**Health Fitness**

**Brief Idea of Existing System and proposed System**

**Existing System:**

Customer’s Perspective:

People today pay visits to gym and dieticians on a regular basis these days. Customers are interested in going to gym and workout but they rarely spend time on validating the quality of the products and the services. The customers are also unaware of the fitness standards and hence cannot identify the best fitness services which are offered near to them. Hence it makes difficult to choose which the best Fitness Center is.

Fitness Center Perspective:

Communication plays an important role, and most the gym players target the audience by means of showing well trained trainers, through tie ups, through celebrities, models and athletes.

**Proposed System:**

The proposed system is an application that overcomes all the existing system problems which are stated above. The system will be better than the existing one as it collects the user’s current location, Fitness preferences such as yoga, aerobics etc..,. The system will process the user request and lists all the Fitness Centers which best suites the requirements. Hence it provides a more clarity to choose the best one. The Proposed application may act as a bridge between Fitness Centre and Consumers to provide Good, Healthy lifestyle.