

Impact of Social Media on academic performance and mental health

Gender

☐ Female

☐ Male

Academic_Level

☐ Graduate

☐ High School

☐ Undergraduate

Affected
64%

Average Daily Usage
4.92

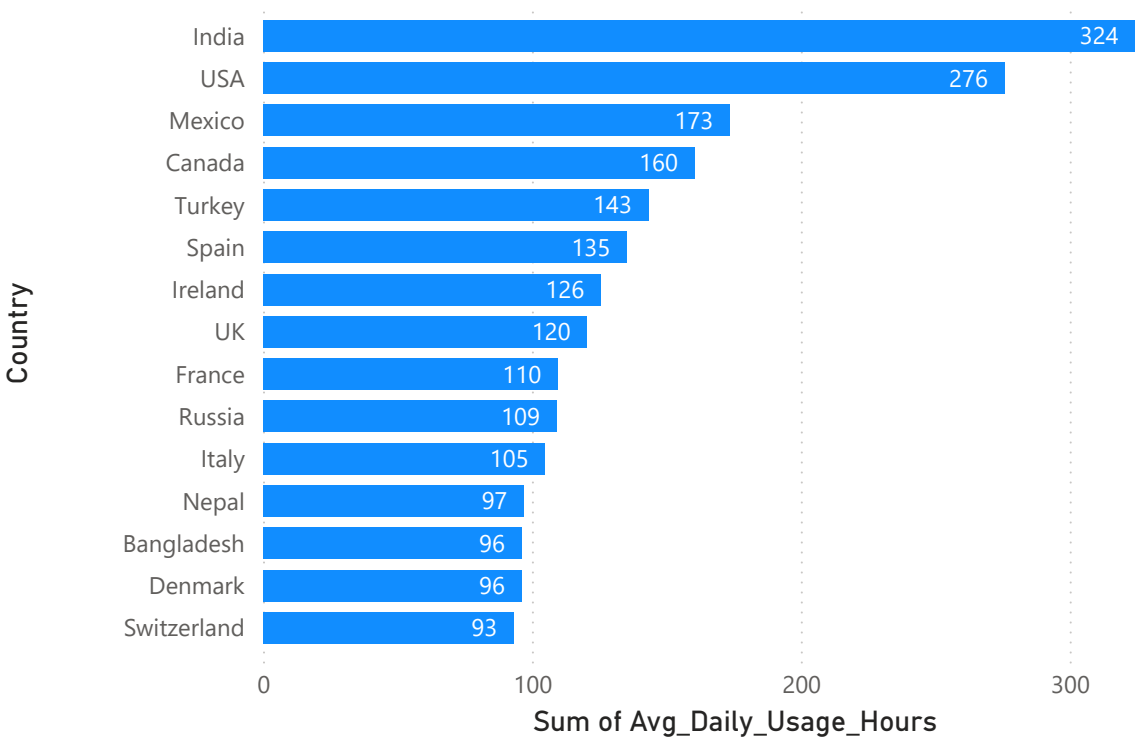
Avg Mental Health Score
6.23

Avg Sleep
6.87

Participants
705

Avg Addiction Score
6.44

Avg Daily Usage by Country



Top 3 Platforms

