizes events surrounding food education in communities. **Organization:** Mobile Food Market; **Address:** N/A; **Email:** info@mobilefoodmarket.ca; **Website:** <http://www.mobilefoodmarket.ca/>

Community Health Boards – Wellness Funds

Community Health Boards in Nova Scotia offer Wellness Funds to support community groups in

organizing health promotion events that align with their community health plan. **Organization:** Nova Scotia Health Authority; **Address:** 1673 North Sydney, NS B2A 3T9; **Email:** N/A; **Website:** <https://www.communityhealthboards.ns.ca/wellness-funds>

Community Museums Assistance Program

Providing operational funding to eligible community museums, many of which hold community-led and initiated events as a part of their programming. **Organization:** Communities, Culture and Heritage - Government of Nova Scotia; **Address:** 1747 Summer Street, 3rd Floor, Halifax, NS B3H 3A6; **Email:** cchfunding@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Nocturne: Art at Night

An inclusive arts festival that offers accessibility information on their website for event venues, including those which are wheelchair-accessible and have no steps to enter. **Organization:** Nocturne: Art at Night; **Address:** Halifax, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <https://nocturnehalifax.ca/>

Halifax International Busker Festival

A street performance festival that provides sponsorship opportunities offering brand promotion and exposure benefits. **Organization:** Halifax International Busker Festival; **Address:** 1581 Grafton St, Halifax, NS B3J 2C3, Canada; **Email:** info@buskers.ca; **Website:** <https://www.buskers.ca/>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Nova Scotia International Air Show

An annual air show event that includes various levels of sponsorship packages tailored to enhance business exposure and engagement with the audience. **Organization:** Air Show Atlantic; **Address:** PO Box 5000 Station Main, Shearwater, NS B0J 3A0, Canada; **Email:** info@airshowatlantic.ca; **Website:** <https://airshowatlantic.ca/>

JazzEast Rising

A non-profit organization that promotes live music, offering sponsorship opportunities during the Halifax Jazz Festival with incentives for businesses. **Organization:** JazzEast Rising; **Address:** Halifax, Nova Scotia, Canada; **Email:** jazzeast@eastlink.ca; **Website:** <https://halifaxjazzfestival.ca/>

Integrated Fisheries Management Plans (IFMPs)

The Government of Canada, through the Department of Fisheries and Oceans (DFO), uses IFMPs to manage fishery resources. They cover various aspects including fishing quotas, seasons, and size limits, to promote sustainable fishing. **Organization:** Fisheries and Oceans Canada (DFO); **Address:** 1 Challenger Drive, Dartmouth, NS B2Y 4A2; **Email:** XMAR@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca/fisheries-peches/ifmp-gmp/index-eng.html>

Offshore Lobster Sustainability Measures

The offshore lobster fishery in Nova Scotia has been certified sustainable by the Marine Stewardship Council. Measures include limited entry, trap limits, and size restrictions to ensure the long-term health of lobster stocks. **Organization:** Marine Stewardship Council; **Address:** Not specific to Nova Scotia, global organization; **Email:** info@msc.org; **Website:** <https://www.msc.org>

Eastern Scotian Shelf Integrated Management (ESSIM) Initiative

A collaborative planning initiative for the sustainable development of ocean resources on the Eastern Scotian Shelf. Fishing activity regulation is one of its aims to balance economic use with the protection of the marine environment. **Organization:** Fisheries and Oceans Canada (DFO); **Address:** 1 Challenger Drive, Dartmouth, NS B2Y 4A2; **Email:** XMAR@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca/oceans/management-gestion/integrated-integre/essim/index-eng.html>

Atlantic Halibut Monitoring Program

This is a collaborative monitoring program designed to ensure the sustainability of the Atlantic halibut fishery in Nova Scotia through catch monitoring, reporting requirements, and science-based decision-making. **Organization:** Fisheries and Oceans Canada (DFO); **Address:** 1 Challenger Drive, Dartmouth, NS B2Y 4A2; **Email:** XMAR@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca/fisheries-peches/sustainable-durable/fisheries-peches/atlantic-halibut-flounder-fletan-eng.html>

Nova Scotia Inshore Fishery Strategy

Targets the inshore fishing sector, promoting effective and adaptive fisheries management, compliance, and monitoring while working closely with local fishery associations. **Organization:** Fisheries and Oceans Canada (DFO); **Address:** 1 Challenger Drive, Dartmouth, NS B2Y 4A2; **Email:** XMAR@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca/fisheries-peches/commercial-commercial/atl-arc/ns-inshore-cotiere-ns-eng.html>

Coastal Fisheries Protection Regulations

Regulations that enable Canada to fulfill its international obligations to prevent overfishing and illegal fishing activities, also influencing fisheries management practices in Nova Scotia.

Organization: Fisheries and Oceans Canada (DFO); **Address:** 1 Challenger Drive, Dartmouth, NS B2Y 4A2; **Email:** XMAR@dfo-mpo.gc.ca; **Website:** <https://laws-lois.justice.gc.ca/>

The Fisheries Improvement Projects (FIPs)

Many of Nova Scotia's fisheries participate in Fisheries Improvement Projects, which work towards achieving sustainability certification. These projects often involve education on sustainable practices and the implementation of improvement measures on the water.

Organization: Fisheries and Oceans Canada - Maritimes Region; **Address:** Bedford Institute of Oceanography, P.O. Box 1006, Dartmouth, NS B2Y 4A2; **Email:** XMar.Communications-Maritimes.XMar@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca>

The Lobster Fishery Environmental Certification

The lobster fishery in Nova Scotia operates with a focus on sustainability. Several lobster

fisheries in the province have been certified as sustainable by the Marine Stewardship Council. This certification is based on sustainable fishing practices such as selective fishing and minimizing bycatch. **Organization:** Marine Stewardship Council; **Address:** Suite 206, 56 Walter Havill Drive, Halifax, Nova Scotia B3N 0A9; **Email:** info@msc.org; **Website:** <https://www.msc.org>

Coastal Action's Sustainable Fisheries

Coastal Action is an organization that carries out projects for the conservation and restoration of coastal ecosystems in Nova Scotia. They also promote sustainable fisheries through education and community engagement initiatives. **Organization:** Coastal Action; **Address:** 37 Tannery Road, Lunenburg, NS B0J 2C0; **Email:** info@coastalaction.org; **Website:** <https://www.coastalaction.org>

Sustainable Seafood Movement

Restaurants, retailers, and consumers across Nova Scotia partake in the sustainable seafood movement championed by Ocean Wise and SeaChoice, which involves making informed choices about seafood sources, promoting the use of sustainable fishing practices, and encouraging the avoidance of overfished species. **Organization:** Ocean Wise/SeaChoice; **Address:** N/A (Canada-based organizations with multiple locations); **Email:** seafood@ocean.org; **Website:** <https://www.ocean.org/seafood/>

Integrated Fisheries Management Plans (IFMPs)

Fisheries and Oceans Canada develops Integrated Fisheries Management Plans for various fisheries in Nova Scotia. These plans include sustainability strategies, harvest controls, monitoring, and enforcement to regulate fishing practices effectively. **Organization:** Fisheries and Oceans Canada - Maritimes Region; **Address:** Bedford Institute of Oceanography, P.O. Box 1006, Dartmouth, NS B2Y 4A2; **Email:** XMar.Communications-Maritimes.XMar@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca/fisheries-peches/ifmp-gmp/index-eng.html>

Eco-certification and Aquaculture Sustainability

The Aquaculture Association of Nova Scotia works to foster a sustainable aquaculture industry. This involves promoting responsible fish farming practices that can serve as an alternative to traditional fishing methods and help alleviate pressure on wild fish stocks. **Organization:** Aquaculture Association of Nova Scotia; **Address:** 2960 Oxford Street, Halifax, Nova Scotia B3L 2W4; **Email:** admin@seafarmers.ca; **Website:** <https://seafarmers.ca>

Gully Marine Protected Area

The Gully Marine Protected Area is a significant underwater canyon off the eastern coast of Nova Scotia. It is one of the largest submarine canyons in eastern North America and serves as a sanctuary for various marine species, including deep-water corals, whales, and fish stocks. **Organization:** Fisheries and Oceans Canada; **Address:** 200 Kent St, Ottawa, ON K1A 0E6, Canada; **Email:** info@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca>

Eastern Scotian Shelf Integrated Management Initiative

ESSIM is a collaborative effort to establish a network of marine protected areas on the Eastern Scotian Shelf. The initiative aims to manage and protect ecological diversity and promote

sustainable use of marine resources. **Organization:** Fisheries and Oceans Canada – Maritimes Region; **Address:** P.O. Box 1006, Dartmouth, NS B2Y 4A2, Canada; **Email:** XMarProtectedAreas-ZoneprotegeesMar@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca/oceans/mpa-zpm/essim/index-eng.html>

St. Ann's Bank Marine Protected Area

This MPA encompasses a large offshore area in the Atlantic Ocean, providing protection for a diversity of marine life, including fish, sea turtles, and marine mammals. The area plays a crucial role in the life history of many species, including as a foraging ground for endangered leatherback sea turtles. **Organization:** Fisheries and Oceans Canada; **Address:** 1 Challenger Drive P.O. Box 1006, Dartmouth, Nova Scotia B2Y 4A2, Canada; **Email:** DFO.NSMPA-AMPNS.MPO@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca/oceans/mpa-zpm/st-anns-eng.html>

The Nova Scotia Nature Trust

The Trust works to protect significant and threatened coastal and marine areas across Nova Scotia. They create protected areas through land purchase, donation, and conservation easements, some of which contribute to the protection of marine environments indirectly or directly by conserving coastal lands and islands. **Organization:** Nova Scotia Nature Trust; **Address:** Nature Trust Office, 5480 Spring Garden Road, Suite 404, Halifax, NS B3J 1G3; **Email:** info@nsnt.ca; **Website:** <https://www.nsnt.ca>

Oceans Act Marine Protected Areas

Under the Oceans Act, Fisheries and Oceans Canada has designated multiple MPAs with the goal of preserving important marine habitats, safeguarding biodiversity, and facilitating marine research. Each MPA has its own management plan reflecting its conservation objectives.

Organization: Fisheries and Oceans Canada; **Address:** 200 Kent St, Ottawa, ON K1A 0E6, Canada; **Email:** info@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca/oceans/conservation/mpa-zpm/index-eng.html>

Ecological Research & Conservation Efforts by the Ecology Action Centre

While not an MPA itself, the Ecology Action Centre conducts research, promotes conservation efforts, and advocates for policy changes to support the establishment and proper management of MPAs in Nova Scotia and beyond. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, NS B3K 4L3, Canada; **Email:** contact@ecologyaction.ca; **Website:** <https://ecologyaction.ca>

Off the Hook Community Supported Fishery

Off the Hook is Atlantic Canada's first Community Supported Fishery (CSF), providing consumers with sustainably harvested, hook and line caught groundfish. The program is designed to connect consumers directly with local fishermen who use environmentally responsible fishing methods. **Organization:** Off the Hook CSF; **Address:** 579 Main St, Box 2, Centreville, NS B0P 1J0, Canada; **Email:** info@offthehookcsf.ca; **Website:** <https://offthehookcsf.ca>

Marine Stewardship Council (MSC) Certified Fisheries

Several fisheries in Nova Scotia have earned MSC certification, an eco-label that indicates sustainable fishing practices. Consumers can look for the blue MSC label on seafood products in

stores to support responsibly sourced seafood. **Organization:** Marine Stewardship Council; **Address:** N/A; **Email:** info@msc.org; **Website:** <https://www.msc.org>

Ocean Wise Seafood Program

The Ocean Wise program works directly with restaurants, markets, food services, and suppliers to ensure they have the most current scientific information regarding seafood and help them make ocean-friendly buying decisions. **Organization:** Ocean Wise Conservation Association; **Address:** N/A; **Email:** seafood@ocean.org; **Website:** <https://seafood.ocean.org>

Ecology Action Centre - Sustainable Seafood

The Ecology Action Centre advocates for sustainable seafood and works on various initiatives, including education campaigns and promoting responsible seafood choices among consumers. They support community-based fisheries and highlight the importance of buying from local, sustainable sources. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3, Canada; **Email:** action@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Buy Local Campaigns

Various regional campaigns promote the consumption of locally sourced products, including seafood. These initiatives often highlight the significance of supporting local fishermen and the benefits of choosing fresh, sustainably caught seafood. **Organization:** Various Organizations; **Address:** N/A; **Email:** N/A; **Website:** N/A

Fisheries and Oceans Canada Outreach Programs

Fisheries and Oceans Canada (DFO) conducts various outreach and education programs in Nova Scotia, focusing on sustainable fishing practices and conservation. These programs may include community engagement initiatives, workshops, and educational materials distributed to fishers and the public. **Organization:** Fisheries and Oceans Canada; **Address:** 1 Challenger Drive, Dartmouth, NS B2Y 4A2; **Email:** info@dfo-mpo.gc.ca; **Website:** <http://www.dfo-mpo.gc.ca>

Ecology Action Center's Marine Programs

The Ecology Action Centre (EAC) is involved in numerous campaigns and programs to promote sustainable fisheries. They engage in public education, community outreach and advocacy work to enhance awareness of sustainable fishing practices and marine conservation. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, NS B3K 4L3; **Email:** marine@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Ocean Wise Seafood Program

The Ocean Wise program works directly with restaurants, markets, food services, and suppliers to ensure they have the most current scientific information regarding seafood and help them make ocean-friendly buying decisions. **Organization:** Ocean Wise Conservation Association; **Address:** N/A; **Email:** seafood@ocean.org; **Website:** <https://seafood.ocean.org>

The Fishermen and Scientists Research Society (FSRS)

The FSRS facilitates collaboration between fishermen and scientists in the research process, promoting the sustainability of fisheries and marine ecosystems in the Atlantic region. Through workshops and meetings, they enable stakeholder dialogue and resource sharing for the

betterment of fish stocks. **Organization:** Fishermen and Scientists Research Society; **Address:** 2J1, 1490 Wright Ave, Dartmouth, NS B3B 0J5, Canada; **Email:** info@fsrs.ns.ca; **Website:** <http://www.fsrs.ns.ca/>

The Eastern Fishermen's Federation

An association representing the inshore fisheries sector in Eastern Nova Scotia, providing a platform for engagement and cooperative dialogue amongst fishers to address challenges, promote sustainability, and improve fishery management practices. **Organization:** Eastern Fishermen's Federation; **Address:** not available; **Email:** not available; **Website:** <http://www.easternfishermen.com/>

Community-Based Environmental Monitoring Network

Though not exclusive to fisheries, this network involves fishers in environmental monitoring, data collection, and the creation of collaborative solutions for sustainable environmental practices, emphasizing fisheries and aquatic systems. **Organization:** Community-Based Environmental Monitoring Network; **Address:** Saint Mary's University, 923 Robie Street, Halifax, NS B3H 3C3; **Email:** info@cbemn.ca; **Website:** <https://www.cbemn.ca/>

Nova Scotia Federation of Anglers and Hunters

While its main focus is on angling and hunting, the federation engages with stakeholders, including local fishers, to promote sustainable practices, improve habitats, and ensure the conservation of aquatic resources and fish stocks in Nova Scotia. **Organization:** Nova Scotia Federation of Anglers and Hunters; **Address:** PO Box 697, Halifax NS, B3J 2T8; **Email:** office@nsfaH.com; **Website:** <http://www.nsfah.ca/>

Ecology Action Centre - Marine Issues Committee

The Ecology Action Centre works on marine conservation issues, including sustainable fisheries. They collaborate with fishers, engage in policy advocacy, and facilitate community-based management to support ocean health and the survival of fishing communities. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, NS B3K 4L3; **Email:** marine@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Marine Environmental Observation, Prediction and Response Network (MEOPAR)

MEOPAR is a network of centers of excellence that focuses on addressing the issues related to marine risks and the resilience of coastal communities. It conducts various scientific research projects to understand marine ecosystems, including fish stock assessments and population dynamics. **Organization:** Marine Environmental Observation, Prediction and Response Network; **Address:** Dalhousie University, 1355 Oxford St, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** info@meopar.ca; **Website:** <http://meopar.ca/>

Fisheries and Oceans Canada (DFO) Science

The Fisheries and Oceans Canada Science branch conducts various research and monitoring projects designed to understand the marine environment and its influence on fish stocks, with offices and facilities in Nova Scotia that help to manage local fish populations sustainably.

Organization: Fisheries and Oceans Canada; **Address:** P.O. Box 1006, Dartmouth, NS B2Y 4A2, Canada; **Email:** info@dfo-mpo.gc.ca; **Website:** <http://www.dfo-mpo.gc.ca/science/>

Ocean Tracking Network (OTN)

The Ocean Tracking Network is a global aquatic animal tracking, data management, and partnership platform headquartered at Dalhousie University in Halifax. It provides data and analytics on aquatic animals, including fish stocks, which is valuable for conservation and sustainable management. **Organization:** Ocean Tracking Network; **Address:** Dalhousie University, 1355 Oxford Street, Suite 2-55, Life Sciences Centre, Halifax, NS B3H 4R2, Canada; **Email:** otninfo@oceantackingnetwork.org; **Website:** <http://oceantackingnetwork.org/>

Bedford Institute of Oceanography (BIO)

BIO is Canada's largest center for ocean research. Their work includes oceanographic research, ecosystem research, geological studies and the assessment of fish stocks and other marine life, which contributes to the sustainable management of fisheries. **Organization:** Bedford Institute of Oceanography; **Address:** 1 Challenger Drive, Dartmouth, NS B2Y 4A2, Canada; **Email:** XBioInfo@mar.dfo-mpo.gc.ca; **Website:** <http://www.bio.gc.ca/>

Coastal Action

An organization focused on environmental action projects in Southwestern Nova Scotia. Coastal Action works on various conservation projects which can create alternative livelihoods for fishermen, such as species at risk conservation, habitat restoration, and sustainable development initiatives. **Organization:** Bluenose Coastal Action Foundation; **Address:** 37 Tannery Rd, Lunenburg, NS B0J 2C0, Canada; **Email:** info@coastalaction.org; **Website:** <http://www.coastalaction.org/>

Aquaculture Association of Nova Scotia

Supports development and growth of a strong, eco-friendly, and sustainable aquaculture industry in Nova Scotia. They offer programs that could assist traditional fishermen to transition into aquaculture. **Organization:** Aquaculture Association of Nova Scotia; **Address:** 2960 Oxford Street, Halifax, NS, B3L 2W4, Canada; **Email:** info@seafarmers.ca; **Website:** <https://seafarmers.ca/>

The Perennia Aquaculture Extension Program

Provides information, technical support, and training to the marine aquaculture industry to enhance the sustainability and profitability of the sector. Fishermen could be supported to diversify into aquaculture production. **Organization:** Perennia Food and Agriculture Inc.; **Address:** 173 Dr Bernie MacDonald Drive, Bible Hill, NS B6L 2H5, Canada; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/>

Eastern Shore Islands Area of Interest (AOI)

A conservation initiative for a network of islands and associated marine areas on the eastern shore of Nova Scotia, which is looking at sustainable livelihoods like ecotourism for local communities including fishermen. **Organization:** Fisheries and Oceans Canada – Oceans Management; **Address:** No specific address for AEI, but you can use DFO's regional office: 1 Challenger Drive, Dartmouth, NS B2Y 4A2, Canada; **Email:** XMARProtectedAreas_ZoneprotegeesMAR@dfo-mpo.gc.ca; **Website:** <https://www.dfo-mpo.gc.ca/oceans/conservation/easternshore-levantdela-cote/index-eng.html>

Community-Based Fisheries Management Program

A program designed to encourage community involvement in fisheries management, which can lead to diversified income sources by promoting sustainable local fisheries and alternative business models. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, NS B3K 4L3, Canada; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Great Nova Scotia Pick-Me-Up

Nova Scotia's largest volunteer-driven community cleanup program, organized by Clean Foundation. They encourage and support community-based cleanups across the province.

Organization: Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca/>

Clean Coasts: Beach Clean-Up

The Ecology Action Centre frequently organizes beach cleanups along Nova Scotia's coasts, aiming to protect and conserve the marine environment. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3, Canada; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Marine Debris Cleanups

Bluenose Coastal Action Foundation organizes annual marine debris cleanups that focus on removing waste from the coasts to reduce marine pollution and protect wildlife. **Organization:** Bluenose Coastal Action Foundation; **Address:** 37 Tannery Rd, Lunenburg, NS B0J 2C0, Canada; **Email:** coastal@coastalaction.org; **Website:** <https://www.coastalaction.org/>

Surfing Association of Nova Scotia Cleanups

The association conducts beach cleanups as part of their commitment to safeguard the beach and coastal environment where they surf. **Organization:** Surfing Association of Nova Scotia; **Address:** N/A; **Email:** info@surfns.com; **Website:** <https://surfns.com/>

Clean Ocean Action Committee

The COAC focuses on organizing community beach cleanups along the South Shore of Nova Scotia, promoting clean, healthy oceans and beaches. **Organization:** Clean Ocean Action Committee; **Address:** PO Box 151, Lunenburg, NS B0J 2C0, Canada; **Email:** coac@eastlink.ca; **Website:** <http://www.coacoceanactioncommittee.org/>

Marine Conservation Volunteer Program

This program involves community members in activities like beach cleanups, monitoring of local marine life, and educational outreach aimed at preserving the marine environment.

Organization: Bluenose Coastal Action Foundation; **Address:** 37 Tannery Road, Lunenburg, NS, B0J 2C0 Canada; **Email:** info@coastalaction.org; **Website:** <https://coastalaction.org/>

Adopt-A-Stream

Adopt-A-Stream is a community-based habitat restoration program that works to improve fish habitats across Nova Scotia through partnerships with landowners and various organizations.

Organization: Nova Scotia Salmon Association; **Address:** 15 Arlington Place Suite 6 Truro, NS

B2N 0G6; **Email:** admin@novascotiasalmon.ns.ca; **Website:** <https://www.novascotiasalmon.ns.ca/programs/adopt-a-stream>

Sustainable Seafood Program

This program encourages sustainable seafood consumption through partnerships with industries and consumers to support healthy fish stocks and marine environments. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane Halifax, NS B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/issue-area/sustainable-seafood>

Bay of Fundy Marine Life Census

Researchers and volunteers collaborate to document and monitor the marine biodiversity in the Bay of Fundy, aiming at better management and conservation decisions. **Organization:** Nova Scotia Institute of Science; **Address:** PO Box 15000 Halifax, NS B3H 4R2; **Email:** nsis@naturalsciences.ns.ca; **Website:** <https://naturalsciences.ns.ca/>

Clean Annapolis River Project

Focused on the health of the Annapolis River, the project involves river restoration, fish habitat improvement, and community engagement programs. **Organization:** Clean Annapolis River Project (CARP); **Address:** 1484 Hwy. 1, Clementsport, NS B0S 1E0; **Email:** info@annapolisriver.ca; **Website:** <https://www.annapolisriver.ca/>

Innovative Seafood Product Development

A program focused on the development of new seafood products and unique packaging solutions that meet current market demands. **Organization:** Perennia Food & Agriculture Inc.; **Address:** 173 Dr Bernie MacDonald Drive, Bible Hill, NS B6L 2H5, Canada; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca>

Sustainable Seafood Initiative

An initiative aimed at promoting sustainable fishing practices and eco-labelled seafood products in the local and international markets. **Organization:** Fisheries and Oceans Canada – Maritimes Region; **Address:** 1 Challenger Drive, Dartmouth, NS B2Y 4A2, Canada; **Email:** NA; **Website:** <https://www.dfo-mpo.gc.ca/regions/atlantic-pacifique/index-eng.html>

Ocean Blue Project

This project includes the creation of high-value marine products from sustainable marine bio-resources, incorporating traditional knowledge with modern science. **Organization:** Ocean Blue Project; **Address:** Dalhousie University, 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** contact@oceanblueproject.org; **Website:** <http://www.oceanblueproject.org>

Nova Scotia Seafood Branding Initiative

A marketing initiative to enhance the value of Nova Scotia seafood through branding and promotion of unique packaging and quality products. **Organization:** Nova Scotia Department of Fisheries and Aquaculture; **Address:** P.O. Box 2223, Halifax, NS B3J 3C4, Canada; **Email:** NSFISHINQ@novascotia.ca; **Website:** <https://fisheries.novascotia.ca>

Select Nova Scotia

Select Nova Scotia is a government initiative that promotes locally produced goods, including

local fisheries. The program includes marketing campaigns, events, and partnerships with local producers to encourage Nova Scotians to buy local seafood. **Organization:** Nova Scotia Department of Agriculture; **Address:** P.O. Box 2223, Halifax NS B3J 3C4; **Email:** contact@selectnovascotia.ca; **Website:** <https://selectnovascotia.ca>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

The Ecology Action Centre's Ocean Program

The program focuses on sustainable seafood and fisheries through consumer education, promotion of community supported fisheries, and collaboration with local fishermen to improve practices. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax NS B3K 4L3; **Email:** action@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Off the Hook Community Supported Fishery

Off the Hook is Atlantic Canada's first Community Supported Fishery (CSF), providing consumers with sustainably harvested, hook and line caught groundfish. The program is designed to connect consumers directly with local fishermen who use environmentally responsible fishing methods. **Organization:** Off the Hook CSF; **Address:** 579 Main St, Box 2, Centreville, NS B0P 1J0, Canada; **Email:** info@offthehookcsf.ca; **Website:** <https://offthehookcsf.ca>

Nova Scotia Seafood Alliance

The alliance advocates for the seafood industry in Nova Scotia. They also work on programs to promote Nova Scotia seafood locally and abroad with the aim of sustaining the local economy and preserving fishing communities. **Organization:** Nova Scotia Seafood Alliance; **Address:** 38 Young Street, Suite 100, Truro, NS B2N 3W4; **Email:** admin@nsseafoodalliance.com; **Website:** <https://nsseafoodalliance.com>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Seafood Trails

An initiative that includes marketing campaigns to invite both locals and tourists to explore the traditional seafood offerings throughout the province, educating them on the cultural heritage and traditions of Nova Scotia's fishing communities. **Organization:** Nova Scotia Seafood; **Address:** N/A; **Email:** contact form on the website; **Website:** <https://novascotiaseafood.com/Seafood-Trails>

The Lobster Crawl

An annual festival that takes place in February along the South Shore of Nova Scotia. It includes a series of events, workshops, and culinary experiences designed to celebrate and educate about the province's lobster industry. **Organization:** South Shore Tourism Cooperative; **Address:** N/A; **Email:** N/A; **Website:** <https://lobstercrawl.ca>

Now We're Cookin'

A campaign to promote the sustainable seafood of Nova Scotia. They provide education on seafood preparation and recipes that encourage the use of locally sourced fish and seafood. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3K 2T3; **Email:** customercare@nscc.ca; **Website:** <https://www.nscc.ca>

Off the Hook Community Supported Fishery

A cooperative of fishers who provide sustainably caught, high-quality seafood. They educate consumers about the fishing practices and origins of the seafood they offer through direct marketing and interaction. **Organization:** Off the Hook Co-op; **Address:** N/A; **Email:** info@offthehookcsf.ca; **Website:** <https://offthehookcsf.ca>

Nova Scotia Seafood Trail

The Nova Scotia Seafood Trail is an initiative that connects tourists with local seafood experiences across the province. It includes seafood-focused restaurants, tours, and accommodations that emphasize local fishing products. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, Nova Scotia, B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com/>

Lobster Crawl

This annual festival held each February celebrates lobster fishing with events that include tasting experiences, lobster-themed art, and special packages offered by hospitality and tourism partners. **Organization:** South Shore Tourism Cooperative; **Address:** N/A; **Email:** info@lobstercrawl.ca; **Website:** <https://www.lobstercrawl.ca>/

The Lobster Trail

The Lobster Trail is a curated experience that brings tourists to participating restaurants that feature unique lobster dishes, promoting the lobster industry and fishing heritage of Nova Scotia. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, Nova Scotia B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://www.lobstertrail.ca/>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Hook & Release Deep Sea Fishing

This guided fishing tour offers visitors the opportunity to experience deep-sea fishing and learn

about local fishing techniques and traditions. **Organization:** Ambassatours Gray Line; **Address:** 3330 Kempt Road, Halifax, Nova Scotia, B3K 4X1; **Email:** info@ambassatours.com; **Website:** <https://www.ambassatours.com/>

Nova Scotia Sportfishing Events

Various sportfishing events and tournaments are held throughout the year, often in collaboration with local communities and businesses, highlighting Nova Scotia as a fishing destination.

Organization: Nova Scotia Department of Fisheries and Aquaculture; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Off the Hook Community Supported Fishery

Off the Hook is Atlantic Canada's first Community Supported Fishery (CSF), providing consumers with sustainably harvested, hook and line caught groundfish. The program is designed to connect consumers directly with local fishermen who use environmentally responsible fishing methods. **Organization:** Off the Hook CSF; **Address:** 579 Main St, Box 2, Centreville, NS B0P 1J0, Canada; **Email:** info@offthehookcsf.ca; **Website:** <https://offthehookcsf.ca>

Afishionado Fishmongers

Afishionado is a community-minded provider of fresh and fresh-frozen seafood that's been sourced responsibly. By establishing a transparent, fair, and sustainable supply chain, they connect consumers directly with local fisherfolk. **Organization:** Afishionado Fishmongers; **Address:** 2867 Isleville St, Halifax, NS B3K 3X4; **Email:** hello@afisionado.ca; **Website:** <https://www.afisionado.ca/>

Fishermen's Market

Fishermen's Market is a locally owned retailer that works closely with Nova Scotia fishermen to provide a wide range of seafood products to consumers, ensuring freshness and supporting the local community. **Organization:** Fishermen's Market (1989) Ltd.; **Address:** 607 Bedford Highway, Halifax, Nova Scotia B3M 2L6; **Email:** Not publicly available; **Website:** <https://fishermensmarket.ca/>

The Lobster Hub

The Lobster Hub provides a platform for direct sales of lobsters from fishermen to consumers and restaurants. Through their service, fishermen can set their own prices while consumers enjoy fresh, quality lobsters. **Organization:** The Lobster Hub; **Address:** Not specified; **Email:** Not specified; **Website:** <http://www.thelobsterhub.com/>

Nova Scotia Seafood Alliance Export Expansion

The Nova Scotia Seafood Alliance works to promote, advocate for, and expand the export markets for Nova Scotia's seafood products. They ensure that members comply with international quality standards and certifications to tap into the international demand for seafood.

Organization: Nova Scotia Seafood Alliance; **Address:** 38 Young Street, Yarmouth, NS B5A 2Y4, Canada; **Email:** contact@seafoodalliance.ca; **Website:** <http://www.seafoodalliance.ca/>

Perennia's Seafood Development Program

Perennia Food and Agriculture Inc. offers a Seafood Development Program to assist seafood

companies in exploring new markets by providing expert advice on product development, quality assurance, and certification compliance. **Organization:** Perennia Food and Agriculture Inc.; **Address:** 173 Dr Bernie MacDonald Drive, Bible Hill, NS B6L 2H5, Canada; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/seafood/>

Nova Scotia Department of Fisheries and Aquaculture Export Programs

The provincial government's Department of Fisheries and Aquaculture offers various programs and services to help the fishing and seafood sectors to identify and capitalize on export opportunities, ensuring products meet the quality standards of international markets.

Organization: Nova Scotia Department of Fisheries and Aquaculture; **Address:** 2960 Oxford Street, Halifax, NS B3L 2W4, Canada; **Email:** DFAmedia@novascotia.ca; **Website:** <https://novascotia.ca/>

Export Development Program for Fish and Seafood

This federal program, part of the Atlantic Canada Opportunities Agency, aids in the international promotion of Nova Scotia's fish and seafood products while ensuring export readiness through compliance with global market standards. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 644 Main Street, Moncton, NB E1C 1E2, Canada; **Email:** Acoa.information.APECA@Canada.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/fishandseafood.html>

Centre for Ocean Ventures & Entrepreneurship (COVE)

COVE is a facility for applied innovation in the ocean sector and a collaborative space for businesses, start-ups, researchers and marine technology enthusiasts to work on the development of ocean technology. They focus on various research and development projects, including those that can foster innovation within the traditional fishing industry. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Ocean Frontier Institute (OFI)

The Ocean Frontier Institute is an interdisciplinary hub for ocean research, focusing on the safe and sustainable development of ocean resources. Their projects often aim at stretching the traditional boundaries of fishing applications and technologies. **Organization:** Ocean Frontier Institute; **Address:** Dalhousie University, 1355 Oxford St, PO BOX 15000, Halifax, Nova Scotia, Canada; **Email:** info@oceanfrontierinstitute.com; **Website:** <https://oceanfrontierinstitute.com>

Nova Scotia Department of Fisheries and Aquaculture - Fishery and Aquaculture Research

The Nova Scotia Department of Fisheries and Aquaculture conducts varied research and development projects that contribute to sustainable fishery and aquaculture practices, potentially including investigations into new uses for fishery products and market expansions.

Organization: Nova Scotia Department of Fisheries and Aquaculture; **Address:** P.O. Box 2223, Halifax, Nova Scotia, Canada, B3J 3C4; **Email:** NSFA@novascotia.ca; **Website:** <https://novascotia.ca/>

Perennia Food and Agriculture Inc.

Perennia is tasked with supporting the development of Nova Scotia's agriculture and seafood

sectors through innovation, development, and the creation of new products and technologies.

Organization: Perennia Food and Agriculture Inc.; **Address:** 199 Dr. Bernie MacDonald Drive, Bible Hill, Nova Scotia, Canada, B6L 2H5; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/>

Verschuren Centre for Sustainability in Energy and the Environment

The Verschuren Centre conducts applied research and development in areas of renewable energy, biosciences, and sustainable technologies, which includes innovations in marine biomass and by-products, representing opportunities for the traditional fishing industry. **Organization:**

Verschuren Centre for Sustainability in Energy and the Environment; **Address:** 1250 Grand Lake Road, Sydney, Nova Scotia, Canada, B1P 6L2; **Email:** info@verschurencentre.ca; **Website:** <https://www.verschurencentre.ca>

Dalhousie University's Agriculture Campus

Dalhousie's Faculty of Agriculture conducts research and development in alignment with the needs of the agricultural and fishing sectors, including exploring innovative techniques and products that could benefit traditional fishing activities. **Organization:** Dalhousie University's Faculty of Agriculture; **Address:** Faculty of Agriculture, Dalhousie University, 62 Cumming Drive, Truro, Nova Scotia, Canada, B2N 5E3; **Email:** agriculture@dal.ca; **Website:** <https://www.dal.ca/faculty/agriculture.html>

Promoting Sustainable Fishing Practices Policy Advocacy

The Ecology Action Centre (EAC) actively engages in policy advocacy to promote sustainable fishing practices in Nova Scotia. The EAC works on issues related to marine protection, sustainable fisheries, and ocean health to ensure that traditional fishing communities are supported. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, Nova Scotia, B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Local Sustainable Seafood Advocacy

Ocean Wise Seafood Program partners with local Nova Scotia businesses and restaurants to promote sustainable seafood choices. They work to ensure that fishing traditions can continue by reducing the pressure on overexploited species through consumer education and sustainable sourcing advocacy. **Organization:** Ocean Wise Conservation Association; **Address:** Various locations in Nova Scotia; **Email:** seafood@ocean.org; **Website:** <https://seafood.ocean.org/>

Traditional Fisheries Support Program

The government of Nova Scotia offers programs such as the Fisheries and Aquaculture Loan Board, which provides financial assistance to the local fishing industry. This aids fishers in implementing sustainable practices and supports the long-term viability of traditional fishing.

Organization: Nova Scotia Fisheries and Aquaculture Loan Board; **Address:** 217 Main Street, Bible Hill, Nova Scotia, B2N 4K5; **Email:** NSFALB@novascotia.ca; **Website:** <https://novascotia.ca/fish/programs-and-services/>

Advocacy for Fisheries Act Policies

The Maritime Fishermen's Union (MFU) works to ensure that policy-making processes under the Fisheries Act consider the interests of small-scale traditional fishers. They advocate for

regulations that would support sustainable and traditional fishing practices, ensuring a fair distribution of resources. **Organization:** Maritime Fishermen's Union; **Address:** 379 Main Street, Shédiac, New Brunswick, E4P 2B2 (serves Nova Scotia members); **Email:** mfu-upm@nb.aibn.com; **Website:** <https://www.mfu-upm.com/>

Workplace Education Initiative

A program focused on improving employee skills, and essential workplace skills. The initiative offers various courses ranging from literacy and numeracy to more specific work-related skills.

Organization: Labour and Advanced Education - Government of Nova Scotia; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** workplace@novascotia.ca; **Website:** <https://novascotia.ca/programs/workplace-education/>

Skills for Success

This program helps Nova Scotians improve their literacy, numeracy, and digital skills for work. It's aimed at preparing the workforce for the evolving job market demands. **Organization:** Nova Scotia School of Adult Learning; **Address:** Various locations throughout Nova Scotia; **Email:** n/a; **Website:** <https://www.ednet.ns.ca/>

Job Creation Partnerships

An employment program that provides work experience to job-seekers within projects that benefit the community or local economy. It assists in improving participants' employability.

Organization: Employment Nova Scotia; **Address:** Various locations throughout Nova Scotia; **Email:** ENSPC@gov.ns.ca; **Website:** <https://novascotia.ca/employmentnovascotia/programs/job-creation-partnerships.asp>

Skills Development

This program supports unemployed individuals who require skills training to obtain employment. The training can range from short-term certificate programs to multi-year degree or diploma programs. **Organization:** Employment Nova Scotia; **Address:** Various locations throughout Nova Scotia; **Email:** ENSPC@gov.ns.ca; **Website:** <https://novascotia.ca/employmentnovascotia/programs/skills-development.asp>

START Program

START encourages employers to hire Nova Scotians requiring work experience. Financial incentives are available to employers with a permanent full-time position who are willing to support on-the-job training. **Organization:** Labour and Advanced Education - Government of Nova Scotia; **Address:** Various locations throughout Nova Scotia; **Email:** ENSPC@gov.ns.ca; **Website:** <https://novascotia.ca/employmentnovascotia/programs/start.asp>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Nova Scotia Community College (NSCC) Programs

NSCC offers a range of programs including technical and vocational training for a variety of industries. These programs provide both new and current workers with the skills needed to be competitive in the workforce. **Organization:** Nova Scotia Community College; **Address:** Various campuses across Nova Scotia; **Email:** n/a; **Website:** <https://www.nscc.ca>

Innovacorp Early Stage Commercialization Fund

Provides funding to support the commercialization of technology products, processes, and services, encouraging entrepreneurial activities among researchers and technologists.

Organization: Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

CEED - Centre for Entrepreneurship Education and Development

The Ceed programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** Ceed; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Startup Zone

Provides entrepreneurs with a space to connect with peers, access to mentors, and resources to grow their business, aiming to stimulate the startup ecosystem. **Organization:** Startup Zone; **Address:** 31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4; **Email:** hello@startupzone.ca; **Website:** <https://startupzone.ca>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** [https://digitalnovascotia.com/](https://digitalnovascotia.com)

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** [https://www.novascotiabusiness.com/](https://www.novascotiabusiness.com)

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting

and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

The Verschuren Centre for Sustainability in Energy & the Environment

Working on innovative environmental solutions for sustainable resource management, including mining applications. The Centre focuses on clean technologies, and it fosters partnerships between universities and industry players to advance R&D in sectors like mining efficiency.

Organization: Cape Breton University; **Address:** PO Box 5300, 1250 Grand Lake Rd, Sydney, Nova Scotia B1P 6L2; **Email:** research@cbu.ca; **Website:** <https://www.cbu.ca/research/verschuren-centre/>

Dalhousie University's Faculty of Engineering

Collaborates on research and development projects intended to enhance mining efficiency and technology. The Faculty involves a range of experts from various departments to work on multidisciplinary projects in energy and resource sectors. **Organization:** Dalhousie University; **Address:** Dalhousie University, Halifax, Nova Scotia, Canada B3H 4R2; **Email:** engineering@dal.ca; **Website:** <https://www.dal.ca/faculty/engineering.html>

Mining Innovation, Rehabilitation, and Applied Research Corporation (MIRARCO)

Although located in Ontario, MIRARCO often collaborates with various partners nationwide, potentially including those in Nova Scotia. They work on innovative solutions to mining challenges, including environmental sustainability and efficiency. **Organization:** MIRARCO - Mining Innovation; **Address:** 935 Ramsey Lake Road, Sudbury, Ontario, Canada P3E 2C6; **Email:** info@mirarco.org; **Website:** <https://mirarco.org/>

Nova Scotia Community College (NSCC) Applied Research

The NSCC provides opportunities for applied research in various sectors, including natural resources. Collaborations between industry and NSCC can facilitate research into mining technology to improve efficiency while being conscious of job preservation. **Organization:** Nova Scotia Community College; **Address:** NSCC, 5685 Leeds St, PO Box 1153, Halifax, NS B3J 2X1; **Email:** research@nscc.ca; **Website:** <https://www.nscc.ca/>

The Natural Resources and Energy Development of Nova Scotia

The government department that encourages the development of natural resources in a sustainable way. The department may fund or partner in various R&D initiatives aimed at improving mining efficiency and technology. **Organization:** The Government of Nova Scotia; **Address:** PO Box 2664, Halifax, Nova Scotia B3J 3P7; **Email:** nred@novascotia.ca; **Website:** <https://novascotia.ca/natr/>

Donkin Mine

Reviving coal mining for both local use and export, potentially enhancing local processing opportunities. **Organization:** Kameron Collieries ULC; **Address:** Sydney, Nova Scotia; **Email:** N/A; **Website:** <https://kameroncoal.com/>

Touquoy Mine

Gold mining operation with prospects for local beneficiation and value addition. **Organization:**

Atlantic Gold Corporation; **Address:** 760 Moose River Rd, Middle Musquodoboit, NS B0N 1X0, Canada; **Email:** info@atlanticgoldcorporation.com; **Website:** <http://atlanticgoldcorporation.com/>

Moose River Consolidated Project

Developing gold resources with an emphasis on local environmental stewardship and potential for expansion into local processing. **Organization:** St Barbara Limited; **Address:** PO Box 610, Musquodoboit Harbour, Nova Scotia B0J 2L0, Canada; **Email:** N/A; **Website:** <https://stbarbara.com.au/our-assets/moose-river/>

Scotia Lithium Project

Exploration and development of lithium resources with potential for local value addition in the battery and tech industries. **Organization:** Atlantic Lithium; **Address:** Halifax, Nova Scotia, Canada; **Email:** hello@atlanticlithium.com; **Website:** <https://www.atlanticlithium.com.au/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Centre for Entrepreneurship Education and Development (CEED)

CEED delivers a wide array of programs and services to potential and existing entrepreneurs and businesses at every stage. They offer training, financing, and networking opportunities to help small and medium-sized businesses start, grow, and succeed. **Organization:** CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://ceed.ca>

Creative Destruction Lab (CDL) - Atlantic

Based in Dalhousie University, CDL Atlantic focuses on helping tech companies transition from pre-seed to seed-stage funding. CDL provides mentorship, technical advice, and opportunities for scalable science and technology businesses. **Organization:** Creative Destruction Lab - Atlantic; **Address:** Rowe School of Business, Dalhousie University, 6100 University Avenue, PO BOX 15000, Halifax, NS, B3H 4R2; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Nova Scotia Business Inc. (NSBI) - START Program

NSBI's START program encourages employers to hire Nova Scotians requiring work experience. Financial incentives are provided to employers with a labour need and who are willing to support ready-to-work Nova Scotians. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS, B3J 3N8; **Email:** nsbi@novascotiabusiness.com; **Website:** <https://www.novascotiabusiness.com>

Cabot Trail

The Cabot Trail is a world-famous scenic drive that offers stunning views, outdoor adventures, cultural experiences, and more, promoting tourism on Cape Breton Island. **Organization:** Destination Cape Breton; **Address:** P.O. Box 1448, Sydney, Nova Scotia, B1P 6R7; **Email:** info@cbisland.com; **Website:** <https://www.cbisland.com/>

Halifax Citadel National Historic Site

This historic site features a star-shaped fort located at the top of a hill overlooking the city, providing historical reenactments and tours that celebrate Halifax's military history. **Organization:** Parks Canada; **Address:** 5425 Sackville St, Halifax, Nova Scotia, B3J 3Y3; **Email:** pc.halifaxcitadel.pc@canada.ca; **Website:** <https://www.pc.gc.ca/en/lhn-nhs/ns/halifax>

Lunenburg UNESCO World Heritage Site

The old town of Lunenburg offers colorful historical buildings, a working waterfront, museums, and shops, all contributing to the tourism and preservation of cultural heritage. **Organization:** UNESCO World Heritage Centre; **Address:** N/A; **Email:** wh-info@unesco.org; **Website:** <https://whc.unesco.org/en/list/741/>

Annapolis Royal Historic Gardens

These beautiful gardens showcase the horticultural history of Nova Scotia and serve as a major tourist attraction in the Annapolis Royal area. **Organization:** Historic Gardens Foundation; **Address:** 441 St. George Street, PO Box 278, Annapolis Royal, Nova Scotia, B0S 1A0; **Email:** info@historicgardens.com; **Website:** <https://www.historicgardens.com/>

Celtic Music Interpretive Centre

This centre offers interactive exhibits, live music demonstrations, and a cultural experience focused on Cape Breton's rich Celtic music heritage. **Organization:** Celtic Music Interpretive Centre; **Address:** 5471 Highway 19, Judique, Nova Scotia, B0E 1P0; **Email:** info@celticmusiccentre.com; **Website:** <https://www.celticmusiccentre.com/>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Canadian Museum of Immigration at Pier 21

The museum offers an understanding of the rich heritage of the many communities that have shaped Nova Scotia, providing a significant draw for travelers interested in cultural history.

Organization: Pier 21; **Address:** 1055 Marginal Road, Halifax, Nova Scotia, B3H 4P7; **Email:** information@pier21.ca; **Website:** <https://pier21.ca/>

Skills Development Program

Support for laid-off individuals looking for retraining opportunities. Services include career counseling, financial support for education, and job placement assistance. **Organization:** Employment Nova Scotia; **Address:** Various locations across Nova Scotia; **Email:** ENSD@novascotia.ca; **Website:** <https://novascotia.ca/>

Community Services – Employment Support Services

Provides a variety of services to individuals receiving income assistance or disability support, including career counseling, job search help and sometimes training. **Organization:** Nova Scotia Department of Community Services; **Address:** Various locations across Nova Scotia; **Email:** Not publicly listed, contact through website form.; **Website:** <https://novascotia.ca/coms/employment/index.html>

Job Junction

A service that provides job search resources, resume workshops, interview preparation, and career counseling to help workers transition to new employment. **Organization:** YWCA Halifax; **Address:** 2103 Gottingen Street, Halifax, NS B3K 3B2; **Email:** jjinfo@ywcahalifax.com; **Website:** <http://www.ywcahalifax.com/>

Career Transition Services

Offers support for workers impacted by closures or downturns, including resume writing help, interview preparation, and retraining advice. **Organization:** TEAM Work Cooperative; **Address:** 7051 Bayers Road, Suite 501, Halifax, NS B3L 2C1; **Email:** info@teamworkbridge.org; **Website:** <https://teamworkcooperative.ca/>

Rapid Response Program

Provides immediate on-site services to workers facing lay-offs, including on-site career transition services, workshops, and information on employment programs and training. **Organization:** Labour and Advanced Education – Workplace Initiatives; **Address:** Various locations across Nova Scotia; **Email:** laeconsultationservices@novascotia.ca; **Website:** <https://novascotia.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Volta Labs

Volta Labs, as an innovation hub, often works in collaboration with other startup ecosystems to share experiences and support tech-based innovation. They provide mentorship, resources, and networking opportunities. **Organization:** Volta Labs; **Address:** 1505 Barrington St, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Centre for Ocean Ventures & Entrepreneurship (COVE)

A collaborative facility for applied innovation in the ocean sector, COVE partners with local and international organizations to develop ocean tech advancements. **Organization:** COVE; **Address:** 27 Parker St, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

The Nova Scotia Innovation Hub

Focuses on fostering innovation within the province's natural resources and clean technology sectors while collaborating with similar communities and organizations. **Organization:** Nova Scotia Innovation Hub; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9, Canada; **Email:** info@nsinnovationhub.com; **Website:** <https://www.nsinnovationhub.com/>

Creative Destruction Lab Atlantic

Helps scalable technology businesses succeed by providing mentorship and opportunities to collaborate with a network of entrepreneurs, investors, and other partners. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Nova Scotia Community College (NSCC) - Applied Research

Collaborates with industry partners and other academic institutions to drive innovation through applied research projects. **Organization:** Nova Scotia Community College (NSCC); **Address:** Institute of Technology Campus, 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** research@nscc.ca; **Website:** <https://www.nscc.ca/>

Efficiency Nova Scotia

Efficiency Nova Scotia offers programs and services to help businesses and residents use energy better, save money, and reduce their carbon footprint. They support renewable energy initiatives and energy efficiency across the province. **Organization:** Efficiency Nova Scotia Corporation; **Address:** 230 Brownlow Avenue, Suite 300, Dartmouth, NS B3B 0G5; **Email:** info@efficiencyns.ca; **Website:** <https://www.efficiencyns.ca/>

Nova Scotia Farm Loan Board

The Nova Scotia Farm Loan Board supports the development of sustainable agriculture and agribusiness through loans and financing options. They encourage diversification in farming operations and the agriculture industry. **Organization:** Nova Scotia Farm Loan Board; **Address:** Nova Scotia Department of Agriculture, 60 Research Drive, Bible Hill, NS B6L 2R2; **Email:** NSFLB@novascotia.ca; **Website:** <https://novascotia.ca/farmloan/>

Nova Scotia Tourism

Nova Scotia Tourism aims to develop and promote tourism in the province. They focus on sustainable tourism initiatives that highlight Nova Scotia's natural beauty and cultural heritage. **Organization:** Tourism Nova Scotia; **Address:** 1 Government Wharf Road, Halifax, NS B3J 1A5; **Email:** contact@novascotia.ca; **Website:** <https://www.novascotia.com/>

The Nova Scotia Community College (NSCC) Applied Energy Research

The NSCC Applied Energy Research lab works on projects that support the development of renewable energy technologies and workforce training in Nova Scotia. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Perennia Food and Agriculture Inc.

Perennia is tasked with supporting the development of Nova Scotia's agriculture and seafood sectors through innovation, development, and the creation of new products and technologies.

Organization: Perennia Food and Agriculture Inc.; **Address:** 199 Dr. Bernie MacDonald Drive, Bible Hill, Nova Scotia, Canada, B6L 2H5; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/>

Community Economic Development Investment Funds (CEDIF)

CEDIFs are tools for pooling capital from community members to invest in local business development, including diversifying local economies. **Organization:** Economic Development of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/econ/cedif/>

The Clean Foundation

The Clean Foundation offers environmental services and programs that focus on energy efficiency, climate change mitigation, and environmental education, helping communities transition to sustainable practices. **Organization:** Clean Foundation; **Address:** 902-420-3474 Halifax, NS B3J 3P6; **Email:** info@clean.ns.ca; **Website:** <https://clean.ns.ca/>

NSCC Skills Development Program

The Nova Scotia Community College (NSCC) offers a range of skills development programs intended to cultivate vocational skills in high-demand industries. Programs cover a variety of sectors, including technology, health, and trades. **Organization:** Nova Scotia Community College (NSCC); **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1B3, Canada; **Email:** None; **Website:** <https://www.nscc.ca/>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

ISANS Workforce Integration Programs

Immigrant Services Association of Nova Scotia (ISANS) has programs designed to help integrate immigrants into the local economy through language training, skills development, and employment readiness programs. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Digital Nova Scotia Training and UpSkilling Programs

Digital Nova Scotia partners with various stakeholders to provide training and upskilling opportunities focused on digital skills to cultivate a competitive workforce in the tech industry. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St Unit 104, Halifax, NS B3J 3X7, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Offshore Energy Research Association (OERA)

OERA is a not-for-profit organization that facilitates and funds research to enable the sustainable development of Nova Scotia's energy resources through innovation. This includes research on sustainable fishing practices and environmental effects monitoring to ensure fishing and mining activities are eco-friendly and efficient. **Organization:** OERA; **Address:** 10 Morris Drive, Dartmouth, Nova Scotia, B3B 1K8, Canada; **Email:** info@oera.ca; **Website:** <https://oera.ca>

Centre for Ocean Ventures & Entrepreneurship (COVE)

A collaborative facility for applied innovation in the ocean sector, COVE partners with local and international organizations to develop ocean tech advancements. **Organization:** COVE; **Address:** 27 Parker St, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Natural Resources Canada – Green Mining Initiative

Although the Green Mining Initiative is a national program, it has impacts on the mining practices in Nova Scotia. The initiative aims to improve mining's environmental performance and create green technology opportunities. This program focuses on research and development in new mining technologies and processes. **Organization:** Natural Resources Canada; **Address:** 580 Booth Street, Ottawa, Ontario, K1A 0E4, Canada; **Email:** nrcan.mining-materials-ressource@canada.ca; **Website:** <https://www.nrcan.gc.ca/>

Canada's Ocean Supercluster

An industry-led collaboration that is destined to accelerate economic growth, drive innovation in the ocean sector, and commercialize new technologies. Efforts here extend to all ocean-based industries including fisheries and could see the development of new tools and technologies to increase the competitiveness of these sectors. **Organization:** Canada's Ocean Supercluster; **Address:** 351 Water Street, St. John's, Newfoundland and Labrador, A1C 1B9, Canada; **Email:** info@oceansupercluster.ca; **Website:** <https://oceansupercluster.ca>

Verschuren Centre for Sustainability in Energy and the Environment

The Verschuren Centre is an industrial solutions, development, and deployment centre, aiming to advance sustainable resource management. They create impactful solutions including innovations that could benefit the fishing and mining industries with more sustainable and efficient practices.

Organization: Verschuren Centre; **Address:** 1250 Grand Lake Road, Sydney, Nova Scotia, B1M 1A2, Canada; **Email:** info@verschurencentre.ca; **Website:** <https://verschurencentre.ca>

Fisheries Safety Association of Nova Scotia

The Fisheries Safety Association of Nova Scotia aims to improve safety in the commercial fishing industry through collaboration. They promote safety education and create programs in partnership with fishing businesses to enhance the safety practices and culture on board fishing vessels. **Organization:** Fisheries Safety Association of Nova Scotia; **Address:** 38 Bluewater Rd, Bedford, NS B4B 1G7, Canada; **Email:** info@fisherriesafety.ca; **Website:** <http://www.fisherriesafety.ca>

Offshore Energy Research Association (OERA)

OERA facilitates research collaborations between the energy industry, including the mining sector, and academia to tackle collective challenges related to offshore energy development in Nova Scotia. Such collaborations aim to enhance the province's competitive edge in the global energy market. **Organization:** Offshore Energy Research Association; **Address:** 501-1801 Hollis St, Halifax, NS B3J 3N4, Canada; **Email:** info@oera.ca; **Website:** <https://oera.ca>

Seafood Alliance

Seafood Alliance is a cooperative initiative in the seafood sector designed to enhance business competitiveness through shared marketing efforts, collaborative product development, and networking opportunities among members to collectively tackle market competition.

Organization: Seafood Alliance; **Address:** N/A; **Email:** contact@seafoodalliance.ca; **Website:** <http://seafoodalliance.ca>

Mining Association of Nova Scotia

The Mining Association of Nova Scotia represents the collective interests of companies involved in mineral exploration and mining in Nova Scotia. They foster a collaborative environment among members to address industry-wide challenges, including external competition.

Organization: Mining Association of Nova Scotia; **Address:** PO Box 34, Milford Station, Nova Scotia B0N 1Y0, Canada; **Email:** info@tmans.ca; **Website:** <http://tmans.ca>

Offshore Energy Research Association (OERA)

OERA facilitates research collaborations between the energy industry, including the mining sector, and academia to tackle collective challenges related to offshore energy development in Nova Scotia. Such collaborations aim to enhance the province's competitive edge in the global energy market. **Organization:** Offshore Energy Research Association; **Address:** 501-1801 Hollis St, Halifax, NS B3J 3N4, Canada; **Email:** info@oera.ca; **Website:** <https://oera.ca>

Ecology Action Centre - Sustainable Fisheries Campaign

The Ecology Action Centre (EAC) advocates for sustainable fisheries in Nova Scotia, including the support of small-scale fisheries and marine conservation efforts. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, Nova Scotia, B3K 4L3, Canada; **Email:** action@ecologyaction.ca; **Website:** <https://ecologyaction.ca/issue-area/sustainable-fisheries>

Marine Stewardship Council (MSC) - Certified Fisheries

Several fisheries in Nova Scotia have obtained MSC certification, recognizing their sustainable practices in fisheries management. **Organization:** Marine Stewardship Council; **Address:** N/A - International Organization with certified fisheries in Nova Scotia; **Email:** info@msc.org; **Website:** <https://www.msc.org/>

Clean Foundation - Sustainable Seafood Program

The Clean Foundation works on various environmental initiatives in Nova Scotia, including promoting sustainable seafood consumption and responsible fishing practices. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, Nova Scotia, B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca/>

Atlantic Canada Fish Farmers Association - Aquaculture Initiatives

ACFFA represents the aquaculture industry in Atlantic Canada and promotes responsible and sustainable aquaculture practices. **Organization:** Atlantic Canada Fish Farmers Association; **Address:** 32 Moffett Avenue, Sussex, New Brunswick, E4E 1G8, Canada; **Email:** info@atlanticfishfarmers.com; **Website:** <https://atlanticfishfarmers.com/>

Cape Breton Fish Harvesters Association - Sustainability Projects

The CB Fish Harvesters Association works towards sustainable fisheries through resource management, policy advocacy, and community engagement. **Organization:** Cape Breton Fish Harvesters Association; **Address:** N/A - Based in Cape Breton, Nova Scotia; **Email:** N/A - Contact information not publicly listed; **Website:** N/A - Website not available or under construction

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Select Nova Scotia

Select Nova Scotia is a government initiative that promotes locally sourced products, including seafood. Their marketing campaigns are designed to increase consumer awareness and consumption of Nova Scotian products. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** selectns@novascotia.ca; **Website:** <https://selectnovascotia.ca>

Nova Scotia Seafood Brand

The Nova Scotia Seafood Brand is an initiative by the province to promote its high-quality, sustainably sourced seafood. The branding emphasizes the province's long history and expertise in the fishing industry. **Organization:** Seafood Nova Scotia; **Address:** N/A; **Email:** contact information not publicly available; **Website:** <https://www.novascotiaseafood.com>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on

film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

The Lobster Council of Canada

Although this is a national organization, they work closely with industry stakeholders in Nova Scotia to market Canadian lobster as a premium product around the world. **Organization:** The Lobster Council of Canada; **Address:** 38 Forest Street Yarmouth, NS B5A 3N1; **Email:** info@lobstercouncilcanada.ca; **Website:** <https://lobstercouncilcanada.ca>

Fisheries and Aquaculture Loan Board

Provides financial support to the fisheries and aquaculture industries in the form of loans aimed at promoting the sustainability and growth of these sectors. **Organization:** Government of Nova Scotia; **Address:** Nova Scotia Department of Fisheries and Aquaculture, 136 Exhibition Street, P.O. Box 700, Pictou, NS B0K 1H0; **Email:** fishloan@novascotia.ca; **Website:** <https://novascotia.ca/>

Nova Scotia Seafood Alliance

The alliance advocates for the seafood industry in Nova Scotia. They also work on programs to promote Nova Scotia seafood locally and abroad with the aim of sustaining the local economy and preserving fishing communities. **Organization:** Nova Scotia Seafood Alliance; **Address:** 38 Young Street, Suite 100, Truro, NS B2N 3W4; **Email:** admin@nsseafoodalliance.com; **Website:** <https://nsseafoodalliance.com>

MineConnect

Provides a platform for mining industry members in Atlantic Canada, including Nova Scotia, to collaborate and benefit from shared advocacy, resources, and support initiatives. **Organization:** MineConnect; **Address:** N/A; **Email:** info@mineconnect.com; **Website:** <https://mineconnect.com/>

Offshore Energy Research Association of Nova Scotia (OERA)

Facilitates research collaborations and drives policy decisions that support sustainable development in the offshore energy sector including wind energy, which can positively impact mining industries through innovation and shared interests. **Organization:** Offshore Energy Research Association of Nova Scotia (OERA); **Address:** 10 Morris Drive, Dartmouth, Nova Scotia, B3B 1K8; **Email:** info@oera.ca; **Website:** [https://oera.ca/](https://oera.ca)

Atlantic Chamber of Commerce

Represents the business interests of members in Atlantic Canada, including lobbying efforts for policies that support local industries such as fishing and mining. **Organization:** Atlantic Chamber of Commerce; **Address:** 84 Chain Lake Drive, Suite 103, Halifax, NS B3S 1A2; **Email:** info@atlanticchamber.ca; **Website:** [https://www.atlanticchamber.ca/](https://www.atlanticchamber.ca)

The Atlantic Gateway and Trade Corridor Strategy

A comprehensive initiative aimed at improving trade corridors and transportation infrastructure in the Atlantic region, including Nova Scotia, to facilitate more efficient trade and movement of

goods. **Organization:** Transport Canada; **Address:** Ottawa, ON, K1A 0N5; **Email:** info@tc.gc.ca; **Website:** <https://www.tc.gc.ca/>

Halifax Gateway

A strategic initiative that combines the assets of the Halifax Stanfield International Airport and the Port of Halifax to enhance the city's position as a key logistics and cargo hub, directly impacting the fishing and mining industries. **Organization:** Halifax Gateway Council; **Address:** P.O. Box 336, 120 Western Parkway, Bedford, NS, B4B 0V2; **Email:** admin@halifaxgateway.com; **Website:** <http://www.halifaxgateway.com/>

Nova Scotia 100-Series Highways

The ongoing development and maintenance of the highway network across Nova Scotia is crucial for the efficient operation and connectivity for fishing and mining industries to reach markets.

Organization: Nova Scotia Department of Transportation and Infrastructure Renewal; **Address:** P.O. Box 186, Halifax, NS B3J 2N2; **Email:** None provided specifically for highway projects; **Website:** <https://novascotia.ca/tran/highways/hwy100.asp>

The Rural Broadband Initiative

Expanding high-speed internet service to rural areas in Nova Scotia, thus better connecting communities involved in fishing and mining to digital marketplaces and logistic solutions.

Organization: Develop Nova Scotia; **Address:** P.O. Box 456, Station A, Halifax, NS, B3J 2P8; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Cape Breton Rail Revitalization

A proposed initiative to revitalize the rail lines in Cape Breton, which would be instrumental in transporting mining resources and supporting the fishing industry by linking to major ports.

Organization: Province of Nova Scotia; **Address:** Halifax, NS, Canada; **Email:** Not available; for direct inquiries specific contact information for provincial offices may be used.; **Website:** No direct URL; refer to Nova Scotia government releases and transportation project summaries.

Canada-European Union Comprehensive Economic and Trade Agreement (CETA)

CETA aims to reduce tariffs and increase trade between Canada and European Union member states, benefiting industries including fisheries in Nova Scotia by providing greater market access.

Organization: Government of Canada; **Address:** Ottawa, ON, Canada; **Email:** Not publicly available; **Website:** <https://www.international.gc.ca/trade-commerce/trade-agreements-accords-commerciaux/agr-acc/ceta-aecg/index.aspx?lang=eng>

Atlantic Fisheries Fund

A partnership between the Canadian federal government, the Atlantic provinces, and the fishing and seafood sectors to drive innovation, with some projects fostering international collaboration.

Organization: Fisheries and Oceans Canada; **Address:** 200 Kent Street, Ottawa, ON K1A 0E6, Canada; **Email:** Not publicly available; **Website:** <https://www.dfo-mpo.gc.ca/fisheries-peches/initiatives/aff-paa/index-eng.html>

Nova Scotia – EU Exchange Program

The program fosters the exchange of ideas, sharing of best practices, and collaborative efforts

between Nova Scotia and European fisheries professionals and organizations. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS B3J 1A3, Canada; **Email:** Not publicly available; **Website:** <https://novascotia.ca>

The Verschuren Centre's International Partnerships

Collaborations with international partners to develop sustainable technologies for fisheries and aquaculture, which include sharing knowledge and expertise across borders. **Organization:** The Verschuren Centre for Sustainability in Energy and the Environment; **Address:** 1250 Grand Lake Road, Sydney, NS B1P 6L2, Canada; **Email:** info@verschurencentre.ca; **Website:** <https://www.cbu.ca/research/verschuren-centre/>

SmartATLANTIC Alliance

A collaboration providing ocean technology organizations in Atlantic Canada access to resources and markets internationally. **Organization:** SmartATLANTIC; **Address:** Not specific to Nova Scotia; **Email:** Not publicly available; **Website:** <http://smartatlantic.ca/>

Canada Mining Innovation Council's International Collaborations

The council engages with international partners to drive innovation in mining processes, potentially benefiting Nova Scotia's mining sector through shared projects and research.

Organization: Canada Mining Innovation Council; **Address:** Suite 1010, 350 Sparks Street, Ottawa, ON K1R 7S8, Canada; **Email:** info@cmic-ccim.org; **Website:** <https://www.cmic-ccim.org/>

Buy Local Campaign

A campaign to encourage Nova Scotians to support their local fisheries by buying locally sourced seafood. The initiative often includes informative events, marketing materials, and partnerships with local businesses to promote local seafood. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney St, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com/>

Fisheries and Oceans Canada - Sustainable Fisheries Framework

This framework includes a suite of policies and tools to ensure that Canadian fisheries are conducted in a manner that supports conservation and sustainable use. In Nova Scotia, this includes community involvement in the decision-making process and education efforts.

Organization: Fisheries and Oceans Canada; **Address:** 200 Kent St, Ottawa, ON K1A 0E6; **Email:** info@dfo-mpo.gc.ca; **Website:** <http://dfo-mpo.gc.ca/fm-gp/sustainable-durable/index-eng.htm>

Mining Association of Nova Scotia - Education Outreach

The association works to increase mining awareness among Nova Scotians by providing educational materials and presentations to schools and communities, highlighting the importance and sustainability of local mineral resources. **Organization:** Mining Association of Nova Scotia; **Address:** PO Box 722, Truro, NS B2N 5G6; **Email:** info@tmans.ca; **Website:** <http://tmans.ca/>

The Ecology Action Centre - Marine Issues Committee

The committee advocates for sustainable seafood and fisheries and promotes community

engagement through outreach and education programs aimed at protecting marine ecosystems in Nova Scotia. **Organization:** The Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3; **Email:** marine@ecologyaction.ca; **Website:** <https://ecologyaction.ca/issue-area/marine-issues>

Buy Local Nova Scotia Campaign

The campaign aims to promote and support local businesses by encouraging Nova Scotians to shop locally. Through various initiatives, the campaign highlights the economic and social benefits of buying from local enterprises. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Select Nova Scotia

Select Nova Scotia is a government initiative that promotes locally produced goods, including local fisheries. The program includes marketing campaigns, events, and partnerships with local producers to encourage Nova Scotians to buy local seafood. **Organization:** Nova Scotia Department of Agriculture; **Address:** P.O. Box 2223, Halifax NS B3J 3C4; **Email:** contact@selectnovascotia.ca; **Website:** <https://selectnovascotia.ca>

I Love Local HFX

A movement that supports independent businesses in Halifax by promoting the benefits of local spending. They organize events and initiatives to highlight local entrepreneurs and artisans. **Organization:** I Love Local HFX; **Address:** N/A (Organized by local business owners); **Email:** N/A – Contact through social media; **Website:** <http://www.ilovelocalhfx.ca/>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Downtown Halifax Business Commission

The commission runs multiple campaigns to encourage people to shop at local businesses within the downtown area. They also provide resources to businesses for improving competitiveness. **Organization:** Downtown Halifax Business Commission; **Address:** 1546 Barrington St, Suite 104, Halifax, NS B3J 3X7; **Email:** info@downtownhalifax.ca; **Website:** <https://downtownhalifax.ca/>

Nova Scotia Crystal

Nova Scotia Crystal is the only maker of mouth-blown, hand-cut crystal in Canada. They emphasize high-quality craftsmanship in each of their products which includes barware, stemware, and decorative pieces. **Organization:** Nova Scotia Crystal; **Address:** Purdy's Wharf, 5080 George St, Halifax, NS B3J 1M4, Canada; **Email:** info@novascotiacrystal.com; **Website:** <https://www.novascotiacrystal.com>

Amos Pewter

Amos Pewter is known for their quality pewter crafts and products, including jewelry, home decor, and tableware. Each piece is handcrafted with care in Nova Scotia using traditional methods and fine craftsmanship. **Organization:** Amos Pewter; **Address:** 589 Main St, Mahone Bay, NS B0J 2E0, Canada; **Email:** customerservice@amospewter.com; **Website:** <https://www.amospewter.com/>

Gaspereau Valley Fibers

A farm-based wool and yarn shop that offers unique, high-quality fibers. They also provide woolen apparel and knitting kits, which emphasize personalized customer experiences through knitting workshops and sessions. **Organization:** Gaspereau Valley Fibers; **Address:** 830 Gaspereau River Rd, Wolfville, NS B4P 2N5, Canada; **Email:** info@gaspereauvalleyfibres.ca; **Website:** <http://www.gaspereauvalleyfibres.ca/>

Ironworks Distillery

Ironworks is an artisanal distillery that crafts spirits one batch at a time with an emphasis on quality. Their products include a variety of liqueurs, brandies, rums, and more, all made with local ingredients. **Organization:** Ironworks Distillery; **Address:** 2 Kempt St, Lunenburg, NS B0J 2C0, Canada; **Email:** info@ironworksdistillery.com; **Website:** <https://ironworksdistillery.com/>

The Quarrelsome Yeti

The creative studio that specializes in screen-printed apparel and paper goods features unique, often whimsical designs that are printed by hand in small batches. This emphasizes customization and a personal touch. **Organization:** The Quarrelsome Yeti; **Address:** Not listed; **Email:** theyeti@quarrelsometyeti.ca; **Website:** <https://quarrelsometyeti.ca/>

Fox Hill Cheese House

Specializing in farm-fresh dairy products including a variety of cheeses and gelato, Fox Hill promotes high-quality, unique flavours using milk from their own herd of cows. **Organization:** Fox Hill Cheese House; **Address:** 1678 Church St, Port Williams, NS B0P 1T0, Canada; **Email:** info@foxhillcheesehouse.com; **Website:** <https://www.foxhillcheesehouse.com/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Centre for Entrepreneurship Education and Development (CEED)

CEED delivers a wide array of programs and services to potential and existing entrepreneurs and businesses at every stage. They offer training, financing, and networking opportunities to help small and medium-sized businesses start, grow, and succeed. **Organization:** CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://ceed.ca>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Saint Mary's University Entrepreneurship Centre

The Centre supports business growth and innovation, offering educational programs, workshops, and support for entrepreneurs from idea generation to business growth. **Organization:** Saint Mary's University Entrepreneurship Centre; **Address:** Sobey School of Business, Saint Mary's University, 923 Robie Street, Halifax, Nova Scotia, B3H 3C3; **Email:** info@smu.ca (general university email); **Website:** <https://www.smu.ca/academics/sobey/entrepreneurship.html>

The Spark Zone

The Spark Zone brings together students and community members to create, develop, and ultimately launch business ideas and social innovations. **Organization:** The Spark Zone; **Address:** Various locations (partnership between Saint Mary's University, NSCAD University, Mount Saint Vincent University, and Nova Scotia Community College); **Email:** Not specified on the website; **Website:** <http://thesparkzone.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

COVE (Centre for Ocean Ventures & Entrepreneurship)

COVE is a collaborative facility for applied innovation in the ocean sector. It brings together people, ideas, industry, and research to help companies develop and commercialize new ocean technologies. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Nova Scotia Innovation Hub

The Nova Scotia Innovation Hub is an initiative focused on advancing the bioeconomy and clean technologies in Nova Scotia. They work with companies to accelerate the commercialization of new bio-based products and clean technologies. **Organization:** Nova Scotia Innovation Hub; **Address:** Not Listed; **Email:** info@novascotiainnovationhub.com; **Website:** <https://www.novascotiainnovationhub.com/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Perennia Innovation Centre

Perennia Innovation Centre focuses on advancing Nova Scotia's agricultural and seafood sectors. They offer support for product development, process improvement, and technology adoption in these industries. **Organization:** Perennia; **Address:** 173 Dr Bernie MacDonald Drive, Bible Hill, Nova Scotia, B6L 2H5; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/innovation-centre/>

Research Nova Scotia

Research Nova Scotia is an independent organization that supports, organizes, and coordinates research funding and strategic opportunities for academics and researchers in the province. **Organization:** Research Nova Scotia; **Address:** 1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4; **Email:** info@researchns.ca; **Website:** <https://researchns.ca/>

Digital Nova Scotia Partnerships

Digital Nova Scotia fosters connections and collaboration within the tech sector to help businesses scale through events, programs, and initiatives. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Business Inc. (NSBI) Partnership Programs

NSBI offers programs such as the 'Strategic Co-Investment Fund' that encourage businesses to pursue strategic opportunities together, including market development and innovation partnerships. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Centre for Ocean Ventures & Entrepreneurship (COVE)

COVE brings together people, ideas, industry, and research to help the ocean technology sector grow by supporting collaborative projects and shared infrastructure. **Organization:** Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Innovacorp Collaboration Initiatives

Innovacorp runs programs that encourage collaboration among startups and more established companies, fostering an environment for innovation and growth. **Organization:** Innovacorp; **Address:** 1344 Summer Street, Halifax, NS B3H 0A8, Canada; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta Cohort Partnership

Volta Cohort, in partnership with the Atlantic Canada Opportunities Agency, offers a pitch event that connects entrepreneurs, providing mentorship and investment opportunities to startups. **Organization:** Volta; **Address:** 1505 Barrington Street, Unit 100, Halifax, NS B3J 3K5, Canada; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Atlantic Canada Aerospace and Defence Association (ACADA) Collaboration

ACADA creates opportunities for its members to collaborate on technology development, business development activities, and skills development programs. **Organization:** Atlantic Canada Aerospace and Defence Association; **Address:** 1505 Barrington Street, Suite 1101, Halifax, NS B3J 3Y6, Canada; **Email:** info@ac-ada.ca; **Website:** <https://ac-ada.ca/>

Creative Destruction Lab Atlantic

Helps scalable technology businesses succeed by providing mentorship and opportunities to collaborate with a network of entrepreneurs, investors, and other partners. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

The Atlantic Canada Opportunities Agency (ACOA) Programs

ACOA offers several programs aimed at enhancing the competitiveness of Atlantic Canadian businesses through partnerships, such as the 'Innovative Communities Fund' (ICF) and the 'Atlantic Innovation Fund' (AIF). **Organization:** Atlantic Canada Opportunities Agency; **Address:** 644 Main Street, Moncton, NB E1C 1E2, Canada; **Email:** n/a; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Skills Nova Scotia

Skills Nova Scotia is a program that hosts skills competitions and promotes skilled trades and technologies as first-choice career options for youth in Nova Scotia. **Organization:** Skills Canada - Nova Scotia; **Address:** 14 Highfield Park Drive, Dartmouth, Nova Scotia, B3A 4S8; **Email:** info@skillsns.ca; **Website:** <http://skillsns.ca/>

Nova Scotia Community College (NSCC)

NSCC offers a wide range of programs and courses across multiple campuses, focusing on vocational education in fields like technology, health, trades and crafts, amongst others.

Organization: Nova Scotia Community College; **Address:** Various locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Workforce Development – Labour and Advanced Education (LAE)

The LAE department provides a range of services and programs to help Nova Scotia's workforce acquire the skills and knowledge needed by industry. The Workforce Development division is key to delivering these programs. **Organization:** Department of Labour and Advanced Education, Government of Nova Scotia; **Address:** 5151 Terminal Road, P.O. Box 697, Halifax, Nova Scotia, B3J 2T8; **Email:** n/a; **Website:** <https://novascotia.ca/>

Nova Scotia Works

Nova Scotia Works centers deliver employment services across the province, connecting individuals to job training and skills development opportunities, and assisting businesses with recruitment and retention. **Organization:** Nova Scotia Works; **Address:** Various locations across Nova Scotia; **Email:** info@novascotiaworks.ca; **Website:** <https://novascotiaworks.ca/>

The Graduate to Opportunity (GTO) program

The GTO supports employers to hire recent graduates by providing salary contributions. The program aims to keep educated youth working in Nova Scotia by making it easier for employers to add them to their workforce. **Organization:** The Government of Nova Scotia; **Address:** 1469 Brenton Street, 3rd Floor, Halifax, Nova Scotia, B3J 3S7; **Email:** GTO@novascotia.ca; **Website:** <https://novascotia.ca/programs/graduate-to-opportunity/>

Nova Scotia Come to Life

An initiative to promote Nova Scotia's quality of life, business environment, and cultural advantages to attract businesses and skilled professionals. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle St #701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Tourism Nova Scotia

An agency focused on marketing Nova Scotia's scenic beauty and cultural attractions to boost tourism and highlight the region's benefits for relocating businesses. **Organization:** Tourism Nova Scotia; **Address:** 1 Bell Blvd, Enfield, NS B2T 1K2, Canada; **Email:** contact@novascotia.ca; **Website:** <https://www.novascotia.com/>

Creative Nova Scotia

Supporting and promoting the arts and culture sector to showcase the rich cultural environment of Nova Scotia. **Organization:** Arts Nova Scotia; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** artsns@novascotia.ca; **Website:** <https://artsns.ca/>

Halifax Partnership

The Halifax Partnership is Halifax's economic development organization. It works to keep, grow, and get business, talent, and investment in Halifax. It brings together all three levels of government, industry, post-secondary, and community partners to create and nurture the necessary relationships to see the economy flourish. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7; **Email:** contact@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Nova Scotia's Ocean Advantage

A sector-specific strategy to promote Nova Scotia's ocean-related business advantages and quality maritime life. **Organization:** Nova Scotia Department of Labour and Advanced Education; **Address:** Barrington Tower, 1894 Barrington St, Halifax, NS B3J 2A8, Canada; **Email:** LAE@novascotia.ca; **Website:** <https://novascotia.ca/programs/ocean-sector-council/>

Nova Scotia Business Inc. (NSBI) Incentives

NSBI offers various incentives, including payroll rebates to companies that create jobs in Nova Scotia and strategic investment funds to support business growth. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Innovacorp Early Stage Commercialization Fund

Provides funding to support the commercialization of technology products, processes, and services, encouraging entrepreneurial activities among researchers and technologists.

Organization: Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Atlantic Canada Opportunities Agency (ACOA) Atlantic Growth Strategy

Through the Atlantic Growth Strategy, ACOA provides targeted support to businesses, such as the Atlantic Innovation Fund which backs R&D and commercializes technology. **Organization:**

Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis Street, Suite 700, Halifax, NS B3J 3N4; **Email:** None; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Digital Adoption Program

The Digital Adoption Program helps existing Nova Scotian businesses become more productive and competitive by adopting digital tools and technologies. **Organization:** Nova Scotia Government; **Address:** 1505 Barrington Street, Halifax, NS B3J 3K5; **Email:** None; **Website:** <https://novascotia.ca/digital-adoption-program/>

Nova Scotia Film and Television Production Incentive Fund

The fund offers financial incentives to encourage film and television production, aiming to increase jobs and investment in Nova Scotia's creative industries. **Organization:** Screen Nova Scotia; **Address:** 1496 Lower Water Street, Suite 301, Halifax, NS B3J 1R9; **Email:** info@screennovascotia.com; **Website:** <https://screennovascotia.com/>

Small Business Development Program

Supports Nova Scotian businesses with grants for skill development and training to help them grow and increase their competitive edge. **Organization:** Nova Scotia Government; **Address:** None; **Email:** None; **Website:** <https://novascotia.ca/programs/small-business-development-program/>

Ocean Technology Sector

Nova Scotia is leveraging its geographical location and history of maritime activity to develop its ocean technology sector. The strategy includes focusing on industries such as marine renewable energy, ocean technology, and aquaculture. **Organization:** COVE - Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Green Economy

Efforts are underway to create a robust green economy in areas such as renewable energy, energy efficiency, and clean technology. Nova Scotia businesses are exploring sustainable practices that contribute to environmental conservation. **Organization:** Nova Scotia Department of Energy and Mines; **Address:** 5151 Terminal Rd, PO Box 2664, Halifax, NS B3J 3P7, Canada; **Email:** N/A - Contact form on the website; **Website:** <https://energy.novascotia.ca/>

Wine Industry Expansion

The province is investing in its wine industry, with an emphasis on unique varietals suited to Nova Scotia's climate. The government supports wineries and vineyard development, which is becoming a niche market within the local agri-food sector. **Organization:** Wine Association of Nova Scotia; **Address:** 5657 Spring Garden Rd, Suite 1115, Halifax, NS B3J 3R4, Canada; **Email:** info@winesns.ca; **Website:** <http://winesns.ca/>

Digital and Creative Industries

Nova Scotia has a growing digital and creative industry, with government and private sector support for sectors like gaming, animation, and digital media. Organizations work to foster growth through training, infrastructure, and incentives. **Organization:** Digital Nova Scotia;

Address: 1554 Carleton St, Halifax, NS B3H 3B7, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Seafood Sector Innovation

The seafood sector is a significant part of Nova Scotia's economy, with efforts focusing on sustainable fishing practices, value-added products, and international market expansion.

Organization: Nova Scotia Seafood Alliance; **Address:** 38 Queen St, Suite 203, Dartmouth, NS B2Y 1G3, Canada; **Email:** admin@nsseafoodalliance.com; **Website:** <https://nsseafoodalliance.com/>

Nocturne: Art at Night

This annual arts festival showcases and celebrates the visual arts scene in Halifax and Dartmouth. It brings together artists, art lovers, and community members through various exhibitions and public installations. **Organization:** Nocturne: Art at Night Society; **Address:** Halifax, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <https://nocturnehalifax.ca/>

Halifax Jazz Festival

Annual music festival featuring jazz artists from across the globe and takes place in multiple venues across the city. **Organization:** JazzEast Rising Association; **Address:** Suite 101 - 2307 Clifton Street, Halifax, NS B3K 4T9, Canada; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca>

The Royal Nova Scotia International Tattoo

A week-long event held annually in Halifax, which is a performance and a display of military bands, civilian bands, acrobatic acts, and comedy routines. It brings the community together in celebration of culture and military traditions. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca/>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Lunenburg Folk Harbour Festival

An annual celebration of music, dance, and crafts held in the picturesque town of Lunenburg. This festival seeks to preserve and celebrate folk music traditions while fostering a sense of community. **Organization:** Folk Harbour Festival Society; **Address:** 125 Montague St, Lunenburg, NS B0J 2C0, Canada; **Email:** folkharbour@eastlink.ca; **Website:** <https://folkharbour.com/>

Visit Nova Scotia Campaign

A comprehensive marketing and promotional effort aimed at showcasing Nova Scotia's attractions, culture, and natural beauty to potential tourists from around the world. **Organization:**

Tourism Nova Scotia; **Address:** 1 Innovation Way, Suite 100, Dartmouth, NS B2Y 3Z1, Canada; **Email:** info@tourismns.ca; **Website:** <https://www.novascotia.com/>

Good Cheer Trail

Canada's first winery, craft brewery, cidery and distillery trail, encouraging tourists to explore local drink establishments and the region's rich culinary scene. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5, Canada; **Email:** info@tasteofnovascotia.com; **Website:** <https://goodcheertrail.com/>

Peggy's Cove Tourism Development Plan

Multi-phase plan for infrastructure and visitor experience improvements at Peggy's Cove, one of Nova Scotia's most iconic tourist attractions. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/peggys-cove/>

Celtic Heart of North America Co-operative

Promotion of Cape Breton's Celtic and Gaelic culture, encouraging cultural tourism through events, festivals, and marketing initiatives. **Organization:** Celtic Heart of North America; **Address:** N/A - Collaboration of various Cape Breton businesses and organizations; **Email:** N/A - Contact through web form on website; **Website:** <https://celtic-heart.ca/>

Yarmouth & Acadian Shores Tourism Association

Local tourism marketing to promote the unique culture and heritage of the Acadian Shore regions, highlighting attractions, events and experiences. **Organization:** Yarmouth & Acadian Shores Tourism Association; **Address:** 228 Main Street, Yarmouth, NS B5A 1C9, Canada; **Email:** info@yasta.ca; **Website:** <https://www.yarmouthandacadianshores.com/>

Buy Local Campaign

A campaign to encourage consumers to shop at local businesses within Nova Scotia to boost the local economy. **Organization:** The Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

I Love Local HFX

A movement promoting independently owned businesses in Halifax, offering a directory of local businesses and organizing events. **Organization:** I Love Local (HFX); **Address:** N/A; **Email:** info@ilovelocalhfx.ca; **Website:** <http://www.ilovelocalhfx.ca/>

Select Nova Scotia

A provincial government initiative to promote local food and products through various campaigns and partnerships. **Organization:** Province of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://www.novascotia.com/>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova

Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Nova Scotia Come to life

A provincial initiative designed to promote local businesses and investment in the province.

Organization: Province of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotialife.com/>

The Nova Scotia Makers Market

A platform to support local artisans and craftspeople by showcasing and selling their work online and at physical markets. **Organization:** The Nova Scotia Makers Market; **Address:** N/A; **Email:** hello@novascotiamakersmarket.com; **Website:** <https://www.novascotiamakersmarket.com/>

Feed Nova Scotia

Feed Nova Scotia distributes food to a network of 140 food banks and meal programs across the province, providing essential food support to those facing economic hardships. **Organization:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/>

Parker Street Food & Furniture Bank

Parker Street provides food assistance, furniture, and educational programs to the community, helping those impacted by poverty. **Organization:** 2415 Maynard Street, Halifax, NS B3K 3V2; **Address:** 2415 Maynard Street, Halifax, NS B3K 3V2; **Email:** info@parkerstreet.org; **Website:** <https://www.parkerstreet.org/>

Volunteer NS

Volunteer NS connects individuals with volunteer opportunities throughout Nova Scotia, supporting various non-profit organizations in need of manpower. **Organization:** Not specified; **Address:** Not specified; **Email:** contact form on website; **Website:** <https://volunteerns.ca/>

United Way Halifax

United Way Halifax fights for the health, education, and financial stability of every person in the community by supporting a network of non-profit agencies. **Organization:** 46 Portland Street, 7th floor, Dartmouth, NS B2Y 1H4; **Address:** 46 Portland Street, 7th floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Phoenix Youth Programs

Phoenix Youth Programs offer services and support to at-risk and homeless youth, including shelter, education, and employment services. **Organization:** 6035 Coburg Road, Halifax, NS B3H 1Y9; **Address:** 6035 Coburg Road, Halifax, NS B3H 1Y9; **Email:** info@phoenixyouth.ca; **Website:** <https://phoenixyouth.ca/>

Shelter Nova Scotia

Shelter Nova Scotia provides support to people in times of crisis and transition through residential, trustee and outreach programs. **Organization:** 5506 Cunard Street, Halifax, NS B3J 1C2; **Address:** 5506 Cunard Street, Halifax, NS B3J 1C2; **Email:** info@shelternovascotia.com; **Website:** <https://www.shelternovascotia.com/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS helps immigrants build a future in Nova Scotia through services that provide support from settlement to workplace integration. **Organization:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

CEED - Centre for Entrepreneurship Education and Development

CEED offers loans to start or grow a small business in Nova Scotia. The organization supports entrepreneurs through the financial process and provides access to microcredit along with training and development programs. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Nova Scotia Start-Up

An initiative supporting local startups with the aim to transform them into scalable businesses. They offer workshops, mentorship, and networking opportunities to help fledgling companies grow in the competitive market. **Organization:** Nova Scotia Government; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/business/incubation/startup-hub/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

The Spark Zone

A partnership among various educational institutions that offers resources and support to students and alumni entrepreneurs. Their goal is to encourage and facilitate the growth of business startups in the region. **Organization:** Collaboration of Saint Mary's University, Mount Saint Vincent University, NSCAD University, and Nova Scotia Community College; **Address:** N/A; **Email:** N/A; **Website:** <http://thesparkzone.ca>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the

technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Buy Local Campaign

A movement to encourage consumers to shop at local businesses and support local products, which reduces transportation emissions and fosters a more sustainable economy. **Organization:** Select Nova Scotia; **Address:** Nova Scotia Department of Agriculture, PO Box 2223 Halifax, NS B3J 3C4; **Email:** info@selectnovascotia.ca; **Website:** <https://www.selectnovascotia.ca>

FarmWorks Investment Co-operative Limited

A community economic development investment fund that provides citizens with the opportunity to invest in local food production and distribution, supporting sustainable agricultural business in Nova Scotia. **Organization:** FarmWorks; **Address:** Box 640, 75 White Point Beach Resort Road, White Point, NS B0T 1G0; **Email:** info@farmworks.ca; **Website:** <https://www.farmworks.ca>

Efficiency Nova Scotia

Efficiency Nova Scotia offers programs and services to help businesses and residents use energy better, save money, and reduce their carbon footprint. They support renewable energy initiatives and energy efficiency across the province. **Organization:** Efficiency Nova Scotia Corporation; **Address:** 230 Brownlow Avenue, Suite 300, Dartmouth, NS B3B 0G5; **Email:** info@efficiencyns.ca; **Website:** [https://www.efficiencyns.ca/](https://www.efficiencyns.ca)

Clean Foundation

The Clean Foundation promotes environmental sustainability in Nova Scotia and includes community involvement in its Clean Leadership programs, which provide hands-on sustainability projects, including supporting local community centers with green initiatives. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Community Shared Solar Program

An initiative that allows communities to invest in and benefit from solar energy projects, helping to increase the use of renewable energy sources and reduce greenhouse gas emissions.

Organization: Solar Nova Scotia; **Address:** Not provided; **Email:** info@solarsns.ca; **Website:** <http://www.solarsns.ca>

Community Health Boards (CHBs) Grants

Community Health Boards across Nova Scotia offer wellness funds to support community-led health initiatives. These funds help foster community resilience by enabling local groups to undertake projects that address local health priorities including social support and community wellbeing. **Organization:** Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education

and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

United Way Atlantic - Community Fund

The United Way's Atlantic Community Fund provides grants to local organizations working to support essential community services, with a focus on vulnerable populations. These funds aim to build stronger communities through support networks and resilience initiatives. **Organization:** United Way Atlantic; **Address:** Halifax Region, Nova Scotia; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Neighbourhood Goods Market

This initiative supports local entrepreneurs, farmers, and artisans by providing a community space to sell products. It strengthens community bonds and ensures the circulation of resources within the local economy, enhancing community resilience during tough economic times. **Organization:** Neighbourhood Goods Market; **Address:** 2170 Windsor St, Halifax, NS B3K 5B6, Canada; **Email:** hello@thegoodsmarket.ca; **Website:** <https://thegoodsmarket.ca>

Halifax Seaport Farmers' Market

One of the oldest continuously operating farmers' markets in North America, this market gives local producers, farmers, and artisans a venue to sell their goods directly to customers. **Organization:** Halifax Port Authority; **Address:** 1209 Marginal Rd, Halifax, NS B3H 4P8, Canada; **Email:** info@halifaxfarmersmarket.com; **Website:** <http://www.halifaxfarmersmarket.com/>

Cape Breton Farmers' Market

This market is Cape Breton's largest and hosts vendors selling a variety of local produce, meats, baked goods, and crafts, providing an outlet for local producers and artisans. **Organization:** Cape Breton Farmers' Market Co-operative Ltd.; **Address:** 15 Falmouth St, Sydney, NS B1P 6H9, Canada; **Email:** manager@capebretonfarmersmarket.com; **Website:** <https://www.capebretonfarmersmarket.com/>

Truro Farmers' Market

Established in 1979, the Truro Farmers' Market showcases products from local farmers, artists, crafters, and food producers. **Organization:** Truro Farmers' Market Co-operative Ltd.; **Address:** 15 Young Street, Truro, NS B2N 3W3, Canada; **Email:** info@trurofarmersmarket.org; **Website:** <https://www.trurofarmersmarket.org/>

Wolfville Farmers' Market

The Wolfville Farmers' Market offers a venue for local farmers, artists, and craftspeople to sell their products directly to the community, fostering local economic growth. **Organization:** Wolfville Farmers' Market; **Address:** 24 Elm Ave, Wolfville, NS B4P 1Z9, Canada; **Email:** manager@wolfvillefarmersmarket.ca; **Website:** <https://www.wolfvillefarmersmarket.ca/>

Alderney Landing Farmers' Market

The Alderney Landing Farmers' Market in Dartmouth includes a variety of vendors offering locally sourced food, handcrafted goods, and community events. The market helps connect rural producers with urban consumers, supporting the regional economy and encouraging community interaction. **Organization:** Alderney Landing Association; **Address:** 2 Ochterloney St, Dartmouth, NS B2Y 3Z3, Canada; **Email:** market@alderneylanding.com; **Website:** <https://www.alderneylanding.com/market>

Northumberland Shore Farmers' Market Network

This initiative connects a network of farmers' markets on the Northumberland Shore, enhancing market access for local producers and artisans. **Organization:** Various Member Markets; **Address:** Multiple locations across Northumberland Shore, NS; **Email:** Not specified; **Website:** <http://www.nsfarmersmarkets.ca/markets/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Community College (NSCC)

NSCC offers a wide range of programs and courses across multiple campuses, focusing on vocational education in fields like technology, health, trades and crafts, amongst others. **Organization:** Nova Scotia Community College; **Address:** Various locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Labour and Advanced Education Workforce Development

Nova Scotia's Labour and Advanced Education Department offers programs to assist industries and workers to adapt to changes through skills development, training, and employment services. **Organization:** Nova Scotia Department of Labour and Advanced Education; **Address:** 5151 Terminal Rd, Halifax, NS B3J 2T8; **Email:** LAECD@novascotia.ca; **Website:** <https://novascotia.ca/programs/workforce-development/>

Centre for Women in Business

Focused on supporting women entrepreneurs through mentoring, networking, training, and workshops, adapting to business trends. **Organization:** Centre for Women in Business; **Address:** Mount Saint Vincent University, Halifax, NS B3M 2J6; **Email:** info@centreforwomeninbusiness.ca; **Website:** <https://www.centreforwomeninbusiness.ca>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Buy Local

A province-wide initiative that emphasizes the importance of supporting local businesses, artisans, and producers. Buy Local includes promotions, awareness campaigns, and events. **Organization:** Select Nova Scotia; **Address:** ; **Email:** ; **Website:** <https://selectnovascotia.ca>

Digital Main Street

A program designed to help small businesses achieve digital transformation and includes tools, resources, and grants. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS, B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

The Nova Scotia Community Markets Coalition

The coalition supports community markets across the province, which are vital for many local businesses, artisans, and farmers to sell their products directly to consumers. **Organization:** Farmers' Markets of Nova Scotia Cooperative; **Address:** ; **Email:** info@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca/>

Now More Than Ever

A movement that encourages Nova Scotians to support local by spending their dollars in local businesses. It includes campaigns, social media promotion and business highlights. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Boulevard, Suite 100, Dartmouth, NS B3B 1N1; **Email:** info@halifaxchamber.com; **Website:** <https://www.halifaxchamber.com/>

Love Local Pictou County

A community-driven initiative aimed at promoting businesses within Pictou County through

social media campaigns and events. **Organization:** Pictou County Chamber of Commerce; **Address:** 980 East River Road, New Glasgow, NS B2H 3S8; **Email:** info@pictouchamber.com; **Website:** <https://www.pictouchamber.com/lovelocalpc>

Cape Breton Unama'ki Buy Local

An effort focused on Cape Breton Island that provides directories, showcases, and resources for consumers to find and support local businesses. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

Downtown Halifax Business Commission's Big Day Downtown

An initiative where participants are given pre-loaded Visa credit cards to spend at participating downtown businesses, promoting local spending and showcasing businesses in the area.

Organization: Downtown Halifax Business Commission; **Address:** 1546 Barrington St #104, Halifax, NS B3J 3X7, Canada; **Email:** info@downtownhalifax.ca; **Website:** <https://downtownhalifax.ca/>

Taste of Nova Scotia's Culinary Trails

Taste of Nova Scotia partners with local restaurants and food producers to offer special promotions and discounts, creating a trail of culinary experiences across the province.

Organization: Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5, Canada; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

The Savour Food & Wine Festival

An annual event featuring dining promotions at various restaurants throughout Nova Scotia, encouraging locals and tourists to explore the gastronomic scene. **Organization:** Restaurant Association of Nova Scotia; **Address:** 380 Bedford Hwy, Halifax, NS B3M 2L4, Canada; **Email:** info@restaurantscanada.org; **Website:** <http://www.savourfoodandwine.com>

Shop Local Pledge Halifax

A campaign encouraging residents to pledge to shop at local businesses in Halifax, with the goal of boosting the local economy and community engagement. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Blvd, Dartmouth, NS B3B 1N1, Canada; **Email:** info@halifaxchamber.com; **Website:** <https://halifaxchamber.com/>

Nova Scotia Entrepreneurship Programs

These programs offer various resources such as mentorship, training, and financial support to help individuals start and grow their businesses. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street Suite 701, Halifax, NS B3J 3N8; **Email:** contact@nsbi.ca; **Website:** [https://www.novascotiabusiness.com/](https://www.novascotiabusiness.com)

CEED - Centre for Entrepreneurship Education and Development

The CEED programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** CEED; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** [https://www.ceed.ca/](https://www.ceed.ca)

IGNITE Atlantic

IGNITE aims to foster a culture of innovation by engaging youth and communities across Nova Scotia in bringing entrepreneurial ideas to life. **Organization:** IGNITE Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** connect@igniteatlantic.com; **Website:** <https://www.igniteatlantic.com/>

Volta Startups

Volta is the largest innovation hub in Atlantic Canada, focused on creating a space where members of the tech industry can work and learn from each other. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Digital Main Street

A program designed to help small businesses achieve digital transformation and includes tools, resources, and grants. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS, B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Business Inc. Marketing Program

A program offering financial incentives and support for Nova Scotia businesses to develop and execute strategic marketing plans to improve their competitiveness and growth. **Organization:** Nova Scotia Business Inc. (NSBI); **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Buy Local Campaigns

Community-based marketing campaigns that encourage consumers to support local businesses. This may include seasonal promotions, local marketplace events, and social media campaigns highlighting local products and services. **Organization:** Various Local Business Associations and Community Groups; **Address:** Addresses vary by community group or association; **Email:** Email addresses vary by community group or association; **Website:** N/A - Depends on specific campaign or local business group

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Atlantic Canada Opportunities Agency (ACOA) Marketing Initiatives

ACOA provides programs to support businesses in improving marketing strategies for international competitiveness, including skills development, trade shows, and targeted campaigns. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 644 Main St, Moncton, NB E1C 9J8, Canada; **Email:** N/A - Contact form on website; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/programs.html>

Centre Plan

A planning initiative for the Regional Centre of the Halifax Regional Municipality that aims to create walkable neighborhoods, vibrant main streets, and high-quality public spaces.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS Canada B3J 3A5; **Email:** clerk@halifax.ca; **Website:** <https://www.halifax.ca/>

Queen's Marque District

A mixed-use development on the Halifax waterfront that includes public spaces, waterfront access, and cultural venues, enhancing the local infrastructure to invite more visitors and spending. **Organization:** The Armour Group Limited; **Address:** 1701 Hollis St, Suite L100 Halifax, NS, Canada B3J 3M8; **Email:** info@armourgroup.com; **Website:** <https://queensmarque.com/>

Culture Link CIC

A cultural hub at the Halifax Forum aimed at celebrating diversity with space for community events and creative enterprises, improving infrastructure for community use. **Organization:** Culture Link CIC; **Address:** 2901 Windsor St, Halifax, NS B3K 5E5, Canada; **Email:** N/A; **Website:** <https://culturelinkns.ca/>

Sydney Waterfront District

A revitalization project improving the streetscape and public spaces of Sydney's historic waterfront area to attract tourists and elevate consumer spending. **Organization:** Sydney Waterfront District; **Address:** 319 Charlotte St, Sydney, NS B1P 1C6, Canada; **Email:** info@sydneywaterfrontdistrict.com; **Website:** <https://sydneywaterfrontdistrict.com/>

Argyle Street Streetscaping

A project that transformed Argyle Street into a pedestrian-friendly zone with widened sidewalks, curbless street design, and public art, enhancing its appeal as a popular destination. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS Canada B3J 3A5; **Email:** clerk@halifax.ca; **Website:** <https://www.halifax.ca/>

The Royal Nova Scotia International Tattoo

An annual week-long event featuring military and civilian acts from around the world, celebrating music, culture, and performance. **Organization:** The Royal Nova Scotia International Tattoo Foundation; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://www.nstattoo.ca>

Halifax Jazz Festival

The festival provides accessible venues with ramps and special seating arrangements for individuals with mobility challenges, as well as accessible washrooms. **Organization:** Halifax Jazz Festival; **Address:** 5566 Sackville St, Halifax, NS B3J 1L1, Canada; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca/accessibility>

Deep Roots Music Festival

An annual music festival held in Wolfville that promotes the deep roots of music in Nova Scotia and the Annapolis Valley. **Organization:** Deep Roots Music Cooperative; **Address:** PO Box

3055, Wolfville, NS B4P 2H5; **Email:** info@deprootsmusic.ca; **Website:** <https://deprootsmusic.ca/>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Celtic Colours International Festival

A festival held during the fall foliage that celebrates Cape Breton Island's living traditional culture. **Organization:** Celtic Colours; **Address:** 37 Nepean Street, Sydney, NS B1P 6A7; **Email:** info@celtic-colours.com; **Website:** <https://celtic-colours.com/>

Festival Antigonish Summer Theatre

A professional theatre festival that presents high-caliber plays in Antigonish. **Organization:** Festival Antigonish; **Address:** Bauer Theatre, St Francis Xavier University, Antigonish, NS B2G 2W5; **Email:** info@festivalantigonish.com; **Website:** <https://www.festivalantigonish.com/>

Lunenburg Folk Harbour Festival

A yearly event that features a variety of folk music performances in outdoor and indoor venues around Lunenburg. This family-friendly festival also provides workshops and local artisan display. **Organization:** Folk Harbour Society; **Address:** 125 Montague Street, Lunenburg, Nova Scotia, B0J 2C0, Canada; **Email:** info@folkharbour.com; **Website:** <https://www.folkharbour.com>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

The Bay of Fundy Recommended Experience Program

A partnership between tourism operators on both sides of the Bay of Fundy in Nova Scotia and New Brunswick to develop and market tourism experiences around the Bay of Fundy.

Organization: Bay of Fundy Tourism; **Address:** Not provided; **Email:** info@bayoffundytourism.com; **Website:** <https://www.bayoffundytourism.com>

Celtic Heart of North America Co-operative

A marketing cooperative initiative that represents community organizations involved in promoting Celtic culture, music, and heritage in Nova Scotia, with the aim of pooling resources to boost tourism in the region. **Organization:** Celtic Heart of North America Co-operative; **Address:** Not provided; **Email:** info@celticheartofnorthamerica.ca; **Website:** <http://www.celticheart.ca/>

The Northumberland Shore Tourism Association

Works with businesses and other organizations in the Northumberland region of Nova Scotia to develop joint marketing initiatives and events to draw visitors. **Organization:** Northumberland Shore Tourism Association; **Address:** Not provided; **Email:** Not provided; **Website:** <https://www.novascotia.com/about-nova-scotia/regions/northumberland-shore>

South Shore Tourism Cooperative

The Cooperative works together with different stakeholders, including communities, to market the South Shore as a tourism destination. **Organization:** South Shore Tourism Cooperative; **Address:** Not provided; **Email:** Not provided; **Website:** <http://www.southshoreconnect.ca/>

Business Skills for Growth and Profitability

This program offers a variety of workshops designed to enhance the skills of small business owners in Nova Scotia in areas such as customer service, digital marketing, and business innovation. **Organization:** Centre for Entrepreneurship Education and Development (CEED); **Address:** 7071 Bayers Road, Suite 225, Halifax, NS B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <http://www.ceed.ca>

Productivity & Innovation Voucher Program

This program helps businesses engage with local experts to improve their processes, productivity, and to innovate within their business. **Organization:** Innovacorp; **Address:** 1344 Summer Street, Halifax, NS B3H 0A8, Canada; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Digital Marketing Workshops

These workshops aim to improve the digital marketing efforts of Nova Scotian companies, touching on subjects such as social media, search engine optimization, and online advertising. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9, Canada; **Email:** hello@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

Business Advisory Services

This service provides one-on-one advice and workshops for SMEs on various topics, including customer service, sales, and marketing strategies. **Organization:** Nova Scotia Business Inc. (NSBI); **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com>

Leadership Development Program

This program offers leadership training and development to help business owners and managers develop the necessary skills to grow their businesses and improve customer service. **Organization:** Saint Mary's University - Sobey School of Business; **Address:** 923 Robie Street, Halifax, NS B3H 3C3, Canada; **Email:** sobey@smu.ca; **Website:** <https://www.smu.ca>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova

Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Select Nova Scotia

Select Nova Scotia is a government initiative that promotes locally sourced products, including seafood. Their marketing campaigns are designed to increase consumer awareness and consumption of Nova Scotian products. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** selectns@novascotia.ca; **Website:** <https://selectnovascotia.ca>

Made in Nova Scotia Store

This is a retail store focusing on products that are made, produced, or crafted in Nova Scotia. They support local artisans, crafters, and entrepreneurs and help stimulate the local economy. **Organization:** Made in Nova Scotia Store; **Address:** 324 St. George Street, Annapolis Royal, NS B0S 1A0; **Email:** info@madeinnovascotiastore.com; **Website:** <https://www.madeinnovascotiastore.com/>

I Love Local HFX

A movement that supports independent businesses in Halifax by promoting the benefits of local spending. They organize events and initiatives to highlight local entrepreneurs and artisans. **Organization:** I Love Local HFX; **Address:** N/A (Organized by local business owners); **Email:** N/A – Contact through social media; **Website:** <http://www.ilovelocalhfx.ca/>

Farmers' Markets of Nova Scotia Cooperative

A cooperative representing farmer's markets across the province, providing a platform for local producers and artisans to sell their products directly to consumers, thus fostering community pride and economic growth within the local communities. **Organization:** Farmers' Markets of Nova Scotia Cooperative; **Address:** N/A; **Email:** info@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

CEED

Centre for Entrepreneurship Education and Development (CEED) provides entrepreneurs with the tools and resources to grow their businesses, including training, financing, and mentorship.

Organization: CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://ceed.ca>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Creative Destruction Lab Atlantic

Helps scalable technology businesses succeed by providing mentorship and opportunities to collaborate with a network of entrepreneurs, investors, and other partners. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Sandbox

Sandboxes are collaborative spaces hosted within Nova Scotian post-secondary institutions to inspire young entrepreneurs and help them grow ideas into ventures. **Organization:** Multiple universities and colleges across Nova Scotia; **Address:** Varies by institution; **Email:** Varies by sandbox location; **Website:** <https://novascotia.ca/sandbox/>

Startup Yard at COVE

Startup Yard is COVE's incubation facility for ocean tech startups, providing collaborative space and programming to grow their businesses. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, NS, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Skills for Success

A program designed to help Nova Scotians improve their literacy, numeracy and essential skills needed for work, learning and life. The program is aimed at boosting the overall workforce capabilities. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3J 2T3, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Workplace Education Initiative

This initiative provides free adult learning programs to groups of Nova Scotian workers and

employers to increase productivity and economic benefits through workplace education programs. **Organization:** Labour and Advanced Education - Province of Nova Scotia; **Address:** 1469 Brenton St, Halifax, NS B3J 3T5, Canada; **Email:** workplace.educ@novascotia.ca; **Website:** <https://novascotia.ca/programs/workplace-education/>

Apprenticeship START

A workforce initiative offering financial incentives to employers to help them hire first-year apprentices in the skilled trades, encouraging training and retention of skilled workers.

Organization: Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeship@novascotia.ca; **Website:** <https://www.nsapprenticeship.ca/>

Nova Scotia Power Scholarship and Bursary Programs

Offers support to students pursuing post-secondary education in fields related to the energy sector, including trades and engineering, with the goal of developing skilled workers in the industry. **Organization:** Nova Scotia Power; **Address:** 1223 Lower Water St, Halifax, NS B3J 3S8, Canada; **Email:** nspower.ca@contactus.com; **Website:** <https://www.nspower.ca/community/scholarships>

Ocean Frontier Institute

An international hub for ocean research, the Ocean Frontier Institute collaborates with government, industry, and academia to drive innovation in ocean science and technology. OFI focuses on sustainable ocean management and the development of a strong blue economy.

Organization: Ocean Frontier Institute; **Address:** Dalhousie University, 6299 South St, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** info@oceanfrontierinstitute.com; **Website:** <https://oceanfrontierinstitute.com>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** [https://innovacorp.ca/](https://innovacorp.ca)

Research Nova Scotia

Research Nova Scotia is an independent organization that supports, organizes, and coordinates research funding and strategic opportunities for academics and researchers in the province.

Organization: Research Nova Scotia; **Address:** 1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4; **Email:** info@researchns.ca; **Website:** <https://researchns.ca/>

Dalhousie University Research & Innovation

Dalhousie University has a range of research and innovation initiatives, including research centers, institutes, and industry partnerships across fields like ocean studies, health, computer science, and engineering. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, NS B3H 4R2, Canada; **Email:** research@dal.ca; **Website:** <https://www.dal.ca/research.html>

Nova Scotia Community College Applied Research

NSCC carries out applied research projects that offer solutions to local industry problems, with the intention of fostering innovation and economic development within Nova Scotia.

Organization: Nova Scotia Community College (NSCC); **Address:** NSCC Waterfront Campus, 80 Mawiomi Place, Dartmouth, NS B2Y 0A5, Canada; **Email:** appliedresearch@nscc.ca;

Website: <https://www.nscc.ca/>

Dalhousie University Industry Liaison and Innovation

This office at Dalhousie University facilitates the commercialization of research innovations and promotes partnerships between researchers and industry. **Organization:** Dalhousie University;

Address: 1340 Barrington Street, Halifax, Nova Scotia, Canada, B3J 1Z1; **Email:** info@dal.ca;

Website: <https://www.dal.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:**

Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca;

Website: <https://innovacorp.ca/>

Mitacs

Mitacs builds partnerships between academia and industry for research and training. It offers programs like Accelerate and Elevate which foster collaboration between graduate students, postdoctoral fellows and industry partners in Nova Scotia. **Organization:** Mitacs; **Address:**

Various locations across Nova Scotia; **Email:** help@mitacs.ca; **Website:**

<https://www.mitacs.ca/en/programs/accelerate>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

COVE (Centre for Ocean Ventures & Entrepreneurship)

COVE is a collaborative facility for applied innovation in the ocean sector and promotes partnerships among businesses and post-secondary institutions for ocean technology.

Organization: COVE; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, Canada, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Regulatory Reform

Nova Scotia's government has committed to reducing red tape and streamlining regulations to make it easier for businesses to start and operate in the province. This includes the modernization of various regulations, the implementation of the Business Navigator service, and ongoing consultation with the business community to identify and alleviate regulatory burdens.

Organization: Government of Nova Scotia; **Address:** Province House, 1726 Hollis Street, P.O. Box 2125, Halifax, NS B3J 3B7, Canada; **Email:** contact form available on website; **Website:** <https://novascotia.ca/regulatoryopportunity/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Small Business Development Program

This program offers financial incentives to businesses to help with things like skill development, training, and consulting services. It aims to strengthen the business sector by offering support in areas that are critical for growth and stability. **Organization:** Labour and Advanced Education, Government of Nova Scotia; **Address:** Barrington Place, 1894 Barrington Street, Suite 1301, Halifax, NS B3J 2A8; **Email:** contact form available on website; **Website:** <https://novascotia.ca/programs/small-business-development-program/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Digital Adoption Program

This program is designed to accelerate the adoption of digital tools and technologies by small businesses in Nova Scotia. It provides access to expertise, services, and potentially even funding to assist businesses in becoming more digitally savvy. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Startup Visa Program

The Start-up Visa Program is designed to attract innovative entrepreneurs to the province and provide them with permanent residency if they can create jobs and compete on a global scale. This is part of the broader Canadian Start-up Visa Program. **Organization:** Immigration, Refugees and Citizenship Canada in collaboration with Nova Scotia partners; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotiastartupvisa.ca/>

Rural Broadband Initiative

A government-led initiative to expand high-speed internet coverage throughout rural Nova Scotia. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Nova Scotia Moves

A cost-sharing program designed to support sustainable transportation projects in collaboration with municipalities, businesses, and community groups across the province. **Organization:** Nova Scotia Department of Energy and Mines; **Address:** 5151 Terminal Road, PO Box 2664, Halifax, NS B3J 3P7; **Email:** n/a; **Website:** <https://novascotia.ca/sustainabletransportation/>

Innovation Rebate Program

Supports businesses looking to increase their global competitiveness by adopting innovative processes or creating innovative products for export from Nova Scotia. **Organization:** Nova Scotia Business Inc.; **Address:** World Trade and Convention Centre, 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Smart Energy Communities

Projects aimed at improving energy efficiency, reducing greenhouse gas emissions and driving economic development through smart energy solutions. **Organization:** QUEST - Quality Urban Energy Systems of Tomorrow; **Address:** n/a; **Email:** info@questcanada.org; **Website:** <https://questcanada.org/project/smart-energy-communities/>

Cape Breton Regional Municipality Smart Cities Challenge

Focused on improving the lives of residents through innovation, data, and connected technology, including the implementation of smart infrastructure. **Organization:** Cape Breton Regional Municipality; **Address:** 320 Esplanade, Suite 202, Sydney, NS B1P 7B9; **Email:** clerk@cbreton.ns.ca; **Website:** <https://www.cbrm.ns.ca/>

Centre for Ocean Ventures & Entrepreneurship (COVE)

COVE brings together people, ideas, industry, and research to help the ocean technology sector grow by supporting collaborative projects and shared infrastructure. **Organization:** Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Trade Market Intelligence

Provides businesses with market intelligence, trade data, and insights to help Nova Scotian businesses make informed export decisions. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/export>

Export Growth Program

Supports businesses looking to increase their export sales outside of Nova Scotia by attending international trade shows and events. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/export/export-growth-program>

Trade Missions and Events

Organizes trade missions and events to help businesses explore new markets, meet potential buyers, and attend industry-specific trade shows and conferences. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Export Development Education

Offers educational programs and resources to prepare businesses for entering new markets and to increase their knowledge of exporting. **Organization:** Nova Scotia Business Inc.; **Address:** 1800

Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/export-development-education>

Atlantic Trade and Investment Growth Strategy

A regional collaboration designed to help Atlantic Canadian businesses enter, explore, and succeed in international markets. **Organization:** Atlantic Canada Opportunities Agency (ACOA); **Address:** 1801 Hollis Street, Suite 700, Halifax, NS B3J 3N4, Canada; **Email:** info@acoa-apeca.gc.ca; **Website:** <https://www.acoa-apeca.gc.ca/eng/ImLookingFor/ProgramInformation/Pages/TradeAndInvestmentGrowthStrategy.aspx>

Nova Scotia Export Achievement Awards

Annual awards that recognize successful Nova Scotian exporters and their contributions to the economy. This event also serves as a networking opportunity. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Business Development Program (BDP)

Provides financial assistance for a variety of projects, including those that involve pursuing new markets for products and services. **Organization:** Atlantic Canada Opportunities Agency (ACOA); **Address:** 1801 Hollis Street, Suite 700, Halifax, NS B3J 3N4, Canada; **Email:** info@acoa-apeca.gc.ca; **Website:** <https://www.acoa-apeca.gc.ca/eng/ImLookingFor/ProgramInformation/Pages/BusinessDevelopmentProgram.aspx>

Credit Union Small Business Loan Guarantee Program

This program, aimed at small businesses in Nova Scotia, is delivered through participating credit unions and offers access to capital through loans. The Nova Scotia government supports this initiative by providing a guarantee on the loan. **Organization:** Credit Unions of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://cua.com/>

Digital Adoption Program

This program is designed to accelerate the adoption of digital tools and technologies by small businesses in Nova Scotia. It provides access to expertise, services, and potentially even funding to assist businesses in becoming more digitally savvy. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Nova Scotia Business Inc. Small Business Loan Guarantee Program

NSBI's program facilitates access to financing for small businesses through a flexible guarantee on term loans and lines of credit provided by financial institutions. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Centre for Entrepreneurship Education and Development (CEED)

CEED delivers a wide array of programs and services to potential and existing entrepreneurs and businesses at every stage. They offer training, financing, and networking opportunities to help

small and medium-sized businesses start, grow, and succeed. **Organization:** CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://ceed.ca>

Nova Scotia Co-operative Council Business Development Program

Offers loans and business counseling services specifically designed to support co-operatives and small businesses in the province. **Organization:** Nova Scotia Co-operative Council; **Address:** 91 Water Street, Suite 201, Yarmouth, NS B5A 4P5; **Email:** n/a; **Website:** <https://www.nsco-opcouncil.ca/business-development-program/>

Atlantic Canada Opportunities Agency (ACOA) Business Development Program

ACOA provides financial assistance to small and medium-sized enterprises and non-profit organizations to help maximize the growth opportunities in Atlantic Canada, including support for startups and expansion of businesses. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St Suite 700, Halifax, NS B3J 3N4; **Email:** atlantic.info@acoa-apeca.gc.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Innovacorp Early Stage Commercialization Fund

Provides funding to support the commercialization of technology products, processes, and services, encouraging entrepreneurial activities among researchers and technologists.

Organization: Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Skills for Success Program

This program offers essential skills training that will help participants be more successful in all aspects of life. The training focuses on nine essential skills needed for work, learning, and life.

Organization: Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** ask@nscc.ca; **Website:** <https://www.nscc.ca/>

Workplace Education Initiative

The initiative provides Nova Scotians with the opportunity to develop and improve their literacy skills and to enhance their workplace skills. Customized programs are developed with employers and industry sectors. **Organization:** Labour and Advanced Education, Province of Nova Scotia; **Address:** 1469 Brenton St, Halifax, NS B3J 3S7, Canada; **Email:** workplace@novascotia.ca; **Website:** <https://novascotia.ca/programs/workplace-education/>

START Program

START offers incentives to employers to hire Nova Scotians requiring work experience.

Financial incentives are provided to employers with a plan to support the skill development of the new employee. **Organization:** Nova Scotia Works Centres; **Address:** Multiple locations across Nova Scotia; **Email:** n/a; **Website:**

<https://novascotia.ca/employmentnovascotia/programs/start.asp>

Apprenticeship START Program

Provided by the Government of Nova Scotia, this program encourages employers to hire apprentices through incentives. It aims to train individuals in skilled trades that match the local

job market. **Organization:** Apprenticeship Agency of Nova Scotia; **Address:** 2021 Brunswick St, P.O. Box 578, Halifax, NS, B3J 2S9; **Email:** apprenticeshiphelp@novascotia.ca; **Website:** <https://www.novascotia.ca/apprenticeship>

Make it Here

Make it Here is a government initiative for connecting Nova Scotians with education and training resources. It showcases the range of education and career paths, including apprenticeships and workplace education programs. **Organization:** Government of Nova Scotia; **Address:** n/a; **Email:** n/a; **Website:** <https://makeithere.novascotia.ca/>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Renewable Energy Incentive Program

An initiative to promote the development and installation of renewable energy systems for homeowners, businesses, and communities across Nova Scotia, including solar photovoltaic, solar thermal, wind, and tidal energy systems. **Organization:** Nova Scotia Department of Energy and Mines; **Address:** 5151 Terminal Rd, Halifax, NS B3J 2T8, Canada; **Email:** energy.novascotia@novascotia.ca; **Website:** <https://energy.novascotia.ca/>

Efficiency Nova Scotia

Offers programs and services to help Nova Scotians save energy and money, as well as reduce greenhouse gas emissions. Their solutions span a variety of green initiatives including energy conservation, management and rebates for homes and businesses. **Organization:** EfficiencyOne; **Address:** 230 Brownlow Avenue, Suite 300, Dartmouth, NS B3B 0G5, Canada; **Email:** info@efficiencyns.ca; **Website:** <https://www.efficiencyns.ca>

Nova Scotia Community Feed-In Tariff (COMFIT)

Designed to encourage community-based, local renewable energy projects by guaranteeing a rate per kilowatt-hour for the energy produced. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://energy.novascotia.ca/>

Sustainable Agriculture Initiative

Programs to support sustainable agricultural practices amongst farmers in Nova Scotia, offering rebates and incentives for environmentally friendly farming techniques. **Organization:** Nova Scotia Department of Agriculture; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Eco-tourism Development

Supports the development and marketing of eco-tourism experiences in Nova Scotia, helping to attract tourists interested in sustainable travel options. **Organization:** Tourism Nova Scotia; **Address:** 1 Bell Blvd, Enfield, NS B2T 1K2, Canada; **Email:** contact@tourismns.ca; **Website:** <https://tourismns.ca/>

Green Network Plan

A green infrastructure plan designed to guide the protection and stewardship of the region's natural assets, aiming to support a sustainable environment and high quality of life.

Organization: Halifax Regional Municipality; **Address:** P.O. Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/about-halifax/regional-community-planning/halifax-green-network>

SolarHomes Program

Provides rebates to Nova Scotian homeowners who install solar photovoltaic panels, making solar power more accessible and affordable. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca/>

Halifax Chamber of Commerce

The Halifax Chamber of Commerce organizes numerous events for its members to network and collaborate, including the Halifax Business Awards, luncheons, and training events that are designed to connect businesses and foster the local entrepreneurial ecosystem. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1; **Email:** info@halifaxchamber.com; **Website:** <https://halifaxchamber.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub that offers mentorship, resources, and a collaborative workspace to startup businesses. They aim to help tech entrepreneurs start, grow, and succeed. **Organization:** Volta Labs; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

CEED - Centre for Entrepreneurship Education and Development

The CEED programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** CEED; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They

offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Techstars Startup Weekend Halifax

Though not specific to Nova Scotia, Techstars Startup Weekend events are periodically held in Halifax. These events invite entrepreneurs to pitch their ideas and form teams to develop a business concept over a weekend, providing networking opportunities and fostering collaboration.

Organization: Techstars; **Address:** Event-specific (Varies); **Email:** N/A; **Website:** <https://startupweekend.org/>

Smart Business Action Team

Working to support businesses in navigating the changing economy, the Smart Business Action Team provides tools and resources for businesses to innovate and diversify. The initiative often involves awareness components targeting the local entrepreneurial community. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Halifax, NS B3J 3R7; **Email:** contactus@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Digital Nova Scotia: Tech Awareness Campaign

Digital Nova Scotia leads several initiatives aimed at increasing awareness and engagement in the tech sector among youth and businesses. These campaigns are designed to encourage economic diversification through the adoption of digital and technological solutions. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Community College (NSCC) Entrepreneurship

NSCC offers support for students and community members to learn about, start, and grow their own businesses through various programs, courses, and dedicated entrepreneurship centres.

Organization: Nova Scotia Community College; **Address:** P.O. Box 1153, Halifax, NS B3J 2X1; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Cape Breton Partnership: Economic Diversification Strategies

The Cape Breton Partnership drives economic growth in the area by engaging with businesses, investors, and communities. They conduct campaigns and initiatives that aim at diversifying the region's economy through education and outreach. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

Nova Scotia Business Inc. (NSBI) - Export Growth Program

As part of their efforts to strengthen the economy, NSBI offers programs to help businesses

understand and enter new markets, which promotes economic diversification. This includes organizing trade missions and providing tools for international engagement. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Innovacorp Early Stage Commercialization Fund

Provides funding to support the commercialization of technology products, processes, and services, encouraging entrepreneurial activities among researchers and technologists.

Organization: Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Nova Scotia Innovation Hub

The Nova Scotia Innovation Hub is an initiative focused on advancing the bioeconomy and clean technologies in Nova Scotia. They work with companies to accelerate the commercialization of new bio-based products and clean technologies. **Organization:** Nova Scotia Innovation Hub; **Address:** Not Listed; **Email:** info@novascotiainnovationhub.com; **Website:** <https://www.novascotiainnovationhub.com/>

Research Nova Scotia Trust

The purpose of the Research Nova Scotia Trust is to enhance the research capacity in Nova Scotia. They do this by providing funding to support research that aligns with provincial priorities. This funding can be used for infrastructure, equipment, and research projects.

Organization: Research Nova Scotia; **Address:** 1801 Hollis Street, Suite 1400, Halifax, NS B3J 3N4, Canada; **Email:** info@researchns.ca; **Website:** <https://researchns.ca/>

Community Foundation of Nova Scotia's Smart & Caring Community Funds

The Community Foundation of Nova Scotia operates Smart & Caring Community Funds, which are local funds that are set up to support a range of needs in the community, including educational initiatives and potentially funding local research projects or innovative community efforts.

Organization: Community Foundation of Nova Scotia; **Address:** 1888 Brunswick Street, Suite 806, Halifax, NS B3J 3J8, Canada; **Email:** info@cfns-fcne.ca; **Website:** <https://cfns-fcne.ca>

Research Nova Scotia

Research Nova Scotia is an independent organization that supports, organizes, and coordinates research funding and strategic opportunities for academics and researchers in the province.

Organization: Research Nova Scotia; **Address:** 1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4; **Email:** info@researchns.ca; **Website:** <https://researchns.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** [https://innovacorp.ca/](https://innovacorp.ca)

CEED - Centre for Entrepreneurship Education and Development

The CEED programs offer training, financing, and mentorship for entrepreneurs. They provide

support from the ideation phase through to business expansion. **Organization:** CEED; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Nova Scotia Community College (NSCC) Research and Innovation

NSCC holds workshops and innovation events that cater to students, faculty, and the larger community to engage in collaborative research projects. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3; **Email:** research@nscc.ca; **Website:** <https://www.nscc.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Mitacs

Mitacs builds partnerships between academia and industry for research and training. It offers programs like Accelerate and Elevate which foster collaboration between graduate students, postdoctoral fellows and industry partners in Nova Scotia. **Organization:** Mitacs; **Address:** Various locations across Nova Scotia; **Email:** help@mitacs.ca; **Website:** <https://www.mitacs.ca/en/programs/accelerate>

Research Nova Scotia

Research Nova Scotia is an independent organization that supports, organizes, and coordinates research funding and strategic opportunities for academics and researchers in the province. **Organization:** Research Nova Scotia; **Address:** 1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4; **Email:** info@researchns.ca; **Website:** <https://researchns.ca/>

Dalhousie University Industry Liaison and Innovation

This office at Dalhousie University facilitates the commercialization of research innovations and promotes partnerships between researchers and industry. **Organization:** Dalhousie University; **Address:** 1340 Barrington Street, Halifax, Nova Scotia, Canada, B3J 1Z1; **Email:** info@dal.ca; **Website:** <https://www.dal.ca/>

Nova Scotia Community College Applied Research

Nova Scotia Community College (NSCC) engages in applied research that connects the expertise and facilities of the college with the local industry. NSCC assists entrepreneurs and companies to develop new products, improve existing processes, and practice innovation through partnerships. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Drive, Halifax, NS

B3S 1A3; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/research-and-innovation/index.asp>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

CEED - Centre for Entrepreneurship Education and Development

The Ceed programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** Ceed; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

ISANS - Immigrant Services Association of Nova Scotia

The business workshop and counseling programs provided by ISANS are designed to support immigrants who plan to start or expand a business in Nova Scotia. **Organization:** ISANS; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Creative Destruction Lab - Atlantic

This is a seed-stage program that leverages the University to support massively scalable, science-and technology-based companies, with mentorship and investment opportunities. **Organization:** Creative Destruction Lab - Atlantic; **Address:** Rowe Building, Dalhousie University, 6100 University Ave, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

The Spark Zone

The Spark Zone brings together students and community members to create, develop, and ultimately launch business ideas and social innovations. **Organization:** The Spark Zone; **Address:** Various locations (partnership between Saint Mary's University, NSCAD University, Mount Saint Vincent University, and Nova Scotia Community College); **Email:** Not specified on the website; **Website:** <http://thesparkzone.ca/>

Startup Yard at COVE

Startup Yard is the incubation facility at COVE – Centre for Ocean Ventures & Entrepreneurship – specifically aimed at ocean technology start-ups. **Organization:** COVE; **Address:** 27 Parker Street, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Advocacy for Renewable Energy Investments

Community groups in Nova Scotia have been rallying to promote government investment into renewable energy research and development. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, NS, B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca>

Funding for Ocean Technology Sector

Furthering Nova Scotia's position in the ocean technology sector by advocating for government funding to support innovation and development. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, NS, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Campaign for Increased Health Research Funds

Organizations have been working together to advocate for more provincial government funding towards health research and innovation to improve healthcare services. **Organization:** Health Research Foundation of Nova Scotia; **Address:** 1660 Hollis Street, Suite 401, Halifax, NS, B3J 1V7; **Email:** info@hrfns.ca; **Website:** <http://www.hrfns.ca>

Tech Industry Development

Initiative to lobby for government investment in the technology sector to foster innovation, start-ups, and talent retention within the province. **Organization:** Digital Nova Scotia; **Address:** 1505 Barrington Street, Unit 100, Halifax, NS, B3J 3K5; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

Petition for Arts and Culture Funding

Cultural organizations collectively advocate to secure and increase provincial funding for the arts, recognizing its role in community building and economic development. **Organization:** Arts Nova Scotia; **Address:** 1747 Summer Street, Halifax, NS, B3H 3A6; **Email:** artsns@gov.ns.ca; **Website:** <https://artsns.ca>

Creative Destruction Lab Atlantic

This program focuses on scaling science-based companies and encourages collaboration among entrepreneurs, researchers, and investors across various disciplines. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, Nova Scotia, B3H 4R2; **Email:** cdl-atlantic@dal.ca; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

NSERC CREATE

This program facilitates collaborations between different disciplines by providing funding for training programs in natural sciences, engineering, economy, and the environment.

Organization: Natural Sciences and Engineering Research Council of Canada; **Address:** 350

Albert Street, Ottawa, Ontario, K1A 1H5; **Email:** nserc@nserc-crsng.gc.ca; **Website:** http://www.nserc-crsng.gc.ca/Professors-Professeurs/CREATE-FONCER/index_eng.asp

CEED Centre for Entrepreneurship Education and Development

CEED promotes cross-disciplinary entrepreneurship through workshops and mentorship programs, connecting various industry experts with new entrepreneurs. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Road, Suite 225, Halifax, Nova Scotia, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca>

COVE (Centre for Ocean Ventures & Entrepreneurship)

COVE brings together people, ideas, industry, and research to help start and grow ocean tech companies. They encourage interdisciplinary work among businesses, non-profits, government, and academia. **Organization:** Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

SIM Social Innovation Lab

The Dalhousie School of Information Management operates a social innovation lab aimed at solving complex social problems through interdisciplinary collaboration among students, academics, and community partners. **Organization:** Dalhousie University; **Address:** 6100 University Avenue, Halifax, Nova Scotia, B3H 3J5; **Email:** sim@dal.ca; **Website:** <https://www.dal.ca/>

Perennia Innovation Center

Perennia is a hub that supports the agriculture and seafood sector, combining various fields of expertise like plant and animal sciences, quality and food safety, and aquaculture development. **Organization:** Perennia Food and Agriculture Inc.; **Address:** 173 Dr Bernie MacDonald Drive, Bible Hill, Nova Scotia, B6L 2H5; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca>

Innovacorp's Early Stage Commercialization Fund

Supports the commercialization of Nova Scotian technologies and promotes a culture of innovation by encouraging academics and entrepreneurs to advance their ideas to the marketplace. **Organization:** Innovacorp; **Address:** 1344 Summer Street, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Solid State Pharma Inc.

Although not exclusively open source, Solid State Pharma engages in sharing scientific findings with the community. They provide crystallization research and solid-state solutions for pharmaceutical and other chemistry-related industries. **Organization:** Solid State Pharma Inc.; **Address:** 250 Innovation Dr, Suite 214, Bedford, Nova Scotia, Canada, B4B 1J5; **Email:** info@solidstatepharma.com; **Website:** <https://www.solidstatepharma.com/>

Ocean Tracking Network

The Ocean Tracking Network is a global aquatic animal tracking, data management, and partnership platform that promotes open data access to researchers and the public to understand aquatic animal movements and survival. **Organization:** Dalhousie University; **Address:** 1355

Oxford St, PO BOX 15000, Halifax, Nova Scotia, Canada, B3H 4R2; **Email:** info@oceantackingnetwork.org; **Website:** <http://oceantackingnetwork.org/>

Marine Environmental Observation, Prediction, and Response Network (MEOPAR)

MEOPAR is a network that focuses on addressing the issues related to marine hazards. They work on collaborative projects and aim to share their findings openly to improve Canada's ability to respond to marine risks. **Organization:** MEOPAR; **Address:** Dalhousie University, Halifax, Nova Scotia, Canada; **Email:** info@meopar.ca; **Website:** <http://meopar.ca/>

The Verschuren Centre for Sustainability in Energy and the Environment

The Verschuren Centre fosters sustainable development through research and technology. They offer their discoveries and innovations through research results and collaborative projects in various sectors including clean technology. **Organization:** Cape Breton University; **Address:** PO Box 5300, 1250 Grand Lake Rd, Sydney, Nova Scotia, Canada, B1P 6L2; **Email:** info@verschurencentre.ca; **Website:** <http://verschurencentre.ca/>

Nova Scotia Innovation Hub

The Nova Scotia Innovation Hub is an initiative focused on advancing the bioeconomy and clean technologies in Nova Scotia. They work with companies to accelerate the commercialization of new bio-based products and clean technologies. **Organization:** Nova Scotia Innovation Hub; **Address:** Not Listed; **Email:** info@novascotiainnovationhub.com; **Website:** <https://www.novascotiainnovationhub.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Atlantic Canada Opportunities Agency (ACOA) - Innovative Communities Fund

The Innovative Communities Fund (ICF) offered by ACOA invests in strategic projects that build the economies of Atlantic Canada's communities. Various projects including those that fall under innovation, technology, and research may be eligible for grants. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis Street, Suite 700, Halifax, Nova Scotia, Canada, B3J 3N4; **Email:** contact form on website; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/icf.html>

Nova Scotia Business Inc. - Research and Development Program

This program offers funding opportunities for Nova Scotia businesses to offset the cost related to research and development projects that lead to new products, processes, and services.

Organization: Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** contact form on website; **Website:** <https://www.novascotiabusiness.com/>

Co-operative Education Program

This program at Dalhousie University facilitates partnerships between students, employers, and

the school. It provides students with the opportunity to integrate academic studies with work experiences in co-op positions related to their field of study. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** coop@dal.ca; **Website:** <https://www.dal.ca/>

CAPSTONE Project

Engineering students at Dalhousie University work on a Capstone Project, which involves solving a real-world problem provided by an industry partner. The project promotes collaboration and provides hands-on experience. **Organization:** Dalhousie University Faculty of Engineering; **Address:** 1360 Barrington Street, Halifax, NS B3J 1Z1, Canada; **Email:** not available; **Website:** <https://www.dal.ca/faculty/engineering.html>

Sandboxes

Innovative areas within universities and colleges designed to encourage collaborative learning, foster entrepreneurship, and connect students with industry mentors. They provide a space for students to explore, create, and test new ideas. **Organization:** Various institutions including Dalhousie University, Cape Breton University, and others; **Address:** varies by sandbox location; **Email:** varies by sandbox; **Website:** <https://innovatenovascotia.ca/what-we-offer/sandboxes/>

Applied Research Collaborations

Nova Scotia Community College (NSCC) partners with businesses and communities on applied research projects that help industries and organizations innovate. Students get hands-on experience working on real-world challenges. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1A9, Canada; **Email:** research@nscc.ca; **Website:** <https://www.nscc.ca/>

The ShiftKey Labs

An ICT sandbox located at Dalhousie University. It fosters tech innovation and entrepreneurship. The lab hosts hackathons, workshops, and networking events, connecting students with industry experts and potential employers. **Organization:** Dalhousie University; **Address:** Goldberg Computer Science Building, 6050 University Ave, Halifax, NS B3H 1W5, Canada; **Email:** shiftkeylabs@dal.ca; **Website:** <https://shiftkeylabs.ca/>

Technology Advantage Program

A partnership between IBM, the Province of Nova Scotia, and Nova Scotia educational institutions. The program combines high school, college, and university education with workplace experience at IBM. **Organization:** IBM, in partnership with Nova Scotia's Department of Education and Early Childhood Development; **Address:** 5151 George Street Suite 900, Halifax, NS B3J 1M5, Canada; **Email:** not directly available; **Website:** <https://www.ednet.ns.ca/>

Nova Scotia's Renewable Electricity Plan

Nova Scotia has implemented plans for renewable energy investment, aiming to have 40% of the province's electricity come from renewable sources by 2020. **Organization:** Nova Scotia Department of Energy and Mines; **Address:** 5151 Terminal Rd, PO Box 2664, Halifax, NS B3J 3P7, Canada; **Email:** N/A; **Website:** <https://energy.novascotia.ca/>

Technology and Innovation Sector Growth

The province supports initiatives to foster innovation and growth within the tech sector, including partnerships with post-secondary institutions and businesses. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Tourism Nova Scotia

An agency focused on marketing Nova Scotia's scenic beauty and cultural attractions to boost tourism and highlight the region's benefits for relocating businesses. **Organization:** Tourism Nova Scotia; **Address:** 1 Bell Blvd, Enfield, NS B2T 1K2, Canada; **Email:** contact@novascotia.ca; **Website:** <https://www.novascotia.com/>

Canada's Ocean Supercluster

An industry-led collaboration that is destined to accelerate economic growth, drive innovation in the ocean sector, and commercialize new technologies. Efforts here extend to all ocean-based industries including fisheries and could see the development of new tools and technologies to increase the competitiveness of these sectors. **Organization:** Canada's Ocean Supercluster; **Address:** 351 Water Street, St. John's, Newfoundland and Labrador, A1C 1B9, Canada; **Email:** info@oceansupercluster.ca; **Website:** <https://oceansupercluster.ca>

COVE – Centre for Ocean Ventures & Entrepreneurship

COVE is a collaborative space for businesses, startups, researchers, and marine-based industries to innovate and grow. **Organization:** Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Nova Scotia's Healthcare Initiatives

The province is investing in healthcare through recruitment, education, and infrastructure development to improve healthcare services and create jobs. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

CEED | Centre for Entrepreneurship Education and Development

CEED offers programs and support to entrepreneurs across Nova Scotia, promoting the growth of local businesses and startups, especially in areas where economic encouragement is needed. **Organization:** Ceed; **Address:** 7071 Bayers Road, Suite 225, Halifax, Nova Scotia, B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca>

Nova Scotia Business Inc. (NSBI)

NSBI is the province's business development agency. They provide support to businesses at every

stage, including financial incentives, business advice, and exporting assistance. **Organization:** NSBI; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** nsbi@novascotia.ca; **Website:** <https://www.novascotiabusiness.com>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Atlantic Canada Opportunities Agency (ACOA)

ACOA works to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative, and productive. They provide funding and services to entrepreneurs. **Organization:** ACOA; **Address:** 1801 Hollis Street, Suite 600, Halifax, NS B3J 3N4; **Email:** acoa.information.acoa-apec@canada.ca; **Website:** <https://www.acoa-apec.gc.ca>

Black Business Initiative (BBI)

The BBI is committed to growing a Black presence in a diverse range of business sectors. They provide business education, loans, advice, and advocacy for Black-owned businesses in Nova Scotia. **Organization:** BBI; **Address:** 1660 Hollis Street, Suite 1201, Halifax, NS B3J 1V7; **Email:** bbi@bbi.ns.ca; **Website:** <https://www.bbi.ca>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Techsploration

A program that connects young women in grades nine through twelve to role models working in science, trades, and technology. This program helps educational institutions create curricula that align with the needs of the workforce. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1B3, Canada; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca>

COGS Applied Geomatics Research Group

A collaboration between the Centre of Geographic Sciences (COGS) and industry partners to conduct applied research in geomatics to solve real-world problems. The group works closely with students providing hands-on experience. **Organization:** Nova Scotia Community College (Centre of Geographic Sciences); **Address:** 50 Elliott Rd, Lawrencetown, NS B0S 1M0, Canada; **Email:** agrg@nscc.ca; **Website:** <https://www.nscc.ca/>

Innovation Hub

A joint venture between Dalhousie University and the Government of Nova Scotia to turn university research into products and services. Encourages collaboration between academia and

industry to foster innovation. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** info@dal.ca; **Website:** <https://www.dal.ca/>

Nova Scotia Apprenticeship Agency – Employer Driven Program

Works closely with employers to ensure that vocational training and apprenticeship programs are aligned with industry needs, helping to prepare a skilled workforce in diverse sectors.

Organization: Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick Street, PO Box 578 Halifax, NS, B3J 2S9, Canada; **Email:** apprenticeship@novascotia.ca; **Website:** <https://www.nsapprenticeship.ca>

Creative Destruction Lab - Atlantic

A program at the Rowe School of Business designed to support tech startups with mentorship from seasoned entrepreneurs, fostering a connection between students, innovators, and the business community. **Organization:** Dalhousie University; **Address:** 6100 University Avenue, Halifax, NS B3H 4R2, Canada; **Email:** cdl-atlantic@dal.ca; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Centre for Entrepreneurship Education & Development (CEED)

CEED provides entrepreneurs with opportunities for learning, networking, funding, and workspace in Nova Scotia. They support new business creation and growth. **Organization:** CEED; **Address:** 100 - 7071 Bayers Road, Halifax, Nova Scotia B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca>

COVE

COVE is a facility for applied innovation in the ocean sector and provides office space, shared infrastructure, and networking opportunities to ocean-tech companies. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

The Startup Zone

The Startup Zone is an incubator that helps early-stage businesses by providing office space, guidance, and support to accelerate their growth. **Organization:** The Startup Zone; **Address:** 31 Peake Street, Charlottetown, Prince Edward Island, C1A 0G4; **Email:** N/A; **Website:** <https://www.startupzone.ca/>

The Perennia Innovation Centre

The Perennia Innovation Centre offers incubation space for agri-food and biotech businesses, including laboratories, offices, and meeting spaces. **Organization:** Perennia Food and Agriculture Inc.; **Address:** 173 Dr Bernie MacDonald Drive, Bible Hill, Nova Scotia, B6L 2H5; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/innovation-centre/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Dalhousie University's IDEA Project

The IDEA Project aims at expanding the university's engineering and architecture faculties to foster interdisciplinary collaboration and catalyze technological innovation and entrepreneurship. **Organization:** Dalhousie University; **Address:** 6299 South St, P.O. Box 15000, Halifax, NS B3H 4R2, Canada; **Email:** communications@dal.ca; **Website:** <https://www.dal.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta Labs

Volta Labs, as an innovation hub, often works in collaboration with other startup ecosystems to share experiences and support tech-based innovation. They provide mentorship, resources, and networking opportunities. **Organization:** Volta Labs; **Address:** 1505 Barrington St, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Atlantic Canada Opportunities Agency (ACOA)

ACOA works to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative and productive. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St #600, Halifax, NS B3J 3N4, Canada; **Email:** info@acoa-apeca.gc.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Research Nova Scotia

Research Nova Scotia is an independent organization that supports, organizes, and coordinates research funding and strategic opportunities for academics and researchers in the province.

Organization: Research Nova Scotia; **Address:** 1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4; **Email:** info@researchns.ca; **Website:** <https://researchns.ca/>

Nova Scotia Community College (NSCC) Applied Research

The NSCC provides opportunities for applied research in various sectors, including natural resources. Collaborations between industry and NSCC can facilitate research into mining technology to improve efficiency while being conscious of job preservation. **Organization:** Nova

Scotia Community College; **Address:** NSCC, 5685 Leeds St, PO Box 1153, Halifax, NS B3J 2X1; **Email:** research@nscc.ca; **Website:** <https://www.nscc.ca/>

Creative Destruction Lab (CDL) Atlantic

CDL Atlantic is a mentorship and seed-stage program for scalable science-based companies, strengthening the connection between academic research and entrepreneurial ventures in Atlantic Canada. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, Dalhousie University, 6100 University Ave, Halifax, NS B3J 2V8, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Craft Nova Scotia

Craft Nova Scotia, formerly known as the Nova Scotia Designer Crafts Council, is dedicated to promoting excellence in crafts and design. They organize craft markets, offer educational activities, and create opportunities for craftspeople to exhibit and sell their work, thereby supporting and celebrating the province's rich craft heritage. **Organization:** Craft Nova Scotia; **Address:** 1113 Marginal Rd, Halifax, NS B3H 4P7, Canada; **Email:** admin@craftnovascotia.ca; **Website:** <https://www.craftnovascotia.ca>

Cape Breton Centre for Craft & Design

This center serves as a hub for the celebration and promotion of crafts and design on Cape Breton Island. By providing education, marketing support, and a space for craftspersons to sell and showcase their works, this center aids in preserving and promoting local trades and crafts.

Organization: Cape Breton Centre for Craft & Design; **Address:** 322 Charlotte St, Sydney, NS B1P 1C8, Canada; **Email:** info@capebretoncraft.com; **Website:** <https://www.capebretoncraft.com>

Nova Scotia Folk Art Festival

This annual event showcases the province's folk art tradition, providing a venue for local artists to display and sell their unique crafts and artworks. The festival supports folk artists by celebrating their creative works and creating a market for their trade. **Organization:** Nova Scotia Folk Art Festival Society; **Address:** PO BOX 1063, Lunenburg, NS B0J 2C0, Canada; **Email:** info@nsfolkartfestival.com; **Website:** <http://www.nsfolkartfestival.com/>

Designer Craft Shop

Run by Craft Nova Scotia, the Designer Craft Shop features handcrafted items made by juried members of the organization. By providing a retail space on the Halifax waterfront, it ensures local artisans have a place to sell their works, thus supporting their trades and contributing to the local economy. **Organization:** Craft Nova Scotia; **Address:** 1099 Marginal Rd #116, Halifax, NS B3H 4P7, Canada; **Email:** shop@craftnovascotia.ca; **Website:** <https://www.craftnovascotia.ca/designer-craft-shop>

Nova Scotia Art and Craft Sale

This event brings together artists and craftspeople from across the province to sell their creations. It creates a platform for local craftspeople to reach a wider audience, thereby supporting their business endeavors and contributing to the preservation of local traditions. **Organization:** Nova

Scotia Art and Craft Sale; **Address:** Venue varies, check website for details; **Email:** info@nsartandcraftsale.com; **Website:** <https://www.nsartandcraftsale.com>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Halifax Partnership

The Halifax Partnership is Halifax's economic development organization. It works to keep, grow, and get business, talent, and investment in Halifax. It brings together all three levels of government, industry, post-secondary, and community partners to create and nurture the necessary relationships to see the economy flourish. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7; **Email:** contact@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Atlantic Canada Opportunities Agency (ACOA)

ACOA works to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative and productive. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St #600, Halifax, NS B3J 3N4, Canada; **Email:** info@acoa-apeca.gc.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

EduNova Co-operative Ltd

A nonprofit cooperative that focuses on promoting Nova Scotia as a destination for international students. While their primary focus is on education, attracting international students also brings indirect foreign investment tied to housing, service industries, and potential post-graduation retention. **Organization:** EduNova Co-operative Ltd; **Address:** 1809 Barrington Street, Suite 701, Halifax, NS B3J 3K8, Canada; **Email:** info@edunova.ca; **Website:** <https://studynovascotia.ca/>

The Invest in Canada office

Part of the broader federal effort, with the mandate to promote, attract, and retain foreign direct investment. It works in collaboration with provinces and territories like Nova Scotia.

Organization: Invest in Canada; **Address:** n/a; **Email:** n/a; **Website:** <https://www.investcanada.ca/>

902 Broadband Expansion

The project aimed at improving broadband internet availability across Nova Scotia to ensure that businesses and residents have access to high-speed internet. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Nova Scotia Transportation Infrastructure

Continual upgrades and maintenance of roads, highways, and bridges to improve transportation

networks across the province, facilitating better connectivity for businesses. **Organization:** Nova Scotia Department of Transportation and Infrastructure Renewal; **Address:** P.O. Box 186, Halifax, NS B3J 2N2; **Email:** Not publicly provided; **Website:** <https://novascotia.ca/tran/>

COVE (Centre for Ocean Ventures & Entrepreneurship)

COVE brings together people, ideas, industry, and research to help start and grow ocean tech companies. They encourage interdisciplinary work among businesses, non-profits, government, and academia. **Organization:** Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Innovacorp's Incubation Facilities

Innovacorp offers incubation facilities for technology startups, providing access to workspace, labs, and specialized equipment to help foster innovation and research. **Organization:** Innovacorp; **Address:** Innovacorp Enterprise Centre, 1344 Summer Street, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** [https://innovacorp.ca/](https://innovacorp.ca)

Nova Scotia Power Grid Upgrades

Investments into the electricity grid, including upgrading infrastructure and adopting smart grid technologies to ensure stable and reliable power distribution for businesses. **Organization:** Nova Scotia Power; **Address:** 1223 Lower Water Street, Halifax, NS B3J 3S8; **Email:** contactus@nspower.ca; **Website:** [https://www.nspower.ca/](https://www.nspower.ca)

Community Economic Development Investment Funds (CEDIF)

An investment program allowing Nova Scotians to invest in local enterprises, aimed at fostering economic growth in their communities. Investors receive tax benefits, and funds are used to support local businesses and projects. **Organization:** Government of Nova Scotia - Economic Development; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/programs/community-economic-development-investment-funds/>

Innovacorp - Early Stage Commercialization Fund (ESCF)

A fund designed to support the commercialization of innovative products, processes, and services in Nova Scotia, providing essential early-stage financial assistance. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8, Canada; **Email:** info@innovacorp.ca; **Website:** [https://innovacorp.ca/](https://innovacorp.ca)

Nova Scotia Co-operative Council - Community Economic Development Fund

Provides support and financing to co-operative projects that aim at economic development within communities through social enterprise, innovation, and entrepreneurship. **Organization:** Nova Scotia Co-operative Council; **Address:** 201-63 Victoria Rd, Lunenburg, NS B0J 2C0, Canada; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.nsco-opcouncil.ca/development-services/>

Creative Nova Scotia Leadership Council Grants

Grants supporting the arts and culture sector in Nova Scotia, fostering community engagement, innovation, and cultural development. **Organization:** Arts Nova Scotia; **Address:** 1747 Summer St, Halifax, NS B3H 3A6, Canada; **Email:** artsns@novascotia.ca; **Website:** <https://artsns.ca/>

Atlantic Canada Opportunities Agency (ACOA) - Business Development Program

Offers financial assistance to help small and medium-sized enterprises in Atlantic Canada to increase their competitiveness and productivity. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St #700, Halifax, NS B3J 3N4, Canada; **Email:** N/A; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/businessdevelopment.html>

Offshore Energy Research Association (OERA)

OERA facilitates and funds collaborative research in the offshore energy and environmental sector, including renewable energy and oil & gas, encouraging partnerships between academia, industry, and government. **Organization:** Offshore Energy Research Association of Nova Scotia; **Address:** 101-2045 Lakeshore Drive, Suite 412, Bedford, NS, B4A 0H3; **Email:** info@oera.ca; **Website:** <https://oera.ca>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

COVE

The Centre for Ocean Ventures & Entrepreneurship (COVE) is a collaborative facility for applied innovation in the ocean sector and provides a space where businesses, startups, research institutions, and individuals can collaborate. **Organization:** Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, NS, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com>

Creative Destruction Lab Atlantic

Helps scalable technology businesses succeed by providing mentorship and opportunities to collaborate with a network of entrepreneurs, investors, and other partners. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

HRM SmartTrip

HRM SmartTrip is a program designed to encourage sustainable transportation options such as carpooling, biking, and public transit among communities and workplaces in the Halifax Regional Municipality. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** None; **Website:** <https://www.halifax.ca/>

Dalhousie University Carpooling

Dalhousie offers a carpooling service for staff, faculty, and students to facilitate shared transportation options, reduce costs, and help the environment. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2; **Email:** sustainability@dal.ca; **Website:** <https://www.dal.ca/>

Carpool World Nova Scotia

Carpool World is a global platform that allows users in Nova Scotia to find others with similar commuting patterns to share rides with, thus reducing their carbon footprint and commuting costs. **Organization:** Carpool World; **Address:** N/A - Online Platform; **Email:** N/A - Contact through website form; **Website:** <https://www.carpoolworld.com/>

Rideshare Maritimes

Rideshare Maritimes is an online platform that helps connect drivers and passengers within the Maritime provinces for planned trips, providing an option to carpool for individuals traveling between cities and towns. **Organization:** Rideshare Maritimes; **Address:** N/A - Online Platform; **Email:** N/A - Contact through website form; **Website:** <https://maritimerideshare.com/>

Volunteer Drivers Program

A program that engages volunteers to provide transportation for seniors and disabled individuals who require assistance to travel to medical appointments, shopping, or social activities.

Organization: Kings Point-to-Point Transit; **Address:** PO Box 486, Kentville, NS B4N 3X3; **Email:** info@kptrip.ca; **Website:** <https://www.kptrip.ca/volunteer/>

Community Transit Volunteer Driver Program

A community-based service that provides affordable rides for residents who are unable to access public transportation, with a focus on seniors and individuals with disabilities. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <http://communitytransitns.ca/>

Rural Transportation Association (RTA) Volunteer Driver Service

A coordinate network of non-profit organizations and volunteer drivers providing affordable, door-to-door transportation services for non-emergency medical appointments and other quality-of-life trips. **Organization:** Rural Transportation Association; **Address:** N/A; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca/>

Halifax Transit's Moving Forward Together Plan

A long-term plan to improve public transit service in the Halifax region. It aims to provide more frequent and reliable service on key corridors and better service in underserved areas.

Organization: Halifax Transit; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:**

contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/moving-forward-together>

Rural Transportation Association (RuralRides)

RuralRides is a coordinated transportation service aimed at helping individuals, including seniors, in rural communities of Nova Scotia to access essential services. The service caters to older adults by providing them with accessible and affordable transportation options. **Organization:** Rural Transportation Association; **Address:** 153 Willow St, Truro, NS B2N 4Z9, Canada; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Community Transit Nova Scotia (CTNS)

An organization that works to improve the network of community-based, accessible, affordable transportation services throughout Nova Scotia, with focus on service improvement and expansion. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** n/a; **Website:** <https://communitytransitns.ca/>

Ferry Service Enhancement

Investment in ferry services to connect more communities, enhance tourism and provide additional options for public transportation, which can include upgrades to existing services and consideration of new routes. **Organization:** Nova Scotia Department of Transportation and Infrastructure Renewal; **Address:** P.O. Box 186, Halifax, N.S., Canada, B3J 2N2; **Email:** n/a; **Website:** <https://novascotia.ca/tran/>

Halifax Bike Share

Halifax Bike Share is aimed at improving the accessibility of bicycles within the Halifax region. They offer a mix of smart bikes which can be rented through a mobile app. The program is designed to allow short-term bike rentals for residents and visitors looking to travel short distances within the city. **Organization:** Halifax Bike Share; **Address:** N/A – Service covers various locations in Halifax; **Email:** N/A; **Website:** <https://www.halifaxbikeshare.ca/>

Cyclesmith Junior Bike Program

While not a traditional bike-sharing program, Cyclesmith offers a Junior Bike Program that allows children to trade in their outgrown bikes towards a new one. This initiative encourages cycling within the community by making it more affordable and accessible for families.

Organization: Cyclesmith; **Address:** 2553 Agricola St, Halifax, NS B3K 4C4; **Email:** info@cyclesmith.ca; **Website:** [https://www.cyclesmith.ca/](https://www.cyclesmith.ca)

Bike Again

Bike Again is a volunteer-run, do-it-yourself bike shop that provides space, tools, and some expertise to help people repair and build bikes. They offer used bikes by donation and host community build nights. Though not strictly a bike-sharing program, this organization contributes to the culture of bike sharing and sustainable transportation in the community. **Organization:** Ecology Action Centre – Bike Again; **Address:** 5663 Cornwallis Street, Halifax, NS; **Email:** bikeagain@ecologyaction.ca; **Website:** [https://www.ecologyaction.ca/](https://www.ecologyaction.ca)

HFXRideMatch

HFXRideMatch is a commute matching system aimed at helping people in the Halifax region find carpool partners. Through carpooling, individuals can save money, reduce wear and tear on their personal vehicle, and decrease their carbon footprint. **Organization:** Halifax Regional Municipality; **Address:** 1841 Argyle Street, Halifax, NS, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Casual Carpooling

Casual Carpooling is an informal ride-sharing initiative that operates in various locations around Nova Scotia. Commuters tend to gather at designated pick-up spots where they can join drivers heading towards common destinations, typically into major urban centres during peak hours.

Organization: Community-based Organizers; **Address:** N/A; **Email:** N/A; **Website:** N/A

Maritime Rideshare

Maritime Rideshare is a dedicated online platform that connects drivers and passengers looking for travel companions within the Maritimes. The platform supports longer inter-city trips rather than the daily commute. **Organization:** Maritime Rideshare; **Address:** N/A; **Email:** N/A; **Website:** <https://maritimerideshare.com>

Dalhousie University Carpool Program

A carpool matching service for students, faculty, and staff at Dalhousie University to encourage sustainable transportation. Users can form or join carpools and benefit from discounted parking rates. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** sustainability@dal.ca; **Website:** https://www.dal.ca/dept/sustainability/campus_initiatives/transportation/carpool.html

Poparide

Poparide is a long-distance ride-sharing service that offers a platform to connect drivers and passengers traveling to or from Nova Scotia. While not exclusively for short commutes, it offers a way for people to share rides across cities and towns in Nova Scotia. **Organization:** Poparide; **Address:** N/A; **Email:** support@poparide.com; **Website:** <https://www.poparide.com>

Rural Transportation Association (RTA)

The RTA, also known as Rural Rides, is a collection of non-profit organizations aimed at providing affordable and accessible transportation services for rural residents in Nova Scotia, including ride-sharing programs and community-based transit options. **Organization:** Rural Transportation Association; **Address:** Various locations across rural Nova Scotia; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Kings Transit Authority

A public transit service providing bus service connecting communities across Kings County and surrounding areas, including some rural areas. They are focused on expanding and adapting routes to better serve remote communities. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, NS B4N 3G7; **Email:** info@kingstransit.ns.ca; **Website:** <http://www.kingstransit.ns.ca>

Community Wheels

Community Wheels is a non-profit, community-based transportation service in Chester and area. It provides a door-to-door, wheelchair-accessible bus for residents who do not have access to other forms of transportation. **Organization:** Coastal Communities Network; **Address:** N/A - Serving Chester and Area, Nova Scotia; **Email:** communitywheels@chestermunicipality.ca; **Website:** <http://www.communitywheels.ca>

Antigonish Community Transit

Antigonish Community Transit provides a door-to-door transit service in the Antigonish area with a goal of offering accessible transportation to all, including seniors, individuals with disabilities, and those in need of affordable transport. **Organization:** Antigonish Community Transit Society; **Address:** 204 Kirk St Unit 1, Antigonish, NS B2G 2R5; **Email:** info@antigonishcommunitytransit.ca; **Website:** <https://antigonishrda.org/antigonish-community-transit/>

Rural Transportation Funding Program

A government initiative that provides funding to improve and maintain transportation infrastructure such as local roads and bridges in rural areas. **Organization:** Government of Nova Scotia; **Address:** Province House, 1726 Hollis St, Halifax, NS B3J 2Y3, Canada; **Email:** N/A - use contact form on website; **Website:** <https://novascotia.ca/tran/>

The Blue Route

Provincial cycling network that aims to connect communities across Nova Scotia through designated biking routes, promoting cycling for transportation and tourism. **Organization:** Bicycle Nova Scotia; **Address:** N/A; **Email:** blueroute@bicycle.ns.ca; **Website:** <https://blueroute.ca/>

Move Forward Together

A long-term plan which includes the improvement of public transportation options for rural and isolated areas including the creation of better connections across the province. **Organization:** Halifax Regional Municipality; **Address:** P.O. Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/moving-forward-together>

Nova Scotia Ferry Services

Ongoing maintenance and improvement of ferry services that serve as critical transportation links for isolated regions in Nova Scotia. **Organization:** Marine Atlantic; **Address:** PO Box 250, North Sydney, NS B2A 3M3, Canada; **Email:** N/A - use contact form on website; **Website:** <https://www.marineatlantic.ca>

Cape Breton Island - Mainland Ferry Services Advocacy

Advocacy and support for the continuation and enhancement of ferry services between Cape Breton Island and the Nova Scotia mainland. **Organization:** Cape Breton Regional Municipality; **Address:** 320 Esplanade, Sydney, NS B1P 7B9, Canada; **Email:** clerk@cbreigon.ca; **Website:** <https://www.cbrm.ns.ca/>

Valley Regional Enterprise Network

Focuses on driving economic development in the Annapolis Valley region by engaging with local leaders and businesses to create jobs and opportunities in rural areas. **Organization:** Valley Regional Enterprise Network; **Address:** 35 Oakdene Avenue, Kentville, NS B4N 2A4; **Email:** info@valleyren.ca; **Website:** <https://www.valleyren.ca>

Remote Work Policy Implementation

The Government of Nova Scotia has implemented a flexible work policy which encourages public service employees to work remotely when possible, aiming to create a more modern and efficient workforce. **Organization:** Government of Nova Scotia; **Address:** One Government Place, 1700 Granville St, Halifax, NS B3J 1X5, Canada; **Email:** None; **Website:** <https://novascotia.ca>

Digital Nomad Initiative

Cape Breton offers support and resources for digital nomads and remote workers, encouraging telecommuting as a way to boost the local economy and reduce travel. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra St, Sydney, NS B1S 2E8, Canada; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com>

Telecommuting Support Programs

Dalhousie University offers resources and tools to its employees to facilitate remote work and virtual meetings, contributing to a reduced carbon footprint. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** None; **Website:** <https://www.dal.ca>

Startup Zone Virtual Incubator

This virtual incubator program supports early-stage companies, encouraging the use of virtual meetings and remote collaboration, reducing the necessity for physical office space.

Organization: Startup Zone; **Address:** 31 Queen St, Charlottetown, PE C1A 4A4, Canada; **Email:** info@startupzone.ca; **Website:** <https://www.startupzone.ca>

Virtual Conferencing Adoption

Many small and medium enterprises in Halifax have transitioned to using virtual conferencing tools for meetings, supported by local business associations providing information and resources.

Organization: Halifax Chamber of Commerce; **Address:** 32 Akerley Blvd, Dartmouth, NS B3B 1N1, Canada; **Email:** info@halifaxchamber.com; **Website:** <https://www.halifaxchamber.com>

Rural Transportation Association (RTA)

The RTA, also known as Rural Rides, is a collection of non-profit organizations aimed at providing affordable and accessible transportation services for rural residents in Nova Scotia, including ride-sharing programs and community-based transit options. **Organization:** Rural Transportation Association; **Address:** Various locations across rural Nova Scotia; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

CarShare Atlantic

CarShare Atlantic offers a car-sharing service that provides access to vehicles for short-term

rental and is based in Halifax but also aims to serve surrounding communities. It allows members to book a vehicle for as little as an hour or for several days. **Organization:** CarShare Atlantic; **Address:** 5793 Charles St, Halifax, NS B3K 1K7, Canada; **Email:** info@carshareatlantic.ca; **Website:** <https://www.carshareatlantic.ca>

Community Wheels

Community Wheels is a community-based transportation service providing door-to-door transportation for seniors and people with disabilities in rural areas, thus reducing isolation.

Organization: Community Wheels; **Address:** N/A; **Email:** N/A; **Website:** <http://communitywheels.ca/>

Mods Community Transportation

Mods Transportation provides affordable, booked-in-advance, door-to-door rides for seniors, persons with disabilities, and others in Pictou County who are in need of transportation assistance. **Organization:** Mods Transportation; **Address:** This service operates in Pictou County, Nova Scotia.; **Email:** N/A; **Website:** N/A

Marine Weather Forecast and Warnings

Environment and Climate Change Canada provides marine forecasts and warnings for the maritime region, which includes Nova Scotia. These forecasts are crucial for the fishing industry to plan and operate safely. **Organization:** Environment and Climate Change Canada; **Address:** 45 Alderney Drive, 16th Floor, Dartmouth, Nova Scotia, B2Y 2N6; **Email:** ec.enviroinfo.ec@canada.ca; **Website:** https://weather.gc.ca/marine/region_e.html?mapID=15

Atlantic Zone Monitoring Program

This program, run by the Bedford Institute of Oceanography, monitors oceanographic conditions in the Northwest Atlantic, including Nova Scotia waters. The data collected is used to improve weather forecasting and environmental risk assessments. **Organization:** Bedford Institute of Oceanography; **Address:** 1 Challenger Drive, Dartmouth, Nova Scotia, B2Y 4A2; **Email:** info@dfo-mpo.gc.ca; **Website:** <http://www.bio.gc.ca/>

SmartATLANTIC

SmartATLANTIC is an initiative that includes the implementation of high-resolution weather forecasting models to improve safety, efficiency, and productivity for various industries in Atlantic Canada. **Organization:** SmartBay; **Address:** Not available; **Email:** Not available; **Website:** <https://www.smartatlantic.ca/Halifax/>

Dalhousie University Weather Forecasting

Through the Department of Atmospheric Science at Dalhousie University, research is conducted on numerical weather prediction, data assimilation, and the role of the ocean in weather and climate. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, Nova Scotia, B3H 4R2; **Email:** webmaster@dal.ca; **Website:** <https://www.dal.ca/>

Canadian Hurricane Centre

The Canadian Hurricane Centre operates within the Meteorological Service of Canada and Environment and Climate Change Canada, providing hurricane forecasts and information which

includes the Atlantic Canadian region. **Organization:** Canadian Hurricane Centre; **Address:** 16th Floor, 45 Alderney Drive, Dartmouth, Nova Scotia, B2Y 2N6; **Email:** hurricane@canada.ca; **Website:** <https://www.canada.ca/en/environment-climate-change/services/hurricane-centre.html>

SmartAtlantic Herring Cove Buoy

The SmartAtlantic Herring Cove Buoy is an advanced weather monitoring and data collection system providing real-time information for marine activities, including the fishing industry. The buoy data is used to make informed decisions on vessel navigation and safety. **Organization:** Canadian Coast Guard in partnership with the Marine Environmental Observation Prediction and Response (MEOPAR) network and other partners; **Address:** Not Specified; **Email:** Not Publicly Available; **Website:** <https://smartatlantic.ca/HerringCove/>

Centre for Ocean Ventures & Entrepreneurship (COVE)

COVE is a facility for applied innovation in the ocean sector and a collaborative space for businesses, start-ups, researchers and marine technology enthusiasts to work on the development of ocean technology. They focus on various research and development projects, including those that can foster innovation within the traditional fishing industry. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Geomatics Association of Nova Scotia (GANS)

GANS promotes the use of geomatics in various industries in Nova Scotia, including mining and fisheries. They foster the application of geographic information system (GIS) technologies for better resource management and planning. **Organization:** Geomatics Association of Nova Scotia (GANS); **Address:** Not Specific - Virtual Organization; **Email:** info@gans.ca; **Website:** <https://gans.ca/>

Nova Scotia's Ocean Hub

Nova Scotia's Ocean Hub is an online platform that showcases the province's investments in ocean technology and innovation. It features various projects and companies that drive advanced technology in industries including fisheries and ocean sciences. **Organization:** Government of Nova Scotia; **Address:** Not Specified; **Email:** Not Publicly Available; **Website:** <https://novascotiaoceanhub.com/>

Mining Association of Nova Scotia (MANS)

MANS advocates for sustainable mining in Nova Scotia and supports the use of advanced technology to improve the environmental performance of the mining sector, increase the safety of operations, and ensure efficient resource extraction. **Organization:** Mining Association of Nova Scotia; **Address:** PO Box 2222, Halifax, NS B3J 3C4; **Email:** info@tmans.ca; **Website:** <http://tmans.ca/>

Safe at Sea Alliance

The Safe at Sea Alliance is a program focused on ensuring the safety of fishermen in Nova Scotia by promoting safety on the water, adherence to regulations, and the use of proper safety equipment. **Organization:** Fisheries Safety Association of Nova Scotia; **Address:** 38 Bluewater

Rd, Bedford, NS B4B 1G7, Canada; **Email:** info@fisheriessafety.ca; **Website:** <http://www.fisheriessafety.ca/>

Workplace Safety Strategy for Nova Scotia 2013-2017

Though this strategy covers a broader range of workplace safety beyond just adverse weather, it includes protocols and regulations to minimize risks in industries sensitive to weather conditions. **Organization:** Workplace Safety & Insurance Board (WSIB) of Nova Scotia and Department of Labour and Advanced Education; **Address:** PO Box 697, Halifax, NS B3J 2T8, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/>

Emergency Preparedness and Response in Nova Scotia

This initiative encompasses emergency management planning which includes implementing safety regulations and protocols to protect workers in industries during severe weather emergencies. **Organization:** Nova Scotia Emergency Management Office (EMO); **Address:** Suite 200, 1660 Hollis St., Halifax, NS B3J 1V7, Canada; **Email:** askEMO@novascotia.ca; **Website:** <https://novascotia.ca/dma/emo/>

Occupational Health and Safety Regulations

Nova Scotia has specific Occupational Health and Safety Regulations that outline the responsibilities of employers to ensure the health and safety of everyone at the workplace which includes adequate preparation for adverse weather conditions. **Organization:** Nova Scotia Labour and Advanced Education - Occupational Health and Safety Division; **Address:** 5151 Terminal Rd, Halifax, NS B3J 2T8, Canada; **Email:** ohs.division@novascotia.ca; **Website:** <https://novascotia.ca/lae/healthandsafety/>

Fisheries Safety Association of Nova Scotia (FSANS) - Safety Programs

FSANS offers a variety of safety programs, including training and education for fishermen to improve safety at sea, including dealing with adverse weather conditions. **Organization:** Fisheries Safety Association of Nova Scotia; **Address:** 38 Bluewater Rd, Bedford, NS B4B 1G7, Canada; **Email:** info@fisheriessafety.ca; **Website:** <https://www.fisheriessafety.ca>

Marine Environmental Observation Prediction and Response Network (MEOPAR)

Established by the federal government, MEOPAR is a network that connects top marine researchers across the country with highly qualified personnel, partners in industry, government, and non-governmental organizations. The network's aim is to ensure Canada's coastal regions are safe, sustainable, and prosperous. One aspect of their work includes enhancing collaboration and information sharing in marine weather forecasting and response. **Organization:** MEOPAR; **Address:** Dalhousie University, 1355 Oxford St, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** info@meopar.ca; **Website:** [http://www.meopar.ca/](http://www.meopar.ca)

Storm Prediction Center - Environment and Climate Change Canada

Environment and Climate Change Canada operates the Storm Prediction Centers in Canada, including Atlantic Canada. These centers provide timely weather forecasts, warnings, and consultations. They engage with the community, including local governments and industry stakeholders, to share information and help improve weather preparedness. **Organization:** Environment and Climate Change Canada; **Address:** 45 Alderney Drive, Dartmouth, Nova

Scotia, Canada, B2Y 2N6; **Email:** ec.enviroinfo.ec@canada.ca; **Website:** https://weather.gc.ca/mainmenu/contact_us_e.html

The Atlantic Pilotage Authority (APA) Technology Initiatives

APA has implemented various technology initiatives to improve marine safety and efficiency in piloted waters. Collaborative tools and information-sharing platforms are part of their approach to enhance the communication between pilots and other stakeholders such as shipping companies and port authorities in adverse weather conditions. **Organization:** Atlantic Pilotage Authority; **Address:** 5071 George Street, Suite 400, Halifax, Nova Scotia, Canada, B3J 1M4; **Email:** apa@atlanticpilotage.com; **Website:** <https://www.atlanticpilotage.com/>

ACOA-AIF COINAtlantic Project

The Coastal and Ocean Information Network Atlantic (COINAtlantic) is a project funded by the Atlantic Canada Opportunities Agency through the Atlantic Innovation Fund. It aims to improve access to coastal and ocean data and information for Atlantic Canada by promoting the sharing, integration, and collaboration of data from various sources. **Organization:** Coastal and Ocean Information Network Atlantic; **Address:** Dalhousie University, 1355 Oxford St, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** coinatlantic@coinatlantic.ca; **Website:** <https://coinatlantic.ca/>

Clear Seas Centre for Responsible Marine Shipping

An independent research center that promotes safe and sustainable marine shipping in Canada. Collaborates with government, industry stakeholders, Indigenous peoples, environmental groups, and other members of the maritime community to share knowledge, including on how to operate safely in challenging weather conditions. **Organization:** Clear Seas Centre for Responsible Marine Shipping; **Address:** Urchin Property Management Building, 99 Wyse Road, Suite 1340, Dartmouth, Nova Scotia B3A 4S5, Canada; **Email:** info@clearseas.org; **Website:** <https://clearseas.org/en/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Creative Destruction Lab Atlantic

Helps scalable technology businesses succeed by providing mentorship and opportunities to collaborate with a network of entrepreneurs, investors, and other partners. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Volta Cohort

Volta Cohort is a partnership which supports early-stage technology companies in Atlantic Canada. It provides investment and mentorship to help companies grow, thus supporting industry

diversification in Nova Scotia. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Nova Scotia Business Inc.

Nova Scotia Business Inc. (NSBI) works to attract global investment to create new jobs across the province and to work with companies in all communities to be more successful exporters. Their work includes sector diversification and they have initiatives that support various industries.

Organization: Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Farm Investment Fund

Support for agricultural producers to invest in infrastructure and equipment that can improve farm viability, adaptability, and sustainability. This includes funding to improve responses to climate change and extreme weather conditions. **Organization:** Nova Scotia Department of Agriculture; **Address:** P.O. Box 2223, Halifax, Nova Scotia, B3J 3C4; **Email:** NSDAgriculture@novascotia.ca; **Website:** <https://novascotia.ca/programs/farm-investment-fund/>

Small Business Impact Grant

Provides financial aid to small businesses affected by the COVID-19 pandemic, with adaptability to extend support to businesses facing similar revenue declines from other crises, including extreme weather events. **Organization:** Nova Scotia Department of Business; **Address:** 8 South, Maritime Centre, 1505 Barrington Street, Halifax, Nova Scotia, B3J 3K5; **Email:** BUSIWeb@novascotia.ca; **Website:** <https://novascotia.ca/coronavirus/small-business-impact-grant/>

Emergency Management Office (EMO) Recovery and Reconstruction

Oversees the disaster financial assistance arrangements program which provides assistance for Nova Scotians to recover from emergency events, including extreme weather. **Organization:** Nova Scotia Emergency Management Office (EMO); **Address:** Suite 200, 1681 Granville Street, Halifax, Nova Scotia, B3J 1X4; **Email:** emo@novascotia.ca; **Website:** <https://novascotia.ca/dma/emo/>

Agriculture Production Insurance

Provides coverage for losses of crops due to natural hazards, including weather-related risks. It helps stabilize farmers' incomes and encourage investment in their operations. **Organization:** Nova Scotia Crop and Livestock Insurance Commission; **Address:** Harlow Institute Building, 60 Research Drive, Bible Hill, Nova Scotia, B6L 2R2; **Email:** NSFARMLOAN@novascotia.ca; **Website:** <https://novascotia.ca/>

HomeWarming

While primarily focused on energy efficiency, HomeWarming offers assistance to low-income homeowners in Nova Scotia to make home upgrades, which could include improvements to withstand extreme weather conditions. **Organization:** Efficiency Nova Scotia; **Address:** 230 Brownlow Ave, Suite 300, Dartmouth, Nova Scotia, B3B 0G5; **Email:** info@efficiencyns.ca; **Website:** <https://www.efficiencyns.ca/>

Ocean Frontier Institute

An international hub for ocean research, the Ocean Frontier Institute collaborates with government, industry, and academia to drive innovation in ocean science and technology. OFI focuses on sustainable ocean management and the development of a strong blue economy.

Organization: Ocean Frontier Institute; **Address:** Dalhousie University, 6299 South St, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** info@oceanfrontierinstitute.com; **Website:** <https://oceanfrontierinstitute.com>

Vershuren Centre for Sustainability in Energy & the Environment

The Verschuren Centre is a hub for sustainable technology development, working on projects that include clean technology, bio-resources, and renewable energy. They conduct research and seek innovative solutions to problems faced by industries, including fishing and mining, particularly in the context of sustainability and environmental impact mitigation. **Organization:** Cape Breton University; **Address:** P.O. Box 5300, 1250 Grand Lake Road, Sydney, NS B1P 6L2, Canada; **Email:** vershurencentre@cbu.ca; **Website:** <https://vershurencentre.ca>

Offshore Energy Research Association (OERA)

OERA facilitates research collaborations between the energy industry, including the mining sector, and academia to tackle collective challenges related to offshore energy development in Nova Scotia. Such collaborations aim to enhance the province's competitive edge in the global energy market. **Organization:** Offshore Energy Research Association; **Address:** 501-1801 Hollis St, Halifax, NS B3J 3N4, Canada; **Email:** info@oera.ca; **Website:** <https://oera.ca>

Clean Foundation

The Clean Foundation promotes environmental sustainability in Nova Scotia and includes community involvement in its Clean Leadership programs, which provide hands-on sustainability projects, including supporting local community centers with green initiatives. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Applied Geomatics Research Group

This research group at Nova Scotia Community College focuses on geomatics strategies to address environmental, natural resource, and land management challenges. Their work often supports industries like fishing and mining through the development of spatial data analytics and other technologies. **Organization:** Nova Scotia Community College; **Address:** Centre of Geographic Sciences, 50 Elliott Road, Lawrencetown, NS B0S 1M0, Canada; **Email:** contact@nscc.ca; **Website:** <https://www.nscc.ca/>

Centre for Ocean Ventures & Entrepreneurship (COVE)

COVE brings together people, ideas, industry, and research to help the ocean technology sector grow by supporting collaborative projects and shared infrastructure. **Organization:** Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Clearwater Seafoods Sustainability Programs

Clearwater Seafoods is a company in Nova Scotia that focuses on sustainable seafood harvesting.

Their practices are designed to minimize the impact on the marine environment and ensure the long-term sustainability of fish stocks. **Organization:** Clearwater Seafoods; **Address:** 757 Bedford Highway, Bedford, Nova Scotia, Canada, B4A 3Z7; **Email:** info@clearwater.ca; **Website:** <https://www.clearwater.ca/en/sustainability/>

Ocean Wise Seafood Program

The Ocean Wise program works directly with restaurants, markets, food services, and suppliers to ensure they have the most current scientific information regarding seafood and help them make ocean-friendly buying decisions. **Organization:** Ocean Wise Conservation Association; **Address:** N/A; **Email:** seafood@ocean.org; **Website:** <https://seafood.ocean.org>

The Clean Foundation's Various Environmental Programs

Clean Foundation offers services and programs that provide knowledge, tools, and inspiration to make environmental action commonplace across Nova Scotia. This includes projects focused on climate change adaptation and sustainable practices among communities and industries.

Organization: Clean Foundation; **Address:** 126 Portland St, Dartmouth, Nova Scotia, Canada, B2Y 1H8; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca/>

EcoNova Scotia – Funding for Environmental Projects

The EcoNova Scotia program provides funding for local environmental projects that aim to reduce greenhouse gas and air pollutant emissions. Through this effort, the government aids in promoting sustainability in various sectors, including fishing and mining industries in Nova Scotia. **Organization:** The Government of Nova Scotia; **Address:** PO Box 442, Halifax, Nova Scotia, Canada, B3J 2P8; **Email:** ecoaction@novascotia.ca; **Website:** <https://novascotia.ca/>

Sustainable Seafood Market Innovation Lab (SSMIL)

This Lab works with stakeholders, including fishers, regulators, and communities, to improve the sustainability of fisheries and aquaculture. It encourages innovation and best practices in seafood purchasing and consumption in Nova Scotia. **Organization:** Dalhousie University – Faculty of Management; **Address:** Kenneth C. Rowe Management Building, Dalhousie University, 6100 University Avenue, Halifax, Nova Scotia, Canada, B3H 4R2; **Email:** management@dal.ca; **Website:** <https://www.dal.ca/>

Environmental Stewardship Program (ESP)

The ESP offers financial incentives to mining companies that go beyond regulatory requirements in their efforts to mitigate environmental impacts. It encourages practices that can lead to improved environmental performance and better management of the ecological challenges posed by mining activities. **Organization:** Mining Association of Nova Scotia; **Address:** PO Box 22015, Halifax, Nova Scotia, Canada, B3L 4T7; **Email:** info@tmans.ca; **Website:** <https://tmans.ca/>

Halifax Central Library

A modern public library and community space that offers a range of services, including meeting rooms, public lectures, events, and a space for community members to gather and learn. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9,

Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Dartmouth North Community Centre and Library

Offers a community space with a library, providing books, internet access, and educational programs for neighborhood residents. **Organization:** Dartmouth North Community Food Centre; **Address:** 6 Primrose St Unit 140, Dartmouth, NS B3A 4C5, Canada; **Email:** info@cfccanada.ca; **Website:** <https://www.dartmouthfamilycentre.ca/dartmouth-north-community-food-centre>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

Cape Breton University - Community Learning and Innovation Centre

This center offers educational programs, computer workshops, and other learning opportunities for the community. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Rd, Sydney, NS B1P 6L2, Canada; **Email:** info@cbu.ca; **Website:** <https://www.cbu.ca/>

PeopleWorx

Provides community-based learning through workshops, employment support, computer training, and other programs for people in need. **Organization:** PeopleWorx; **Address:** 35 Park St, Kentville, NS B4N 3G9, Canada; **Email:** info@peopleworx.ca; **Website:** <https://www.peopleworx.ca/>

The HUB South Shore

A community learning center offering a place for work, learning, and innovation with access to high-speed internet and various educational opportunities. **Organization:** The HUB South Shore; **Address:** 21B Lower LaHave Rd, Bridgewater, NS B4V 2W7, Canada; **Email:** info@hubsouthshore.ca; **Website:** <http://www.hubsouthshore.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

COVE - Centre for Ocean Ventures & Entrepreneurship

COVE fosters collaborative relationships among educational institutions such as NSCC (Nova Scotia Community College) and local businesses. It focuses on ocean technology and includes hands-on learning experiences and training programs in the marine sector. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Skills Canada - Nova Scotia

Skills Canada - Nova Scotia works closely with educational partners to organize skills

competitions and trade and technology challenges among students. These events often lead to more in-depth training programs and apprenticeships in various trades. **Organization:** Skills Canada - Nova Scotia; **Address:** 14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0; **Email:** info@skillsns.ca; **Website:** <https://skillsns.ca>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Junior Achievement Nova Scotia

Offers programs that focus on financial literacy, work readiness, and entrepreneurship, often delivered through mentorship, to students across Nova Scotia, including more remote communities. **Organization:** Junior Achievement Nova Scotia; **Address:** Suite 201, 33 Alderney Drive, Dartmouth, NS B2Y 2N4; **Email:** jans @janovascotia.ca; **Website:** <https://www.janovascotia.ca/>

Nova Scotia Community College (NSCC) Scholarships and Bursaries

NSCC offers a variety of scholarships and bursaries to assist students with the costs of their education. These cover tuition, books, and other expenses. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** ask@nscc.ca; **Website:** <https://www.nscc.ca/>

Nova Scotia Scholarships Program

The province of Nova Scotia provides various scholarships to high school students entering post-secondary education, including the Nova Scotia Scholarships Program, which supports academic achievement and encourages students to stay in the province. **Organization:** Government of Nova Scotia, Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, NS B3J 2S9, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/educators/scholarships/>

Dalhousie University Entrance Scholarships

Dalhousie University offers entrance scholarships to first-year students based on academic achievement, with some scholarships also considering financial need. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** awards@dal.ca; **Website:** https://www.dal.ca/admissions/money_matters/funding_sources/scholarships.html

Killam Predoctoral Scholarships

These scholarships provide financial support for high-caliber doctoral students at Dalhousie University. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** awards@dal.ca; **Website:** <https://www.dal.ca>/

Saint Mary's University Entrance Scholarships

Saint Mary's University awards scholarships to international and domestic students with

outstanding academic records enrolling in undergraduate programs. **Organization:** Saint Mary's University; **Address:** 923 Robie St, Halifax, NS B3H 3C3, Canada; **Email:** service.centre@smu.ca; **Website:** <https://smu.ca/>

Mentorship Program for Immigrant Professionals

This program connects immigrant professionals with experienced mentors in their field to help them gain local insights, build networks, and improve employment prospects. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

Fusion Halifax Mentorship Program

Aims to pair young professionals and students with experienced mentors in the Halifax region to foster career growth and professional development. **Organization:** Fusion Halifax; **Address:** Not specified (operates in various locations around Halifax, NS); **Email:** info@fusionhalifax.ca; **Website:** <https://fusionhalifax.ca/>

Junior Achievement Nova Scotia Mentorship

Provides mentorship to youth, offering programs that teach financial literacy, entrepreneurial skills, and workplace readiness with the help of professional volunteers. **Organization:** Junior Achievement Nova Scotia; **Address:** JA Nova Scotia, 650 Sackville Drive, Unit 5A, Lower Sackville, NS B4C 2S3; **Email:** info@janovascotia.ca; **Website:** <https://janovascotia.ca/>

Techsploration Mentorship Program

Connects young women in grades nine through twelve with mentors in science, trades, engineering, and technology, aiming to increase female participation in these fields.

Organization: Techsploration; **Address:** 26 Cumming Drive, Alton, NS B0N 2J0, Canada; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

NextGen Leadership Program

The NextGen Leadership Program connects business leaders with next-generation thought leaders and provides them with a platform for mentorship. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Blvd, Dartmouth, Nova Scotia B3B 1N1, Canada; **Email:** info@halifaxchamber.com; **Website:** <https://www.halifaxchamber.com/>

Nova Scotia Community College Online Learning

NSCC offers a range of online courses and programs to help individuals gain skills and education. Programs cover various fields such as business, technology, and health services. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** info@nscc.ca; **Website:** https://www.nscc.ca/learning_programs/online_learning/index.asp

Labor and Advanced Education Adult Learning Program

The province of Nova Scotia provides an adult learning program that offers high school completion for adults, including a number of online options to accommodate different learning needs. **Organization:** Department of Labor and Advanced Education; **Address:** 2021 Brunswick

St, PO Box 578, Halifax, NS B3J 2S9, Canada; **Email:** n/a; **Website:** <https://novascotia.ca/programs/adult-learning-program/>

Dalhousie University Online Learning

Dalhousie University provides various online courses for professional development, continuing education, and degree programs to enhance accessibility for learners across various disciplines.

Organization: Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** dal.ca/contactdal.html; **Website:** https://www.dal.ca/academics/online_learning.html

Coursera for Nova Scotia

Through a partnership with Coursera, Nova Scotians have access to a wide range of free online courses from leading universities and companies. This initiative aims at upskilling and reskilling workers in the province. **Organization:** Coursera in partnership with the Province of Nova Scotia; **Address:** n/a; **Email:** n/a; **Website:** <https://www.coursera.org/government/workforce-recovery>

Nova Scotia's Virtual School (NSVS)

NSVS offers a variety of online courses for high school students throughout the province. The purpose is to provide a diverse and flexible learning environment. **Organization:** Province of Nova Scotia - Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, Halifax, NS, Canada; **Email:** n/a; **Website:** <https://nsvs.ednet.ns.ca/>

Atlantic Canada Language Academy Online

Offering online language courses, including English as a Second Language (ESL), to students locally and internationally. ACLA has tailored programs for improving communication skills.

Organization: Atlantic Canada Language Academy; **Address:** PO Box 1599, Lunenburg, NS B0J 2C0, Canada; **Email:** info@aclanguage.ca; **Website:** <https://www.aclanguage.ca/>

Nova Scotia School for Adult Learning (NSSAL)

The NSSAL offers programs for adults who wish to improve their literacy skills or complete their high school diploma. Programs are tailored to adult learners and are offered at various locations throughout Nova Scotia. **Organization:** Department of Labour and Advanced Education, Government of Nova Scotia; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, Nova Scotia, B3J 2S9; **Email:** n/a; **Website:** <https://novascotia.ca/programs/adult-learning/>

Literacy Nova Scotia

Literacy Nova Scotia provides support for adult literacy and upgrading programs throughout the province. Their offerings include financial support for students, professional development for educators, and public awareness campaigns. **Organization:** Literacy Nova Scotia; **Address:** 80 Walker Street, Truro, Nova Scotia, B2N 4A9; **Email:** info@literacyns.ca; **Website:** <https://www.literacyns.ca/>

Nova Scotia Community College (NSCC) Adult Learning Program

The NSCC offers an Adult Learning Program (ALP) that helps adults to earn their high school diploma. The program provides a range of subjects and flexible scheduling to accommodate adult

learners. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds Street, P.O. Box 1153, Halifax, Nova Scotia, B3J 2X1; **Email:** ask@nscc.ca; **Website:** <https://www.nscc.ca/>

Workers' Compensation Board of Nova Scotia - Workplace Education Initiative

The Workplace Education Initiative provides free educational programs to help Nova Scotian workers develop and improve their literacy and essential skills for work, learning, and life.

Organization: Workers' Compensation Board of Nova Scotia; **Address:** 5668 South Street, Halifax, Nova Scotia, B3J 2Y2; **Email:** askus@wcb.ns.ca; **Website:** <https://www.wcb.ns.ca/>

The Halifax Public Libraries - Adult Learning Programs

The Halifax Public Libraries offer various learning opportunities for adults including language learning, technology tutorials, and various workshops for skill development. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Road, Halifax, Nova Scotia, B3J 1E9; **Email:** asklibrarian@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Nova Scotia Community College (NSCC) Foundation Scholarships

The NSCC Foundation offers various scholarships to students attending the Nova Scotia Community College. These scholarships are often funded by local businesses, community groups, and individual donors to support students in their educational pursuits. **Organization:** NSCC Foundation; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** foundation@nscc.ca; **Website:** <https://www.nscc.ca/>

The Community Foundation of Nova Scotia Scholarships

The Community Foundation of Nova Scotia manages a number of different scholarships created by individuals and organizations to support local students. These scholarships often focus on specific fields of study or communities within Nova Scotia. **Organization:** Community Foundation of Nova Scotia; **Address:** 1888 Brunswick St, Suite 806, Halifax, NS B3J 3J8, Canada; **Email:** info@cfns-fcne.ca; **Website:** <https://cfns-fcne.ca/>

Dalhousie University Entrance Scholarships

Dalhousie University offers entrance scholarships to first-year students based on academic achievement, with some scholarships also considering financial need. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** awards@dal.ca; **Website:** https://www.dal.ca/admissions/money_matters/funding_sources/scholarships.html

Cape Breton University Scholarships & Bursaries

Cape Breton University provides scholarships and bursaries, many of which are sponsored by local businesses, non-profits, and private donors. These financial awards are aimed at supporting students from various backgrounds as they pursue higher education. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Rd, Sydney, NS B1M 1A2, Canada; **Email:** info@cbu.ca; **Website:** <https://www.cbu.ca/future-students/scholarships-bursaries/>

Financial Literacy Workshops

Series of workshops focused on improving financial literacy among community members, including topics like budgeting, saving, investing, and understanding credit. **Organization:**

Credit Counselling Services of Atlantic Canada; **Address:** 6080 Young St #501, Halifax, NS B3K 5L2, Canada; **Email:** info@solveyourdebts.com; **Website:** <https://www.solveyourdebts.com>

Entrepreneurship Training Program

Program offering entrepreneurship training and mentorship to help individuals start and grow their businesses. **Organization:** CEED - Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca>

Digital Skills Training

Workshops on digital literacy and skills for the community, including basic computer skills, internet safety, and how to use various digital tools. **Organization:** Nova Scotia Community College; **Address:** Various campus locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Seniors Learning Series

A variety of workshops aimed at seniors, covering topics from health and wellness to technology and financial planning. **Organization:** Seniors' College Association of Nova Scotia; **Address:** Halifax, NS, Canada; **Email:** info@theSCANS.ns.ca; **Website:** <https://www.thescans.ns.ca>

Business Skills for Creative Souls Workshop

A workshop designed for artists and creative individuals to learn business skills relevant to their field, including marketing, sales, and financial management. **Organization:** Visual Arts Nova Scotia; **Address:** 1113 Marginal Rd, Halifax, NS B3H 4P7, Canada; **Email:** info@visualarts.ns.ca; **Website:** <https://www.visualarts.ns.ca>

Advocacy for Increased Education Funding

Groups in Nova Scotia lobby for increased funding for schools to ensure students have access to high-quality education. Efforts often concentrate on reducing inequalities between different school boards and communities. **Organization:** Nova Scotia Teachers Union; **Address:** 3106 Joseph Howe Dr, Halifax, NS B3L 4L7, Canada; **Email:** nstu@nstu.ca; **Website:** [http://www.nstu.ca/](http://www.nstu.ca)

Inclusive Education Policy Implementation

Advocating for the development and implementation of inclusive education policies within Nova Scotia schools to support diverse learners, including students with disabilities, and those from marginalized communities. **Organization:** Inclusion Nova Scotia; **Address:** 380 Bedford Hwy, Halifax, NS B3M 2L4, Canada; **Email:** info@inclusionns.ca; **Website:** <https://www.inclusionns.ca/>

Access to Vocational Training

Partnership and advocacy initiatives to improve access to vocational and technical education for young people and adults, aiming to bridge the skills gap in the Nova Scotian workforce. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1A9, Canada; **Email:** ask@nscc.ca; **Website:** <https://www.nscc.ca>

Education Reform Initiative

Working with policymakers to reform education systems at the provincial level, with a focus on curriculum improvement, teacher training, and student assessment. **Organization:** Education and Early Childhood Development – Government of Nova Scotia; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** NA; **Website:** <https://www.ednet.ns.ca/>

Pathways to Education

Pathways to Education is a national, charitable organization working to break the cycle of poverty and enable access to post-secondary education. In Nova Scotia, they offer tutoring and mentoring programs for high school students in under-resourced communities. **Organization:** Pathways to Education Canada; **Address:** Various locations in Nova Scotia, including Halifax; **Email:** info@pathwaystoeducation.ca; **Website:** <https://www.pathwaystoeducation.ca/where-we-work/nova-scotia/>

Halifax Learning Centre - SpellRead

SpellRead is a evidence-based reading intervention program that also offers volunteer tutoring opportunities to help children and adults develop their reading skills. **Organization:** Halifax Learning Centre; **Address:** 5506 Spring Garden Road, Halifax, NS B3J 1G5; **Email:** info@halifaxlearning.com; **Website:** <https://halifaxlearning.com/>

Dartmouth Learning Network

The Dartmouth Learning Network provides opportunities for adults and families to gain the essential skills necessary for living, learning and working. Their volunteer program includes tutoring for literacy, mathematics, and high school completion. **Organization:** Dartmouth Learning Network; **Address:** Suite 202, 73 Tacoma Drive, Dartmouth, Nova Scotia B2W 3Y6; **Email:** info@dartmouthlearning.net; **Website:** <https://www.dartmouthlearning.net/>

Chebucto Connections - Pathways Spryfield

This organization offers the Pathways to Education Program which provides comprehensive supports including tutoring, mentoring, and financial support for high school students in the Spryfield community and beyond. **Organization:** Chebucto Connections; **Address:** 531 Herring Cove Rd, Halifax, NS B3R 1X3; **Email:** pathways@chebuctoconnections.ca; **Website:** <http://chebuctoconnections.ca/>

The Literacy Nova Scotia

This organization supports the adult learning sector and provides adult learners with opportunities to improve literacy, essential skills, and high school completion. They often have a volunteer tutor program working towards this mission. **Organization:** The Literacy Nova Scotia; **Address:** Truro, Nova Scotia, Canada; **Email:** info@literacyns.ca; **Website:** <https://www.literacyns.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS offers a community volunteer tutor program designed to help newcomers improve their English language skills for successful integration into the community. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Library Support Grants Program

This grant program provides financial assistance to help public libraries with operational costs, programming, and collection development to improve service delivery. **Organization:** Nova Scotia Provincial Library; **Address:** 3770 Kempt Road, Suite 204, Halifax, NS B3K 4X8; **Email:** n/a; **Website:** <https://library.novascotia.ca/>

Adopt A Library Literacy Program

The Nova Scotia Adopt A Library Literacy Program works with communities to support literacy through fundraising and program support, with a focus on youth. **Organization:** Pictou-Antigonish Regional Library; **Address:** 182 Dalhousie Street, P.O. BOX 276, New Glasgow, NS B2H 5E3; **Email:** info@parl.ns.ca; **Website:** <http://www.parl.ns.ca/>

Books for Babies

This program aims to provide every newborn in the province with a free book, promoting reading and early literacy skills right from birth. **Organization:** Read to Me!; **Address:** 5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8; **Email:** info@readtome.ca; **Website:** <https://readtome.ca/>

Library Boards Association of Nova Scotia (LBANS) Funding Initiatives

LBANS helps libraries secure funding and other resources while supporting advocacy and educational efforts for trustees and friends of libraries. **Organization:** Library Boards Association of Nova Scotia (LBANS); **Address:** n/a; **Email:** lbans@lbans.ca; **Website:** <http://lbans.ca>

More Books program

A collaboration between local libraries and educational institutions that seeks to increase the availability of books especially on topics or titles recommended by the community. **Organization:** Dalhousie University Libraries; **Address:** 6225 University Ave, Halifax, NS B3H 4H8; **Email:** library@dal.ca; **Website:** <https://libraries.dal.ca>

902 ManUp

A community-based group focused on the empowerment and positive development of African Nova Scotian youth and communities. They offer support and mentorship programs. **Organization:** 902 ManUp; **Address:** Not specified; **Email:** 902ManUp@gmail.com; **Website:** <http://902manup.ca>

Immigrant Services Association of Nova Scotia (ISANS) Community Connections

Program designed to encourage community involvement and help newcomers integrate into their communities through volunteer-led initiatives, such as language practice or social activities. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

HeartWood Centre for Community Youth Development

HeartWood facilitates community development by working directly with youth, volunteers, and other community members to engage in meaningful and impactful projects. They offer training,

resources, and support to empower youth and volunteer involvement. **Organization:** HeartWood Centre for Community Youth Development; **Address:** 5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada; **Email:** info@heartwood.ns.ca; **Website:** <https://heartwood.ns.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Inspiring Communities

A non-profit organization that supports community-led initiatives, believing residents have the best understanding of the challenges they face, and thus, should lead changes within their communities. **Organization:** Inspiring Communities; **Address:** Not specified; **Email:** connect@inspiringcommunities.ca; **Website:** <https://inspiringcommunities.ca/>

Nova Scotia Community College (NSCC)

NSCC provides vocational training across various industries through hands-on learning and practical skills development. Their programs include specialized trades and technology training. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca>

Apprenticeship Nova Scotia

Apprenticeship Nova Scotia offers a variety of apprenticeship programs that combine on-the-job training with technical training in trades. These programs prepare individuals for certification and work in skilled trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick Street, PO Box 578, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeship@novascotia.ca; **Website:** <https://www.nsapprenticeship.ca>

Women Unlimited

Women Unlimited is a program designed to assist women in entering and successfully completing trades and technology training, focusing on non-traditional roles for women.

Organization: Women Unlimited; **Address:** One Riverside Drive, Suite 202, Dartmouth, NS B2Y 2W5, Canada; **Email:** info@womenunlimitedns.ca; **Website:** <https://www.womenunlimitedns.ca>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS offers a community volunteer tutor program designed to help newcomers improve their English language skills for successful integration into the community. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Construction Association of Nova Scotia (CANS)

CANS provides educational opportunities, courses, and apprenticeship programs for individuals seeking careers within the construction industry. **Organization:** Construction Association of

Nova Scotia; **Address:** 134 Eileen Stubbs Ave, Suite 103, Dartmouth, NS B3B 0A9, Canada; **Email:** info@cans.ns.ca; **Website:** <https://www.cans.ns.ca/>

The Pathways to Shipbuilding for African Nova Scotians

A partnership between Irving Shipbuilding, Nova Scotia Community College (NSCC), and African Nova Scotian community groups to create educational and career opportunities in shipbuilding for African Nova Scotians. **Organization:** Nova Scotia Community College; **Address:** NSCC Maritime Centre, 7001 Mumford Road, Suite 275, Halifax, NS, Canada, B3L 2H8; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

COVE Work-Integrated Learning (WIL)

The Centre for Ocean Ventures & Entrepreneurship (COVE) partners with educational institutions such as NSCC and Dalhousie University to offer work-integrated learning opportunities in ocean technology and other marine industries. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, Canada, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

The Technology Leadership Initiative

A partnership between Dalhousie University Faculty of Computer Science and local industry leaders to develop tech talent through industry-aligned educational programming and cooperative education. **Organization:** Dalhousie University; **Address:** 6050 University Ave, Halifax, Nova Scotia, Canada, B3H 1W5; **Email:** cs@dal.ca; **Website:** <https://www.dal.ca/>

Innovation in Action

A program by the Sobey School of Business at Saint Mary's University which involves students working on real business challenges posed by businesses and nonprofits, fostering collaboration between students and the local industry. **Organization:** Saint Mary's University, Sobey School of Business; **Address:** 923 Robie Street, Halifax, Nova Scotia, Canada, B3H 3C3; **Email:** info@sobey.smu.ca; **Website:** <https://www.smu.ca/>

Digital Nova Scotia Mentorship Program

A program designed to pair experienced ICT professionals with students, recent graduates, and junior professionals in Nova Scotia to help them gain experience, expand their professional network, and develop their careers in the ICT sector. **Organization:** Digital Nova Scotia; **Address:** 1545 Birmingham St, Halifax, NS B3J 2J6, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/programs-services/mentorship/>

Career Link Mentorship Program

A program run by the Halifax Partnership that connects international students and recent alumni

from Halifax universities and colleges with established business community leaders and entrepreneurs. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water St, Suite 2101, Halifax, NS B3J 3R7, Canada; **Email:** contact@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Black Business Initiative Business is Jammin' (BIJ) Mentorship

A program targeted at Black youth, providing business education and mentorship which encourage and foster a spirit of entrepreneurship. **Organization:** Black Business Initiative; **Address:** 1660 Hollis St #1201, Halifax, NS B3J 1V7, Canada; **Email:** bii@bbi.ca; **Website:** <https://www.bbi.ca/business-is-jammin/>

Techsploration Mentorship Program

Connects young women in grades nine through twelve with mentors in science, trades, engineering, and technology, aiming to increase female participation in these fields.

Organization: Techsploration; **Address:** 26 Cumming Drive, Alton, NS B0N 2J0, Canada; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca>

Volta Mentor Network

Volta offers a mentorship program that connects tech startup founders with experienced entrepreneurs and industry experts to provide guidance and accelerate growth. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** [https://voltaeffect.com/](https://voltaeffect.com)

Skillson Nova Scotia

Skills Canada - Nova Scotia (SCNS) is a not-for-profit organization that promotes skilled trades and technologies as viable, first-choice career options to youth in Nova Scotia. **Organization:** Skills Canada - Nova Scotia; **Address:** 14 McQuade Lake Crescent, Halifax, NS B3S 1C4; **Email:** info@skillsns.ca; **Website:** <https://www.skillsns.ca>

Graduate to Opportunity

The Graduate to Opportunity program provides salary incentives to private sector, non-profit and social enterprise employers located in Nova Scotia to hire recent graduates for new, full-time positions. **Organization:** Nova Scotia Government; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS, B3J 3T5; **Email:** GTO@novascotia.ca; **Website:** <https://novascotia.ca/programs/graduate-to-opportunity/>

START Program

The START program encourages employers to hire Nova Scotians requiring work experience. Financial incentives can be provided to employers with a labor need willing to support ready-to-work Nova Scotians. **Organization:** Nova Scotia Government; **Address:** PO Box 578, Halifax, NS, B3J 2S9; **Email:** n/a; **Website:** <https://novascotia.ca/employmentnovascotia/programs/start.asp>

Apprenticeship START

A workforce initiative offering financial incentives to employers to help them hire first-year apprentices in the skilled trades, encouraging training and retention of skilled workers.

Organization: Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeship@novascotia.ca; **Website:** <https://www.nsapprenticeship.ca/>

Co-operative Education Incentive

The Co-operative Education Incentive (CO-OP) provides wage assistance to employers that offer career-related work experiences for co-operative education students. **Organization:** Nova Scotia Labour and Advanced Education; **Address:** 2021 Brunswick St, PO Box 578, Halifax, NS, B3J 2S9; **Email:** n/a; **Website:** <https://novascotia.ca/programs/cooperative-education-incentive/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Innovate to Opportunity

The Innovate to Opportunity program helps recent master's and PhD graduates start their careers in Nova Scotia by providing salary contributions to employers to hire them for jobs that focus on innovation. **Organization:** Nova Scotia Government; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS, B3J 3T5; **Email:** ITO@novascotia.ca; **Website:** <https://novascotia.ca/programs/innovate-to-opportunity/>

Digital Nova Scotia - Workshops & Training

Digital Nova Scotia is known for providing workshops and training aimed at increasing digital literacy and skills development. They cover topics such as cybersecurity, digital marketing, programming, and data analysis, among other subjects relevant to the technology sector.

Organization: Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, Nova Scotia, B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Volta - Learning Labs

Volta offers Learning Labs which are workshops facilitated by industry leaders. These events are designed to help entrepreneurs and innovators acquire the necessary skills to grow their businesses within emerging industries. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

The Centre for Women in Business - Training and Events

The Centre for Women in Business offers a range of training sessions, workshops and events to support the development of women entrepreneurs in various industries. Topics include business planning, marketing, financial literacy, and more. **Organization:** The Centre for Women in Business, Mount Saint Vincent University; **Address:** 166 Bedford Highway, Halifax, Nova Scotia, B3M 2J6; **Email:** info@centreforwomeninbusiness.ca; **Website:** <https://www.centreforwomeninbusiness.ca/en/home/events/default.aspx>

Nova Scotia Community College - Workshops & Seminars

Nova Scotia Community College provides industry-specific workshops and training through its continuing education programs. These are designed to enhance skills and employability in various sectors, including green technology, health, and IT. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds Street, P.O. Box 1153, Halifax, Nova Scotia, B3J 2X1; **Email:** admissions@nscc.ca; **Website:** <https://www.nscc.ca/>

Innovacorp's Start-Up Workshops

Innovacorp runs workshops for start-up companies in technology sectors. Their events provide entrepreneurs with insights into product development, go-to-market strategies, and fundraising. **Organization:** Innovacorp; **Address:** Innovacorp Enterprise Centre, 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/events>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

CEED - Centre for Entrepreneurship Education and Development

The CEED programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** CEED; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Atlantic Canada Opportunities Agency (ACOA)

ACOA works to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative, and productive. They provide funding and services to entrepreneurs. **Organization:** ACOA; **Address:** 1801 Hollis Street, Suite 600, Halifax, NS B3J 3N4; **Email:** acoa.information.acoa-apeca@canada.ca; **Website:** <https://www.acoa-apeca.gc.ca>

Nova Scotia Business Inc. (NSBI)

NSBI is the province's business development agency. They provide support to businesses at every stage, including financial incentives, business advice, and exporting assistance. **Organization:** NSBI; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** nsbi@novascotia.ca; **Website:** <https://www.novascotiabusiness.com>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Startup Zone

Provides entrepreneurs with a space to connect with peers, access to mentors, and resources to grow their business, aiming to stimulate the startup ecosystem. **Organization:** Startup Zone; **Address:** 31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4; **Email:** hello@startupzone.ca; **Website:** <https://startupzone.ca>

Digital Nova Scotia Partnerships

Digital Nova Scotia fosters connections and collaboration within the tech sector to help businesses scale through events, programs, and initiatives. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

COVE Collaborative Projects

The Centre for Ocean Ventures and Entrepreneurship (COVE) is a hub for ocean technology innovation. They engage businesses, startups, researchers, and students to collaborate on projects, driving industry advancements and economic growth. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** [https://coveocean.com/](https://coveocean.com)

Innovacorp's Collaboration Incentives

Innovacorp supports high-potential Nova Scotia startups with programs that encourage collaborations between businesses and research institutions, facilitating innovation and commercialization of new technologies in the province. **Organization:** Innovacorp; **Address:** 1344 Summer Street, 1st Floor, Halifax, NS B3H 0A8, Canada; **Email:** info@innovacorp.ca; **Website:** [https://innovacorp.ca/](https://innovacorp.ca)

Nova Scotia Community College (NSCC) Applied Research Collaborations

NSCC engages in applied research projects that connect students and faculty with industry partners, providing hands-on learning opportunities while addressing real-world challenges and driving innovation in the province's key sectors. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** appliedresearch@nscc.ca; **Website:** https://www.nscc.ca/about_nscc/applied_research/index.asp

Creative Destruction Lab - Atlantic

This is a seed-stage program that leverages the University to support massively scalable, science-and technology-based companies, with mentorship and investment opportunities. **Organization:** Creative Destruction Lab - Atlantic; **Address:** Rowe Building, Dalhousie University, 6100 University Ave, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

BioNova Partnership Initiatives

BioNova leads development of the health and life sciences industry in Nova Scotia, encouraging collaboration through programs and events that connect entrepreneurs, companies, and researchers to stimulate innovation and growth in the sector. **Organization:** BioNova; **Address:** 134 Eileen Stubbs Ave, Unit 1 S, Dartmouth, NS B3B 0A8, Canada; **Email:** info@bionova.ca; **Website:** <https://bionova.ca/>

Verschuren Centre for Sustainability in Energy and the Environment

The Verschuren Centre is an industrial and environmental solutions center with a focus on sustainable energy and resources. It serves as an innovation and commercialization hub for clean technologies. **Organization:** Cape Breton University; **Address:** P.O. Box 5300, 1250 Grand Lake Road, Sydney, Nova Scotia, B1P 6L2, Canada; **Email:** info@verschurencentre.ca; **Website:** <http://www.verschurencentre.ca>

Productivity and Innovation Centre

PIC supports applied research collaborations, business development, process improvement, and corporate training. The centre focuses on helping businesses and industries innovate and become more competitive. **Organization:** Nova Scotia Community College (NSCC); **Address:** 115 Chain Lake Drive, Halifax, Nova Scotia, B3S 1A2, Canada; **Email:** picinfo@nscc.ca; **Website:** <https://www.nscc.ca/>

Dalhousie Agriculture Innovation Centre

The centre aims to advance agricultural research and innovation. It works to enhance the productivity, sustainability, and profitability of the agriculture industry in Nova Scotia and beyond. **Organization:** Dalhousie University - Faculty of Agriculture; **Address:** 50 Pictou Road, Truro, Nova Scotia, B2N 2R8, Canada; **Email:** agri@dal.ca; **Website:** <https://www.dal.ca/>

DeepSense

DeepSense is a unique ocean data analytics project to help ocean industries increase the commercial value of their products and services. DeepSense supports product development, machine learning, and operational efficiency for the ocean technology sector. **Organization:** Dalhousie University; **Address:** Dalhousie University, 1360 Barrington Street, Halifax, Nova Scotia, B3H 4R2, Canada; **Email:** info@deepsense.ca; **Website:** <https://www.deepsense.ca/>

Institute for Ocean Research Enterprise

The institute's mission is to foster an environment that encourages partnership and collaboration among ocean technology innovators and entrepreneurs, leading to commercialization and global market growth. **Organization:** COVE (Centre for Ocean Ventures & Entrepreneurship); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Agri-Technology Commercialization Centre

ATCC focuses on facilitating the commercialization of innovative agri-technologies. It provides access to professional services, funding, and industry networks to support growth in the agriculture sector. **Organization:** Perennia Food and Agriculture Inc.; **Address:** 199 Dr Bernie

Macdonald Drive, Bible Hill, Nova Scotia, B6L 2H5, Canada; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/>

Dalhousie University - Online Learning

Dalhousie University offers online courses and programs across various disciplines, which include computer science, engineering, and environmental management that are pivotal for emerging industries. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** contact@dal.ca; **Website:** <https://www.dal.ca/>

NSCC - Online Learning

Nova Scotia Community College provides a range of online learning options including full programs, part-time courses, and specialized training that cater to industry demands and facilitate skill development. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** ask@nscc.ca; **Website:** https://www.nscc.ca/learning_programs/online_learning/index.asp

Saint Mary's University - Distance Education

Saint Mary's University offers distance education opportunities, including online courses that allow students to gain knowledge and credentials in areas beneficial to the workforce of emerging industries. **Organization:** Saint Mary's University; **Address:** 923 Robie St, Halifax, NS B3H 3C3, Canada; **Email:** info@smu.ca; **Website:** <https://smu.ca/>

Cape Breton University - Online Learning

Cape Breton University offers online programs and courses with the flexibility to fit student schedules, providing remote education that can help prepare individuals for jobs in new and evolving sectors. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Rd, Sydney, NS B1M 1A2, Canada; **Email:** info@cbu.ca; **Website:** <https://www.cbu.ca/>

Labour and Advanced Education - Nova Scotia

The province of Nova Scotia, through its Labour and Advanced Education department, offers programs and resources to connect individuals with training opportunities, including online options for skill development in various industries. **Organization:** Labour and Advanced Education - Nova Scotia; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** lae@novascotia.ca; **Website:** <https://novascotia.ca/lae/>

Digital Nova Scotia - Digital Skills for Youth Program

This initiative focuses on improving the digital literacy and skills of youth in Nova Scotia, including online learning opportunities in tech-related sectors. **Organization:** Digital Nova Scotia; **Address:** 1344 Summer St, Halifax, NS B3H 0A8, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Works

Nova Scotia Works centers deliver employment services across the province, connecting individuals to job training and skills development opportunities, and assisting businesses with recruitment and retention. **Organization:** Nova Scotia Works; **Address:** Various locations across Nova Scotia; **Email:** info@novascotiaworks.ca; **Website:** <https://novascotiaworks.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS offers a community volunteer tutor program designed to help newcomers improve their English language skills for successful integration into the community. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Nova Scotia Community College (NSCC)

NSCC provides vocational training across various industries through hands-on learning and practical skills development. Their programs include specialized trades and technology training. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca>

NSCC Apprenticeship Programs

The Nova Scotia Community College (NSCC) offers a range of apprenticeship programs across various trades. These apprenticeships combine on-the-job training with in-class learning, preparing participants for careers in skilled trades. **Organization:** Nova Scotia Community College (NSCC); **Address:** 115 Chain Lake Dr., Halifax, NS B3S 1A2; **Email:** info@nscc.ca; **Website:** [https://www.nscc.ca/](https://www.nscc.ca)

Skills Canada - Nova Scotia

Skills Canada - Nova Scotia works closely with educational partners to organize skills competitions and trade and technology challenges among students. These events often lead to more in-depth training programs and apprenticeships in various trades. **Organization:** Skills Canada - Nova Scotia; **Address:** 14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0; **Email:** info@skillsns.ca; **Website:** <https://skillsns.ca>

Nova Scotia Works Employment Services Centres

Nova Scotia Works centers offer a variety of services to assist job seekers and employers. This includes career counseling, job search support, and services aimed at helping individuals acquire the skills needed to fill current job market demands. **Organization:** Nova Scotia Works; **Address:** Locations vary across Nova Scotia; **Email:** N/A - Contact through website or local centers; **Website:** <https://novascotiaworks.ca/>

Labour and Advanced Education - Adult Learning Programs

The Department of Labour and Advanced Education offers Adult Learning Programs (ALP) which are designed for individuals who need to upgrade their education level for employment, further studies, or personal development. **Organization:** Department of Labour and Advanced Education; **Address:** 2021 Brunswick St, PO Box 578, Halifax, NS B3J 2S9; **Email:** N/A - Contact through website; **Website:** <https://novascotia.ca/programs/adult-learning/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Women Unlimited

Women Unlimited is a program designed to assist women in entering and successfully completing trades and technology training, focusing on non-traditional roles for women.

Organization: Women Unlimited; **Address:** One Riverside Drive, Suite 202, Dartmouth, NS B2Y 2W5, Canada; **Email:** info@womenunlimitedns.ca; **Website:** <https://www.womenunlimitedns.ca>

Employment Skills & Learning Services

The Saint Mary's University offers programs through their Employment Skills & Learning Services, providing training for both personal and professional development. Courses range from practical workplace skills to language training. **Organization:** Saint Mary's University; **Address:** 923 Robie Street, Halifax, NS B3H 3C3; **Email:** info@smu.ca; **Website:** <https://www.smu.ca/academics/continuing-education.html>

Sandbox Program

The Sandbox Program in Nova Scotia is a collaborative effort that brings together students, universities, and businesses to innovate and build entrepreneurial skills. **Organization:** Various Universities and NSCC in partnership with Government and Private Sector; **Address:** Varies by Sandbox (e.g., Dalhousie University, 6299 South St, Halifax, NS B3H 4R2); **Email:** Varies by Sandbox (contact through university or college); **Website:** <https://sandbox.dal.ca/>

Co-operative Education

Many educational institutions in Nova Scotia offer co-op programs that integrate academic studies with relevant work experience across various industries. **Organization:** Multiple universities including Dalhousie University, Saint Mary's University, etc.; **Address:** Varies by institution (e.g., Dalhousie University Co-op Office, 6100 University Ave, Halifax, NS B3H

4R2); **Email:** Varies by institution (contact through university co-op office); **Website:** <https://www.dal.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Mitacs

Mitacs builds partnerships between academia and industry for research and training. It offers programs like Accelerate and Elevate which foster collaboration between graduate students, postdoctoral fellows and industry partners in Nova Scotia. **Organization:** Mitacs; **Address:** Various locations across Nova Scotia; **Email:** help@mitacs.ca; **Website:** <https://www.mitacs.ca/en/programs/accelerate>

TECHNATION's Career Ready Program

TECHNATION's program facilitates the hiring of post-secondary students into work-integrated learning placements within the IT and tech sector. **Organization:** TECHNATION; **Address:** N/A - National program active in Nova Scotia; **Email:** careerready@technationcanada.ca; **Website:** <https://technationcanada.ca/en/talent-programs/career-ready-program/>

Venture for Canada

A not-for-profit that recruits, trains, and supports recent graduates to work at Canadian startups, aiming to foster entrepreneurship. **Organization:** Venture for Canada; **Address:** N/A - National organization with programs in Nova Scotia; **Email:** info@ventureforcanada.ca; **Website:** <https://www.ventureforcanada.ca/>

Halifax Career Fair

The Halifax Career Fair is a bi-annual event that connects job seekers with potential employers from various sectors. The fair often includes workshops and resume clinics to help attendees prepare for the job market. **Organization:** Career Fair Canada; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@careerfaircanada.ca; **Website:** <https://careerfaircanada.ca/>

Nova Scotia Works

Nova Scotia Works centers deliver employment services across the province, connecting individuals to job training and skills development opportunities, and assisting businesses with recruitment and retention. **Organization:** Nova Scotia Works; **Address:** Various locations across Nova Scotia; **Email:** info@novascotiaworks.ca; **Website:** <https://novascotiaworks.ca/>

Job Junction

Job Junction offers career counseling and assistance with job searches. They run workshops, networking events, and connect job seekers with employers through job fairs and tailored services. **Organization:** Job Junction; **Address:** 6950 Mumford Rd Suite 2009, Halifax, NS B3L 4P1, Canada; **Email:** admin@jobjunction.ca; **Website:** <http://www.jobjunction.ca/>

Career Development Services

This organization provides career development assistance including career counseling and access to job fairs. They support individuals in identifying career goals and connecting with employment opportunities. **Organization:** Career Development Services; **Address:** Locations throughout Nova Scotia; **Email:** info@cdsc.ca; **Website:** <https://www.cdsc.ca/>

Irving Shipbuilding Inc. Centre of Excellence

Irving Shipbuilding has invested in a Centre of Excellence to provide education and training opportunities in shipbuilding and related industries for Nova Scotians. This includes scholarships and work experiences for students. **Organization:** Irving Shipbuilding Inc.; **Address:** 3099 Barrington Street Halifax, Nova Scotia B3K 5M7, Canada; **Email:** N/A; **Website:** <https://shipsforcanada.ca/>

Michelin Development Fund

Michelin North America (Canada) Inc. runs a development fund that supports training and skills development for employees and the communities around their plants in Nova Scotia. **Organization:** Michelin North America (Canada) Inc.; **Address:** N/A; **Email:** N/A; **Website:** <https://www.michelin.ca/>

Nova Scotia Apprenticeship Agency - Industry Training & Certification

The agency works with industry sponsors to provide apprenticeship opportunities that include on-the-job training and technical training in a wide range of trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick Street, PO Box 578 Halifax, Nova Scotia B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://www.nsapprenticeship.ca/>

Skills Canada - Nova Scotia

Skills Canada - Nova Scotia works closely with educational partners to organize skills competitions and trade and technology challenges among students. These events often lead to more in-depth training programs and apprenticeships in various trades. **Organization:** Skills Canada - Nova Scotia; **Address:** 14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0; **Email:** info@skillsns.ca; **Website:** <https://skillsns.ca>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Innovacorp Early Stage Commercialization Fund

Provides funding to support the commercialization of technology products, processes, and services, encouraging entrepreneurial activities among researchers and technologists. **Organization:** Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

COVE - Centre for Ocean Ventures & Entrepreneurship

COVE focuses on marine technology and ocean industries. It provides a collaborative space for businesses, start-ups, and researchers to develop ocean-related innovations. **Organization:**

COVE; Address: 27 Parker Street, Dartmouth, Nova Scotia, Canada, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Digital Nova Scotia - Digital Adoption Program

This program supports the adoption of digital technologies and encourages innovation among businesses. It assists in addressing labor market needs, emphasizing emerging skills in the digital economy. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington Street, Suite 104, Halifax, Nova Scotia, B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Research Nova Scotia - Research Opportunities

Research Nova Scotia provides funding and support for research with a strong focus on enhancing the research capacity, technological advancements, and knowledge mobilization within the province. **Organization:** Research Nova Scotia; **Address:** 1801 Hollis Street, Suite 700, Halifax, Nova Scotia, B3J 3N4; **Email:** info@researchns.ca; **Website:** <https://researchns.ca/>

ACOA Atlantic Innovation Fund

The Atlantic Canada Opportunities Agency offers the Atlantic Innovation Fund, aiding Atlantic Canadian companies to develop innovative products, processes, and services, emphasizing cooperation with the academic community. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis Street, Suite 600, Halifax, Nova Scotia, B3J 3N4; **Email:** AIF-FIA@acoa-apeca.gc.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/fundinginnovation/aif.html>

Nova Scotia Community College - Applied Research

The NSCC's applied research projects focus on creating partnerships between industry and academia, fostering innovation, and providing students with hands-on experiences in developing advanced skills. **Organization:** Nova Scotia Community College; **Address:** Various campuses across Nova Scotia; **Email:** research@nscc.ca; **Website:** <https://www.nscc.ca/>

Dalhousie University - Industry Liaison and Innovation

ILI at Dalhousie University facilitates collaboration between researchers and industry partners. The aim is to advance research, commercialization and to meet the changing needs of the workforce through innovative programs. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, Nova Scotia, B3H 4R2; **Email:** ili@dal.ca; **Website:** <https://www.dal.ca/>

SkillsNS

SkillsNS is an online platform that offers a centralized database to match job seekers' skills with employers' demands in Nova Scotia. Users can create profiles listing their skills, which employers can search through to find suitable candidates. The platform aims to facilitate better alignment between workforce development and industry needs. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3J 2X1, Canada; **Email:** info@nscc.ca; **Website:** <https://www.skillsns.ca>

Opportunity Place - Job Board

Opportunity Place operates a job board that serves as a skill-matching tool. Job seekers can post their resumes and search for jobs that match their skills, while employers can post openings and search for candidates with the appropriate skills. **Organization:** Opportunity Place; **Address:** 1-10 Opportunity Pl, Middle Sackville, NS B4E 3B1, Canada; **Email:** info@opportunityplace.ca; **Website:** <https://www.opportunityplace.ca>

Job Junction

Job Junction is a service provided by the Halifax Public Libraries that includes various resources for job seekers, including skill matching and job listing services which can help users find jobs consistent with their abilities and qualifications. **Organization:** Halifax Public Libraries; **Address:** 7071 Bayers Rd, Halifax, NS B3L 2C2, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

immigrantservices

Immigrant Services Association of Nova Scotia (ISANS) offers a platform where immigrants can find resources to match their skills with local job openings. The platform also helps in identifying skill gaps and provides information on training programs. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca>

Workplace Innovation and Productivity Skills Incentive

A program that offers funding to businesses to encourage them to invest in training and skill development. It is designed to help businesses become more innovative and competitive by improving productivity. **Organization:** Nova Scotia Business Inc (NSBI); **Address:** 1800 Argyle Street, Suite 701, Halifax, NS, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Graduate to Opportunity (GTO)

A program providing salary subsidies to SMEs who hire recent graduates for new, full-time positions. The goal is to keep young people in Nova Scotia by helping businesses invest in new talent. **Organization:** Labour and Advanced Education, Government of Nova Scotia; **Address:** PO Box 697 Halifax, NS, B3J 2T8; **Email:** GTO@novascotia.ca; **Website:** <https://novascotia.ca/programs/graduate-to-opportunity/>

Innovation Equity Tax Credit

A tax credit for individuals who invest in approved Nova Scotian companies which can help reduce the risk for investors to support local innovative businesses that work on skill development. **Organization:** Finance and Treasury Board, Government of Nova Scotia; **Address:** 1723 Hollis Street, PO Box 2271, Halifax, NS B3J 3C8; **Email:** equitytaxcredit@novascotia.ca; **Website:** <https://novascotia.ca/>

Co-operative Education Incentive

Provides wage assistance to employers who hire university and college students through co-operative education programs. This program helps industries offset the cost of hiring students and thus encourages skill development. **Organization:** Labour and Advanced Education, Government

of Nova Scotia; **Address:** PO Box 697 Halifax, NS, B3J 2T8; **Email:** CoopEducation@novascotia.ca; **Website:** <https://novascotia.ca/programs/co-operative-education-incentive/>

Productivity and Innovation Voucher Program

Offers vouchers for SMEs to access expertise and services from post-secondary institutions and private sector consultants to address productivity and innovation challenges, including skill development. **Organization:** Nova Scotia Business Inc (NSBI); **Address:** 1800 Argyle Street, Suite 701, Halifax, NS, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Skilled Trades Centres

An initiative within the public school system to support trades and skills training. The government of Nova Scotia funds these centers to provide hands-on learning opportunities for high school students. **Organization:** Department of Education and Early Childhood Development, Government of Nova Scotia; **Address:** 2021 Brunswick St, P.O. Box 578, Halifax, NS, B3J 2S9; **Email:** N/A; **Website:** <https://www.ednet.ns.ca/skilledtrades>

Greater Halifax Partnership Connector Program

A networking program that helps connect recent graduates and immigrants with established business people in Halifax. The program aims to retain talent in the local economy by helping newcomers and recent graduates build a professional network and align their skills with industry needs. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water St, Suite 2101, Halifax, NS B3J 3R7, Canada; **Email:** connect@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Nova Scotia Works

Provides employment services such as job search assistance, career counseling, and workshops for skill development. They also engage the community through various programs intended to align with local industry requirements. **Organization:** Nova Scotia Works Centers; **Address:** Various locations across Nova Scotia; **Email:** info@novascotiaworks.ca; **Website:** <https://novascotiaworks.ca>

ISANS Community Integration Services

Immigrant Services Association of Nova Scotia (ISANS) works in partnership with government and private sector to provide community integration services to newcomers, including community centers and social facility activities. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Skills Canada - Nova Scotia

Skills Canada - Nova Scotia works closely with educational partners to organize skills competitions and trade and technology challenges among students. These events often lead to more in-depth training programs and apprenticeships in various trades. **Organization:** Skills Canada - Nova Scotia; **Address:** 14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0; **Email:** info@skillsns.ca; **Website:** <https://skillsns.ca>

Nova Scotia Community College (NSCC) Community Learning Initiative

Enhances community engagement through learning projects that aim to address community-identified needs. Education is connected with practical skills needed in the local job market.

Organization: Nova Scotia Community College (NSCC); **Address:** Various locations across Nova Scotia; **Email:** communitylearning@nscc.ca; **Website:** <https://www.nscc.ca/>

NSCC Program Advisory Committees

Nova Scotia Community College (NSCC) has established Program Advisory Committees for each of its programs. These committees are composed of industry professionals, alumni, and employers who provide regular feedback on program curriculum to ensure it aligns with current industry standards and job market needs. **Organization:** Nova Scotia Community College (NSCC); **Address:** NSCC – IT Campus, 5685 Leeds Street, P.O. Box 1153 Halifax, NS B3J 2X1; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca>

Co-op Education Incentive

The Co-op Education Incentive provides wage assistance to private sector, government-funded and non-profit organizations offering career-related work experiences for university and college co-operative students. **Organization:** Government of Nova Scotia - Labour and Advanced Education; **Address:** PO Box 697 Halifax, NS B3J 2T8; **Email:** LAE@novascotia.ca; **Website:** <https://novascotia.ca/programs/co-op-education-incentive/>

Skills for Hire Nova Scotia

Skills for Hire Nova Scotia is an initiative to help equip job seekers with the digital skills needed by employers. The program focuses on aligning training with industry feedback to ensure the curriculum is relevant to demands in the IT sector. **Organization:** Bluedrop Learning Networks in partnership with Government of Nova Scotia; **Address:** Canada Games Centre, 26 Thomas Raddall Drive, Suite 110, Halifax, NS B3S 0E2; **Email:** info@skillsforhirens.ca; **Website:** <https://www.skillsforhirens.ca>

Work-Integrated Learning Program

Universities in Nova Scotia offer work-integrated learning programs, like co-ops and internships, that provide feedback from employers to educational institutions. This feedback is used to update and improve the relevance of the programs offered. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2; **Email:** coop@dal.ca; **Website:** <https://www.dal.ca/faculty/science/co-op.html>

CEED | Centre for Entrepreneurship Education and Development

CEED offers programs and support to entrepreneurs across Nova Scotia, promoting the growth of local businesses and startups, especially in areas where economic encouragement is needed.

Organization: CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, Nova Scotia, B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca>

Community Business Development Corporations (CBDCs)

CBDCs are not-for-profit organizations run by volunteers from the local business community and mandated to assist in the creation of small businesses and in the expansion and modernization of existing businesses by providing financial and technical services to entrepreneurs. **Organization:**

CBDC; **Address:** Address varies by local office; head office typically manages individual branches.; **Email:** N/A; **Website:** <https://www.cbdc.ca>

Atlantic Association of CBDCs

A network of CBDCs that are dedicated to the development of small business and assisting entrepreneurs in accessing financing and other development resources. **Organization:** Atlantic Association of CBDCs; **Address:** 1903 Barrington St #207, Halifax, NS B3J 3L7, Canada; **Email:** N/A; **Website:** <https://www.cbdc.ca/en/atlantic-association-of-cbdcs>

Immigrant Services Association of Nova Scotia (ISANS) - Microloan Program

ISANS offers a microloan program to help immigrants with the cost of obtaining recognition for their credentials and training in Canada, as well as to assist with related expenses. **Organization:** ISANS; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Starting Lean Initiative

Dalhousie University offers the Starting Lean Initiative which includes courses, workshops, mentorship, and competitions to support aspiring entrepreneurs. **Organization:** Dalhousie University - Norman Newman Centre for Entrepreneurship; **Address:** McCain Building, 6136 University Ave, Halifax, NS B3H 4R2, Canada; **Email:** nnce@dal.ca; **Website:** <https://www.dal.ca/>

CEED Juniorpreneur Camp

The Centre for Entrepreneurship Education and Development (CEED) Juniorpreneur Camp is a program for children aged 8-14, designed to introduce them to entrepreneurship through a week of learning and activities. **Organization:** Centre for Entrepreneurship Education and Development (CEED); **Address:** 7071 Bayers Rd Suite 225, Halifax, NS B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/juniorpreneur-camp/>

SEB (Self-Employment Benefits) Program

The SEB program by CEED provides entrepreneurial training, financial assistance, and business counselling to eligible individuals looking to start or purchase their own business. **Organization:** Centre for Entrepreneurship Education and Development (CEED); **Address:** 7071 Bayers Rd Suite 225, Halifax, NS B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Acadia Entrepreneurship Centre - Training and Development

Acadia University's Acadia Entrepreneurship Centre offers training and development programs for new and existing businesses including workshops, courses, and consulting services to support entrepreneurial skills. **Organization:** Acadia Entrepreneurship Centre; **Address:** 24 University Ave, Wolfville, NS B4P 2R6, Canada; **Email:** entrepreneurship@acadiau.ca; **Website:** <https://www.acadiaentrepreneurshipcentre.com/>

ISANS Business Workshops

Immigrant Services Association of Nova Scotia (ISANS) offers business workshops and one-on-one business counselling for newcomers in Nova Scotia who are interested in starting a business. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960

Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/business/business-workshops/>

Digital Nova Scotia - Digital Assistance Program for Small Business

This program provides digital adoption training and support to small businesses in Nova Scotia, helping them improve their digital presence and capabilities. **Organization:** Digital Nova Scotia; **Address:** 1559 Brunswick St #100, Halifax, NS B3J 2G1, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Community Economic Development Investment Funds (CEDIFs)

CEDIFs are a pool of capital, formed by local residents in Nova Scotia, to invest in for-profit enterprises for the benefit of their community. These funds focus on local entrepreneurial ventures and development projects that create jobs and revenue within the province.

Organization: Various community organizations; **Address:** N/A - varies by individual CEDIF; **Email:** N/A - varies by individual CEDIF; **Website:** <https://novascotia.ca/econ/cedif/>

Invest Nova Scotia

Invest Nova Scotia is a fund established by the government of Nova Scotia with the goal of supporting initiatives that provide broad economic benefits to the region. The fund may not be a community-managed investment fund in the traditional sense, but it represents a parallel effort where public investment is directed towards community impact and innovation. **Organization:** Invest Nova Scotia Fund; **Address:** PO Box 2311 Halifax, NS B3J 3C8; **Email:** info@novascotia.ca; **Website:** <https://www.novascotia.ca/business/invest>

Island Investment Development Inc. (IIDI)

While based in Prince Edward Island, IIDI provides various financial assistance and investment programs that may inspire similar models in Nova Scotia. They invest in local businesses and community projects and could potentially be considered an analog to community-investment initiatives. **Organization:** Island Investment Development Inc.; **Address:** 94 Euston Street, 2nd floor, PO Box 910 Charlottetown, PE C1A 7L9; **Email:** N/A; **Website:** <https://www.princeedwardisland.ca/en/information/innovation-pei/island-investment-development-inc>

Nova Scotia Co-operative Council

The Nova Scotia Co-operative Council facilitates the Community Economic Development Investment Fund (CEDIF) for local communities. They offer resources, education, and support for establishing and managing these funds, providing a collaborative environment for community investment. **Organization:** Nova Scotia Co-operative Council; **Address:** 201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.novascotia.coop/community-economic-development-investment-fund-cedif/>

Fair Finance Fund

The Fair Finance Fund is a community finance initiative across Ontario, which could serve as a model for similar efforts in Nova Scotia. It is a social finance fund dedicated to bringing local food enterprises together with community investors, demonstrating the impact a community investment fund can have on local businesses. **Organization:** Fair Finance Fund; **Address:** N/A -

Ontario-based initiative; **Email:** info@fairfinancefund.org; **Website:** <https://www.fairfinancefund.org/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Digital Adoption Program

Offered through the Nova Scotia government, this program provides financial incentives for small businesses to adopt digital tools and technologies. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/business-and-economy/digital-adoption-program/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

The Centre for Entrepreneurship Education and Development (CEED)

CEED provides entrepreneurs with training, financial support, and mentorship. They lobby for small business support and offer programs like the CEED Financing Program. **Organization:** CEED; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

The Atlantic Canada Opportunities Agency (ACOA)

ACOA offers various funding and support programs to help businesses across Atlantic Canada, including the Business Development Program for small- and medium-sized enterprises.

Organization: ACOA; **Address:** 1801 Hollis St, Suite 600, Halifax, NS B3J 3N4, Canada; **Email:** ACOA.information.APECA@canada.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

GoFundMe Community Campaigns

While not exclusive to Nova Scotia, GoFundMe provides a platform where local businesses can set up campaigns to raise funds. Community members can easily contribute to these campaigns, supporting local entrepreneurs. **Organization:** GoFundMe; **Address:** N/A; **Email:** N/A; **Website:** <https://www.gofundme.com/start/community-fundraising>

StartSomeGood

A global crowdfunding platform, StartSomeGood has hosted campaigns for social entrepreneurs in Nova Scotia. It empowers locals to raise funds for initiatives that can make a positive impact.

Organization: StartSomeGood LLC; **Address:** N/A; **Email:** support@startsomegood.com; **Website:** <https://startsomegood.com/>

Nova Scotia Community Shares

An initiative aimed at supporting various community projects, including local business development through collective funding approaches. Members can contribute to businesses and projects that benefit the community. **Organization:** Nova Scotia Community Shares; **Address:** N/A; **Email:** info@communityshares.ca; **Website:** <http://communityshares.ca/>

Fundrazer for Nova Scotia

Fundrazer is a crowdfunding service where Nova Scotians can create campaigns to support local businesses. This platform makes it easy for community members to back businesses in their region. **Organization:** Fundrazer; **Address:** N/A; **Email:** support@fundrazer.com; **Website:** <https://fundrazer.com/>

Atlantic Canada Crowdfunding Directory

This directory provides a comprehensive list of crowdfunding platforms that can be utilized by entrepreneurs in Atlantic Canada, including Nova Scotia. Community members can browse and support local business projects. **Organization:** Atlantic Canada Opportunities Agency; **Address:** N/A; **Email:** N/A; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/fundingdirectory.html>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Centre for Entrepreneurship Education and Development (CEED)

CEED provides programs and services to help entrepreneurs at every stage, connecting them with the resources and support they need. This includes networking events and workshops aimed at fostering a community of resource-sharing among new and seasoned entrepreneurs. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** Suite 225, Halifax Shopping Centre Tower 1, 7001 Mumford Rd, Halifax, NS B3L 4N9, Canada; **Email:** info@ceed.ca; **Website:** <https://ceed.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Atlantic Canadian Women in Growth Partnership

Though not exclusively for angel investors or VCs, this partnership works to increase the number of women entrepreneurs, to support women who wish to grow their companies, and to encourage investment in women-owned businesses. This opens paths for engagement with local investors and provides businesses with potential funding and mentorship opportunities. **Organization:** Centre for Women in Business; **Address:** Mount Saint Vincent University, Margaret Norrie McCain Centre 210, 166 Bedford Highway, Halifax, NS B3M 2J6; **Email:** cwbsupport@msvu.ca; **Website:** <https://www.centreforwomeninbusiness.ca/>

Concrete Ventures

Concrete Ventures is an early-stage venture capital fund investing in pre-seed and seed-stage technology companies in Atlantic Canada, with a focus on Halifax. They actively engage with local entrepreneurs, providing them with capital and mentorship to help startups grow.

Organization: Concrete Ventures; **Address:** Not provided; **Email:** Not provided; **Website:** <http://concrete.vc/>

Island Capital Partners

While primarily focused on Prince Edward Island, Island Capital Partners also engages with companies in the broader Atlantic Canadian region. They are a PEI-based early-stage venture capital fund that invests in high potential entrepreneurs and startups, providing mentorship and capital. **Organization:** Island Capital Partners; **Address:** Not provided; **Email:** info@islandcapitalpartners.ca; **Website:** <https://www.islandcapitalpartners.ca/>

Nova Scotia Business Inc. (NSBI) Venture Capital

NSBI works to attract and support venture capital investments in Nova Scotia businesses. NSBI has formed strategic partnerships to help drive an entrepreneurial culture and provide resources, including funding, to help businesses start and grow in Nova Scotia. **Organization:** Nova Scotia

Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Innovacorp Early Stage Commercialization Fund

Provides funding to support the commercialization of technology products, processes, and services, encouraging entrepreneurial activities among researchers and technologists.

Organization: Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

The Nova Scotia Business Inc. (NSBI) Innovation Rebate Program

Offers up to a 25% rebate on capital costs for businesses looking to increase their global competitiveness. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

ACOA's Business Development Program (BDP)

Financial assistance to help SMEs grow, modernize and improve their productivity and competitiveness in both domestic and foreign markets. **Organization:** Atlantic Canada Opportunities Agency (ACOA); **Address:** 1801 Hollis Street, Suite 700, Halifax, Nova Scotia, B3J 3N4; **Email:** n/a; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/businessdevelopment.html>

Creative Nova Scotia Leadership Council Grants

Grants supporting the arts and culture sector in Nova Scotia, fostering community engagement, innovation, and cultural development. **Organization:** Arts Nova Scotia; **Address:** 1747 Summer St, Halifax, NS B3H 3A6, Canada; **Email:** artsns@novascotia.ca; **Website:** <https://artsns.ca/>

The Seed Capital Initiative

Providing seed financing, loans and equity investments to businesses in the start-up and expansion phase. **Organization:** CED; **Address:** 7071 Bayers Road, Suite 225, Halifax, Nova Scotia, B3L 2C2; **Email:** info@ced.ca; **Website:** <https://ced.ca/financing/>

Junior Achievement of Nova Scotia

Junior Achievement of Nova Scotia provides hands-on experiential learning in the classroom and through extra-curricular activities. Programs cover three key content areas: financial literacy, work readiness, and entrepreneurship. **Organization:** Junior Achievement of Nova Scotia; **Address:** 1741 Brunswick Street, Suite 123, Halifax, NS B3J 3X8; **Email:** info@janovascotia.ca; **Website:** <https://janovascotia.ca>

Credit Counselling Services of Atlantic Canada

Credit Counselling Services of Atlantic Canada, Inc. (CCSAC) offers financial literacy workshops, including budgeting, understanding credit, and debt management, with the aim of providing individuals with the financial knowledge and skills they need. **Organization:** Credit Counselling Services of Atlantic Canada; **Address:** 5160 Duke Street, Suite 524, Halifax, NS B3J 1N7; **Email:** contact@solveyourdebts.com; **Website:** <https://www.solveyourdebts.com>

Women's Employment Outreach

Women's Employment Outreach provides financial literacy training for women including aspects of understanding credit, budgeting, and financial planning to help women gain independence and start their own businesses. **Organization:** Women's Employment Outreach; **Address:** Halifax, NS - Exact address not provided; **Email:** info@womenscentrehalifax.ca; **Website:** <https://womenscentre.ca>

CEED - Centre for Entrepreneurship Education and Development

CEED delivers a wide range of programs and services to individuals and groups at various stages of entrepreneurship, including financial literacy components that empower entrepreneurs to manage finances effectively. **Organization:** Ceed - Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca>

Financial Education Workshops

A series of workshops aimed at increasing financial literacy and understanding of the economic impact of interest rates and lending among the public and small businesses. **Organization:** Credit Counselling Services of Atlantic Canada, Inc.; **Address:** Suite 410 - 6169 Quinpool Rd, Halifax NS B3L 4P8; **Email:** contact@solveyourdebts.com; **Website:** <https://www.solveyourdebts.com/>

Small Business Financing Education

Programs and seminars that offer education on small business financing, including the influence of interest rates and lending policies on businesses. **Organization:** Nova Scotia Co-operative Council; **Address:** 202-3831 Joseph Howe Dr, Halifax, NS B3L 4H9; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.nsco-opcouncil.ca/business-development/>

Economic Growth Awareness Campaigns

Community-based campaigns dedicated to informing the public about economic challenges, including those posed by financial markets and policy changes. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1; **Email:** info@halifaxchamber.com; **Website:** <https://www.halifaxchamber.com/>

Affordable Credit and Banking Initiative

This program includes advocacy to make changes in policies related to accessible and affordable banking and credit services for marginalized communities. **Organization:** United Way Halifax; **Address:** 46 Portland Street, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Fair Banking Campaign

This initiative aims to engage with policymakers to advocate for policies that protect consumers from predatory lending practices and ensure access to fair banking services. **Organization:** Credit Counselling Services of Atlantic Canada, Inc.; **Address:** Suites 310-320, 1600 Bedford Highway, Bedford, NS B4A 1E8; **Email:** counsel@solveyourdebts.com; **Website:** <https://www.solveyourdebts.com/>

Consumer Advocacy

This effort involves engaging with policy makers and the public to advocate for changes to laws governing payday loans and other high cost credit products. **Organization:** Dalhousie Legal Aid Service; **Address:** 2209 Gottingen Street, Halifax, NS B3K 3B5; **Email:** dlas@dal.ca; **Website:** <https://www.dal.ca/faculty/law/dlas.html>

Poverty Elimination & Community Economic Development

Through this approach, the organization works on policy change to address poverty, which includes interest rates and lending practices that impact low-income families. **Organization:** Nova Scotia Association of Community Business Development Corporations; **Address:** 202-260 Wyse Road, Dartmouth, NS B3A 4M3; **Email:** info@cbdc.ca; **Website:** <https://www.cbdc.ca/>

Buy Local Initiative

A government-supported campaign aimed at encouraging residents to shop from local businesses in Nova Scotia. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/buy-local/>

Select Nova Scotia

A provincial government program that promotes Nova Scotia's agricultural products to increase awareness and consumption of local food within the province. **Organization:** Department of Agriculture, Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://selectnovascotia.ca/>

Digital Main Street

A program designed to help small businesses achieve digital transformation and includes tools, resources, and grants. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS, B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Shop Local Tax Credit

A personal income tax credit that encourages Nova Scotians to invest in small local businesses. **Organization:** Government of Nova Scotia, Finance and Treasury Board; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/shop-local-tax-credit/>

Taste of Nova Scotia – Get Your Hands on Local

A campaign that connects consumers with Nova Scotia-made products, from seafood to craft beverages and everything in between. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, Nova Scotia, B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com/get-your-hands-on-local/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

CEED – Centre for Entrepreneurship Education and Development

CEED offers programs, consultations, and funding options to inspire and help Nova Scotians become successful entrepreneurs. Their offerings include the Self-Employment Benefits Program and a variety of workshops. **Organization:** Ceed; **Address:** 2000 Barrington St Suite 140, Halifax, NS B3J 3K1, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Startup Zone

Provides entrepreneurs with a space to connect with peers, access to mentors, and resources to grow their business, aiming to stimulate the startup ecosystem. **Organization:** Startup Zone; **Address:** 31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4; **Email:** hello@startupzone.ca; **Website:** <https://startupzone.ca>

Nova Scotia Community College (NSCC) – Entrepreneurship

NSCC offers support programs that promote entrepreneurship among students, including mentorship, training sessions, and access to sandbox spaces to stimulate innovative business ideas and ventures. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1A9, Canada; **Email:** n/a; **Website:** <https://www.nscc.ca/>

Dalhousie University - Norman Newman Centre for Entrepreneurship

The Centre offers a LaunchPad accelerator program, events, mentorships, and a collaborative space to help foster entrepreneurship within the student community at Dalhousie University. **Organization:** Norman Newman Centre for Entrepreneurship; **Address:** Rowe Building, 6100 University Ave, Halifax, NS B3H 4R2, Canada; **Email:** nncfe@dal.ca; **Website:** <https://www.dal.ca/faculty/management/nnce.html>

Common Good Solutions

Common Good Solutions supports social enterprises and community-based businesses, offering consulting, incubation, and resources to foster cooperatives and collective ventures in Nova Scotia. **Organization:** Common Good Solutions; **Address:** 5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6; **Email:** hello@commongoodsolutions.ca; **Website:** <https://commongoodsolutions.ca>

Community Credit Union - Business Lending

Community Credit Unions in Nova Scotia offer business lending options which are more flexible

than traditional banks and can cater to small and local businesses with different financing needs. **Organization:** Credit Union Atlantic; **Address:** 350-200 Waterfront Drive, Bedford, NS, B4A 4J4; **Email:** info@cua.com; **Website:** <https://www.cua.com/>

Ulnooweg Development Group - Aboriginal Capital

Ulnooweg has been providing loans and business services to Atlantic Canadian Aboriginal entrepreneurs since 1986. They supply developmental lending to Aboriginal businesses and communities. **Organization:** Ulnooweg Development Group Inc.; **Address:** 210 Truro Heights Rd, Truro Heights, NS B6L 1X1; **Email:** info@ulnooweg.ca; **Website:** <https://www.ulnooweg.ca/>

Nova Scotia Co-operative Council - Community Economic Development Investment Funds (CEDIFs)

A CEDIF is a pool of capital, formed through the sale of shares (or units), to residents of a community. The capital is subsequently invested in local for-profit businesses. **Organization:** Nova Scotia Co-operative Council; **Address:** 210-4 Queen Street, Truro, NS B2N 1A2; **Email:** info@novascotia.coop; **Website:** <https://www.novascotia.coop/what-we-do/community-economic-development/>

FarmWorks Investment Co-operative Limited

A community economic development investment fund that provides citizens with the opportunity to invest in local food production and distribution, supporting sustainable agricultural business in Nova Scotia. **Organization:** FarmWorks; **Address:** Box 640, 75 White Point Beach Resort Road, White Point, NS B0T 1G0; **Email:** info@farmworks.ca; **Website:** <https://www.farmworks.ca>

Fair Finance Fund

The Fair Finance Fund is a community finance initiative across Ontario, which could serve as a model for similar efforts in Nova Scotia. It is a social finance fund dedicated to bringing local food enterprises together with community investors, demonstrating the impact a community investment fund can have on local businesses. **Organization:** Fair Finance Fund; **Address:** N/A - Ontario-based initiative; **Email:** info@fairfinancefund.org; **Website:** <https://www.fairfinancefund.org/>

Halifax Partnership

Halifax Partnership is Halifax's economic development organization. They facilitate business growth by fostering collaboration between businesses through various networking events, programs, and investment attraction strategies. **Organization:** 1969 Upper Water Street, Suite 2101, Halifax, NS B3J 3R7; **Address:** 1969 Upper Water Street, Suite 2101, Halifax, NS B3J 3R7; **Email:** info@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Centre for Women in Business

The Centre for Women in Business is dedicated to helping women across Nova Scotia through networking, education, and growth opportunities. They organize events and initiatives to foster collaboration among women entrepreneurs. **Organization:** Mount Saint Vincent University, 166 Bedford Highway, Halifax, NS B3M 2J6; **Address:** Mount Saint Vincent University, 166

Bedford Highway, Halifax, NS B3M 2J6; **Email:** cwinfo@msvu.ca; **Website:** <https://www.centreforwomeninbusiness.ca/en/home/default.aspx>

Nova Scotia Business Inc. (NSBI)

NSBI is a business development agency for the province, which offers programs such as networking events, trade missions, and business workshops to encourage collaboration amongst businesses in various sectors. **Organization:** 1903 Barrington Street, Suite 1301, Halifax, NS B3J 2A8; **Address:** 1903 Barrington Street, Suite 1301, Halifax, NS B3J 2A8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Digital Nova Scotia

Digital Nova Scotia is an industry association that fosters growth and collaboration in the province's digital sectors. They provide networking opportunities, industry events, and workshops for businesses. **Organization:** 1 Research Drive, Dartmouth, NS B2Y 4M9; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Volta

Volta is an innovation hub in downtown Halifax that provides a space for technology-based businesses to work and collaborate. They offer networking events and programs to boost the startup ecosystem. **Organization:** 1505 Barrington Street Unit 100, Halifax, NS B3J 3K5; **Address:** 1505 Barrington Street Unit 100, Halifax, NS B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

The Halifax Chamber of Commerce

The Halifax Chamber of Commerce creates value and prosperity for their members through networking opportunities, advocacy, and resources. They organize various business events and programs that provide collaborative platforms. **Organization:** 32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1; **Address:** 32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1; **Email:** info@halifaxchamber.com; **Website:** <https://halifaxchamber.com/>

Ignite Atlantic

Ignite Atlantic aims to foster innovation and support startups throughout rural Nova Scotia. They organize networking events and provide co-working spaces to encourage collaboration among entrepreneurs and businesses. **Organization:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** hello@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Your Money Students

A program dedicated to teaching financial literacy to high school students, covering topics such as saving, investing, and other aspects of personal finance. **Organization:** Chartered Professional Accountants of Canada (CPA Canada); **Address:** 1871 Hollis Street, Suite 300, Halifax, NS B3J 0C3; **Email:** atlantic@cpacanada.ca; **Website:** <https://www.cpacanada.ca/>

Make It Count

A program that integrates financial literacy into the classroom, helping teachers to instil money

management skills in their students. **Organization:** Credit Counselling Services of Atlantic Canada, Inc.; **Address:** Park Lane - Mall Level 3, 5657 Spring Garden Road, Box 142, Halifax, NS B3J 3R4; **Email:** info@solveyourdebts.com; **Website:** <https://www.solveyourdebts.com/>

Each One, Teach One Financial Literacy Program

A workshop series offered by credit union staff where participants learn about various financial topics in a straightforward manner. **Organization:** Credit Union Atlantic; **Address:** 6080 Young Street, P.O. Box 8500 Stn Central, Halifax, NS B3K 5L2; **Email:** cuainfo@atlanticcu.com; **Website:** <https://atlanticcreditunions.ca/>

Financial Capability Network

A collaborative effort among various organizations that aims to improve financial capability and empowerment across Nova Scotia. **Organization:** United Way Halifax; **Address:** 46 Portland Street, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Money Matters

A free financial literacy and savings program, focusing on helping newcomers to Canada understand the financial system and how to manage their money effectively. **Organization:** Association of Black Social Workers; **Address:** P.O. Box 880, Halifax, NS B3J 2V9; **Email:** abswoffice.ns.sympatico.ca; **Website:** <https://www.absns.com/programs-services>

Smart Money Program

A suite of tools and resources designed to teach Nova Scotians about managing finances, understanding credit, and making informed financial decisions. **Organization:** Credit Union Atlantic; **Address:** 6080 Young Street, P.O. Box 8500 Stn Central, Halifax, NS B3K 5L2; **Email:** cuainfo@atlanticcu.com; **Website:** <https://atlanticcreditunions.ca/>

Affordable Lending Programs

Many banks and credit unions in Nova Scotia have developed affordable lending programs aimed at providing more accessible financial products to underserved communities. These programs often involve engagement with community groups and individuals to understand their needs and constraints. **Organization:** Credit Union Atlantic (CUA); **Address:** 350-200 Waterfront Drive, Bedford, NS B4A 4J4; **Email:** info@cua.com; **Website:** <https://www.cua.com>

Financial Literacy Workshops

Series of workshops focused on improving financial literacy among community members, including topics like budgeting, saving, investing, and understanding credit. **Organization:** Credit Counselling Services of Atlantic Canada; **Address:** 6080 Young St #501, Halifax, NS B3K 5L2, Canada; **Email:** info@solveyourdebts.com; **Website:** <https://www.solveyourdebts.com>

Social Finance Framework

The Government of Nova Scotia is working on the creation of a Social Finance Framework, meant to design and implement strategies to encourage social and community-based investing. Part of this framework focuses on constructive engagements between the community and

financial institutions. **Organization:** Government of Nova Scotia; **Address:** PO Box 216, Halifax, NS B3J 2M4; **Email:** Not provided; **Website:** <https://novascotia.ca>

Skills for Hire Nova Scotia

Launched by the government of Nova Scotia, this program helps improve access to vocational training and aligns with the needs of local industries by providing online training that equips participants with in-demand tech skills. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/programs/skills-for-hire/>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Nova Scotia Community College (NSCC) Programs

NSCC offers a variety of programs and courses that provide vocational training in diverse fields, including trades and technology, aligning with the local labour market demands and industry needs. **Organization:** Nova Scotia Community College (NSCC); **Address:** 1575 Spring Garden Road, Suite 300, Halifax, NS, B3J 2B3; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Workplace Education Initiative – Nova Scotia

Funded by the Department of Labour and Advanced Education, this initiative provides free workplace education programs for Nova Scotia's businesses and their employees to improve literacy, essential skills, and workplace skills. **Organization:** Department of Labour and Advanced Education; **Address:** N/A; **Email:** workplace.education@novascotia.ca; **Website:** <https://novascotia.ca/programs/workplace-education/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

START Program

The START program encourages employers to hire Nova Scotians requiring work experience. Financial incentives are provided to employers to help train workers and offset the cost of wages in the early stages of employment. **Organization:** Government of Nova Scotia – Labour and Advanced Education; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/employmentnovascotia/programs/start.asp>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input,

and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Halifax Chamber of Commerce - Advocacy

The Halifax Chamber of Commerce advocates for policy development that benefits the Halifax business community. They work closely with leaders and policymakers to ensure the voice of the business community is heard in government policy decisions. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Boulevard, Suite 100, Dartmouth, NS B3B 1N1; **Email:** advocacy@halifaxchamber.com; **Website:** <https://halifaxchamber.com/>

The Nova Scotia Business & Labour Economic Coalition

The coalition aims to address economic challenges by bringing together business and labour groups to advocate for constructive policy reform that supports economic development and job creation. **Organization:** The Nova Scotia Business & Labour Economic Coalition; **Address:** Not specifically provided; **Email:** Not specifically provided; **Website:** URL not available; organization typically found in news articles or through the Halifax Chamber of Commerce

Nova Scotia Federation of Labour

The Federation works to influence public policy on behalf of labour organizations in the interest of workers in Nova Scotia. They organize campaigns and meet with politicians to advocate for fair and progressive labour policies. **Organization:** Nova Scotia Federation of Labour; **Address:** 3700 Kempt Road, Suite 225, Halifax, NS B3K 4X8; **Email:** nsfl@nsfl.ns.ca; **Website:** <https://nslabour.ca/>

Nova Scotia Advocate

Nova Scotia Advocate is an online publication that often features articles and opinion pieces on social policy reform. By giving voice to concerns and ideas, it indirectly works to influence policymakers and public opinion on issues related to economic growth and job creation.

Organization: Nova Scotia Advocate; **Address:** Not specifically provided; **Email:** robert@nsadvocate.org; **Website:** <https://nsadvocate.org/>

Halifax Partnership's Economic Strategy

The Halifax Partnership coordinates among businesses, government, and other key stakeholders in the Halifax area to develop strategies for economic growth and development, including the review of policies that may hinder development. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water St, Suite 2101, Halifax, NS B3J 3R7; **Email:** contactus@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

One Nova Scotia Coalition

The One Nova Scotia Coalition is a cross-sectoral collaborative initiative aimed at driving inclusive economic growth and addressing demographic issues. It promotes cooperation among businesses, government, academic institutions, and community organizations. **Organization:** One Nova Scotia; **Address:** None; **Email:** None; **Website:** <http://www.onens.ca/>

Nova Scotia Business Inc. (NSBI) Strategic Plan

NSBI's strategic plan involves working with businesses and various stakeholders to address

economic challenges, including regulatory barriers that may impact growth. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Ivany Report: Now or Never

Commissioned to examine the economy of Nova Scotia, the Ivany Report was a detailed economic impact study that highlighted the dire need for economic revitalization in the province.

Organization: The Nova Scotia Commission on Building Our New Economy; **Address:** N/A; **Email:** N/A; **Website:** <https://onens.ca/>

Nova Scotia Regional Economic Assessment

A study to understand the economic impacts of various sectors, inform policy-making and development strategies. **Organization:** Nova Scotia Department of Finance and Treasury Board; **Address:** 1723 Hollis St, Halifax, NS B3J 1V9, Canada; **Email:** FTBWEB@novascotia.ca; **Website:** <https://www.novascotia.ca/finance>

Economic Impact of Post-secondary Institutions in Nova Scotia

An analysis of the economic contribution of universities and colleges across Nova Scotia, emphasizing their role in job creation and economic development. **Organization:** Education and Early Childhood Development, Province of Nova Scotia; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** n/a; **Website:** <https://www.ednet.ns.ca/>

Halifax Index

An annual economic report that measures Halifax's economic progress, identifies areas for policy reform, and promotes job creation. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water St, Suite 2101, Purdy's Tower II, Halifax, NS B3J 3R7, Canada; **Email:** info@halifaxpartnership.com; **Website:** <https://www.halifaxpartnership.com/>

Protect Our Coast NS

A grassroots movement that encourages community members to engage in lobbying against offshore drilling around Nova Scotia. They organize events, petitions, and letter-writing campaigns to representatives. **Organization:** The Campaign to Protect Offshore Nova Scotia (CPONS); **Address:** N/A; **Email:** info@protectourcoast.ca; **Website:** <https://www.protectourcoast.ca/>

Action Against Poverty

A campaign where community members are encouraged to contact their representatives to push for policy changes addressing poverty in Nova Scotia. **Organization:** Nova Scotia Action Against Poverty; **Address:** N/A; **Email:** contact@nsaap.ca; **Website:** N/A

Save Owls Head

A grassroots movement focusing on preventing the sale and development of publicly-owned park lands at Owls Head. Involves petitions, letter-writing, and community mobilization for lobbying efforts. **Organization:** Save Owls Head; **Address:** N/A; **Email:** saveowlshead@gmail.com; **Website:** <https://saveowlshead.org/>

EAC Wildlands Campaign

An initiative aimed at protecting Nova Scotia's biodiversity by mobilizing the community to lobby for the protection of wildlands. Utilizes petitions, public awareness, and direct lobbying.

Organization: Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, Nova Scotia, B3K 4L3; **Email:** action@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Fair Drug Prices

A campaign advocating for fair drug prices in Nova Scotia by encouraging individuals to contact their local representatives and demand policy reform. **Organization:** Fair Drug Prices Coalition; **Address:** N/A; **Email:** info@fairdrugpricesns.ca; **Website:** N/A

Digital Nova Scotia: Digital Assistance Program for Small Businesses

This program includes mentorship, resources and support for digital adoption aimed at helping small businesses expand their digital capabilities, including workshops and one-on-one coaching.

Organization: Digital Nova Scotia; **Address:** 1546 Barrington St, Suite 104, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

CEED - Centre for Entrepreneurship Education and Development

CEED offers loans to start or grow a small business in Nova Scotia. The organization supports entrepreneurs through the financial process and provides access to microcredit along with training and development programs. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Nova Scotia Business Inc. (NSBI) - Small Business Development Program

NSBI provides various programs supporting small businesses including financial incentives, export development services, and business workshops. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Innovacorp - High Performance Incubation (HPi)™

This program provides promising technology startups with incubation facilities, expert advice, and other supports to accelerate their growth. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Atlantic Canada Opportunities Agency (ACOA) - Business Development Program

Offers financial assistance to help small and medium-sized enterprises in Atlantic Canada to increase their competitiveness and productivity. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St #700, Halifax, NS B3J 3N4, Canada; **Email:** N/A; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/businessdevelopment.html>

Co-operative Education at Dalhousie University

Dalhousie University's Co-operative Education integrates academic studies with related work experience, enabling students to alternate between academic terms and work terms. It forms partnerships with industry to provide students with practical experience. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** coop@dal.ca; **Website:** https://www.dal.ca/academics/cooperative_education.html

Nova Scotia Community College (NSCC) Work-Integrated Learning

NSCC offers work-integrated learning opportunities such as co-ops, internships, and apprenticeships in various programs to align with industry needs and enhance student employability. **Organization:** Nova Scotia Community College; **Address:** NSCC, P.O. Box 220, Halifax, NS B3J 2M4, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

The Sandbox

Collaborative spaces across various Nova Scotia universities and colleges where students, entrepreneurs, and businesses can come together to foster innovation and develop entrepreneurial skills. **Organization:** Multiple Institutions; **Address:** Locations vary across participating universities and colleges; **Email:** Varies per specific sandbox; **Website:** <https://www.sandboxnetwork.com>

Innovate Atlantic

An initiative by Volta, Innovate Atlantic brings together researchers, entrepreneurs, and businesses to bridge the gap between innovation and commercialization in Atlantic Canada. **Organization:** Volta; **Address:** 1505 Barrington St, Unit 100, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com>

Digital Nova Scotia Tech Talent

Digital Nova Scotia has several programs that connect students to industry through placements, internships, and mentorship programs, ensuring digital skills development aligns with industry needs. **Organization:** Digital Nova Scotia; **Address:** 63 King St, Dartmouth, NS B2Y 2R7, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

Mitacs

Mitacs builds partnerships between academia and industry for research and training. It offers

programs like Accelerate and Elevate which foster collaboration between graduate students, postdoctoral fellows and industry partners in Nova Scotia. **Organization:** Mitacs; **Address:** Various locations across Nova Scotia; **Email:** help@mitacs.ca; **Website:** <https://www.mitacs.ca/en/programs/accelerate>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Atlantic Canada Opportunities Agency (ACOA)

ACOA works to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative and productive. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St #600, Halifax, NS B3J 3N4, Canada; **Email:** info@acoa-apeca.gc.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

COVE - Centre for Ocean Ventures & Entrepreneurship

COVE is a collaborative facility for applied innovation in the ocean sector. They are dedicated to support ocean technology startups with access to infrastructure, expertise, and community engagement to promote technology adoption. **Organization:** Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Nova Scotia Community College (NSCC) Applied Research

The NSCC provides opportunities for applied research in various sectors, including natural resources. Collaborations between industry and NSCC can facilitate research into mining technology to improve efficiency while being conscious of job preservation. **Organization:** Nova Scotia Community College; **Address:** NSCC, 5685 Leeds St, PO Box 1153, Halifax, NS B3J 2X1; **Email:** research@nscc.ca; **Website:** <https://www.nscc.ca/>

Skills for Success

Skills for Success is a program designed to help adults improve their literacy, numeracy, and

digital skills which are essential for work. The program is delivered through a variety of training providers across Nova Scotia. **Organization:** Literacy Nova Scotia; **Address:** 1-50 Eileen Stubbbs Avenue, Suite 130, Dartmouth, Nova Scotia B3B 0M7; **Email:** info@literacyns.ca; **Website:** <https://www.literacyns.ca/>

Workplace Education Initiative

The initiative provides free educational programs in the workplace to help employees develop essential skills needed for the workplace. This includes courses like Essential Skills and Small Business Development Programs. **Organization:** Nova Scotia Department of Labour and Advanced Education; **Address:** P.O. Box 697, Halifax, Nova Scotia B3J 2T8; **Email:** workplace.education@novascotia.ca; **Website:** <https://novascotia.ca/programs/workplace-education/>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

The Centre for Employment Innovation (CEI)

CEI supports the development, research, and implementation of innovative practices related to workforce and workplace development. They offer various programs to enhance leadership, organizational effectiveness, and workforce readiness. **Organization:** St. Francis Xavier University; **Address:** Coady International Institute, PO Box 5000, Antigonish, Nova Scotia B2G 2W5; **Email:** cei@stfx.ca; **Website:** <https://www.stfxemploymentinnovation.ca/>

Nova Scotia Community College (NSCC) – Continuing Education

NSCC offers various continuing education courses and programs designed to help individuals upskill or reskill, whether it's to advance in their current career or enter a new field.

Organization: Nova Scotia Community College; **Address:** PO Box 1153, Halifax, Nova Scotia B3J 2X1; **Email:** webinquiry@nscc.ca; **Website:** https://www.nscc.ca/learning_programs/coned/index.asp

The Nova Scotia Offshore Energy Research Association (OERA)

OERA is a non-profit organization that fosters research and development in the offshore energy sector through collaboration between government bodies, academic institutions, and industry players. This public-private partnership aims at sustainable and responsible energy development.

Organization: OERA; **Address:** The Innovacorp Enterprise Centre, 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@oera.ca; **Website:** <http://www.oera.ca>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

The Centre for Ocean Ventures & Entrepreneurship (COVE)

COVE is a collaborative facility for applied innovation in the ocean sector. This hub connects people, ideas, and resources to instigate and facilitate the development of the ocean economy. **Organization:** COVE; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Fair Regulations for Small Distillers

Advocacy for fair regulations that enable small craft distilleries to operate on a level playing field. Focus on tax rates, distribution laws, and license restrictions. **Organization:** Craft Distillers Association of Nova Scotia; **Address:** 123 Distillery Lane, Halifax, NS, B3J 2L4; **Email:** info@cdans.ca; **Website:** [https://www.cdans.ca/](https://www.cdans.ca)

Promotion of Local Food Movement

Lobbying for government support and less restrictive regulations to foster the growth of local food producers and increase market access. **Organization:** Farmers' Markets of Nova Scotia Cooperative; **Address:** 15 Young Street, Truro, NS, B2N 3W3; **Email:** contact@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca/>

Small Business Tax Reform

Advocacy for tax reforms that benefit small businesses, including changes to provincial taxes and business registration fees. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Boulevard, Dartmouth, NS, B3B 1N1; **Email:** info@halifaxchamber.com; **Website:** <https://halifaxchamber.com/>

Renewable Energy Policy Advocacy

Lobbying for the development and implementation of policies that support the growth of the renewable energy sector in Nova Scotia. **Organization:** Sustainable Energy Nova Scotia; **Address:** PO Box 1002, Halifax, NS, B3J 2X1; **Email:** info@sens.ca; **Website:** <http://www.sens.ca/>

Support for Immigrant Entrepreneurs

Lobbying for policies that reduce barriers and create supportive environments for immigrant entrepreneurs to start and grow their businesses in Nova Scotia. **Organization:** Immigrant

Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS, B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Participatory Budgeting

Participatory Budgeting allows citizens in various districts of Halifax to have a say in how a portion of the municipal budget is spent. Community members submit project proposals and vote on which projects should be funded. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contactus@halifax.ca; **Website:** <https://www.halifax.ca/>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

The Nova Scotia Law Amendments Committee

A legislative committee that invites the public to comment on proposed laws. The committee holds public hearings where citizens and organizations can present their views on bills under consideration. **Organization:** Nova Scotia Legislature; **Address:** 1726 Hollis Street, Halifax, NS B3J 2Y3, Canada; **Email:** Legc.office@novascotia.ca; **Website:** <https://nslegislature.ca/legislative-business/committees/law-amendments>

Halifax Regional Municipality Public Consultations

The municipality conducts public consultations on a variety of issues, from budget priorities to regional plan reviews, providing residents with opportunities to offer input that shapes policy and decision-making. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** clerks@halifax.ca; **Website:** <https://www.shapeyourcityhalifax.ca>

The Nova Scotia Health Authority's Public Engagement

NSHA engages the public via consultations, advisory panels, and feedback opportunities on healthcare-related policies and practices to ensure the community's needs and perspectives are incorporated. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** engage4health@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Business Education Workshops

Offering workshops that cover topics such as navigating regulations, leveraging technology for business innovation, and financing business expansion. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Blvd, Dartmouth, NS B3B 1N1; **Email:** info@halifaxchamber.com; **Website:** <https://halifaxchamber.com/>

Entrepreneurship Awareness Campaigns

Running campaigns to showcase successful local businesses that have grown through innovation and educating the public on the benefits of supporting such initiatives. **Organization:** Nova

Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Innovation and Technology Seminars

Organizing seminars for businesses and the wider community focusing on the latest technology trends and innovations that can drive business expansion. **Organization:** Innovacorp; **Address:** 1344 Summer Street, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://www.innovacorp.ca/>

Startup Workshops

Facilitating workshops that provide insights and guidance to startups on scaling up their business operations while navigating through regulatory landscapes. **Organization:** Volta; **Address:** 1505 Barrington Street Unit 100, Halifax, NS B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Regulatory Reform Workshops

Workshops aimed at informing businesses about ongoing regulatory reforms and how they can take advantage of these changes for business expansion. **Organization:** Canadian Federation of Independent Business (CFIB); **Address:** 1809 Barrington Street, Suite 1303, Halifax, NS B3J 3K8; **Email:** cfib@cfib.ca; **Website:** <https://www.cfib-fcei.ca/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Halifax Partnership

The Halifax Partnership is Halifax's economic development organization. It works to keep, grow, and get business, talent, and investment in Halifax. It brings together all three levels of government, industry, post-secondary, and community partners to create and nurture the necessary relationships to see the economy flourish. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7; **Email:** contact@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Centre for Women in Business

Focused on supporting women entrepreneurs through mentoring, networking, training, and workshops, adapting to business trends. **Organization:** Centre for Women in Business; **Address:** Mount Saint Vincent University, Halifax, NS B3M 2J6; **Email:** info@centreforwomeninbusiness.ca; **Website:** <https://www.centreforwomeninbusiness.ca>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:**

Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Co-operative Council

The Nova Scotia Co-operative Council facilitates the Community Economic Development Investment Fund (CEDIF) for local communities. They offer resources, education, and support for establishing and managing these funds, providing a collaborative environment for community investment. **Organization:** Nova Scotia Co-operative Council; **Address:** 201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.novascotia.coop/community-economic-development-investment-fund-cedif/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Nova Scotia Business Inc. (NSBI) Reporting

Nova Scotia Business Inc. provides detailed annual reports outlining the impact of their initiatives on local businesses. The reports showcase performance metrics, investment outcomes, and contributions to innovation within the province. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street Suite 701, Halifax, NS B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

One Nova Scotia Coalition Reports

The One Nova Scotia Coalition works on tracking the progress towards the OneNS goals, which include business growth and innovation. They provide a series of reports indicating the collective progress of government, businesses, and community groups in these areas. **Organization:** One Nova Scotia Coalition; **Address:** N/A; **Email:** info@onens.ca; **Website:** <https://onens.ca/>

Atlantic Provinces Economic Council (APEC) Economic Publications

APEC provides insights and economic reports that help monitor business environment trends and impacts of regulations on the Atlantic Canadian economy, which includes Nova Scotia.

Organization: Atlantic Provinces Economic Council; **Address:** 5121 Sackville Street Suite 500, Halifax, NS B3J 1K1; **Email:** info@apec-econ.ca; **Website:** <https://www.apec-econ.ca/publications/>

Department of Finance and Treasury Board Reports and Forecasts

The Department of Finance and Treasury Board of Nova Scotia produces economic reports, including fiscal forecasts that suggest how regulations might impact local businesses and economic innovation. **Organization:** Department of Finance and Treasury Board of Nova Scotia; **Address:** 1723 Hollis Street, PO Box 187, Halifax, NS B3J 2N3; **Email:** finance@novascotia.ca; **Website:** <https://beta.novascotia.ca/>

Advocacy for Sustainable Forestry Practices

The Registered Professional Foresters Association of Nova Scotia advocates for sustainable

forestry practices among its members and engages with government officials to influence forestry-related regulations. **Organization:** Registered Professional Foresters Association of Nova Scotia; **Address:** Nova Scotia, Canada; **Email:** info@rpfa.ca; **Website:** <https://rpfa.ca/>

Physician Recruitment and Healthcare Advocacy

Doctors Nova Scotia works to recruit physicians and improve healthcare delivery. Their advocacy efforts often involve engaging with provincial health authorities and government bodies to improve policies impacting doctors and patients. **Organization:** Doctors Nova Scotia; **Address:** 25 Spectacle Lake Drive, Dartmouth, NS B3B 1X7, Canada; **Email:** doctorsns@doctorsns.com; **Website:** <https://www.doctorsns.com/>

Engineering Regulatory and Advocacy Efforts

Engineers Nova Scotia engages in advocacy work to ensure that regulatory changes meet the standards and needs of the engineering profession within the province. **Organization:** Engineers Nova Scotia; **Address:** 1355 Barrington Street, Halifax, NS B3J 1Y9, Canada; **Email:** info@engineersnovascotia.ca; **Website:** <https://engineersnovascotia.ca/>

Legal Profession Advocacy and Regulatory Engagement

The Nova Scotia Barristers' Society represents legal professionals in the province and engages with various stakeholders to shape the regulation of the legal profession in alignment with public interest. **Organization:** Nova Scotia Barristers' Society; **Address:** Cogswell Tower, 800-2000 Barrington Street, Halifax, NS B3J 3K1, Canada; **Email:** info@nsbs.org; **Website:** <https://nsbs.org/>

Nursing Advocacy and Professional Development

The College of Registered Nurses of Nova Scotia (CRNNS) works to ensure that nursing practices evolve and that regulatory standards reflect current professional requirements and public health needs. **Organization:** College of Registered Nurses of Nova Scotia (Now known as Nova Scotia College of Nursing); **Address:** 120 Western Parkway, Suite 300, Bedford, NS B4B 0V2, Canada; **Email:** info@nscn.ca; **Website:** <https://nscn.ca/>

Nova Scotia Business Hall of Fame

The Nova Scotia Business Hall of Fame honors local business leaders who have contributed significantly to the economic development in the province. By showcasing these leaders and their success stories, they provide examples of how businesses can succeed within the environment of Nova Scotia's regulations. **Organization:** Junior Achievement of Nova Scotia; **Address:** Suite 1201, 2000 Barrington Street, Halifax, NS B3J 3K1; **Email:** info@janovascotia.ca; **Website:** <https://janovascotia.ca/>

Innovation and Success Stories

The Government of Nova Scotia shares stories of local businesses, entrepreneurs, and innovative practices on their official website, demonstrating the rich entrepreneurial spirit in the province and the possibilities of thriving under the current regulations. **Organization:** Nova Scotia Government; **Address:** One Government Place, 1700 Granville Street, Halifax, NS B3J 1X5; **Email:** n/a; **Website:** <https://novascotia.ca/business/innovation-and-success-stories/>

Nova Scotia Export Achievement Awards

Annual awards that recognize successful Nova Scotian exporters and their contributions to the economy. This event also serves as a networking opportunity. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Digital Nova Scotia's Tech Lounge

A series of networking events that feature successful tech industry leaders who share their journey, including how they navigate through regulations and other challenges. The aim is to inspire and inform others in the digital community. **Organization:** Digital Nova Scotia; **Address:** 5557 Cunard Street, Suite 200, Halifax, NS B3K 1C5; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Starting Lean: The Journey of Innovation

A speaker series by Volta, which often showcases successful startup founders and industry leaders who discuss their entrepreneurial journey, including how they worked with or around regulations to innovate and grow. **Organization:** Volta; **Address:** 1505 Barrington Street Unit 100, Halifax, NS B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

The Halifax Chamber of Commerce - Regulatory Advocacy

The Halifax Chamber of Commerce advocates for improved regulatory practices in Nova Scotia and often forms coalitions with various stakeholders for this purpose. They work to address issues such as cross-border trade, streamlining business permits, and more. **Organization:** The Halifax Chamber of Commerce; **Address:** 32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1, Canada; **Email:** info@halifaxchamber.com; **Website:** <https://halifaxchamber.com>

Workplace Innovation and Productivity Skills Incentive

The Workplace Innovation and Productivity Skills Incentive is an example of a cooperative effort where government and industry associations work together to invest in employee skills development and training, indirectly supporting regulatory reform by adapting the workforce to new regulations. **Organization:** Nova Scotia Department of Labour and Advanced Education; **Address:** 2021 Brunswick St, PO Box 578, Halifax, NS B3J 2S9, Canada; **Email:** LAE@novascotia.ca; **Website:** <https://novascotia.ca/programs/workplace-innovation-productivity-skills-incentive/>

Atlantic Chamber of Commerce - Regulatory Reform

The Atlantic Chamber of Commerce engages in regulatory reform advocacy across the Atlantic provinces, including Nova Scotia. They partner with local businesses, policy-makers, and other chambers to promote a more efficient regulatory environment. **Organization:** Atlantic Chamber of Commerce; **Address:** 5121 Sackville Street, Suite 101, Halifax, Nova Scotia B3J 1K1, Canada; **Email:** info@atlanticchamber.ca; **Website:** <https://www.atlanticchamber.ca>

Nova Scotia Federation of Labour

The Federation works to influence public policy on behalf of labour organizations in the interest of workers in Nova Scotia. They organize campaigns and meet with politicians to advocate for fair and progressive labour policies. **Organization:** Nova Scotia Federation of Labour; **Address:**

3700 Kempt Road, Suite 225, Halifax, NS B3K 4X8; **Email:** nsfl@nsfl.ns.ca; **Website:** <https://nslabour.ca/>

Canadian Federation of Independent Business (CFIB) - Nova Scotia

The CFIB represents independent businesses across Nova Scotia and works to influence regulatory policies at the provincial level. By gathering the strength of its members, it seeks to improve the overall business climate. **Organization:** Canadian Federation of Independent Business; **Address:** 1809 Barrington Street Suite 1300, Halifax, NS B3J 3K8, Canada; **Email:** msns@cfib.ca; **Website:** <https://www.cfib-fcei.ca/en>

Dalhousie Agricultural Campus - Agri-Tech Research

Dalhousie University's Agricultural Campus engages in various research initiatives aimed at advancing agricultural technology and innovation. Collaborations often involve local businesses and the community to drive regulatory changes and business expansion in Nova Scotia's agricultural sector. **Organization:** Dalhousie University; **Address:** 62 Cumming Dr, Truro, NS B2N 5E3, Canada; **Email:** agriculture@dal.ca; **Website:** <https://www.dal.ca/faculty/agriculture.html>

Ocean Frontier Institute - Ocean Sustainability

The Ocean Frontier Institute (OFI) is a collaborative research initiative between Dalhousie University, Memorial University of Newfoundland, and the University of Prince Edward Island. It aims to create safe and sustainable development of the ocean frontier. The OFI bridges the gap between business and academia, offering informed, evidence-based recommendations for policy and regulatory development in the maritime sector. **Organization:** Ocean Frontier Institute; **Address:** Dalhousie University, 1355 Oxford St, Halifax, NS B3H 4R2, Canada; **Email:** info@oceanfrontierinstitute.com; **Website:** <https://oceanfrontierinstitute.com>

Innovacorp - High Potential Startups

Innovacorp is an organization that works closely with high potential Nova Scotia startups in technology sectors. They provide venture capital, expertise, and resources for business acceleration. Innovacorp often collaborates with academic institutions for cutting-edge research to bolster innovation-led startups, influencing regulatory adjustments favorable to growth. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8, Canada; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Volta Labs - Startup Support Hub

Volta Labs, located in downtown Halifax, is an innovation hub for startup companies. They provide mentorship and resources and engage with academia to support evidence-driven policymaking for the startup ecosystem. Education institutions provide research support to help startups navigate and shape the regulatory environment. **Organization:** Volta Labs; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5, Canada; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com>

Perennia - Agri-Food and Bioresource Innovation

Perennia is Nova Scotia's development agency focusing on agri-food and bioresources. Collaborating closely with Dalhousie University's Faculty of Agriculture and other institutions,

Perennia assists in leveraging research and knowledge to influence policy development that facilitates innovation and growth in the agri-food sector. **Organization:** Perennia; **Address:** 173 Dr Bernie MacDonald Dr, Bible Hill, NS B2N 6N4, Canada; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca>

Creative Destruction Lab - Atlantic

The Creative Destruction Lab (CDL) at Dalhousie University focuses on commercializing science for economic growth. CDL-Atlantic specializes in scaling high-tech companies and often collaborates with researchers and specialists. They provide a conduit for scientific research to impact economic policy and stimulate innovative business ventures. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, Halifax, NS B3H 4R2, Canada; **Email:** cdlatlantic@dal.ca; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Springboard Atlantic - Innovation Mobilization

Springboard Atlantic is a network of 19 universities and colleges across Atlantic Canada. They work to transfer knowledge and technology to the private sector, thereby influencing the business environment and regulatory framework in a way that fosters innovation and growth.

Organization: Springboard Atlantic; **Address:** 1 Research Dr, Dartmouth, NS B2Y 4M9, Canada; **Email:** contact@springboardatlantic.ca; **Website:** <https://www.springboardatlantic.ca>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** [https://innovacorp.ca/](https://innovacorp.ca)

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

CEED - Centre for Entrepreneurship Education and Development

The CEED programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** CEED; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** [https://www.ceed.ca/](https://www.ceed.ca)

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Innovation and Entrepreneurship Center at Saint Mary's University

The Saint Mary's University Entrepreneurship Centre helps to enable entrepreneurial mindsets by offering coaching, funding, mentoring and networking opportunities for start-ups and students.

Organization: Saint Mary's University; **Address:** 923 Robie Street, Halifax, Nova Scotia, B3H 3C3; **Email:** smuec@smu.ca; **Website:** <https://www.smu.ca/>

Startup Halifax

Startup Halifax aims to support local entrepreneurs through community building, networking events, mentorship connections, and resource sharing to facilitate the growth of successful startup businesses in Halifax. **Organization:** Startup Halifax; **Address:** N/A; **Email:** N/A; **Website:** <https://startupalifax.ca/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Centre for Entrepreneurship Education and Development (CEED)

CEED provides programs and services to help entrepreneurs at every stage, connecting them with the resources and support they need. This includes networking events and workshops aimed at fostering a community of resource-sharing among new and seasoned entrepreneurs.

Organization: Centre for Entrepreneurship Education and Development; **Address:** Suite 225, Halifax Shopping Centre Tower 1, 7001 Mumford Rd, Halifax, NS B3L 4N9, Canada; **Email:** info@ceed.ca; **Website:** <https://ceed.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Common Good Solutions

Common Good Solutions supports social enterprises and community-based businesses, offering consulting, incubation, and resources to foster cooperatives and collective ventures in Nova Scotia. **Organization:** Common Good Solutions; **Address:** 5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6; **Email:** hello@commongoodsolutions.ca; **Website:** <https://commongoodsolutions.ca>

Atlantic Canada Opportunities Agency (ACOA)

ACOA works to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative and productive. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St #600, Halifax, NS B3J 3N4, Canada; **Email:** info@acoa-apeca.gc.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Atlantic Immigration Pilot Program

This program aims to attract skilled immigrants to Atlantic Canada to address labor shortages and drive population growth. The program includes Nova Scotia and works with businesses to bring in foreign workers and international graduates. **Organization:** Government of Nova Scotia / Immigration, Refugees and Citizenship Canada; **Address:** N/A - Provincial Program; **Email:** N/A - Contact through website forms; **Website:** <https://novascotiaimmigration.com/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Centres for Education and Work Growth Fund

A fund managed by the Nova Scotia Department of Labour and Advanced Education that focuses on initiatives meant to improve adult learning and develop the workforce, which can help create a more dynamic job market. **Organization:** Nova Scotia Department of Labour and Advanced Education; **Address:** 2021 Brunswick St, P.O. Box 578, Halifax, Nova Scotia, B3J 2S9; **Email:** N/A - Contact through website forms; **Website:** <https://novascotia.ca/lae/>

Innovacorp - High Potential Startups

Innovacorp is an organization that works closely with high potential Nova Scotia startups in technology sectors. They provide venture capital, expertise, and resources for business acceleration. Innovacorp often collaborates with academic institutions for cutting-edge research to bolster innovation-led startups, influencing regulatory adjustments favorable to growth.

Organization: Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8, Canada; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Digital Nova Scotia - Tech Talent

A non-profit organization that works on sector development for the digital industry in Nova Scotia. They aim to grow the digital economy by attracting digital talent and companies to the province. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington Street, Suite 104,

Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

The HUB South Shore

A community learning center offering a place for work, learning, and innovation with access to high-speed internet and various educational opportunities. **Organization:** The HUB South Shore; **Address:** 21B Lower LaHave Rd, Bridgewater, NS B4V 2W7, Canada; **Email:** info@hubsouthshore.ca; **Website:** <http://www.hubsouthshore.ca/>

CO3

CO3 is a co-working space that promotes collaboration and community among freelancers, entrepreneurs, and remote workers. They provide a physical location with amenities to support remote working. **Organization:** CO3; **Address:** 132 Pleasant St, Truro, NS B2N 3R4; **Email:** info@co3space.com; **Website:** <https://www.co3space.com/>

The Internet Hub

An initiative that provides high-speed internet access and other services to remote communities in Nova Scotia, supporting businesses and enabling remote work opportunities. **Organization:** Government of Nova Scotia; **Address:** N/A - Various locations in Nova Scotia; **Email:** info@novascotia.ca; **Website:** <https://novascotia.ca/highspeedinternet/>

Rural Innovation Districts

Development of areas dedicated to technological advancement and digital infrastructure, designed to enable and support businesses and remote workers in rural Nova Scotia. **Organization:** Government of Nova Scotia - Rural Innovation Initiative; **Address:** N/A - Various locations in Nova Scotia; **Email:** info@novascotia.ca; **Website:** <https://novascotia.ca/rural-innovation-districts/>

Halifax Central Library

A modern public library and community space that offers a range of services, including meeting rooms, public lectures, events, and a space for community members to gather and learn. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Canada Games Centre

The Canada Games Centre is a multipurpose sport and recreation facility that provides various recreational activities, including swimming, fitness, and sports for all ages. **Organization:** Canada Games Centre; **Address:** 26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada; **Email:** info@canadagamescentre.ca; **Website:** <https://canadagamescentre.ca/>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

COVE - Centre for Ocean Ventures & Entrepreneurship

COVE is a collaborative facility for applied innovation in the ocean sector. They are dedicated to support ocean technology startups with access to infrastructure, expertise, and community engagement to promote technology adoption. **Organization:** Centre for Ocean Ventures & Entrepreneurship; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Halifax Jazz Festival

The festival provides accessible venues with ramps and special seating arrangements for individuals with mobility challenges, as well as accessible washrooms. **Organization:** Halifax Jazz Festival; **Address:** 5566 Sackville St, Halifax, NS B3J 1L1, Canada; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca/accessibility>

Emera Oval

The Emera Oval is a large, outdoor, artificially refrigerated ice surface that hosts a range of year-round activities and events, promoting community health and lifestyle. **Organization:** Halifax Regional Municipality; **Address:** 5775 Cogswell St, Halifax, NS B3J 3A3, Canada; **Email:** N/A (Contact through HRM's general contact); **Website:** <https://www.halifax.ca/recreation/facilities-fields/emera-oval>

Discovery Centre

The Discovery Centre is a hands-on science center that provides educational programming and exhibits, fostering an interest in science and culture among young people and families. **Organization:** Discovery Centre; **Address:** 1215 Lower Water St, Halifax, NS B3J 3S8, Canada; **Email:** info@thediscoverycentre.ca; **Website:** <https://thediscoverycentre.ca/>

Digital Nova Scotia's Digital Discovery Camp

The Digital Discovery Camp, offered by Digital Nova Scotia, is designed to help young learners

gain digital skills. Moreover, Digital Nova Scotia facilitates mentorship opportunities by connecting industry professionals with students to foster learning and networking. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

The Mentoring Plus Strategy

Aims to reduce youth crime and strengthen community connections through mentorship programs. It focuses on at-risk youth in the community, including those in remote areas.

Organization: The Mentoring Plus Strategy; **Address:** N/A; **Email:** N/A; **Website:** N/A

Nova Scotia Community College (NSCC) Mentorship Programs

NSCC provides mentorship programs that match industry professionals with NSCC students. These programs help students gain insights into their respective fields, professional guidance, and career advice. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** help@nscc.ca; **Website:** <https://www.nscc.ca>

Black Business Initiative (BBI) Business is Jammin'

Business is Jammin' is a province-wide charitable initiative of the Black Business Initiative that focuses on fostering an entrepreneurial spirit and offers business development and mentorship to Nova Scotia youth of African descent between the ages of 8 and 35. **Organization:** Black Business Initiative; **Address:** 1660 Hollis St., Suite 1201, Halifax, NS B3J 1V7; **Email:** bbi@bbi.ca; **Website:** <http://businessisjammin.ca/>

The Connector Program

Facilitated by the Halifax Partnership, this program connects new residents, international students, and recent graduates with established business leaders and local connectors in Halifax. The aim is to help them grow their professional network through one-on-one meetings.

Organization: Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Purdy's Wharf Tower II, Halifax, NS B3J 3R7; **Email:** connect@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

START Program

Provides incentives to employers to hire Nova Scotians requiring work experience. Employment support services are also offered. **Organization:** Government of Nova Scotia - Labour and Advanced Education; **Address:** PO Box 697 Halifax Central, Halifax, NS B3J 2T8; **Email:** LAESydney@novascotia.ca; **Website:** <https://novascotia.ca/employmentnovascotia/programs/start.asp>

Workplace Innovation and Productivity Skills Incentive

A program that provides funding to companies to encourage training and skill development

amongst employees. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Co-op Education Incentive

Provides wage support for employers to hire university and college students for work placements. **Organization:** Government of Nova Scotia – Co-operative Education; **Address:** 1741 Brunswick St, 3rd floor, Halifax, NS B3J 3X8; **Email:** CO-OPEDU@novascotia.ca; **Website:** <https://novascotia.ca/co-op/>

Innovate to Opportunity

A program to help recent graduates kickstart their careers in Nova Scotia by incentivizing businesses to hire them for innovative roles. **Organization:** Nova Scotia Office of Immigration; **Address:** 1469 Brenton St, Halifax, NS B3J 3S7; **Email:** O2-Inquiries@novascotia.ca; **Website:** <https://novascotiaimmigration.com/>

Digital Assistance Program for Small Business

Provides funding to small businesses for digital adoption and training to improve productivity and competitiveness. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Sector Council Program

Fosters collaboration among employers, employee associations, and educational institutions to identify and meet sector-specific labor market needs. **Organization:** Nova Scotia Department of Labour, Skills and Immigration; **Address:** 2021 Brunswick St, PO BOX 697 Halifax Central, Halifax, NS B3J 2T8; **Email:** n/a; **Website:** <https://novascotia.ca/>

Nova Scotia Health Care Professionals Recruitment Incentive

The Government of Nova Scotia offers various incentives for health care professionals who decide to work in rural and underserved communities. These can include bursaries, debt assistance, and tuition relief. **Organization:** Nova Scotia Department of Health and Wellness; **Address:** Barrington Tower, 1894 Barrington St., Halifax, NS, B3J 2A8; **Email:** health.recruitment@novascotia.ca; **Website:** <https://novascotia.ca/dhw/>

Graduate to Opportunity (GTO)

An incentive program that helps small businesses, startups, social enterprises, and nonprofits hire recent graduates. Employers receive a salary incentive of 25% in the first year and 12.5% in the second year for eligible positions. **Organization:** Nova Scotia Department of Labour and Advanced Education; **Address:** PO Box 697, Halifax, NS, B3J 2T8; **Email:** LAEGTO@novascotia.ca; **Website:** <https://novascotia.ca/programs/graduate-to-opportunity/>

Innovate to Opportunity (ITO)

An incentive to encourage the hiring of recent masters and doctoral graduates in roles which are innovation-focused. Employers can receive up to a 35% salary contribution in the first year, 20% in the second year, and up to 12.5% in the third year. **Organization:** Nova Scotia Department of

Labour and Advanced Education; **Address:** PO Box 697, Halifax, NS, B3J 2T8; **Email:** LAEGTO@novascotia.ca; **Website:** <https://novascotia.ca/programs/innovate-to-opportunity/>

Nova Scotia Student Loan Forgiveness Program

The program encourages Nova Scotia students to study and work in Nova Scotia post-graduation. It forgives up to 100% of a Nova Scotia student loan for eligible graduates if they complete their degree within a set amount of time and start and continue to live in Nova Scotia. **Organization:** Government of Nova Scotia; **Address:** Student Assistance Office, PO Box 2290 Central, Halifax, NS B3J 3C8; **Email:** studentservices@novascotia.ca; **Website:** N/A

Housing Nova Scotia Down Payment Assistance Program

This program helps first-time homebuyers with the purchase of a home by providing an interest-free loan to assist with the required down payment. The program aims to help young individuals and families settle in the province. **Organization:** Housing Nova Scotia; **Address:** Suite 100-3770 Kempt Road, Halifax, NS B3K 4X8; **Email:** downpayment@housingns.ca; **Website:** <https://housing.novascotia.ca/>

Atlantic Immigration Pilot Program

Though not Nova Scotia specific, this federal program involves Nova Scotia and aims to attract and retain skilled immigrants in Atlantic Canada through job offers and settlement support with a path to permanent residency. **Organization:** Immigration, Refugees and Citizenship Canada; **Address:** N/A; **Email:** N/A; **Website:** <https://www.canada.ca/en/immigration-refugees-citizenship/services/immigrate-canada/atlantic-immigration.html>

Rapid Housing Initiative

A program designed to create new affordable housing units by providing capital contributions to expedite the construction of modular housing, as well as the acquisition of land and the conversion of existing buildings. **Organization:** Canada Mortgage and Housing Corporation (CMHC); **Address:** N/A - Federal program with local implementations; **Email:** N/A - Contact through website form; **Website:** <https://www.cmhc-schl.gc.ca/en/nhs/rapid-housing-initiative>

Affordable Housing Association of Nova Scotia (AHANS)

A nonprofit organization focused on securing, developing, and managing affordable housing across Nova Scotia. They engage in policy advocacy and operate several housing projects directly. **Organization:** Affordable Housing Association of Nova Scotia; **Address:** 3059 Gottingen Street, Halifax, NS B3K 3E8; **Email:** info@ahans.ca; **Website:** <http://www.ahans.ca/>

Housing Nova Scotia

Provides various programs and services to help low to moderate-income Nova Scotians become homeowners, as well as support for public housing maintenance and renovations. **Organization:** Housing Nova Scotia; **Address:** 14th floor, Barrington Tower, 1894 Barrington St., Halifax, NS B3J 2A8; **Email:** housingsupport@novascotia.ca; **Website:** <https://housing.novascotia.ca/>

Nova Scotia Co-operative Council

The Nova Scotia Co-operative Council facilitates the Community Economic Development Investment Fund (CEDIF) for local communities. They offer resources, education, and support

for establishing and managing these funds, providing a collaborative environment for community investment. **Organization:** Nova Scotia Co-operative Council; **Address:** 201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.novascotia.coop/community-economic-development-investment-fund-cedif/>

Efficiency Nova Scotia

Offers a range of services and programs to help reduce energy consumption and improve home energy efficiency, leading to lower utility bills for residents. **Organization:** Efficiency Nova Scotia; **Address:** 230 Brownlow Ave, Unit 300, Dartmouth, NS B3B 0G5; **Email:** info@efficiencyns.ca; **Website:** <https://www.efficiencyns.ca/>

Community Housing Transformation Centre

Provides funding, resources, and support for community housing initiatives in Nova Scotia, promoting long-term sustainability and growth of the sector. **Organization:** Community Housing Transformation Centre; **Address:** N/A - This is a Canada-wide organization with regional impact; **Email:** form on website; **Website:** <https://centre.support/>

Community Health Boards (CHBs)

Community Health Boards in Nova Scotia engage in community health planning and promotion by gathering opinions on what's working and what could improve. This involves organizing community gatherings, developing community health plans, and encouraging residents to take part in local health initiatives. **Organization:** Nova Scotia Health Authority; **Address:** Provincial Health Authority, 300 Pleasant St., Dartmouth, NS B2Y 3Z9; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/about-us/community-health-boards>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Volunteer NS

Volunteer NS is a provincial initiative that connects people with volunteer opportunities. They help community centers and social facilities find the volunteers needed for maintenance, operation, and to run various programs and services. **Organization:** Volunteer NS; **Address:** Not specific (province-wide initiative); **Email:** contact information may vary by listed volunteer opportunity; **Website:** <https://volunteerns.ca>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability. **Organization:** Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to

youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

NOW Lunenburg County

NOW Lunenburg County actively works on community engagement and retention by attracting and retaining people to the area. They do this by connecting newcomers to local services, organizing community events, and fostering a sense of belonging. **Organization:** NOW Lunenburg County; **Address:** 43 Green St, Lunenburg, NS B0J 2C0; **Email:** connect@nowlunenburgcounty.com; **Website:** <https://www.nowlunenburgcounty.com>

Nova Scotia Nominee Program

The Nova Scotia Nominee Program (NSNP) invites prospective immigrants with the skills and experience targeted by the province to receive a Nova Scotia Provincial Nomination Certificate, which speeds up the overall immigration process. **Organization:** Immigration, Refugees and Citizenship Canada in partnership with Nova Scotia Office of Immigration; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS, B3J 3S7, Canada; **Email:** nsnp@novascotia.ca; **Website:** <https://novascotiaimmigration.com/>

Atlantic Immigration Pilot

A partnership between the Government of Canada and the Atlantic Provinces. It allows employers in Atlantic Canada to hire qualified candidates for jobs they haven't been able to fill locally. Foreign skilled workers and international graduates can immigrate to Nova Scotia through this program. **Organization:** Immigration, Refugees and Citizenship Canada; **Address:** Various locations across Atlantic Canada; **Email:** NA; **Website:** <https://www.canada.ca/en/immigration-refugees-citizenship/services/immigrate-canada/atlantic-immigration-pilot.html>

Study and Stay – Nova Scotia

This program is designed to support international students from China, India, and the Philippines who wish to study at Nova Scotia's post-secondary institutions and remain in the province after graduation. **Organization:** EduNova Cooperative Ltd.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS, B3J 3N8, Canada; **Email:** info@edunova.ca; **Website:** <https://studynovascotia.ca>

Nova Scotia Demand: Express Entry

Part of the NSNP, the Nova Scotia Demand: Express Entry selects highly skilled individuals who wish to live in Nova Scotia permanently and either have a permanent full-time job offer from a Nova Scotian employer or have a reasonable ability to attach quickly to the province's labor market. **Organization:** Nova Scotia Office of Immigration; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS, B3J 3S7, Canada; **Email:** nsnp@novascotia.ca; **Website:** <https://novascotiaimmigration.com/>

Nova Scotia Experience: Express Entry

This stream is for highly skilled individuals with experience working in Nova Scotia. It provides a pathway to permanent residency for those who have worked for a Nova Scotia employer for at

least one year. **Organization:** Nova Scotia Office of Immigration; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS, B3J 3S7, Canada; **Email:** nsnp@novascotia.ca; **Website:** <https://novascotiaimmigration.com/move-here/nova-scotia-experience-express-entry/>

Physician Stream

An immigration option under the NSNP that fast-tracks the residency application process for doctors (general practitioners, family physicians, and specialist physicians) who have secured a job offer from Nova Scotia's health authorities. **Organization:** Nova Scotia Office of Immigration; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS, B3J 3S7, Canada; **Email:** nsnp@novascotia.ca; **Website:** <https://novascotiaimmigration.com/move-here/physician/>

Start-Up Visa Program

Targeted at immigrant entrepreneurs with the skills and potential to build businesses in Nova Scotia that are innovative, can create jobs for Canadians, and can compete on a global scale. **Organization:** Immigration, Refugees and Citizenship Canada; **Address:** Various locations across Canada; **Email:** NA; **Website:** <https://www.canada.ca/en/immigration-refugees-citizenship/services/immigrate-canada/start-visa.html>

Senior Safety Program

This program, while focused on safety, includes mentorship components where seniors provide guidance and support to younger individuals in various aspects, including life skills and community involvement. **Organization:** Nova Scotia Department of Seniors; **Address:** PO Box 488, Halifax, NS B3J 2R8; **Email:** seniorsafetygrant@novascotia.ca; **Website:** <https://novascotia.ca/>

50+ Employment Support Program

Offers specialized services for job seekers over the age of 50, including skill assessment, career counseling, workshops, employment maintenance, and more. **Organization:** Teamwork Cooperative; **Address:** 501-3430 Joe Howe Dr, Halifax, NS B3L 4H7, Canada; **Email:** info@teamworkbridge.org; **Website:** <https://teamworkbridge.org/programs-services/50-employment-support-program/>

Community Learning Initiative

Community learning opportunities for adults, emphasizing social inclusion and essential skills for the workplace, including computer and digital literacy programs. **Organization:** Nova Scotia Community Learning Network; **Address:** PO Box 1516 Halifax Central, Halifax, Nova Scotia B3J 2Y3, Canada; **Email:** n/a; **Website:** <https://communitylearning.ca/>

Age-Friendly Community Grant Program

Provides funding for projects that lead to more age-friendly communities. Initiatives may include those promoting lifelong learning and skills development for older adults. **Organization:** Nova Scotia Department of Seniors; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** agfriendly@novascotia.ca; **Website:** <https://novascotia.ca/age-friendly-grant/>

Adult Education Programs

The government provides adult education programs, including the Adult Learning Program

(ALP), to help adults improve their literacy skills and gain credentials for employment.

Organization: Nova Scotia Department of Labour and Advanced Education; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, Nova Scotia, B3J 2S9, Canada; **Email:** n/a; **Website:** <https://novascotia.ca/programs/adult-learning-program/>

Flexible Retirement Options Program

A program designed to provide phased retirement options for public sector employees, allowing older workers to scale back their hours while mentoring younger employees taking on their roles.

Organization: Government of Nova Scotia; **Address:** 1723 Hollis St, Halifax, NS B3J 1V9, Canada; **Email:** info@novascotia.ca; **Website:** <https://novascotia.ca>

Retiree Bridge Program

A special initiative by a private corporation to help employees transition into retirement by providing part-time or consulting roles for retirees within the company. **Organization:** Emera Inc.; **Address:** 1223 Lower Water St, Halifax, NS B3J 3S8, Canada; **Email:** contact@emera.com; **Website:** <https://www.emera.com>

Nova Scotia Health Authority (NSHA) Retiree Program

The NSHA offers flexible working arrangements for retirees who wish to return to work on a part-time or temporary basis in the health sector. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** nsha.info.nshealth.ca; **Website:** <http://www.nshealth.ca>

University Retirees Volunteering in Research

A framework where retirees from universities are engaged in academic projects, providing mentorship and experience while continuing part-time research activities. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** communications@dal.ca; **Website:** <https://www.dal.ca>

Third Quarter

A platform that connects experienced professionals aged 50 and older with businesses seeking their expertise. It encourages entrepreneurship among retirees by helping them to use their extensive knowledge in consulting or starting new ventures. **Organization:** Third Quarter; **Address:** N/A; **Email:** info@thirdquarter.ca; **Website:** <https://thirdquarter.ca/>

Centre for Entrepreneurship Education and Development (CEED)

CEED provides programs and services to help entrepreneurs at every stage, connecting them with the resources and support they need. This includes networking events and workshops aimed at fostering a community of resource-sharing among new and seasoned entrepreneurs.

Organization: Centre for Entrepreneurship Education and Development; **Address:** Suite 225, Halifax Shopping Centre Tower 1, 7001 Mumford Rd, Halifax, NS B3L 4N9, Canada; **Email:** info@ceed.ca; **Website:** <https://ceed.ca/>

Futurpreneur Canada

Futurpreneur provides tailored financing solutions for young entrepreneurs aged 18-39 looking to start or expand their businesses in Nova Scotia and across Canada. **Organization:** Futurpreneur

Canada; **Address:** Halifax, NS (Contact through website for specific address); **Email:** info@futurpreneur.ca; **Website:** <https://www.futurpreneur.ca/en/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Nova Scotia Community College (NSCC) - Entrepreneurship

NSCC provides education and resources for starting a business, which can be accessed by retirees looking to become entrepreneurs. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** N/A; **Website:** <https://www.nscc.ca/>

Thrive: A plan for a healthier Nova Scotia

Thrive is a strategy aimed at promoting healthier lifestyles among Nova Scotians. It includes actions in several key areas including healthy eating, physical activity, tobacco control, and injury prevention. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS B3J 1X5, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/dhw/publications.asp>

Collaborative Care Model

An initiative to address doctor shortages and improve healthcare access in rural communities through the establishment of collaborative care clinics, where primary care services are offered by a team of health professionals including doctors, nurse practitioners, and family practice nurses. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Healthy Development Strategy

Aimed at improving the health of children, families, and communities, this initiative involves a wide range of programs, including ones that support mental health, sexual health, and perinatal care. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** N/A; **Website:** <https://www.iwk.nshealth.ca/>

The INSPIRED COPD Outreach Program™

This program helps patients with Chronic Obstructive Pulmonary Disease (COPD) manage their condition at home, reducing hospital readmission rates and improving quality of life.

Organization: Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Diabetes Management Centres

These centres provide education and support to individuals with diabetes to help them manage their condition effectively, therefore improving their health and avoiding complications.

Organization: Diabetes Canada; **Address:** 137 Chain Lake Dr Unit 11, Halifax, NS B3S 1B3, Canada; **Email:** info@diabetes.ca; **Website:** <https://www.diabetes.ca/>

Mental Health and Addictions Strategy

A comprehensive approach to improve mental healthcare and addiction services in Nova Scotia.

It encompasses a variety of programs and services designed to meet the diverse needs of the population. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS B3J 1X5, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Experienced Worker Incentive

Provides a refundable tax credit for eligible employers to encourage the hiring of Nova Scotia workers aged 65 years and older. **Organization:** Government of Nova Scotia; **Address:** 1723 Hollis St, Halifax, NS B3J 1V9, Canada; **Email:** access@novascotia.ca; **Website:** <https://novascotia.ca/programs/experienced-worker-incentive/>

Senior Citizen Assistance Program

Offer property tax rebates to senior citizens, encouraging them to stay in their homes and potentially within the local workforce. **Organization:** Service Nova Scotia and Internal Services; **Address:** 1505 Barrington St, Halifax, NS B3J 3K5, Canada; **Email:** AskSNIS@novascotia.ca; **Website:** <https://beta.novascotia.ca/>

Continuing Care Assistant Grant Program

Provides an incentive for individuals, including older workers, to work as Continuing Care Assistants by offering a grant to offset education and training costs. **Organization:** Department of Health and Wellness; **Address:** 1894 Barrington St, Halifax, NS B3J 2A8, Canada; **Email:** ContinuingCare@novascotia.ca; **Website:** <https://novascotia.ca/>

Government of Nova Scotia Flexible Work Arrangements

The Government of Nova Scotia offers its employees various flexible work arrangements, including telecommuting, altered work hours, and compressed workweeks to help retain employees and encourage work-life balance. **Organization:** Government of Nova Scotia; **Address:** Province House, 1726 Hollis St, Halifax, NS B3J 2Y3, Canada; **Email:** n/a; **Website:** <https://novascotia.ca/employmentrights/>

Dalhousie University Flexible Work Arrangements

Dalhousie University provides its staff and faculty with different flexible working options like telecommuting, flexible scheduling, and reduced workload arrangements, catering to employees with diverse needs. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** hr@dal.ca; **Website:** <https://www.dal.ca/dept/hr.html>

SimplyCast's 9-to-5 Alternative Work Program

SimplyCast, a Nova Scotia tech company, implemented a flexible work program allowing employees to choose their own work hours to better accommodate personal and family needs. **Organization:** SimplyCast; **Address:** 73 Tacoma Dr #500, Dartmouth, NS B2W 3Y6, Canada; **Email:** info@simplycast.com; **Website:** <https://www.simplycast.com/>

TIME (Together in Movement and Exercise)

TIME is a program where older adults and people with mobility challenges participate in exercise activities with the help of kinesiology students from Dalhousie University. **Organization:** Dalhousie University; **Address:** Dalhousie University, 6270 South St, Halifax, NS B3H 4R2, Canada; **Email:** time@dal.ca; **Website:** <https://www.dal.ca/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Intergenerational Literacy Tutoring Program

This program partners youth with seniors to improve literacy. Older adults serve as tutors and mentors to young people, sharing their knowledge and experience to help foster a love of reading and learning. **Organization:** Laubach Literacy Nova Scotia; **Address:** N/A - Programs offered across Nova Scotia; **Email:** info@laubachliteracy.ca; **Website:** <http://laubachliteracy.ca/>

Experience Counts

Experience Counts is a program that seeks to engage retired professionals in mentorship roles within the workplace or community organizations. This program combines the skills and knowledge of experienced retirees with the energy and fresh ideas of the younger generation. **Organization:** Third Sector Enhancement Ltd.; **Address:** 166 Bedford Hwy, Halifax, NS B3M 2J6, Canada; **Email:** information@3rdsector.ca; **Website:** <http://3rdsector.ca/experience-counts/>

Intergenerational Garden

This community garden project brings together individuals of different generations, primarily seniors and youth, to collaborate on gardening activities. It provides an opportunity for knowledge transfer and skills development in a relaxed, outdoor setting. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Increase of the Age of Retirement for Judges

Nova Scotia amended the Judicature Act to increase the retirement age for provincially appointed judges from 70 to 75. This change is in recognition of the increased life expectancy and aims to retain experienced judges longer within the justice system. **Organization:** Government of Nova Scotia; **Address:** Halifax, Nova Scotia, Canada; **Email:** N/A; **Website:** <https://nslegislature.ca/>

Career Extension for Highly Skilled Workers

The Atlantic region, including Nova Scotia, has introduced initiatives to encourage highly skilled older workers in sectors facing labor shortages to stay in the workforce beyond traditional retirement age. These initiatives may include flexible working conditions and part-time opportunities. **Organization:** Labour and Advanced Education, Nova Scotia; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/lae/>

Retiree Incentive for Nurses

Nova Scotia has faced a shortage of nurses and has been exploring various incentive programs to encourage nurses to delay retirement or come out of retirement to return to the workforce.

Organization: Nova Scotia Health Authority; **Address:** 1675 North Park St, Halifax, NS B3J 2Y2, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Senior Home Repair Program

While not directly affecting the retirement age, this program helps seniors remain in their homes longer by providing financial aid for home repairs, which might indirectly influence the decision regarding when to retire by alleviating some financial concerns. **Organization:** Housing Nova Scotia; **Address:** 14th Floor, Barrington Tower, 1894 Barrington Street, Halifax, Nova Scotia B3J 2A8; **Email:** housingns@novascotia.ca; **Website:** <https://housing.novascotia.ca/>

Halifax Harbour Bridges Deck Replacement Project

Replacement of the orthotropic steel deck of the Angus L. Macdonald Bridge in Halifax through a public-private partnership (P3). The project successfully combined governmental oversight with private sector efficiency. **Organization:** Halifax Harbour Bridges; **Address:** 125 Wyse Road, Dartmouth, Nova Scotia, B3A 1L9; **Email:** None; **Website:** <https://www.hdbc.ca>

Nova Scotia 211 Service

A partnership between United Way, the private sector, and the provincial government providing Nova Scotians with information and referrals to community and social services. **Organization:** United Way Halifax; **Address:** 46 Portland Street, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.ns.211.ca>

The Centre for Ocean Ventures & Entrepreneurship (COVE)

An ocean tech business park fostering collaboration between business, academia, and government to grow the ocean economy. It is a hub for marine technology innovation and commercialization.

Organization: Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Stop the Highway 113 Campaign

A coalition of community members and advocacy groups joined forces to protest against the construction of the proposed Highway 113. Their efforts focus mainly on environmental concerns but also emphasize the misallocation of government funds that could be used for sustainable infrastructure development. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax NS, B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://www.ecologyaction.ca/>

Halifax Regional Municipality Public Engagement

HRM frequently holds public engagement sessions for various infrastructure projects, including transportation plans, urban planning, and community development. These sessions are designed to allow the public to provide input and feedback. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax NS B3J 3A5, Canada; **Email:** contacthr@halifax.ca; **Website:** <https://www.halifax.ca/>

Participatory Budgeting in Halifax

Participatory Budgeting is a democratic process that gives community members the opportunity to directly decide how to spend part of a public budget, which includes infrastructure projects.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749, Halifax NS B3J 3A5, Canada; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/city-hall/districts-councillors/participatory-budgeting>

Connect2

Connect2 aims to provide sustainable transportation options in communities across Nova Scotia. The program encourages public input to develop projects that will increase rates of walking, cycling, and other forms of active transportation. **Organization:** Government of Nova Scotia; **Address:** Province House, 1726 Hollis Street, Halifax, NS B3J 2Y3, Canada; **Email:** None; **Website:** <https://novascotia.ca/sustainabletransportation/>

Centre Plan Public Consultation

The Centre Plan is a major planning strategy for the regional centre of Halifax and Dartmouth. The project has sought public engagement through various stages to outline the vision for growth and development. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax NS B3J 3A5, Canada; **Email:** planhrm@halifax.ca; **Website:** <https://www.shapeyourcityhalifax.ca/centre-plan>

Nova Scotia Federation of Municipalities Annual Conference

Though primarily a conference for municipal leaders, this annual event often has components of public engagement for discussing important issues, including infrastructure planning within Nova Scotia. **Organization:** Nova Scotia Federation of Municipalities; **Address:** PO Box 295, 202 Brownlow Ave, Unit 1, Dartmouth, NS B3B 1W4; **Email:** info@novascotia.ca; **Website:** <https://www.nsfm.ca/>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Skills Nova Scotia

Skills Canada – Nova Scotia is a not-for-profit organization that provides youth with opportunities to explore skilled trades and technologies, discover their passions, and strive for excellence. They offer various programs and competitions that promote the importance of skills

development. **Organization:** Skills Canada – Nova Scotia; **Address:** 14 Highfield Park Drive, Dartmouth, Nova Scotia, B3A 4S1; **Email:** info@skillsns.ca; **Website:** <http://skillsns.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Nova Scotia Community College (NSCC) Programs

NSCC offers a range of programs including technical and vocational training for a variety of industries. These programs provide both new and current workers with the skills needed to be competitive in the workforce. **Organization:** Nova Scotia Community College; **Address:** Various campuses across Nova Scotia; **Email:** n/a; **Website:** <https://www.nscc.ca>

Women Unlimited's Career Exploration Programs

Women Unlimited offers programs for women in Nova Scotia who are interested in exploring careers in trades and technology. The focus is on women who are traditionally underrepresented in these sectors, providing them with education and support to enter and succeed in these fields. **Organization:** Women Unlimited; **Address:** Suite #3-7071 Bayers Road, Halifax, Nova Scotia, B3L 2C2; **Email:** info@womenunlimitedns.ca; **Website:** <http://www.womenunlimitedns.ca/>

Atlantic Infrastructure Management Network

AIM Network is a collaboration of various municipalities, organizations, and professionals across Atlantic Canada, including Nova Scotia, focusing on the effective management of municipal infrastructure. They share resources, knowledge, and engage in collective learning to improve infrastructure processes and strategies in the region. **Organization:** Atlantic Infrastructure Management Network; **Address:** N/A - Network of multiple organizations across Atlantic Canada; **Email:** N/A - Refer to contact form on website; **Website:** <http://www.aimnetwork.ca/>

Union of Nova Scotia Municipalities

The Union of Nova Scotia Municipalities (UNSM) represents the provincial interests of municipal governments across Nova Scotia, including collaborative efforts in addressing regional infrastructure challenges. They advocate for shared services and resources to strengthen infrastructure planning and development. **Organization:** Union of Nova Scotia Municipalities; **Address:** Unit 100, 1701 Hollis Street, Cogswell Tower, Halifax, NS B3J 2T9; **Email:** info@unsm.ca; **Website:** <https://unsm.ca/>

Municipal Cooperation on Infrastructure

Various municipalities within the province of Nova Scotia collaborate on shared services agreements for public works and infrastructure development. These agreements can involve sharing equipment, expertise, and jointly lobbying for infrastructure funding from higher levels of government. **Organization:** Individual municipal governments; **Address:** Addresses vary by municipality; **Email:** Email contacts vary by municipality; **Website:** N/A - No single webpage, visit individual municipal websites

Atlantic Mayors' Congress

The Atlantic Mayors' Congress provides a platform for mayors and municipal leaders in the Atlantic provinces, including Nova Scotia, to discuss mutual challenges, share best practices and collaborate on regional initiatives. **Organization:** Atlantic Mayors' Congress; **Address:** N/A; **Email:** N/A; **Website:** N/A

Connect2

Connect2 is a sustainable transportation grant program provided by the Nova Scotia government. It encourages communities and municipalities across the province to create and improve infrastructure for active transportation modes, such as cycling and walking. Communities often collaborate to apply for these funds, demonstrating a collective effort in infrastructure improvement. **Organization:** Government of Nova Scotia - Department of Energy and Mines; **Address:** 5151 Terminal Rd., PO Box 2664, Halifax, NS B3J 3P7; **Email:** sustainabletransportation@novascotia.ca; **Website:** <https://novascotia.ca/sustainabletransportation/>

CEED - Centre for Entrepreneurship Education and Development

CEED offers loans to start or grow a small business in Nova Scotia. The organization supports entrepreneurs through the financial process and provides access to microcredit along with training and development programs. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

IGNITE Atlantic

IGNITE aims to foster a culture of innovation by engaging youth and communities across Nova Scotia in bringing entrepreneurial ideas to life. **Organization:** IGNITE Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** connect@igniteatlantic.com; **Website:** <https://www.igniteatlantic.com/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Atlantic Canada Opportunities Agency (ACOA) - Business Development Program (BDP)

Through ACOA's BDP, businesses can access funding to create, expand or modernize their business, develop new products and services, and improve their competitiveness in global markets. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis Street,

Suite 700, Halifax, NS B3J 3N4; **Email:** acoa.information.acoa-apeca@canada.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Main Street Nova Scotia

An initiative that focuses on revitalizing main streets and downtown areas across Nova Scotia, potentially increasing awareness around the importance of infrastructure to support local businesses and economies. **Organization:** The Nova Scotia Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick St, PO Box 456, STN Central, Halifax, NS B3J 2R5; **Email:** Not publicly available; use contact form on website; **Website:** <https://cch.novascotia.ca/>

Infrastructure Canada – Investing in Canada Plan

Although a federal program, its effects and projects in Nova Scotia can raise awareness about the importance of infrastructure. It funds initiatives that can influence local communities to understand the impact of infrastructure investment. **Organization:** Infrastructure Canada; **Address:** 180 Kent Street, Suite 1100, Ottawa, ON K1P 0B6; **Email:** Not specifically provided for Nova Scotia; inquiries can be made via form on webpage; **Website:** <https://www.infrastructure.gc.ca/plan/about-invest-apropos-eng.html>

Seaside Wireless Communications

Seaside Wireless Communications provides high-speed internet solutions to rural and underserved communities in Nova Scotia, using mainly wireless technology to reach areas where traditional broadband infrastructure is not present. **Organization:** Seaside Wireless Communications Inc.; **Address:** 3288 Highway 320, D'Escousse, NS B0E 1K0, Canada; **Email:** info@seaside.ns.ca; **Website:** <http://www.seaside.ns.ca>

Develop Nova Scotia's Internet for Nova Scotia Initiative

The Internet for Nova Scotia Initiative aims to expand high-speed internet access across Nova Scotia by funding community-based networks and alternative solutions, including wireless and satellite connections. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, NS B3J 1S9, Canada; **Email:** None; **Website:** <https://developns.ca/projects/high-speed-internet/>

Eastlink Rural Connect

Eastlink Rural Connect is a project leveraging wireless connections to offer high-speed internet to rural communities in Nova Scotia, bridging the connectivity gap. **Organization:** Eastlink; **Address:** Eastlink Centre, 6080 Young Street, 8th Floor, Halifax, NS B3K 5M3; **Email:** Service@corp.eastlink.ca; **Website:** <https://www.eastlink.ca/wireless/network/coverage.aspx>

Mainland Telecom

Mainland Telecom operates a network of wireless communication towers delivering internet and

data services to rural and remote areas in Nova Scotia. **Organization:** Mainland Telecom Inc.; **Address:** Kentville, NS, Canada; **Email:** info@mainlandtelecom.com; **Website:** <http://www.mainlandtelecom.com>

Develop Nova Scotia

Develop Nova Scotia is a crown corporation focused on stimulating economic development across Nova Scotia. They have been tasked with managing the Internet for Nova Scotia Initiative, aimed at ensuring that all Nova Scotians have access to reliable, high-speed internet. The strategy includes encouraging local ISPs to expand their coverage and upgrade infrastructure in rural and underserved areas. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca>

Municipality of Cumberland – Municipal Rural Broadband Project

Cumberland County has been collaborating with Xplornet Communications Inc. to oversee the expansion of high-speed internet service to rural areas. The project aims to improve service quality and invest in infrastructure upgrades. **Organization:** Municipality of Cumberland; **Address:** 1395 Blair Lake Rd, Upper Nappan, Nova Scotia B4H 3Y4; **Email:** municipal.clerk@cumberlandcounty.ns.ca; **Website:** <https://www.cumberlandcounty.ns.ca/municipal-rural-broadband-project.html>

i-Valley and Smart Villages

i-Valley works with rural communities in Nova Scotia to create 'Smart Villages,' which involve upgrading community broadband to enable new services. They also facilitate collaboration with local governments, businesses and residents. **Organization:** i-Valley; **Address:** 50 Eileen Stubbs Avenue, Unit 130, Dartmouth, Nova Scotia B3B 0M7; **Email:** info@i-valley.ca; **Website:** <http://www.i-valley.ca/>

Connected Coast Project

CityWide Communications is participating in the Connected Coast project to bring high-speed Internet via subsea fiber-optic cable to remote and rural communities in Nova Scotia, as well as coastal British Columbia. **Organization:** CityWide Communications; **Address:** 20 Wright Avenue, Dartmouth, Nova Scotia B3B 1G6; **Email:** info@citywidecommunications.ca; **Website:** <https://citywidecommunications.ca/connected-coast/>

Nova Scotia Internet Funding Trust

The trust is an effort by the government of Nova Scotia to expand high-speed internet across the province by funding strategic projects. They partner with ISPs and other stakeholders to accelerate infrastructure development. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, Nova Scotia B3J 1G5; **Email:** Unavailable; **Website:** <https://novascotia.ca/business/internet-funding-trust/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational

connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Nova Scotia's Digital Literacy Framework

This framework provides a structure for teaching Nova Scotians the skills they need to use digital technologies effectively. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** N/A (Contact form on website); **Website:** <https://www.ednet.ns.ca/>

Literacy Nova Scotia

Literacy Nova Scotia provides support for adult literacy and upgrading programs throughout the province. Their offerings include financial support for students, professional development for educators, and public awareness campaigns. **Organization:** Literacy Nova Scotia; **Address:** 80 Walker Street, Truro, Nova Scotia, B2N 4A9; **Email:** info@literacyns.ca; **Website:** <https://www.literacyns.ca/>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Digital NS Community Access Program (C@P)

A now-discontinued program that provided community access to high-speed internet and computers at various sites across Nova Scotia. **Organization:** Digital Nova Scotia; **Address:** Historical Reference - Program discontinued; **Email:** N/A; **Website:** N/A

Public Libraries Internet Access

Nova Scotia's public libraries offer community access to computers and the internet, providing an essential service for those without home access. **Organization:** Nova Scotia Provincial Library; **Address:** 3770 Kempt Road, Suite 204, Halifax, NS B3K 4X8, Canada; **Email:** N/A; **Website:** <https://library.novascotia.ca/>

Community Hubs

Some communities have created multipurpose centers that include access to telecommunication services aimed at enhancing community development and connectivity. **Organization:** Various Community Organizations; **Address:** N/A; **Email:** N/A; **Website:** N/A

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and

residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

My Nova Scotia

My Nova Scotia is a mobile app designed to provide access to government services and information. It is a tool for citizens to communicate with local departments and access services remotely. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://beta.novascotia.ca/>

Nova Scotia Community Access Program (C@P)

C@P is a community-based program that aims to provide Nova Scotians with affordable access to the internet and the skills they need to use it effectively. C@P works through partnerships with libraries, community centers, and other public-access points. **Organization:** Nova Scotia Community Access Program; **Address:** N/A; **Email:** N/A; **Website:** <http://nscap.ca>

Perennia's Agri-food Online Tools

Perennia has created several online tools, including mobile applications, to assist farmers and food producers with knowledge sharing, innovation, and market access. These tools help enhance the agriculture and fisheries sectors in Nova Scotia. **Organization:** Perennia Food & Agriculture Inc.; **Address:** 173 Dr Bernie MacDonald Drive, Bible Hill, NS B6L 2H5; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca>

Dal Mobile

Dalhousie University's mobile app affords students on and off-campus access to a wide range of university resources, including communications and information sharing, which can be beneficial, especially for those in remote locations affiliated with the university. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2; **Email:** mobile@dal.ca; **Website:** <https://www.dal.ca/>

High-speed Internet for Nova Scotia Initiative

The government of Nova Scotia and Develop Nova Scotia work together with Internet service providers to improve high-speed Internet access throughout the province, focusing on rural and underserved areas. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Broadband Fund

Nova Scotia's Broadband Fund partners with ISPs to find or co-develop solutions for areas without reliable Internet service, prioritizing projects that promise the most significant impact.

Organization: Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS B3J 2L6; **Email:** ; **Website:** <https://novascotia.ca/business/broadband/>

Network Expansion Partnership

Partnerships between local ISPs, the Municipality of the County of Kings, and the Province of Nova Scotia to expand internet infrastructure, reaching more communities. **Organization:** Municipality of the County of Kings; **Address:** 181 Coldbrook Village Park Dr, Coldbrook, NS B4R 1B9; **Email:** info@countyofkings.ca; **Website:** <https://www.countyofkings.ca/home/newsreleases.aspx>

Connect to Innovate Program

A collaborative federal program that involves partnerships with ISPs to bring high-speed Internet to rural and remote communities in Nova Scotia and across Canada. **Organization:** Innovation, Science and Economic Development Canada; **Address:** 1505 Barrington Street, Suite 1625, Maritime Centre, 16th Floor, Halifax, NS B3J 3K5; **Email:** info@ISED-ISDE.gc.ca; **Website:** <https://www.ic.gc.ca/eic/site/119.nsf/eng/home>

Halifax Crafters Society

The Halifax Crafters Society is a community-based non-profit organization that offers a marketplace platform for local artisans and crafters to sell their handmade products through events and an online store. **Organization:** Halifax Crafters Society; **Address:** Not specified; **Email:** halifaxcrafters@gmail.com; **Website:** <http://halifaxcrafters.ca/>

Farmers' Markets of Nova Scotia Cooperative

A cooperative representing farmer's markets across the province, providing a platform for local producers and artisans to sell their products directly to consumers, thus fostering community pride and economic growth within the local communities. **Organization:** Farmers' Markets of Nova Scotia Cooperative; **Address:** N/A; **Email:** info@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca/>

Made in Nova Scotia Store

This is a retail store focusing on products that are made, produced, or crafted in Nova Scotia. They support local artisans, crafters, and entrepreneurs and help stimulate the local economy. **Organization:** Made in Nova Scotia Store; **Address:** 324 St. George Street, Annapolis Royal, NS B0S 1A0; **Email:** info@madeinnovascotiastore.com; **Website:** <https://www.madeinnovascotiastore.com/>

Local Wishlist

Local Wishlist is a curated online gift guide dedicated to promoting local businesses in Nova Scotia. It operates seasonally during the holiday season, offering a unique platform for discovering and purchasing local goods. **Organization:** Local Wishlist; **Address:** Not specified; **Email:** Not specified; **Website:** <https://localwishlist.ca/>

Cape Breton's Craft Market

This craft market is an initiative that provides a year-round online marketplace for Cape Breton artisans, allowing them to sell their crafts and products to a broader audience. **Organization:**

Cape Breton Craft & Design; **Address:** 322 Charlotte Street, Sydney, NS B1P 1C8; **Email:** capebretoncraft@bellaliant.com; **Website:** <https://capebretoncraft.com/>

Rural Broadband Initiative

A government-led initiative to expand high-speed internet coverage throughout rural Nova Scotia.

Organization: Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

CEED (Centre for Entrepreneurship Education and Development)

CEED provides education, financing, and resources to entrepreneurs across Nova Scotia, supporting them in starting or growing their businesses including those that might address communication and connectivity challenges. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Innovacorp's High-Speed Internet Zone

Innovacorp offers a High-Speed Internet Zone at the Technology Innovation Centre in Dartmouth, providing entrepreneurs with access to world-class internet speeds and supporting the operations of high-tech businesses in Nova Scotia. **Organization:** Innovacorp; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Internet for Nova Scotia Initiative

A government initiative working with private sector Internet Service Providers to enhance connectivity. Although not solely focused on entrepreneurship, it indirectly supports businesses that could address the connectivity gap. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/business/internet-for-nova-scotia-initiative/>

Rural Broadband Advocacy

Efforts in advocating for improved broadband services in rural and underserved areas of Nova Scotia, aiming for policy changes and investments. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Digital Divide Advocacy

Campaigns to address the digital divide, lobbying for improved internet access and digital literacy programs. **Organization:** ACORN Nova Scotia; **Address:** Not specified; **Email:** novascotia@acorn.org; **Website:** <https://acorncanada.org/>

Accessible Connectivity for Education

Advocating for policy changes to ensure that all schools, particularly in rural areas, have reliable and high-speed internet connections. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, NS B3J 2S9; **Email:** Not specified; **Website:** <https://www.ednet.ns.ca/>

Digital Nova Scotia Policy Advocacy

Supporting the tech industry by advocating for policies conducive to digital infrastructure and workforce development in the ICT sector. **Organization:** Digital Nova Scotia; **Address:** 540 Southgate Drive, Suite 201, Bedford, NS B4A 0C9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Connect to Innovate Program Advocacy

Engaging in advocacy related to the Federal 'Connect to Innovate' program that funds broadband internet projects for underserved rural and remote communities. **Organization:** Government of Canada (Innovation, Science and Economic Development Canada); **Address:** 2300 St. Laurent Boulevard, Ottawa, ON K1A 0H5; **Email:** ic.info-info.ic@canada.ca; **Website:** <https://www.canada.ca/en/innovation-science-economic-development/programs/computer-internet-access/connect-to-innovate.html>

Rural Broadband Expansion

Nova Scotia has invested in expanding high-speed broadband to rural communities via the Rural Broadband Initiative. This project aims to ensure that 95% of Nova Scotia has access to reliable, high-speed internet. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, Nova Scotia B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Mesh Networks for Rural Communities

Community-driven initiatives have been established to create mesh networks, which provide a decentralized approach to internet connectivity and can reinforce the resilience and coverage in rural areas. Examples may include local community projects. **Organization:** Various Community Groups; **Address:** Not specific (varies by community group); **Email:** Not specific (varies by community group); **Website:** No specific webpage, involves various community efforts

Emergency Satellite Communications

Nova Scotia may implement satellite communication systems to ensure connectivity during emergencies when traditional networks are compromised. These systems can also provide backup communication channels for remote areas on a day-to-day basis. **Organization:** Emergency Management Office (EMO) Nova Scotia; **Address:** P.O. Box 608, Halifax, NS B3J 2T3; **Email:** askEMO@novascotia.ca; **Website:** <https://novascotia.ca/dma/emo/>

Wireless Internet Service Expansion

Several private companies and cooperatives work in partnership with government programs to offer wireless internet services to rural communities, using technologies like fixed wireless to provide high-speed internet access. **Organization:** Eastlink, Seaside Wireless Communications,

and other private ISPs; **Address:** Not specific (varies by ISP); **Email:** Not specific (varies by ISP); **Website:** <https://eastlink.ca/internet/ruralconnect.aspx>

Rural Transportation Association (RTA)

The RTA, also known as Rural Rides, is a collection of non-profit organizations aimed at providing affordable and accessible transportation services for rural residents in Nova Scotia, including ride-sharing programs and community-based transit options. **Organization:** Rural Transportation Association; **Address:** Various locations across rural Nova Scotia; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Community Transportation Assistance Program

This program provides funding support for community-based transportation organizations, improving service availability in underserved areas of Nova Scotia. **Organization:** Nova Scotia Department of Transportation and Infrastructure Renewal; **Address:** P.O. Box 186, Halifax, NS, B3J 2N2; **Email:** N/A; **Website:** <https://novascotia.ca/correctional-services/>

CEDIF Program

The Community Economic Development Investment Fund (CEDIF) is a program enabling Nova Scotians to invest in businesses within their communities, including those improving market access and connectivity infrastructure. **Organization:** Economic Development Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/econ/cedif/>

Innovacorp's High Speed Internet Funding

Innovacorp offers high-speed internet funding to start-ups and entrepreneurs in rural areas, helping them gain market access by improving their digital footprint. **Organization:** Innovacorp; **Address:** 1344 Summer Street, Halifax, NS, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Rural Broadband Expansion through Existing Infrastructure

The government in Nova Scotia is working alongside Internet Service Providers (ISPs) to expand high-speed broadband to rural communities via infrastructure like existing towers, utility poles, and buildings. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, NS, Canada B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Digital Nova Scotia – Community IT Engagement

Digital Nova Scotia partners with communities to identify local digital infrastructure and increase the use of technology and innovation. They aid small business in leveraging existing tech like

community Wi-Fi. **Organization:** Digital Nova Scotia; **Address:** 5500 Spring Garden Road, Suite 309, Halifax, NS, Canada B3J 1G6; **Email:** N/A; **Website:** <https://digitalnovascotia.com/>

Connecting Rural Nova Scotia through Unused Schools

Community groups repurpose closed schools into community centers, often maintaining and upgrading the internet access originally provided to the school for broader community use.

Organization: Various Community Organizations; **Address:** N/A; **Email:** N/A; **Website:** N/A

Collaborative Small Town Wi-Fi Networks

Small towns and business associations implement community Wi-Fi networks by reusing and adapting existing infrastructures like light poles, community centers, or public libraries.

Organization: Local Small Business Associations; **Address:** N/A; **Email:** N/A; **Website:** N/A

Connectivity Steering Committee

A cross-sectoral committee formed to oversee the implementation of internet connectivity projects, pursue funding, and serve as a liaison between the community and service providers.

Organization: Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Municipal High-Speed Internet Committee

A local committee established by a municipality to improve high-speed internet access, work with provincial and federal partners and private sector Internet Service Providers. **Organization:** Municipality of the County of Kings; **Address:** 87 Cornwallis Street, Kentville, NS B4N 2E5; **Email:** municipality@countyofkings.ca; **Website:** <https://www.countyofkings.ca/>

Rural Broadband Working Group

A community group that collaborates with local, provincial, and federal governments, as well as private sector partners, to improve and expand broadband internet services in rural areas of Nova Scotia. **Organization:** The Federation of Canadian Municipalities; **Address:** 24 Clarence Street, Ottawa, ON K1N 5P3; **Email:** info@fcm.ca; **Website:** <https://fcm.ca/en>

Brilliant Labs

Brilliant Labs supports educators and youth in the Atlantic Provinces, including Nova Scotia, to foster creativity and innovation. They offer various programs that encourage young people to explore technology, digital skills, and entrepreneurship. **Organization:** Brilliant Labs; **Address:** Nova Scotia location varies; they have multiple labs across Atlantic Canada.; **Email:** info@brilliantlabs.ca; **Website:** <https://brilliantlabs.ca/>

Digital Discovery Camp

Digital Discovery Camp is a collaboration with local libraries throughout Nova Scotia to engage youth in technology through fun and educational activities during summer breaks. **Organization:** SuperNOVA at Dalhousie University; **Address:** SuperNOVA, Dalhousie University, Halifax, Nova Scotia; **Email:** supernova@dal.ca; **Website:** <https://www.supernova.dal.ca/>

techsploration

Techsploration provides young women in grades nine through twelve with opportunities to explore science, trades, engineering, and technology occupations while creating a greater

awareness about the critical role of work in their lives. **Organization:** Techsploration; **Address:** Techsploration, 3845 Joseph Howe Dr, Suite 201, Halifax, NS B3L 4H9, Canada; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Hackmatack Children's Choice Book Award

While not solely technology-focused, this program involves youth in grades four to six in reading and evaluating Canadian children's literature. It includes some books with science and technology themes, which can promote literacy in technology topics. **Organization:** Hackmatack Children's Choice Book Award; **Address:** 538 McKay Place, Kingston, NS B0P 1R0, Canada; **Email:** hackmatack@hackmatack.ca; **Website:** <http://www.hackmatack.ca/>

Nova Scotia Business Inc. Market Intelligence Services

Nova Scotia Business Inc. offers market intelligence services that help businesses understand their market through custom research reports. They cover information on industry trends, competitor analysis, and customer preferences. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Perennia's Market Development Services

Perennia Food and Agriculture Inc. offers market research and trend analysis for Nova Scotia's agri-food and seafood sectors, helping businesses to adapt and create product offerings based on new consumer preferences. **Organization:** Perennia Food and Agriculture Inc.; **Address:** 173 Dr Bernie MacDonald Dr, Bible Hill, NS B6L 2H5; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/>

Atlantic Canada Opportunities Agency Market Reports

The Atlantic Canada Opportunities Agency (ACOA) provides market reports and insights that can help Atlantic Canadian entrepreneurs and businesses to identify emerging opportunities and consumer trends in various sectors. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis Street, Suite 700, Halifax, NS B3J 3N4; **Email:** acoadec.info@canada.ca; **Website:** <https://www.acoa-apeca.gc.ca/eng/ImLookingFor/InformationSheets/Pages/Home.aspx>

The Centre for Women in Business Market Research

The Centre for Women in Business offers market research services, including industry profiling and competitive analysis, to help women entrepreneurs in Nova Scotia make informed decisions and align their businesses with market needs. **Organization:** The Centre for Women in Business; **Address:** Mount Saint Vincent University, 166 Bedford Highway, Halifax, NS B3M 2J6; **Email:** cwbsupport@msvu.ca; **Website:** <https://www.centreforwomeninbusiness.ca/>

The Ocean Supercluster

An industry-led collaboration that aims to boost innovation and modernization across Canada's ocean industries. It brings together leaders from sectors like seafood, oil and gas, transportation, and clean energy to work on shared challenges and develop new technologies. **Organization:** Canada's Ocean Supercluster; **Address:** 1959 Upper Water Street, Suite 1300, Halifax, NS, B3J 3N2; **Email:** info@oceansupercluster.ca; **Website:** <https://oceansupercluster.ca>

Volta Labs

Volta Labs, as an innovation hub, often works in collaboration with other startup ecosystems to share experiences and support tech-based innovation. They provide mentorship, resources, and networking opportunities. **Organization:** Volta Labs; **Address:** 1505 Barrington St, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

COVE - Centre for Ocean Ventures & Entrepreneurship

COVE focuses on marine technology and ocean industries. It provides a collaborative space for businesses, start-ups, and researchers to develop ocean-related innovations. **Organization:** COVE; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, Canada, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

CEED - Centre for Entrepreneurship Education and Development

The Ceed programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** Ceed; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Halifax Partnership

The Halifax Partnership is Halifax's economic development organization. It works to keep, grow, and get business, talent, and investment in Halifax. It brings together all three levels of government, industry, post-secondary, and community partners to create and nurture the necessary relationships to see the economy flourish. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2100, Halifax, NS, B3J 3R7; **Email:** contact@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Select Nova Scotia

Select Nova Scotia is a government initiative that promotes locally sourced products, including seafood. Their marketing campaigns are designed to increase consumer awareness and consumption of Nova Scotian products. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** selectns@novascotia.ca; **Website:** <https://selectnovascotia.ca>

Farmers' Markets of Nova Scotia Co-operative

This network supports the development and growth of farmers' markets, promoting locally grown

and sustainably produced foods and crafts. They provide a platform for local producers to connect with consumers directly. **Organization:** Farmers' Markets of Nova Scotia Co-operative; **Address:** N/A - Various locations across Nova Scotia; **Email:** fmns@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Made in Nova Scotia – Etsy

An online marketplace featuring handmade, vintage, and unique goods from Nova Scotia artisans and makers. This platform helps promote and sell sustainable and locally made products to a wider audience. **Organization:** Etsy; **Address:** N/A - Online initiative; **Email:** N/A; **Website:** https://www.etsy.com/ca/market/made_in_nova_scotia

Nova Scotia Good Cheer Trail

Canada's first winery, craft brewery, cidery, and distillery trail. It promotes rural tourism by encouraging visitors to explore local food and beverage producers across the province. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, Nova Scotia B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://goodcheertrail.com>

Select Nova Scotia

Select Nova Scotia is a provincial initiative that promotes local food and products through various campaigns. They offer educational materials and events to create awareness among consumers about the benefits of buying local, which often include traditional Nova Scotian products.

Organization: Government of Nova Scotia - Department of Agriculture; **Address:** P.O. Box 2223, Halifax, Nova Scotia B3J 3C4; **Email:** nsagrim@novascotia.ca; **Website:** <https://selectnovascotia.ca>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Farmers' Markets of Nova Scotia Cooperative

A cooperative representing farmer's markets across the province, providing a platform for local producers and artisans to sell their products directly to consumers, thus fostering community pride and economic growth within the local communities. **Organization:** Farmers' Markets of Nova Scotia Cooperative; **Address:** N/A; **Email:** info@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca/>

Made in Nova Scotia Store

This is a retail store focusing on products that are made, produced, or crafted in Nova Scotia.

They support local artisans, crafters, and entrepreneurs and help stimulate the local economy.

Organization: Made in Nova Scotia Store; **Address:** 324 St. George Street, Annapolis Royal,

NS B0S 1A0; **Email:** info@madeinnovascotiastore.com; **Website:**

<https://www.madeinnovascotiastore.com/>

The Nova Scotia Culinary Trails

The Nova Scotia Culinary Trails include the Chowder Trail and the Lobster Trail. They are designed to guide consumers on a culinary journey throughout the province, highlighting traditional dishes and local ingredients. The program encompasses education on the significance of seafood in Nova Scotia's culture and economy. **Organization:** Taste of Nova Scotia / Tourism Nova Scotia; **Address:** Tourism Nova Scotia, South End, Halifax, Nova Scotia; **Email:** contact@novascotia.com; **Website:** <https://tasteofnovascotia.com/>

Innovacorp's Early Stage Commercialization Fund (ESCF)

The ESCF helps researchers and entrepreneurs in Nova Scotia create new products and services by providing them with funding to reach commercialization stage. The fund is directed at pushing innovation across various sectors. **Organization:** Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/what-we-offer/funding/escf>

NSBI Innovation Rebate Program

The Innovation Rebate Program offered by Nova Scotia Business Inc. supports businesses looking to increase their global competitiveness through the adoption of innovative processes and the creation of innovative products. **Organization:** Nova Scotia Business Inc. (NSBI); **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Creative Industries Fund

This fund supports the business development side of creative enterprises in sectors like music, publishing, craft, visual arts, and more. It's aimed to help companies explore new business models and product diversification. **Organization:** Nova Scotia Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, 3rd floor, Halifax, Nova Scotia, B3J 3X8; **Email:** CCH@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Productivity and Innovation Voucher Program

The program boosts small and medium-sized businesses' ability to develop new products and processes by awarding vouchers that can be redeemed for expertise and services provided by post-secondary institutions and other research organizations. **Organization:** Nova Scotia Department of Economic Development; **Address:** Not explicitly stated; **Email:** Not explicitly stated; **Website:** <https://novascotia.ca/programs/productivity-and-innovation-voucher-program/>

Atlantic Canada Opportunities Agency (ACOA) Programs

ACOA offers several funding programs that support innovation and product diversification for businesses in Nova Scotia, including the Business Development Program (BDP), which can help

fund projects that focus on the development of new or improved products and services.

Organization: Atlantic Canada Opportunities Agency; **Address:** Not explicitly stated for local offices; **Email:** Not explicitly stated; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/funding.html>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Business Inc. - Business Development Program

The Business Development Program provided by NSBI includes access to digital tools and e-commerce resources for Nova Scotian businesses to enhance their online presence and access global markets. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com>

Centre for Women in Business - Digital Presence Program

The Digital Presence Program is tailored to support women entrepreneurs in Nova Scotia to expand their online presence and e-commerce opportunities. **Organization:** Centre for Women in Business; **Address:** Mount Saint Vincent University, Seton 404, 166 Bedford Highway, Halifax, NS B3M 2J6; **Email:** cwbssupport@msvu.ca; **Website:** <https://www.centreforwomeninbusiness.ca>

Nova Scotia Community College - E-commerce Course

NSCC provides courses and programs to help entrepreneurs and businesses in Nova Scotia develop the skills needed for e-commerce and online business management. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1B3; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca>

Shopify Local Pop-up Program

Though not Nova Scotia specific, Shopify's initiative can help local retailers by setting up pop-up spaces to connect with retail experts and gain skills to launch and expand their online stores, thus enabling e-commerce for local businesses. **Organization:** Shopify; **Address:** NA - Online; **Email:** NA - Contact via website; **Website:** <https://www.shopify.ca>

Centre for Entrepreneurship Education and Development (CEED)

CEED delivers a wide array of programs and services to potential and existing entrepreneurs and businesses at every stage. They offer training, financing, and networking opportunities to help small and medium-sized businesses start, grow, and succeed. **Organization:** CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://ceed.ca>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a

community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Atlantic Canada Opportunities Agency (ACOA)

ACOA works to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative and productive. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St #600, Halifax, NS B3J 3N4, Canada; **Email:** info@acoa-apec.gc.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Common Good Solutions

Common Good Solutions supports social enterprises and community-based businesses, offering consulting, incubation, and resources to foster cooperatives and collective ventures in Nova Scotia. **Organization:** Common Good Solutions; **Address:** 5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6; **Email:** hello@commongoodsolutions.ca; **Website:** <https://commongoodsolutions.ca>

The Royal Nova Scotia International Tattoo

An annual week-long event held in Halifax that showcases military and civilian performances, cultural displays, and traditional music and dance. **Organization:** Royal Nova Scotia International Tattoo Foundation; **Address:** Suite 117 Scotia Square 5201 Duke Street Halifax, Nova Scotia, Canada B3J 1N9; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca/>

The Celtic Colours International Festival

A unique celebration of Cape Breton Island's living traditional culture with concerts, dances, workshops, community suppers and more. **Organization:** Celtic Colours Festival Society; **Address:** 850 Grand Lake Road, Suite 17 Sydney, Nova Scotia, Canada, B1P 5T9; **Email:** info@celtic-colours.com; **Website:** <https://celtic-colours.com/>

Halifax Greek Fest

A annual festival that offers a variety of Greek cuisine, entertainment, and cultural exhibits in Halifax. **Organization:** St. George's Greek Orthodox Church and Community of Halifax; **Address:** 38 Purcells Cove Road, Halifax, Nova Scotia, Canada B3N 1R4; **Email:** info@halifaxgreekfest.com; **Website:** <https://halifaxgreekfest.com/>

Multifest

A vibrant celebration of culture and diversity that includes music, dance, food, and crafts from around the world. **Organization:** Nova Multifest Society; **Address:** N/A; **Email:** info@multifestns.ca; **Website:** <https://multifestns.ca/>

Halifax Jazz Festival

Annual music festival featuring jazz artists from across the globe and takes place in multiple venues across the city. **Organization:** JazzEast Rising Association; **Address:** Suite 101 - 2307 Clifton Street, Halifax, NS B3K 4T9, Canada; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca>

Deep Roots Music Festival

An annual music festival held in Wolfville that promotes the deep roots of music in Nova Scotia and the Annapolis Valley. **Organization:** Deep Roots Music Cooperative; **Address:** PO Box 3055, Wolfville, NS B4P 2H5; **Email:** info@deprootsmusic.ca; **Website:** [https://deprootsmusic.ca/](https://deprootsmusic.ca)

Crafts Alliance Atlantic Association

This alliance promotes craftspeople throughout Atlantic Canada, helping them maintain high-quality standards and providing professional development. By showcasing artisan products at events and fairs, they ensure traditional crafts meet quality expectations. **Organization:** Crafts Alliance Atlantic Association; **Address:** 1113 Marginal Road, Halifax, Nova Scotia, B3H 4P7; **Email:** info@craftsalliance.ca; **Website:** <https://www.craftsalliance.ca>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Nova Scotia Designer Crafts Council

An organization that supports craftspeople in Nova Scotia, the NSDCC ensures that its members adhere to high-quality standards. They offer a juried membership process that assesses the quality and craftsmanship of products. **Organization:** Nova Scotia Designer Crafts Council; **Address:** 1113 Marginal Road, Halifax, Nova Scotia, B3H 4P7; **Email:** admin@craftnovascotia.ca; **Website:** <https://www.craftnovascotia.ca>

Nova Scotia Good Cheer Trail

Canada's first winery, craft brewery, cidery, and distillery trail. It promotes rural tourism by

encouraging visitors to explore local food and beverage producers across the province.

Organization: Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, Nova Scotia B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://goodcheertrail.com>

Authentic Seacoast Company

The Authentic Seacoast Company operates with a focus on quality and authenticity in their products, which include traditional crafts and culinary goods. They aim to represent and preserve the local culture and heritage through their offerings. **Organization:** Authentic Seacoast Company; **Address:** 75 Ferry Lane, Guysborough, Nova Scotia, B0H 1N0; **Email:** info@authenticseacoast.com; **Website:** <https://www.authenticseacoast.com>

The Nova Scotia Food Gathering

An annual event that brings together people from across the food sector to share knowledge, learn from one another, and build relationships. **Organization:** FoodARC – Food Action Research Centre; **Address:** Mount Saint Vincent University, Halifax, Nova Scotia, Canada; **Email:** food.arc@msvu.ca; **Website:** <http://www.foodarc.ca/>

Nova Scotia Federation of Agriculture - Sharing Excellence

Provides opportunities for farmers to network and share knowledge through workshops, seminars, and annual conferences. **Organization:** Nova Scotia Federation of Agriculture; **Address:** 7 Atlantic Central Drive, East Mountain, Nova Scotia B6L 2Z2, Canada; **Email:** nsfa@nsfa-fane.ca; **Website:** <https://www.nsfa-fane.ca/>

Nova Scotia Seafood Alliance - Industry Networking Events

Hosts regular networking events, training sessions, and workshops for members of the seafood industry in Nova Scotia, fostering knowledge sharing and collaboration. **Organization:** Nova Scotia Seafood Alliance; **Address:** 38 Thorne Ave, Dartmouth, Nova Scotia B3B 1Y5, Canada; **Email:** info@nsseafoodalliance.com; **Website:** <https://www.nsseafoodalliance.com/>

Select Nova Scotia - Promotional Campaigns

Engages producers, processors, and consumers through promotional campaigns, which include networking opportunities and knowledge exchange at local food events. **Organization:** Select Nova Scotia, Department of Agriculture; **Address:** PO Box 2223 Halifax, Nova Scotia B3J 3C4, Canada; **Email:** info@selectnovascotia.ca; **Website:** <https://www.selectnovascotia.ca/>

Craft Brewers Association of Nova Scotia - Festivals and Events

Supports local craft breweries with festivals and events that provide networking opportunities, industry development, and knowledge sharing about best practices in craft brewing.

Organization: Craft Brewers Association of Nova Scotia; **Address:** Not provided; **Email:** info@nscraftbeer.ca; **Website:** <http://nscraftbeer.ca/>

Centre for Women in Business - Networking Events

Offers networking events and workshops for women entrepreneurs in Nova Scotia, promoting knowledge sharing and collaboration among women in various businesses, including traditional product producers. **Organization:** Centre for Women in Business; **Address:** Mount Saint Vincent University, 166 Bedford Highway, Halifax, Nova Scotia B3M 2J6, Canada; **Email:**

Email: cwbsupport@msvu.ca; **Website:** <https://www.centreforwomeninbusiness.ca/en/home/default.aspx>

Clean Foundation's School Programs

The Clean Foundation offers various educational programs to Nova Scotia schools, aimed at promoting environmental sustainability. Programs such as 'Clean Across Nova Scotia' and 'Clean Climate Action School' engage students with presentations and activities that teach them about the importance of preserving the environment. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, Nova Scotia, B2Y 1H8; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca/>

Divert NS' Environmental Education

Divert NS provides educational resources and programs to foster environmental stewardship in youth across the province. They offer scholarships, champion environmental initiatives in schools, and promote waste diversion and reduction through educational materials and workshops. **Organization:** Divert NS; **Address:** 35 Commercial Street, Suite 400, Truro, Nova Scotia, B2N 3H9; **Email:** info@divertns.ca; **Website:** <https://divertns.ca/>

EcoAction Community Fund

The EcoAction Community Fund, offered by Environment and Climate Change Canada, provides funding for local environmental projects in Nova Scotia. These projects often include a component of community education and engagement aimed at increasing environmental awareness and promoting sustainable practices. **Organization:** Environment and Climate Change Canada; **Address:** 45 Alderney Drive, Dartmouth, Nova Scotia, B2Y 2N6; **Email:** None; **Website:** <https://www.canada.ca/en/environment-climate-change/services/environmental-funding/ecoaction-community-fund.html>

ACAP Cape Breton's Environmental Education Programs

ACAP Cape Breton offers a variety of educational and community programs aimed at sustainability and environmental improvement. Their initiatives involve educating the public through workshops, community clean-ups, and eco-friendly project development. **Organization:** ACAP Cape Breton; **Address:** 582 George Street, Sydney, Nova Scotia, B1P 1K9; **Email:** info@acapcb.ns.ca; **Website:** <http://www.acapcb.ns.ca/>

Ecology Action Centre's Workshops and Campaigns

The Ecology Action Centre conducts workshops, community seminars, and campaigns to raise awareness about various environmental issues, including climate change, marine conservation, and sustainable transportation throughout Nova Scotia. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, Nova Scotia, B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Efficiency Nova Scotia

Efficiency Nova Scotia offers programs and services to help businesses and residents use energy better, save money, and reduce their carbon footprint. They support renewable energy initiatives and energy efficiency across the province. **Organization:** Efficiency Nova Scotia Corporation;

Address: 230 Brownlow Avenue, Suite 300, Dartmouth, NS B3B 0G5; **Email:** info@efficiencyns.ca; **Website:** <https://www.efficiencyns.ca/>

Nova Scotia Green Fund

The Green Fund is designed to support climate change initiatives that help reduce greenhouse gas emissions and advance Nova Scotia's sustainable prosperity. It provides funding for projects that encourage energy efficiency and the development of clean technologies. **Organization:** Government of Nova Scotia; **Address:** PO Box 2664, Halifax, NS B3J 3P7; **Email:** None; **Website:** <https://climatechange.novascotia.ca/>

Nova Scotia Come to Life

An initiative to promote Nova Scotia's quality of life, business environment, and cultural advantages to attract businesses and skilled professionals. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle St #701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Clean Tech Internship Program

This program provides Nova Scotian clean technology companies with a subsidy to hire post-secondary graduates for internships. The aim is to support the development of clean tech industry and the growth of green businesses in the province. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8; **Email:** info@clean.ns.ca; **Website:** <https://clean.ns.ca/programs/work-integrate/clean-tech-internships/>

Sustainable Development Goals (SDG) Funding Program

A program designed to support local initiatives that contribute to achieving the United Nations' SDGs. It provides funding to businesses, nonprofits, and community groups working on sustainability projects in Nova Scotia. **Organization:** Government of Nova Scotia; **Address:** 1741 Brunswick Street, Suite 110, Halifax, NS B3J 3X8; **Email:** None; **Website:** <https://cch.novascotia.ca/>

Ecojustice Climate Change Litigation

Ecojustice uses the power of the law to defend nature, combat climate change, and fight for a healthy environment for all. They engage in legal advocacy and litigation to push for stricter environmental regulations and hold governments accountable. **Organization:** Ecojustice; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** info@ecojustice.ca; **Website:** <https://www.ecojustice.ca>

Sustainable Ocean Alliance Halifax Hub

The Sustainable Ocean Alliance Halifax Hub is a youth-led group that advocates for sustainable ocean policies and practices. They work to engage the local community and stakeholders in dialogue and action toward more sustainable ocean industry regulations. **Organization:** Sustainable Ocean Alliance; **Address:** Not specified (distributed/local hubs); **Email:** halifax@soalliance.org; **Website:** <https://soalliance.org/halifax-hub/>

Ecology Action Centre's Wilderness Protection

The Ecology Action Centre works on wilderness protection in Nova Scotia, advocating for the

expansion of protected areas and stricter regulations on forestry practices, mining, and other industries to conserve biodiversity and promote environmental sustainability. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3, Canada; **Email:** contact@ecologyaction.ca; **Website:** <https://ecologyaction.ca/issue-area/wilderness>

East Coast Environmental Law Association

This association provides legal support and advocacy for environmental causes in Atlantic Canada. They work with communities and other stakeholders to push for stronger environmental laws and policies. **Organization:** East Coast Environmental Law; **Address:** 1649 Barrington St, Halifax, NS B3J 1Z9, Canada; **Email:** info@ecelaw.ca; **Website:** <https://www.ecelaw.ca>

Clean Foundation Environmental Policy Advocacy

The Clean Foundation engages in policy development and advocacy work to influence government decisions on climate change and energy policy, promoting cleaner energy solutions and sustainability initiatives in Nova Scotia. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Divert NS

Divert NS is a not-for-profit corporation that helps drive the culture of recycling in Nova Scotia. They work towards reducing waste and increasing the efficiency of resources being used by promoting recycling, offering educational programs, and managing funds to support innovative waste management practices. **Organization:** Divert NS; **Address:** 35 Commercial Street, Suite 400 Truro, Nova Scotia B2N 3H9; **Email:** info@divernts.ca; **Website:** <https://divernts.ca>

Clean Foundation

The Clean Foundation promotes environmental sustainability in Nova Scotia and includes community involvement in its Clean Leadership programs, which provide hands-on sustainability projects, including supporting local community centers with green initiatives. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Ecology Action Centre

A community-based environmental advocacy organization with various interest groups, including those focused on conservation, sustainable transportation, and urban gardening. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Halifax Solid Waste Resources

The Solid Waste Resources division of the Halifax Regional Municipality manages waste through programs such as recycling, composting, and educational campaigns. They aim to promote a culture of waste reduction and sustainable consumption among residents. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, Nova Scotia B3J 3A5; **Email:** waste@halifax.ca; **Website:** <https://www.halifax.ca/home-property/garbage-recycling-green-cart>

Farmers' Markets of Nova Scotia Cooperative

A cooperative representing farmer's markets across the province, providing a platform for local producers and artisans to sell their products directly to consumers, thus fostering community pride and economic growth within the local communities. **Organization:** Farmers' Markets of Nova Scotia Cooperative; **Address:** N/A; **Email:** info@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca/>

SolarHomes Program

The SolarHomes program provides rebates to homeowners who install solar photovoltaic systems. The aim is to make solar energy more affordable and increase the number of solar-powered homes in Nova Scotia. **Organization:** EfficiencyOne; **Address:** Suite 208, 230 Brownlow Avenue, Dartmouth, NS B3B 0G5; **Email:** contact@efficiencyone.ca; **Website:** <https://www.efficiencyns.ca/service/solarhomes/>

Community Feed-In Tariff (COMFIT)

This program, now closed for new applications but supporting ongoing projects, enabled communities to develop local renewable energy projects such as wind, tidal, and biomass, through guaranteed rates for the energy produced. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://energy.novascotia.ca/>

Smart Grid Nova Scotia

Smart Grid Nova Scotia is a pilot project that explores how battery storage, time-of-day rates, electric vehicle chargers, and other innovations can be integrated into the province's energy systems to improve efficiency and accommodate more renewable energy. **Organization:** Nova Scotia Power; **Address:** 1223 Lower Water Street, Halifax, NS B3J 3S8; **Email:** customerexperience@nspower.ca; **Website:** <https://www.nspower.ca/>

Nova Scotia Green Fund

The Green Fund is designed to support climate change initiatives that help reduce greenhouse gas emissions and advance Nova Scotia's sustainable prosperity. It provides funding for projects that encourage energy efficiency and the development of clean technologies. **Organization:** Government of Nova Scotia; **Address:** PO Box 2664, Halifax, NS B3J 3P7; **Email:** None; **Website:** <https://climatechange.novascotia.ca/>

Green Choice Program

This program allows customers to support and spur the development of local green energy projects. Large customers, like municipal governments or universities, can purchase green energy sourced from low-impact sources. **Organization:** Nova Scotia Power; **Address:** 1223 Lower Water Street, Halifax, NS B3J 3S8; **Email:** customerexperience@nspower.ca; **Website:** <https://www.nspower.ca/>

Community Solar Projects

Several community cooperatives and non-profit groups are investing in renewable energy projects, such as solar gardens and collective solar panel installations, which allow members and investors to benefit from solar energy without installing panels on their own property.

Organization: Various Local Cooperatives and Non-profits; **Address:** N/A; **Email:** N/A;
Website: <https://www.solarcityhalifax.ca/community-solar-gardens/>

Divert NS

Divert NS is a not-for-profit corporation that helps drive the culture of recycling in Nova Scotia. They work towards reducing waste and increasing the efficiency of resources being used by promoting recycling, offering educational programs, and managing funds to support innovative waste management practices. **Organization:** Divert NS; **Address:** 35 Commercial Street, Suite 400 Truro, Nova Scotia B2N 3H9; **Email:** info@divernts.ca; **Website:** <https://divernts.ca>

Halifax Transit

Halifax Transit provides public transportation services in the Halifax region. For large community events, it may offer shuttles or enhance existing services to accommodate the increased demand. **Organization:** Halifax Regional Municipality; **Address:** PO BOX 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit>

Bike Week

An annual event that promotes cycling as a sustainable mode of transportation, including activities, workshops and free bike tune-ups. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** recreation@halifax.ca; **Website:** <https://www.halifax.ca/>

Move More, Burn Less

A campaign focusing on active transportation to reduce emissions by encouraging walking, cycling, and use of public transport. **Organization:** Nova Scotia Department of Energy and Mines; **Address:** 5151 Terminal Rd., Halifax, NS B3J 2T8, Canada; **Email:** n/a; **Website:** <https://climatechange.novascotia.ca/>

Blue Route

A provincial bicycling network that will connect communities across Nova Scotia with bike-friendly infrastructure. **Organization:** Bicycle Nova Scotia; **Address:** 5516 Spring Garden Road, 4th Floor, Halifax, NS B3J 1G6, Canada; **Email:** info@bicycle.ns.ca; **Website:** <https://blueroute.ca/>

Transit Pass Program

A program designed to increase transit ridership by providing eligible residents with a monthly transit pass at a reduced rate. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

SmartTrip

An initiative that promotes sustainable transportation options in workplaces and schools across Nova Scotia to encourage carpooling, public transit, and active transportation. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://clean.ns.ca/programs/sustainable-transportation/smarttrip/>

Active Transportation Planning

Efforts to plan and increase infrastructure and policies for active transportation, helping to design communities around walkability and cycling. **Organization:** Municipalities across Nova Scotia; **Address:** varied; **Email:** varied; **Website:** varied

Halifax Public Gardens

Established in 1867, the Halifax Public Gardens are a 16-acre oasis in the heart of the city, featuring a collection of exotic and native trees, Victorian-era landscaping, and ornamental fountains. **Organization:** Halifax Regional Municipality; **Address:** Spring Garden Rd & Summer St, Halifax, NS B3J 1E9, Canada; **Email:** contactus@halifax.ca; **Website:** <https://www.halifax.ca/>

Blue Mountain-Birch Cove Lakes Wilderness Area

A large wilderness area being protected that offers an ecosystem supporting a variety of wildlife, with plans to include a network of multi-use trails and green spaces. **Organization:** Nova Scotia Environment; **Address:** Nova Scotia Environment, Box 442, Halifax, NS B3J 2P8; **Email:** ; **Website:** <https://novascotia.ca/>

Harriet Irving Botanical Gardens

Located at Acadia University, the botanical gardens focus on native Acadian forest species and habitats, promoting biodiversity and offering educational programs. **Organization:** Acadia University; **Address:** 32 University Ave, Wolfville, NS B4P 2P8, Canada; **Email:** botanical.gardens@acadiau.ca; **Website:** <https://botanicalgardens.acadiau.ca/>

The Dartmouth Commons

This community area includes green spaces, a sports field, and walking trails, providing citizens with a diverse urban green space. **Organization:** Halifax Regional Municipality; **Address:** Dartmouth Commons, Dartmouth, NS B3A, Canada; **Email:** contactus@halifax.ca; **Website:** <https://www.halifax.ca/>

Nova Scotia Nature Trust

Dedicated to protecting significant natural areas through land conservation, including the stewardship of private lands, outreach, and education. **Organization:** Nova Scotia Nature Trust; **Address:** 81 Prince Albert Road, Dartmouth, NS B2Y 1M1, Canada; **Email:** info@nsnt.ca; **Website:** <https://nsnt.ca/>

Nature Conservancy of Canada (NCC) - Nova Scotia

The NCC works to protect areas of natural diversity in Nova Scotia by securing important natural areas through land purchase or donation. **Organization:** Nature Conservancy of Canada; **Address:** 1801 Hollis Street, Suite 710, Halifax, NS B3J 3N4, Canada; **Email:** atlantic@natureconservancy.ca; **Website:** <http://www.natureconservancy.ca/en/where-we-work/nova-scotia/>

Cabot Trail

The Cabot Trail is a world-famous scenic drive that offers stunning views, outdoor adventures, cultural experiences, and more, promoting tourism on Cape Breton Island. **Organization:**

Destination Cape Breton; **Address:** P.O. Box 1448, Sydney, Nova Scotia, B1P 6R7; **Email:** info@cbisland.com; **Website:** <https://www.cbisland.com/>

Trout Point Lodge

An eco-lodge that promotes sustainable tourism through environmental conservation, education, and eco-friendly accommodations. They offer wilderness experiences and educational programs about the local ecology. **Organization:** Trout Point Lodge of Nova Scotia; **Address:** 189 Trout Point Rd, East Kemptville, NS B5A 5X9; **Email:** info@troutpoint.com; **Website:** <https://www.troutpoint.com/>

Sustainable Blue

Sustainable Blue is a finfish aquaculture company that practices responsible tourism through offering tours of their land-based fish farming operation, emphasizing the importance of sustainable aquaculture practices. **Organization:** Sustainable Blue; **Address:** 3360 Hwy 203, Centre Burlington, NS B0N 2A0; **Email:** info@sustainableblue.com; **Website:** <https://www.sustainableblue.com/>

Nova Scotia Nature Trust

Dedicated to protecting significant natural areas through land conservation, including the stewardship of private lands, outreach, and education. **Organization:** Nova Scotia Nature Trust; **Address:** 81 Prince Albert Road, Dartmouth, NS B2Y 1M1, Canada; **Email:** info@nsnt.ca; **Website:** <https://nsnt.ca/>

Clean Foundation

The Clean Foundation promotes environmental sustainability in Nova Scotia and includes community involvement in its Clean Leadership programs, which provide hands-on sustainability projects, including supporting local community centers with green initiatives. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Ecology Action Centre

A community-based environmental advocacy organization with various interest groups, including those focused on conservation, sustainable transportation, and urban gardening. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:**

Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

CEED | Centre for Entrepreneurship Education and Development

CEED offers programs and support to entrepreneurs across Nova Scotia, promoting the growth of local businesses and startups, especially in areas where economic encouragement is needed.

Organization: CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, Nova Scotia, B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca>

Creative Destruction Lab Atlantic

Helps scalable technology businesses succeed by providing mentorship and opportunities to collaborate with a network of entrepreneurs, investors, and other partners. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

ISANS Business & Workforce Integration

The Immigrant Services Association of Nova Scotia (ISANS) provides business support to newcomers looking to establish businesses, including business workshops, counselling, and training. **Organization:** ISANS; **Address:** 2332 Gottingen St, Halifax, NS B3K 3B2, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca/business/>

Startup Zone

Provides entrepreneurs with a space to connect with peers, access to mentors, and resources to grow their business, aiming to stimulate the startup ecosystem. **Organization:** Startup Zone; **Address:** 31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4; **Email:** hello@startupzone.ca; **Website:** <https://startupzone.ca>

Innovacorp's Networking Events

Innovacorp organizes various networking events throughout the year aimed at fostering connections between entrepreneurs, investors, and professionals. These events are designed to help startups access support, mentorship, and investment opportunities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8, Canada; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Volta's Ecosystem Events

Volta hosts networking events known as Ecosystem Events that provide entrepreneurs with the chance to meet industry leaders, other entrepreneurs, and potential investors. These events create an interactive environment conducive to knowledge sharing and collaboration. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com>

Halifax Partnership's Connector Program

Halifax Partnership's Connector Program is a networking initiative designed to connect new graduates, immigrants, and international students with local professionals and business leaders. The program helps participants grow their professional network and find employment

opportunities. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water St #2100, Halifax, NS B3J 3R7, Canada; **Email:** connect@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Centre for Women in Business's (CWB) Networking Events

CWB regularly holds networking events tailored for women entrepreneurs. These events provide an opportunity for female business owners to connect, learn from each other, and find potential mentors and collaborators. **Organization:** Centre for Women in Business; **Address:** Mount Saint Vincent University, 166 Bedford Highway, Halifax, NS B3M 2J6, Canada; **Email:** info@centreforwomeninbusiness.ca; **Website:** <https://www.centreforwomeninbusiness.ca>

Digital Nova Scotia's TechLounge

TechLounge is a series of workshops providing digital literacy and technology training for individuals and businesses with the goal of boosting tech skills across the province, including rural communities. **Organization:** Digital Nova Scotia; **Address:** Suite 1103, 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Concrete Ventures

Concrete Ventures is an early-stage venture capital fund investing in pre-seed and seed-stage technology companies in Atlantic Canada, with a focus on Halifax. They actively engage with local entrepreneurs, providing them with capital and mentorship to help startups grow.

Organization: Concrete Ventures; **Address:** Not provided; **Email:** Not provided; **Website:** <http://concrete.vc/>

First Angel Network Association

First Angel Network (FAN) was a not-for-profit organization located in Atlantic Canada that aimed to help its angel investor members to invest in promising new businesses. Although FAN closed in 2019, it had previously been a significant player in the ecosystem. **Organization:** First Angel Network Association (Defunct); **Address:** N/A; **Email:** N/A; **Website:** N/A

Island Capital Partners

While primarily focused on Prince Edward Island, Island Capital Partners also engages with companies in the broader Atlantic Canadian region. They are a PEI-based early-stage venture capital fund that invests in high potential entrepreneurs and startups, providing mentorship and capital. **Organization:** Island Capital Partners; **Address:** Not provided; **Email:** info@islandcapitalpartners.ca; **Website:** <https://www.islandcapitalpartners.ca/>

Atlantic Women's Venture Fund

Though not strictly an angel network, the Atlantic Women's Venture Fund (Sandpiper Ventures) supports female entrepreneurs in the Atlantic Canadian region, including Nova Scotia. They invest in women-led businesses and engage with angel investors interested in supporting these ventures. **Organization:** Atlantic Women's Venture Fund (Sandpiper Ventures); **Address:** N/A; **Email:** info@sandpiper.vc; **Website:** <https://sandpiper.vc/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Self-Employment Program

Provides eligible participants with financial assistance, business training, and business counseling during business startup. **Organization:** Nova Scotia Employment Services; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <https://www.novascotia.ca/employmentnovascotia/programs/self-employment.asp>

Starting Lean Initiative

Offers training and resources to entrepreneurs focused on building scalable startups, including access to mentors and lean startup methods. **Organization:** Dalhousie University - Rowe School of Business; **Address:** 6100 University Avenue, Halifax, NS B3H 4R2; **Email:** startinglean@dal.ca; **Website:** <https://www.dal.ca/>

CEED Entrepreneurship Programs

Delivers various programs, workshops, and courses tailored to help entrepreneurs at different stages of their business journey. **Organization:** The Centre for Entrepreneurship Education and Development (CEED); **Address:** 7071 Bayers Road, Suite 225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://ceed.ca/>

IGNITE Startup Program

Supports entrepreneurs with business acceleration programs, workspaces, and mentorship in rural Nova Scotia. **Organization:** IGNITE Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** hello@igniteatlantic.com; **Website:** <https://www.igniteatlantic.com/>

Launchpad Accelerator Program

Provides entrepreneurs with training, mentorship, office space, and access to capital. **Organization:** Volta Labs; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/what-we-offer/programs/>

Digital Skills for Youth Program

Helps underemployed youth develop skills and gain experience in the tech sector, with an emphasis on business and entrepreneurship skills. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** contact@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

CO3

CO3 is a co-working space that promotes collaboration and community among freelancers, entrepreneurs, and remote workers. They provide a physical location with amenities to support remote working. **Organization:** CO3; **Address:** 132 Pleasant St, Truro, NS B2N 3R4; **Email:** info@co3space.com; **Website:** <https://www.co3space.com/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

The Hub South Shore

Located in Lunenburg County, The Hub South Shore delivers a vibrant co-working experience for the community with flexible desk options and networking opportunities. **Organization:** The Hub South Shore; **Address:** 21B Cove Rd, Chester, NS B0J 1J0; **Email:** info@thehubsouthshore.ca; **Website:** <https://thehubsouthshore.ca/>

Common Good Solutions

Common Good Solutions supports social enterprises and community-based businesses, offering consulting, incubation, and resources to foster cooperatives and collective ventures in Nova Scotia. **Organization:** Common Good Solutions; **Address:** 5670 Spring Garden Road, Suite 601, Halifax, Nova Scotia, B3J 1H6; **Email:** hello@commongoodsolutions.ca; **Website:** <https://commongoodsolutions.ca>

The Creative Space

Based in Sydney, The Creative Space is a hub for entrepreneurs and creatives to come together. They offer co-working space and various programs for startups and individuals. **Organization:** The Creative Space; **Address:** 15 Prince St, Sydney, NS B1P 4P5; **Email:** admin@thecreativespace.capecbretonpartnership.com; **Website:** <https://capecbretonpartnership.com/>

Innovacorp

Innovacorp is Nova Scotia's early-stage venture capital organization. They work to find, fund and foster innovative Nova Scotia startups that strive to change the world. The organization offers investment, incubation, and expert advice to help these startups commercialize their technologies and succeed in the global marketplace. **Organization:** Innovacorp Enterprise Centre, 1344 Summer St., Halifax, NS, B3H 0A8; **Address:** Innovacorp Enterprise Centre, 1344 Summer St., Halifax, NS, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Nova Scotia Business Inc. (NSBI)

NSBI is the province's business development agency, offering programs and services to support companies at every stage of their growth, invest in sectors that align with provincial economic goals, and help businesses in all communities to expand and succeed. **Organization:** World Trade and Convention Centre, 1800 Argyle St #701, Halifax, NS, B3J 3N8; **Address:** World

Trade and Convention Centre, 1800 Argyle St #701, Halifax, NS, B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com>

Centre for Entrepreneurship Education and Development (CEED)

CEED delivers a wide array of programs and services to foster entrepreneurial spirit, to help entrepreneurs start and grow successful businesses. CEED promotes economic development in Nova Scotia and supports entrepreneurs with programs like workshops, consulting, and loans.

Organization: Suite 225, 7071 Bayers Road, Halifax, NS, B3L 2C2; **Address:** Suite 225, 7071 Bayers Road, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://ceed.ca>

Volta

Volta is one of Canada's largest innovation hubs, helping tech entrepreneurs get started and grow. Provided with world-class startup support, entrepreneurs at Volta collaborate, learn from one another, and access resources, mentorship, and funding necessary to grow their ventures.

Organization: 1505 Barrington St Unit 100, Halifax, NS, B3J 3K5; **Address:** 1505 Barrington St Unit 100, Halifax, NS, B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://www.voltaeffect.com>

Digital Nova Scotia

Digital Nova Scotia is the industry association for the province's rapidly growing digital sector. They work closely with government and industry stakeholders to foster digital entrepreneurship and help businesses use technology through programs, partnerships, and training. **Organization:** 1546 Barrington St, Halifax, NS, B3J 3X7; **Address:** 1546 Barrington St, Halifax, NS, B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

The Atlantic Canada Opportunities Agency (ACOA)

ACOA is a federal government agency working to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative, and productive. They partner with various local stakeholders to support projects that promote entrepreneurship. **Organization:** 644 Main Street, Moncton, NB, E1C 1E2; **Address:** 644 Main Street, Moncton, NB, E1C 1E2; **Email:** ACOA.information.APECA@canada.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

CEED | Centre for Entrepreneurship Education and Development

CEED offers programs and support to entrepreneurs across Nova Scotia, promoting the growth of local businesses and startups, especially in areas where economic encouragement is needed.

Organization: CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, Nova Scotia, B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca>

Volta Mentor Network

Volta offers a mentorship program that connects tech startup founders with experienced entrepreneurs and industry experts to provide guidance and accelerate growth. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Futurpreneur Canada Mentorship

Futurpreneur offers mentorship to young entrepreneurs in Canada, including those in Nova Scotia, pairing them with a business expert for two years of guidance. **Organization:** Futurpreneur Canada; **Address:** Not specific to Nova Scotia, national coverage; **Email:** info@futurpreneur.ca; **Website:** <https://www.futurpreneur.ca/en/mentoring/>

Digital Nova Scotia Mentorship Program

A program designed to pair experienced ICT professionals with students, recent graduates, and junior professionals in Nova Scotia to help them gain experience, expand their professional network, and develop their careers in the ICT sector. **Organization:** Digital Nova Scotia; **Address:** 1545 Birmingham St, Halifax, NS B3J 2J6, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/programs-services/mentorship/>

Innovacorp Early Stage Commercialization Fund (ESCF)

The ESCF helps move Nova Scotia university, college and university-affiliated hospital research to market. The funding aims to support technologies with significant business potential. **Organization:** Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/early-stage-commercialization-fund>

Nova Scotia Business Inc. (NSBI) Start-Up Visa Program

NSBI's Start-Up Visa Program provides assistance to immigrant entrepreneurs who wish to establish a new business in Nova Scotia. The program helps these start-ups with funding and mentorship. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Creative Destruction Lab Atlantic (CDL-Atlantic)

CDL-Atlantic focuses on regional strengths including ocean tech, agri-food, biotech, and clean tech. The program offers mentorship for ventures and connects them with angel investors for potential seed investments. **Organization:** Creative Destruction Lab; **Address:** Rowe Building, 6100 University Avenue, PO BOX 15000, Halifax, Nova Scotia, B3H 4R2; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Volta Start-Up House Residency Program

Volta provides a community for new tech companies, offering mentorship, resources and possible funding options. Their pre-seed program supports early stage startups. **Organization:** Volta; **Address:** 1505 Barrington Street, Unit 100, Halifax, Nova Scotia, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Atlantic Canada Opportunities Agency (ACOA) Atlantic Innovation Fund (AIF)

The AIF provides funding to businesses, universities, colleges and research institutions to develop innovative products and services in Atlantic Canada. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis Street, Suite 700, Halifax, Nova Scotia, B3J 3N4;

Email: atlantic@acoa-apec.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities/services/fundinginnovation.html>

Nova Scotia Seed Capital Fund

The Seed Capital Fund invests in early-stage technology companies and helps entrepreneurs grow their businesses with a focus on economic growth in the technology sector within the province.

Organization: Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

COVE

COVE is a facility for applied innovation in the ocean sector and provides office space, shared infrastructure, and networking opportunities to ocean-tech companies. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Volta

Volta is an innovation hub that offers mentorship, resources, and a collaborative workspace to startup businesses. They aim to help tech entrepreneurs start, grow, and succeed. **Organization:** Volta Labs; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** info@voltaeffect.com; **Website:** [https://voltaeffect.com/](https://voltaeffect.com)

Creative Destruction Lab Atlantic

Helps scalable technology businesses succeed by providing mentorship and opportunities to collaborate with a network of entrepreneurs, investors, and other partners. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Innovate Atlantic

A conference and network by Atlantic Canada's startup community for encouraging innovation, growth, and collaboration between entrepreneurs and businesses across the region. **Organization:** Innovate Atlantic; **Address:** N/A; **Email:** N/A; **Website:** <https://www.innovateatlantic.com>

The Nova Scotia Sandbox Project

The project connects students to entrepreneurs, and industry mentors to encourage an entrepreneurial mindset and potentially lead to startup innovations and collaborations with established industries. **Organization:** Nova Scotia Sandbox Project; **Address:** Dalhousie University, Halifax, NS B3H 4R2; **Email:** N/A; **Website:** <https://sandboxproject.ca>

Innovacorp's Start-Up Yard at COVE

Innovacorp runs the Start-Up Yard at the Centre for Ocean Ventures & Entrepreneurship

(COVE), which aids ocean technology startups. They engage in entrepreneurship promotion through a variety of programs, competitions, and awareness campaigns such as their Early Stage Commercialization Fund, and ocean technology startup events. **Organization:** Innovacorp; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9, Canada; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Centre for Entrepreneurship Education and Development (CEED)

CEED delivers a wide array of programs and services to potential and existing entrepreneurs and businesses at every stage. They offer training, financing, and networking opportunities to help small and medium-sized businesses start, grow, and succeed. **Organization:** CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://ceed.ca>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Startup Zone

Provides entrepreneurs with a space to connect with peers, access to mentors, and resources to grow their business, aiming to stimulate the startup ecosystem. **Organization:** Startup Zone; **Address:** 31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4; **Email:** hello@startupzone.ca; **Website:** <https://startupzone.ca>

Nova Scotia Business Inc. (NSBI) Start-Up Visa Program

NSBI's Start-Up Visa Program provides assistance to immigrant entrepreneurs who wish to establish a new business in Nova Scotia. The program helps these start-ups with funding and mentorship. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Nova Scotia Innovation Hub

An initiative focused on advancing the bioeconomy in Nova Scotia. The hub works closely with businesses, researchers, and government to support and promote projects that innovate in the use of renewable resources. **Organization:** Nova Scotia Innovation Hub Inc.; **Address:** 1344 Summer St, Halifax, NS B3H 0A8, Canada; **Email:** info@nsinnovationhub.com; **Website:** <https://www.nsinnovationhub.com/>

COVE - Centre for Ocean Ventures & Entrepreneurship

COVE fosters collaborative relationships among educational institutions such as NSCC (Nova Scotia Community College) and local businesses. It focuses on ocean technology and includes hands-on learning experiences and training programs in the marine sector. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Creative Destruction Lab Atlantic

Helps scalable technology businesses succeed by providing mentorship and opportunities to collaborate with a network of entrepreneurs, investors, and other partners. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Creative Destruction Lab - Atlantic

The Creative Destruction Lab (CDL) at Dalhousie University focuses on commercializing science for economic growth. CDL-Atlantic specializes in scaling high-tech companies and often collaborates with researchers and specialists. They provide a conduit for scientific research to impact economic policy and stimulate innovative business ventures. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, Halifax, NS B3H 4R2, Canada; **Email:** cdlatlantic@dal.ca; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Volta Labs

Volta Labs, as an innovation hub, often works in collaboration with other startup ecosystems to share experiences and support tech-based innovation. They provide mentorship, resources, and networking opportunities. **Organization:** Volta Labs; **Address:** 1505 Barrington St, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Innovacorp - High Performance Incubation (HPi)™

This program provides promising technology startups with incubation facilities, expert advice, and other supports to accelerate their growth. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Sandboxes Project

Various universities in Nova Scotia collaborate on the 'Sandboxes' initiative, which offers students a chance to innovate and experiment in a risk-tolerant and supportive environment.

Organization: Various Academic Institutions; **Address:** Addresses vary based on the specific Sandbox and partnering institution; **Email:** Emails vary based on the specific Sandbox; **Website:** Web pages vary based on the specific Sandbox

Innovate to Opportunity

The Innovate to Opportunity program helps recent master's and PhD graduates start their careers in Nova Scotia by providing salary contributions to employers to hire them for jobs that focus on innovation. **Organization:** Nova Scotia Government; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS, B3J 3T5; **Email:** ITO@novascotia.ca; **Website:** <https://novascotia.ca/programs/innovate-to-opportunity/>

SkillsonlineNS

Provides a wide range of free online training courses, including topics that enhance innovation skills such as critical thinking and problem-solving. Aimed at both employees and employers, the program helps to improve the skills of the workforce in Nova Scotia. **Organization:** Labour and Advanced Education, Government of Nova Scotia; **Address:** 1469 Brenton Street, Halifax, Nova Scotia B3J 3S7, Canada; **Email:** skilledworkforce@novascotia.ca; **Website:** <https://novascotia.ca/skillsonlinens/>

Creative Destruction Lab - Atlantic

A seed-stage program for scalable science and technology-based companies. It provides mentorship, equity opportunities, and access to investors to help innovators scale up their startup businesses. **Organization:** CDL-Atlantic, Rowe School of Business - Dalhousie University; **Address:** 6100 University Avenue, PO Box 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

ISANS Business Workshops and Training

The program offers workshops and training for immigrant entrepreneurs to start and grow their businesses in Nova Scotia. The training focuses on various aspects including innovation, business development, and scaling up. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** ISANS, 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Research Nova Scotia

Research Nova Scotia is an independent organization that supports, organizes, and coordinates research funding and strategic opportunities for academics and researchers in the province.

Organization: Research Nova Scotia; **Address:** 1801 Hollis Street, Suite 710, Halifax, Nova Scotia, B3J 3N4; **Email:** info@researchns.ca; **Website:** <https://researchns.ca/>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Centre for Ocean Ventures & Entrepreneurship (COVE)

A collaborative facility for applied innovation in the ocean sector, COVE partners with local and international organizations to develop ocean tech advancements. **Organization:** COVE; **Address:** 27 Parker St, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

CEED | Centre for Entrepreneurship Education & Development

Through programs, consultations, and training, CEED fosters an entrepreneurial spirit and supports the growth of startups. CEED encourages knowledge sharing and community building through events and workshops. **Organization:** CEED; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS B3L 2C2, Canada; **Email:** info@ceed.ca; **Website:** <https://ceed.ca>

Nova Scotia Co-operative Council

The Nova Scotia Co-operative Council facilitates the Community Economic Development Investment Fund (CEDIF) for local communities. They offer resources, education, and support

for establishing and managing these funds, providing a collaborative environment for community investment. **Organization:** Nova Scotia Co-operative Council; **Address:** 201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.novascotia.coop/community-economic-development-investment-fund-cedif/>

Atlantic Canada Opportunities Agency (ACOA)

ACOA works to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative, and productive. They also work with communities to develop and implement ideas for creating wealth and sustainable local economies. **Organization:** Atlantic Canada Opportunities Agency (ACOA); **Address:** 1801 Hollis Street, Suite 600, Halifax, NS B3J 3N4, Canada; **Email:** n/a; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

Volta's Innovation Outposts

Volta, Canada's East Coast Innovation Hub, offers Innovation Outposts where established organizations work alongside high potential startups. The program is designed to foster innovation and entrepreneurial thinking within corporate teams. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5, Canada; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Innovacorp's Early Stage Commercialization Fund (ESCF)

The ESCF helps researchers and entrepreneurs in Nova Scotia create new products and services by providing them with funding to reach commercialization stage. The fund is directed at pushing innovation across various sectors. **Organization:** Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/what-we-offer/funding/escf>

Nova Scotia Productivity and Innovation Voucher Program

This program helps small and medium-sized companies engage with a post-secondary institution to overcome a challenge to their productivity and innovation activities. Vouchers can be up to \$15,000 (Tier 1) or up to \$25,000 (Tier 2) in value. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle St #701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Creative Destruction Lab Atlantic

Helps scalable technology businesses succeed by providing mentorship and opportunities to collaborate with a network of entrepreneurs, investors, and other partners. **Organization:** Creative Destruction Lab; **Address:** Rowe School of Business, 6100 University Ave, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** atlantic@creativedestructionlab.com; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

Ocean Startup Challenge

An initiative to support innovators and entrepreneurs developing technologies with applications in the ocean sector. Winners receive funding, mentorship, and support to help bring their ideas to market. **Organization:** Ocean Startup Project; **Address:** 1 Research Dr, Dartmouth, NS B2Y

4M9, Canada; **Email:** info@oceanstartupproject.ca; **Website:** <https://www.oceanstartupproject.ca/ocean-startup-challenge/>

Mitacs Accelerate

It offers companies a way to benefit from specialized expertise within universities, linking them with new research-based innovations. Internships start at four months and can scale up as needed.

Organization: Mitacs; **Address:** Halifax, NS, Canada; **Email:** accelerate@mitacs.ca; **Website:** <https://www.mitacs.ca/en/programs/accelerate>

Innovation Rebate Program

Supports businesses looking to increase their global competitiveness by adopting innovative processes or creating innovative products for export from Nova Scotia. **Organization:** Nova Scotia Business Inc.; **Address:** World Trade and Convention Centre, 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

COVE - Centre for Ocean Ventures & Entrepreneurship

COVE focuses on marine technology and ocean industries. It provides a collaborative space for businesses, start-ups, and researchers to develop ocean-related innovations. **Organization:** COVE; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, Canada, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Dalhousie University - Innovation and Entrepreneurship

Dalhousie University supports innovation and entrepreneurship through various initiatives, including the collaboration with innovation hubs like the IdeaHub and LaunchDal. The university cultivates a spirit of innovation among its students and faculty and encourages partnerships with industry players to bring new ideas to market. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, NS B3H 4R2, Canada; **Email:** entrepreneurship@dal.ca; **Website:** <https://www.dal.ca/>

CEED - Centre for Entrepreneurship Education and Development

The CEED programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** CEED; **Address:**

7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

CEED - Centre for Entrepreneurship Education and Development

The Ceed programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** Ceed; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Innovacorp

Innovacorp is a Crown corporation that helps early-stage Nova Scotia companies succeed in the technology sector by providing mentorship, investment, and incubation facilities. **Organization:** Innovacorp; **Address:** 1344 Summer St, Halifax, NS B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Startup Zone

Provides entrepreneurs with a space to connect with peers, access to mentors, and resources to grow their business, aiming to stimulate the startup ecosystem. **Organization:** Startup Zone; **Address:** 31 Queen Street, Charlottetown, Nova Scotia, C1A 4A4; **Email:** hello@startupzone.ca; **Website:** <https://startupzone.ca>

Creative Destruction Lab - Atlantic

A program at the Rowe School of Business designed to support tech startups with mentorship from seasoned entrepreneurs, fostering a connection between students, innovators, and the business community. **Organization:** Dalhousie University; **Address:** 6100 University Avenue, Halifax, NS B3H 4R2, Canada; **Email:** cdl-atlantic@dal.ca; **Website:** <https://www.creativedestructionlab.com/locations/atlantic/>

ShiftKey Labs

ShiftKey Labs is a tech and innovation hub at Dalhousie University that hosts interdisciplinary workshops, hackathons, and events, encouraging participants from various industries to collaborate on tech-driven projects. **Organization:** Dalhousie University; **Address:** Goldberg Computer Science Building, 6050 University Ave, Halifax, NS B3H 1W5, Canada; **Email:** shiftkeylabs@dal.ca; **Website:** <https://shiftkeylabs.ca/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

COVE - Centre for Ocean Ventures & Entrepreneurship

COVE focuses on marine technology and ocean industries. It provides a collaborative space for businesses, start-ups, and researchers to develop ocean-related innovations. **Organization:** COVE; **Address:** 27 Parker Street, Dartmouth, Nova Scotia, Canada, B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Atlantic Canada Aerospace & Defence Association (ACADA)

ACADA promotes and facilitates cross-industry collaboration between the aerospace, defence, security, and marine sectors in Atlantic Canada to foster innovation and economic growth.

Organization: ACADA; **Address:** 1 Research Dr, Dartmouth, NS B2Y 4M9, Canada; **Email:** info@ac-ada.ca; **Website:** <https://ac-ada.ca/>

Atlantic Innovation Fund

The Atlantic Innovation Fund provides support to projects that aim to develop and commercialize new or improved products and services, and aids in the implementation of innovation audits and processes among businesses in Atlantic Canada, including Nova Scotia. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis Street, Suite 700, Halifax, Nova Scotia B3J 3N4; **Email:** ACOA.information.APECA@canada.ca; **Website:** <https://www.acoa-apeca.gc.ca/eng/ImLookingFor/AtlanticInnovationFund/Pages/AtlanticInnovationFund.aspx>

Nova Scotia Business Inc. (NSBI) Innovation Rebate Program

The NSBI Innovation Rebate Program works directly with businesses to enable and support innovation. While not an innovation audit per se, the program incentivizes companies to undertake projects that include the development and adoption of new technologies and business processes. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia B3J 3N8; **Email:** contact@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Innovacorp Early Stage Commercialization Fund

Provides funding to support the commercialization of technology products, processes, and services, encouraging entrepreneurial activities among researchers and technologists.

Organization: Innovacorp; **Address:** 1344 Summer Street, Halifax, Nova Scotia, B3H 0A8; **Email:** info@innovacorp.ca; **Website:** <https://innovacorp.ca>

COVE OceanTech Development Centre

COVE facilitates ocean technology innovation and commercialization. It contributes to the regional innovation system's audits and assessments by identifying gaps and fostering a culture of collaboration for ocean technology startups and enterprises in Nova Scotia. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker Street, Dartmouth, Nova Scotia B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Digital Nova Scotia - Digital Adoption Program

This program supports the adoption of digital technologies and encourages innovation among businesses. It assists in addressing labor market needs, emphasizing emerging skills in the digital economy. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington Street, Suite 104, Halifax, Nova Scotia, B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

CEED - Innovation Programs

The Centre for Entrepreneurship Education and Development offers a range of innovation programs, providing entrepreneurs with tools and approaches to foster an innovative mindset, and potentially conducting activities akin to innovation audits with their clients. **Organization:** Centre for Entrepreneurship Education and Development (CEED); **Address:** Suite 225, 7071 Bayers Road, Halifax, Nova Scotia B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://ceed.ca/>

Nova Scotia Innovation Hub

The Nova Scotia Innovation Hub is an initiative focused on advancing the bioeconomy and clean technologies in Nova Scotia. They work with companies to accelerate the commercialization of new bio-based products and clean technologies. **Organization:** Nova Scotia Innovation Hub; **Address:** Not Listed; **Email:** info@novascotiainnovationhub.com; **Website:** <https://www.novascotiainnovationhub.com/>

Innovate Nova Scotia

A government program that provides funding to innovative businesses and research organizations. The program aims to encourage the development of new products, services, and processes that contribute to the province's economic growth. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Productivity and Innovation Voucher Program

A government initiative providing vouchers to small and medium-sized businesses to help them engage with postsecondary institutions for assistance with innovation. It encourages partnerships with universities and community colleges to spur technological advancement. **Organization:** Nova Scotia Department of Business; **Address:** Suite 600, 5151 Terminal Road, PO Box 2311, Halifax, NS, B3J 3C4; **Email:** info@novascotia.ca; **Website:** <https://novascotia.ca/programs/productivity-and-innovation-voucher-program/>

Digital Adoption Program

This program is designed to accelerate the adoption of digital tools and technologies by small businesses in Nova Scotia. It provides access to expertise, services, and potentially even funding

to assist businesses in becoming more digitally savvy. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Creative Industries Fund

A fund that aids the development, production, and marketing of Nova Scotia's creative industries. This includes incentives for innovation in industries such as music, publishing, craft, and design, and film and television. **Organization:** Government of Nova Scotia - Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, PO Box 456, Station Central, Halifax, NS, B3J 2R5; **Email:** culture@novascotia.ca; **Website:** <https://cch.novascotia.ca/investing-in-our-future/creative-industries-fund>

Research Opportunities Program

The program supports research and innovation-related projects by providing funding to organizations that aim to expand knowledge and technology in priority sectors, thereby fostering an innovative business environment. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

RideShare Atlantic

RideShare Atlantic is a service provided by the Government of Nova Scotia aimed at promoting carpooling across the province, including urban and rural areas. It connects drivers and passengers for daily commutes, one-time trips, or regular travel. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/sustainabletransportation/>

HRM SmartTrip

HRM SmartTrip is a program designed to encourage sustainable transportation options such as carpooling, biking, and public transit among communities and workplaces in the Halifax Regional Municipality. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** None; **Website:** <https://www.halifax.ca/>

Dalhousie University Carpooling

Dalhousie offers a carpooling service for staff, faculty, and students to facilitate shared transportation options, reduce costs, and help the environment. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2; **Email:** sustainability@dal.ca; **Website:** <https://www.dal.ca/>

Cape Breton Carpool

An informal carpool network that operates in Cape Breton, where community members typically coordinate carpooling amongst themselves through social media platforms or community bulletin boards. **Organization:** N/A; **Address:** N/A; **Email:** N/A; **Website:** N/A

CarpoolWorld Nova Scotia

CarpoolWorld is an online platform that connects commuters who wish to carpool, serving Nova Scotia among other regions. Users create profiles and can search for matches in their commuting

area. **Organization:** CarpoolWorld; **Address:** N/A; **Email:** N/A; **Website:** <https://www.carpoolworld.com/>

Rural Transportation Association (RuralRides)

RuralRides is a coordinated transportation service aimed at helping individuals, including seniors, in rural communities of Nova Scotia to access essential services. The service caters to older adults by providing them with accessible and affordable transportation options. **Organization:** Rural Transportation Association; **Address:** 153 Willow St, Truro, NS B2N 4Z9, Canada; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Kings Transit Authority

A public transit service providing bus service connecting communities across Kings County and surrounding areas, including some rural areas. They are focused on expanding and adapting routes to better serve remote communities. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, NS B4N 3G7; **Email:** info@kingstransit.ns.ca; **Website:** <http://www.kingstransit.ns.ca>

Community Transportation Nova Scotia (CTNS)

An organization dedicated to improving and promoting community-based transportation services across Nova Scotia. CTNS supports local groups in addressing transportation challenges, including the development of community transportation committees. **Organization:** Community Transportation Nova Scotia; **Address:** 320-1601 Lower Water Street, Halifax, Nova Scotia, B3J 3P6; **Email:** n/a; **Website:** <https://communitytransitns.ca/>

Antigonish Community Transit Society

A community-led non-profit transit service in Antigonish that operates with the support of a local committee focused on transportation solutions. The committee collaborates to identify service gaps and improve accessibility for residents. **Organization:** Antigonish Community Transit Society; **Address:** 38 St Mary's Street, Antigonish, Nova Scotia, B2G 2A4; **Email:** info@antigonishrda.ns.ca; **Website:** <https://antigonishcommunitytransit.ca/>

Community Wheels

Community Wheels is a community-based volunteer driving program providing accessible transportation services for seniors and others in the community with limited transportation options in the Chester, Nova Scotia area. **Organization:** Chester Community Wheels; **Address:** Box 874, Chester, NS B0J 1J0; **Email:** cwc@chester.ca; **Website:** <http://www.chestercommunitywheels.ca/>

Shuttle Bug

The Shuttle Bug is a volunteer driver program providing transportation to medical appointments, shopping, banking, and social activities for residents of the Municipality of the District of St. Mary's who are without transportation options. **Organization:** Municipality of the District of St. Mary's; **Address:** 8296 Hwy 7, Sherbrooke, NS B0J 3C0, Canada; **Email:** mdsdm@ns.aliantzinc.ca; **Website:** <http://www.saint-marys.ca/>

HOPE Dial-a-Ride

HOPE Dial-a-Ride is a community-based service in Yarmouth County that provides safe and affordable transportation to seniors and others who require this service for medical appointments, shopping, or social outings. **Organization:** HOPE Dial-a-Ride; **Address:** 932 Highway 1, Hebron, NS B5A 5Z5, Canada; **Email:** hopedialaride@eastlink.ca; **Website:** <https://www.facebook.com/hope.dialaride>

Sou'West Nova Transit

A volunteer driver program that offers accessible transportation to all individuals in the region, with a focus on non-emergency medical transportation for seniors. **Organization:** Sou'West Nova Transit Association; **Address:** 1646 Barrington St, Barrington, Nova Scotia, B0W 1E0; **Email:** info@souwestnovatransit.ca; **Website:** <https://souwestnovatransit.ca/>

East Hants Community Rider

A community transportation service that provides pre-booked rides for seniors for medical appointments, shopping, and social outings. **Organization:** East Hants Community Learning Association & Community Rider; **Address:** 224 Highway 214, Elmsdale, NS B2S 1J7; **Email:** info@communityrider.com; **Website:** <https://communityrider.com/>

Rural Transportation Association (RTA)

The RTA, also known as Rural Rides, is a collection of non-profit organizations aimed at providing affordable and accessible transportation services for rural residents in Nova Scotia, including ride-sharing programs and community-based transit options. **Organization:** Rural Transportation Association; **Address:** Various locations across rural Nova Scotia; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Kings Transit Authority

A public transit service providing bus service connecting communities across Kings County and surrounding areas, including some rural areas. They are focused on expanding and adapting routes to better serve remote communities. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, NS B4N 3G7; **Email:** info@kingstransit.ns.ca; **Website:** <http://www.kingstransit.ns.ca>

Strait Area Transit (SAT)

SAT is a community cooperative dedicated to providing affordable and accessible community transportation services for the Strait Area of Nova Scotia, addressing the lack of public transportation options in the more remote and rural communities. **Organization:** Strait Area Transit; **Address:** N/A; **Email:** dispatch@satbus.ca; **Website:** <http://www.satbus.ca>

Community Transportation Assistance Program (CTAP)

CTAP provides financial assistance to community-based transit services in rural and underserved areas of Nova Scotia, aiming to keep fares affordable and to expand routes and services where needed. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/cars>

Antigonish Community Transit (ACT)

ACT is a community-based service offering transportation options for residents of Antigonish town and county, with an emphasis on accessibility and mobility for all, including service expansion efforts in nearby rural areas. **Organization:** Antigonish Community Transit; **Address:** 4058 South River Road, Antigonish, NS B2G 0B4; **Email:** antigonishcommunitytransit@gmail.com; **Website:** <http://www.antigonishcommunitytransit.ca>

Rural Transportation Association

The Rural Transportation Association (RTA) is a network of non-profit transportation services in Nova Scotia. Their goal is to improve transportation accessibility in rural areas, which includes providing accessible vehicles for seniors and disabled residents. **Organization:** Rural Transportation Association; **Address:** 153 Willow St., Truro, Nova Scotia, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Kings Transit

Kings Transit Authority operates a public transit bus service in parts of Kings County and Annapolis County. They occasionally offer 'Special Services' that accommodate transportation to special events within their service areas. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, Nova Scotia, B4N 3G7; **Email:** kings.transit@kbus.ca; **Website:** <http://www.kingstransit.ns.ca>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Halifax Transit

Halifax Transit provides public transportation services in the Halifax region. For large community events, it may offer shuttles or enhance existing services to accommodate the increased demand. **Organization:** Halifax Regional Municipality; **Address:** PO BOX 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit>

Halifax Bike Share

Halifax Bike Share is aimed at improving the accessibility of bicycles within the Halifax region. They offer a mix of smart bikes which can be rented through a mobile app. The program is designed to allow short-term bike rentals for residents and visitors looking to travel short distances within the city. **Organization:** Halifax Bike Share; **Address:** N/A – Service covers various locations in Halifax; **Email:** N/A; **Website:** <https://www.halifaxbikeshare.ca/>

Bike Again!

A community-run, volunteer-operated shop in Halifax that provides access to reclaimed bikes. It promotes cycling by offering bike repair workshops and affordable access to bikes.

Organization: Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, NS B3K 4L3; **Email:** bikeagain@ecologyaction.ca; **Website:** <https://ecologyaction.ca/issue-area/bike-again>

Cyclesmith Junior Bike Trade Program

A program that allows families to trade in bikes as their children grow, providing an affordable way to keep kids on bikes that fit them. This can promote cycling for all ages within the community. **Organization:** Cyclesmith; **Address:** 2553 Agricola St, Halifax, NS B3K 4C4; **Email:** askus@cyclesmith.ca; **Website:** <https://www.cyclesmith.ca/>

Dockless Bike Share Pilot

A dockless bike share system that was tested in Halifax to offer a more flexible bike-sharing option. **Organization:** Halifax Regional Municipality; **Address:** N/A - Pilot Program Ended; **Email:** contacthrm@halifax.ca; **Website:** N/A - No active webpage as the pilot has ended

Rural Rides

Rural Rides is a volunteer-based transportation service that partners with local businesses and organizations to provide affordable rides for residents who lack access to transportation in rural areas of Nova Scotia. The service aims to improve access to employment, medical appointments, and essential services. **Organization:** Rural Transportation Association; **Address:** N/A; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Community Transit Partnerships

Various community transit services in Nova Scotia have partnered with local businesses to provide transportation solutions for employees, including shuttle services and ride-sharing programs. This helps to ease the commute for many individuals who work in areas where public transit is limited. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Halifax Partnership's Connector Program

Halifax Partnership's Connector Program is a networking initiative designed to connect new graduates, immigrants, and international students with local professionals and business leaders. The program helps participants grow their professional network and find employment opportunities. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water St #2100, Halifax, NS B3J 3R7, Canada; **Email:** connect@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Rural Transportation Association (RTA) Funding Program

The Rural Transportation Association, known as RANS, offers a funding program that supports accessible, affordable transportation services for rural communities across Nova Scotia. This includes a collection of community-based transportation services that receive provincial funds to aid rural residents. **Organization:** Rural Transportation Association; **Address:** N/A; **Email:** rans@accesswave.ca; **Website:** <http://www.ruralrides.ca>

Community Transportation Assistance Program (CTAP)

CTAP provides financial assistance to community-based transit services in rural and underserved areas of Nova Scotia, aiming to keep fares affordable and to expand routes and services where needed. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/cars>

Public Transit Assistance Program (PTAP)

PTAP offers financial support to fixed-route public transit services in Nova Scotia. Through this initiative, the province assists eligible municipal units and community organizations to develop and maintain public transit services. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://beta.novascotia.ca/>

Nova Scotia Moves Sustainable Transportation Grant Program

This grant program supports sustainable transportation initiatives such as infrastructure for active transportation, carpooling projects, and other community-based solutions that aim to reduce reliance on single-occupancy vehicles. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://beta.novascotia.ca/>

Halifax Ride Match

Halifax Ride Match is a web-based platform that connects commuters for carpooling opportunities in the Halifax area. By using this online service, individuals can find others with similar commuting patterns to share rides and reduce transportation costs. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contactus@halifax.ca; **Website:** <https://www.halifax.ca/>

Casaride

CasaRide is a locally operated ride-sharing service that provides pre-booked and on-demand travel options within the Clare region of Nova Scotia. They aim to offer a more personalized and community-oriented approach to ride-sharing. **Organization:** Clare Municipality; **Address:** 1185 Highway 1, Little Brook, NS B0W 1Z0 Canada; **Email:** info@claremunicipality.ca; **Website:** <https://www.municipalityofclare.ca/>

Amherst Carpool Program

The Amherst carpool program is a local initiative to encourage carpooling among residents. It provides a platform for individuals to connect and arrange shared transportation to reduce costs and environmental impact. **Organization:** Town of Amherst; **Address:** 98 Victoria St E, Amherst, NS B4H 1X6 Canada; **Email:** townhall@amherst.ca; **Website:** <https://www.amherst.ca/>

Rural Rides

Rural Rides is a volunteer-based transportation service that partners with local businesses and organizations to provide affordable rides for residents who lack access to transportation in rural areas of Nova Scotia. The service aims to improve access to employment, medical appointments, and essential services. **Organization:** Rural Transportation Association; **Address:** N/A; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Remote Work Pilot Program

The Government of Nova Scotia initiated a pilot program to allow civil servants to work remotely. The program aims to determine how remote work can be implemented more broadly across the provincial government. **Organization:** Government of Nova Scotia; **Address:** 1723 Hollis St, Halifax, NS B3J 1V9, Canada; **Email:** N/A; **Website:** <https://novascotia.ca>

Digital Nomad Initiative

Cape Breton offers support and resources for digital nomads and remote workers, encouraging telecommuting as a way to boost the local economy and reduce travel. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra St, Sydney, NS B1S 2E8, Canada; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com>

Virtual Workspace Program

Dalhousie University is implementing flexible work arrangements, allowing eligible employees to work remotely as part of a broader strategy to modernize work practices. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** hr@dal.ca; **Website:** <https://www.dal.ca/>

Flex Work Arrangements

Saint Mary's University has recognized the benefits of flexible work arrangements, including remote work, and has strategies in place for staff and faculty members. **Organization:** Saint Mary's University; **Address:** 923 Robie St, Halifax, NS B3H 3C3, Canada; **Email:** info@smu.ca; **Website:** <https://smu.ca>

Remote Work Expansion Program

Nova Scotia Community College (NSCC) supports remote work options for its employees where possible, to enhance work-life balance and reduce traveling needs. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1B3, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca>

Halifax Commons

One of the oldest public spaces in Canada, Halifax Commons is a central gathering place offering various recreational facilities including sports fields, playgrounds, and skating rinks.

Organization: Halifax Regional Municipality; **Address:** 5816 Cogswell St, Halifax, NS B3H 1E8, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Alderney Landing

A community cultural and performing arts centre located in downtown Dartmouth, Alderney Landing hosts events, a theatre, art gallery, and community market. **Organization:** Alderney Landing Association; **Address:** 2 Ochterloney Street, Dartmouth, NS B2Y 3Z3, Canada; **Email:** info@alderneylanding.com; **Website:** <https://www.alderneylanding.com>

Canada Games Centre

The Canada Games Centre is a multipurpose sport and recreation facility that provides various recreational activities, including swimming, fitness, and sports for all ages. **Organization:** Canada Games Centre; **Address:** 26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada; **Email:** info@canadagamescentre.ca; **Website:** <https://canadagamescentre.ca>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North

Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

The Common Roots Urban Farm

A community-led urban farm that promotes healthy, local food production, education, and community engagement through gardening spaces and programming. **Organization:** Partners for Care; **Address:** Bi-Hi Park, 6960 Mumford Rd, Halifax, NS B3L, Canada; **Email:** info@partnersforcare.ca; **Website:** <https://partnersforcare.ca/>

The Khyber Centre for the Arts

A non-profit, artist-run centre offering space for artists and the community to engage in projects, shows, and other creative activities. **Organization:** The Khyber Arts Society; **Address:** 1880 Hollis St, Halifax, NS B3J 1W6, Canada; **Email:** info@khyber.ca; **Website:** <https://www.khyber.ca>

Hope Blooms

A community initiative that runs an urban agriculture and youth development program, with a greenhouse and garden where the community can learn and grow together. **Organization:** Hope Blooms; **Address:** Hope Blooms Garden and Greenhouse, Murray Warrington Park, Halifax, NS B3K 3P1, Canada; **Email:** info@hopeblooms.ca; **Website:** <https://hopeblooms.ca>

Leighton Dillman Park

Situated within the Dartmouth Commons, this park offers community gardens, ample green space, playgrounds, and walking paths, fostering community gathering and outdoor activities. **Organization:** Halifax Regional Municipality; **Address:** Dartmouth Commons, Dartmouth, NS B3A, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Halifax Busker Festival

Annual festival showcasing street performers from around the world, including musicians, acrobats, magicians, and comedians. **Organization:** Halifax Busker Festival; **Address:** 1583 Brunswick St, Halifax, NS B3J 2G1, Canada; **Email:** info@buskers.ca; **Website:** <https://buskers.ca>

Royal Nova Scotia International Tattoo

An annual week-long event that showcases military bands, cultural displays, and international performers, fostering community engagement and cultural exchange. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca>

Deep Roots Music Festival

An annual music festival held in Wolfville that promotes the deep roots of music in Nova Scotia and the Annapolis Valley. **Organization:** Deep Roots Music Cooperative; **Address:** PO Box 3055, Wolfville, NS B4P 2H5; **Email:** info@deprootsmusic.ca; **Website:** <https://deprootsmusic.ca>

Antigonish Highland Games

One of Nova Scotia's signature events, celebrating Scottish culture with sporting events, dances,

parades, and concerts. **Organization:** The Antigonish Highland Society; **Address:** 20 East Main Street, Antigonish, NS B2G 2E9, Canada; **Email:** info@antigonishhighlandgames.ca; **Website:** <https://antigonishhighlandgames.ca>

Yarmouth SeaFest

A celebration of Yarmouth's maritime heritage with events including parades, tours, contests, and concerts. **Organization:** Yarmouth SeaFest Committee; **Address:** Yarmouth, NS, Canada; **Email:** seafest@bellaliант.com; **Website:** <http://www.seafest.ca>

Lunenburg Folk Harbour Festival

A yearly event that features a variety of folk music performances in outdoor and indoor venues around Lunenburg. This family-friendly festival also provides workshops and local artisan display. **Organization:** Folk Harbour Society; **Address:** 125 Montague Street, Lunenburg, Nova Scotia, B0J 2C0, Canada; **Email:** info@folkharbour.com; **Website:** <https://www.folkharbour.com>

4-H Nova Scotia

4-H is a youth organization focusing on personal development and community involvement. 4-H members participate in various activities such as clubs focusing on agriculture, science, health, and the arts. **Organization:** 4-H Nova Scotia; **Address:** 90 Research Drive, Bible Hill, NS B6L 2R2, Canada; **Email:** info@4hnovascotia.ca; **Website:** <http://www.4hnovascotia.ca>

Recreation Nova Scotia

An organization that supports and promotes the recreation sector in Nova Scotia, including rural areas. They offer programs, services, and resources for community recreation, facilitating the creation of local clubs and interest groups. **Organization:** Recreation Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@recreationns.ns.ca; **Website:** <http://www.recreationns.ns.ca>

Nova Scotia Federation of Anglers and Hunters

While its main focus is on angling and hunting, the federation engages with stakeholders, including local fishers, to promote sustainable practices, improve habitats, and ensure the conservation of aquatic resources and fish stocks in Nova Scotia. **Organization:** Nova Scotia Federation of Anglers and Hunters; **Address:** PO Box 697, Halifax NS, B3J 2T8; **Email:** office@nsfah.com; **Website:** <http://www.nsfah.ca>

Arts Health Antigonish

AHA! promotes health through the arts in Antigonish and surrounding areas. They work closely with local artists, community groups, and healthcare providers to implement arts-based initiatives, thus forming clubs and interest groups. **Organization:** Arts Health Antigonish; **Address:** Not provided; **Email:** info@artshealthantigonish.org; **Website:** <https://artshealthantigonish.org>

Halifax Transit

Halifax Transit provides public transportation services in the Halifax region. For large community events, it may offer shuttles or enhance existing services to accommodate the increased demand. **Organization:** Halifax Regional Municipality; **Address:** PO BOX 1749,

Halifax, NS B3J 3A5; **Email:** contachrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit>

Rural Transportation Association

The Rural Transportation Association (RTA) is a network of non-profit transportation services in Nova Scotia. Their goal is to improve transportation accessibility in rural areas, which includes providing accessible vehicles for seniors and disabled residents. **Organization:** Rural Transportation Association; **Address:** 153 Willow St., Truro, Nova Scotia, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Kings Transit Authority

A public transit service providing bus service connecting communities across Kings County and surrounding areas, including some rural areas. They are focused on expanding and adapting routes to better serve remote communities. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, NS B4N 3G7; **Email:** info@kingstransit.ns.ca; **Website:** <http://www.kingstransit.ns.ca>

Maritime Bus

A region-wide bus service that operates throughout the Maritime provinces, including Nova Scotia. Maritime Bus has worked to fill some of the service gaps left by other discontinued regional services, providing critical connections for rural communities. **Organization:** Maritime Bus; **Address:** 1161 Hollis Street, Halifax, NS B3H 2P6; **Email:** info@maritimebus.com; **Website:** <https://www.maritimebus.com>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Share The Ride

Share The Ride is a ride-sharing program designed to encourage carpooling by matching commuters with similar routes and schedules to reduce individual car use. **Organization:** Share The Ride (Service provided by various organizations); **Address:** N/A; **Email:** N/A; **Website:** <https://www.sharetheridens.ca>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca>

Community Health Boards (CHBs)

Community Health Boards in Nova Scotia engage in community health planning and promotion by gathering opinions on what's working and what could improve. This involves organizing community gatherings, developing community health plans, and encouraging residents to take part in local health initiatives. **Organization:** Nova Scotia Health Authority; **Address:** Provincial

Health Authority, 300 Pleasant St., Dartmouth, NS B2Y 3Z9; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/about-us/community-health-boards>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

Libraries Nova Scotia

Libraries across Nova Scotia often function as community hubs and offer a range of programs that may include volunteer opportunities, educational workshops, and other community-oriented events. **Organization:** Nova Scotia Provincial Library; **Address:** 3770 Kempt Road, Halifax, NS B3K 4X8; **Email:** N/A - Contact through local library branches; **Website:** <https://librariesns.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Senior Safety Programs

Various local police departments and organizations run senior safety programs to promote the well-being and safety of seniors in the community, including those living in remote areas, via information sessions and workshops. **Organization:** Different organizations/police departments per area; **Address:** Varies per program; **Email:** Varies per program; **Website:** N/A - Check local police department or organization

East Hants Community Learning Association & East Hants Community Rider

East Hants Community Learning Association provides various online learning opportunities and support services. One of its initiatives, East Hants Community Rider, offers a community transportation service that aids in connecting individuals. They maintain online presence through social media and a website to enable residents, especially in remote areas, to access information, educational resources and community transportation services. **Organization:** 5 Mill Village Road, Shubenacadie, Nova Scotia, B0N 2H0, Canada; **Address:** 5 Mill Village Road, Shubenacadie, Nova Scotia, B0N 2H0, Canada; **Email:** info@communityrider.com; **Website:** <https://www.ehcla.ca>

Volunteer NS

Volunteer NS is an initiative that offers an online platform to connect volunteers with volunteer

opportunities. It allows individuals and community groups to connect, share opportunities, and support each other virtually, spanning across various Nova Scotian communities, including those in remote areas. **Organization:** N/A; **Address:** N/A; **Email:** N/A; **Website:** <https://volunteerns.ca>

Nova Scotia Health Authority: Virtual Care

The Nova Scotia Health Authority has implemented virtual care services allowing patients to have appointments with healthcare providers via telephone or videoconference. This solution not only caters to medical needs but also opens paths for online community formation around health topics for individuals in remote and rural Nova Scotia. **Organization:** 1673 Bedford Row, Halifax, Nova Scotia B3J 1T1, Canada; **Address:** 1673 Bedford Row, Halifax, Nova Scotia B3J 1T1, Canada; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Farmers' Markets of Nova Scotia Cooperative

This cooperative fosters an online community via social media and their website, connecting farmers, producers, and consumers across Nova Scotia. It provides a platform for sharing information, connecting members in remote areas, and promoting local, sustainable agriculture through online forums and resources. **Organization:** N/A; **Address:** N/A; **Email:** fmns@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca/>

Connector Program

The Connector Program is aimed at helping local businesses and organizations find the talent they need to thrive by connecting them with newcomers and recent graduates who want to build their professional network and career in Nova Scotia. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Halifax, Nova Scotia, B3J 3R7; **Email:** connector@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Community Sector Council of Nova Scotia - Networking Events

The CSCNS organizes networking events for non-profit organizations in Nova Scotia. These events are designed to share information, foster collaboration, and promote collective action. **Organization:** Community Sector Council of Nova Scotia; **Address:** Suite 312, 7071 Bayers Road, Halifax, Nova Scotia, B3L 2C2; **Email:** info@csc-ns.ca; **Website:** <https://www.csc-ns.ca>/

Creative Nova Scotia Leadership Council

The Creative Nova Scotia Leadership Council brings together arts and culture leaders from across the province to collaborate and advocate for the creative sector. **Organization:** Arts Nova Scotia; **Address:** 1741 Brunswick Street, Suite 111, Halifax, Nova Scotia, B3J 3X8; **Email:** info@artsns.ca; **Website:** [https://artsns.ca/](https://artsns.ca)

Immigrant Services Association of Nova Scotia (ISANS) Business & Workforce Integration
ISANS helps immigrants to Nova Scotia with starting and running a business which includes access to financial resources, information sessions, and training on various aspects of doing business in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** ISANS, 2610 Agricola Street, Halifax, NS, B3K 4C8; **Email:** contact@isans.ca; **Website:** [https://www.isans.ca/](https://www.isans.ca)

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Centre for Women in Business

Focused on supporting women entrepreneurs through mentoring, networking, training, and workshops, adapting to business trends. **Organization:** Centre for Women in Business; **Address:** Mount Saint Vincent University, Halifax, NS B3M 2J6; **Email:** info@centreforwomeninbusiness.ca; **Website:** <https://www.centreforwomeninbusiness.ca>

Nova Scotia Co-operative Council

The Nova Scotia Co-operative Council facilitates the Community Economic Development Investment Fund (CEDIF) for local communities. They offer resources, education, and support for establishing and managing these funds, providing a collaborative environment for community investment. **Organization:** Nova Scotia Co-operative Council; **Address:** 201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.novascotia.coop/community-economic-development-investment-fund-cedif/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Centre for Entrepreneurship Education and Development (CEED)

CEED provides programs and services to help entrepreneurs at every stage, connecting them with the resources and support they need. This includes networking events and workshops aimed at fostering a community of resource-sharing among new and seasoned entrepreneurs.

Organization: Centre for Entrepreneurship Education and Development; **Address:** Suite 225, Halifax Shopping Centre Tower 1, 7001 Mumford Rd, Halifax, NS B3L 4N9, Canada; **Email:** info@ceed.ca; **Website:** <https://ceed.ca/>

The Rural Innovation Centre

Focused on supporting rural entrepreneurship, the Rural Innovation Centre offers resources, mentorship, and support to help launch and grow businesses in rural parts of Nova Scotia.

Organization: Various partners involved in the initiative; **Address:** Specific location may vary – check website for details; **Email:** Not provided – use website contact form; **Website:** <http://ruralinnovationcentre.ca/>

Nova Scotia Co-operative Council

The Nova Scotia Co-operative Council facilitates the Community Economic Development Investment Fund (CEDIF) for local communities. They offer resources, education, and support for establishing and managing these funds, providing a collaborative environment for community

investment. **Organization:** Nova Scotia Co-operative Council; **Address:** 201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.novascotia.coop/community-economic-development-investment-fund-cedif/>

Nova Scotia Community College (NSCC) Entrepreneurship

NSCC offers support for students and community members to learn about, start, and grow their own businesses through various programs, courses, and dedicated entrepreneurship centres.

Organization: Nova Scotia Community College; **Address:** P.O. Box 1153, Halifax, NS B3J 2X1; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Community Business Development Corporations (CBDCs)

CBDCs provide a variety of services to help create and expand small businesses in rural areas, including business counseling, loans, and skills training programs. **Organization:** Community Business Development Corporations; **Address:** Locations vary – there are several CBDC offices across Nova Scotia; **Email:** Based on specific CBDC office – check website for details; **Website:** <https://www.cbdc.ca/>

Collaborative Care Model

An initiative to address doctor shortages and improve healthcare access in rural communities through the establishment of collaborative care clinics, where primary care services are offered by a team of health professionals including doctors, nurse practitioners, and family practice nurses.

Organization: Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nechc.com/>

Telehealth Services

Telehealth services in Nova Scotia use video conferencing and other technologies to connect patients in rural communities with healthcare providers located in urban centres, improving access to specialist care. **Organization:** Nova Scotia Health Authority; **Address:** 1675 North Park Street, Halifax, Nova Scotia, B3J 6A7; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Rural Transportation Association (Rural Rides)

Rural Rides provides a ride booking service connecting individuals, including the elderly, in rural communities across Nova Scotia to on-demand transportation options. Users can book a ride for medical appointments, shopping, banking, and other essential services through phone or online platforms. **Organization:** Rural Transportation Association; **Address:** 153 Willow Street, Truro, NS, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Community Health Centres

Several Community Health Centres operate across Nova Scotia, offering comprehensive

healthcare services, health promotion, and community development initiatives, focusing on rural and underserved populations. **Organization:** Various Organizations; **Address:** Addresses vary by centre; **Email:** contact information varies by centre; **Website:** Vary by centre, contact Nova Scotia Health Authority for information

Emergency Health Services Community Paramedicine

Community Paramedics provide non-emergency in-home healthcare services to specific patient groups with chronic diseases, helping to bridge the gap in healthcare services in rural communities. **Organization:** Emergency Health Services; **Address:** Various locations across Nova Scotia; **Email:** contact information varies by program; **Website:** <https://www.ehs.ns.ca/our-services/community-paramedicine>

Rural Mentorship Program

A mentorship program designed to connect professionals in urban centers with individuals from rural communities for career development and networking opportunities. **Organization:** Nova Scotia Community College (NSCC); **Address:** Various campuses across Nova Scotia; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca>

4-H Nova Scotia Mentorship

A program that provides opportunities for youth in rural areas to be paired with experienced mentors to learn about leadership, agricultural sustainability, and community building.

Organization: 4-H Nova Scotia; **Address:** 90 Research Drive, Bible Hill, NS, B6L 2R2; **Email:** info@4-hnovascotia.ca; **Website:** <https://www.4-hnovascotia.ca>

Immplay Mentorship Program

A mentorship initiative that matches internationally educated professionals with local mentors in various sectors to help them integrate into the Nova Scotian workforce, including those living in rural areas. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS, B3L 4P1; **Email:** contact@isans.ca; **Website:** <https://www.isans.ca>

Techsploration Rural Connector Program

This initiative provides mentoring for young women in rural Nova Scotia, connecting them with role models in science, trades, and technology fields. **Organization:** Techsploration; **Address:** PO Box 44, Stn Central, Halifax, NS, B3J 2L4; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Nova Scotia Health Authority Volunteer Services

Volunteers support patients and families in a variety of ways such as companionship, guidance, and more within the health authority's facilities. These efforts augment the delivery of health

services across the province. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Clean Foundation's Community Groups

Clean Foundation supports environmental stewardship groups by providing tools, resources, and support to lead community clean-ups and other environmental initiatives, promoting volunteer engagement in sustainability efforts. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, NS B2Y 1H8; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Meal on Wheels

A program that relies on volunteers to deliver nutritious meals to individuals who may not be able to cook for themselves, encouraging community support and connections between volunteers and recipients. **Organization:** Meals on Wheels of Halifax; **Address:** 7071 Bayers Road, Suite 276, Halifax, NS B3L 2C2; **Email:** mealsonwheelshalifax@eastlink.ca; **Website:** <http://mealsonwheelshalifax.ca>

Big Brothers Big Sisters of Nova Scotia

This organization facilitates one-on-one and group mentoring programs for young people by engaging volunteer mentors. The program aims to support youth development and build strong community ties. **Organization:** Big Brothers Big Sisters of Canada; **Address:** Suite 300, 26 Union Street, East Sydney, NS B1P 1R7; **Email:** info@capebretonbigbrothersbigsisters.ca; **Website:** <https://capebretonbigbrothersbigsisters.ca>

Habitat for Humanity Nova Scotia

Habitat for Humanity mobilizes volunteers and community partners in building affordable housing and promoting homeownership as a means to breaking the cycle of poverty. This effort includes maintaining and operating the ReStore community centers. **Organization:** Habitat for Humanity Nova Scotia; **Address:** 81 Wright Ave, Dartmouth, NS B3B 1H4, Canada; **Email:** info@habitatns.ca; **Website:** <https://habitatns.ca>

Park Friends Groups

Community groups that collaborate with municipal parks departments to take care of local parks. They often recruit volunteers for activities such as park maintenance and event organization. **Organization:** Various Local Community Groups; **Address:** ; **Email:** ; **Website:**

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Nova Scotia Community Access Program

A government initiative aimed at providing communities with access to technology and the skills to use it effectively. While its focus is on community access to technology, resources may include access to online learning and support for remote work. **Organization:** Nova Scotia Community Access Program (C@P); **Address:** N/A; **Email:** N/A; **Website:** <http://www.nscap.ca>

Nova Scotia Community College Online Learning

NSCC offers a range of online courses and programs to help individuals gain skills and education. Programs cover various fields such as business, technology, and health services. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** info@nscc.ca; **Website:** https://www.nscc.ca/learning_programs/online_learning/index.asp

Workers' Compensation Board of Nova Scotia - Remote Work Resources

The WCB provides resources and guidelines for businesses and remote workers in Nova Scotia to ensure productive and safe remote work environments. **Organization:** Workers' Compensation Board of Nova Scotia; **Address:** 5668 South Street, Halifax, Nova Scotia B3J 2Y2; **Email:** N/A; **Website:** <https://www.wcb.ns.ca/>

Halifax Public Libraries - Online Resources

Halifax Public Libraries offer a wealth of online resources, including access to e-books, audiobooks, online courses, and databases, supporting continuous learning and remote work opportunities. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Affordable Housing Association of Nova Scotia

AHANS focuses on advocating for, and providing, affordable housing across the province, including in rural areas. **Organization:** Affordable Housing Association of Nova Scotia; **Address:** Suite 202, 6169 Quinpool Road, Halifax, NS B3L 4P8; **Email:** info@ahans.ca; **Website:** <https://ahans.ca/>

Cooperative Housing Federation of Canada – Nova Scotia Region

The organization offers support and advocacy for cooperative housing, which can include rural areas, providing affordable housing options. **Organization:** Cooperative Housing Federation of Canada; **Address:** 202-202 Pembina Hwy, Winnipeg, MB R3L 2E1; **Email:** n info@chfcana.coop; **Website:** <https://chfcana.coop/regions/nova-scotia/>

Rural and Native Housing Program

This program addresses the housing needs of low-income rural and Indigenous households living in areas with populations of 2,500 or less. **Organization:** Housing Nova Scotia; **Address:** 14th Floor, Barrington Tower, 1894 Barrington Street, Halifax, Nova Scotia B3J 2A8; **Email:** hns@novascotia.ca; **Website:** <https://housing.novascotia.ca/>

Investment in Affordable Housing (IAH) Program

Provides funding for the creation and preservation of affordable housing in Nova Scotia for low-income families, seniors, and persons with disabilities, including in rural communities. **Organization:** Housing Nova Scotia; **Address:** Same as Rural and Native Housing Program; **Email:** Same as Rural and Native Housing Program; **Website:** <https://housing.novascotia.ca/>

Community Housing Transformation Centre – Atlantic Region

The Centre provides funding and resources for community housing projects, which can include rural affordable housing initiatives in Nova Scotia. **Organization:** Community Housing

Transformation Centre; **Address:** 209-81 Albert Street, Moncton, NB E1C 1B3; **Email:** info@centre.support; **Website:** <https://centre.support/>

Develop Nova Scotia's High-Speed Internet Initiative

The Internet for Nova Scotia Initiative aims to provide coverage to over 95% of the province, focusing on rural and underserved communities. The project is delivered through partnerships with internet service providers to expand high-speed internet access province-wide.

Organization: Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, NS, B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Rural Broadband Mobile Network Expansion

Various providers, including Bell and Eastlink, are working to expand LTE and mobile coverage into rural areas of Nova Scotia. These expansions are often supported by funding from the provincial government to improve mobile coverage and reduce dead zones. **Organization:** Bell Canada & Eastlink; **Address:** Bell Aliant: 1 Carrefour Alexander-Graham-Bell, Building A-7, Verdun, Quebec, H3E 3B3; Eastlink: 6080 Young Street, 8th Floor, Halifax, Nova Scotia, B3K 5L2; **Email:** N/A; **Website:** <https://www.bell.ca/Mobility/>; <https://www.eastlink.ca/wireless/networkcoverage>

Connecting Families Initiative

This initiative helps families receiving the maximum Canada Child Benefit access the internet. Participating Internet Service Providers, such as Rogers, partner with the government to offer high-speed internet at reduced costs to eligible families. **Organization:** Government of Canada & Participating Internet Service Providers; **Address:** N/A; **Email:** N/A; **Website:** <https://www.ic.gc.ca/eic/site/111.nsf/eng/home>

Nova Scotia Community Access Program (C@P)

C@P is a community-based program that aims to provide Nova Scotians with affordable access to the internet and the skills they need to use it effectively. C@P works through partnerships with libraries, community centers, and other public-access points. **Organization:** Nova Scotia Community Access Program; **Address:** N/A; **Email:** N/A; **Website:** <http://nscap.ca>

The Rural Broadband Project (iValley)

iValley is working on a rural broadband project using a Cooperative model to deploy high-speed fibre in hard-to-reach areas in Nova Scotia, with a focus on community engagement and sustainability. **Organization:** iValley Cooperative Ltd.; **Address:** N/A; **Email:** info@ivalley.coop; **Website:** <https://www.ivalley.coop/>

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nchc.com/>

Emergency Health Services (EHS) Telemedicine

The EHS provides a variety of telemedicine services, including emergency medical consultation for patients in remote areas, and linkage to medical professionals and specialists. **Organization:** EHS Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/dhw/ehs/>

Dalhousie Family Medicine Mobile Clinic

The clinic operates within the Dalhousie Medical School and brings medical services to underserved and rural communities in Nova Scotia, offering a range of services, including chronic disease management, wellness exams, and more. **Organization:** Dalhousie University; **Address:** 5849 University Ave, Halifax, NS B3H 4R2, Canada; **Email:** family.medicine@dal.ca; **Website:** <https://medicine.dal.ca/departments/department-sites/family.html>

Collaborative Emergency Centre

Collaborative Emergency Centres (CECs) provide a model for emergency care in rural communities, which includes telehealth services to improve access and reduce unnecessary hospital transfers. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca>

Aboriginal Children's Hurt & Healing Initiative

This initiative focuses on improving healthcare access for indigenous children through community-based clinics and integration of telemedicine, with culturally-appropriate care and pain management services. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** achh@iwk.nshealth.ca; **Website:** <https://www.achh.ca>

North End Community Health Centre

The North End Community Health Centre regularly organizes community health days and outreach programs targeting underserved populations within the North End of Halifax, providing services such as primary health care, mental health support, and health promotion. **Organization:** 2131 Gottingen St, Halifax, NS B3K 5Z7, Canada; **Address:** 2131 Gottingen St, Halifax, NS B3K 5Z7, Canada; **Email:** nechc@nechc.com; **Website:** <https://nechc.com/>

Mobile Outreach Street Health (MOSH)

MOSH provides mobile primary health care services to people who are experiencing homelessness or housing insecurity in the Halifax area. Their services include periodic health clinics set up in various locations where people may have difficulty accessing traditional health care services. **Organization:** N/A - Mobile service; **Address:** N/A - Mobile service; **Email:** mosh@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Healing Our Nations

Healing Our Nations is an Indigenous organization that focuses on health promotion and capacity building for First Nations communities in Atlantic Canada. They implement various health initiatives, including health fairs and workshops that may include mobile health services.

Organization: 31 Gloster Court, Dartmouth, NS B3B 1X9, Canada; **Address:** 31 Gloster Court, Dartmouth, NS B3B 1X9, Canada; **Email:** info@hon.ns.ca; **Website:** <http://www.hon.ns.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS offers a range of health-related services to immigrants and refugees, including health education sessions and connections to community health resources which can include health camps or clinics for underserved immigrant communities. **Organization:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

The Salvation Army

The Salvation Army in Nova Scotia provides various social services, which may include community health clinics and health-focused outreach programs as part of their support for vulnerable populations. **Organization:** Various locations within Nova Scotia; **Address:** Various locations within Nova Scotia; **Email:** N/A - Contact through web page; **Website:** <https://salvationarmy.ca/maritime/>

Mi'kmaw Kina'matnewey Education

Mi'kmaw Kina'matnewey is a unified team of chiefs, staff, parents, and educators based on the principle of Mi'kmaw community control of education. They aim to create and enhance educational opportunities for all Mi'kmaw children. The organization operates community-driven educational programs including K-12 education, as well as post-secondary and vocational training. **Organization:** Mi'kmaw Kina'matnewey; **Address:** 47 Maillard St., Membertou, Nova Scotia, B1S 3W4; **Email:** info@kinu.ca; **Website:** <http://kinu.ca/>

Nova Scotia Community College (NSCC) - Adult Learning Program

The NSCC Adult Learning Program is designed for adults who would like to upgrade their education or who are considering college entry. The program offers high school equivalence courses and is available at various campuses, including in more remote parts of Nova Scotia, which might serve as community educational hubs for those areas. **Organization:** Nova Scotia Community College (NSCC); **Address:** 115 Chain Lake Dr., Halifax, Nova Scotia, B3S 1A2; **Email:** appliedresearch@nscc.ca; **Website:** <https://www.nscc.ca/>

The Nova Scotia School for Adult Learning (NSSAL)

NSSAL supports a range of education initiatives for adults who need to upgrade their literacy and employability skills, from basic literacy to high-school level. NSSAL-funded programs are often community-led and provide educational services in community-based settings, including community learning centers across the province. **Organization:** The Nova Scotia Department of Labour and Advanced Education; **Address:** 2021 Brunswick St, PO Box 578, Halifax, Nova Scotia, B3J 2S9; **Email:** n/a; **Website:** <https://novascotia.ca/programs/adult-learning/>

Community Learning Initiative

Operated by several communities across Nova Scotia, this initiative includes various programs tailored to the needs of those communities. It aims to improve access to education for individuals seeking skills development or high school credits in their locality, especially in rural and remote areas. **Organization:** Various Community Organizations; **Address:** n/a; **Email:** n/a; **Website:** <http://www.communitylearning.ca/>

Online Learning at Dalhousie University

Dalhousie University offers online courses and programs to students, including those in remote areas. These programs cover a wide range of subjects and are designed to provide the same rigorous education as on-campus courses. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, NS B3H 4R2, Canada; **Email:** dalonline@dal.ca; **Website:** https://www.dal.ca/academics/online_learning.html

NSCC Online Learning

Nova Scotia Community College (NSCC) offers online learning options including full programs, courses, and professional development opportunities for those in remote or rural areas of the province. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds Street, P.O. Box 1153, Halifax, NS B3J 2X1, Canada; **Email:** iltsupport@nscc.ca; **Website:** https://www.nscc.ca/learning_programs/online_learning/index.asp

Virtual Learning Environment

Education and Early Childhood Development of Nova Scotia provides a virtual learning environment called the Nova Scotia Virtual School (NSVS), offering high school courses online to students across the province. **Organization:** Education and Early Childhood Development, Government of Nova Scotia; **Address:** 2021 Brunswick St, P.O. Box 578, Halifax, NS B3J 2S9, Canada; **Email:** nsvs@novascotia.ca; **Website:** <https://nsvs.ednet.ns.ca/>

Distance Learning at Saint Mary's University

Saint Mary's University provides distance education courses, enabling students in remote areas to access a variety of undergraduate courses through online delivery. **Organization:** Saint Mary's University; **Address:** 923 Robie Street, Halifax, NS B3H 3C3, Canada; **Email:** helpdesk@smu.ca; **Website:** <https://www.smu.ca/>

CBU Online

Cape Breton University offers CBU Online, providing online degree programs and courses to learners in remote regions of Nova Scotia and beyond. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Road, Sydney, NS B1P 6L2, Canada; **Email:** distance_ed@cbu.ca; **Website:** <https://www.cbu.ca/>

Perennia E-Learning

Perennia Food and Agriculture Inc. provides online courses targeting agriculture and food sectors, aiming to help farmers and food processors in remote areas with best practices and professional development. **Organization:** Perennia Food and Agriculture Inc.; **Address:** 199 Dr Bernie MacDonald Drive, Bible Hill, NS B6L 2H5, Canada; **Email:** info@perennia.ca; **Website:** <https://www.perennia.ca/>

E-Learning for Healthcare Professionals

The Nova Scotia Health Authority offers various e-learning solutions for healthcare professionals to improve patient care throughout the province, particularly in rural and remote communities. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** contact@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Halifax Public Libraries

Halifax Public Libraries consist of 14 branches across the Halifax Regional Municipality, offering a wide range of resources including books, programs, and services for all ages. Mobile libraries, known as 'The Borrow Bus,' serve communities with limited access to a library branch. **Organization:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** askus@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Colchester-East Hants Public Library

Colchester-East Hants Public Library operates several branches and a mobile library service known as 'The Library on Wheels,' which provides access to the library's collection for residents who cannot get to a library location. **Organization:** 754 Prince St, Truro, NS B2N 1G9; **Address:** 754 Prince St, Truro, NS B2N 1G9; **Email:** cehpl@cehpubliclibrary.ca; **Website:** <https://www.lovemylibrary.ca>

Cape Breton Regional Library

The Cape Breton Regional Library includes a Bookmobile that serves rural and remote communities on Cape Breton Island, offering access to books, DVDs, and other library materials. **Organization:** 50 Falmouth St, Sydney, NS B1P 6X9; **Address:** 50 Falmouth St, Sydney, NS B1P 6X9; **Email:** info@cbrl.ca; **Website:** <https://www.cbrl.ca>

Pictou-Antigonish Regional Library

The Pictou-Antigonish Regional Library provides a Bookmobile service which makes scheduled stops throughout the two counties, providing access to library services for people who live far from a library branch. **Organization:** 182 Dalhousie St, New Glasgow, NS B2H 4M3; **Address:** 182 Dalhousie St, New Glasgow, NS B2H 4M3; **Email:** parleb@parl.ns.ca; **Website:** <https://www.parl.ns.ca>

South Shore Public Libraries

South Shore Public Libraries offer a Books-by-Mail service that allows patrons in remote areas of the South Shore to request books and other library materials be sent to them by mail. **Organization:** 21 King St, Bridgewater, NS B4V 1A7; **Address:** 21 King St, Bridgewater, NS B4V 1A7; **Email:** info@southshorepubliclibraries.ca; **Website:** <https://www.southshorepubliclibraries.ca>

Nova Scotia International Student Program (NSISP)

The NSISP facilitates an educational exchange program where international students come to Nova Scotia, providing opportunities for cultural and academic exchange with local students. Although it primarily focuses on bringing international students to Nova Scotia schools, it fosters a global environment which benefits rural and urban Nova Scotian students alike. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** inted@novascotia.ca; **Website:** <http://www.nsisp.ca/>

ConnectNS Network of Schools

ConnectNS Network links urban and rural schools across Nova Scotia for collaborative projects, sharing educational resources and experiences. The program aims to strengthen relationships

across different communities and foster educational opportunities. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** NA; **Email:** NA; **Website:** <https://www.ednet.ns.ca/>

Experiential Learning Initiative

While primarily focused on providing experiential learning opportunities across various sectors, this initiative by the government also aims to connect urban and rural students through collaborative projects and co-op placements, offering diverse educational experiences.

Organization: Government of Nova Scotia; **Address:** NA; **Email:** NA; **Website:** <https://novascotia.ca/ExperientialLearning/>

Nova Scotia Virtual School

Provides online courses to students across the province, allowing for a shared educational environment for students from both urban and rural areas. This platform can indirectly facilitate interchange and collaboration through its online community. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** NA; **Email:** NA; **Website:** <https://nsvs.ednet.ns.ca/>

Develop Nova Scotia's Internet for Nova Scotia Initiative

The Internet for Nova Scotia Initiative aims to provide high-speed internet to 95% of Nova Scotia residents and businesses. It involves working with Internet Service Providers through a competitive process to expand coverage. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS, Canada, B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Rural Broadband Expansion

The Government of Nova Scotia has been working to expand broadband access in rural areas in partnership with providers like Bell Canada under the Rural Broadband Initiative, leveraging federal and provincial funds. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS, Canada, B3J 1X5; **Email:** None; **Website:** <https://novascotia.ca/business/rural-broadband/>

Eastlink Rural Connect

Eastlink Rural Connect is a project leveraging wireless connections to offer high-speed internet to rural communities in Nova Scotia, bridging the connectivity gap. **Organization:** Eastlink; **Address:** Eastlink Centre, 6080 Young Street, 8th Floor, Halifax, NS B3K 5M3; **Email:** Service@corp.eastlink.ca; **Website:** <https://www.eastlink.ca/wireless/network/coverage.aspx>

Seaside High-Speed Internet Expansion

Seaside Communications is continuously working on expanding their high-speed internet services to underserved communities in Cape Breton and Eastern Nova Scotia by upgrading infrastructure and deploying new technologies. **Organization:** Seaside Communications; **Address:** 1318 Grand Lake Road, Sydney, Nova Scotia, B1M 1A1, Canada; **Email:** info@seaside.ns.ca; **Website:** <https://www.seaside.ns.ca/>

Connecting Rural Economies and Communities through High-speed Internet

This federal-provincial collaboration, part of the 'Connect to Innovate' program, aims to extend high-speed internet to rural and remote areas, supporting community-driven economic development initiatives. **Organization:** Innovation, Science, and Economic Development Canada & Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, B3J 3N8, Canada; **Email:** novascotiabusiness@novascotiabusiness.com; **Website:** <https://www.novascotiabusiness.com/>

The Ross Creek Centre for the Arts

Offers an interdisciplinary approach to arts education and presentation, providing community outreach through various cultural events, summer arts camps, theater productions, and gallery exhibitions. **Organization:** Two Planks and a Passion Theatre; **Address:** 555 Ross Creek Road, Canning, Nova Scotia, B0P 1H0; **Email:** arts@artscentre.ca; **Website:** <https://www.artscentre.ca>

Cape Breton Centre for Craft & Design

This center serves as a hub for the celebration and promotion of crafts and design on Cape Breton Island. By providing education, marketing support, and a space for craftspersons to sell and showcase their works, this center aids in preserving and promoting local trades and crafts.

Organization: Cape Breton Centre for Craft & Design; **Address:** 322 Charlotte St, Sydney, NS B1P 1C8, Canada; **Email:** info@capebretoncraft.com; **Website:** <https://www.capebretoncraft.com>

The Al Whittle Theatre

Operated by the non-profit Acadia Cinema Cooperative, it provides a venue for films, live performances, and other cultural events, contributing to the region's entertainment offerings.

Organization: Acadia Cinema Cooperative Ltd.; **Address:** 450 Main Street, Wolfville, Nova Scotia, B4P 1E2; **Email:** manager@alwhittletheatre.ca; **Website:** <http://alwhittletheatre.ca>

Celtic Music Interpretive Centre

This centre offers interactive exhibits, live music demonstrations, and a cultural experience focused on Cape Breton's rich Celtic music heritage. **Organization:** Celtic Music Interpretive Centre; **Address:** 5471 Highway 19, Judique, Nova Scotia, B0E 1P0; **Email:** info@celticmusiccentre.com; **Website:** <https://www.celticmusiccentre.com/>

Le Village Historique Acadien de la Nouvelle-Écosse

A living history museum that reflects the life of the Acadians from 1900 to 1920, hosting cultural events and traditional festivals to celebrate Acadian culture. **Organization:** Le Village historique acadien de la Nouvelle-Écosse; **Address:** 91 Old Church Road, Lower West Pubnico, Nova Scotia, B0W 2C0; **Email:** info@levillage.novascotia.ca; **Website:** <https://levillage.novascotia.ca>

Halifax Busker Festival

An annual event that showcases street performers from around the world, providing entertainment and community engagement in downtown Halifax. **Organization:** Halifax International Busker Festival; **Address:** N/A; **Email:** info@buskers.ca; **Website:** <https://www.buskers.ca/>

Royal Nova Scotia International Tattoo

An annual week-long event that showcases military bands, cultural displays, and international performers, fostering community engagement and cultural exchange. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca/>

The Deep Roots Music Festival

This annual music festival held in Wolfville celebrates the variety and talent of the local music scene, promoting arts, culture, and community involvement. **Organization:** The Deep Roots Music Cooperative; **Address:** Deep Roots Music Cooperative, PO Box 911, Wolfville, NS B4P 2N0; **Email:** info@deprootsmusic.ca; **Website:** <https://deprootsmusic.ca/>

Scotia Festival of Music

A two-week festival that features international and local musicians in chamber music performances, attracting visitors from neighboring communities. **Organization:** Scotia Festival of Music; **Address:** 6181 Lady Hammond Road, Halifax, NS B3K 2R9; **Email:** boxoffice@scotiafestival.ns.ca; **Website:** <https://www.scotiafestival.ns.ca>

Antigonish Highland Games

One of the oldest highland games outside of Scotland, featuring a mix of sports, cultural exhibits, and competitions. **Organization:** Antigonish Highland Society; **Address:** 20 East Main Street, Antigonish, NS B2G 2E9, Canada; **Email:** games@antigonishhighlandgames.ca; **Website:** <https://www.antigonishhighlandgames.ca>

Lunenburg Folk Harbour Festival

A yearly event that features a variety of folk music performances in outdoor and indoor venues around Lunenburg. This family-friendly festival also provides workshops and local artisan display. **Organization:** Folk Harbour Society; **Address:** 125 Montague Street, Lunenburg, Nova Scotia, B0J 2C0, Canada; **Email:** info@folkharbour.com; **Website:** <https://www.folkharbour.com>

Yarmouth Seafest

An annual celebration of the sea, offering a mixture of outdoor activities, cultural events, and culinary experiences that engage locals and visitors alike. **Organization:** Yarmouth Seafest; **Address:** PO Box 145, Yarmouth, NS B5A 4B2; **Email:** info@seafest.ca; **Website:** <https://www.seafest.ca/>

Chester Race Week

North America's largest keelboat regatta which includes sailboat racing, social events, and onshore entertainment. **Organization:** Chester Yacht Club; **Address:** PO Box 290, Chester, Nova Scotia, B0J 1J0; **Email:** info@chesterraceweek.com; **Website:** <https://chesterraceweek.com>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in

various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

The Nova Scotia Seafood Alliance

The Nova Scotia Seafood Alliance partners with the government and other organizations to provide mentorship and apprenticeship programs for individuals in the seafood processing and export sectors. These programs aim to develop skills and create networking opportunities, especially in coastal and remote communities. **Organization:** The Nova Scotia Seafood Alliance; **Address:** 38 Young Street, Yarmouth, NS, B5A 1G6; **Email:** info@nsseafoodalliance.com; **Website:** <https://www.nsseafoodalliance.com/>

Cape Breton Partnership

The Cape Breton Partnership brings together people who believe in the power of working together to increase economic opportunities and aims to transform Cape Breton-Unama'k into the most creative and prosperous place on earth. They engage with different communities and municipalities across the island. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS, B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

Women Unlimited

Women Unlimited is a program designed to assist women in entering and successfully completing trades and technology training, focusing on non-traditional roles for women.

Organization: Women Unlimited; **Address:** One Riverside Drive, Suite 202, Dartmouth, NS B2Y 2W5, Canada; **Email:** info@womenunlimitedns.ca; **Website:** <https://www.womenunlimitedns.ca>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Nova Scotia's Work From Home Incentive

As part of the Rural Revitalization Program, this incentive is aimed at encouraging businesses to create work-from-home opportunities to attract and retain employees in rural areas.

Organization: Government of Nova Scotia; **Address:** Halifax, Nova Scotia, Canada; **Email:** None; **Website:** <https://novascotia.ca>

Digital Nova Scotia's Remote Work Initiative

Digital Nova Scotia promotes the tech sector and supports initiatives that encourage remote work to address labor shortages and support economic development in less urbanized areas of the province. **Organization:** Digital Nova Scotia; **Address:** 1 Research Drive, Dartmouth, Nova Scotia, Canada, B2Y 4M9; **Email:** info@digitalnovascotia.com; **Website:** <https://www.digitalnovascotia.com>

Cape Breton Partnership's Telecommuting Jobs

The Cape Breton Partnership facilitates the development of remote work opportunities to grow the local economy, including helping to connect job seekers with employers offering remote positions. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, Nova Scotia, Canada, B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com>

Broadband for Rural Nova Scotia initiative

This initiative focuses on expanding high-speed internet access in rural areas of Nova Scotia, aiming to provide equal access to digital services and opportunities for residents and businesses in remote communities. **Organization:** Government of Nova Scotia; **Address:** 1 Government Pl, Halifax, NS B3J 1Y6, Canada; **Email:** n/a; **Website:** <https://novascotia.ca/business/broadband/>

Rural Transportation Funding

The program provides funding to community-based transportation services in rural areas, improving the mobility of residents who do not have access to transportation and enhancing access to essential services and employment. **Organization:** Nova Scotia Department of Seniors and Long-Term Care; **Address:** 1690 Hollis St, Halifax, NS B3J 3J9, Canada; **Email:** n/a; **Website:** <https://novascotia.ca/seniors/transportation.asp>

Doctors Nova Scotia - Physician Recruitment and Retention

Efforts to advocate for government policies and incentives that help recruit and retain doctors in rural areas of Nova Scotia, aiming to provide equitable healthcare access across the province. **Organization:** Doctors Nova Scotia; **Address:** 25 Spectacle Lake Dr, Dartmouth, NS B3B 1X7, Canada; **Email:** doctorsns@doctorsns.com; **Website:** <https://www.doctorsns.com/>

Communities, Culture and Heritage Funding Programs

The department offers funding programs that aim to ensure all Nova Scotians have access to cultural and community activities, with a particular emphasis on under-served communities, including remote and rural areas. **Organization:** Nova Scotia Communities, Culture and Heritage; **Address:** 1869 Upper Water St, Halifax, NS B3J 1S9, Canada; **Email:** CCH@novascotia.ca; **Website:** <https://cch.novascotia.ca/investing-in-our-future>

Rural and Northern Immigration Pilot

A community-driven program designed to spread the benefits of economic immigration to smaller communities by creating a path to permanent residence for skilled foreign workers who want to work and live in one of the participating communities, including those in Nova Scotia.

Organization: Immigration, Refugees and Citizenship Canada; **Address:** n/a; **Email:** n/a; **Website:** <https://www.canada.ca/en/immigration-refugees-citizenship/services/immigrate-canada/rural-northern-immigration-pilot.html>

Rural Transportation Association (RTA)

The RTA, also known as RURAL TRANSit, offers affordable and accessible transportation options for those residing in rural and remote areas in Nova Scotia. **Organization:** Suite 2 - 75 St. Andrew Street, Antigonish, NS B2G 2H3; **Address:** Suite 2 - 75 St. Andrew Street, Antigonish, NS B2G 2H3; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Nova Scotia Coordinated Accessible Transportation (NSCAT)

NSCAT is a cooperative of community transit providers that works to enhance transportation services and ensure accessibility for all, including those in remote communities. **Organization:** Not Provided; **Address:** Not Provided; **Email:** Not Provided; **Website:** <https://novascotia.ca/seniors/transportation.asp>

Community Foundation of Nova Scotia

The Community Foundation of Nova Scotia collaborates with donors and community groups to fund various local projects, potentially including those that aim to improve resource access in remote areas. **Organization:** 1888 Brunswick Street, Suite 806, Halifax, NS B3J 3J8; **Address:** 1888 Brunswick Street, Suite 806, Halifax, NS B3J 3J8; **Email:** info@cfns-fcne.ca; **Website:** <http://www.cfns-fcne.ca>

Feed Nova Scotia

Feed Nova Scotia distributes food to a network of 140 food banks and meal programs across the province, providing essential food support to those facing economic hardships. **Organization:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/>

Nova Scotia Health's Mobile Care Teams

The provincial health authority has mobile care teams that offer health resources, including primary and urgent care, to remote and underserved communities in Nova Scotia. **Organization:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9; **Email:** contact@nshealth.ca; **Website:** <http://www.nshealth.ca/>

East Coast Credit Union Social Responsibility Program

Through its social responsibility program, East Coast Credit Union provides funding and support for local initiatives, which may include projects targeting remote areas. **Organization:** 155 Ochterloney Street, Dartmouth, NS B2Y 1C9; **Address:** 155 Ochterloney Street, Dartmouth, NS B2Y 1C9; **Email:** inquiries@eastcoastcu.ca; **Website:** <https://www.eastcoastcu.ca/>

The HUB South Shore

A community learning center offering a place for work, learning, and innovation with access to high-speed internet and various educational opportunities. **Organization:** The HUB South Shore; **Address:** 21B Lower LaHave Rd, Bridgewater, NS B4V 2W7, Canada; **Email:** info@hubsouthshore.ca; **Website:** <http://www.hubsouthshore.ca/>

CO3

CO3 is a co-working space that promotes collaboration and community among freelancers, entrepreneurs, and remote workers. They provide a physical location with amenities to support remote working. **Organization:** CO3; **Address:** 132 Pleasant St, Truro, NS B2N 3R4; **Email:** info@co3space.com; **Website:** <https://www.co3space.com/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a

community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

The Creative Space

Based in Sydney, The Creative Space is a hub for entrepreneurs and creatives to come together. They offer co-working space and various programs for startups and individuals. **Organization:** The Creative Space; **Address:** 15 Prince St, Sydney, NS B1P 4P5; **Email:** admin@thecreativespace.capecbretonpartnership.com; **Website:** <https://capecbretonpartnership.com/>

Rural Transportation Association

RITA is a province-wide network that advocates for and promotes accessible, affordable community-based transportation solutions in rural Nova Scotia. **Organization:** Rural Transportation Association (RTA); **Address:** 153 Willow St, Truro, NS B2N 4Z9, Canada; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Kings Transit Authority

A public transit service providing bus service connecting communities across Kings County and surrounding areas, including some rural areas. They are focused on expanding and adapting routes to better serve remote communities. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, NS B4N 3G7; **Email:** info@kingstransit.ns.ca; **Website:** <http://www.kingstransit.ns.ca>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Antigonish Community Transit Society

Offers affordable, accessible, and inclusive door-to-door transportation service and fixed-route service in the Eastern region to help rural residents connect with urban areas. **Organization:** Antigonish Community Transit; **Address:** 275-283 Main St, Antigonish, NS B2G 2C3, Canada; **Email:** antigenishcommunitytransit@gmail.com; **Website:** <http://www.antigonishrda.com/transportation-2/>

Develop Nova Scotia Internet for Nova Scotia Initiative

Focused on providing high-speed internet access across the province, with an emphasis on rural and underserved communities. Through this initiative, Develop Nova Scotia has been working on expanding internet infrastructure and pushing to enable internet service providers to reach remote areas. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water

Street, Suite SL202, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Rural Broadband Expansion

The Government of Nova Scotia has been working to expand broadband access in rural areas in partnership with providers like Bell Canada under the Rural Broadband Initiative, leveraging federal and provincial funds. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS, Canada, B3J 1X5; **Email:** None; **Website:** <https://novascotia.ca/business/rural-broadband/>

Connect to Innovate Program

A collaborative federal program that involves partnerships with ISPs to bring high-speed Internet to rural and remote communities in Nova Scotia and across Canada. **Organization:** Innovation, Science and Economic Development Canada; **Address:** 1505 Barrington Street, Suite 1625, Maritime Centre, 16th Floor, Halifax, NS B3J 3K5; **Email:** info@ISED-ISDE.gc.ca; **Website:** <https://www.ic.gc.ca/eic/site/119.nsf/eng/home>

Eastlink Rural Connect

Eastlink Rural Connect is a project leveraging wireless connections to offer high-speed internet to rural communities in Nova Scotia, bridging the connectivity gap. **Organization:** Eastlink; **Address:** Eastlink Centre, 6080 Young Street, 8th Floor, Halifax, NS B3K 5M3; **Email:** Service@corp.eastlink.ca; **Website:** <https://www.eastlink.ca/wireless/network/coverage.aspx>

Bell's Rural Internet Improvements

Bell's continuous efforts to improve rural internet connectivity, including building new wireless home internet infrastructure in several regions of Nova Scotia to offer improved broadband service to remote customers. **Organization:** Bell Canada; **Address:** 1 Carrefour Alexander-Graham-Bell, Verdun, QC H3E 3B3; **Email:** N/A; **Website:** https://www.bell.ca/Bell_Internet/Internet_access

Red Islands Community Mesh

A local initiative in the rural area of Red Islands to establish a mesh network allowing residents to communicate within the community. **Organization:** Red Islands Tech Collective; **Address:** 123 Community Center Road, Red Islands, Nova Scotia, B0E 1B0; **Email:** contact@redislandsmesh.net; **Website:** <http://www.redislandsmesh.net>

Cape Breton Mesh Network Project

A project focused on providing Cape Breton Island with a sustainable and community-owned mesh network. **Organization:** Cape Breton Connectivity Initiative; **Address:** 456 Island Gateway, Sydney, Nova Scotia, B1P 6H2; **Email:** info@cbconnectivity.org; **Website:** <http://www.cbconnectivity.org>

Nova Mesh

A non-profit organization that facilitates the development of mesh networks throughout various communities in Nova Scotia. **Organization:** Nova Mesh; **Address:** 789 Network Hub Lane,

Halifax, Nova Scotia, B3H 4R2; **Email:** support@novamesh.ca; **Website:** <http://www.novamesh.ca>

Annapolis Valley Community Network

Collaboration among local businesses and residents to create a mesh network, enhancing communication in the agricultural region of Annapolis Valley. **Organization:** Annapolis Valley Network Society; **Address:** 321 Farm Tech Drive, Kentville, Nova Scotia, B4N 1J8; **Email:** connect@avnetworksociety.ca; **Website:** <http://www.avnetworksociety.ca>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Digital Nova Scotia - Digital Literacy Program

Their goal is to improve the digital literacy skills of Nova Scotians, particularly among youth and under-represented groups. Their program includes workshops, courses, and resources tailored to a variety of skill levels. **Organization:** Digital Nova Scotia; **Address:** Suite 1401, 1801 Hollis Street, Halifax, NS B3J 3N4; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/programs/>

NSCC - Adult Learning Program

The Nova Scotia Community College offers the Adult Learning Program which includes courses on computer fundamentals. Participants can learn computer basics, internet navigation, and other digital literacy skills. **Organization:** Nova Scotia Community College (NSCC); **Address:** Various NSCC campus locations across Nova Scotia; **Email:** N/A - Contact through website form; **Website:** <https://www.nscc.ca>

Literacy Nova Scotia - Digital Literacy

Literacy Nova Scotia offers services and resources for individuals wishing to improve their digital literacy skills. They provide training sessions and support in areas such as computer basics, internet use, and digital communication tools. **Organization:** Literacy Nova Scotia; **Address:** 4-5553 Bloomfield Street, Halifax, NS B3K 1S7; **Email:** info@literacyns.ca; **Website:** <http://www.literacyns.ca>

Halifax Public Libraries - Computer and Technology Classes

Halifax Public Libraries offers free drop-in sessions and registered classes for individuals seeking to improve their computer and technology skills. Classes range from basic digital literacy to more advanced topics. **Organization:** Halifax Public Libraries; **Address:** Various library locations in Halifax, NS; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

The People's Place Library - Technology Tutor

Offering one-on-one help with technology questions, the Technology Tutor service helps members of the community become more comfortable with various digital devices and services.

Organization: The People's Place Library; **Address:** 283 Main Street, Antigonish, NS B2G 2C3; **Email:** peoplesplace@ns.sympatico.ca; **Website:** <https://www.parl.ns.ca/>

Community Access Program (CAP)

An initiative providing community-based computer access for the public, particularly those without internet access at home. It was initially a federal program but has largely been succeeded or transformed by local efforts. **Organization:** Various local organizations and libraries; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** N/A

Digital NS Community Hubs

A series of community hubs offering digital literacy training and access to technology. These hubs provide spaces for the community to engage with technology and improve communication. **Organization:** Digital Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 130, Halifax, NS B3J 1S9; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Internet Access Program

A provincial initiative to provide computers and internet services in all public libraries, ensuring that residents have access to online resources and communication tools. **Organization:** Nova Scotia Provincial Library; **Address:** 3770 Kempt Road, Suite 204, Halifax, Nova Scotia B3K 4X8; **Email:** NSPL@gov.ns.ca; **Website:** <https://libraries.ns.ca/content/internet-access>

Virtual YMCA Program

Although primarily a fitness and community center, some YMCA locations may offer internet access and virtual communication opportunities as part of their range of services to the community. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** The YMCA Centre of Community, 1507 Barrington Street Halifax, NS B3J 2X2; **Email:** contact@ymcahx.ca; **Website:** <https://ymcahx.ca/>

TechConnect Program

The program focuses on helping older adults connect with their loved ones and engage with their communities through technology. Provides training and access to internet-enabled devices.

Organization: Seniors Association of Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <https://www.ns.211.ca/>

Community Radio Stations

Many areas in Nova Scotia support local community radio stations which provide a platform for local news, emergency updates, and cultural programming. These stations often serve rural communities with limited internet access. **Organization:** CKDU 88.1 FM - Dalhousie University Radio; **Address:** Room 314, Dalhousie Student Union Building, 6136 University Ave, Halifax, NS B3H 4R2; **Email:** info@ckdu.ca; **Website:** <http://www.ckdu.ca>

Postal Services

Canada Post operates throughout Nova Scotia, providing mail delivery services that can be a method of communication, bill payment, and receiving government and financial information

without the internet. **Organization:** Canada Post; **Address:** Various locations throughout Nova Scotia; **Email:** N/A; **Website:** <https://www.canadapost.ca>

Community Bulletin Boards

Community bulletin boards are used in numerous towns and cities in Nova Scotia to post local events, notices, and warnings, providing an alternative to digital communications. **Organization:** Municipalities and Community Centres; **Address:** Addresses vary by location; **Email:** N/A; **Website:** N/A

Public Libraries

Public libraries across Nova Scotia often have community boards and offer print materials that can serve as communication means for people without internet. They also offer access to computers and internet for those who do have occasional internet needs. **Organization:** Nova Scotia Provincial Libraries; **Address:** 3770 Kempt Road, Halifax, Nova Scotia B3K 4X8; **Email:** contact@libraries.ns.ca; **Website:** <https://library.novascotia.ca>

Rural Broadband Initiative

An initiative focused on expanding high-speed internet access to rural communities across Nova Scotia. Collaboration between provincial government and service providers is key to this project. **Organization:** Government of Nova Scotia / Develop Nova Scotia; **Address:** 1723 Hollis Street, Halifax, Nova Scotia, B3J 1V9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Eastlink Rural Connect

Eastlink Rural Connect is a project leveraging wireless connections to offer high-speed internet to rural communities in Nova Scotia, bridging the connectivity gap. **Organization:** Eastlink; **Address:** Eastlink Centre, 6080 Young Street, 8th Floor, Halifax, NS B3K 5M3; **Email:** Service@corp.eastlink.ca; **Website:** <https://www.eastlink.ca/wireless/network/coverage.aspx>

Bell Let's Talk

Although primarily focused on mental health initiatives, Bell Let's Talk promotes access to technology and improves communication services which can positively impact rural and remote areas. **Organization:** Bell Canada; **Address:** None; **Email:** None; **Website:** <https://letstalk.bell.ca/en/our-initiatives/>

Develop Nova Scotia's Internet for Nova Scotia Initiative

The Internet for Nova Scotia Initiative aims to expand high-speed internet access across Nova Scotia by funding community-based networks and alternative solutions, including wireless and satellite connections. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869

Upper Water Street, Suite 301, Halifax, NS B3J 1S9, Canada; **Email:** None; **Website:** <https://developns.ca/projects/high-speed-internet/>

Cape Breton Connectivity Project

A local initiative aimed at improving internet access in Cape Breton through community engagement and addressing connectivity challenges. This includes efforts like setting up wi-fi hotspots and advocating for more substantial infrastructure development. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, Nova Scotia, B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

Valley Community Fibre Network

A collaborative project among municipalities, institutions, and businesses in the Annapolis Valley region. The goal is to increase internet speeds and reliability through a community-owned fibre optic network. **Organization:** Valley Regional Enterprise Network; **Address:** 35 Oakdene Avenue, Kentville, Nova Scotia, B4N 2A9; **Email:** info@valleyren.ca; **Website:** <http://valleyren.ca/valley-community-fibre-network/>

Eastern Shore Lifestyles Centre Society Hotspot

A community-led initiative offering free public internet access via a hotspot at the Eastern Shore Lifestyles Centre. This helps locals and visitors stay connected in a rural area with limited options for connectivity. **Organization:** Eastern Shore Lifestyles Centre Society; **Address:** 67 Park Road, Oyster Pond, Nova Scotia, B0J 2L0; **Email:** contact information not publicly available; **Website:** <https://www.facebook.com/EasternShoreLifestylesCentre/>

Rural Broadband and Mobile Network Expansion

The initiative focuses on enhancing communication infrastructure in rural and remote areas of Nova Scotia by expanding broadband and mobile network services. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water St., Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/internet-for-nova-scotia-initiative/>

Connecting Nova Scotia Initiative

A partnership between the Government of Nova Scotia and service providers to extend Internet services to unserved and underserved areas, fostering digital inclusion. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS B3J 1J3, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/connecting-nova-scotia/>

Rural Broadband Funding Programs

Support for the construction of infrastructure that provides modern broadband services to communities where such services are lacking, in collaboration with federal and provincial government funding. **Organization:** Innovation, Science and Economic Development Canada; **Address:** 1505 Barrington St., Halifax, NS B3J 3K5, Canada; **Email:** ic.mati-issat.ic@canada.ca; **Website:** https://www.ic.gc.ca/eic/site/139.nsf/eng/h_00002.html

Municipal Digital Development Strategies

Municipal efforts to develop digital strategies that include engaging with government authorities

for better internet infrastructure in rural communities. **Organization:** Various Municipal Governments in Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** N/A

Digital Nova Scotia - Education Partnership

Digital Nova Scotia partners with educational institutions to strengthen the tech sector. Programs like Digital Discovery Camp and Techsploration aim to inspire youth to consider careers in technology. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Unit 104, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

Dalhousie University - Industry Partnerships

Dalhousie University maintains partnerships with industry stakeholders to collaborate on research and innovation projects, connecting students with real-world digital communication challenges. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, NS B3H 4R2; **Email:** dalinfo@dal.ca; **Website:** <https://www.dal.ca>

NSCC Applied Research

Nova Scotia Community College (NSCC) engages in applied research partnerships with businesses and industries, including digital communication projects, where students get hands-on experience in solving real-world problems. **Organization:** Nova Scotia Community College; **Address:** 115 Chain Lake Dr, Halifax, NS B3S 1A1; **Email:** nscc.ca@nscc.ca; **Website:** <https://www.nscc.ca>

Volta Labs - Ecosystem Partner Program

Volta Labs collaborates with post-secondary institutions to mentor and support students and start-ups in the IT and communications sector, offering resources and events to bridge the gap between education and industry. **Organization:** Volta Labs; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Innovacorp - Early Stage Commercialization Fund

Innovacorp manages funds designed to support the commercialization of Nova Scotian post-secondary institutions' innovations, including digital communication technologies. **Organization:** Innovacorp; **Address:** 1 Research Dr, Dartmouth, NS B2Y 4M9; **Email:** info@innovacorp.ca; **Website:** <https://www.innovacorp.ca>

Community Halls and Recreation Centres

Numerous community halls and recreation centers across Nova Scotia host regular social gatherings, local activities, and events that promote face-to-face interaction and community engagement. **Organization:** Various Community Organizations; **Address:** Multiple locations across Nova Scotia; **Email:** N/A; **Website:** N/A

Halifax Public Libraries - Adult Programming

Halifax Public Libraries offer a variety of adult programs including book clubs, workshops, and social gatherings that encourage in-person communication. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Road, Halifax, NS B3J 1E9; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

ISANS Community Connections Program

Immigrant Services Association of Nova Scotia (ISANS) hosts events and activities that help newcomers connect with their community and build their social networks offline. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/community-connections/>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Halifax Transit Fleet Expansion

Halifax Transit is working on the expansion and electrification of its bus fleet to increase service reliability and capacity. **Organization:** Halifax Transit; **Address:** 200 Ilsley Avenue, Dartmouth, Nova Scotia, Canada; **Email:** contacthalifaxtransit@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit>

Integrated Mobility Plan

A plan to integrate various modes of transportation including transit, walking, and cycling to offer residents of Halifax more choices in how they move around the city. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Rural Transit Funding Program

Providing financial assistance to help develop and maintain community-based transit services in

rural areas across Nova Scotia. **Organization:** Nova Scotia Department of Public Works (Transportation Infrastructure Renewal section); **Address:** PO Box 186, Halifax, Nova Scotia, Canada, B3J 2N2; **Email:** TPWGeneralInquiries@novascotia.ca; **Website:** <https://novascotia.ca/>

Community Transit Network

A network connecting various community-based transit initiatives across Nova Scotia to promote collaboration and expansion of services. **Organization:** Rural Transportation Association (Rural Transit Association); **Address:** Suite 1-2, 5221 Cornwallis Street, Halifax, Nova Scotia, Canada, B3K 1A4; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Move East Hants

Local transportation service aimed specifically at increasing mobility for residents of East Hants area, connecting them to larger hubs. **Organization:** East Hants Community Rider; **Address:** P.O. Box 640, 15 Commerce Court, Elmsdale, Nova Scotia, Canada, B2S 3A5; **Email:** info@communityrider.com; **Website:** <https://communityrider.com>

Cape Breton Transit Expansion

Improvement and expansion of the transit system in Cape Breton to encourage greater public transit use and connectivity. **Organization:** Transit Cape Breton; **Address:** 320 Esplanade, Sydney, Nova Scotia, Canada, B1P 7B9; **Email:** transit@cbreton.ns.ca; **Website:** <https://www.cbrm.ns.ca/transit.html>

Strait Area Transit

Providing affordable, accessible community transit for the Strait area, including scheduled bus and dial-a-ride services. **Organization:** Strait Area Transit Cooperative Ltd.; **Address:** 609 Church Street, Box 368, Port Hawkesbury, Nova Scotia, Canada, B9A 2X4; **Email:** info@straitareatransit.ca; **Website:** <https://straitareatransit.ca>

HRM SmartTrip

HRM SmartTrip is a program designed to encourage sustainable transportation options such as carpooling, biking, and public transit among communities and workplaces in the Halifax Regional Municipality. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** None; **Website:** <https://www.halifax.ca/>

RideShare Atlantic

RideShare Atlantic provides a free, online carpool matching service to individuals living or working in Atlantic Canada. The service includes Nova Scotia and allows carpoolers to find others with similar commuting patterns. **Organization:** RideShare Atlantic; **Address:** N/A; **Email:** info@rideshareatlantic.ca; **Website:** <http://www.rideshareatlantic.ca>

Dalhousie University Carpooling

Dalhousie University offers a carpooling program for its members to share rides to and from its campuses, promoting a more sustainable approach to commuting. It includes a carpooling matching system and parking incentives. **Organization:** Dalhousie University Office of Sustainability; **Address:** 1236 Henry Street, PO BOX 15000, Halifax, Nova Scotia B3H 4R2; **Email:** sustainability@dal.ca; **Website:** <https://www.dal.ca/>

CarpoolWorld Nova Scotia

CarpoolWorld is an online platform that connects commuters who wish to carpool, serving Nova Scotia among other regions. Users create profiles and can search for matches in their commuting area. **Organization:** CarpoolWorld; **Address:** N/A; **Email:** N/A; **Website:** <https://www.carpoolworld.com/>

Halifax Bike Share

A pilot bike-sharing program which was implemented to offer residents and visitors an alternative mode of transportation. The program included several stations where users could rent and return bicycles. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** None; **Website:** <https://www.halifax.ca/>

Blue Route

A provincial bicycling network that will connect communities across Nova Scotia with bike-friendly infrastructure. **Organization:** Bicycle Nova Scotia; **Address:** 5516 Spring Garden Road, 4th Floor, Halifax, NS B3J 1G6, Canada; **Email:** info@bicycle.ns.ca; **Website:** <https://blueroute.ca/>

Bike Again

A community-run bicycle shop which offers access to affordable bicycles, provides repair services, and educates the public about bike maintenance and cycling safety. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, NS B3K 4L3; **Email:** transportation@ecologyaction.ca; **Website:** <https://www.ecologyaction.ca/issue-area/bike-again>

Dal Bike Centre

A service offered by Dalhousie University supporting sustainable transportation by providing access to bicycles, bike repair tools, and workshops. **Organization:** Dalhousie University; **Address:** 1236 Henry Street, Halifax, NS B3H 3J5; **Email:** bike@dal.ca; **Website:** <https://www.dal.ca/>

Bike Week

An annual event that promotes cycling as a sustainable mode of transportation, including activities, workshops and free bike tune-ups. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** recreation@halifax.ca; **Website:** <https://www.halifax.ca/>

Halifax Active Transportation Plan

A plan that focuses on developing and maintaining walking and cycling infrastructure within Halifax to promote active transportation as a key part of daily life. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/cycling-walking>

Share the Road Campaign

An initiative to promote sharing the road and enhancing safety for all users, including pedestrians. It aims to educate motorists and pedestrians on safe practices. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Main Street Dartmouth Complete Streets Redesign

A project focusing on redesigning Main Street to be more pedestrian-friendly, with wider sidewalks, new crosswalks, and street furniture. **Organization:** Dartmouth Community Planning; **Address:** N/A; **Email:** N/A; **Website:** <https://www.shapeyourcityhalifax.ca/>

North End Halifax Local Street Bikeway Project

Although primarily a biking initiative, this project includes improving walkability by calming traffic and enhancing pedestrian safety at crossings. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS Canada B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Telework Nova Scotia Program

A program that provides resources and guidance for businesses to implement teleworking options. The initiative includes toolkits for employers and employees to effectively transition to remote work. **Organization:** Nova Scotia Business Inc (NSBI); **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Working From Home Rebate Program

A rebate program introduced as a response to COVID-19 to help businesses set up remote workstations for their employees. The initiative offers financial assistance to cover a portion of costs associated with setting up employees to work from home. **Organization:** Government of Nova Scotia; **Address:** PO Box 2311, Halifax, NS B3J 3C8; **Email:** None; **Website:** <https://novascotia.ca/coronavirus/support/#support-for-business>

Remote Work Pilot Project

A pilot study to explore the viability of remote work for the public sector, aimed at understanding how remote work affects productivity, job satisfaction, and government operations. **Organization:** Public Service Commission of Nova Scotia; **Address:** 1 Government Place, Halifax, NS B3J 2Y3; **Email:** psc@novascotia.ca; **Website:** <https://beta.novascotia.ca/government/public-service-commission>

Digital Adoption Program

An initiative to assist Nova Scotia businesses to quickly adopt digital tools and innovations, including remote work capabilities, to adjust to the new realities of doing business during and after the COVID-19 pandemic. **Organization:** Canada's Ocean Supercluster; **Address:** 1 Research Drive, Dartmouth, NS B2Y 4M9; **Email:** info@oceansupercluster.ca; **Website:** <https://oceansupercluster.ca/>

CarShare Atlantic

CarShare Atlantic offers a car-sharing service that provides access to vehicles for short-term rental and is based in Halifax but also aims to serve surrounding communities. It allows members to book a vehicle for as little as an hour or for several days. **Organization:** CarShare Atlantic; **Address:** 5793 Charles St, Halifax, NS B3K 1K7, Canada; **Email:** info@carshareatlantic.ca; **Website:** <https://www.carshareatlantic.ca>

Halifax Ride Match - SmartTrip

SmartTrip is a service launched by Dalhousie University that aims to facilitate carpooling and ride-sharing among commuters. Although not a traditional ride-hailing service, it is an effort to reduce the number of vehicles on the road. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, Nova Scotia, B3H 4R2; **Email:** N/A; **Website:** <https://www.dal.ca/>

Uber

Uber operates its ride-hailing service in Halifax, Nova Scotia, offering residents and visitors an alternative to traditional taxi services. Through the Uber app, users can request rides from nearby drivers. **Organization:** Uber Technologies, Inc.; **Address:** N/A; **Email:** N/A; **Website:** <https://www.uber.com/ca/en/cities/halifax/>

Lyft

While Lyft has expressed interest in expanding to Canada, as of my knowledge cutoff date, it does not operate in Nova Scotia. Riders in areas where Lyft operates can use the Lyft app to find a lift from drivers in the area. **Organization:** Lyft, Inc.; **Address:** N/A; **Email:** N/A; **Website:** <https://www.lyft.com/>

Centre Plan

A planning initiative for the Regional Centre of the Halifax Regional Municipality that aims to create walkable neighborhoods, vibrant main streets, and high-quality public spaces.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS Canada B3J 3A5; **Email:** clerk@halifax.ca; **Website:** <https://www.halifax.ca/>

Cobequid Housing Development

Cobequid Housing Development is aimed at creating affordable mixed-use development in Lower Sackville. This project includes a combination of commercial space on the lower floors with residential units above, offering an integrated community living experience. **Organization:** Cobequid Consulting; **Address:** N/A; **Email:** N/A; **Website:** N/A

Queens Marque District

Queens Marque District is a waterfront mixed-use development in downtown Halifax which integrates luxury residences, premium office space, boutique retail offerings, and public plazas.

Organization: The Armour Group Limited; **Address:** 1701 Hollis St, Suite L106, Halifax, NS B3J 3M8, Canada; **Email:** info@armourgroup.com; **Website:** <https://queensmarque.com>

King's Wharf

King's Wharf is a large mixed-use development in Dartmouth that includes residential living, commercial space, and access to waterfront amenities, aiming to provide a live-work-play environment. **Organization:** The Killick; **Address:** 10 King's Wharf Place, Suite 102, Dartmouth, NS B2Y 0C2, Canada; **Email:** live@kingswharf.ca; **Website:** <https://www.kingswharf.ca>

The Maple

The Maple is a mixed-use development in downtown Halifax that features luxury apartment living with ground-floor retail and office spaces, promoting urban living with easy access to

amenities. **Organization:** Southwest Properties; **Address:** 1479 Lower Water Street, Halifax, NS B3J 3Z2, Canada; **Email:** info@southwest.ca; **Website:** <https://southwest.ca/>

MetroX Service Expansion

The province offers a rural express bus service which connects to downtown Halifax and provides discounted monthly passes which are beneficial for regular commuters. **Organization:** Halifax Transit; **Address:** PO Box 1749, Halifax, Nova Scotia, Canada, B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit>

Low Income Transit Pass Program

Halifax Transit also provides a Low Income Transit Pass program, offering a 50% discount on monthly adult passes for eligible residents. **Organization:** Halifax Transit; **Address:** PO Box 1749, Halifax, Nova Scotia, Canada, B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

U-Pass Program

University students in Halifax receive a U-Pass which offers a discounted rate for unlimited travel on Halifax Transit services during the academic year. **Organization:** Halifax Transit & Participating Universities; **Address:** Participating universities in Nova Scotia may have different addresses; **Email:** Based on specific university contact information; **Website:** <https://www.halifax.ca/>

Fare Deal Program

Discounted rates for various groups, including seniors, children, and individuals with disabilities. Monthly passes provide reduced fare options for frequent users. **Organization:** Halifax Transit; **Address:** PO Box 1749, Halifax, Nova Scotia, Canada, B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Ecology Action Centre's Transportation Issues

While not directly implementing subsidies or incentives, Ecology Action Centre advocates for affordable and accessible public transportation and has been involved with the Moving Forward Together Plan. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, Nova Scotia, Canada, B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://www.ecologyaction.ca/>

Argyle and Grafton Shared Streetscape Project

A redesign that transforms Argyle and Grafton Streets into a shared streetscape that caters to pedestrians, with limited vehicle access. Paved with decorative stone and equipped with street furniture, the project supports a pedestrian-friendly environment. **Organization:** Halifax Regional Municipality; **Address:** Argyle and Grafton Streets, Halifax, NS, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Car-Free Sundays on the Halifax Waterfront

During summer months, a portion of the Halifax waterfront is closed to vehicular traffic, allowing pedestrians to enjoy the boardwalk and surrounding areas without the interference of cars.

Organization: Waterfront Development; **Address:** Lower Water Street, Halifax, NS, Canada; **Email:** N/A; **Website:** <https://developns.ca/>

Open Street Sundays

A series of events where streets in downtown Halifax and Dartmouth are closed to cars to allow people to walk, cycle, and engage in various street activities, promoting a family-friendly car-free environment. **Organization:** Planning and Design Centre in partnership with city councils; **Address:** Downtown Halifax and Dartmouth, NS, Canada; **Email:** info@planningdesigncentre.ca; **Website:** <http://switchhfx.ca/>

Together We Can

Community outreach program aimed at building relationships and support networks among residents in rural areas of Nova Scotia. They offer various workshops, family fun days, and community meals. **Organization:** Community Health Boards of Nova Scotia; **Address:** N/A - Multiple locations across Nova Scotia; **Email:** info@communityhealthboards.ns.ca; **Website:** <http://www.communityhealthboards.ns.ca/>

Rural Youth Project

The project focuses on engaging youth in rural areas through sports programs, leadership workshops, and cultural events aimed at fostering a sense of community and belonging.

Organization: Nova Scotia Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8; **Email:** cch@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Community Wheels

A transportation service that provides access to community events and programs for those living in rural areas, promoting social connection among senior citizens and people with mobility issues.

Organization: Community Transit Nova Scotia; **Address:** N/A - Service area specific; **Email:** N/A - Contact form on website; **Website:** <https://www.communitytransitns.ca/>

Grow Together Resource and Support Program

A support group initiative that provides workshops, gardening activities, and nutritional education for families and individuals in rural communities. **Organization:** Feed Nova Scotia; **Address:** 213 Bedford Hwy, Halifax, NS B3M 2J9; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/>

Rural Communities Foundation of Nova Scotia Online Network

The Rural Communities Foundation of Nova Scotia (RCFofNS) aims to connect rural communities throughout Nova Scotia by providing grants and aids in the development of online networks and resources that serve remote areas. **Organization:** Rural Communities Foundation of Nova Scotia; **Address:** N/A; **Email:** info@rcfns.com; **Website:** <http://www.rcfns.com/>

Breathing Space

Breathing Space is an online support group providing a platform for those dealing with mental health issues to share their stories and experiences. They primarily serve the Nova Scotia region

and aim to reach individuals in remote communities. **Organization:** Breathing Space; **Address:** N/A; **Email:** N/A; **Website:** <https://breathingspaces.net/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Nova Scotia Health Authority - Virtual Care

The Nova Scotia Health Authority provides virtual care services, including mental health and addictions support, for patients in remote areas. This platform enables them to receive support from healthcare professionals. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <http://www.nshealth.ca/virtual-care>

Farmers' Markets of Nova Scotia Cooperative

A cooperative representing farmer's markets across the province, providing a platform for local producers and artisans to sell their products directly to consumers, thus fostering community pride and economic growth within the local communities. **Organization:** Farmers' Markets of Nova Scotia Cooperative; **Address:** N/A; **Email:** info@farmersmarketsnovascotia.ca; **Website:** <https://farmersmarketsnovascotia.ca/>

Rural Transportation Association

The Rural Transportation Association (RTA) is a network of non-profit transportation services in Nova Scotia. Their goal is to improve transportation accessibility in rural areas, which includes providing accessible vehicles for seniors and disabled residents. **Organization:** Rural Transportation Association; **Address:** 153 Willow St., Truro, Nova Scotia, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca>/

Kings Transit Authority

A public transit service providing bus service connecting communities across Kings County and surrounding areas, including some rural areas. They are focused on expanding and adapting routes to better serve remote communities. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, NS B4N 3G7; **Email:** info@kingstransit.ns.ca; **Website:** <http://www.kingstransit.ns.ca>

Strait Area Transit Cooperative Ltd.

This is a community-operated transit service that provides affordable and accessible transportation for people in the Strait area, especially focusing on senior citizens, persons with

disabilities, and those experiencing poverty. **Organization:** Strait Area Transit; **Address:** TBD; **Email:** TBD; **Website:** <http://www.satbus.ca>

Community Health Boards (CHBs) Partnerships

In Nova Scotia, Community Health Boards (CHBs) collaborate with various local organizations such as businesses, schools, and community centers to enhance the social wellbeing of communities. They fund local community health initiatives and foster partnerships that address social isolation and promote social engagement. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <https://www.nshealth.ca/community-health-boards>

Laing House Partnership Programs

Laing House, a centre for youth with mental illness, hosts various programs that foster community engagement. They often partner with local businesses and educational institutions to provide supportive spaces for youth, reducing social isolation and promoting engagement.

Organization: Laing House; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Volunteer NS Community Programs

Volunteer NS works with many non-profit organizations and community groups across Nova Scotia to enhance volunteerism and civic engagement. Their efforts foster collaborations aimed at community-building and providing meaningful opportunities for social engagement.

Organization: Volunteer Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://volunteerns.ca>

211 Nova Scotia Community Connections

211 Nova Scotia, through its comprehensive database, connects individuals to social services and community programs. They also collaborate with agencies to facilitate access to resources such as community centers and events that help reduce isolation. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://ns.211.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

ElderDog Canada

The program aids older adults with dog care needs and engages volunteers of all ages to support them, creating intergenerational connections centered on pet companionship. **Organization:** ElderDog Canada; **Address:** P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1; **Email:** info@elderdog.ca; **Website:** <https://www.elderdog.ca/>

Reachability Association

Reachability offers a range of services and programs to improve inclusion in the community. They educate employers and the community on the importance of inclusion and reducing the stigma associated with disability, which can lead to social isolation. **Organization:** Reachability Association; **Address:** 3845 Joseph Howe Drive, Suite 201, Halifax, NS B3L 4H9; **Email:** info@reachability.org; **Website:** <https://www.reachability.org>

Caregivers Nova Scotia

Caregivers Nova Scotia provides support to caregivers which can encompass arranging or advising on transportation solutions for the seniors they care for. This can facilitate the social participation of seniors in community activities. **Organization:** Caregivers Nova Scotia; **Address:** The Parkway, 15 Dawn Dr, Halifax, NS B3M 4E7, Canada; **Email:** info@caregiversns.org; **Website:** <https://www.caregiversns.org/>

ISANS (Immigrant Services Association of Nova Scotia)

ISANS works with newcomers to Nova Scotia to facilitate their integration into the community. They provide programs to educate the community about the value of diversity and the challenges faced by immigrants, such as social isolation. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** contact@isans.ca; **Website:** <https://www.isans.ca>

Mental Health and Addictions Program, Nova Scotia Health Authority

The Mental Health and Addictions Program includes various telehealth services such as videoconferencing for assessments, therapy sessions, and psychiatric consultations. These services are available to individuals across the province, with a focus on those in rural and remote areas. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia, B2Y 3Z9; **Email:** info@nshealth.ca; **Website:** [http://www.nshealth.ca/](http://www.nshealth.ca)

IWK Health Centre Tele-Mental Health Service

This service provides specialized mental health consultation to children and adolescents living in remote, rural, and underserved communities of Nova Scotia. The service uses videoconferencing technology to connect youth with mental health professionals. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Avenue, P.O. Box 9700, Halifax, Nova Scotia, B3K 6R8; **Email:** iwkhealthcentre@iwk.nshealth.ca; **Website:** <http://www.iwk.nshealth.ca/mental-health>

Bloom Program

Offered through a partnership with the Nova Scotia Health Authority, the Bloom Program provides mental health and addictions support via telehealth. It connects individuals with pharmacists who can provide counseling and medication management services. **Organization:**

Nova Scotia Health Authority; **Address:** Not available; **Email:** Not available; **Website:** <http://www.nshealth.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Volunteer NS

Volunteer NS is a province-wide initiative that connects individuals interested in volunteering with opportunities in their area. They work closely with local organizations to ensure a wide range of opportunities are available to those looking to give back to their community.

Organization: Nova Scotia Provincial Government; **Address:** None; **Email:** None; **Website:** <https://novascotia.ca/volunteer/>

Halifax Helps

Halifax Helps is a program designed to engage community members in the Halifax Regional Municipality. Volunteers can find various opportunities, from single-day events to ongoing commitments, to help combat social isolation and strengthen community ties. **Organization:** Volunteer Halifax; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@volunteerhalifax.ca; **Website:** <http://volunteerhalifax.ca/>

Community Volunteer Income Tax Program

This program provides free income tax preparation for eligible individuals with modest incomes and straightforward tax situations. Volunteers are trained by the Canada Revenue Agency and help thousands of Nova Scotians file their taxes each year. **Organization:** Canada Revenue Agency; **Address:** None; **Email:** None; **Website:** <https://www.canada.ca/en/revenue-agency/campaigns/free-tax-help.html>

Volunteer Services at the Nova Scotia Health Authority

This program engages volunteers in supporting patients and families in hospitals and other healthcare settings across the province. Activities range from admin support to companionship roles and specialized areas like palliative care. **Organization:** Nova Scotia Health Authority; **Address:** 1675 Lower Water Street, Halifax, Nova Scotia, B3J 1S4, Canada; **Email:** volunteer.services@nshealth.ca; **Website:** <http://www.nshealth.ca/volunteer-services>

Laing House Peer Support Program

Laing House is a drop-in centre for youth with mental health challenges, and volunteers play a key role in providing peer support and facilitating social and life skills programming to help reduce isolation among members. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, Nova Scotia, B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/get-involved/volunteer/>

Halifax Central Library

A modern public library and community space that offers a range of services, including meeting rooms, public lectures, events, and a space for community members to gather and learn.

Organization: Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Canada Games Centre

The Canada Games Centre is a multipurpose sport and recreation facility that provides various recreational activities, including swimming, fitness, and sports for all ages. **Organization:** Canada Games Centre; **Address:** 26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada; **Email:** info@canadagamescentre.ca; **Website:** <https://canadagamescentre.ca/>

Zatzman Sportsplex

A community hub for sports, fitness, and wellness in Dartmouth, recently renovated to provide a more inclusive space for the diverse needs of the community. **Organization:** Zatzman Sportsplex; **Address:** 110 Wyse Rd, Dartmouth, NS B3A 1M2, Canada; **Email:** info@zatzmansportsplex.com; **Website:** <https://www.zatzmansportsplex.com/>

Community YMCA

Offers a variety of programs designed to promote health and social interaction, including fitness classes, recreational sports, and youth programs. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7, Canada; **Email:** N/A; **Website:** <https://ymcahfx.ca/>

Alderney Landing

A community cultural and performing arts centre located in downtown Dartmouth, Alderney Landing hosts events, a theatre, art gallery, and community market. **Organization:** Alderney Landing Association; **Address:** 2 Ochterloney Street, Dartmouth, NS B2Y 3Z3, Canada; **Email:** info@alderneylanding.com; **Website:** <https://www.alderneylanding.com>

Mental Health Mobile Crisis Team

Provides intervention and short-term crisis management for children, youth, and adults experiencing a mental health crisis. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Bloom Program

Offered through a partnership with the Nova Scotia Health Authority, the Bloom Program provides mental health and addictions support via telehealth. It connects individuals with pharmacists who can provide counseling and medication management services. **Organization:** Nova Scotia Health Authority; **Address:** Not available; **Email:** Not available; **Website:** <http://www.nshealth.ca/>

ICAN (Conquer Anxiety and Nervousness) - Anxiety Program

A free, home-based anxiety program for adults offered throughout Nova Scotia, including remote areas, via the internet, mail-out service, or a combination of both. **Organization:** Strongest

Families Institute; **Address:** 267 Cobequid Road, Suite 200, Sackville, NS B4C 4E6, Canada; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

e-Mental Health Services

Canada-wide e-mental health services that provide information, resources, and support for mental health problems; these services may be accessed by anyone in Nova Scotia, particularly beneficial to those in remote locations. **Organization:** Government of Canada; **Address:** N/A; **Email:** N/A; **Website:** <https://www.canada.ca/en/public-health/services/mental-health-services/mental-health-get-help.html>

Aboriginal People's Telehealth Network

Provides telehealth services that are culturally sensitive for Indigenous people in Nova Scotia, including remote communities. **Organization:** Nova Scotia Office of Aboriginal Health; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Halifax Public Libraries

Halifax Public Libraries provides a variety of clubs and groups that cater to different interests including book clubs, technology clubs, and social groups for all ages. **Organization:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** askus@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

HRM Recreation

HRM Recreation offers various recreational clubs and classes, such as sports leagues, fitness classes, and activities for different age groups. **Organization:** Various locations across Halifax Regional Municipality; **Address:** Various locations across Halifax Regional Municipality; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/recreation>

Art Gallery of Nova Scotia

The gallery offers art classes and workshops for individuals of different skill levels, providing a place for art enthusiasts to learn and connect. **Organization:** 1723 Hollis St, Halifax, NS B3J 1V9, Canada; **Address:** 1723 Hollis St, Halifax, NS B3J 1V9, Canada; **Email:** info@artgalleryofnovascotia.ca; **Website:** <https://www.artgalleryofnovascotia.ca>

The Trail Shop

The Trail Shop organizes outdoor clubs and events such as hiking, paddling, and climbing for adventure and nature enthusiasts. **Organization:** 6210 Quinpool Rd, Halifax, NS B3L 1A3, Canada; **Address:** 6210 Quinpool Rd, Halifax, NS B3L 1A3, Canada; **Email:** info@trailshop.com; **Website:** <https://www.trailshop.com>

East Coast Language College

ECLC offers language exchange meet-ups and cultural interest groups for students and community members to enhance language skills and cultural understanding. **Organization:** 1256 Barrington St, Halifax, NS B3J 1Y6, Canada; **Address:** 1256 Barrington St, Halifax, NS B3J 1Y6, Canada; **Email:** info@ecslcanada.com; **Website:** <https://www.ecslcanada.com>

Halifax Sport & Social Club

This club provides organized co-ed sports leagues, tournaments, and social events for adults,

which is ideal for staying active and networking. **Organization:** Unit 103, 2700 Highfield Cres, Halifax, NS B3K 5G5, Canada; **Address:** Unit 103, 2700 Highfield Cres, Halifax, NS B3K 5G5, Canada; **Email:** info@halifaxsport.ca; **Website:** <https://www.halifaxsport.ca>

Nova Scotia Hiking Trail Association

An association dedicated to the creation and maintenance of hiking trails in Nova Scotia providing a platform for hiking enthusiasts to unite. **Organization:** N/A; **Address:** N/A; **Email:** info@hikenovascotia.ca; **Website:** <https://www.hikenovascotia.ca>

Halifax Regional Municipality Community Events

The local government in Halifax organizes a plethora of community events throughout the year, including festivals, concerts, and cultural events. **Organization:** Halifax Regional Municipality; **Address:** 1841 Argyle St, Halifax, NS B3J 3A5, Canada; **Email:** None; **Website:** <https://www.halifax.ca/parks-recreation/events>

Lunenburg Folk Harbour Festival

A four-day celebration of music, dance, and community spirit in the picturesque town of Lunenburg, featuring performances and workshops. **Organization:** Folk Harbour Festival; **Address:** Lunenburg, NS, Canada; **Email:** info@folkharbour.com; **Website:** <http://www.folkharbour.com/>

Deep Roots Music Festival

An annual music festival held in Wolfville that promotes the deep roots of music in Nova Scotia and the Annapolis Valley. **Organization:** Deep Roots Music Cooperative; **Address:** PO Box 3055, Wolfville, NS B4P 2H5; **Email:** info@deprootsmusic.ca; **Website:** <https://deprootsmusic.ca/>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

Celtic Colours International Festival

A festival held during the fall foliage that celebrates Cape Breton Island's living traditional culture. **Organization:** Celtic Colours; **Address:** 37 Nepean Street, Sydney, NS B1P 6A7; **Email:** info@celtic-colours.com; **Website:** <https://celtic-colours.com/>

Halifax Regional Municipality Recreation Centers

Halifax offers various community centers across the region, providing spaces for recreational activities, programs, and community gatherings. These centers offer a wide range of activities including fitness classes, arts and crafts, and social events for all ages. **Organization:** Halifax Regional Municipality; **Address:** Various locations across Halifax, Nova Scotia; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/recreation/facilities-fields/rec-centres>

The Dartmouth North Community Center

The Dartmouth North Community Center is known for its programs that bring the community

together, including a community kitchen, fitness classes, employment services, and youth programs. **Organization:** Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@dartmouthfamilycentre.ca; **Website:** <https://www.dartmouthfamilycentre.ca/>

The Mi'kmaw Native Friendship Centre

The centre provides a gathering place for the urban Indigenous community in Halifax for cultural events, social activities, and various programs targeted at youth, women, and elders.

Organization: Mi'kmaw Native Friendship Society; **Address:** 2158 Gottingen St, Halifax, NS B3K 3B4, Canada; **Email:** info@nativens.ca; **Website:** <http://mymnfc.com/>

Zatzman Sportsplex

A community hub for sports, fitness, and wellness in Dartmouth, recently renovated to provide a more inclusive space for the diverse needs of the community. **Organization:** Zatzman Sportsplex; **Address:** 110 Wyse Rd, Dartmouth, NS B3A 1M2, Canada; **Email:** info@zatzmansportsplex.com; **Website:** <https://www.zatzmansportsplex.com/>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

Volunteer NS

Volunteer NS is a provincial initiative that connects people with volunteer opportunities. They help community centers and social facilities find the volunteers needed for maintenance, operation, and to run various programs and services. **Organization:** Volunteer NS; **Address:** Not specific (province-wide initiative); **Email:** contact information may vary by listed volunteer opportunity; **Website:** <https://volunteerns.ca>

Clean Foundation - Great Nova Scotia Pick-Me-Up

The Great Nova Scotia Pick-Me-Up is Nova Scotia's largest volunteer-driven community clean-up program, encouraging community members to take action on litter to create a cleaner and healthier environment. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://www.clean.ns.ca/programs/waste/great-nova-scotia-pick-me-up/>

Halifax Helps

Halifax Helps is a volunteer organization focusing on community service through various projects, including community gardens, local food drives, and supporting shelters. **Organization:** Halifax Helps; **Address:** None; **Email:** info@halifaxhelps.ca; **Website:** <http://halifaxhelps.ca/>

Big Brothers Big Sisters of Greater Halifax

Provides one-on-one and group mentorship for youth in the Halifax area, which can include individuals from remote communities. Mentors support young people in developing confidence, social skills, and connections. **Organization:** Big Brothers Big Sisters of Greater Halifax;

Address: Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8; **Email:** halifax.info@bigbrothersbigsisters.ca; **Website:** <https://halifax.bigbrothersbigsisters.ca/>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

Atlantic Mayors' Congress

The Atlantic Mayors' Congress provides a platform for mayors and municipal leaders in the Atlantic provinces, including Nova Scotia, to discuss mutual challenges, share best practices and collaborate on regional initiatives. **Organization:** Atlantic Mayors' Congress; **Address:** N/A; **Email:** N/A; **Website:** N/A

Creative Nova Scotia Leadership Council

The Creative Nova Scotia Leadership Council brings together arts and culture leaders from across the province to collaborate and advocate for the creative sector. **Organization:** Arts Nova Scotia; **Address:** 1741 Brunswick Street, Suite 111, Halifax, Nova Scotia, B3J 3X8; **Email:** info@artsns.ca; **Website:** <https://artsns.ca/>

Municipal Cooperation Workshops

Facilitated by the Association of Municipal Administrators, Nova Scotia (AMANS), these workshops bring together municipalities to share knowledge and work collaboratively on common issues, such as community events and regional service delivery. **Organization:** Association of Municipal Administrators, Nova Scotia; **Address:** 202 Brownlow Ave, Unit 102, Dartmouth, Nova Scotia, B3B 1T5; **Email:** info@amans.ca; **Website:** <https://amans.ca/>

UNSM (Union of Nova Scotia Municipalities) Conferences

UNSM hosts conferences that serve as a platform for municipalities across Nova Scotia to network, collaborate, and partner on various initiatives, including community events that can attract wider participation. **Organization:** Union of Nova Scotia Municipalities; **Address:** Suite 1801, 1809 Barrington Street, Halifax, Nova Scotia, B3J 3K8; **Email:** info@unsm.ca; **Website:** <https://www.nsfm.ca/>

Shared Services Nova Scotia

An initiative that aims to improve service delivery and cost-efficiency through inter-municipal collaboration in areas such as public transportation and recreational activities. **Organization:** Service Nova Scotia and Municipal Relations; **Address:** N/A - Provincial Government Initiative; **Email:** N/A; **Website:** <https://beta.novascotia.ca/>

Community Access Program (CAP)

CAP assists in setting up internet access sites in communities (such as rural ones) and sometimes offers training sessions to help individuals become digitally literate. **Organization:** Nova Scotia Community Access Program; **Address:** address varies by location; **Email:** contact information available through local CAP sites; **Website:** <https://novascotia.ca/>

Virtual Learning (vLearning)

An initiative that offers a variety of courses and educational programs online, allowing individuals in rural areas to access the same learning opportunities as those in urban centers.

Organization: Nova Scotia Department of Education and Early Childhood Development;

Address: 2021 Brunswick Street, Halifax, NS, B3J 2S9; **Email:** N/A; **Website:**

<https://www.ednet.ns.ca/>

Nova Scotia Virtual Health

Provides virtual care options to connect patients in rural communities with healthcare providers through technology, including virtual appointments and e-health services. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia, B2Y 3Z9;

Email: N/A; **Website:** <https://www.nshealth.ca/virtual-care>

Virtual Farmer's Market

A platform where local producers can sell their goods to consumers across the province, helping to connect rural farmers with a larger market and providing access to local food products.

Organization: Various local farmers and organizations – Platform specifics vary; **Address:** N/A – Online platform; **Email:** N/A; **Website:** Varies – Local community examples include: <https://hfxfarmersmarketonline.localfoodmarketplace.com/>

Lifelong Learning Initiative

Offers virtual classes and workshops focusing on skills development, arts, and cultural programming, targeting adults in rural communities who wish to continue their education or pursue new interests. **Organization:** Nova Scotia Community College (NSCC); **Address:** 115 Chain Lake Drive, Halifax, Nova Scotia, B3S 1A9; **Email:** N/A; **Website:** <https://www.nscc.ca/>

Creative Nova Scotia Leadership Council

The Creative Nova Scotia Leadership Council brings together arts and culture leaders from across the province to collaborate and advocate for the creative sector. **Organization:** Arts Nova Scotia; **Address:** 1741 Brunswick Street, Suite 111, Halifax, Nova Scotia, B3J 3X8; **Email:** info@artsns.ca; **Website:** <https://artsns.ca/>

Community Grants Program

The Halifax Regional Municipality offers Community Grants to non-profit organizations to support neighborhood initiatives, and community events. These grants can provide funding for various community projects and services, including events. **Organization:** Halifax Regional Municipality; **Address:** P.O. Box 1749 Halifax, NS Canada B3J 3A5; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/>

Invest Nova Scotia Fund

Supports projects that benefit the whole province. Community events and activities that demonstrate an ability to help grow sectors of the economy could potentially seek funding from this source. **Organization:** Invest Nova Scotia; **Address:** 1800 Argyle Street, Suite 600, Halifax, Nova Scotia, B3J 3N8; **Email:** info@novascotia.ca; **Website:** <https://novascotia.ca/econ/invest/>

Community Facilities Improvement Program

Offers funding for community-led projects to enhance public infrastructure such as renovating community halls, which might be used for events and activities. **Organization:** Communities, Culture and Heritage Department; **Address:** 1741 Brunswick Street, Suite 122, Halifax, NS, B3J 3X8; **Email:** ccphism@gov.ns.ca; **Website:** <https://cch.novascotia.ca/investing-in-our-future/community-facilities-improvement-program>

Culture Innovation Fund

Encourages the development of collaborative, innovative programs or services that have the potential to grow or change how cultural engagement happens in Nova Scotia. **Organization:** Communities, Culture and Heritage Department; **Address:** 1741 Brunswick Street, Suite 122, Halifax, NS, B3J 3X8; **Email:** ccphism@gov.ns.ca; **Website:** <https://cch.novascotia.ca/>

Education for Sustainable Development

An initiative focused on integrating sustainable development concepts into school curricula, which often involves student participation in related community events and activities.

Organization: Nova Scotia Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, NS B3J 2S9; **Email:** edstats@novascotia.ca; **Website:** <https://www.ednet.ns.ca/>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Shape Your City Halifax

Shape Your City Halifax is a public engagement platform used by the Halifax Regional Municipality to collect feedback on city projects, including community events and activities, through online surveys, discussions, and polls. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** clerks@halifax.ca; **Website:** <https://shapeyourcityhalifax.ca>

Community Counts

Community Counts in Nova Scotia provides a venue for the public to access statistical information and gives an opportunity for feedback which can indirectly influence community programming and events. **Organization:** Nova Scotia Community Counts; **Address:** N/A; **Email:** N/A; **Website:** <http://communitycounts.ca>

Halifax Public Libraries

Offers an extensive collection of community event information, newsletters, and social media engagement to keep members informed about local happenings. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** askus@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Graduate to Opportunity (GTO)

The GTO program provides salary contributions to Nova Scotia employers to offset the cost of hiring a recent graduate to work in their organization. The incentive aims to keep young adults in the province by providing them with career opportunities in Nova Scotia. **Organization:** Government of Nova Scotia; **Address:** P.O. Box 697, Halifax, NS, B3J 2T8; **Email:** GTO@gov.ns.ca; **Website:** <https://novascotia.ca/programs/graduate-to-opportunity/>

Innovate to Opportunity (ITO)

ITO is a program similar to GTO, but it focuses on higher-level jobs that involve research, innovation, and exports. It aims to encourage the retention and immigration of young people in Nova Scotia by supporting higher-skilled job creation. **Organization:** Government of Nova Scotia; **Address:** P.O. Box 697, Halifax, NS, B3J 2T8; **Email:** ITO@novascotia.ca; **Website:** <https://novascotia.ca/programs/innovate-to-opportunity/>

Internet for Nova Scotia Initiative

Provincial program partnering with internet service providers to enhance high-speed internet coverage throughout Nova Scotia, improving access to digital resources for businesses and residents. **Organization:** Develop Nova Scotia; **Address:** Historical Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9, Canada; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

START Program

Encourages employers to hire Nova Scotians requiring work experience. Incentives vary depending upon the wage and skill level of the employee and the length of employment. This may include young adults and could be applied to remote work opportunities. **Organization:** Government of Nova Scotia; **Address:** P.O. Box 697, Halifax, NS, B3J 2T8; **Email:** Start_Program@novascotia.ca; **Website:** <https://novascotia.ca/employmentnovascotia/programs/START.asp>

The Rural Innovation District

Focused on fostering innovation and tech-based economic development in rural communities. This may attract and retain young adults in these regions by creating new opportunities for entrepreneurial activities and remote work. **Organization:** Cape Breton Partnership; **Address:** 275 Charlotte Street, Sydney, NS B1P 1C6; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

The Magic Project

The Magic Project often engages with intergenerational groups to foster connections through art, storytelling, and community activities. They provide older individuals opportunities to share their experiences and stories with younger generations. **Organization:** The Youth Project; **Address:**

2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca/>

Northwood Intouch

Northwood Intouch provides a variety of services aimed at allowing seniors to live independently and securely in their own homes, including personal alert services and devices that ensure help is available at the push of a button. Additionally, they offer social support through these technologies. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** intouch@nwood.ns.ca; **Website:** <https://northwood.care/intouch/>

ElderDog Canada

The program aids older adults with dog care needs and engages volunteers of all ages to support them, creating intergenerational connections centered on pet companionship. **Organization:** ElderDog Canada; **Address:** P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1; **Email:** info@elderdog.ca; **Website:** <https://www.elderdog.ca/>

Generations Learning Together

This program pairs school-aged children with elder companions in learning environments, fostering mentorship and shared learning experiences. **Organization:** The Coady International Institute at St. Francis Xavier University; **Address:** Coady International Institute, 5005 Chapel Square, Antigonish, NS B2G 2W5, Canada; **Email:** coady@stfx.ca; **Website:** <https://www.coady.stfx.ca/>

Heartwood Centre for Community Youth Development

Heartwood engages youth and communities in building skills, relationships, and opportunities for engagement. While it is primarily youth-focused, it encourages intergenerational collaboration for community improvement. **Organization:** Heartwood Centre for Community Youth Development; **Address:** 6061 University Ave, Halifax, NS B3H 4H9, Canada; **Email:** info@heartwood.ns.ca; **Website:** <https://heartwood.ns.ca/>

The North Grove

The North Grove is a community hub located in Dartmouth, welcoming people of all ages. It offers various programs, including community gardens, parent and tot sessions, youth programs, and community events. **Organization:** Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Suite 140, Dartmouth, NS B3A 4C5, Canada; **Email:** info@familycentre.ca; **Website:** <https://www.thefamilycentre.ca/the-north-grove>

Veith House

Veith House is a neighborhood hub in Halifax's North End that helps create connections between individuals and services. They offer various programs, including a community garden, meeting spaces, and family supports. **Organization:** Veith House; **Address:** 3115 Veith St, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.com; **Website:** <https://www.veithhouse.com/>

Spencer House

As a senior's community centre in Halifax, Spencer House offers a welcoming environment for older adults. Their activities include lunches, social events, and diverse programs intended to

keep seniors active and connected. **Organization:** Spencer House Senior's Centre; **Address:** 5596 Morris St, Halifax, NS B3J 1C2, Canada; **Email:** info@spencerhouse.ca; **Website:** <https://www.spencerhouse.ca/>

Mi'kmaw Native Friendship Centre

The centre aims to provide a structured, socially acceptable environment to develop educational programs and services. While it aims to foster understanding among different cultures – primarily the urban Indigenous and non-Indigenous communities – it serves as a community center for all.

Organization: Mi'kmaw Native Friendship Society; **Address:** 2158 Gottingen St, Halifax, NS B3K 3B4, Canada; **Email:** mnfcs@eastlink.ca; **Website:** <https://mymnfc.com/>

Common Roots Urban Farm

Common Roots Urban Farm is a community gardening initiative that offers both communal and individual plots for residents in the Halifax area. The farm incorporates educational workshops on sustainable agriculture and seeks to improve social cohesion by providing spaces for people to garden together. **Organization:** Partners for Care; **Address:** Common Roots Urban Farm – BiHi Park, 7 Coronation Ave, Halifax, NS; **Email:** info@partnersforcare.ca; **Website:** <http://partnersforcare.ca/>

The Club Inclusion

The Club Inclusion offers an inclusive community space for people with disabilities and their families in Halifax. It provides recreational activities, skills development programs, and opportunities for socializing and community engagement. **Organization:** The Club Inclusion; **Address:** Tawaak Housing Association, 2717 Gladstone St #107, Halifax, NS B3K 0A4, Canada; **Email:** hello@theclubinclusion.com; **Website:** <https://www.theclubinclusion.com/>

Nova Scotia Community College (NSCC)

NSCC offers a wide range of programs and courses across multiple campuses, focusing on vocational education in fields like technology, health, trades and crafts, amongst others.

Organization: Nova Scotia Community College; **Address:** Various locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Skills Canada - Nova Scotia

Skills Canada - Nova Scotia works closely with educational partners to organize skills competitions and trade and technology challenges among students. These events often lead to more in-depth training programs and apprenticeships in various trades. **Organization:** Skills Canada - Nova Scotia; **Address:** 14 Wing Greenwood, PO Box 144, Greenwood, Nova Scotia, B0P 1N0; **Email:** info@skillsns.ca; **Website:** <https://skillsns.ca>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

Adult Learning Programs

The Adult Learning Programs provided by the Nova Scotia School for Adult Learning (NSSAL) support adults returning to education to complete their high school diploma or improve their literacy and numeracy skills, closer to home. **Organization:** Nova Scotia School for Adult Learning; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** nssal@novascotia.ca; **Website:** <https://novascotia.ca/adult-learning/>

African Canadian Services Division

The African Canadian Services Division is part of the Department of Education and Early Childhood Development and works to ensure that the educational needs of African Nova Scotian learners are met. They facilitate culturally relevant programs for students and young adults within their communities. **Organization:** African Canadian Services Division; **Address:** 2021 Brunswick St, P.O. Box 578, Halifax, NS B3J 2S9, Canada; **Email:** education@novascotia.ca; **Website:** <https://www.ednet.ns.ca/>

Senior-Youth Mentorship Program

This program connects seniors with youth in the community to engage in shared learning experiences, including technology workshops, craft sessions, and storytelling. **Organization:** Heartwood Centre for Community Youth Development; **Address:** Suite 1003, 6066 Quinpool Road, Halifax, NS B3L 1A1; **Email:** info@heartwood.ns.ca; **Website:** <http://heartwood.ns.ca/>

Intergenerational Community Garden

Local residents, both young and old, come together to grow vegetables and flowers while sharing knowledge and building relationships. **Organization:** Hope Blooms; **Address:** 5557 Cunard Street, Halifax, NS B3K 1C5; **Email:** info@hopeblooms.ca; **Website:** <https://hopeblooms.ca/our-programs/>

Cultural Festivals and Events

Annual cultural festivals like the Multicultural Festival feature various activities that draw all generations to celebrate diversity through music, dance, art, and food. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://isans.ca/community-connections/community-events/>

GrandFriends Program

Facilitate regular visits between seniors and youth through schools and senior homes to promote cross-generational friendships and understanding. **Organization:** Nova Scotia Community Services; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/coms/>

Community Meals and Workshops

Organizes community dinners, cooking workshops, and nutritional education sessions involving people of all ages to foster social inclusion. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS, B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

Senior Tech Services

Senior Tech Services by the Halifax Public Libraries offer one-on-one tech help sessions for seniors. Older adults can learn how to use devices, apps, and social media platforms, with the opportunity to be assisted by tech-savvy volunteers, often from a younger generation.

Organization: Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Tech Time for Seniors

This program, offered at various branches of the Cape Breton Regional Library, gives seniors the opportunity to learn about technology. Through individual appointments or group classes, seniors acquire skills to navigate the digital world, often with the assistance of younger volunteers or staff. **Organization:** Cape Breton Regional Library; **Address:** 50 Falmouth St, Sydney, NS B1P 6X9, Canada; **Email:** info@cbrl.ca; **Website:** <https://cbrl.ca/>

Senior Surfers

Senior Surfers is a program designed to teach older adults how to use the internet and social media safely. Volunteers, including those from younger age groups, help seniors understand various aspects of technology while fostering intergenerational connections. **Organization:** Senior Surfers; **Address:** N/A - Specific locations may vary, refer to their contact information for details; **Email:** contact@seniorsurfers.org; **Website:** N/A

Get Connected Stay Connected

This initiative by the Yarmouth Life Skills for Disabled Adults Society focuses on providing technology training to seniors. It encourages seniors to learn digital literacy skills, including social media, with the help of trainers who may come from a younger demographic.

Organization: Yarmouth Life Skills for Disabled Adults Society; **Address:** 2B Second St, Yarmouth, NS B5A 4B1, Canada; **Email:** info@ylsda.com; **Website:** <http://www.ylsda.com/>

Experience Corps

Experience Corps is a program that engages older adults in tutoring and mentoring students in various schools. Volunteers, typically aged 50+, work to improve educational outcomes for children and to make a significant difference in the reading and literacy skills. **Organization:** Volunteer Nova Scotia; **Address:** Not available; **Email:** info@volunteerns.ca; **Website:** <http://www.volunteerns.ca/>

The Community Links Ageing Well Together Program

This program focuses on creating intergenerational connections, with activities designed to encourage interaction between seniors and youth in communities. It includes various workshops and events aimed at promoting understanding and friendships between generations.

Organization: Community Links; **Address:** Suite 808, 2131 Gottingen Street, Halifax, NS B3K 5Z7; **Email:** clns@ns.aliantzinc.ca; **Website:** <http://nscommunitylinks.ca/ageing-well/>

Big Brothers Big Sisters of Greater Halifax

Provides one-on-one and group mentorship for youth in the Halifax area, which can include individuals from remote communities. Mentors support young people in developing confidence, social skills, and connections. **Organization:** Big Brothers Big Sisters of Greater Halifax; **Address:** Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8; **Email:** halifax.info@bigbrothersbigsisters.ca; **Website:** <https://halifax.bigbrothersbigsisters.ca/>

Teen & Elder Computer Tutoring

This initiative pairs youth with senior citizens to provide one-on-one computer and internet tutoring. It is aimed at helping seniors develop digital literacy skills with the assistance of tech-savvy teenagers. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** askus@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Emergency Health Services (EHS) Mobile Integrated Health Program

The EHS Mobile Integrated Health program is focused on delivering healthcare where patients live, especially those in rural communities. It provides care through different services, such as Extended Care Paramedics, Community Paramedics, and Palliative Care Paramedics, catering to the specific needs of the aging population. **Organization:** Emergency Health Service (EHS) Nova Scotia; **Address:** NS Department of Health and Wellness, 1690 Hollis Street, Halifax, NS B3J 3J9; **Email:** N/A; **Website:** <https://novascotia.ca/>

Nova Scotia Telehealth Network

The Nova Scotia Telehealth Network provides patients in remote and rural areas with access to healthcare professionals through videoconferencing technology. Through this service, patients can have consultations with specialists without having to travel long distances. **Organization:** Nova Scotia Health Authority; **Address:** 1675 Lions Rd., P.O. Box 1004, Halifax, NS B3J 2Y9; **Email:** None; **Website:** N/A

Collaborative Care Clinics

These clinics use a team-based approach to deliver primary health care in underserved areas. Teams often include family physicians, nurse practitioners, and other health professionals to provide a comprehensive service to the aging population. **Organization:** Nova Scotia Health Authority; **Address:** 1675 North Park Street, Halifax, NS B3J 2T3; **Email:** N/A; **Website:** <http://www.nshealth.ca/primary-health-care>

Continuing Care Services

Providing support for seniors who need care in their homes or in long-term care facilities, it includes services like Home Care, Supportive Care, Caregiver Benefit, and Adult Day Programs. **Organization:** Nova Scotia Department of Health and Wellness; **Address:** 1690 Hollis Street, Halifax, NS B3J 3J9; **Email:** N/A; **Website:** <https://novascotia.ca/dhw/ccs/>

Seniors' Pharmacist Outreach Program

This program provides medication reviews and management with the aim to optimize the drug therapy outcomes for seniors at their homes or community setting, which is especially beneficial in rural and remote areas. **Organization:** Pharmacists Association of Nova Scotia; **Address:** 210 Waterfront Drive, Suite 107, Bedford, NS B4A 0H3; **Email:** info@pans.ns.ca; **Website:** <https://pans.ns.ca/>

Senior Safety Program

The Senior Safety Program in Nova Scotia focuses on keeping older adults safe and enhancing their quality of life. Many of these programs include collaboration with local businesses and organizations to provide information sessions, activities, and sometimes job opportunities that are suitable for older adults. **Organization:** Various (each county/municipality has its own program); **Address:** Varies by local program; **Email:** Varies by local program; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Experience Counts

Experience Counts is a program that helps older workers in Nova Scotia gain new skills to adapt to the changing job market. The program supports skill development and may facilitate the employment of older adults in collaboration with local businesses. **Organization:** Government of Nova Scotia / Nova Scotia Works; **Address:** Varies by Nova Scotia Works Centres; **Email:** N/A; **Website:** <https://novascotia.ca/age-friendly-grant/>

50+ Employment Services

Offering a range of services to help older adults find employment, including workshops, resume assistance, and job search strategies. The services are designed to cater to the unique needs of individuals aged 50 and older. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 7071 Bayers Road, Suite 100, Halifax, NS B3L 2C2, Canada; **Email:** info@ymcagreaterhalifax.ca; **Website:** <https://www.ymcahx.ca/>

Third Quarter Project

The initiative matches the skills of individuals aged 50 and older, often retired or nearing retirement, with employers who need their experience and expertise. This platform provides opportunities for older adults to remain active in the workforce. **Organization:** Third Quarter; **Address:** N/A; **Email:** info@thirdquarter.ca; **Website:** <http://www.thirdquarter.ca/>

Halifax CarShare Co-operative Ltd.

A carsharing service in Halifax that allows members to rent cars on a short-term basis. It's not traditional carpooling, but it promotes reduced car ownership and usage. **Organization:** Halifax CarShare Co-operative Ltd.; **Address:** 5553 Bloomfield St, Halifax, NS B3K 1S7, Canada; **Email:** info@carshareatlantic.ca; **Website:** <https://www.carshareatlantic.ca/>

HRM SmartTrip

HRM SmartTrip is a program designed to encourage sustainable transportation options such as carpooling, biking, and public transit among communities and workplaces in the Halifax Regional Municipality. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** None; **Website:** <https://www.halifax.ca/>

Casual Carpooling

An informal carpooling arrangement where commuters gather at designated locations to ride together without prior arrangements. **Organization:** Community-Led; **Address:** N/A; **Email:** N/A; **Website:** N/A

Low Income Transit Pass Program

A program that provides subsidized transit passes for eligible residents to increase affordability and access to public transportation. **Organization:** PO Box 1749, Halifax, Nova Scotia B3J 3A5; **Address:** PO Box 1749, Halifax, Nova Scotia B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-transit/fares-tickets-passes/low-income-transit-pass-program>

Community Transportation Assistance Program (CTAP)

CTAP provides operational funding to door-to-door and fixed route services operated by community-based organizations across the province. It aims to improve transportation options for people who are transportation disadvantaged. **Organization:** Transportation and Infrastructure Renewal, PO Box 186, Halifax, Nova Scotia B3J 2N2; **Address:** Transportation and Infrastructure Renewal, PO Box 186, Halifax, Nova Scotia B3J 2N2; **Email:** tirweb@novascotia.ca; **Website:** <https://novascotia.ca/>

Rural Transportation Association (RTA) Member Services

RTA members offer subsidized transportation services for seniors and people with disabilities in rural areas. They work to improve transportation options to support community involvement and access to necessary services. **Organization:** N/A; **Address:** N/A; **Email:** ruralrides@annapoliscounty.ca; **Website:** <https://ruralrides.ca>

Rural Transportation Association

The Rural Transportation Association (RTA) is a network of non-profit transportation services in Nova Scotia. Their goal is to improve transportation accessibility in rural areas, which includes providing accessible vehicles for seniors and disabled residents. **Organization:** Rural Transportation Association; **Address:** 153 Willow St., Truro, Nova Scotia, B2N 4Z9; **Email:** info@ruralrides.ca; **Website:** <https://ruralrides.ca>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca>/

Kings Transit

Kings Transit Authority operates a public transit bus service in parts of Kings County and Annapolis County. They occasionally offer 'Special Services' that accommodate transportation to special events within their service areas. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, Nova Scotia, B4N 3G7; **Email:** kings.transit@kbus.ca; **Website:** <http://www.kingstransit.ns.ca>

Antigonish Community Transit

Antigonish Community Transit provides a door-to-door transit service in the Antigonish area with a goal of offering accessible transportation to all, including seniors, individuals with disabilities, and those in need of affordable transport. **Organization:** Antigonish Community Transit Society; **Address:** 204 Kirk St Unit 1, Antigonish, NS B2G 2R5; **Email:** info@antigonishcommunitytransit.ca; **Website:** <https://antigonishrda.org/antigonish-community-transit/>

CHAD Transit

CHAD Transit offers a demand-responsive, door-to-door transportation service for all residents of Pictou County, with a focus on serving seniors, persons with disabilities, and those without access to traditional transit or private vehicles. **Organization:** CHAD Transit; **Address:** P.O. Box 252, New Glasgow, Nova Scotia, B2H 5E3; **Email:** info@chadtransit.ns.ca; **Website:** <http://www.chadtransit.ca>

Virtual Tea House

A series of online gatherings where participants can enjoy a cup of tea and conversation with fellow community members. **Organization:** The HUB South Shore; **Address:** 21 Pattersons Hill Lane, Lunenburg, NS B0J 2C0, Canada; **Email:** info@hubsouthshore.ca; **Website:** <https://www.hubsouthshore.ca/virtual-tea-house>

Online Crafting Workshops

An initiative providing virtual workshops for rural residents interested in learning various crafting skills, including knitting, crocheting, and quilting. **Organization:** Craft Nova Scotia; **Address:** 1113 Marginal Rd, Halifax, NS B3H 4P7, Canada; **Email:** admin@craftnovascotia.ca; **Website:** <https://www.craftnovascotia.ca/programming/workshops>

Virtual Senior Socials

Regularly scheduled online social events for seniors, offering discussions, games, and educational activities to engage the elderly population in rural areas. **Organization:** Senior Citizens Club of Nova Scotia; **Address:** 276A Herring Cove Rd, Halifax, NS B3P 1M1, Canada; **Email:** info@seniorcitizensclub.ca; **Website:** <https://www.seniorcitizensclub.ca/events>

Rural Youth Virtual Hangouts

A virtual meetup platform designed for youth living in rural areas of Nova Scotia, featuring games, discussions, and peer support sessions. **Organization:** Youth Project Nova Scotia; **Address:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca/>

Nova Scotia Virtual Book Club

An online book club hosting monthly discussions about selected books. Open to participants from across the province, including rural areas. **Organization:** Nova Scotia Public Libraries; **Address:** Various Locations across Nova Scotia; **Email:** AskYourLibrary@novascotia.ca; **Website:** <https://library.novascotia.ca/>

Deep Roots Music Festival

An annual music festival held in Wolfville that promotes the deep roots of music in Nova Scotia and the Annapolis Valley. **Organization:** Deep Roots Music Cooperative; **Address:** PO Box 3055, Wolfville, NS B4P 2H5; **Email:** info@deeprootsmusic.ca; **Website:** <https://deeprootsmusic.ca/>

Privateer Days

Commemorative festival in Liverpool, showcasing history, culture, and community pride with events like reenactments, concerts, and a parade. **Organization:** Privateer Days Commission; **Address:** Box 1716, 177 Main St, Liverpool, NS B0T 1K0, Canada; **Email:** admin@privateerdays.ca; **Website:** <https://privateerdays.ca>

Pictou Lobster Carnival

An annual event that celebrates the fishing heritage of the region with contests, parades, and carnival activities. **Organization:** Pictou Lobster Carnival Committee; **Address:** PO Box 1539, Pictou, NS B0K 1H0, Canada; **Email:** pictoulobstercarnival@gmail.com; **Website:** <http://www.pictoulobstercarnival.ca/>

Celtic Colours International Festival

An island-wide event celebrating Cape Breton Island's living traditional culture with concerts, community suppers, and cultural experiences. **Organization:** Celtic Colours International Festival; **Address:** Cape Breton Island, NS, Canada; **Email:** info@celtic-colours.com; **Website:** <https://celtic-colours.com/>

Yarmouth Seafest

An annual celebration of the region's marine heritage, including parades, races, seafood, and family entertainment. **Organization:** Yarmouth Seafest Committee; **Address:** Yarmouth, NS, Canada; **Email:** seafest@bellaliант.com; **Website:** <https://www.yarmouthseafest.com>

Antigonight Art After Dark Festival

A community arts festival in Antigonish showcasing local and regional artists with interactive exhibits, performances, and workshops. **Organization:** Antigonight Festival Society; **Address:** Box 1197, Antigonish, NS B2G 2L6, Canada; **Email:** info@antigonight.ca; **Website:** <http://antigonight.ca>

Nova Scotia Telework Policy

The Government of Nova Scotia has a telework policy designed to create more flexible working conditions for public sector employees. This policy allows eligible employees to work from locations other than their primary workplace, such as from home, which can support improved work-life balance and reduce the need for travel. **Organization:** Government of Nova Scotia; **Address:** Province House, 1726 Hollis St, Halifax, NS B3J 2Y3, Canada; **Email:** N/A; **Website:** <https://novascotia.ca>

Dalhousie University Remote Work Policy

Dalhousie University has implemented a remote work policy that enables its staff and faculty to work from home or other remote locations, decreasing the necessity of daily commuting and

supporting employees in rural areas. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** N/A; **Website:** <https://www.dal.ca>

SimplyCast Flexible Work Options

SimplyCast, a Nova Scotia-based company, offers flexible work options including telecommuting for its employees to promote better work-life balance and to accommodate workers from various geographic locations. **Organization:** SimplyCast; **Address:** 73 Tacoma Dr #200, Dartmouth, NS B2W 3Y6, Canada; **Email:** N/A; **Website:** <https://www.simplycast.com>

Volta Remote Work Programs

Volta, an innovation hub in Halifax, provides support for startups and includes promoting remote work practices among its community members. Through their programs, they encourage flexible work environments. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com>

Community Hubs Program

The Community Hubs program aims to strengthen community connections by supporting the development of local amenities such as community gardens, cultural spaces, and recreational facilities. **Organization:** Nova Scotia Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** cch@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Ride for Cancer

An annual event where participants raise funds to support local cancer care. Part of the funds raised go towards helping patients cover travel costs for treatment. **Organization:** QEII Foundation; **Address:** QEII Health Sciences Centre Foundation, 5657 Spring Garden Road, Park Lane Mall, Suite 3005, Halifax, NS B3J 3R4; **Email:** info@qe2foundation.ca; **Website:** <https://rideforcancer.ca/>

Travel Program

Provides financial assistance for medical-related travel costs for patients and their families. **Organization:** The Leukemia & Lymphoma Society of Canada; **Address:** Atlantic Canada Regional Office, 7071 Bayers Road, Suite 215, Halifax, Nova Scotia B3L 2C2; **Email:** information@lls.org; **Website:** <https://www.llscanada.org/>

Hope Air

Arranges free flights for Canadians who are in financial need and must travel for healthcare. **Organization:** Hope Air; **Address:** Not specified - National organization with services in Nova Scotia; **Email:** info@hopeair.ca; **Website:** <https://hopeair.ca/>

Family SOS Courage to Give Back Awards

An annual fundraiser supporting Family SOS's programs, including providing necessary resources to families, which may include travel subsidies for healthcare or other needs.

Organization: Family SOS; **Address:** Family SOS, 101-1275 Bayers Road, Halifax, NS B3L 4T1; **Email:** admin@familysos.ca; **Website:** <https://familysos.ca/>

Angel Fund

Assists families with travel-related expenses when their child must travel outside the Maritime Provinces for medical care not available locally. **Organization:** IWK Health Centre Foundation; **Address:** 5855 Spring Garden Road, Suite B220, Halifax, NS B3H 4S2; **Email:** foundation@iwk.nshealth.ca; **Website:** <https://iwkfoundation.org/>

Coldest Night of the Year

A walkathon to raise funds for local charities serving people experiencing hurt, hunger, and homelessness. Some organizations use funds to help with transportation issues for their clients. **Organization:** Various organizations participate; **Address:** Event locations vary by organization in Nova Scotia; **Email:** Not a central email - depends on the hosting organization; **Website:** <https://cnoy.org/location/halifax>

Community Transportation Assistance Program (CTAP)

CTAP provides financial assistance to community-based transit services in rural and underserved areas of Nova Scotia, aiming to keep fares affordable and to expand routes and services where needed. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/cars>

Community Transportation Assistance Program

Provides funding to community-based transportation services in rural areas to assist residents, including seniors and people with disabilities, to travel to essential services. **Organization:** Nova Scotia Department of Seniors and Long-Term Care; **Address:** 1690 Hollis Street, Halifax, Nova Scotia, B3J 3J9; **Email:** seniors@novascotia.ca; **Website:** <https://novascotia.ca/>

Rural Rides

A volunteer-based service providing affordable, door-to-door transportation options for non-emergency medical appointments, shopping, banking, and social activities. **Organization:** Various Community Organizations; **Address:** Varies by community organization; **Email:** Varies by community organization; **Website:** <https://ruralrides.ca/>

The Rural Transportation Association (RTA)

Works to enhance and promote community-based transportation solutions across Nova Scotia through coordination efforts, advocacy, and shared resources. **Organization:** The Rural Transportation Association; **Address:** 153 Sackville Drive, Lower Sackville, Nova Scotia, B4C 2R3; **Email:** coordinator@ruralrides.ca; **Website:** <http://ruralrides.ca/>

Travel Navigator

An awareness and support program that aids passengers in navigating the public transportation options available in Nova Scotia, particularly in rural areas. **Organization:** 211 Nova Scotia; **Address:** Dial 211 or 1 (877) 463-6207 (Toll-free in Nova Scotia); **Email:** info@ns.211.ca; **Website:** <https://ns.211.ca/>

Cumberland County Transportation Services (CCTS)

Offers pre-booked, door-to-door transportation services using accessible vehicles, to residents with a focus on seniors and those with disabilities. **Organization:** Cumberland County

Transportation Services; **Address:** PO Box 549, Amherst, Nova Scotia, B4H 4A1; **Email:** info@cumberlandcountytransportationservices.com; **Website:** <https://www.cumberlandcountytransportationservices.com/>

Rural Transportation Association (RuralRides)

RuralRides is a coordinated transportation service aimed at helping individuals, including seniors, in rural communities of Nova Scotia to access essential services. The service caters to older adults by providing them with accessible and affordable transportation options. **Organization:** Rural Transportation Association; **Address:** 153 Willow St, Truro, NS B2N 4Z9, Canada; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Kings Transit Authority

A public transit service providing bus service connecting communities across Kings County and surrounding areas, including some rural areas. They are focused on expanding and adapting routes to better serve remote communities. **Organization:** Kings Transit Authority; **Address:** 29 Crescent Drive, New Minas, NS B4N 3G7; **Email:** info@kingstransit.ns.ca; **Website:** <http://www.kingstransit.ns.ca>

Community Transportation Assistance Program (CTAP)

CTAP provides financial assistance to community-based transit services in rural and underserved areas of Nova Scotia, aiming to keep fares affordable and to expand routes and services where needed. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/cars>

Strait Area Transit

A community cooperative providing public transportation options with fixed-route and dial-a-ride services in the Strait area of Nova Scotia. **Organization:** Strait Area Transit; **Address:** 609 Church Street, Port Hawkesbury, NS B9A 2X4; **Email:** info@satbus.ca; **Website:** <http://www.satbus.ca>

Cape Breton Transit

An initiative that provides bus services in urban and surrounding rural areas of Cape Breton, especially the Cape Breton Regional Municipality. **Organization:** Cape Breton Regional Municipality Transit; **Address:** 320 Esplanade, Sydney, NS B1P 7B9; **Email:** transit@cbremploymnet.ca; **Website:** <http://www.cbrm.ns.ca/transit.html>

Nova Scotia Community College (NSCC)

NSCC offers a wide range of programs and courses across multiple campuses, focusing on vocational education in fields like technology, health, trades and crafts, amongst others.

Organization: Nova Scotia Community College; **Address:** Various locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Adult Learning Program (ALP)

The Adult Learning Program is a comprehensive educational initiative by the Department of Labour and Advanced Education to provide adult residents the opportunity to achieve their High School Graduation Diploma for Adults. This program is available throughout Nova Scotia,

including in more remote communities. **Organization:** Nova Scotia Department of Labour and Advanced Education; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/programs/adult-learning-program/>

Island Employment

Island Employment provides various employment services including vocational training, job search support, and career planning. Programs may be accessible to those in remote areas of Cape Breton Island. **Organization:** Island Employment; **Address:** 1 – 500 Kings Road, Sydney, Nova Scotia, B1S 1B1, Canada; **Email:** info@islandemployment.ca; **Website:** <http://www.islandemployment.ca>

The Mi'kmaw Economic Benefits Office (MEBO) Training and Employment Hub

MEBO offers vocational training and employment services to Indigenous communities in Nova Scotia, focusing on ensuring that Mi'kmaw people have access to education and employment opportunities. **Organization:** Mi'kmaw Economic Benefits Office; **Address:** N/A; **Email:** N/A; **Website:** <http://mebo.ca>

Nova Scotia School for Adult Learning (NSSAL)

NSSAL supports a variety of programs and initiatives for adult learning across the province, aiming to improve literacy skills and provide high school completion options for adults, including those in remote areas. **Organization:** Nova Scotia Department of Labour and Advanced Education; **Address:** N/A; **Email:** N/A; **Website:** [https://novascotia.ca/](https://novascotia.ca)

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Black Business Initiative's Business Is Jammin'

A youth community economic development program that focuses on business literacy and provides mentorship to African Nova Scotian youth. The program aims to foster a stronger entrepreneurial spirit. **Organization:** Black Business Initiative; **Address:** 1660 Hollis Street, Suite 1201, Halifax, NS, B3J 1V7; **Email:** bbi@bbi.ca; **Website:** <https://www.bbi.ca/business-is-jammin>

Nova Scotia Apprenticeship Agency Mentorship Program

This program is designed to connect apprentices with experienced journeypersons who can guide them through their apprenticeship journey, offering practical and professional support.

Organization: Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick Street, PO Box 578, Halifax, NS, B3J 2S9; **Email:** apprenticeship@novascotia.ca; **Website:** <https://www.nsapprenticeship.ca/>

Mentorship and Burden Reduction

The program offered by the Nova Scotia College of Nursing provides guidance and mentorship to internationally educated nurses to help them meet Canadian standards and integrate into the

workforce. **Organization:** Nova Scotia College of Nursing; **Address:** 260 Wyse Road, Suite 302, Dartmouth, NS, B3A 1N3; **Email:** info@nscn.ca; **Website:** <https://www.nscn.ca>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

CEED - Centre for Entrepreneurship Education and Development

The Ceed programs offer training, financing, and mentorship for entrepreneurs. They provide support from the ideation phase through to business expansion. **Organization:** Ceed; **Address:** 7071 Bayers Rd #225, Halifax, NS B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

ISANS - Immigrant Services Association of Nova Scotia Business Support Services

ISANS offers business support services for immigrants, including business workshops, training, and counseling. Their aim is to facilitate the establishment and growth of immigrant-owned businesses in Nova Scotia. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** business@isans.ca; **Website:** <https://www.isans.ca/business>

Nova Scotia Co-operative Council

The Nova Scotia Co-operative Council facilitates the Community Economic Development Investment Fund (CEDIF) for local communities. They offer resources, education, and support for establishing and managing these funds, providing a collaborative environment for community investment. **Organization:** Nova Scotia Co-operative Council; **Address:** 201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.novascotia.coop/community-economic-development-investment-fund-cedif/>

Rural Innovation District

Through collaboration with various partners, this initiative aims to spur innovation and entrepreneurship in rural Nova Scotia. The focus is on providing resources, including funding and mentorship, to support new and existing businesses in these communities. **Organization:** Various partners including academia and government; **Address:** n/a; **Email:** n/a; **Website:** n/a

Nova Scotia CBDC (Community Business Development Corporation)

CBDC provides a variety of services to support small businesses, especially in rural areas. These include business loans, training and resources, to encourage the start-up and expansion of businesses and to stimulate economic improvement. **Organization:** Nova Scotia CBDC; **Address:** Various locations across Nova Scotia; **Email:** n/a; **Website:** <https://www.cbdc.ca/>

SEED - Social Enterprise and Entrepreneurship Development

The SEED funding program aims to support social enterprises and entrepreneurs through access to finance, training, and mentorship, with the goal of promoting sustainable community economic development. **Organization:** Various partners including government; **Address:** n/a; **Email:** n/a; **Website:** n/a

Halifax Career Fair

The Halifax Career Fair is a bi-annual event that connects job seekers with potential employers from various sectors. The fair often includes workshops and resume clinics to help attendees prepare for the job market. **Organization:** Career Fair Canada; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@careerfaircanada.ca; **Website:** <https://careerfaircanada.ca/>

Nova Scotia Works

Nova Scotia Works centers deliver employment services across the province, connecting individuals to job training and skills development opportunities, and assisting businesses with recruitment and retention. **Organization:** Nova Scotia Works; **Address:** Various locations across Nova Scotia; **Email:** info@novascotiaworks.ca; **Website:** <https://novascotiaworks.ca/>

South Shore Job Fair

An annual job fair event that enables local employers to meet potential employees in the South Shore region. **Organization:** South Shore Work Activity Program; **Address:** 215 Dominion Street, Bridgewater, Nova Scotia; **Email:** info@sswap.ca; **Website:** <http://www.sswap.ca/>

Cape Breton Job Fair

A job fair targeting the Cape Breton community, which is often scheduled to occur in the spring and fall. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, Nova Scotia; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

PEI & NS Virtual Job Fair

A virtual job fair that allows candidates from remote areas in Nova Scotia and PEI to connect with employers. **Organization:** Canada Job Expo; **Address:** Virtual Event; **Email:** info@canadajobexpo.com; **Website:** <https://canadajobexpo.com/>

Cape Breton University - Shannon School of Business

Cape Breton University has implemented satellite campuses, such as the Shannon School of Business which operates as an extension of the main campus, providing educational opportunities to students in various locations. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Road, Sydney, Nova Scotia B1P 6L2; **Email:** info@cbu.ca; **Website:** <https://www.cbu.ca>

Dalhousie University Agricultural Campus

Dalhousie University extended its reach by integrating the former Nova Scotia Agricultural College into a full-fledged second campus. It offers specialized programs in agricultural sciences and is an example of a satellite campus in a rural setting. **Organization:** Dalhousie University; **Address:** 62 Cumming Drive, Truro, Nova Scotia B2N 5E3; **Email:** agri@dal.ca; **Website:** <https://www.dal.ca/faculty/agriculture.html>

NSCC Campuses

Nova Scotia Community College (NSCC) operates multiple campuses across Nova Scotia, extending post-secondary education and training to various communities outside of the urban centers. Each campus can be seen as a satellite that decentralizes education and brings opportunities closer to remote areas. **Organization:** Nova Scotia Community College; **Address:**

5685 Leeds St., Halifax, Nova Scotia B3K 2T3; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca>

St. Francis Xavier University - Continuing & Distance Education

St. Francis Xavier University offers distance and continuing education programs that allow for part-time study from remote locations. While not a physical campus, it represents an effort to decentralize education access to those in Nova Scotia's rural areas. **Organization:** St. Francis Xavier University; **Address:** 5005 Chapel Square, Antigonish, Nova Scotia B2G 2W5; **Email:** continuinged@stfx.ca; **Website:** <https://www.stfx.ca/>

The Deanery Project

An innovative community hub focused on the environment, youth, and community development. They offer a variety of workshops, outdoor activities, and learning experiences. **Organization:** The Deanery Project; **Address:** 751 West Ship Harbour Road, Lower Ship Harbour, Nova Scotia, B0J 1Y0; **Email:** thedeaneryproject@gmail.com; **Website:** <https://www.thedeaneryproject.com>

Common Roots Urban Farm

Common Roots Urban Farm is a community-led urban agricultural project that provides inclusive spaces for individuals to learn about and participate in food growing. By turning unused land into gardens, the project seeks to involve people from all walks of life in a community endeavor, focusing on shared work and knowledge rather than traditional social divisions. **Organization:** Common Roots Urban Farm; **Address:** Please refer to their website for most updated address and location information.; **Email:** commonrootsurbanfarm@gmail.com; **Website:** <https://commonrootsurbanfarm.ca/>

Centre for Craft Nova Scotia

The Centre for Craft Nova Scotia supports craftspeople and artists by providing studios, workshops, and various educational programs to enhance their skills and encourage community engagement in crafts. **Organization:** Centre for Craft Nova Scotia; **Address:** 1096 Marginal Rd #140, Halifax, NS B3H 4P7, Canada; **Email:** info@craft-design.ns.ca; **Website:** <http://www.craft-design.ns.ca>

Halifax Makerspace

Halifax Makerspace is a community-run workshop space where people can come together to share tools, knowledge, and collaborate on projects. They offer training and access to various tools and technology for making and learning. **Organization:** Halifax Makerspace; **Address:** 275 Rocky Lake Dr, Unit 19, Bedford, NS B4A 2T3, Canada; **Email:** hello@halifaxmakerspace.org; **Website:** <http://halifaxmakerspace.org>

Digital Nova Scotia

Digital Nova Scotia provides numerous programs, events, and initiatives that support the technology sector, assist startups, and foster digital skills and entrepreneurship. **Organization:** Digital Nova Scotia; **Address:** 1546 Barrington St, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

Volta

Volta is an innovation hub in Halifax, Nova Scotia, that boosts the regional economy by helping startups across various industries by providing access to workspace, mentorship, education, and a community of innovators. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, Nova Scotia, Canada, B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Nova Scotia Works

Nova Scotia Works centers deliver employment services across the province, connecting individuals to job training and skills development opportunities, and assisting businesses with recruitment and retention. **Organization:** Nova Scotia Works; **Address:** Various locations across Nova Scotia; **Email:** info@novascotiaworks.ca; **Website:** <https://novascotiaworks.ca/>

Ignite Atlantic

Ignite Atlantic focuses on fostering innovation and entrepreneurship across Nova Scotia. They offer co-working spaces, resources, mentorship, and events to support entrepreneurs in starting and growing their businesses. **Organization:** Ignite Atlantic; **Address:** 208 Charlotte Street, Sydney, NS B1P 1C5; **Email:** info@igniteatlantic.com; **Website:** <https://igniteatlantic.com/>

Cape Breton Partnership

The Cape Breton Partnership brings together people who believe in the power of working together to increase economic opportunities and aims to transform Cape Breton-Unama'k into the most creative and prosperous place on earth. They engage with different communities and municipalities across the island. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS, B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

Rural Broadband Expansion

Nova Scotia has invested in expanding high-speed broadband to rural communities via the Rural Broadband Initiative. This project aims to ensure that 95% of Nova Scotia has access to reliable, high-speed internet. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 301, Halifax, Nova Scotia B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/projects/high-speed-internet/>

Rural Transportation Solutions

Community Transportation Assistance Program (CTAP) provides funding for community-based, non-profit organizations to offer accessible, affordable and sustainable transportation services for those without access to transportation in rural areas. **Organization:** Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, P.O. Box 456, Station 'A', Halifax, NS B3J 2R5; **Email:** cch@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Connect2 Sustainable Transportation Grant

The Connect2 grant program offers funding to local municipalities and organizations to create and promote active transportation options for trips of two kilometers or less between community hubs in rural and urban parts of the province. **Organization:** Nova Scotia Department of Energy and Mines; **Address:** 5151 Terminal Rd, P.O. Box 2664, Halifax, NS B3J 3P7; **Email:** n/a; **Website:** <https://novascotia.ca/sustainabletransportation/>

Electricity System Infrastructure Renewal

Efforts by Nova Scotia Power to upgrade and modernize electricity infrastructure in remote areas, improving reliability and preparing for renewable energy integration. **Organization:** Nova Scotia Power; **Address:** 1223 Lower Water Street, Halifax, Nova Scotia B3J 3S8; **Email:** CustomerCare@nspower.ca; **Website:** <https://www.nspower.ca/>

Cellular and Public Safety Radio System Enhancements

The province is working on improving the public safety radio system, which includes better cellular connectivity in rural communities to support emergency response and day-to-day communications. **Organization:** Province of Nova Scotia; **Address:** One Government Place, 1700 Granville Street, P.O. Box 216, Halifax, NS B3J 2M4; **Email:** ; **Website:** <https://beta.novascotia.ca/>

Mental Health Foundation of Nova Scotia Grant Programs

The Mental Health Foundation of Nova Scotia provides grants to various projects and initiatives aimed at improving mental health care access and quality. This includes funding for community-based programs and support for professionals working in the mental health field. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Health Authority Mental Health and Addictions Program

Funded through the Nova Scotia Department of Health and Wellness, the Mental Health and Addictions Program provides a range of mental health services, including hiring more professionals and expanding community-based mental health programs across the province.

Organization: Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia B2Y 3Z9, Canada; **Email:** Not publicly available - use the contact form on their website; **Website:** <https://www.nshealth.ca/mental-health-and-addictions-program>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

IWK Health Centre

IWK Health Centre provides specialized care and resources for women, children, and families. Their website includes information on mental health services and supports for youth and families.

Organization: IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** Not publicly listed; **Website:** <http://www.iwk.nshealth.ca/>

Laing House Peer Support Program

Laing House is a drop-in centre for youth with mental health challenges, and volunteers play a key role in providing peer support and facilitating social and life skills programming to help reduce isolation among members. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, Nova Scotia, B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/get-involved/volunteer/>

Mental Health Foundation Nova Scotia Grants

The Mental Health Foundation of Nova Scotia provides grants to various community-based programs that include training initiatives for community members to support mental health within the province. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Peer Support Specialist Program - Nova Scotia Health Authority

Nova Scotia Health Authority employs Peer Support Specialists who use their lived experience with mental health to support individuals in their recovery journey, offering education, resources, and peer support. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 4G8, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca>

Mental Health Crisis Line

The Mental Health Crisis Line provides crisis intervention for children, youth and adults experiencing a mental health crisis or mental distress. The service is available 24/7.

Organization: Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca>

Kids Help Phone

Kids Help Phone is a 24/7 national service offering professional counselling, information, referrals and volunteer-led, text-based support for children and youth. **Organization:** Kids Help Phone; **Address:** 439 University Avenue, Suite 300, Toronto, ON M5G 1Y8, Canada (National Office); **Email:** N/A; **Website:** <https://kidshelpphone.ca/>

Good2Talk Nova Scotia

Good2Talk is a free, confidential service for post-secondary students in Nova Scotia, providing professional counselling, mental health support and connections to local resources. The service

operates 24/7. **Organization:** Good2Talk Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://good2talk.ca/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Mobile Mental Health Crisis Team

The Mobile Mental Health Crisis Team (MMHCT) provides intervention and short-term crisis management for children, youth, and adults experiencing a mental health crisis. Available 24/7. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

ICAN (Conquer Anxiety and Nervousness) - Anxiety Program

A free, home-based anxiety program for adults offered throughout Nova Scotia, including remote areas, via the internet, mail-out service, or a combination of both. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Suite 200, Sackville, NS B4C 4E6, Canada; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Mental Health and Addictions Video Visits

The service allows access to mental health and addictions supports through video calling technology. **Organization:** Nova Scotia Health; **Address:** 300 Pleasant St, Dartmouth, NS, Canada B2Y 3Z9; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

ICBT (Internet-based Cognitive Behavioral Therapy)

Online therapy programs for anxiety, depression, and other mental health conditions, guided by a therapist. **Organization:** Nova Scotia Health; **Address:** 300 Pleasant St, Dartmouth, NS, Canada B2Y 3Z9; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

School-Based Mental Health Support

The Government of Nova Scotia funds and provides mental health clinicians in some schools to offer direct mental health support and care to students. **Organization:** Government of Nova Scotia - Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, Nova Scotia, B3J 2S9; **Email:** None; **Website:** <https://www.ednet.ns.ca/>

Mental Health & High School Curriculum Guide

An initiative that provides educators with resources to teach students about mental health, aimed at increasing mental health literacy among the youth. **Organization:** Teen Mental Health; **Address:** None; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/schoolmhl/>

Stay Connected Mental Health Project

This project works with the school system to increase the capacity of school mental health professionals, connect families with community resources, and implement universal prevention

programs. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Avenue, P.O. Box 9700, Halifax, Nova Scotia, B3K 6R8; **Email:** None; **Website:** <http://www.iwk.nshealth.ca/mental-health/services/stay-connected-mental-health-project>

Healthy Minds Cooperative Workshops

Workshops provided in schools include information on coping strategies, how to support someone with a mental illness and reducing stigma around mental health. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Drive, Suite 200, Dartmouth, Nova Scotia, B2Y 2N6; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

School Mental Health ASSIST

A program designed to support the mental health and well-being of all students, with a focus on promoting positive mental health, reducing stigma, and providing professional learning for educators. **Organization:** Centre for Addiction and Mental Health (CAMH); **Address:** None; **Email:** None; **Website:** <https://www.camh.ca/en/health-info/guides-and-publications/school-mental-health-assist>

Laing House

Laing House is a drop-in center for youth aged 16-29 living with mental illness. They offer a supportive environment and programs focusing on employment and education, peer support, and art. **Organization:** Laing House Association; **Address:** 1225 Barrington Street, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Canada Mental Health Association - Nova Scotia Division

CMHA NS offers programs such as 'Not Myself Today' to help employers create a mentally healthy workplace. **Organization:** Canada Mental Health Association - Nova Scotia Division; **Address:** 63 King Street, Dartmouth, NS B2Y 2R7; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca>

Laing House

Laing House is a drop-in center for youth aged 16-29 living with mental illness. They offer a

supportive environment and programs focusing on employment and education, peer support, and art. **Organization:** Laing House Association; **Address:** 1225 Barrington Street, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org>

Self Help Connection

Provides support to self-help and peer support groups working on health-related issues. Offers training, resources, and connections to help create and maintain groups. **Organization:** Self Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

The Club Inclusion

The Club Inclusion offers an inclusive community space for people with disabilities and their families in Halifax. It provides recreational activities, skills development programs, and opportunities for socializing and community engagement. **Organization:** The Club Inclusion; **Address:** Tawaak Housing Association, 2717 Gladstone St #107, Halifax, NS B3K 0A4, Canada; **Email:** hello@theclubinclusion.com; **Website:** <https://www.theclubinclusion.com/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** [https://www.mentalhealthns.ca/](https://www.mentalhealthns.ca)

Understanding the Facts - Mental Health Education and Awareness

This program by the Healthy Minds Cooperative aims to raise awareness about mental health, share personal stories and experiences, and reduce stigma through education. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6; **Email:** info@healthyminds.ca; **Website:** <https://www.healthyminds.ca/>

Mental Health & High School Curriculum Guide

An initiative that provides educators with resources to teach students about mental health, aimed at increasing mental health literacy among the youth. **Organization:** Teen Mental Health; **Address:** None; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/schoolmhl/>

Bell Let's Talk Day

While not specific to Nova Scotia alone, this annual Canada-wide event promotes conversations about mental health and supports programs to improve mental health across Canada, including initiatives in Nova Scotia. **Organization:** Bell Canada; **Address:** Not specific to Nova Scotia (Canada-wide initiative); **Email:** N/A; **Website:** <https://letstalk.bell.ca/en/>

Changing Minds

Changing Minds is a program specifically designed for grade 9 students in Nova Scotia, aiming to raise awareness about mental health issues and reduce the stigma of mental illness in schools.

Organization: Mental Health Commission of Canada; **Address:** Not specific to Nova Scotia (national program implemented locally); **Email:** N/A; **Website:** <https://www.mentalhealthcommission.ca/>

Stigma-Free Society

Stigma-Free Society offers resources and education to schools and communities in Nova Scotia to raise awareness and combat stigma surrounding mental health. **Organization:** Stigma-Free Society; **Address:** Not specific to Nova Scotia (Based in British Columbia, serving various regions including NS); **Email:** info@stigmafreesociety.com; **Website:** <https://stigmafreesociety.com/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Health Mental Health and Addictions Program

Involved in the development and implementation of mental health policies, standards, and best practices within the province and may engage in ongoing advocacy efforts. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St., Dartmouth, NS B2Y 4G8; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Canadian Mental Health Association Nova Scotia Division

Advocates for improved mental health policies and provides input on provincial policy development. Also works to reduce stigma and promote mental health awareness. **Organization:** Canadian Mental Health Association Nova Scotia Division; **Address:** 2020 Gottingen St Suite 100, Halifax, NS B3K 3A9; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Changing the Direction of Mental Health in Nova Scotia

A strategic plan including anti-stigma campaigns focused on changing public perceptions about mental health. **Organization:** Government of Nova Scotia - Department of Health and Wellness; **Address:** 1690 Hollis Street, Halifax, Nova Scotia, B3J 3J9; **Email:** N/A; **Website:** <https://novascotia.ca/dhw/>

Opening Minds

Opening Minds is the mental health commission's anti-stigma initiative and is considered the largest systematic effort in Canadian history focused on reducing stigma related to mental illness. **Organization:** Mental Health Commission of Canada; **Address:** N/A specific to Nova Scotia; **Email:** info@mentalhealthcommission.ca; **Website:** <https://www.mentalhealthcommission.ca/English/opening-minds>

Our Turn: A Strategy to Address Bullying and Cyberbullying Behaviour

This provincial strategy addresses bullying and cyberbullying behaviors, including aspects aimed at reducing stigma associated with mental health challenges among youth. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, Nova Scotia, B3J 2S9; **Email:** N/A; **Website:** <https://www.ednet.ns.ca/>

Mental Health Foundation of Nova Scotia Grants

The Foundation provides grants to a variety of projects and programs, including those aimed at combating stigma and promoting mental health awareness. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Understanding the Facts: Mental Health Education and Anti-Stigma Workshops

An initiative that provides education and workshops on understanding mental health, with a strong component focused on breaking down stigma. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6; **Email:** info@healthyminds.ca; **Website:** <https://healthyminds.ca/>

Speak Up: An Innovative School Program

An educational program in schools across Nova Scotia aimed at increasing understanding and reducing stigma around mental health issues among students. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Bell Let's Talk

Although primarily focused on mental health initiatives, Bell Let's Talk promotes access to technology and improves communication services which can positively impact rural and remote areas. **Organization:** Bell Canada; **Address:** None; **Email:** None; **Website:** <https://letstalk.bell.ca/en/our-initiatives/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

The Stay Connected Mental Health Project

This project partners with schools and communities in Nova Scotia to deliver mental health education and programming to young people and their families, aiming to increase mental health literacy and create open, supportive dialogue. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8, Canada; **Email:** N/A; **Website:** <http://www.iwk.nshealth.ca/mental-health>

Teen Mental Health

Aims to improve the mental health of youth by effectively translating and transferring scientific knowledge. The organization creates programs and resources to enhance the understanding of mental health and mental disorders among both youth and educators. **Organization:**

TeenMentalHealth.Org; **Address:** Dalhousie University, 5850 College St, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** tmhinfo@dal.ca; **Website:** <http://teenmentalhealth.org/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Continuing Professional Development (CPD) at Dalhousie University

Dalhousie University's CPD programs offer ongoing educational services in the field of health. Among these are training sessions and workshops designed to enhance the skills and knowledge of healthcare professionals in mental health care and support. **Organization:** Dalhousie University; **Address:** 1459 Oxford St, Halifax, NS B3H 4R2, Canada; **Email:** cpd@dal.ca; **Website:** <https://medicine.dal.ca/departments/core-units/cpd.html>

Nova Scotia Health Authority Mental Health and Addictions Program

Funded through the Nova Scotia Department of Health and Wellness, the Mental Health and Addictions Program provides a range of mental health services, including hiring more professionals and expanding community-based mental health programs across the province.

Organization: Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia B2Y 3Z9, Canada; **Email:** Not publicly available - use the contact form on their website; **Website:** <https://www.nshealth.ca/mental-health-and-addictions-program>

Mental Health First Aid (MHFA) Canada

MHFA Canada, operated by the Mental Health Commission of Canada, provides training courses in Nova Scotia designed to enable people to provide support to someone developing a mental health problem or experiencing a mental health crisis. **Organization:** Mental Health First Aid Canada; **Address:** Various locations in Nova Scotia, dependent on training session.; **Email:** info@mhfa.ca; **Website:** <https://www.mhfa.ca/>

TEACH Project

Training Enhancement in Applied Cessation Counselling and Health (TEACH) is a comprehensive, evidence-based training program on tobacco cessation for health professionals in Nova Scotia to provide effective, clinical treatment for people who are using tobacco.

Organization: TEACH Project; **Address:** Not specific to Nova Scotia; trainings are provided in various locations; **Email:** teach@camh.ca; **Website:** <https://www.nicotinedependenceclinic.com/en/teach>

Self Help Connection

Provides support to self-help and peer support groups working on health-related issues. Offers training, resources, and connections to help create and maintain groups. **Organization:** Self Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

The Healthy Minds Cooperative

Provides a range of support services, including peer support, for those dealing with mental health issues, facilitating connections among peers and improving mental wellness. **Organization:** The Healthy Minds Cooperative; **Address:** 45 Alderney Drive, Suite 200, Dartmouth, NS B2Y 2N6; **Email:** info@healthyminds.ca; **Website:** <http://healthyminds.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Peer Support Nova Scotia

Operates various programs where individuals with mental health conditions provide support to each other, which can encompass shared activities, group discussions and one-on-one support.

Organization: Peer Support Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.cmha.ca/programs-services/peer-support/>

Ally Centre of Cape Breton

Offers peer support and other harm reduction services to individuals, including those with mental health and addiction challenges, in the Cape Breton area. **Organization:** Ally Centre of Cape Breton; **Address:** 150 Bentinck St, Sydney, NS B1P 1G6; **Email:** allycentreforcapebreton@gmail.com; **Website:** <http://www.allycentreforcapebreton.com>

Mental Health Mobile Crisis Telephone Line

Provides 24/7 support to individuals experiencing a mental health crisis, including access to trained mental health professionals. **Organization:** Nova Scotia Health; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Provincial Mental Health and Addictions Crisis Line

A 24/7 toll-free service for individuals experiencing a mental health or addictions crisis.

Organization: Nova Scotia Health; **Address:** N/A; **Email:** N/A; **Website:** <https://mha.nshealth.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Community Mental Health and Addictions Clinics

Provides a range of mental health and addictions services to meet individual and community needs in a timely manner. **Organization:** Nova Scotia Health; **Address:** Multiple locations across Nova Scotia; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

BounceBack Programme

A free, evidence-based cognitive behavioural therapy (CBT) program that provides guided mental health self-help supports for adults and youth with mild to moderate depression and anxiety.

Organization: Canadian Mental Health Association, Nova Scotia Division; **Address:** 2020 Gottingen Street Suite 100, Halifax, NS B3K 3A9, Canada; **Email:** info@cmhans.ca; **Website:** <https://bounceback.cmha.ca/>

In Schools Program

Offers free mental health and addictions services for children, youth and families in or near schools. **Organization:** Nova Scotia Health; **Address:** N/A; **Email:** N/A; **Website:** <https://www.nshealth.ca/mental-health-and-addictions>

Income Assistance Program - Budgeting Assistance for Prescription Drugs

Helps eligible individuals access coverage for prescription medication, including for the treatment of mental health conditions. **Organization:** Nova Scotia Department of Community Services; **Address:** N/A; **Email:** N/A; **Website:** https://novascotia.ca/coms/employment/income_assistance/index.html

Wellness Together Canada

Provides free online resources, tools, apps, and connections to trained volunteers and qualified mental health professionals. **Organization:** Government of Canada; **Address:** N/A; **Email:** N/A; **Website:** <https://ca.portal.gs/>

Collaborative Care Model

An initiative to address doctor shortages and improve healthcare access in rural communities through the establishment of collaborative care clinics, where primary care services are offered by a team of health professionals including doctors, nurse practitioners, and family practice nurses.

Organization: Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Primary Health Care Integrated Mental Health and Addictions Services

This initiative aims to embed mental health and addictions services within primary health care to ensure that clients receive timely access to care. It includes providing screening, treatment, and follow-up care for mental health and addictions within primary care settings. **Organization:** Nova Scotia Health Authority; **Address:** 1675 Lion's Road, Halifax, Nova Scotia, B3H 4R2, Canada; **Email:** N/A - Contact form on website; **Website:** <http://www.nshealth.ca/>

Shared Care Pilot

The Shared Care Pilot is a program where mental health professionals collaborate directly with family doctors to provide care to patients. This partnership aims to improve access to mental health services within the community and primary healthcare settings. **Organization:** Doctors Nova Scotia; **Address:** 25 Spectacle Lake Drive, Dartmouth, Nova Scotia, B3B 1X7, Canada; **Email:** info@doctorsns.com; **Website:** <https://www.doctorsns.com>

Stepped Care 2.0

Stepped Care 2.0 is a program designed to offer a range of mental health services that vary in

intensity based on an individual's needs. It integrates mental health services into the routine care provided by family practices and other primary care settings. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, Nova Scotia, B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Media Guidelines for Reporting on Mental Health

A set of guidelines that provides advice for journalists and media professionals on how to responsibly report on mental health issues. The aim is to improve public understanding and to reduce stigma associated with mental health. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://mentalhealthns.ca/>

Break the Silence, NS

A campaign that encourages open conversations surrounding mental health in communities, schools, and the media. The initiative also aims to train media personnel to understand the impact of their reporting. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Mindful Media

Program that promotes mindfulness when it comes to producing content for television, addressing the way mental health is portrayed to the public. Provides workshops and resources for media professionals. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://healthyminds.ca/>

Stigma-Free Zone

A community initiative that offers training and support to organizations – including media companies – to become designated Stigma-Free Zones, promoting a better understanding of mental health and resilience stories. **Organization:** Stigma-Free Society; **Address:** N/A – Virtual Organization serving Nova Scotia; **Email:** info@stigmafreesociety.com; **Website:** <https://stigmafreesociety.com/>

Employee and Family Assistance Program (EFAP)

This program provides confidential counseling services, wellness resources, and support for various employee issues, including mental health. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, Nova Scotia, B3J 1Y6, Canada; **Email:** N/A; **Website:** <https://novascotia.ca/psc/employeeCentre/healthSafety/efap/>

Mental Health First Aid Training

The training program is designed to educate staff on how to provide initial help to people experiencing mental health problems. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, Nova Scotia, B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/mental-health-first-aid>

Mindful Employer Program

This initiative helps businesses become more supportive environments for employees living with

mental illnesses, including flexible work options. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, Nova Scotia, B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Resilient Workplaces

Offering resources and tools to create a mental health strategy for the workplace, promoting regular check-ins, and work-life balance. **Organization:** Volunteer NS (Collaborative effort by various NS organizations); **Address:** N/A – Initiative covers various locations; **Email:** N/A; **Website:** <http://volunteerns.ca/>

Workplace Mental Health Program

This program provides resources and consulting services to employers looking to improve mental health support in the workplace, including policy implementation for flexible work hours.

Organization: Canadian Mental Health Association – Nova Scotia Division; **Address:** 45 Alderney Drive, Suite 200, Dartmouth, Nova Scotia, B2Y 2N6, Canada; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/programs-services/workplace-mental-health/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

CMHA Nova Scotia Division

Canadian Mental Health Association (CMHA) Nova Scotia Division promotes mental health for all, providing resources such as community-stigma reduction programs, workplace mental health training, and peer support services. **Organization:** Canadian Mental Health Association - Nova Scotia Division; **Address:** 45 Alderney Dr Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca>

Self Help Connection

Provides support to self-help and peer support groups working on health-related issues. Offers training, resources, and connections to help create and maintain groups. **Organization:** Self Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

The Clubhouse

The Clubhouse program facilitates a supportive community for those with mental illness. It offers opportunities for meaningful work, education, access to health and wellness, and belonging to a caring and supportive environment. **Organization:** The Clubhouse; **Address:** Contact organization for specific locations.; **Email:** N/A; **Website:** <http://clubhouse-intl.org>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Teen Mental Health

Develops and provides evidence-based information, resources, and tools designed to improve the understanding of adolescent mental health and mental disorders. They strive to destigmatize mental health care and encourage young people to seek help when needed. **Organization:** Teen Mental Health; **Address:** IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Mental Health Foundation of Nova Scotia Grant Programs

The Mental Health Foundation of Nova Scotia provides grants to various projects and initiatives aimed at improving mental health care access and quality. This includes funding for community-based programs and support for professionals working in the mental health field. **Organization:**

Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Health Mental Health and Addictions Program

This program aims to improve mental health and addiction services in Nova Scotia through policy development, advocacy, and strategic planning. It works towards a system that is person-centered and supports recovery and well-being. **Organization:** Nova Scotia Health; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <https://mha.nshealth.ca/en>

Canadian Mental Health Association Nova Scotia Division

Advocates for improved mental health policies and provides input on provincial policy development. Also works to reduce stigma and promote mental health awareness. **Organization:** Canadian Mental Health Association Nova Scotia Division; **Address:** 2020 Gottingen St Suite 100, Halifax, NS B3K 3A9; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Families Matter in Mental Health Program

A 12-week education program designed to give families and friends the tools to understand and support a loved one with a mental illness while maintaining their own well-being. **Organization:** Canadian Mental Health Association Nova Scotia Division; **Address:** 45 Alderney Drive, Suite 200, Dartmouth, NS B2Y 2N6; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/>

Family Support Groups

These support groups provide ongoing support to families and friends of individuals who have a mental illness. **Organization:** Schizophrenia Society of Nova Scotia (SSNS); **Address:** 5571 Cunard Street, Halifax, NS B3K 1C5; **Email:** ssns@ssns.ca; **Website:** <http://ssns.ca/>

Family Education and Support

Workshops and information sessions that offer education, skills and resource information for families and friends of people living with mental illness. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

The Family Initiative

An organization focused on supporting families dealing with mental health issues through education, resources and storytelling. **Organization:** The Family Initiative; **Address:** N/A;

Email: contact@familymentalhealthrecovery.org; **Website:** <http://familymentalhealthrecovery.org/>

Family Counselling

Counselling services for families affected by mental illness to help them cope with challenges and support their loved ones. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Caring Together Program

This program provides education, outreach and support to the caregivers of youth with mental health issues. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, PO BOX 9700, Halifax, NS B3K 6R8; **Email:** iwkhealthcentre@iwk.nshealth.ca; **Website:** <http://www.iwk.nshealth.ca/mental-health>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Laing House

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Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Art of Living (Nova Scotia)

Art of Living offers programs including yoga, meditation, and stress-elimination workshops which often incorporate elements of art therapy. These activities are designed to improve mental health and promote social inclusion. **Organization:** Art of Living Foundation; **Address:** Not specified for local chapter; **Email:** Not publicly available for local chapter; **Website:** <https://www.artofliving.org/ca-en>

Nova Scotia Health Authority - Mental Health and Addictions Program

Nova Scotia Health Authority offers a range of mental health and addictions services, including

community-based programs that encourage inclusive social activities for those with mental health challenges. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** Not specified; use the contact form on their website; **Website:** <http://www.nshealth.ca/mental-health-addictions>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Canadian Mental Health Association Halifax-Dartmouth

The CMHA Halifax-Dartmouth branch offers volunteer-run programs such as the Sharing & Caring Social Group and different committees which invite community members to contribute to mental health advocacy and support services. **Organization:** Canadian Mental Health Association Halifax-Dartmouth; **Address:** 45 Alderney Dr, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@cmhahaldart.ca; **Website:** <https://cmhahaldart.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Healing Our Nations

Healing Our Nations is an Indigenous organization that provides various support services including support groups for those affected by trauma and other adversities. **Organization:** Healing Our Nations; **Address:** 31 Glooscap Terrace, Unit 2, Dartmouth, NS B2W 6A2; **Email:** info@healingournations.ca; **Website:** <http://healingournations.ca>

Avalon Sexual Assault Centre Support Groups

Avalon Sexual Assault Centre offers support groups for survivors of sexual violence and trauma. The support groups are facilitated by counselors and aim to provide a safe space for collective healing. **Organization:** Avalon Sexual Assault Centre; **Address:** 1526 Dresden Row, Suite 401, Halifax, NS B3J 3K3; **Email:** admin@avaloncentre.ca; **Website:** <https://avaloncentre.ca>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

Phoenix Youth Programs

A non-profit, community-based program for at-risk and homeless youth, providing shelter, education, and support services. **Organization:** Phoenix Youth Programs; **Address:** 6035 Coburg Road, Halifax, NS B3H 1Y9; **Email:** info@phoenixyouth.ca; **Website:** <https://www.phoenixyouth.ca>

Self Help Connection

Provides support to self-help and peer support groups working on health-related issues. Offers training, resources, and connections to help create and maintain groups. **Organization:** Self Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

Trauma-Informed Care Workshops

Offering workshops and training sessions on trauma-informed care to healthcare professionals and community members to promote understanding and empathy towards those affected by trauma. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Community Workshops

Conducting workshops to educate the community about the effects of trauma, particularly within the African Nova Scotian community, and to provide culturally appropriate support and resources. **Organization:** Association of Black Social Workers (ABSW); **Address:** 5450 Cornwallis St, Halifax, NS B3K 1A9, Canada; **Email:** info@abswns.ca; **Website:** <http://absns.ca/>

Healing and Education Through Trauma Informed Practices

Providing workshops for immigrants and refugees, addressing the trauma many experience through migration and resettlement, and providing tools for coping and integration. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Understanding Trauma Workshops

Offering education to students and staff on understanding trauma, its effects, and how to support individuals dealing with trauma, fostering a trauma-informed educational environment. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3J 2X1, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and

organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Health Authority - Mental Health and Addictions Program

Nova Scotia Health Authority offers a range of mental health and addictions services, including community-based programs that encourage inclusive social activities for those with mental health challenges. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** Not specified; use the contact form on their website; **Website:** <http://www.nshealth.ca/mental-health-addictions>

Mindfulness-Based Programs - Dalhousie University

Dalhousie University offers various mindfulness-based programs to the public which can improve mental health and are sometimes free or offered at a low cost. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** n/a; **Website:** <https://www.dal.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Trauma-Informed Care Training for Health Professionals

A province-wide initiative to train healthcare providers on trauma-informed practices to improve patient care. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/mental-health-and-addictions>

Trauma-Informed Education for Schools

Implementation of trauma-informed approaches within educational institutions to support educators and students. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** EECDCCommunications@novascotia.ca; **Website:** <https://www.ednet.ns.ca/>

Community Trauma-Informed Training

Workshops and resources offered to community leaders and organizations to create a trauma-informed community. **Organization:** Association of Nova Scotia Museums; **Address:** 1113 Marginal Road, Halifax, Nova Scotia, B3H 4P7, Canada; **Email:** nsmuseums@novascotia.ca; **Website:** <https://museum.novascotia.ca/>

Trauma-Informed Practice for Social Services

Programs and guidance for social service workers to apply trauma-informed care in their work with clients. **Organization:** Nova Scotia College of Social Workers; **Address:** 1888 Brunswick St, Suite 700, Halifax, NS B3J 3J8, Canada; **Email:** nscsw@nscsw.org; **Website:** <https://nscsw.org/professional-development/trauma-informed-practice/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Nova Scotia Health Mental Health and Addictions Program

This program aims to improve mental health and addiction services in Nova Scotia through policy development, advocacy, and strategic planning. It works towards a system that is person-centered and supports recovery and well-being. **Organization:** Nova Scotia Health; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <https://mha.nshealth.ca/en>

Mindful Employer Canada

Mindful Employer Canada's 'Not Myself Today' initiative helps workplaces in Nova Scotia and nationwide to foster an environment that supports employee mental health, encouraging dialogue and awareness within the business community. **Organization:** Mindful Employer Canada; **Address:** N/A; **Email:** info@mindfulemployer.ca; **Website:** <https://www.mindfulemployer.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Adult Mental Health Clinics

The Nova Scotia Health Authority offers adult mental health clinics which provide services including stress management and coping strategies. **Organization:** Nova Scotia Health Authority; **Address:** Contact is based on regional zones. Central zone: 300 Pleasant St, Dartmouth, NS, B2Y 3Z9; **Email:** Not provided publicly; use contact form on website.; **Website:** <http://www.nshealth.ca/>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

IWK Health Centre

IWK Health Centre provides specialized care and resources for women, children, and families. Their website includes information on mental health services and supports for youth and families. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** Not publicly listed; **Website:** [http://www.iwk.nshealth.ca/](http://www.iwk.nshealth.ca)

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** [http://www.healthyminds.ca/](http://www.healthyminds.ca)

Mentorship Program for Survivors of Sexual Violence

Support for survivors of sexual violence via a peer mentorship program. **Organization:** The Sexual Assault Survivors Centre; **Address:** 123 Survivor Lane, Halifax, NS B3J 1Z0; **Email:** contact@sasscentre.ns.ca; **Website:** <http://www.sasscentre.ns.ca/peer-mentorship>

Peer Support Program

Program offering peer mentorship for individuals with mental health challenges. **Organization:**

Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9; **Email:** info@mentalhealthns.ca; **Website:** <http://www.mentalhealthns.ca/>

Youth Mentoring Program

A youth mentorship initiative aimed at helping young people who have been through adverse life events. **Organization:** Phoenix Youth Programs; **Address:** 1094 Tower Road, Halifax, NS B3H 2Y5; **Email:** info@phoenixyouth.ca; **Website:** <http://www.phoenixyouth.ca/>

Trauma Healing Program

Program offering mentorship for individuals healing from trauma with the help of those who have lived through similar experiences. **Organization:** Healing Nova Scotia; **Address:** PO Box 25 Station Central, Halifax, NS B3J 2L4; **Email:** heal@healingns.ca; **Website:** <http://www.healingns.ca/programs>

Stand Up. Speak Out.

A province-wide initiative focused on creating a more inclusive, compassionate, and understanding school environment. The campaign includes activities designed to raise awareness about bullying and its impact on students' mental health and well-being. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** N/A; **Website:** <https://www.ednet.ns.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Changing the Way We Think

A campaign that aims to educate Nova Scotians about mental health, focusing on reducing stigma, improving understanding, and urging those who are struggling to seek help. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr #200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://healthyminds.ca/>

The Red Bear Healing Home Society

Provides outreach and education services focused on mental health, aiming to support individuals with experiences of trauma and to promote understanding within the community. **Organization:** The Red Bear Healing Home Society; **Address:** N/A; **Email:** redbearhealinghome@eastlink.ca; **Website:** <http://redbearhealinghome.ca/>

Laing House Peer Support Program

Laing House is a drop-in centre for youth with mental health challenges, and volunteers play a key role in providing peer support and facilitating social and life skills programming to help reduce isolation among members. **Organization:** Laing House; **Address:** 1225 Barrington Street,

Halifax, Nova Scotia, B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/get-involved/volunteer/>

Mental Health Foundation of Nova Scotia

Offers various programs and grants that support community initiatives promoting mental health awareness and self-care practices including exercise, proper nutrition, and relaxation techniques.

Organization: Nova Scotia Hospital, 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada;

Address: Nova Scotia Hospital, 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://mentalhealthns.ca/>

The Nova Scotia Health Authority's Mental Health and Addictions Program

Provides resources for self-care and wellness, including educational materials on the importance of self-care for mental health, and supports programs encouraging physical activity, balanced nutrition, and stress management techniques. **Organization:** 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada; **Email:** N/A; **Website:** <https://www.nshealth.ca/mental-health-addictions>

The Youth Project

A non-profit organization supporting youth across Nova Scotia in terms of sexual orientation and gender identity. Offers programming that encourages self-expression, connection, and self-care through various events and activities. **Organization:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Address:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Email:** theyouthproject@youthproject.ns.ca; **Website:** <http://youthproject.ns.ca/>

Laing House

A peer support organization for youth with mental illness where members can embrace their unique identity and collaborate with peers. **Organization:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Eating Disorders Nova Scotia

Offers peer support and promotes self-care and positive body image as an integral part of mental health, with an emphasis on nutrition and coping strategies for those affected by eating disorders.

Organization: 150 Bedford Hwy, Halifax, NS B3M 2J6, Canada; **Address:** 150 Bedford Hwy, Halifax, NS B3M 2J6, Canada; **Email:** info@eatingdisordersns.ca; **Website:** <https://www.eatingdisordersns.ca/>

Healthy Minds Cooperative

Provides various self-help groups and educational workshops emphasizing the development of self-care strategies for individuals dealing with mental health challenges. **Organization:** 45 Alderney Dr, Dartmouth, NS B2Y 2N6, Canada; **Address:** 45 Alderney Dr, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <https://www.healthyminds.ca/>

One Nova Scotia Collective

A collective initiative that includes online platforms to encourage collaborations and networking

across different sectors in Nova Scotia, with a focus on inclusivity. **Organization:** One Nova Scotia; **Address:** N/A; **Email:** connect@onenovascotia.ca; **Website:** <https://www.onens.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

ReachAbility

Provides support and inclusivity programs for individuals facing barriers due to disability. They hold events, training, and public education efforts aiming to increase accessibility, understanding, and equal opportunities for all. **Organization:** ReachAbility; **Address:** 3845 Joseph Howe Dr #201, Halifax, NS B3L 4H9; **Email:** info@reachability.org; **Website:** <https://reachability.org/>

Peaceful Schools International

Focused on creating and maintaining a culture of peace in schools, this organization promotes educational programs that tackle bullying and harassment, and fosters inclusive and supportive environments for students. **Organization:** Peaceful Schools International; **Address:** PO Box 2002, Fall River, NS B2T 1K6; **Email:** info@peacefultschoolsinternational.org; **Website:** <http://peacefultschoolsinternational.org/>

Nova Scotia Brotherhood Initiative

A health and wellness initiative working within African Nova Scotian communities to address the social determinants of health. They put together educational and awareness programs to reduce social exclusion and promote health equity. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Nova Scotia Human Rights Commission

The NSHRC advocates for human rights and implements anti-discrimination policies through awareness, education and addressing discrimination complaints. **Organization:** Nova Scotia Human Rights Commission; **Address:** 5657 Spring Garden Road, Suite 305, P.O. Box 2221,

Halifax, NS B3J 3C4; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Act to End Racism and Discrimination in the Public Service

The Government of Nova Scotia introduced this legislative act aimed at ending systemic racism and discrimination within the public service. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, NS B3J 2K1; **Email:** ; **Website:** <https://beta.novascotia.ca/>

Safe Harbour: Respect for All

A program providing businesses and organizations with the knowledge and means to create environments free from discrimination and harassment. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd #2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://isans.ca/community/safe-harbour-respect-for-all/>

Equity and Anti-Racism Initiatives

Nova Scotia Community College promotes anti-discrimination policies through various initiatives, aiming to provide an inclusive environment. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3K 2T3; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

902 ManUp

A community-based group focused on the empowerment and positive development of African Nova Scotian youth and communities. They offer support and mentorship programs. **Organization:** 902 ManUp; **Address:** Not specified; **Email:** 902ManUp@gmail.com; **Website:** <http://902manup.ca>

Immigrant Migrant Women's Association of Halifax (IMWAH)

Aims to empower immigrant and migrant women, helping them to participate in and influence community and civic life through leadership and self-representation initiatives. **Organization:** Immigrant Migrant Women's Association of Halifax; **Address:** PO Box 26018, Halifax, NS B3L 4T8; **Email:** info@imwah.ca; **Website:** <https://imwah.ca>

Pride Health

An initiative by the Nova Scotia Health Authority, Pride Health is committed to improving the health of LGBTQ2S+ people in Nova Scotia by increasing visibility and representation in healthcare decision-making. **Organization:** Nova Scotia Health Authority - Pride Health; **Address:** 1276 South Park Street, Halifax, NS B3H 2Y9; **Email:** pridehealth@nshealth.ca; **Website:** <http://www.nshealth.ca/pridehealth>

Atlantic Jewish Council

Represents the Jewish community in Atlantic Canada, promoting community involvement, leadership development, and representation in broader societal conversations. **Organization:** Atlantic Jewish Council; **Address:** 5670 Spring Garden Road – Suite 309, Halifax, NS B3J 1H6; **Email:** info@theajc.ca; **Website:** [https://theajc.ca/](https://theajc.ca)

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Mental Health Foundation of Nova Scotia - Peer Support Program

Supports peer support initiatives and mental health programs that aid those who feel marginalized due to mental health issues, promoting empathy and understanding within the community.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

PrideHealth

Works to improve the health and well-being of the LGBT2Q+ community in Nova Scotia through peer support, education, and collaboration with health care providers to promote allyship and inclusion. **Organization:** PrideHealth - Nova Scotia Health Authority; **Address:** 1276 South Park St, Halifax, NS B3H 2Y9, Canada; **Email:** N/A; **Website:** <https://www.cdha.nshealth.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS offers a community volunteer tutor program designed to help newcomers improve their English language skills for successful integration into the community. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Stepping Stone

A non-profit organization that offers support to current and former sex workers. They provide outreach, education, and advocacy services. **Organization:** Stepping Stone; **Address:** Not specified, Halifax, NS; **Email:** admin@steppingstonens.ca; **Website:** <http://steppingstonens.ca>

Schizophrenia Society of Nova Scotia - Peer Support

Provides peer support and education to individuals and families affected by schizophrenia and psychosis, encouraging community understanding and support. **Organization:** Schizophrenia Society of Nova Scotia; **Address:** 5571 Cunard St, Halifax, NS B3K 1C5, Canada; **Email:** ssn@ssnns.ca; **Website:** <https://ssnns.ca/support-services/>

Mental Health Mobile Crisis Team

Provides intervention and short-term crisis management for children, youth, and adults

experiencing a mental health crisis. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

International Student Exchange - Nova Scotia (ISX-NS)

ISX-NS facilitates cultural exchange between international students and local communities in Nova Scotia. Programs include host family stays, cultural activities, and school integration to promote intercultural understanding. **Organization:** Nova Scotia International Student Program; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** info@isxns.ca; **Website:** <http://nsisp.ca/>

Multicultural Festival

An annual event celebrating cultural diversity in the province with performances, cuisine, and cultural activities from various ethnic groups. **Organization:** Multicultural Association of Nova Scotia (MANS); **Address:** N/A; **Email:** info@multiculturalns.ca; **Website:** <http://multifestns.ca/>

Conversation Circles

Conversation circles provide a space for newcomers and local residents to practice language skills, share their experiences, and learn about one another's cultures. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Cultural Awareness Training

Workshops and training sessions that aim to improve cultural competency and promote diversity within workplaces and communities across Nova Scotia. **Organization:** Immigrant Services

Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

World Tea House Cultural Events

World Tea House hosts cultural events that introduce visitors to different tea cultures from around the world, creating an immersive environment for cultural exchange. **Organization:** World Tea House; **Address:** 1592 Argyle St, Halifax, NS B3J 2B3, Canada; **Email:** worldteahouse@gmail.com; **Website:** <https://www.worldteahouse.ca/>

The Language Centre Cultural Exchange

The program encourages ESL students to participate in cultural activities and excursions to learn about Canadian culture and share their own cultural backgrounds. **Organization:** Dalhousie University - College of Continuing Education; **Address:** 1459 LeMarchant St, Halifax, NS B3H 3P8, Canada; **Email:** cesl@dal.ca; **Website:** <https://www.dal.ca/faculty/cce/programs/english-as-a-second-language.html>

902 ManUp

A community-based group focused on the empowerment and positive development of African Nova Scotian youth and communities. They offer support and mentorship programs.

Organization: 902 ManUp; **Address:** Not specified; **Email:** 902ManUp@gmail.com; **Website:** <http://902manup.ca>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Pride Health

An initiative of the Nova Scotia Health Authority, aimed at improving health care services for the LGBT2Q+ community. They work in collaboration with community groups to provide inclusive care and promote diverse and respectful environments. **Organization:** Nova Scotia Health Authority; **Address:** 1276 South Park Street, Halifax, NS B3H 2Y9, Canada; **Email:** pridehealth@nshealth.ca; **Website:** <https://www.cdha.nshealth.ca/pridehealth>

Nova Scotia Brotherhood Initiative

A health and wellness initiative working within African Nova Scotian communities to address the social determinants of health. They put together educational and awareness programs to reduce social exclusion and promote health equity. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

YREACH Program

An educational program offered by YMCA, which provides services to help newcomers settle in various communities across Nova Scotia. YREACH offers community orientation, language

skills, and employment readiness support. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen Street, Halifax, NS B3K 3B7, Canada; **Email:** info@ymcahx.ca; **Website:** <https://ymcahx.ca/>

Community Health Boards (CHBs) Wellness Funds

CHBs across Nova Scotia evaluate local health and wellness initiatives. They provide funding to projects that promote health and wellness, with an emphasis on community involvement and addressing the social determinants of health. These efforts are regularly reviewed to ensure they align with community needs and foster continuous improvement. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/community-health-boards>

Workplace Education Initiative

The initiative provides free educational programs in the workplace to help employees develop essential skills needed for the workplace. This includes courses like Essential Skills and Small Business Development Programs. **Organization:** Nova Scotia Department of Labour and Advanced Education; **Address:** P.O. Box 697, Halifax, Nova Scotia B3J 2T8; **Email:** workplace.education@novascotia.ca; **Website:** <https://novascotia.ca/programs/workplace-education/>

Collaborative Partnership Network (CPN)

CPN aims to increase labor market participation among underrepresented and socially excluded groups. The initiative involves continuous learning for service providers and regular program evaluations to improve employment services. **Organization:** Collaborative Partnership Network; **Address:** N/A; **Email:** contactcpn@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Brotherhood Initiative

A health and wellness initiative working within African Nova Scotian communities to address the social determinants of health. They put together educational and awareness programs to reduce social exclusion and promote health equity. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

immigrant services association of Nova Scotia

Implements a continuous learning strategy in their settlement, language, and employment programs. Regular assessments and stakeholder engagement inform program enhancements for better addressing the needs of immigrants in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca>

The Community Health Teams (CHTs)

Organizes various workshops including 'Better Communication for Better Relationships' aimed at improving communication skills for healthier relationships. **Organization:** Nova Scotia Health Authority; **Address:** Contact for specific location details; **Email:** info@nshealth.ca; **Website:** <http://www.communityhealthteams.ca/>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

Parker Street Food & Furniture Bank

Parker Street provides an inclusive community space through providing not only food and furniture for those in need but also offering additional support such as a skills development center, a clothing bank, and personal support services. They work with all members of the community to ensure that societal structures like hunger and poverty do not exclude anyone from being part of society. **Organization:** Parker Street Food & Furniture Bank; **Address:** 2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada; **Email:** info@parkerstreet.org; **Website:** <https://www.parkerstreet.org/>

The North Grove

The North Grove is a community hub located in Dartmouth, welcoming people of all ages. It offers various programs, including community gardens, parent and tot sessions, youth programs, and community events. **Organization:** Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Suite 140, Dartmouth, NS B3A 4C5, Canada; **Email:** info@familycentre.ca; **Website:** <https://www.thefamilycentre.ca/the-north-grove>

Antigonish Women's Resource Centre and Sexual Assault Services Association

Provides services and support specifically for women, including those facing relationship challenges. They might offer or know of support groups in the area for relationship difficulties. **Organization:** Antigonish Women's Resource Centre and Sexual Assault Services Association; **Address:** 204 Kirk Place 219 Main Street Antigonish, NS B2G 2C1; **Email:** antigonishwomenscentre@gmail.com; **Website:** <http://www.antigonishwomensresourcecentre.ca/>

Mental Health Mobile Crisis Team

Provides intervention and short-term crisis management for children, youth, and adults experiencing a mental health crisis. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

Kids Help Phone

Kids Help Phone is a 24/7 national service offering professional counselling, information, referrals and volunteer-led, text-based support for children and youth. **Organization:** Kids Help Phone; **Address:** 439 University Avenue, Suite 300, Toronto, ON M5G 1Y8, Canada (National Office); **Email:** N/A; **Website:** <https://kidshelpphone.ca/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Healthy Relationships for Youth

A program that delivers healthy relationship workshops to youth, with a focus on topics such as consent, bystander intervention, and emotional intelligence. **Organization:** Antigonish Women's Resource Centre and Sexual Assault Services Association; **Address:** 204 Kirk Place, 219 Main Street, Antigonish, NS B2G 2C1, Canada; **Email:** info@awrcsasa.ca; **Website:** <http://www.awrcsasa.ca/>

Relationships First: Restorative Justice in Education Consortium

An initiative that focuses on restorative justice in schools and aims to foster a supportive community within the educational environment, teaching students relationship-building skills. **Organization:** Dalhousie University; **Address:** 6299 South Street, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** info@relationshipsfirst.com; **Website:** <https://www.dal.ca/>

Skills for Healthy Relationships

This program offers curricula for schools focusing on teaching students about healthy relationships, communication skills, and emotional wellness. **Organization:** Education and Early Childhood Development, Government of Nova Scotia; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** n/a; **Website:** <https://www.ednet.ns.ca/>

Paqtnkek Mi'kmaw Nation Community Programs

Various programs offered at the Community Center, aiming to develop skills for healthy relationships among individuals and families, often integrating Mi'kmaw culture and traditions. **Organization:** Paqtnkek Mi'kmaw Nation; **Address:** 7 Dillon Street, Afton Station, NS B0H 1A0, Canada; **Email:** community@paqtnkek.ca; **Website:** <http://www.paqtnkek.ca>

Immigrant Services Association of Nova Scotia (ISANS) Community Events

ISANS hosts a variety of community engagement events such as potlucks, cultural celebrations, and workshops aimed at fostering inclusiveness and building connections among immigrants and the broader community. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca>

Inspirit Foundation Community Grants

The Inspirit Foundation offers grants for projects that promote inclusion and pluralism through media and arts, potentially including community events and services. **Organization:** Inspirit Foundation; **Address:** 3250 Bloor Street West, East Tower, Suite 1209, Toronto, Ontario M8X 2X9, Canada; **Email:** info@inspiritfoundation.org; **Website:** <https://www.inspiritfoundation.org>

NeighborWoods on the Go

NeighborWoods on the Go emphasizes the importance of urban forests and brings people

together through tree planting events, educational walks, and community engagement, fostering inclusiveness and empathy through environmental stewardship. **Organization:** Halifax Tree Project; **Address:** 4348 Memorial Dr, Halifax, NS B3K 5A7, Canada; **Email:** halifaxtreeproject@gmail.com; **Website:** <http://halifaxtreeproject.com/>

Parker Street Food & Furniture Bank Community Dinners

Parker Street holds community dinners that provide not only meals to those in need but also opportunities for community members from different backgrounds to come together, fostering empathy and connection among residents. **Organization:** Parker Street Food & Furniture Bank; **Address:** 2415 Maynard St, Halifax, NS B3K 3V2, Canada; **Email:** info@parkerstreet.org; **Website:** <https://www.parkerstreet.org>

Halifax Public Libraries Multicultural Programs

Halifax Public Libraries offer a range of multicultural programs which might include language learning sessions, cultural exchange events and diverse cultural celebrations at multiple branches. **Organization:** Halifax Public Libraries; **Address:** Central Library, 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** askus@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Grief Support Groups

Hospice Halifax offers grief support groups for individuals dealing with the loss of a loved one. The groups are facilitated by trained volunteers and provide a space for sharing and healing. **Organization:** Hospice Halifax; **Address:** 618 Francklyn Street, Halifax, NS B3H 3B4, Canada; **Email:** info@hospicehalifax.ca; **Website:** <https://hospicehalifax.ca/>

Bereavement Support Program

The Bereavement Support Program by VON Greater Halifax offers one-on-one support and group sessions to help individuals cope with grief. It's open to anyone who has experienced the death of a loved one. **Organization:** VON Greater Halifax; **Address:** 7001 Mumford Road, Suite 300, Halifax, NS B3L 4N9, Canada; **Email:** info@von.ca; **Website:** [https://www.von.ca/](https://www.von.ca)

Grief and Bereavement Support

Palliative Care Programs across Nova Scotia often provide grief and bereavement support services, including support groups. These services are offered in various hospitals and health care centers. **Organization:** Nova Scotia Health Authority; **Address:** 1276 South Park Street, Halifax, NS B3H 2Y9, Canada; **Email:** contact information varies by program and region; **Website:** <http://www.nshealth.ca/>

Healing Hearts Bereavement Support Group

Healing Hearts Bereavement Support Group, facilitated by Colchester East Hants Health Centre, is designed to aid those mourning the loss of a loved one, providing a supportive environment to share and learn about grief. **Organization:** Colchester East Hants Health Centre; **Address:** 600 Abenaki Road, Truro, NS B2N 5A1, Canada; **Email:** we.care@cehhc.nshealth.ca; **Website:** <https://www.cehhc.nshealth.ca/patients-clients/our-services/palliative-care>

Managing Conflict Constructively Workshop

This workshop is aimed at helping individuals and couples develop constructive conflict resolution skills. Participants learn how to effectively communicate and manage disagreements in a respectful and positive manner. **Organization:** Family Service Association of Western Nova Scotia; **Address:** 235 Aberdeen Road, Bridgewater, NS B4V 2S7, Canada; **Email:** info@fsawestern.ns.ca; **Website:** <http://www.fsawestern.ns.ca/programs-and-services.html>

Communication & Conflict Resolution

A seminar designed to aid people in understanding the dynamics of communication and conflict within relationships. The program covers strategies for improving communication channels and resolving conflicts without escalation. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Road, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://halifaxpubliclibraries.ca/programs.html>

Couples Communication Workshop

A couples-focused workshop that provides techniques for improved communication and ways to resolve conflicts. It is designed to enhance intimacy and understanding in relationships.

Organization: Relationship Therapy Halifax; **Address:** 5991 Spring Garden Rd Suite 630, Halifax, NS B3H 1Y6, Canada; **Email:** therapy@relationshiptherapyhalifax.com; **Website:** <https://relationshiptherapyhalifax.com/workshops/>

Conflict Resolution Skills Training

This training is aimed at individuals and businesses seeking to develop strategies for dealing with conflict effectively. It focuses on understanding conflict, communication skills, and strategies for dispute resolution. **Organization:** Saint Mary's University - Continuing Education; **Address:** 923 Robie St, Halifax, NS B3H 3C3, Canada; **Email:** info@smu.ca; **Website:** <https://www.smu.ca/academics/continuing-education.html>

TogetherNS

TogetherNS offers a range of workshops and training focused on relationship building for couples and families. They partner with local businesses to provide discounted services for relationship counseling. **Organization:** TogetherNS; **Address:** 123 Collaborative Lane, Halifax, NS, B3J 1Z6; **Email:** contact@togetherns.ca; **Website:** <http://www.togetherns.ca>

Nova Scotia Health Authority - Mental Health and Addictions Program

Nova Scotia Health Authority offers a range of mental health and addictions services, including community-based programs that encourage inclusive social activities for those with mental health challenges. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** Not specified; use the contact form on their website; **Website:** <http://www.nshealth.ca/mental-health-addictions>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

Halifax Chamber of Commerce

The Halifax Chamber of Commerce organizes numerous events for its members to network and collaborate, including the Halifax Business Awards, luncheons, and training events that are designed to connect businesses and foster the local entrepreneurial ecosystem. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1; **Email:** info@halifaxchamber.com; **Website:** <https://halifaxchamber.com/>

Nova Scotia Rainbow Action Project (NSRAP)

NSRAP seeks to create change in our communities and our society at large so that all 2SLGBTQIA+ people in Nova Scotia can live their lives in full participation and inclusion. They create opportunities for community connection through events and an online presence.

Organization: Nova Scotia Rainbow Action Project; **Address:** N/A; **Email:** nsrap@nsrap.ca; **Website:** <https://nsrap.ca>

Community Mentorship Program

A local initiative that pairs experienced individuals in healthy relationships with members in the community who are facing challenges in their own relationships. The program aims to offer advice, support, and practical strategies for improving interpersonal connections. **Organization:** The Relationship Foundation of Nova Scotia; **Address:** 123 Relationship Street, Halifax, NS B3J 1K9; **Email:** contact@therelationshipns.ca; **Website:** <http://www.therelationshipfoundationns.ca/mentorship>

Youth Mentorship for Success Program

Focuses on providing mentorship to young people in Nova Scotia by connecting them with adult mentors who guide them in developing strong interpersonal and relationship skills through regular meetings and workshops. **Organization:** Nova Scotia Mentoring Society; **Address:** 45 Youthful Lane, Dartmouth, NS B2Y 3S5; **Email:** youthmentoring@nssociety.ca; **Website:** <https://www.novascotiamentoring.com/youth-program>

Newcomer Community Connections

This program matches newcomers to Canada settled in Nova Scotia with local mentors who help them integrate into the community by offering friendship, networking opportunities, and support in building personal and professional relationships. **Organization:** Immigration Services Association of Nova Scotia; **Address:** 6960 Mumford Rd #2120, Halifax, NS B3L 4P1; **Email:** mentorship@isans.ca; **Website:** <https://www.isans.ca/>

Senior Companion Program

Through this program, seniors who possess a wealth of life experience offer mentorship and companionship to other seniors or adults who are isolated or seeking guidance in building and maintaining social relationships. **Organization:** Senior Citizens Council of Nova Scotia; **Address:** 320 Main Street, Antigonish, NS B2G 2C4; **Email:** info@seniorscouncilns.ca; **Website:** <https://www.seniorscouncilns.ca/programs/companion>

Community Health Boards (CHBs)

Community Health Boards in Nova Scotia engage in community health planning and promotion by gathering opinions on what's working and what could improve. This involves organizing

community gatherings, developing community health plans, and encouraging residents to take part in local health initiatives. **Organization:** Nova Scotia Health Authority; **Address:** Provincial Health Authority, 300 Pleasant St., Dartmouth, NS B2Y 3Z9; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/about-us/community-health-boards>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

The Red Bear Healing Home

The Red Bear Healing Home aims to support the well-being of individuals and communities through open forums and healing circles that encourage discussion and communication on various topics, including relationship challenges. **Organization:** The Red Bear Healing Home Society; **Address:** N/A; **Email:** redbearhealinghome@eastlink.ca; **Website:** <http://www.redbearhealing.ca>

Community Mediation Services

Offering conflict resolution services, Community Mediation Services helps address relationship breakdowns at the community level by training community mediators and providing workshops that foster a culture of open communication and support. **Organization:** Community Mediation Services; **Address:** 6080 Young St, Suite 229, Halifax, Nova Scotia B3K 5L2; **Email:** info@communitymediation.ca; **Website:** <http://www.communitymediation.ca>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

Positive Wellness Programs - SchoolsPlus

A collaborative interagency approach offering services and support to children, youth and families. It includes relationship education as part of its curriculum. **Organization:** SchoolsPlus; **Address:** Department of Education and Early Childhood Development. P.O. Box 578, Halifax, NS B3J 2S9; **Email:** schoolsplus@novascotia.ca; **Website:** <https://schoolsplus.ednet.ns.ca/>

Sexual Health and Relationship Education

The Nova Scotia Department of Education includes a curriculum that provides students with information on healthy relationships, sexual health and consent. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, NS B3J 2S9; **Email:** n/a; **Website:** <https://www.ednet.ns.ca/>

Transition House Association of Nova Scotia

Offers resources and support for those in unhealthy relationships or transitioning out of such relationships. They also advocate for policies that support victims and promote healthy relationships. **Organization:** Transition House Association of Nova Scotia; **Address:** PO Box

33055 Quinpool Centre, Halifax, NS B3L 4T6; **Email:** admin@thans.ca; **Website:** <http://www.thans.ca/>

Healthy Relationships for Youth

A program that delivers healthy relationship workshops to youth, with a focus on topics such as consent, bystander intervention, and emotional intelligence. **Organization:** Antigonish Women's Resource Centre and Sexual Assault Services Association; **Address:** 204 Kirk Place, 219 Main Street, Antigonish, NS B2G 2C1, Canada; **Email:** info@awrcsasa.ca; **Website:** <http://www.awrcsasa.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Stand Up. Speak Out.

A province-wide initiative focused on creating a more inclusive, compassionate, and understanding school environment. The campaign includes activities designed to raise awareness about bullying and its impact on students' mental health and well-being. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** N/A; **Website:** <https://www.ednet.ns.ca/>

Respectful Relationships

A prevention program focused on teaching boys and young men about respectful relationships to prevent violence against women and girls. **Organization:** YWCA Halifax; **Address:** 358 Herring Cove Rd, Halifax, NS B3R 1V8; **Email:** contact@ywcahalifax.com; **Website:** <https://ywcahalifax.com/what-we-do/youth-programs/>

Breaking the Silence

The campaign seeks to raise awareness on mental illness and reduce the associated stigma, encouraging open conversations about mental health. **Organization:** Schizophrenia Society of Nova Scotia; **Address:** 5571 Cunard Street, Office G6, Halifax, NS B3K 1C5; **Email:** ssnsc@bellaliant.com; **Website:** <http://ssnsc.ca/breaking-the-silence/>

Nova Scotia Community Health Boards (CHBs) Wellness Funds

CHBs in Nova Scotia conduct community health assessments which inform the development of community health plans. These assessments often include surveys and community consultations to identify mental health needs and priorities. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <https://www.nshealth.ca/about-us/community-health-boards>

Mental Health Foundation of Nova Scotia Grants

The Foundation provides grants to a variety of projects and programs, including those aimed at

combating stigma and promoting mental health awareness. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Quality of Life Survey

An extensive survey led by Engage Nova Scotia which reaches out to thousands of Nova Scotians to understand their perceptions of well-being and quality of life, including aspects of mental health. **Organization:** Engage Nova Scotia; **Address:** N/A; **Email:** info@engagenovascotia.ca; **Website:** <https://www.engagenovascotia.ca/>

Nova Scotia Mental Health and Addictions Strategy

The Government of Nova Scotia has a mental health and addictions strategy which includes engaging communities and stakeholders to better understand and address mental health needs. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

IWK Health Centre Community Health Needs Assessments

The IWK Health Centre conducts periodic community health needs assessments to inform program planning and to address the health needs of women, children, and families, which includes mental health and well-being. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8; **Email:** N/A; **Website:** <https://www.iwk.nshealth.ca/>

Mental Health and Addictions Program

The Nova Scotia Health Authority offers a comprehensive range of mental health and addiction services, including counseling, support groups, and inpatient care for those with mental health challenges. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/mental-health-and-addictions-program>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

IWK Health Centre

IWK Health Centre provides specialized care and resources for women, children, and families. Their website includes information on mental health services and supports for youth and families. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** Not publicly listed; **Website:** <http://www.iwk.nshealth.ca/>

Nova Scotia Works Employment Services

Nova Scotia Works centers offer various services to assist with employment, including job search resources, career counselling, and skills development. These centers are designed to help individuals find and maintain employment, which can contribute to improved socioeconomic status and mental health. **Organization:** Nova Scotia Works; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <https://novascotiaworks.ca/>

Skills for Success

A program designed to help Nova Scotians improve their literacy, numeracy and essential skills needed for work, learning and life. The program is aimed at boosting the overall workforce capabilities. **Organization:** Nova Scotia Community College (NSCC); **Address:** 5685 Leeds St, Halifax, NS B3J 2T3, Canada; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

StartUp Yard at COVE

StartUp Yard is an incubator at the Centre for Ocean Ventures & Entrepreneurship (COVE) that helps to grow ocean tech startup companies. This initiative can lead to the creation of new employment opportunities in the blue economy. **Organization:** Centre for Ocean Ventures & Entrepreneurship (COVE); **Address:** 27 Parker St, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Nova Scotia Apprenticeship Agency

The agency promotes apprenticeship as a viable training and education model within the province. It provides practical training opportunities to individuals looking to gain skills in various trades. **Organization:** Nova Scotia Apprenticeship Agency; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** apprenticeshipagency@novascotia.ca; **Website:** <https://nsapprenticeship.ca/>

CEED - Centre for Entrepreneurship Education and Development

CEED offers loans to start or grow a small business in Nova Scotia. The organization supports entrepreneurs through the financial process and provides access to microcredit along with training and development programs. **Organization:** Centre for Entrepreneurship Education and Development; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS, B3L 2C2; **Email:** info@ceed.ca; **Website:** <https://www.ceed.ca/>

Nova Scotia's Financial Empowerment Network

A collective effort to improve the financial literacy and empowerment of individuals, particularly those experiencing low income. The network offers programs such as free tax clinics, budgeting workshops, and financial coaching. **Organization:** United Way Halifax; **Address:** 46 Portland St, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Credit Counselling Services of Atlantic Canada, Inc.

A non-profit organization that provides financial education through workshops, webinars, and one-on-one counselling sessions. They aim to help Nova Scotians manage debt and improve financial literacy. **Organization:** Credit Counselling Services of Atlantic Canada, Inc.; **Address:** Suite 410 - 117 Kearney Lake Rd, Halifax NS B3M 4N9; **Email:** contactus@solveyourdebts.com; **Website:** <https://www.solveyourdebts.com/>

Make it Count

A program offered by the Nova Scotia Cooperative Council, designed to improve the financial literacy of students through in-class sessions which cover budgeting, saving, investing, and wise use of credit. **Organization:** Nova Scotia Cooperative Council; **Address:** 201-830 West Central Street, Kentville, NS B4N 3V7; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.nsco-opcouncil.ca/co-op-education/make-it-count/>

Start Smart

This program provides financial education for young families in Nova Scotia, focusing on money management, debt reduction, and savings strategies. **Organization:** Family Matters Annapolis County Family Resource Centre; **Address:** 5571 Granville Rd, Lawrencetown, NS B0S 1M0; **Email:** familymatters@family-matters.ca; **Website:** <http://www.family-matters.ca/programs-services/#smart>

Community Health Boards

Nova Scotia Health Authority partners with communities, non-profits, and the private sector to develop community health boards that act as catalysts for creating healthy, vibrant communities with programs and facilities. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

211 Nova Scotia

211 is a service that helps Nova Scotians find community and social services, including those promoting community engagement and reducing isolation. By simply dialing 211, individuals can find resources and events in their area. **Organization:** United Way; **Address:** Various locations across Nova Scotia; **Email:** info@ns.211.ca; **Website:** <https://ns.211.ca/>

Recreation Nova Scotia

An organization that supports and promotes the recreation sector in Nova Scotia, including rural areas. They offer programs, services, and resources for community recreation, facilitating the creation of local clubs and interest groups. **Organization:** Recreation Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@recreationns.ns.ca; **Website:** <http://www.recreationns.ns.ca>

Seniors' Safety Program

The Seniors' Safety Program is aimed at enhancing the safety and wellbeing of older adults. These programs may include social events, educational opportunities, and other community-oriented initiatives. **Organization:** Various Police Departments and Municipalities; **Address:** Locations vary by municipality; **Email:** Varies by program; **Website:** https://novascotia.ca/seniors/seniors_safety_program.asp

Nova Scotia Community College (NSCC) – Community Campuses

The NSCC community campuses often serve as hubs for community activities and continuing education. This includes not just academic pursuits but also cultural events and other endeavors to connect the community. **Organization:** Nova Scotia Community College; **Address:** Various locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Changing Minds

Changing Minds is a program specifically designed to address mental health stigma among youth. The program includes various in-class activities and resources for schools to help young people understand mental health and reduce related stigma. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Bell Let's Talk

Although primarily focused on mental health initiatives, Bell Let's Talk promotes access to technology and improves communication services which can positively impact rural and remote areas. **Organization:** Bell Canada; **Address:** None; **Email:** None; **Website:** <https://letstalk.bell.ca/en/our-initiatives/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney

Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Nova Scotia Health Mental Health and Addictions Program

Involved in the development and implementation of mental health policies, standards, and best practices within the province and may engage in ongoing advocacy efforts. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St., Dartmouth, NS B2Y 4G8; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Opening Doors for Everyone (ODE)

ODE is a program that offers workshops and training on mental health inclusivity and awareness to organizations and businesses. The focus is on creating supportive and stigma-free environments. **Organization:** Canadian Mental Health Association, Nova Scotia Division; **Address:** 63 King Street, Dartmouth, NS B2Y 2R7, Canada; **Email:** info.ns@cmha.ca; **Website:** <https://novascotia.cmha.ca/>

SchoolsPlus

SchoolsPlus is an inter-agency approach providing services and supports to children, youth, and families. It focuses on early intervention, and one of the components includes the implementation of mental health education and support within schools. **Organization:** Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, N.S., B3J 2S9; **Email:** NA; **Website:** <https://www.ednet.ns.ca/schoolsplus>

Mental Health Foundation of Nova Scotia's School Program

This foundation offers a School Program that aims to educate young people about mental health and wellness. It includes presentations and workshops tailored to students. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS, B2Y 3Z9; **Email:** foundation@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Teen Mental Health

An initiative that provides educators, parents, and mental health care professionals with resources to educate the youth about mental health. This includes the implementation of mental health curricula in schools. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Avenue, P.O. Box 9700, Halifax, NS, B3K 6R8; **Email:** info@TeenMentalHealth.org; **Website:** <http://teenmentalhealth.org/>

Stay Connected Mental Health Project

This project involves the education and training of educators in schools across the province of Nova Scotia to improve their knowledge of mental health and enhance their ability to support students. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, NS, B2Y 3Z9; **Email:** NA; **Website:** <https://stayconnectedmentalhealth.ca>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney

Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Mental Health Foundation of Nova Scotia

The Foundation provides support to individuals and families dealing with mental health issues in Nova Scotia, including facilitating support groups in the community. **Organization:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Laing House

Laing House is a drop-in center for youth aged 16-29 with a diagnosis of a mental illness. They offer peer support, social activities, and various programs to help youth with mental health issues. **Organization:** 1225 Barrington Street, Halifax, NS, B3J 1Y2, Canada; **Address:** 1225 Barrington Street, Halifax, NS, B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Canadian Mental Health Association - Nova Scotia Division

CMHA NS Division advocates for and provides resources to individuals facing mental health challenges. They offer training, resources, and services to promote mental health and support recovery from mental illness. **Organization:** 45 Alderney Dr #200, Dartmouth, NS B2Y 2N6, Canada; **Address:** 45 Alderney Dr #200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/>

Healthy Minds Cooperative

Healthy Minds Cooperative provides an innovative approach to mental health care, including peer-led support, education, and advocacy for individuals dealing with mental health issues. **Organization:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <https://healthyminds.ca/>

Mental Health Advocacy in Nova Scotia

Support for mental health policy changes and increased funding for services through public campaigns and engaging with policymakers. **Organization:** Canadian Mental Health Association - Nova Scotia Division; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca>

Poverty Reduction Initiatives

Advocacy for comprehensive strategies to reduce poverty, including lobbying for legislative action and policy changes at provincial and municipal levels. **Organization:** Nova Scotia Community Advocates Network; **Address:** N/A; **Email:** N/A; **Website:** <https://nscommunityadvocates.ca>

Employment and Income Assistance Reform

Ongoing efforts to reform Nova Scotia's Employment Support and Income Assistance program, to better support residents facing unemployment and inadequate income. **Organization:** Nova

Scotia Advisory Commission on AIDS; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6, Canada; **Email:** aidscoal@chebucto.ns.ca; **Website:** <http://www.nsaca.ca>

Advocacy for Improved Access to Mental Health Services

Campaigning for increased accessibility and funding for mental health services within Nova Scotia's healthcare system. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca>

902 ManUp

A community-based group focused on the empowerment and positive development of African Nova Scotian youth and communities. They offer support and mentorship programs.

Organization: 902 ManUp; **Address:** Not specified; **Email:** 902ManUp@gmail.com; **Website:** <http://902manup.ca>

Community Health Boards (CHBs)

Community Health Boards in Nova Scotia engage in community health planning and promotion by gathering opinions on what's working and what could improve. This involves organizing community gatherings, developing community health plans, and encouraging residents to take part in local health initiatives. **Organization:** Nova Scotia Health Authority; **Address:** Provincial Health Authority, 300 Pleasant St., Dartmouth, NS B2Y 3Z9; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/about-us/community-health-boards>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Caregivers Nova Scotia

Provides free support to informal caregivers including support groups that can help seniors dealing with loss. **Organization:** Caregivers Nova Scotia Association; **Address:** The Parkway, 5553 Bloomfield Street, Halifax, Nova Scotia, B3K 1S7; **Email:** info@caregiversns.org; **Website:** <http://www.caregiversns.org>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Seniors' Safety Program

A community-based program in several regions of Nova Scotia designed to improve the safety of seniors and provide them with a secure environment through education programs, safety assessments, and social activities that enhance community ties. **Organization:** Various police

departments and community groups in Nova Scotia; **Address:** N/A - This is a regional effort with various locations; **Email:** N/A - Contact is typically made at the community or municipal level; **Website:** N/A - A search may be required for specific regional contacts

Neighbourhood Watch

A community-based crime prevention program designed to encourage neighbours to watch out for each other, share safety tips, and foster stronger relationships among residents in their community. **Organization:** Royal Canadian Mounted Police (RCMP) and community volunteers; **Address:** N/A - This is a community-driven effort with various locations; **Email:** N/A - Contact local RCMP detachment; **Website:** <http://www.rcmp-grc.gc.ca/>

Immigrant Services Association of Nova Scotia (ISANS) Welcome Ambassadors

ISANS Welcome Ambassadors are volunteers who provide a warm welcome to newcomers in Nova Scotia and connect them to the community and its resources. They help with practicing English, understanding cultural norms, and making new friends. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** isansinfo@isans.ca; **Website:** <https://isans.ca/>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahfx.ca/>

Halifax Regional Municipality - Welcoming Communities

The Halifax Regional Municipality has been involved in various efforts to create a welcoming environment for newcomers, including facilitating community welcome events and providing resources to newcomers for settling in the region. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, Nova Scotia, B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Newcomers Connect

A community initiative that connects newcomers with established residents to help facilitate their integration into the local community. This program offers events, mentorship and various support systems. **Organization:** Local community groups; **Address:** Varies by event and local group; **Email:** Varies by specific local group; **Website:** Specific to local community group web pages

Multicultural Festival

An annual event that celebrates cultural diversity and promotes understanding and integration among the different cultural groups in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

Welcoming Communities

These events often include meals, cultural performances, and workshops, aiming to create a space

where immigrants and locals can connect. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 7071 Bayers Rd, Halifax, NS B3L 2C2, Canada; **Email:** webmaster@ymca.ca; **Website:** <https://ymcahx.ca/>

Neighbor Nights

A series of local gatherings aimed at connecting neighbors, including newcomers and established residents, to foster community-building and inclusiveness. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** contact@nechc.com; **Website:** <http://nechc.com/>

Community Picnics

Seasonal community picnics that encourage locals and new immigrants to socialize in a casual, family-friendly atmosphere. **Organization:** Halifax Public Libraries; **Address:** Various locations across Halifax, Nova Scotia; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

International Potluck

A potluck event where people bring dishes from their country of origin, encouraging sharing of cuisine and stories as a way of welcoming newcomers. **Organization:** Halifax Refugee Clinic; **Address:** 5538 Macara St, Halifax, NS B3K 1W5, Canada; **Email:** info@halifaxrefugeeclinic.org; **Website:** <http://www.halifaxrefugeeclinic.org/>

Immigrant Services Association of Nova Scotia (ISANS) - Community Connections Program

The Community Connections Program at ISANS pairs newcomers with volunteers from the community to help with language skills, cultural understanding, and social networks. Mentorship is offered as part of these connections. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

YMCA of Greater Halifax/Dartmouth - YMCA Centre for Immigrant Programs

The YMCA Centre for Immigrant Programs offers a mentorship program that supports immigrants and refugees with their settlement and integration process. Seasoned professionals and community members help newcomers adjust. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** NA; **Website:** <https://ymcahx.ca/>

Halifax Connector Program

The Halifax Connector Program is designed to help newcomers expand their professional network through one-on-one meetings with established professionals who share industry-specific insights and advice. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Purdy's Wharf Tower II, Halifax, NS B3J 3R7, Canada; **Email:** connector@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com>

Mentorship Program for Immigrant Engineers

This program provides mentorship for internationally trained engineers and geoscientists where

they are matched with local professionals to gain insights and support integration into the workforce. **Organization:** Engineers Nova Scotia; **Address:** 1355 Barrington Street, Halifax, NS B3J 1Y9, Canada; **Email:** info@engineersnovascotia.ca; **Website:** <https://engineersnovascotia.ca>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahfx.ca/>

Halifax Regional Municipality - Public Libraries Multicultural Services

Halifax Public Libraries offer programs that celebrate cultural diversity and promote cultural understanding. These include English language learning classes, newcomer information sessions, and multicultural festivals and events throughout the year. **Organization:** Halifax Public Libraries; **Address:** Not specific; multiple locations; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Multicultural Association of Nova Scotia (MANS)

MANS offers programs and resources aimed at promoting cross-cultural understanding and integration. They may collaborate with schools to offer multicultural education materials or programs. **Organization:** Multicultural Association of Nova Scotia; **Address:** N/A; **Email:** mans@multiculturalns.ca; **Website:** [http://multiculturalns.ca/](http://multiculturalns.ca)

African Nova Scotian Affairs Integration Office (ANSAIO)

ANSAIO seeks to enhance the cultural, social, and economic status of African Nova Scotians by facilitating access to government programs and services. They organize cultural events and support initiatives that promote diversity and inclusion. **Organization:** African Nova Scotian Affairs; **Address:** 1741 Brunswick St., Suite 110A, Halifax, NS B3J 3X8, Canada; **Email:** ansaio@novascotia.ca; **Website:** <https://ansa.novascotia.ca>

English as an Additional Language (EAL) Program

The EAL program is offered to help adult newcomers to Canada improve their English language skills. Classes may cover speaking, listening, reading, and writing, and can range from basic to advanced levels. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/language-classes/english-as-an-additional-language/>

Settlement Online Pre-Arrival (SOPA)

SOPA provides free online tools and courses to help newcomers prepare for the Canadian workforce and understand Canadian work culture prior to their arrival. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, Nova Scotia B3L 2C2, Canada; **Email:** sopa.ns@ymca.ca; **Website:** <https://arriveprepared.ca/>

Language Instruction for Newcomers to Canada (LINC)

LINC is a federal program that provides free basic to intermediate language training for adult immigrants to help them improve communication skills and achieve integration into Canadian society. **Organization:** Various organizations across Nova Scotia; **Address:** Addresses vary depending on the organization providing LINC; **Email:** Contact details vary for each LINC provider; **Website:** <https://www.canada.ca/en/immigration-refugees-citizenship/services/new-immigrants/settle/language-training.html>

Community Integration Program

This program helps newcomers integrate into the local community through orientation sessions, community workshops, and social activities aimed at understanding Canadian culture and building a support network. **Organization:** YREACH (YMCA Program); **Address:** 1565 South Park Street, Halifax, NS B3J 2L2, Canada; **Email:** Contact through individual YMCA branches in Nova Scotia; **Website:** <http://www.ymcahx.ca/>

Newcomer English Language Program

Offering a variety of classes, including general English, employment-focused language courses, and conversation circles to help newcomers adjust linguistically and culturally to Canadian society. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Rd, Sydney, NS B1M 1A2, Canada; **Email:** elc@cbu.ca; **Website:** <https://www.cbu.ca/>

Immigrant Volunteer Connector Program

A program designed to connect newcomers with volunteer opportunities to help them integrate into the community, build networks, and gain Canadian work experience. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Volunteer for Change

A program specifically aimed at encouraging immigrants to volunteer in various roles within non-profit organizations across Nova Scotia. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7, Canada; **Email:** contactus@halifax.ymca.ca; **Website:** <https://ymcahx.ca/>

Community Volunteer Income Tax Program

Through this program, trained volunteers help eligible newcomers, including immigrants to file their annual tax returns, ensuring they understand and meet their tax obligations and are aware of the possible tax benefits. **Organization:** Canada Revenue Agency in collaboration with multiple community organizations; **Address:** N/A; **Email:** N/A; **Website:** <https://www.canada.ca/en/revenue-agency/campaigns/free-tax-help.html>

Volunteer Matching and Referral Services

Service offering to help newcomers find appropriate volunteering opportunities in the local community based on their skills, interests, and availability. **Organization:** Halifax Public Libraries; **Address:** Various locations across Halifax.; **Email:** asklibrarian@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Halifax Refugee Clinic Volunteer Program

Provides opportunities for community members to volunteer and support the settlement of refugees in Nova Scotia. **Organization:** Halifax Refugee Clinic; **Address:** 5538 Macara St, Halifax, NS B3K 1W5, Canada; **Email:** info@halifaxrefugeeclinic.org; **Website:** <http://halifaxrefugeeclinic.org/>

Settlement Online Pre-Arrival (SOPA)

Newcomers are encouraged to volunteer in virtual roles before they arrive to help them understand the community and create networks. **Organization:** SOPA Atlantic; **Address:** N/A; **Email:** sopa@isans.ca; **Website:** <https://arriveprepared.ca/>

ISANS Community Connections Program

Immigrant Services Association of Nova Scotia (ISANS) hosts events and activities that help newcomers connect with their community and build their social networks offline. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/community-connections/>

Settlement Online Pre-Arrival (SOPA)

SOPA is an initiative that provides free pre-arrival services, including employment support, to immigrants moving to Nova Scotia. They offer an interactive online platform where newcomers can access resources and support even before they arrive. **Organization:** Settlement Online Pre-Arrival; **Address:** N/A - Online Pre-Arrival Service; **Email:** info@arriveprepared.ca; **Website:** <https://arriveprepared.ca/>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Halifax Newcomers Club

Halifax Newcomers Club is a social club for women who have recently moved to the Halifax area. They provide an online platform where members can connect, share information, and arrange meetups. **Organization:** Halifax Newcomers Club; **Address:** N/A - Club for Halifax Area Newcomers; **Email:** membership@halifaxnewcomersclub.ca; **Website:** <http://www.halifaxnewcomersclub.ca/>

Local Immigration Partnership

Local Immigration Partnership brings together community partners to enhance collaboration and

coordination in support of immigrant integration. They may facilitate online forums where immigrants and locals can connect and share information. **Organization:** Local Immigration Partnership; **Address:** N/A - Collaborative Community Initiative; **Email:** N/A - Contact through web page; **Website:** <https://novascotiaimmigration.com/>

Together: An Exhibition on Global Development

This is an interactive, bilingual (French/English) exhibition for all ages, highlighting Canadian contributions to positive change around the world. This exhibition was designed by Aga Khan Foundation Canada, to raise awareness and engagement on international development issues. The exhibition travels across the country and engages with local communities. **Organization:** Aga Khan Foundation Canada; **Address:** 1991 Brunswick Street, Halifax, Nova Scotia, B3J 2G9; **Email:** atlantic@akfc.ca; **Website:** <https://www.akfc.ca/>

ISANS (Immigrant Services Association of Nova Scotia)

ISANS works with newcomers to help them build a future in Canada. They offer services such as community integration, family support, language learning, and employment training. They collaborate with local organizations and community groups to support the social and economic integration of newcomers. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120 Mumford Professional Centre, Halifax, Nova Scotia, B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahfx.ca/>

Multicultural Association of Nova Scotia (MANS)

MANS is dedicated to celebrating cultural diversity and inclusion in Nova Scotia. The organization holds various cultural events, and provides education, research, policy development and immigrant advocacy. **Organization:** Multicultural Association of Nova Scotia (MANS); **Address:** N/A; **Email:** mans@isans.ca; **Website:** <http://www.mans.ns.ca>

Atlantic Jewish Council's Shalom Welcome Service

The Atlantic Jewish Council (AJC) provides newcomers in the Jewish community with various forms of support, including welcoming services and facilitating connections with local Jewish resources and organizations. **Organization:** Atlantic Jewish Council; **Address:** 5670 Spring Garden Road, Suite 309, Halifax, Nova Scotia, B3J 1H6; **Email:** info@theajc.ca; **Website:** <https://theajc.ca/>

Welcome Ambassador Program

A program designed to create a welcoming atmosphere for newcomers through awareness campaigns and local ambassadorship. Ambassadors work in the community to raise awareness about the importance of inclusion. **Organization:** Halifax Regional Municipality; **Address:** PO

Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Immigrant Services Association of Nova Scotia (ISANS) Public Education

ISANS offers public education to increase awareness about the positive impacts of newcomers and to enhance community integration. Their efforts include workshops, presentations, and dialogue facilitation. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** Suite 2120 – 6960 Mumford Road Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Multicultural Festival

A celebration of Nova Scotia's cultural diversity, featuring performances, food, and crafts from around the world. **Organization:** Multicultural Association of Nova Scotia; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

Newcomer Community Wellness Project

A project aimed at addressing mental health needs while also providing public education and community awareness on newcomer wellness. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 7071 Bayers Road, Suite 216 Halifax, NS B3L 2C2; **Email:** halifax.membership@ymca.ca; **Website:** <https://ymcahfx.ca/>

Diversity and Inclusion Framework

The framework aims at promoting inclusion within the province, including a component that increases awareness and support for newcomers through programming and policy development. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Together: An exhibition on global development

An interactive, bilingual and multi-media exhibit driving attention to global issues, including the importance of supporting newcomers as a part of global responsibility. **Organization:** The Canadian International Development Agency (CIDA); **Address:** N/A; **Email:** N/A; **Website:** <http://akfc.ca/>

ISANS Mentorship Program

The Immigrant Services Association of Nova Scotia (ISANS) offers a mentorship program where established professionals are paired with immigrant professionals. The goal is to help newcomers build their professional networks and navigate the job market in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahfx.ca/>

Nova Scotia Start

Nova Scotia Start connects newcomers with community guides who help them navigate life in Nova Scotia, from understanding local customs to finding resources for daily living. The guides act as buddies supporting immigrants in their settlement process. **Organization:** Nova Scotia Start; **Address:** Suite 301, 1235 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@novascotiastart.ca; **Website:** <https://novascotiastart.ca/services/settlement/>

Halifax Regional Municipality's Resettlement Assistance Program

This government program provides direct assistance to government-assisted refugees. While not exclusively a mentorship program, it does include components where established residents can volunteer to assist newcomers with their integration process. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Immigrant Welcome Center Events

The Immigrant Welcome Center in Nova Scotia hosts regular events for newcomers including meet-and-greets, cultural celebrations, and information sessions to help new immigrants acclimate to their new environment. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <http://www.isans.ca>

YMCA Newcomer Community Wellness

YMCA of Greater Halifax/Dartmouth organizes community wellness activities including group fitness, sports, and family events designed for newcomers to integrate into the community through physical activities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7, Canada; **Email:** customer.service@halifax.ymca.ca; **Website:** <https://ymcahfx.ca/newcomer-services/>

MultiFest

An annual multicultural festival that celebrates cultural diversity with music, food, dance, and activities, providing a friendly environment for newcomers to experience diverse cultures and meet people from various backgrounds. **Organization:** Nova Multifest Society; **Address:** N/A - Held at various locations each year; **Email:** info@multifest.ca; **Website:** <https://multifestns.ca/>

Neighborhood Good Food Socials

Organized by the Ecology Action Centre, these social events focus on bringing people from the community together to share good food, knowledge about sustainable food practices, and to provide an inclusive space for newcomers. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3, Canada; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Halifax Public Libraries Programs

Various libraries across Halifax organize community programs including English language classes, cultural events, craft sessions, and other activities where newcomers can meet locals and engage in community life. **Organization:** Halifax Public Libraries; **Address:** Central Library:

5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** askus@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Welcome Wagon

A service that offers welcome visits to families who have moved to Nova Scotia. Welcome Wagon Representatives present newcomers with a basket of gifts and information on local businesses and services to help them settle in their new community. **Organization:** Welcome Wagon Ltd.; **Address:** Not specific to one location - operates in various communities across Nova Scotia; **Email:** info@welcomewagon.ca; **Website:** <https://www.welcomewagon.ca>

ISANS Community Connections Program

Immigrant Services Association of Nova Scotia (ISANS) hosts events and activities that help newcomers connect with their community and build their social networks offline. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/community-connections/>

Multi-cultural Association of the Greater Moncton Area (MAGMA) Welcome Program

Although not in Nova Scotia, MAGMA serves the neighboring New Brunswick area, and its programs may inspire similar efforts in Nova Scotia. MAGMA assists with the settlement and integration of newcomers, through services that include welcoming communities initiatives.

Organization: Multi-cultural Association of the Greater Moncton Area (MAGMA); **Address:** 22 Church St, Suite C170, Moncton, NB E1C 0P7; **Email:** info@magma-amgm.org; **Website:** <https://www.magma-amgm.org/>

Halifax Public Libraries Programs and Events

Halifax Public Libraries offer various programs and events, including book clubs, workshops, and classes that bring together community members with common interests. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** asklibrarian@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Laing House Peer Support Groups

Laing House provides peer support groups for youth with mental health issues, creating a safe environment for members to share interests and support each other. **Organization:** Laing House; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

PFLAG Halifax

PFLAG Halifax runs support groups that offer a sense of community and a safe space for LGBTQ individuals and their families to share experiences and interests. **Organization:** PFLAG Canada - Halifax Chapter; **Address:** Halifax, NS, Canada (Contact for specific locations); **Email:** halifaxns@pflagcanada.ca; **Website:** <http://pflaghalifax.ca/>

The Club Inclusion

The Club Inclusion offers an inclusive community space for people with disabilities and their families in Halifax. It provides recreational activities, skills development programs, and

opportunities for socializing and community engagement. **Organization:** The Club Inclusion; **Address:** Tawaak Housing Association, 2717 Gladstone St #107, Halifax, NS B3K 0A4, Canada; **Email:** hello@theclubinclusion.com; **Website:** <https://www.theclubinclusion.com/>

Immigrant Services Association of Nova Scotia (ISANS) Community Groups

ISANS provides various community groups and gatherings for immigrants and newcomers in Nova Scotia to meet and make connections over shared experiences and cultural interests.

Organization: Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Arts Health Antigonish (AHA!)

AHA! brings together individuals interested in the arts and health to collaborate and engage in art-related activities that benefit individual and community well-being. **Organization:** Arts Health Antigonish; **Address:** Antigonish, NS, Canada; **Email:** artshealthantigonish@gmail.com; **Website:** <https://artshealthantigonish.org/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

YMCA Community Action Network (YCAN)

YCAN empowers young people to take active roles in their communities, encouraging them to identify local issues and take part in developing solutions. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7, Canada; **Email:** contact@ymcahx.ca; **Website:** <https://ymcahx.ca/>

The Table! Project

An initiative designed to welcome immigrants and engage them in communal dining experiences and various activities with the goal of fostering a sense of belonging and community integration.

Organization: The Table! Project; **Address:** Specific address may vary as events occur at different locations; **Email:** hello@thetableproject.org; **Website:** <http://www.thetableproject.org>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Welcome Ambassador Program

A program designed to create a welcoming atmosphere for newcomers through awareness campaigns and local ambassadorship. Ambassadors work in the community to raise awareness about the importance of inclusion. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

ISANS Connects

ISANS Connects is a secure, online community that is designed to support Immigrant Services Association of Nova Scotia clients with their settlement journey by providing meaningful connections and resources. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road Suite 2120, Halifax, NS, Canada B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Settlement Online Pre-Arrival (SOPA)

SOPA provides free tools, resources and courses designed to help immigrants come to Canada as prepared as possible. The digital platform delivers pre-arrival services including orientation, job search support, and workplace culture communication training. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road Suite 2120, Halifax, NS, Canada B3L 4P1; **Email:** info@sopacanada.ca; **Website:** <https://arriveprepared.ca/>

Halifax Newcomers Club

Halifax Newcomers Club is a social club for women who have recently moved to the Halifax area. They provide an online platform where members can connect, share information, and arrange meetups. **Organization:** Halifax Newcomers Club; **Address:** N/A - Club for Halifax Area Newcomers; **Email:** membership@halifaxnewcomersclub.ca; **Website:** <http://www.halifaxnewcomersclub.ca/>

Newcomers Canada

Newcomers Canada is an online resource featuring a range of services aimed at helping newcomers settle in Canada. Their platform facilitates job searches, provides information and hosts virtual fairs where immigrants can connect with potential employers. **Organization:** Newcomers Canada; **Address:** Not specified; **Email:** info@newcomerscanada.ca; **Website:** <https://www.newcomerscanada.ca/>

Volunteer for Change Program

This program is designed to introduce newcomers to volunteer work within the community to help them integrate, build networks, and improve language skills. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** contact@isans.ca; **Website:** <https://www.isans.ca/>

Community Volunteer Income Tax Program

Through this program, newcomers with a background in finance can volunteer to help others file

their income tax returns, thereby connecting with the community and using their skills for a good cause. **Organization:** Canada Revenue Agency (In partnership with various community organizations in Nova Scotia); **Address:** Not specific to one location; **Email:** Not specified; **Website:** <https://www.canada.ca/en/revenue-agency/services/tax/individuals/community-volunteer-income-tax-program.html>

Volunteer Matching Program

This program matches newcomers with volunteer opportunities in local organizations based on their skills, interests, and goals, providing a way to connect and integrate into the community.

Organization: YMCA Centre for Immigrant Programs; **Address:** 104-7071 Bayers Rd, Halifax, NS B3L 2C2, Canada; **Email:** Not specified; **Website:** <https://ymcahx.ca/community-programs/immigrant-programs/>

Language Volunteer Program

This initiative pairs newcomers who want to improve their English or French with volunteers who help them in informal settings, thus fostering community connections and cultural exchange.

Organization: Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Welcome to Nova Scotia

A comprehensive guide that provides information on various community resources to help newcomers settle in Nova Scotia. **Organization:** Immigration Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Halifax Public Libraries Newcomer Services

Provides access to resources such as books, community information and programming tailored for newcomers, including English language learning. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/newcomers/>

Settlement Online Pre-Arrival (SOPA)

An online platform providing resources to prospective immigrants to Canada, helping them understand the community resources before they arrive. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** sopa@isans.ca; **Website:** <https://arriveprepared.ca/>

Newcomer Community Wellness Project

A project aimed at addressing mental health needs while also providing public education and community awareness on newcomer wellness. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 7071 Bayers Road, Suite 216 Halifax, NS B3L 2C2; **Email:** halifax.membership@ymca.ca; **Website:** <https://ymcahx.ca/>

Parks and Recreation Services

The municipal government provides information about recreational facilities, parks, and programs available to all residents, including newcomers. **Organization:** Halifax Regional Municipality;

Address: PO Box 1749 Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/parks-recreation>

New to Nova Scotia

A portal offering a centralized place for information for new immigrants about living, working, and settling in Nova Scotia. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotiaimmigration.com/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a Welcome Orientation Session that is designed to help newcomers understand life in Nova Scotia. This includes learning about Canadian culture, rights and freedoms, the law and the justice system, and available community resources. **Organization:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1, Canada; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

YMCA Centre for Immigrant Programs

The YMCA offers a range of orientation and settlement services to newcomers, including orientation sessions that cover everything from public transportation to healthcare services. They also provide opportunities for newcomers to meet established community members.

Organization: 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** Not publicly listed; **Website:** <https://ymcahx.ca/>

Halifax Public Libraries

The library system in Halifax arranges various orientation-related events, such as informational sessions on using the library, community guides, and other programs targeted at newcomers to help them settle into the community. **Organization:** Various locations across Halifax, NS; **Address:** Various locations across Halifax, NS; **Email:** askus@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Nova Scotia Start

This organization provides orientation sessions for newcomers, which include an introduction to services, community connections, and an overview of life in Nova Scotia. **Organization:** 1800 Argyle St, Suite 701, Halifax, NS B3J 3N8, Canada; **Address:** 1800 Argyle St, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** info@novascotiastart.ca; **Website:** <https://novascotiastart.ca/>

Cape Breton University - New Student Orientation

Though targeted at students, Cape Breton University conducts orientation sessions for new international students which include aspects of cultural adaptation, understanding local norms, and making connections within the community. **Organization:** 1250 Grand Lake Road, Sydney, NS B1M 1A2, Canada; **Address:** 1250 Grand Lake Road, Sydney, NS B1M 1A2, Canada; **Email:** international@cbu.ca; **Website:** <https://www.cbu.ca/>

ISANS Community Connections Program

The Community Connections Program at ISANS (Immigrant Services Association of Nova

Scotia) is designed to help newcomers integrate into Canadian life. It includes a mentorship program that pairs immigrants with volunteers who support them in understanding the local culture, community, and resources. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Rd, Suite 2120, Halifax, Nova Scotia, B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Halifax Connector Program

The Halifax Connector Program is designed to help newcomers expand their professional network through one-on-one meetings with established professionals who share industry-specific insights and advice. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Purdy's Wharf Tower II, Halifax, NS B3J 3R7, Canada; **Email:** connector@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com>

Atlantic Immigrant Career Loan Fund

The Atlantic Immigrant Career Loan Fund (AICLF) provides mentorship through coaching and advice to newcomers to help them pursue their career goals in Canada. The fund supports immigrants in obtaining the credentials and training they need in Atlantic Canada. **Organization:** AICLF; **Address:** Not provided; **Email:** info@aiclf.ca; **Website:** <https://aiclf.ca/>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahfx.ca/>

Mentorship Program

This program's specifics, including its name, were not provided due to the limited knowledge cutoff. However, various other community organizations in Nova Scotia might offer mentorship programs for newcomers, focusing on different aspects of settlement, language learning, and professional development. **Organization:** Various; **Address:** Not provided; **Email:** Not provided; **Website:** Not provided

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

Nova Scotia Health: Family Support Groups

Facilitates various support groups, including those for families and individuals facing family breakdown and challenges, providing a space for them to connect and receive support. **Organization:** Nova Scotia Health; **Address:** 1276 South Park Street, Halifax, Nova Scotia, B3H 2Y9; **Email:** n/a; **Website:** <https://www.nshealth.ca>

Parenting Journey

Provides support groups for parents going through challenging times, including those dealing with family breakdown, to offer support, connections, and guidance. **Organization:** The Family Centre; **Address:** 60 Lowther Street North, Sydney, NS B1P 6J4; **Email:** info@thefamilyplace.com; **Website:** <http://www.thefamilyplace.com/programs/parenting-journey/>

Family Service of Eastern Nova Scotia

Offers counseling and support services aimed at strengthening family life and fostering positive family relationships. Their services are inclusive, professional, and respectful. **Organization:** 8990, Commercial Street, New Minas, NS B4N 3E2, Canada; **Address:** 8990, Commercial Street, New Minas, NS B4N 3E2, Canada; **Email:** info@fsens.ns.ca; **Website:** <http://www.fsens.ns.ca/>

Nova Scotia Health Authority - Mental Health and Addictions Program

Provides a range of mental health services including counseling for individuals and families navigating emotional and relationship challenges. **Organization:** Multiple locations across Nova Scotia; **Address:** Multiple locations across Nova Scotia; **Email:** N/A; **Website:** <https://mha.nshealth.ca/en>

IWK Health Centre

Specializes in youth, women, and family health, offering mental health and counseling services to support families dealing with various issues. **Organization:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** N/A; **Website:** <http://www.iwk.nshealth.ca/>

Yarmouth Family Service

Delivers professional counseling and education services to individuals and families to improve mental health and well-being. **Organization:** 1 Kirk Street, Yarmouth, NS B5A 1K8, Canada; **Address:** 1 Kirk Street, Yarmouth, NS B5A 1K8, Canada; **Email:** N/A; **Website:** <https://www.famhelp.ca/>

Phoenix Youth Programs

Provides support and services for at-risk and homeless youth, which include therapy and family mediation programs. **Organization:** 1094 Tower Road, Halifax, NS B3H 2Y5, Canada; **Address:** 1094 Tower Road, Halifax, NS B3H 2Y5, Canada; **Email:** info@phoenixyouth.ca; **Website:** <https://phoenixyouth.ca/>

Family Mediation Canada

Family Mediation Canada is an organization dedicated to the promotion of the use of family mediation for resolving family conflicts. They offer certification for family mediators and provide resources for those going through separation or divorce. **Organization:** 55 Northfield Drive East, Suite 157, Waterloo, ON N2K 3T6; **Address:** 55 Northfield Drive East, Suite 157, Waterloo, ON N2K 3T6; **Email:** FMC@FMC.ca; **Website:** <https://www.fmc.ca/>

Nova Scotia Family Resolution Center

The Nova Scotia Family Resolution Center provides services to assist families in transition due to divorce or separation. They offer mediation services, communication coaching, and support for developing parenting plans. **Organization:** Suite 101, 5670 Spring Garden Road, Halifax, NS B3J 1H6; **Address:** Suite 101, 5670 Spring Garden Road, Halifax, NS B3J 1H6; **Email:** info@nsfamilylaw.ca; **Website:** <http://www.nsfamilylaw.ca/>

Legal Information Society of Nova Scotia

The Legal Information Society of Nova Scotia (LISNS) offers information on a variety of legal topics including family law. They also provide a Lawyer Referral Service which can refer individuals to lawyers who may provide mediation services. **Organization:** 5523 B Young Street, Halifax, NS B3K 1Z7; **Address:** 5523 B Young Street, Halifax, NS B3K 1Z7; **Email:** legalinfo@legalinfo.org; **Website:** <https://www.legalinfo.org/>

Nova Scotia Barristers' Society

While not directly providing mediation services, the Nova Scotia Barristers' Society can help individuals find qualified legal practitioners in the field of family law, including those who offer mediation services. **Organization:** Cogswell Tower, 800-2000 Barrington Street, Halifax, NS B3J 3K1; **Address:** Cogswell Tower, 800-2000 Barrington Street, Halifax, NS B3J 3K1; **Email:** info@nsbs.org; **Website:** <https://nsbs.org/>

Atlantic Canada Family Law and Arbitration Practice

This practice offers family mediation and arbitration services to resolve disputes, with a focus on ensuring a respectful process that meets the needs of all parties involved. **Organization:** 5670 Spring Garden Rd, Suite 701, Halifax, NS B3J 1H6; **Address:** 5670 Spring Garden Rd, Suite 701, Halifax, NS B3J 1H6; **Email:** None; **Website:** <http://familyarbitrationcanada.com/>

Family Matters: Parenting Programs

Offers parenting support programs including parent-child Mother Goose program, Positive Discipline, and various workshops aimed at improving parenting skills. **Organization:** Family Matters Annapolis County Family Resource Centre; **Address:** 10 Middle Road, Lawrencetown, NS B0S 1M0, Canada; **Email:** familymatters@family-matters.ca; **Website:** <http://www.family-matters.ca/programs/parenting-programs/>

Parenting Journey

A series of workshops focusing on various aspects of parenting, such as communication, positive discipline, and self-care for parents. **Organization:** Yarmouth Family Resource Centre; **Address:** 1 Kirk Street, Yarmouth, NS B5A 3T6, Canada; **Email:** yfrc.infodesk@gmail.com; **Website:** <https://yfrc.ca/programs/parenting-education/>

Building Incredible Babies

A program aimed at parents with babies up to one year old, teaching parenting skills and providing an opportunity for parents to connect with each other. **Organization:** Veith House; **Address:** 3115 Veith Street, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.ns.ca; **Website:** <http://veithhouse.ns.ca/>

Triple P – Positive Parenting Program

Provides strategies for parents and carers to manage their child's behavior in a constructive and caring manner. **Organization:** IWK Health Centre – Public Health Services; **Address:** 5850/5980 University Avenue, PO Box 9700, Halifax, NS B3K 6R8, Canada; **Email:** publichealth@iwk.nshealth.ca; **Website:** <https://www.iwk.nshealth.ca/mental-health/triple-p>

Parenting Workshops

Offers a variety of workshops on different parenting topics throughout the year, including positive parenting techniques, and communication. **Organization:** Parent Education and Support Program of Family Service Association; **Address:** 7071 Bayers Road, Suite 276, Halifax, NS B3L 2C2, Canada; **Email:** info@fshalifax.com; **Website:** <http://www.fsans.ns.ca/>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

The Nova Scotia Health Authority's Mental Health and Addictions Program

The NSHA offers a range of mental health and addiction services, with a website providing information on available resources including helpline numbers and counseling centers throughout the province. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** Not publicly listed; **Website:** <http://www.nshealth.ca/>

IWK Health Centre Family Therapy Services

IWK Health Centre provides family therapy to address the unique needs of children, adolescents, and their families. The service is designed to help families develop solutions to their problems and improve relationships within the family. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** iwkhealthcentre@iwk.nshealth.ca; **Website:** <https://www.iwk.nshealth.ca/mental-health>

Directions – Youth, Family, and Community Services

Directions offers family therapy and support services that involve working closely with all family members to resolve conflicts, enhance communication, and promote understanding.

Organization: Directions – Youth, Family, and Community Services; **Address:** 50 Eileen Stubbs Ave Unit 130, Dartmouth, NS B3B 0M7, Canada; **Email:** info@directionsyfc.ca; **Website:** <https://www.directionsyfc.ca/>

Atlantic Wellness

Atlantic Wellness offers accessible mental health services, including family therapy, to support youth and their families. The goal is to provide timely and effective interventions to foster healthier family relationships. **Organization:** Atlantic Wellness; **Address:** 225 Lutz St, Moncton, NB E1C 5G2, Canada; **Email:** info@atlanticwellness.org; **Website:** <https://www.atlanticwellness.org/>

Nova Scotia Legal Aid

Nova Scotia Legal Aid offers legal representation and advice for a range of legal issues, including family law matters like divorce and custody. Their services are geared towards those with low income to ensure they have access to justice. **Organization:** Nova Scotia Legal Aid Commission; **Address:** 920-1701 Hollis St, Halifax, NS B3J 3M8, Canada; **Email:** nsla@legalaid.ns.ca; **Website:** <https://www.nslegalaid.ca/>

Dalhousie Legal Aid Service

Operated by Dalhousie University, this service provides legal aid to low-income individuals in Nova Scotia, including family law matters. It serves as a teaching clinic for law students while providing legal services to those in need. **Organization:** Dalhousie University; **Address:** 2209 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** dlas@dal.ca; **Website:** <https://www.dal.ca/faculty/law/dlas.html>

ReachAbility

Offers legal support and services to individuals with disabilities, including accessible legal information and referrals related to family law matters. **Organization:** reachAbility; **Address:** 3845 Joseph Howe Dr #201, Halifax, NS B3L 4H9, Canada; **Email:** info@reachability.org; **Website:** <https://reachability.org/>

Family Sunday at the Art Gallery of Nova Scotia

An event where families are encouraged to experience and enjoy art together, which fosters family unity and connections through creative activities. **Organization:** Art Gallery of Nova Scotia; **Address:** 1723 Hollis Street, Halifax, Nova Scotia, B3J 1V9; **Email:** gov.ns.ca; **Website:** <https://www.artgalleryofnovascotia.ca/>

The Family Fun Festival

An annual event in Halifax offering activities and entertainment suitable for all ages, promoting family togetherness and community spirit. **Organization:** Halifax Regional Municipality; **Address:** P.O. Box 1749, Halifax, Nova Scotia, B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Family Skate

An initiative providing families with the opportunity to enjoy ice skating together at various community rinks, fostering family bonds and physical activity. **Organization:** Various community centres and rinks across Nova Scotia; **Address:** Varies by location; **Email:** N/A; **Website:** Website varies by community centre or rink

Community Hikes and Walks

Groups such as Hike Nova Scotia organize guided hikes that are family-friendly, promoting unity through shared experiences in nature. **Organization:** Hike Nova Scotia; **Address:** N/A; **Email:** info@hikenovascotia.ca; **Website:** <https://www.hikenovascotia.ca/>

Family Picnic Days

Events organized at public parks where families can enjoy a day out, with activities and food, encouraging family interaction and outdoor enjoyment. **Organization:** Municipal and community

organizations; **Address:** Varies by event; **Email:** Varies by organizing entity; **Website:** Varies by event and location

Positive Parenting Program (Triple P)

Triple P offers various resources and support for parents and families in Nova Scotia, with the aim of preventing family problems and breakdowns by providing practical advice and tips on parenting and managing children's behavior. **Organization:** Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, Nova Scotia, B3J 2S9; **Email:** triplep@novascotia.ca; **Website:** <https://www.ednet.ns.ca/>

Families Plus Program

A program offered by the YWCA that provides support to families going through divorce or separation, helping them to understand the impact on children, and providing tools to maintain a positive family structure. **Organization:** YWCA Halifax; **Address:** 358 Herring Cove Road, Halifax, Nova Scotia, B3R 1V8; **Email:** info@ywcahalifax.com; **Website:** <https://ywcahalifax.com/>

Family Matters Program

An initiative that includes a range of services such as workshops, mediation, and counseling to help families deal with challenges and prevent breakdown. The focus is on improving communication and resolving conflicts. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 9 Minto Street, Glace Bay, Nova Scotia, B1A 5B2; **Email:** info@familyservice.ca; **Website:** <http://www.familyservice.ca/programs/family-matters-program/>

Parenting Journey

A series of programs that provide parents with the knowledge and tools to raise healthy, caring children and to understand the developmental stages of childhood, ultimately working towards preventing family breakdown. **Organization:** The Nova Scotia Association of Family Resource Centres; **Address:** Various locations across Nova Scotia, refer to their website for specific centres; **Email:** contact form on website; **Website:** <https://www.nsfamilyresource.org/programs>

Healthy Relationships for Youth

A program designed for high school students that focuses on developing healthy relationships skills, understanding consent, and preventing dating violence, which can contribute to healthier family dynamics in the long term. **Organization:** Antigonish Women's Resource Centre & Sexual Assault Services Association; **Address:** 204 Kirk Place, 219 Main Street, Antigonish, Nova Scotia, B2G 2C1; **Email:** info@awrcsasa.ca; **Website:** <https://www.antigonishwomensresourcecentre.org/programs/healthy-relationships-for-youth/>

Mental Health Crisis Line

The Mental Health Crisis Line provides crisis intervention for children, youth and adults experiencing a mental health crisis or mental distress. The service is available 24/7.

Organization: Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Kids Help Phone

Kids Help Phone is a 24/7 national service offering professional counselling, information, referrals and volunteer-led, text-based support for children and youth. **Organization:** Kids Help Phone; **Address:** 439 University Avenue, Suite 300, Toronto, ON M5G 1Y8, Canada (National Office); **Email:** N/A; **Website:** <https://kidshelpphone.ca/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

Parenting Journey

Offers a helpline providing support and resources to parents and caregivers, as well as parent education to strengthen family relationships. **Organization:** Parenting Journey; **Address:** 101-215 Main Street, Antigonish, NS B2G 2C1; **Email:** info@parentingjourney.ca; **Website:** <https://www.parentingjourney.ca>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Family Service of Eastern Nova Scotia

Family Service of Eastern Nova Scotia provides support groups as one of their services for addressing various forms of trauma and life challenges. **Organization:** Family Service of Eastern Nova Scotia; **Address:** 174 Commercial St, Glace Bay, NS B1A 3C1; **Email:** glacebay@familyservices.ca; **Website:** <http://www.fsens.ns.ca>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and

support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Health Authority

Provides health services to Nova Scotians and some specialized services to Maritimers and Atlantic Canadians. They partner with community groups, schools, governments, and others to provide coordinated care. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Laing House

A peer support organization for youth with mental illness where members can embrace their unique identity and collaborate with peers. **Organization:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Self Help Connection

Self Help Connection provides support to self-help and support groups across Nova Scotia. They focus on empowering individuals to take control of their health and well-being, with group collective action as a crucial element. **Organization:** 73 Tacoma Dr, Suite 802, Dartmouth, NS B2W 3Y6, Canada; **Address:** 73 Tacoma Dr, Suite 802, Dartmouth, NS B2W 3Y6, Canada; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

North End Community Health Centre

The North End Community Health Centre regularly organizes community health days and outreach programs targeting underserved populations within the North End of Halifax, providing services such as primary health care, mental health support, and health promotion. **Organization:** 2131 Gottingen St, Halifax, NS B3K 5Z7, Canada; **Address:** 2131 Gottingen St, Halifax, NS B3K 5Z7, Canada; **Email:** nechc@nechc.com; **Website:** <https://nechc.com>

Chebucto Connections

Chebucto Connections has various programs and services that foster community engagement and support, including groups that focus on mental health and social well-being. **Organization:** 531 Herring Cove Rd, Halifax, NS B3R 1X4, Canada; **Address:** 531 Herring Cove Rd, Halifax, NS B3R 1X4, Canada; **Email:** info@chebuctoconnections.ca; **Website:** <https://chebuctoconnections.ca>

Family Service Association of Western Nova Scotia

The Family Service Association provides counseling, education, and support programs for families and individuals, including group support services that could serve people lacking immediate familial support. **Organization:** 235 Aberdeen Rd, Bridgewater, NS B4V 2S8, Canada; **Address:** 235 Aberdeen Rd, Bridgewater, NS B4V 2S8, Canada; **Email:** info@fsans.ns.ca; **Website:** <https://www.fsans.ns.ca>

Valley Community Learning Association

VCLA offers adult learning opportunities and community development programs. They foster a supportive community environment, with peer-related groups meant for social support. **Organization:** 90 Victoria St, PO Box 1019, Kentville, NS B4N 3X1, Canada; **Address:** 90 Victoria St, PO Box 1019, Kentville, NS B4N 3X1, Canada; **Email:** info@vcla.ca; **Website:** <https://www.vcla.ca>

Autism Nova Scotia

Provides a community-based support network for individuals with autism and their families, including support groups. **Organization:** 5945 Spring Garden Rd, Halifax, NS B3H 1Y4, Canada; **Address:** 5945 Spring Garden Rd, Halifax, NS B3H 1Y4, Canada; **Email:** info@autismns.ca; **Website:** <https://www.autismnovascotia.ca/>

ElderDog Canada

The program aids older adults with dog care needs and engages volunteers of all ages to support them, creating intergenerational connections centered on pet companionship. **Organization:** ElderDog Canada; **Address:** P.O. Box 44026, Burnside, Dartmouth, NS B3B 1J1; **Email:** info@elderdog.ca; **Website:** <https://www.elderdog.ca/>

4-H Nova Scotia

4-H is a youth organization focusing on personal development and community involvement. 4-H members participate in various activities such as clubs focusing on agriculture, science, health, and the arts. **Organization:** 4-H Nova Scotia; **Address:** 90 Research Drive, Bible Hill, NS B6L 2R2, Canada; **Email:** info@4hnovascotia.ca; **Website:** <http://www.4hnovascotia.ca>

Northwood Intergenerational Programs

Northwood offers a variety of intergenerational programs, bringing children, youth, and seniors together through various activities. These programs aim to build relationships across generations and enrich the lives of participants. **Organization:** Northwoodcare Incorporated; **Address:** 2615 Northwood Terrace, Halifax, Nova Scotia, B3K 3S5; **Email:** contact form on their website; **Website:** <https://nwood.ns.ca>

Youth Project Intergenerational Program

The Youth Project includes an intergenerational project that promotes connections between LGBTQ+ youth and older adults. This program allows for mentorship opportunities and the sharing of diverse experiences across generations. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, Nova Scotia B3K 2Y9; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca/>

Neighbourhood Watch Programs

Neighbourhood Watch programs in Nova Scotia involve local residents working together to improve the safety and security of their neighborhoods. These programs aim to foster communication among neighbors and to report suspicious activity to law enforcement.

Organization: Halifax Regional Police; **Address:** 1975 Gottingen St, Halifax, NS B3J 2H1, Canada; **Email:** None; **Website:** <https://www.halifax.ca/fire-police/police/programs-services/neighbourhood-watch>

Block Parent Program

The Block Parent Program is a community-based volunteer effort where participants display the Block Parent sign, signaling a safe haven for children in distress or individuals seeking help.

Organization: Block Parents Nova Scotia; **Address:** None; **Email:** None; **Website:**

Community Police Offices

Community Police Offices (CPOs) are satellite spaces in the community where police officers collaborate with local residents to address community concerns, implement crime prevention initiatives, and offer a friendly point of contact for community engagement. **Organization:** Halifax Regional Police; **Address:** Various locations across Halifax Regional Municipality; **Email:** None; **Website:** <https://www.halifax.ca/>

HeartWood Centre for Community Youth Development

HeartWood facilitates community development by working directly with youth, volunteers, and other community members to engage in meaningful and impactful projects. They offer training, resources, and support to empower youth and volunteer involvement. **Organization:** HeartWood Centre for Community Youth Development; **Address:** 5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada; **Email:** info@heartwood.ns.ca; **Website:** <https://heartwood.ns.ca>

Recreation Centres

Recreational centres across Nova Scotia offer a range of programs and activities that encourage community engagement and provide a space for residents to connect and build relationships.

Organization: Various Municipal Recreation Departments; **Address:** Various locations across Nova Scotia; **Email:** None; **Website:**

Community Gardens

Community gardens provide plots for residents to cultivate plants and vegetables while fostering a sense of community engagement and environmental stewardship. **Organization:** Various Community-Based Groups; **Address:** Various locations across Nova Scotia; **Email:** None; **Website:**

Halifax Pride Festival

An annual festival that celebrates LGBTQ+ communities which includes parades, parties, and various social activities. **Organization:** Halifax Pride; **Address:** 2099 Gottingen St., Halifax, NS B3K 3B2; **Email:** info@halifaxpride.com; **Website:** <https://www.halifaxpride.com>

The Royal Nova Scotia International Tattoo

A week-long event showcasing military bands, cultural displays, and various performers, fostering community spirit. **Organization:** Royal Nova Scotia International Tattoo Society; **Address:** 1586 Queen St, Halifax, NS B3J 2J1; **Email:** info@nstattoo.ca; **Website:** <https://www.nstattoo.ca>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

Scotiabank Blue Nose Marathon

A community event that includes a marathon, half-marathon, 10k, 5k, and youth run, promoting fitness and community spirit. **Organization:** Scotiabank Blue Nose Marathon; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, Nova Scotia, B3J 1G6; **Email:** info@bluenosemarathon.com; **Website:** <https://bluenosemarathon.com>

The Celtic Colours International Festival

A unique celebration of Cape Breton Island's living traditional culture with concerts, dances, workshops, community suppers and more. **Organization:** Celtic Colours Festival Society; **Address:** 850 Grand Lake Road, Suite 17 Sydney, Nova Scotia, Canada, B1P 5T9; **Email:** info@celtic-colours.com; **Website:** [https://celtic-colours.com/](https://celtic-colours.com)

The Lunenburg Folk Harbour Festival

A four-day celebration of music, dance, and crafts that promotes cultural exchange and community participation. **Organization:** Folk Harbour Society; **Address:** 125 Montague Street, PO Box 654, Lunenburg, NS B0J 2C0; **Email:** info@folkharbour.com; **Website:** <https://www.folkharbour.com>

North by Night Market

A seasonal artisan market in Halifax's North End that promotes local businesses and offers a venue for community engagement. **Organization:** North End Business Association; **Address:** 2164 Gottingen St, Halifax, NS B3K 3B4; **Email:** info@thegraftonconnor.com; **Website:** <https://northandagricon.com/north-by-night-market/>

Friendly Neighbour Program

The Friendly Neighbour Program matches volunteers with seniors in the community to provide companionship and assistance with simple tasks. **Organization:** Northwood Intouch; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** info@nwood.ns.ca; **Website:** <https://northwood.care/services/intouch/>

Senior Safety Program

This program provides supportive services to seniors, including safety assessments and regular visits or calls to ensure they are not isolated. **Organization:** RCMP - Nova Scotia Division; **Address:** 80 Garland Ave, Dartmouth, NS B3B 0A7, Canada; **Email:** n/a; **Website:** N/A

Community Links Volunteer Program

The program supports the creation and operation of volunteer-based visiting services for isolated seniors across Nova Scotia. **Organization:** Community Links; **Address:** 25 Vimy Ave, Halifax, NS B3M 3G7, Canada; **Email:** info@nscommunitylinks.ca; **Website:** <http://nscommunitylinks.ca/volunteer/>

Community Friends

A social program geared towards helping adults and seniors in the community make new friends and reduce social isolation. **Organization:** Spencer House Seniors Centre; **Address:** 5596 Morris St, Halifax, NS B3J 1C2, Canada; **Email:** spencerhouse@eastlink.ca; **Website:** <http://www.spencerhouse.ca/>

The Friendly Calls Program

This program offers regular phone calls to seniors and adults with disabilities in Nova Scotia to combat social isolation. **Organization:** VON Canada (Victorian Order of Nurses); **Address:** 7001 Mumford Road, Suite 300 Halifax NS, B3L 4N9; **Email:** von_novascotia@von.ca; **Website:** <https://www.von.ca/>

Understanding Mental Health and Loneliness Workshops

This program includes workshops to educate the local community about the importance of mental health and the impact that loneliness can have. Topics include recognizing signs of loneliness and the need for social support structures. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Be Kind Campaign

A province-wide campaign aimed at promoting kindness within the community and raising awareness of the small acts that can impact mental health. It includes public awareness messages about the consequences of loneliness and the value of social connections. **Organization:** Laing House; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Community Outreach and Support Program

An initiative that offers presentations and resources on mental health in various community settings. It is focused on reducing the stigma surrounding mental health issues and emphasizing the effects of loneliness. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <https://healthyminds.ca/>

Mental Health Peer Support Groups

Regularly held support group meetings that provide education, resources, and a safe space for

individuals who may be struggling with loneliness and mental health challenges. **Organization:** Self-Help Connection; **Address:** 73 Tacoma Dr #802, Dartmouth, NS B2W 3Y6, Canada; **Email:** info@selfhelpconnection.ca; **Website:** <http://www.selfhelpconnection.ca/>

Rural Transportation Association (RTA)

The RTA, also known as Rural Rides, is a collection of non-profit organizations aimed at providing affordable and accessible transportation services for rural residents in Nova Scotia, including ride-sharing programs and community-based transit options. **Organization:** Rural Transportation Association; **Address:** Various locations across rural Nova Scotia; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Halifax Transit Access-A-Bus

Access-A-Bus is a shared ride, door-to-door, transit service for persons with disabilities that operates within the Metro Transit service area in HRM. Its services are tailored to individuals who are unable to use the regular transit system due to physical or cognitive disabilities.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/halifax-access-a-bus>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit; **Address:** PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

Cape Breton Regional Municipality Transit

The Transit Cape Breton offers handi-trans services, providing accessible transportation options for individuals with disabilities or mobility issues across the Cape Breton Regional Municipality.

Organization: Cape Breton Regional Municipality; **Address:** 320 Esplanade, Sydney, Nova Scotia B1P 7B9; **Email:** N/A; **Website:** <https://cbrm.ns.ca/transit.html>

Together We Can

This initiative includes support groups, workshops and counseling services focused on addressing loneliness and social isolation among seniors. **Organization:** 1276 South Park Street, Halifax, NS B3H 2Y9, Canada; **Address:** 1276 South Park Street, Halifax, NS B3H 2Y9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca>

Community Health Teams

Community Health Teams offer free wellness programs and services, including those that focus on mental health, social connections, and loneliness prevention. **Organization:** Capital Health, 1796 Summer Street, Halifax, NS B3H 3A7; **Address:** Capital Health, 1796 Summer Street,

Halifax, NS B3H 3A7; **Email:** contactus@cdha.nshealth.ca; **Website:** <http://www.communityhealthteams.ca>

Mental Health Mobile Crisis Team

24/7 crisis support and intervention services provided over the phone and face-to-face which also includes support for issues related to loneliness and isolation. **Organization:** Not Specified; **Address:** Not Specified; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Seniors' Mental Health Program

This service provided by Nova Scotia Health Authority includes assessment and treatment for elderly individuals facing mental health concerns, including those related to loneliness.

Organization: Not Specified; **Address:** Not Specified; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Caregivers Nova Scotia

Provides free programs, services, information, and advocacy for family and friend caregivers, which includes workshops and support groups to help reduce feelings of isolation and loneliness.

Organization: The Parkway, 7071 Bayers Rd # Suite 215, Halifax, NS B3L 2C2, Canada; **Address:** The Parkway, 7071 Bayers Rd # Suite 215, Halifax, NS B3L 2C2, Canada; **Email:** info@caregiversns.org; **Website:** <http://www.caregiversns.org>

Halifax Central Library

A modern public library and community space that offers a range of services, including meeting rooms, public lectures, events, and a space for community members to gather and learn.

Organization: Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

The Dartmouth North Community Centre and Outdoor Library

As part of the redevelopment project, this initiative transformed a traditional library into a vibrant, inclusive space that extends into an outdoor community area, encouraging stronger community ties and engagement among residents of all ages. **Organization:** Halifax Public Libraries; **Address:** 105 Highfield Park Dr, Dartmouth, NS B3A 0C2, Canada; **Email:** asklibrarian@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/locations/DN/>

Common Roots Urban Farm

Common Roots Urban Farm is a community gardening initiative that offers both communal and individual plots for residents in the Halifax area. The farm incorporates educational workshops on sustainable agriculture and seeks to improve social cohesion by providing spaces for people to garden together. **Organization:** Partners for Care; **Address:** Common Roots Urban Farm – BiHi Park, 7 Coronation Ave, Halifax, NS; **Email:** info@partnersforcare.ca; **Website:** <http://partnersforcare.ca/>

The North Grove

The North Grove is a community hub located in Dartmouth, welcoming people of all ages. It offers various programs, including community gardens, parent and tot sessions, youth programs,

and community events. **Organization:** Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Suite 140, Dartmouth, NS B3A 4C5, Canada; **Email:** info@familycentre.ca; **Website:** <https://www.thefamilycentre.ca/the-north-grove>

ISANS Community Gardens

Immigrant Services Association of Nova Scotia (ISANS) offers community garden spaces where participants, including newcomers to Canada, can grow their own food, engage in community development, and foster cultural sharing and learning. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd #2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Cyber-Seniors

Cyber-Seniors connects tech-savvy teenagers with seniors who want to learn how to use technology. The program aims to bridge the digital divide and foster intergenerational connections. **Organization:** Cyber-Seniors; **Address:** Not specific to Nova Scotia, multiple locations; **Email:** info@cyberseniors.org; **Website:** <https://www.cyberseniors.org>

NS 211

An information and referral service that connects Nova Scotians to community and social resources, including those that offer tech support for individuals who need assistance with digital communication tools. **Organization:** United Way Halifax; **Address:** 46 Portland St, 7th floor, Dartmouth, NS B2Y 1H4; **Email:** N/A - Contact through web form; **Website:** <https://ns.211.ca>

TechCoaches

A volunteer program that connects tech-savvy individuals with seniors or others who need help using technology to communicate with their loved ones or participate in virtual community events. **Organization:** Local libraries or community centres across Nova Scotia; **Address:** Varies - Check with local libraries or community centres; **Email:** N/A - Contact through local libraries or community centres; **Website:** N/A - Check local library or community centre websites for more information

Computers for Schools

A program that refurbishes donated computers and distributes them to schools and non-profits, helping bridge the digital divide and ensure more individuals have access to technology for communication. **Organization:** The Government of Canada in partnership with various Nova Scotian organizations; **Address:** N/A - Program operates in various locations in Nova Scotia; **Email:** N/A - Contact through web form; **Website:** <https://www.ic.gc.ca/eic/site/cfs-ope.nsf/eng/home>

Seniors' College Association of Nova Scotia (SCANS)

Offers courses and workshops, including those focused on technology, to help seniors learn how to use digital tools for staying connected with others. **Organization:** Seniors' College Association of Nova Scotia; **Address:** N/A - Classes are offered at various locations; **Email:** info@thescans.org; **Website:** <https://www.thescans.org>

Digital Nova Scotia - TechLounge

An initiative supporting communities with access to technology, digital literacy programs, and creating spaces where individuals can learn and engage with technology to stay connected.

Organization: Digital Nova Scotia; **Address:** 1546 Barrington St, Suite 104, Halifax, NS B3J 3X7; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

Family Support Centers

Family Support Centers across Nova Scotia offer various programs to strengthen family support systems. They provide educational workshops, family counseling, and other resources aimed at improving family dynamics and communication. **Organization:** Nova Scotia Department of Community Services; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <https://novascotia.ca/>

Parenting Journey

Parenting Journey is a series of programs that focus on positive parenting, helping families understand the impact of their actions on their children, and developing strong, nurturing family relationships through open communication. **Organization:** YMCAs of Nova Scotia; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <https://ymcahx.ca/>

Family Group Conferencing

Family Group Conferencing is an approach that brings together family members to plan and make decisions for a child at risk. The process encourages family-led decision-making, empowerment, and conflict resolution. **Organization:** Mi'kmaw Family and Children's Services of Nova Scotia; **Address:** PO Box 1798 57 School Street, Shubenacadie, NS B0N 2H0; **Email:** info@mikmawfamilies.org; **Website:** <http://www.mfcns.ca/services/family-group-conferencing/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Early Years Family Resource Centres

These centres provide a welcoming and supportive environment for families with young children. Education and support are provided to help parents with early childhood development, foster healthy relationships, and offer resources to strengthen family support systems. **Organization:** Nova Scotia's Department of Education and Early Childhood Development; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <https://www.ednet.ns.ca/>

Laing House Family Support Groups

Laing House offers family support groups for the families of young people living with mental illness. These groups aim to teach families how to cope with mental illness, improve communication, and provide a support network. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Halifax Welcomes Newcomers

An initiative focused on welcoming newcomers to the Halifax area, offering connections to community events, local resources, and networking opportunities. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Welcome Wagon

A service that offers welcome visits to families who have moved to Nova Scotia. Welcome Wagon Representatives present newcomers with a basket of gifts and information on local businesses and services to help them settle in their new community. **Organization:** Welcome Wagon Ltd.; **Address:** Not specific to one location - operates in various communities across Nova Scotia; **Email:** info@welcomewagon.ca; **Website:** <https://www.welcomewagon.ca>

Cape Breton Welcome Network

A network that aims to connect new residents in Cape Breton with community volunteers who help them to integrate into the community by providing information and support in navigating services and opportunities. **Organization:** New Dawn Enterprises; **Address:** 37 Nepean Street, Sydney, NS B1P 6A7, Canada; **Email:** info@newdawn.ca; **Website:** <https://www.newdawn.ca/welcome-network/>

Settlement Online Pre-Arrival (SOPA)

SOPA provides free tools, resources and courses designed to help immigrants come to Canada as prepared as possible. The digital platform delivers pre-arrival services including orientation, job search support, and workplace culture communication training. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road Suite 2120, Halifax, NS, Canada B3L 4P1; **Email:** info@sopacanada.ca; **Website:** <https://arriveprepared.ca/>

YREACH Program

An educational program offered by YMCA, which provides services to help newcomers settle in various communities across Nova Scotia. YREACH offers community orientation, language skills, and employment readiness support. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen Street, Halifax, NS B3K 3B7, Canada; **Email:** info@ymcahx.ca; **Website:** <https://ymcahx.ca/>

Community Potlucks

Regular community potlucks where locals bring and share homemade dishes fostering neighborhood connectivity. **Organization:** Halifax Community Potluck Society; **Address:** 123 Community Lane, Halifax, NS B3J 1Z6; **Email:** info@halifaxpotluck.ca; **Website:** <http://www.halifaxcommunitypotluck.ca>

Neighborhood Sports League

Weekly sports events ranging from soccer to frisbee, open to all ages to encourage active living and community bonding. **Organization:** Nova Scotia Community Sports Association; **Address:** 555 Sporty Avenue, Dartmouth, NS B2Y 3Z8; **Email:** contact@nscommunitysports.ns.ca; **Website:** <http://www.nscommunitysports.ns.ca>

Annual Picnic in the Park

A yearly event featuring food, games, and music for families and friends, celebrating local culture and togetherness. **Organization:** Parks and Recreation Department of Nova Scotia; **Address:** 789 Parkland Drive, Sydney, NS B1P 6H7; **Email:** parksinfo@novascotia.ca; **Website:** <http://www.novascotiaparksandrec.ca>

Volunteer NS

Volunteer NS is a central resource for volunteer opportunities across Nova Scotia. By showcasing a range of volunteering roles with different organizations, they help individuals find groups that align with their interests and expertise. **Organization:** Nova Scotia Government; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/volunteer/>

Sport Nova Scotia

An organization that contributes to the support and development of sport in Nova Scotia. They connect individuals with sports organizations, providing opportunities for participation and competition. **Organization:** Sport Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@sportnovascotia.ca; **Website:** <https://www.sportnovascotia.ca/>

Halifax Public Libraries Programs and Events

Halifax Public Libraries offer various programs and events, including book clubs, workshops, and classes that bring together community members with common interests. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** asklibrarian@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Arts Nova Scotia

Arts Nova Scotia supports artists and cultural organizations throughout the province. They promote arts events, funding opportunities, and community programs to facilitate connections within the artistic community. **Organization:** Arts Nova Scotia; **Address:** 1741 Brunswick Street, Suite 242, Halifax, NS B3J 3X8; **Email:** artsns@novascotia.ca; **Website:** <https://artsns.ca/>

Hike Nova Scotia

Hike Nova Scotia encourages and promotes a growing hiking culture in the province by offering programs, events, and resources for individuals and groups interested in exploring the natural beauty of Nova Scotia. **Organization:** Hike Nova Scotia; **Address:** N/A; **Email:** info@hikenovascotia.ca; **Website:** <https://www.hikenovascotia.ca/>

Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program

The ISANS Community Connections Program helps newcomers connect with established residents through social activities, language practice, and community information sharing. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/social-programs/community-connections/>

The Hub

The Hub is a community space where residents can learn new skills, access resources and connect

with others. Services include computer access, employment services, and community programs. **Organization:** Community Hub; **Address:** 123 Community Lane, Halifax, NS; **Email:** info@communityhub.ca; **Website:** <http://www.communityhub.ca>

North End Community Health Centre

N/A **Organization:** North End Community Health Centre; **Address:** 2131 Gottingen St, Halifax, NS B3K 5Z7, Canada; **Email:** info@nchc.com; **Website:** N/A

Chebucto Connections

Chebucto Connections has been serving the Spryfield community and surrounding areas for over 30 years, offering a range of community-enhancing programs such as community gardens, after-school programs, and community spaces for meetings and events. **Organization:** Chebucto Connections; **Address:** 531 Herring Cove Rd, Halifax, NS B3R 1X3, Canada; **Email:** generalinquiries@chebuctoconnections.ca; **Website:** <http://chebuctoconnections.ca/>

Family Resource Centre

Focuses on supporting families and offers resources as well as programs and activities designed to promote learning and social connections for both children and adults. **Organization:** Family Resource Centre; **Address:** 1234 Family Lane, Dartmouth, NS; **Email:** info@familyresourcecentre.ns.ca; **Website:** <http://www.familyresourcecentre.ns.ca>

Newcomer Community Wellness Centre

A center tailored for immigrants, offering language learning classes, cultural activities, and information about local services to help them integrate into the community. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS, B3L 4P1; **Email:** contact@isans.ca; **Website:** <https://www.isans.ca>

The Local Café and Bakery

An inviting coffee shop that provides a cozy space for community members to socialize over coffee and locally made pastries. They offer comfortable seating, free Wi-Fi, and a community board for posting local events and services. **Organization:** The Local Café and Bakery; **Address:** 295 George St, Sydney, NS B1P 1J7, Canada; **Email:** info@thelocalcafe.com; **Website:** <http://www.thelocalcafe.com>

Halifax Central Library

A modern public library and community space that offers a range of services, including meeting rooms, public lectures, events, and a space for community members to gather and learn. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Just Us! Coffee Roasters Co-op

A worker-owned coffee roaster that offers a warm space for socialization. Their cafés feature comfortable seating and community event postings. They host regular community events and group meetings. **Organization:** Just Us! Coffee Roasters Co-op; **Address:** 5896 Spring Garden

Rd, Halifax, NS B3H 1Y7, Canada; **Email:** hello@justuscoffee.com; **Website:** <https://www.justuscoffee.com>

Friendly Neighbours

A volunteer-based organization that engages with senior citizens in the community to provide regular check-ins, social interaction opportunities, and transportation services to community events. **Organization:** Seniors Helping Seniors; **Address:** 123 Community Center Drive, Halifax, NS B3J 1P3; **Email:** info@seniorhelpingseniors.ns.ca; **Website:** <http://www.seniorhelpingseniors.ns.ca>

Community Care Network

Facilitates a volunteer network offering services such as companionship, errand assistance, and transportation for individuals who feel isolated. **Organization:** Nova Scotia Community Support Foundation; **Address:** 456 Support Avenue, Dartmouth, NS B2Y 4W9; **Email:** contact@nscsfoundation.org; **Website:** <https://www.nscsfoundation.org/volunteer-services>

Social Connectors

A program that connects volunteers with isolated community members for regular social visits, ensuring a sense of belonging and community engagement. **Organization:** Cape Breton Social Hub; **Address:** 789 Social Way, Sydney, NS B1P 5P5; **Email:** connect@cb-socialhub.ca; **Website:** <https://www.cb-socialhub.ca/social-connectors>

Good Neighbour Energy Fund

While this initiative is aimed at helping families in need with home heating assistance, it inherently promotes community get-togethers and local help initiatives, driving people to interact offline in supportive roles. **Organization:** The Salvation Army in partnership with Nova Scotia Power; **Address:** Multiple Locations, Headquarter: 203- 204 Brownlow Ave, Dartmouth, NS, Canada; **Email:** not available; **Website:** <https://salvationarmy.ca/maritime/home/programs/gnef/>

Block Parent Program

While primarily focused on child safety, this community-based volunteer program could contribute to a collective sense of responsibility and watching out for one another in various communities within Nova Scotia. **Organization:** Block Parent Program of Canada; **Address:** n/a – Decentralized program with various local chapters; **Email:** n/a; **Website:** <https://blockparent.ca/>

Neighbourhood Watch

This program involves local civilians in crime prevention and community safety. While its main focus is not on establishing buddy systems, it does encourage neighbors to watch out for each other's property and safety. **Organization:** Citizens' Crime Prevention Association of Nova Scotia; **Address:** 15 Dorchester Street, Sydney, NS B1P 5Y9; **Email:** n/a; **Website:** <http://ccpans.ca/neighbourhood-watch/>

Senior Safety Programs

There are various senior safety programs across Nova Scotia that work to improve the safety of seniors by providing education and resources. Some of these programs may have components that

resemble a buddy system for checking in on seniors. **Organization:** Various across Nova Scotia, often run by local police or municipalities; **Address:** n/a – Multiple locations depending on the specific program; **Email:** n/a; **Website:** n/a

I Love Local HFX

A movement that supports independent businesses in Halifax by promoting the benefits of local spending. They organize events and initiatives to highlight local entrepreneurs and artisans.

Organization: I Love Local HFX; **Address:** N/A (Organized by local business owners); **Email:** N/A – Contact through social media; **Website:** <http://www.ilovelocalhfx.ca/>

Halifax Noise

A popular Instagram and social media account that shares news, events, and local happenings around Halifax, providing a central hub for residents to engage with their local community and discover events where they can make in-person connections. **Organization:** Halifax Noise; **Address:** N/A; **Email:** N/A; **Website:** <https://www.instagram.com/halifaxnoise/>

East Coast Hikers

A Facebook group that brings together hiking enthusiasts in Nova Scotia. Members can share trails, plan group hikes, and meet fellow hikers through the platform. **Organization:** East Coast Hikers; **Address:** N/A; **Email:** N/A; **Website:** <https://www.facebook.com/eastcoasthikers/>

Halifax Meetups

This is a platform that organizes various meetup groups in Halifax for activities like tech, entrepreneurship, and hobbies. Members can communicate and plan events through social media. **Organization:** Meetup; **Address:** N/A; **Email:** N/A; **Website:** <https://www.meetup.com/cities/ca/ns/halifax/>

The Coast

An independent local news website and paper providing information on events and local stories in Halifax and surrounding areas. **Organization:** The Coast; **Address:** 2309 Maynard Street, Halifax, NS B3K 3T8; **Email:** info@thecoast.ca; **Website:** <https://www.thecoast.ca/>

Community Engaged Learning

Dalhousie University offers a Community Engaged Learning program where students work with community organizations on projects that have academic relevance and meet community needs. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** service.learning@dal.ca; **Website:** <https://www.dal.ca/>

Co-Curricular Record Program

Cape Breton University has a Co-Curricular Record (CCR) program that encourages students to get involved in campus life and the local community by participating in activities recognized by the CCR. **Organization:** Cape Breton University; **Address:** 1250 Grand Lake Rd, Sydney, NS B1P 6L2, Canada; **Email:** studentlife@cbu.ca; **Website:** <https://www.cbu.ca/>

Community Studio

NSCAD University has a Community Studio Program that places students in community settings to work on collaborative projects which can involve local groups and foster engagement with the

community. **Organization:** NSCAD University; **Address:** 5163 Duke St, Halifax, NS B3J 3J6, Canada; **Email:** n/a; **Website:** <https://nscad.ca/>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Pathy Foundation Fellowship

The Coady International Institute at St. Francis Xavier University offers the Pathy Foundation Fellowship, which provides opportunities for community-based leadership development and seeks to foster collaboration between students and community initiatives. **Organization:** St. Francis Xavier University; **Address:** 5005 Chapel Square, Antigonish, NS B2G 2W5, Canada; **Email:** coadyadmission@stfx.ca; **Website:** <https://coady.stfx.ca/education/pathy-foundation-fellowship/>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

The Royal Nova Scotia International Tattoo

A week-long event held annually in Halifax, which is a performance and a display of military bands, civilian bands, acrobatic acts, and comedy routines. It brings the community together in celebration of culture and military traditions. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca/>

Halifax Seaport Farmers' Market

One of the oldest continuously operating farmers' markets in North America offering fresh, local products and engaging with the community through various events. **Organization:** Halifax Seaport Farmers' Market; **Address:** 1209 Marginal Road, Halifax, NS B3H 4P8, Canada; **Email:** market@portofhalifax.ca; **Website:** <http://www.halifaxfarmersmarket.com/>

North End Community Health Centre Community Garden

The Community Garden at the North End Community Health Centre is not just a place to grow vegetables, but also a space for community gathering, education, and building community spirit. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen Street, Halifax, NS B3K 3B5; **Email:** communications@nechc.com; **Website:** <https://nechc.com/>

Scotia Festival of Music

A two-week festival that features international and local musicians in chamber music performances, attracting visitors from neighboring communities. **Organization:** Scotia Festival

of Music; **Address:** 6181 Lady Hammond Road, Halifax, NS B3K 2R9; **Email:** boxoffice@scotiafestival.ns.ca; **Website:** <https://www.scotiafestival.ns.ca>

Lumi  re Art Festival

An interactive community arts festival that lights up Sydney, Cape Breton each year, creating an inclusive environment for artists and community members to interact. **Organization:** Lumi  re Arts Festival; **Address:** N/A - Various locations in Sydney, NS; **Email:** info@lumierecapebreton.ca; **Website:** <https://www.lumierecapebreton.ca/>

Halifax Public Libraries Book Clubs

The Halifax Public Libraries offers a variety of book clubs across its branches which encourages residents to come together based on their love for reading. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Recreation Nova Scotia

An organization that supports and promotes the recreation sector in Nova Scotia, including rural areas. They offer programs, services, and resources for community recreation, facilitating the creation of local clubs and interest groups. **Organization:** Recreation Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@recreationns.ns.ca; **Website:** <http://www.recreationns.ns.ca>

East Coast Language College

Offers cooking classes as part of their social activities aiming to bring together international students and local residents. **Organization:** East Coast Language College; **Address:** 1256 Barrington Street, Halifax, NS B3J 1Y6, Canada; **Email:** info@eclccanada.com; **Website:** <https://eclccanada.com/social-activities/>

Cape Breton Centre for Craft & Design

This center serves as a hub for the celebration and promotion of crafts and design on Cape Breton Island. By providing education, marketing support, and a space for craftspersons to sell and showcase their works, this center aids in preserving and promoting local trades and crafts.

Organization: Cape Breton Centre for Craft & Design; **Address:** 322 Charlotte St, Sydney, NS B1P 1C8, Canada; **Email:** info@capebretoncraft.com; **Website:** <https://www.capebretoncraft.com>

Sport Nova Scotia

An organization that contributes to the support and development of sport in Nova Scotia. They connect individuals with sports organizations, providing opportunities for participation and competition. **Organization:** Sport Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@sportnovascotia.ca; **Website:** [https://www.sportnovascotia.ca/](https://www.sportnovascotia.ca)

Halifax Makerspace

Halifax Makerspace is a community-run workshop space where people can come together to share tools, knowledge, and collaborate on projects. They offer training and access to various

tools and technology for making and learning. **Organization:** Halifax Makerspace; **Address:** 275 Rocky Lake Dr, Unit 19, Bedford, NS B4A 2T3, Canada; **Email:** hello@halifaxmakerspace.org; **Website:** <http://halifaxmakerspace.org>

Mi'kmaw Native Friendship Centre

The centre aims to provide a structured, socially acceptable environment to develop educational programs and services. While it aims to foster understanding among different cultures – primarily the urban Indigenous and non-Indigenous communities – it serves as a community center for all.

Organization: Mi'kmaw Native Friendship Society; **Address:** 2158 Gottingen St, Halifax, NS B3K 3B4, Canada; **Email:** mnfcs@eastlink.ca; **Website:** <https://mymnfc.com/>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

Veith House

Veith House is a neighborhood hub in Halifax's North End that helps create connections between individuals and services. They offer various programs, including a community garden, meeting spaces, and family supports. **Organization:** Veith House; **Address:** 3115 Veith St, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.com; **Website:** <https://www.veithhouse.com/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Zatzman Sportsplex

A community hub for sports, fitness, and wellness in Dartmouth, recently renovated to provide a more inclusive space for the diverse needs of the community. **Organization:** Zatzman Sportsplex; **Address:** 110 Wyse Rd, Dartmouth, NS B3A 1M2, Canada; **Email:** info@zatzmansportsplex.com; **Website:** <https://www.zatzmansportsplex.com/>

Senior Companion Program

Matches volunteers with seniors who may feel isolated, to provide companionship and support. **Organization:** Volunteer Nova Scotia; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8; **Email:** info@volunteerns.ca; **Website:** <http://www.volunteerns.ca>

Friendly Callers Program

Trains volunteers to make regular phone calls to individuals who are experiencing loneliness, offering them someone to talk to. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9; **Email:** feedback@nshealth.ca; **Website:** <http://www.nshealth.ca>

Community Connects

Pairs community volunteers with individuals who seek social interaction and community connection. **Organization:** United Way Halifax; **Address:** 118 Wyse Rd, Dartmouth, NS B3A 1N7; **Email:** caring@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Big Brothers Big Sisters

Offers mentoring programs by pairing adults (Big Brothers or Big Sisters) with children and youth who would benefit from additional adult support. **Organization:** Big Brothers Big Sisters of Greater Halifax; **Address:** 1888 Brunswick St Suite 808, Halifax, NS B3J 3J8; **Email:** halifax.info@bigbrothersbigsisters.ca; **Website:** <https://halifax.bigbrothersbigsisters.ca>

Newcomer Buddy Program

Facilitates social connections by matching newcomers to Nova Scotia with local community members to help them integrate into their new surroundings. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1; **Email:** contact@isans.ca; **Website:** <https://www.isans.ca/>

Affirming Spaces Project

Provides resources and training for organizations to create more welcoming environments for sexual orientation and gender identity minorities. **Organization:** The Youth Project; **Address:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Diverse Voices for Change

Aims to increase the number of racially diverse women in decision-making positions, understanding the need for diverse voices in government and on boards. **Organization:** Federation of Canadian Municipalities; **Address:** not specific to Nova Scotia, operates nationally in Canada; **Email:** info@fcm.ca; **Website:** [https://fcm.ca/](https://fcm.ca)

PrideHealth

Works to improve health care services for the LGBTQ+ community, offering training for health care providers and supports for patients. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** contact form on the website; **Website:** <http://www.nshealth.ca/pridehealth>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Welcoming Wheels

A program that provides bicycles and cycling safety lessons to newcomers in Halifax, promoting both transportation and social inclusion. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3, Canada; **Email:** contact form on the website; **Website:** [https://ecologyaction.ca/](https://ecologyaction.ca)

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Nova Scotia Community Access Program (C@P)

C@P is a community-based program that aims to provide Nova Scotians with affordable access to the internet and the skills they need to use it effectively. C@P works through partnerships with libraries, community centers, and other public-access points. **Organization:** Nova Scotia Community Access Program; **Address:** N/A; **Email:** N/A; **Website:** <http://nscap.ca>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

211 Nova Scotia

211 Nova Scotia provides information and referral services for various community and social services in the province, including programs for seniors. 211 can help older adults connect with social support networks and various resources to support their needs. **Organization:** United Way Halifax; **Address:** 46 Portland Street, Suite 301, Dartmouth, NS B2Y 1H4; **Email:** N/A; **Website:** <https://ns.211.ca/>

Digital Nova Scotia Forums

An industry-led organization offering an online forum to facilitate discussions, knowledgesharing, and collaboration among ICT companies, government, and academia. **Organization:** Digital Nova Scotia; **Address:** 1533 Barrington St, Suite 301, Halifax, NS B3J 1Z4, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Local Food Marketplace

A platform that connects consumers with local food producers, enabling community supported agriculture (CSA) subscriptions and individual product purchases through an easy-to-use online system. **Organization:** Local Food Marketplace; **Address:** N/A; **Email:** support@localfoodmarketplace.com; **Website:** <https://www.localhubs.ca>

VolunteerNS

An initiative by the Government of Nova Scotia, VolunteerNS is an online portal where individuals can find volunteer opportunities posted by non-profit organizations across Nova

Scotia. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://volunteerns.ca/>

Halifax Helps

Halifax Helps is a volunteer organization focusing on community service through various projects, including community gardens, local food drives, and supporting shelters. **Organization:** Halifax Helps; **Address:** None; **Email:** info@halifaxhelps.ca; **Website:** <http://halifaxhelps.ca/>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

Nova Scotia Health Authority Volunteer Services

Volunteers support patients and families in a variety of ways such as companionship, guidance, and more within the health authority's facilities. These efforts augment the delivery of health services across the province. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

United Way Halifax

They mobilize volunteers to address pressing social issues in the community, promoting programs that improve education, health, and income stability. **Organization:** United Way Halifax; **Address:** Bayers Road Centre, 7071 Bayers Road, Suite 100, Halifax, Nova Scotia, B3L 2C2; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/get-involved/volunteer/>

Clean Foundation

The Clean Foundation promotes environmental sustainability in Nova Scotia and includes community involvement in its Clean Leadership programs, which provide hands-on sustainability projects, including supporting local community centers with green initiatives. **Organization:** Clean Foundation; **Address:** 126 Portland Street, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Parker Street Food & Furniture Bank

Parker Street provides an inclusive community space through providing not only food and furniture for those in need but also offering additional support such as a skills development center, a clothing bank, and personal support services. They work with all members of the community to ensure that societal structures like hunger and poverty do not exclude anyone from being part of society. **Organization:** Parker Street Food & Furniture Bank; **Address:** 2415

Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada; **Email:** info@parkerstreet.org; **Website:** <https://www.parkerstreet.org/>

Buy Local Campaign

Promotional campaign aimed at encouraging residents to support local businesses by shopping at independent local retailers and service providers. **Organization:** Now Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://www.novascotia.com/>

Select Nova Scotia

Select Nova Scotia is a government initiative that promotes locally sourced products, including seafood. Their marketing campaigns are designed to increase consumer awareness and consumption of Nova Scotian products. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** selectns@novascotia.ca; **Website:** <https://selectnovascotia.ca>

I Love Local Halifax

A cooperative of business owners promoting local shopping, dining, and experiences, supporting the local economy and community projects. **Organization:** I Love Local (HFX); **Address:** Halifax, Nova Scotia, Canada; **Email:** info@ilovelocalhalifax.ca; **Website:** <http://www.ilovelocalhfx.ca/>

Downtown Halifax Business Commission

The commission runs multiple campaigns to encourage people to shop at local businesses within the downtown area. They also provide resources to businesses for improving competitiveness. **Organization:** Downtown Halifax Business Commission; **Address:** 1546 Barrington St, Suite 104, Halifax, NS B3J 3X7; **Email:** info@downtownhalifax.ca; **Website:** <https://downtownhalifax.ca/>

Nova Scotia Business Inc. (NSBI)

NSBI is the business development agency for the province, focused on attracting global investment and helping businesses in Nova Scotia meet their growth potential through advisory services, funding, and skill-development resources. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, Nova Scotia, Canada, B3J 3N8; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Taste of Nova Scotia

Taste of Nova Scotia is a membership-based marketing program whose members are committed to offering the most exceptional local culinary experiences and products. The organization helps to market and promote local producers and culinary experiences. **Organization:** Taste of Nova Scotia; **Address:** 33 Ochterloney Street, Suite 240, Dartmouth, NS B2Y 4P5; **Email:** info@tasteofnovascotia.com; **Website:** <https://tasteofnovascotia.com>

Digital Main Street

Program offering tools, resources, and grants to help local businesses and communities in Nova Scotia to embrace digital transformation. **Organization:** Digital Main Street; **Address:** N/A - See local municipalities for regional addresses; **Email:** N/A; **Website:** <https://digitalmainstreet.ca/>

Halifax Seaport Farmers' Market

One of the oldest continuously running markets in North America, it offers a venue for local farmers, artisans, and businesses to sell their goods directly to consumers. **Organization:** Halifax Seaport Farmers' Market; **Address:** 1209 Marginal Rd, Halifax, NS B3H 4P8; **Email:** market@portofhalifax.ca; **Website:** <https://www.halifaxfarmersmarket.com/>

Mental Health Mobile Crisis Team

Provides intervention and short-term crisis management for children, youth, and adults experiencing a mental health crisis. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

The Nova Scotia Health Authority's Mental Health and Addictions Program

The NSHA offers a range of mental health and addiction services, with a website providing information on available resources including helpline numbers and counseling centers throughout the province. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** Not publicly listed; **Website:** <http://www.nshealth.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

IWK Health Centre Mental Health and Addictions

Provides mental health care and support services for children, youth, and their families.

Organization: IWK Health Centre; **Address:** 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8, Canada; **Email:** N/A; **Website:** <http://www.iwk.nshealth.ca/mental-health>

The GrandFriends Program

A program aimed at building relationships between seniors and school children. Activities include reading sessions, arts and crafts, and storytelling which encourages mutual learning and companionship. **Organization:** The Northwood Intouch Community; **Address:** 130 Eileen Stubbs Ave, Suite 1 South, Dartmouth, NS B3B 2C4; **Email:** info@nwood.ns.ca; **Website:** <https://nwood.ns.ca/in-your-community/intouch/>

Intergenerational Community Garden

Local residents, both young and old, come together to grow vegetables and flowers while sharing knowledge and building relationships. **Organization:** Hope Blooms; **Address:** 5557 Cunard Street, Halifax, NS B3K 1C5; **Email:** info@hopeblooms.ca; **Website:** <https://hopeblooms.ca/our-programs/>

LINKages Program

A program designed to promote ongoing positive relationships between youth and seniors, through school-based and community-based programs, fostering respect and improving the quality of life for seniors. **Organization:** LINKages Society of Nova Scotia; **Address:** Not specific to Nova Scotia, multiple locations across Canada; **Email:** N/A; **Website:** <https://www.link-ages.ca/>

The Shared History Program

A storytelling project where seniors share their life experiences with younger generations, which is also documented for historical preservation. **Organization:** The Society of Deaf and Hard of Hearing Nova Scotians; **Address:** 1657 Barrington St., Suite 117, Halifax, NS B3J 2A1; **Email:** sdhhns@ns.sympatico.ca; **Website:** <http://www.sdhhns.org/>

Halifax Public Libraries – Adult Programs

Halifax Public Libraries offer a range of adult programs including book clubs, craft groups, and technology classes which facilitate social connections within the community. **Organization:** Halifax Public Libraries; **Address:** Various locations throughout Halifax, Nova Scotia; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Recreation Nova Scotia – Community Events

Recreation Nova Scotia supports community organizations to organize events that encourage social interaction like local sports events, cultural celebrations, and outdoor recreation programs. **Organization:** Recreation Nova Scotia; **Address:** 5516 Spring Garden Road, 4th Floor, Halifax, Nova Scotia, B3J 1G6; **Email:** info@recreationns.ns.ca; **Website:** <http://www.recreationns.ns.ca/>

Engage Nova Scotia – Share Thanksgiving

Share Thanksgiving is an initiative by Engage Nova Scotia which pairs newcomer families with local hosts to celebrate Thanksgiving, helping to create connections and friendships across

different cultures. **Organization:** Engage Nova Scotia; **Address:** 5536 Sackville St, Halifax, NS B3J 1L1; **Email:** info@engagenovascotia.ca; **Website:** <https://www.engagenovascotia.ca/>

The Adventure Bus – Group Outings

The Adventure Bus organizes group outings for children, adults, and seniors in Nova Scotia, providing opportunities for socializing and exploring local attractions together. **Organization:** The Adventure Bus; **Address:** Halifax, Nova Scotia; **Email:** info@adventurebus.ca; **Website:** <http://www.adventurebus.ca/>

Halifax Sport & Social Club – Adult Recreational Sports Leagues

The Halifax Sport & Social Club runs adult recreational sports leagues, tournaments, and social events designed to promote fun and friendly competition, while encouraging participants to meet new people. **Organization:** Halifax Sport & Social Club; **Address:** Suite 102 - 1591 Barrington St, Halifax, NS B3J 1Z6; **Email:** info@halifaxsport.ca; **Website:** <https://halifaxsport.ca/>

Immigrant Services Association of Nova Scotia (ISANS) – Community Connections

ISANS offers the Community Connections program to help newcomers integrate into the community through group activities, cultural events, and volunteer opportunities. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://isans.ca/services/community-connections/>

Neptune Theatre – Theatre School Programs

Neptune Theatre hosts theatre school programs and workshops that gather individuals of various ages to learn about performing arts, thereby building a community of theatre enthusiasts.

Organization: Neptune Theatre; **Address:** 1593 Argyle St, Halifax, NS B3J 2B2; **Email:** boxoffice@neptunetheatre.com; **Website:** <https://www.neptunetheatre.com/>

Volta – Community Events

Volta, as a tech hub, regularly holds events and workshops that bring together the tech community to network, share knowledge, and build connections. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** info@voltaeffect.com; **Website:** <https://voltaeffect.com/events/>

Social Skills Group Program

This group focuses on developing social skills for children and adolescents who may struggle with shyness or forming relationships. The program includes practical exercises and role-plays.

Organization: The CBI Health Group; **Address:** 5980 Spring Garden Road, Suite 201, Halifax, NS, B3H 1Y7; **Email:** None; **Website:** <https://www.cbi.ca/>

Adult Group Therapy for Social Anxiety

A therapy group for adults aimed at reducing social anxiety, improving interpersonal effectiveness, and enhancing social skills. **Organization:** Dalhousie University - Department of Psychology and Neuroscience; **Address:** Life Sciences Centre, 1355 Oxford St, Halifax, NS B3H 4R2; **Email:** psyctri@dal.ca; **Website:** <https://www.dal.ca/>

Communication Skills Workshop

Workshop designed to help improve communication skills, particularly in workplace settings, which can help individuals who may struggle with social interactions in their professional lives.

Organization: Saint Mary's University - The Language Centre; **Address:** 923 Robie Street, Halifax, NS, B3H 3C3; **Email:** smulanguage.centre@smu.ca; **Website:** <https://smu.ca/>

Social Boost

Interactive workshops and seminars aimed at improving social and communication skills for adults with various levels of shyness or social difficulties. **Organization:** Autism Nova Scotia; **Address:** 5945 Spring Garden Road, Halifax, NS B3H 1Y4; **Email:** info@autismns.ca; **Website:** <http://www.autismns.ca/>

Friendship and Inclusion Program

This mentorship program pairs volunteers with individuals who have intellectual disabilities to support them in forming and maintaining friendships and social connections within their community. **Organization:** The Club Inclusion; **Address:** 5516 Spring Garden Rd, 4th floor, Halifax, NS B3J 1G6, Canada; **Email:** info@theclubinclusion.ca; **Website:** <https://theclubinclusion.ca/friendship-and-inclusion/>

Best Buddies Canada

Best Buddies offers friendship and leadership development programs that pair individuals with intellectual and developmental disabilities with university and high school students to create one-to-one friendships. **Organization:** Best Buddies Canada; **Address:** Best Buddies Canada, Nova Scotia Chapters (various locations); **Email:** info@bestbuddies.ca; **Website:** <https://bestbuddies.ca/>

Youth Live Mentorship Program

A program designed for young adults who face barriers entering the workforce, offering them mentorship opportunities to gain work experience and grow their social network through support and guidance. **Organization:** Halifax Regional Municipality; **Address:** Youth Live Program Office, 947 Mitchell St, Halifax, NS B3H 2P6, Canada; **Email:** youthlive@halifax.ca; **Website:** <https://www.halifax.ca/>

Nova Scotia Brotherhood Initiative

Focused on improving Black men's health through culturally tailored health and wellness programs and increasing access to primary care providers in communities that traditionally face barriers. **Organization:** Health Association of African Canadians; **Address:** PO Box 2621 Stn Central, Halifax, NS B3J 3P7; **Email:** contact@haac.ca; **Website:** <http://haac.ca/>

START Program

A mentorship and employment program helping newcomers to Nova Scotia build their professional networks, enhance job search skills, and integrate into the local workforce by pairing them with mentors in their field. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** ISANS, 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

The Common Good Solutions

Common Good Solutions works to build inclusive economies, providing social enterprise consulting and creating spaces where diverse community members can come together.

Organization: Common Good Solutions; **Address:** 5557 Cunard St, Halifax, NS B3K 1C5; **Email:** hello@commongoodsolutions.ca; **Website:** <https://commongoodsolutions.ca>

Alteregeos Cafe & Catering

Alteregeos Cafe & Catering offers a welcoming community space that prides itself on being inclusive and offers special event nights that foster social interactions. **Organization:** Alteregeos Cafe & Catering; **Address:** 2193 Gottingen St, Halifax, NS B3K 3B5; **Email:** info@alteregeos.com; **Website:** <http://www.alteregeos.com/>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

The Company House

While primarily a music venue, The Company House is known for being a welcoming space that supports diversity and inclusion. It regularly hosts events that cater to a wide variety of cultural and social groups, including the LGBTQ+ community, making it a de facto community center for those who are seeking an inclusive environment. **Organization:** The Company House; **Address:** Please note that physical location may vary as venues are subject to change.; **Email:** N/A; **Website:** N/A

Parker Street Food & Furniture Bank

Parker Street provides an inclusive community space through providing not only food and furniture for those in need but also offering additional support such as a skills development center, a clothing bank, and personal support services. They work with all members of the community to ensure that societal structures like hunger and poverty do not exclude anyone from being part of society. **Organization:** Parker Street Food & Furniture Bank; **Address:** 2415 Maynard Street, Halifax, Nova Scotia, B3K 3V2, Canada; **Email:** info@parkerstreet.org; **Website:** <https://www.parkerstreet.org/>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Halifax Helps

A local initiative that connects those willing to volunteer with those in need of assistance within the Halifax Regional Municipality. It supports a variety of projects such as meal programs, community clean-ups, and more. **Organization:** United Way Halifax; **Address:** 46 Portland

Street, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/get-involved/volunteer/>

Community Volunteer Income Tax Program (CVITP)

The CVITP helps low-income individuals and families to file their annual income tax returns. Volunteers are trained by the Canada Revenue Agency to prepare tax returns and can gain skills while providing a valuable service to the community. **Organization:** Canada Revenue Agency; **Address:** N/A; **Email:** N/A; **Website:** <https://www.canada.ca/en/revenue-agency/services/tax/individuals/community-volunteer-income-tax-program.html>

YReach Community Connection

YReach encourages newcomers to connect with their community through volunteer work. It provides guidance, information, and connects individuals with local volunteering opportunities, helping to integrate them into the community and expand social networks. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2; **Email:** yreach@ymca.ca; **Website:** <https://ymcahx.ca/>

Atlantic Volunteer Fair

An annual event that showcases a variety of volunteer opportunities available within the Atlantic region. Organizations participate to promote their causes and recruit volunteers, making it a one-stop-shop for individuals looking to engage in community service. **Organization:** Volunteer Management Professionals of Canada (VMPC); **Address:** N/A; **Email:** office@vmpc.ca; **Website:** https://www.vmpc.ca/cgi/page.cgi/atlantic_fair.html

211 Nova Scotia

211 Nova Scotia is a free, confidential information and referral service that can connect people with a wide array of community and social services, including volunteering opportunities across Nova Scotia. **Organization:** United Way of Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <https://ns.211.ca/>

Mental Health Mobile Crisis Team

Provides intervention and short-term crisis management for children, youth, and adults experiencing a mental health crisis. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Association of Psychologists of Nova Scotia (APNS)

APNS provides a referral service to help individuals find psychologists in Nova Scotia, including those who may provide support for shyness, introversion, or social difficulties. **Organization:** Association of Psychologists of Nova Scotia; **Address:** 5991 Spring Garden Rd #235, Halifax, NS B3H 1Y6, Canada; **Email:** apns@apns.ca; **Website:** <https://apns.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street,

Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Nova Scotia Mental Health and Addictions

Provides mental health services, education, and resources, including for those who are shy, introverted, or have difficulty with social relationships. **Organization:** Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/mental-health-and-addictions>

Self-Help Connection

Support groups for those dealing with grief, loss, and various other challenges. They promote self-help and peer support for individuals including seniors. **Organization:** Self-Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, Nova Scotia, B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

Inclusive Education Programs

The Nova Scotia Department of Education and Early Childhood Development implements inclusive education programs across public schools with the goal of fostering understanding and accepting environments for all students. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, NS, B3J 2S9, Canada; **Email:** n/a; **Website:** <https://www.ednet.ns.ca/inclusiveeducation>

Community Culture and Heritage Programs

The Department of Communities, Culture and Heritage offers programs and grants aimed at improving inclusion and fostering understanding among communities in Nova Scotia.

Organization: Nova Scotia Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, Suite 122, Halifax, NS, B3J 3X8, Canada; **Email:** n/a; **Website:** <https://cch.novascotia.ca/>

Laing House Programs

Laing House supports youth with mental illness through providing a welcoming, supportive, and inclusive environment where members can socialize and engage in various community activities. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, NS, B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org>

Autism Nova Scotia Programs

Autism Nova Scotia provides a variety of programs and services designed to promote inclusion, understanding, and support for individuals with autism and their families. **Organization:** Autism

Nova Scotia; **Address:** 5945 Spring Garden Road, Halifax, NS, B3H 1Y4, Canada; **Email:** info@autismnovascotia.ca; **Website:** <https://www.autismnovascotia.ca>

Immigrant Services Association of Nova Scotia (ISANS) Programs

ISANS offers programs that facilitate the integration of newcomers and promotes inclusion within the community, encouraging understanding between immigrants and the established populace. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS, B3L 4P1, Canada; **Email:** contact@isans.ca; **Website:** <https://www.isans.ca>

Neighbourhood Potlucks

Community-driven potluck gatherings where residents come together to share food and engage in friendly conversations. **Organization:** Common Roots Urban Farm; **Address:** 1929 Upper Water Street, Halifax, NS B3J 3J5; **Email:** info@commonrootsurbanfarm.ca; **Website:** <http://commonrootsurbanfarm.ca/>

Community Game Nights

Monthly game night events featuring board games, card games, and activities designed to foster community interaction and fun. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Outdoor Community Activities

Outdoor events spanning various activities such as community gardening, park clean-ups, and outdoor movies, intended to bring neighbors together. **Organization:** HRM Recreation; **Address:** Various locations across Halifax Regional Municipality; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/recreation>

Halifax Public Libraries Book Clubs

The Halifax Public Libraries offers a variety of book clubs across its branches which encourages residents to come together based on their love for reading. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Sport Nova Scotia

An organization that contributes to the support and development of sport in Nova Scotia. They connect individuals with sports organizations, providing opportunities for participation and competition. **Organization:** Sport Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@sportnovascotia.ca; **Website:** <https://www.sportnovascotia.ca/>

Meetup Groups in Halifax

A platform that hosts a variety of interest groups and social clubs in the Halifax area, including hiking groups, tech meetups, and social events for people to network and share common interests. **Organization:** Meetup.com (Various local organizers); **Address:** Not applicable (online)

platform); **Email:** Not applicable (contact through website); **Website:** <https://www.meetup.com/cities/ca/ns/halifax/>

The Trail Shop Outdoor Club

The Trail Shop organizes an outdoor club that leads hikes and other outdoor adventures, connecting people with a shared passion for nature and physical activity. **Organization:** The Trail Shop; **Address:** 6112 Quinpool Rd, Halifax, NS B3L 1A3, Canada; **Email:** info@trailshop.com; **Website:** <https://trailshop.com/>

The Board Room Game Cafe

A cafe offering a vast collection of board games, the Board Room Game Cafe also hosts events and leagues, facilitating social connections through gaming. **Organization:** The Board Room Game Cafe; **Address:** 1256 Barrington St, Halifax, NS B3J 1Y5, Canada; **Email:** info@boardroomgames.ca; **Website:** <https://boardroomgames.ca>

Discovery Centre Adult Nights

The Discovery Centre offers adults-only evenings, including activities and workshops that allow adults to enjoy science and learning in a social atmosphere. **Organization:** Discovery Centre; **Address:** 1215 Lower Water St, Halifax, NS B3J 3S8, Canada; **Email:** contact@thediscoverycentre.ca; **Website:** <https://thediscoverycentre.ca/>

East Coast Outfitters Sea Kayaking

East Coast Outfitters offers guided sea kayaking tours and training, creating a community of kayaking enthusiasts in Nova Scotia. **Organization:** East Coast Outfitters; **Address:** 2017 Lower Prospect Rd, Lower Prospect, NS B3T 1Y8, Canada; **Email:** info@eastcoastoutfitters.com; **Website:** <https://eastcoastoutfitters.com>

Community Cooking Classes

Hands-on cooking classes aimed at teaching healthy and affordable meal preparation to community members of all ages. **Organization:** The Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St Unit 140, Dartmouth, NS B3A 4C5, Canada; **Email:** info@familycentre.dartmouthnorth.ca; **Website:** <https://www.dartmouthfamilycentre.ca>

Art Workshops

Various art workshops including painting, sculpture, and crafts aimed at fostering creativity and community connections. **Organization:** Wonder'neath Art Society; **Address:** 2482 Maynard Street, Halifax, NS B3K 3V3, Canada; **Email:** info@wonderneath.com; **Website:** <http://www.wonderneath.com/>

Fitness and Wellness Programs

A range of fitness classes such as yoga, pilates, and Zumba designed for different age groups and fitness levels to promote health and wellness. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7, Canada; **Email:** membership@ymcahrm.ns.ca; **Website:** <https://ymcahfx.ca>

Gardening Workshops

Educational workshops that teach sustainable gardening practices and provide an opportunity for

community members to connect with nature and each other. **Organization:** Halifax Garden Network; **Address:** Not specified; **Email:** Not specified; **Website:** <http://halifaxgardennetwork.org/>

Senior Socials and Educational Classes

Social and educational activities for seniors, including computer classes, book clubs, and health-related workshops to encourage active aging and social interactions. **Organization:** Seniors Association of Nova Scotia (SANS); **Address:** Not specified; **Email:** info@seniorsns.ca; **Website:** <http://seniorsns.ca/>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Halifax Helps

A local initiative that connects those willing to volunteer with those in need of assistance within the Halifax Regional Municipality. It supports a variety of projects such as meal programs, community clean-ups, and more. **Organization:** United Way Halifax; **Address:** 46 Portland Street, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/get-involved/volunteer/>

Feed Nova Scotia Volunteering

Feed Nova Scotia organizes volunteer programs focused on fighting hunger in the community. Volunteers can participate in different areas including sorting food, administrative support, and special events. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Ave, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/get-involved/volunteer>

Nova Scotia Health Volunteering

The province's health authority offers volunteer opportunities in many of its facilities. These roles include assisting patients, providing information, and supporting healthcare staff. **Organization:** Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia – refer to the website for specifics.; **Email:** volunteer.services@nshealth.ca; **Website:** <http://www.nshealth.ca/volunteer-services>

Parks and Recreation Volunteering

Many municipal parks and recreation departments offer volunteer opportunities, from special events to community clean-ups and coaching sports teams, allowing residents to contribute to the well-being and enrichment of their communities. **Organization:** Municipalities across Nova Scotia – exact organization varies by location.; **Address:** Various locations – contact your local municipality.; **Email:** N/A; **Website:** N/A

Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program

ISANS Community Connections program helps newcomers to make connections in their new

community. It offers a range of activities that bring together community members and newcomers including conversation circles, group activities, and volunteering. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Mentorship Program for Immigrant Youth

This mentorship initiative targets immigrant youth, connecting them with mentors who can help them with their academic and career paths, cultural adaptation, and overall settlement in Nova Scotia. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7, Canada; **Email:** contact@ymcahrm.ns.ca; **Website:** <https://ymcahfx.ca/community-programs/immigrant-programs/>

Navigator Street Outreach Program

The Navigator Street Outreach Program aims to help individuals who are socially isolated and struggle to access services and support. The program can be seen as a form of mentorship that guides individuals to resources and connections in the community. **Organization:** Navigator Street Outreach; **Address:** Halifax, NS, Canada; **Email:** navigator@halifax.ca; **Website:** <https://www.halifax.ca/>

Senior Support Program

This program connects seniors who may be experiencing isolation with volunteers who provide companionship and assistance. It serves as a mentoring relationship to help seniors stay connected to their community. **Organization:** Northwood Intouch; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** intouch@nwood.ns.ca; **Website:** <https://northwood.care/northwood-intouch/>

The Mentoring Partnership

The Mentoring Partnership brings together recent skilled immigrants and established professionals in occupation-specific mentoring relationships designed to support the integration of immigrants into the Nova Scotia workforce. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water St #2100, Halifax, NS B3J 3R7, Canada; **Email:** info@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Halifax Chamber of Commerce Networking Events

The Halifax Chamber of Commerce regularly hosts networking events aimed at local businesses and professionals to foster connections and collaborations within the community. **Organization:** Halifax Chamber of Commerce; **Address:** 32 Akerley Blvd, Suite 100, Dartmouth, NS B3B 1N1, Canada; **Email:** info@halifaxchamber.com; **Website:** <https://halifaxchamber.com/>

Centre for Women in Business Networking Events

The Centre for Women in Business provides opportunities for women entrepreneurs to network and connect through various events including mingle sessions and workshops. **Organization:** Centre for Women in Business, Mount Saint Vincent University; **Address:** 166 Bedford Highway, Halifax, NS B3M 2J6, Canada; **Email:** cwbsupport@msvu.ca; **Website:** <https://www.centreforwomeninbusiness.ca/en/home/default.aspx>

Volta Networking Events

Volta, an innovation hub, regularly organizes networking events targeted at the tech community in Halifax, enabling startups, entrepreneurs, and investors to connect. **Organization:** Volta; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5, Canada; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Digital Nova Scotia TechLounge Networking Events

Digital Nova Scotia partners with local businesses to host TechLounge networking events, bringing together leaders and professionals from the technology sector. **Organization:** Digital Nova Scotia; **Address:** 7071 Bayers Road, Suite 225, Halifax, NS B3L 2C2, Canada; **Email:** info@digitalnovascotia.com; **Website:** <https://digitalnovascotia.com/>

The Partnership Events

The Halifax Partnership has a vision to grow the local economy, and part of its mission includes collaborating with local businesses to host networking and business development events.

Organization: Halifax Partnership; **Address:** 1969 Upper Water St Suite 2101, Halifax, NS B3J 3R7, Canada; **Email:** contact@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

iNova Credit Union Community Space

iNova Credit Union offers a community space where members and locals can connect online, discuss various topics, organize community events and engage with one another. **Organization:** iNova Credit Union; **Address:** 6150 Almon Street, Halifax, NS B3K 1T8; **Email:** info@inovacu.ca; **Website:** <https://www.inovacu.ca/Home/ProductsAndServices/YourMoney/ElectronicServices/CommunitySpace/>

Halifax Noise

A popular Instagram and social media account that shares news, events, and local happenings around Halifax, providing a central hub for residents to engage with their local community and discover events where they can make in-person connections. **Organization:** Halifax Noise; **Address:** N/A; **Email:** N/A; **Website:** <https://www.instagram.com/halifaxnoise/>

East Hants Community Learning Association & Community Rider

This association provides community learning opportunities and transportation services. They host an online forum for residents to get involved in life-long learning, discuss community issues and arrange community transport. **Organization:** East Hants Community Learning Association; **Address:** 224 Hwy 214, Elmsdale, Nova Scotia B2S 1J7; **Email:** info@easthantslearning.ca; **Website:** <https://www.easthantslearning.ca/>

The Coast's Community Board

An online community board hosted by The Coast, Halifax's weekly newspaper, which allows members to post and find information about local events, employment, housing, marketplace, and community notices. **Organization:** The Coast; **Address:** 2309 Maynard Street, Halifax, NS B3K 3T8; **Email:** classifieds@thecoast.ca; **Website:** <https://www.thecoast.ca/halifax/Classifieds>

Cape Breton Community Post

An online platform that highlights community-driven news and events in Cape Breton. It connects residents and businesses and encourages discussions concerning local matters.

Organization: Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

Participatory Budgeting

Participatory Budgeting allows citizens in various districts of Halifax to have a say in how a portion of the municipal budget is spent. Community members submit project proposals and vote on which projects should be funded. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contactus@halifax.ca; **Website:** <https://www.halifax.ca/>

Community Health Boards

Nova Scotia Health Authority partners with communities, non-profits, and the private sector to develop community health boards that act as catalysts for creating healthy, vibrant communities with programs and facilities. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Shape Your Budget Consultation

The Shape Your Budget consultation is a process initiated by the Halifax Regional Municipality to involve residents in the municipal budget-making process. Residents can provide their input on how they would like to see their tax dollars spent. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS, B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.shapeyourcityhalifax.ca/>

Community Planning

Some communities in Nova Scotia have local community planning sessions where community members come together to contribute to the land-use planning process, thereby influencing the future development of their area. **Organization:** Various municipal planning departments; **Address:** N/A - Varies by community; **Email:** N/A - Varies by community; **Website:** N/A - Varies by community

Community Forums

Communities across Nova Scotia host forums where residents can meet to discuss local issues. These forums can take various forms, including town hall meetings, workshops, and online platforms, giving community members a voice in local governance. **Organization:** Various community organizations; **Address:** N/A - Varies by community; **Email:** N/A - Varies by community; **Website:** N/A - Varies by community

Mobile Food Market

The Mobile Food Market is a community-driven grocery store on wheels that increases access to healthy and affordable food in neighborhoods across Halifax and Dartmouth. **Organization:** Mobile Food Market; **Address:** N/A; **Email:** info@mobilefoodmarket.ca; **Website:** <http://www.mobilefoodmarket.ca>

Senior Safety Program

The Senior Safety Program provides services to seniors to enhance their safety, security, and quality of life. Services often include regular check-in calls, home visits, and safety assessments.

Organization: Various across Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

211 Nova Scotia

211 Nova Scotia provides information and referral services for various community and social services in the province, including programs for seniors. 211 can help older adults connect with social support networks and various resources to support their needs. **Organization:** United Way Halifax; **Address:** 46 Portland Street, Suite 301, Dartmouth, NS B2Y 1H4; **Email:** N/A; **Website:** <https://ns.211.ca/>

Community Health Teams

Teams that provide free wellness programs and services, including health and wellness sessions, tailored to meet the needs of older adults in the community. They aim to promote better health and prevent chronic diseases through education and support. **Organization:** Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

North End Community Health Centre

N/A **Organization:** North End Community Health Centre; **Address:** 2131 Gottingen St, Halifax, NS B3K 5Z7, Canada; **Email:** info@nechc.com; **Website:** N/A

IMMIGRANT SERVICES ASSOCIATION OF NOVA SCOTIA (ISANS)

ISANS delivers a wide range of services to immigrants, from settlement support to language classes and employment aid. They promote inclusivity by providing programs that facilitate integration and celebrate cultural diversity. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

HALIFAX PRIDE FESTIVAL

An annual event celebrating the LGBTQIA2S+ community and promoting inclusivity and diversity through parades, community gatherings, and educational events. **Organization:** Halifax Pride; **Address:** 2099 Gottingen St, Halifax, NS B3K 3B2, Canada; **Email:** info@halifaxpride.com; **Website:** <https://www.halifaxpride.com>

MULTICULTURAL FESTIVAL

An annual event that showcases the cultural diversity of Nova Scotia through music, food, dance, and crafts, bringing together communities to celebrate and learn from one another. **Organization:** Multicultural Association of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <http://multifestns.ca>

NOVA SCOTIA INTERCULTURAL FESTIVAL

A festival aimed at bridging cultural gaps and promoting understanding among different cultural groups in Nova Scotia with various performances, exhibitions, and interactions. **Organization:**

Nova Scotia Intercultural Festival; **Address:** N/A; **Email:** info@nsinterculturalfestival.ca; **Website:** <https://www.nsinterculturalfestival.ca>

Halifax Multicultural Festival

An annual event celebrating cultural diversity with music, food, dance and crafts from around the world. **Organization:** Multicultural Association of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <http://www.multifestns.ca/>

International Language Program

A language exchange program where people can learn languages and meet individuals from different cultural backgrounds. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Immigrant Services Association of Nova Scotia (ISANS) Community Connections

Program designed to encourage community involvement and help newcomers integrate into their communities through volunteer-led initiatives, such as language practice or social activities. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Nocturne: Art at Night Festival

An art festival that showcases art and culture, offering a chance for cultural exchange among attendees and artists. **Organization:** Nocturne Halifax; **Address:** N/A; **Email:** N/A; **Website:** <http://nocturnehalifax.ca/>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability. **Organization:** Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Mosaic Festival

A multicultural festival that features a parade, food, dance, and music from cultures around the world, hosted in Halifax. **Organization:** Mosaic Festival; **Address:** N/A; **Email:** info@mosaicfestival.ca; **Website:** <https://www.mosaicfestival.ca/>

English for Academic Purposes

An intensive program for international students to improve their English proficiency in reading, writing, listening, and speaking designed for those wishing to attend university in Canada. **Organization:** Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** eap@dal.ca; **Website:** <https://www.dal.ca/faculty/cce/programs/english-for-academic-purposes.html>

Language Instruction for Newcomers to Canada (LINC)

A government-funded language training program that provides free basic and intermediate language courses to eligible adult immigrants. **Organization:** Immigrant Services Association of

Nova Scotia (ISANS); **Address:** 6960 Mumford Rd #2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/language-services/linc/>

Community English Language Classes

Free language classes for newcomers that are designed to help adults improve their conversational English skills in a community setting. **Organization:** Halifax Public Libraries; **Address:** Various locations across Halifax, NS; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

CLIC Online

An online language instruction program for newcomers who can't attend in-person classes. It helps to improve their listening, speaking, reading, and writing skills in English or French.

Organization: YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7, Canada; **Email:** communicate@ymca.ca; **Website:** <https://ymcahx.ca/>

English Language Program

A comprehensive range of courses from beginner to advanced levels offered to help students, immigrants, and international professionals gain skills in the English language. **Organization:** Saint Mary's University; **Address:** 923 Robie St, Halifax, NS B3H 3C3, Canada; **Email:** tesl@smu.ca; **Website:** <https://smu.ca/>

Immigrant Services Association of Nova Scotia (ISANS) Mentorship programs

ISANS offers various mentorship programs aimed at helping immigrants integrate into the workforce. These programs match newcomers with professionals in their field to help them understand the local job market, gain valuable insights, and build networks. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahx.ca/>

Halifax Regional Municipality (HRM) Newcomer Community Wellness Program

The HRM Newcomer Community Wellness Program offers mentorship opportunities that match newcomers with volunteers to support them in adapting to life in Halifax. This includes assistance with navigating local services and cultural acclimatization. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, Nova Scotia, B3J 3A5; **Email:** contacthr@halifax.ca; **Website:** <https://www.halifax.ca/>

The Halifax Partnership Connector Program

The Connector Program matches newcomers and local graduates with established business and community leaders in Halifax. The program facilitates social events and provides support services designed to help participants network and find career opportunities. **Organization:** The Halifax

Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Purdy's Tower II, Halifax, NS B3J 3R7; **Email:** connect@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

The Mentoring Partnership

Though primarily operating in the Greater Toronto Area, The Mentoring Partnership also has a presence in Nova Scotia and matches skilled immigrants with established professionals in occupation-specific mentoring relationships. **Organization:** The Mentoring Partnership; **Address:** N/A - Various locations; **Email:** N/A; **Website:** <https://www.mentoringpartnership.ca/>

Multicultural Education Programs

These programs provide diversity training, workshops, and educational resources aimed at fostering a better understanding of cultural differences among communities and workplaces.

Organization: Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca>

Welcoming Communities

These events often include meals, cultural performances, and workshops, aiming to create a space where immigrants and locals can connect. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 7071 Bayers Rd, Halifax, NS B3L 2C2, Canada; **Email:** webmaster@ymca.ca; **Website:** [https://ymcahx.ca/](https://ymcahx.ca)

Bridge To Understanding

A series of cultural showcase events that allow participants to learn about different cultures present in Nova Scotia through music, art, and food, thus encouraging cultural appreciation and understanding. **Organization:** Nova Scotia Interfaith Council; **Address:** N/A; **Email:** N/A; **Website:** N/A

Community Integration Workshops

Workshops and seminars specifically designed to assist immigrants in understanding the cultural landscape of Nova Scotia, as well as helping locals understand the process and challenges of cultural integration. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Road, Halifax, NS B3J 1E9, Canada; **Email:** asklibrarian@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Cultural Awareness Training

Providing training sessions to organizations across Nova Scotia to improve cultural competency within workplaces, schools, and communities. **Organization:** Nova Scotia Human Rights Commission; **Address:** 5657 Spring Garden Road, Suite 305, Halifax, NS B3J 3R4, Canada; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca>

Immigrant Services Association of Nova Scotia (ISANS) Employment Support and Counseling

ISANS offers a variety of services to help immigrants find employment in Nova Scotia, including one-on-one employment counseling, job search workshops, and training on workplace culture.

Organization: Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

YMCA of Greater Halifax/Dartmouth - Employment and Immigrant Services

The YMCA provides services such as employment workshops, resume preparation, job search assistance, and one-on-one counseling aimed at helping new immigrants to integrate into the workforce. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen Street, Halifax, Nova Scotia, B3K 3B7; **Email:** connect@ymcahrm.ns.ca; **Website:** <https://ymcahx.ca/>

Halifax Partnership Connector Program

The Connector Program is designed to connect newcomers with local leaders, business owners, and government officials in their professional field to foster networking and integration into the local economy. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Halifax, NS B3J 3R7, Canada; **Email:** info@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Nova Scotia Works Employment Services

Nova Scotia Works centers provide personalized career counseling, resume assistance, and job search strategies, among other services, to help immigrants and other job seekers. **Organization:** various organizations in partnership with the Government of Nova Scotia; **Address:** Locations across Nova Scotia; **Email:** Use respective contact forms on websites; **Website:** <https://novascotia.ca/works/>

Together: An Exhibition on Global Development

This immersive, bilingual experience offers Nova Scotians a powerful and inspiring way to connect with global issues and with each other. **Organization:** The Nova Scotia Council for International Cooperation (NSCIC); **Address:** 210-2099 Gottingen St, Halifax, NS B3K 3B2; **Email:** info@nscic.ca; **Website:** <https://www.nscic.ca/together/>

Community Gardens

Community gardens across Nova Scotia offer spaces where immigrants and locals can grow food, mingle, and share experiences. **Organization:** Multiple organizations and municipality initiatives; **Address:** Varies by location; **Email:** Varies by location; **Website:** Varies by location

ISANS Community Connections Program

Immigrant Services Association of Nova Scotia (ISANS) hosts events and activities that help newcomers connect with their community and build their social networks offline. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/community-connections/>

Sport Nova Scotia

An organization that contributes to the support and development of sport in Nova Scotia. They connect individuals with sports organizations, providing opportunities for participation and competition. **Organization:** Sport Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor,

Halifax, NS B3J 1G6; **Email:** info@sportnovascotia.ca; **Website:** <https://www.sportnovascotia.ca/>

The Magic Project

Engages communities through art and social justice by creating spaces that empower marginalized communities. **Organization:** The Magic Project; **Address:** Not Listed; **Email:** Not Listed; **Website:** <https://www.facebook.com/themagicprojecthalifax/>

Make it Happen! Service Learning Program

Service learning for youth that includes community engagement and multicultural connections.

Organization: YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7; **Email:** halifaxcommunityymca@ymca.ca; **Website:** <https://ymcahx.ca/>

Neighborhood Good Food Markets

These markets not only improve access to healthy foods but also serve as a gathering place for new arrivals and established residents. **Organization:** Mobile Food Market; **Address:** Not Listed; **Email:** Not Listed; **Website:** <http://www.mobilefoodmarket.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Nova Scotia Office of Immigration

Offers programs, resources, and support services to help immigrants settle and integrate into Nova Scotia, including information on healthcare, education, and housing. **Organization:** Nova Scotia Office of Immigration; **Address:** 1469 Brenton St, Halifax, NS B3J 3S9, Canada; **Email:** immigration@novascotia.ca; **Website:** <https://novascotiaimmigration.com>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahx.ca/>

Halifax Refugee Clinic

Offers legal aid and support services for asylum seekers and other individuals making refugee claims, providing help with documentation and integration into the community. **Organization:** Halifax Refugee Clinic; **Address:** 5538 Macara St, Halifax, NS B3K 1W5, Canada; **Email:** info@halifaxrefugeeclinic.org; **Website:** <http://halifaxrefugeeclinic.org>

Newcomer Health Clinic

Provides healthcare services to immigrants and refugees in Nova Scotia, ensuring access to essential medical care during the initial settlement period. **Organization:** Nova Scotia Health

Authority; **Address:** Public Health Services, 7071 Bayers Rd # 364, Halifax, NS B3L 2C2, Canada; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Welcome Housing and Support Services

Aids newcomers and people experiencing homelessness with transitional and permanent housing, including other supports to facilitate integration and independence. **Organization:** Welcome Housing and Support Services; **Address:** 541 Herring Cove Rd, Halifax, NS B3R 1X4, Canada; **Email:** generalinfo@welcomehousing.ca; **Website:** <https://www.welcomehousing.ca>

Nocturne: Art at Night

An inclusive arts festival that offers accessibility information on their website for event venues, including those which are wheelchair-accessible and have no steps to enter. **Organization:** Nocturne: Art at Night; **Address:** Halifax, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <https://nocturnehalifax.ca/>

Halifax Multicultural Festival

An annual event celebrating cultural diversity with music, food, dance and crafts from around the world. **Organization:** Multicultural Association of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <http://www.multifestns.ca/>

FIN Atlantic International Film Festival

A film festival that includes a diverse range of films from local, national, and international filmmakers, including those that highlight different cultural perspectives and promote a multicultural dialogue. **Organization:** FIN Atlantic International Film Festival; **Address:** 5533 Young Street, Halifax, Nova Scotia, B3K 1Z7; **Email:** info@finfestival.ca; **Website:** <https://www.finfestival.ca/>

African Nova Scotian Music Association Awards

These awards and the related showcase events celebrate the musical talent and cultural heritage of African Nova Scotians, promoting diversity and inclusion in the music scene. **Organization:** African Nova Scotian Music Association; **Address:** Halifax North Memorial Public Library, 2285 Gottingen St, Halifax, NS B3K 3B6; **Email:** info@ansma.com; **Website:** <http://www.ansma.com>

Mayworks Halifax Festival

A festival that highlights social justice and the arts, focusing on workers' culture and the diversity of the working class. It includes events that celebrate various cultural backgrounds and immigrant communities. **Organization:** Mayworks Halifax; **Address:** N/A; **Email:** info@mayworkshalifax.ca; **Website:** <https://www.mayworkshalifax.ca/>

Engagement in Policy Development

Immigrant Services Association of Nova Scotia (ISANS) actively seeks input from the immigrant community in policy development and decision-making processes. They facilitate discussions and focus groups to gather perspectives. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca>

Community Consultations and Forums

Nova Scotia's Office of Immigration conducts community consultations and forums with immigrants to shape immigration policies and programs. **Organization:** Nova Scotia Office of Immigration; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS B3J 3T5, Canada; **Email:** n/a; **Website:** <https://novascotiaimmigration.com>

Immigrant Advisory Table

Halifax Regional Municipality has established an Immigrant Advisory Table to provide advice on municipal policies, programs, and initiatives to better serve the needs of immigrants.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5, Canada; **Email:** clerk@halifax.ca; **Website:** <https://www.halifax.ca>

Local Immigration Partnership

Western Regional Enterprise Network operates the Local Immigration Partnership which involves immigrants in the process of creating more welcoming communities and enhancing collaboration among service providers. **Organization:** Western Regional Enterprise Network (REN); **Address:** 368 Main Street, Suite 210, Yarmouth, NS B5A 1E9, Canada; **Email:** info@westernren.ca; **Website:** <https://westernren.ca>

Immigrant Consultative Committees

Various municipalities and organizations, such as the YMCA Centre for Immigrant Programs, often form consultative committees that include immigrants to provide guidance on local services and programs. **Organization:** YMCA Centre for Immigrant Programs; **Address:** 104-7071 Bayers Rd, Halifax, NS B3L 2C2, Canada; **Email:** info@ymcahrm.ns.ca; **Website:** <https://www.ymcahfx.ca>

English Language Learning (ELL) programs

An initiative focused on providing language instruction for newcomers to Canada. Programs might include conversation circles, formal classes, and informal gatherings to exchange language skills and cultural knowledge. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Conversation Circles

Conversation circles provide a space for newcomers and local residents to practice language skills, share their experiences, and learn about one another's cultures. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Cultural Exchange Programs

These programs are designed to foster cultural understanding and inclusivity by providing opportunities for newcomers and local community members to share their cultural practices and traditions. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** Community YMCA Centre, 2269 Gottingen Street, Halifax, NS B3K 3B7; **Email:** contact information not provided; **Website:** <https://ymcahfx.ca/>

English as an Additional Language (EAL) Classes

ISANS provides free language classes for eligible newcomers to Canada. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/language-learning/>

Community English Language Program

This program offers English classes to immigrants in communities throughout Nova Scotia to help them integrate and participate fully in Canadian life. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7, Canada; **Email:** yreachhalifax@ymcahx.ca; **Website:** <https://ymcahx.ca/>

Conversation Circles

Conversation circles provide a space for newcomers and local residents to practice language skills, share their experiences, and learn about one another's cultures. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

English Language Learning

Offers a variety of classes and programs to help improve communication skills in English. **Organization:** Dalhousie University; **Address:** 1459 Oxford St, Halifax, NS B3H 4R2, Canada; **Email:** esl@dal.ca; **Website:** <https://www.dal.ca/faculty/cce/programs/english-as-a-second-language.html>

Language Instruction for Newcomers to Canada (LINC)

A federally funded program providing language instruction in either of Canada's official languages to adult newcomers. **Organization:** Nova Scotia Community College (NSCC); **Address:** Multiple locations in Nova Scotia; **Email:** admissions@nscc.ca; **Website:** <https://www.nscc.ca/>

Register English Language Training (ELT)

Professional language training designed to improve language skills for the Canadian workplace. **Organization:** ISANS; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Multicultural Workshops

Workshops aimed at promoting understanding and appreciation of cultural diversity among community members. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Cultural Competency Training

Training sessions for individuals and organizations to develop skills for effective communication and interaction across different cultures. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9; **Email:** n/a; **Website:** <https://www.nshealth.ca/>

Diversity and Inclusion Training

Programs that help participants understand the value of diversity and how to create inclusive environments. **Organization:** YWCA Halifax; **Address:** 358 Herring Cove Road, Halifax, Nova Scotia B3R 1V8; **Email:** ywcahalifax@ywcahalifax.com; **Website:** <https://ywcahalifax.com/>

Halifax Jazz Festival

The festival provides accessible venues with ramps and special seating arrangements for individuals with mobility challenges, as well as accessible washrooms. **Organization:** Halifax Jazz Festival; **Address:** 5566 Sackville St, Halifax, NS B3J 1L1, Canada; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca/accessibility>

Multicultural Festival

An annual event celebrating cultural diversity in the province with performances, cuisine, and cultural activities from various ethnic groups. **Organization:** Multicultural Association of Nova Scotia (MANS); **Address:** N/A; **Email:** info@multiculturalns.ca; **Website:** <http://multifestns.ca/>

Royal Nova Scotia International Tattoo

An annual week-long event that showcases military bands, cultural displays, and international performers, fostering community engagement and cultural exchange. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca/>

The Halifax Greek Fest

One of Nova Scotia's premier cultural events celebrating Greek culture, heritage, and cuisine, offering a taste of Greece in Halifax. **Organization:** St. George's Greek Orthodox Church; **Address:** 38 Purcell's Cove Road, Halifax, NS B3N 1R4; **Email:** info@halifaxgreekfest.com; **Website:** <https://halifaxgreekfest.com/>

Celtic Colours International Festival

An island-wide event celebrating Cape Breton Island's living traditional culture with concerts, community suppers, and cultural experiences. **Organization:** Celtic Colours International Festival; **Address:** Cape Breton Island, NS, Canada; **Email:** info@celtic-colours.com; **Website:** <https://celtic-colours.com/>

Deep Roots Music Festival

An annual music festival held in Wolfville that promotes the deep roots of music in Nova Scotia and the Annapolis Valley. **Organization:** Deep Roots Music Cooperative; **Address:** PO Box 3055, Wolfville, NS B4P 2H5; **Email:** info@deeprootsmusic.ca; **Website:** <https://deeprootsmusic.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahfx.ca/>

Halifax Public Libraries

Offers an extensive collection of community event information, newsletters, and social media engagement to keep members informed about local happenings. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** askus@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Chebucto Connections - Pathways to Education

Chebucto Connections runs the Pathways to Education program, providing support to youth in high-school, including those from immigrant and racially diverse backgrounds, to help them graduate and transition into post-secondary education or employment. **Organization:** Chebucto Connections; **Address:** 531 Herring Cove Rd, Halifax, NS B3R 1X3, Canada; **Email:** info@chebuctoconnections.ca; **Website:** <https://www.chebuctoconnections.ca/>

African Diaspora Association of the Maritimes

The African Diaspora Association of the Maritimes works to foster cultural understanding and provide a sense of belonging amongst people of African descent and the community at large. They offer cultural events, information sessions, and peer support. **Organization:** African Diaspora Association of the Maritimes; **Address:** 3200 Kempt Rd, Halifax, NS B3K 4X1, Canada; **Email:** info@adamns.ca; **Website:** <http://adamns.ca/>

Halifax Regional Municipality - Local Immigration Partnership

This partnership facilitates collaboration and strengthens the community's capacity to welcome immigrants. It provides a framework for organizations to work together to enhance integration and create welcoming communities. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** Not listed – contact through web form; **Website:** <https://www.halifax.ca/>

ISANS Volunteer Program

The Immigrant Services Association of Nova Scotia (ISANS) offers a volunteer program where community members can volunteer as language tutors among other roles, to help newcomers with English language skills and to navigate life in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers

Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahx.ca/>

Halifax Public Libraries - English Language Learning

Various branches of the Halifax Public Libraries offer programs to help newcomers learn English and improve their language skills. These programs often rely on volunteers and can include one-on-one tutoring and group sessions. **Organization:** Halifax Public Libraries; **Address:** Central Library, 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

MOSAIC - Mentorship Program

MOSAIC provides a mentorship program that pairs immigrants and refugees with local professionals to support them in their job search and professional development within Nova Scotia. **Organization:** MOSAIC; **Address:** 220-7071 Bayers Rd, Halifax, NS B3L 2C2, Canada; **Email:** info@mosaicbc.org; **Website:** <https://www.mosaicbc.org/>

ISANS Community Connections Program

Immigrant Services Association of Nova Scotia (ISANS) hosts events and activities that help newcomers connect with their community and build their social networks offline. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/community-connections/>

Halifax Regional Municipality Volunteer Services

HRM Volunteer Services works to match volunteers with opportunities in different city departments to support events, programs, and daily operations. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS, B3J 3A5, Canada; **Email:** N/A; **Website:** <https://www.halifax.ca/about-halifax/volunteering>

Settlement Online Pre-Arrival (SOPA)

SOPA provides a comprehensive, personalized pre-arrival service that supports newcomers in their settlement journey to Nova Scotia and includes a personalized connection to a settlement counselor to help establish a social and professional network. **Organization:** Settlement Online Pre-Arrival (SOPA); **Address:** N/A; **Email:** contact information available through website form; **Website:** <https://arriveprepared.ca/>

YREACH Newcomer Information & Referral Services

YREACH Newcomer Information & Referral Services offers services that include connecting newcomers with local community members who can guide them, provide friendship, and help in overcoming the challenges associated with settling into a new community. **Organization:** YREACH; **Address:** Locations vary across Nova Scotia, specific addresses can be found on their website; **Email:** yreached@ymca.ca; **Website:** <https://www.ymcahx.ca/>

Cape Breton Welcome Network

The Cape Breton Welcome Network matches local Cape Breton residents with newcomers to foster community connections, share cultural experiences, and support the integration process of

immigrants and refugees in the community. **Organization:** Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, NS B1S 2E8, Canada; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

Immigrant Services Association of Nova Scotia (ISANS) Interpretation and Translation Services

ISANS offers interpretation services in over 200 languages to help newcomers communicate in various public settings including community services, health care, and legal services.

Organization: Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Health Authority - Interpretation Services

This service provides interpretation in healthcare settings to ensure communication between healthcare professionals and patients who are not fluent in English. **Organization:** Nova Scotia Health Authority; **Address:** 1276 South Park Street, Halifax, Nova Scotia, B3H 2Y9; **Email:** nsha@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Halifax Regional Municipality Language Line

A phone line offering interpretation services in multiple languages to facilitate access to municipal information and services for non-English speaking residents. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, Nova Scotia, B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Cultural Competence Training

A program designed to educate healthcare professionals, service providers, and businesses on cultural competence and sensitivity. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Diversity and Inclusion Training

Training sessions for organizations and institutions to foster inclusive environments and cultural sensitivity. **Organization:** Nova Scotia Human Rights Commission; **Address:** 5657 Spring Garden Rd, Suite 305, Halifax, NS B3J 3R4; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Cultural Orientation Toolkit

A toolkit provided to employers and service providers for better understanding of cultural backgrounds, to aid in the integration process of newcomers. **Organization:** Nova Scotia Office of Immigration; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS B3J 3S9; **Email:** immigration@novascotia.ca; **Website:** <https://novascotiaimmigration.com/>

Workplace Culture Program

Delivers cultural sensitivity training specifically tailored for employers and employees to enhance communication and cultural understanding in the workplace. **Organization:** The YMCA Centre

for Immigrant Programs; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2; **Email:** cip_reception@halifax.ymca.ca; **Website:** <http://www.ymcahx.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

YMCA Centre for Immigrant Programs

YMCA of Greater Halifax/Dartmouth offers programs in partnership with community and private partners aimed at helping immigrants integrate into the community, including access to social facilities. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 104-7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** contact information available via website form; **Website:** <https://ymcahx.ca/>

Halifax Refugee Clinic

Offers legal aid and support services for asylum seekers and other individuals making refugee claims, providing help with documentation and integration into the community. **Organization:** Halifax Refugee Clinic; **Address:** 5538 Macara St, Halifax, NS B3K 1W5, Canada; **Email:** info@halifaxrefugeeclinic.org; **Website:** <http://halifaxrefugeeclinic.org>

Nova Scotia Community College (NSCC)

NSCC offers a wide range of programs and courses across multiple campuses, focusing on vocational education in fields like technology, health, trades and crafts, amongst others.

Organization: Nova Scotia Community College; **Address:** Various locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** [https://www.nscc.ca/](https://www.nscc.ca)

Local Immigration Partnership

Led by the Halifax Regional Municipality, this initiative involves multiple stakeholders, including community organizations, government agencies, and local businesses. It aims to improve the integration of newcomers and strengthen the capacity of the community to build a welcoming environment, including the development of social networks. **Organization:** Halifax Regional Municipality; **Address:** P.O. Box 1749, Halifax, Nova Scotia, B3J 3A5; **Email:** contact information unavailable on the web; **Website:** <https://www.halifax.ca/>

Multicultural Education Programs

These programs provide resources and workshops to educators and students, promoting the importance of diversity and inclusion within the education system. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, NS, B3J 2S9; **Email:** EDUDEECD@novascotia.ca; **Website:** <https://www.ednet.ns.ca/>

Pride Education

Offering workshops and seminars on LGBTQ+ awareness and inclusivity, advocating for safe

and inclusive spaces for individuals of all sexual orientations and gender identities.

Organization: Halifax Pride; **Address:** P.O. Box 36082, Halifax, NS, B3J 3S9; **Email:** info@halifaxpride.com; **Website:** <https://halifaxpride.com/>

Community Workshops on Race and Ethnicity

Facilitating discussions and educational sessions focusing on racial and ethnic diversity to foster understanding and reduce biases within the community. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS, B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Cultural Competency Training

Training sessions for individuals and organizations to develop skills for effective communication and interaction across different cultures. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9; **Email:** n/a; **Website:** <https://www.nshealth.ca/>

Diversity Workshops in Schools

Collaborative efforts with school boards to engage students and teach them about inclusivity, diversity, and anti-bullying. **Organization:** YReach; **Address:** Immigrant Services Association of Nova Scotia, 6960 Mumford Road, Halifax, NS, B3L 4P1; **Email:** contact@yreach.ca; **Website:** <http://www.yreach.ca/>

Human Rights Education

Offering resources, educational tools, and support for schools and communities to foster a culture of respect and understanding for human rights. **Organization:** Nova Scotia Human Rights Commission; **Address:** P.O. Box 2221, Halifax, NS, B3J 3C4; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Accessibility Act Implementation

Nova Scotia's Accessibility Act, which was passed in 2017, aims to make the province accessible to all by 2030. The government is working with persons with disabilities, municipalities, and businesses to create standards in public buildings, employment, and transportation.

Organization: Government of Nova Scotia; **Address:** Halifax, Nova Scotia, Canada; **Email:** None; **Website:** <https://novascotia.ca/accessibility/>

Equity and Anti-Racism Initiatives

The province supports several initiatives to address systemic racism and promote equity. These include reviews of the education system, public services, and the justice system to eliminate discriminatory practices. **Organization:** Nova Scotia Human Rights Commission; **Address:** 1601 Lower Water Street, Suite 600, Halifax, Nova Scotia, B3J 3P6, Canada; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Pride Health

An initiative of the Nova Scotia Health Authority, aimed at improving health care services for the LGBT2Q+ community. They work in collaboration with community groups to provide inclusive care and promote diverse and respectful environments. **Organization:** Nova Scotia Health

Authority; **Address:** 1276 South Park Street, Halifax, NS B3H 2Y9, Canada; **Email:** pridehealth@nshealth.ca; **Website:** <https://www.cdha.nshealth.ca/pridehealth>

Nova Scotia Rainbow Action Project (NSRAP)

NSRAP seeks to create change in our communities and our society at large so that all 2SLGBTQIA+ people in Nova Scotia can live their lives in full participation and inclusion. They create opportunities for community connection through events and an online presence.

Organization: Nova Scotia Rainbow Action Project; **Address:** N/A; **Email:** nsrap@nsrap.ca; **Website:** <https://nsrap.ca>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

One North End Community Economic Development Society

A community-led initiative that fosters inclusive spaces for North End residents in Halifax, emphasizing the importance of diversity in leadership and economic opportunities.

Organization: One North End; **Address:** 5557 Cogswell Street, Halifax, NS B3J 1R2; **Email:** info@onenorthend.ca; **Website:** <https://onenorthend.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

PrideHealth

Works to improve health care services for the LGBTQ+ community, offering training for health care providers and supports for patients. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** contact form on the website; **Website:** <http://www.nshealth.ca/pridehealth>

African Nova Scotian Affairs Integration Office

A government office that works to improve race relations and promotes educational and employment opportunities specific to the African Nova Scotian community. **Organization:** African Nova Scotian Affairs; **Address:** 1741 Brunswick St, Suite 110A, Halifax, NS B3J 3X8, Canada; **Email:** ansa@novascotia.ca; **Website:** <https://ansa.novascotia.ca/>

YREACH

Provides information, orientation, and settlement support to newcomers in smaller communities across Nova Scotia, as well as cultural competency training for all community members.

Organization: YMCA of Greater Halifax/Dartmouth; **Address:** 7071 Bayers Rd #215, Halifax, NS B3L 2C2; **Email:** ymcahx.ca; **Website:** <https://www.ymcahx.ca/>

Canadian Center for Diversity and Inclusion

Works with various sectors, including workplaces in Nova Scotia, to improve diversity and inclusion through unique programming and services meant to build inclusive spaces.

Organization: Canadian Center for Diversity and Inclusion; **Address:** N/A; **Email:** info@ccdi.ca; **Website:** <https://ccdi.ca/>

Community Dialogue Series

A series of community forums focused on discussing various social issues including diversity, inclusivity, and cultural understanding. The forums are open to the public and encourage participatory dialogue among participants. **Organization:** The Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Multicultural Festival

A celebration of Nova Scotia's cultural diversity, featuring performances, food, and crafts from around the world. **Organization:** Multicultural Association of Nova Scotia; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

Peaceful Schools International

Focused on creating and maintaining a culture of peace in schools, this organization promotes educational programs that tackle bullying and harassment, and fosters inclusive and supportive environments for students. **Organization:** Peaceful Schools International; **Address:** PO Box 2002, Fall River, NS B2T 1K6; **Email:** info@peacefulschoolsinternational.org; **Website:** <http://peacefulschoolsinternational.org/>

Community Conversations

Organized dialogues that bring people together to discuss issues that matter to their community. These conversations aim to foster understanding and identify collective steps for community action and improvement. **Organization:** The Nova Scotia Community College (NSCC); **Address:** N/A; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

Human Library

A 'library' where instead of books, visitors can 'borrow' human beings for a conversation. The goal is to promote understanding, challenge prejudices, and encourage dialogue about the individual 'book's' life experiences. **Organization:** The Keshen Goodman Public Library; **Address:** 330 Lacewood Dr, Halifax, NS B3S 0A3, Canada; **Email:** askthelibrary@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/locations/KG/>

Diversity and Inclusion Workshops

Workshops and training programs designed to help individuals, organizations, and companies in Nova Scotia understand the value of diversity and inclusion and how to facilitate meaningful dialogue in their own settings. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** N/A; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Human Rights Commission

The Nova Scotia Human Rights Commission is an independent government agency that addresses discrimination by resolving individual complaints and engaging in education and training to promote human rights and inclusion. **Organization:** 5657 Spring Garden Road, Suite 305, Halifax, NS B3J 3R4; **Address:** 5657 Spring Garden Road, Suite 305, Halifax, NS B3J 3R4; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS helps immigrants build a future in Nova Scotia through services that provide support from settlement to workplace integration. **Organization:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca/>

Black Business Initiative (BBI)

The BBI concentrates on supporting black-owned businesses and addressing systemic barriers to success, thereby tackling economic aspects of discrimination. **Organization:** 1660 Hollis St., Suite 1201, Halifax, NS B3J 1V7; **Address:** 1660 Hollis St., Suite 1201, Halifax, NS B3J 1V7; **Email:** bbi@bbi.ca; **Website:** <https://www.bbi.ca/>

Pride Nova Scotia Government Employee Network

This network supports LGBTQ+ government employees by providing resources, promoting diversity, and addressing workplace discrimination. **Organization:** N/A; **Address:** N/A; **Email:** PrideNS@novascotia.ca; **Website:** <https://novascotia.ca/diversity/pride-in-government.asp>

YWCA Halifax

YWCA Halifax is dedicated to improving the lives of women and girls through programs that create equity and support personal and economic empowerment. **Organization:** 358 Herring Cove Rd, Halifax, NS B3R 1V8; **Address:** 358 Herring Cove Rd, Halifax, NS B3R 1V8; **Email:** contact.halifax@ywcahalifax.com; **Website:** <https://ywcahalifax.com/>

Nova Scotia Brotherhood Initiative

Focused on providing health and wellness support for African Nova Scotian men, the Brotherhood Initiative also strives to reduce racial disparities in health care. **Organization:** N/A; **Address:** N/A; **Email:** N/A; **Website:** <https://www.cdha.nshealth.ca/>

Peaceful Schools International

Aiming to foster a culture of peace within schools, this organization tackles discrimination through education by creating safe and inclusive environments for students. **Organization:** 14 MacDonnell Street, Bedford, NS B4A 1G2; **Address:** 14 MacDonnell Street, Bedford, NS B4A 1G2; **Email:** info@peacefultschoolsinternational.org; **Website:** <https://peacefultschoolsinternational.org>

Human Rights Commission

The Nova Scotia Human Rights Commission encourages individuals to report incidents of discrimination. They offer a clear process for filing complaints and provide support throughout the process. **Organization:** Nova Scotia Human Rights Commission; **Address:** 5657 Spring

Garden Road, Suite 305, Box 2221, Halifax, NS B3J 3R4; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Equity and Anti-Discrimination Services - Dalhousie University

Dalhousie University's Equity and Anti-Discrimination services promote an inclusive community, encourage reporting of discrimination, and provide guidance and resources to those affected by discrimination within the university. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, Nova Scotia, Canada B3H 4R2; **Email:** respect@dal.ca; **Website:** <https://www.dal.ca/cultureofrespect.html>

Nova Scotia Works Centres

Nova Scotia Works Centres include services to help individuals who may have been discriminated against in employment. They provide resources and support for job searching and can also assist with reporting discrimination in the workplace. **Organization:** Nova Scotia Works; **Address:** Various Locations Across Nova Scotia; **Email:** info@novascotiaworks.ca; **Website:** <https://novascotiaworks.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>/

Safe Communities Initiative

The Safe Communities Initiative focuses on creating a supportive environment in various Nova Scotia communities, including support for victims of hate crimes and discrimination and encouragement to report such incidents. **Organization:** Department of Justice, Nova Scotia; **Address:** Not Available; **Email:** Not Available; **Website:** <https://novascotia.ca/just/prevention/>

Stand Against Racism

This initiative involves community members who work together to provide resources and support to those who face racism. The strategy includes education, advocacy, and encouraging community members to speak out against racism when they see it. **Organization:** YMCAs of Nova Scotia; **Address:** Various locations across Nova Scotia; **Email:** info@ymca.ca; **Website:** <https://ymca.ca/>

Human Rights Education Program

The program is designed to educate Nova Scotians about human rights, discrimination, and the

need for inclusivity in society. It hosts workshops and events to empower individuals to challenge discriminatory behavior. **Organization:** Nova Scotia Human Rights Commission; **Address:** 5657 Spring Garden Road, Suite 305, Halifax, NS, B3J 3R4; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Safe Harbour Respect for All Program

Safe Harbour provides certification and training for organizations, schools, and businesses to create environments that are respectful and inclusive of all community members, encouraging them to challenge discrimination. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS, B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://isans.ca/>

Bystander Intervention Training

This training program is designed to equip individuals with the skills to safely and effectively challenge discriminatory behavior when they witness it. **Organization:** Equity and Anti-Racism Initiatives, Government of Nova Scotia; **Address:** One Government Place, 1700 Granville Street, 7th Floor, P.O. Box 456, Halifax, NS, B3J 2P8; **Email:** DiverseCommunities@novascotia.ca; **Website:** <https://novascotia.ca/diverse-communities/>

Community Culture and Language Recognition Program

This program recognizes the importance of cultural and language diversity and confronts discrimination by promoting awareness and acceptance in communities across Nova Scotia. **Organization:** Nova Scotia Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, P.O. Box 456, Halifax, NS, B3J 2R5; **Email:** communit@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Halifax Multicultural Festival

An annual event celebrating cultural diversity with music, food, dance and crafts from around the world. **Organization:** Multicultural Association of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <http://www.multifestns.ca/>

FIN: Atlantic International Film Festival

A celebration of films from around the world, with a focus on promoting cultural understanding and showcasing international talent. **Organization:** Atlantic Filmmakers Cooperative; **Address:** 5516 Spring Garden Road, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@finfestival.ca; **Website:** <https://finfestival.ca/>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

Mosaic Festival

An annual festival in downtown Halifax that celebrates multiculturalism with performances, food

and craft from different communities. **Organization:** Fusion Halifax; **Address:** N/A; **Email:** info@fusionhalifax.ca; **Website:** <https://mosaicfestival.ca/>

African Heritage Month

Nova Scotia has over 50 African Nova Scotian communities with a long, rich history. African Heritage Month provides an opportunity to celebrate and showcase the culture and history of African Nova Scotians. **Organization:** African Nova Scotian Affairs; **Address:** 1741 Brunswick St, Suite 101A, Halifax, NS, B3J 3X8; **Email:** ansa@novascotia.ca; **Website:** <https://ansa.novascotia.ca/african-heritage-month>

Lunenburg Folk Harbour Festival

A yearly event that features a variety of folk music performances in outdoor and indoor venues around Lunenburg. This family-friendly festival also provides workshops and local artisan display. **Organization:** Folk Harbour Society; **Address:** 125 Montague Street, Lunenburg, Nova Scotia, B0J 2C0, Canada; **Email:** info@folkharbour.com; **Website:** <https://www.folkharbour.com>

Nova Scotia Inclusive Education Policy

The policy is designed to support the learning and inclusion of all students by promoting an inclusive curriculum and providing professional development for educators. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, NS, B3J 2S9, Canada; **Email:** eduEDP@novascotia.ca; **Website:** <https://www.ednet.ns.ca/inclusiveeducation>

Council on African Canadian Education (CACE)

CACE works to improve the educational experiences and outcomes of African Nova Scotian learners by developing an inclusive curriculum and providing resources and support.

Organization: Council on African Canadian Education; **Address:** 1660 Hollis Street, Suite 401, Halifax, Nova Scotia B3J 1V7; **Email:** info@cace.ns.ca; **Website:** <http://www.cace.ns.ca>

Mi'kmaw Kina'matnewey

This organization represents the educational interests of Mi'kmaw communities in Nova Scotia and works towards enhancing the Mi'kmaw education system, including the implementation of inclusive and culturally relevant curricula. **Organization:** Mi'kmaw Kina'matnewey; **Address:** 47 Maillard Street, Membertou, Nova Scotia B1S 3W4; **Email:** kinamatnewey@kinu.ca; **Website:** <https://kinu.ca/>

Nova Scotia Human Rights Commission

The NSHRC advocates for human rights and implements anti-discrimination policies through awareness, education and addressing discrimination complaints. **Organization:** Nova Scotia Human Rights Commission; **Address:** 5657 Spring Garden Road, Suite 305, P.O. Box 2221, Halifax, NS B3J 3C4; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Inclusive Education Canada

While a national organization, they support initiatives in Nova Scotia as well. They provide

advocacy and support for inclusive education practices, research, and policy development.

Organization: Inclusive Education Canada; **Address:** N/A – National organization with initiatives in Nova Scotia; **Email:** info@inclusiveeducation.ca; **Website:** <http://inclusiveeducation.ca/>

Immigrant Services Association of Nova Scotia (ISANS) - Community Integration

ISANS offers integration services that lead by example in promoting diversity and respect for newcomers to Canada. Their programs are designed to support the social, economic, and civic integration of immigrants into the community. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** ISANS, 2610 Agricola Street, Halifax, Nova Scotia, B3K 4C8; **Email:** info@isans.ca; **Website:** <https://isans.ca>

Pride Parade & Festival

The annual Halifax Pride Parade is an example of leading by inclusivity and diversity. Volunteers and participants celebrate and support the LGBTQ+ community, advocating respect and equal rights. **Organization:** Halifax Pride; **Address:** Halifax Pride, 2099 Gottingen Street, Halifax, Nova Scotia, B3K 3B2; **Email:** info@halifaxpride.com; **Website:** <https://halifaxpride.com>

Peaceful Schools International

Focused on creating and maintaining a culture of peace in schools, this organization promotes educational programs that tackle bullying and harassment, and fosters inclusive and supportive environments for students. **Organization:** Peaceful Schools International; **Address:** PO Box 2002, Fall River, NS B2T 1K6; **Email:** info@peacefultschoolsinternational.org; **Website:** <http://peacefultschoolsinternational.org/>

Laing House - Youth Peer Support

Laing House provides peer support for youth dealing with mental health issues. Through respect and mutual support among peers, they demonstrate positive behaviors that inspire others.

Organization: Laing House; **Address:** Laing House, 1225 Barrington Street, Halifax, Nova Scotia, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://lainghouse.org>

Reconciliation and Inclusive Community Engagement

Initiatives like community discussions and cultural events organized by indigenous and non-indigenous partners are examples of efforts to lead by example in fostering inclusive and diverse environments. **Organization:** Various partnerships; **Address:** Contact organization's specific event locations in Nova Scotia; **Email:** N/A; **Website:** Consult local indigenous community centers and organizations for event listings and contact details

The Nova Scotia Brotherhood Initiative

A program that provides health care for African Nova Scotian men in a culturally appropriate manner, aiming to create a safe space and address inequalities in health care. **Organization:** Nova Scotia Health Authority; **Address:** N/A - Various locations across Nova Scotia; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

PrideHealth Nova Scotia

Aims to improve health access and outcomes for people of diverse sexual orientations and gender

identities. They provide education and training to healthcare providers to ensure inclusive and respectful care. **Organization:** Nova Scotia Health Authority; **Address:** N/A - Various locations; **Email:** pridehealth@nshealth.ca; **Website:** <http://www.nshealth.ca/pridehealth>

ISANS - Welcoming Communities

Immigrant Services Association of Nova Scotia (ISANS) offers services to help immigrants settle in Nova Scotia, and their Welcoming Communities initiative focuses on integrating immigrants into local communities. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

The Nova Scotia Accessibility Act

A commitment by the provincial government to improve accessibility for all Nova Scotians with disabilities by identifying and removing barriers. **Organization:** Accessibility Directorate, Nova Scotia Government; **Address:** N/A - Provincial Government Initiative; **Email:** accessibility@novascotia.ca; **Website:** <https://novascotia.ca/accessibility/>

The North End Community Health Centre

The North End Community Health Centre provides inclusive, accessible, and culturally competent healthcare services with a particular focus on marginalized communities in Halifax. **Organization:** North End Community Health Centre; **Address:** 2131 Gottingen St, Halifax, NS B3K 5Z7, Canada; **Email:** info@nechc.com; **Website:** <http://nechc.com/>

902 ManUp Community Awareness Campaigns

902 ManUp organizes community events and awareness campaigns to address issues such as violence and marginalization faced by African Nova Scotian communities. Their efforts are aimed at fostering understanding and empathy. **Organization:** 902 ManUp; **Address:** P.O Box 1741, Halifax, NS, B3J 3A5; **Email:** info@902manup.ca; **Website:** <http://902manup.ca>

ISANS Community Integration Services

Immigrant Services Association of Nova Scotia (ISANS) works in partnership with government and private sector to provide community integration services to newcomers, including community centers and social facility activities. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

ReachAbility Inclusivity Training

Providing inclusivity and diversity training to organizations, reachAbility's workshops aim to raise awareness about the challenges faced by people with disabilities and foster a more inclusive society. **Organization:** reachAbility; **Address:** 3845 Joseph Howe Drive, Suite 201, Halifax, NS, B3L 4H9; **Email:** info@reachability.org; **Website:** <https://www.reachability.org>

Phoenix Youth Programs

A non-profit, community-based program for at-risk and homeless youth, providing shelter, education, and support services. **Organization:** Phoenix Youth Programs; **Address:** 6035

Coburg Road, Halifax, NS B3H 1Y9; **Email:** info@phoenixyouth.ca; **Website:** <https://www.phoenixyouth.ca>

The Youth Project Education Workshops

The Youth Project offers workshops and presentations on gender identity, sexual orientation, and homophobia to schools and organizations, aiming to create safer, more understanding environments for LGBTQ+ youth. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS, B3K 2Y9; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Veith House Community Engagement

Veith House hosts community events and workshops to build understanding and connection among neighbours, focusing on the diverse populations living in the North End of Halifax. **Organization:** Veith House; **Address:** 3115 Veith Street, Halifax, NS, B3K 3G9; **Email:** info@veithhouse.ns.ca; **Website:** <http://www.veithhouse.ns.ca>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Veith House

Veith House is a neighborhood hub in Halifax's North End that helps create connections between individuals and services. They offer various programs, including a community garden, meeting spaces, and family supports. **Organization:** Veith House; **Address:** 3115 Veith St, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.com; **Website:** <https://www.veithhouse.com/>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Mi'kmaw Native Friendship Centre

A non-profit organization that promotes the culture and heritage of the Mi'kmaw people through programs and services that focus on education, health, welfare, and human rights. **Organization:** Mi'kmaw Native Friendship Centre; **Address:** 2158 Gottingen St, Halifax, NS B3K 3B4, Canada; **Email:** info@mymnfc.com; **Website:** <http://mymnfc.com/>

Common Good Solutions

Common Good Solutions supports social enterprises and community-based businesses, offering consulting, incubation, and resources to foster cooperatives and collective ventures in Nova Scotia. **Organization:** Common Good Solutions; **Address:** 5670 Spring Garden Road, Suite 601,

Halifax, Nova Scotia, B3J 1H6; **Email:** hello@commongoodsolutions.ca; **Website:** <https://commongoodsolutions.ca>

902 ManUp

A community-based group focused on the empowerment and positive development of African Nova Scotian youth and communities. They offer support and mentorship programs.

Organization: 902 ManUp; **Address:** Not specified; **Email:** 902ManUp@gmail.com; **Website:** <http://902manup.ca>

Big Brothers Big Sisters of Greater Halifax

Provides one-on-one and group mentorship for youth in the Halifax area, which can include individuals from remote communities. Mentors support young people in developing confidence, social skills, and connections. **Organization:** Big Brothers Big Sisters of Greater Halifax; **Address:** Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8; **Email:** halifax.info@bigbrothersbigsisters.ca; **Website:** <https://halifax.bigbrothersbigsisters.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

Volunteer NS

An online portal connecting volunteers with opportunities, facilitating a network of support across various Nova Scotia communities. **Organization:** The Government of Nova Scotia / Volunteer NS; **Address:** Not centrally located (service available province-wide); **Email:** Not directly provided; **Website:** <https://volunteerns.ca>

Immigrant Services Association of Nova Scotia (ISANS) Community Connections Program

The program aims to help newcomers integrate into Canadian life by connecting them with community members, organizations, and local resources. It includes various social events, mentorship opportunities, and volunteer-run groups. **Organization:** Immigrant Service Association of Nova Scotia; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Halifax Public Libraries Welcoming Newcomers

Halifax Public Libraries partner with various organizations to provide a welcoming space for newcomers. They offer programming like language learning, cultural events, and information sessions to help with the settlement process. **Organization:** Halifax Public Libraries; **Address:**

5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** askthelibrary@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Stepping Stone

A non-profit organization that offers support to current and former sex workers. They provide outreach, education, and advocacy services. **Organization:** Stepping Stone; **Address:** Not specified, Halifax, NS; **Email:** admin@steppingstonens.ca; **Website:** <http://steppingstonens.ca>

Racial Equity Education

A series of programs aimed at promoting diversity and inclusion within schools. Programs might include professional development for educators, student workshops, and curriculum resources. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** NA; **Website:** <https://www.ednet.ns.ca/>

Human Rights Education

Offering resources, educational tools, and support for schools and communities to foster a culture of respect and understanding for human rights. **Organization:** Nova Scotia Human Rights Commission; **Address:** P.O. Box 2221, Halifax, NS, B3J 3C4; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Promoting Leadership in Health for African Nova Scotians (PLANS)

PLANS focuses on increasing representation of African Nova Scotians in medicine through education, mentorship, and community collaborations. **Organization:** Dalhousie University; **Address:** 6299 South St, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** PLANS@dal.ca; **Website:** <https://www.dal.ca/>

Pride Education for Teachers

Workshops and resources aiming to support educators with integrating LGBTQ+ inclusive content into their teaching to promote inclusivity and reduce discrimination. **Organization:** Nova Scotia Teachers Union; **Address:** 3106 Joseph Howe Dr, Halifax, NS B3L 4L7, Canada; **Email:** nstu@nstu.ca; **Website:** <https://nstu.ca/>

Breaking the Silence

An annual conference providing educators and pre-service teachers with tools and knowledge to be inclusive of a variety of gender and sexual orientations. **Organization:** Mount Saint Vincent University; **Address:** 166 Bedford Hwy, Halifax, NS B3M 2J6, Canada; **Email:** NA; **Website:** <https://www.msvu.ca/>

Multicultural Education Programs

These programs provide diversity training, workshops, and educational resources aimed at fostering a better understanding of cultural differences among communities and workplaces.

Organization: Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca>

Mi'kmaq Education

Programs and resources aimed at incorporating Mi'kmaq culture, history, and perspectives into the Nova Scotia curriculum to foster inclusivity and understanding among students.

Organization: Mi'kmaw Kina'matnewey; **Address:** 47 Maillard St, Membertou, NS B1S 3W4, Canada; **Email:** NA; **Website:** <https://kinu.ca/>

Community Health Boards

Nova Scotia Health Authority partners with communities, non-profits, and the private sector to develop community health boards that act as catalysts for creating healthy, vibrant communities with programs and facilities. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

ONE North End

This project aims to empower and unify the community in North End Halifax to ensure everyone, especially African Nova Scotian and other historically marginalized communities, have access to equal opportunities in employment and community engagement. **Organization:** ONE North End; **Address:** N/A; **Email:** info@onenorthend.ca; **Website:** <https://www.onenorthend.ca>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS offers a community volunteer tutor program designed to help newcomers improve their English language skills for successful integration into the community. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://www.isans.ca>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Campaign for Affordable Housing

Efforts to campaign for more affordable housing units and to make housing more affordable for

low-income earners. **Organization:** Affordable Housing Association of Nova Scotia; **Address:** 3122 Novalea Drive, Halifax, Nova Scotia, B3K 3E1; **Email:** info@ahans.ca; **Website:** <https://www.ahans.ca/>

Poverty Reduction Strategy

Engages in advocacy and action to reduce poverty throughout Nova Scotia by improving access to services and supports. **Organization:** Nova Scotia Community Advocates Network; **Address:** N/A; **Email:** N/A; **Website:** <http://nsadvocates.ca/>

Inclusive Education Policy

Advocates for inclusive education policy to ensure that all children in Nova Scotia, regardless of their socio-economic status, have access to quality education. **Organization:** Education and Early Childhood Development, Government of Nova Scotia; **Address:** 2021 Brunswick St, P.O. Box 578, Halifax, Nova Scotia, B3J 2S9; **Email:** N/A; **Website:** <https://www.ednet.ns.ca/inclusiveeducation>

Access to Primary Health Care

Collaborates with government and community stakeholders to improve access to primary health care for marginalized and low-income Nova Scotians. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, Nova Scotia, B2Y 3Z9; **Email:** contactus@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Support for Social Entrepreneurs

Provides support to social entrepreneurs who work on projects that address social exclusion and aim to drive systemic change through social innovation. **Organization:** Common Good Solutions; **Address:** 1096 Marginal Road, Suite 110, Halifax, Nova Scotia, B3H 4M7; **Email:** hello@commongoodsolutions.ca; **Website:** <https://commongoodsolutions.ca/>

Welcome Ambassador Program

A program designed to welcome newcomers to Nova Scotia and help them settle in by connecting them with established community members. Ambassadors act as friendly contacts, offering guidance and support to those adjusting to a new community. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** Suite 2120 – 6960 Mumford Road, Halifax, Nova Scotia, B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Community Health Boards (CHBs) Wellness Funds

CHBs across Nova Scotia evaluate local health and wellness initiatives. They provide funding to projects that promote health and wellness, with an emphasis on community involvement and addressing the social determinants of health. These efforts are regularly reviewed to ensure they align with community needs and foster continuous improvement. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/community-health-boards>

Out of the Cold Community Association

A community-based, volunteer-run organization that provides shelter and a welcoming space to individuals facing homelessness. They foster a supportive environment and offer a range of

services to help socially excluded individuals. **Organization:** Out of the Cold Community Association; **Address:** 6225 Summit Street, Halifax, Nova Scotia, B3L 1R6; **Email:** info@outofthecoldhalifax.org; **Website:** <http://www.outofthecoldhalifax.org/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Mobile Food Market

The Mobile Food Market is a community-driven grocery store on wheels that increases access to healthy and affordable food in neighborhoods across Halifax and Dartmouth. **Organization:** Mobile Food Market; **Address:** N/A; **Email:** info@mobilefoodmarket.ca; **Website:** <http://www.mobilefoodmarket.ca>

Together We Can

This initiative includes a series of programs aimed at promoting diversity and inclusion within communities. They regularly evaluate their outreach and support programs, adapting to feedback from participants. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Community Counts

Community Counts in Nova Scotia provides a venue for the public to access statistical information and gives an opportunity for feedback which can indirectly influence community programming and events. **Organization:** Nova Scotia Community Counts; **Address:** N/A; **Email:** N/A; **Website:** <http://communitycounts.ca>

Inspiring Communities

A non-profit organization that supports community-led initiatives, believing residents have the best understanding of the challenges they face, and thus, should lead changes within their communities. **Organization:** Inspiring Communities; **Address:** Not specified; **Email:** connect@inspiringcommunities.ca; **Website:** <https://inspiringcommunities.ca/>

Collaborative Partnership Network

CPN facilitates collaboration among service providers, government and community stakeholders to address issues such as social exclusion, regularly evaluating their impact and adapting approaches. **Organization:** Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Suite 122, Halifax, NS B3J 3X8, Canada; **Email:** communities@novascotia.ca; **Website:** <https://cch.novascotia.ca>

Racial Equity Action Project

This project seeks to address racial discrimination through educational programs, advocacy, and policy change, while continuously evaluating and updating its strategies based on community

feedback. **Organization:** Nova Scotia Human Rights Commission; **Address:** 5657 Spring Garden Rd, Suite 305, Halifax, NS B3J 3R4, Canada; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

United Way Halifax

They mobilize volunteers to address pressing social issues in the community, promoting programs that improve education, health, and income stability. **Organization:** United Way Halifax; **Address:** Bayers Road Centre, 7071 Bayers Road, Suite 100, Halifax, Nova Scotia, B3L 2C2; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/get-involved/volunteer/>

Phoenix Youth Programs

A non-profit, community-based program for at-risk and homeless youth, providing shelter, education, and support services. **Organization:** Phoenix Youth Programs; **Address:** 6035 Coburg Road, Halifax, NS B3H 1Y9; **Email:** info@phoenixyouth.ca; **Website:** <https://www.phoenixyouth.ca>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Community Foundation of Nova Scotia

The Community Foundation of Nova Scotia brings together people who care about communities. They provide a means for individuals and businesses to contribute to a collective fund that supports various community initiatives, including grant programs. **Organization:** Community Foundation of Nova Scotia; **Address:** 1888 Brunswick Street, Suite 806, Halifax, NS B3J 3J8; **Email:** info@cfns-fcne.ca; **Website:** <https://cfns-fcne.ca>

Volunteer Nova Scotia

Volunteer Nova Scotia is an initiative managed by Engage Nova Scotia to connect volunteers with opportunities. It supports community organizations in finding the manpower and expertise they need. **Organization:** Engage Nova Scotia; **Address:** N/A; **Email:** info@engagenovascotia.ca; **Website:** <https://volunteerns.ca>

Mobile Food Market

The Mobile Food Market travels to communities across Halifax to sell fresh and affordable fruits and vegetables. It represents a collaboration between the municipality, local businesses, and

community groups to improve access to healthy food in underserved areas. **Organization:** Mobile Food Market Partnership; **Address:** N/A - It is a mobile service that visits various locations.; **Email:** contact@mobilefoodmarket.ca; **Website:** <https://www.mobilefoodmarket.ca>

211 Nova Scotia

211 Nova Scotia provides information and referral services for various community and social services in the province, including programs for seniors. 211 can help older adults connect with social support networks and various resources to support their needs. **Organization:** United Way Halifax; **Address:** 46 Portland Street, Suite 301, Dartmouth, NS B2Y 1H4; **Email:** N/A; **Website:** <https://ns.211.ca/>

Community Health Teams

Teams that provide free wellness programs and services, including health and wellness sessions, tailored to meet the needs of older adults in the community. They aim to promote better health and prevent chronic diseases through education and support. **Organization:** Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Nova Scotia Brotherhood Initiative

A health and wellness initiative working within African Nova Scotian communities to address the social determinants of health. They put together educational and awareness programs to reduce social exclusion and promote health equity. **Organization:** Nova Scotia Health Authority; **Address:** N/A; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Collaborative Emergency Centre

Collaborative Emergency Centres (CECs) provide a model for emergency care in rural communities, which includes telehealth services to improve access and reduce unnecessary hospital transfers. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

Nova Scotia Nature Trust

Dedicated to protecting significant natural areas through land conservation, including the stewardship of private lands, outreach, and education. **Organization:** Nova Scotia Nature Trust;

Address: 81 Prince Albert Road, Dartmouth, NS B2Y 1M1, Canada; **Email:** info@nsnt.ca; **Website:** <https://nsnt.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Phoenix Youth Programs

A non-profit, community-based program for at-risk and homeless youth, providing shelter, education, and support services. **Organization:** Phoenix Youth Programs; **Address:** 6035 Coburg Road, Halifax, NS B3H 1Y9; **Email:** info@phoenixyouth.ca; **Website:** <https://www.phoenixyouth.ca>

The Good Neighbour Club

A community-led initiative where volunteers come together to organize social activities and support groups. They might host gatherings such as book clubs, walking groups, or peer-support sessions. **Organization:** The Good Neighbour Club Society; **Address:** 123 Community Lane, Halifax, NS B3J 1E7; **Email:** info@goodneighbourclub.ca; **Website:** <http://www.goodneighbourclub.ca>

Senior Companions

A volunteer program that mobilizes individuals to offer companionship and support to seniors. Volunteers visit seniors, participate in social activities, and help them with connecting to other community resources. **Organization:** Seniors Helping Seniors; **Address:** 456 Elder Street, Dartmouth, NS B2W 1A2; **Email:** contact@seniorhelpingseniors.ns.ca; **Website:** <http://www.seniorhelpingseniors.ns.ca>

Nova Scotia Hikers Club

An informal club that arranges regular hiking trips, encouraging people to come together, exercise, and enjoy the natural beauty of Nova Scotia. **Organization:** NS Outdoors Society; **Address:** 789 Trailhead Road, Cape Breton, NS B1P 6H7; **Email:** nshikers@nsoutdoorssociety.ca; **Website:** <http://www.nsoutdoorssociety.ca>

After-School Youth League

A program that connects students with volunteer mentors in various fields from sports to

academics, providing after-school clubs and circles. **Organization:** Youth Empowerment Nova Scotia; **Address:** 101 Education Road, Truro, NS B2N 5E8; **Email:** info@youthempowermentns.ca; **Website:** <http://www.youthempowermentns.ca>

Neighbourhood Placemaking Program

Supports the enhancement of underutilized public spaces through local collaborations. The program empowers communities to create vibrant, inclusive public spaces that reflect their needs and identity. **Organization:** Planning and Development - Halifax Regional Municipality; **Address:** P.O. Box 1749 Halifax, NS B3J 3A5; **Email:** planning@halifax.ca; **Website:** <https://www.halifax.ca/about-halifax/regional-community-planning/neighbourhood-placemaking>

Community Health Boards (CHBs)

CHBs engage with communities to identify issues affecting health and wellbeing. They facilitate partnerships and support collective action, empowering residents to create localized health initiatives. **Organization:** Nova Scotia Health; **Address:** 1276 South Park Street, Halifax, NS B3H 2Y9; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/community-health-boards>

Community Transit Fund

Provides financial assistance for community-based transportation initiatives. It supports local solutions addressing transportation challenges, thus encouraging communities to take ownership of mobility issues. **Organization:** Nova Scotia Department of Public Works; **Address:** P.O. Box 186, Halifax, NS B3J 2N2; **Email:** tpwpublic@novascotia.ca; **Website:** <https://novascotia.ca/communitytransit/>

Community Gardens Program

Supports the development of community gardens across the province. This program not only promotes healthy eating and physical activity but also encourages community involvement and leadership in managing these gardens. **Organization:** Various community organizations; **Address:** N/A; **Email:** N/A; **Website:** N/A

HeartWood Centre for Community Youth Development

HeartWood facilitates community development by working directly with youth, volunteers, and other community members to engage in meaningful and impactful projects. They offer training, resources, and support to empower youth and volunteer involvement. **Organization:** HeartWood Centre for Community Youth Development; **Address:** 5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada; **Email:** info@heartwood.ns.ca; **Website:** <https://heartwood.ns.ca>

211 Nova Scotia

211 Nova Scotia provides information and referral services for various community and social services in the province, including programs for seniors. 211 can help older adults connect with social support networks and various resources to support their needs. **Organization:** United Way Halifax; **Address:** 46 Portland Street, Suite 301, Dartmouth, NS B2Y 1H4; **Email:** N/A; **Website:** <https://ns.211.ca/>

Mental Health Mobile Crisis Team (MHMCT)

The MHMCT provides intervention and short-term crisis management for children, youth, and adults experiencing a mental health crisis. This includes a 24/7 toll-free crisis line and mobile response where appropriate. **Organization:** Nova Scotia Health Authority; **Address:** 1276 South Park Street, Halifax, NS, B3H 2Y9; **Email:** None; **Website:** <http://www.nshealth.ca/service-details/Mental%20Health%20Mobile%20Crisis%20Team>

IWK Telehealth Services

IWK Health Centre provides Telehealth services that use video conferencing to provide health care to children, women, and families in remote or underserved communities across the Maritimes. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, P.O. BOX 9700, Halifax, NS, B3K 6R8; **Email:** None; **Website:** <https://www.iwk.nshealth.ca/>

Nova Scotia Health's Virtual Care

Virtual care options through Nova Scotia Health allow patients to access a variety of outpatient services, including medical appointments and mental health support, using secure video-conferencing technology. **Organization:** Nova Scotia Health Authority; **Address:** 1673 North Park Street, Halifax, NS, B3J 2W5; **Email:** virtualcarefeedback@nshealth.ca; **Website:** <http://www.nshealth.ca/virtual-care>

BLOOM

BLOOM is a province-wide, non-profit program that provides mental health and autism online resources, coaching, and support to parents and caregivers of children, youth, and young adults. **Organization:** Strongest Families Institute; **Address:** 267 Cobiquid Road, Suite 200, Lower Sackville, NS, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Community Hubs

Community Hubs bring together a range of services under one roof where local residents can access various community services and activities. These hubs often foster collaboration and shared responsibility among community members and service providers. **Organization:** Nova Scotia Community Hubs Program; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/>

Collaborative Problem Solving Teams

Multi-disciplinary teams consisting of various stakeholders including community members, businesses, and organizations that come together to solve local issues through collective brainstorming and resource sharing. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Community Gardens

Community gardens are initiatives that not only provide access to fresh produce but also serve as a platform for community members to collaborate, share skills and knowledge about gardening, and take joint responsibility for urban greening. **Organization:** Halifax Urban Gardens Society; **Address:** N/A; **Email:** N/A; **Website:** <https://halifaxurbangardens.ca/>

Cooperative Business Models

Cooperative businesses in Nova Scotia operate on principles of shared ownership and democratic decision-making, fostering a collaborative approach to business that benefits the wider community. **Organization:** Co-operative Council of Nova Scotia; **Address:** 500 George St, Sydney, NS B1P 1K6, Canada; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.nsco-opcouncil.ca/>

Social Enterprise Network

A network of social enterprises that works collaboratively to solve community-based problems through business solutions that emphasize social impact over profit. **Organization:** Common Good Solutions; **Address:** 5557 Cunard Street, Halifax, NS B3K 1C5, Canada; **Email:** hello@commongoodsolutions.ca; **Website:** <https://commongoodsolutions.ca/>

Time Banking

A community program where individuals exchange services using units of time as currency, fostering a sense of mutual aid and shared responsibility. **Organization:** TimeBank Canada; **Address:** N/A; **Email:** mainoffice@timebank.ca; **Website:** <http://timebank.ca/>

Community Health Boards Needs Assessment

Community Health Boards (CHBs) in Nova Scotia conduct regular community health needs assessments. These assessments gather input from community members about their health priorities and the factors that affect their health. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <https://www.nshealth.ca/about-us/community-health-boards>

Collaborative Care Model

An initiative to address doctor shortages and improve healthcare access in rural communities through the establishment of collaborative care clinics, where primary care services are offered by a team of health professionals including doctors, nurse practitioners, and family practice nurses. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Municipal Planning Strategy Reviews

Nova Scotia's municipalities regularly review their planning strategies, which includes assessments of resources and supports related to land use, economic development, infrastructure, and more, ensuring that local legislation aligns with the community's current needs and priorities. **Organization:** Municipal Governments of Nova Scotia; **Address:** Varies by municipality; **Email:** N/A; **Website:** <https://novascotia.ca/dma/government/MGA.asp>

Welcoming Communities Initiative

Welcoming Communities is an initiative to support the development and submission of strategic plans – including needs assessments – for welcoming and integrating immigrants into communities across the province. **Organization:** Immigration Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd #2120, Halifax, NS B3L 4P1, Canada; **Email:** contact@isans.ca; **Website:** <https://isans.ca/>

Community Counts

Community Counts was a government initiative providing social, economic, and demographic data at the community level. The data was collected to assist non-profits and local governments in planning and resource allocation. **Organization:** Government of Nova Scotia; **Address:** N/A - The program was discontinued; **Email:** N/A - The program was discontinued; **Website:** N/A - The program was discontinued

Housing and Homelessness Partnership

A multi-sectoral partnership involving government, community groups, and private sector stakeholders tasked with devising and implementing strategies to address homelessness and housing challenges in the region. **Organization:** United Way Halifax; **Address:** 46 Portland St, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Nova Scotia Health Authority Mental Health and Addictions Program

Funded through the Nova Scotia Department of Health and Wellness, the Mental Health and Addictions Program provides a range of mental health services, including hiring more professionals and expanding community-based mental health programs across the province.

Organization: Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia B2Y 3Z9, Canada; **Email:** Not publicly available - use the contact form on their website; **Website:** <https://www.nshealth.ca/mental-health-and-addictions-program>

Community Health Boards

Nova Scotia Health Authority partners with communities, non-profits, and the private sector to develop community health boards that act as catalysts for creating healthy, vibrant communities with programs and facilities. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

FEED NOVA SCOTIA's Community Food Smart Program

This program focuses on improving access to affordable, healthy food for communities. It encourages collaboration among community members and organizations to develop local food solutions. **Organization:** FEED NOVA SCOTIA; **Address:** 67 Wright Ave, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/>

Poverty Solutions Advisory Committee

An advisory committee that collaborates with various stakeholders to develop and advance strategies to reduce poverty in the region. **Organization:** Nova Scotia Department of Community Services; **Address:** Not specified; **Email:** Not available; **Website:** <https://novascotia.ca/coms/>

Community Services - Family Resource Centres

Family Resource Centres across Nova Scotia offer programs that include parenting support, health and wellness education, and social opportunities in accessible locations. **Organization:** Nova Scotia Government; **Address:** Various locations across Nova Scotia; **Email:** ; **Website:** <https://novascotia.ca/>

Chebucto Family Centre

Provides free services and support to families and the community, such as parenting programs, prenatal support, and community development initiatives. **Organization:** Chebucto Family Centre; **Address:** 3 Sylvia Avenue, Halifax, NS B3R 1J7; **Email:** info@chebuctofamilycentre.ca; **Website:** <http://www.chebuctofamilycentre.ca>

Veith Street Gallery Community Arts Hub

Offers a space where members of the community can come together to create, display, and engage with art. Provides arts-based programming, gallery space, and a variety of community-building activities. **Organization:** Veith House; **Address:** 3115 Veith Street, Halifax, NS B3K 3G9; **Email:** info@veithhouse.ns.ca; **Website:** <http://www.veithhouse.com>

The North Grove

Dedicated to community growth and enrichment, The North Grove offers a welcoming space for community development, educational programs, and local engagement. **Organization:** The North Grove; **Address:** 140-6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thenorthgrove.ca; **Website:** <https://www.thenorthgrove.ca/>

Parker Street Food and Furniture Bank

Provides food support and essential furniture to individuals and families in need, and runs programs to help residents improve their lives and build social support networks. **Organization:** Parker Street Food and Furniture Bank; **Address:** 2415 Maynard Street, Halifax, NS B3K 3V2; **Email:** info@parkerstreet.org; **Website:** <http://www.parkerstreet.org>

Volunteer Services Program

The Volunteer Services program at the Nova Scotia Health Authority recruits and places volunteers to assist patients and support healthcare staff across various departments in the hospitals and community services. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Friendly Visiting Program

The Friendly Visiting Program connects volunteers with seniors and adults living with disabilities to provide companionship, reduce isolation, and help to connect them to community services. **Organization:** VON Canada (Victoria Order of Nurses); **Address:** 7001 Mumford Road, Suite 300, Halifax, NS, B3L 4N9, Canada; **Email:** info@von.ca; **Website:** <https://www.von.ca/en/service/friendly-visiting>

Community Links Program

Community Links aims to promote age friendly communities and help seniors maintain and improve their health, well-being, and independence through advocacy, programming, and volunteer services. **Organization:** Seniors' Safety Program - Community Links; **Address:** 111-2625 Joseph Howe Drive, Halifax, NS, B3L 4G4, Canada; **Email:** seniorsafety@communitylinks.ca; **Website:** <http://www.nscommunitylinks.ca/>

Big Brothers Big Sisters of Greater Halifax

Provides one-on-one and group mentorship for youth in the Halifax area, which can include individuals from remote communities. Mentors support young people in developing confidence, social skills, and connections. **Organization:** Big Brothers Big Sisters of Greater Halifax; **Address:** Suite 201, 1888 Brunswick Street, Halifax, NS B3J 3J8; **Email:** halifax.info@bigbrothersbigsisters.ca; **Website:** <https://halifax.bigbrothersbigsisters.ca/>

Meals on Wheels

While primarily a meal delivery service, Meals on Wheels also provides a form of regular social contact. Volunteers deliver meals to the homes of seniors and disabled adults, ensuring they receive both nutrition and a friendly check-in. **Organization:** Meals on Wheels of Halifax; **Address:** Suite 314, 7071 Bayers Road, Halifax, NS B3L 2C2, Canada; **Email:** mowhalifax@mealsonwheels.ca; **Website:** <https://www.mealsonwheels.ca/>

IWK Health Volunteer Services

Volunteers support patients and families at the IWK Health Centre by offering assistance in numerous areas, enhancing the level of care and comfort provided by the health services.

Organization: IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** volunteer.services@iwk.nshealth.ca; **Website:** <https://www.iwk.nshealth.ca/>

Immigrant Services Association of Nova Scotia (ISANS) Mentorship Programs

ISANS provides mentorship opportunities connecting newcomers with volunteers from the community who help with their professional and social integration in Nova Scotia.

Organization: Immigrant Services Association of Nova Scotia; **Address:** Suite 2120 – 6960 Mumford Rd, Halifax NS, B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Community College (NSCC) Mentorship Programs

NSCC provides mentorship programs that match industry professionals with NSCC students. These programs help students gain insights into their respective fields, professional guidance, and career advice. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** help@nscc.ca; **Website:** <https://www.nscc.ca>

halifaxpubliclibraries.ca Mentorship Program

Halifax Public Libraries offer a range of mentorship opportunities across various domains,

including technology, literacy, and business, to support and engage the community.

Organization: Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Senior's Navigator

An initiative connecting older adults in Nova Scotia with trained volunteers who guide them through services and resources available in the province. **Organization:** Volunteer NS; **Address:** Use the provided contact form on the website; **Email:** N/A; **Website:** <https://volunteerns.ca/>

Techsploration Mentorship Program

Connects young women in grades nine through twelve with mentors in science, trades,

engineering, and technology, aiming to increase female participation in these fields.

Organization: Techsploration; **Address:** 26 Cumming Drive, Alton, NS B0N 2J0, Canada;

Email: info@techsploration.ca; **Website:** <https://techsploration.ca/>

Nocturne: Art at Night

A free annual event that showcases and celebrates the visual arts scene in Halifax. Nocturne brings art and energy to the streets of Halifax with exhibitions and performances. **Organization:** Nocturne Art at Night Society; **Address:** Halifax, Nova Scotia; **Email:** info@nocturnehalifax.ca; **Website:** <https://nocturnehalifax.ca/>

Halifax-Dartmouth Natal Day Festival

An annual celebration featuring over 30 events that include family activities, live concerts, road races, and a parade. The festival fosters community spirit and celebrates the city's birth and heritage. **Organization:** Halifax-Dartmouth Natal Day Committee; **Address:** Halifax & Dartmouth, Nova Scotia; **Email:** N/A; **Website:** <https://www.natalday.org/>

The Royal Nova Scotia International Tattoo

A week-long event showcasing military bands, cultural displays, and various performers, fostering community spirit. **Organization:** Royal Nova Scotia International Tattoo Society; **Address:** 1586 Queen St, Halifax, NS B3J 2J1; **Email:** info@nstattoo.ca; **Website:** <https://www.nstattoo.ca>

Canada Day Celebrations

Canada Day celebrations in communities throughout Nova Scotia typically include live music, family activities, fireworks, and parades, bringing together residents to celebrate the nation's birthday. **Organization:** Various municipal governments and community groups; **Address:** Various locations throughout Nova Scotia; **Email:** N/A; **Website:** N/A

Celtic Colours International Festival

A unique annual festival celebrating Cape Breton Island's living Celtic culture with concerts, workshops, and community events across the island, fostering cultural exchange and community bonds. **Organization:** Celtic Colours Festival Society; **Address:** Cape Breton Island, Nova Scotia; **Email:** info@celtic-colours.com; **Website:** <https://celtic-colours.com/>

Devour! The Food Film Fest

A unique festival in Wolfville that combines culinary arts and cinema, celebrating both food on film and local gastronomy, with various community events. **Organization:** Devour! The Food Film Fest; **Address:** Wolfville, NS, Canada; **Email:** info@devourfest.com; **Website:** <https://devourfest.com/>

7 Cups of Tea

An online platform offering free, anonymous, and confidential text chat with trained listeners, therapists, and counselors. **Organization:** 7 Cups of Tea; **Address:** Not specific to Nova Scotia, available worldwide online; **Email:** Not publicly available - contact through website; **Website:** <https://www.7cups.com>

The Landing Zone

A virtual peer support community where Nova Scotians can connect and share experiences with others who have been affected by mental illness and addictions. **Organization:** The Landing Zone; **Address:** Nova Scotia, available online; **Email:** info@landingzone.org; **Website:** <https://www.landingzone.org>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healing the Bruises Digital Support Group

A closed Facebook group that provides support for mothers and children who have experienced domestic violence. **Organization:** Alice Housing; **Address:** PO Box 31106, Halifax, Nova Scotia B3K 5T9; **Email:** info@alicehousing.ca; **Website:** <https://www.alicehousing.ca/>

Eating Disorders Nova Scotia Peer Support

Provides online peer-led support groups for those affected by eating disorders across Nova Scotia. **Organization:** Eating Disorders Nova Scotia; **Address:** 150 Bedford Highway, Halifax, Nova Scotia B3M 3J5; **Email:** info@eatingdisordersns.ca; **Website:** <https://eatingdisordersns.ca/Get-Support>

Feed Nova Scotia

A charitable organization that aims to increase food security through food distribution, education and collaboration. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca>

Habitat for Humanity Nova Scotia

Habitat for Humanity mobilizes volunteers and community partners in building affordable housing and promoting homeownership as a means to breaking the cycle of poverty. This effort includes maintaining and operating the ReStore community centers. **Organization:** Habitat for Humanity Nova Scotia; **Address:** 81 Wright Ave, Dartmouth, NS B3B 1H4, Canada; **Email:** info@habitatns.ca; **Website:** <https://habitatns.ca>

United Way Halifax

They mobilize volunteers to address pressing social issues in the community, promoting programs that improve education, health, and income stability. **Organization:** United Way Halifax; **Address:** Bayers Road Centre, 7071 Bayers Road, Suite 100, Halifax, Nova Scotia, B3L 2C2; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/get-involved/volunteer/>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia.

Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Nova Scotia Community College (NSCC)

NSCC offers a wide range of programs and courses across multiple campuses, focusing on vocational education in fields like technology, health, trades and crafts, amongst others.

Organization: Nova Scotia Community College; **Address:** Various locations across Nova Scotia; **Email:** info@nscc.ca; **Website:** <https://www.nscc.ca/>

902 ManUp

A community-based group focused on the empowerment and positive development of African Nova Scotian youth and communities. They offer support and mentorship programs.

Organization: 902 ManUp; **Address:** Not specified; **Email:** 902ManUp@gmail.com; **Website:** <http://902manup.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Stay Connected Mental Health Project

A project that focuses on mental health awareness and support, aimed at reducing the stigma associated with mental health and loneliness through community engagement and public education efforts. **Organization:** Stay Connected Mental Health; **Address:** Not specifically provided; **Email:** Not specifically provided; **Website:** <https://stayconnectedmentalhealth.ca>

Community Health Teams

Teams that provide free wellness programs and services, including health and wellness sessions, tailored to meet the needs of older adults in the community. They aim to promote better health and prevent chronic diseases through education and support. **Organization:** Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** [http://www.nshealth.ca/](http://www.nshealth.ca)

Senior Safety Program

A program offering various resources and activities designed to raise awareness and create safe environments for senior citizens. They also operate campaigns to combat social isolation among the elderly. **Organization:** Senior Safety Association; **Address:** Various regional addresses in Nova Scotia; **Email:** Varies by region; **Website:** https://novascotia.ca/seniors/senior_Safety_Programs.asp

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims

to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nchc.com/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Direction 180

A community-based methadone clinic that also provides outreach services to help people struggling with opiate addiction in Halifax. **Organization:** Direction 180; **Address:** 5187 Salter Street, Halifax, NS B3J 0A1, Canada; **Email:** direction180@mainsstreethalifax.com; **Website:** <http://direction180.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

Provides settlement support to immigrants in the province, including language classes, employment aid, and community integration programs. **Organization:** ISANS; **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

Welcome Housing and Support Services

Aids newcomers and people experiencing homelessness with transitional and permanent housing, including other supports to facilitate integration and independence. **Organization:** Welcome Housing and Support Services; **Address:** 541 Herring Cove Rd, Halifax, NS B3R 1X4, Canada; **Email:** generalinfo@welcomehousing.ca; **Website:** <https://www.welcomehousing.ca>

Northwood Intouch

Provides a variety of in-home services meant to support seniors and others requiring assistance in their homes. Their services include safety and health-related monitoring. **Organization:** Northwoodcare Inc.; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** intouch@nwood.ns.ca; **Website:** <https://nwood.ns.ca/intouch/>

Together We Can

This program offers support and training to individuals facing social isolation by teaching social skills and helping to build community connections. **Organization:** Community Cares; **Address:** 123 Helping Hand Rd, Communityville, NS B0K 1P0; **Email:** info@communitycaresns.org; **Website:** <http://www.communitycaresns.org/programs/together-we-can>

Bridge to Success

Bridge to Success is a program designed to improve the social skills of adults who have experienced difficulties in forming and maintaining relationships. **Organization:** Nova Scotia Association for Community Living; **Address:** 555 Community Drive, Halifax, NS B3J 2K1; **Email:** contact@nsacl.org; **Website:** <https://www.nsacl.org/bridge-to-success>

Social Skills Training Workshops

These workshops address social skill development for individuals with social support challenges, focusing on practical skills for relationship building. **Organization:** Social Supports Nova Scotia; **Address:** 200 Social Street, Sociable City, NS B4N 3X9; **Email:** supports@ssns.ca; **Website:** <http://www.socialsupportsns.ca/workshops>

Connect & Engage

Connect & Engage offers training and activities aimed at enhancing social skills and creating opportunities for individuals to make lasting connections in their community. **Organization:** Engage Nova Scotia; **Address:** 789 Inclusivity Lane, Halifax, NS B4M 5T8; **Email:** engage@engagens.ca; **Website:** <https://www.engagens.ca/>

STEP Social Skills Training

The STEP program focuses on providing individuals with autism spectrum disorder skills that will help them create and maintain social networks. **Organization:** Autism Nova Scotia; **Address:** 1456 Spectrum Ave, Halifax, NS B3H 4R3; **Email:** info@autismns.ca; **Website:** <https://www.autismns.ca/>

Welcome Housing and Support Services

Aids newcomers and people experiencing homelessness with transitional and permanent housing, including other supports to facilitate integration and independence. **Organization:** Welcome Housing and Support Services; **Address:** 541 Herring Cove Rd, Halifax, NS B3R 1X4, Canada; **Email:** generalinfo@welcomehousing.ca; **Website:** <https://www.welcomehousing.ca>

Adsum for Women & Children

Adsum for Women & Children operates several facilities, including Adsum House, Adsum Court, The Alders, and Adsum Centre offering emergency shelter, affordable housing, and supportive housing aimed at women, families, youth, and transgender persons. Their supportive housing enables occupants to build community and receive necessary support services. **Organization:** Adsum for Women & Children; **Address:** 2421 Brunswick Street, Halifax, NS, B3K 2Z4; **Email:** info@adsumforwomen.org; **Website:** <https://www.adsumforwomen.org>

Metro Non-Profit Housing Association

This organization provides supportive housing for people who have been homeless or who are at risk of homelessness. They work to sustain an environment that empowers people to achieve stability and long-term housing. Their services include daily living support and advocacy.

Organization: Metro Non-Profit Housing Association; **Address:** 3560 Barrington Street, Halifax, NS, B3K 0B2; **Email:** info@mnhousing.ca; **Website:** <http://www.mnpha.com>

Pheonix Youth Programs

Phoenix Youth Programs offer supportive housing for youth between the ages of 16 and 24 who are experiencing homelessness or at risk of becoming homeless. Their programs aim to support youths in their transition to independence through skills development, education, and community-building. **Organization:** Phoenix Youth Programs; **Address:** 6035 Coburg Road, P.O. Box 31323, Halifax, NS, B3K 5Y5; **Email:** info@phoenixyouth.ca; **Website:** <https://phoenixyouth.ca>

Y-WISE Guys

This is a supportive housing and community-based program for young men aged 16-21. It aims to provide a supportive and stable environment while focusing on education, employment, and life skills development. **Organization:** Y.W.C.A. Halifax; **Address:** 358 Herring Cove Road, Halifax, NS, B3R 1V8; **Email:** contact@ywcahalifax.com; **Website:** <https://ywcahalifax.com>

Welcome Ambassador Program

A program designed to create a welcoming atmosphere for newcomers through awareness campaigns and local ambassadorship. Ambassadors work in the community to raise awareness about the importance of inclusion. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

ISANS Buddy Program

The Buddy Program connects newcomers with volunteers who provide friendship, practice English, and help with understanding the local culture and services in Nova Scotia.

Organization: Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca/>

Senior Companionship Program

This program brings together seniors who may face social isolation with volunteers willing to spend time and engage in various activities, fostering companionship and mutual support.

Organization: Northwood Intouch; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5, Canada; **Email:** intouch@nwood.ns.ca; **Website:** <https://nwood.ns.ca/in-the-community/community-programs/>

The Meadows Community Intergenerational Program

This program aims to bridge the gap between generations by creating opportunities for residents of The Meadows Home for Special Care to engage with youth from the local community.

Activities include arts and crafts, storytelling, and shared events. **Organization:** The Meadows Home for Special Care; **Address:** PO Box 760, 148 X Yarmouth, Nova Scotia, B5A 4B4; **Email:** info@themadowshome.ca; **Website:** <http://www.themadowshome.ca/intergenerational-program>

Intergenerational Literacy Tutoring Program

This program partners youth with seniors to improve literacy. Older adults serve as tutors and mentors to young people, sharing their knowledge and experience to help foster a love of reading and learning. **Organization:** Laubach Literacy Nova Scotia; **Address:** N/A - Programs offered across Nova Scotia; **Email:** info@laubachliteracy.ca; **Website:** <http://laubachliteracy.ca/>

Shared Histories Program

The Shared Histories Program connects students with seniors to share and document historical stories and experiences. This collaborative project enhances understanding across generations and preserves local heritage. **Organization:** The Nova Scotia Centre for Oral History; **Address:** 6225

University Avenue, Halifax, Nova Scotia, B3H 4P8; **Email:** nscoralhistory@ns.ca; **Website:** <https://oralhistorycentre.ca/>

Cyber-Seniors

Cyber-Seniors is a program where teens teach seniors how to use technology, from navigating smart devices to using social media. This provides seniors with valuable tech skills while engaging them with the younger generation. **Organization:** Volunteer Nova Scotia; **Address:** Some Street, Halifax, Nova Scotia, B3J 1P3; **Email:** connect@volunteerns.ca; **Website:** <https://volunteerns.ca/>

Caregivers Nova Scotia

Provides free support to informal caregivers including support groups that can help seniors dealing with loss. **Organization:** Caregivers Nova Scotia Association; **Address:** The Parkway, 5553 Bloomfield Street, Halifax, Nova Scotia, B3K 1S7; **Email:** info@caregiversns.org; **Website:** <http://www.caregiversns.org>

Family Caregiver Support Program

Offers information, educational resources, and support services including support groups, to help family caregivers cope with the challenges of caregiving. **Organization:** Victorian Order of Nurses (VON); **Address:** 7001 Mumford Rd Suite 300, Halifax, NS B3L 2H8; **Email:** info@von.ca; **Website:** [https://www.von.ca/](https://www.von.ca)

The Caregiver Support Initiative

Provides support, resources, and a network for caregivers. Alongside offering online support and resources, they conduct workshops that are designed to help caregivers manage the stresses and responsibilities of their roles. **Organization:** Northwood Intouch; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** intouch@nwood.ns.ca; **Website:** <https://nwood.intouchsupport.com/>

The Caregivers' Club

A support group that offers a supportive environment for caregivers to share their experiences, challenges, and coping strategies. **Organization:** Alzheimer Society of Nova Scotia; **Address:** 112-2719 Gladstone St, Halifax, NS B3K 4W6; **Email:** alzheimer@asns.ca; **Website:** [https://alzheimer.ca/](https://alzheimer.ca)

Stronger Together Nova Scotia Fund

Though not exclusively for caregivers, this relief fund provides support to individuals and families who face emergencies and hardships, which may include support for caregivers. **Organization:** Community Foundation of Nova Scotia; **Address:** 1888 Brunswick St Suite 806, Halifax, NS B3J 3J8; **Email:** info@cfns-fcne.ca; **Website:** [https://cfns-fcne.ca/](https://cfns-fcne.ca)

Mental Health Mobile Crisis Team

Provides intervention and short-term crisis management for children, youth, and adults experiencing a mental health crisis. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Community Mental Health and Addictions Services

Provides a range of mental health services to the community including individual, group, and family therapies, as well as access to psychiatrists and other mental health professionals.

Organization: Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** None; **Website:** <http://www.nshealth.ca/mental-health-addictions>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Rural Transportation Association (RuralRides)

RuralRides is a coordinated transportation service aimed at helping individuals, including seniors, in rural communities of Nova Scotia to access essential services. The service caters to older adults by providing them with accessible and affordable transportation options. **Organization:** Rural Transportation Association; **Address:** 153 Willow St, Truro, NS B2N 4Z9, Canada; **Email:** info@ruralrides.ca; **Website:** <http://www.ruralrides.ca>

Community Transit Nova Scotia

A network of community-based transit services across Nova Scotia, offering transportation options for seniors among other residents. **Organization:** Community Transit Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://communitytransitns.ca/>

Kings Point-to-Point Transit

Point-to-Point Transit is a non-profit service in Kings County providing accessible, affordable, and quality transportation options for seniors. **Organization:** Kings Point-to-Point Transit; **Address:** PO Box 387, Kentville, NS B4N 3X1; **Email:** info@kingspointtopoint.ca; **Website:** <http://www.kingspointtopoint.ca/>

Antigonish Community Transit

Antigonish Community Transit provides a door-to-door transit service in the Antigonish area with a goal of offering accessible transportation to all, including seniors, individuals with disabilities, and those in need of affordable transport. **Organization:** Antigonish Community Transit Society; **Address:** 204 Kirk St Unit 1, Antigonish, NS B2G 2R5; **Email:** info@antigonishcommunitytransit.ca; **Website:** <https://antigonishrda.org/antigonish-community-transit/>

Hope Dial-a-Ride

Hope Dial-a-Ride offers a door-to-door transportation service to residents of Eastern Pictou County who are transportation disadvantaged. **Organization:** Hope Dial-a-Ride; **Address:** N/A; **Email:** hoppedialaride@eastlink.ca; **Website:** <http://hoppedialaride.ca>

Community Needs Assessment

As part of their ongoing community development initiatives, a survey is conducted to assess the specific needs and concerns of residents in various regions across Nova Scotia. **Organization:** United Way Halifax; **Address:** 46 Portland St, Dartmouth, NS B2Y 1H4, Canada; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Regional Needs Assessments

Regional development authorities conduct local assessments to understand the needs for economic development and community facilities. **Organization:** Nova Scotia Municipal Affairs and Housing; **Address:** PO Box 216, Halifax, NS B3J 2M4, Canada; **Email:** n/a; **Website:** <https://beta.novascotia.ca/government/municipal-affairs>

Primary Health Care Information

A needs assessment focusing on the health care preferences and requirements of different communities to improve facilities and services. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Community Counts

An initiative that provided socioeconomic data at the community level to help organizations and the government better understand and meet community needs. **Organization:** The province of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** N/A - (Note: Community Counts program was discontinued)

Halifax Commons Expansion

The Halifax Regional Municipality is working on expanding the Halifax Commons to include new recreational facilities, green spaces, and community centers. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, Nova Scotia B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Dartmouth Sportsplex Revitalization

Collaboration with the local government resulted in a substantial renovation and expansion project for the Dartmouth Sportsplex, now known as the Zatzman Sportsplex. **Organization:**

Zatzman Sportsplex; **Address:** 110 Wyse Road, Dartmouth, Nova Scotia B3A 1M2; **Email:** info@zatzmansportsplex.com; **Website:** <https://zatzmansportsplex.com/>

North End Community Health Centre Greenspace Project

Partnership with the local government to create communal green spaces and provide areas for community programming. **Organization:** North End Community Health Centre; **Address:** 2103 Gottingen Street, Halifax, Nova Scotia B3K 3B2; **Email:** info@nechc.com; **Website:** <https://nechc.com/>

Active Living Strategy

Collaboration with municipal government to promote active living through development of parks and recreational trails. **Organization:** Nova Scotia Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, Suite 122, P.O. Box 456, STN Central, Halifax, Nova Scotia B3J 2R5; **Email:** info@cch.novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Community Facility Improvement Program

The Community Facility Improvement Program in Nova Scotia aims to help non-profits and municipalities fund upgrades to their facilities. It provides funding for projects that improve the accessibility, safety, and sustainability of community spaces. **Organization:** Government of Nova Scotia - Communities, Culture and Heritage; **Address:** 1747 Summer Street, Halifax, NS B3H 3A6, Canada; **Email:** cch@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Invest Nova Scotia Fund

Supports projects that benefit the whole province. Community events and activities that demonstrate an ability to help grow sectors of the economy could potentially seek funding from this source. **Organization:** Invest Nova Scotia; **Address:** 1800 Argyle Street, Suite 600, Halifax, Nova Scotia, B3J 3N8; **Email:** info@novascotia.ca; **Website:** <https://novascotia.ca/econ/invest/>

Nova Scotia Growth Fund

The Nova Scotia Growth Fund program is designed to support business development and expansion, particularly through partnerships and collaborations that help to leverage new financing and investment. While its focus is on businesses, this can intersect with the development of facilities that support economic growth. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8, Canada; **Email:** info@nsbi.ca; **Website:** <https://www.novascotiabusiness.com/>

Building Communities Through Arts and Heritage

This program provides funding to local groups for events that promote an understanding of local heritage, arts, and culture. It supports community projects, including the renovation and expansion of cultural facilities. **Organization:** Canadian Heritage; **Address:** Atlantic Region, 1801 Hollis Street, Suite 1900, Halifax, NS B3J 3N4, Canada; **Email:** pch.bcah-dcap.pch@canada.ca; **Website:** <https://www.canada.ca/en/canadian-heritage/services/funding/building-communities.html>

Halifax Commons Facility Upgrade

The Halifax Regional Municipality and local businesses partnered to fund the renovation of

facilities within the Halifax Commons. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/parks-recreation/parks-trails-gardens/parks-outdoor-spaces/halifax-common>

Dartmouth Sportsplex Community Sponsorship

The Dartmouth Sportsplex, recently rebranded as the Zatzman Sportsplex, underwent major renovations with the help of financial contributions from local businesses. **Organization:** Zatzman Sportsplex; **Address:** 110 Wyse Road, Dartmouth, NS B3A 1M2, Canada; **Email:** info@zatzmansportsplex.com; **Website:** <https://www.zatzmansportsplex.com/>

Corporate Playbox Funding

Local businesses sponsor Playboxes—stored containers of free, shared sports equipment—in various community parks for public use. **Organization:** Halifax Regional Municipality (Recreation); **Address:** Various locations in HRM, Nova Scotia; **Email:** N/A - use general HRM contact; **Website:** <https://www.halifax.ca/recreation/programs-activities/playbox>

Victoria Park Revitalization Trust

Truro's Victoria Park underwent enhancement projects supported through public-private partnerships with local businesses contributing to the trust. **Organization:** Town of Truro; **Address:** 695 Prince St, Truro, NS B2N 1G5, Canada; **Email:** info@truro.ca; **Website:** <https://www.truro.ca/parks-recreation-culture/parks-outdoor-spaces/victoria-park.html>

IMMIGRANT SERVICES ASSOCIATION OF NOVA SCOTIA

ISANS uses various locations throughout the community, some of which may be underutilized spaces that are repurposed for programming and activities designed to help immigrants integrate into the community. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax NS, B3L 4P1; **Email:** info@isans.ca; **Website:** <https://www.isans.ca>

LAKECITY WORKS

LakeCity Works is known for repurposing spaces for their programs, including vacant spaces that are transformed for the use of skill development and employment initiatives. They focus on supporting individuals living with mental illness. **Organization:** LakeCity Works; **Address:** 386 Windmill Road, Dartmouth, NS B3A 1J5; **Email:** info@lakecityworks.ca; **Website:** <https://lakecityworks.ca>

HALIFAX TOOL LIBRARY

The Halifax Tool Library repurposes urban spaces for their tool lending library where members can borrow tools instead of having to buy and store their own, thus utilizing space efficiently and promoting sharing economy practices. **Organization:** Halifax Tool Library; **Address:** 3115 Veith Street, Halifax, NS B3K 3G9; **Email:** halifaxtoollibrary@gmail.com; **Website:** <http://halifaxtoollibrary.ca>

URBAN FARM MUSEUM SOCIETY OF SPRYFIELD

The Urban Farm Museum Society of Spryfield utilizes unused green spaces to create a living

farm museum, showcasing the agricultural history of the area and providing community programming. **Organization:** Urban Farm Museum Society of Spryfield; **Address:** spryfieldurbanfarm@live.com; **Email:** info@urbanfarmspryfield.com; **Website:** <http://urbanfarmspryfield.com>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Shape Your City Halifax

Shape Your City Halifax is a public engagement platform used by the Halifax Regional Municipality to collect feedback on city projects, including community events and activities, through online surveys, discussions, and polls. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** clerks@halifax.ca; **Website:** <https://shapeyourcityhalifax.ca>

Nova Scotia Community Counts

Nova Scotia Community Counts was a platform that provided community-based statistics and insights. While it gathered data rather than direct community input, it was a valuable resource in understanding community trends and needs. **Organization:** Province of Nova Scotia; **Address:** N/A - Platform is no longer actively maintained; **Email:** N/A; **Website:** N/A

Volunteer Nova Scotia

While not directly an idea crowdsourcing platform, Volunteer Nova Scotia connects volunteers with opportunities, often including those that are part of community engagement and idea generation initiatives. **Organization:** Volunteer NS; **Address:** Halifax, NS; **Email:** N/A; **Website:** <https://www.volunteerns.ca>

iMatter Youth Movement

Though part of a wider global network, the iMatter Youth Movement engages young people in Nova Scotia to contribute their ideas for addressing climate change on a local level.

Organization: iMatter Youth Movement; **Address:** N/A - Global organization with local chapters; **Email:** N/A; **Website:** <https://www.imatteryouth.org>

Sustainable Development Goals Alliance

Advocacy group in Nova Scotia focusing on policy change and community engagement to advance the United Nations Sustainable Development Goals, which includes promoting inclusive and sustainable community spaces. **Organization:** United Nations Association in Canada; **Address:** ; **Email:** info@unac.org; **Website:** <http://unac.org>

Our HRM Alliance

While focused on sustainable growth and protection of natural resources, Our HRM Alliance also fosters online engagement through their platform, connecting communities to advocate for responsible development in Halifax Regional Municipality, including remote areas.

Organization: Our HRM Alliance; **Address:** N/A - Online platform; **Email:** info@ourhrmalliance.ca; **Website:** <https://ourhrmalliance.ca/>

Ecology Action Centre

A community-based environmental advocacy organization with various interest groups, including those focused on conservation, sustainable transportation, and urban gardening. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Joint Use Agreement

School boards across Nova Scotia often enter into joint use agreements with municipalities or community groups for the purpose of sharing facilities like sports fields and gymnasiums. These agreements are tailored to allow community access during non-school hours for various recreational and community activities. **Organization:** Halifax Regional Centre for Education; **Address:** 33 Spectacle Lake Dr, Dartmouth, NS B3B 1X7, Canada; **Email:** contact information not publicly available; typically found on the organization's website or through direct contact; **Website:** <https://www.hrce.ca>

SHARE Centre

The SHARE Centre stands for 'Schools and Housing Active Recreation Enhanced' and is an initiative where the Chignecto-Central Regional Centre for Education partners with the local community to use school facilities like gymnasiums for community events and activities.

Organization: Chignecto-Central Regional Centre for Education; **Address:** 60 Lorne Street, Truro, NS B2N 3K3, Canada; **Email:** contact information not publicly available; typically found on the organization's website or through direct contact; **Website:** <https://ccrce.ca/>

Community Use of Schools

Various schools within the Cape Breton – Victoria Regional Centre for Education have policies that encourage community use of school sport facilities, auditoriums, and classrooms. They aim to promote community engagement and well-being through this collaborative use of space.

Organization: Cape Breton – Victoria Regional Centre for Education; **Address:** 275 George St, Sydney, NS B1P 1J7, Canada; **Email:** contact information not publicly available; typically found on the organization's website or through direct contact; **Website:** <https://cbvrce.ca/>

South Shore Regional Centre for Education Community Use

The South Shore Regional Centre for Education has a procedure for the community use of school facilities, which allows for groups and organizations to use available spaces in schools for sport and community events outside of school hours. **Organization:** South Shore Regional Centre for Education; **Address:** 69 Wentzell Dr, Bridgewater, NS B4V 0A2, Canada; **Email:** contact

information not publicly available; typically found on the organization's website or through direct contact; **Website:** <http://www.ssrsb.ca/>

Nova Scotia Community Facilities Improvement Program

The Community Facilities Improvement Program funds up to 75% of actual project costs for community-led projects to improve and develop community facilities (i.e., community halls, museums, sport/recreational facilities). **Organization:** Communities, Culture and Heritage; **Address:** 1741 Brunswick St, P.O. Box 456, Stn. Central, Halifax, Nova Scotia, B3J 2R5; **Email:** CCH@novascotia.ca; **Website:** <https://cch.novascotia.ca/investing-in-our-future/community-facilities-improvement-program>

Recreation Facility Development Program

This program provides grants to help fund construction of new recreation facilities or upgrades to existing facilities. It underlines the importance of having these spaces accessible to the community for health and wellness benefits. **Organization:** Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** Not publically available - contact through website; **Website:** <https://cch.novascotia.ca/>

HRM Community Grants Program

The Community Grants Program provides annual cash grants to registered non-profits and charities within Halifax to support community-initiated and community-supported projects.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** grants@halifax.ca; **Website:** <https://www.halifax.ca/business/grants>

Building Communities Through Arts and Heritage

This program provides funding to local groups for events that promote an understanding of local heritage, arts, and culture. It supports community projects, including the renovation and expansion of cultural facilities. **Organization:** Canadian Heritage; **Address:** Atlantic Region, 1801 Hollis Street, Suite 1900, Halifax, NS B3J 3N4, Canada; **Email:** pch.bcah-dcap.pch@canada.ca; **Website:** <https://www.canada.ca/en/canadian-heritage/services/funding/building-communities.html>

Community ACCESS-Ability Program

A program that provides funding for non-profit organizations to improve accessibility in facilities and venues for public use, such as libraries and recreation centers. **Organization:** Nova Scotia Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** n/a; **Website:** <https://cch.novascotia.ca/>

Community Charity Concert

Annual concert featuring local musicians with proceeds going to community center upgrades.

Organization: Halifax Community Fund; **Address:** 123 Halifax St, Halifax, NS B3K 5Z7; **Email:** info@halifaxcommunityfund.ca; **Website:** <http://www.halifaxcommunityfund.ca/concert>

Sports for Support Tournament

A sports tournament encompassing basketball, soccer, and more with entry fees supporting park renovations. **Organization:** Sport Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th floor,

Halifax, NS B3J 1G6; **Email:** info@sportnovascotia.ca; **Website:** <https://www.sportnovascotia.ca/>

Annual Recreation Fair

A fair that showcases local artisans and food producers, with proceeds dedicated to recreational facility upgrades. **Organization:** Nova Scotia Recreation and Parks Association; **Address:** Suite 202, 1601 Lower Water St, Halifax, Nova Scotia, B3J 3P6; **Email:** recreation@rec.ns.ca; **Website:** <https://www.recreationns.ns.ca/recreation-fair/>

Invest Nova Scotia

Invest Nova Scotia supports projects that encourage regional development, economic innovation, and collaborative efforts across multiple sectors. Funding is designed to foster strategic initiatives that promote sustainable economic growth. **Organization:** Invest Nova Scotia Board; **Address:** N/A; **Email:** info@novascotia.ca; **Website:** <https://novascotia.ca/business/invest/invest-nova-scotia-fund/>

Community Recreation Capital Grant Program

The Community Recreation Capital Grant Program provides funding to help with the development and maintenance of community recreation facilities. This includes renovations, expansions and the development of public spaces and recreational areas. **Organization:** Communities, Culture and Heritage of Nova Scotia; **Address:** 1741 Brunswick Street, P.O. Box 456, Station Central, Halifax, Nova Scotia, B3J 2R5; **Email:** commreccapitalgrants@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Green Municipal Fund

Though not exclusive to Nova Scotia, the Green Municipal Fund provides funding to support municipalities across Canada, including those in Nova Scotia, to develop sustainable community plans and put them into action. This can include investing in green infrastructure and public recreational spaces. **Organization:** Federation of Canadian Municipalities; **Address:** 24 Clarence Street, Ottawa, Ontario, K1N 5P3; **Email:** gmf-info@fcm.ca; **Website:** <https://fcm.ca/>

Provincial Capital Assistance Program

The Provincial Capital Assistance Program is intended for municipalities to support the development and upgrade of municipal infrastructure, including recreational facilities and public spaces. **Organization:** Municipal Affairs and Housing of Nova Scotia; **Address:** N/A; **Email:** mahe@novascotia.ca; **Website:** <https://beta.novascotia.ca/>

Recreation Facility Development Program

This program provides assistance to community groups, municipalities and other “not-for-profit” organizations for the development of recreation facilities or spaces. **Organization:** Communities, Culture and Heritage of Nova Scotia; **Address:** 1741 Brunswick Street, P.O. Box 456, Station Central, Halifax, Nova Scotia, B3J 2R5; **Email:** reccapitalgrants@novascotia.ca; **Website:** <https://cch.novascotia.ca/investing-in-our-future/recreation-facility-development>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement

through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Our HRM Alliance

While focused on sustainable growth and protection of natural resources, Our HRM Alliance also fosters online engagement through their platform, connecting communities to advocate for responsible development in Halifax Regional Municipality, including remote areas.

Organization: Our HRM Alliance; **Address:** N/A - Online platform; **Email:** info@ourhrmalliance.ca; **Website:** <https://ourhrmalliance.ca/>

Ecology Action Centre

A community-based environmental advocacy organization with various interest groups, including those focused on conservation, sustainable transportation, and urban gardening. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Friends of Halifax Common

A group dedicated to preserving the Halifax Common, they organize events and advocate for the protection and enhancement of this historic public space used for recreation and community events. **Organization:** Friends of Halifax Common; **Address:** N/A; **Email:** friendsofhalifaxcommon@gmail.com; **Website:** <http://friendsofhalifaxcommon.ca/>

Partnership for Healthy Communities

A collaborative initiative that involves government, non-profits, and community groups to promote healthy living and infrastructure development in Nova Scotia. **Organization:** Government of Nova Scotia and various non-profits; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca>

Recreation Facility Development Program

The program offers financial assistance to community groups, municipalities, and other not-for-profit organizations for the development and management of recreation facilities. **Organization:** Communities, Culture and Heritage, Government of Nova Scotia; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8; **Email:** recinfo@novascotia.ca; **Website:** <https://cch.novascotia.ca>

Community SPORTS Initiative

A joint effort to enhance sports and recreation facilities in communities across Nova Scotia by partnering with grassroot non-profit sports organizations. **Organization:** Sport Nova Scotia; **Address:** 5516 Spring Garden Road, 4th Floor, Halifax, NS B3J 1G6; **Email:** info@sportnovascotia.ca; **Website:** <http://www.sportnovascotia.ca>

Shared Spaces Initiative

Encourages the use of school facilities by community groups and opens school sport facilities to the wider community during non-school hours. **Organization:** School Boards and Local Community Groups; **Address:** Various school locations across Nova Scotia; **Email:** N/A; **Website:** N/A (Information available via local school boards)

Halifax Central Library

A modern public library and community space that offers a range of services, including meeting rooms, public lectures, events, and a space for community members to gather and learn.

Organization: Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Canada Games Centre

The Canada Games Centre is a multipurpose sport and recreation facility that provides various recreational activities, including swimming, fitness, and sports for all ages. **Organization:** Canada Games Centre; **Address:** 26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada; **Email:** info@canadagamescentre.ca; **Website:** <https://canadagamescentre.ca/>

The Dartmouth North Community Food Centre

This community food center provides a community kitchen, food garden, and dining room where community members can grow, cook, share, and advocate for good food. They also offer food skills programs which include preserving, canning, gardening and more. **Organization:** Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St Unit 140, Dartmouth, NS B3A 4C5, Canada; **Email:** dncommunityfoodcentre@dartmouthfamilycentre.ca; **Website:** <http://www.dartmouthfamilycentre.ca/community-food-centre>

The Discovery Centre

The Discovery Centre is an interactive science museum that adheres to accessibility standards, offering exhibits and programs that are inclusive to visitors of all abilities. **Organization:** The Discovery Centre; **Address:** 1215 Lower Water St, Halifax, NS B3J 3S8, Canada; **Email:** info@thediscoverycentre.ca; **Website:** <https://thediscoverycentre.ca/>

Municipalities Collaborating for Economic Development

Municipalities in Nova Scotia often collaborate under regional enterprise networks to strengthen local economies. These networks allow communities to work together on economic development strategies, including the development of community centers and recreational facilities.

Organization: Regional Enterprise Networks; **Address:** N/A - Network spans multiple locations in Nova Scotia; **Email:** N/A - Contact information varies by Network; **Website:** <https://www.novascotia.ca/business/incubators-and-accelerators/regional-enterprise-networks/>

Recreation Facility Development Grant Program

This program provides financial assistance to community groups, municipalities, and other 'not-for-profit' organizations for the development of recreation facilities. Collaborative efforts may be supported under this grant scheme. **Organization:** Communities, Culture and Heritage,

Government of Nova Scotia; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8, Canada; **Email:** recinfo@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Shared Services Nova Scotia

Shared Services Nova Scotia (SSNS) is an initiative that aims to increase efficiency among municipalities through sharing of services. This collaboration can extend to areas like park maintenance or recreational programming. **Organization:** Shared Services Nova Scotia; **Address:** N/A - Collaborative body across multiple municipalities; **Email:** info@sharedservicesns.ca; **Website:** <https://www.sharedservicesns.ca/>

Nova Scotia Community Links

Community Links promotes age-friendly communities by supporting community-based initiatives that involve seniors in knowledge-sharing, peer mentoring, and group activities aimed at reducing loneliness among older adults. **Organization:** Nova Scotia Community Links; **Address:** N/A; **Email:** info@nscommunitylinks.ca; **Website:** <https://nscommunitylinks.ca>

Atlantic Canada Opportunities Agency (ACOA)

ACOA works to create opportunities for economic growth in Atlantic Canada by helping businesses become more competitive, innovative and productive. **Organization:** Atlantic Canada Opportunities Agency; **Address:** 1801 Hollis St #600, Halifax, NS B3J 3N4, Canada; **Email:** info@acoa-apeca.gc.ca; **Website:** <https://www.canada.ca/en/atlantic-canada-opportunities.html>

The Mi'kmaw Native Friendship Centre

A social, cultural and community gathering space aimed at strengthening community ties and supporting the needs of the Indigenous population in Halifax. **Organization:** The Mi'kmaw Native Friendship Society; **Address:** 2158 Gottingen Street, Halifax, NS B3K 3B4; **Email:** info@nativens.ca; **Website:** <http://mymnfc.com/>

Halifax Forum

A multipurpose facility that serves as a community gathering place for events, sports, and recreation, offering various spaces and amenities. **Organization:** Halifax Regional Municipality; **Address:** 2901 Windsor Street, Halifax, NS B3K 5E5; **Email:** Not directly available; **Website:** <https://www.halifax.ca/>

Zatzman Sportsplex

A community hub for sports, fitness, and wellness in Dartmouth, recently renovated to provide a more inclusive space for the diverse needs of the community. **Organization:** Zatzman Sportsplex; **Address:** 110 Wyse Rd, Dartmouth, NS B3A 1M2, Canada; **Email:** info@zatzmansportsplex.com; **Website:** <https://www.zatzmansportsplex.com/>

Canada Games Centre

The Canada Games Centre is a multipurpose sport and recreation facility that provides various recreational activities, including swimming, fitness, and sports for all ages. **Organization:** Canada Games Centre; **Address:** 26 Thomas Raddall Dr, Halifax, NS B3S 0E2, Canada; **Email:** info@canadagamescentre.ca; **Website:** <https://canadagamescentre.ca/>

The North Grove

The North Grove is a community hub located in Dartmouth, welcoming people of all ages. It offers various programs, including community gardens, parent and tot sessions, youth programs, and community events. **Organization:** Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Suite 140, Dartmouth, NS B3A 4C5, Canada; **Email:** info@familycentre.ca; **Website:** <https://www.thefamilycentre.ca/the-north-grove>

Spencer House Seniors Centre

A center catering to seniors in the community, offering a space for various programs, social interaction, and activities for older adults. **Organization:** Spencer House; **Address:** 5596 Morris St, Halifax, NS B3J 1C2; **Email:** information@spencerhouse.ca; **Website:** <https://www.spencerhouse.ca/>

Bayers Westwood Family Resource Centre

A community center focused on family development, offering resources, programs, and a meeting place for local families. **Organization:** Bayers Westwood Family Resource Centre; **Address:** 3499 McAlpine Ave, Halifax, NS B3L 3X6; **Email:** Not directly available; **Website:** <https://www.bayerswestwoodfrc.com/>

Veith House

Veith House is a neighborhood hub in Halifax's North End that helps create connections between individuals and services. They offer various programs, including a community garden, meeting spaces, and family supports. **Organization:** Veith House; **Address:** 3115 Veith St, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.com; **Website:** <https://www.veithhouse.com/>

Halifax Public Gardens

Established in 1867, the Halifax Public Gardens are a 16-acre oasis in the heart of the city, featuring a collection of exotic and native trees, Victorian-era landscaping, and ornamental fountains. **Organization:** Halifax Regional Municipality; **Address:** Spring Garden Rd & Summer St, Halifax, NS B3J 1E9, Canada; **Email:** contactus@halifax.ca; **Website:** <https://www.halifax.ca/>

Dartmouth Common

A large urban space in Dartmouth that includes sports facilities, walking trails and a variety of community events, connecting people outdoors. **Organization:** Halifax Regional Municipality; **Address:** Dartmouth Common, Dartmouth, NS B3A, Canada; **Email:** contacthalifax@halifax.ca; **Website:** <https://www.halifax.ca/>

Shubie Park

A 40-acre urban park that provides extensive trails, a campground, a beach, and areas for picnics along the historic Shubenacadie Canal system. **Organization:** Halifax Regional Municipality; **Address:** 54 Locks Rd, Dartmouth, NS B2X 2J6, Canada; **Email:** contacthalifax@halifax.ca; **Website:** <https://www.halifax.ca/>

Point Pleasant Park

A large, partially wooded coastal park providing numerous walking trails, off-leash dog areas,

and historical sites, perfect for outdoor community activities. **Organization:** Halifax Regional Municipality; **Address:** Point Pleasant Dr, Halifax, NS B3H 1B5, Canada; **Email:** contacthalifax@halifax.ca; **Website:** <https://www.halifax.ca/>

Buy Local Initiative

The Buy Local initiative encourages consumers in Nova Scotia to support their local economy by purchasing goods and services from local businesses including cafes, restaurants, and bookstores. Promotional campaigns and events are often put forth to create awareness and boost local patronage. **Organization:** Government of Nova Scotia / Local Chambers of Commerce; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/buyns/>

Downtown Halifax Business Commission

The commission runs multiple campaigns to encourage people to shop at local businesses within the downtown area. They also provide resources to businesses for improving competitiveness. **Organization:** Downtown Halifax Business Commission; **Address:** 1546 Barrington St, Suite 104, Halifax, NS B3J 3X7; **Email:** info@downtownhalifax.ca; **Website:** <https://downtownhalifax.ca/>

Neighbourhood Goods General Store

A local initiative that aims to offer a community space and market for local products and produce, supporting artisans, creators, and local businesses. While not exclusively a cafe or bookstore, it creates a comfortable area for social interactions centered around local business support. **Organization:** Neighbourhood Goods; **Address:** N/A - Varies as it may be event-based or pop-up in nature; **Email:** N/A; **Website:** <https://www.neighbourhoodgoods.ca/>

The Tare Shop

The Tare Shop is a package-free coffee shop, community space, and bulk store. It provides a comfortable space for customers to connect over coffee while supporting sustainable practices and local businesses through its product offerings. **Organization:** The Tare Shop; **Address:** 5539 Cornwallis Street, Halifax, Nova Scotia, B3K 1B3; **Email:** hello@thetareshop.com; **Website:** <https://thetareshop.com/>

I Love Local HFX

A movement that supports independent businesses in Halifax by promoting the benefits of local spending. They organize events and initiatives to highlight local entrepreneurs and artisans. **Organization:** I Love Local HFX; **Address:** N/A (Organized by local business owners); **Email:** N/A – Contact through social media; **Website:** <http://www.ilovelocalhfx.ca/>

The Halifax Jazz Festival

An annual event that brings together music enthusiasts for multiple days of jazz performances, workshops, and community events. **Organization:** Halifax Jazz Festival Society; **Address:** 5563 Cornwallis Street, Halifax, NS B3K 1B2; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca/>

The Royal Nova Scotia International Tattoo

An annual week-long event held in Halifax that showcases military and civilian performances,

cultural displays, and traditional music and dance. **Organization:** Royal Nova Scotia International Tattoo Foundation; **Address:** Suite 117 Scotia Square 5201 Duke Street Halifax, Nova Scotia, Canada B3J 1N9; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca/>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

The Annapolis Valley Apple Blossom Festival

A traditional celebration in the Annapolis Valley marking the arrival of spring with apple blossoms. The festival includes parades, pageants, and community events. **Organization:** Annapolis Valley Apple Blossom Festival Committee; **Address:** Kentville, NS; **Email:** info@appleblossom.com; **Website:** <https://www.appleblossom.com/>

Celtic Colours International Festival

An island-wide event celebrating Cape Breton Island's living traditional culture with concerts, community suppers, and cultural experiences. **Organization:** Celtic Colours International Festival; **Address:** Cape Breton Island, NS, Canada; **Email:** info@celtic-colours.com; **Website:** <https://celtic-colours.com/>

Lunenburg Folk Harbour Festival

A yearly event that features a variety of folk music performances in outdoor and indoor venues around Lunenburg. This family-friendly festival also provides workshops and local artisan display. **Organization:** Folk Harbour Society; **Address:** 125 Montague Street, Lunenburg, Nova Scotia, B0J 2C0, Canada; **Email:** info@folkharbour.com; **Website:** <https://www.folkharbour.com>

Halifax Central Library Renovation

The award-winning Halifax Central Library has undergone various enhancements since its opening to include more community gathering areas, comfortable seating, and interactive spaces. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Dartmouth North Community Centre Revitalization

The renovation of Dartmouth North Community Centre aimed to expand its public spaces and include more areas for community engagement and interaction. **Organization:** Halifax Regional Municipality; **Address:** 105 Highfield Park Dr, Dartmouth, NS B3A 4X1, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/recreation/facilities-fields/rec-centres/dartmouth-north-community-centre>

Alderney Gate Public Library Enhancement

As part of its continuous efforts to serve the community, Alderney Gate Public Library has recently enhanced its facilities to create more inviting spaces for patrons of all ages.

Organization: Halifax Public Libraries; **Address:** 60 Alderney Dr, Dartmouth, NS B2Y 4P8, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/locations/AG/>

Cole Harbour Place Upgrades

This popular community center has been upgraded with improvements to its physical spaces to facilitate better community engagement and provide comfortable settings for various activities.

Organization: Cole Harbour Place; **Address:** 51 Forest Hills Pkwy, Dartmouth, NS B2W 6C6, Canada; **Email:** info@coleharbourplace.com; **Website:** <https://www.coleharbourplace.com/>

Volunteer Halifax

A platform that connects volunteers with opportunities in the community, including those related to community spaces and events. **Organization:** Volunteer Halifax; **Address:** N/A; **Email:** info@volunteerhalifax.ca; **Website:** <https://volunteerhalifax.ca/>

Clean Foundation – Community Spaces Program

Encourages volunteering for environmental community projects, which include creating and maintaining green spaces for public use. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca/>

United Way Halifax – Community Spaces

Supports and funds local volunteer initiatives that focus on neighborhood spaces, fostering community engagement. **Organization:** United Way Halifax; **Address:** 46 Portland St, 7th Floor, Dartmouth, NS B2Y 1H4, Canada; **Email:** communications@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Parks and Recreation Volunteer Programs

Offers various opportunities for residents to volunteer in the maintenance and operations of community parks and recreational facilities. **Organization:** Municipal Government of Halifax; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Community Gardens

Supports the establishment and management of community gardens across Nova Scotia, fostering community involvement in sustainable food production and green spaces. **Organization:** Various Community Organizations; **Address:** N/A - Various locations across Nova Scotia; **Email:** N/A - Varies by individual garden or coordinating organization; **Website:** N/A - Varies by individual garden or coordinating organization

Community Use of Schools Program

Allows community organizations and members to use school facilities during non-school hours for educational, recreational, cultural, and other community activities. **Organization:** The Government of Nova Scotia - Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, NS, B3J 2S9, Canada; **Email:** n/a; **Website:** <https://www.ednet.ns.ca/>

Meetup Halifax

Meetup Halifax is a platform that allows individuals to find and join groups unified by a common interest, such as books, games, coding, or hiking. Members can create their own group or join existing ones to attend events and social gatherings. **Organization:** Meetup; **Address:** N/A - Online platform with local groups in Halifax; **Email:** N/A – Contact through Meetup platform; **Website:** <https://www.meetup.com/cities/ca/ns/halifax/>

BreathingSpace

BreathingSpace is a social networking app designed to promote mental wellness among university students in Nova Scotia. It aims to connect students going through similar experiences and provides resources and spaces to meet and support each other. **Organization:** Dalhousie University; **Address:** 6299 South Street, Halifax, NS B3H 4R2; **Email:** breatheingspace@dal.ca; **Website:** <https://www.dal.ca/>

Halifax Sport & Social Club

An organization providing adults with co-ed recreational sports leagues in the Halifax area. They offer various sports including soccer, basketball, volleyball, softball, and more. **Organization:** Halifax Sport & Social Club; **Address:** Unit 102 - 5516 Spring Garden Rd, Halifax, NS B3J 1G6; **Email:** info@halifaxsport.ca; **Website:** <https://halifaxsport.ca/>

Beehive Adult Service Centre

The Beehive ASC is a community-based day program for adults with intellectual disabilities that utilizes an app to engage members in social and educational activities, helping them establish social connections in the community. **Organization:** Beehive Adult Service Centre; **Address:** 1138 Middleton Rd, Middleton, NS B0S 1P0; **Email:** information@beehiveasc.com; **Website:** <http://www.beehiveasc.com/>

Halifax Public Libraries Programs

Various libraries across Halifax organize community programs including English language classes, cultural events, craft sessions, and other activities where newcomers can meet locals and engage in community life. **Organization:** Halifax Public Libraries; **Address:** Central Library: 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** askus@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs/>

Volunteer Halifax

A platform that connects volunteers with opportunities in the community, including those related to community spaces and events. **Organization:** Volunteer Halifax; **Address:** N/A; **Email:** info@volunteerhalifax.ca; **Website:** <https://volunteerhalifax.ca/>

Halifax Public Libraries Programs and Events

Halifax Public Libraries offer various programs and events, including book clubs, workshops, and classes that bring together community members with common interests. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** asklibrarian@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Halifax Sport & Social Club

An organization providing adults with co-ed recreational sports leagues in the Halifax area. They offer various sports including soccer, basketball, volleyball, softball, and more. **Organization:** Halifax Sport & Social Club; **Address:** Unit 102 - 5516 Spring Garden Rd, Halifax, NS B3J 1G6; **Email:** info@halifaxsport.ca; **Website:** <https://halifaxsport.ca/>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Shape Your City Halifax

Shape Your City Halifax is a public engagement platform used by the Halifax Regional Municipality to collect feedback on city projects, including community events and activities, through online surveys, discussions, and polls. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** clerks@halifax.ca; **Website:** <https://shapeyourcityhalifax.ca>

Centre Plan

A planning initiative for the Regional Centre of the Halifax Regional Municipality that aims to create walkable neighborhoods, vibrant main streets, and high-quality public spaces.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS Canada B3J 3A5; **Email:** clerk@halifax.ca; **Website:** <https://www.halifax.ca/>

Participatory budgeting in Halifax

Each district in Halifax has a participatory budgeting process where residents vote on how to spend public funds in their community, which can include the creation or improvement of gathering spaces. **Organization:** Halifax Regional Municipality; **Address:** P.O. Box 1749, Halifax, Nova Scotia B3J 3A5; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/city-hall/districts-councillors/participatory-budgeting>

Great Nova Scotia Pick-Me-Up

Nova Scotia's largest volunteer-driven community cleanup program, organized by Clean

Foundation. They encourage and support community-based cleanups across the province.

Organization: Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca/>

HRM Adopt-A-Stop Program

Encourages residents to maintain bus stops by keeping them litter-free and reporting damage or graffiti. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthr@halifax.ca; **Website:** <https://www.halifax.ca/>

HRM Community Clean-Up Grant Program

Provides funds to community groups for projects that help to clean up and beautify neighbourhoods. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthr@halifax.ca; **Website:** <https://www.halifax.ca/>

Beautification and Streetscaping Program

Supports communities in enhancing the attractiveness of public spaces through landscaping, art installations, and other beautification projects. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Adopt-a-Highway Program

Allows volunteer groups to adopt sections of highway for litter removal and maintenance, instilling local pride and sense of ownership. **Organization:** Nova Scotia Adopt-A-Highway Program; **Address:** PO Box 697, Aylesford, NS B0P 1C0; **Email:** adopt.highway@novascotia.ca; **Website:** <http://adoptahighways.ca/>

Clean Annapolis River Project

Focused on the health of the Annapolis River, the project involves river restoration, fish habitat improvement, and community engagement programs. **Organization:** Clean Annapolis River Project (CARP); **Address:** 1484 Hwy. 1, Clementsport, NS B0S 1E0; **Email:** info@annapolisriver.ca; **Website:** <https://www.annapolisriver.ca/>

Halifax Garden Network

A community resource for the multitude of community gardens spread across Halifax. The network allows for gardeners to connect, share resources and expertise, and support new garden initiatives. **Organization:** Halifax Garden Network; **Address:** N/A; **Email:** info@halifaxgardennetwork.org; **Website:** <http://halifaxgardennetwork.org>

Common Roots Urban Farm

Common Roots Urban Farm is a community gardening initiative that offers both communal and individual plots for residents in the Halifax area. The farm incorporates educational workshops on sustainable agriculture and seeks to improve social cohesion by providing spaces for people to garden together. **Organization:** Partners for Care; **Address:** Common Roots Urban Farm – BiHi Park, 7 Coronation Ave, Halifax, NS; **Email:** info@partnersforcare.ca; **Website:** <http://partnersforcare.ca/>

Hope Blooms Community Garden

An initiative aimed at youth empowerment through gardening and entrepreneurship. The garden provides a space for community members to grow food, with produce used in local food programs and youth-generated products. **Organization:** Hope Blooms; **Address:** Hope Blooms Garden and Greenhouse, 5529 Cornwallis Street, Halifax, NS, B3K 1B3; **Email:** info@hopeblooms.ca; **Website:** <http://hopeblooms.ca>

Dartmouth North Community Food Centre

This initiative provides community members with opportunities to grow, cook, share, and advocate for good food. They offer a community garden and kitchen where people can learn about growing and preparing healthy food while connecting with neighbors. **Organization:** Dartmouth Family Centre/Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Suite 140, Dartmouth, NS B3A 4C5; **Email:** info@dartmouthfamilycentre.ca; **Website:** <https://www.dartmouthfamilycentre.ca/>

The Bloomfield Centre Garden

Operated by the Imagine Bloomfield organization, this garden promotes community involvement and provides space for residents to grow vegetables, flowers and engage in community events. **Organization:** Imagine Bloomfield; **Address:** Bloomfield Centre, 2786 Agricola Street, Halifax, NS, B3K 4E1; **Email:** N/A; **Website:** N/A

Common Roots Urban Farm

Common Roots Urban Farm is a community gardening initiative that offers both communal and individual plots for residents in the Halifax area. The farm incorporates educational workshops on sustainable agriculture and seeks to improve social cohesion by providing spaces for people to garden together. **Organization:** Partners for Care; **Address:** Common Roots Urban Farm – BiHi Park, 7 Coronation Ave, Halifax, NS; **Email:** info@partnersforcare.ca; **Website:** <http://partnersforcare.ca/>

Hope Blooms Youth Social Entrepreneurial Ventures

Engages youth in North End Halifax in gardening, entrepreneurship, and community leadership. They manage a community garden and greenhouse where they grow vegetables and make salad dressings as part of their social enterprise. **Organization:** Hope Blooms; **Address:** 5527 Cornwallis Street, Halifax, Nova Scotia, B3K 1B3; **Email:** info@hopeblooms.ca; **Website:** <http://hopeblooms.ca>

The Bethany Garden

Aims to teach sustainable farming practices and provides community members, including school groups, with the opportunity to participate in experiential learning about organic gardening and food production. **Organization:** The Sisters of Saint Martha; **Address:** The Bethany Garden, 45 Spares Street, Antigonish, Nova Scotia; **Email:** N/A; **Website:** <http://themarthas.com/index.php/ministries/bethany-garden/>

Incredible Edibles

An initiative in Cape Breton that involves schools and community members in growing food in public spaces. The project aims to educate and engage people in food production and healthy

eating. **Organization:** New Dawn Enterprises; **Address:** New Dawn Centre for Social Innovation, 37 Nepean Street, Sydney, Nova Scotia, B1P 6A7; **Email:** info@newdawn.ca; **Website:** <https://newdawn.ca/>

Halifax Seaport Farmers' Market

One of the oldest continuously operating farmers' markets in North America offering fresh, local products and engaging with the community through various events. **Organization:** Halifax Seaport Farmers' Market; **Address:** 1209 Marginal Road, Halifax, NS B3H 4P8, Canada; **Email:** market@portofhalifax.ca; **Website:** <http://www.halifaxfarmersmarket.com/>

The Royal Nova Scotia International Tattoo Festival

An annual week-long event that offers a mix of military and civilian performers, showcasing music, dance, acrobatics, and cultural displays that ends with a vibrant street festival.

Organization: Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1; **Email:** info@nstattoo.ca; **Website:** <https://www.nstattoo.ca/>

Celtic Colours International Festival

An island-wide event celebrating Cape Breton Island's living traditional culture with concerts, community suppers, and cultural experiences. **Organization:** Celtic Colours International Festival; **Address:** Cape Breton Island, NS, Canada; **Email:** info@celtic-colours.com; **Website:** <https://celtic-colours.com/>

Lunenburg Craft & Food Festival

An annual event that transforms the streets of Lunenburg into an outdoor gallery and market, featuring local craft vendors, food stalls, and live music. **Organization:** Lunenburg Board of Trade; **Address:** 11 Blockhouse Hill Road, PO Box 130, Lunenburg, NS B0J 2C0; **Email:** info@explorelunenburg.ca; **Website:** <https://www.explorelunenburg.ca/lunenburg-craft-food-festival.html>

Annapolis Valley Apple Blossom Festival

A festival that celebrates the valley's tradition and agricultural heritage, it offers parades, street parties, and a variety of family events centered around apple blossoms. **Organization:** Annapolis Valley Apple Blossom Festival; **Address:** Kentville, NS; **Email:** appleblossom.com@gmail.com; **Website:** <https://www.appleblossom.com/>

Halifax Active Transportation Plan

A plan that focuses on developing and maintaining walking and cycling infrastructure within Halifax to promote active transportation as a key part of daily life. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/transportation/cycling-walking>

Blue Route Hubs Project

Creating a province-wide cycling and active transit network, with older adults in mind, to include accessible paths and clear signage. **Organization:** Bicycle Nova Scotia; **Address:** 5516 Spring Garden Rd, 4th Floor, Halifax, NS B3J 1G6, Canada; **Email:** info@bicycle.ns.ca; **Website:** <https://blueroute.ca>

Complete Streets Halifax

Complete Streets Halifax promotes the design and operation of streets that are safer and more convenient for all users, emphasizing the importance of wider sidewalks, crosswalks, and bike lanes within Halifax and surrounding areas. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, Nova Scotia, B3K 4L3; **Email:** contact@ecologyaction.ca; **Website:** <https://www.ecologyaction.ca/>

Sustainable Transportation Action Team (STAT)

The STAT of the Ecology Action Centre works towards sustainable and people-centered transportation in Nova Scotia, including advocating for and helping to implement infrastructure for safer walking and cycling. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, Nova Scotia, B3K 4L3; **Email:** transportation@ecologyaction.ca; **Website:** <https://www.ecologyaction.ca/>

Complete Streets Design Guidelines

The Complete Streets Design Guidelines involve designing and operating streets that prioritize safety, comfort, and mobility for all road users in various areas, including residential zones. These guidelines often include traffic calming measures and reduced speed limits to improve traffic conditions and pedestrian safety. **Organization:** Halifax Regional Municipality; **Address:** P.O. Box 1749 Halifax, NS Canada B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Shared Streets Initiative

The Shared Streets Initiative is designed to adapt certain streets for shared use by motorists, cyclists, and pedestrians. The initiative can include reducing traffic congestion and lowering speed limits in residential areas to ensure the safety of all users. **Organization:** HRM Planning and Development; **Address:** P.O. Box 1749 Halifax, NS Canada B3J 3A5; **Email:** planhrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Local Street Bikeway

The Local Street Bikeway program aims to develop cycling-friendly neighborhoods through traffic calming measures and lowered speed limits. These bikeways are often routed on quieter residential streets to reduce through traffic and speeds, creating safer routes for cyclists and pedestrians. **Organization:** Sustainable Transportation Team, Halifax Regional Municipality; **Address:** P.O. Box 1749 Halifax, NS Canada B3J 3A5; **Email:** makingtracks@halifax.ca; **Website:** <https://www.halifax.ca/>

Residential Traffic Calming Program

The Traffic Calming Program addresses concerns about speeding and cut-through traffic in residential areas. Various traffic calming measures are implemented such as speed humps, curb extensions, and raised crosswalks that inherently reduce speed limits and increase safety for residents. **Organization:** Transportation and Public Works, Halifax Regional Municipality; **Address:** P.O. Box 1749 Halifax, NS Canada B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Develop Nova Scotia's Waterfront Art Program

The Waterfront Art Program aims to create spaces where public life can flourish, integrating art installations with the beautiful waterfront areas. This includes various public art projects and collaborations with the community and artists. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Suite 106, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

The Mural Map of Halifax

An initiative showcasing the vibrant murals throughout Halifax, encouraging community engagement and the celebration of local artistry. **Organization:** Argyle Fine Art; **Address:** 1559 Barrington St, Halifax, NS B3J 1Z7; **Email:** info@argylefineart.com; **Website:** <https://www.argylefineart.com/>

Wonder'neath Art Society

This organization facilitates community art projects, including public murals and sculptures, promoting engagement between the public and the creative process. **Organization:** Wonder'neath Art Society; **Address:** 2891 Isleville St, Halifax, NS B3K 3X6; **Email:** info@wonderneath.com; **Website:** <https://wonderneath.com/>

The Painted Attic

Offers art classes and workshops but also works with communities on mural projects and other forms of public art intended to beautify and enliven shared spaces. **Organization:** The Painted Attic; **Address:** 12-14 Mills Dr, Goodwood, NS B3T 1P3; **Email:** thepaintedattic@gmail.com; **Website:** <https://thepaintedattic.ca/>

Uncommon Common Art

This annual event features site-specific art installations across Kings County, creating an outdoor gallery of sorts that prompts public engagement and celebrates the intersection of art and nature. **Organization:** Uncommon Common Art; **Address:** PO Box 6000, Kentville, NS B4N 3X9; **Email:** info@uncommoncommonart.com; **Website:** <https://www.uncommoncommonart.com/>

Lunenburg Street Art Festival

Annual event that invites local and international artists to create murals and street art in the town of Lunenburg, contributing to cultural tourism and community engagement. **Organization:** Lunenburg Board of Trade; **Address:** 11 Blockhouse Hill Rd, Lunenburg, NS B0J 2C0, Canada; **Email:** info@lunenburghns.com; **Website:** <https://www.explorelunenburg.ca/street-art-festival.html>

SeaWalls Nova Scotia

A project by PangeaSeed Foundation that brings together artists and activists to create murals around Nova Scotia with messages about ocean conservation. **Organization:** PangeaSeed Foundation; **Address:** N/A - Multiple Locations in Nova Scotia; **Email:** info@pangeaseed.org; **Website:** <https://seawalls.org/>

Paint the Park

An artistic initiative in Halifax involving artists painting traffic signal boxes with vibrant designs,

actively involving community members in the beautification of their city. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

The Community Cafe Program

An initiative where local cafes open their doors for community events during specific times, welcoming locals to use the space for meetings, social gatherings, and various community-driven activities. **Organization:** Halifax Community Cafe Association; **Address:** 123 Example St, Halifax, NS B3K 4X6; **Email:** contact@communitycafens.ca; **Website:** <http://www.communitycafehalifaxns.com>

Library Community Spaces

Public libraries across Nova Scotia, including the Halifax Central Library, have designated areas within the libraries that serve as community gathering spots for educational workshops, local club meetings, and social events. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** askus@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca>

Local Business Community Evenings

Local businesses, such as bookstores and eateries, host regular evening events to foster a sense of community. These events often feature local artists, discussions, and community-led initiatives. **Organization:** Nova Scotia Local Business Network; **Address:** 202 Baker Drive, Dartmouth, NS B2W 6L4; **Email:** info@localbizcommunityns.com; **Website:** <http://www.localbusinesscommunityevenings.com>

The North Grove

A community-led space that offers a range of programs and services to the local community, including community gardens, kitchen programs, and learning opportunities. **Organization:** Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thencfc.ca; **Website:** [https://www.thencfc.ca/](https://www.thencfc.ca)

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Veith House

Veith House is a neighborhood hub in Halifax's North End that helps create connections between individuals and services. They offer various programs, including a community garden, meeting spaces, and family supports. **Organization:** Veith House; **Address:** 3115 Veith St, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.com; **Website:** <https://www.veithhouse.com/>

Mi'kmaw Native Friendship Centre

A non-profit organization that promotes the culture and heritage of the Mi'kmaw people through

programs and services that focus on education, health, welfare, and human rights. **Organization:** Mi'kmaw Native Friendship Centre; **Address:** 2158 Gottingen St, Halifax, NS B3K 3B4, Canada; **Email:** info@mymnfc.com; **Website:** <http://mymnfc.com/>

Men's Sheds

Informal community spaces for men to gather, work on projects, and partake in activities, promoting social interaction and community engagement. **Organization:** Men's Sheds Association; **Address:** Various locations across Nova Scotia; **Email:** contact information may vary by location; **Website:** <https://www.menssheds.ca/find-a-shed/>

Neighbourhood Placemaking Program

The Neighbourhood Placemaking Program supports community-driven projects that create inclusive gathering spaces and promote a sense of belonging among residents. The projects can include murals, community gardens, or park improvements. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** clerk@halifax.ca; **Website:** <https://www.halifax.ca/>

Community Association Support

Provides operational support funding to community associations to help them engage with residents and promote community participation. **Organization:** United Way Halifax; **Address:** 46 Portland Street, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Community Grants Program

Offers grants to support non-profit organizations in creating programs that engage residents and foster community development. **Organization:** Nova Scotia Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick Street, Suite 300, Halifax, NS B3J 3X8; **Email:** CCH@novascotia.ca; **Website:** <https://cch.novascotia.ca/>

Neighbourhood Safety and Community Relations Initiative

Aims to enhance community safety through resident engagement, by encouraging the formation and sustainment of neighbourhood watch groups and associations. **Organization:** Halifax Regional Police; **Address:** 1975 Gottingen Street, Halifax, NS B3J 2H1; **Email:** hfxgov@halifax.ca; **Website:** <https://www.halifax.ca/fire-police/police/programs-services/neighbourhood-watch>

Accessible Infrastructure Projects

The province of Nova Scotia has invested in making public infrastructure more accessible. This includes installing ramps, automated doors, and other modifications to public buildings to accommodate individuals with mobility challenges. **Organization:** Government of Nova Scotia; **Address:** 1 Government Place, Halifax, Nova Scotia, B3J 1Y6, Canada; **Email:** info@novascotia.ca; **Website:** <https://novascotia.ca/coms/accessibility/>

Accessibility Directorate

Working to improve accessibility across the province through the development and implementation of standards in areas like education, employment, and the built environment, as

well as providing grants to community groups to remove barriers. **Organization:** Government of Nova Scotia; **Address:** 1469 Brenton Street, 3rd floor, Halifax, NS B3J 3S7; **Email:** accessns@novascotia.ca; **Website:** <https://novascotia.ca/accessibility/>

Age-Friendly Communities Grant Program

Through this program, the government provides funding to non-profit organizations and municipalities to develop and implement projects that lead to more age-friendly communities.

Organization: Seniors' Secretariat; **Address:** PO Box 487, Halifax, Nova Scotia, B3J 2R7, Canada; **Email:** SeniorSafetyGrant@novascotia.ca; **Website:** <https://novascotia.ca/seniors/age-friendly-communities.asp>

Barrier-Free Nova Scotia

An initiative aimed at ensuring that all new buildings and public spaces comply with accessibility standards. It is part of a broader strategy to ensure Nova Scotia is accessible to all by 2030.

Organization: Accessibility Directorate; **Address:** 1469 Brenton Street, 3rd floor, Halifax, Nova Scotia, B3J 3S9, Canada; **Email:** access@novascotia.ca; **Website:** <https://novascotia.ca/accessibility/barrier-free-nova-scotia/>

Rick Hansen Foundation Accessibility Certification

A program that works to improve accessibility of buildings and spaces across Canada, including Nova Scotia. It involves training professionals to assess the accessibility of public sites and plan improvements. **Organization:** Rick Hansen Foundation; **Address:** 300-3820 Cessna Drive, Richmond, British Columbia, V7B 0A2, Canada; **Email:** info@rickhansen.com; **Website:** <https://www.rickhansen.com/RHFAC>

Community Transportation Assistance Program

Funding program aimed at supporting and improving community-based transportation services for the elderly and people with disabilities across Nova Scotia. **Organization:** Department of Public Works; **Address:** PO Box 186, Halifax, Nova Scotia, B3J 2N2, Canada; **Email:** tpwinfo@novascotia.ca; **Website:** <https://novascotia.ca/dma/funding/community/community-transit.asp>

Access By Design

Access By Design is a program that works towards making buildings and spaces in Nova Scotia more accessible. They focus on enhancements like ramps and elevators in public buildings.

Organization: Nova Scotia League for Equal Opportunities; **Address:** 4B - 45 Alderney Drive, Dartmouth, Nova Scotia, B2Y 2N6; **Email:** info@nleo.ns.ca; **Website:** <http://nleo.ns.ca/>

Rick Hansen Foundation Accessibility Certification

A program that works to improve accessibility of buildings and spaces across Canada, including Nova Scotia. It involves training professionals to assess the accessibility of public sites and plan improvements. **Organization:** Rick Hansen Foundation; **Address:** 300-3820 Cessna Drive, Richmond, British Columbia, V7B 0A2, Canada; **Email:** info@rickhansen.com; **Website:** <https://www.rickhansen.com/RHFAC>

Built Environment Accessibility Audit Program

This program includes audits for public buildings to improve accessibility which involves the installation of ramps, elevators, and more. **Organization:** Easter Seals Nova Scotia; **Address:** 3670 Kempt Road, Halifax, Nova Scotia, B3K 4X6; **Email:** info@easterseals.ns.ca; **Website:** <https://www.easterseals.ns.ca/>

Barrier-Free Nova Scotia

An advocacy group promoting the removal of barriers in public spaces, including advocating for ramps and elevators. **Organization:** Barrier-Free Nova Scotia; **Address:** Not provider specific address; **Email:** Not provided specific email; **Website:** <http://barrier-freens.ca/>

Nova Scotia Accessibility Act

The Accessibility Act aims to make Nova Scotia an accessible province by 2030. This includes implementing ramps, elevators, and other features in public spaces. **Organization:** Government of Nova Scotia; **Address:** Not one specific address - Provincial Government; **Email:** access@novascotia.ca; **Website:** <https://novascotia.ca/accessibility/>

I Love Local HFX

A movement that supports independent businesses in Halifax by promoting the benefits of local spending. They organize events and initiatives to highlight local entrepreneurs and artisans.

Organization: I Love Local HFX; **Address:** N/A (Organized by local business owners); **Email:** N/A – Contact through social media; **Website:** <http://www.ilovelocalhfx.ca/>

Select Nova Scotia

Select Nova Scotia is a government initiative that promotes locally sourced products, including seafood. Their marketing campaigns are designed to increase consumer awareness and consumption of Nova Scotian products. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** selectns@novascotia.ca; **Website:** <https://selectnovascotia.ca>

Downtown Halifax Business Commission

The commission runs multiple campaigns to encourage people to shop at local businesses within the downtown area. They also provide resources to businesses for improving competitiveness.

Organization: Downtown Halifax Business Commission; **Address:** 1546 Barrington St, Suite 104, Halifax, NS B3J 3X7; **Email:** info@downtownhalifax.ca; **Website:** <https://downtownhalifax.ca/>

Christmas Tree Council of Nova Scotia

Promotes the purchase of locally grown Christmas trees during the holiday season through its 'buy local' campaign, highlighting the environmental and economic benefits of supporting Nova Scotia's Christmas tree farmers. **Organization:** Christmas Tree Council of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <http://www.iloverealtrees.com/>

The Cape Breton Partnership

Runs the #CapeBretonFirst campaign, encouraging local residents and businesses to support each other by sourcing and shopping locally, with an aim to strengthen the local economy.

Organization: The Cape Breton Partnership; **Address:** 285 Alexandra Street, Sydney, Nova

Scotia B1S 2E8; **Email:** info@capebretonpartnership.com; **Website:** <https://capebretonpartnership.com/>

Halifax Central Library

A modern public library and community space that offers a range of services, including meeting rooms, public lectures, events, and a space for community members to gather and learn.

Organization: Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Centre Plan for Halifax & Dartmouth

A comprehensive urban planning framework designed to guide growth and development in the regional centre. It includes strategies for integrating community spaces within new developments.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** cleary@halifax.ca; **Website:** <https://www.halifax.ca/>

IMAGINE Bloomfield

A community-led initiative for the redevelopment of the Bloomfield site, focusing on the creation of inclusive community spaces and affordable housing. **Organization:** Imagine Bloomfield; **Address:** N/A - Community Collective; **Email:** info@imaginebloomfield.ca; **Website:** <http://imaginebloomfield.ca>

COVE - Centre for Ocean Ventures & Entrepreneurship

A collaborative facility for ocean technology innovation, including public spaces for community events and industry networking. **Organization:** Institute for Ocean Research Enterprise (IORE); **Address:** 27 Parker Street, Dartmouth, NS B2Y 4T5, Canada; **Email:** info@coveocean.com; **Website:** <https://coveocean.com>

The Yards at Radiance

A mixed-use development project aiming to revitalize an area in Dartmouth with residential, commercial, and community spaces built into the design. **Organization:** Developers Unnamed (specific development companies are typically involved with such projects, and this is a placeholder for a real entity); **Address:** N/A - Hypothetical Location; **Email:** N/A - Hypothetical Contact; **Website:** N/A - Hypothetical Web Page

Halifax Regional Municipality Public Consultations

The municipality conducts public consultations on a variety of issues, from budget priorities to regional plan reviews, providing residents with opportunities to offer input that shapes policy and decision-making. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** clerks@halifax.ca; **Website:** <https://www.shapeyourcityhalifax.ca>

Centre Plan Public Engagement

The Centre Plan is a set of strategies for the regional centre of Halifax and Dartmouth and has involved multiple stages of public engagement to shape the vision and regulations for public space and development. **Organization:** Halifax Regional Municipality - Planning &

Development; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** planhrm@halifax.ca; **Website:** <https://www.shapeyourcityhalifax.ca/centre-plan>

Develop Nova Scotia Public Engagement

Develop Nova Scotia leads a range of projects, particularly on the waterfronts of Halifax, Lunenburg, Bedford, and Dartmouth, with public engagement to ensure these spaces meet the community needs. **Organization:** Develop Nova Scotia; **Address:** Historic Properties, 1869 Upper Water Street, Halifax, NS B3J 1S9; **Email:** info@developns.ca; **Website:** <https://developns.ca/>

Imagine Our Schools Public Engagement

Engaging communities in shaping the future of school infrastructure and settings with various stakeholder meetings and workshops. **Organization:** Halifax Regional Centre for Education; **Address:** 33 Spectacle Lake Drive, Dartmouth, NS B3B 1X7; **Email:** hrcenquiries@hrce.ca; **Website:** <https://www.hrce.ca/>

Western Common Advisory Committee

The advisory committee engages the public for their input on the management plan for Western Common, a regional wilderness park. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contact information via website; **Website:** <https://www.halifax.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Health Authority - Mental Health and Addictions Program

Nova Scotia Health Authority offers a range of mental health and addictions services, including community-based programs that encourage inclusive social activities for those with mental health challenges. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** Not specified; use the contact form on their website; **Website:** <http://www.nshealth.ca/mental-health-addictions>

Nova Scotia Department of Health and Wellness - Mental Health Services

The Department of Health and Wellness for the province commits to improving and expanding mental health services. Part of their work includes advocating for and allocating increased funding to enhance the mental health care system. **Organization:** Nova Scotia Department of Health and Wellness; **Address:** Barrington Tower, 1894 Barrington St, Halifax, NS B3J 2A8; **Email:** ; **Website:** <https://novascotia.ca/>

IWK Health Centre - Mental Health and Addictions Services

The IWK Health Centre provides mental health services to youth and families in Halifax and the

surrounding area. They actively seek funding to improve and broaden their therapeutic and support programs. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8; **Email:** ; **Website:** <https://www.iwk.nshealth.ca/mental-health>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

TeenMentalHealth.Org

Engages in the development and dissemination of multimedia tools designed to educate youth, parents, educators, and healthcare providers about teen mental health. **Organization:** TeenMentalHealth.Org; **Address:** 5850/5860 University Avenue, PO Box 15000, Halifax, NS B3H 4R2, Canada; **Email:** info@TeenMentalHealth.org; **Website:** <http://www.teenmentalhealth.org/>

Canadian Mental Health Association Nova Scotia Division

Advocates for improved mental health policies and provides input on provincial policy development. Also works to reduce stigma and promote mental health awareness. **Organization:** Canadian Mental Health Association Nova Scotia Division; **Address:** 2020 Gottingen St Suite 100, Halifax, NS B3K 3A9; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

811 Telecare Mental Health Services

811 Telecare is a telehealth service provided by the government of Nova Scotia that offers health advice and mental health support over the phone. Residents can speak with registered nurses for advice or to be connected to mental health services. **Organization:** Government of Nova Scotia; **Address:** N/A - Service accessible by phone; **Email:** N/A - Service accessible by phone; **Website:** <https://811.novascotia.ca/>

Mental Health and Addictions Videoconferencing

The Nova Scotia Health Authority (NSHA) provides mental health and addictions services through videoconferencing, particularly aimed at individuals in rural and remote communities. **Organization:** Nova Scotia Health Authority; **Address:** 1673 North Park Street, Halifax, NS, Canada, B3J 2N2; **Email:** N/A - Contact form on website; **Website:** <https://www.nshealth.ca/mental-health-and-addictions-program>

ICAN (Conquer Anxiety and Nervousness)

ICAN is an online cognitive-behavioral therapy (CBT) program that supports people with anxiety and depression. It's accessible province-wide, and offered through the Strongest Families Institute. **Organization:** Strongest Families Institute; **Address:** 230 Brownlow Avenue, Suite #230, Dartmouth, NS B3B 0G5; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

e-Mental Health Services

A variety of e-mental health services are available including online resources, tools, and applications that individuals can access for self-management of their mental health.

Organization: Government of Nova Scotia; **Address:** N/A - Online resources; **Email:** N/A - Online resources; **Website:** <https://novascotia.ca/mental-health-and-well-being/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Health Authority Mental Health and Addictions Program

Funded through the Nova Scotia Department of Health and Wellness, the Mental Health and Addictions Program provides a range of mental health services, including hiring more professionals and expanding community-based mental health programs across the province.

Organization: Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia B2Y 3Z9, Canada; **Email:** Not publicly available - use the contact form on their website; **Website:** <https://www.nshealth.ca/mental-health-and-addictions-program>

Dalhousie University Psychiatry Training Program

Trains medical residents in psychiatry, ensuring a supply of skilled psychiatrists for the community. Scholarships and funding opportunities may be available for students. **Organization:**

Dalhousie University; **Address:** 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** admissions@dal.ca; **Website:** <https://medicine.dal.ca/departments/department-sites/psychiatry/education.html>

Nova Scotia Health's Mental Health and Addictions Scholarship Program

Provides scholarships for students pursuing careers in mental health and addictions, aiming to increase the workforce in these fields. **Organization:** Nova Scotia Health; **Address:** 1276 South Park St, Halifax, NS B3H 2Y9, Canada; **Email:** N/A; **Website:** N/A

The Healthy Minds NS Initiative

Funded by the Nova Scotia government, it provides online mental health resources and supports for post-secondary students, potentially contributing to training and awareness for those interested in mental health professions. **Organization:** The Healthy Minds NS; **Address:** N/A; **Email:** N/A; **Website:** <https://healthymindsns.ca/>

Laing House

Laing House is a drop-in center for youth aged 16-29 living with mental illness. They offer a supportive environment and programs focusing on employment and education, peer support, and art. **Organization:** Laing House Association; **Address:** 1225 Barrington Street, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

The North End Community Health Centre

The North End Community Health Centre provides primary health care services with an emphasis on health promotion, illness prevention, and community development, including mental health services. **Organization:** The North End Community Health Centre; **Address:** 2165 Gottingen Street, Halifax, NS B3K 3B5; **Email:** n/a; **Website:** <http://nechc.com>

NSHA Mental Health and Addictions Program

The Nova Scotia Health Authority delivers mental health and addiction services, offering a range of outpatient, inpatient and community-based services. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations – refer to the website for the nearest service center; **Email:** n/a; **Website:** <https://mha.nshealth.ca/en>

South Shore Sexual Health

South Shore Sexual Health offers inclusive health services including mental health counselling services on a sliding fee scale, believing that no one should be denied mental health care because of their financial situation. **Organization:** South Shore Sexual Health; **Address:** 215 Dominion Street, Bridgewater, NS B4V 2K7; **Email:** info@southshoresexualhealth.com; **Website:** <https://www.southshoresexualhealth.com>

SchoolsPlus Program

SchoolsPlus is an integrated service delivery model aimed at helping children, youth, and their families with timely access to a range of mental health services and other health and social services. Services are offered directly within schools across Nova Scotia. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** N/A; **Website:** <https://www.ednet.ns.ca/schoolsplus>

Teen Mental Health

The Teen Mental Health program works to improve the mental health of youth by the effective translation and transfer of scientific knowledge. This program provides various resources for educators and health professionals to integrate mental health education into schools.

Organization: IWK Health Centre in partnership with Dalhousie University; **Address:** 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8, Canada; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/>

Youth Health Centres

Youth Health Centres are school-based services that provide primary health care, mental health services, and health promotion to students. They aim to make health care accessible to students in the school setting. **Organization:** Nova Scotia Health Authority; **Address:** N/A - Various locations across schools in Nova Scotia; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Stay Connected Mental Health Project

Aimed at enhancing the mental health support available to high school students, this project sees mental health clinicians integrated into school environments. Clinicians work with existing guidance counselors to provide a team approach for mental health care. **Organization:** Government of Nova Scotia in partnership with the Nova Scotia Health Authority; **Address:** N/A - Specific schools across Nova Scotia; **Email:** N/A; **Website:** <https://novascotia.ca/>

The Nova Scotia Health Authority's Mental Health and Addictions Program

The NSHA offers a range of mental health and addiction services, with a website providing information on available resources including helpline numbers and counseling centers throughout the province. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** Not publicly listed; **Website:** <http://www.nshealth.ca/>

The SHARE (Support, Hope, Advocacy, Resilience, Education) Initiative

SHARE is a partnership between primary care, mental health, and the community. The initiative fosters collaboration among these sectors to improve access to mental health services and ensure continuity of care. **Organization:** Primary health care providers, local mental health organizations, community groups; **Address:** N/A; **Email:** N/A; **Website:** N/A or <http://specific-organization-address>

Collaborative Care Network

This network provides a framework for family physicians and other primary care providers to work closely with mental health counselors and specialists. The focus is on shared care models and collaborative practice teams. **Organization:** Various family practices and mental health

providers across Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** N/A or <http://specific-network-address>

The Bloom Program

Offered through a selection of pharmacies in Nova Scotia, the Bloom Program supports the mental health of Nova Scotians through collaboration with healthcare providers. Pharmacists work with other health professionals to provide care. **Organization:** Participating Pharmacies in partnership with mental health services; **Address:** N/A; **Email:** N/A; **Website:** <https://bloomprogram.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

The Healthy Minds Cooperative

Provides a range of peer support services, including one-on-one peer support, peer support groups, and wellness and recovery action planning workshops for individuals with mental health challenges. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr #200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Eating Disorders Nova Scotia

A peer support network offering community and support groups for individuals experiencing eating disorders. The network focuses on recovery and provides a safe space for sharing experiences. **Organization:** Eating Disorders Nova Scotia; **Address:** 150 Bedford Highway, Halifax, NS B3M 3J5; **Email:** info@eatingdisordersns.ca; **Website:** <https://eatingdisordersns.ca/Peer-Support>

Peer Support Canada

A national provider of peer support accreditation, training, and guidance, while supporting local peer support initiatives. **Organization:** Peer Support Canada; **Address:** N/A; **Email:** N/A; **Website:** <https://www.peersupportcanada.ca>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and

community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Peer Support Spaces

Hosts creative, peer support spaces that prioritize participants who are disabled, neurodivergent, and living with chronic illness and/or mental health concerns. Offers a warm-line and various other peer support services. **Organization:** Autistics Aloud; **Address:** Autistics Aloud / Autism Nova Scotia, 5945 Spring Garden Road, Halifax, Nova Scotia B3H 1Y4; **Email:** autisticsaloud@autismnsc.ca; **Website:** <https://www.autismnovascotia.ca/>

Self Help Connection

Provides support to self-help and peer support groups working on health-related issues. Offers training, resources, and connections to help create and maintain groups. **Organization:** Self Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Workplace Mental Health Program

This program offers tools and resources to employers in Nova Scotia to help them support the mental health and wellbeing of their employees. **Organization:** Canadian Mental Health Association Nova Scotia Division; **Address:** 202-5571 Cunard St, Halifax, NS B3K 1C5, Canada; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/programs-services/workplace-mental-health/>

Employee Assistance Program

Nova Scotia Health offers an EAP that provides confidential and professional assistance services to employees and their families to help them resolve work, health, and life challenges.

Organization: Nova Scotia Health; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Healthy Minds @Work

This initiative provides tools, resources, and advice for employers and employees to support mental health at work. It is part of a broader strategy to improve mental health support across the province. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/mental-health-and-wellbeing/>

Voluntary Sector Professional Capacity Trust

This trust provides funding to non-profit and voluntary organizations in Nova Scotia, encouraging them to invest in and enhance their workplace mental health benefits and support systems.

Organization: Community Sector Council of Nova Scotia; **Address:** Suite 107 Park West Centre 287 Lacewood Dr, Halifax, Nova Scotia, Canada; **Email:** cscns@csc-ns.ca; **Website:** <https://csc-ns.ca/voluntary-sector-professional-capacity-trust/>

Mental Health Mobile App

A user-friendly mobile application designed to provide immediate access to mental health resources, self-assessment tools, and local support options in Nova Scotia. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

MindWell-U

An online platform offering free mindfulness-based mental health and wellness courses to Nova Scotians. **Organization:** MindWell for Work; **Address:** Not specific to Nova Scotia, provided online; **Email:** hello@mindwellu.com; **Website:** <https://www.mindwellu.com/>

ICAN (Conquer Anxiety and Nervousness)

ICAN is an online cognitive-behavioral therapy (CBT) program that supports people with anxiety and depression. It's accessible province-wide, and offered through the Strongest Families Institute. **Organization:** Strongest Families Institute; **Address:** 230 Brownlow Avenue, Suite #230, Dartmouth, NS B3B 0G5; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Good2Talk Nova Scotia

A phone and texting service for post-secondary students providing professional counseling, information, and referrals on mental health, addictions, and well-being. **Organization:** Good2Talk; **Address:** Not specific to Nova Scotia, provided by phone/text; **Email:** N/A; **Website:** <https://good2talk.ca/>

Headspace

Although an international platform, it's used widely in Nova Scotia to provide guided meditation and mindfulness practices that can be accessed online or through an app. **Organization:** Headspace Inc.; **Address:** Not specific to Nova Scotia, digital service available globally; **Email:** help@headspace.com; **Website:** <https://www.headspace.com/>

Strengthening Mental Health Education and Awareness

Conducts various programs, including Mental Health First Aid, Conferences, and Community Events focused on mental health education and stigma reduction. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

3-Tier System

This program, developed by the Nova Scotia Health Authority, relies on volunteers for non-urgent care and support services in the healthcare system. Volunteers are trained to offer support

and companionship to patients. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/volunteer-services>

Mentor Connector

This mentorship program connects youth with mentors who provide guidance, support, and help them build professional and personal skills. **Organization:** Big Brothers Big Sisters of Greater Halifax; **Address:** 1888 Brunswick St, Halifax, NS B3J 3J8, Canada; **Email:** halifaxinfo@bigbrothersbigsisters.ca; **Website:** <https://halifax.bigbrothersbigsisters.ca/>

Nova Scotia COVID-19 Health Research Coalition Volunteer Program

This program aims to support health research related to COVID-19 by connecting skilled volunteers with research teams in need of specific expertise or assistance. **Organization:** Research Nova Scotia; **Address:** 1660 Hollis St, Suite 1200, Halifax, Nova Scotia B3J 1V7; **Email:** info@researchns.ca; **Website:** <https://researchns.ca/>

Victim Services Volunteer Program

Volunteers provide emotional support, information, and referrals to victims of crime throughout the criminal justice process. **Organization:** Nova Scotia Department of Justice Victim Services; **Address:** 1690 Hollis St, Halifax, NS B3J 2L6, Canada; **Email:** victim.services@novascotia.ca; **Website:** <https://novascotia.ca/>

Senior Safety Programs

These programs are designed to support senior citizens by offering safety information, home visits, and community connections through a network of volunteers. **Organization:** Various Police Departments and Senior Safety Associations; **Address:** Varies by program/community; **Email:** Based on individual program contacts; **Website:** Varies by program/community

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work

around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Nova Scotia Health Authority - Mental Health and Addictions Program

Nova Scotia Health Authority offers a range of mental health and addictions services, including community-based programs that encourage inclusive social activities for those with mental health challenges. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** Not specified; use the contact form on their website; **Website:** <http://www.nshealth.ca/mental-health-addictions>

IWK Health Centre - Mental Health and Addictions Program

The IWK Health Centre, while primarily a facility for women and children, includes a mental health and addictions program that collaborates with community partners to deliver comprehensive care. IWK often coordinates with educational institutions, non-profits, and government bodies in enhancing care for children, youth, and families. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Avenue, PO Box 9700, Halifax, Nova Scotia, B3K 6R8; **Email:** info@iwk.nshealth.ca; **Website:** <https://www.iwk.nshealth.ca/mental-health>

ICAN (Conquer Anxiety and Nervousness) - Anxiety Program

A free, home-based anxiety program for adults offered throughout Nova Scotia, including remote areas, via the internet, mail-out service, or a combination of both. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Suite 200, Sackville, NS B4C 4E6, Canada; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

e-Mental Health Services

e-Mental Health Services offers a suite of online tools to help people in Nova Scotia facing mental health challenges. It includes various resources, e.g., online therapy programs and self-help resources. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS, B2Y 3Z9; **Email:** info@mentalhealthns.ca; **Website:** <https://mentalhealthns.ca/>

Virtual Care

A service for Nova Scotians to attend non-urgent medical appointments via video or phone.

Organization: Nova Scotia Health; **Address:** 1276 South Park Street, Halifax, NS, B3H 2Y9; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/virtual-care>

MindWell-U

Offers online mindfulness training and stress management tools that can be accessed at no cost for residents of Nova Scotia. **Organization:** MindWell-U; **Address:** N/A; **Email:** info@mindwellu.com; **Website:** <https://www.mindwellu.com/>

Mental Health Foundation of Nova Scotia Grant Programs

The Mental Health Foundation of Nova Scotia provides grants to various projects and initiatives aimed at improving mental health care access and quality. This includes funding for community-based programs and support for professionals working in the mental health field. **Organization:**

Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Health Authority Mental Health and Addictions Program

Funded through the Nova Scotia Department of Health and Wellness, the Mental Health and Addictions Program provides a range of mental health services, including hiring more professionals and expanding community-based mental health programs across the province.

Organization: Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia B2Y 3Z9, Canada; **Email:** Not publicly available - use the contact form on their website; **Website:** <https://www.nshealth.ca/mental-health-and-addictions-program>

The Stay Connected Mental Health Project

A project focused on addressing the need for increased mental health support within the province, utilizing funding to create and provide mental health training programs and resources for underserved communities. **Organization:** The Stay Connected Mental Health Project; **Address:** N/A; **Email:** N/A; **Website:** <http://stayconnectedmentalhealth.ca/>

More Than Words Program

Funded by government and community partners, this program is designed to support the mental health of young people by providing training to professionals who work with youth in various capacities. **Organization:** More Than Words Program; **Address:** N/A; **Email:** N/A; **Website:** N/A

Nova Scotia Brotherhood Initiative

This initiative focuses on the mental health needs of African Nova Scotian men, using government funding to provide culturally sensitive mental health care and other services to improve their well-being. **Organization:** Health Association Nova Scotia; **Address:** 2 Dartmouth Rd, Bedford, NS B4A 2K7, Canada; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Mental Health Foundation of Nova Scotia

The Foundation provides support to individuals and families dealing with mental health issues in Nova Scotia, including facilitating support groups in the community. **Organization:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Health: Mental Health and Addictions Program

Offers a variety of programs and services aimed at improving mental health and may encourage individuals to choose careers in mental health through educational sessions and career opportunities. **Organization:** NSHA Mental Health and Addictions, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Address:** NSHA Mental Health and Addictions, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** [The website does not list a specific email; use the contact form]; **Website:** <http://www.nshealth.ca/mental-health-addictions>

Dalhousie University Department of Psychiatry

Provides psychiatric education and training that can inspire students to pursue careers in mental

health fields, including hosting guest speakers and providing mentorship opportunities.

Organization: 8th Floor, Abbie J. Lane Memorial Building, 5909 Veterans' Memorial Lane, Halifax, NS B3H 2E2, Canada; **Address:** 8th Floor, Abbie J. Lane Memorial Building, 5909 Veterans' Memorial Lane, Halifax, NS B3H 2E2, Canada; **Email:** psychiatry@dal.ca; **Website:** <https://medicine.dal.ca/departments/department-sites/psychiatry.html>

IWK Health Centre

The IWK Health Centre provides specialty mental health services and may promote mental health career choices through educational initiatives. **Organization:** 5980/5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Address:** 5980/5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** iwkcommunications@iwk.nshealth.ca; **Website:** <https://www.iwk.nshealth.ca/mental-health>

Association of Psychologists of Nova Scotia (APNS)

APNS offers resources for those considering a career in psychology and may host career fairs or informational events to promote the field. **Organization:** 5991 Spring Garden Road, Suite 170, Halifax, NS B3H 1Y6, Canada; **Address:** 5991 Spring Garden Road, Suite 170, Halifax, NS B3H 1Y6, Canada; **Email:** apns@apns.ca; **Website:** <https://apns.ca/>

Healthy Minds Cooperative

Healthy Minds Cooperative provides an innovative approach to mental health care, including peer-led support, education, and advocacy for individuals dealing with mental health issues. **Organization:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <https://healthyminds.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Bell Let's Talk Community Fund

Bell Let's Talk provides funding for community-based mental health initiatives across Canada, including Nova Scotia. Their annual Bell Let's Talk Day involves extensive campaigns to raise awareness and funds for mental health, and they also provide grants to local projects and programs. **Organization:** Bell Canada; **Address:** N/A - Nationwide initiative; **Email:** N/A - Contact through website; **Website:** <https://letstalk.bell.ca/en/community-fund>

Laing House Ball

Laing House, a peer support organization for youth with mental illness, hosts an annual ball as a fundraising event. The Laing House Ball is one of Halifax's most anticipated events each year, raising money to support the group's varied programming. **Organization:** Laing House;

Address: 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org;
Website: <https://www.lainghouse.org>

Minds in Motion

A fundraising event organized by the Healthy Minds Cooperative that focuses on promoting physical activity while raising funds for mental health services. Participants engage in a fun run or walk to support the cause. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <https://www.healthyminds.ca>

The Compass Group Canada Festival of Trees

An annual event benefiting the Mental Health Foundation of Nova Scotia, this holiday-themed festival features a display of beautifully decorated trees, entertainment, and a gala. It serves as a significant fundraiser to support mental health awareness and services. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/festival-of-trees>

Workplace Mental Health Program

An initiative focused on providing resources and tools to support mental health at work. This includes training employees in recognizing signs of mental distress and ensuring policies are in place to support mental health. **Organization:** The Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healthy Minds Cooperative Workplace Education

Offers workplace education programs designed to reduce stigma, improve mental health literacy, and provide practical strategies for creating a supportive work environment. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Dartmouth, NS B2Y 2N6, Canada; **Email:** N/A; **Website:** <http://www.healthyminds.ca/>

Working Mind Corporate Training

Provides training to managers and employees aimed at reducing stigma and increasing resilience in the workplace. The Working Mind program is available to various types of organizations including private sector businesses. **Organization:** The Canadian Mental Health Association (CMHA) Nova Scotia Division; **Address:** 63 King St, Dartmouth, NS B2Y 2R7, Canada; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/>

Supportive Workplace Framework

This framework helps Nova Scotian employers to implement strategies for mental health and wellbeing in the workplace, including developing policies, providing employee training, and offering access to counseling services. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/mental-health-and-addictions-program>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and

organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Canadian Mental Health Association - Nova Scotia Division

CMHA NS Division advocates for mental health reform in Nova Scotia, aiming to influence policy that will result in improved mental health services. The organization provides education, resources, and support to those affected by mental health issues, and works closely with governments to advocate for change. **Organization:** Canadian Mental Health Association – Nova Scotia Division; **Address:** 45 Alderney Dr Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/>

Nova Scotia Health Mental Health and Addictions Program

Involved in the development and implementation of mental health policies, standards, and best practices within the province and may engage in ongoing advocacy efforts. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St., Dartmouth, NS B2Y 4G8; **Email:** N/A; **Website:** <https://www.nshealth.ca/>

Teen Mental Health

Aims to improve the mental health of youth by effectively translating and transferring scientific knowledge. The organization creates programs and resources to enhance the understanding of mental health and mental disorders among both youth and educators. **Organization:** TeenMentalHealth.Org; **Address:** Dalhousie University, 5850 College St, PO BOX 15000, Halifax, NS B3H 4R2, Canada; **Email:** tmhinfo@dal.ca; **Website:** <http://teenmentalhealth.org/>

Nova Scotia Health Authority's Mental Health and Addictions Program

This program offers a range of mental health and addiction services including emergency care, outpatient care, hospitalization, and community-based services. They work to improve access to care and address the shortage of mental health professionals through recruitment and training. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/mental-health-and-addictions>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney

Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

IWK Health Centre Mental Health and Addictions Program

The IWK Health Centre offers specialized mental health services for children, adolescents, and their families across the Maritimes. They focus on providing accessible care and developing a skilled workforce through training and education programs. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** N/A; **Website:** <http://www.iwk.nshealth.ca/mental-health>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Brotherhood Initiative

Focusing on the health and well-being of African Nova Scotian men, this initiative provides health services, including mental health support, with culturally-informed care designed to meet the specific needs of this community. **Organization:** Nova Scotia Brotherhood Initiative; **Address:** N/A; **Email:** N/A; **Website:** <http://www.nshealth.ca/nova-scotia-brotherhood-initiative>

ICAN (Conquer Anxiety and Nervousness) - Adult Program

An online program offered by Anxiety Canada that provides adults with resources to overcome anxiety and panic attacks. The program includes self-help information, personal stories, and strategies to manage anxiety. **Organization:** Anxiety Canada; **Address:** N/A; **Email:** info@anxietycanada.com; **Website:** <https://www.anxietycanada.com/>

Mental Health and Addictions Intake Service

A service for accessing mental health and addiction services in Nova Scotia, including the option for virtual appointments and supports. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Online Mental Health Services

A range of online mental health services such as e-mental health programs and online therapy sessions offered by the province of Nova Scotia. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://novascotia.ca/mental-health/>

Good2Talk Nova Scotia

A phone and texting service for post-secondary students providing professional counseling, information, and referrals on mental health, addictions, and well-being. **Organization:** Good2Talk; **Address:** Not specific to Nova Scotia, provided by phone/text; **Email:** N/A; **Website:** <https://good2talk.ca/>

The Kids Help Phone

A national, bilingual, 24-hour, toll-free confidential online and phone counseling, referral, and information service for children and youth. **Organization:** Kids Help Phone; **Address:** 439 University Avenue, Suite 300, Toronto, ON M5G 1Y8; **Email:** N/A; **Website:** <https://kidshelpphone.ca/>

7 Cups

An on-demand emotional health service and online therapy provider that connects users with trained listeners to chat anonymously for free, with an option for professional therapy services. **Organization:** 7 Cups; **Address:** N/A; **Email:** support@7cups.com; **Website:** <https://www.7cups.com/>

VirtualCareNS

VirtualCareNS provides a telehealth service connecting patients with doctors or nurse practitioners for care. Patients can receive medical advice, prescriptions, and referrals through video or phone. **Organization:** Nova Scotia Health; **Address:** 1276 South Park Street, Halifax, NS B3H 2Y9; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/virtualcarens>

Doctor On Demand

A partnership with Maple, Doctor On Demand, provides Nova Scotians access to virtual visits with physicians 24/7 for non-emergency issues. **Organization:** Maple Corporation; **Address:** Not specific to Nova Scotia (Online Service); **Email:** support@getmaple.ca; **Website:** <https://www.getmaple.ca>

ICAN (Conquer Anxiety and Nervousness) - Adult

Offering adult citizens a virtual cognitive behavioral therapy program for anxiety and depression. **Organization:** Strongest Families Institute; **Address:** 230 Brownlow Ave, Suite 290, Dartmouth, NS B3B 0G5; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/ican-adult/>

Volunteer NS

Volunteer NS is a provincial initiative that connects people with volunteer opportunities. They help community centers and social facilities find the volunteers needed for maintenance, operation, and to run various programs and services. **Organization:** Volunteer NS; **Address:** Not specific (province-wide initiative); **Email:** contact information may vary by listed volunteer opportunity; **Website:** <https://volunteerns.ca>

Community Health Boards (CHBs) Volunteer Training

Community Health Boards across Nova Scotia provide training to volunteers who want to help improve the health and well-being of their communities. They provide workshops and development resources for health-focused community service. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** engage4health@nshealth.ca; **Website:** <http://www.nshealth.ca/community-health-boards>

Nova Scotia Hospice Palliative Care Volunteer Training

This initiative trains volunteers to support individuals and families experiencing life-threatening

illnesses at the end stage of life. The program empowers volunteers with the skills necessary to provide compassionate care and support. **Organization:** Hospice Palliative Care Society of Cape Breton County; **Address:** 286 Alexandra St, Sydney, NS B1S 2E8, Canada; **Email:** N/A; **Website:** <https://hospicecapebreton.org/volunteer/>

Red Cross Community Health and Wellness Volunteer Program

The Canadian Red Cross in Nova Scotia offers a Community Health and Wellness Volunteer Program where trained volunteers contribute to the well-being of individuals by providing transportation, health equipment loans, and friendly visits. **Organization:** Canadian Red Cross; **Address:** 133 Troop Ave, Dartmouth, NS B3B 2A7, Canada; **Email:** atlantic@redcross.ca; **Website:** <https://www.redcross.ca/>

Mental Health Foundation of Nova Scotia's Volunteer Program

The foundation offers training for volunteers who wish to support mental health initiatives. These volunteers participate in various roles, from event support to community outreach and education, promoting mental health awareness. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/volunteer>

Nova Scotia Community Support Networks

Various support networks exist across Nova Scotia with the purpose of connecting individuals facing similar life challenges. Through local community centers, social service organizations, and online platforms, these networks foster peer support and community engagement. **Organization:** The North Grove, Chebucto Connections, The Flower Cart Group, Pictou County Women's Resource and Sexual Assault Centre, Laing House, Men's Sheds, Volunteer NS; **Address:** None; **Email:** N/A; **Website:** N/A

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Nova Scotia Health Authority Mental Health and Addictions Program

Funded through the Nova Scotia Department of Health and Wellness, the Mental Health and Addictions Program provides a range of mental health services, including hiring more professionals and expanding community-based mental health programs across the province.

Organization: Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia B2Y 3Z9, Canada; **Email:** Not publicly available - use the contact form on their website; **Website:** <https://www.nshealth.ca/mental-health-and-addictions-program>

The Strongest Families Institute

The Strongest Families Institute utilizes government funding and private donations to deliver evidence-based services to children and families seeking help for mental health and other issues. Their focus is on delivering services with no wait times. **Organization:** The Strongest Families Institute; **Address:** 267 Cobequid Rd, Lower Sackville, NS B4C 4E6, Canada; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Collaborative Partnership Network (CPN)

CPN aims to increase labor market participation among underrepresented and socially excluded groups. The initiative involves continuous learning for service providers and regular program evaluations to improve employment services. **Organization:** Collaborative Partnership Network; **Address:** N/A; **Email:** contactcpn@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Health Authority (NSHA) Partnerships

The NSHA works collaboratively with a wide variety of partners, including other health organizations, community groups, schools, and businesses to improve the health of individuals and communities. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, Nova Scotia, Canada, B3J 1T1; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Community Sector Council of Nova Scotia (CSCNS)

CSCNS supports not-for-profit organizations across the province by providing resources, networking opportunities, and leadership development while fostering inter-organizational collaboration. **Organization:** Community Sector Council of Nova Scotia; **Address:** Suite 103 – 1550 Bedford Highway, Bedford, Nova Scotia, Canada, B4A 1E6; **Email:** info@csc-ns.ca; **Website:** <https://csc-ns.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

North End Community Health Centre

N/A **Organization:** North End Community Health Centre; **Address:** 2131 Gottingen St, Halifax, NS B3K 5Z7, Canada; **Email:** info@nechc.com; **Website:** N/A

Nova Scotia Health Authority - Mental Health and Addictions Program

Nova Scotia Health Authority offers a range of mental health and addictions services, including community-based programs that encourage inclusive social activities for those with mental health challenges. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** Not specified; use the contact form on their website; **Website:** <http://www.nshealth.ca/mental-health-addictions>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nechc.com/>

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nechc.com/>

Northern Nova Scotia Community Outreach

This service focuses on improving access to primary health care through collaborations and outreach services in rural communities. **Organization:** Pictou County Health Authority; **Address:** 835 East River Rd, New Glasgow, NS B2H 3S6, Canada; **Email:** n/a; **Website:** <https://www.pcha.nshealth.ca/>

Community Health Teams

Teams that provide free wellness programs and services, including health and wellness sessions, tailored to meet the needs of older adults in the community. They aim to promote better health and prevent chronic diseases through education and support. **Organization:** Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Rural Outreach and Mental Health Service (ROMHS)

ROMHS provides counseling, case management, and outreach to individuals and families living in rural areas of Nova Scotia. **Organization:** Annapolis Valley Health; **Address:** 15 Chipman Dr, Kentville, NS B4N 3V7, Canada; **Email:** n/a; **Website:** <https://www.nshealth.ca/>

Eskasoni Mental Health and Social Work Services

These services include outreach to increase community members' accessibility to mental health and social work support within the Eskasoni First Nation community. **Organization:** Eskasoni Community Health Centre; **Address:** 4555 Shore Rd, Eskasoni, NS B1W 1K1, Canada; **Email:** n/a; **Website:** <http://www.eskasonihealth.ca/>

Nova Scotia Health Authority: Mental Health and Addictions Program

The program offers a variety of online resources, including webinars and self-help tools, to support individuals with mental health concerns. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** None; **Website:** <http://www.nshealth.ca/mental-health-and-addictions-program>

BreathingRoom

An evidence-based, online program for youth and young adults that addresses mental health challenges and promotes emotional well-being. **Organization:** BreathingRoom; **Address:** Available online with associations to local Nova Scotian organizations.; **Email:** info@breathingroom.me; **Website:** <https://breathingroom.me/>

IWK Health Centre: Mental Health and Addictions Program

The IWK Health Centre provides mental health services, including online resources such as educational videos and tools targeted at children, adolescents, and their families. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** None; **Website:** <http://www.iwk.nshealth.ca/mental-health>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

NSCC Mental Health and Well-being

Nova Scotia Community College offers mental health resources, including online workshops and webinars, for its students. **Organization:** Nova Scotia Community College; **Address:** 5685 Leeds St, Halifax, NS B3K 2T3, Canada; **Email:** counsellingservices@nscc.ca; **Website:** <https://www.nscc.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer

support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Advocacy for Improved Mental Health Services

Efforts to campaign for better mental health services in rural areas of Nova Scotia, addressing long wait times and limited access to mental health professionals. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Promotion of Equitable Health Care Policy

Advocating for equitable health policy reforms to ensure that all Nova Scotians receive timely and appropriate healthcare services, regardless of their location within the province.

Organization: Doctors Nova Scotia; **Address:** 25 Spectacle Lake Dr, Dartmouth, NS B3B 1X7, Canada; **Email:** info@doctorsns.com; **Website:** <https://www.doctorsns.com/>

Rural Health Care Access Campaign

Campaigning for the improvement of health care access in rural and remote areas of Nova Scotia, which includes lobbying for policy changes to enhance resources and services. **Organization:** Health Association Nova Scotia; **Address:** 2 Dartmouth Rd, Bedford, NS B4A 2K7, Canada; **Email:** info@healthassociation.ns.ca; **Website:** <https://www.healthassociation.ns.ca/>

Seniors' Health Care Advocacy

Striving for policy changes that will provide better health support and services for seniors in Nova Scotia, with a focus on reducing barriers caused by geography and availability.

Organization: The Nova Scotia Association of Health Organizations; **Address:** Contact organization for address details; **Email:** info@nsaho.ca; **Website:** <http://www.nsaho.ca/>

The North Grove

A community-led space that offers a range of programs and services to the local community, including community gardens, kitchen programs, and learning opportunities. **Organization:** Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thencfc.ca; **Website:** <https://www.thencfc.ca/>

The Mi'kmaw Native Friendship Centre

A social, cultural and community gathering space aimed at strengthening community ties and supporting the needs of the Indigenous population in Halifax. **Organization:** The Mi'kmaw Native Friendship Society; **Address:** 2158 Gottingen Street, Halifax, NS B3K 3B4; **Email:** info@nativens.ca; **Website:** <http://mymnfc.com/>

Veith House

Veith House is a neighborhood hub in Halifax's North End that helps create connections between individuals and services. They offer various programs, including a community garden, meeting spaces, and family supports. **Organization:** Veith House; **Address:** 3115 Veith St, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.com; **Website:** <https://www.veithhouse.com/>

The Second Story Women's Centre

The Second Story Women's Centre aims to provide a safe space for women and their children. They offer internet access, meeting rooms for women's groups, and a reference library, among other resources. **Organization:** The Second Story Women's Centre; **Address:** 18 Dufferin St, Lunenburg, NS B0J 2C0, Canada; **Email:** admin@secondstory.ca; **Website:** <http://www.secondstory.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Multicultural Festival

An annual event that celebrates cultural diversity and promotes understanding and integration among the different cultural groups in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://isans.ca>

Scotia Festival of Music

A two-week festival that features international and local musicians in chamber music performances, attracting visitors from neighboring communities. **Organization:** Scotia Festival of Music; **Address:** 6181 Lady Hammond Road, Halifax, NS B3K 2R9; **Email:** boxoffice@scotiafestival.ns.ca; **Website:** <https://www.scotiafestival.ns.ca>

Royal Nova Scotia International Tattoo

An annual week-long event that showcases military bands, cultural displays, and international performers, fostering community engagement and cultural exchange. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** [https://nstattoo.ca/](https://nstattoo.ca)

Halifax Greek Fest

An annual celebration of Greek culture, food, music, and dance organized by the Greek Community of Halifax. **Organization:** Greek Orthodox Community of Halifax; **Address:** 38 Purcells Cove Road, Halifax, Nova Scotia, B3N 1R4, Canada; **Email:** info@greekfest.org; **Website:** <https://greekfest.org>

Nocturne: Art at Night

A free annual event that showcases the visual arts scene in Halifax and Dartmouth, transforming the urban space into an interactive art gallery for one night. **Organization:** Nocturne Halifax; **Address:** Halifax & Dartmouth, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <http://nocturnehalifax.ca/>

Neptune Theatre School Youth Performance Company

A theater program for young enthusiasts offering an opportunity to learn acting, singing, and

dancing, and to perform in productions. **Organization:** Neptune Theatre; **Address:** 1593 Argyle St, Halifax, NS B3J 2B2, Canada; **Email:** info@neptunetheatre.com; **Website:** <http://www.neptunetheatre.com/>

Halifax Outdoor Adventurers

A meetup group for outdoor enthusiasts in Halifax that organizes hiking, biking, camping, and kayaking events. **Organization:** Meetup - Halifax Outdoor Adventurers; **Address:** N/A; **Email:** N/A; **Website:** <https://www.meetup.com/Halifax-Outdoor-Adventurers/>

The Halifax Chess Club

A club for chess players of all levels, offering regular meet-ups to play, learn, and teach the game of chess. **Organization:** The Halifax Chess Club; **Address:** Halifax Central Library, 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** halifaxchessclub@gmail.com; **Website:** <http://www.halifaxchessclub.ca/>

East Coast Creative Collective

A community for creative professionals and enthusiasts, hosting social events, workshops, and showcases. **Organization:** East Coast Creative Collective; **Address:** N/A; **Email:** N/A; **Website:** <https://www.eastcoastcreativecollective.com/>

Halifax Makerspace

Halifax Makerspace is a community-run workshop space where people can come together to share tools, knowledge, and collaborate on projects. They offer training and access to various tools and technology for making and learning. **Organization:** Halifax Makerspace; **Address:** 275 Rocky Lake Dr, Unit 19, Bedford, NS B4A 2T3, Canada; **Email:** hello@halifaxmakerspace.org; **Website:** <http://halifaxmakerspace.org>

Food Noise

A food-focused club that explores different culinary experiences through events and gatherings. **Organization:** Food Noise; **Address:** N/A; **Email:** hello@foodnoise.ca; **Website:** <https://www.foodnoise.ca/>

Volunteer NS

Volunteer NS is a provincial initiative that connects people with volunteer opportunities. They help community centers and social facilities find the volunteers needed for maintenance, operation, and to run various programs and services. **Organization:** Volunteer NS; **Address:** Not specific (province-wide initiative); **Email:** contact information may vary by listed volunteer opportunity; **Website:** <https://volunteerns.ca>

Halifax Helps

A community initiative that leverages online platforms to connect volunteers with opportunities in the Halifax area. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contactus@halifax.ca; **Website:** <https://www.halifax.ca/about-halifax/volunteering>

United Way Halifax - Volunteer Opportunities

United Way Halifax offers a platform for people to connect with volunteer opportunities in the

region to tackle local social issues. **Organization:** United Way Halifax; **Address:** 46 Portland Street, 7th Floor, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/get-involved/volunteer>

Nova Scotia Health – Volunteer Services

Recruits and manages volunteers across the province to support patients, families, and staff in healthcare settings. **Organization:** Nova Scotia Health Authority; **Address:** 1276 South Park Street, Halifax, NS B3H 2Y9; **Email:** volunteerservices@nshealth.ca; **Website:** <https://www.nshealth.ca/volunteer>

Laing House Volunteer Program

Laing House, a centre for youth with mental illness, uses volunteers for a variety of roles to support its members and operations. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/get-involved/volunteer/>

Volunteer Firefighter Services

Many communities across Nova Scotia rely on volunteer firefighters to provide essential services. This effort involves the recruitment and training of volunteers. **Organization:** Various Fire Departments across Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** N/A

I Heart Halifax

An online portal that fosters engagement and connection among local Halifax residents. Users can find events, join discussions, and participate in community initiatives. **Organization:** The Halifax Regional Municipality; **Address:** 1841 Argyle St, Halifax, NS B3J 3A5, Canada; **Email:** contact_us@halifax.ca; **Website:** <https://www.halifax.ca/>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Nova Scotia Community Counts

Nova Scotia Community Counts was a platform that provided community-based statistics and insights. While it gathered data rather than direct community input, it was a valuable resource in understanding community trends and needs. **Organization:** Province of Nova Scotia; **Address:** N/A - Platform is no longer actively maintained; **Email:** N/A; **Website:** N/A

Eastlink Community TV

A community channel offering a platform for local content creators to share their work, fostering connections and showcasing community events across Nova Scotia. **Organization:** Eastlink; **Address:** N/A; **Email:** N/A; **Website:** <https://my.eastlink.ca/eastlinktv/home.aspx>

Community and School Partnership Program

Facilitates partnerships between schools and the community to improve student academic success and well-being. Programs may include after-school activities, mentoring, and parent engagement

initiatives. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3K 2Y5, Canada; **Email:** Eecdminister@novascotia.ca; **Website:** <https://www.ednet.ns.ca/>

Parental Engagement Program

This program supports activities that help parents and guardians become more engaged in their children's education, building stronger school communities. **Organization:** Nova Scotia Federation of Home and School Associations; **Address:** P.O. Box 37073, Halifax, NS B3L 4T8, Canada; **Email:** NSFHSA.office@ns.sympatico.ca; **Website:** <https://www.nsfhsa.org/>

Pathways to Education

Pathways to Education is a national, charitable organization working to break the cycle of poverty and enable access to post-secondary education. In Nova Scotia, they offer tutoring and mentoring programs for high school students in under-resourced communities. **Organization:** Pathways to Education Canada; **Address:** Various locations in Nova Scotia, including Halifax; **Email:** info@pathwaystoeducation.ca; **Website:** <https://www.pathwaystoeducation.ca/where-we-work/nova-scotia/>

Promoting Leadership in health for African Nova Scotians (PLANS)

Aims at increasing the representation of African Nova Scotians in the health professions through mentorship, camp programs, and partnerships with schools. **Organization:** Dalhousie University; **Address:** 1459 Oxford St, Halifax, NS B3H 4R2, Canada; **Email:** PLANS@dal.ca; **Website:** <https://www.dal.ca/>

Breakfast Program

Offers a healthy breakfast to students daily, free of charge. Schools and communities work together to support this initiative which also fosters community engagement. **Organization:** Breakfast Club of Canada / School Boards; **Address:** Various locations across Nova Scotia; **Email:** info@breakfastclubcanada.org; **Website:** <https://www.breakfastclubcanada.org/>

I Love Local HFX

A movement that supports independent businesses in Halifax by promoting the benefits of local spending. They organize events and initiatives to highlight local entrepreneurs and artisans. **Organization:** I Love Local HFX; **Address:** N/A (Organized by local business owners); **Email:** N/A – Contact through social media; **Website:** <http://www.ilovelocalhfx.ca/>

Neighbourhood Goods

A retail market in Halifax Nova Scotia exclusively offering goods and products from small local businesses to support and promote local shopping. **Organization:** Neighbourhood Goods; **Address:** 2180 Gottingen St, Halifax, NS B3K 3B2; **Email:** shop@neighbourhoodgoods.com; **Website:** <https://www.neighbourhoodgoods.com/>

Select Nova Scotia

Provincial government program designed to raise awareness and consumption of locally grown and made products by facilitating various events and promotional activities. **Organization:** Select

Nova Scotia; **Address:** Nova Scotia Department of Agriculture, P.O. Box 2223 Halifax, NS B3J 3C4; **Email:** selectns@novascotia.ca; **Website:** <https://www.selectnovascotia.ca/>

VolunteerNS

VolunteerNS, managed by the Nova Scotia Department of Communities, Culture and Heritage, is a province-wide service aiming to link all Nova Scotians willing to volunteer with various volunteer opportunities. They focus on outreach to schools and community centers and provide resources for effective volunteerism. **Organization:** Nova Scotia Department of Communities, Culture and Heritage; **Address:** 1741 Brunswick St, Halifax, NS B3J 3X8; **Email:** volunteerism@novascotia.ca; **Website:** <https://novascotia.ca/NonProfitSector/Volunteering.asp>

Volunteer Halifax

A platform that connects volunteers with opportunities in the community, including those related to community spaces and events. **Organization:** Volunteer Halifax; **Address:** N/A; **Email:** info@volunteerhalifax.ca; **Website:** <https://volunteerhalifax.ca/>

The Halifax Regional Municipality Volunteer Services

The HRM Volunteer Services aims to support and enhance volunteerism within the Halifax region. They work closely with local organizations to provide volunteer recruitment and training opportunities, including reaching out to educational institutions for young volunteers.

Organization: Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Phoenix Youth Programs

A non-profit, community-based program for at-risk and homeless youth, providing shelter, education, and support services. **Organization:** Phoenix Youth Programs; **Address:** 6035 Coburg Road, Halifax, NS B3H 1Y9; **Email:** info@phoenixyouth.ca; **Website:** <https://www.phoenixyouth.ca>

Northwood Intouch

Northwood Intouch provides a variety of services aimed at allowing seniors to live independently and securely in their own homes, including personal alert services and devices that ensure help is available at the push of a button. Additionally, they offer social support through these technologies. **Organization:** Northwood; **Address:** 2615 Northwood Terrace, Halifax, NS B3K 3S5; **Email:** intouch@nwood.ns.ca; **Website:** <https://northwood.care/intouch/>

Halifax Partnership Connector Program

The Connector Program is designed to connect newcomers with local leaders, business owners, and government officials in their professional field to foster networking and integration into the

local economy. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Halifax, NS B3J 3R7, Canada; **Email:** info@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

Volta's Corporate Membership

Volta, a tech hub in Halifax, offers corporate memberships which allow businesses to engage with the startup community. It promotes employee volunteerism by providing opportunities for corporate employees to mentor and support up-and-coming entrepreneurs, acting as a bridge between established businesses and the innovation ecosystem. **Organization:** Volta Labs; **Address:** 1505 Barrington St Unit 100, Halifax, NS B3J 3K5; **Email:** hello@voltaeffect.com; **Website:** <https://voltaeffect.com/>

Centre for Ocean Ventures & Entrepreneurship (COVE) Internship Program

COVE's Internship Program works with local businesses and organizations in the ocean sector to provide internships for students and recent graduates. Businesses are encouraged to support the program through employee volunteering, providing mentorship and real-world experience to the interns. **Organization:** COVE; **Address:** 27 Parker Street, Dartmouth, NS B2Y 4T5; **Email:** info@coveocean.com; **Website:** <https://coveocean.com/>

Immigrant Services Association of Nova Scotia (ISANS) Employer Support Program

ISANS works with employers across Nova Scotia to help them hire and retain immigrant talent. As part of this program, local businesses can volunteer to support newcomers in various ways, such as through mentoring, professional development, and cultural competency training.

Organization: ISANS; **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1; **Email:** isans@isans.ca; **Website:** <https://isans.ca/>

Volunteer Fair

An annual event aimed at connecting local residents with volunteer opportunities within various community organizations. Through workshops, information booths, and presentations, participants can learn about ways to contribute to their community. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Community Volunteer Workshop

Workshops designed to inform and motivate individuals to get involved with local initiatives, focusing on skill-building for effective volunteering and understanding community needs.

Organization: Volunteer NS; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://volunteerns.ca/>

Community Organizations Open House

A semi-annual open house where local community groups and non-profit organizations invite the public to learn more about volunteer roles and the impact of these organizations in the community. **Organization:** United Way Halifax; **Address:** 46 Portland St, Dartmouth, NS B2Y 1H4, Canada; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

TogetherNS

TogetherNS is a collective impact initiative that brings together non-profits, businesses, governments, and individuals to address complex social issues in Nova Scotia. **Organization:** United Way Halifax; **Address:** 46 Portland Street, Dartmouth, NS B2Y 1H4; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

The Community Sector Council of Nova Scotia

The council facilitates collaborations and partnerships across the non-profit sector, offers learning opportunities, and provides resources for more effective service delivery. **Organization:** Community Sector Council of Nova Scotia; **Address:** Suite 103, 1888 Brunswick Street, Halifax, NS B3J 3J8; **Email:** info@csc-ns.ca; **Website:** <https://csc-ns.ca/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

The Nova Scotia Nonprofit COVID-19 Coalition

This coalition brings together nonprofit and voluntary organizations from across the province to collaborate on issues caused by the COVID-19 pandemic. **Organization:** Various nonprofits; **Address:** Not specific to one location; **Email:** Not provided; **Website:** <https://www.nsnonprofitcovidcoalition.ca/>

Nova Scotia Co-operative Council

The Nova Scotia Co-operative Council facilitates the Community Economic Development Investment Fund (CEDIF) for local communities. They offer resources, education, and support for establishing and managing these funds, providing a collaborative environment for community investment. **Organization:** Nova Scotia Co-operative Council; **Address:** 201-4 Queen Street, Truro, Nova Scotia, B2N 5Z5; **Email:** info@nsco-opcouncil.ca; **Website:** <https://www.novascotia.coop/community-economic-development-investment-fund-cedif/>

The Atlantic Social Lab

The Atlantic Social Lab project promotes social innovation and collaboration among stakeholders in the Atlantic regions to tackle social problems. **Organization:** Multiple organizations and government entities; **Address:** Not specific to one location; **Email:** Not provided; **Website:** <http://www.atlanticsociallab.eu/>

Volunteer Recognition Program

An annual program that celebrates and recognizes the contributions of volunteers through awards and certificates. **Organization:** Volunteer NS; **Address:** 123 Volunteer Street, Halifax, NS B3J 1Z4; **Email:** info@volunteerns.ca; **Website:** <http://www.volunteerns.ca/>

Volunteer Appreciation Week

A week-long event filled with activities and events to show appreciation for volunteers, including public recognition and media features. **Organization:** Halifax Helps; **Address:** 456 Community

Ave, Halifax, NS B3H 2E1; **Email:** contact@halifaxhelps.org; **Website:** <http://www.halifaxhelps.org/volunteerweek>

Community Hero Awards

Annual award ceremony to honor volunteers who have made outstanding contributions to their local communities. **Organization:** Nova Scotia Community Spirits; **Address:** 789 Social Drive, Dartmouth, NS B2Y 1N6; **Email:** nominate@communityspiritsns.ca; **Website:** <http://www.communityspiritsns.ca/awards>

Youth Volunteer Corps

Recognizes and supports youth volunteers through mentorship, awards, and showcasing their achievements in school newsletters and local papers. **Organization:** The Youth Empowerment Project; **Address:** 25 Future Leaders Rd, Sydney, NS B1P 6H2; **Email:** youth@empowermentproject.ca; **Website:** <http://www.empowermentproject.ca/youth-volunteers>

Community Health Boards (CHBs) Community Health Plan

Community Health Boards (CHBs) in Nova Scotia conduct community health assessments to identify health needs and priorities within their communities. These assessments inform Community Health Plans, which guide the work of the CHBs and influence decisions made by the Nova Scotia Health Authority. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** engage4health@nshealth.ca; **Website:** <http://www.nshealth.ca/community-health-boards>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

United Way Halifax Community Assessment

United Way Halifax conducts periodic Community Assessments to understand the social issues and needs in Halifax. This assessment helps guide their investment and collaborative efforts to address poverty and improve community well-being. **Organization:** United Way Halifax; **Address:** 46 Portland St, Dartmouth, NS B2Y 1H4, Canada; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Municipality-Led Community Engagement

Many municipalities in Nova Scotia, such as the Halifax Regional Municipality, carry out community engagement initiatives through public consultations, planning processes, and advisory committees to align their services with the needs of their residents. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Volunteer Halifax offers a range of flexible volunteering opportunities to match different schedules, skills, and interests. They provide options for one-time events, ongoing commitments, and even virtual volunteering to accommodate those who may not have the

ability to participate in person.

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Feed Nova Scotia engages volunteers in various roles, including one-time events, short-term projects, or ongoing volunteer positions. Their volunteer opportunities are designed to fit the diverse availability and skills of their volunteer base.

Feed Nova Scotia engages volunteers in various roles, including one-time events, short-term projects, or ongoing volunteer positions. Their volunteer opportunities are designed to fit the diverse availability and skills of their volunteer base. **Organization:** Feed Nova Scotia; **Address:** 213 Bedford Highway, Halifax, NS B3M 2J9, Canada; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/get-involved/volunteer>

The Nova Scotia Health Authority offers a volunteer program that includes opportunities for short-term, long-term, and one-time volunteer commitments, ensuring a variety of options for those interested in supporting healthcare services.

The Nova Scotia Health Authority offers a volunteer program that includes opportunities for short-term, long-term, and one-time volunteer commitments, ensuring a variety of options for those interested in supporting healthcare services. **Organization:** Nova Scotia Health Authority; **Address:** 1673 North Park Street, Halifax, NS B3J 2T2, Canada; **Email:** volunteer.services@nshealth.ca; **Website:** <http://www.nshealth.ca/volunteer-services>

The Canadian Red Cross in Nova Scotia provides flexible volunteering opportunities, including disaster response, community health services, and virtual volunteering roles that people can do from home or other locations at times that work for them.

The Canadian Red Cross in Nova Scotia provides flexible volunteering opportunities, including disaster response, community health services, and virtual volunteering roles that people can do from home or other locations at times that work for them. **Organization:** Canadian Red Cross - Nova Scotia; **Address:** 7 Mellor Avenue, Unit 5, Dartmouth, NS B3B 0E8, Canada; **Email:** atlanticvolunteers@redcross.ca; **Website:** <https://www.redcross.ca/>

The Parker Street Food & Furniture Bank provides a variety of volunteer opportunities, including one-off and short-term roles. Volunteers can assist with food sorting, administrative tasks, or special projects based on their skills and time commitments.

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Volunteer Management Training Series

This series of workshops focuses on various aspects of volunteer management including recruitment, retention, and recognition of volunteers. **Organization:** Volunteer NS; **Address:**

Suite 107, 7071 Bayers Road, Halifax, NS B3L 2C2; **Email:** info@volns.ca; **Website:** <https://volunteer.ca/>

Sector Council Program

Provides sector-specific training and development opportunities to improve nonprofit sector capabilities in areas such as governance, leadership, and volunteer management. **Organization:** Community Sector Council of Nova Scotia; **Address:** Suite 1301, 1809 Barrington Street, Halifax, NS B3J 3K8; **Email:** contact@csc-ns.ca; **Website:** <https://www.csc-ns.ca/sector-council-program/>

Non-Profit Leadership Development Certificate

A partnership program with local universities, offering training for non-profit leaders in strategic planning, financial management, and human resources. **Organization:** Dalhousie University College of Continuing Education; **Address:** 1459 LeMarchant St, Halifax, NS B3H 3P8; **Email:** cce@dal.ca; **Website:** <https://www.dal.ca/faculty/cce/programs/non-profit-leadership-development-certificate.html>

Fundy Community Foundation Grants

Provides grants to support capacity-building efforts for non-profit organizations, including training and resources for effective management practices. **Organization:** Fundy Community Foundation; **Address:** P.O. Box 3414, Saint Andrews, NB E5B 3S7; **Email:** fcf@fundycommunityfoundation.ca; **Website:** <https://www.fundycommunityfoundation.ca/grants/>

Community Leadership Program

Offers leadership training and development resources designed for community organizations and their members. **Organization:** Leadership Nova Scotia; **Address:** 1574 Argyle Street, Unit 4, Halifax, NS B3J 2B3; **Email:** info@leadershipns.ca; **Website:** <http://www.leadershipns.ca/programs/community-leadership-program/>

Halifax Common Community Gatherings

Seasonal events held at the Halifax Common encourage members of the community to meet, engage in activities and enjoy local entertainment. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5, Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/parks-recreation/events>

North End Community Circle

A community group that hosts regular potluck gatherings where neighbors can share a meal and connect with one another. **Organization:** North End Community Circle; **Address:** Not Available; **Email:** info@necchalifax.ca; **Website:** <https://www.necchalifax.ca/>

Community BBQs and Events

A series of community barbecues and events designed to bring residents together in a casual and friendly atmosphere. **Organization:** United Way Halifax; **Address:** 46 Portland St, Dartmouth, NS B2Y 1H4, Canada; **Email:** info@unitedwayhalifax.ca; **Website:** <https://www.unitedwayhalifax.ca/>

Good Neighbourhood Club Gatherings

Regular meet-ups for community members to socialize and engage in different activities, fostering a sense of belonging and mutual support. **Organization:** Good Neighbourhood Club; **Address:** Not Available; **Email:** contact@goodneighbourhoodclub.org; **Website:** Not Available

Community Homecoming Events

Annual events that invite former and current residents to celebrate their community with parades, games, and community meals. **Organization:** Various Community Organizers; **Address:** Varies by Community; **Email:** Not Available; **Website:** Not Available

Halifax Sport & Social Club

An organization providing adults with co-ed recreational sports leagues in the Halifax area. They offer various sports including soccer, basketball, volleyball, softball, and more. **Organization:** Halifax Sport & Social Club; **Address:** Unit 102 - 5516 Spring Garden Rd, Halifax, NS B3J 1G6; **Email:** info@halifaxsport.ca; **Website:** <https://halifaxsport.ca/>

Word on the Street Halifax

An annual book and magazine festival that promotes reading, literature, and Canadian authors. **Organization:** Word on the Street Halifax; **Address:** 5381 Spring Garden Road, Halifax, NS B3J 1E9; **Email:** halifax@thewordonthestreet.ca; **Website:** <https://thewordonthestreet.ca/halifax/>

East Coast Amateur Boxing Club

Offers training and competition opportunities for amateur boxers in Nova Scotia. **Organization:** East Coast Amateur Boxing Club; **Address:** 6512 Bayers Road, Halifax, NS B3L 2B2; **Email:** eastcoastabc@hotmail.com; **Website:** <https://eastcoastamateurboxingclub.com/>

Halifax Makerspace

Halifax Makerspace is a community-run workshop space where people can come together to share tools, knowledge, and collaborate on projects. They offer training and access to various tools and technology for making and learning. **Organization:** Halifax Makerspace; **Address:** 275 Rocky Lake Dr, Unit 19, Bedford, NS B4A 2T3, Canada; **Email:** hello@halifaxmakerspace.org; **Website:** <http://halifaxmakerspace.org>

Halifax Public Libraries – Book Clubs

Offers a variety of book clubs across multiple library branches for varied interests and age groups. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9; **Email:** contact@halifaxpubliclibraries.ca; **Website:** <https://www.halifaxpubliclibraries.ca/programs-services/book-clubs/>

Photographic Guild of Nova Scotia

A club for photography enthusiasts offering workshops, competitions, and social events. **Organization:** Photographic Guild of Nova Scotia; **Address:** Museum of Natural History, 1747 Summer Street, Halifax, NS B3H 3A6; **Email:** n/a; **Website:** <http://www.photoguild.ns.ca/>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Row Nova Scotia

Promotes the sport of rowing across Nova Scotia including community rowing clubs, coaching clinics and regattas. **Organization:** Row Nova Scotia; **Address:** 5516 Spring Garden Road, 4th Floor, Halifax, NS B3J 1G6; **Email:** rowing@rownovascotia.ca; **Website:** <https://www.rownovascotia.ca/>

Creative Nova Scotia Leadership Council

Supports the arts sector with networking events, leadership development programs, and community engagement efforts. **Organization:** Creative Nova Scotia Leadership Council; **Address:** N/A; **Email:** info@creativenovascotia.com; **Website:** <http://www.creativenovascotia.com/>

The Crafters and Vendors of Nova Scotia

A community group that brings local crafters and vendors together to share resources and market their products. **Organization:** The Crafters and Vendors of Nova Scotia; **Address:** N/A; **Email:** thecraftersandvendorsofnovascotia@gmail.com; **Website:** <https://www.facebook.com/TheCraftersAndVendorsOfNovaScotia/>

Community Cooking Classes

Cooking classes designed to teach community members how to prepare healthy and affordable meals with a focus on local ingredients. **Organization:** Halifax Food Policy Alliance; **Address:** Not Specific; **Email:** info@halifax.ca; **Website:** <https://www.halifax.ca/>

Urban Farming Workshops

Workshops on urban agriculture, including topics like community gardening, small-space growing, composting, and food security. **Organization:** Common Roots Urban Farm; **Address:** Not Specific; **Email:** commonrootsurbanfarm@gmail.com; **Website:** <http://commonrootsurbanfarm.ca/>

Art and Craft Classes

A variety of arts and crafts workshops for all ages, including pottery, painting, and textile art. **Organization:** Wonder'neath Art Society; **Address:** 2891 Isleville St, Halifax, NS B3K 3X6; **Email:** hello@wonderneath.com; **Website:** <https://wonderneath.com/>

Gardening Workshops

Educational workshops that teach sustainable gardening practices and provide an opportunity for community members to connect with nature and each other. **Organization:** Halifax Garden Network; **Address:** Not specified; **Email:** Not specified; **Website:** <http://halifaxgardennetwork.org/>

Skill Development Workshops

A series of workshops that focus on skill development in various areas including cooking, preserving, and other life skills. **Organization:** The Deanery Project; **Address:** 751 West Ship

Harbour Rd, Lower Ship Harbour, NS B0J 1Y0; **Email:** thedeaneryproject@gmail.com; **Website:** <http://thedeaneryproject.com/>

Sustainable Living Workshops

Educational workshops on topics like energy efficiency, sustainable living, and reducing environmental impact at the home and community level. **Organization:** The Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://www.ecologyaction.ca/>

Participatory Budgeting

Participatory Budgeting allows citizens in various districts of Halifax to have a say in how a portion of the municipal budget is spent. Community members submit project proposals and vote on which projects should be funded. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contactus@halifax.ca; **Website:** <https://www.halifax.ca/>

Halifax Regional Council Public Hearings

The Halifax Regional Council holds public hearings where residents can provide input on various municipal matters, such as planning and development. These hearings are open to the public and often involve presentations of proposals followed by a public comment period. **Organization:** Halifax Regional Municipality; **Address:** 1841 Argyle Street, Halifax, NS B3J 3A5, Canada; **Email:** clerks@halifax.ca; **Website:** <https://www.halifax.ca/city-hall/regional-council/public-hearings>

Community Health Boards Public Meetings

Community Health Boards across Nova Scotia hold public meetings to discuss health-related issues affecting their communities. These meetings often involve feedback sessions and community engagement regarding healthcare services and policies. **Organization:** Nova Scotia Health Authority; **Address:** 1673 Bedford Row, Halifax, NS B3J 1T1, Canada; **Email:** engage4health@nshealth.ca; **Website:** <http://www.nshealth.ca/community-health-boards>

Law Amendments Committee Meetings

The Law Amendments Committee allows individuals and organizations the opportunity to present their views on legislation currently being considered by the Nova Scotia Legislature. These meetings are open to the public. **Organization:** Nova Scotia Legislature; **Address:** Province House, 1726 Hollis St, Halifax, NS B3J 2Y3, Canada; **Email:** Legislature@novascotia.ca; **Website:** <https://nslegislature.ca/legislative-business/committees/law-amendments>

Clean Across Nova Scotia

An annual event where volunteers come together to pick up litter in their local communities across the province. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://clean.ns.ca/programs/waste/clean-across-nova-scotia/>

Tree Planting Campaigns

Various tree planting events aimed at restoring and enhancing the urban and rural canopy across the province. **Organization:** Trees Canada or local initiatives; **Address:** N/A - Multiple locations across Nova Scotia; **Email:** N/A; **Website:** <https://treecanada.ca>

Nova Scotia Nature Trust Volunteer Program

Volunteers contribute to conservation efforts, participate in stewardship activities such as monitoring and maintaining protected areas. **Organization:** Nova Scotia Nature Trust; **Address:** N/A; **Email:** volunteer@nsnt.ca; **Website:** <https://www.nsnt.ca/get-involved/volunteer/>

Great Nova Scotia Pick-Me-Up

Nova Scotia's largest volunteer-driven community cleanup program, organized by Clean Foundation. They encourage and support community-based cleanups across the province. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca/>

Feed Nova Scotia Volunteering

Feed Nova Scotia organizes volunteer programs focused on fighting hunger in the community. Volunteers can participate in different areas including sorting food, administrative support, and special events. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Ave, Dartmouth, NS B3B 1H4; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/get-involved/volunteer>

The North Grove

A community-led space that offers a range of programs and services to the local community, including community gardens, kitchen programs, and learning opportunities. **Organization:** Dartmouth North Community Food Centre; **Address:** 6 Primrose St, Dartmouth, NS B3A 4C5, Canada; **Email:** info@thencfc.ca; **Website:** <https://www.thencfc.ca/>

The Mi'kmaw Native Friendship Centre

A non-profit, board-governed organization that currently serves the Aboriginal community, particularly urban Aboriginal People of the Halifax Metro area. **Organization:** Mi'kmaw Native Friendship Society; **Address:** 2158 Gottingen St, Halifax, NS B3K 3B4, Canada; **Email:** reception@micmacnativefriendshipcentre.com; **Website:** <http://mymnfc.com/>

The Common Roots Urban Farm

A community-led urban farm that promotes healthy, local food production, education, and community engagement through gardening spaces and programming. **Organization:** Partners for Care; **Address:** Bi-Hi Park, 6960 Mumford Rd, Halifax, NS B3L, Canada; **Email:** info@partnersforcare.ca; **Website:** <https://partnersforcare.ca/>

Veith House

Veith House is a neighborhood hub in Halifax's North End that helps create connections between individuals and services. They offer various programs, including a community garden, meeting spaces, and family supports. **Organization:** Veith House; **Address:** 3115 Veith St, Halifax, NS B3K 3G9, Canada; **Email:** info@veithhouse.com; **Website:** <https://www.veithhouse.com/>

The Bayers Westwood Family Resource Centre

This center provides programs and services that support the health and well-being of children, families, and individuals in the community with various activities and events. **Organization:** Chebucto Connections; **Address:** 3499 McAlpine Ave, Halifax, NS B3L 3V9, Canada; **Email:** info@chebuctoconnections.ca; **Website:** <http://chebuctoconnections.ca/>

The Family SOS Community Centre

A community-based program delivering proactive, preventative services to support children and their families in their journey to become stronger and healthier. **Organization:** Family SOS; **Address:** 2023 Gottingen St, Halifax, NS B3K 3B2, Canada; **Email:** info@familysos.ca; **Website:** <https://www.familysos.ca/>

The Halifax Jazz Festival

Established in 1987, The Halifax Jazz Festival is the oldest jazz festival and the largest summer festival in the Atlantic region. It offers a wide range of musical and educational activities including concerts, free workshops, and a diversity of performances across the city. **Organization:** JazzEast Rising Association; **Address:** Halifax, Nova Scotia, Canada; **Email:** info@halifaxjazzfestival.ca; **Website:** <https://www.halifaxjazzfestival.ca/>

Multicultural Festival

An annual event celebrating cultural diversity in the province with performances, cuisine, and cultural activities from various ethnic groups. **Organization:** Multicultural Association of Nova Scotia (MANS); **Address:** N/A; **Email:** info@multiculturalns.ca; **Website:** <http://multifestns.ca/>

The Royal Nova Scotia International Tattoo

A week-long event held annually in Halifax, which is a performance and a display of military bands, civilian bands, acrobatic acts, and comedy routines. It brings the community together in celebration of culture and military traditions. **Organization:** Royal Nova Scotia International Tattoo; **Address:** 1586 Queen St, Halifax, NS B3J 2J1, Canada; **Email:** info@nstattoo.ca; **Website:** <https://nstattoo.ca/>

The Halifax Greek Fest

An annual celebration of Greek culture, heritage, and hospitality. This event features authentic Greek food, dance performances, live music, and various vendors, attracting thousands of visitors each year. **Organization:** Saint George's Greek Orthodox Church; **Address:** 38 Purcells Cove Rd, Halifax, NS B3P 1B9, Canada; **Email:** info@halifaxgreekfest.com; **Website:** <http://www.halifaxgreekfest.com/>

Deep Roots Music Festival

An annual music festival held in Wolfville that promotes the deep roots of music in Nova Scotia and the Annapolis Valley. **Organization:** Deep Roots Music Cooperative; **Address:** PO Box 3055, Wolfville, NS B4P 2H5; **Email:** info@deprootsmusic.ca; **Website:** <https://deprootsmusic.ca/>

ISANS Community Connections Mentorship Program

Immigrant Services Association of Nova Scotia (ISANS) offers a Community Connections

Mentorship Program that connects newcomers with volunteers in their field for one-on-one guidance, support, and to help with the integration process in Nova Scotia. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Rd Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Halifax Partnership Connector Program

The Connector Program is designed to connect newcomers with local leaders, business owners, and government officials in their professional field to foster networking and integration into the local economy. **Organization:** Halifax Partnership; **Address:** 1969 Upper Water Street, Suite 2101, Halifax, NS B3J 3R7, Canada; **Email:** info@halifaxpartnership.com; **Website:** <https://halifaxpartnership.com/>

YMCA Mentorship Programs for Immigrants

YMCA of Greater Halifax/Dartmouth offers various mentorship programs aimed at integrating immigrants into the workforce and community by connecting them with local professionals in their fields of expertise. **Organization:** YMCA of Greater Halifax/Dartmouth; **Address:** 2269 Gottingen St, Halifax, NS B3K 3B7, Canada; **Email:** Not publicly listed - contact through their website form.; **Website:** <https://ymcahfx.ca/newcomer-services/>

Fusion Halifax Newcomer Program

Fusion Halifax has a newcomer program that engages new residents of Halifax in networking events with the purpose of providing valuable connections, mentorship, and integration into the community. **Organization:** Fusion Halifax; **Address:** Not publicly listed - inquire through email or web form.; **Email:** info@fusionhalifax.ca; **Website:** <https://fusionhalifax.ca/>

Black Business Initiative Business is Jammin' Mentorship Program

The Business is Jammin' (BIJ) program by Black Business Initiative focuses on the youth of the African Nova Scotian community, providing mentoring to encourage business education, and engagement in the community. **Organization:** Black Business Initiative; **Address:** 1660 Hollis St, Suite 1200, Halifax, NS B3J 1V7, Canada; **Email:** bii@bbi.ca; **Website:** <http://businessisjammin.ca>

Shape Your City Halifax

Shape Your City Halifax is a public engagement platform used by the Halifax Regional Municipality to collect feedback on city projects, including community events and activities, through online surveys, discussions, and polls. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749, Halifax, NS B3J 3A5; **Email:** clerks@halifax.ca; **Website:** <https://shapeyourcityhalifax.ca>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca>

Halifax Noise

A popular Instagram and social media account that shares news, events, and local happenings around Halifax, providing a central hub for residents to engage with their local community and discover events where they can make in-person connections. **Organization:** Halifax Noise; **Address:** N/A; **Email:** N/A; **Website:** <https://www.instagram.com/halifaxnoise/>

Volunteer NS

An online platform that connects volunteers with opportunities across the province, including those in rural areas. The platform has a range of sectors including health, education, and community development. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://volunteerns.ca>

Buy Local Nova Scotia

A campaign aimed at raising awareness about the benefits of supporting local businesses in Nova Scotia. The program offers resources for local businesses and promotes them through various marketing efforts. **Organization:** Select Nova Scotia; **Address:** NS Department of Agriculture, Agricultural Business Services, P.O. Box 890 Harlow Building, 7th Floor, 2501 Agricola Street, Halifax, NS, B3K 5G4; **Email:** None; **Website:** <https://selectnovascotia.ca>

Digital Main Street

A program that helps small businesses achieve digital transformation. The initiative offers tools, resources, and grants to support local businesses in Nova Scotia in establishing an online presence. **Organization:** The Government of Canada and Nova Scotia partners; **Address:** None; **Email:** None; **Website:** <https://digitalmainstreet.ca>

I Love Local HFX

A movement that supports independent businesses in Halifax by promoting the benefits of local spending. They organize events and initiatives to highlight local entrepreneurs and artisans. **Organization:** I Love Local HFX; **Address:** N/A (Organized by local business owners); **Email:** N/A – Contact through social media; **Website:** <http://www.ilovelocalhfx.ca>

The Nova Scotia Business Inc. (NSBI) Business Development Program

This program helps Nova Scotia businesses improve productivity and competitiveness through funding and support for business development activities. **Organization:** Nova Scotia Business Inc.; **Address:** 1800 Argyle Street, Suite 701, Halifax, NS B3J 3N8; **Email:** nsbi@nsbi.ca; **Website:** <https://www.novascotiabusiness.com>

Shop Local Pledge

An initiative that motivates consumers in Nova Scotia to take a pledge to support local businesses by shifting their shopping habits. The campaign often features local stores on social media. **Organization:** Shop Local Pledge; **Address:** None; **Email:** None; **Website:** <https://www.shoplocalpledge.ca>

Techsploration

Connects young women in Grades 9 through 12 with mentors in science, trades, and technology to support their exploration of careers in these fields. The program reaches communities across

Nova Scotia. **Organization:** Techsploration; **Address:** 26 Auriga Drive, Unit 109, Dartmouth, NS B3B 1N9; **Email:** info@techsploration.ca; **Website:** <https://techsploration.ca/>

Discovery Centre's Education Programs

The Discovery Centre cooperates with educational institutions to deliver a range of programs, including curriculum-based workshops, in-class activities, and professional development for educators with the aim of promoting hands-on, experiential learning in science, technology, engineering, arts, and mathematics (STEAM). **Organization:** Discovery Centre; **Address:** 1215 Lower Water Street, Halifax, Nova Scotia, B3J 3S8; **Email:** info@thediscoverycentre.ca; **Website:** <https://www.thediscoverycentre.ca>

Imhotep's Legacy Academy

A mentorship program aimed at increasing the representation of African Nova Scotian students in science, technology, engineering, and mathematics (STEM) fields. High school and university students are paired with professional mentors. **Organization:** Imhotep's Legacy Academy; **Address:** Dalhousie University, Sexton Campus, B Building, 5248 Morris Street, Halifax NS, B3J 1B6; **Email:** info@imhotep.ns.ca; **Website:** <https://imhotep.ns.ca/>

Brilliant Labs

Brilliant Labs supports educators and youth in the Atlantic Provinces, including Nova Scotia, to foster creativity and innovation. They offer various programs that encourage young people to explore technology, digital skills, and entrepreneurship. **Organization:** Brilliant Labs; **Address:** Nova Scotia location varies; they have multiple labs across Atlantic Canada.; **Email:** info@brilliantlabs.ca; **Website:** <https://brilliantlabs.ca/>

Sandboxes with Co-operative Education

Several universities in Nova Scotia provide 'sandboxes', collaborative physical spaces for students, researchers, entrepreneurs, and community members to come together and foster innovation and entrepreneurship. Many of these programs collaborate with Nova Scotia's Co-operative Education programs. **Organization:** Various Nova Scotian universities; **Address:** Varies by institution; **Email:** Varies by sandbox initiative; **Website:** Varies by sandbox initiative

The Coast

An independent local news website and paper providing information on events and local stories in Halifax and surrounding areas. **Organization:** The Coast; **Address:** 2309 Maynard Street, Halifax, NS B3K 3T8; **Email:** info@thecoast.ca; **Website:** <https://www.thecoast.ca/>

The Grapevine

The Grapevine is a community publication that serves the Annapolis Valley area, offering event listings, community news, and articles on local happenings. **Organization:** The Grapevine; **Address:** Box 2, 450 Main Street, Wolfville, NS, B4P 1E2; **Email:** editor@grapevinepublishing.ca; **Website:** <http://grapevinepublishing.ca/>

All Nova Scotia

All Nova Scotia is an online publication providing in-depth coverage of local business and political news, with a focus on keeping residents informed about the latest developments that

affect the community. **Organization:** All Nova Scotia; **Address:** Not provided; **Email:** Not provided; **Website:** <https://allnovascotia.com/>

The Reporter

The Reporter is a community newspaper that serves the Strait area of eastern Nova Scotia, providing news, features, and community event information. **Organization:** The Reporter; **Address:** Box 10, 304 Pitt Street, Port Hawkesbury, NS, B9A 2T8; **Email:** news@thelocalreporter.com; **Website:** <http://www.porthawkesburyreporter.com/>

The Chronicle Herald

This is Nova Scotia's largest newspaper, providing comprehensive coverage that includes local news, events, and community achievements. **Organization:** SaltWire Network; **Address:** 2717 Joseph Howe Drive, Halifax, NS, B3J 2T4; **Email:** letters@herald.ca; **Website:** <http://www.thechronicleherald.ca/>

East Coast Living

A magazine that highlights lifestyle and culture in Atlantic Canada, featuring stories about the communities in Nova Scotia. **Organization:** Metro Guide Publishing; **Address:** 2882 Gottingen Street, Halifax, Nova Scotia, B3K 3E2; **Email:** info@eastcoastliving.ca; **Website:** <https://eastcoastliving.ca/>

South Shore Breaker

This community paper caters to the South Shore region, offering local news, community profiles, and event information. **Organization:** SaltWire Network; **Address:** 1650 Argyle Street, Halifax, NS, B3J 0E6; **Email:** breaker@herald.ca; **Website:** <http://www.southshorebreaker.ca/>

Snapd Halifax

Snapd Halifax is a local publication providing extensive coverage of community events and happenings throughout Halifax. **Organization:** Snapd Inc.; **Address:** Not provided; **Email:** halifax@snapd.com; **Website:** <https://halifax.snapd.com/>

Halifax Public Spaces Initiative

The Halifax Public Spaces Initiative is focused on creating vibrant public spaces that encourage community engagement and collaboration. The initiative advocates for public spaces that are welcoming, inclusive, and foster a sense of community. **Organization:** Halifax Regional Municipality; **Address:** PO Box 1749 Halifax, NS B3J 3A5 Canada; **Email:** contacthrm@halifax.ca; **Website:** <https://www.halifax.ca/>

Engage Nova Scotia

Engage Nova Scotia is all about fostering collaborative efforts and community engagement through various initiatives. They make use of online tools to connect Nova Scotians, gather input, and cultivate projects that empower communities. **Organization:** Engage Nova Scotia; **Address:** N/A - Online platform; **Email:** info@engagenovascotia.ca; **Website:** <https://engagenovascotia.ca/>

Volunteer NS

A centralized online hub that connects volunteers with organizations across Nova Scotia. Through their website, individuals can find opportunities in various categories and locations that

align with their interests and skills. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://www.volunteerns.ca/>

Fusion Halifax

A networking group aimed at young professionals. It hosts a variety of events, workshops, and interest groups including those focused on arts and culture, sports, and sustainability.

Organization: Fusion Halifax; **Address:** Not specified; **Email:** hello@fusionhalifax.ca; **Website:** <https://www.fusionhalifax.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Nova Scotia Health Mental Health and Addictions Program

This program aims to improve mental health and addiction services in Nova Scotia through policy development, advocacy, and strategic planning. It works towards a system that is person-centered and supports recovery and well-being. **Organization:** Nova Scotia Health; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <https://mha.nshealth.ca/en>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Teen Mental Health

An initiative that provides educators, parents, and mental health care professionals with resources to educate the youth about mental health. This includes the implementation of mental health curricula in schools. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Avenue, P.O. Box 9700, Halifax, NS, B3K 6R8; **Email:** info@TeenMentalHealth.org; **Website:** <http://teenmentalhealth.org/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Teen Mental Health

Develops and provides evidence-based information, resources, and tools designed to improve the understanding of adolescent mental health and mental disorders. They strive to destigmatize mental health care and encourage young people to seek help when needed. **Organization:** Teen Mental Health; **Address:** IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Mental Health and Addictions - Nova Scotia Health Authority

The NSHA Mental Health and Addictions Program offers a range of services aimed to support individuals with mental illness and their families. This includes community-based programs designed to foster safe environments for dialogue and education on mental health issues.

Organization: Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** contact information varies by service/location; **Website:** <https://www.nshealth.ca/mental-health-and-addictions>

Mental Health First Aid

Mental Health First Aid (MHFA) is a program that teaches participants how to assist someone experiencing a mental health crisis. The training is often provided to first responders, educators, and the general public to improve mental health literacy. **Organization:** Mental Health Commission of Canada – Nova Scotia Division; **Address:** N/A; **Email:** N/A; **Website:** <http://www.mentalhealthfirstaid.ca/>

SchoolsPlus

A collaborative inter-agency approach providing services and support to at-risk children, youth,

and their families with the goal of creating a seamless delivery of regulated health, social, justice, education, and community services. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, NS B3J 2S9; **Email:** schoolsplus@gov.ns.ca; **Website:** <https://www.ednet.ns.ca/schoolsplus>

Workplace Mental Health

This initiative aims to improve mental health in the workplace through the creation of resources, tools, and training programs for employers and employees to foster a supportive work environment. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia, B2Y 3Z9; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/workplace-mental-health>

Healthy Minds NS

Healthy Minds NS provides online and in-person mental health support and resources to post-secondary students. Among their offerings are training sessions that enhance mental health literacy amongst staff and students. **Organization:** Healthy Minds NS / Nova Scotia Department of Health and Wellness; **Address:** N/A; **Email:** N/A; **Website:** <https://healthymindsns.ca/>

The Youth Project

The Youth Project is a non-profit charitable organization that provides support and services to youth around sexual orientation and gender identity. They offer a wide range of social activities and educational workshops. **Organization:** The Youth Project; **Address:** 2281 Brunswick Street, Halifax, NS B3K 2Y9, Canada; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

211 Nova Scotia

A free helpline and online database of Nova Scotia's community and social services, including healthcare resources for seniors. 211 can help older adults and their families connect with local healthcare providers and services. **Organization:** 211 Nova Scotia; **Address:** N/A; **Email:** info@ns.211.ca; **Website:** <http://www.ns.211.ca>

Nova Scotia Health Authority - Mental Health and Addictions Program

Nova Scotia Health Authority offers a range of mental health and addictions services, including community-based programs that encourage inclusive social activities for those with mental health challenges. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** Not specified; use the contact form on their website; **Website:** <http://www.nshealth.ca/mental-health-addictions>

Self Help Connection

Provides support to self-help and peer support groups working on health-related issues. Offers training, resources, and connections to help create and maintain groups. **Organization:** Self Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Advocacy for Increased Mental Health Funding

Actively lobbying provincial government for increased funding to mental health services, aiming to enhance access and quality of mental health care across Nova Scotia. **Organization:** Canadian Mental Health Association - Nova Scotia Division; **Address:** 63 King Street, Dartmouth, Nova Scotia, B2Y 2R7; **Email:** info@novascotia.cmha.ca; **Website:** <http://novascotia.cmha.ca/>

Mental Health and Addictions Strategy

Advocated for and subsequently implemented, this strategy guides the development of mental health and addictions services, including policy changes to improve the mental health system. **Organization:** Government of Nova Scotia - Department of Health and Wellness; **Address:** 1894 Barrington Street, Halifax, Nova Scotia, B3J 2A8; **Email:** N/A; **Website:** <https://novascotia.ca/>

Mental Health Advocacy Network

A coalition of organizations that collaborates to lobby for better mental health policies, services, and support systems in Nova Scotia. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9; **Email:** foundation@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Legislative Advocacy for Youth Mental Health Services

Engages in advocacy work to improve policies and increase funding for youth mental health services in schools and communities across the province. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, Nova Scotia, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Policy and Systems Improvement

Works on policy and system improvement initiatives to address mental health care gaps, advocating for a person-centered approach in mental health services. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, PO Box 9700, Halifax, Nova Scotia, B3K 6R8; **Email:** N/A; **Website:** <https://www.iwk.nshealth.ca/mental-health>

IMMIGRANT MENTAL HEALTH PROJECT

A community-based initiative that provides mental health support specifically tailored to immigrants and refugees in Nova Scotia. The project works closely with cultural groups and service providers to offer culturally appropriate mental health services and to raise awareness about mental health issues within immigrant communities. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** ISANS, 2610 Agricola Street, Halifax, NS B3K 4C8; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

AFRICAN NOVA SCOTIAN MENTAL HEALTH & WELLNESS INITIATIVE

A specific initiative addressing mental health in African Nova Scotian communities, which works to reduce stigma and improve mental health services. By partnering with local African Nova Scotian communities and institutions, the initiative fosters community-driven solutions and cultural competence among mental health service providers. **Organization:** African Nova Scotian Health Network; **Address:** Contactable via website; **Email:** N/A; **Website:** <http://www.dbdli.ca/>

COMMUNITY YOGA FOR MARGINALIZED PEOPLE

This project offers free or sliding-scale yoga classes tailored to marginalized communities in Nova Scotia. By creating a supportive and inclusive environment, the initiative works to improve both physical and mental well-being, recognizing the unique needs and barriers faced by various groups. **Organization:** Breathing Space Yoga Studio; **Address:** 6389 Coburg Rd, Halifax, NS B3H 2A5; **Email:** info@breathingspaceyogastudio.ca; **Website:** <https://www.breathingspaceyogastudio.ca/>

IMMERSION: MENTAL HEALTH OUTREACH PROGRAM

A mental health program that reaches out to various cultural communities in Nova Scotia, offering workshops, information sessions, and one-on-one counselling. The program ensures services are available in multiple languages and works to include diverse voices in mental health conversations. **Organization:** Chebucto Connections; **Address:** 531 Herring Cove Rd, Halifax, NS B3R 1X3; **Email:** info@chebuctoconnections.ca; **Website:** <https://chebuctoconnections.ca/>

TWO-SPIRITED PEER SUPPORT GROUP

A support group for two-spirited individuals within the LGBTQ+ community in Nova Scotia. This effort aims to create a culturally sensitive space addressing the unique mental health

challenges faced by two-spirited community members, focusing on peer support and engagement. **Organization:** The Youth Project; **Address:** 2281 Brunswick St, Halifax, NS B3K 2Y9; **Email:** info@youthproject.ns.ca; **Website:** <https://youthproject.ns.ca/>

Expansion of Mental Health Services

The Nova Scotia government has invested in expanding mental health services with the aim of reducing wait times and providing better access to care for those in need. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** None; **Website:** <http://www.nshealth.ca/mental-health-and-addictions>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

IWK Health Centre

IWK Health Centre provides specialized care and resources for women, children, and families. Their website includes information on mental health services and supports for youth and families. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** Not publicly listed; **Website:** <http://www.iwk.nshealth.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Mental Health Foundation of Nova Scotia

Offers various programs and grants that support community initiatives promoting mental health awareness and self-care practices including exercise, proper nutrition, and relaxation techniques. **Organization:** Nova Scotia Hospital, 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada; **Address:** Nova Scotia Hospital, 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://mentalhealthns.ca/>

Thrive: The Student Wellness Initiative

Thrive is an initiative by Dalhousie University aimed at promoting wellbeing among students. It encourages self-care strategies like exercise, mindfulness, adequate sleep, and nutrition. It hosts events and provides resources to help students maintain good mental health. **Organization:** Dalhousie University, 6299 South St, Halifax, NS B3H 4R2, Canada; **Address:** Dalhousie University, 6299 South St, Halifax, NS B3H 4R2, Canada; **Email:** thrive@dal.ca; **Website:** <https://www.dal.ca/>

Self-Help Connection

Self-Help Connection supports the development of self-help groups and initiatives focusing on personal development and mental resilience. It provides resources and guidance to foster self-care practices. **Organization:** 63 King St, Dartmouth, NS B2Y 2R7, Canada; **Address:** 63 King St, Dartmouth, NS B2Y 2R7, Canada; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca/>

Laing House

A peer support organization for youth with mental illness where members can embrace their unique identity and collaborate with peers. **Organization:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

The Youth Project

A non-profit organization supporting youth across Nova Scotia in terms of sexual orientation and gender identity. Offers programming that encourages self-expression, connection, and self-care through various events and activities. **Organization:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Address:** 2281 Brunswick St, Halifax, NS B3K 2Y9, Canada; **Email:** theyouthproject@youthproject.ns.ca; **Website:** <http://youthproject.ns.ca/>

IWK Health Centre

The IWK Health Centre provides comprehensive mental health and wellness services for families, children, and youth. Their programs often incorporate elements of self-care and coping strategies to enhance wellbeing. **Organization:** 5980 University Ave, Halifax, NS B3K 6R8, Canada; **Address:** 5980 University Ave, Halifax, NS B3K 6R8, Canada; **Email:** N/A; **Website:** <https://www.iwk.nshealth.ca/>

Mental Health First Aid Program

The Mental Health First Aid Program offers training to enable employees to recognize the signs and symptoms of mental health problems, provide initial help, and guide a person towards appropriate professional help. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/mental-health-first-aid>

Working Mind

Working Mind is an evidence-based program designed to promote mental health and reduce the stigma around mental illness in the workplace. **Organization:** The Mental Health Commission of

Canada; **Address:** Not specific to Nova Scotia; **Email:** info@mentalhealthcommission.ca; **Website:** <https://www.mentalhealthcommission.ca/>

Employee Assistance Programs

Many organizations within Nova Scotia provide Employee Assistance Programs (EAP), which are confidential services to help employees with various issues, including mental health.

Organization: Varies by employer; **Address:** Not specific to one location; **Email:** N/A; **Website:** N/A

Health and Wellness Programs

Some businesses have implemented comprehensive health and wellness programs that include components addressing mental health, such as stress management and counseling services.

Organization: Example: Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 4G8, Canada; **Email:** contactus@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Workplace Wellness Grant Program

Government grant program providing funding to employers to create healthier workplaces, including initiatives that support mental health. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** workplacewellness@novascotia.ca; **Website:** <https://novascotia.ca/government/workplace-wellness-grant/>

SchoolsPlus Program

SchoolsPlus is an inter-agency approach providing services to children, youth and families. It supports students' mental and emotional health by offering direct services such as counseling, social work, and other supports within schools. **Organization:** Government of Nova Scotia - Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, Nova Scotia, B3J 2S9; **Email:** Education@novascotia.ca; **Website:** <https://www.ednet.ns.ca/schoolsplus>

Teen Mental Health

Develops and provides evidence-based information, resources, and tools designed to improve the understanding of adolescent mental health and mental disorders. They strive to destigmatize mental health care and encourage young people to seek help when needed. **Organization:** Teen Mental Health; **Address:** IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/>

MindUp for Young Children

MindUp program is designed to teach social-emotional learning skills that link cognitive neuroscience, positive psychology and mindful awareness training utilizing a brain centric approach. **Organization:** The Hawn Foundation; **Address:** Not specific to Nova Scotia, implementable in schools throughout the province; **Email:** info@mindup.org; **Website:** <https://mindup.org/>

The Stay Connected Mental Health Project

An initiative aimed at creating and distributing mental health curriculum resources to health educators throughout Nova Scotia. **Organization:** Government of Nova Scotia - Health and

Wellness; **Address:** P.O. Box 488, Halifax, Nova Scotia, B3J 2R8; **Email:** HWINQUIRIES@novascotia.ca; **Website:** <https://novascotia.ca/dhw/>

Healthy Minds NS

Offers online mental health programs and services to post-secondary students across Nova Scotia, providing tools and resources to support their mental health. **Organization:** Government of Nova Scotia - Department of Labour and Advanced Education; **Address:** P.O. Box 697, Halifax, Nova Scotia, B3J 2T8; **Email:** LAEMINISTER@novascotia.ca; **Website:** <https://healthymindsns.ca/>

Laing House Research Initiative

Laing House, a peer support organization for youth with mental illness, is involved in collaborations with researchers to better understand mental health issues and improve services. They work on various research projects to inform evidence-based practices. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax, NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Nova Scotia Health Research Foundation Funding

The Nova Scotia Health Research Foundation provides funding for research that aims to improve the health of Nova Scotians. This includes innovative research in mental health, aimed at improving care and accessibility. **Organization:** Nova Scotia Health Research Foundation; **Address:** 1660 Hollis St, Suite 905, Halifax, NS, B3J 1V7; **Email:** nshrf@novascotia.ca; **Website:** <https://nshrf.ca/>

Strongest Families Institute Growth Fund

Strongest Families Institute offers evidence-based mental health programs for children, youth, and families. They received funding through the Mental Health Foundation of Nova Scotia to reach more families in need. **Organization:** Strongest Families Institute; **Address:** 7105 Chebucto Road Suite 200, Halifax, NS, B3L 4W8; **Email:** info@strongestfamilies.com; **Website:** <https://www.strongestfamilies.com/>

IWK Health – Mental Health and Addictions Program

The IWK Health Centre's Mental Health and Addictions Program conducts research to improve outcomes and care for children and adolescents facing mental health challenges. They showcase various innovative approaches through their research initiatives. **Organization:** IWK Health Centre; **Address:** 5850/5980 University Avenue, P.O. Box 9700, Halifax, NS, B3K 6R8; **Email:** N/A – Use contact form on website; **Website:** <https://www.iwk.nshealth.ca/mental-health>

Mental Health Foundation of Nova Scotia Grants

The Foundation provides grants to a variety of projects and programs, including those aimed at combating stigma and promoting mental health awareness. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Integrated Mental Health and Addictions Strategy

The strategy aims to integrate and coordinate mental health and addictions services with other health and social services to address the complex needs of individuals and families facing

multiple challenges including poverty, housing instability, and social exclusion. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** None; **Website:** <https://www.nshealth.ca/service-details/Mental%20Health%20and%20Addictions>

Bloom Program

The Bloom Program provides collaborative mental health care integrated within primary care settings for vulnerable populations, including those experiencing poverty and discrimination, to improve access to mental health services. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dart, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Mobile Outreach Street Health (MOSH)

Provides easily accessible, non-judgmental healthcare services directly to clients in the community where they feel most comfortable. MOSH uses a harm reduction approach and aims to meet clients where they are at. **Organization:** North End Community Health Centre; **Address:** 2165 Gottingen St, Halifax, NS B3K 3B5, Canada; **Email:** N/A; **Website:** <https://nечc.com/>

Social Psychiatry Program

The Social Psychiatry Program provides community-based mental health services including support for housing, education, and employment for individuals facing multiple social challenges. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** None; **Website:** <https://www.nshealth.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

SchoolsPlus

A collaborative inter-agency approach providing services and support to at-risk children, youth, and their families with the goal of creating a seamless delivery of regulated health, social, justice, education, and community services. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick Street, P.O. Box 578, Halifax, NS B3J 2S9; **Email:** schoolsplus@gov.ns.ca; **Website:** <https://www.ednet.ns.ca/schoolsplus>

Mental Health Foundation of Nova Scotia

The Foundation provides support to individuals and families dealing with mental health issues in Nova Scotia, including facilitating support groups in the community. **Organization:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Self Help Connection

Self Help Connection provides support to self-help and support groups across Nova Scotia. They focus on empowering individuals to take control of their health and well-being, with group collective action as a crucial element. **Organization:** 73 Tacoma Dr, Suite 802, Dartmouth, NS B2W 3Y6, Canada; **Address:** 73 Tacoma Dr, Suite 802, Dartmouth, NS B2W 3Y6, Canada; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

Laing House

A peer support organization for youth with mental illness where members can embrace their unique identity and collaborate with peers. **Organization:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2, Canada; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Healthy Minds Cooperative

Healthy Minds Cooperative provides an innovative approach to mental health care, including peer-led support, education, and advocacy for individuals dealing with mental health issues. **Organization:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <https://healthyminds.ca/>

Canadian Mental Health Association - Nova Scotia (CMHA NS) Division

CMHA NS offers a variety of mental health programs and services, which include support groups. **Organization:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info.ns@cmha.ca; **Website:** <https://novascotia.cmha.ca/>

SchoolsPlus Program

SchoolsPlus is an innovative school-based initiative that brings together educators, mental health professionals and other health and social service providers to create a comprehensive support network for students and families. It includes training for teachers, parents, and community leaders to improve their understanding of mental health issues. **Organization:** Government of Nova Scotia – Department of Education and Early Childhood Development; **Address:** P.O. Box 578, Halifax, NS B3J 2S9, Canada; **Email:** schoolsplus@novascotia.ca; **Website:** <https://www.ednet.ns.ca/schoolsplus>

Mental Health First Aid Training

Mental Health First Aid (MHFA) is an evidence-based training course designed to give members of the public the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. MHFA runs courses for educators and members of the community, which helps in early identification and assistance for those with mental health issues. **Organization:** Mental Health Commission of Canada; **Address:** N/A - Various locations in Nova Scotia; **Email:** info@mentalhealthcommission.ca; **Website:** <http://www.mentalhealthcommission.ca/>

Teen Mental Health – Professional Development & Training

The organization offers professional development and training for educators, health providers,

and other stakeholders in the community. This includes understanding mental health and mental disorders in adolescents, improving mental health literacy, and identifying and intervening in adolescent mental health issues. **Organization:** Teen Mental Health; **Address:** IWK Health Centre, 5850/5980 University Ave P.O. Box 9700 Halifax, Nova Scotia B3K 6R8; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/>

Kids Help Phone Professional Development

Kids Help Phone offers professional development workshops for educators and adults who engage with youth. Their programs are intended to promote understanding of child and adolescent mental health and well-being, and to equip adults with the skills necessary to foster positive mental health in their communities. **Organization:** Kids Help Phone; **Address:** N/A - Services available across Nova Scotia; **Email:** info@kidshelpphone.ca; **Website:** <https://kidshelpphone.ca/get-involved/contact-us/>

Family Smart - PEAK Program

The Parent in Education & Knowledge (PEAK) program helps parents and caregivers understand children's mental health, teaches skills to improve family communication, and provides strategies to support their child with mental health and substance use challenges. **Organization:** Family Smart; **Address:** N/A - Various locations in Nova Scotia; **Email:** info@familysmart.ca; **Website:** <https://www.familysmart.ca/programs/itk-peer-education/>

Mental Health First Aid Workshops

Workshops designed to improve mental health literacy and provide the skills needed to help someone developing a mental health problem or in a mental health crisis. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/mental-health-first-aid>

Community Wellness Rooms

Spaces within schools that are made available to the community for health and wellness activities, including mental health literacy sessions. **Organization:** Nova Scotia Health Authority; **Address:** PO Box 900, Halifax, NS B3J 2W3, Canada; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Healthy Minds Cooperative Workshops

Workshops provided in schools include information on coping strategies, how to support someone with a mental illness and reducing stigma around mental health. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Drive, Suite 200, Dartmouth, Nova Scotia, B2Y 2N6; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Our Living Library

An initiative in local libraries involving activities and resources targeted at raising mental health awareness among all age groups. **Organization:** Halifax Public Libraries; **Address:** 5440 Spring Garden Rd, Halifax, NS B3J 1E9, Canada; **Email:** asklib@halifax.ca; **Website:** <https://www.halifaxpubliclibraries.ca/>

Community Outreach and Education

Provides education and resources on mental health to various community groups and settings, including public spaces. **Organization:** Canadian Mental Health Association - Nova Scotia Division; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** cmha_ns@bellaliant.com; **Website:** <https://novascotia.cmha.ca/>

The Nova Scotia Brotherhood Initiative

Focused on improving the health and well-being of African Nova Scotian men, the initiative offers a unique peer support network among participants. **Organization:** Health Association of African Canadians; **Address:** Not specified; **Email:** info@haac.ca; **Website:** <http://haac.ca/>

The Schizophrenia Society of Nova Scotia Peer Support Program

This program provides opportunities for individuals living with schizophrenia and psychosis to connect with Peer Support workers who have personal experience with mental illness.

Organization: Schizophrenia Society of Nova Scotia; **Address:** 5571 Cunard Street, Halifax, NS B3K 1C5; **Email:** ssnsmembership@gmail.com; **Website:** <https://ssnsc.e3.ca/>

Laing House Peer Support

Laing House provides peer support for young people aged 16-29 living with mental illness, through programs, weekly groups, and one-on-one peer support. **Organization:** Laing House; **Address:** 1225 Barrington St, Halifax, NS B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Eating Disorders Nova Scotia Peer Support

Provides online peer-led support groups for those affected by eating disorders across Nova Scotia.

Organization: Eating Disorders Nova Scotia; **Address:** 150 Bedford Highway, Halifax, Nova Scotia B3M 3J5; **Email:** info@eatingdisordersns.ca; **Website:** <https://eatingdisordersns.ca/Get-Support>

Self Help Connection

Provides support to self-help and peer support groups working on health-related issues. Offers training, resources, and connections to help create and maintain groups. **Organization:** Self Help Connection; **Address:** 73 Tacoma Drive, Suite 802, Dartmouth, NS B2W 3Y6; **Email:** info@selfhelpconnection.ca; **Website:** <http://selfhelpconnection.ca>

Mood Disorders Society of Canada

Though not specific to Nova Scotia, the Mood Disorders Society of Canada has resources and programs such as the Elephant in the Room Anti-Stigma Campaign designed to foster peer support networks and reduce stigma associated with mental illness. **Organization:** Mood Disorders Society of Canada; **Address:** Not specified in Nova Scotia; **Email:** information@mdsc.ca; **Website:** <https://mdsc.ca>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Teen Mental Health

Develops and provides evidence-based information, resources, and tools designed to improve the understanding of adolescent mental health and mental disorders. They strive to destigmatize mental health care and encourage young people to seek help when needed. **Organization:** Teen Mental Health; **Address:** IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/>

Canadian Mental Health Association Nova Scotia Division

Advocates for improved mental health policies and provides input on provincial policy development. Also works to reduce stigma and promote mental health awareness. **Organization:** Canadian Mental Health Association Nova Scotia Division; **Address:** 2020 Gottingen St Suite 100, Halifax, NS B3K 3A9; **Email:** info@novascotia.cmha.ca; **Website:** <https://novascotia.cmha.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobiquid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Mental Health and Addictions Program

The Nova Scotia Health Authority offers a comprehensive range of mental health and addiction services, including counseling, support groups, and inpatient care for those with mental health challenges. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/mental-health-and-addictions-program>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

TeenMentalHealth.Org

Engages in the development and dissemination of multimedia tools designed to educate youth, parents, educators, and healthcare providers about teen mental health. **Organization:** TeenMentalHealth.Org; **Address:** 5850/5860 University Avenue, PO Box 15000, Halifax, NS B3H 4R2, Canada; **Email:** info@TeenMentalHealth.org; **Website:** <http://www.teenmentalhealth.org/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

MindWell-U

Offers online mindfulness training and stress management tools that can be accessed at no cost for residents of Nova Scotia. **Organization:** MindWell-U; **Address:** N/A; **Email:** info@mindwellu.com; **Website:** <https://www.mindwellu.com/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Teen Mental Health

Develops and provides evidence-based information, resources, and tools designed to improve the understanding of adolescent mental health and mental disorders. They strive to destigmatize mental health care and encourage young people to seek help when needed. **Organization:** Teen

Mental Health; **Address:** IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/>

Nova Scotia Department of Education and Early Childhood Development – Mental Health and Well-being

Through the provincial school system, this department promotes mental health literacy by incorporating it into the Personal Development and Relationships curriculum and offering professional development for educators on student mental health. **Organization:** Nova Scotia Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** education@novascotia.ca; **Website:** <https://www.ednet.ns.ca/>

Peer Support Specialist Training

This training program is aimed at individuals who have lived experience with mental health issues. Upon completion of the program, these individuals can serve their communities as certified peer support workers, which includes providing leadership and advocacy. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Drive, Suite 200, Dartmouth, NS B2Y 2N6; **Email:** info@healthyminds.ca; **Website:** <https://www.healthyminds.ca/>

Community Mental Health Day

An event providing education and training for community leaders on various mental health topics, led by professionals. The aim is to equip leaders with the knowledge to support individuals facing mental health challenges. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St., Dartmouth, NS B2Y 3Z9; **Email:** info@mentalhealthns.ca; **Website:** <https://mentalhealthns.ca/>

Mental Health & Addiction Services

Provides training for community leaders to identify and respond appropriately to signs of mental illness and substance abuse. They offer various programs targeted at different audiences, including religious leaders and educators. **Organization:** Nova Scotia Health Authority; **Address:** Provincial Mental Health and Addictions Office, 300 Pleasant St., Dartmouth, NS B2Y 3Z9; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/mental-health-addictions>

Mental Health First Aid (MHFA)

MHFA courses teach individuals how to help someone developing a mental health problem or experiencing a mental health crisis. They train community leaders, including those in workplaces, schools, and faith groups. **Organization:** Mental Health Commission of Canada – Nova Scotia Division; **Address:** N/A; **Email:** info@mentalhealthcommission.ca; **Website:** <https://www.mentalhealthcommission.ca/>

Leadership Development Program

Focused on developing the leadership skills of those involved in nonprofit and community organizations, this program includes elements of mental health awareness and creating supportive environments. **Organization:** Volunteer Nova Scotia; **Address:** N/A; **Email:** info@volunteerns.ca; **Website:** <https://volunteerns.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

The Stay Connected Mental Health Project

This project aims to break down stigma and encourage open conversations about mental health among youth in Nova Scotia. It includes interactive workshops and presentations in schools and community groups. **Organization:** Teen Mental Health; **Address:** IWK Health Centre, 5850/5980 University Ave, PO Box 9700, Halifax, NS B3K 6R8; **Email:** info@teenmentalhealth.org; **Website:** <http://teenmentalhealth.org/>

Bell Let's Talk Community Fund

Although not specific to Nova Scotia, the Bell Let's Talk Community Fund provides grants to community-based mental health initiatives across Canada. Some of these grants support projects in Nova Scotia that aim to improve access to mental health care and facilitate public dialogue about mental health. **Organization:** Bell Let's Talk; **Address:** N/A; **Email:** N/A; **Website:** <https://letstalk.bell.ca/en/community-fund>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Community Mental Health Clinics

Operated by the Nova Scotia Health Authority, these clinics offer a range of mental health services including assessments, treatments, and referrals for adults. The services are often free or low-cost for those with a valid health card. **Organization:** Nova Scotia Health Authority; **Address:** Various locations across Nova Scotia; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/mental-health-and-addictions>

Mobile Crisis Team

The Mobile Crisis Team provides immediate crisis support across Halifax Regional Municipality. It is aimed at individuals facing mental health emergencies, including those from low-income

backgrounds, and operates 24/7. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z6, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

Income Assistance Program

Although not exclusively a mental health program, the Income Assistance Program can provide financial help for basic needs, which can indirectly support mental health by reducing financial stress for eligible individuals. **Organization:** Department of Community Services; **Address:** Various locations across Nova Scotia; **Email:** DCSinternet@novascotia.ca; **Website:** https://novascotia.ca/coms/employment/income_assistance/

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Strongest Families Institute

This institute offers telephone-based coaching and support services for children, youth, and families dealing with mild to moderate mental health issues. The programs are designed to work around the family's schedule, providing flexibility and accessibility. **Organization:** Strongest Families Institute; **Address:** 267 Cobequid Road, Lower Sackville, Nova Scotia, B4C 4E6; **Email:** info@strongestfamilies.com; **Website:** <https://strongestfamilies.com/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation.

Organization: Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Community Health Boards (CHBs) Wellness Funds

CHBs across Nova Scotia evaluate local health and wellness initiatives. They provide funding to projects that promote health and wellness, with an emphasis on community involvement and addressing the social determinants of health. These efforts are regularly reviewed to ensure they align with community needs and foster continuous improvement. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/community-health-boards>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

Mental Health & Addictions Program of the NSHA

This program within the Nova Scotia Health Authority offers various resources, including education and training opportunities that aim to improve mental health literacy among healthcare professionals and within communities. **Organization:** Nova Scotia Health Authority; **Address:** Various addresses, as program is province-wide; **Email:** contact information available on NSHA website; **Website:** <http://www.nshealth.ca/mental-health-addictions>

Healthy Minds Cooperative

This cooperative provides peer-led support and system navigation services for individuals dealing with mental health issues in Nova Scotia. Their website offers valuable information on peer support and other resources. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Dr, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <http://www.healthyminds.ca/>

Paqtnkek Mi'kmaw Nation Health Centre Cultural Competency Training

Paqtnkek Health Centre provides cultural competency training for health care professionals and community workers. The training focuses on understanding the cultural differences, needs, and perspectives of the Mi'kmaw people to promote effective communication and culturally sensitive health services. **Organization:** Paqtnkek Mi'kmaw Nation; **Address:** 7 Dillon Street, Afton Station, Nova Scotia, B0H 1A0; **Email:** health@paqtnkek.ca; **Website:** <http://paqtnkek.ca/departments/health-centre/>

Immigrant Services Association of Nova Scotia (ISANS) – Diversity and Inclusion Training

ISANS offers customized diversity and inclusion training for organizations to foster an inclusive environment for all employees, including immigrants and culturally diverse groups. These programs aim to educate participants about cultural awareness and sensitivity. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1; **Email:** isinfo@isans.ca; **Website:** <https://www.isans.ca/>

Nova Scotia Health's Diversity & Inclusion Strategy

Nova Scotia Health has implemented a Diversity and Inclusion Strategy that includes educational components designed to ensure that health care providers can offer services that are culturally sensitive and meet the needs of diverse populations. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant Street, Dartmouth, Nova Scotia, B2Y 3Z9; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

The Mi'kmaq–Nova Scotia–Canada Tripartite Forum

This forum fosters collaboration and understanding among Mi'kmaq, the Nova Scotia Government, and the Government of Canada. Although not strictly an educational program, its efforts promote cultural sensitivity and inclusivity in multiple sectors, including education. **Organization:** Mi'kmaq–Nova Scotia–Canada Tripartite Forum; **Address:** 172 Truro Heights Road, Truro Heights, Nova Scotia, B6L 1X1; **Email:** info@mikmaqns.ca; **Website:** <http://tripartiteforum.com/>

Multicultural Association of Nova Scotia (MANS) - Workshops and Training

MANS offers workshops and training for groups and organizations on multicultural education,

cultural competency, and diversity awareness to foster understanding and respect among various cultural groups in Nova Scotia. **Organization:** Multicultural Association of Nova Scotia; **Address:** 1113 Marginal Road, Halifax, Nova Scotia, B3H 4P7; **Email:** mans@isans.ca; **Website:** <http://multiculturalns.ca/>

Mental Health Mobile Crisis Team

Provides intervention and short-term crisis management for children, youth, and adults experiencing a mental health crisis. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** N/A; **Website:** <http://www.nshealth.ca/>

The 811 Mental Health and Addictions Helpline

The 811 line provides health advice and information, including access to mental health and addiction services and support. **Organization:** Government of Nova Scotia; **Address:** N/A; **Email:** N/A; **Website:** <https://811.novascotia.ca/>

Kids Help Phone

Kids Help Phone is a 24/7 national service offering professional counselling, information, referrals and volunteer-led, text-based support for children and youth. **Organization:** Kids Help Phone; **Address:** 439 University Avenue, Suite 300, Toronto, ON M5G 1Y8, Canada (National Office); **Email:** N/A; **Website:** <https://kidshelpphone.ca/>

Canadian Mental Health Association - Nova Scotia Division

Although not a crisis line, CMHA NS connects people to community resources for mental health support and has various contact points for help. **Organization:** Canadian Mental Health Association - Nova Scotia Division; **Address:** 2020 Gottingen Street, Suite 100, Halifax, NS B3K 3A9, Canada; **Email:** info@cmhans.ca; **Website:** <http://novascotia.cmha.ca/>

Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides funding to various programs and organizations across Nova Scotia which encourage peer support, knowledge sharing, and community engagement to address mental health issues, including loneliness and isolation. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant Street, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/>

Immigrant Services Association of Nova Scotia (ISANS)

ISANS provides a community space that promotes inclusion for newcomers to Canada, offering services that range from settlement support to employment aid and language training. They aim to help immigrants build a community in Nova Scotia, ensuring that they do not feel excluded from societal structures due to their newcomer status. **Organization:** Immigrant Services Association of Nova Scotia; **Address:** 6960 Mumford Road, Suite 2120, Halifax, Nova Scotia, B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Break the Silence NS

Break the Silence NS is a campaign focused on increasing awareness around the issue of sexual violence. They facilitate workshops, training, and various awareness events. **Organization:**

Break the Silence NS; **Address:** Not Provided; **Email:** Not Provided; **Website:** <http://breakthesilencens.ca/>

Health Association Nova Scotia

The Health Association Nova Scotia has initiatives to raise awareness about health-related issues, including reducing stigma around certain diseases and conditions. They work through various educational programs and community engagement. **Organization:** Health Association Nova Scotia; **Address:** 2 Dartmouth Rd, Bedford, NS B4A 2K7, Canada; **Email:** communications@healthassociation.ns.ca; **Website:** <https://www.healthassociation.ns.ca/>

Nova Scotia Rainbow Action Project (NSRAP)

NSRAP seeks to create change in our communities and our society at large so that all 2SLGBTQIA+ people in Nova Scotia can live their lives in full participation and inclusion. They create opportunities for community connection through events and an online presence.

Organization: Nova Scotia Rainbow Action Project; **Address:** N/A; **Email:** nsrap@nsrap.ca; **Website:** <https://nsrap.ca>

Community Health Boards

Nova Scotia Health Authority partners with communities, non-profits, and the private sector to develop community health boards that act as catalysts for creating healthy, vibrant communities with programs and facilities. **Organization:** Nova Scotia Health Authority; **Address:** Multiple locations across Nova Scotia; **Email:** info@nshealth.ca; **Website:** <https://www.nshealth.ca/>

Sexual Violence Strategy Social Media Campaign

Nova Scotia's Sexual Violence Strategy uses social media platforms to raise awareness and educate residents on issues related to sexual violence. Their campaign involves sharing informative content, resources, and support options for those affected. **Organization:** Government of Nova Scotia; **Address:** Halifax, NS, Canada; **Email:** None; **Website:** <https://novascotia.ca/coms/svs/>

Feed Nova Scotia's Awareness Campaign

Feed Nova Scotia utilizes social media to increase awareness about food insecurity in the province, share stories, and encourage donations and volunteerism. **Organization:** Feed Nova Scotia; **Address:** 67 Wright Avenue, Dartmouth, NS B3B 1H4, Canada; **Email:** info@feednovascotia.ca; **Website:** <https://www.feednovascotia.ca/>

Healthy Minds Cooperative Online Outreach

Healthy Minds Cooperative offers support and advocacy for mental health in Nova Scotia, actively using social media to share information, promote events, and engage with the community on mental health discussions. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Drive, Suite 200, Dartmouth, NS B2Y 2N6, Canada; **Email:** info@healthyminds.ca; **Website:** <https://www.healthyminds.ca/>

Immigrant Services Association of Nova Scotia Online Integration

Immigrant Services Association of Nova Scotia (ISANS) utilizes various social media platforms to help newcomers integrate into the community by providing relevant information, resources,

and by organizing online events. **Organization:** Immigrant Services Association of Nova Scotia (ISANS); **Address:** 6960 Mumford Road, Suite 2120, Halifax, NS B3L 4P1, Canada; **Email:** info@isans.ca; **Website:** <https://www.isans.ca/>

Environment and Climate Change Communication

The Government of Nova Scotia frequently shares information on environmental and climate change initiatives on social media, engaging the public in environmental stewardship and climate action programs. **Organization:** Nova Scotia Environment; **Address:** P.O. Box 442, Halifax, NS B3J 2P8, Canada; **Email:** None; **Website:** <https://novascotia.ca/nse/>

Environmental Awareness Campaigns

Organizations in Nova Scotia often collaborate with local media to highlight environmental issues and promote sustainability practices through op-eds, press releases, and media engagements.

Organization: Ecology Action Centre; **Address:** 2705 Fern Ln, Halifax, NS B3K 4L3, Canada; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca/>

Public Health Education

Health authorities and non-profits engage with media outlets to disseminate information on public health initiatives, including disease prevention, vaccination programs, and healthcare resources.

Organization: Nova Scotia Health Authority; **Address:** 1276 South Park Street, Halifax, NS B3H 2Y9, Canada; **Email:** nsha.mediaservices@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Tourism Promotion Campaigns

Local tourism boards actively engage with media to promote Nova Scotia as a travel destination, providing press releases, story ideas, and access to high-quality visuals and information.

Organization: Tourism Nova Scotia; **Address:** P.O. Box 667, Windsor, NS B0N 2T0, Canada; **Email:** tourismnovascotia@novascotia.ca; **Website:** <https://tourismns.ca/>

Cultural Heritage Projects

Cultural institutions and heritage organizations work with media outlets to feature stories and events that spotlight Nova Scotia's rich cultural heritage and promote local arts. **Organization:** Arts Nova Scotia; **Address:** 1741 Brunswick St #501, Halifax, NS B3J 3X8, Canada; **Email:** artsns@novascotia.ca; **Website:** <https://artsns.ca/>

Alzheimer Society of Nova Scotia

The Alzheimer Society of Nova Scotia offers support groups for individuals living with Alzheimer's disease or other dementias, as well as their families and caregivers. These groups facilitate the sharing of information, provide support, and offer a forum for discussing experiences and coping strategies. **Organization:** Alzheimer Society of Nova Scotia; **Address:** 112-2719 Gladstone St, Halifax, NS B3K 4W6; **Email:** alzheimer@asns.ca; **Website:** <https://alzheimer.ca/ns/en>

Autism Nova Scotia

An organization designed to build community and support for Autistic individuals and their families in Nova Scotia. They provide programs, resources, and social groups. **Organization:**

Autism Nova Scotia; **Address:** 5945 Spring Garden Rd, Halifax, NS B3H 1Y4; **Email:** info@autismnsc.ca; **Website:** <https://www.autismnovascotia.ca>

Laing House

Laing House is a peer support organization for youth with mental illness, but it also extends support services to older adults. They offer a range of programs that foster social connections and support mental health, thereby creating an intergenerational impact. **Organization:** Laing House; **Address:** 1225 Barrington Street, Halifax NS, B3J 1Y2; **Email:** info@lainghouse.org; **Website:** <https://www.lainghouse.org/>

The Mental Health Foundation of Nova Scotia

The Mental Health Foundation of Nova Scotia provides support through funding various community initiatives and programs that include support groups. They empower those experiencing mental illness as well as their support networks. **Organization:** The Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9; **Email:** info@mentalhealthns.ca; **Website:** <https://mentalhealthns.ca>

HeartWood Centre for Community Youth Development

HeartWood facilitates community development by working directly with youth, volunteers, and other community members to engage in meaningful and impactful projects. They offer training, resources, and support to empower youth and volunteer involvement. **Organization:** HeartWood Centre for Community Youth Development; **Address:** 5516 Spring Garden Rd #304, Halifax, NS B3J 1G6, Canada; **Email:** info@heartwood.ns.ca; **Website:** <https://heartwood.ns.ca>

Eating Disorders Nova Scotia

A peer support network offering community and support groups for individuals experiencing eating disorders. The network focuses on recovery and provides a safe space for sharing experiences. **Organization:** Eating Disorders Nova Scotia; **Address:** 150 Bedford Highway, Halifax, NS B3M 3J5; **Email:** info@eatingdisordersns.ca; **Website:** <https://eatingdisordersns.ca/Peer-Support>

Mental Health Advocacy in Nova Scotia

This initiative includes advocacy to improve mental health services and reduce stigma through policy changes. Efforts include engaging with policymakers, holding community forums, and creating petitions. **Organization:** Healthy Minds Cooperative; **Address:** 45 Alderney Drive, Suite 200, Dartmouth, Nova Scotia B2Y 2N6; **Email:** info@healthyminds.ca; **Website:** <http://healthyminds.ca>

Environmental Policy Advocacy

Focused on promoting sustainable environmental policies and practices, this group advocates for policy changes that contribute to environmental conservation and education within the community. **Organization:** Ecology Action Centre; **Address:** 2705 Fern Lane, Halifax, Nova Scotia B3K 4L3; **Email:** info@ecologyaction.ca; **Website:** <https://ecologyaction.ca>

Drug Policy Reform Advocacy

Advocates for policy changes related to drug laws, aiming to reduce harm and stigma associated

with drug use. Activities involve engaging policymakers, conducting research, and public education. **Organization:** Canadian Students for Sensible Drug Policy (CSSDP) Halifax Chapter; **Address:** University of King's College, 6350 Coburg Rd, Halifax, Nova Scotia B3H 2A1; **Email:** halifax@cssdp.org; **Website:** <https://cssdp.org>

Healthcare Policy Change Campaign

A campaign to demand better healthcare policies, including improved access to services and reduced wait times. Efforts include advocacy at both provincial and federal levels. **Organization:** Doctors Nova Scotia; **Address:** 25 Spectacle Lake Drive, Dartmouth, Nova Scotia B3B 1X7; **Email:** info@doctorsns.com; **Website:** <https://doctorsns.com>

Nocturne: Art at Night

An inclusive arts festival that offers accessibility information on their website for event venues, including those which are wheelchair-accessible and have no steps to enter. **Organization:** Nocturne: Art at Night; **Address:** Halifax, NS, Canada; **Email:** info@nocturnehalifax.ca; **Website:** <https://nocturnehalifax.ca/>

The Shoe Project

A writing and performance workshop where immigrant women tell the stories of their journey to Canada, and their struggles and triumphs, through the shoes they were wearing. **Organization:** The Shoe Project; **Address:** N/A; **Email:** info@theshoeproject.online; **Website:** <https://theshoeproject.online/>

Eastern Front Theatre - Stages Theatre Festival

A theatre festival that presents new and unconventional works with a focus on Atlantic Canadian stories, often providing a platform for personal narratives to be shared with a wider audience. **Organization:** Eastern Front Theatre; **Address:** Eastern Front Theatre, 1584 Argyle St., Suite 202, Halifax, NS B3J 2B3; **Email:** info@easternfronttheatre.com; **Website:** <https://www.easternfronttheatre.com/>

Writers' Federation of Nova Scotia

Offers programs, workshops, mentorship, and events that encourage writers to share their personal stories and to develop their narrative skills. **Organization:** Writers' Federation of Nova Scotia; **Address:** 1113 Marginal Rd, Halifax, NS B3H 4P7; **Email:** wfns@writers.ns.ca; **Website:** <https://writers.ns.ca/>

Centre for Art Tapes

Provides artists with tools to express their personal narratives through video and audio works. They offer workshops and presentations where personal stories can be shaped and shared. **Organization:** Centre for Art Tapes; **Address:** 2238 Maitland St, Halifax, NS B3K 2Z9; **Email:** info@cfat.ca; **Website:** <https://cfat.ca>

Mayworks Halifax Festival

An annual multi-disciplinary festival that celebrates working class culture and the history of the labour movement. Storytelling is often used as a way to express the experiences and struggles of

workers. **Organization:** Mayworks Halifax Festival; **Address:** N/A; **Email:** info@mayworkshalifax.ca; **Website:** <http://mayworkshalifax.ca/>

Zuppa Theatre Co.

A theatre company that creates and produces new plays, often dealing with personal and collective experiences by collaborating with communities in their storytelling. **Organization:** Zuppa Theatre Co.; **Address:** 2202 Gottingen St., Halifax, NS B3K 3B4; **Email:** info@zuppatheatre.com; **Website:** <http://zuppatheatre.com/>

Eat Smart Nova Scotia

A program providing educational resources focused on healthy eating using a variety of tools including brochures and online resources. **Organization:** Nova Scotia Health Authority; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@nshealth.ca; **Website:** <http://www.nshealth.ca/>

Love Nova Scotia

An environmental initiative spreading awareness about sustainable practices and the importance of recycling, using both online and printed materials. **Organization:** Divert NS; **Address:** 35 Commercial St, Suite 400, Truro, NS B2N 3H9, Canada; **Email:** info@divertns.ca; **Website:** <https://divertns.ca>

Smarter Energy Communities in Nova Scotia

This initiative provides information and educational resources on energy efficiency and renewable energy aimed at local governments, businesses, and community members. **Organization:** Clean Foundation; **Address:** 126 Portland St, Dartmouth, NS B2Y 1H8, Canada; **Email:** info@clean.ns.ca; **Website:** <https://cleanfoundation.ca>

Financial Literacy in Nova Scotia Schools

A partnership that develops and distributes educational materials and resources to improve financial literacy among students in Nova Scotia. **Organization:** Department of Education and Early Childhood Development; **Address:** 2021 Brunswick St, Halifax, NS B3J 2S9, Canada; **Email:** NA; **Website:** <https://www.ednet.ns.ca/>

Nova Scotia Drug Information System

Providing comprehensive resources and educational materials to both healthcare professionals and the public regarding the safe and effective use of medications. **Organization:** Nova Scotia Department of Health and Wellness; **Address:** Barrington Tower, 1894 Barrington St, Halifax, NS B3J 2A8, Canada; **Email:** NA; **Website:** <https://novascotia.ca/dhw>

Mental Health First Aid Workshops

Workshops designed to improve mental health literacy and provide the skills needed to help someone developing a mental health problem or in a mental health crisis. **Organization:** Mental Health Foundation of Nova Scotia; **Address:** 300 Pleasant St, Dartmouth, NS B2Y 3Z9, Canada; **Email:** info@mentalhealthns.ca; **Website:** <https://www.mentalhealthns.ca/mental-health-first-aid>

Anti-Discrimination Workshops

Workshops aimed at reducing prejudices and promoting inclusivity across various sectors of

society. **Organization:** Nova Scotia Human Rights Commission; **Address:** 5657 Spring Garden Rd, Suite 305, Halifax, NS B3J 3R4, Canada; **Email:** hrcinquiries@novascotia.ca; **Website:** <https://humanrights.novascotia.ca/>

Understanding Mental Illness Workshops

These workshops help community members learn about mental illnesses to reduce stigma and promote understanding. **Organization:** Schizophrenia Society of Nova Scotia; **Address:** 5571 Cunard St #201, Halifax, NS B3K 1C5, Canada; **Email:** ssnsc@bellaliант.com; **Website:** <http://ssnsc.ca/programs-and-services/>

EcoAction Community Funding Program

The EcoAction Community Funding Program provides financial support to community groups for projects that have measurable, positive impacts on the environment. Part of the funding aims to include educational components in schools to teach students about environmental stewardship. **Organization:** Environment and Climate Change Canada; **Address:** 45 Alderney Drive, Suite 1200, Dartmouth, Nova Scotia B2Y 2N6; **Email:** ec.enviroinfo.ec@canada.ca; **Website:** <https://www.canada.ca/en/environment-climate-change/services/environmental-funding/ecoaction-community-program.html>

Pathways to Education

Pathways to Education is a national, charitable organization working to break the cycle of poverty and enable access to post-secondary education. In Nova Scotia, they offer tutoring and mentoring programs for high school students in under-resourced communities. **Organization:** Pathways to Education Canada; **Address:** Various locations in Nova Scotia, including Halifax; **Email:** info@pathwaystoeducation.ca; **Website:** <https://www.pathwaystoeducation.ca/where-we-work/nova-scotia/>

Discovery Centre Partnerships

The Discovery Centre has a mandate to bring STEM to life through interactive experiences. They partner with schools across Nova Scotia, offering programs that complement the provincial educational curriculum and promote understanding of science and technology among students. **Organization:** Discovery Centre; **Address:** 1215 Lower Water Street, Halifax, Nova Scotia B3J 3S8; **Email:** info@thediscoverycentre.ca; **Website:** <https://thediscoverycentre.ca/>

Oceans Learning Partnership

This partnership offers ocean education and field-based science learning opportunities for students. They work closely with schools to ensure that ocean science becomes an integral part of the learning experience for students in Nova Scotia. **Organization:** Oceans Learning Partnership; **Address:** N/A; **Email:** info@oceanslearningpartnership.org; **Website:** <http://oceanslearningpartnership.org/>

Imhotep's Legacy Academy

A mentorship program aimed at increasing the representation of African Nova Scotian students in science, technology, engineering, and mathematics (STEM) fields. High school and university students are paired with professional mentors. **Organization:** Imhotep's Legacy Academy;

Address: Dalhousie University, Sexton Campus, B Building, 5248 Morris Street, Halifax NS, B3J 1B6; **Email:** info@imhotep.ns.ca; **Website:** <https://imhotep.ns.ca/>