





Hobbies

What hobbies do you have?

Vocabularies

- **Psychology** (n) /saɪ'kɒl.ə.dʒi/
- **Magazine** (n) /ˌmæɡ.ə'ziːn/
- **Structured** (adj) /'strʌktʃəd/
- **Stress** (n) /stres/
- **Rejuvenate** (v) /rɪ'dʒuːvɪneɪt/
- **Ageing** (n) /'eɪdʒɪŋ/

Quick check

- What did the psychology magazine write about?
- What does "rejuvenate" mean?
- What the hobby does to the brain?
- How many advantages of having a hobby based in the article?



Conversation questions:

- Can you think of a similar work for hobby?
- Did you use to collect anything as a child?
- Would you regard the following activities as leisure, work or boring?

❖ Gardening

❖ Going to the beauty parlor

❖ Doing things on your computer

❖ Exchanging stickers

❖ Cleaning the house

❖ Listening to music

❖ Cleaning your car

❖ Watching tv series

❖ Learning English

❖ Reading a book

❖ Going to the disco.



Thank you! See you
next time!