

Code Sheet for the Variables in the Modified NHANES Data Set

Variable	Description	Code / Values	Name
1	Identification Code	1 – 6482	ID
2	Gender	0 = Male, 1 = Female	GENDER
3	Age at Screening	Years	AGE
4	Marital Status	1 = Married 2 = Widowed 3 = Divorced 4 = Separated 5 = Never Married 6 = Living Together	MARSTAT
5	Statistical Weight	4084.478 – 153810.3	SAMPLEWT
6	Pseudo-PSU	1, 2	PSU
7	Pseudo-Stratum	1 – 15	STRATA
8	Total Cholesterol	mg/dL	TCHOL
9	HDL-Cholesterol	mg/dL	HDL
10	Systolic Blood Pressure	mm Hg	SYSBP
11	Diastolic Blood Pressure	mm Hg	DBP
12	Weight	kg	WT
13	Standing Height	cm	HT
14	Body mass Index	Kg/m ²	BMI
15	Vigorous Work Activity	0 = Yes, 1 = No	VIGWRK
16	Moderate Work Activity	0 = Yes, 1 = No	MODWRK
17	Walk or Bicycle	0 = Yes, 1 = No	WLKBIK
18	Vigorous Recreational Activities	0 = Yes, 1 = No	VIGRECEXR
19	Moderate Recreational Activities	0 = Yes, 1 = No	MODRECEXR

20	Minutes of Sedentary Activity per Week	Minutes	SEDMIN
21	BMI>35	0 = No, 1 = Yes	OBESE
