Hindi



## Welcome Back!

Phone No / Email

Get OTP

Resend OTP

Change login?





**&** First Name

Last Name

Hi! I'm Samanta,

your hfiles assistant.

Welcome, let's get you

signed up here.

**Phone No** 

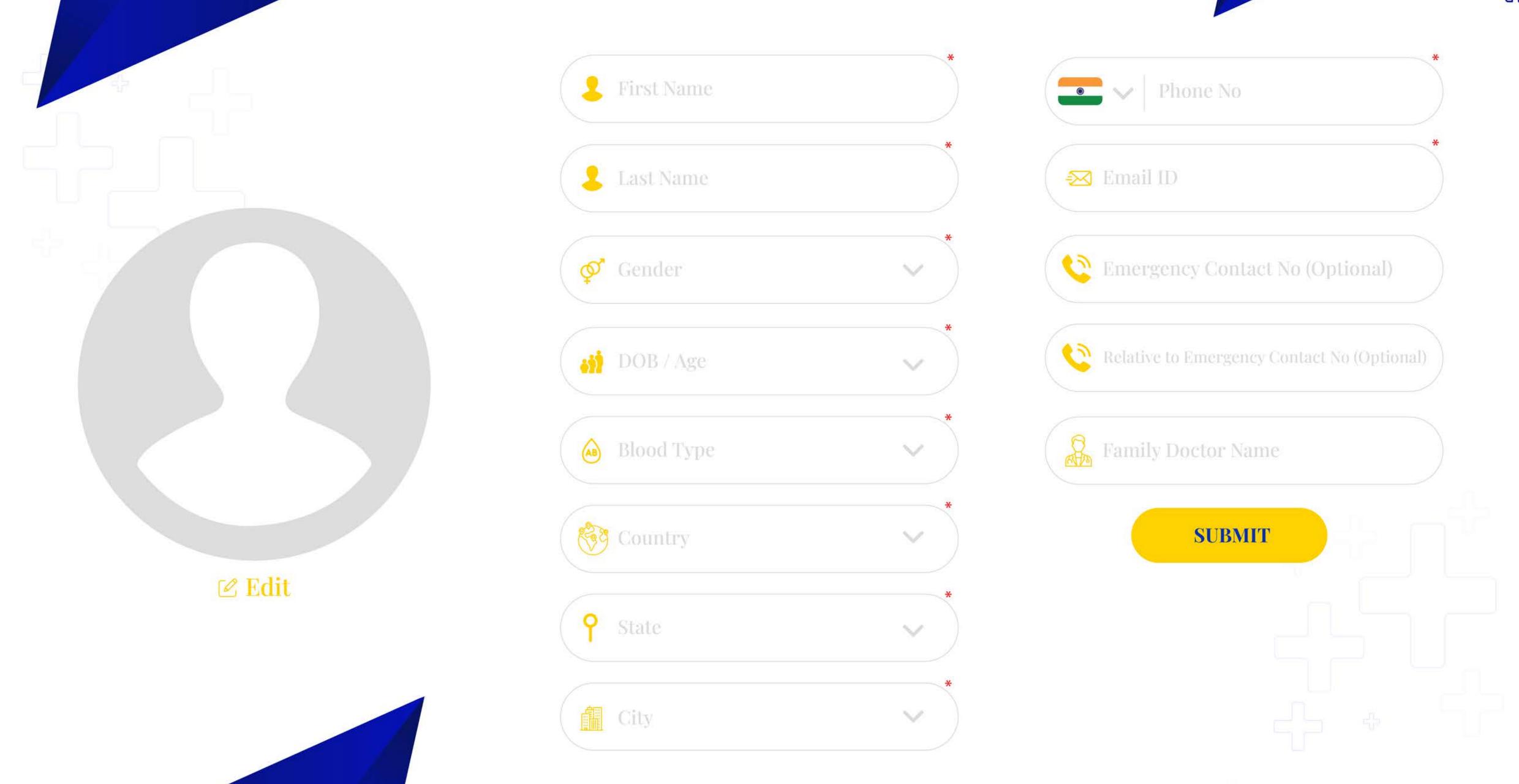
**≥** Email ID

**Generate OTP** 

Enter OTP

Resend OTP

Submit



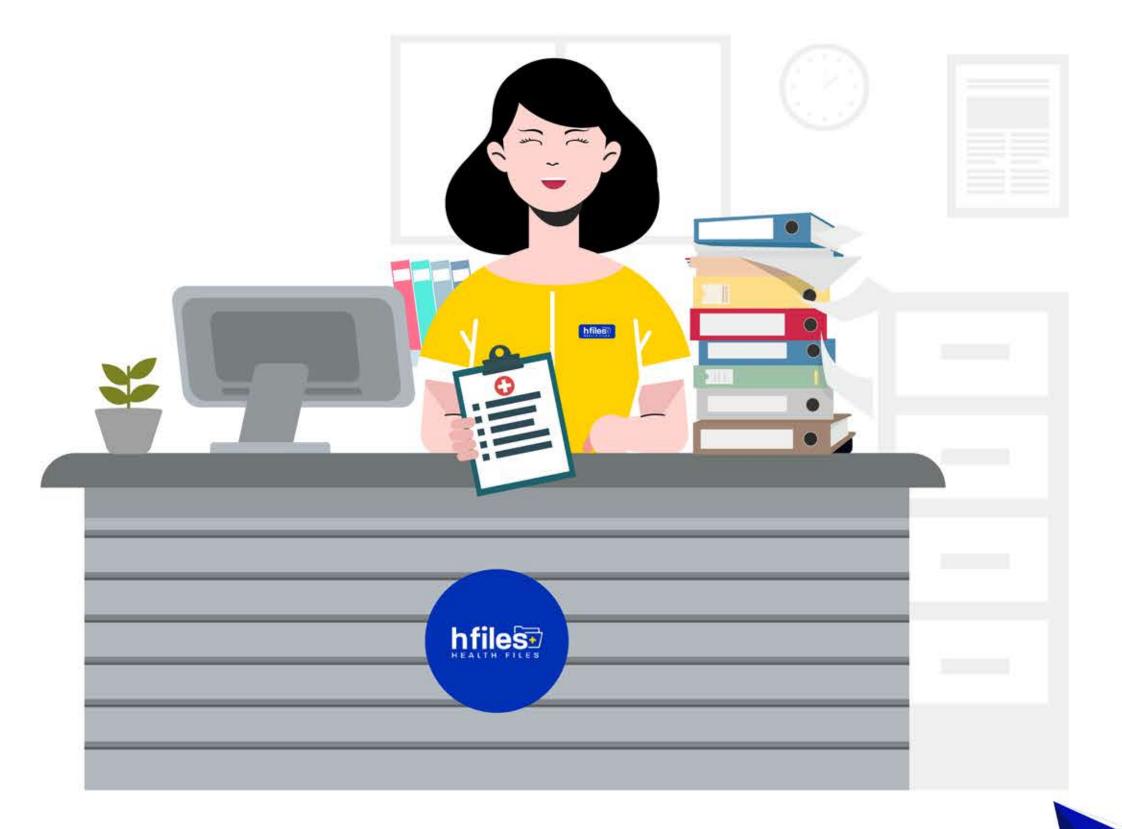
### **Journal**

### My Profile ~

My Info

30% Completed

Add member



Support Group ~

Join Group

**Create Group** 

Complete Your Profile



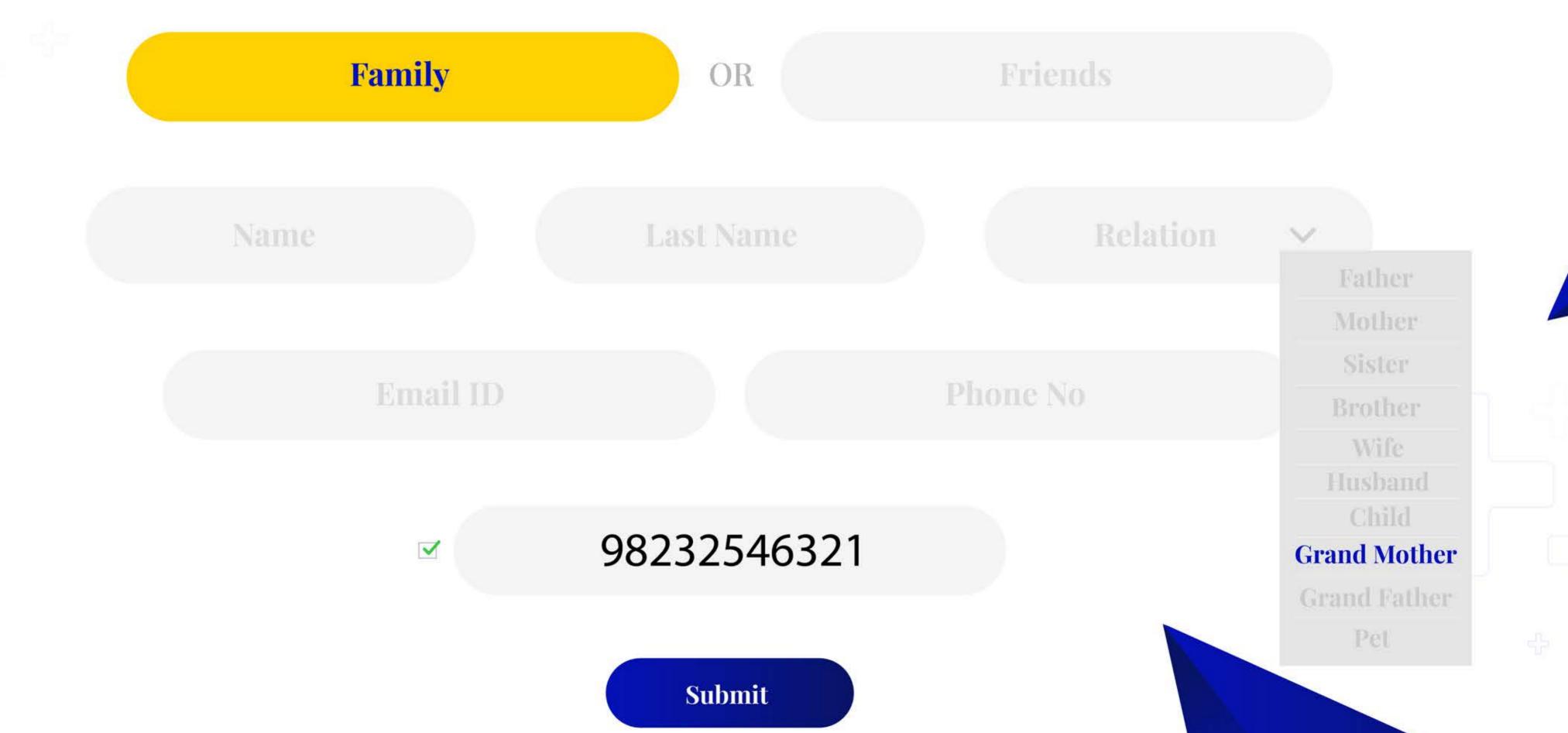
Family
OR
Friends

Name
Last Name
Relation

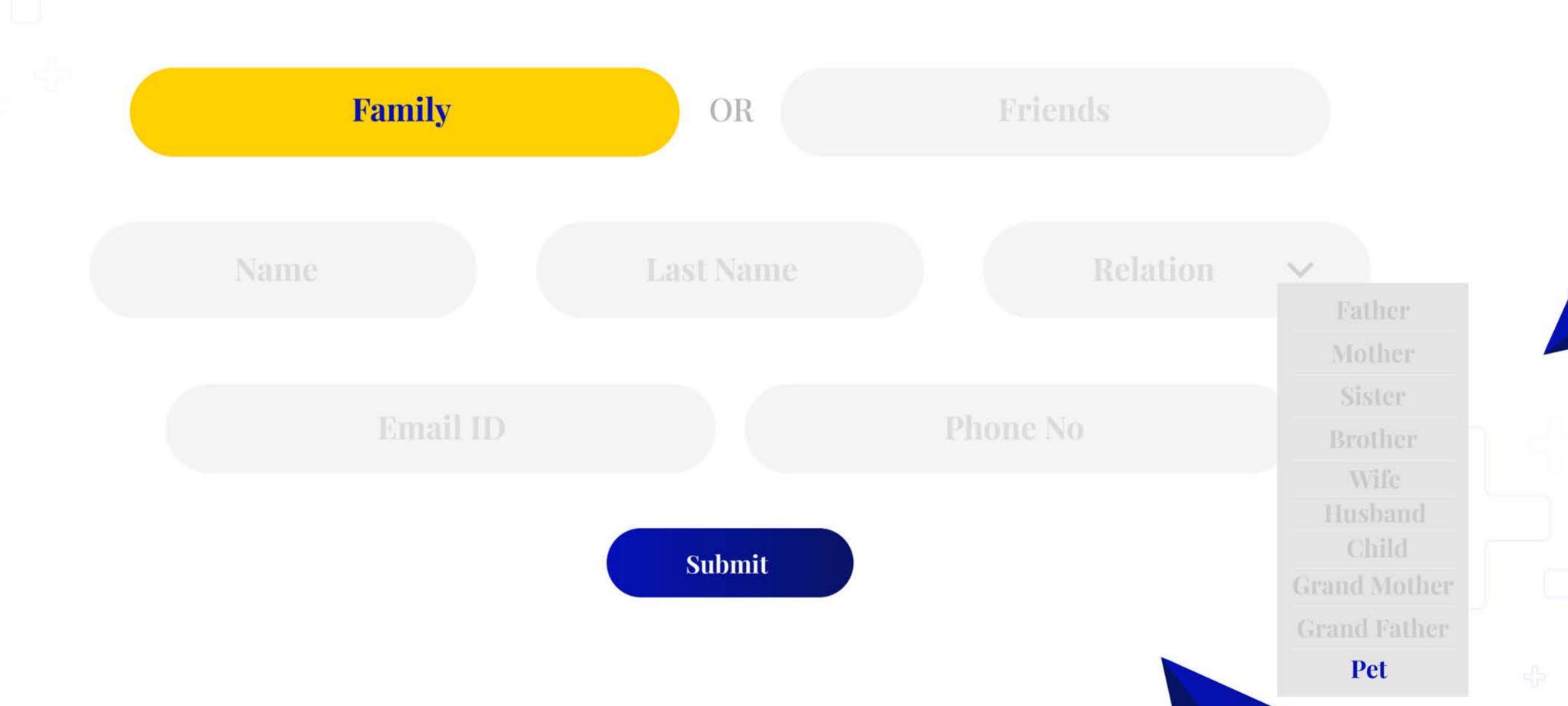
Email ID
Phone No

Submit











**Friends** Family OR **Last Name** Relation Name **Email ID** Phone No **Submit** 

Year v

## Additional Information

Height ft inch

Weight kg

Next

Yes	No	Occasionally

Do You Smoke?

Do You Consume Alcohol?

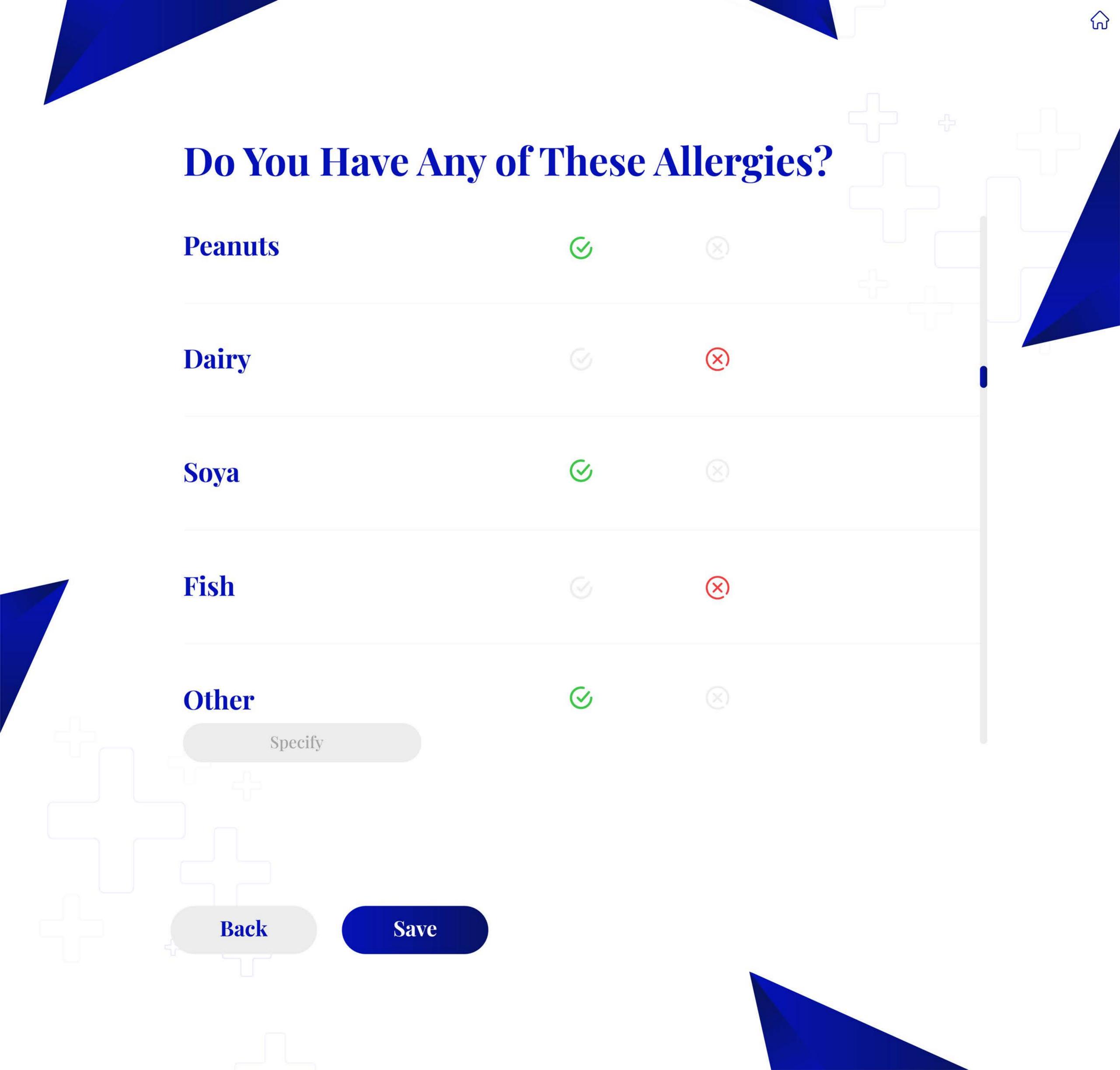
Did you have any surgeries? If yes, please specify:

## Medical History

<b>Type</b>		Myself	Mother Side's	Father Side's
	Diabetes	<b>S</b>		
	Cancer		<b>⊗</b>	
	Thyroid			<b>⊘</b>
	Blood Pressure			
	Cholesterol	<b>⊗</b>	<b>⊘</b>	

Back

Next





## XYZ

+

+

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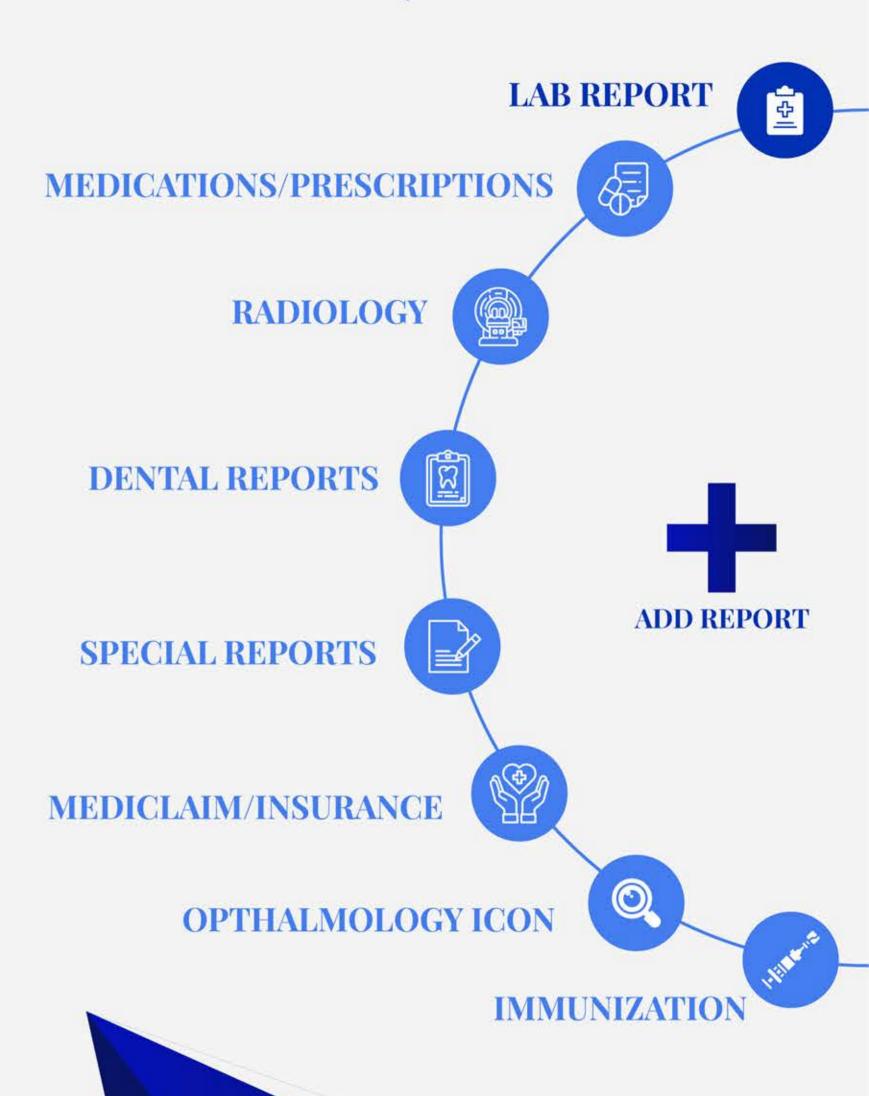
4

4

+

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## Support Group

SELECT CATEGORY



Mental health



Skin



Dental



Nutrition



Pet care





Report

Delete

Report

Delete

Report

### Pet care Support Group

How do you prevent ticks from entering your pet's body in monsoon?



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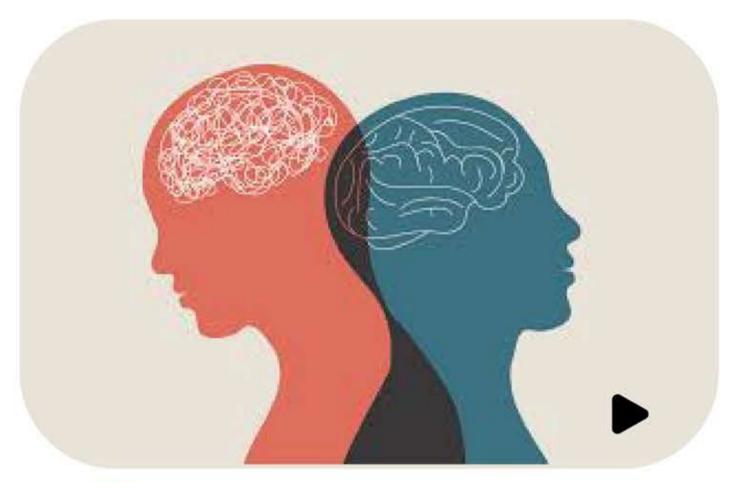
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Type your Message...



# Journal \_\_\_\_

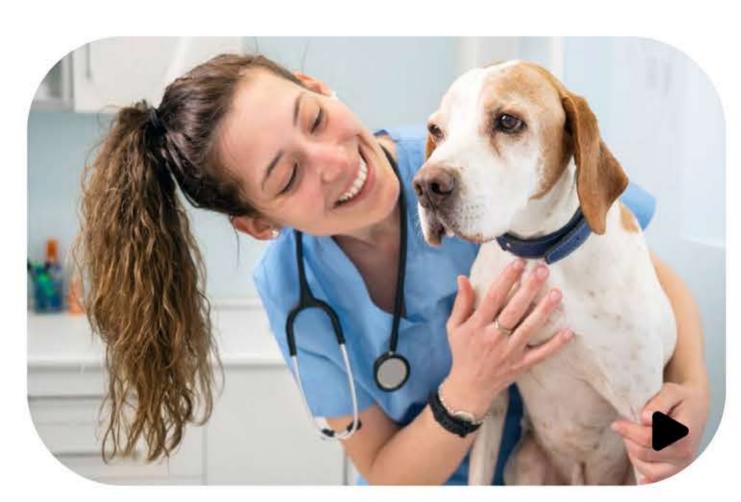
Article Video Audio







**Blog Shape 2** ■ Blog Shape 2



**Blog Shape 3 Blog Shape 3** 







**Blog Shape 2** ■



**№** Slog Shape 3

Blog Shape 3

## Journal \_\_\_\_

(A)

Blog Shape 1

**Video** Article Audio Mental health Skin Dental Nutrition **Blog Shape 2** ■ Blog Sl Pet care (A) Blog Shape 1

Q 9

Blog Shape 2

# Journal \_\_\_\_

**Video** Article Audio New **Tranding Blog Shape 2** ■ Blog Shape 2 **Slog Shape 1 Blog Shape 3 Blog Shape 3** Q \$ (A) Blog Shape 2 Blog Shape 1 Blog Shape 3

## **Terms and Conditions**

### 1. GENERAL TERMS OF USE

- 1.1 Welcome to Health-e. This Terms of Use Agreement (the "Agreement") constitutes a valid and binding contract between you (the "user") and Anahat Solutions Pvt. Ltd., through its owner and operator of the site accessible through http://www.health-e.in , with respect to its utilization.
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- 1.6 These Terms may be revised and/or amended at any time, without any intimation/notice to you. Constant use of the Website or the App

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- 3.3 use any kind of program/script/command or the Application, or send messages of any kind, designed to, in any manner interfering with any user's terminal session;
- 3.4 circumvent or attempt to circumvent, user authentication or security measures of any Internet or intranet Website or the App or any of the accounts of any other person using this Website or the App, including but not limited to, accessing data and/or information not intended for you, logging into an account where you are not expressly authorized to access or in a manner which is not authorized by us;
- 3.5 upload, post, e-mail or otherwise transmit any content that is false, misleading, fabricated, unlawful, harmful, threatening, abusive, harassing, tortuous, defamatory, vulgar, obscene, libellous, invasive of another's privacy, hateful, or racially, ethnically or otherwise objectionable, shared through the Website or the App;
- 3.6 upload, post, e-mail or otherwise transmit any content that infringes any patent, trademark, trade secret, copyright, confidential information or other proprietary rights of any party, shared through the Website or the App; and
- 3.7 upload, post, e-mail or otherwise transmit any material that contains software viruses or any other computer code, files or programs designed to interrupt, destroy or limit the functionality of any computer software, network, hardware or telecommunications equipment.

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- 4.1 Any voluntary submissions of the information, communications or content (including pictures and anecdotes) to the Website or the App, will be binding.
- 4.2 The voluntary submissions of the information and health records by you shall not be subject to any verification by Anahat Solutions and Anahat Solutions will be acting as a storage facilitator only, with regards to which Anahat Solutions will be providing consulting services to the you.
- 4.3 You also agree that, such submissions become the property of Anahat Solutions and that all rights, titles and interest therein, including all rights
- $of\ copyright,\ shall\ rest\ with\ Anahat\ Solutions,\ as\ and\ when\ they\ are\ submitted\ and/or\ posted.$
- 4.4 Such submissions are subject to being used, reproduced, modified, published, edited, translated, distributed, performed and displayed in any media or medium, or any form, format or forum now known or hereafter developed, for any purpose, in perpetuity without any notice.
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## Contact





## Frequently Asked Questions To H Files

1. How many Members can I add?

Can add 5 members & 2 pets, if not pets than 2 members.

2. How many documents can I upload?

You can add multiple documents

3. What type of documents can I upload?

X-rays, Sonography, prescription, anything relevant to your medical history + treatment, etc

4. Can I add pet as a member in my profile?

Yes absolutely. We're pet friendly

5. How can I edit my personal details?

Email us @hfiles.in@gmail.com

## Feedback Form

**Enter Your Full Name\*** 

**Enter Your Email ID\*** 

Is This The First Time You Have Visited The Website\*

Yes

**Describe Your Feedback\*** 

**User Friendliness\*** 

**Send Your Feedback**