Action Items for App Features

# Current Features

## Sign up/Sign in to the app

* ☐ Create user profiles
* ☐ Age, name, email, password, health (injuries, pregnancy), current fitness level
* ☐ Goals (lose weight, destress)
* ☐ 7 days free trial

## Curated 30 min classes

* ☐ Centralise all possible exercises that could be presented to the people
* ☐ Store “expected results” for each pose
* ☐ Create paths to making the exercises more difficult - eg variations of the exercises or increasing the reps on certain exercises

## Music - potentially copyright though

* ☐ Look into if we can create playlists on Spotify and use a plug in to connect to our app

# Future Features

## Accountability

* ☐ Reminder/alerts at certain times of the day
* ☐ See Sociability

## Gamification

* ☐ Goals - eg 10 sessions you get a badge
* ☐ You can display this to friends
* ☐ Calendar to

## Sociability

* ☐ You can connect with other app users :
* ☐ Search for other users
* ☐ Add them as a friend
* ☐ Compete in a challenge against that person

## Progress

* ☐ Via reflective comments at the end of a session eg how you feel
* ☐ Accuracy score and show that their accuracy score is improving by x amount

## Preferences

* ☐ Voice
* ☐ Avatars