

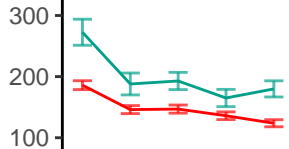
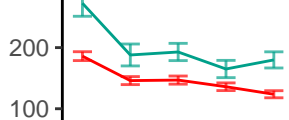
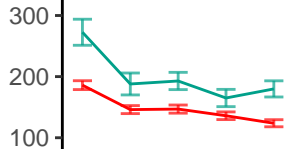
Deviation

Original

800–1000

1000–1200

1200–1400

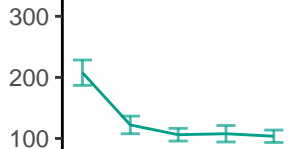
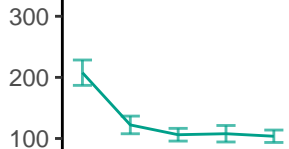
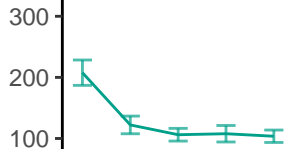


Reverse

100–300

350–550

600–800



Training Block

Constant

Varied