Foreword I have told this story dozens of times. I don't enjoy it, but I don't hide it, either. It's a part of who I am and how I came to be who I am today. I believe in the truth, even when it's ugly. If at times my telling of this story seems clinical and matter-of-fact, it's not because I'm emotionally detached. I tell this story with shame. On August 1, 2007, I was a bi-polar drug addict living on the streets of Milwalkie, Oregon, just south of Portland. I was hanging out at a deserted transit center just after midnight with a couple other street kids. I was sober, which I hated to be and I was depressed Only a few months ago I had lived in a nice apartment, engageded to a beautiful girl, with a job a car, and hopes for a real, adult, life. All off that was gone now. Of course, it was all my fault, but I wasn't able to accept that yet. The way I saw it, the world hated me and had stolen those things from me. I was angry, I had given up, and I felt like I had nothing to lose. The two guys I was hanging out with were named Soldier and Rayno. We were all dripping wet, having raided a wishing fountain for \$4 worth of change. The idea had been to buy ther with it, but as none of us were over 21, we were sitting there still sober. I mentioned to my friends that I had this idea. I said, wouldn't it be so cool to just kill somebody, and get away with it? To know that you were a killer, and that noone better mess with you, beckuse you already know what it's like to kill someone. They both said, year, that would be cool. It was just a breit snippet of our conversation, but I didn't forget it. I was totaly serios. Maybe a half hour later the last bus of the night

pulled in, and let off one passenger. He was a homeless man who lived in the area. We knew each other in a vague sort of way. I jogged after him as the bus took off, and asked him if he would buy us beer. He said yes. Then I tried to hand him a wet bundle of pennies. He laughed and said he wasn't going to buy beer with change. He pulled a \$10 bill out of his pocket, and said he'd pay for our beer, and we could pay him back When he left to go buy beer, I told my two buddies, this is the guy Lets kill him. He's just a drunk bum. No body will miss. him. My friends agreed and we formulated a plan. He came back with beer, and we led him down a remote path to a rocky beach on the Willamate river. We sat around drinking beer and smoking ciggarettes. The man talked to us, and spoke complete nonsense. He had obviosly already had alot to drink. When the beer was gone I pulled out my knife. I stood there with it, my friends looking at me, and I couldn't find the courage to use it. So I put it away and picked up a large piece of driftwood. Soldier and Rouno followed suit. Rouno was the first to hit him, but after that we all just started swinging at him. The man was screaming, we paniked . Found picked up a large rock and hit the man in the head with it. The man just screamed louder. So I pulled my knife back out and I started to stab at his neck. I don't know how many times I stabled him, but I know I was covered in blood up to my elbows. We heard a crashing in the bushs to my left, and Someone started yelling that they were calling the cops. It was another homeless couple that lived nearby. The three of us ran. We got away, and went to Soldairs' mothers apartment for the night. We talked about the man, and what we thought

his chances were. We all agreed the he could not have survived. We all said we hoped he was dead. And we meant it. That night we were all murderers, because we believed him to be dead and we felt no remound. The man, thank God, did not die He was rushed to a hospital, where he was treated for his injuries. He had countless stictche to his head and neck area, and many of the bones in his right hand were broken, from raising it in défense against our clubs. Seventeen days after, on August 17, 2007, exactly four years ago as I write this, I got arrested for Attempted Murdur and Assault 1. I was sentanced to 90 months in prison. I regret the crime that I committed very much. I wish I could take it back. But I don't regret coming to prison. I deserve it.

And it has made me into a better person. I'm nothing like that person I was 4 years ago. Im clean and sober and I take medication that helps me with my mood swings.

I've also learned to be happy being me. I'm clearheaded and motivated for the first time in my life. I can't wait to get out and be a law abiding citizen for the rest of my life. I hope no one thinks less of me for all this. If anyone doubts my sincerity, they need only ask someone who knew me than and knows me know. Anyway, that's the truth. It's not pretty, but I hope people can find it in their hearts to give me