	users		nutrients user_id(FK)	
PK&UK	id	PK&UK	id	
	nickname		name	
	password		calorie	
UK	email		carbohydrates	
	height		protein	
	weight		lipid	
	age		sugar	
	sex		fiber	
	birth		number	
	created_at		date	

	basis
PK&UK	id name calorie carbohydrates protein lipid sugar fiber